

Vaisakh News Letter



HAMSA SIVA SOHAM



Taurus 2024 Rishabha

Letter No. 1 / Cycle 38 – 19th April until 20th May 2024

The World Teacher Trust - Global



May the Light in me be the light before me

 May I learn to see it in all.

May the sound I utter reveal the light in me

 May I listen to it while others speak.

May the silence in and around me present itself,

 The silence which we break every moment,

 May it fill the darkness of noise we do

And convert it into the Light of our background.

Let virtue be the strength of my intelligence,

 Let realisation be my attainment,

Let my purpose shape into the purpose of our earth,

 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

 May we transact light in terms of joy.

May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

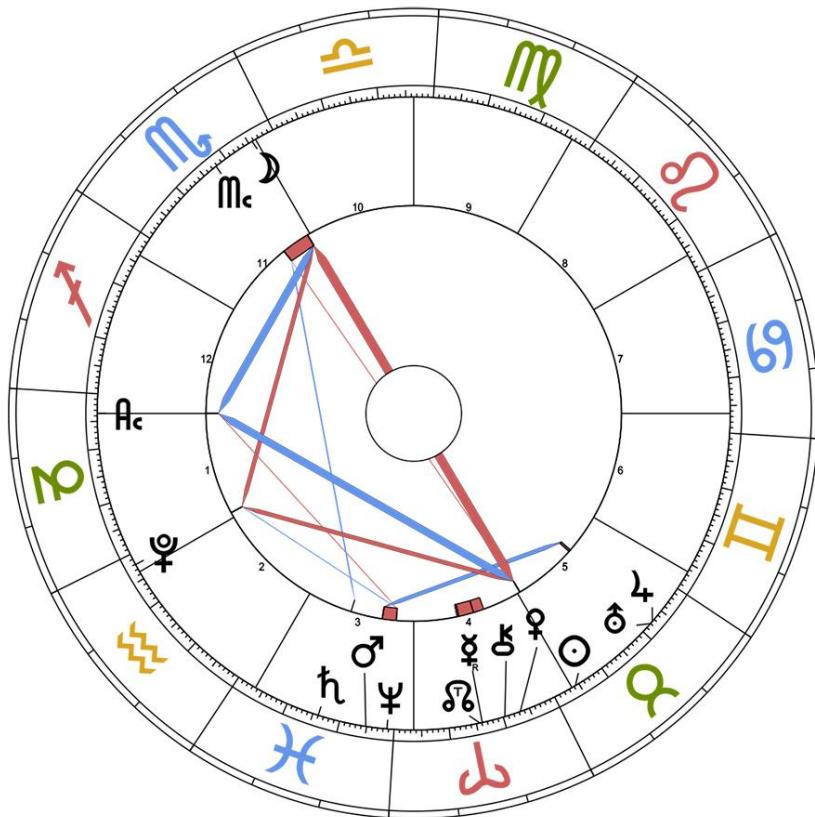
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Prayer of the Year 2024-2025

Vena, the Gandharva, is wiping off the pictures of the subconscious mind
on the walls of my nature with the hieroglyphs of sound
from his seven stringed lyre.

Serpent 'K' loosens its skin. The pictures of past Karma
on the walls of its skin are peeled off. Karma neutralised.

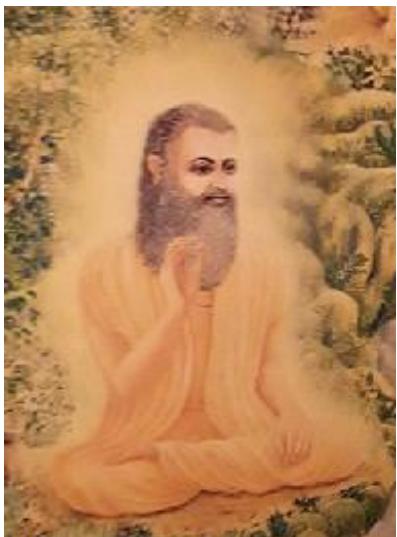
Occult Meditation 31-32



Full Moon of Taurus, 24 April 2024, 01:49 pm CEST (UTC + 2)

Message of the month of Taurus ♀

Taurus has been linked to Lord Krishna since his appearance on this planet. The legend goes that the matter of this planet was not fine enough to be made into a body for Lord Krishna and hence the then World Teacher Parasara made a ritual and ultimately sacrificed himself, so that matter could be created fine enough for the body for Lord Krishna.



The work of today's Hierarchy and the present World Teacher, whom we know as Maitreya or as the Christ, started 5,000 years ago. In that incarnation, Maitreya was a prince of Benares. In his youth he learned about the then World Teacher, Parasara. He met the master in the Himalayas and joined his group of students. Parasara revealed to him the divine plan for the coming cycle. As Lord Krishna left this planet, he gave the magical etheric body to Maitreya who became our World Teacher.

The full moon in the lunar month of Taurus is dedicated to the Hierarchy on this planet and the legend says that Lord Buddha appears and blesses Maitreya and the Hierarchy for the current yearly cycle.

There is another sublime idea related to Taurus, the Divine Word (Vak), its manifestation in four steps from the subtle to the gross.

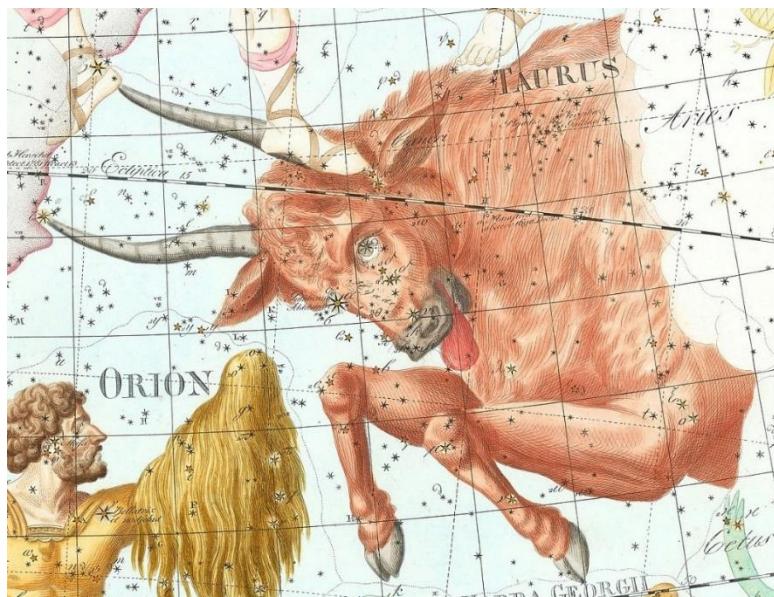
It starts from the background consciousness, which is undefined, we call it the Para state (Aquarius) or beyond. Then there are two subjective states called Pasyanti (Pisces) and Madhyama (Aries), representing the idea as an abstract concept and then becoming more manifest into a mental language. Finally, the objective world is reached in the Vaikhari state (Taurus) represented by our vocal speech.

This four-fold division can be applied to our Cosmos (the Milky Way or our galaxy), our Universe (the solar system) and to Man (the mental being living on this planet).

In the human etheric body the zodiacal signs correspond to chakras or a state of consciousness. Taurus and Pisces are located in the physical body in the pineal and the pituitary bodies. A link between the pineal and the pituitary bodies has to be constructed by the disciple as the higher bridge. This is also called the birthplace of Indra (Indra Yoni). The higher bridge serves as the third eye in us. This centre is located above the Ajna centre.

As we walk the path of discipleship, we travel on the reversed wheel from Libra to Taurus and as we reach Taurus we will stand face to face with God, meaning we have vanquished the serpent of Scorpio.

Composed by Heinrich Schwägermann Lorenzen



Johann Elert Bode (1747-1826): Taurus



Message of the Teacher

Learn to turn inward at an early age 2

When the building is on paper, the changes can be made easily. Before we make this building, we draw it on a paper. Any changes are easy at that stage. Once it is built, it is possible but with a greater effort and breaking may be necessary. To erase is easier, to break is difficult; difficult for the student but not for the teacher. Therefore it is easier if someone practices to turn inward at a tender age. Tender age is 7 years according to our Scriptures. The later it is, the tougher it becomes. It is possible, though the prayers have to be very ardent and sincere.

Let things be around you but you do not get into them. Let them be free around you. Let them not bother you. You stay above them. There may be a very mundane thing around you but it does not matter if you stand out of it. This is what is called Vairagya. One should have a detached attitude towards everything around you including your body. It causes trouble. It is your house. Not all houses are comfortable and if the house is of trouble mostly people sleep in it.

Compiled by Ludger Philips

Utterances of Lord Krishna



While sitting also, let the body be erect without tension. Sit perpendicular, and you are vertical. Verticals and horizontals meet to cross one another at the point of contact 'I AM'. Vertical consciousness symbolizes subjectivity. Horizontal consciousness symbolizes objectivity. Let the verticals and horizontals cross one another in a happy blend. Your mind is different from yourself. Yet your mind is yourself. It is the gateway between your subjective and objective experience. Bring yourself to yourself, with the help of your mind. Physical stability may not bring mental stability, but it is conducive. Sit stable. Think of something. Now you want something to visualise and think of. You think of the tip of your nose wherfrom the pulsations pass to and fro. Don't think of any object distant from yourself. Distance is your pervasion as mind. Travel from circumference to centre mentally. Slowly and peacefully, peace approaches you. Remember that the approach is very subtle. The approach is not difficult because peace never exists in difficulties. Peace approaches you peacefully. It approaches you as the glowing 'I AM.'

Total absence of objectivity is the total absence of fear. It is new to you. Yet, it is natural with you. It is the culmination of your own nature into you. You are instinctively at home with peace, because you have no instincts by now. Remember you should be a celibate while practising this! Do you think that celibacy is obtained by physical cessation of sex impulses? No woman presence, no celibacy? Childish! There is woman in man as a concept, and man in woman as a concept. Then why talking about physical celibacy? Eliminate the woman in you by a process of transformation. Transform the woman presence in you by the presence of Me in you. Now you are a real celibate. Now you live as a Creator in the Cosmic Consciousness. Dwell in Me, you have controlled your mind. Dwell in yourself while dwelling in Me, and you are already a yogi.

(6, 13, 14)



Lord Maitreya
Maitreya Community

Friends of Community

You are often warned against the dangers of ego and selfishness. Selfhood is akin to a sibling of ignorance, a deadly force which can extinguish the best of fires, destroy the noblest of endeavours. There is no place for egoism in a community. Let this not be taken lightly that when cooperatives are established, do not let egos sneak in. The statutes should be written not for oneself, and that each rule and decision should prioritize the needs of others. True friendship lives in this spirit and the term "friend" be highlighted as a significant title, symbolizing genuine concern for others. Indeed, the heart does not admit egoism. Strong is the heart when it is concerned about the future, not thinking about self.

Composed by Srikanth Kaligotla

Master Morya

Maruvu Maharshi

Read the Teaching repeatedly



"And with His staff He wiped away all the designs in the sand." In this action, we see all the generosity of the Teacher, all his riches, all the dismissal of the past and the striving into the future. But people, as I said, turn everything into the ordinary, so that all their actions, whether personal or national, whether material or spiritual, are deprived of enthusiasm. But if our daily labour is consecrated in the name of the Teacher, it cannot be ordinary or tiresome. If we forget for what we labour, boredom will cover us with its shroud of decay, and all the jesters of the world will not be able to provoke a smile in us.

How is it possible to describe the daily work of the Teacher when he scatters his creation in space, and the whirlwinds carry away the designs? But with a smile the Teacher scatters the signs, for he will never tire of sowing the sparks of attainment.

The Teacher directs the flow of consciousness. The pupil may not even notice the touches of the Teacher. Thus, everyone should enter the domain of the Teaching as into life, unwaveringly. But for this purpose, one has to read the teaching repeatedly, while in different states of spirit. It would be a mistake to devote to the teaching only at one's times of rest or of upliftment. The best symbol of the teaching is the all-pervading Fire. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 72: Unfoldment of the mind

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Through the ashram of Ibez in the Ameru mountain ranges, Lord Sanat Kumara developed the science of Magic. Chiefly, the science of rituals, science of time and the science of Sound; that enable magical manifestations were taught by the Masters of Wisdom. These sciences were taught to manifest the divine light on the planet and to enable the divine touch (experience) to the beings on the planet.

In the past, the development of humanity was devoid of growth of mental faculties, discrimination, common sense, and a spirit of enquiry. There was a complete surrender to the teacher. In complete faith, life was conducted according to his word. There was no independent thought. Faith was the basis. The approach of the time was faith based, since the development of the mental faculties in the humanity was inadequate. Thus, to bring about unfoldment in the mental layers of the humanity, it became necessary to impart these sciences.

Till recently, it was a method of instruction by the elders and following by the younger ones in good faith. The transformations so far, are very visible if we make a comparative study of the past with the present.

The younger ones following the instructions of the elders in good faith, was the method so far. With the unfoldment of the mental faculties, the children today are of independent nature, enquiring with the elder ones and tending to function with knowledge. Governing and implicit following is the method of the past. Teaching and suggesting; yet allowing others to make their own decisions is the present. Blind following and a method of surrender is becoming a rarity!

A center established in the society as a temple used to be the place for worship,

meditations, to relate to the divine and for service. To see the God within, transform one-self into a temple and conduct acts of goodwill and service is the technique being imparted by the Masters of Wisdom today.

The teachings necessary for the uplift and unfoldment of the humanity happen through the teachers. Shambala directs suitable adjustments to the methods from time to time, in accordance with the transformations happening in the humanity.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

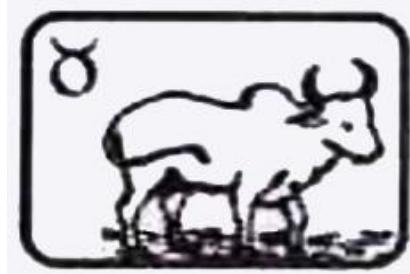


Pyramidal temple symbolising the ashram of Ibez

Message of Master E.K.



Zodiacal Symbols 2: Taurus



This symbol is formed by the semi-circle standing on a circle. This represents the two converging horns of a bull. The Sun passing through this sign is compared with the bull showering down his summer rays which prepare the earth for the fertilisation.

Summer is really the cause of the formation of the clouds which will rain to fertilise the earth. Through ages this sign is associated with Aldebaran, the Star of the Bull, the rays of which cause rains to this earth. This sign is also associated with agriculture, hence the association of bull with agriculture is a constant one till today. The Fertilisation of the Cow by the Bull causes the beings which till the earth and also which supply milk to mankind.

For this reason, Taurus is symbolised as the sign of food, taste and eating. The semi-circle representing the horns also indicates the Moon who is situated above the circle. Moon is found to be in his exaltation in Taurus. The Bull is allegorised as the Vehicle of the Lord Siva. This means that the creation of food is the cause of the Lord descending into the bodies and living in the form of the many beings.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 72

211. I have come down to lighten the Humanity. Lighten the Humanity from its clutches of Karma. I have come down to neutralise Karma so that evolution becomes faster. Circular movement turns spiral.
212. There are no conditions for my grace. You have many concepts of right and wrong. You get bound by them. I am not bound by your concepts. My grace is beyond all concepts.
213. There are no limits for my grace. There are no defined procedures or processes for flow of my grace. There are no ways and means. There are no eligibility criteria. You cannot gauge it.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



In the hands of the righteous,
the wisdom and the wealth
shine forth.

In the hands of others,
they are just ornamental.

PRACTICAL WISDOM

Love binds all together.
Let it flow through every action.





Saraswathi

Saraswathi Suktam 9
Transcending malice 5

If we see the way of life of Rama, he was the foremost to greet the other with a smile and was the last to speak. The moment we greet with a smile, the other man also responds with a smile. There is the meeting of smiles, of eyes and the communion of souls. Should there be any further dialogue or conversation, let it start from the other side, not from you.

Friendliness is possible when there is no malice. When we utter the Word, we gain this friendliness and the malice in us is burnt. Then the Law is better understood and followed, we cannot be irresponsible. When the Law is followed irresponsibility disappears. We cannot be irresponsible anymore either in our speech or in our actions or in our movements. The Word enables transcendence of malice and irresponsibility. It establishes us in friendliness and love in the truest meaning.

Once we grow closer, we cannot be irresponsible. We cannot be out of tune with the Law. The Word helps us to gain proximity to the Master Consciousness in us and hence our speeches, thoughts and actions cannot be irresponsible. The invocation of this hymn appeals to the Word so that it may enable us to overcome malice, irresponsibility and to progress like the sun, who succeeds days and nights.

Ashram Regulations for Entry

Pranayama 2



When the mind is applied upon respiration regularly, mind gets absorbed into the beauty of happening of respiration and pulsation. Mind is a doer. Pulsation is a happening. Mind notices for the first time that within the being, there is a principle of continuous happening regardless doing. By inference, mind notices that even while at sleep the pulsation continues to be, while the mind ceases to be. It knows not its state of existence in sleep, while pulsation continues to be, regardless one's state of sleep or dream or awakening. Mind gets inquisitive to observe how respiration and pulsation are happening in oneself. The inquisitive nature of the mind dipping deep through inhalation finds the pulsating principle and engages itself with the principle. The inquiring mind would like to see the very cause of pulsation. It therefore waits at the heart to observe the eternally pulsating principle. It leaves behind the respiration activity and engages itself with the pulsating activity (the related practice is already detailed herein above).

Thus prana and apana (inhalation and exhalation) are relegated into the background and their neutral state of poise is gained at the pulsating centre by the observing mind. The poised state of prana and apana is called samana.

PRACTICAL WISDOM

Gain the taste of matter and form. Realise its beauty.
Gain harmony and symmetry.

On Secret Doctrine

Space - 7



Narayana moving on the (abstract) waters of Space, is transformed into the Waters of concrete substance moved by him, who now becomes the manifested word or Logos.

* * * * *

1. Narayana is the ‘One’ in whom the devotee finds the ultimate liberation of his individual consciousness.
2. There is the first call of everything into existence from the background of the Lord. The background is relatively understood as non-existence.
3. The call is always from within the background. It is called the first stir or awakening. This call is called Vashat, the call for ‘vas’ or existence.
4. It is the Lord who makes himself live as the creation. He is therefore called ‘Vashatkarah’ in the 1000 names of Lord Vishnu.
5. The ritualist repeats this before he meditates. This is by way of imitating the work of the Lord. By this, he gets into the awakening of the Lord.

Compiled by Rama Prasad Joshi





Saturn
Sam - The Key to Saturn

Facility 3

The 3 vertices (3 dots) of the triangle, when find their agreement, would lead the consciousness to their common centre. Through that common centre, the consciousness escapes to permeate the circle.

The circle represents the Father or the Omnipresent One.

The point within the triangle represents the Entry Point.



This symbol given below is generally meditated referring the 3 points as Vishnu, Brahma and Siva. The circle is referred to as Para Brahman.

One moves beyond, by harmonizing the spiritual triangle that initiates the triple activity in the beings. Therefore there is the classical invocation to the Teacher, to enable the students to reach the Para Brahman.

Discipleship

Connectedness



Discovering beauty in and beyond form is sometimes challenged in the happenings and busyness of everyday life that keeps our ability to see clearly paralyzed. We seem to see and experience, mainly the darkness that appears to be at the centre of things. Our perceptions are thus clouded, we lose our sight and insight. Criticism and negative emotions emerge, while we are looking for scapegoats, blaming these as the root-causes for our problems in life.

Let us try to remind ourselves of the inner connectedness of beings, that we are part of one big living organism, that we are walking the path together yet in a variety of ways. This approach might be useful in opening our eyes and hearts afresh to the immense inner beauty ever present, strengthening and reviving us to unfold into beacons of light.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

An ever -expanding consciousness
prefers to listen than to speak.



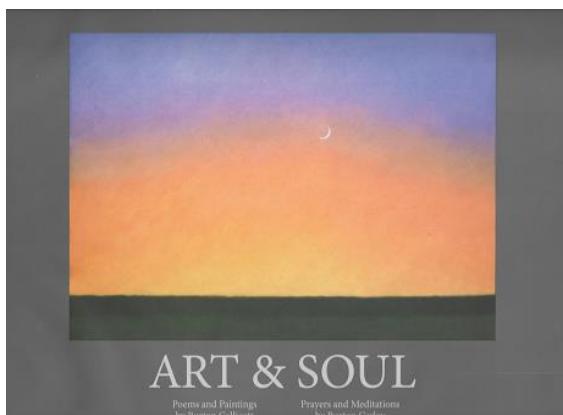
Good Luck
from your birthday 2

If you are born between April 21st and May 20th:
You can find your good luck in the following lines. Meditate the following to have the courage and hope that are hidden in the caves of your innermost consciousness.

Taurus ♀

Taste - Expression - Form
Harmony - Symmetry - Design
Art - Love - Realisation.

Master E.K.



Burton Callicott (1907-2003): Cover: Art and Soul

Doctrine of Eternal Presence Master Djwhal Khul 2



Ever since he has been working with the same inspiration as the great beings and has been doing patiently the work of synthesis in varieties of ways. What we know is a pittance. That He worked through Blavatsky, Bailey and Master EK are only a few that we know. He is the grandest intelligence today on the planet, working for the Divine Plan. He substituted Lord Maitreya, Lord Morya and Kuthumi of their work and allowed them to carry out higher purposes for the benefit of planet and the humanity. He is the one who is now initiating the humanity at large through Gemini full moon. He thus became three in one and one in three and stands as the initiator of the Humanity on the globe. All this is because he accomplished this initiation of the path of Bhagavatha and stands as the lighthouse that transmits the Presence of the Lord.

He is as much mystical as he is intellectual. To the west his teachings are presentation of grandest intellect. To east his teaching are mystical. They propagate Presence. He works with all the seven rays of wisdom. He stands in synthesis and guides thousands of groups of spiritual aspirants all over the planet.

Master KPK and Smt Krishna Kumari
in front of the old shrine of the Krishna statue
at Radha Madhavam, Visakhapatnam





Sound

The Annual Plan of the Earth 2

So, from Sanat Kumara to the Dhyani Buddhas, from the Dhyani Buddhas through Gautama the Buddha, the sound is revealed to the Hierarchy in the month of Taurus. Hence the Hierarchy and their disciples join in the Vaisakh Valley to realize that sound in them.

After fully experiencing the sound into them, they make an understanding of the Plan for the Planet for the year to come. Then the Christ and his disciples on the next Full Moon, that is the Full Moon of Gemini, spread the sound throughout the Planet. That is the sound which gives an impact for the functioning at the humanity level. The ability to listen to the sound would enable us to function in accordance with the Plan of the Planet.

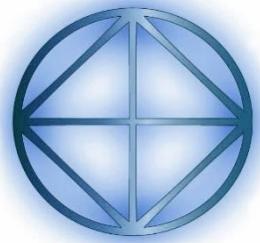
See what a facility it is. The Initiates do not need many words to listen to. Just a particular utterance of a particular seed sound, is soaked well within the Inner Chamber, realized within, the whole plan is understood within and is silently acted outside.



Vaisakh Valley

OM Namo Narayanaya

Time and protection 1



The practitioners of Narayana mantra associated the twenty four hours of the day with twenty four names of Narayana which are as under:

- | | |
|----------------|-----------------|
| 1. Kesava | 13. Sankarshana |
| 2. Narayana | 14. Vasudeva |
| 3. Madhava | 15. Pradyumna |
| 4. Govinda | 16. Anirudha |
| 5. Vishnu | 17. Purushotama |
| 6. Madhusudana | 18. Adokshaja |
| 7. Trivikrama | 19. Narasimha |
| 8. Vamana | 20. Atchyuta |
| 9. Sridhara | 21. Janardana |
| 10. Rishikesha | 22. Upendra |
| 11. Padmanabha | 23. Hari |
| 12. Damodara | 24. Sri Krishna |

Associating with these names of Narayana on an hourly basis the seers associated from dawn to dawn the various dimensions of Narayana. It enabled them to stay in continuous association.



The World Teacher Trust

Guidelines to Members, 86-88

86. Visualize The World Teacher Trust as the web of the World Teacher. There is no place for Kali in the web.

87. The groups of The World Teacher Trust are local focal points for the manifestation of the energy of the World Teacher.

88. The World Teacher manifests wherever the teachings are practiced and service is rendered in humility.



Sun reflections at Master Mountain Retreat Center, Nilagiris

On Healing

2. The Fundamental Understanding 16



The sacred science of healing works up to transformation of the mental and emotional attitudes of those who are affected. It thus has larger area of operation than mere attendance to physical diseases. The chronic physical diseases are the effects for which the causes exist in the thoughts and emotions entertained by a being. Physical discomforts can be overcome by use of physical substances, which are known as medicinal substances. Subtle physical need to be tackled with subtle substances. That is what we see as flower remedies or Homoeo remedies. Subtler and subtlest matter, such as thoughts need to be cured by subtle and sublime methods such as colour, sound and meditation. The Science of Healing, therefore, predominantly deals with the forces functioning within the body than with the gross physical body as such. The curative methods such as sounds, colours, symbols, meditational techniques are also subtle forces. They attempt at psychical adjustment of the apparatus, which in turn causes the adjustment of the apparatus too. The rectification is from subtle to gross and from cause to effect. The Science of Healing is therefore not far from the Science of Yoga.

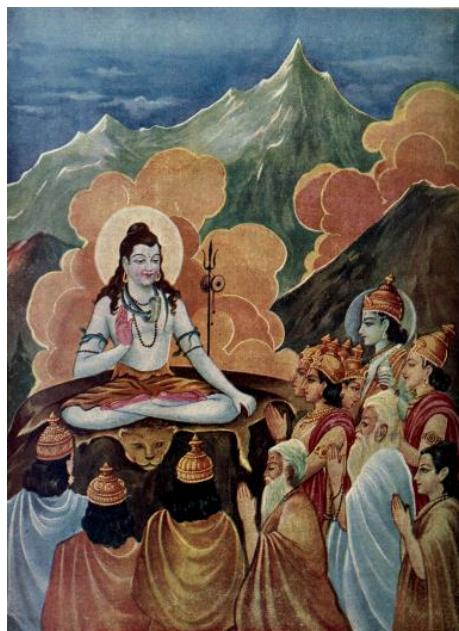




Rudra
The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 64
Bhola Shankar

Lord Rudra is frequently called Bhola. He is as compassionate as he is fierce. He gets easily pleased with a little observed austerity and gets inclined to bless and help. He is apparently frightening, but really he is the most compassionate of the Vedic deities. Compassion is his main quality. Therefore, he is called Dakshinamurthy. The term also means that he presides over Dakshina, the South. South in us is the heart centre. He presides over the heart centre and transmits his love and compassion. Compassion also means Dakshina or Dakshinya.



Devas praying to Shiva Shankar

Sanat Kumara

The Sound Key 2



This knowledge of sound disappeared in the West concurrent to the disappearance of Atlantis. The disappearance of Atlantis is attributed to abuse of the sound key. After Atlantis a chosen few constituting the seed of the Aryans started working with sound. The sounds once again are spreading from East to West in the Aryan race. These sounds are neither Eastern nor Western. All used them in the remote past. Aquarian Age is once again transmitting the sounds globally.

Sanat Kumara instructs to work with sound. Sound enables transformation of body tissues. It generates fire that transforms the body cells. The body is like a tree that bears flowers. Through appropriate utterance of sound and through ardent worship the etheric centres of the body can be transformed into etheric lotuses. The etheric centres function like whirlpools of energy. The movement of energy in a whirlpool is circular. The sounds enable a change in the movement of energies from being circular to be unfolding. Unfoldment of energies from within releases man from the conditioning nature of the gross physical body. The unfoldments gradually lead to building the etheric body (golden body) and causal body (diamond body).



Seventh Ray and Magic

The incoming of the 7th Ray 19

The incoming 7th Ray permeates the world and gains momentum and brings into world the souls that inherit the quality of 7th Ray. Each ray when it comes in, brings with it high souls that inherently hold its qualities. They will initially face resistance and will enter the phase where they face least resistance. They interact with the other six ray forces and their groups and impress them and take them forward with them. Six other ray-forces attune with the stabilised 7th Ray during these phases and all evolve. It is always important to understand the ray quality of the incarnated souls and the effect of the incoming ray on these souls. This is dynamic and ever changing. When I say changing, the changes happen through generations. This is the reason why the teachings of one generation are not so appealing to the ones of the next. The concepts that were once appealing and attractive become faded.

In the middle part, the ceremonial order and law stabilises and reaches its point of elevation. Only after the middle part, its limitations will be felt: the limitation of the procedures and processes, forms and structures that are manifested by 7th Ray. Slowly man then tries to escape or free himself from these and a chaos will once again begins. He will then move out having developed within himself the energies of 7th Ray. It is not moving away but it is evolving further.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sreebhavyam Appalacharya Swamy 2



Sree Appalacharya Swamy was accessible to all, for advice and guidance. He did not set himself on a higher pedestal as a teacher, Guru or a Master. He remained humble and simple throughout. His expressions were chaste and direct. He had no inclination to be diplomatic. He was not even worldly. Yet, he could easily see, when the persons around him tended to be diplomatic or worldly. He gently used to disassociate with the worldly gossip or diplomatic maneuvers. He was a treat to the eye to see and a feast to the ear to listen.

It was in the year 1993 that the first encounter happened between Saukumarya and Sree Appalacharya. The latter embarked upon publishing Sreemad Ramayana in simple Telugu which is originally written in Sanskrit by Sage Valmiki. Sreemad Ramayana is known as the first scripture of the world and the Sage Valmiki is known as the first author. Ramayana is a very popular epic, in and around the Indian continent and is the most admired of the epics. When the project of presenting a simple translation of the epic in Telugu was introduced, it attracted attention of many. Saukumarya was one of them. He silently started cooperating with the publication of the volumes of Ramayana. By the time 4 out of 6 volumes were complete, Sree Appalacharya came to know the continued support coming from Saukumarya for the publication of volumes. Through common associates, he sent a word to Saukumarya, enquiring if the latter could find some time to meet him. Saukumarya felt honored and immediately responded to the call of Sree Appalacharya.

Uranus

The Alchemist of the Age

Uranus is the bridge between the Mundane and Super-Mundane 3



We the humans think and act. We do not generally ideate the source of thoughts, the basis of all thinking. Thus we are double-armed, but are not four-armed. To know the source of thought is to know oneself as Light. To know the source of Light is to be one with Existence. These two are missing with the humans - knowledge of Awareness and Be-ness. Even the thoughts that the humans entertain are mundane. As long as our thinking is limited to mundane activity, the mind also remains mundane. It gets muddy. Mind has the ability to look up, look to the unknown, look to the subtle and look to the super-mundane. Looking up does not mean vaguely looking to the sky. To look up in the occult sense is to look in. The two missing states are within you. And you can reach them through a bridge. That bridge is being built by Uranus. It is for this reason Master C.V.V. proclaims "Higher Bridge Beginning." The Higher Bridge leads one from the mundane mind to the buddhic mind. And from the buddhic mind to the soul. And from the soul to the super-soul. This bridge is also called the Vertical Bridge.

The immediate work of Uranus is to lift up the humanity from mundane to super-mundane states of awareness. This is also called the first Initiation in discipleship, while it is generally known as third Initiation.



Master EK

Vishnu Sahasranama

Stanza 7, 4-7

4. The colour of the sunrise and sunset are symbols of the emerging and the merging of the individual consciousness. The white light and the spectrum thereof are only the limitations or the range of visibility to the human eye. What we call darkness is the totality of the real light. From the darkness, which is real light, the spectrum becomes visible, when the demarcation manifests as the red colour.

5. God is the background of all other things that survive in the process of their becoming or being created. Hence, the background is the only thing that resists all the changes and stands as it is, amidst and beyond the changes.

6. Everything from the atom to the solar system depends upon form, both physical and subtle. We find in this creation everything well-formed in its own shape that keeps its own identity. This power is due to the presence of the awareness of the Lord.

7. God is described as having three names which are vortices of existence. The three planes physical, vital and spiritual are the three vortices which contain the whole creation as the body of the Lord.



Paracelsus
Health and Healing

Prana - life force, part IX
Five types of Prana - 2. Udana Prana II

Udana Prana again is in its triple functioning as given here under: Just like Vyana is related to Akasha principle, Udana is related to the principle of Vayu (air). Since air emerges from Akasha, the fifth element, Udana Prana emerges from Vyana Prana and exists in the region above and below the throat. All functions of the throat are related to Udana Prana. All foods and drinks are enjoyed through this Prana. It imparts strength to all other Pranas emerging from Vyana - thereby imparts strength to all parts of the body. It enables to swallow from without to within and throw out from within to without. It enables impressive and magnetic speech. It attracts Prana up to the heart and carries it from heart to brain. It enables exchange of energies between head and heart and vice versa. It links subtle and causal bodies. When this Prana is mastered even hunger and thirst can be controlled for long time. Lastly this Prana enables the neck and the body to be erect. Since this Prana emerges from the most subtle side of the human being and merges back into that state it can be seen as the agent for externalisation of consciousness and its internalisation. This gives clue for all the techniques of Yoga of expansion of consciousness into objectivity and contraction of consciousness into subjectivity. Man's head is said to be carrying subtlest energies. The upper torso carries subtler energy. And the lower torso carries grosser than subtler energies. Udana Prana enables linkup between the first two for appropriate functioning of the third. This Prana is by far the most important one for man's evolution measured in terms of consciousness.



The Female Hierarchy

Part 14

The God Absolute, which is beyond creation, is the potential for all that is in creation. When it manifests, the primary manifestation would normally be male-female. There is never a situation where there is only male or only female. This has to be cleared in the very beginning. “In the beginning there was male, and then a female came through...” - all this is a very secondary understanding which does not fall in line with the ancient scriptures. The male and the female manifest at the same time. Therefore, they are equal. This equality is there because the very primary manifestation is male-female. Before that male-female, there was that pure existence, which you cannot call either as male or as female. To call God “he” or “she” is a partial understanding. It leads to lot of biases. There is a bias for the male against the female, and many times in the scriptures God is referred to as he. God is he and she at all times. There is a “he” part and there is a “she” part and it remains together from the most absolute state to the most dense, gross physical state. One cannot exist without the other. In the unmanifest state, it is the togetherness of it which is called IT or THAT, but never he or she. God Absolute is neither he nor she. It is IT, it is THAT. When we say God, already it is biased - there is also goddess.

The God and goddess together should be understood as God. If this understanding is established, there is no bias, and there is no predominance of one over the other. Who is superior, who is inferior, who should oblige whom - all this emerge out a very biased understanding of that energy which we call God. For want of terms we use certain terms and many times those terms distort the very truth. When we say God, we generally get the understanding that it is male. It is not so. When we say God, it is male-female energy. When we say Absolute God, it is IT or THAT, which cannot be called male, and cannot be called female. This is the classical understanding. Therefore, those who

know they do not have this kind of thinking that who is superior to whom and all that. They are equal at all times. The ancient wisdom never place male in a superior position to female, and (never place) female in superior position to male. That should be the first understanding. In male there is female, and in female there is male. When the two energies are equally balanced in us, we have an ideal state of experiencing. If one is dominant over the other either way, the experiencing is not complete. This understanding must be there. Therefore, as much as there is a Male Hierarchy, there is also Female Hierarchy. That is how the Female Hierarchy came to be.

This text is not proofread by the author and might have some mistakes.



Smt. Krishna Kumari

Stories for Young People

On Service

Service flowing from the Soul demonstrates love, compassion, mercy
And carries conviction of the need to Serve.

1. How the "Path" began

On their journeys through the Himalayas, Helena and Nicholas Roerich wrote down stories, legends and prophecies narrated to them by the inhabitants. The stories have a different focus and style. Nicholas is very present as the narrator in his stories, while Helena disappears behind the stories. She published them in 1930 under a pseudonym. In 1992, the Agni Yoga Society revealed her authorship in the 2nd edition. As Helena wanted to remain anonymous, the publisher honoured her wish in the 3rd edition.

It is true that Lord Buddha left the city of his birth. It is also true that he meditated under the Tree of Wisdom and taught in Benares. Yes, he finished his teaching in Kushinagar. But the centuries have added their own stories. Lord Buddha left his hometown on horseback. He was accompanied by a servant. The road led along a river valley in a north-west direction. The hurried journey took two weeks. Behind the mountain pass, the road suitable for horses ended. It later joined the path of a hunter.

Here the messenger left him saying goodbye with the words: "Prince, when you reach the hunter's hut, give him this piece of wood." And he gave him a piece of wood with three signs.

Lord Buddha walked the path for seven days and reached the hut on the eighth day. The door was open and an old man in a dirty old cloak was carving pieces of wood.

Lord Buddha approached and greeted him according to Indian custom. But the hunter laughed and pointed to the tree. The Lord remembered the piece of wood and handed it to the hunter. The old man carefully examined the signs on it and then kindly pointed to the table in the hut. Buddha understood the invitation and accepted the venison and honey. Then the old man gestured to Lord Buddha to take rest.

When Lord Buddha woke up, the Sun was just beginning to illuminate the snow. The hunter was not in the hut, but the sound of his axe echoed from the courtyard. He soon appeared in person at the door and offered Lord Buddha a honey drink. Then the old man took a sack and a spear and pointed at the Sun. Lord Buddha realised that it was time to say goodbye. He took his rod and left the hut. The old man bowed three times before Lord Buddha and made a sign to him to follow.

As they approached the bush, he bent the branches apart and revealed a narrow path. He waved at the Lord to follow him and walked purposefully, pointing at the Sun several times. They walked like that until midday. The forest thinned out and the rolling of the waters of a river could be heard. They came to the riverbank.

The old man drew his bow and shot an arrow. Then they were waiting in silence. Lord Buddha took off his remaining clothes and offered them to the old man. But he preferred to throw the clothes into the river.

A tall man appeared on the opposite riverside, pushed his barge off the shore and headed in their direction. His clothes were lined with fur, his face was dark and his features were coarse. When he reached the shore, he bowed before Lord Buddha and invited him to take a seat in his boat. The Lord wanted to say goodbye to the hunter, but he had disappeared unnoticed. The stranger also remained silent. When they reached the other side, they mounted horses and began to climb the mountain.

During the night they reached the snow line and at dawn they disappeared into the unfathomable.



Nicholas Roerich: The Silvery Path

From: On Eastern Crossroads. Legends and Prophecies of Asia. Agni Yoga Society 2017 (collected by Helena Roerich).

Window to World Service News & Activities

Argentina

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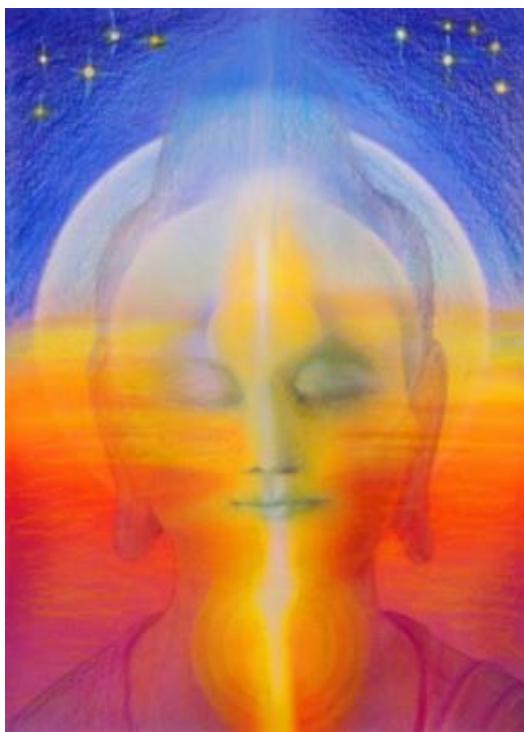
Activities

I follow the work with great joy, the same as last year. I have added to the activities the assistance to the work of two Brothers, Arturo Villalón and Norma Toledo. On Thursdays at 7 am, we are reading at this moment the Aquarian Cross and soon Uranus book, also on Thursdays at 7 pm we collaborated with the transmission of the meditation on Shamballa and the image of the paintings of Nicolas Roerich, and on Fridays at 6 pm we transmit the meditation. Although it may seem like a lot, I have my space to work and do my personal studies, all applying the "24 inch rule". I also tell my Brothers that I knock at the Doors of the Temple, in Freemasonry. We do everything in a selfless way and out of deep love for Master Kumar and the Brethren. This is how much it is.

In the work of Spiritual Astrology we are with the brothers Alejandro Senn, Alejandro Widerker, Sebastian Iglesias, Marcela Marini, Silvio Molina, Patricia Gamarra, Vanesa Rios, Yamila Gabotti. With them we formed the COE-Synthesis Group in the Theosophical Society of Argentina.



Picture to the Month
Taurus - Vaisakh Full Moon Meditation



Forget not Aldebaran, the all-seeing Eye that can pull you up to the state of the most sublime. It exists in you as the Eye of the Lord. It presides over you in all walks of your life. In the Cosmos it presides over the whole Creation. Contemplation upon the column of Light from the Heart Centre up to the higher Third Eye yields fruitful experience. The month of Taurus can thus be consecrated for such contemplation.

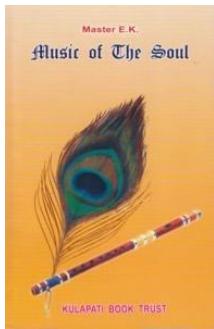
Remember that the Full Moon of Taurus is the culminating point for such contemplation. Buddha is born through such contemplation. Such contemplation, through such consecration, gives you the status of the Sacred Bull.

Dr K. Parvathi Kumar: Vaisakh Newsletter 1999

Image composed by Ludger Philips

Book Review

Music of the Soul



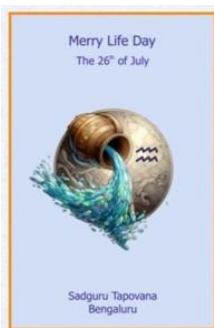
The main characters of this book, Maitreya, Maru, Devapi, are gathered from the Puranas and it is shown how they live through births and rebirths with the continuity of consciousness which enables them to have a continuous plan of their work. Their plan is called The Plan of the Masters and it has no other purpose except fulfilling the purpose of the World Teacher. Maitreya is known by the same name in the modern age; he is also known as the Christ. Maru of the Puranas is known as Morya, while Devapi is known as Koot Hoomi. Djwhal Khul, the Light of the present day, who is also known as Master D.K. or the Tibetan, was trained into discipleship by Maru and Devapi through centuries. This book presents the facts that took place at the time of Lord Krishna, 5000 years ago; it also describes the trend of things that made Djwhal Khul a Master.

Ekkirala Krishnamacharya: Music of the Soul

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: https://worldteachertrust.org/_media/pdf/en/ek/music_soul.pdf

Merry Life Day. The 26th of July



On 26th July 2021, Master K. Parvathi Kumar gave an inspiring and insightful talk on the Merry Life Day and the energy of Master CVV. As a part of the talk, he laid out aspects relating to Plenty of Prana and how Master CVV has ushered in the Aquarian speed into the process of spiritual evolution of humanity.

The text of this booklet is based on this lecture of Master Kumar about "Merry Life Day". It is a message to be cheerful in life. To be cheerful is an essential quality for any person to progress in their path of life, and much more so in the

path of discipleship.

K. Parvathi Kumar: Merry Life Day. The 26th of July

Copies: sadgurutapovana@yahoo.com or <https://www.aquariusbookhouse.com/>

PDF: https://worldteachertrust.org/_media/pdf/en/merry_life_day.pdf

Astrological Important Days in April / May 2024

19.04. 15:59	$\odot \rightarrow \gamma$ / Sun enters Taurus	
22.04. 23:56	Phase of full moon starts ☽ <i>Birthday of Vedavyāsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples.</i>	$\odot 03^{\circ}15' \gamma / \varnothing 21^{\circ}15' \Delta$
24.04. 01:49	\bigcirc Full moon of Taurus	$\odot 04^{\circ}18' \gamma / \varnothing 04^{\circ}18' \text{II}$
25.04.	<i>Birthday of St. Markus</i>	
01.05.	<i>Birthday of Master St. Germain</i>	
☽ 02:16	● 8 th phase of descending moon starts (End 02.05. at 00:31)	$\odot 11^{\circ}07' \gamma / \varnothing 05^{\circ}07' \approx$
23:41	23 rd constellation Dhanishta starts	$\varnothing 17^{\circ}32' \approx$
02.05. 21:00	Dhanishta-Meditation (Dhanishta-constellation ends 02.05. at 22:18) ☿ 22:23 10 th phase of descending moon starts <i>Birthday of Hanumān</i>	$\odot 12^{\circ}54' \gamma / \varnothing 00^{\circ}54' \text{K}$
03.05. 19:54	11 th phase of descending moon starts ♀ <i>Day of Nārāyana</i> (End 04.05. at 17:09)	$\odot 13^{\circ}47' \gamma / \varnothing 13^{\circ}47' \text{K}$
07.05. 08:11	Phase of new moon starts ♂ <i>Contemplation upon 'The Pledge'</i>	$\odot 17^{\circ}11' \gamma / \varnothing 05^{\circ}11' \gamma$
08.05.	White Lotus Day: The day of departure of HPB from the physical	
☽ 05:22	● New moon of Taurus	$\odot 18^{\circ}02' \gamma / \varnothing 18^{\circ}02' \gamma$
10.05. 00:48	3 rd phase of ascending moon starts ♀ <i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 10.05. at 23:20)	$\odot 19^{\circ}47' \gamma / \varnothing 13^{\circ}47' \text{K}$
11.05. 22:34	5 th phase of ascending moon starts ☿ <i>Birthday of Śankarāchārya, the great philosopher initiate of Advaita</i> (End 12.05. at 22:34)	$\odot 21^{\circ}38' \gamma / \varnothing 09^{\circ}38' \text{G}$
13.05. 23:20	7 th phase of ascending moon starts ☽ <i>Descent of Idā force for manifestation and materialisation</i>	$\odot 23^{\circ}35' \gamma / \varnothing 05^{\circ}35' \text{E}$
15.05. 00:49	● 8 th phase of ascending moon starts ☽ (End 16.05. at 02:53)	$\odot 24^{\circ}37' \gamma / \varnothing 18^{\circ}37' \text{E}$
18.05. 07:53	11 th phase of ascending moon starts ☿ <i>Day of Nārāyana: For healing, synthesis, and for self-contemplation</i> (End 19.05. at 10:20)	$\odot 27^{\circ}47' \gamma / \varnothing 27^{\circ}47' \text{M}$
20.05. 14:59	$\odot \rightarrow \text{II}$ / Sun enters Geminis	
22.05. 15:18	Phase of full moon starts ☽ <i>Birthday of Gautama Buddha, (Moon in Viśākha or Anūrādhā, Sun in Taurus or Geminis) Transmission of the energy of Sanat Kumāra, whose name is also Viśākha.</i>	$\odot 01^{\circ}56' \text{II} / \varnothing 19^{\circ}56' \text{M}$
23.05. 15:53	\bigcirc Full moon of Geminis (Viśākha-Festival)	$\odot 02^{\circ}55' \text{II} / \varnothing 02^{\circ}55' \text{A}$

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2024/2025«; www.worldteachertrust.org/

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The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.

Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

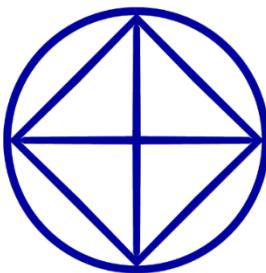
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.