

Sri K. Parvathi Kumar

Prayers



Dhanishta

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Dr. Sri K. Parvathi Kumar

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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life. Wisdom is disseminated by the Teachers of all times. Dhanishta works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. Sri K. Parvathi Kumar. Such teachings are published in English, German, French and Spanish.

Dhanishta is a non-profit Publishing House.



About the Composer

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. Sri K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him, *“Wisdom belongs to none and all belong to Wisdom”*.

The Publisher



A View

Dear Reader

I am deeply touched by the beauty and the depth of the Prayers. These Prayers show the profound love and longing for God of Master K. Parvathi Kumar. Every stanza is by itself whole and entire. It leads to Synthesis. Through the dip deep of these Prayers ultimately one will merge into The One and unite with God. The Prayers directly lead and rise up to higher levels, and the heart and the soul are touched and magnetised. It is like listening to the holy Music of the Soul. If we devote our time with an open heart, humbly and in adoration, we will be allowed to enter into the lightful and magnetic field experiencing the blissful energy of the Prayers. These Prayers will inspire and touch all seriously seeking Souls.

Thank you, Master, for the blessings and love you spread all over with these Prayers!

To Your Lotus Feet

An ardent Aspirant.



Introduction

Prayers are inevitable on the Path. They are helpful to orientate to the Divine. Prayers do good to the beginners, the aspirants and to the adepts, to men and to Masters as well.

Prayers do not belong to the mind, they belong to the heart. They are the cry of the Soul, if they are ardent and hearty. They develop cordiality and establish a cordial link to the Divine. A cordial link is considered the best. The Divine too finds the way to reach through such cordial link.

The prayers in this book are some such ardent ones. Ardent prayers culminate into true meditation. It enables musing of the soul with the super soul.

Dr. K. Parvathi Kumar



1

Having emerged from You,
we relate to You
every morning
in gratefulness.
Keep up the cordiality
even while we are immersed in the world.
We pray!

2

We cannot boast to hold on
to You.
We pray,
so that You hold us
in our hours of trial,
crisis,
conflict of pain
and pleasure.
We pray!



3

We pray to stay aligned.
But we fail to stay aligned,
even while in prayer!
We nevertheless pray.

4

Do we pray in vain?
Are our prayers a vanity?
Perhaps our pride prevents our prayers
reaching Your feet.
Nevertheless we humbly pray.



5

We cannot stand up
to the standards of scriptures.
We fall short in our disciplines.
But we pray
that we may be strengthened.
We pray
that we may be allowed to pray!
If not allowed,
we cannot even pray.
Allow us to pray.



6

Your grace enables us
to pray.
Your grace enables fulfilment
of our prayers.
Your grace fulfils us
and leads us
into Your presence.
We continue to pray.



7

Our hearts trumpet the conscience.
Our minds desire the contrary!
Minds mostly manipulate and win.
Hearts remain hurt.
We pray
that we may be healed,
that we may be pardoned.
We, the preys, pray.



8

Our prayers reach not lofty heights,
for our actions are impure,
our thoughts and speeches are improper.
We are paupers.
We pray
that You reach unto us
and reset us.
We offer ourselves to You.



9

We offer ourselves
to You
since we are helpless and hopeless.
Our ego and pride led us
to our doom.
We are doomed
by our sense of freedom.
We found no other way
but to pray for Your mercy.
Your mercy is unconditional.
It encourages us to pray.



10

Conditional mercy we find
in the books,
in the teachings.
We cannot adapt to them.
In our fancy we tried to follow them.
We found that we are weak.
We cannot.
We therefore pray for
Your mercy,
Your grace,
Your presence.



11

We are infants for
we are in fancy.
We fancy that we pray,
that we worship,
that we meditate,
that we study
and that we serve.
We build our fancies around You.
We move around as Your messengers!
Do you need messengers?
Can't You reach us if You wish?
Lift us up at once.
We pray!



12

Our sense of freedom
led us to free doom.
We offer ourselves to You
in our utter hopelessness and helplessness.
Lead us unto Your freedom,
the real freedom.
We pray!



13

As we wake up our tails wag!
They wag and we notice not.
We notice not our tails.
They seek no permission from us to wag.
Our tails wag without our permission!

Mostly we know not that
we have tails and that they wag.
Our tails, we slowly realise, are our personalities.
They are our extended shadows.

Our tails are our extensions.
We cannot steer them.
On the contrary they steer us!
The cart drives the horse!
The servant leads the Master.
We are after our shadows!
We turn to You, for we are tired totally.
We therefore pray.



14

We see not our tails.
We see others',
we criticise and judge.
We wish our tails are cut.
But You are compassionate, You cut not.
Teach us from within at least,
so that our tails behave friendly with us.
You help.
We pray!



15

We pray
and we realise.
We realise that we are Your tails
and that we too wag
without Your permission.
Hence our tails wag
without our permission.
Teach us from within
to co-operate with You
– not operate independent of You,
we are desperate.
We pray!



16

We are upset;
we are upset because
we see upside down.
We see all upside down
and get further upset.
We wish to change everything around.
We wish to set up the surroundings in an order.
We least realise that all is in order
and that we only are upside down.
Please set up the upset ones.
We pray!



17

Some say, yoga helps;
some others say,
knowledge helps;
yet others say,
service helps;
still others say,
help thyself.
They are capable ones!
But I am incapable.
I wait for You,
praying.



18

To wait is boredom.
But to wait
for You
is an engagement!
It is an enchanting engagement.
I chant,
I sing and
I wait.
I am engaged. It is self-engagement.
I pray and
I wait.



19

I do not know
what to ask,
what to speak
if You suddenly bestow
Your presence.
Maybe I get lost
into You
out of my excitement.
I could be silly in Your presence.
I pray.
You shall pardon me.
I pray!



20

I invoke,
I pray,
I invite You,
not to be possessive of You,
but to be possessed by You.
My prayer
is my offering.
I am Yours!
Feel free.
I pray!



21

My devotion to You
is seen as emotion by my friends.
They caution me of my passion.
Be it emotion,
passion or devotion.
I need no caution in my passion
for You.
Your compassion is enough.
I know,
You are an ocean of compassion.
I pray!



22

You send Your sons
to help us.
They teach wisdom!
Wisdom is for men.
But we are monkeys!
How can we become wise?
We pray!



23

We are monkeys of Your garden.
We are given the garbs of men.
You are too compassionate
to glorify us.
We cannot stand up to
Your expectation.
In thankfulness for glorification -
We pray!



24

We hear that real men lived
in the garbs of monkeys and
co-operated with the Plan.
But we are monkeys in the garbs of men.
Our appearances are false.
Help us!
We pray!



25

We are mesmerised
by Kali.
We are told
that You come down
as Kalki to lift us up.
We pray and
we wait.
You are the only key to us,
the monkeys.



26

We hear
that your music mesmerises
into Your presence.
Be it flute or lyre,
we await musing
into You,
while praying.



27

We are the preys
of illusion
and ignorance.
Our prayers could be
ignorant prayers.
Yet we do what we can.
We cannot do
what we cannot.
Help us or leave us
as You wish.
But we pray.



28

We hear that
You came once
to save the cows
and calves.
You came again
to save the lambs.
You come again
and again;
we remain unsaved.
Are we not cows and lambs?



We are not cows or calves. We are bulls.
 We are not lambs. We are rams.
 We are not lions, noble. We are tigers.
 We are not pure as virgins. We are manipulators.
 We are not balanced yogis. We are imbalanced
 boors.
 We are not eagles of the blue sky. We are serpents
 that crawl.
 We are not aspirants, noble. We are mundane
 aspirers.
 We aim not peaks. We only speak.
 We ascend not into subtle. We expand into gross.
 We are not fish to fall in Your net. We are sharks
 and whales.
 Save us if You can. Leave us not to our destiny.
 We pray!



We suffer
 a ring-pass-not.
 It is our own creation.
 We suffer
 from self-created limitation
 although we are Your sons.
 The chick in the egg
 cannot break the shell by itself.
 It needs the co-operation from without.
 We need Your strength –
 within and without.
 Lift us up from within and without.
 We pray!



31

The trees are the givers.
We are the receivers.
They give much –
the flower, the fruit, the cool shade, the breeze,
the firewood and so on.
They keep giving and
keep growing too!
They grow towards the sky.
They ascend to meet the Sun, the sky.
We stay receiving.
We learnt to receive.
We remain pigmies.
That we may give and grow,
grow to be,
to be with You,
to be one in all -
We pray!



32

As our prayers touch sincerity,
Your fire generates within
and starts to purify.
The process, we realise, is painful.
Please make haste
but slowly.
We really cannot stand Your purification.
Let the pain of fire be friendly,
bearable and encouraging.
We pray!



33

Though
You prevail over the creation
as the Lord of love,
why the beings pursue power?
Is not love the basis?
From Your presence,
Your love,
mankind draws power!
When do we learn to love?
Please help us to be in love
and not in power.
We pray!



34

Let all our acts be service,
based on love.
Can there be real service without love?
May we be helped
in this direction.
We pray!



35

Let our association
be with men of love,
of service,
and of goodwill.
Let the three (love, service, goodwill)
be in action,
not so much in speech.
We pray!

36

We ardently wish
to relate to You
through our prayers.
But our minds
reduce our ardent prayers
to be ordinary,
mechanical,
monotonous.
Help us to pray ardently –
with heart,
not with mind.
We pray!



37

Our hearts say,
“We like to pray,
we love to pray.”
Our minds say,
“We have to pray,
we should pray.”
Mind imposes power.
Heart trumpets love.
Let not our prayers be from mind,
the powerful.
Let them be hearty.
We pray!



38

Power enslaves.
Powerful religions enslaved us.
Powerful preachers
injected fear of You.
Power as means
cannot help to reach You
as love does.
Lead us unto You through love of You.
We pray!



39

We are grateful
for what is given.
We are regretful
for what we are.
We could be better.
We pray!

40

We pray.
We stay in 1st person
and pray You as the 2nd person.
But You are the 1st One,
we are the 2nd.
This inversion is inevitable in our prayers.
Pardon us for this.
We pray!



41

You exist as

I Am.

We too exist as

I Am.

We are the duplicates,

Your mirror images,

Your shadows!

But we forget our status.

We forget You,

the Original.

We pray!

42

We realise that it is futile
to run around in the world.

The world revolves
around You.

To run
around You,

to revolve
around You

helps us to overcome
the revolutions of world,

of death
and birth.

Moving around You,
we pray!



43

Around You are the wheels:
cosmic,
solar and
planetary.
Beings move in these wheels.
We create our own wheels
within Your wheels.
Cut our wheels,
lead us unto You.
We pray!



44

Prayers are purificatory.
We need daily purification.
We pray,
You help us.



45

Unless we are pure
in all the three planes -
physical, emotional and mental,
You do not reveal Yourself.
We need Your help
even for self-purification.
Purify us
and reveal Yourself
and lift us up.
We pray!



46

It is amazing
how Your devotees
grow in virtues
to be superhuman.
Virtues associate themselves
as we devote
and pray.
They have no glamour of their virtues.
Stabilise us in prayer.
We pray!



47

In our moments of crisis
help us to recollect You.
We recollect our crisis,
our calamities,
our problems
more than You.
Is not our recollection
of You,
the *Master Key* to us?
We know.
But we often forget.
Help us to pray,
we beg!



48

We beg not the worldly needs.
We beg
for Your presence.
Your presence
settles in contentment.
Your presence fulfils.
Your presence
is a self-forgetful state of bliss.
For presence,
we pray!



49

We pray.
We know that we create obstacles by ourselves
for Your visit.
But are they obstacles?
For You there are no obstacles.
For us they exist.
We create them,
we promote them,
we suffocate from them.
It is enough.
Help us at least to pray.
Help us with Your presence!
We pray!



50

“All is Divine”,
says Raja Yogi.
“Not this,
not this,
not this”,
says philosopher.
One is the path of inclusion;
other is the path of elimination.
We prefer to be in the Path.
We pray!



51

In prayers
stray thoughts enter.
They are intruders.
They intimidate.
They do not let us
to relate to You.
But we pray!
As we pray,
the revelation comes:
“See Me *in* all stray thoughts,
as all thoughts.
I remain, thoughts disappear into Me.”
We therefore persist our prayers.
Help us to pray.



52

May we work with the minds open,
voice proclaiming
and hands conferring Goodwill. . .
We pray!



53

May the inner vision
be gained,
may the ears hear
the voice of silence,
may the eyes see clearly
the glory of the Lord,
may we speak only
in benediction,
may the hands engage
in helpfulness.
We pray!



54

As we pray we realise:
You are our life.
You are our love.
You are our dream.
You are our inspiration.
You are our respiration.
You are our heartthrob.
Verily, You are the essence of our life!



55

I built a golden temple
in my heart
for You
to stay forever
and ever.
Bestow Your presence in it
and fulfil!
Fulfil Your plan,
staying in the golden temple.
I am at Your service.



56

Mould me
for Your purposes.
I am Yours
always,
all ways!



57

You made us
in Your image
and likeness.
You gave us freedom!
It is a privilege!
But we have no ability
to handle such freedom.
Take it back.
Better we remain bonded
to You.
We pray!

58

Freedom, freedom, freedom –
man cries!
Who took away his freedom?
No one.
Verily, verily it is he
who denies it
and cries for it!
Don't You feel we are childish?
We are foolish.
Yes we are.
We pray,
please help us, the foolish ones.



59

We are not eligible
for this human form.
It is too good for us.
We think we can handle it.
But we mostly mishandle and
suffer disease,
decay
and death.
We pray,
You help us.



60

You give us life,
but we bring
our death!
That is our state of awareness!
Help us,
We pray!



61

Do we really pray You?
Do we really love You?
We pray for our sake,
we love You for our sake.
We always wish
to receive from You.
We wish not
to offer ourselves to You.
But love is offering,
Prayer is offering.
Give us right orientation.
We pray!



62

Why so many prayers?
So lengthy
and so monotonous!
Is it not simple
to feel in the heart
'the sense of offering'?



63

Yes, 'offering' –
what a sacred thought!
Can there be a better feel,
better thought
and better act
than offering.
Lord!
Teach us offering.
Let this be a life
of offering.



64

We offer flowers to You.
We offer candles to You.
We offer incense and
we offer gold and
precious stones!
But we do not offer ourselves!!
Let our lives be offered
at Your Lotus Feet
as fragrant flowers.
We pray!



65

Lead us
from the sense of receiving
to the sense of offering.
Teach us
that sacred art of offering.
We pray!

66

Offering
led many men into
Your aura –
the divine field.
But they offered not
to attain divinity.
They offered themselves
without any sense of expectation.
We mortals
need only this key of offering.



67

The seers speak of 'surrender'.
"Surrender to the Lord!
Live in Him!
Move in Him!
Surrender to His will!"
But we, the mankind, are proud.
We speak of it.
We do not surrender.
We do not know how to offer.
How can we surrender?
We pray,
teach us the fundamentals.



68

You send Teachers.
We do not learn.
Teaching
perhaps helps only a handful.
You come down as an
Avatar.
Even then only a hundred help themselves.
In this age of electronic chips,
is it not wise to replace
our 'chip of expectations'
with the 'chip of offering'?
Pardon me for this advice.
This is my prayer.



69

Lift up is possible only
if You open Your eye in us.
Any other way is futile with us.
We pray!

70

We like the illusion
You cast on us.
We fall into one illusion or the other
since aeons of time.
Only Your grace lifts us up.
Please grace us.
We pray!



71

We pray.
We wait for You.
Waiting for You
is not painful.
We wait praying.
We look for You all around.
Who knows,
how You grace!
You may visit any moment.
You may grace from any direction.
You may approach through any form.
You may give the touch from within or without.



72

We believe that we die.
Therefore we die!
Seers believe in You,
the Eternal One.
Hence
they live from eternity to eternity!
“As we believe so we are”,
say the Seers.
Lead us to unwavering belief in You.



73

Seers entrust
death to the body
when the hour strikes
and exit gracefully.
Teach us
how to entrust death to the body.
We pray!

74

To stay aligned
with You,
persons withdraw into forests,
into mountain valleys and
into remote places of silence.
Staying in the world
we pray
to stay aligned with You!
We need Your support,
Your presence
and Your grace
more than the others.
We pray!



75

World,
it is said,
is illusion.
Staying in the world
and being
with You,
is the game we are asked
to play.
It is an engaging, enticing,
enchanted and enriching game
for those who know.
For us it is exhausting.
We pray
that we are bestowed with the skills.



76

“The diabolic
and the divine
are ever engaged in fight”,
say the scriptures.
But we see
that even within us
the two are engaged in fight.
You are
the Synthesising One.
Help us.
We pray!



77

Our inconsistencies are amazing!
We swing from one state to the other
in our thoughts,
desires and emotions.
Should we resist them
to be stable?
Should we tune up to the swing?
Acceptance
sometimes enables inner stability.
Bless us
to gain the ability to accept.
We pray!



78

In the world
of reflections
and of alternating currents,
to stay stable
can be only through
a sense of withdrawal –
a detached
and dispassionate attitude.
We pray,
that we may be favoured
with this floating skill!



79

The worldly
are well off.
The saintly are
very well off.
We,
the 'in-between',
are 'pulled and pushed'
regularly by the self and non-self.
We are the centaurs
that need release.
We pray!



80

Each time we sink,
we pray to be saved.
When we float
our prayers are not lofty
to stay afloat.
Stabilise our prayers ...
We pray!



81

The Teachers teach us
to reject fear,
teach us
to be of 'cleanstate'.
But we cannot.
We can only offer ourselves
at your threshold
to be cleaned and used.
We pray!



82

We cannot stand up
to the illusions of nature.
We are nature's creatures.
We need to be lifted up.
We need either Your Grace or Nature's Grace.
We pray!



83

We pray
when we need You.
We pray
ardently, as per the depth of our difficulties.
We pray
otherwise, when the sail is smooth.
We are inconsistent
and unreliable.
But You are
consistent and reliable.
We pray!



84

Sometimes
we boast ourselves.
We think of reaching You.
We know not
that reaching You
is reaching the Sun.
We get scorched.
We therefore pray
that You reach us!



85

When sunrays reach us daily,
why should we reach the Sun.
Verily,
the ray is Your touch.
You are present in us
as life and light,
as the very core of our being.
Reveal into us and lift us from the glamour.
We pray!

86

Realising is reaching.
There is no seeking,
no knocking,
no longing.
Just realise
I Am That I Am
and stay put;
stay stable.
We pray
that no illusion takes over.



87

We pretend to desire You.
But we tend to desire other things.
You know it.
Yet we,
the pretenders,
pray!

88

The life around is funny.
All pretend.
We learnt
to be good dramatists.
How can we turn
to be devotees
and disciples
until we shun our dramas
and until we really pray from our hearts.
We therefore pray.



89

Our intelligence
is a facility and hurdle as well.
We know not
the timely application.
We prefer to rely on You,
not on our intelligence.
We pray!



90

We are not tolerant.
Nor are we patient.
We get frustrated soon.
Respond soon to our prayers.
We cannot pray enough.



91

You are the spirit;
we are the souls,
Your offsprings.
We have the body.
We long to meet You.
But our body lets us not.
Each time we try to rise,
the body pulls us down.
We are prisoners of our body.
We pray.
We have to wait, praying.



92

We are habituated
to receive.
We receive
but give not.
Trees give and
grow like giants.
We receive and remain as pigmies.
But we can receive You too,
if we know how to wait,
praying.
We pray and we wait.
Allow us to pray, please!



93

You are the Formless One,
dwelling in forms.
We are the 'formed ones'.
Hence,
we look to You as a Formed One.
You grace us with form.
Otherwise we cannot perceive You.
We pray!



94

It is but a hard reality
that we are lonely,
though seemingly together.
The togetherness with beings
is uncertain.
We are hugged
when compatible,
and are hurt
when incompatible.
But with You
the togetherness is certain.
You do not abandon
even if we ignore You.
You are the friend
that I pray to be with.



95

Many come into life
and many go.
Things, people and events.
All pass by.
You and I remain ever,
forever.
My prayer is to stay
aligned with You.
Other alliances are
and are not.



96.

Of late,
I am inclined to be more
with You
than with Your names and forms.
Your forms and names,
though engaging,
You are my interest.
I pray
to be one with You.
I pray!



97

As we enter
into this world,
we slowly and gradually
gather around us
men and material.
We feel them
to be ours.
This feeling is sticky and we are stuck.
We pray
that we may be lifted up
from this sticky stuff.



98

The associations around us
change
as we course in life.
We accept.
They change
at once at death.
We cannot accept.
Why?
Perhaps we do not realise
that death too
is a change,
but not a terminator!
We pray
to realise this change.



99

We, the mankind,
are self-conscious beings.
We are conscious
of right and wrong.
Yet we are weak, we succumb.
Prayer, we realise,
is the means to strengthen.
We pray.
Transform us to be strong
and righteous.



100

We think of protecting ourselves
and our interests.
But who is protecting us
in our sleep hours,
other than You?
You are our protector,
our guardian, our gardener,
our guard and our God.
You protect us
in our conscious and unconscious states!
Our prayers are
but petty expressions of our gratitude.
We pray,
in gratefulness.



101

Our existence is but
Yours.
But You allow us to feel 'it is ours'.
This feeling is 'the ring-pass-not'.
Your grace only lifts us from this 'ring'.
We are circumscribed.
You circumcise.
We pray!



102

Our circumscription leads us
to be the islanders.
Each one of us
owns his own island.
Is not island
but land
separated by waters?
Save us from the waters
and lead us to the main land.
We pray!



103

Troubles in our lives
are the real teachers.
We complain of our troubles.
We least realise them as teachers,
Your messengers.
Teach us
to learn through troubles.
We pray!



104

Immersed in ignorance,
we rely on companions.
Feel them eternal,
permanent, abiding.
Companions in life
are the stars of the sky,
which disappear in the day!
You are the Eternal Companion
staying with us
in the day
and in the night as well.
You are with us
in our ignorance too!
We pray therefore to no other.



105

“See the Ocean in the wave,
see not the wave”,
says wisdom.
“See Me in the beings
and see not the beings”,
says the scripture.
It is easily said but not done.
Illusion prevails over reality.
We pray.
You lift the veil.



106

Givers give
and are given.
As much as they give,
so much they are given.
This is endless.
I give up.
I give up at Your feet,
praying.



107

May friends and enemies
be neutralised
in Me.
May good and bad merge.
May the polarities disappear.
Lead me into That,
Thy presence –
the eternal abode of be-ness!



108

Longing for You
has been my habit from childhood.
I did not know why.
As I grew I understood You,
the talisman of wonder.
This understanding
was misunderstanding.
I settle back to the old way of
'longing for You – without cause'.
I have no demands.
I pray!



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It is but a hard reality that we are lonely,
though seemingly together.

The togetherness with beings is uncertain.

We are hugged when compatible,
and are hurt when incompatible.

But with You the togetherness is certain.

You do not abandon even if we ignore You.

You are the friend that I pray to be with.

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