

# VAISAKH NEWS LETTER



**HAMSA SIVA SOHAM**



**Cancer 2002 Karkataka**

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

(Maruvu Maharshi: Master Morya; Devapi Maharshi: Master Koot Hoomi; Vidura: the Mahachohan)

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## INVOCATION

May the Light in Me be the light before me  
May I learn to see it in all.

May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

## PRAYER FOR THE MONTH



*This prayer is recommended to be done daily during this month.*

Virtue, not intelligence, is my goal.  
Ability, not fame, is my motto.  
Expression, not impression, is my work.  
Depth but not height, is my position.



## MESSAGE OF THE MONTH

Cancer is ruled by moon. Moon is the reflective principle and is therefore a neutral principle. According to your inclination it reflects the higher and the subtle or the lower and the material. Your inclination decides its reflection, it does not decide anything by itself. Foolish are those who blame the mind, which is the principle of the moon in the humans.

Aristoteles was clear when he said that the mirror can show the sky and the stars and also the muddy ditches and poisonous creatures according to the angle in which it is held.

Know that you are the holder of your mind and its wielder. It is your inclination that shows you things, but not the mind. Mind is a faithful servant, it shows you what you want to see.

The seers knew this neutrality of the mind and utilized it to angle it towards the angels and even to the source of the angels. They taught the science to their followers who also learned to angle towards the angels. Thus, a tradition of Teacher-student has come to be.

The month of Cancer contains in its quality the related reflections. It is the doorway between the higher and the lower, for this reason the month is appropriately well utilized by the aspirants and seekers to reflect upon their Teachers and Guides who in turn will reflect the Higher Light standing as reflecting principles.

Thus, the Teachers are seen as means of transmission of the higher energies to those who follow them. For this reason the month of Cancer is seen as the month of the Teacher and the Full Moon is seen as the Teacher's Full Moon "Guru Poornima".

K. Parvathi Kumar

## THE GITA

- LORD KRISHNA -



### ATMA, BUDDHI & MANAS

The skill in action is Yoga. Many think that if one is skillful and clever, his actions are yogic; this is a devilish interpretation, meaning, an ignorant interpretation. The meaning of skill should be well understood.

The skill is in associating the mind with *buddhi*. Constant and continuous association with *buddhi* causes purification of the mind by the light of *buddhi*. *Buddhi* is the light of the soul. Association with such light purifies and makes transparent the tendencies in you, whose aggregate is called the mind, "behavioral mind". Since the light of *buddhi* is nothing but the light of the soul, "Atman," the association of the mind graduates itself not only with *buddhi*, but also with the *Atman*. Such triple association would enable the *Atman* to preside over the *buddhi* and the *manas* "mind".

Actions carried out by a person in whom the triple are associated, are actions of welfare, and are also actions of sequence but not of binding consequence. One continues to work without binding himself with the consequences of his actions when this triple association is accomplished. Such actions are yogic actions.

The skill is, gaining the association of *buddhi* and *Atman*. This is forgotten and skillful action is seen as yoga.

*Atma, buddhi, manas*, is the triangle to be linked up. This is what I define as:

"Yogaha karmasu kausalam" meaning: "Yoga is skill in action".



## NEMESIS

- LORD MAITREYA -

The human world is today like a lake full of crocodiles. The human society is filled with these crocodiles who are excessively egoistic, powerful and even wicked. They usurp the global wealth while they speak that they are the global benefactors and protectors. Their speeches are flowery but without fragrance. They do not bear fruits, nor do they distribute the fruits of their wealth and power. They manipulate and exploit the weak and the good. They speak of peace, fundamental rights and freedom, but the peace, the rights and the freedom is according to their definitions. It looks as though their thirst and hunger is limitless and unbound.

But all is bound by time. As much as they transgress the Law, so much they develop the counter tidal wave, which would engulf them. These are the stupid ones that work out their nemesis by themselves.

This is not new in Creation, the time cycles prove it time and again.

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*cont. of p. 8*

attached to their language and have not yet gained the telepathic understanding. Gradually as they grow in their awareness, they grow impersonal to the languages, which would enable them to receive the impression as it is.

Since the teaching is at semi-*buddic* and semi-mental plane, a 4 minutes teaching would give a 4 hours impact. The impressions happen and then as the teaching proceedings are concluded we slip into sleep. All this happens for very few minutes and hence you don't have to worry of your golden sleep.

Such is the noble value of the right preparation towards sleep.

## DIAMOND CONSCIOUSNESS (3)

- MARUVU MAHARSHI -



Study the Scriptures at least for a few minutes before getting into sleep. While preparing for sleep, associate with respiration and reach in the pulsation. Even while sleep is coming, make effort to remain conscious. Do not worry that the sleep may get away with such practice. When sleep comes, it comes, it cannot be stopped. No one can stop it, no one can bring it, sleep is Nature's blessing and will surely bless you appropriately.

Until sleep absorbs you, try to remain conscious. This leads you, gradually, into a state of semi-consciousness, which is neither awakened state nor sleep state. In this state you are sub-conscious but conscious. The true definition of this is: super-conscious, or supra-conscious.

This supra or super-consciousness opens doors into a world which was hitherto not experienced. It is like the twilight hour, it is the state in between the known and the unknown. In this state you walk into an entirely new world where you meet your colleagues in the same practice and receive lessons and teachings from your Teacher or from other Teachers whose abode is in this subtler world.

You find your real group members, contrary to the group members you belong to at the worldly plane. The group members here belong to various parts of the globe and need not necessarily be your worldly associates. You may find one or two whom you know in your worldly existence.

The teachings in this subtle world have no particular language, the language there is mental, the teachings are at the semi-mental and semi-buddhic plane, but the beauty is, everyone comprehends the teachings in their own desired language. This is because they still are *cont. on p. 7*



## THE BODY

- DEVAPI MAHARSHI -

The body is referred to in Sanskrit with two words. Similar expressions are not found in other languages. In Sanskrit the body is called *deha* and also *sarira*. These two words throw a lot of light upon an important aspect of the body.

*Deha* refers to that state of the body, which keeps growing by assimilating into it the 5 elements, this happens with the body up to the 35<sup>th</sup> year. The 35<sup>th</sup> year is symbolically referred to as the “Ezekiel’s Wheel” in the Old Testament. Seldom this symbolism of “Ezekiel’s Wheel” is realized. The body grows up to its 35<sup>th</sup> year only. It represents 5 cycles of 7 years. The body of 5 elements grows up to its optimum in 5 cycles.

Thereafter the body does not grow, it has a period of stability for 3 cycles of 7 years and tends to decay thereafter. Since it grows to decay, during the later part it is called *sarira*, meaning, the decaying one. These distinctions should be clearly known by the student.

During the years of growth and stability, the indwelling ego can accomplish much. In the later years little is accomplished. In the former years the body is elastic at all levels and is capable of cooperating with the needed practices of discipleship. In the later part it grows rigid and is incapable of significant adaptability and adjustment. Even mentally one gets rigid and fixed. The body cooperation reduces.

That is the reason for us to inform you to pick up the right discipline even from the 7<sup>th</sup> year. If you catch up early you will be able to accomplish, if you catch up late you will conclude half finished and will have to restart again in the next incarnation. For this reason we are deeply concerned with the age group of 7 to 21 years. They stand the best chance.

Therefore, note the *deha* aspect and the *sarira* aspect of the body.



## VARIOUS FORMS OF TELEPATHY

- MASTER DJWHAL KHUL -

### FROM SOUL TO SOUL

Telepathic work from soul to soul is, for humanity, the highest possible type of work. When a man can begin as a soul, to respond to other souls and their impacts and impressions, then he is rapidly becoming ready for the process which leads to initiation.

There are two groups of telepathic possibilities which I would like to list for you. They are possibilities only when the four before-mentioned groups of telepathic impression are beginning to form a conscious part of the disciple’s experience.



## THE FIRE

- SHIRDI SAI -

Look at the flame  
and contemplate upon the fire.  
The fire burns up all your thoughts, emotions and  
even the pride of separativity.

## QUOTABLE QUOTE

- VIDURA -



The knower  
is stable in will,  
does not abandon any work half-way,  
and,  
transcending the mind,  
fulfils the purpose of life.



## WORK AS A SACRAMENT

- MASTER E.K. -

The slave to the thought of self-profit continues to conduct the work, feeling it inevitable. To the Master, social welfare work is happiness, it is not working for happiness.

Such one conducts the work as a sacrament, such one is unbound by the actions that happen through him.

Unless work is conducted as a sacrament, man binds himself, becomes a slave and settles in hell.



## A GOOD WORD

### HARMLESSNESS

Garuda, the great eagle, is unaffected by the poison of the serpents. Siva is unaffected by the serpent which he holds as an ornament around his neck. Vishnu is unaffected by the serpent that he sleeps over as his bed. What does it mean?

If you do not hold even the seeds of evil in you, you are unaffected even by its proximity. There are men whom the snakes do not bite, scorpions do not sting at, wicked people do not hurt.

The clue is in harmlessness. You are not harmed if you don't have instinct to harm others.

K. Parvathi Kumar

## ***GREAT INVOCATION***

From the point of Light within the Mind of God  
Let Light stream forth into the minds of men.  
Let light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
May CHRIST return to Earth.

From the centre where the Will of God is known  
Let purpose guide the little wills of men -  
The purpose, which the Masters know and serve.

From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

From the Avatar of Synthesis who is to come  
Let His energy pour down in all kingdoms.  
May He lift up the Earth to the Kings of Beauty.

Let Light and Love and Power restore the Plan on Earth.

Master D.K.



*Atman or “Self”*

*is the center around every formation,  
individual, universal.*

*Only the seers who attained at-one-ment  
and thus gained the vision  
can experience the Atman.*

*If you wish to gain  
the qualities and the virtues of the seers  
take refuge in OM.*

*It leads you  
to the experience of the Self/Existence and  
the related Grand Vision.*

K. Parvathi Kumar