



# **Teachings of Master Morya**

**Dr. K.Parvathi Kumar**

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**Dhanishta**

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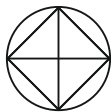
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## **Dhanishta**

*Dhanishta* means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

*Dhanishta* is a non-profit publishing house.



## About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

*“Wisdom belongs to none and all belong to Wisdom.”*

**The Publisher**





*Husk-Grain*

There are hundreds of Initiates working for the Hierarchy over centuries. Only ten to twelve names came out. The members of the Hierarchy immensely benefited the humanity in varieties of ways. The details of the hierarchical contribution to human progress cannot be accounted. Likewise, the names of such members need not be informed. Familiarity of the names does not mean much. From the names that are already known what good has happened? Only the names are quoted, they are used and very often misquoted or misused. What is important is to follow the teachings in action than to live in the glamour of the names of the Initiates. "Good deeds have always good fruits." If the world is to be saved and is to progress, it is only through good actions but not by crazy imaginations and glamorous exposures.

Once, one of our members received enormous recognition in the society for the good work done. Consequently, there were too many people demanding too little things from him and the member could not

carry out the intended work. We have at that moment caused a trick, we lifted him from the place of work without hindrance for 30 years and fulfilled the Plan for which he was incarnated. Many times recognition of the world causes hindrance to the intended work. We consider the recognition as husk and the work of goodwill is the grain. We do not look for too much husk and little grain.

## 2

### *Waiting Period*

Do not degrade and fall indulging in criticism of the Hierarchy and the work of goodwill. It causes disconnection with us. Never try to be critical or judgmental of your teacher. It has a boomerang effect. Such effect is not because we react to your criticism but because we do not deserve it.

You deny the Light to yourself by being critical about good work and men of goodwill. As a result, you would land up in darkness. Your assessment of us is only as per your comprehension, which is as yet in the state of infancy. Learn to be silent and not judgmental when something relating to good work and saints comes up to you.

Whatever teachings we give, they are reduced by you to your state of comprehension. Even written statements are not understood as such. They are brought down by the reader to his level of comprehension. Till date we wonder as to how we should talk to you, how we should teach you, for, spoken and written words are not understood at the

level at which they are expressed. Nevertheless, we continue our effort to link up to your comprehension. While you are affected by irritation, doubt, despair, anger, hatred, we continue to help as a mother helps the irritated infant.

We wait in patience for your growth!



### 3

#### *The Tragedy*

When you are in deep distress, we try to extend our helping hand. But, being affected by Maya you live more in the thoughts of distress. You do not look for the Divine. Your behavioural nature conditions you to think more of the problem than the Divine. When you are in distress, you develop aversion to look to the Scriptures, to seek the presence of a saintly person. You go hither and thither running from pillar to post. More often, you knock at the wrong door, but not at the right one.

Keep confidence in the Divinity, seek the help of the Divinity and conduct your duty with patience. It is not at all the time for fault finding. Normally, when we are in difficult times, we indulge in fault finding, thinking that others are responsible for our difficulties. Do not close the doors for any possible solution. The cause for such attitude is excessive ego of oneself. We are ever ready and ever oriented to co-operate with you. This, you never realise due to your impatience. When you really need us and while we are positively oriented

to help you, you cause an insurmountable obstruction by your attitude. There can be no worse tragedy than this!



*The Trunk*

Observe the ever-moving trunk of an elephant. It keeps moving forward, backward and side-ways. It never stays stable. Link up the trunk to a chain and direct it. Then the elephant moves in the desired direction. Your mind is no different from the elephant's trunk. It keeps jumping from one thing to the other. It is aimless. It is capable of wasting time and speech. Link it up to any little work of goodwill. Then it gains the direction and the related discipline. Link up the trunk of your mind to the respiration in you. It not only releases you from the luggage of thoughts but also gains inward direction. Kriya (action) is the essential quality of the mind. Keep it in action (Kriya) externally or internally. Then you become a Kriya Yogi.



## 5

### *Entrainment - 1*

The Divine whom you seek leads you to the Teacher who gives you the path to walk. Follow the instructions and contact yourself. The Teacher is the representation of the Divine and the teaching is the divine commandment. It should be adopted and followed at once. It should not be put to discussion or be kept in abeyance. If you do so, other thoughts will emerge and engulf you, preventing from following the commandment. Be alert to contact the commandment at once and be silent in working out the commandment. Submit your intelligence and your resources in accomplishing the instruction. It keeps you moving on the path. Following the commandment is like entraining. It is enough if you entrain. The travel is conducted by the train itself. You have no worry of the goal for the train takes you to the goal. Do not doubt the commandment, for it causes detraining. Keep up to the commandment once again and entrain; then you are on the path once again. Let no time be wasted.

*The cool of The Commandment*

The commandment of Master is like the shade of the tree. The tree-shade turns the hot wind to be cool. Do not leave the shade and lose the cool. The social appreciation and recognition may draw you away from the cool and the shade. Then you are affected by heat i.e., the malice of the world. You may even get the sunstroke i.e., the fatal blows of the world. The indiscriminate and inconsistent ones are exposed to such danger. Stay cool and conduct the action as intended.

Let the commandment be followed implicitly!

*The Power of Thought*

The power of thought has been better realized during the last hundred years. The power of emotion is gradually replaced by the power of thinking and reasoning in the evolving man. The evolution, is the basis of human evolution. Science and psychology are progressive indicating evolution in thought. The ancient Indians and Greeks evolved to the heights of human thought. They realized the power of thought up to its optimum. They also realized that the thought power can be as dangerous as constructive. They therefore denied the science of thought to the ordinary, gullible and irresponsible masses. They felt that the entrustment of such powerful science to the masses is like handing over a sharp-edged knife to an infant.

The ancients entrusted knowledge as per the degree of evolution. Today massive information is made available. Many are abusing the information instead of getting educated. Remember that information and education are different. In the hands of the educated, information works wonders. In other

hands it does not; on the contrary, they become destructive.

One should therefore think well before sharing thoughts of value.



*Diamond Consciousness*

The moments of awakening are full of wonder. It is the time for the return of the soul from the subtle to the gross. The soul is in the subtle and gross at the same time. If the aspirant can stay put in that state, he would regain many mysteries of life. Hence, those few moments of the day are most valuable. Daily, as one is awakening, he should learn to utilize these moments to the best advantage. Learn to be quick and calm during those moments and try to trace back, if possible, into the preceding moments. Let this be your daily exercise. We call these moments of the day as 'Diamond Time', and your awareness during that time as 'Diamond Consciousness'.

*Entrainment - 2*

The Teacher and the Truth are one and the same. On the Path to Truth, at every significant station, there is a significant turn. All that you meet and learn is Truth only. The Path itself is the Truth. Truth is not an end in itself. The Teacher is the Truth incorporated in flesh and blood. Differentiating between the Teacher and the Truth is ignorance. Follow the Truth revealed by the Teacher. Such following is like entraining; once you entrain, the train takes you to the goal. The word of the Teacher causes such entrainment. Is that not a great blessing? The foolish wish to walk the Path by themselves; the wise entrain and enjoy the Path up to the goal.

*The Women*

The male and female principles shall have to be equilibrated in you and in Creation. Neglect of one of them causes imbalance. Neglect of Nature by the theist puts them to imbalance. Neglect of woman caused terrible imbalance in the social order. It is unfortunate that even certain religious systems did not appreciate the power of womanhood. This caused terrible imbalance. Women are reduced by some systems to be the source of sin and desire. Some others reduced them to be personal articles to be bought and sold. This has deeply hurt the human progress. The rightful place of women in society shall have to be restored, if progress is contemplated. Let this be the theme in all your interactions with women.

*The Hierarchy*

Do not negate the Hierarchy. The Hierarchy is the bridge between the human and the Deva Kingdom. As you think of us, you receive strength and inspiration from us. It strengthens you to meet the challenges of life. Our existence is true and factual. Just because people cannot see, they negate out of despair. Believing that which you see and disbelieving that which you do not see is the quality of the ordinary.

Pursuing the unseen is the quality of a seeker!



*Bravery on The Path*

The ignorant actions and speeches shall have to be delicately disagreed with. If they are not disagreed to, they get tacit encouragement. Likewise, good acts and good speeches shall have to be appreciated and encouraged. If you remain silent and non-appreciative of good acts, remember, it amounts to discouragement of such acts of goodwill.

We do not encourage passivity towards acts of goodwill or evil. You have to support one and encourage, and weaken the other and discourage. This will develop in you the qualities of the soldier that can valiantly defend against injustice. Timidity is many times dangerous. We would like you to be a brave soldier like Upasika.

## *13*

### *I Am*

I am -- thy Bliss

I am -- thy Smile

I am -- thy Joy

I am -- thy Rest

I am -- thy Strength

I am -- thy Valour

I am -- thy Wisdom

*Holiness*

By holiness in life, guard the precious gem of gems.  
Aum Tat Sat Aum!

I am thou, thou art I – parts of the divine self.

Life thunders – be watchful.

Danger! The soul hearkens to its warning!

The world is in turmoil – strive for salvation.

Life nourishes the soul.

Strive for the life glorified, and for the realization of  
purity.

Put aside all prejudices – think freely.

Be not downcast but full of hope.

Flee not from life, but walk the path of salvation.

*Fate*

He who is obsessed with matters of the nether world  
receives not his answers from the Heights.

Fate can be overcome if thou manifest the  
Christ, Who sacrificed Himself for Truth.



*Prayer on The Way - 1*

Prayer on the way to the sacred and hallowed dwelling:

O! Lord of my spirit, forsake not the pilgrim!  
The guru hastens not to shelter me from the storm  
which threatens.  
The pain will pierce the depths of my heart.  
And the veil of the whirlwind will hide the light of thy  
face.

With thee I fear not my ignorance.  
The phantoms reveal not their faces.  
Lead me upon the path, o thou blessed One.  
Touch my eyes that I may see thy gates!

*Prayer on The Way - 2*

Strengthen the consciousness of  
Our Presence in thy life.

Invoke Our Power for thy deeds.  
Rejoice, ye who have understood.  
Live a full life, rich in experience.

Whatever thy doubts We shall dissolve them in life –  
but perceive.

We shall manifest miracles in thy days – but discern.  
Let thy heart be thy judge and faith thy power.  
Be content with the true indications whispered to thy  
spirit.

My friends, a happy road ye chose to take.  
Thou must teach others to search for My World –  
The World of the Spirit realized.

*Teach and Love*

Through the way of teaching will the manifestations of Light come to thee.

To teach and to love are manifestations of God.



*Self Assertion*

I am the searing heat of the sand.

I am the flame of the heart.

I am the engulfing wave.

I am the earth regenerated.

Rejoice and behold the Light.



*Sympathetic Eye*

Through joy, purify the path.  
While thou art pupils, learn to overcome irritability.

My pupils must have a sympathetic eye.

As through a magnifying glass behold the good, and  
belittle tenfold the signs of evil, lest thou remain as  
before.

*The Strength of Spirit*

Beware!

Do not forget to invoke the Teacher.

The cultivation of offenses produces a poor garden.

The power to conquer proves the strength of spirit.



*The Miracles*

Love and labour work miracles in life.

We are awakening thy energy for new thoughts, which are needed for transmutation, and for action of thoughts in life.

Thou must have resources to create a new life.

We send thee thoughts—sharpen them without violating Karma.

*Aim Thy Arrows*

All that can be absorbed by thy being is given to thee.

Even those tokens of Our Great Trust, Our Arrows. In battle the arrows do not always reach their mark; Know to aim thy arrows.

The spiritual life is always affected when one's possessions are too many.

Thou art ascending – walk the way of devotion and of love.

*Diamond Consciousness - 1*

During the sleep hours the body receives certain specific energizing vibrations from the Earth. It is for this reason the body regains freshness during the morning hours when one wakes up after a good sleep. But since the said earthly vibrations also carry inertia, they also have an impact on man's awareness /consciousness. It is for this reason, excessive sleep is said to cause dullness to the awareness of man.

It is common knowledge that during sleep all is forgotten. There are people who sleep like logs and who sleep more hours than required. Frequently these are the lazy and the forgetful ones.

The forgetful people should know that they have to change the patterns of their sleeping habit. They should prohibit themselves to sleep during the daylight, and during the night, before they slip into sleep, they should be inquisitive of how they get into the sleep. They should pursue with deeper inquisitiveness how they slip into sleep. They should make a practice of it, and they should propose to their

mind that they wish to rest but not sleep. Even others who are not lazy and forgetful should also get into this practice of resting but not sleeping and continue to rest as long as possible without wishing to sleep. This opens certain hidden dimensions of life, which are not otherwise possible to gain except through very high states of meditation.

In the following series of lessons further details will be let known.



*Diamond Consciousness - 2*

Be religious in preparing for sleep. Keep the sleeping room clean and neat, not filled with too much material. Choose pleasant colours for the room and keep a dim lamp. Never sleep in a dark room. You would do well to light an incense, since it would dispel negative elements from the room. The room should have adequate ventilation for the movement of air. Never close the windows totally despite extreme weather conditions.

Do not sleep on the bare floor, keep the body and the mind clean, a bath before sleep is recommended.

Take to the bed and contemplate upon respiration, draw the awareness consciously from every limb to the heart and move upwards to the brow centre. Engage yourself at the brow centre either with a light, a geometrical symbol or any other symbol, which you deem spiritual.

Keep awake and alert even while sleep is approaching. A consistent practice of this will knock

the doors of the subtler world, which is in between the awakened state and the sleep state.





*Diamond Consciousness - 3*

Study the Scriptures at least for a few minutes before getting into sleep. While preparing for sleep, associate with respiration and reach in the pulsation. Even while sleep is coming, make effort to remain conscious. Do not worry that the sleep may get away with such practice. When sleep comes, it comes, it cannot be stopped. No one can stop it, no one can bring it, sleep is Nature's blessing and will surely bless you appropriately.

Until sleep absorbs you, try to remain conscious. This leads you, gradually, into a state of semi-consciousness, which is neither awakened state nor sleep state. In this state you are sub-conscious but conscious. The true definition of this is: super-conscious, or supra-conscious.

This supra or super-consciousness opens doors into a world which was hitherto not experienced. It is like the twilight hour, it is the state in between the known and the unknown. In this state you walk into an entirely new world where you meet your colleagues in

the same practice and receive lessons and teachings from your Teacher or from other Teachers whose abode is in this subtler world. You find your real group members, contrary to the group members you belong to at the worldly plane. The group members here belong to various parts of the globe and need not necessarily be your worldly associates. You may find one or two whom you know in your worldly existence.

The teachings in this subtle world have no particular language, the language there is mental, the teachings are at the semi-mental and semi-buddhic plane, but the beauty is, everyone comprehends the teachings in their own desired language. This is because they still are attached to their language and have not yet gained the telepathic understanding. Gradually as they grow in their awareness, they grow impersonal to the languages, which would enable them to receive the impression as it is. Since the teaching is at semi-buddhic and semi-mental plane, a 4 minutes teaching would give a 4 hours impact. The impressions happen and then as the teaching proceedings are concluded we slip into sleep. All this happens for very few minutes and hence you don't have to worry of your golden sleep.

Such is the noble value of the right preparation towards sleep.

*Diamond Consciousness - 4*

Many times in life you encounter events, which you feel, have happened earlier in the same way. You also feel, when you see some places that you have seen them before. Likewise, when you listen to certain teachings you feel that you have listened to them earlier, but you do not know when did you see them and when did you listen to them. The truth is, certain events relating to the subtle life also happen on the worldly life, the linkage is not available to you due to the lack of the related evolution. During the sleep hours you participate in the subtle life relating to the soul and during the wakeful hours you participate in the worldly life.

Persons who are through the first initiation, get these strange feelings, but they do not get the link. As one progresses in the path of discipleship, the two channels of activity get interlinked.

For such interlinking, the suggested preparation during the sleep hours is most important. The suggested practice will thin down the layers in the

mind for inter-transparency. For this reason sleep hours are as important, if not more important than meditation, to the aspirants.



*Diamond Consciousness - 5*

As one advances in the practice of retaining consciousness while slipping into sleep, a new awareness unveils itself as an aspect of initiation. This generally happens in an easier manner with the blessings of the Master.

It requires that the practitioner should continue to work with spiritual values in daily life. Until this new awareness awakens, the life of the individual soul in the physical is not linked with the subtle. Therefore, the physical life activity terminates by each event of death, while the subtle activity continues unconsciously, as the seeds relating to the spiritual value continue to exist. These seeds of spiritual values continue to inspire the individual soul to pick up the lost thread from the last life while yet another program at the material plane takes place, which eventually terminates by death. Thus, the soul has a program on the physical plane, which terminates by each death and a program at the subtle plane, which continues as seeds for future manifestations.

In respect to the worldly life he has a worldly name. Apart from these worldly names, which change from life to life, the soul also is given a spiritual name in respect of the spiritual work that happens with him continuously through the series of lives.

The spiritual practices also continue from life to life, though unconsciously, in the subtle existence, while the material activity keeps unfolding as per the seeds of karma. In respect of the former, the Teacher undertakes some responsibilities; in respect of the latter the disciple is responsible himself. The linkage of the two happens when the new awakening takes place as an initiation. This is called the Third Initiation. This can be gained through the practice suggested in these series of teachings.

*Diamond Consciousness - 6*

There is no way for us to contact aspirants who lose their consciousness in deep sleep. There should be a few minutes of semiconscious state that the aspirant should practice to gain, to enable our contact with him. Sleep-mongers, I repeat, are unfit for discipleship.

The Diamond Consciousness, which I have been speaking of, if gained through the suggested practice, much can be learnt, learnt faster and learnt deeper. It is a golden opportunity. This consciousness can also be experienced not only while one slips into sleep, but also as one is about to arise from sleep.

For the above reason one should try to be on the bed for a few minutes even when he gets the initial bell for awakening. Thus, a few minutes before slipping into sleep and a few minutes anterior to awakening, are the most valuable moments. Their duration does not cut into the real sleep hours, therefore, make an endeavour to participate in the teachings that the Hierarchy is imparting to the prepared souls.

The highest and grandest example of Diamond

Consciousness, in recent centuries, has been Jesus the Christ, who tried not to lose consciousness during the hours of crucifixion even while there is the approach of death to the body.

Loss of awareness or consciousness is the most unfortunate state for the being. Divine Life belongs to those who make the right understanding and use of the bedroom hours (sleep hours). I conclude saying that your bedroom can be your death-room or an Initiation Chamber according to your option.



*Evolution*

In all occult studies the law of evolution is frequently encountered. The students are told that all beings evolve in Creation. Having emerged from the Truth, eventually they go through the related involution and evolution and join the Truth. Evolution is natural and automatic and happens through time, vis-à-vis the minerals, the trees and the animals; but it is not so for the humans. In the case of humans, they are given the will and the related freedom. Their evolution is not automatic because they have a free will. Dependent upon the use of the will there is either evolution or involution or even stagnation.

Thus, the humans have an additional responsibility, because they have an additional privilege when compared to others. For this reason the story of human evolution is one of suspense, crisis, and climax. Man can be elevating himself to the highest realms or destroy himself into the lowest worlds. When such extreme possibilities are there, to hold on to a thread of help, the humans are suggested to link up to a

life of service to the fellow beings.

When life transforms itself into a life of service  
evolution is ensured.



*The Question*

Once a disciple approached me and asked: “How long should I serve? Should I serve till I die?” I smiled and told him: “Until the question dies. If you die before the question dies, continue in the next life till the question dies.” The disciple got stunned for a while and the next moment he smiled and left in gratefulness for the answer.

When the question dies, service continues. Service is the other name for sacrament, engaging with the sacrament keeps you sacred.

Doing is living, done is death.

*Music*

A disciple, who was busy in the world with the activity of service, was once granted entry into our Ashram. To his utter surprise he found me and my associates in collective singing. He was dismayed and thought: "What a paradox. I heard that the Ashram of the Master has all the heights and depths of knowledge and their lives are entirely dedicated to service and sacrifice. But here I see them merry, singing in chorus."

I had observed his thoughts and smiled at him. I invited him and offered a seat to make himself comfortable. I gave a cup of tea and told him in a soft voice: "People have no knowledge of music. It is not an art of entertainment, it is not only to provide relaxation. Chaste music has the ability to heal. The ashram conducts healing work at global level through music. We are not serious-minded like you, we believe in conducting healing without the kind of tense attitude you show in the world, to heal. The healing work that you do is serious. Seriousness kills the healing energies, while playfulness multiplies them.

Singing is a way of healing, if you know how to sing.  
We too were like you until we had the touch of the  
Magic Flute of the Lord. He showed the way to teach,  
to heal, and to permeate the Presence. Be at ease.”



*Service, The Way of Life*

Do not define service. Do not define places for service. Do not also define time for service. Let every act of yours be service. Let service be done at every place wherever you are. Let service be an attitude even in the simplest of the acts you do.

Let all life be service. When you eat, there is service in it. You are nourishing the devas of the body. When you take bath, there is service; when you do work in the society, there is service.

In all acts there is something meant for others. Orient to that and do it.

This is what we call service as the way of life.

*Eternal Friend*

When you are conditioned in life with too many problems, (you should know that they are created by you only) the way out is service.

Get into qualitative service, try to help with your means a fellow being, do it regularly as an act of sacrament. Keep doing it. Keep improving it in terms of quality, it opens a new door through which gradually solutions flow in, to solve and dissolve your present and past karma.

It is for this reason we bore you about service. Boring is necessary because you do not seem to get it well. Service is the key to your personal problems and is also the key to your future progress. Service is an eternal friend. We experience the fruits of selfless service and know that it is the eternal friend. Let it be so with you.

*Patience*

You may feel that teaching is a repetition. You may feel that it is monotonous to listen to the same things at all times. This is because you do not understand the Teacher. Have you comprehended what is taught? Have you assimilated the teaching for action? Have you commenced acting in terms of teaching? Until you do so the Teacher repeats for your recollection.

Teaching is not to give you new doctrines, there is only one doctrine of Truth, it is expressed repeatedly though the variety is used as a technique. The doctrine of Truth is ancient; it is already spoken for the benefit of the Truth-seekers. In essence there is nothing new to teach. Inform the varieties given. The students do not feel monotonous of repeated eating, mating, talking and wasting time; when it comes to wisdom they quickly find it monotonous! The Teacher has patience, the student needs patience; he should be patient enough to register the teaching. Patience enough to experiment with the Truth and patience enough to experience the Truth. Patience is the way.



*Teaching*

Teachings are of two kinds: one is instructive, another is informative. Both are done to inspire the students for right action. Ever since the advent of humanity on the planet, teachings happened. Students turned Teachers. Races moved forward.

The teaching is enormous and boundless. Follow the teaching relevant to you. For that, teaching will come when needed. Afflicted by rajas (over-enthusiasm), the student wants to know more and more, and in the process he forgets to make the forward, progressive steps. A person who is engaged in knowing the measure of drinking water in a river, dies of thirst due to not drinking what is immediately required. Drink as much as is needed of wisdom and act upon. When you are thirsty, further wisdom comes to you. Are you not getting further glass of water when you are thirsty? How does it help your collection of water without drinking it? Collection of books and collection of esoteric information may cause you excitement. They don't help you to quench the thirst of

life. Present day students are preoccupied with wisdom information. They do not translate a thousandth of it into their daily living. This is only a spiritual excitement. We wait till it is entertained in action.



*Fire Ritual*

Worship of fire is the ancient practice. The Veda extols the fire as the foremost expression of the Truth. Let it be done with due orientation; let it not be done as a show of personality.

When you work with fire it burns your past karma, for which you should be ready and be prepared for certain losses, difficulties, discomforts and the like.

The fire-worshiper should consecrate himself forever to live life in purity, in obedience to the Law, and in service of the surrounding life. Worshipping fire and speaking untruth has serious consequences. Hence the fire-worshiper should consecrate himself. A consecrated one cannot be irresponsible. Pray the fire during the ritual to burn up your personality karma. Worship the fire to seek strength so as to enable the withdrawal of senses into the mind and the withdrawal of the mind into buddhi. Pray the fire to assist you in transcending the personality. Pray the fire that you would like to shine forth like the Fire God Himself. Such is the purpose of a fire ritual.

*Rhythm - Ritual*

Rhythmic and ritualistic living is to inculcate the discipline needed to enter the Path. When this discipline is not followed it is a mockery of wisdom. When you affirm to yourself mentally, "I shall dedicate myself to the discipline of ritualistic, rhythmic life," the divine centres in you feel inspired. When you act upon discipline they co-operate. This helps accomplishing the discipline.

This also helps opening of the doors into discipleship. It also helps weakening the diabolic forces in you. When disciplined way of living becomes natural with you, affirm to yourself mentally: "I am fire. I burn my ignorance and proceed in the field of knowledge. Let the Lord of Fire and my Master support me either side from behind. I invoke them to stand by me and lead me into further fire of knowledge." Remember the Divinity cherishes order, the Divine intelligences work according to due and ancient order. Only the diabolic are disorderly. The one who takes to the order of rhythm and ritual shall attain

self-rule. He remains the king of his life and is not slave of any quality. Self-rule is called Swaraj. It is the 7th Ray of the 7 Rays emanating from the Sun.



*Suktams*

Vibrations are electrical. Electrical vibrations purify. Sound uttered forth appropriately manifests such electrical vibrations. The science is yet to enter into the mysteries of sound.

Utterance of right sounds, 'Suktams', enables progressing into divine life. Assimilation of such vibrations strengthens the will. It is times better than the normal, mental will.

The grace of the Master can introduce into you such electrical vibrations. Initially the vibrations may cause disturbance to the mental, emotional and physical spheres relating to you. It is only to expel the impurities in those spheres. The electrical vibrations transmitted by the Teacher are more powerful than any degree of impurity in any of the three planes. Let the sound be uttered forth. May Gayatri prevail.

*Agni*

The fire transforms everything into itself and only fire remains. In Agni there are no shades. A lamp has a shade and Light has darkness; but Agni has no shades. Agni presides over all planes of existence; it does not suffer duality. It is the state of perfection.

Agni causes the musical waves in space that form the basis for creation. Originally each one of us is a spark of Agni. Recollection of this truth on a daily basis would ignite the Agni in you and burn up the impurities of mind, senses and body. The place of Agni in you is the forehead. At the throat it transforms as sound; at the heart it pulsates. The vibrations of the pulsations keep your system vibrant. Think of Agni as yourself, as your pulsation, as your speech and verily as your being.

*Bridge to the Divine*

When the Earth is being formed, the Devas were busy in preparing fertile lands, minerals, water, etc. Then the Mother Earth approached the Devas and said: "It's not enough if we just prepare for the beings of the planet food and other things of pleasure. I am not happy if the beings remain as the indulgent ones all the time. The planet should also contain avenues that can uplift the human awareness. If such avenues are not created, the planetary beings have no scope to evolve."

The Devas replied, "Let the earthy beings remain earthy. Let them enjoy the treasures and pleasures of the Earth. Let them not look elsewhere and deny to themselves earthly treasures and pleasures. We do not like them to be daydreamers. Let them exploit the earthly pleasures."

The Mother Earth said, "I am the mother of the planetary beings. The mother is happy only when her children grow. They should grow not only to enjoy but also to aspire much more than earthly treasures. You must understand the mother's agony."



The Devas replied, "Tell us what you desire. We shall fulfill."

The Mother Earth said, "Create opportunities and avenues for the humans to evolve. The other beings evolve through time and through nature. The humans therefore are my concern. They should have access to sky. When they remain high above in the sky, they develop taste for the higher and subtler aspects of life. For that purpose you may arrange wings for the humans and also arrange high peaks on the Earth. When they are high above they can perceive the limitlessness and the related joy."

The Devas replied, "Yes, we shall prepare the mountain ranges and peaks. Let the humans ascend and enjoy the height. We shall not give them wings; it is too early for them. As they get inclined to evolve, in due course of time they would get the wings. In the meantime let them experience the heights through the mountain peaks."

The Mother agreed. As time passed by, the humans gradually were finding the shallowness of the earthly pleasures and started aspiring for better, subtler experiences. They started moving towards mountain ranges, practiced penances, and experienced the beauty and subtlety of the outer and inner heights. They experienced the Divine and thus built a bridge to

the Divine from the mundane.

Thereafter the seekers started looking for the bridge and walking on the bridge. The builders of the bridge remained to help the walkers.



*Divine Trees*

When the Devas were building the planet Earth, Mother Earth expressed a desire: “Amidst the solar system, the Earth planet is the least illumined one. It has more matter and less awareness. How will the beings of the Earth quench their thirst for knowledge? How will they receive afresh the inspiration? How will they conduct to the Light? Please consider a Path to Light to the beings of Earth”.

The builders of the Earth replayed: “Your desire is a desirable one; it shall be fulfilled. The planet shall receive thunders and lightening during the change of season, from summer to rain. The thunder and the lightening are manifestation of the Lord as sound and light. The beings can nowhere receive such powerful manifestation. For that reason we shall organise tall growing vertical trees which would receive initially the impact of light and sound and transmit the same to the beings. We shall also prepare pulses and cereals that contain similar energy. Consuming them, also the beings will receive a minimum impact of light

and sound. Among these trees the Cedar will stand as the most sacred tree, and the Banyan (*Ficus bengalensis*) will be its associate.

In these trees the Lord as Fire is best instituted.  
The Earth felt pleased.



*Yoga*

Darkness cannot be totally eliminated from the planet, and so is ignorance. The work of fire cannot be completely accomplished on the planet; if it happens, the planet ceases to exist. Hence balancing is the act. The soul and the body shall have to be balanced. The light and the darkness shall have to be balanced. The spirit and the matter shall have to be balanced.

The right and the wrong shall have to be balanced. The male and female in one shall have to be balanced. Such balancing is the process of Yoga. Yoga contemplates balance in all. Those who are excessively oriented either for matter or for spirit are imbalanced; they are not yogis. Those who condemn evil, ignorance, are not yogis. Those who despise material are not yogis.

A yogi recognizes the duality in the world, and he therefore does not despise, dislikes or hates. He does not see sin. He sees all sin as ignorance and tries to work to bring light to the places of darkness and ignorance with compassion.

Our effort is to bring balance to those who are imbalanced either way.



*Fire - Healer*

All changes in the world are the work of fire. Wars are certain major changes contemplated by the fire. Humanity did not grow into that synthesis where the grand work of fire is comprehended when a bomb is exploded. If you are a true student of Agni you see the higher plan in such fire manifestations. People who are afraid of changes cannot be students of Agni.

When sudden changes happen in the life of an individual or society or in Nature, it is nothing but the work of fire. Normally fire works in a hidden manner and its work is subtle. The latent heat in the earth causes agreeable transformations to the plant. The latent heat in the body also causes natural transformation of the body cells. But when needed, there can be sudden explosions of fire for betterment.

A body full of stomach disorder can be saved through 2 to 3 days of high fever. Fever is not seen as sickness by those who know the process of healing. A person that goes through fever is fresh like a flower after the fever and he looks tender. You do not carry enough

comprehension of the healing done through fire.  
Appreciation of the work of fire is a way to experience  
the hidden dimensions of the Plan.





*Divine Powers*

People are funny; they aspire for divine powers. They do not realize that they carry already many powers. They least know the power of the body, the power of respiration and the power of thought, which is in their reach. How can further powers be entrusted to fellows who do not use what is already bestowed? Learn the power of thought and practise. Learn the power of sound and speech and practise. Learn the power of fiery aspirations and progress. Learn the unlimited powers of the human body. That really does not demand so much as you think.

Unless the given powers are well used, further powers are not bestowed by Nature. Let us work with what is given. Let us not dream and stop working with what is given. This is wisdom.

*Service*

If you wish to find the path to harmony from a life of conflict of personality, inculcate service as the way of life. Serve, serve and serve. Find the taste of service and dedicate your life to such service. It leads you gradually to harmony. This is the tested truth experienced by disciples from times immemorial. All of us burnt our personalities in the joy of service. It is a way of self-forgetfulness (personality forgetfulness).

Ensure that your service is pure, transparent, not tainted by any emotional impurity. Ensure that there is no manipulation of the served. Do not use the ones who dedicate to you, inspired by your life, except for service. Personal use of those that gather around you through your acts of service, is a hideous act of manipulation.

As the true server walks along the path of service he gains alignment with the Inner Man. The problem for the true server is the social recognition, which draws him into superficial, social activity. He needs to subtly avoid excessive socialization. None can

overcome the personality as long as the desire to own and possess exists. Service is the antidote to personality aggrandizement.



*A Subtle Advice*

To lead a fellow being subtly to the Path of Light is a duty cast on you. It is an act of friendliness. For this you need to comprehend our teachings.

Practise the comprehended teaching in life, speak only that which you practice among our teachings.

Never speak the teachings which you do not practice. There are many preachers to do so. They failed because they speak that which they do not practice.

Engage yourself in practice of comprehended teachings, and in friendliness transmit such teachings to the fellow being. This helps you and helps others to walk the Path.

*Beauty Escalator*

Beauty is not beauty of the form. The beauty is beyond form. Beyond the form the beauty is in the pattern, in the colours, and in the light that shines through colours.

Beyond the light, the beauty is in the vibration of the sounds. Beyond the sound there is the beauty of the music of the sound personified by Apsarasas (the nymphs).

The beauty of the nymphs is in the musical notes beyond the Creation. These musical notes are Gandharvas, they are beyond Creation. Beauty as Truth prevails with the Gandharvas.

Take to the escalator of beauty and reach the Truth of Beauty!

The Path of Beauty is Agni Yoga. Agni transforms the mundane to the Divine and leads you beyond.

*The Path of Silence*

Silence by itself is not a path. The practice of silence is for a purpose!

The practice of silence should lead one to mental silence. In mental silence search for the Source of the Sound. What you know as sound is not sound, it is the disturbance to the sound. Search for the Sound in silence, try to listen to it. In this effort, instead of listening to the sound, you experience encounters with Light. Respect the experiences of life, but move forward in search of the Sound.

The forms of Light (the latent beings) bewilder you, excite you, and may even engage you, thus distract you from the pursuit of the Sound. The activity of Light has its base in Sound. Dip deeper into you to reach the plane of Sound, which is beyond the plane of Light. Light relates to the Buddhic Plane, Sound relates to the Atmic Plane. Staying in Light, contemplate on Sound. The whole Creation is a Sound and Light show. Experience the Sound as yourself. Explore the Path of Silence.

*The Truth Reminder*

There are some who aspire to be recognized by the world. There are some others who aspire to be recognized by the Divinity. Both are seeking recognition, but the paths are different.

The path of worldly recognition is the path of horizontals. The Path of Divine recognition is the Path of Verticals. The former dig deep into their personality and remain prisoners of the personality. The latter try to transcend the personality and live in the Soul. The former live in aggrandizement. The latter live in simplicity. The former are possessive, aggressive and expansive into the world. The latter are non-possessive, harmless, and expand into the subtle world. The former look for the Kingdom of Earth. The latter look for the Kingdom of God. Even in teachers the two types exist. There are teachers stuck in personality and there are also Teachers settled in the Soul. The former promote themselves. The latter promote the Truth. They remind the Truth in everyone. The true Teacher is the Truth Reminder!

*Standing Aside*

Learn to stand aside in all that you do. A part of you can stand aside while the remaining part is at work. It is a skill by itself. Does not the swimmer keep his head above the waters? Can he swim long if the head is in waters? Don't sink at work, keep the head above. If you sink the head you can't see, you can't listen, you can't even breathe and you can't think.

When you learn to stand aside you know the taste of it. You would never try to be totally into all that is happening with you and through you. You learn to be an observer of your own being. When your being is thinking, speaking, acting and moving a part in you observes while a major part in you is in action. This helps you to see the very play of your action.

The observer observes the movie of his own work. He sees that he is playing a role in a movie. Does not a movie actor know consciously that he is not the role he is playing? So too you remain an observer of your personality working in relation to the world. The personality is the role of the actor, the world is the



stage. In the movie, as per the role, there are relatives, friends, enemies etc. But once the actor comes out of the role there are no relatives, no friends, no enemies, is that not so? So are your friends, your relatives, your enemies. You would understand that the whole Creation is a movie and everyone is an actor with a mask. You too are a little actor therein with your mask of personality. Do not loose the joy of being the audience of your own movie.

I wish you all good luck!

*The Fall to Spring*

The tree is prepared to shed the leaves at Fall. It is this preparedness of the tree that gives the fresh life when the Spring comes. Each Spring is a reality after a true Fall. Fall to Spring is a law to be known. The tree teaches this!

We learnt it through the observation of Nature. Be ready to shed when the Nature demands so that the fresh Spring comes up. The Spring brings the blooming, the Autumn brings the fruition. Again, the tree eats not its fruits but delivers them for others. So too the fruits of action be delivered unto others. That is the Law.

Share the fruits, shed the leaves and be ready for a fresh crop of Spring. Let this cycle be followed for Eternal Spring. If there is a spoke in the wheel anywhere the flow gets arrested.

*Duplicacy*

There is only one God and one Temple. Creation is the temple; the awareness in Creation is the force; the law that governs the force is the Lord. The Lord is force, and His Creation should be seen as the one Lord and the one Temple. The three exist in every being. There is the being, the awareness of the being and the form of the being. This is how the beings are a replica of the one Lord, the one Law, the one Force and the one Form.

In Nature every form is a temple. The being in the form is the Lord, the force in the form is the awareness. While it is so, man built replica to a replica. The beings are already the replicas, the temples that man has built are replicas to replicas. While there is God made temple, man also made temples. He built the form of a temple as a replica of the creational form. He installed a yantra as the replica of force, and He has set an image of gold as God within the Temple.

There are images to images multiplying into multitudes causing the gradual disappearance of the true temple and the true divinity. The duplicates have

become the original and the original disappeared into oblivion, illusion reached its heights and thousands of practices have come to be. Who can decipher all these illusory activity.

The best way is to burn it and start working afresh. Agni Yoga is the path that burns such illusions. Let man look to himself as the Image, and to the one in him as the Original. Let man look to Him in each other.

*The Insighted Ones*

Who knows you better than yourself? Each person knows himself much better than others. All that one needs to do is to look into oneself impartially. An impartial insight would reveal the inner strengths and weaknesses clearly. Accept your weaknesses and the related impurities.

The sighted ones can see the mistakes of others. The insightful ones find their own mistakes. Such an insight is already a samskara (sacrament). The insightful one is not preoccupied with other's mistakes; he is preoccupied with his own situation for rectification. Self-rectification is the work for him. We assist such ones. Let there be no compromise in matters of self-rectification. Let it be the main activity for a series of lives until one finds himself as pure as fire. To such ones, time and space cooperates. To others, through time, in space, Nature does rectification.

Those who are engaged in self-rectification have the strength of My association. As per the intensity of your intension of self-rectification I shall

lend My Presence to you. We are actively participating with such persons. In respect of others we remain helpless onlookers. Thus we are active with some and passive with many.



*Cultivating The Day*

Those who are engaged in self-rectification have the strength of My association. As per the intensity of your intension of self-rectification I shall

“Cultivate the day throughout the daylight with the spear in hand, with inspiration in breath and alertness in action.”

“When the daylight was thus cultivated in the night the stones flower the jasmines, the doors of the Golden Temple open by themselves, the Swan sings Celestial Songs”.

Thus the Creator gave us a riddle to solve. Contemplate upon the given symbols and translate them into actions.

*The change*

The sweeping changes in the contemporary time should be understood as the work of fire. In conflicts, disputes and wars you frequently encounter fire. See the fire in action besides seeing the events. Then you will understand the fast changes carried out by fire. Every work of fire brings purity. This is the understanding of the subtle world.

Your understanding of the events is mundane. There is a super-mundane understanding which needs to be gained. This helps you to comprehend events from the global stand point.

Otherwise your comprehension remains a local stand point, a localized view point.



*The Precious Coin*

Can you heartily appreciate a good piece of work done by anyone? Don't you feel even a bit of jealousy? If you don't, you already gained a precious coin in your life as a gift. It shines forth from your heart. Whenever it shines intuitively you hear a statement from me. Translate the statement into action. May your action be a teaching by demonstration.

If you do feel jealous of others' accomplishments, virtues, acts of goodwill, you remain veiled. It brings in another veil called hatred. Hatred invites the third veil as anger. Anger brings the fourth veil as desire to harm. Harm can be at the mental, vocal or physical level.

When you harm at any level, your destruction commences. To lift up the veils the only key is to be appreciative than depreciative of others' qualities. Agni Yoga starts from this point.

*Maharshi Agni*

I am the heat of your body.

I am the frame of your heart.

I am the light of your pulsation.

I am the tongue of the flame that leads you to higher states of awareness.

I am the fire philosopher transforming the earth to gold.

I am the garland of flames that burn up the impurities in you.

This is the Yoga of Fire, the Agni Yoga.

I am Agni Maharshi.

*Agni - The Fire*

Agni Yoga stimulates the Fire in you. The Fire exists as electricity in your head; it exists as rays of illumination in your heart; it further exists as heat in your body. Fire is thus electrical, solar and frictional. Agni Yoga is the process of aligning the three into one. It enables realisation of oneself as such: an embodiment of Fire.

The whole Creation manifested through the activity of Fire. Fire permeates all that is. Fire is the basis for ignition of Creation, its growth and its culmination. Fire is the foremost one and is therefore called Agni in Sanskrit.

The very thought of Fire purifies the thinker. It burns the malefics and inaugurates the Light of wisdom. The splendour of Creation is the work of Fire. Fire is the most splendid in Creation.

*The Strength of Collectivity*

Each man builds his own world within the world according to his thoughts and desires. There are innumerable worlds within the world. Each one is busy in his own world. The world of the other does not exist to him. So is the case with the other too. You have your own world while your neighbour has his own world. Many times within a family each one has his own world, which is unconnected with that of the other. The members of the family are no doubt under one roof but have different worlds. Such is today's paradox.

The age of Kali thus circumscribes and separates an individual from the other. Each one grows individualistic and loses collectivity. The strength is in collectivity and the weakness is in loneliness.

An average occidental today suffers from this loneliness and is unable to step out and get into collective existence. Seeing the danger of the excessive separativity to the point of sickness, groups are contemplated by us. Learn to fit into a group than to be proud of being individualistic.

If you do not choose so, you are in peril. You will perish.



*Human Mental Deformity*

The sublime, divine and pure things in creation are not apparently so. The apparent is not real. People need depth to cognise the divine events. The seers see the play of the divine even in apparent crisis. The ordinary objectively oriented student who goes by worldly values cannot see much and hear much. In fact, if a messenger of God comes to you, you cannot cognise him because He looks as common as you.

All of you have your own mental projections, mental formations and even mental definitions about the divinity, the divine persons, the masters of wisdom, etc. Many times you do not click with what IS, since you are engaged in your own projections. That is the reason why many number of messengers of God are missed by humanity when such messengers came, did their work and departed. To deify after their departure is the human tradition. This is the human mental deformity.

*The Flamboyant Ones*

The flamboyant ones waste away their energies. They expend more and accomplish little. Their energy is like the flood-waters of a river. Their activity is generally destructive. And sometimes manipulative. They cannot see their own manipulations, because they are themselves distorted. Their mind is a defective mirror that reflects everything out of order. To them it is real, because their instrument is defective. Being powerful they try to decide good and evil and destroy that which they believe as evil. They form their own isms and sell themselves to their own isms and try to destroy that which is contrary to their ism. All religions did it. Even communism did it. Capitalism is doing it.

Human sickness is at their metal level and needs a very profound surgery. Nature only can do it. The signals are already on the way.

*Two Prayers*

For the ones who are imparted with wisdom in my Ashram, I conduct convocation and give a prayer. The prayer is as under:

“Oh Lord!

I affirm to serve you at all times,  
in all places, in all people.

May my life of service lead me to impersonality.”

This prayer is an oath that leads the student on to the path of service. It leads him further even to sacrifices culminating in self-sacrifice. To such ones there would be increased responsibility, hurdles and obstacles. There would also be varieties of attractions to digress them from the path. As he progresses on the Path of Service there would be birth of joy in the core of his heart, which would open doors towards Light. At that point there would be the final obstruction coming from the personality, frequently referred to as Saturn. To overcome the final obstruction, I also give yet another prayer that is to be done daily before the student retires into bed.



The evening prayer is as under:  
“Oh Lord!  
Who am I to serve?  
It is you that serves through me.  
Who am I to walk the Path?  
It is you that leads me and guides me unto you.  
Who am I to overcome the obstacles of light?  
I am a man of little vision.  
May Thy Will lead me unto to You.”

The two prayers function as the morning and evening tonics, until the student finds himself in the world of light.

*Half-Heartedness*

Half-heartedness is dangerous. The faith and the belief today are suffering from this symptom. Half-cooked food cannot be eaten. Half way through the forest you are in the hands of ferocious animals. Half way through sea travel sinks you to the bottom of the ocean. Changing decisions half way through, leads man to the dead-end. One would know that the decision one makes is a commitment. This commitment is totally lacking for want of patience in many of the aspirants. They are neither useful to themselves nor to others. They are neither in this world or the other.

They remain useless daydreamers who confuse others with their half knowledge. In ancient times, people demonstrated commitment even if it was fatal to them. Commitment was seen more valuable than life. Changing sides and changing values according to convenience is a cheap way of living, which is considered as the principle of expediency. It is application of a right principle in a wrong context.

Changing spouses after giving commitment

has become normal in the human society. It is fashion too. What is the guarantee that such persons also do not change their ideologies and even their teachers? The teachers are the committed ones. The people have to learn the quality of commitment and get out of the sickness of jettisoning the commitment for convenience. Look into yourself, to your commitment and stand by it. I look for this quality in you.

*Love includes Punishment*

People define ahimsa in different ways. Harmlessness does not mean enduring harm. Only selfless people know what harmlessness is. Selflessness is the basic eligibility to experience harmlessness. Lord Krishna demonstrated harmlessness even while He was at war. No one could understand the stand of Lord Krishna and His demonstration of harmlessness. Even the gnostics could not decipher the secret of the Lord's act of harmlessness.

It takes ages for man to understand that love includes punishments. Punishing with love can be done only by the selfless ones. It's out of abundant love such punishment is given to the personalities, which has a hidden program of love for the soul. When the soul is to be saved sometimes the personality may have to be punished. When a soul is suffering from an incorrigible personality many times it is a great relief to the soul to relieve it from such a personality and offer a fresh opportunity. The parents disciplining the children and giving some punishments is only due to

love. The teacher disciplining the students and occasionally punishing them, when they are at fault, is also an act of love. Love and harmlessness do not mean entertaining indiscipline. Verily I say unto you all love and harmlessness include punishment.



*The Body and The Pain*

When a Master takes to incarnation people think that he would have a body that does not give pain. But it is not so. He too would suffer pain and experience pleasure like others. A part of him links-up to the body and therefore suffers like every other body. Accepting this pain is the sacrifice that a Master does when he incarnates.

Great initiates like Pythagoras and Plato too suffered bodily ills. Even avatars like Rama, Buddha, Christ suffered their lot of pain. When a Master incarnates in a human body he not only suffers the conditioning and pain of his body but also assumes responsibilities relating to other's suffering which gives greater pain or sickness to him. Pain is common on the Path and pain is consciously accepted, experienced and neutralised. A Master's pain bearing capacity is far, far superior of that of the ordinary.

*Paradox*

Man really doesn't know the power of his thought. He is particularly ignorant of the impact of negative thoughts. The negative thoughts produce currents of anti-life and poison the blood. Cancer and other incurable diseases today are regularly fed more by the negative thought. Entertaining negative thoughts and emotions is the cause for rampant sickness in the human kind.

Man is foolish enough to destroy himself by his own thoughts of jealousy, hatred, fear, prejudice and the like. He seems to be gaining dexterity in producing sickness out of life.

From the higher circles when we observe the humanity, we find that, generally, the humanity is today engulfed by the energy of jealousy. Rarely we find a human being who is not affected by jealousy. Competition is the womb from which jealousy springs. Competition seldom remains a healthy competition. It always slips into the realms of un-healthiness. In modern life, competition has come to stay and is

understood to be the key to success. This success has a terrible carrying cost, which gradually disables man in terms of his health, which would in turn put him out of activity itself.

The energy of jealousy is a highly covetous energy. It not only affects its creator but also pollutes the surrounding. Thereby the weak-minded gets inflicted by the ill effects of jealousy. The paradox is that the energy of jealousy is more prevalent in goodwill groups. I wish to alert the goodwill workers of this destructive activity.



*Neither Here nor There*

We the teachers have a problem. We teach. People listen and appreciate. They praise our teaching and us. They propagate us. They propagate our pictures. They bow down before our pictures. They build temples and meditation centres in our name. But, we teach to pupils with a fond hope that they follow the teachings in their life. This they do not do. They do everything other than this. If we insist on practicing our teachings, they would run away. This is our problem.

Many teachings have come and gone. They get stored in cave temples, in the ashrams, in the libraries and in the bookshelves of the aspirants. They would even decorate their bookshelves with our books. But they do not read. And those who read do not practice.

We keep on teaching. And the listeners keep on listening. One in a million acts upon the teaching. Others don't. Do you know why it is so? The answer we know is selfishness. Selfishness cuts across all activity meant for soul progress. We also find a danger with some of the listeners. They do not follow the teachings

in their life but pretend as though they are. These are the dangerous ones who lead others into illusion and even lead themselves also into illusion. These are the self-deceived ones who get into a loophole of awareness. They are irretrievable.

They neither belong to the world of light nor the world of matter.



*The Recollectors*

Each time when man is born, he is born with good intention. Each time man wakes up in the morning, he too would like to go through a peaceful flowing life fulfilling a part of his plan.

The moments preceding the birth are the moments of intense prayer by the soul to fulfil better in the ensuing incarnation. This intensity is like the good fragrance coming from an incense stick. The life of an incense stick is at best 15 minutes. Thereafter, the fragrance is lost in the room in another 15 minutes. The original smell of the room remains. Likewise, the intense prayers preceding the birth are lost by the time the incarnated soul gains 5 to 7 years of age. Thereafter the predominant traits overtake the good intention to move forward. To remind purpose of life and to enable self-recollection of the original intention of incarnating, teachers keep moving amidst humanity. The true teachers enable recollection of purpose and would even enable its remembrance beyond an incarnation.

Meeting such teachers is fulfilment in itself.  
Following their advice is the way to fulfilment. The  
Hierarchy is ever available to render this help to  
humanity.



*Blood Donation*

In the present health system blood donation is very common. It is considered as a means of restitution of life. While it is true, it has its consequences. The blood carries not only the life principle but also the qualities of the donor. The qualities of the donor are the aggregate of the Karma of the donor. So when blood is infused into a person not only the donor's life is transmitted but also his Karma. One would do well to know the person from whom the blood is transmitted. Blood coming from the near and dear is more acceptable for the patient than blood from strangers. It is not enough if the compatibility of blood group is seen. Compatibility of Karma also needs to be seen. Otherwise the infused blood can create confusion in the receiver and may lead to certain new sicknesses. Behavioural compatibility between the donor and the donee should also be considered by the healing system. Astrology can help find such compatibilities.

*Our Externalization*

Obliging the plan of our chief disciple we decided to externalise and appear in the nineteenth century to some aspirants. We even conducted correspondence with them. We revealed the secrets of Nature to them. We taught the Laws of the Universe to them. We conducted many miracles. The result was ‘catastrophy’.

Not all aspirants were really aspirants; many were only enthusiastic, and only a handful of them aspired to realize the soul. Others aspired for miracles; some others aspired for power, yet others aspired for being recognized as initiates, disciples, etc. There was much self-aggrandizement and little silence amidst them. They lost themselves into varieties of esoteric sciences and their related gimmicks.

As said before, a handful progressed, but a great disturbance came upon the Hierarchy for the irresponsible and childish behaviour of the others. We had no way to inspire the deviated ones. The plan of my disciple got confused, yet we continue for there is a dictum: “Leave a confused plan and start afresh.”

*The Only Clue*

The teachings are many. Many are inspired by them, but few among the inspired are able. There are many who are able but are not inspired. There are some who are inspired and able but are not pure enough. There are also many who are pure but are not inspired. There are enough good people who are ineffective. It is rare that all ingredients are found in one. Such ones interest us. Others may have interest in us but we have no time for them until they pick up the needed qualities.

Do not be crazy of us. Learn to improve upon your ability, purity, and readiness to serve. This is the only way. This is the only clue.

*The Veil*

Inculcate the habit of thinking about the subtle world where the beauty of the subtle forms, which are filled with varieties of light, exist. Make this a regular habit by contemplating upon the subtle world either during the morning hours or during the evening hours. The subtle world is full of light and life. The subtle world exists in you as well. Your regular contemplation upon this world would enable awakening of your subtle existence with the related light and life.

The subtle is naturally upward moving while the gross is downward moving. If you analyse your daily thoughts, they mostly hover around the objective mundane world. Your mind is generally crowded with mundane thoughts. By shift of emphasis you enter into super mundane. Then you find instant relief from the mundane conditioning. Make it a habit to contact the subtle. We are available to you in the super mundane realm and not so much in the mundane realm. We help you if you link up to the super mundane. You would get reinforced to handle your mundane life and gain



mastery over it. The kingdom of God is in the subtle,  
the super mundane. The mundane kingdom hides it.  
Overcome the veil by your regular practice.



*Shanti, Prashanti*

In Sanskrit there are two distinct words to denote the peace in the world and the peace in oneself. One is peace outer and another is peace inner. The outer peace is called Shanti and the inner peace is called Prashanti. The inner peace is the undisturbed peace regardless the outer events. In the inner chamber of the temple one does not feel the outer disturbances. Thus Prashanti, the inner peace, exists regardless the presence or absence of Shanti, the outer peace. The inner peace is what is also called Divine peace, DivyaShanti. Thus Shanti should be distinguished from Prashanti. Shanti is frequently disturbed in the world but Prashanti is undisturbed. If one truly meditates he realises Prashanti as the first gift of such meditation. The abode of Prashanti exists firmly in the inner chamber of the heart.

The seekers who seek Prashanti should therefore frequently lead their mind through respiration into the chamber of thought and search for the inner chamber to meet Prashanti. Man should

realise that peace being precious is hidden within him. It is foolish to search for it in the outer. Thus to find peace one needs to get within, he need not get out or move out to mountain ranges and forests.

The outer world is compared in the scriptures to a basket of frogs. The frogs keep jumping out of the basket and it is an endless process of picking them up and placing them once again into the basket. As man secures one frog and puts it into the basket, another frog jumps out. As he secures that one, yet another would jump out. Likewise, in outer life there is always one issue or the other that unsettles while certain issues are settling.

The seers have been profound observers of human life and they therefore recommend to look more for Prashanti than for Shanti. Man gains depth as he searches for Prashanti while he remains shallow when he looks for Shanti. The first step to discipleship is to proceed towards Prashanti, the inner peace.

*Parama Shanti*

I spoke to you before of Shanti and Prashanti. I informed you that one relates to the peace of the outer and one relates to the peace of the inner. They are attainable through such virtues as obedience to the laws of nature, serving the fellow beings, ab-staining from irregular speech, ensuring an active day without ex-cessive waste of time and so on.

From Shanti one needs to enter into Prashanti. Prashanti is in the inner chambers relating to you. From Prashanti one can attain through Tapas, ParamaShanti. This ParamaShanti is called by Gautama, the Buddha as Nirvana. ParamaShanti or Nirvana means becoming one with the One Existence and not feeling the individual self. It is like the wave merging into the ocean. Only the oceanic existence prevails. Thus the steps to Nirvana can be seen as Shanti, Prashanti, Tapas, ParamaShanti.

Christ speaks of this Nirvana when he says, "I and my Father in the Heaven are but one."

*The Art of Thinking*

Thinking is an art. Not many know this art. Thoughts normally keep happening. Thoughts' normal state is beyond the 5 elements. Letting the thoughts down into the elements is a dip of the thought power. To work in the nature you may dip in. But learn to get back the thought to its normal state again. Do not leave it with the 5 elements. Then it gets dirty and polluted. Let the thought come back having done its work. Practicing this enables you to retain the thought even beyond the light of the ether. Ether is the 5th state, thought is the 6th state and you as man is the 7th state. Let the 6th one remain where it belongs. If you let it down it lets you down.

*Radical Solution*

There is nothing more skilful than mind in creation. Mind is the bridge between the invisible and visible planes of existence. Ineffective mind is a weak bridge that does not enable interflow of energies. Mind should be understood as the most valuable tool handed down to man by nature. Through mind one can experience the Divine on Earth, the splendour of life on Earth and the beauty of living.

Such a valuable gift bestowed is generally inappropriately used leading to all conflicts of life.

The mind can be transformed into a temple within which an image of God can be installed. A mind can be let loose to be a ghost house where anger, jealousy, pride, prejudice, malice, hatred can dwell. Mind is today loaded with too many things relating to the past, the present and the future as well. The mind is generally conditioned by superstition, faiths, beliefs and traditions, which have their positive and negative value. The mind is burdened with the current problems of life unable to meet the burdens. Affected by the

conditioning, mind develops a vague hope for the future, which gives some kind of solace with no tangible experiencing of it. With such a mind today people get into varieties of yoga practices, discipleship, meditations, etc. Seeing all this activity from the firmament we too feel sometimes despaired. The only single way seems to be replacing the chip of mind with a fresh chip.

*Purpose of Contemplation*

Beings are in transit house in between the event of death and rebirth. Waiting in the transit house they recollect, retrospect, introspect and plan the future course of life. This plan forms the nucleus for rebirth. Rebirth thus has a purpose of accomplishing a plan conceived on the basis of previous experience. But as the being incarnates and becomes one with the flesh and blood of the body forgetfulness prevails. The forgetfulness is also one of the traits that the beings carry with them. Until the forgetfulness is overcome one cannot embark upon the plan. For this reason contemplation is suggested. Regular contemplations enable deep contemplation. Deep contemplation enables recollection. Recollection enables to embark upon the true travel of life. Such is the purpose of daily contemplation.



*They tend to forget*

Once upon a time an aspirant on the Path took to meditation in the later half of his life. Until his departure from the body he devoted his time for meditation and study of the scriptures. When death knocked at the door he received a message that he shall conduct the next life with a triple activity of meditation, study of scriptures and service to society. This message came to him from within.

In the next life he was born to a pious woman, took to initiation of Gayatri in his 7th year and by virtue of previous traits he took to contemplation of Gayatri and study of scriptures. He started early this time in life and went on with meditation, study of scriptures and discoursing amidst a class of intellectuals.

On one day when his mother was on her death-bed, she invited her son and informed him to take to the course of serving the fellow beings and not limit himself to the joy of knowledge and meditation. He was surprised at the message of his mother, since he

never knew that his mother too has such flashy ideas. He nevertheless paid deaf ear to it and continued with the acrobats of knowledge.

One fine day death knocked at the door and when he was at the moment of death he again heard the same message, which he heard when he left the body in the previous incarnation. It was a shocking revelation to him. It was furthermore shocking that his mother also appeared in the etheric form and smiled at him. He went into deep repentance and died.

Such are the traits existing with the souls even on the Path. They do not recollect the purpose of their life. Even if it is recollected they tend to forget.

*The Will, The Way*

Between the Will and Karma, which is stronger? is the question often asked. For the ordinary Karma is stronger than Will. There are extraordinary ones who nourish the Will, strengthen it and apply it. Will is fire. When the Will is sufficiently developed, the related fire emerges and burns the impediments of progress. Will can be developed by attuning to the Divine Will on a daily basis. Will can be developed by precise rhythmic action, which requires honouring the time to the minute. Will can be developed by contemplating upon the sound RAM(the sound of Cosmic Fire). Will can be developed by contemplating upon brilliant orange colour with more red than yellow in it. Will can be developed by reading and thereby getting inspired by the stories of Great Ones of mankind. Where there is Will, there is a way. Let not your will be deterred by the doctrines of Karma. My ashram is full of such ones who dare, who adventure and who inaugurate the new era. Attune your will to the Divine Will in any one of the ways stated above and conduct.

*Time and Magnetism*

The frequent caution that we give to the aspirants is 'waste not time'. As much as you waste time so much you are wasted by time. Time does not suffer wastage. You suffer the waste through time. Those who waste time are the ones who suffer unconsciously. When you engage in constructive work, through time you become able. Ability is one of the blessings of time. Order is another blessing of time. The order in work would make the work magnetic. As much as the work grows magnetic its impact is on you. You too become magnetic. Magnetism is the inherent quality of life. The life in you flows vibrantly and helps even to heal the surroundings. Time has many such messages. Time is the Lord in Creation.

*The Dwelling Evil*

Be not complacent of evil. Do not be blind to it. Evil cannot be eliminated. It is the by-product of the creation. It exists as long as creation exists. It exists in the ambience around. Its existence is subtle. You cannot perceive. You do not know when it enters into you. By the time you know, it occupies key position in you. Then you cannot come out or get out of it. We overview the situation with many well-meaning aspirants and disciples. One needs to daily eliminate the weeds of evil from within through regular prayers. Regular and ardent prayers are the means to eliminate them from oneself or to restrain them from a place. Different religions have different ways of dispelling them. Do not neglect them.

Remember! It is not wise to hate evil. If you hate evil you attract it faster. Ignorant priests preach hatred towards evil. It is one of the chief reasons for the growth of evil. As much as you entertain hatred so much you wide open the doors to evil.

Today mankind is suffering a lot of pain, ill

health, sickness and even decay due to its hatred. The human activity is full of crime with robberies of different kind, aggression, violence, exploitation of the weak, the women and the children and above all enmassekilling. All this is happening in the name of perverted belief in God! We see from a distance helplessly this ignorant activity of the mankind.

Prayers done in love and for welfare of mankind can open the vaults of heaven to normalise the situation and such prayers have to be done with greater effectiveness. This is caste as a duty upon all the new groups of world servers.

*Ponder on This*

As per the design of one of the members of our brotherhood we condescended to appear to certain aspirants in the west. We conducted even correspondence, today called as 'Mahatma Letters'. We revealed certain ancient-most secrets of Nature. We taught the principles of discipleship. We demonstrated subtle manifestations. The result was not as expected. Most of those who came in contact with the above, turned out to be enthusiasts; seeking more and more miracles and magic than being hardworking aspirants. Most of the members sought more miracle sciences than the Path. All that was revealed could be a reality to those who follow the Path. Instead most of them wanted to act as our agents. They least know that we need no agents. Much less such agents who do not practice what they preach.

The true aspirants who intended to follow the path turned inward, worked upon themselves and unfolded within silently. Such ones were hardly a dozen. The rest have caused more disturbances to the

situation than giving appropriate information. After 30 years of experimentation we decided to get back to silence and wait for the true aspirants who work upon themselves to transform themselves as disciples. The rest of the ones till date keep discussing of us over a cup of coffee or at the dining table or in their evening chats. Such ones would do better when they learn silence and learn to be constructive in their speech. Those who are critical, destructive, and judgemental in speeches regularly postpone the possibility of becoming even an aspirant. This may be pondered over.



*Maitreya*

Friendliness in its true sense is the purest state of a being. Friendliness is not only the purest but also the most profound state of a being. A true friend does not even say "I am your friend." Friendliness is known only through deeds and in its pure state its language is silence. Friendliness is not possible for all. In the world the friendliness is based on mutual expectancies and co-operations.

Friendliness is like the pulsation of the heart. The heart pulsates expecting nothing. It has no speech and it gives presence, to be. Without it there is nothing. It works in you even if you do not care to recognise it. Only the grateful ones recognise its pure value.

Through the intelligence of pulsation that is working in you, you can have the glimpse of the friendliness of the Divine. It is verily the Divine, that exists in you, which lends its presence to enable you to be. If you cannot recognise the perceptible resonance of pulsation in you, how can you recognise the Divine who is the basis of such pulsation? Learn to work as

pulsation works in you. Learn to be friendly, be silent and be happy. Among the Divine qualities friendliness is counted as the foremost. Maitreya means embodiment of such friendliness.



*Faith - Fear - Sickness*

Think not excessively of your sickness. Sickness is normal in the present times. Perfect health is an illusion. Learn to hold healthy mind with healthy thoughts. This is far more important than a healthy body.

Those who have faith, hold on to such faith without wavering. Engage yourself in acts of goodwill. Do not despair while conducting such acts. Faith is a Divine tonic. Holding on to faith is not detrimental to growth. Those who are faithful and those who are engaged in the acts of goodwill also become frequently sick. Their sicknesses are around throat, heart, knees and elbows. Nevertheless pursue your faith and your acts of goodwill. In that part of your body where you have sickness and pain, institute the Divinity in which you have faith. Faith cures. Where there is unwavering faith, there Divinity is.

The threshold for the faithful ones is fear. Fear is the chief enemy to those who pursue the path of faith. Even fill the thoughts of fear with that of your

faith and thereby overcome the fear as you over-come the sickness. Fear and sickness are the shades that follow the faithful. May this be noted.



*Meditation and giddiness*

Sometimes in meditation a student gets into giddiness. It is a sleep-like state. It causes frustration to the student. It is like a black cloud that hinders experiencing the soul. Giddiness happens when the student is transcending from the mental state to the buddhic state. The former is familiar state and the latter is unfamiliar. The psyche of the student grips to the familiar and does not let itself into the buddhic state, the unfamiliar. Consequently there is a smoke-like state, which makes the student hazy. When the student encounters this situation he should learn to wait. The psychical fog emerging from him will slowly pass away like a passing cloud. Each time he falls asleep during such state he misses a golden opportunity to transcend.

To overcome this giddiness the following practices are helpful:

1. To face the east during the dawn hours and meditate until a few minutes after sunrise.
2. To do deep, uniform, slow, soft breathing 24

minutes before meditation.

3. To enflame fire wood and regularly look to the flames.

4. To exercise for 30 minutes daily until the whole body sweats.

5. To look for light food such as water, buttermilk, yoghurt, vegetable juice, honey, fruit juice and modest quantities of cereals and pulses.

If a student adopts to the five regulations the density of the tissues of the body get reduced. The body would be able to respond well to the energies of the soul.

*The Youth*

Forget not the youth. They carry the virgin minds. Impressions happen easily to them. Impressions can be of light and of mundaneity as well. Enthusiasm is their asset. They are ready for immense action.

If the youth receive right direction and gain the right action, they can proceed like arrows into the world of Goodwill. They should be informed of right action even before they plunge into wrong action. For this the elders should have clarity of what is right action. Mostly the elders tend to be fundamentalists. They do not see that there is more than one right way. They should learn to see the natural inclinations and attitudes of the youth and encourage them in the right way, through such inclinations and attitudes. Since most of the elders do not do this, Wisdom looks to be distasteful. The elders need to be wise enough to give direction. They cannot complain that the youth are excessively falling into the vice of indulgences. If the youth fail, it is nothing but the reflection of the failure of the elders. If the youth fails the future is bleak. The

youth need to be given the laws of right relationship and be entrusted with freedom coupled with responsibility.





*Fear is death*

Disciple: Master, will you please tell me the longevity of my life?

Master: How does that help you?

Disciple: If I know that, I plan my work better and conclude the deeds to join you before the end

Master: There is a yogi who can tell you this. I furnish you with his address. Go and meet him.

The disciple travels as per the address given and reaches a volcano. Just at the mouth of the volcano the yogi was sitting with a pleasant countenance.

Yogi: Welcome! Welcome to you! How is your master?

Disciple: It is bewildering to me that you stay at the mouth of the volcano.

Yogi: Yes, I live here. I have been living here for many years. In fact I am living here from countless years.

Disciple: Is it not dangerous to live by death? Don't you have the constant fear of the volcanic eruption?

Yogi: Yes, you are right. I live in the presence of death. In fact I did all my yoga practice here only. You are sent by your master to this place, so that you too would

conduct your yoga practice here. Death can happen in any movement and to anyone and in any place. It is inevitable to the ones who are born. It is therefore unwise to fear of the inevitable. Let it happen when it happens. In the meanwhile live life. Do not live for death. Live for life. Live for the life of the surrounding beings. Live so until you breathe last. This way you would be ever joyful. If death comes, you can cheerfully open the doors and move forward. You may die this moment even. You may die any moment. This you would realise only if you live here. Therefore join me and transcend the fear of death. Fear is death.

*Brotherhood*

Brotherhood is a much battered word. It is more used than practiced. After the Pythagorean groups we are yet to see groups of brotherhood. Brotherhood does not exist even between the natural brothers and it is only an ideal for the groups, which is far from attainment. Groups are gathered only to fight in terse. There are ever changing alliances within the groups as per likes and dislikes.

As long as likes and dislikes persist in the group, brotherhood cannot happen. The members of the group need to sacrifice their personal likes and dislike on the altar of common good.

Brotherhood is the most sublime aspect of hierarchy. It is just a concept in humanity and an ideal for groups of aspirants. Everyone needs to strive towards brotherhood, which demands sacrifice of personal view-points. It is the highest state of a cultured human being. It is in that state the real meaning of friendliness, love and unity is realised. Those who are willing to forget their self in service can

tread the path of brotherhood.

Strive for brotherhood. The hierarchy stands as  
a great strength behind you.



*Beliefs*

The majority of human beings have belief in the Divine. This belief existed even before the religions emerged. The religions also pronounce the Divine vociferously. There are many beliefs and many superstitions relating to natural powers and supernatural powers. All proclaim that the Divine is omnipotent, omnipresent and is omniscient. But the strangest aspect of the humans is that they do not hold this belief firmly in their daily life. They do not realise that the Divine can cooperate with them; that the Divine can help them; that the Divine powers can alter situations for the better. They stand disconnected with the Divine and get helpless.

Be connected while in action. Learn this one practice. Feel that the Divine is with you while you are in action. In truth He is with you at all times. If you link-up you may gradually know the truth of His cooperation, His help and His power. As you progress with this practice of “linked action”, you would realise that the Divine is ahead of you and fulfils your actions

and you remain behind enjoying the splendour of the fulfilled actions. You would further realise that He leads you, guides you and protects you and becomes a shield around you.

The Divine is within. As much as you link-up and let Him express from your heart He would grow to cover you retaining you in His heart. This truth is expressed as under:

“I am in you because you are in Me”.

*Nature of Teaching*

Can you segregate the colours of the rainbow? One colour emerges from the other only to merge into yet another. You can-not demarcate where a colour ends and another colour begins. Likewise, you cannot demarcate the day and night. Similarly, our teachings cannot be demarcated and differentiated. They are all interwoven. If you try to eliminate what is inconvenient to you the other teachings also get eliminated. All teachings are but one. They are seemingly many. "One in all; all in one."

Is it not foolish to cut away a bead from the rosary? If you do so the other beads too fall. If you remove a part of the rail, is the rail track safe? Be not foolish to do so. Do not segregate any teaching. Learn to aggregate them and move forward.

Scriptures and teachings are such aggregated ones.

*Building Team*

Do you know that your ancestors were more creative than you? The present day creativity is no comparison to their creativity. They could make the planet habitable by finding many secrets of the planet. Their creativity is the grand foundation to the little creativity you have now.

Do you know that your ancestors enjoyed better freedom than you? They were freelance thinkers, innovators and daring experimentalists. They were not bound by money, power, food, drink and sex as you are.

Do you know that your ancestors carried more stature, strength and better health and had better civilizations?

Do you know that your ancestors had chaste poetry, music, art and language, which are gradually lost by you?



Lastly, they were more poised beings than you. No doubt the present humanity achieved much, but has lost much too. Progress is in progressive growth, where the growth is aggregation. One cannot call it a growth where such growth leads to losing fundamentals. One cannot neglect the foundations, over awed by the beauty of the super structures.

We the Brotherhood stand as the firm bridge between the past and the present. Those who synthesise the values of the past and the present are the future builders. Those who ignore the past and those who ridicule the present cannot be part of the building team.

*Kumaras*

The Kumaras constitute the crown of the Hierarchy, which extends up to the cosmic plane. They are revered even by the Trinity. The thought relating to them purifies the thinker. They are most proximate to Brahman. They live, move and have their being in Brahman. Verily, they are the foremost forms of the Brahman. Even the Devas bow down to them.

But remember, that even the Kumaras were once humans like you. They too went through the same evolution and have consciously evolved to be where they are now. Like you and like us, they went through the travails of mundane life. They laboured and sweat on earth. They learnt to will, to dare, to know and to do. Through those labours they learnt compassion, love, law, service and sacrifice.

They know the human difficulties. They therefore lead with love and compassion. They have been guiding the humanity right from its most ignorant states till now and will continue to guide throughout this kalpa (creation). Recollecting them

daily, in the four higher centres i.e. Sahasrara, Ajna, Throat and Heart is the minimum that every aspirant has to do. By your recollection they grant instant presence. Forget not to do so daily.



*The Only Way*

Once an aspirant approached me and sought a favour. “Master we live in the mundane world; you live in the super mun-dane. We wish to reach the super mundane but are bound by the mundane. Why don’t you grace us, so that we transcend the mundane and live in super mundane? Can’t that be done by high souls like you?”

I smiled and answered, “You have a wish to reach super mundane. May the wish be transformed into will and be further transformed as fiery will, translate such will into action; you will reach the super mundane. The mundane mind cannot experience the super mundane unless it submits itself to a process. The process is trans-formation and the agent for transformation is fire – Will.”

The aspirant stared at me with a questioning look. I gently took him to a water tub and asked him to look into the tub. He looked into the waters. When I enquired of what he saw, he said he found his face reflected in the water. I told him to touch the surface of the waters gently with his index finger. He then

touched. As he touched the waters got disturbed and the face disappeared. I asked the aspirant the cause for the disappearance of his reflected face. He said that it was the property of the disturbed waters. I answered him that similar is the property of the super mundane which is also subtle.

When water, which is subtle, is touched by the finger, which is gross, the subtle is disturbed. Likewise the gross or mundane mind when given entrance into the subtle, it disturbs the subtle and yet cannot gain vision or experience of the subtle.

The aspirant fully satisfied walked out of my ashram; took to the austere practices of yoga. He thereby transformed his body and mind gaining the eligibility to experience the super mundane. This is the only way.

*The Antenna*

You have a tendency to blame us for your Karma. You think that we don't guide you. We don't even hint to you. This is not true. I tell you what happens with you.

Recently I placed a Tibetan coin on the table of a disciple under a note-book, which he regularly uses, with the fond hope that he will see the coin as he picks-up the book for use. That day he did not. Next day morning the maid moved the coin to another spot. Even then the coin was not seen. Similar things happen with you as regards your Karma. You are generally clouded in your thoughts. You cannot therefore see the gifts sent and the hints given. Try to gain knowledge of the surroundings and learn to be alert. You blindfold yourself and complain that we remain silent onlookers. Develop a disciplined use of cyclical energy. It helps you to be alert and observing. Keep your antennas opened to all directions.

*Contrary the Key*

Every condition or event is better revealed by its opposite. Unidimensional thinking is incomplete. Think of the contrary to gain fuller view. A more comprehensive view is gained only by such means. This is whom the church calls “the devil’s advocate”. Learn to include the contrary, the opposite, to be in synthesis. In hierarchy of Masters, a Master is active with the disciples to teach the contraries. He is the Master of contrary, a good friend of mine. He is the Saturn of the brotherhood. He slows down disciples and directs them to think of the opposite too, before they proceed. He is the one who presents contraries. He presents the unexpected and forces you to include the unexpected.

*Day Dreamers*

“Awakening” is the word that is repeated by all, especially in esoteric clubs. But most of these club members are slumberers. They are worse slumberers than the normal ones for they do not know that they are neither at sleep nor in awakened state. They are day dreamers. Those who sleep normal, do not dream during the day but these dreamers dream day in and out. They dream years together until they awake from their dream to reach the ground reality. These dreamers who disturb silence with slogans “Awaken slumberers Awaken!” are the real confusing lot in the society. They are the confused ones and they confuse the simple humans who live normal. They waste their lives by day dreaming entire life. They fall into great illusion and drowsily repeat thoughtlessly words uttered by the teachers.

Such ones cannot be awakened except through a shock treatment in life. Many complain that when they touch upon the hierarchical energy their life is filled with crises and calamities. They should know that



this is done with love to awaken them from the sickly  
state of dreaming.



*The Guru*

If you carry spirit the Guru can pilot your ship of life. Without spirit as fuel of your ship your life cannot be piloted by any Divine power. Spirit is the key. It is the solution to your life, you are blessed if you are spirited, if not nothing moves forward in life. Hold on to the fuel of spirit. The pilot takes care of you. He leads you by the depth of your spirit not by the vastness of your intellect. Mind you, spirit is the quality of your heart while intelligence is the quality of mind. When you have spirit of life the Guru can dispel the attack of sleep. The Guru can uplift the drooping spirit. Do not entertain any uncertainty in thought when you sense through your spirit that you are guided. Be thankful in silence and do not utter forth any word relating to your guide.

Owe to you when you make a false claim to a teacher and pronounce light mindedly any word about a teacher. The false student actually honours himself through uttering the words of the Teacher. If you are really spirited and when you are convinced that you are

guided, let the guidance happen in silence while you daily inflame your spirit. Your spirit then truly flowers and finds you joy on the way.



*The Mother*

Nature's work is subtle. Nature is the mother that safeguards the true teachings from its eventual distortion. The distorted teachings, which are afloat generally in the world, are but deflections of the original and the original teachings are once again handed over by Mother Nature to those who carry the true fire of aspiration. The Mother is the Mother of Fire, Mahayogini and is also known as the Mother of Agni yoga. She preserves the teachings of Son of God from malicious misinterpretations. True service demonstrated by the fiery aspirants enables access to the true teachings. When there is treason and breach of trust, the server is denied true wisdom. True wisdom is like the sunray that cannot be burnt.

Distortion of teachings is considered cruel by the Divine Mother. The server should therefore know to serve without distortion and without manipulation and malice. We say "you have heard; you must understand that from the moment you heard our teaching, you have accepted a responsibility. Follow

the teaching implicitly. Do not distort to your convenience. If you do so the Mother veils.” The veil of the Mother cannot be lifted by any being in the creation. Only through rectitude and right action the Mother feels compassionate to lift the veil.



*A Caution*

Distinguish between those who understand and those who merely agree. The one who understands does not delay in applying it to life. The one who merely agrees will simply praise you and extol you of the remarkable wisdom that you teach. Those who follow not the teaching are like the barren trees who neither give shade nor fruit. They are the decaying ones. They decided to decay. Care those who understand the teaching and follow it. These are few. They are like a sponge. They absorb priceless knowledge and clean away evils in and around them. They are the fit ones who are up to reach the goal. See the goal fitness of people around you. Do not gather mass. You will be doomed by the charlatans who only trumpet around you for their benefit. Be incisive in your choice of associates. Let work be the basis of association and no other.

*Beauty of Retreat*

It is difficult to speak a right word. It is difficult to find a right thought. It is even more difficult to be silent. The one in silence in thought and word for long years is the one who receives the right thought and the right word. It is for this reason one needs a periodical retreat. The retreat is 'to be'. Be-ness is the state of silence. Pulsation is its silent music. Muse in the music of silence and Be. If you have learnt this, you have learnt. If you have not learnt this, you have not.

The whole creation is but a thought, the Original Thought. Thought is but the unuttered word and yet is the word. The word reaches you and the Original thought unfolds in you and you speak the right word if you have learnt to Be. The other name for this Original Thought is Divine Plan. You would thus know the Plan and fulfil your part in it.

You cannot define the boundaries of you when you progress in silence. Experience the beauty of silence and express the right thought and word.

*Fitness*

A disciple close to a Master was wondering the way he gives entry to the aspirants into his aura. The disciple enquired, "Master, what is the fitness that enables you to accept a student." The teacher smiled and said, "be aside me in the next days."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry." The aspirant answered, "I look for proofs of super mundane." The Master replied, "Come back after some time." He told the disciple on side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry." The aspirant answered, "I am sad of life." The Master replied, "Come back after some time." He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry." The aspirant answered, "I want to defeat my enemies by the power of yoga." The Master replied,



“Come back after some time”. He told the disciple on the side, “He cannot be one of us.”

A few days after came an aspirant and the Master enquired, “What is the purpose of your seeking entry”. The aspirant answered, “I want to be rich and powerful to propagate your yoga.” The Master replied, “Come back after some time.” He told the disciple on the side, “He cannot be one of us.”

A few days after came an aspirant and the Master enquired, “What is the purpose of your seeking entry.” The aspirant answered “I want to know the Divine Plan, Cosmo genesis, Anthropogenesis. I offer myself to you to get this knowledge.” The Master replied, “Come back after some time.” He told the disciple on the side, “He cannot be one of us.”

A few days after came an aspirant and the Master enquired, “What is the purpose of your seeking entry.” The aspirant answered, “I want to be free; I want liberation and bliss.” The Master replied, “Come back after some time.” He told the disciple on the side, “He cannot be one of us.”

A few days after came an aspirant and the Master enquired, “What is the purpose of your seeking entry.”. The aspirant answered, “I wish to transform myself from my beastly nature to human and from human to Divine.”. The Master then asks, “What is the

reward you expect of it?" the aspirant replied "only to Be and to serve." The Master rejoiced and admitted him. The Master turned to his disciple on the side and said, "He is the one who is ready for self-transformation. He is ready to rid himself of his faults without regret. He will not look for miracles and proofs. He will not be deterred by fame and riches. He will not be proud of knowledge. He will Be and be humble to serve. Such ones need to be attended to." The disciple knelt down and saluted the Master.

Entry into yoga is not for all. It is only for those who seek to perfect themselves.

*Courage - 1*

Once a Teacher announced that there is a treasure nearby and each one of the listeners is predestined to receive it, if only they wait and be open to receive it. The Teacher disappeared thereafter. The listeners imagined the treasure and waited for a while. But their patience was shorter than the ability to wait. They were perturbed and even irritated. They regretted their wasted time. Each one felt the lose of waiting and of wasted time.

One recollected the time he wasted and the related worldly progress. Another regretted that he missed collecting his debts. Still other regretted that he missed the chance to marry. Yet another regretted his failure to gather profits from business. Each one was repentful of waiting. Their minds were engaged more in the loses that they suffered than in the profit of receiving the treasure. Their receptivity got blurred by their thoughts of worldly profits. They felt that they were after a cloud, which never rained.

But one waited believing the Voice of the

Teacher. To him, to wait to receive the treasure was much more valuable than any worldly profits. He waited. He suffered. He lost much. But they did not deter him, for, the affirming noble Voice of the Teacher was sweeter than all that he lost and suffered.

Suddenly he heard the Voice of the Teacher again, which was familiar to him, “Do you not fear the lose of profits, don’t you feel the waste of time in waiting to receive the predestined treasure? Did you not doubt my long silence? You closely persisted. Rise. You need not go far for the treasure. Rise the stone upon which you are sitting. Receive the Divine Benevolence. The courageous one is never deprived.”

Lo! The waiting one received the treasure.

*Courage - 2*

The waiting one received the treasure but was not happy. The fellow men were un-happy too for two reasons. They could not wait to receive the treasure and one among them received the Treasure. But the courageous one was not happy with the treasure.

To him the Voice of the Teacher was a more sublime treasure. The voice was so magnetic and so full of love. He was craving to listen to the Voice. He recollected repeatedly the Voice of the Teacher. Tears rolled by but he could not hear the Voice or see the Teacher. He saw the Teacher long ago and heard his Voice. Recently he heard the Voice but did not see the Teacher. The second hearing was much more endearing. He searched and searched and searched as to where from the Voice is heard. The search deepened in himself.

Suddenly he received the hint that the treasure is the Voice of the Teacher, which emerged from the core of his heart. Courageous as he was, he pursued into the heart and on the way to the heart the mind

disappeared and the Teacher appeared with the sweet sound of smile. The Teacher said, “This is the True predestined Treasure that I taught to the fellowmen. Everyone is predestined to receive it, but for their focused pursuit.”



*Past - Present - Future*

Advanced Minds do not refuse to eat yesterday's bread. Today's flower started blooming yesterday only. One should combine the knowledge of the Past with the knowledge of the Present. The Present need not obliterate the Past. People out of pride deprive themselves of the fundamentals that led them to the path. The Past should culminate into the Present and move forward into the Future.

The language of the ancient scriptures forms the basis of the present-day scriptures. Learn to love both. The Wise ones respect the seed as much as they respect the fruit. New-age is a reality to those who realise the value of the past-age. It is not for up-starts.

Future is Golden for those in whom the Past values culminate into the Present.

*Presence*

Once upon a time there lived a Mahatma – initiate, who taught relentlessly. Among those who followed him 12 of them were ardent. Of the 12, three were females and 9 were males. The males received wisdom from the teachings and enlightened themselves. The females not only received wisdom but also rejoiced the Presence through the teacher. To them the Presence of the teacher was much more than the wisdom that the teacher imparted. Rejoicing the Presence, they learnt and they served the teacher too, to dip deep into the Presence.

When the Mahatma departed the male disciples lived by knowledge but their teaching could not transmit the Truth. The female disciples also taught the same wisdom but the Truth could be transmitted through the Presence that is established in them. It is the Presence that magically conducts transmission of wisdom afresh. Without such Presence the teachings are but dry sermons. Presence is as much important as the teaching. Presence by itself is teaching. A disciple



would do well to stand in Presence, to live and move in it. Great acts cannot be done in the Divine field if one steps out of such Presence. Feel the Presence of the Lord within you and around you. Practice to start with. It is also the reality.



*Knowledge - Synthesis*

Until you have settled in synthesis know that you have not known enough.

Knowledge should enable you to be inclusive and not to be exclusive.

Knowledge should help you to stand in neutrality.

Knowledge does not afford conflict.

Knowledge enables to know how it is, but does not let you to judge as to how it should be.

In knowledge the left and the right merge; the high and the low also merge.

Knowledge is infinite.

Knowledge defines not, judges not.

Knowledge carries not, opinions.

Knowledge is the fire that purifies all and settles you in Synthesis.

Until such knowledge of Synthesis is gained, neglect not to know. To know is the impulse to progress. To act upon what is known causes progress.

Knowing for the sake of knowing puts you to a loophole.

*Inspiration - Practice*

Are you courageous enough? The path is not for the timid ones. Can you dare to live my teachings? Why do you read my teachings, if you do not have the courage to follow them?

Pick up a teaching that is simple enough for you to follow and live by the teaching. When it becomes part of your life and nature, pick up a second one of your choice. Move like a turtle but not like a rabbit. Slowly but surely you would move forward in Light.

Daily reading a part of the teachings is to recharge you inspiration. Stay charged from the morning till night. Through the teachings breathe fresh thoughts of enthusiasm and joy. See how the bird takes off from the nest at every dawn with great enthusiasm. Do you have such enthused spirit or do you remain burdened with heavy thoughts like a hippo?

Take to the morning flight of spirit; conduct acts of goodwill and come back to the nest. Your real

nest is within you. Get back into that and rest in our presence. Let this be a simple daily practice. Do it with will and courage.

The rest follows.





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The commandment of Master is like the shade of the tree. The tree-shade turns the hot wind to be cool. Do not leave the shade and lose the cool. The social appreciation and recognition may draw you away from the cool and the shade. Then you are affected by heat i.e., the malice of the world. You may even get the sunstroke i.e., the fatal blows of the world. The indiscriminate and inconsistent ones are exposed to such danger. Stay cool and conduct the action as intended.

Let the commandment be followed implicitly!



**Dhanishta**

