

SATURN

The Path to Systematised Growth



Sri K. Parvathi Kumar

Saturn is exceedingly potent in connection with initiation into the life of Discipleship. It brings through space to the individual man, the energies of Great Bear. It is essentially the planet that imposes discipline. It paves way for expansion of consciousness, once the natural discipline is accepted. It is a planet of great influence to a disciple who follows the path of Truth. It brings in unique revelations and great changes even to the lives of Initiates. It is the Lord of Karma, the imposer of retribution. Saturn demands full payment of all debts until individual Karma ceases. Saturn trains aspirants and disciples on their way to Truth.

Every Master of Wisdom introduces the Saturnian principle as the first step of his teachings and allows students to get into the inner chambers only when the student is successful in adapting to the Saturnian principle.

Many secrets relating to working with Saturn are given in the teachings contained in this book.

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Dr. K. Parvathi Kumar

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The Path to Systematised Growth



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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

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About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him,

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher

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PREFACE

The study of Saturn – the principle and practice of the principle in daily life, transforms an aspirant into an accepted disciple. To be theistic in life is one thing but to be able to neutralise the pairs of opposites in one's own being is another thing. Theistic, there are many. Living above the pairs of opposites through neutralisation of such pairs, there are few; in fact, they are very few. These few have the good opportunity to work for the Hierarchy. For this reason, the principle of Saturn needs to be practised in daily life.

Saturn is the dweller on the threshold of the Temple of Initiation. He affords opportunities through difficulties in life, which are messengers of what is wanting in life and what is to be learned in life. A good student is one who learns from difficulties. Ill health is a difficulty which gives the message that the one with ill health needs to unlearn certain habits and learn certain other habits. Likewise, economic and domestic difficulties are also messengers that knock at your door to unlearn certain habits of thinking and action, and learn certain others.

Saturn presents itself through difficulties, disappointments and failures, only to inform that the process followed was not in tune with the Law. There is no other principle that teaches so meticulously as Saturn, to follow the path for right relations; i.e., one's relations towards the parents, the co-born, the spouse, the children, the co-human, the animal, the plant, the mineral, the five elements and the Devas. Every Master of Wisdom introduces the Saturnian principle as the first step of his teachings, and allows students to get into the inner chambers only when the student is successful in adapting to the Saturnian principle.

Saturn presents to every student (of TRUTH) his own limitations and insists upon overcoming them. This is the sure way to grow. Hence, every Master of Wisdom benevolently introduces the principle of Saturn when a student comes in contact with him.

Saturn is considered as the Grandfather – ‘The Old Man’ who is an embodiment of patience and teaches such patience to the students. Hence these talks on Saturn, to present certain ideas to the seekers of TRUTH and to the followers of the Path.

Saturn is potent with initiation into the Hierarchical life. “Saturn is the planet of initiation,” says Master DK, and he further says, “Saturn is the planet of discipleship and of opportunity.” Saturn is exceedingly active today, presenting to the world disciple those

difficult situations and crises, which will involve free choice, discriminative pioneering, wise response and correct decision, thus bringing about the destruction of that which hinders, without the relinquishing of any true values of which humanity may be aware.

These talks were given during the group life in Visakhapatnam, India, in January 1989 and are based on *Spiritual Astrology*, written by Master EK.

K. Parvathi Kumar



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HOW IT IS/HOW IT IS BECOMING

The State of 'is'

On the background of a silver screen or a TV screen, we find so many images moving on the screen. That which exists is the screen; it is there before the image movement, after the movement and during the movement also. The screen is ever present.

It *is*, meaning – it is there always, at all times. The TV screen is there, and we get many programmes, like – the epic Ramayana, some fighting scenes, some songs and dances, some love scenes, war scenes, etc.; but the screen is not affected by it! When there is a love scene, the screen does not transform itself into love. When there is a fight scene the screen is not affected. Likewise, when there is a dance scene, the screen does not dance; it remains. It just remains.

This is what we call the Background Consciousness. There is one thing that *is* and the moment a programme is on the screen, the screen goes into the background. We then see the programme but not the screen. It is the screen that enables so many programmes and yet remains what *it is*.

There are two aspects to be seen in everything – that

which *is* and that which *is becoming*. In the morning, as we get up, it is like the screen. After we get up, our programme is switched on. When the programme is switched on, we keep moving, we keep acting till evening and then when we are tired, we say, “Good night!” and switch off our self TV. This is how we switch on and switch off. When we switch off, we do not know that we switched off and when we switch on, we do not know that it is on the background screen called I AM.

The screen is the I AM and the programme on the screen is the mental plan, created by the mind, the designer of the whole creation whom we call Indra in the cosmic plane. In our daily life, the moment we get up, we switch on the TV. When we are in sleep, we don't remember the screen and when we are awake, we don't remember the screen either; we only remember the programme. As we get up, we want to know what the programme is. There is much glamour about knowing the programme. If there is no programme, to some people it is a shock. How to live without a programme? We develop in the mind such kind of programme that we cannot see that which *is* and that which *is becoming*.

Blessed are those who can see the two phases: “The whole activity of the universe has two phases to the mind of man; one is how *it is*, the other is how *it is becoming*.”

In the morning we become Germans, Indians, etc. But the previous night during sleep, we were neither Germans nor were we Indians. When we are in deep sleep, we are souls! We do not remember that we are souls the moment we wake up, but we recollect that we are Germans, Indians, etc. That is the first programme in the morning. The next programme is to think of a shower or a walking programme, a talking programme, a meditation programme, etc. If in all these programmes we remember that we exist and that all these are happening on the background of Existence, then, slowly, we learn to exist consciously.

When we are consciously existing, we remain the original and transact with the programmes impersonally. When we don't remember that we exist, when our conscious existence is not there, and in that state when we transact with programmes, we are transformed as our programmes.

There is a lizard called chameleon, which transforms its skin's colour to that of the tree's colour it is on. So is the case with us. We become that which is around. We are absorbed by the environs and do not retain what we are originally. That is why we say, "We have lost the way." When we remember the background, we get back into the state of *is*. When we do not remember IT, we get into the transformed state of *becoming*. Every minute IT is becoming. If we remain in *is* and see how

It is *becoming*, we will be able to see the splendour of It and enjoy.

If we do not remain in the first state, and are lost into the second state, we are lost. When we are acting, we cannot witness ourselves. We can witness ourselves when we are acting, provided we remember that we exist as the background and are functioning through the apparatus called the body and the mind. That is where the whole Saturnine illusion is.

The Original

The first limitation is, we forget the original and become only the substituted TRUTH. That is the ring of Saturn, esoterically speaking.

We see the substitute, and we do not see the original. We thus become a substitute of ourselves, the original. To reverse it, we have to institute the original in the place of the substitute. To know Tiziana as a Swiss-Italian is to understand the substitute part of her. That is not the original. Her original state is that she is a soul. That she is born in the southern part of Switzerland is only a secondary part. When we remember the original part, we are in greater attunement. When we remember only the substitute we lose sight of the original.

What are we to do? We have to trick the trick, that is – substitute everyone with I AM. Anything that we see, we must institute the original in the place of the

substitute; then we see well. When we are able to see in this way, we will also be able to see that we do not feel old, or young, or sick!

The Law of Acceptance

It is not correct to say, “I am sick.” The “I AM” is never sick; but we say, “I am sick, I am not doing well.” It is a wrong understanding. The body is sick. If we say that we are not sick, but that the body is sick, intuitively and instinctively we separate ourselves from sickness. What a wonderful situation it is! If I remember that I am diabetic, then I am down with diabetes. If I remember that this body has contacted diabetes on account of certain behavioural patterns established in me, I am out of the sickness mentally, I can work without being affected by it. I can also make an effort to change the patterns of food intake, exercise and relieve from its effects on me. If sickness has reached a point where it is not possible to rectify, then there is a great law called the ‘Law of Acceptance’. We need to think, “Okay, be my friend and be with me till I live in this body! Let us live together.”

Saturn teaches us the ‘Law of Acceptance’. That which cannot be avoided, accept and enjoy if you can! If something is not avoidable, and is inevitable, then why fight with it? Accept it. Suppose you have grey hair, which indicates old age for the black haired

people, and we dye the hair with black colour to give the impression that we are still young. But we can never turn our grey hair into black. Likewise, we can never conceal our age when there are wrinkles on the face. There is a tremendous effort to keep the face young. However much we try, the Law of Nature is such that it exhibits the old age only. Thus, in all those cases, the best thing is to accept it by saying, “Yes, the body is becoming old. It is beautiful to be young. It is equally beautiful to be old.” The Law of Acceptance leads us to a beautiful choice-less living and further it leads us to the ultimate ‘Law of Synthesis’.

For the I AM in us there is no such thing as young or old. When we remember the original, we are not transformed into the substitute. When we remain continuously in the I AM Consciousness, we are continuously young. That is why it is said, “An Initiate is always a youth of 16 years of age.” He remains youthful in spirit though not in form. Even if he is in a very old form, like that of Shirdi Sai Baba, who was very youthful in his action, very cheerful, very quick, because his identity was not with the body. That which *is becoming* is only a transformation that takes place for action and interaction in life.

If we remember the original, then we can see how beautifully it is transforming. When we observe a fruit tree, we can see how beautifully it flowers in the

beginning, and then how slowly the flowers give way to small fruits. As the fruit grows, the flower recedes. The flower becomes old, the fruit becomes young; then the fruit ripens and leaves the seed that again grows into a fruit tree and gives fruits again. It goes on. The fruit tree principle lives through all these transformations and continues *to be*. It is all a process of becoming on the background of the I AM principle. From where it has started? From the background. Likewise, if we are able to remember the background of the deeds, the background of everything at all times, then we are blessed to see the splendour of becoming.

Rings of Protection

Saturn is the planet that disciplines us to experience life. It provides boundaries and checks everywhere, so that we do not overstate and complicate life. They act as protections till we make a proper understanding. When a proper understanding is developed, it unfolds, and wider boundaries are set for protection.

When we permeate in our consciousness even up to these boundaries, then they are further extended beyond one individual to slowly cover the whole humanity, then the whole life on the planet, and then the whole planet as such! That is what Buddha and Christ did. They have embraced the planet by overcoming the limitations. They do not feel the rings of Saturn; they

take the rings as necessary protective shields until there is the required growth in understanding. It is like the eggshell protecting the chick until the chick grows. Once the chick grows, the eggshell is broken. On one side there is the growth of the chick to break open the shell. On the other side there is the mother hen co-operating with warmth to break the shell. Thus, as one grows in consciousness, he pervades beyond his body and permeates around, concurrently growing in understanding. As much as one grows in consciousness, so much the Mother Nature co-operates. Such expansions are possible through the adoption to the Law, which is imposed by Saturn.

Master CVV says, “Your exercise in love is complete only when you can embrace every living being on the planet.” Saturn shows us what our limitations are. In a horoscope, the squares, the conjunctions and the opposition between the planets show our limitations. We have our strong points through our triangles, sextiles, exaltations, etc. As a spiritualist, we are expected to work out and neutralise the weak points with the help of the strong points. It is a process of intelligent adaptation.

Suppose that the planets Mercury and Mars are in square, in conjunction or in opposition in the horoscope of a person. This person tends to be flippant in speech, uttering something without much thought

and invites problems. He carries a loose tongue, irresponsible speech. Attracting problems is indicated by the affliction between Mars and Mercury. Mercury is the Lord of speech and Mars is the power of speech. If they are in good positions in relation to each other in the horoscope, then the speech will be powerful and constructive. If they are not well aspected in the horoscope, the speech will be powerful in a destructive way. Thus, we destroy goodwill around us, we invite problems, we throw people away, we work as anti-magnets.

We can look to this aspect in the horoscope and then try to work it out through will. We should first accept our limitations and then work it out slowly on a regular basis, so that we slowly overcome it.

Be-ness

One should observe how *it is* and how *it is becoming*. We should mark the periodical deviation from the first state. Each time we enter into a thought, we become that thought. Our 'being' is becoming that thought. When that thought concludes, we become another thought. Thought after thought we are becoming and we never experience being, because, thoughts one after the other pursue and haunt. But our becoming is on the background of being. If the thought is not, we are being. Beings of consciousness. "Becoming is periodical – Being is eternal."

Becoming is only an awakening from Existence, and it again gets back into itself. Becoming is temporary; being is permanent.

We become children when we are born. After that we become youth; then we become adults and further we become old and then die. Thus, the programme is over. Then we are again born as a child. Periodically we keep becoming. It is a periodical deviation.

The first is always shadowed by the second. The second always clouds the first completely. The first is not remembered; the first can never be understood. It can never be understood, because there is no mind to understand. We can *be*, but we cannot define the *be-ness*. There should be a second thing to understand the first!

It is a state of oneness in which we remain, and that's all. It is Existence, and not even awareness of Existence. The second phase is awareness of Existence. The first can never be understood; it can only be realised when we retrace our path in the working of the second phase. When we are in the second phase we can think of the first. When we are in the first phase the second phase does not exist; so, there can be no understanding.

The whole purpose is to see the first in the second. Project the first into the second, so that the second is understood. We do not complicate the second if we project the first into the second. The first phase is

concealed in the symbolism of the second phase and is revealed only as an allegory.

When we are alive, we have no understanding that we are alive. We are alive; that's all. The salt is not saltish to itself; it is saltish to us. Life is not life to itself; it is life to us. Thus, the first is always concealed and we can only understand when we are in the second. As a Son of God, we can understand the Father. To the Son of God, the Father exists; to the Father there is no such thing as Son of God existing, because the Father exists only as Father in everything! This requires to be pondered upon.

To give you an example, to the TV screen, the epic Ramayana does not exist, music does not exist, the world news we receive does not exist, the earthquake does not exist. Likewise, on the Background Consciousness many things do happen. To *itself*, everything is Background Consciousness only, but to the created beings, the Creator exists. We have to meditate upon it.

On a silver screen anything can happen but the screen is not affected. To the screen the programmes do not exist. In the same fashion, for the Basic Energy, whom we call "the Father in the Heaven", everything exists in IT, and IT exists in all, because all exists in IT. This is another meditational statement given by Krishna. Krishna says, "I exist in All, because All exist in ME. To others I exist. To ME, others exist not."

The ocean exists in the wave, because the wave is in the ocean. To the ocean, there is no wave. To the wave, there is ocean in it. The ocean becoming wave is a periodical deviation. It becomes a wave and it becomes ocean again. There can be a state in the ocean without wave, but there can be no wave without the ocean. There cannot be a wave without ocean, but there can be the ocean without a wave. To the wave, the ocean exists, but to the ocean the wave state is ocean only. There is no difference in essence between the two. The difference is only in state.

Thus, to the screen the programmes do not exist, but for the programmes the screen is needed. Without screen there is no programme in the TV. Suppose we break the screen, we don't receive the programme. Likewise, the screen in us is the life, and on the background of life there are so many programmes. If there is no life for a moment, there is no programme. That is why the Indian scriptures say, "With the Father as the background, the Mother creates everything."

I will give you another example. We have some Deutsch Marks with us. Each time we use a Deutsch Mark, it has no feelings that it is with us, but we make use of it in many ways to make our life. Isn't it? Suppose that one Deutsch Mark reaches Angelika; Angelika also uses it, then it goes to Marion; Marion also uses it and it goes to Dorle; Dorle also uses it...

Wherever it is, it remains a Deutsch Mark for life. It does not change. But how much activity is conducted with a Deutsch Mark? People do so much of business, they go round crazily, they make appointments, they break appointments, they make meetings, they make seminars; so much activity is created by money, but money remains what it is. Likewise, the original remains, and with the original as the basis, we make many things.

For instance, there is plastic in these spectacles. We can see them as spectacles, we have transformed the plastic into spectacles, but the plastic remains plastic only. If we take gold and make an earring, a ring, a chain, a necklace or a bracelet, we only see the jewellery. The moment we make a jewellery out of gold, we only see the jewellery, but to the gold it is not a jewellery; it remains gold only.

We may see the gold in the jewellery because gold is valuable and we recognise the commercial value easily. But, are we able to see the mud in the puddle, when there is a puddle made up of mud? To the mud it is not puddle. To us it is puddle, to the mud it is not puddle; it remains mud only. We make a watch or a cooking vessel with steel, but to the steel it is steel only.

This is the first lesson Saturn teaches us, “How *it is*, and how *it is becoming*.” When *it is becoming* something, in that we can see the original, but to itself

there is no second thing. Only when we are in creation we can always experience the original. We are privileged to experience the original. But when we become THAT, there is nothing to experience!



SATURN RINGS ILLUSION – PROTECTION

Protection

Saturn is the principle that covers the original and gives us the illusive existence of something different from it. We will say that there is 10 grams of gold in this ring, but the truth is, there is no gold in the ring. It is the gold that has become a ring.

We say that we are the body and we have a soul. All of us say, “We have a soul.” The right understanding is, we are the soul and we have the body. That is the Saturnine limitation that makes us see the form or the substitute and makes us forget the original. The second phase exists as a necessary limitation to all created beings. This limitation is the effect of a ring, and the ring is the cosmic principle of Saturn located in the planet Saturn. This limitation which we suffer is a necessity in creation. The limitation is the protection till we have a greater understanding.

When we observe the growth of a vegetable from the plant, the previous state to it is a flower. It is the centre of the flower that transforms itself slowly into the vegetable, and the petals of the flower protect the

vegetable. The more the vegetable grows, the petals give way for the vegetable. But when the vegetable is in the infant state, the petals protect. Likewise, we have the eggshell of the chick. The shell is a protection for the chick till the chick grows. When the chick grows completely, the shell is broken.

So also the protection of the mother to the child. The mother conceives, delivers, nurses, nourishes and brings up her child. She gives love and care and shares many things. But if the mother wants to possess the child, it goes against the Law of Nature; hence, she suffers. It is the Law of Nature that we should allow to proceed that which comes out of us. Till it proceeds, it is protected. After we see it progressing, we should stay back, relax, witness and experience it.

That which is considered as a protection also works as a limitation. This principle in nature is called Saturn. That means, Saturn is the greatest protector, and the more we grow, the more he gives way. We all want to become great spiritualists not knowing what dangers we have to face. So, Saturn says, “Your intentions are good, but I will not allow you to become that, unless you work out certain things.”

Not knowing what a Guru state is, everyone wants to be a Guru. It is difficult to be a Guru. It is like walking on a razor’s edge. It is sharp. It is subtle. It cuts either way. It demands constant sacrifice. The razor draws

blood. But to some, self-sacrifice for others' welfare is pleasure. It is a high state of awareness. The Guru-state demands anchoring in the Background Consciousness. Nothing in creation attracts him or binds him. Guru means the eldest, the biggest. Bigger than the big, greater than the great, elder than the elder. He may look like a beggar but is bigger; bigger than all that is visible. Just wanting to be a Guru is fancy, a fantasy. But Saturn gives the steps to realise that state, which seem bitter, but are sweet when followed regularly.

The Old Man

Saturn allows us to evolve according to the natural law. When the Law of Nature is not obliged, he applies hydraulic brakes and we cannot move. We have to look back and see if there is something wrong in our procedure. If there is no progress, it means, we are in error. Unless we rectify certain things in us, further progress is arrested. Saturn is the deepest of the 7 planetary principles. In the Indian scriptures, Saturn is called 'The Old Man', Jupiter is called 'The Wise Man', Mercury is called 'The Diplomat', Venus is called 'The Beautiful Lady' or 'The Virgin', Mars is called 'The Warrior', Moon is called 'The Reflector' or 'The Deflector' and the Sun is called 'The Traveller'. When Saturnian law of discipline and natural progress is adopted to, Saturn gives the positive impact of the

other planetary principles. Your growth in wisdom is orderly. Your intelligence works for the general welfare. The beauty of your being is more and more experienced. Your fight in life remains for the right cause (both inside and outside). Your ability to reflect the higher purpose in the lower planes gains precision. Such is the power of Saturn. He holds you or releases you as per your orientations to the Law and the procedures. Thus the Old Man always guides us well.

Master CVV has mastered the Saturnine vibrations. That is why whosoever invokes Master CVV, receives the things that one doesn't like, because that which we do not like is nothing but our limitation. He gives a small dose of dislike and sees how we work with it. When we accept it, he gives a bigger dose. If we can still accept more, he gives an even bigger dose. When we completely accept things, Saturn is pleased with us and places us in the hands of Venus. Saturn removes the walls that are built around us, by us, by our own mind. As much as the walls are removed, so much one is able to experience. Experiencing is the quality of Venus.

Pain

People speak of condemned souls. But, there are no souls that are condemned. The soul is divine and is indestructible; it is the Son of God. The soul is the

vehicle of the Spirit. Thus, the soul never dies. The soul never has any limitation. The only thing is, the soul is kept imprisoned by the personality. With the soul quality of will, we can make amendments to the personality.

The quality of the soul is will, love and light. It can switch on the light and see what is to be broken. It can switch on the will to break it, and it can switch on love to permeate. These are the three qualities of the soul.

The soul is all-powerful. The soul is never sick, only imprisoned, imprisoned by its own creator. It can recreate! Germany was recreated and resurrected through war. It was a painful process, but there is much refreshing air. There is a kind of refreshed air arising out of such cleansing. A place that is full of conflict and has never been cleansed, becomes very astral. Thus, there is that freshness coming through the pain of war. Pain is only a process of rectification. Pain relates to Saturn.

After delivery, the mother looks so fresh, so quiet, so peaceful and so divine! When we look at her face, she is full of motherly love and complete quietude and peace. But before delivery she bears such labour pains, which are normally very painful. A mother's labour pains are known only to her. Delivery is a great pain, a great initiation. To be a mother is a special blessing to the woman.

“Let pain bring due reward of light and love,” says Master Djwhal Khul. Pain has a role to play in creation. Rectitude through pain is a means of resurrection.

Headache, stomachache and acute sicknesses are painful. Pain gives the message of wrong action and rectitude is suggested. It is Nature's message to rectify, and pain is Nature's messenger. Receive the message and rectify with will, with patience and with strong resolve. Each sickness is painful. But when we are cured of the sickness, we look resplendent. Sickness also gives the clue – how to avert it. Saturn, thus, teaches the fundamentals of life. How to eat, how to speak, how to sleep, how to work – the how of our behaviour. He carries the know-how to transcend the self-imposed fetters; imprisonment and pain are his tools. Learn the message that life gives you through pain.

Viewpoints vs. Vision

Each one of us sees according to what we are. If I have a business mind, while I am driving on the road, I only see the business establishments and my mind will start thinking, "How much profit must that man be making? How much investment must he have made? Is he making profit or loss?, etc, etc." If I am a building engineer, I see the structures, the columns and I imagine the foundations. If I am an architect, I see the design. If I am an electrical engineer, I see the way the electrical connections are made. If I am an artist, I see the sense of arrangement in the establishment. If I am a communist, I see how the workers are. If I am theist, I

see if there is a place for the Deity. Likewise, as we are, so we see a place. To a poet all the business activity looks meaningless. To a priest, it is a place of sin, because it is a place of self-profit! But for a true spiritualist, it is all a variety of activities upon the one Background. To him, what exists in essence is what appears. To others, what exists as their personality quality is what appears.

That is why the great Master Shankaracharya said, “All that we see is illusion.” Illusion in the sense, we see according to our state of being. We don’t see as it exists. That is why the illusion is on account of a viewpoint that we hold. When we live in viewpoints, we don’t see the reality. When there is vision, all viewpoints merge and even cease to be. Saturn paves the way from viewpoints to vision to the seekers of TRUTH.

Do you know the story of the elephant and the eight blind men? Each of the eight blind men touches a portion of the elephant. One says, “The elephant is a pillar,” another says, “The elephant is a trunk.” And the third one says, “The elephant is like a rope.” This is because each of them imagines only a part of it according to their comprehension.

Truth

People only see one side of the coin and do not see the other side. We only describe that side of the coin and we don’t describe the other side. The man who

sees the other side says, “No, no, what you say is not correct.” The one who sees both can say that both are partly correct. Likewise, what we understand as truth is partial. According to our level, the truth reveals. “What we accept as truth and what we do not accept as truth, put together, is the Truth,” says the Veda. The TRUTH Absolute reveals to the one who realises the ONE in all. Only to him the TRUTH is completely revealed. To others it is only a partial truth.

When we are in partial truth, we carry the instinct to contest, to prove, to propagate, to establish. When we are with the TRUTH, there is acceptance – acceptance of every viewpoint. TRUTH accommodates all. There cannot be something outside TRUTH, beyond TRUTH, besides TRUTH. Knowledge is complete when it accepts and tolerates ignorance. TRUTH can accept even untruth, as its shade, as its distortion.

We see things through our coloured glasses. The coloured glasses are nothing but the colour of our personality. Most of the things we express and experience are from the personality angle, and this personality angle is the limitation of Saturn. Thus, we only see according to what we are and we do not see according to what *it is*. The mystery, ‘as it appears to us’, is but the effect of limitation. What we know as truth is our own point of view of the TRUTH. We are breaking our heads in the name of TRUTH.

Suppose I say that only Krishna is the deliverer of this planet. Then, another person will say that it is Siva, and still another person will come and say, “No, no. It is Christ.” Then, someone else will come and say, “It is neither Christ nor Krishna, nor Siva; it is Buddha.” These are all viewpoints we hold. We thus break our heads in the name of our belief systems.

All the fights in the name of TRUTH are nothing but our ignorance, because we have understood only a part of it. Seeing a part of the TRUTH and trying to establish it, is the ignorant state of humanity. That is how we have been fighting all these centuries, and it will continue, because ignorance prevails.

Madame Blavatsky says, “There can be only one TRUTH.” If I say one truth, and in respect of the same phenomena, you say another truth, then we keep fighting. It is seeing from the personality angle. When people live in personality, they cannot see the TRUTH. Only when we start living impersonally, TRUTH can be seen; otherwise, we see according to the colour combination we carry with us. Each personality is a coloured mixture. Some people have more red, some people have more blue or more green. Likewise, we have the combinations, and according to that combination we see. Some people have confused colours, and hence, they carry confused minds; total confusion, and whatever they speak is not understandable. Whatever

they do is also not understandable – not only to others but also to themselves!

Lokaloka Parvatha

The cosmic principle which produces Saturn is called ‘Lokaloka Parvatha’ i.e., plane to plane and plane to no plane. I will give an example. Suppose there is a big tree with many branches, many leaves, and a small creature on one leaf. To that creature the whole world is nothing but the leaf on which it is and the leaf which is above (that is its sky). To that creature the whole universe is nothing but the leaf on which it lives and the leaf which protects it. So, this creature says, “The whole universe consists of two leaves and I am the third one as an existing being.” Like that, there are many creatures on many leaves all over the tree, and each one feels likewise.

That is how we feel on this planet. We feel that we are the only humanity. Ours is the only planet with life and that there is no life on other planets. This is nothing but our ignorance, just like the creature that is between the two leaves feels that only that much is the tree. So also the stupid-minded human being, who feels that all he thinks is the world and nothing more.

Then, slowly, the creature crawls over to the next leaf – through the evolution, in a span of time (of thousands of years) and then it thinks that there is one

more leaf. To that creature there are now three leaves existing – that’s all. Then it crawls to another leaf of the tree and feels that there is still one more leaf. Likewise, humans also will know that there are other globes with life, other solar systems, etc. To deny what we do not know is dogmatism – ignorance crystallised with pride. Many are the denials in the West of the Eastern wisdom and likewise the denial in the East of Western science. As we progress we learn to accept.

An example: There is a world famous dancer who does not care so much for her hair-dressing, and there is a louse in her hair. For dance performances, the dancer goes to New York, to Hamburg, to Munich, to Geneva, but to the small louse in her hair, there is no New York, no Hamburg, no Munich and no Geneva. Its world is only eating the dandruff in the hair of the dancer. The human beings on the planet are no better in their comprehension. Excuse me for saying so.

In relation to the Universe, we are small. We feel big, without knowing what is big. We do not yet know the other planets, life thereon, other systems, clusters of such systems, the central sun system, the cosmic sun centre etc. The ancient Aryans knew better, and the Romans too. They had inter-planetary exchanges. They carried the magic, the keys of sound, colour, number and symbol. Since we do not know and we do not want to accept their superiority, the best way is to

deny it! If we hold power, our denial is authoritative. Wisdom is suppressed since ages by brutal power. Let us be humble enough to accept this.

A man who is realised never enters into arguments, because he knows that the other man lives between two leaves, and unless he comes out of the 'cocoon', he will not be able to see the whole universe and understand it. So, the wise man does not argue with him. That is what Krishna says, "Do not disturb the simple minded." If we happen to know a few things, we should practise them and not try to rub it on others. There is no missionary concept in spiritualism! We are not here to spread the Lord, because the Lord is already spread into everything. We need not spread HIM separately. We all try to spread HIM out of our ignorance. It is our ignorance that makes us feel that the Lord is not existing in some people, so we have to spread HIM into them and save them! That is what the ignorant religious heads are doing throughout the planet. They are trying to push their concept of God, least realising that God is beyond all concepts.

Did you ever meet a *Krishna-conscious man* in the West? This person will not leave you till you accept Krishna and buy some books. In the East, the *Christ-conscious man* does the same in a different way. He buys people with bread and imposes Christ. This is how we try to spread the Lord. There are people who want to

spread the Masters, there are people who want to spread the Plan of the Hierarchy. It is a kind of ignorance, born out of the partial understanding of TRUTH.

All this activity is called '*Lokaloka Parvatha*', i.e. within millions of planes of Existence, we live in a plane, and we refuse other planes of Existence. We refuse other possibilities to a concept, we refuse other ways of looking at things. That is a limitation and that limitation is also called 'the Principle of Saturn.'

There are people who have tuned up to the One Consciousness. They are called the Masters of Wisdom. To them, only 'is' is experienced. They can see all planes of Existence. We live in one plane or the other. Master CVV says, "I shall train you to live in all planes simultaneously." That means, we will understand the TRUTH at all levels and live in them.

'*Lokaloka Parvatha*' does not limit us to any plane of Existence in creation. *Loka-Aloka* means a plane of Existence which *is* and *is not*, at the same time. A plane of existence *is*, when you are in *it*, and is not when you are not in *it*. For example, when we exist to the physical plane, the surroundings exist to us, they influence us and would even draw our involvement into it. But, while we are sitting in the same surroundings, suppose that we deeply think about an issue or a problem at hand, then, the said surroundings do not exist. They are there, but they do not exist to us. When we are

at the mental plane the things on the physical plane cease to be. It is there when we exist to it, and it is not there when we do not exist to it. This is true with creation in all its planes. When we are out of *it*, we can see all the planes. When we are in *it*, we can only see the limited existence between our ground and our sky. To me the sky is the roof of this house and the ground is the floor of this house when I don't move out of this house. We then say that the whole world is made up of a roof and a mosaic floor. Many people speak from their viewpoint and try to establish that, as truth. Those who are realised, allow others to think in those lines, because they know that one day they too will know.

Saturn rules over the ring of the horizon, which is only a limitation relative to an observer. If we stand here and look around, each one of us will have our own circle of horizon. The horizon is different for each one of us, because we are positioned differently. When we are centred/positioned differently, we have different horizons, thus, what we see, also differs. Until we centre in the soul, the one TRUTH cannot be seen! Saturn rules over this ring of the horizon, which is only a limitation relative to an observer. The horizon is our own illusion, our own limitation of experience.

We all have our own horizons depending upon our placement. Depending upon the placement, there is the

related limitation. The limitation changes according to our progress. It widens and widens, but always there is a protective ring. Saturn sustains this ring in the mind of man as a self-imposed barrier. There is no barrier outside! There is no such thing as horizon. An absolute horizon is not drawn anywhere. It is only our limitation that works as the horizon outside. Saturn actually hatches the consciousness of man. When man unfolds, the ring widens, the boundaries get widened. Saturn causes the process of unfoldment and we keep working for it. Man, through such unfoldment overcomes his own limitations until he lands in Synthesis. From the state of *becoming*, he reaches the state of *being*. God's creation is understood only if we know how *it is*. Thus, we should always get back into the original state, then only the ring of Saturn is crossed. Otherwise the ring of Saturn works as a necessary limitation, and we see things from our personal angle.

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The Time Sense

The time sense of man is governed by Saturn. Man is made to wait by his own limitation. We say, "I am late." When we say that we are late or early, it is relative to a prefixed time. Suppose, that we fix our breakfast at 9 o' clock in the morning. If we reach the dining table at 8.30 a.m., we say that we are early, and if we reach at 9.30 a.m. we say that we are late. Whether late or early, it is relative to a time point fixed by us. Now, suppose that we have not fixed a time point, then there is no such thing as late or early. That is why there is one spiritual statement, which says, "There is no such thing as delay." Delay is when we expect an event to happen in a particular time, and relative to that expectation there is delay.

Suppose that we have fixed a time point to go to the beach at 4 o'clock and if we reach at 4.30 p.m. we feel, "Oh! We have delayed." The feeling of delay is arising out of a prior fixation, by a prior expectation. If there is no expectation, there is no delay. Where there is expectation, there is delay. Where there is expectation, there is disappointment; thus, it works relatively. The time sense of man is also governed by Saturn.

Delay, Disappointments & Obstacles

Suppose while we are sitting here, recapitulating the teachings on Saturn, a Saturnine person comes. This person delays our reading of Saturn, we get disturbed by it and start thinking, “Why should this person come without prior appointment; he has put himself between us and the teachings of Saturn.” We grow impatient, but we should remember that he is Saturn! It is Saturn! It is the original Saturn visiting and sitting with us, showing us what Saturn is. We cannot ignore the live teachings taught in life.

Saturn is the one who teaches us the Law of Acceptance. Accept that which comes. Man is made to wait by his own limitations. Saturn will see whether we like to wait or not. If we don't like to wait, he will make us wait more. That is Saturn. If we like waiting he will say, “Okay, you need not wait.” He always works from the opposite angle. Delay, disappointments and obstacles present themselves to the mind of man through the effect of Saturn.

Suppose we go to the airport to catch an Indian Airlines flight. On the telephone they say that the flight may land or that the flight may not land or that the flight may be delayed by three hours. After reaching the airport, they will tell us that the flight is definitely delayed by three hours. What we do in such moments is but criticise the airline, the crew,

our telephone system, and through that criticism we become weak and exhausted. To a child it makes no difference whether the flight is two or three hours late. We are disgusted with three hours delay, but the child is not, and he keeps playing during those three hours in the airport.

In India it is very common that when we go to the railway station the train will be delayed by two to three hours. The Indian railway stations are very ill-organised, and we get really bored, but to a child it is not so, because to the child the concept of delay does not exist. It keeps playing. If a child does not play, it is not a child. So, when we are mindful of the delay, we feel the delay more. Suppose that the train is three hours late, we can take a book and read, and the delay does not exist to us; or we can take to a corner and sleep and the delay does not exist to us anymore.

It is an aspect of Saturn to work ourselves up more and more through the delay and disappointment. When we try to progress in life, there will be so many obstacles on the way, and we get disgusted with them. We get depressed and irritated, we become angry – all these states of mind arise from our inability to accept the situation. Accepting, is the positive way of working with Saturn. If we accept, he will clear the mental block. If we don't accept, the mental block will be more. That which is inevitable, when

accepted, will be more in tune with us. When we do not accept it, we are in opposition with it, so it breeds greater fighting and the related consequence is the loss of energy.

“Delay, disappointment and obstacles present themselves to the mind of man through the effect of Saturn. There are people who cannot wait a minute. They are totally disturbed when they are made to wait a minute. Such people encounter more and more waiting and the more they wait, the more they suffer. But if we accept waiting, then there is the natural law that we will not have to wait much at all. That is how it works.”

Delay is an elongation of time arising out of ones own anticipation. Disappointment is not achieving what is expected and obstacles are our own impression of an external agency, which prevents us from what we regard as progress.

There is a self-designed progress, and we find an artificial obstacle coming in the way of the self-designed progress. Through this process, man gains experience and learns to wait. The more and more he is stopped on the way, it becomes a habit for him to accept it. When the flight gets delayed once or twice, we get really disturbed. But suppose it happens on a daily basis, then we will feel, “Okay, it is the order of the day,” and we will learn to wait.

Thus, we learn to wait; that is what Saturn teaches us whenever we are disappointed, or wherever we feel obstacles. In the obstacles we always see an external agency as the cause for our lack of progress – Saturn makes us learn that there is no external agency by way of obstacles, but that there is something to be re-organised in the internal system.

In India, we are thoroughly trained by Saturn. ‘Expect the unexpected’ – is the message in the Indian way of life. Saturn is our ruler. Remember, India’s sun-sign is Capricorn and the ruler is Saturn! We are taught patience, we are taught tolerance, we are taught acceptance. Delays and disappointments are common. This is true with our system. Soon, India will walk into the sun-sign Aquarius, then, many things would be broken and the ‘Indian Phoenix’ will rise once again with its strong wings – it is expected.

The Right Approach

If we are not progressing in any facet of our life, we try to find certain external agencies standing in between us and the progress. But the solution is to go into our own being and see where we have to re-organise. There must be a wrong procedure adopted or a wrong approach made. We should not seek externally the explanation for our lack of progress. We should see internally, where we have to restructure in tune with

Nature. Then the progress starts again. Progress stops when we adopt to wrong procedure. Progress continues when the procedure is right. The blocks are inside, but not outside. We should eliminate them patiently and intelligently.

Suppose that we want to draw an electrical wire up to the top floor to have light on the terrace. We will do it in steps. After some steps, if the electric current does not pass, what are we to do? We have to check the previous connections. We cannot go further unless we rectify the previous steps. Thus, we check and rectify the previous steps and then continue. Likewise, in every aspect of life, wherever there is stoppage of progress, we are expected to get into our being to find out where we have failed, instead of finding fault with others. Obstructions do not exist externally. The feeling that something externally blocks our progress is nothing but an aspect of Saturn. It's a limitation. It is true on the individual plane, on the collective plane, as a group, a nation or a race.

If we don't have health, we may blame the doctors, saying that doctors are commercial, and are not giving us the right attention. But let us check inside, within ourselves. Why did we reach that state of illhealth? Then we may find the means of rectification. When our approach is correct, we also find the right doctor outside.

There are many such incidents in everyone's life where we find the right doctor after a lot of trial and error. After many doctors experiment on our body, ultimately we find the right doctor who tells us the right thing, but before that, we did not contact the right doctor. It is the conditioning of our karma through time. We can ask ourselves, "How could we finally contact a doctor that cured us?" It is a good exercise to retrace and find out why we did not get into contact with him before and why we found him later. This is an aspect of Saturn. He will not permit us to meet the right person, until the right approach is made and the right time arrives. Time holds in its folds the solutions to the problems.

Time Cycles

The elongation of time is an aspect of Saturn. We make many experiments before we reach the ultimate solution, this is also an aspect of Saturn. That is where the time sense works. There are certain things, which happen according to time. When we try before, they don't happen. Master E.K. always used to say, "Whenever an incurable disease is cured through me, it is not me, it is the time. At that point of time, when the disease is to be cured, you came to me. Even if you had come to me before that time, you may not have found the cure."

To the one who can really understand the working of time, life is a play. That time sense can only be understood when we have a proper understanding of Saturn. Obstacles are our own impressions of an external agency, which prevents us from what we regard as progress. Through that process man gains experience and learns to wait. He realises that his expectations are not according to *how it is*, but according to what he regards as *how it should be*. We always feel, "It should be like this," but it is otherwise! It is an aspect of time. We have to wait.

"Learn to wait and wait to learn."

Paracelsus and Hypocrates knew that there is a time dimension to cures. Initiates know and teach that time holds everything and that knowledge of time is the knowledge of '*How it is*'. The former strongly recommended that medicinal study should always be coupled with astrology. The latter said, astrology is the 'Eye of Wisdom'. Saturn holds the key even to astrology!

Everything has its own time cycle. Every disease has its time cycle. If we know *how it is*, then we will not worry about it. When we do not know *how it is*, then we worry about it. Everything has a set time. Anything that starts, has its own cycle. That is why a doctor is a complete doctor only when he knows astrology. Hypocrates said, "No doctor is complete

unless he knows the science of astrology.” If someone contacts some disease, he should know the point when he contacted it, then he should know the organ which is affected by it, and then he should be able to calculate the time cycle till it lasts. Chronic diseases have long-time cycles, and acute diseases have short-time cycles.

Thus, when we know the time aspect, disappointments, delays and obstacles do not bother us, for, we have learnt to wait, watchfully. We have to wait until that kind of acceptance comes and we get to that knowledge, Saturn keeps working on us. Man then realises that his expectations, generally, are not according to *how it is*, but according to what he regards as how it should be. The abyss between success and failure is therefore, his own creation.

When we do something, we do it with a result in mind. When we do not achieve the result, we feel sorry, and when we achieve the result, we feel proud. In Yoga it is said, “Keep doing regardless the result.” Result or no result, it does not bother us. In us, there is no change in vibration. We neither become proud nor depressed; we remain normal in both situations, and we don’t fall from the state of poise. When we attach too much importance to success, failure is a terrible thing! Thus, if we do what is to be done without giving much stress on success or failure, we remain normal and neutral at the point of the result. That is what Saturn

teaches. If people are not willing to accept that which is unpleasant, they have to live in pairs of pleasantness and unpleasantness, comfort and discomfort. Saturn stands between the pairs. If we can overcome the pairs of opposites, then we live in the yogic state. Saturn is thus a teacher of Yoga.



SATURN & THE PLANETS

The Transit of Saturn

When Saturn transits our birth-moon in the horoscope, there is a period of seven and half years in life, full of failures, obstacles and disappointments. While going through that period we learn, we become seasoned. We would not have many strong views, likes and dislikes; successes and failures, disappointments and delays are all softened, they are all ironed out. Saturn comes once in thirty years to iron us out of all angularities and when that period is over, we would have gained more stability. That is the great lesson of Saturn. He does ironing. A hard iron will pass over to soften all the wrinkles. He will make us plain and smooth.

Suppose, the Moon in our birth chart is in Capricorn. Saturn transits two and half years in each sign, thus, the lesson will start when the transit Saturn enters into Sagittarius. That is, two and a half years in Sagittarius, two and a half years in Capricorn and two and a half years in Aquarius. So the period of Saturn is $3 \times 2 \frac{1}{2} = 7 \frac{1}{2}$ years. The problems begin when Saturn enters Sagittarius. When Saturn comes into Capricorn

and nearer to our Moon, the problems will be intense and they will be terrible when Saturn is exactly on our Moon. Terrible because, in our mind we don't accept certain things. Saturn will hammer us to accept them. Then, slowly, he will move through the Moon and out of Capricorn. He then goes into Aquarius, and when he comes out of Aquarius, our problems are solved. In the meanwhile we are taught great lessons, which will help us for further 30 years.

Similarly, when he transits our ascendant, he clears some more limitations in our personality. Saturn is the disciplinarian. He teaches us right approach and right conduct. But, if in our chart Saturn is strong, it means that we have some discipline inherently. If not, Saturn will teach us. In either way, Saturn paves the way for discipleship.

The Moon in our chart speaks of our past conditionings. When Saturn transits our Moon it is an opportunity to clear our past karma or debt. The ascendant speaks of our personality in this life, and when Saturn transits over it, we would be straightened.

The Saturn transits should be understood as an opportunity for inner growth, while in the outer it presents problems. Every problem has a gift behind, which the humble would gain.

A Master always begins his training through Saturn, because he wants us to overcome our limitations. He

does not like us to be limited beings. He wants us to get into unlimited awareness.

The moment we verify any horoscope, we find that mostly when Saturn is transiting somewhere around the birth-moon or somewhere around the birth-ascendant, people will get into the Path of the Masters. It can be verified. He works so hard. The training starts with the stimulation of all unpleasant things. We will encounter more and more disappointments, more and more delays, more and more obstacles, and it is a course of 7 ½ years. Thereafter, we become like a washed linen that can be used for a good purpose. All angularities, all impurities are washed out in that period of 7 ½ years.

When Saturn transits our birth-sun, he will make us more disciplined with our health. He will tickle our inner ill-health. He kills the ill-health and makes us more disciplined about our health.

When Saturn transits through our birth-mercury, he will discipline us in our financial matters. When he passes through Mercury, he affects our financial affairs. His job is to restructure us to be in tune with the Law.

Saturn normally makes two visits in one life. He can also visit us three times in a life span, if we have enough longevity, and by that time he will give us great expansion.

When Saturn transits our birth-moon the first time, he gives us one dose of cleansing. In his second visit, he

makes a complete cleansing. If we are still there when he visits for the third time, he will give us complete expansion. Suppose, he visits us very early in our life, say, around our 10th or 14th year. Then what happens? He will revisit us around our 42nd or 44th year, and again around our 72nd or 74th year. There are some people who receive Saturn at a very early age. If it is in the first seven years, he will visit them again around their 37th year, and the third visit will be around 67th year.

Mars represents the positive and negative power in us. When Saturn transits our birth-Mars, he redresses the negative power. Suppose that we are hasty in our actions and hasty in our speech... He gives us such bad experiences through our hasty speech or our hasty actions that for life we would not like to be hasty again.

When Saturn transits our birth-venus it causes rearrangements in one's understanding of the loved ones. The deeper aspects of the love principle are better understood. It unveils for a clear vision to the native in relation to the persons around him. Normally there would be disappointment from those whom one thinks as his loved ones. The illusions of emotional love are exposed for the benefit of the native.

Saturn is our benefactor. People think that Jupiter is the benefactor. Jupiter teaches the Law, and Saturn makes it compulsory to follow the Law. Morality, for instance, is necessitated through disease, which

demands austere habits. People that suffer from high blood pressure, heart disease, diabetes, aids etc., are compelled to follow a given discipline. Their food, sex and other habits undergo a healthy change depending upon the degree of their ill-health. That is why Saturn is considered to be a malefic planet for objective living but he is the most sacred planet for spiritual training. To work with Saturn is very important in the Path of Discipleship.

Master CVV first works with Saturn and then with Venus. He mastered these energies. In us also, he works on our limitations and then sees that they are eliminated so that we become rounded personalities. Master CVV says, "Around development". All-round development means, to develop in every facet of life. He also said, "All 'round' development", meaning, rounding up everything without having any angles. If there is an angle, it hurts; if it is round, it does not hurt so much. That is why he says, "Around development – all 'round' development." After the Saturnian training, he bestows the Venusian experience. Venus stands for the experience of the splendour in life. The beauty of life is better understood by the one who is disciplined in terms of the Law. It cannot be understood by persons who are slaves of their habits, their thoughts, their views and their 'isms'.

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TRANSFORMATION

Protection

The effect of Saturn determines a time period, but not the time of fruition for everything. Mars makes man sow the seed, while Saturn influences the time and manner of harvest. Mars is action oriented. It is the effect of the influence of Mars that makes us sow the seed, but for the seed to grow, to become a plant and then give fruits, is the aspect of Saturn.

To prepare rice for eating, we need to collect the rice grains, clean them, mix the rice with appropriate portion of water, place them in a rice cooker and then put it on a stove. All this is Martian work. Afterwards we have to wait. Waiting is necessary for the rice to get cooked. That waiting function, is Saturn. If we don't wait properly, we will not have good rice to eat. If we know the timing, we will always have right things in life.

Saturn is a positive teacher when we know *how it is*, but when we do not know, *how it is*, he stops us. When we cook rice, if we overcook, we cannot eat it, and if we under-cook, we also cannot eat it. That is how he sets the time, and makes us know about it. Thus, the process of knowing is a Saturnine training. It is the

teaching we get through our experience and through our experiments. Saturn withholds a portion of the workings of man that are beyond his control, until the ultimate fitness of things is comprehended. He will not allow us to do things, until we are fit for it.

There are people who walk on waters like Jesus, or Shankaracharya. If we try, you know what happens. Suppose we are travelling in a ship, we will surely not get out of the ship to walk on the sea. We think it is foolish to do such a thing, isn't it? The feeling that it is foolish to walk on waters is a Saturnine limitation, a Saturnine protection. He protects us from walking on waters by generating a feeling that it is foolish.

If a child is using a knife or a blade, we will immediately take it away saying that it is foolish for a child to handle a blade. Nature also withholds certain activities and things, till it finds us fit for it. It is a very sacred function of Saturn. It withholds and then gives one after the other, as Nature finds us fit for it. Saturn withholds a portion of the workings of man beyond his control, until the ultimate fitness of things. The average man views this as a limitation, as the influence of a cruel fate.

We blame fate for what we are today, but actually it is not a cruel fate. For the moment it is good for us to be what we are now. When we gain the next step, the next thing is given. We do not know why we are not

given certain things, why our desires are not fulfilled. We think that they are good, therefore we ask for them, but when we really get them, they could complicate our life. We do not know what we really need. All that we desire is not necessarily what we need.

Thus, Nature withholds certain things from us because she is not cruel but protective, motherly in her approach and benevolent. Suppose that we give a chocolate to a child. After having eaten it, the child asks for more chocolates. We will give him another one in the name of love. The child eats it and asks for some more. Then we will tell him that it is not good for him to eat so many chocolates. The child starts crying. We will not give him another chocolate so he cries more. We slap him. The child will think, "What a cruel mother, she does not give me enough chocolate." But the mother knows how much chocolate she should give. In the same fashion, all that we desire, if it comes, it becomes a problem to us. Thus, Nature withholds until such time we are fit to receive it. This is also a sacred function of Saturn. Saturn conducts all the unpleasant jobs, from the standpoint of protection.

Neutralization of Karma

Saturn governs the time sense of man. He is also called 'Kronos', the snail of time. We want things to happen very speedily, but he walks in a snail's pace.

Saturn will make us to get the right speed. Man experiences the cycles of time in his mind, and man's concept of these cycles gradually become condensed as he expects more returns from the objective world. There is a point up to which man is allowed to go into the objective world, and after a point there is the retracing into the subjectivity.

In Masonry they say, "Man is screwed trice." In the beginning, man does certain things with a selfish desire. Then, he finds that if he pleases others, he will gain more. That is business. The businessman always tries to meet the taste of the consumer or the customer, not because he loves the customer, but because by that, he sells more and his profits grow. That is the second step, where man looks to others' likes to promote his profit, and in that process, he learns to recognise others' liking. He learns to work for others' liking and by that he becomes virtuous. He learns virtues, which for himself are profit, because he gains more, but slowly, to be virtuous becomes his habit. Then what happens is, the cycles of time, for which Saturn is the presiding Angel, will withdraw the objective profitability, but by then man is stuck to the virtues. Many virtuous men, in history, did not have material success. The man is in conflict and thinks, "To be virtuous perhaps is not good." He swings between virtue and vice. Then, according to the cycles of time and also according to

his evolutionary timetable he sticks more and more to virtues, because he is able to please so many people and in that process he rejoices more and more. That is the state of a real disciple. He will not look to his personal profit in doing things, but looks to profit others. He gradually becomes a man of goodwill. From profit to prophet he reorients! He continues to live for the benefit of others. That is what ultimately happens. A Son of God is thus born, over incarnations.

The Steps of Transformation

1. Objective growth with selfishness.
2. Further objective growth with practice of virtues.
3. Subjective growth through virtues.
4. Recession from objectivity and the related growth.
5. Subjective growth in virtues and objective acts of Goodwill. (Selfishness having been gradually replaced by selflessness).
6. Lessons of selflessness in a society of selfishness! Hard lessons!! The consequent urge to swing back to old ways – temptation.
7. Steadfast adherence to virtues and life service.
8. Sainly life.

To Jesus, after 40 days of penance in the desert, Satan comes to him and says, “I offer you all this material kingdom. You be the emperor of it.” That

means, he is, but for the objective success. But there is also a great experience waiting in the subjective world. At that junction point we are left to make our own decision. It is for us to make the decision. Jesus made a decision. If he had made the decision to rule the kingdom, we would have forgotten him like any other Roman emperor. Thus, also in our life, a point of time in evolution will come where we will have to choose whether to run after objectivity or to go into subjectivity.

Normally man tries to avoid uninteresting, unpleasant and unhappy experiences. This shows the innate weakness in the psyche on the mental levels of man. The only way out of this weakness is to face the limitations and transcend them. There is no short cut. That which is unpleasant, we should try to accept, because by accepting it we grow. Saturn therefore, throws man into his own required experience. When a disciple wilfully begins to retrace his path of karma by approaching the series of necessary experiences, the role of Saturn upon his lower nature ceases. That means, when there are unpleasant situations, we should not run away from them. We should 'stay put' and work with them, then we will be able to neutralise karma. Until we reach this state, Saturn plays the necessary havoc. Till we accept, he plays havoc. The moment we are able to accept, he becomes our guide! To a mundane

man he creates troubles only in such aspects of his life, in which he is most sensitive. He will touch such points, where we really feel troubled. He will not touch other points, but only our weak spots. Wherever we are strong, he will not touch. Wherever we are weak, he will touch and say, "How do you like it?" If you like it, he will give some more, and more, and more, until finally when he will say, "Okay! You are through. You can go into the next hall."

If a man cares too much for money, he will start worrying about failures and impediments in his financial aspects. Similarly, if we like a person too much, a separation from that person is bound to follow. In this way, man is chased by Saturn from one field of activity to another until he has grown beyond and above such mental attachments. That means, he will evaporate all the sticky material in man. Wherever we are sticky, he will chase us. When once the sticking material is exhausted, he will say, "Okay, now you proceed." But he does it in slow doses, it is not done at a time. If it is done at a time, we cannot stand it. So, he does it every 30 years, when he conjuncts our birth-moon. He also does it in a smaller measure, every 7 ½ years, as he squares our moon or opposes it through his transits. Transit Saturn making aspects with our birth houses and planets is a study recommended to all the aspirants.

The Policeman

Saturn is one form of representation of Yama, the Lord of Regulation, who is presiding the South. Saturn is one form of him. Yama means Pluto. Pluto is a bigger dimension of Saturn, therefore, Saturn is said to be the son of Yama. Yama is the Lord of Death who appears hideous to sinners, but pleasant to righteous people. If the Lord of Death appears, he looks so terrible to us, because, we are shy of dying, but to those who are really full of light, to them, he appears as a good friend, looking very brilliant, shining and even beautiful.

Morality is framed by Jupiter and is necessitated by Saturn. He will bend us to be moral, otherwise, he will give us one or two blows, so that we become moral. Jupiter gives us the rules of the game, and Saturn gives the punishment when we do not follow the rules. Thus, we feel the presence of the policeman more than the presence of the legislator. The legislator says that we should move on the right side of the road when we drive our car in Europe, that is the legislation. If there is no policeman, we will not obey it, but if we know that the police is very efficient, we will definitely be on the right side. Otherwise we will tend to be on the left. That is how Saturn works, like the policeman. He is on the punishment side of things to keep us on the right side of life.

The working of Saturn is very slow, very deep and

long standing. He gives us good lessons to remember for life. His grip is slow, but sure. He slowly grips us. Things of permanent value and plans of a very stable nature are governed by Saturn. He is a slow moving planet and goes round the zodiac once every 30 years. During the first round he touches all the sensitive points of the horoscope, and makes man gain the sufficient experience.

The Building of the Antahkarana

On the physical body, Saturn governs the skin, teeth, bones, nails and hair. To a disciple of the spiritual path, he plays a very major role. He does the major work for us. He, along with Mercury, governs the throat centre. On the higher levels of discipleship, the throat centre is the starting point for major initiations. Control over thought, word, deed, contentment, endurance, experience and sustained effort, make a man fit to get into the Path of Discipleship and build his Antahkarana. It results in alignment of outer man with the inner man, the subtle side of his existence. It causes occult comprehension, leading to realisation of TRUTH.

“What cannot be cured should be endured.”

Saturn teaches the ability to bear, to be tolerant, to work like him, that is, slow, deep and long standing. Once we are able to work in this fashion, we will gain

the Antahkarana, built with Saturn and Mercury, functioning together. For a disciple, these are the two important planets. Mercury is the Lord of Speech, the Lord of Interaction and Saturn is the discipline relating to the behaviour. Thus, Saturn disciplines our speech, he disciplines our thought, our action, and only through such discipline the Antahkarana is built.

In the horoscope of a spiritualist, Saturn influences Gemini. In the horoscope of an average man, he rules over Scorpio along with Mars. Spirit comes down into matter through a converging spiral path in Scorpio. This denotes the nature of death. Retracing the same path, we find the same serpentine path, but ever expanding, as 'the path of new life'.

When the journey of the imprisoned soul of man is completed from Scorpio to Gemini, in the reversed direction, Saturn works through Gemini in constructing the Antahkarana of the disciple. In Scorpio, the symbol is the serpent, in Taurus it is the winged bird. When the journey is from Aries to Scorpio, then Scorpio is the 8th house. The 8th house in any horoscope represents death. Death means loss of consciousness.

Thus, from the 8th house, we retrace back up to Taurus, but before Taurus there is Gemini. Gemini lays the ultimate step to workout our Antahkarana with the help of the Saturnine discipline. Retracing life is a

process of disciplining and evolving. When we observe the tail of the serpent, towards the end, it has small rings. When we observe it in the reverse order, from tail to head, again the rings grow bigger. The rings become wider, like in the snail, in the conch, as it goes down, the rings grow small, as it goes up they are wider.

When we reverse the path, again we get into liberation. Getting into matter is to get into limitation, releasing from matter is getting into liberation. Spirit is naturally a liberated state. Spirit, when condensed into matter, sleeps in matter. That is what the Bible says as, “God rested on the 7th day,” that means, God sleeps not but rests in matter. Slowly, as matter grows into Spirit, it is absorbed into it. Then, the matter in the Spirit becomes lighter. It is like, when we heat an ice block, it becomes water, then steam, and then it is absorbed into the air. In the state of air, it is lighter than in the state of ice block, which is conditioned and heavy.

Thus, the journey is from air to ice block and from ice block to air. This is how the creation takes place as exhalation and inhalation. In that process man reaches the objective world, and reaches his ultimate point in Scorpio. Thereafter he gets disillusioned of the objective world. He travels into the subjective world and again reaches the state of Gemini. Gemini is an airy sign, and Scorpio is a watery sign, deep waters. So, when the retracing is done in Gemini, the Antahkarana is built.

The Antahkarana is built through right speech. Persons who do not have right speech, right thought and right action cannot have the Antahkarana built. This whole process is worked out with the help of Saturn. Then the soul is liberated from the bondage of matter and brought to Taurus along the same spiral path. The crawling serpent becomes the winged eagle. When the Antahkarana is built, the soul enters into the eternal Kingdom of God, and suffers not the cycles of birth and death.

When we step into Taurus, the further transformation ends in the eagle, the higher centre is awakened and Indra is said to have slain Vrithra, Saturn is killed, and the Son of God is born once again, that is how Saturn functions. In the Srimad Bhagavatha there is the grand story of Vrithra that reveals all the steps of evolution. We will reserve this story for future teachings.

THE PATH OF NARAYANA

The Dawn in Capricorn

The raising of man involves Capricorn also. Capricorn is the sun-sign at the beginning of which there is the increasing day and the receding night. The 22nd of December is the longest night, after that, the night reduces and the day increases. Capricorn is called 'the dawn of the year'. Aries is called 'the noon of the year'. 'The evening of the year' is Cancer, because in Cancer the night starts to increase and the day reduces. The 22nd of June is the longest day, and 22nd of December is the longest night in the year. From the longest day on 22nd of June, there is the reduction of the day and growth of night till 22nd of December. From 22nd of December again it is more day and less night till we reach 22nd of June. These are the two arches of a solar year. The beginning of the arch is in Capricorn, which is the dawn of the year, followed by Aries, which is the mid-noon, then by Cancer, which is the dusk, and then by Libra/Scorpio, which is the midnight of the year. That is how we have the four aspects of the year.

Man is liberated from the cycle of birth and death in Capricorn under the ruler-ship of Saturn. Cancer

brings man down to Earth, where he has to face trials, tribulations and learns the lessons of Saturn in the lower levels. In Capricorn, man is bestowed with consciousness having its centre as the Hierarchy. Jesus Christ rose to that level and played His role as Saviour under the highest influence of Saturn.

We have learnt that Capricorn is the morning time of the year, and Cancer is the evening time. In a still bigger plane, Cancer represents the gateway of the souls into matter. It is called the birth of the souls, the gateway of birth into the physical plane. Capricorn is the gateway through death into the higher planes. That means, death to material is indicated as the morning hour, and birth to material as the evening hour. Birth is a process by which we come from the subtle plane into the gross by taking the physical form, and in Capricorn we leave that which is physical or matter. Death to consciousness is in Cancer and death to matter is in Capricorn.

From Cancer to Libra is the journey, from evening to midnight. Then there is the deep slumber hour at 0° degree of Scorpio, thereafter, the travel towards the dawn takes place. The second half of Scorpio and Sagittarius are excellent periods for practising spiritualism every year. They must be specially utilised for spiritual activities, so that when we reach the dusk in Capricorn, we are ready to receive the light.

Sagittarius is said to be the “two hours before dawn.” When we get up two hours before dawn, we are very much ready to meet the dawn. Thus, the preparation in Sagittarius is very important to receive the vibrations of Capricorn.

If we have not prepared well, then we are not ready by the time the morning Sun visits us. In the same fashion, the preparation is to be made in Sagittarius. Arjuna prepared himself well to work for the Plan. He prepared himself for 14 years before he conducted the Grand Plan, he is therefore considered a Sagittarian.

The Upward & Downward Path of Waters

From Capricorn the daylight increases and the night reduces, there is greater illumination and lesser ignorance. From 22nd December to 22nd June it is ‘the upward path of waters’, because the sunlight increases and the waters of the ocean are transformed into water vapour. The waters of our life also reach the subtler point. Vapour is subtler than water. On ‘the upward path of waters’ from 22nd December to 22nd June, gross matter becomes subtle.

From 22nd June to 22nd December it is ‘the downward path of waters’, after the summer the rainy season starts. All the water that is taken up into the skies, comes down once again through rain. What is the difference? The difference is, through ‘the upward path’ the salty ocean

water is taken up into the skies and then it comes down as fresh rainwater through 'the downward path'. The life is purified and sent back. (Of course, today humanity advanced (?) so far as to pollute the atmosphere, the river water is no more pure).

In former days, rainwater was considered to be the purest water, but since we have learnt to pollute our atmosphere, that water is not found drinkable anymore. Now, we have a layer of pollution around the planet created by our industries, and hence we are not able to straightaway drink that water. Nevertheless, the salt water is taken up and is returned as drinkable water. At that particular time, the rivers will flow better, and there is more water supply. Though 70% of the planet is covered by ocean waters, they are not useful for human consumption. Likewise, while man is the optimum of the creational work, the Son of the God is the delight of all.

There are different ways of looking at the zodiac. From Aries to 0° Scorpio it is coming down from Spirit to matter. From Scorpio to 30° Aries it is going back into the Spirit. There is also another count starting from Capricorn to Cancer, and Cancer to Capricorn. Capricorn is the morning hour and Cancer is the evening hour. Aries is the noon hour and Libra is the midnight hour. These are the four cardinal points, or the Cardinal Cross.

There is another understanding through the application of the Fixed Cross where the journey is from Taurus to Scorpio and Leo to Aquarius, where the 0° of the 4 sun-signs form the cardinal points. This understanding is specially useful to the students on the Path to Discipleship.

Likewise, there is also the third fourfold division called the Mutable Cross, with the sun-signs Sagittarius, Gemini, Virgo and Pisces, where the Path of Discipleship is tread through the understanding of mutability.

The sound potency for 'the upward path of waters' is called NA. The sound potency by which the Spirit becomes matter is called RA. RA is the sound potency relating to fire, which transforms matter into Spirit and Spirit into matter. 'The path of waters' is called AYANA.

NARA + AYANA = NARAYANA

Narayana is the name of the Cosmic Lord who conducts not only the upward and downward cycles on the planet, but also of the solar system and the created beings. We have a time up to which we grow in matter, that is, from the time of birth up to a point in life, we improve our bodily volume. After a point, the volume is slowly reduced. There is a peak point after which there is no more growth of the body, then slowly it recedes and decays. Thus, there is the expansion and

the contraction. There is the increase and the decrease. There is the growth and the decay. Like that, all is arranged in a twofold manner, and so is the case with the human being also. We have the four cardinal points, we have our own morning hour, noon, evening and midnight hour, as childhood, youth, manhood and old age. These are the four stages.

Likewise, the planet too suffers four stages, as well as the solar system and the cosmic system, and the Creator prevails over it. The present Creator is already 51 years old! HE is himself in the contraction period now. His expansion is over. His total life span is 100 years. When the Lord breathes out, there is the creation, and when HE breathes in, there is the dissolution of the creation. The opposite is true with us. When we breathe in, we are full of life, because our breathing in is what the Lord breathes out. When HE breathes out, we breathe in. When HE breathes in, we breathe out. That which HE breathes out, we breathe in, and that which HE breathes in, we breathe out.

That is what Krishna showed to Arjuna. When Krishna breathed in, Arjuna found that the beings were getting back into HIM. The Lord breathing in means, that all the creation gets back into HIM, and when HE breathes out, all beings come out of HIM. The total process is understood to be an expansion and a contraction. This is what is called the Law of

Pulsation, which is one of the fundamental laws. The functioning of the heart is also on that basis. Lord Krishna thus granted the 'Grand Vision' to Arjuna. HE granted such vision to his foster mother Yasoda in his childhood and also to the initiates in the royal court of the Blind King.

The Heart Lotus

Lord Krishna is the embodiment of Lord Narayana, whom we call the Cosmic Consciousness, the Background Consciousness or the Synthesis. HE exists in the background of all deeds as the silver screen, in our own being, in the heart lotus. The heart louts is different from the heart centre. The heart centre is 'the centre of love' and the heart lotus is 'the basis of all Existence'. The heart lotus is above the heart centre and below the throat centre. It is at this centre we are recommended to meditate upon Lord Narayana, the Energy of Synthesis.

The whole process of inhalation and exhalation is Narayana. When we keep working upon the heart lotus, we grow aware of the heart lotus, where the centre of Existence is located. Then we will gradually get absorbed into Existence forgetting other states. We attain that state of Existence by the practice.

This practice is very well recommended so that we are able to get back from the state of *becoming* to the

state of *is*. In meditation it is recommended to observe our inhalation and exhalation. Then we understand that there is the Narayana Consciousness inside, which breathes out and breathes in. The moment we are aware of HIM, we are connected to HIM. Awareness is the process of linking up with that centre. When we are able to remain in that centre, through that point, we are connected with everyone as 'I AM in everyone'. Lord Krishna says, "I AM everyone." At that point, it is all One, and it is like one screen and many pictures projected on the screen. The Universe is such a projection.

When we grow familiar with the signs and the planets, instinctively we will be able to connect one with the other. There are such hidden links, like in Capricorn it is said, "Capricorn is the gateway into higher life and Cancer is the gateway into the lower life." Cancer brings man down to Earth, where he has to face trials and tribulations and learn the lesson of Saturn in the lower level. In Capricorn man is bestowed with a consciousness having its centre as the Hierarchy. Christ rules at that level. He played the role of the Saviour under the highest influence of Saturn.

When we travel from Cancer to Capricorn, Saturn conditions us and gives us lessons, because matter conditions Spirit. On the physical plane we experience many conditionings, and through that we

enter into Capricorn, where we start living out of the conditionings. The link up to Hierarchy is through the heart centre. First, Saturn will lead us to the heart centre in Capricorn, and then we progress to link up with the Hierarchy, in due course.

Capricorn is the own house of Saturn. He co-operates with Capricornians. Now Saturn is in Capricorn. He will not do much harm to Capricornians or to those who have Moon in Capricorn, because he is at home in this sign. But in Sagittarius he played havoc, because Sagittarius is a fiery sign, and Saturn is an earthy planet. He does much rearrangement in Sagittarius and not so much in Capricorn. Even in Scorpio, Saturn doesn't cause much change, because these houses are the friendly houses of Saturn. The unfriendly houses for Saturn are the fiery signs. Saturn is a cold planet and Scorpio is a watery sign, so they go together, but Sagittarius is a fiery sign, so there is a lot of disagreement. People who have moon in Sagittarius will have suffered during the last 2 ½ years. Those who have Moon in Capricorn do not suffer as much as those who have Moon in Sagittarius, because Capricorn is the own house of Saturn.

Normally, when Saturn passes over the birth-moon, he does a lot of readjustments in our personalities, because mind is the basis of all our functioning, and he restructures it. But when the birth-moon is in

Capricorn, he will not affect so much, because generally Moon in Capricorn and transit Saturn in Capricorn agree with each other.

Jesus was born in the midnight hour of 22nd December, at the beginning of Capricorn when Virgo was raising in the East, thus with Virgo ascendant. The 25th of December is the popular birthday of Christ, but the 22nd of December is the birthday according to the ancient wisdom. It is with the assistance of Saturn that Jesus worked out a long-term plan. Saturn always works very slow, very deep and very long. Jesus worked out a very long-standing plan in the West through the help of the Saturnine vibrations. His life was full of Saturnine working. The life of Jesus, the life of Moses – they were hard lives. All those hard lives indicate the Saturnine approach. They suffer much, but they distribute much through their suffering. That is how they function. They suffer for the race, undertaking their racial karma, which was heavy. They are Initiations. They have no individual karma. They came to lift up. Every lift up has its pain for the ones who opt to do it. Such is the way of all Initiates.

KARMA

The Spiralic Path

Saturn governs the physical span of life in accordance with the relationship of karma of the individual with that of the planets. Saturn also determines the span of life of a person, because the span is also a limitation and limitation is Saturn. He works in connection with the karma of the individual. The past karma binds us to a certain degree. The theory of fatality is not there in spiritualism. There are many people who believe that everything is predetermined. To some extent, yes, but if everything is predetermined, there is no evolution, then we are just making circular rounds! But evolution is a process where we move in a circular fashion and with each cycle we move upward. It is a spiralic process and not a cyclic process. In a cyclic process we are just moving like the rodent around the mill. But in the process of evolution, each time we take to a cycle we are moving upward, getting liberated, reaching towards the Spirit and in the process of involution we are moving downward, reaching towards the matter.

The karma aspect binds us to some extent, but through will, we can restructure it. Will Divine starts

functioning from within. In spite of us, the will generates from within and pushes us to improve our own being in course of time. Not always we can remain where we are. That is how people get into the spiritual activity at one point of time or the other, according to the timetable of the soul.

According to the degree of will that is exercised one finds some sensible activity, but if the will is not pure, and is coupled with certain other motives, then in the name of spiritualism one gets into wrong spiritual activities. Thus, karma binds and allows not the progress unless and until the right motive is found.

The Journey

Individual karma is one aspect, and there is also the divine karma, the divine plan. The movement of the planets and the movement of the zodiac are according to a divine plan, that is also called karma. People wrongly use the word karma. Karma is divine. The divine karma is more powerful than the individual karma. The globe itself is evolving. When the ship itself is travelling towards the East, then, even if we are not mindful of the travel, we are still taken to the East. The ship is coursing towards the East (towards the light). There are many people in the ship, some of them know the plan of the voyage, others do not know it, but both are taken to the same destination! That is

the divine karma. The one who knows, feels the thrill of it during the travel. The one who does not know, is also taken care of, but does not experience the thrill.

Suppose that we are travelling in a train from Hamburg to Cologne. There is one man who sleeps throughout the travel, another is reading the Bible, still another looks at the beautiful nature around, and there is another who quarrels with his fellow traveller in the train. So many possibilities are there in travel, but all are travelling. Whether we quarrel, whether we read the Bible, whether we sleep, still the train takes us to Cologne from Hamburg. Those who see the nature gain greater joy in travel. To the fellow who quarrels in travel, the travel is nothing but a quarrel. To the one who reads the Bible, he has not experienced life as such, he is as good as the one who is quarrelling or the one who is sleeping in the travel. The one who really looks around and experiences the nature is the one who experiences the travel. To others, there is no experience of travel.

In the same fashion, our individual karma is only a binding factor to a certain degree and to some extent it conditions our actions. Through the divine will, which works through the soul, we will get tuned up to the Plan at one point of time or the other. We will be pushed into it according to the program of the soul.

When the soul decides, nothing can prevent. That is

the greatness of the soul. The soul has the three divine qualities of will, love and light. If the soul does not decide, the mind and the senses become active, but the moment the soul rises or awakens, then the latter have to listen to and follow the soul.

It's like a lion sleeping in the house, there are many rats, cats and dogs around. When the lion sleeps, all animals can have their own way of doing things. But when once the lion rises and makes one roar, then all animals have to behave! In the same fashion, the soul is powerful. At a point of time, the soul says, "Enough – now let me return!" When the soul decides that way, nothing stops. When the soul is awakened and the mind, senses and the body fall into order – it is the state of discipleship. The lion roars, but the buffalo does not. There is the roar of the lion and the sound of the buffalo. The former is the state of an aspirant. In the state of a mundane man there is no roaring of the lion, but only the sounds of the buffalo!

There is already a set travel. The Earth, the Moon and all the other planets are moving around the Sun, even before we started knowing about it. We are already on the journey, and by the time we woke up, we were in the flight! The flight takes us to the destiny according to a plan, but in the meanwhile we can experience the flight – that's all! Experiencing the flight, is what we have to learn.

In that process, we have our individual karma to make the flight, pleasant or unpleasant. In the flight, if I do not get my vegetarian meal, I may become very unpleasant to the flight attendant. Then the flight attendant will think, "This fellow will be in the flight for 8 hours, I will give him hell." Thus, we can complicate our flight, or we can make it smooth, and we can also make it full of experience. To that extent the karma works. That part of karma, which makes things pleasant or unpleasant is also governed by Saturn.

The flight of life is very long, and in the meanwhile we are expected to change bodies! When we are on a journey for 3 to 4 days, we keep changing clothes. In the same fashion, in this long flight we change the clothes of skin. The clothes of skin we have are the bodies. We keep changing them.

There are people who keep changing the clothes of skin, but there are people who experience the same as birth and death. When there is loss of consciousness, they take it as death. Saturn is the planet that presides over these changes, these conditioning aspects. Saturn governs the physical span of all living beings, in accordance with the relationship of the karma of the individual with that of the plan.

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DEATH & RESURRECTION

Loophole

The physical death is a promise of a new opportunity created for a better birth. Saturn rules over the physical death through Scorpio and the new opportunity of rebirth for the betterment of soul, is created through Capricorn. He puts us to death in Scorpio and resurrects us in Capricorn. To those who are not in tune with consciousness, there is the death. That is why it is said, "Death is nothing but a loophole in awareness." If there is a loophole in awareness, it is called Death.

In fact, most of us are in the state of death only, because we are not conscious of our existence, we take it for granted. We do not feel it. When we learn to exist consciously, then there is no death. As long as we are conscious, death cannot touch us. Death is loss of consciousness. Life is continuity of consciousness. Conscious existence is what we have to practice. Master CVV says, "If you consciously exist, you do not die." It is an age-old statement.

There is a great Initiate, who is one of the Kumaras, like Sanat Kumara. He is called Sanat Sujata. Sanat

Sujata tells his disciple, “Death is nothing but a loophole in awareness.”

Saturn rules over the physical death, through Scorpio. In Scorpio, matter completely dominates consciousness, hence, we experience a state of death to consciousness. In Capricorn, there is once again the rise of the Spirit, because there ‘the upward path’ commences. As ‘the upward path’ starts, it is the Spirit taking over from the matter. In other words, gradually consciousness is regained. It is like the serpent becoming a winged bird, soaring into the skies once again.

Sun, Moon & Saturn

Sun is life, consciousness. Moon causes birth. Saturn causes death to the physical planes. The Moon brings souls to Earth, Saturn takes them away. Moon, through Cancer, causes incarnation of souls. Saturn, causes death through Scorpio, while the Sun causes resurrection through Capricorn.

Moon causes birth and rebirth. The rebirth is due to the memory of the past, present in the mind. Just as the memory of the tree is carried in its seed to re-sprout. Cycles of birth and rebirth keep happening as long as one lives to patterns set forth by previous behaviour. Saturn concretises these patterns and binds the souls to Earth. Cancer-Capricorn, play the drama of birth to matter and birth of souls respectively. One

causes the manifestation of the subtle to gross and the other causes release from matter.

Spirit rests in matter. In Scorpio there is such deep burial of Spirit that absence of Spirit is apparent. This is called loss of consciousness. When such loss of consciousness happens, there is death to the physical plane. As the Sun principle passes through the nether worlds, such loss of consciousness is apparent. Its resurrection is birth to soul and death to body/material.

When consciousness is maintained at all levels, death does not happen. The thread of consciousness should be maintained even during the moments of snapping of the thread of life. If the former is snapped before, the result is death. When the latter is snapped, even while the former is maintained, there is resurrection. Loss of consciousness is death, continuity of consciousness is living through birth and death.

This is how the 30 days of the Moon which are equal to one day of Saturn, and the 30 days of Saturn which are equal to one day of the Sun, are to be understood.

The cycles of the Moon are overpowered by the cycles of Saturn and the cycles of Saturn are overpowered by the Sun. Sun is not affected by the cycles of Saturn nor by the cycles of the Moon. That means, the consciousness, which is represented by the Sun, continues to exist through birth and through death. Consciousness is not affected through the

becoming. Birth is *becoming*. Consciousness exists even when it is transformed into something, we say that it is birth, but even before birth, the consciousness exists, and even after death, the consciousness exists. The existence of consciousness is continuous. Birth is only a transformation or a change of consciousness in a partial way. Death is also a change by which we change back. Continuity of consciousness is a reality. It is a reality to those who pass through the 3rd Initiation. Birth is an unfoldment, an unfolding of consciousness, and death is refolding of that which is unfolded, but unless consciousness exists before birth, it cannot unfold – think it over.

I will give another example. We put on the clothes in the morning, putting on the clothes is like birth. We are there before we have put on the clothes, isn't it? First we are there and then we have put on the clothes. If we are not there, there is no putting on the clothes. Before we wore the clothes we were there and after we removed them, still we are there. That is how consciousness is the background for the events of birth, growth and death. When we put on the dresses in the morning, it is an aspect of Moon, and when we put off the dresses, it is an aspect of Saturn. Whether we are functioning through Moon or through Saturn, we are there and we are no other than the Sun.

Thus, it is one continuous existence of our own

being through various changes. When we take the example of the clothes, we easily understand. When it is with bodies, we are not so familiar and hence, we do not understand. Just like we have put on a blue dress yesterday and a green dress today, we would have put on a German body one time and another body another time, but each time we take a body and leave it, we are very much in existence. The only thing is, since we have not overcome the Saturnine limitation, we do not remember what body we have put off previously.

When once we are through the Saturnine cycle, there is the recollection of one continuous life. That is what Master E.K. says, "Herein lies a great clue to find the cycles of rebirth of man, because moon brings the souls to Earth, Saturn takes them away by death, while the Sun makes the souls live through life in birth and in death."

In the physical body of man, the nervous system is under the control of Saturn. That is why whenever an unpleasant event happens, it is the nervous system that is affected. The more we have dislikes, disappointments, obstacles and delays, the more the nervous system gets disturbed. Nervousness, paralysis and neuralgia are due to the influence of Saturn. The connection between the functions of brain, the motoring and sensory activities are governed by a combined influence of the two cold planets, Moon and Saturn. The heat of the Sun, on

the physical level, is radiated through a point near the diaphragm, and Saturn causes impediments to this, if his aspects with the Moon and the Sun are malefic. The diaphragm divides the upper portion of the trunk from the lower, and it is in the shape of the sun-sign Leo. Up to the physical body, the solar energy is received by the diaphragm. If lot of pressure comes from the solar plexus, vitality is pulled down. The diaphragm loses its strength – this results in downward pull of the soul. Retaining the diaphragm in proper order is an important physical aspect in the spiritual practice.

Thus, when Moon and Saturn are not well aspected with the Sun, the diaphragm is affected. Also when Saturn is not well aspected with the Moon, he affects the nervous system. The stoppage of any organ through the loss of peristalsis of the nerves and muscles is caused by Saturn. When Saturn is not well aspected with the Moon, he works on the nerves, and when he is not well aspected with the Sun, he works on the diaphragm. When he is well aspected, he protects.

Saturn rules over the old-age of man with all its complaints. The gradual paralysis of the legs from the feet upwards is normally found among those whose Saturn is afflicted. If Saturn is afflicted, then slowly we will have problems with the feet, with the hip-joints and with the vertebra and slowly he conquers the kingdom of man – his body constitution.

Persons rise to very coveted positions and gain achievements of a very high scale during the third round of Saturn, if he is well placed in the horoscope. Well placed means, well aspected with other planets. The right placements for Saturn are Capricorn and Libra and to a little extent Scorpio, but mostly it is Libra and Capricorn, and good aspects with other planets. When such a situation is there, in the third round, he will allow man to achieve great things in life.

Sam

Meditating upon three black dots disposed equilaterally and meditating upon the mantram of Saturn, will cause beneficial effects in all planes. Visualize a triangle made of 3 black dots which are equidistant to each other, utter the mantram of Saturn 'Sam'. The symbol of Saturn is similar to the banner of peace which Nicholas Roerich adopted.



When the symbol is regularly meditated with the application of the sound 'Sam', the lower Saturnine nature in man will be very soon eliminated and

substituted by the large scale benefits of the higher Saturnine ray – as 7th Ray functioning.

The leaf and the root of the Sami tree, and its very presence help in rearranging the Saturnine limitations in us to a certain degree. The Sami tree gives us the Saturnine vibrations, rearranging the Saturnine thought currents towards a rapid development. Keeping a root of this tree with us – just like we keep the root of a white Calotropis, which carries the Jupiterian energies – will help in giving us the positive vibrations of Saturn.

Thus, 5 aspects would really help for rearrangement of the grand Saturnine Principle:

1. Holding the root of the Sami tree.
2. Uttering the mantra 'Sam'.
3. Meditating upon the symbol of three black dots arranged in a triangular fashion.
4. Daily practice of the 'Law of Acceptance' in matters of life.
5. Set the rhythm to life in matters of work, food and rest.

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APPENDIX

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SAM – THE KEY TO SATURN



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2. *Number 8: 0 → 8(∞)*
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Sam

‘Sam’ is the sound that constitutes mantra for Saturn. Prolonged utterance of ‘*sam*’ (with closed lips while uttering *mmm...*) enables reverberation of sound right from Mooladhara to the Brow Centre. Utterance of this sound and listening to the reverberating sound within enables rearrangement of energy within oneself.

8 is the number of Saturn and therefore, uttering and listening to of this sound 8 times is recommended. By such an utterance, through the rearrangement of energy, one overcomes one’s own limitations. As limitations are overcome, there will be concurrent beneficial expansion of one’s own consciousness, which is regarded as Initiation.

Number 8: 0 → 8(∞)

The shape of number 8 is but a twisted circle, twisted at the centre. When a circle gets twisted, it gets divided into two circles one over the other. The right side of the upper circle becomes the left side of the lower circle and the left side of the upper circle becomes the right side of the lower circle.

Besides, the one circle becomes two and suffers a higher and a lower state of awareness. One awareness twists itself into higher and lower, causing illusion. Likewise, right becomes left and left becomes right causing further illusion. Finally the great illusion is – ‘ONE becoming Two’ – ‘Advaita becoming Dvaita’.

Verily it is ONE that exists always. But we see IT as ‘I’, ‘You’ and ‘He’. ONE appears as two and three.

- ONE becoming three is involution. Three becoming one is Initiation.
- Involution causes limitation. Initiation is overcoming such limitation.

Remember that number Eight is but a circle which gets into two circles. Eliminate the twist, and then you realize the unity of Existence, the oneness. One feels ‘no other’.

This state of ‘no other’ is experienced by great initiates like Adi Sankara and Buddha in this age of Kaliyuga. It is this unity that Lord Krishna enunciates in Srimad Bhagavad Gita.

Limitation

The limitation exists until eighth plane while the ninth one is beyond such limitation. Please refer to the seventh chapter of Srimad Bhagavad Gita, where the Lord speaks of the eightfold nature emerging from His nature, HE being the tenth one.

10	Absolute God	Para Brahman
9	Daksha	Mula Prakriti
Nine and Ten suffer not limitation. Prakriti and Purusha are beyond all limitations.		
8	Eightfold Nature	Asta Prakriti
The buildup of eightfold nature however suffers the limitation. The limitation is nothing but illusion. The other name for it is ignorance (Avidya)		

The Eightfold nature is described as:

8	I AM Consciousness	Aham
7	Discriminative Will	Buddhi
6	Mind	Manas
5	5 th Ether	Akasa
4	4 th Ether, Air	Vayu
3	3 rd Ether, Fire	Agni
2	2 nd Ether, Water	Apus
1	1 st Ether, Earth(Gross Matter)	Bhoomi

The above are the eight folds of nature of every human being. The ninth is Divine nature, while the tenth is the Divine essence.

The eight folds of nature of every human being is also said to be of 3 qualities and 5 states of matter.

Intelligent student can correlate the 3 qualities with Mind, Buddhi and Aham.

8 being the number of limitation, limited understanding prevails with the beings in creation.



Three Qualities

The whole creation is but a fabric of the triangular activity of Consciousness, Force and Matter.

1. The nature of Consciousness is Poise (Sattva).
2. The nature of Force is Dynamism (Rajas).
3. The nature of Matter is Inertia (Tamas).

The eightfold nature builds a triangle with consciousness, force and matter. Each triangle is different from the other in the sense that either matter or force dominates each other disturbing the equipoise of the three qualities of nature.

For example:

1. In the plane of gross matter, matter dominates force and consciousness.
2. In the plane of water the force dominates matter and consciousness.
3. In the plane of fire, the force dominates even further.
4. In the plane of air, the force of air dominates the matter and consciousness.
5. In the plane of akasa, the matter and the force find their equilibrium. For this reason, this plane is considered stable, quiet, tranquil and peaceful.
6. The mind which is in 6th plane could be either of poise or of excessive dynamism or could be inert depending upon the triangular combination of matter, force and consciousness.

Everyone would intent to have a poised, peaceful and tranquil mind. But the imbalance between force and matter does not enable manifestation of poised mind. Thus mind experiences limitation in all the five planes of matter.

Even in the buddhic plane, there can be imbalance due to over-activity relating to wisdom. There can be under-activity by abandonment of nature laid system.

We see sanyasees getting into non-activity, due to prevalence of the concept of '*akarma krit* - non doing'. There can be also hyper activity by sanyasees indulging into setting up huge Ashrams, personal propaganda and marketing, which is also an imbalanced wisdom activity.

*Buddhic plane is also affected of its poise due to egoistic attitudes of scholars, learners, sanyasees and yogis. This is due to disproportionately high state of I AM consciousness (Ahamkara).

'I AM consciousness' is individual consciousness. It is individualized consciousness. It is a separated consciousness, which again is an illusion. Until 'I AM consciousness' develops an unceasing association with the Universal Consciousness, the ego prevails. As long as ego prevails, the limitation prevails.

Ahamkara (I AM consciousness) is but a myth. It is only the Universal Consciousness expressing itself as individual consciousness. It is like an ocean expressed as

wave. Wave is but ocean only. Wave has no independent existence. So is the individualized consciousness. Until it is dissolved, the limitation exists.

Thus, up to 8 planes of nature, there is the potential limitation. A limitation is circumscription. These circumscriptions are eightfold in nature. The 8 circumscriptions represent the Saturn rings, by which man suffers from the absence of bliss.

Pure consciousness is bliss.

Consciousness dominated by Rajas or Tamas loses the needed bliss.

The limitations representing the Saturn in the body can be lifted up by proper comprehension followed by regular introspection and practice of the sound ‘Sam’ to reach beyond the triangle into the pure state of consciousness.

Number 8 x 3

8 planes with different combinations of matter, force and consciousness constitute 24 limitations. 8 is the number for limitation. Thus, 24 eights cause the separated consciousness and establish illusion as reality. Number 8 has a key as said earlier. It is but twisted zero, by which one zero becomes two.

In the etheric body of man, there are but 48 petals from Mooladhara to Throat. They are as under:

Sanskrit Name	English Name	Petals
Mooladhara	Base Centre	4
Swadhistana	Sacral Centre	6
Manipooraka	Solar Plexus	10
Anahata	Heart Centre	12
Visuddhi	Throat Centre	16
Total		48

These are 48 petals, but in truth they are 24 pairs of petals. Each pair is but an 8(∞) in a horizontal posture. Thus the 24 limitations exist as 24 pairs of petals, which are but twisted ciphers.

When the twists are eliminated, the dual nature of the double petal ceases to be the single cipher of unity.

At every centre when a double petal (pair) is to be a cipher, the successive cipher forms the Brahma Danda (the column of consciousness).

The sound 'Sam' uttered forth passes through the

centre and unfolds as a globe of light at the brow centre. Such is the work indicated with respect to the symbol of triple dots and the sound ‘Sam’.



Brahma Danda

The seers utter forth the sacred sounds concurrently associating with the utterances. They associate with the sound and move upwards with the upward thrust coming from exhalation. They experience the upward movement with the upward reverberation of the sound. At the end of each utterance, they experience a trill of light and sound at the brow center.

Lord Krishna specifically described this process in the 8th chapter of Srimad Bhagavad Gita between 10th and 13th slokas. Remember the related wisdom in the 8th chapter which is again relatable to Saturn. The 8th chapter of Srimad Bhagavad Gita holds the

key for transformation of beings from the limitation of mortality to the liberation of immortality and self realization.

The 8 triangles relating to the eightfold nature and the 24 limitations arising there from are intended to be cleared, harmonized and equilibrated through utterance of the sound 'Sam' 8 times.



Trigunatmaka

The beings are created out of these 3 qualities. They are therefore called *Trigunatmakas*. The 3 qualities emerge out of the Pure Awareness and conduct the whole process of creation. The creation is conducted out of the 3 qualities.

The creation is also a product of these 3 qualities. The Pure Awareness presides over them and that awareness is Existential Awareness, in the sense it emerges out of Existence. Thus Existence and Awareness stand beyond the 3 qualities and the rest are products of these 3 qualities.

Existence is eternal and infinite. It is with or without Awareness and the Creation. Awareness emerges from it and merges into it. The Creation is, when Awareness is. When Awareness merges into Existence, the Creation is not.

Comprehension is possible when there is Awareness. When Awareness is not, there is no way to comprehend the state of Pure Existence. When Awareness emerges from Existence, comprehensions become possible. Before such emergence of Awareness, no comprehension is possible. There can be no ideation of It and there is no way to know It. All knowledge is possible when there is a knower. When the knower is not, knowledge is not.

The Awareness that springs out of Existence is the first expressed state of Existence. When Awareness is, Existence is known. That we exist, we know only

when we are awakened. In sleep we do not experience existence although we exist. It is only by inference we know that we exist in sleep. How we existed in sleep is not known because Awareness is absorbed into Existence. Awareness is the basis for all experience. Awareness is also the basis for self realization.

The theologians all over the globe recognize this Awareness as ‘mother principle’ and existence as ‘father principle’. The God in creation is Awareness. This is because the Awareness details into 3 qualities and 5 states of matter. The Awareness itself has its basis in Existence. Hence, Existence is called the Father and Awareness is called the Mother.

Again Awareness is not without Existence, while Existence is without Awareness. Therefore, when Awareness is, Existence is inherently therein.

Therefore, Awareness is seen as a double principle of Existence-Awareness, Father-Mother and Cosmic Essence-Cosmic Nature.

Thus, beyond the eightfold nature the father-mother principle exists, while the eightfold nature emerges from 3 qualities, which in turn emerge from the Awareness. Thus in creation all that is, so exists by virtue of the three qualities for which the base is Awareness and Existence.

Even the Trinity are subject to the 3 qualities, not to speak of all other secondary beings. The Kumaras, the Seven Seers, the Fourteen Manus and the Trinity attain

this state beyond these qualities through their austere practices. The sage Narada, and other Maha yogis like Kapila, Dattatreya, Subrahmanya, Ganesha also attained the supreme Godhead through their penance and atonements.

It is therefore to be understood that the eightfold nature presided over by the 3 qualities is the dominant natural activity. To overcome the impact of these 3 qualities, the yoga practice is needed and such yoga practice is laid down as an eightfold path of yoga.

Working with the sound 'Sam' as described above, to harmonize the 8 states of awareness, and thereby sit in the 9th state of Pure Awareness is also a technique given by the seers.

The *Trigunatmakas* become *Trigunateetas*, only when they are able to neutralize the impact of the 8 triangles mentioned hereto.

Meditating upon the three dots is no different from meditating upon the three headed Lord, Dattatreya. Dattatreya is said to be the presiding deity relating to science of yoga. Meditating upon his three heads is meditating upon the 3 qualities for their harmonization.

It is meditating upon the 3 divine qualities of Will, Knowledge and Activity, for their harmonization. When they are harmonized, the resultant state is 'Pure Consciousness'.

There are similar practices with the same essential principles behind.

- The yogis contemplate upon Ida, Pingala and Sushumna, for their equipoise. These 3 nerves of energy are also visualized as serpents. The tradition of worshipping twin serpents intertwined also emerges out of this.
- Worshipping the Mother as Itcha, Jnana and kriya Sakti also relates to it.
- Worshipping Vishnu as Narayana, Vaasudeva and Vishnu is also in relation to it.
- The Holy Trinity of all other reality is in relation to it.
- In the 15th chapter of Srimad Bhagavad Gita, the Lord describes the threefold Cosmic Person as Purushothama (Atma), Akshara Purusha (Buddhi) and Kshara Purusha (Manas).
- In the famous hymns of Rig Veda namely 'Suparna Sukta', the Veda describes of 3 brothers.

The message of ancient wisdom is clear that the disciple is needed to harmonize the threefold energies in him and experience himself as Pure Awareness. The 3 dots for meditation are meant for it.

An Occult Meditation

A great Initiate from the ashram of the sage Agastya by name Master CVV, gave out an occult meditation which carries the same import as that of working with the sound ‘Sam’ on these 3 dots. This is as below:

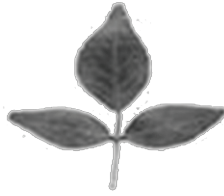
*Up the ladder creeps the serpent.
Self opposing coils harmonised.
Ascending the vertical bore of Eternal Centre.*

The serpent is no other than the energy of the disciple, which moves upward only through harmonizing the self opposing coils. The self opposing coils are like the two opposite petals that constitute one pair.



When these two opposing petals are harmonized they give way to the upper petal. Likewise, at every step of eightfold nature when the opposing coils are neutralized, one moves through the vertical bore to reach the ‘Eternal Centre’ which is in the forehead.

It is interesting in this context to mention that the 3 dots can be artistically seen in nature as the 3 petals of the Bilwa Patra.



Bilwa Patra (Bilwa Leaf)

The two leaves on either side of Bilwa Patra give birth to the upwardly posited leaf. The traditional practice of offering a Bilwa Patra with 3 leaves, to the cosmic Mahayogi, Lord Shiva is but a symbolic expression of offering one's three qualities at the feet of the Lord to get harmonized.

The wisdom is multifaceted and is truly speaking unfathomable. As one orients to the 3 qualities that are present in him and practices to harmonize them through a self imposed rhythm and regulation, one finds the way and also its multiple presentations in nature.

The Rhythm

The whole work relating to discipleship is initiated through rhythm. Rhythm is the essence of creation. Rhythm is an essential activity in creation. The involution as well as the evolution of creation is according to a rhythm.

- The sunrise, the sunset, the lunations, the movement of planets and the appearance of seasons are all according to a rhythm.
- The growth of fauna and flora has a rhythm.
- The growth of a plant and unfolding of a flower from it also has its rhythm.
- Nothing moves in creation without rhythm.
- All beings are subjected to this rhythmic Law. The Mineral, the Plant, the Animal and the Devas follow the law of rhythm.
- A man, if he intends to evolve and experience in essential state of immortality and eternity, he too should fall into rhythm.

Such rhythm fundamentally starts with setting up a rhythm in daily life.

- There has to be a harmonious rhythm between one's work, rest, food and sleep. One has to find out through experimentation to find ones harmony in relation to ones activity through sleep and rest.
- Disagreeable activities, disagreeable food,

imbalanced periods of rest and relaxation, disturbed sleep indicate absence of rhythm.

- With Such an absence of rhythm, one cannot truly grow with the help of wisdom. Gathering wisdom without the concurrent rhythmic functioning leads one into the fields of illusion and glamour.

Activity is again a triple. It exists in the thought plane, in the vocal plane and in the physical plane. Equilibrium has to be worked out between the three.

- Excessive thinking as well as absence of thinking is irregular.
- The flow of thoughts has to be like the flow of stream. There should not be flooding of thoughts followed by drained thoughts. Flooding rivers and dry rivers serve no purpose in promoting life.
- Likewise talkativeness is avoidable. Speechlessness is also avoidable.
- Inaccuracy in speeches is required to be avoided.
- Not all can be accurate and precise in their speech unless they have developed a balanced faculty of listening. It is well known that good listeners eventually become good speakers.
- Balanced, accurate, pleasant and flowing speech is but an aspect of rhythm relating to speech.
- Man's activity is manifold and man has to ensure that he builds rhythm into every simple action

relating to life. When rhythm is well established life becomes musical.

The scriptures speak of the rhythmic movement of great ones like Rama, Krishna, Buddha, Christ and the like. The beauty of their movements, their looks, their speeches, their smiles is extolled poetically. A deeper look at such attainment reveal precise rhythm built into the simplest actions of life.

- Similarly food, rest and sleep rhythms are required to be established.
- Rhythm brings order from disorder.
- The disorderly ones deeply need rhythm to set them into order. When order is established awareness expands. Such expansion of awareness is called Initiation.
- After all, one cannot forget that Saturn is the lord of rhythm. Jupiterian expansion is the gift that Saturn offers through imposition of rhythm.
- The 3 dots if only equi-posed give message of rhythmic functioning as well. Where there is no rhythm there is anarchism. Anarchism is not freedom.
- Until the Saturn rings are overcome rhythm helps like a ladder. Once limitations are overcome one can set off the ladder. To set off prematurely is amateurish.
- Observe the flight of an Eagle. It takes off from

the land, using the legs swiftly. As speed is gained, it starts using the wings to rise from the surface. As the wings move in swiftness, it folds back the legs and flies with swift motion of the wings. When it reaches good heights into the sky, it relaxes there and yet stays and moves rhythmically in the sky. Its use of legs and wings as also its flight are rhythmic and in total co-ordination. For this reason the great bird i.e. the Eagle is considered as a Master of 'Law and Order'. Incidentally Eagle is the symbol of Masonry and of leading Kingdoms in the past.

- Eagle, the bird exists in man as well. It is the principle of pulsation that enables the activity of Life and Light. Its wings are the *lungs* that respire.
- "*Use the wings, reach the sky and relax the wings*" is the key of Pranayama. When Pranayama is attained, one is in poise. In him the opposing currents of thought get neutralized.
- The wings of the Eagle are but the tongues of the Serpent. The poisonous tongues transform into wings as one follows the discipline of speech. In times of silence one can engage with two wings and reach the sky of pulsation. Pranayama also demands its rhythm.

Facility

For the Divine, the 3 qualities are the means to enter into the world and to conduct the Divine plan in the world of eightfold nature.

The Divine exists beyond the 3 qualities and assumes the 3 qualities as

- Will
- Love and
- Intelligent activity

The Divine manifests work on Earth, intelligently, with love and with unbinding will. Without these 3 qualities the Divine cannot function through.

The 3 qualities therefore represent a facility for preparing the creation and also for entry of the Divine, whenever the Divine finds the need to balance the world.

Similarly, the Kumaras, the 7 Seers, the Manus and the Rishis also remain in the state of Pure Consciousness. According to the time and the need, they also pick up the triple qualities to manifest.

For the aspirants and disciples, the needed step therefore is to carve out a harmonious triangle of Sattva, Rajas and Tamas, so that from the centre of the three, they may move beyond into unlimitedness, boundlessness and eternal.

Aspirants have to make sure that they stay poised in every little act that they do.

They need to ensure that they are neither over-active nor under-active at any given point of time and in any given situation. It is indeed a game of patience to work out this poise.

Normally, disciples and aspirants live in rejection of some aspects of life, which tend them to be imbalanced.

Indian way of life, the other name for which is *Sanatana Dharma*, recommends strongly a balanced growth in life, without rejections relating to money, family and social activity. The life is to be arranged in a manner that all the 3 qualities are in agreement with each other. Only then, the consciousness of man is allowed to move beyond.

Poise, Activity and Rest are the 3 qualities, which are to be observed in and at every event. Slowly poise should prevail into which inertia and dynamism are absorbed. And such a poise will lead one to get beyond.



The 3 vertices (3 dots) of the triangle, when find their agreement, would lead the consciousness to their

common centre. Through that common centre, the consciousness escapes to permeate the circle.

The circle represents the Father or the Omnipresent One.

The point within the triangle represents the Entry Point.

This symbol given above is generally meditated referring the 3 points as Vishnu, Brahma and Siva.

The circle is referred to as Para Brahman.

One moves beyond, by harmonizing the spiritual triangle that initiates the triple activity in the beings. Therefore there is the classical invocation to the Teacher, to enable the students to reach the Para Brahman. The invocation is well known.

*Guru Brahma
Gurur Vishnuhu
Guru Devo Maheshwaraha
Gurur Sakshat Para Brahma
Tasmai Sri Gurave Namaha,*

The import of this Invocation is:

*My teacher, who is Brahma
(The Intelligent Activity),
My teacher, who is Vishnu
(The Poised Activity, the Knowledge/Love, Wisdom),
My teacher, who is Siva
(The Dynamic Activity, Will) and
My teacher, who is Para Brahma*

*(The synthesis of the three and verily the One
who is beyond the Three)*

*I salute to that Teacher, so that He lifts me up,
through the triangle, to beyond.*

- Generally, aspirants and disciples utter forth this invocation not fully realizing its importance.
- The symbol and the invocation helped many. The 3 dots of 'Sam' is but a mystical version of the same.
- The Teacher is a facility to lead the beings from the conditioned state to the state of liberation. He gives the needed guidance, imparts necessary training and above all lends his presence so that the student is reinforced to transcend.
- Similarly the Teacher is also the representative of the Divine. He can bring the Divine plan, the related will, knowledge and activity.
- Blessed is the status of the Teacher, who works either way. He not only enables transcendence of beings, he also enables descent of Divine energy.
- The energy of Teacher is sublime. He is represented by the symbol given above. The symbol is called in Eastern Wisdom as 'Guru Yantra'.

- Through the Teacher, Brahma, Vishnu and Ishwara reach the student.
- Through the Teacher, the Parabrahman or the Omnipresent also reaches the student. Such is the facility of the Teacher.
- Thus Guru (The Teacher) commences the training with Saturn and concludes it with Jupiter.

Role of Guru as from Saturn to Jupiter:

Role	Function
Saturn	Initially to the student, he is a strict disciplinarian.
Mars	He gently drives the student into self striving for transformation. Thus he plays the role of Mars.
Moon	Thereafter he imparts preliminaries of wisdom and sees that the student has fairly good receptivity to communication. In this he plays the role of Moon.
Mercury	Gradually he gives deeper wisdom for inner reflections. In that he plays the role of Mercury.
Venus	When the student reflects within him and does inner contemplation, many blissful revelations happen with him. In that he plays the role of Venus.

Role	Function
Sun	Gradually the Teacher leads the unveiling student to realize the 'I AM Consciousness' in him. Here he plays the role of Sun.
Jupiter	As he leads the students through the solar system to beyond, to realize Para Brahman, he fulfills the work of Jupiter.

Thus he gradually and occultly leads the student from limitation to liberation. His work is gentle and subtle.



The Triangle

- The Triangle is but the basic symbol of creation as said before.
- The Guru or the Teacher functions through triangular energy.
- He modifies the triangular energy in the students at all the 8 states of nature and lifts him up to the state of Pure Consciousness.
- It is for this reason Astrology speaks of Guru (Jupiter) as a planetary energy that effectively works through Trine. A trine aspect with Jupiter enables fulfillment.
- In recent times the Tibetan Master (Master Djwal Khul) recommended to disciples to form a triangle with the Master. With the Master at its apex, the triangular energy in the two students will be modified and harmonized causing the necessary lift up.
- The secret of every Master of having 2 disciples is but the secret of this triangular functioning. Wise students should learn to work in triangle either for lift up or for manifestation.

The Three Eyes

The 3 dots are but the 3 eyes which exist in us.

- The left eye relates to sight
- The right eye relates to wisdom and
- The third eye relates to vision (insight)

The 3rd eye functions not, to the un-initiated. It is the eye of Cosmic Fire or Pure Consciousness.

- The left eye relates to lunar energy.
- The right eye relates to solar energy.
- When the soli-lunar energies are balanced in oneself, one experiences as a unit of cosmic entity.
- It is therefore recommended that one visualizes the 3 dots in his forehead, with the upper dot at the centre of the forehead. The left and right dots on the left and the right eyebrows.
- In fact these three points on the forehead are the points of emergence of the energies of Ida, Pingala and Sushumna. Meditating upon the 3, one experiences the Pure Consciousness through their merger.
- These three streams of energy flowing in oneself are but one, 1 becomes 3 for manifestation, 3 should become 1 for self-realization.
- Traditionally, these three states are related

to Ganga, Yamuna and Saraswathi rivers in India, who find their merger at the Holy Prayaga. When one experiences the Prayaga in oneself, he experiences the Self.



Triambakam

The three eyed one is called Triambaka in Sanskrit. The 3 eyes are but the three dots that regulate the threefold nature of matter, force and consciousness.

- The One who regulates is beyond the three. He is the Master of the three. He is the 4th one. The One who is beyond also enters into it.
- While the 3 are in the One, the One is in the 3 as well. Relating with this One is referred to as God by various theologies in various names. Names apart, ability to handle matter, force and consciousness is mastery.
- To attain such mastery is attempted at by the truth seeker. Relating to the One beyond the three and thereby transcending the nature, is what is aimed at through recitation of the Mrityunjaya Mantra, Which is as under:

Om!

Triambakam Yajamahe

Sugandhim Pustivardhanam

Urvarukamiva bandhanath

Mrityormuksheeya maamritaat

- The background of the 3 dots is but the Lord. It is from this background the consciousness, force and matter merge.
- Attaining HIM, demands overcoming the

limitation relating to matter and force. Such attainment is not possible, unless there is fulfilment of the sense of matter and force.

- Money and power have been the heavy drags attached to the two legs of man, enchaining him. Man is enchained by them due to the related non-fulfilment. Saturn enables such fulfilment in association with Jupiter and gives the needed experience of Venus, so that man is not in the hunger of money and power, which are but representatives of matter and force.
- The Mrityunjaya Mantra endows fulfilment and transcendence. No transcendence is possible until every aspect of life is fulfilled.
- A soul fulfilled in its personality transcends. Therefore the Vedic seers conceived the Mantra, firstly for fulfilment and later for transcendence. That is how the Mantra is arranged.

The Magic

Madam Blavatsky in 'Isis unveiled' speaks of these three dots, speaks of the threefold nature, representing the trinity of nature. (Vol-II Pages: 634-635).

She says, "*The trinity of nature is the lock of magic and the trinity of man is the key that fits it.*"

- As the key is turned, one enters the solemn precincts of the sanctuary of the Supreme Lord.
- Such a Lord has no name. He is unthinkable and unpronounceable and yet every man finds in himself his God. In HIM, we live, we move and we have our beings.
- The threefold nature of man needs to tune in to the threefold lock of nature to experience the magic of creation. By this attunement the 3 dots reveal, all that *is*.

Many seekers have worked for TRUTH, who may also have had a glimpse of the TRUTH. But as they fancied, 'that they had it all' – they were deprived of the TRUTH. The vanity of their personality and the undue prominence they sought, of the fragrance of knowledge they held, evaded the whole TRUTH.

There is but one TRUTH and there is but one Temple, Church or Mosque. The God within us is the truth, walled in by matter. The matter is penetrable and gives way to a sincere seeker. The entry is at the heart.

"The pure in heart see God," says HPB.

Nicholas Roerich

Nicholas Roerich was a traveller and a seeker of TRUTH, who was drawn by the magnanimity of the energy of the mighty Himalayas. He was born on 9th October 1874, in Saint Petersburg, Russia to the family of a well-to-do notary public.

He spent most of his life in Himalayas. He learnt painting in Imperial Academy of Arts, and received the title of Artist, in 1897.

He was inspired by:

1. The wisdom doctrines of the East
2. The biographies of Ramakrishna Paramahansa and Vivekananda
3. The poetry of Rabindranath Tagore and also
4. The profundity of Srimad Bhagavad Gita

With this inspiration, he moved into Himalayas for exploration and experience. His biography is one of great interest.

- The artist Nicholas and his wife Helena Roerich have transmitted the spiritual teaching through Agni Yoga in 1920.
- They gave the 3-dots as a 'Banner of Peace' symbol consisting of three maroon solid circles in a surrounding maroon circle, on April 15, 1935. The peace they envisaged is the Bliss of Existence.
- They popularized this symbol of Peace

(Triple Dots) which is today used by many. He has meditated upon the 3 maroon solid circles surrounded by the maroon circle (in the context of Agni Yoga), similar to the 3 black dots of Saturn.



- The profundity of this symbol cannot be fully described. It can be experienced through appropriate adoption of life through the discipline given herein.
- When the 3 dots are related to Saturn, they are depicted in black. When they are related to the Triple Fire, they are in maroon colour. Nicholas referred to the dots of Agni. Hence he used the fiery colour.
- The 3 dots can also be seen as Tretagni (meaning – Three Agnis) (Electric Fire, Solar Fire and Frictional Fire).
- The Electric Fire is invisible as electricity.

- The Solar Fire is visible as Light.
- The Frictional Fire is again invisible since it is hidden in matter.
- The 3 can be correlated with Sattva (Poise), Rajas (Dynamism) and Tamas (Inertia).
- There is huge treatise on Cosmic Fire given through Madam Alice A Bailey, which is but the consciousness expressed triangularly as the 3 Fires stated above.



Sami

The Sami (sounds like – semi) tree is named as such due to the energy that it contains. It contains the energies of ‘Sam’ and is therefore called Sami.

- The tree has black trunk, black branches, black stem and dark green leaves. Black and dark green relate to Saturn.
- Worshipping this tree every Saturday during the morning hour or worshipping it on any Saturn hour according to the science of Hora enables beneficial rearrangement of energy in the worshipper.
- The months in which Saturn is either ruler or exalted such as Scorpio, Capricorn and Libra are also beneficial.
- For practice, though Saturn is said to be debilitated in Cancer, the Cancer subjects would overcome the limitations of Cancer, if they work with Saturn. It enables discipleship.
- Saturn debilitated in Cancer tends to make the disciple precise, accurate and good in detail. It restores patience which is uncommon with Cancer subjects. Without patience nothing can be achieved in life.

- Similarly the ascending and descending moon phase is also important to receive the beneficial input of Saturn on oneself through practice.
- 8 rounds around the tree uttering forth the sound 'Sam', is recommended as a ritual. A piece of wood carved out of the trunk or branch or stem when held with oneself, one is warding off the ill effects of Saturn.
- Saturn is exalted in Libra. 10th ascending moon phase in Libra is considered annually as the most beneficial day in relation to the ritual of worshipping Sami tree. The following sloka is recited with devotion while worshipping the tree.

(The fact of the comprehensive success of the Pandavas in their endeavor has been extrapolated to the everyday ventures of the common man today. Even to this day, on the auspicious day of Vijayadasami people exchange Sami leaves and wish each other victory in their own ventures and efforts.

It is said that the Sami tree chosen by the Pandavas stood inside a cremation ground. It was chosen to render detection that much less likely. The Pandavas wrapped their weapons in a white cloth and concealed this on that Sami tree, making the weapons look like a dead body. Arjuna's Gandiva bow was one among them.)

The following shloka is used, sometimes, to signify this:

शमी शमयते पापम् शमी शत्रुविनाशिनी ।
 अर्जुनस्य धनुर्धारी रामस्य प्रियदर्शिनी ॥
 करिष्यमाणयात्राया यथाकालम् सुखम् मया ।
 तत्रनिर्विघ्नकर्त्रीत्वं भव श्रीरामपूजिता ॥

*shamI shamayate paapam shamI shaTruvinaashinI |
 arjunasya dhanurdhaari raamsya priyadasrshinI ||
 karishyamaaNayaatraayaa yathakaalam sukham mayaa |
 tattranirviGnakrtrItvam bhava shrIraamapUjitaa ||*

O Noble Tree Sami! May the impurity of ignorance be neutralized. May the enemies within and without be destroyed. You are the holder and protector of Arjuna's bow. Your sight is most pleasing to Lord Rama. May you be propitious in all my acts and movements. May you eliminate all the obstacles from my path. Even the purest one Lord Rama worships you.

The very sight of the tree Sami is deeply purifying. In the entire humankind Rama stands out to be the noblest and the purest one. He is embodiment of Cosmic Fire. He is purity itself. Even such one worships the tree Sami. By this the Sami's purity can be inferred. It protected the fiery bow of Arjuna, when Arjuna and his brothers were incognito during exile. A prayer to Sami instantly neutralizes the impurity of ignorance.

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