

# VAISAKH NEWS LETTER



**HAMSA SIVA SOHAM**



***Capricorn 2006/7 Makara***

The trinity, the 3 Vedas,  
the 3 qualities are uttered forth  
through the triple sound OM.  
You too are a triple- Atma, Buddhi and Manasa.

Utter OM  
to realize yourself and creation.

Therefore utter OM and listen.

K. Parvathi Kumar



## Invocation

May the Light in me be the light before me.  
 May I learn to see it in all.  
 May the sound I utter reveal the light in me.  
 May I listen to it while others speak.

May the silence in and around me present itself,  
 The silence which we break every moment.  
 May it fill the darkness of noise we do,  
 And convert it into the Light of our background.

Let virtue be the strength of my intelligence.  
 Let realisation be my attainment.  
 Let my purpose shape into the purpose of our earth.  
 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
 May we live in the awareness of the background.  
 May we transact light in terms of joy.  
 May we be worthy to find place in the Eternal Kingdom OM.

*Master E.K.*

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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## Prayer for the Year

Wash Karma in space.  
On the deep blue slate  
paint ever-elevating colours,  
ever at the feet of the Master  
in the Vaisakha valley.



## Message of the Month of Capricorn

As we enter Capricorn we encounter the five-pointed star. The five-pointed star gives the message of the activity of the five elements, five senses, five sensations and five pulsations. The world is made up of them. Number 5 is the magical number that makes the apparent world. Capricorn is ruled by number 5. It is called Makara in Sanskrit. "Ma" stands for number 5 and "Kara" stands for the five hands. "Makara" thus stands for the one with five hands. The crocodile seen as its symbol considering its four legs and the tail. The dragon too is the symbol of Capricorn. Generally it is known that Capricorn is ruled by number 10, since it is the tenth sign of the Zodiac. But esoterically Capricorn is ruled by number five. Numbers 5 and 10 relate to son and father. The father is reflected in the son and the son thus becomes the Son of God to enable reflection of the father through him. Such sons of God are called the saviours in the sense they show the way to the path of life to the seekers.



## Message of the Teacher

### Travel to the North

Yoga frequently speaks of suspension of the sense activity. Patanjali defines it so. When the sense activity is suspended, the mental activity is suspended. When the mental activity is suspended, man experiences himself as the pulsating and respiring principle. As much as the mind ceases through suspension of sense activity so much the respiration also ceases, only the pulsating principle remains.

The pulsating principle is called *Hrid + ayam, Hridayam, Hriday*. It means "here I AM". The heart trumpets continuously the message of "here I AM", where man's awareness gets engaged when it is with pulsation.

This pulsating principle is seen as a swan or as a bird that sings the sing of "here I AM" (*Hridayam*), That I AM (*Soham*). The one who experiences this is said to be coursing towards North. North in scriptures means subtle. Coursing towards North means, coursing towards the subtle world, the super-mundane world. The coursing is from *Anahata* to *Visuddhi* first and from *Visuddhi* to *Ajna*.

When a disciple leaves the body while at the heart, he gets purified by air and takes to a pure state of awareness at the time of rebirth, if the purpose of life is recollected early. If a disciple leaves the body when he is at *Visuddhi* he would experience the etheric state and would be reborn with a strong and resistant etheric vehicle. If a disciple departs while he is at *Ajna* he comes back with knowledge of the previous birth. Such is the coursing indicated by the six month arch commencing from 22<sup>nd</sup> December.



## Gîtâ-Upanishad

- Lord Krishna -

### Planetary Adjustment

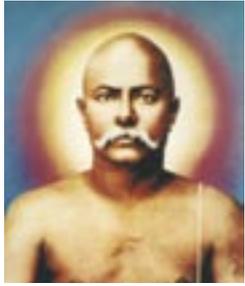
The Lord indicated in the previous sloka the purpose of his descent as an *Avatar*. The chief purpose is to balance the Divine and diabolic energies, which are the two polar opposites and thus to establish the Law of Creation. When He incarnates He says that He would bless the righteous and He would eliminate the unrighteous and generally save the rest.

Blessing the righteous is lending His presence to them. His presence causes the bliss, the bliss of Existence. It enables experiencing the state of no other (*Ananya*). It is also called the grand vision. The righteous ones according to the scriptures are those who are righteous in all the three worlds, namely the physical, emotional and mental worlds. The principles of righteousness are harmlessness, alignment of thought, speech and action, lack of thieving instinct, not desiring favours from others, external purity, internal purity, cheer within oneself, unquenchable thirst for knowledge of the Divine and yearning for the Divine. These are the ones whom He blesses.

The unrighteous ones whom He eliminates are those who are wicked, excessively aggressive, wantonly disturbing the peace in the surroundings, causing conscious pain to the life around and the life. These ones are eliminated by the Lord for the time being, who tend to fight with Him and with the Law. Through their fight and consequent death they get slightly purified and come back to life again slightly in a better manner than before.

The third category are neither righteous like the first category nor wicked like the second category. They are weak to follow the path of righteousness, which is different from wickedness. These are the ones to whom fresh inspiration is granted, so that they tend to follow the path of righteousness with renewed enthusiasm.

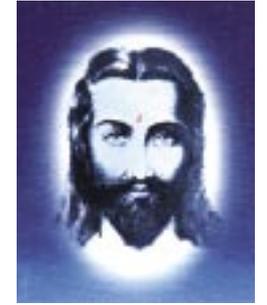
Such is the work of an *Avatar*.



## A Word from Master CVV

### The triple Function

I wanted to recruit you into that path of *Raja Yoga* by which you get liberated in an Aquarian way releasing you from your past karma. The past karma approaches you through the planetary impact. The progressive planets in your horoscope as well the transit planets in the zodiac stimulate your past karma and push you into impulsive actions. This would bind you again. It is here I help you if you regularly do my prayer. Those who regularly pray as instructed would receive a shield of resistance around them which would protect you from the impulses emerging from the planetary transits, progression, etc. This is My promise. Pray, serve and seek not personal favours. This triple function is prayer.



## Lord Maitreya

### Pity and Sympathy

You should be able to distinguish between pity and sympathy. To pity someone is totally different from sympathising. Sympathy is a higher grade of love. Pity is a lower grade of love. Pity carries emotion. Sympathy enables friendly and cooperative action. For example there are many who pity the poor but there are very few who sympathise and work for their upliftment. The one who pities others also seeks pity from others when he is in difficulty. Since pity is emotional it causes sorrow, hatred and even anger. Self-pity is the worst kind of emotion that one can ever think of. The Lord says in the Gita to Arjuna, "Self-pity is heinous. Come out of it at once." Pity puts one out of action, out of what he needs to do in a given moment. It weakens the heart. It blinds the way to progress. Do not fall into self-pity and the related doom.



**Master Morya  
- Maruvu Maharshi -**

### **They tend to forget**

Once upon a time an aspirant on the Path took to meditation in the later half of his life. Until his departure from the body he devoted his time for meditation and study of the scriptures. When death knocked at the door he received a message that he shall conduct the next life with a triple activity of meditation, study of scriptures and service to society. This message came to him from within.

In the next life he was born to a pious woman, took to initiation of Gayatri in his 7<sup>th</sup> year and by virtue of previous traits he took to contemplation of Gayatri and study of scriptures. He started early this time in life and went on with meditation, study of scriptures and discoursing amidst a class of intellectuals.

On one day when his mother was on her death-bed, she invited her son and informed him to take to the course of serving the fellow beings and not limit himself to the joy of knowledge and meditation. He was surprised at the message of his mother, since he never knew that his mother too has such flashy ideas. He nevertheless paid a deaf ear to it and continued with the acrobats of knowledge.

One fine day death knocked at the door and when he was at the moment of death he again heard the same message, which he heard when he left the body in the previous incarnation. It was a shocking revelation to him. It was furthermore shocking that his mother also appeared in the etheric form and smiled at him. He went into deep repentance and died.

Such are the traits existing with the souls even on the Path. They do not recollect the purpose of their life. Even if it is recollected they tend to forget.



**Master Koot Hoomi  
- Devapi Maharshi -**

### **Wisdom of Vitamins**

In the contemporary times men are eating more vitamins than food to nourish the body. Vitamins are also recommended by the doctors frequently. It is the general belief that vitamins energise; that vitamins vitalise the life force. Vitamins have become part of life, part of food and an essential part of recuperation after sickness.

We have a different view of vitamins. We are of the view that virtues are vitamins to the human body. Virtues promote life force within the human body. Virtues release the necessary dynamism. Virtues enthuse the mind and the body as well.

Observe the virtuous ones. They carry much energy, much more than the modern man. They turn out more work than others and yet speak less. They carry out multifaceted activities and do not feel tired. When intelligence is coupled with virtues the life force is received in abundance from the surroundings and is also expended through activity. Thus there is circulation of life force through proper utilisation. The flow of life energy with the energy of intelligence keeps the man vibrant. Such ones need no tonics, much less the vitamins.

The ones that do not cultivate virtues resort to eating vitamins, and the vitamins do not help if the persons carry vices with them. It is one thing to be virtuous, it is another thing to be non-virtuous and non-vicious, and it is entirely different to be vicious. Vitamins help the second category and do not help the third category, while the first category does not need them. Men of six vices namely, excessive desire, pride and prejudice, malice and jealousy cannot be helped by vitamins. On the contrary, the vices receive further strength through vitamins to destroy them further. This may look strange. But the truth relating to it is scientific. If you feed a snake with nutritious food, it grows strong with respect to its poison also.



## Message of Master E.K.

### Lucky Ones

Whatever one thinks that thought is true to him in that moment. For the one who fears fear is truth. For the one who dreams the dream is true during the dream. When one works, work is true during the moment of work.

Some believe that success and pleasure comes in life only if one initially labours. To him the labour is truth. Likewise, to the one who does *Mantra*, *Mantra* is true. To the one who does *Tantra*, *Tantra* is true. Worship and chanting are true to those who are in it. All these experiences of truth are momentary. They are projections from the truth but are not the truth. People experience the projections of truth. They are lucky if they get absorbed from the projections into the Truth, the background consciousness. Then truth remains as themselves.



## Vidura

### Wisdom Teachings

The Goddess of Wealth  
is like a mad cow  
that moves vaguely.



## Shirdi Sai Saying

### The Presence

The presence is fulfilling. It's a miraculous force. Its quality is silence, which has no language. It stills the mind and absorbs the non-self into the Self. It causes transmutation of the body cells and transformation of the mental fabric and enables transcendence of the individual soul into its universality.



## Sri Ramakrishna

### The Path of Devotion

Unless one screens the eyes of unbroken horses, they will not move a single step. Is it possible to realise God unless one's passions have already been controlled? In a sense not. But that is true only of Jnana Yoga, the path of Knowledge.

The knowing one says, "One must first be pure if one desires to see God. One must first control one's passions. First self-discipline, then knowledge of God."

There is, however, another path leading to God – the path of devotion (Bhakti Yoga). If once man gains love of God, if once the chanting of His holy 'name' begins to thrill the devotee with joy, what effort is needed for the control of passions afterwards? The control comes of itself. Can a man suffering from intense grief be in a mood to enter into a quarrel, or to enjoy a feast, or to give his mind up to the pleasures of the senses? So one absorbed in the love of God cannot think of sense-pleasures.

Devotion to God increases in the same proportion as attachment to the objects of the senses decreases.

## Discipleship

### Horoscopes

The average believer in astrology regards himself as responsive to the forces of the various planets and believes that his life trends and circumstances are thus determined. His position is that through astrology his destiny can be predicted and he can discover what he ought to do. Yet predictive astrology is in its infancy. It is based on so many uncertain factors that it is difficult to arrive at those indications, which will truly present the future. Character indications and small personality happenings can frequently be deduced, but the general subject remains much too nebulous for certitude.

Astrology is useful for persons focussed in their personality life and oriented towards the material world. An orthodox astrological chart dealing with the fate and destiny of the little evolved or average personality can be and often is amazingly correct. It is not so correct, however, in the case of highly developed people. An advanced individual can dominate his personality life and so offset the influence of the planets. The soul rules and the planets cease to condition the life. It is useless to cast the horoscope of such an individual with the objective of discovering the future or of determining action. The events and the happenings in their life become unpredictable and certainty is no longer possible.

*a disciple*



## Occult Meditations

### Meditation 1

*Remember the Giver. He gave this frame. You are the Book.  
I AM the one copy in existence.  
I AM copied from the parent manuscript.*

#### Commentary:

There is only one Giver. The whole creation emerges from Him. Verily the Giver is neither he nor she, because he or she also comes from the Giver. The nature, the consciousness, the force, the time, the place, the sound, the colour and the shape are the Giver's emergence. The content of the soul is the Giver only. Verily it is the Giver who exists as all this. All are the Giver's copies. The Giver is the only original. The Giver exists as I AM in all. The copies also exist as several I AMs. The copies are copied from the original. That original, that Giver, is called IT or THAT or *Brahman* in the *Vedas* and in the *Upanishads*. The *Brahman*, the Giver, should be remembered, be recollected and cannot be forgotten by a true disciple. May the *Brahman*, the basis of all, be meditated as the basis of the meditator. This is the first step towards realising all other Occult Meditations and is the final step to be realised as well.

"I AM THAT I AM" and "I AM the Way" are the fundamental statements relating to the original I AM. When the Original is realised, the duplicate dissolves into the Original. The Veda calls this state *Aham Brahmasmi* or more appropriately, *Brahma Ahamasmi*, meaning, "THAT I AM".

These are occult meditations. Working with them enables psychological adjustments, which would lead to occult experiences. They would ultimately lead to experiencing the Divine.

These are the meditations given to Master EK by those whom he followed (Hierarchy) to those who follow him. These meditations are global in their concept. The sublime spiritual concepts and symbols of various theologies are found therein.

Everyday in the morning, the student is advised to study a meditation relating to that day and to contemplate upon its thought. Such contemplation would enable the adjustment of the psyche and the awakening of the related intelligence (*Deva*) in him. Master CVV, from whom these meditations emanate, presides over said adjustments.

It is strongly advised to do the meditations in English. For comprehension, they may be translated into other languages. But the potency of the meditation is hidden in the sound, which is given in English. The commentary for these meditations has come forth due to the sincere demand of groups all over the globe. They may help the student and hence this effort.

### **Dates of the next Travels 2006**

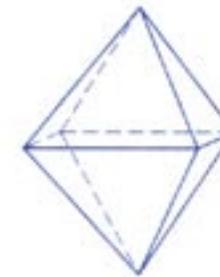
- December 06 2<sup>nd</sup> to 5<sup>th</sup> Sagittarius fire rituals at 7 Hills/  
Bhadrachalam  
12<sup>th</sup> to 16<sup>th</sup> Hyderabad Banglore  
23<sup>rd</sup> to 26<sup>th</sup> Bellary and Anantapur  
27<sup>th</sup> to 31<sup>st</sup> Banglore December Call
- January 07 9<sup>th</sup>/10<sup>th</sup> – 24<sup>th</sup> Guru Pooja Visakhapatnam /  
Seminar in Sri Sailam
- February 07 12<sup>th</sup> February to 10<sup>th</sup> March America Tour

During these dates you won't be able contact Dr. K.P. Kumar.

You find the updates on:

[www.worldteachertrust.org/vaisakh15\\_e.htm](http://www.worldteachertrust.org/vaisakh15_e.htm)

## **Rudra**



## **The Bow and the Arrows**

Down below the medulla (in the human constitution), the mind, the 5 senses and the 5 organs of action are formed which are 11 in number. These are the arrows released from the bow through which man acts and receives the fruits of action.



## Ashram Leaves

God

„The mind of God is time,  
His physical body is space;  
His thought is ether,  
His colour is blue.“

## Children's Section

### The Doctrine of Ethics

Poison posits only  
in the head of the snake,  
in the tail of the scorpion  
and in man, it  
permeates from head to foot.

Dear Children

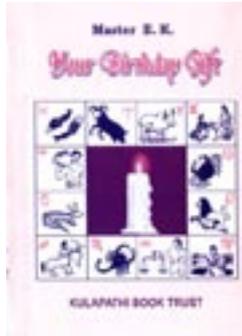
This month I speak to you the 10<sup>th</sup> planet Pluto. It is highly discipline planet. Its energy disciplines even the Solar system. You should know that it takes 84 years for Uranus to move around the zodiac. It takes 168 years (84x2) for Neptune for one round. It takes 248 years (about 84x3) for Pluto for one round. It is slowest moving planetary energy that gives deepest effects. Pluto brings very deep changes in our awareness. The global changes of today are the result of Uranus, Neptune and Pluto. All changes in Divine and we need to see the good in every change.

*K.Parvathi Kumar*

*(from the editorial of Dr. Kumar on the website: [www.jugendforum-mithila.de](http://www.jugendforum-mithila.de))*

## Book Review

### Your Birthday Gift



The sun gives the influence of the twelve zodiacal signs differently for those born during the twelve months of the year. Each of the zodiacal signs bestows its characteristic touch to all the aspects of life.

Astrology holds the key to life. It is necessary to get into the secrets of the time relating to one's own life in particular and relating to the humanity in general. "Your Birthday Gift" is the first step towards understanding of Time and also a right understanding of the human psyche. It is an invaluable gift to all true seekers of truth, coming from Master E.K.

**Ekkirala Krishnamacharya:** Your Birthday Gift

**Free Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

### The Theosophical Movement



The Theosophical Movement is an "ongoing" movement. It was inaugurated through the great initiate H. P. Blavatsky during the last quarter of the 19<sup>th</sup> century. It continued further through Master C.V.V., who gave an Aquarian impulse during the beginning of the 20<sup>th</sup> century. This book describes the qualities of a true theosophist, the movement of Theosophy through them, as also the principle teachings of Master CVV.

This book is a talk at Misiones, Argentina, by Dr. K. Parvathi Kumar, in 1992.

**K. Parvathi Kumar:** The Theosophical Movement

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

## NEWS - REVIEW TOURS OF THE TEACHER

41<sup>st</sup> WTT Intercontinental Tour 2005

Switzerland: Scorpio Full Moon Seminar

Celebration of 60<sup>th</sup> birthday of Master Sri K. Parvathi Kumar

13<sup>th</sup> – 16<sup>th</sup> November 2005, Fürigen

For the celebration of our Master's 60<sup>th</sup> birthday and Scorpio Full Moon 137 members from Austria, Belgium, Denmark, Germany, Spain and Switzerland assembled at the beautiful place of Fürigen overlooking Lake Lucerne. The group living started with a warm welcome ceremony for the Master, where every group member presented a rose to the Master and to his wife Kumari-Garu. After evening meditation the master spoke about the work of THE MASTER through the Masters of Wisdom and their disciples.

The theme of the Monday morning talk was: "Living for spirit is discipleship. Spirit for living is apprenticeship". In the afternoon and the following lectures the Master gave deep insights into the energies of Scorpio and spoke about death and immortality.

Monday evening at the birthday celebration the groups from the different countries expressed their thanks to Master Kumar and presented their gifts to him and to Kumari-Garu. The contribution of every nation had a very specific note, expressing the wide range of different qualities united in the work.

Tuesday morning started with a fire ritual and ended with a beautiful silent night boat trip on Lake Lucerne in the hours of Scorpio full moon. At the conclusion of the seminar on Wednesday morning Master Kumar gave some instructions to the group how to work on a daily basis with the natal and the progressive horoscopes and the daily positions of the planets. All members were deeply touched and inspired by the blessings of this beautiful seminar.

*cont.*

## Window to World Service News & Activities

(Inputs welcome)

**Group reports:** Germany

**Name of the group:** W.T.T.-group of Berlin

**Contact:** Karin Richie E-Mail: karinrichie@web.de

### Activities:

- On a regular basis we give donations for charitable organizations such as schools in India for example. In addition by a monthly donation we support the Paracelsus-Healing-Centre in Einsiedeln as well as the monthly published Paracelsus-Magazine.
- Every month one group member takes food to the "Arche", an institution for school-kids in Berlin, who for various reasons on various levels have no partners to talk to and also have no warm meal on a regular basis.
- On a regular basis we visit energetically important locations in Berlin such as the Room of Silence at the Brandenburg Gate as well as the Memories' Church (Gedächtniskirche).
- One group member consults in questions of how to live and healthy nutrition and helps others with the Bach's Flower therapy – all this on a donation's basis. And the donations the group member passes on for charitable organizations.
- One group member is helping with translations for the Paracelsus-Magazine.
- One group member is helping in the digitalization of the seminar tapes.
- We as a group gave half of the money needed for the hard- and software for the audio records on a digital basis. One group member found the needed de-vices, bought them and brought them to Dierk Pleißner's home, where he gave an introduction for Dierk Pleißner about how to use the devices.
- We produce EMa (Effective Microorganisms) and deliver them.
- Finally we try our best to live the teachings of Master Kumar in our every-day-life.

## The Peacock's Path

She was middle-aged and neither a nun, nor pretty, but she unknowingly carried within herself the mystery of a whole life of contained desire - a desire for love that she had never had the opportunity to spend or waste upon another. A last generation of restraint had formed her, in which resentment towards one's destiny did not exist even as a thought. She had heard as a young girl that the peacock was the only animal that grew stronger by swallowing poison and, in following the peacock's path, she must remain silent about this inner activity. The desire that had collected in her being was so strong that it roamed around to unite with any yearning soul who was near and in resonance to receive it.

Her hands clutched the huge key with which she opened the forged wrought-iron portal to the chamber of the crypt in St. Andrea for the few people who had gathered there. To reach their goal they had come, not through the Valley of the Snakes, like pilgrims of bygone days, but on slick, dangerous highways with steel paytolls, to see the shrine built for two golden chalices which beheld the blood of the Christ. And - anonymously, her sole vocation of opening and locking this door for tourists, enhanced their moments in the presence of this most sacred relic of the savior.

Outside, in front of the church, people hastily crossed the piazza, conversing via cell-phones about personal affairs and business decisions. They, too, were united in investing their varied attentions to a place different from the one where they were walking.

*Tamara Ralis*



## Extracts from the Teachings

### Lecture During the Full Moon Hours of Scorpio,

Part III

**Dr. Sri K. Parvathi Kumar**

Fürigen Group Living, Switzerland, November 2005

#### Meditation with Rhythm – Internalisation

Introducing meditation with rhythm – each time a meditation for 24 minutes – would be an effort to start with. But each time you wish to internalise, you will draw yourself out, because there is no habit to internalise, there is only the habit to externalise, all the time. From childhood, we have only learnt to externalise. We have not concurrently learnt to internalise. That is why the meditation work is a difficult work in the initial states, because one is engrossed so much in objectivity. One justifies himself that there is no time for meditation. There is time for everything, if we drop off time for silly things, unnecessary talks, unnecessary movements – they all have to be cut off. Then we find a lot of time.

A disciple can never say: “I have no time.” In discipleship, forget about the concept of having no time. It is just an illusion that there is no time. The truth is there is time only. Each one is a judge for himself or herself, if he/she has created enough time and space for meditational work, for internalisation during meditation. Since the currents always move from within outside – in the initial stages, when you try to move within – you are put out by the currents which you have created over years. You get flushed out. That is why in the initial stages, you need to take the help of respiration to move inside. With the help of inhalation you can move inside, and try to stay there, until you are thrown out by exhalation. Even when exhalation moves out, you can really stay in. Move in with the help of inhalation and hold on to the pulsating principle, releasing yourself from the exhalation. This is only possible through practice. Then the duration for staying inside grows.

This is the first step of Scorpio that you have learnt to internalise. This is what is called ‘walking into the caves for contemplation’. The scriptures speak of ‘truth seekers entering into caves for contemplation’.

Many of you have come to Israel with me. There are the Qumran caves. On either side of the river Jordan, you find so many caves, where peo-

ple used to contem-plate. But you can find your Qumran cave in you. Recently those of you who came to Samos have seen the cave of Pythagoras. Initially you should start entering the cave of your own heart, the cave of Leo, stay there and contemplate with the vertical, visualise that the light is reaching you from higher circles, from the top of the cave. This is possible, if you can hold to the pulsating principle. It also gives you the message that you in the cave are no other than the one on top of the head, because the message of the pulsating principle is: SO HAM, THAT I AM, THAT I AM. It is a kind of self-hypnosis which the heart always trumpets. The heart trumpets the truth. The trumpet of the heart or the song of the heart is SO HAM. You gain a different identity of yourself.

There is a personality identity for all objective purposes. We are stuck with it. We are stuck with our name. We are stuck with our form. We are stuck with our nationality. We are stuck with our language. We are stuck with our habits. It is all personality identity. The name of the personality is I am. I am Indian, I am German, I am Spanish. The name is also for the personality, not for the soul. The soul has a number, while the personality has a name. In the *Ashrams*, the disciples are identified by the number, more by the number than by the name. So, you are not your name, you are not your form, you are not all that identity you have gained in the objectivity. It is all personality identity. When you enter into the cave of the heart, the heart gives you the message: You are THAT, THAT I AM. That is the new identity. More and more that identity descends into you. The other identity disappears. You let others to cognise you by the personality identity. But inside in the cave temple, you are recognised by the inner identity which is the degree of your association with the idea of THAT I AM.

More and more you are engrossed with the soul and you would like to be an expression of the soul. This is how death to the personality happens, and birth of the soul takes place. As much as you are identified with the song of the breath, so much you would fly into the higher regions. That is where you move into the areas of light without illusions. The dreams may sometimes give you some experiences, but then you are always left with the thoughts, whether they are true or not true. But when once you have learnt to move inside, stay there and contemplate, you will gain experience of transactions with light and sound. And there is no doubt about it, whether it is real or unreal, because this experience is a tangible experience, as tangible as it is on the objective plane. In subjectivity also there is that kind of tangibility. We all know very clearly, if we have taken our lunch or not. We don't have to ask others. Likewise the experiences through inner contemplation are so tangible

and real. As you move into the subjective part of your being, there will be much transaction with light and sound inside. The subjective part of your being is called the subjective temple. The objective part of your being is called the objective temple. Either way it is temple only.

A disciple transforms his subjective and objective sides as temple. Subjectively, the light is invoked; objectively, the service is done. When service is done, it is called temple service or church service. But in the temple or in the church there is also adequate activity of invocation.

So, all internal contemplations are invocations, and all external activity is service.

External contemplations are only a shadow of the internal contemplations. Contemplations shall have to find their internalisation resulting in invocation of greater measures of light into you. Thus invocation of light into you becomes your inhalation. Expression of service of you becomes your exhalation. So, vertically you receive, horizontally you distribute. That is how the centripetal and centrifugal activity transforms itself. Until this work is done, no one can call himself a disciple.

The triple quality of the soul is expressed through the triplicity of the personality, and consequently it is a temple that is at work. A temple can receive from higher circles and serve the world. So is a disciple. The basic quality for the basic requirement for this is that he walks from objectivity to subjectivity, transforms in the subjectivity and comes back fresh into objectivity. The one who goes in is not the one that comes out. There is an occult meditation in "Spiritual Psychology", where a hunter goes inside. There he meets the lion, and he meets the maiden. Then he moves up with the help of the dog and the lion and gets the rod of power. A kingly seat, a throne, is given to him, he is coronated, and a crown is bestowed on him. So, a hunter is turned into a saviour.

Likewise, a son of man transforms into a Son of God. For the outer world, he looks the same, but his inner has changed. Just like the same vessel which we used for salt, is now filled with sugar. For many years, the vessel was used for salt. When it is filled with sugar, you don't know unless you taste it. Likewise, the transformations are always inside and not so much outside. Outer transformations like growing hair, putting on a barb, etc. are all perversions. You can remain what you are for all outer purposes. You can change inside. There is a Master who says: "You may deceive the whole world, but don't deceive yourself." If you don't deceive yourself, you don't deceive others also. It is not so much important that you change the outer, change the inner. Then it functions through the outer in a better fashion.

Some changes may become even objectively clear. But there is no effort to change the outer. That is the work of Scorpio. It may look like a ser-

pent, but it is not. It is a unit of wisdom. There are many Masters of Wisdom in the form of a cobra. Likewise, it may look like an eagle, but it is not just an eagle. There are eagles that can converse. It may look like a swan, but it is not just a swan. It may look like a monkey, but it is not a monkey, because not much importance is given to the outer appearance. The inner quality is important. So, the inner is what is contemplated for change in Scorpio. Let the outer remain in whatever shape it is, and work with the inner. As long as we are blessed with respiration, we stand the chance for working with the inner. *cont.*

*This text is not proofread by the author and might have some mistakes.*



## **1<sup>st</sup> Tour of Master K. Parvathi Kumar to South Africa**

**17<sup>th</sup> to 25<sup>th</sup> October**

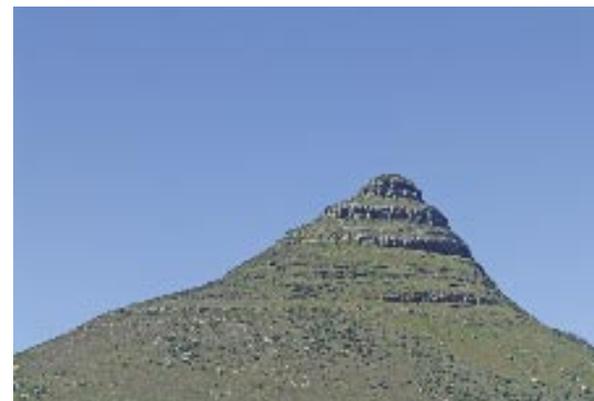
At Masters 60<sup>th</sup> birthday in Fürigen I gave him the invitation of my friend Hilka Sentefol from Namibia. Master was very happy about the opportunity to visit the African continent. At this period the future of Africa plays a great role. He also was keen on visiting South Africa, especially Johannesburg. Everywhere great joy spread, and organizing started. Namibia sent him a very respectful invitation. Everything seemed to be ready for this event. Johannesburg was more difficult, because the people whom I knew 18 years ago weren't living there anymore. But there too, we experienced a peculiar guidance. Thus Mr. Horst Haase from the Theosophical Society Johannesburg got into contact with us and gladly accepted this chance.

Very eventful 6 months of continuous change started. When we were sure that now everything was o.k. we came to know that Master didn't get a visa for Namibia. He proposed to travel to the Cape of Good Hope instead. Thus within a week everything had to be organized in Cape Town anew, including the rebooking of the flights for 10 persons from different countries. But this also worked out well, because nothing can be stopped what the Master initiates.



So on the 18<sup>th</sup> of October all of us – Master with his wife Kumar Garu, Sabine and Anna, Ernst, Malini, Christina, Hilka, Rosy and Alex from Miami – arrived in Cape Town full of expectation. Hilka had rent for us nice holiday apartments opposite the famous Table Mountain. We were living in beautiful apartments and were like a big family. In the morning and evening we were meditating with the Master, and He gave us short information about the importance of the places we visited. Via Horst a group in Cape Town came to know that Master was there and they invited him spontaneously for a talk. It was impressive to see how Master stuck to the entire program which we had prepared, although he arrived very exhausted from Germany. The first day we traveled through the surrounding of Cape Town, and in the evening there was the talk in a hotel. It was a small, very hearty and open-minded group, which greeted

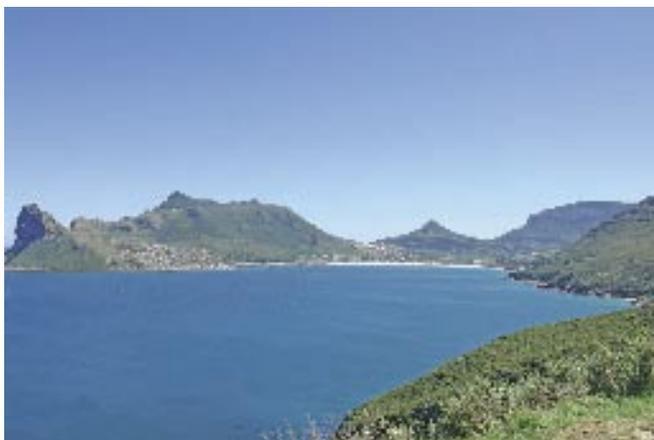
the Master with deep veneration. With their openness the people were like the light in springtime, and Master answered their questions with great attentiveness, an overwhelming power and a radiance of love deeply touching all of us. It was the desire of this group to continue working with the Master.



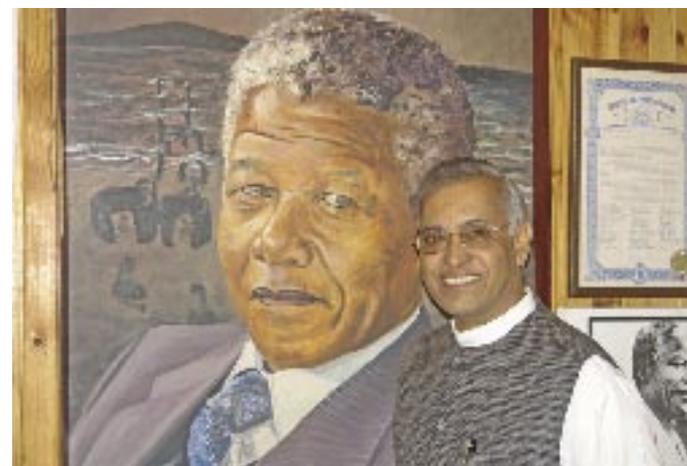
On 18<sup>th</sup> October we traveled along the coastal road. Beautiful bays and strangely formed mountains pleased our eyes. At first we went to Cape Point, the most south-western point of Africa. There we stayed for a while and then continued to the Cape of Good Hope. Since we were just a small group, we had many occasions to see, Master and Kumari Garu regarding things full.



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The next stop was Johannesburg. We lived alone in a big house with countless stairs and surrounded by a beautiful park. On 20<sup>th</sup> October we visited Soweto. For a long time Master stayed with us in the house in which Nelson Mandela used to live. In the museum he also informed himself for a long time about the revolution.



In the evening we tried to improvise an altar. It was beautiful that we were allowed to use the mallow flowers from the park. Saturday the seminar with the topic "The eightfold Yoga Path" started. Sunday, Libra New Moon, the Master celebrated a fire ritual.



Overwhelmed the people who had come looked into the fire and then listened to the lecture. Like always the Master was a source of wisdom and benevolence. The participants were very open-minded and full of joy about this meeting. It was a good atmosphere, and we felt relieved, for it was a new experience for all of us. Since the Master spoke for the first time without translation, it was quite a lot, especially since he hardly made a pause. In the afternoon a group of Indian musicians came, who gave a concert in honour of the Master, on the Vina, a cello and drums. Here too, the joy on both sides was great.



In the evening we accepted an invitation of the Theosophical Society of Johannesburg, which was very well attended. The Master spoke about the Eightfold Yoga Path in a very demanding way. Like in Cape Town he was again a radiating fire of inspiration. All felt deeply moved. They thanked him and invited him for another visit.

Monday evening the seminar ended. In the evening the Master gave another talk at the University of Johannesburg. Every situation had its own charisma and its seriousness, no matter if many or few people were attending.

Tuesday there were talks with guests which Horst had invited. In the evening all met again for a Farewell Dinner at the Botanical Garden.



Wednesday, 25<sup>th</sup> October a dream of mine got fulfilled. We visited Pretoria, the city of the Jacaranda trees. Seen from above, the whole city looks like a blue ocean of flowers. In the evening our common journey ended and we all flew back. May this event lead us to a greater gratitude towards the Master and towards all life and strengthen the joy of common service.

*Christina Ambach and all, who were with us.*



## Paracelsus Health and Healing

### Mental Cooperation

The well-being of humanity is envisioned as a possibility when the work of the doctor and the surgeon would be supplemented by the analysis and conclusions of the psychologist and when the power of right thought comes in as an aid. Then and only then we will enter upon a new era of well-being of human beings. To the various categories of sicknesses various healing agencies should be added for accomplishing the tasks. The treatment has to be for the whole man, but not only limited to the parts in which the doctors are specialized. There should also be the ability to comprehend the nature of energy of the patient, a correct appreciation of his endocrine system, its glands and their subtle relationship.

Presently there is no coherence between

- physicians and surgeons, orthodox and academic;
- neurologists, psychologists and psychiatrists;
- homoeopaths, naturopaths, ayurvedic doctors and such alternative medical practitioners;
- healers and workers.

There is much antagonistic thinking and mutual criticism in between these groups instead of loving understanding and integration of strengths. Every system has its strengths and weaknesses and no single system is a complete answer to the present state of diseases. All are interdependent but not independent. This needs

to be realized. To realize this, the group should have a large heart but not a narrow mind.

It is the inability of these groups to recognize the good in the other groups striving for the well-being of humanity which makes it almost impossible to usher in the holistic treatment. Every pioneering idea has to batter itself against the existing crystallized thought forms. The dead weight of preconceived and prejudiced views pulls back the pioneerism of a well-intentioned few. The field of medicine is so difficult that fear enters and destroys every new and progressive idea. The gulf between the old and established and the new needs much bridging through time.

Orthodox medicine is slow to accept other systems. At times it is too slow to accept the strengths of other systems. It is slow because the risk to the humans is too great to accept anything which is not scientific and statistically proven. It cannot afford to make experiments. But the facts are that there is already substantial experimentation happening, even within the orthodox medical practice. Why not to be open for other experimentation also?

Orthodox medicine, with all its failures, has however advanced by leaps and bounds. The science of electricity and light therapy, the incessant research, the space medicines are all to its credit. They are ever trying newer approaches to diseases.

The approach of the mental healers and alternative medicine has not proceeded so helpfully. This is largely their fault. They hurt their own cause owing to the large claims, which they make, and to their antagonism towards orthodox medicine. Many of their cures are faith cures. Their claims of cures are both correct and incorrect. They need to keep a record of not only their success but also of their failures. But they too have strengths where orthodox medicine is weak.

The middle way of compromise and of mutual co-operation is ever the wisest. This is a lesson much needed today in every department of human thinking.

*Dr. K. Parvathi Kumar*

Extract from: **Paracelsus – Health and Healing**

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## Astrological Important Days in December 2006 / January 2007

22.12.	01:22	☉ → ♏ / Sun enters Capricorn	
♀		<b>Winter Solstice:</b> Birthday of Jesus Christ	
		☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	☆
<b>24.12.</b>	04:49	23 <sup>rd</sup> constellation <i>Dhanishtha</i> starts	♌ 17°17' ≈
☉	21:00	<b>Dhanishtha-Meditation</b> (End of <i>Dhanishtha</i> -constellation at 03:47 on 25.12.)	
27.12.	04:46	● 8 <sup>th</sup> phase of ascending moon starts	☉ 05°14' ♏ / ♌ 29°14' ♋
♀		(End 02:49 on 28.12.)	
29.12.		<b>December Call Day</b>	
♀	22:49	11 <sup>th</sup> phase of ascending moon starts	☉ 08°03' ♏ / ♌ 08°03' ♋
		<i>For healing purposes</i> (End 20:51 on 30.12.)	
02.01.	15:55	Phase of full moon starts	☉ 11°50' ♏ / ♌ 29°50' ♋
♂		<i>Contemplation upon the 8-petalled Heart Lotus</i>	
03.01.	14:57	○ <b>Full moon of Capricorn</b>	☉ 12°48' ♏ / ♌ 12°48' ♋
11.01.	00:24	● 8 <sup>th</sup> phase of descending moon starts	☉ 20°20' ♏ / ♌ 14°20' ♋
♃		(End 03:01 on 12.12.)	
<b>14.01.</b>	07:00	11 <sup>th</sup> phase of descending moon starts	☉ 23°40' ♏ / ♌ 23°40' ♋
☉		<i>For healing purposes</i> (End 08:00 on 15.01.)	
18.01.	06:39	Phase of new moon starts	☉ 27°44' ♏ / ♌ 15°44' ♏
♃		<b>New moon point of Capricorn:</b> <i>Contemplation upon 'The Pledge'</i>	
19.01.	05:01	● New moon of Capricorn	☉ 28°41' ♏ / ♌ 28°41' ♏
20.01.	12:01	☉ → ♋ / Sun enters Aquarius	
♃		☉ in ♋ – Every Sunday ( <b>21.01., 28.01., 04.02., 11.02., 18.02.</b> ):	
		<i>Invocation of Aquarian Energy via Master CVV</i>	
	12:31	23 <sup>rd</sup> constellation <i>Dhanishtha</i> starts	♌ 17°17' ≈
	21:00	<b>Dhanishtha-Meditation</b> (End of <i>Dhanishtha</i> -constellation at 10:50 on 21.01.)	
25.01.	12:59	● 8 <sup>th</sup> phase of ascending moon starts	☉ 05°08' ≈ / ♌ 29°08' ♎
♃		(End 11:07 on 26.01.)	
<b>28.01.</b>	08:07	11 <sup>th</sup> phase of ascending moon starts	☉ 07°58' ≈ / ♌ 07°58' ♋
☉		<i>Contemplation upon the Third Eye</i> (End 07:04 on 29.01.)	
01.02.	06:09	Phase of full moon starts	☉ 11°57' ≈ / ♌ 29°57' ♋
♃		<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
02.02.	06:45	○ <b>Full moon of Aquarius</b>	☉ 12°59' ≈ / ♌ 12°59' ♏
09.02.	21:49	● 8 <sup>th</sup> phase of descending moon starts	☉ 20°43' ≈ / ♌ 14°43' ♋
♀		<i>Contemplation upon Master CVV</i> (End 23:44 on 10.02.)	
13.02.	01:31	11 <sup>th</sup> phase of descending moon starts	☉ 23°55' ≈ / ♌ 23°55' ♋

All times are in MET (middle european time).

From: »Astrological Calendar 2006/07«

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## Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love  
which is pure.

From the West through Wisdom  
which is true.

From the East through Will  
which is noble.

From the North through Silence  
which is golden.

May the Light make beautiful  
our lives.

O Hierophant of our Rite  
Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World  
Servers.

We bow down in homage  
and adoration

To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,

and to its Exquisite Jewel,  
The Star of the Sea -

The World Mother.

From the point of Light  
within the Mind of God

let Light stream forth  
into the minds of men.

Let light descend on Earth.

From the point of Love  
within the Heart of God

let love stream forth  
into the hearts of men.

May the Lord return to Earth

From the centre where the  
Will of God is known

let purpose guide the little wills of men,  
the purpose, which the Masters

know and serve.

From the centre which we call  
The race of men

Let the Plan of Love and Light  
work out

And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is around

let His energy pour down  
in all kingdoms.

May He lift up the Earth to the  
Kings of Beauty.

The Sons of Men are one  
and I am one with them.

I seek to love, not hate.

I seek to serve and not exact  
due service.

I seek to heal, not hurt.

Let pain bring due reward  
of light and love.

Let the soul control the outer form  
and life and all events,

and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.  
Let the future stand revealed.

Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.

Let all men love.

Master D.K