

# VAIСAKH NEWS LETTER



HAMSA SIVA SOHAM



*Sagittarius 2007 Dhanus*

Letter No.8 / Cycle 21 – 22<sup>nd</sup> November until 22<sup>nd</sup> December 2007  
The World Teacher Trust - Global



**Trace the sacred word OM to its source.**

**Reach the existence, the unity of existence.**

**You are verily existence projected, as OM.**

**Existence is your be-ness.**

**OM is becoming.**

**OM is the path that leads to be-ness again.**

**Utter OM regularly.**

**K. Parvathi Kumar**



## Invocation

May the Light in me be the light before me.

    May I learn to see it in all.

May the sound I utter reveal the light in me.

    May I listen to it while others speak.

May the silence in and around me present itself,

    The silence which we break every moment.

    May it fill the darkness of noise we do,  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.

    Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

    Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.

    May we live in the awareness of the background.

    May we transact light in terms of joy.

May we be worthy to find place in the Eternal Kingdom OM.

*Master E.K.*

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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## **Prayer for the Year**

Ten times ten.

The wheel rotates.

Three wheels from one wheel.

A total of four wheels.

Three above and four below.

Seven wheels rotate in three directions.

Seven and three is ten.





## Message of the Month of Sagittarius

Sagittarius stands as a junction point from where two paths are open to follow. One is the Divine path (Devayana) and the other is the cyclical path of birth and death (Pitruyana). The man of personality faces the two paths. The first path leads to soul-consciousness and the related bliss. The second path leads to the body-consciousness and the related mundane experience of birth and death. The body consciousness leads one into objectivity while the soul consciousness leads one into the sublimes of subjectivity. The personality is at the crossroads. It is for the personality to choose either way.

Sagittarius thus is a station where the personality man has to choose the way. If he chooses the Divine path he would have his mundane activity too subordinating itself to the Divine path. If he chooses the mundane path only then Matter conditions him while the Divine remains dormant and dis-appears into the deepest chamber of man's heart.

The wise ones such as Hercules, Arjuna and the like desired the Divine path and fulfilled even the mundane purposes with the Divine cooperation at all levels.

The choice that the personality of man makes depends upon the measure of the acts of goodwill that he did in the past lives. His ability to follow the path of the Divine also depends upon the acts of goodwill. When one's life orientation is totally towards serving the fellow beings then treading the path of the Divine is facile. Those ones are the true Sagittarians, the true disciples that serve the world at large.



## **Message of the Teacher**

### **A Practice**

The awareness flows through the Sushumna and forms the basis of the seven-fold man. An aspirant has to link-up to this flowing awareness from head to base. He can then visualise awareness in the centres of his Buddhi, Manas, and the five elements. This would enable daily reconstitution and resurrection of the seven energies functioning at Ajna, brow centre, throat, heart, solar plexus, sacral and base. It is one awareness that flows through and conducts through seven centres. This would enable expression of the spiritual triad of light, love and power appropriately. May this be the daily practice in your prayers.



## Gîtâ-Upanishad

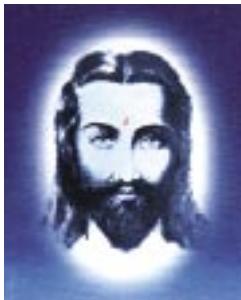
### - Lord Krishna -

#### Sin

The Lord says that impurities emerge from excessive desire, and excessive reception of obligations from others. Such ones according to him would carry polluted mental energy. This pollution is sin according to the Lord. The Lord recommends one to orient oneself to what he has to do instead of orienting to desire. The Lord strongly recommends one to eliminate the attitude to receive obligations. Instead, reverse such process.

When one is desire-oriented the mental energy flows unregulated, just like a horse, which is not reined. This would confuse his mind instead of doing what is to be done. He abstains from doing and starts dreaming. The desires remain unfulfilled due to inadequate action. For the ones who are action-oriented, desire fulfilment is a happening. Similarly, the attitude to receive obligations from around makes one negative. Instead, if one learns to give obligations, do favours for others, help others without expectation, he turns positive. The reception for man is from higher circles and should therefore be a vertical flow from above downwards. From whatever he receives from the above he should distribute to the world, which is a horizontal activity.

“Receive vertically and distribute horizontally”, is the dictum for discipleship. To receive excessively from the world would drown oneself in the world and its mundanity. The Lord requires one to check from time to time one’s attitude towards work, desire and receiving obligations. This would enable to save oneself from pollution at the mental plane, which is called sin (ignorance).



## **Lord Maitreya**

### **Grain and Husk**

In the human society there is too much thinking and too little action. You think much about human rights, poverty, general distribution of wealth, alleviation of the sufferings of the poor nations, improving the living conditions of backward communities, restitution of healthy way of life. You conduct too many seminars, national and global conferences and discuss. The humans like discussions more than acting upon decisions already made. Discussion and release of papers has become a disease. The decisions are generally transgressed. You find reasons for such a transgression. In all this activity you find little grain and heaps of husk. People who cry from housetops about freedom, liberty, democracy, etc, are frequently the ones who flout them. Enough is human hypocrisy. We in Hierarchy appreciate a small act of goodwill more than a huge exhibition of ideas. Much time is wasted in ideation. May you not fall into the same track. May you believe in humble acts of goodwill and act upon them. Eliminate hypocrisy if any in you.



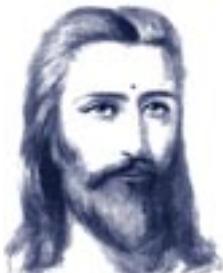
## **Master Morya - Maruvu Maharshi -**

### **Beliefs**

The majority of human beings have belief in the Divine. This belief existed even before the religions emerged. The religions also pronounce the Divine vociferously. There are many beliefs and many superstitions relating to natural powers and supernatural powers. All proclaim that the Divine is omnipotent, omnipresent and is omniscient. But the strangest aspect of the humans is that they do not hold this belief firmly in their daily life. They do not realise that the Divine can cooperate with them; that the Divine can help them; that the Divine powers can alter situations for the better. They stand disconnected with the Divine and get helpless. Be connected while in action. Learn this one practice. Feel that the Divine is with you while you are in action. In truth He is with you at all times. If you link-up you may gradually know the truth of His cooperation, His help and His power. As you progress with this practice of "linked action", you would realise that the Divine is ahead of you and fulfils your actions and you remain behind enjoying the splendour of the fulfilled actions. You would further realise that He leads you, guides you and protects you and becomes a shield around you.

The Divine is within. As much as you link-up and let Him express from your heart He would grow to cover you retaining you in His heart. This truth is expressed as under:

"I am in you because you are in Me".



## **Master Koot Hoomi - Devapi Maharshi -**

### **A Facility**

When you toe the line of devotion you have a vantage. You would land-up in total admiration of a teacher. Remember, it is total admiration but not partial. Such devotee is on a comfortable pedestal. Such ones can easily accept the teacher as a symbol for their contemplation. The form of the teacher forms a sublime symbol to them. As they contemplate upon the countenance of the teacher they keep receiving through the eyes of the teacher much illumination, much knowledge and much direction for daily action. Many devoted disciples received in this manner including Alice. A. Bailey who was a devotee to start with; a devotee of high order.

Such devotees can be impressed with teachings. They are useful instruments of the teacher for impressional teachings and writings as long as they continue to be devoted and secure themselves from the dangers of pride.

It is easy to teach a devotee all knowledge relating to cosmogenesis and anthropogenesis. HPB, a fiery devotee, could be taught anthropogenesis and cosmogenesis with much facility.

Devotion is not emotion, but a total orientation. Such total orientation towards a teacher is rare. When such devotion is found the transmission is from the teacher's brow-centre to the disciple's Ajna Centre. Gradually, the disciple gets magnetised and becomes one with the ashram of the teacher. Thus the student gradually transforms into a teacher. This is a facility for the devoted ones who gave out pure knowledge from higher circles.



## Message of Master E.K.

### Marginal Errors

Even the righteous would sometimes do mistakes. At times the behavioural nature prevails over their soul nature. The righteous ones are those who demonstrate soul nature generally. There could be marginal errors in their behaviour. Personality occasionally clouds soul. Be careful not to condemn or even criticize them. To err is human. The disciples functioning as souls may also err. Only the fools are over-critical about such errors. The Divine on the contrary smiles at the occasional errors committed by His dear ones.



## Vidura

### Wisdom Teachings

Self-restraint is nobler  
than conquering death.  
Poking into others' affairs  
destroys even the divine.



## Shirdi Sai Sayings

### Prayer

Oh! Lord turn my mind inward, direct it to You in me. Let not the mind get attracted to the worldly things. Let the mind merge in You so that You shall function through me and my body. Lead, guide and fulfil the life for I realise that it is not my life, but The Life.



## Sri Ramakrishna

### How the Divine Reveals Himself

There is a dark room, and rays of light are coming into it from outside through a small chink. Now, the idea of light that a man inside will have, will be just commensurate to rays of light.

If there are a greater number of Chinks in the doors and windows, the man within will see more of light;

And if he flings open the doors and windows, he will get still more light.

But then it is he who stands in the open field that receives the maximum degree of light.

Just so the Lord reveals Himself to the devotees according to the varying capacities and natures of their minds.

The more a man approaches the Universal Being, the newer and greater become the revelations of His infinite nature and in the end he merges in Him through the consummation of knowledge.

## Lay Man's Prayer



Your Grace enables us to pray.  
Your Grace enables fulfilment of our prayers.  
Your Grace fulfils us and lets us into Your Presence.

# Discipleship

## Death

The morbid attitude of the majority towards the natural Law of Dissolution must be changed. Christ demonstrated the correct and more joyful attitude when He chided His disciples for evidencing sorrow at His coming death, reminding them that He was going to His Father. Death is God's gift to life, and to regard the work of the Angel of Death as evil is one of the great distortions of divine truth. The divine plan of death is one of beauty and beneficence; it is part of the process of evolutionary growth.

When the soul incarnates it takes that which is not itself or its own. At the time set by law the moment eventually comes when the soul must make restitution of the borrowed goods, and the partnership between soul and body is then dissolved. When the soul departs, carrying the fruit of all experience, the heart fails to function, the brain fails to record, and thus silence settles down. The house is empty. Death restores body and soul to their sources. It renders back substance to substance and the soul to the kingdom of souls. This is all there is to the so-called enigma of death. It is an enigma to the average man but not to knower. There is no death. The eternally lovely secret of death is entrance into life. Death is just a method of abstracting and transferring the energy and consciousness of the soul, the spiritual man. We are conscious one moment on the physical plane and a moment later we have withdrawn on to another plane and are actively conscious there. Birth into the physical world in turn leads to foreordained birth into the world of spirit. This is the second birth spoken of in the New Testament, in which a man is "born again" into the fuller, unconfined world of light and love. Man has forever been and will forever be, either here or there. We come and we go, and we persist because we are divine.

Death is dreaded because it is not understood. The fear of death is also based upon a terror of the act of death itself, horror of the unknown and the indefinable, unhappiness at leaving loves ones behind or of being left behind, old erroneous teaching as to heaven and hell, identification with the body and not with the soul, and doubt as to immortality. The moment there is positive, intelligent understanding of the fact of immortality and of the world on the other side of the veil then fear, disturbance and concern depart.

The release of a soul through death is not necessarily an unhappy occurrence. It is the soul and its purpose that is of importance and when a body proves inadequate for the expression of that purpose, or when the purpose is accomplished, it is no disaster for that body to go. Death is an indication of work consummated and rest earned and should be so recognised. Let us not fear death, or that which lies beyond it. It is physical plane life that is the purgatory and school of drastic discipline. The wise labour and serve but look forward to the Great Adventure and to the end of the fever, the friction and the pain of earth existence.

# Occult Meditations

## Meditation 12



*These are from Higher Circles.  
These are from whom I follow  
to those who follow me.*

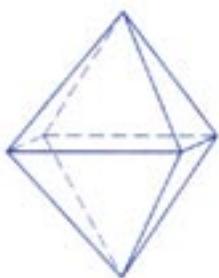
### Commentary:

This meditation establishes the hierarchy of teachers. A disciple turns to be a Master, receiving inspiration and guidance from his Master. Having become a Master, the disciple in turn transmits such inspiration and guidance to those who follow him.

Every Master is disciple as well; he remains a disciple to his Master and enacts mastery towards his disciple. This is how the Hierarchy functions with a chain of Masters from Higher Circles to lower circles.

These instructions and meditations are given with intent and import by the Master to the accepted disciple. To others, they remain information only. They are inspiring only to those who really follow the Masters and the path. Real following means following the instructions for long years with focus, attention and deep interest.

Knowledge is available through books. To many, it is information. To the sincere and aligning ones, it is not only information but is inspiration. It unfolds the inner light, love and power. If the instructions given in the earlier meditations are not followed well, the related inspiration does not happen. The keynote of the meditation is to sincerely follow the Master. Such following enables the flow of the Master-energy towards the disciple and the disciple transforms to be a Master. It is the one Master-energy that permeates through the Hierarchy and conducts the Divine Plan. The follower is advised to be silent, ever prepared to serve, to know and to dare if necessary.



**Rudra**

#### **14. Kakubhaya**

*Kakubhaya* means the one that is the centre of the 10 directions (East, West, North, South; North-East, South-East, South-West, North-West; above and below). The 10 directions are set at poise with Rudra as the centre. He regulates the 10 directions being at the centre. He is the centre of every unit consciousness and enables its beness by keeping intact the forces that emerge from him into all 10 directions. 10 is the number of God in creation. The centre of 10 is God established in creation, who in turn establishes the creation. He builds the creation and lives in it, just as a man builds a house and lives in it.

*Kakubhaya* also means the beauty, the splendour and the power of creation. He is the pinnacle of the creation with its beauty, splendour and power.

It further means the scientific one. Rudra, being the cosmic First Ray, is scientific. His counter part Vishnu is mystical, enchanting and charming. Shiva is the power of male, Vishnu is his beauty. In a way, they are inseparable. In creation, Shiva is the fore-runner as Rudra. In the path of return, he is the last one to be experienced.

## Ashram Leaves

Taurus



„On the surface of the ocean, there stands the great serpent of unwinding coils. Amidst the coils, the Lord exists in blue colour. Near His heart on a great lotus. The Mother sits.“

## **On Love**

Love is total revolution.  
Love is Revelation.



## **On Change**

When the alignment happens,  
you settle in the immutable  
and enjoy the mutable!



## **On Silence**

The fulfilled ones are silent –  
The unfulfilled sound much.  
Empty vessels make more noise!



## Hymns on Agni



### **9. SANAH STAVAANA AA BHARA GAYATRENA NAVEEYASA RAYHIM VEERAVATHEE MIKSHAM**

*Oh Lord Agni! We invoke you through the meter of Gayatri. Please bestow on us wealth and righteous progeny.*

Gayatri is a meter that functions with number '8' and three times eight. Eight is the number of Krishna, Christ, Chrestos, a number of splendour and fulfilment. This meter specially fulfils the life. Worshipping Agni with this meter is for such fulfilment.

In this prayer the worshipper is seeking wealth. Wealth consists of healthy body, enlightened mind, peaceful and comfortable living, support of good resources mainly human resource, timely occurrence of thoughts and the like. Seeking wealth is not seeking material wealth, according to the Vedic understanding. Likewise good progeny is a great source of joy. If it is contrary it is a source of great sorrow. Hence seeking righteous progeny is considered primary. Thus wealth and righteous progeny are sought from Agni, worshipping the Lord through the meter of Gayatri.



## Violet Flame Invocations

O Radiant Violet Flame!  
Come! Descend!  
Blaze through us.

O Radiant Violet Flame!  
Come! Transmute!  
Transmute all Darkness to Light.

O Radiant Violet Flame!  
Lead us. Lead us from Darkness to Light,  
Death to Immortality, Fear to Freedom!

O Radiant Violet Flame!  
Come! Establish your outpost of Love in us,  
Transmute and set free!

# **Children's Section**

## **The Doctrine of Ethics**

**Ants toil to build houses  
for snakes to live in.  
fools toil to build houses  
for the clever to live in !**

### **The Story of Numbers**

Dear Children

Do you know that among the nine numbers there are males, females, neutrals and cyclical? The great Pythagoras speaks of them.

Number 1 and number 7 are the male numbers.

Numbers 2, 4 and 8 are female numbers.

Number 5 is a neutral number.

Numbers 3, 6 and 9 are cyclical numbers.

Male numbers mean positive numbers. They are distributive in their energy.

Female numbers mean receptive numbers. Receptivity is as important as distributive principle. Unless one receives he cannot distribute. Receptivity becomes basis for distribution. Therefore these numbers are important.

The cyclical numbers carry the energies of time cycles. Receptivity and distribution are guided by the time cycles which are subtle. There are times of better receptivity and for appropriate distribution. Time is also measured by these numbers.

Number 5 is the neutral number which moves well with all the above three categories. It is neutral point to all the three and is therefore considered most sacred. This number is called Son of God, while God is understood as number 10.

If you arrange the nine numbers in the following manner you find how all numbers under the presidency of number 5 culminate into 10.

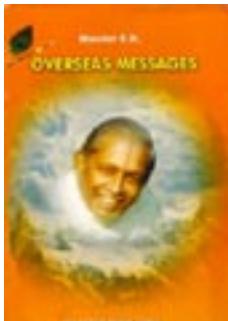
$$\begin{array}{rcl} & 5 & \\ 4 & + & 6 \\ 3 & + & 7 \\ 2 & + & 8 \\ 1 & + & 9 \end{array} \quad \begin{array}{l} = 10 \\ = 10 \\ = 10 \\ = 10 \end{array}$$

Thus in the presence of a Son of God persons with different energy numbers can attain Godhood.

*K.Parvathi Kumar*

## Book Review

### Overseas Messages



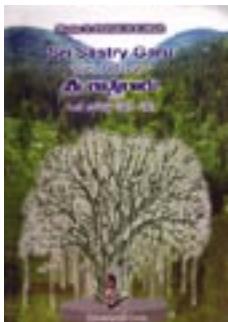
Dr. Ekkirala Krishnamacharya (Master E.K.) toured the European countries seven times during the period 1972 to 1983. He gave lectures at various places at the request of the groups. Twenty-five such lectures are published together into this volume styled as „Overseas Messages“. Master E.K.’s teachings continue to inspire even years after his departure from the physical.

This volume contains a variety of teachings displaying the numerous facets of wisdom. It is presented for the benefit of the seekers of wisdom.

**Ekkirala Krishnamacharya:** : Overseas Messages

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

### Sri Sastri Garu. Story of a Disciple



Discipleship is a process of transformation of man from his state of ignorance to the state of Light. On the Path he meets himself. A true disciple lives hiding the Light within and working silently for its further glow. The Light he sheds is in silence and simplicity. One such example of disciple is K.V. Sastry, whose story is inspiring to those who walk the Path of Light in simplicity. It demands simplicity to realise the Truth. The reader finds such simplicity in the life and the events of the life of Sri Sastry.

**K. Parvathi Kumar:** : Sri Sastri Garu – Story of a Disciple

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

## News - Review

### Tours of the Teacher

**India: Guru Pooja / Seminar on Cosmogenesis - Visakhapatnam,  
January 8<sup>th</sup> – 22<sup>nd</sup>,  
Group Journey to Pondicherry, January 23<sup>rd</sup> – 26<sup>th</sup>, 2006**

Monday, 23<sup>rd</sup> January 2006 the group went to Chennai and from there to Pondicherry. Next morning we visited the Aurobindo Ashram for our morning meditation at the Mahasamadhi (tomb shrine) of Sri Aurobindo. Afterwards the Master gave a brief life story of Sri Aurobindo and the Mother. After the evening meditation at the beach of Pondicherry Master Kumar announced that as a blessing from THE MASTER each group member could choose an article from an ashram handicraft shop, not as a gift, but a blessing. We all felt deeply touched by this expression of THE PRESENCE.

Wednesday, 25<sup>th</sup> January 2006 the group was permitted to meditate in the vibrant atmosphere of the bedroom of Sri Aurobindo. We then visited the paper industries of the ashram, where beautiful hand-made paper is produced. In the afternoon we went to Tiruvanamalai, where we visited the huge, old temple and participated in 2 rituals. Afterwards we visited the ashram of the great saint Sri Ramana Maharshi, where meditated in the serene atmosphere of the place. The Master gave a short introduction to the life of Ramana Maharshi, who through his inner realisation continues to uplift and inspire people from all over the world.

The next day some group members started their journey to Kumbhakonam and other places, while the main part of the group returned to Chennai together with the Master, for their flights back home.

cont.

# Window to World Service

## News & Activities

(Inputs welcome)

**Group reports:** Unidad Organización, in homage to the 7<sup>th</sup> Ray

**Contact:** Marina Omaña Ibarra E-Mail: marinaomana@yahoo.com.

### Activities

- Our main intention is the collaboration with the groups of the new era. In these places it isn't easy to insinuate the New Concepts and Principles. The Piscean conscience still has strong influence, but when the opportunity appears, we speak about the new and progressive ideas. We try our best in order that people get acquainted with Good-Will and its inherent power to solve individual, group, national and world problems, stimulating them, toward the methodic and everyday practice of it, in order to get Correct Human Relations.
- We put our attention too, in the spread of the powerful Great Invocation, by all means, so that more people demand consciously or unconsciously the Light, Love and Power, becoming a Universal Prayer, focusing Humanity's demand.
- At the same time, we develop the knowledge of the New Era Education, the Problems of Mankind, Esoteric Healing and general concepts on which the World New Religion will be based, working via internet with newsletters, directing our effort to release people from the old and obsolete ideas, in the fields of Politics, Religion, Economy, Healing in all levels, and exoteric and esoteric Astrology. [www.pensamientosdelhombre.com](http://www.pensamientosdelhombre.com) is still in the web, elaborated with ideas of Ancient Wisdom, specially the teachings of D.K. delivered through Alice Bailey. It is written in Spanish.
- We have served as secretaries and commentators for the Spanish speaking students from the Arcane School, throughout the world.
- We have served as translators for some of Master P. Kumar's conferences and booklets, and also for the Lunar Messenger, the Paracelsus Magazine and other matters from the WTT-Global.

# Extracts from the Teachings

## Sri Suktam

### The nature and the characteristics of the World Mother, Part IV

**Dr. Sri K. Parvathi Kumar**

Wengen Group Living, Switzerland, May 2002

We all know that *Sanat Kumara* speaks a seed word for a year, and great beings like Lord *Maitreya* and Master *Morya*, they speak very few sentences. Then the Masters who are working with us, they may speak a paragraph for an entire year. But we speak volumes! The lesser the measure of light is, more vocabulary comes out.

So, we now walk into the light which can shift our awareness from mundane things to wisdom, and from the light of wisdom to the very light itself. For that reason the 15 hymns will be deliberated upon. I would like to present to you how subtly and simply the most profound aspects of light are presented. It is not easy to know the profundity and the subtlety of the presentation, unless you have the related keys. The key for the *Sûktams* is an etymological key. It is called *Nirukta*. Many times it is the metrical key called *Chandas*.

#### First Hymn

**HIRANYAVARNÂM HARINÎM  
SUVARNA RAJATASRAJÂM  
CHANDRAM HIRANMAYÎM  
LAKSHMÎM JATAVEDO MAMAVAHA**

In the first two hymns of the *Sûktam* a prayer is made to the Cosmic Fire. I gave you a prayer relating to fire in three steps, when I taught you *Isha Vasya*. Now there is a prayer seeking the Cosmic Fire to bestow on us that light, which is the golden hue, which is also the silver hue, which is ever changing and yet stable, which is ever permeating, and which is also reflecting and reflective.

The hymn speaks of *Jataveda*. *Jataveda* means: the One from whom the *Veda* is born, and it also means, the One who is born out of the *Veda*. Who is Father, who is Son is a riddle. From out of the

existence, whom we call the Father, the *Veda* comes. From out of the *Veda*, the Father comes again as the Son. That is why the Son is considered as the repetition of the Father. The Son is no other than you represented. God is presented through the Son of God, because He cannot present himself for your perception. He presents himself through a Son of God.

The Cosmic Fire is said to be born out of the *Veda*, and the *Veda* itself is said to be born out of Him. That is why He is called in the *Veda* as *Agni*. Many times I gave you the definition of *Agni*. *Agni* means the Foremost One. He is the one without whom nothing exists. If you take the number 1000000, how many zeros it has? It has 6 zeros. Suppose, from the 1000000 you remove the 1, what is the value? There is only one number which is important. If that number 1 is removed, the rest is nothing.

So, we are asking *Agni*, the Most High, to bestow his light, the light of creation, upon us. We pray:

*Jataveda – o Agni*

*Mamavaha – bestow on us*

*Avaha* – You may please ensure that the light embraces me like a vampire, even if I want to come out of it, I cannot. What kind of strong invocation is the word *Avaha*. You are asking the fire to bestow in such a manner that it would never leave you. What are you asking for bestowing?

*Hiranyavarnâm!* In each letter of the very word there is profound wisdom. The normal understanding is gold. It is like asking the Fire God to give us gold. The hymn also says: "Please give us some cows and please give us some horses." Great scholars like Max Mueller not knowing the etymological key of the *Veda* went on commenting that these ancient Indians were all agrarians. They were asking for cows, bulls, horses, and they were materially inclined, because they were asking for gold and silver. Just like we pray for bread, they were praying for gold – until Blavatsky came and blasted the ignorance of Max Mueller. Even today in India Max Mueller is considered to be a great scholar. But from the hierarchical standpoint he has done great wrong to the *Veda* through his ignorant interpretations.

*Hiranya* means gold in its superficial layer. It also means the golden hue which is the very basis of all material manifestation. Behind your material body of flesh and blood, of bones and marrow there is the golden body which is called the subtle body, the etheric body. The goal of every known Indian was to seek and work for the golden

body to be out of the menace of birth and death, to have continuity of consciousness, and to be in eternal joy of working with the grand plan. This is called today in the wisdom books ‘the third initiation’.

cont.

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## **Group Living at Toledo, Spain**

**31<sup>st</sup> August to 2<sup>nd</sup> September, 2007**

**Dr. Sri K. Parvathi Kumar**

### **Introductory Speech**

Hearty fraternal greetings and good wishes

I welcome you all to experience the heart of the Spanish world. It has been expansion for the Spanish world from this centre. The place is known right from the times before Christ. 540 years before Christ, this place was found suitable for metaphysical experience, and a group of metaphysicians moved here, and they did a lot of foundation work which resulted in emergence of a great race in the human community. All our Spanish brothers and sisters know that the Spanish race is a naisance of the Iberian race which is connected to the previous race called the Atlantean. It is for this reason the Spanish have crossed the Atlantic to find what we call today the two Americas.

So, the heart from which the expansion has happened has been Toledo which was originally named by the first group of Gnostics as Toletu. It is circumscribed by a river which is called Tajos. The sounds Ga and Ja are interchangeable. Tajo is Tago. The Greeks make everything with ‘os’. That is why Tajo becomes Tajos or Tagos, Samos. If you take to the etymological key, the river name stands as the river of the brilliance of the sun. There is a Sanskrit word called Tejas. Tejas means “the brilliance of the Sun”.

This land Toledo is almost circumscribed by this river and is found to be a sacred place by the ancients. The canton of peninsula or you can call it an island resembles a great eagle with its two wings spread. It is not by

accident that today in the United States they hold the nation's symbol as eagle that has largely spread its wings. It has been a sacred symbol coming from the Vedic times, and those who saw this land found that it is a place where the energies of the great eagle are available.

The eagle represents the Cosmic Lord of Rituals. Scorpio/Sagittarius junction is the place where you have the constellation Aquila. It is the eagle that can soar very high. The Vedic eagle called Garuda is the bird that soars beyond the seventh sky. It can connect the earth and the heaven. This eagle is taken up as the means for evolution with certain ritualistic orders which eventually has become the work of the temple whose other name is masonry. There are temples of masonry all over the globe. There is a Master who presides over these temples who is known as Count St. Germain.

The ritualistic order has the symbol of the eagle. Even in the masonic temples you can find this symbol. They have chosen the symbol to be the symbol of the city of Toledo. If you see the wings of the bird, it is one wing that details into seven wings on the right side, and on the other side, on the left side also, it details into seven wings. The head of the eagle itself looks either way, it is double-headed, meaning, it can look to east, and it can look to west. It can look to wisdom, it can look to strength. East stands for wisdom, west stands for strength. When wisdom and strength are united, magic can happen in all the seven planes. That is why the ritualistic order is said to be an order of ceremonial order and magic. The Spanish community has grown from strength to strength with the help of this ritualistic order and ceremony which has brought them magical results. All pioneers have been masons of very high order. The city of Toledo was the capital city of Spain until the 16<sup>th</sup> century. And by that time, there was already the energy spread towards the west. As much as there was expansion, there was the shift of the centre from Toledo to Madrid. You can see thereafter what happened to the Spanish world. The high soared eagle has left to the west. You see Mexico, they have the symbol of the eagle, and also the United States.

The symbol of eagle which gave such an expansion to Spain and the Spanish community, symbolically it got hidden when the centre of activity shifted from Toledo to Madrid. Then came a lot of material expansion and then indulgence. The will of the bird got hidden. It is for this reason, the work for one's own uprising and the work for a collective uprising, it is necessary that invocations and prayers are done in this city. It was the city where the ancient wisdom as well as the modern religions found a kind of synthesis where there were synagogues, Christian churches and

mosques, and everything was working in harmony.

So, Toledo stands for unity of power. When there is unity, there is power; when there is unity, there is strength. For many sublime ideals that the human looks for, Toledo stands as a symbol. It is therefore thought fit that we do our group life for three days and three nights to experience the energies of Toledo and to contribute once again to the energy of Toledo. We can be benefited by this energy and we can also as a medium of the Divine help the energy to resurrect.

There are such ancient centres for wisdom where there was wisdom, the power, the splendour leading to a life of harmony. Hence, we need to visit a centre like Toledo. To work with the energies of Toledo, one should first realise the great bird within oneself. There is a great bird within us which is continuously working with its wings. It also moves from Muladhara to Sahasrara through all the seven centres, through all the seven ethers which are called the seven skies. That is what we know as the pulsating principle in us. The bird is pulsation. Its wings are the respiration: inhalation and exhalation, and it also has seven wings in seven skies. Its left part is the energy of material, and its right part is the energy of spirit, and the central part is the neutralising energy in which the material and the spirit commune to experience the splendour of the soul.

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## From Toledo to Madrid

Again, a new seminar to experience the presence of the Master, this time in Toledo.

The first day, after the afternoon meditation, the Master gave us an introduction about Toledo and its symbol (the two headed Eagle with two wings of seven extensions each). It was, among many other things, a magisterial class of history and symbology, giving much importance to people with Spanish roots. During the whole seminar, he continued speaking about the symbol of the Eagle, and concluded saying, "When Toledo becomes completely energized, the whole of Spain will be splendidorous", meaning this is the task for this time.

Saturday afternoon, the Master gave an interview for the local TV, explaining the details about the history and symbology of the city.

The seminar concluded with an open air fire ritual and a pilgrimage towards the city of Toledo. We went to the highest place on the other side of the city called “La Roca del Moro” (“The Moor Rock”), where we were able to see the city’s shape of an Eagle with extended wings, and there we pronounced the 21 OMs.

Carrying the inspiration of the seminar, we went to Madrid, where we had a very harmonious group living with all the group members.

The first day we could walk with the Master to some very energetic places, such as Debod Temple which is a real Egyptian temple gifted to Spain by the Egyptian government due to some help of the Spanish government. There we contemplated the twilight in silence. The next day we visited the seat of Felipe II, a rock with two chairs for the kings carved on it, from where Felipe II directed the construction of El Escorial, and where the Master and his wife took seat. Later we visited El Escorial and the afternoon ended when we visited the Puerta del Sol at the center of Madrid. The Master said that in the center of the cities, the heart of the cities, we should be most silent, with meditations and spiritual practices, and that the commercial center should be on the outer side.

Every morning the Master offered us a session of questions and answers at Ignacio’s office, who had a lot of patience with us invading always the place where he works. (Thank you, Ignacio for all your effort). I don’t want to forget Koldo, who organized two conferences at the School of Los Agustinos, for the “Ananta” Association. He was very inspiring with his questions, and the Master’s answers were the synthesis of many entire seminars. Thank you Jesus, too, for your untiring translation job, the one for the TV interview was brilliant, and he was congratulated by the Master.

So we arrived to the first lecture on “The Science of Man”, with an almost filled hall. The Master was very inspired and this made people get out of the place with great satisfaction.

The second lecture, about “Education”, was a little stronger, as the Master himself said, I suppose that is because it is very difficult for us to put into practice or even to understand some aspects the Master talks about education, but to my humble understanding he was very revealing and clear about the way we must behave in this subject.

With this talk, the visit to Madrid came to an end with an enormous fulfilment.

May life give us many opportunities to share in a real way at the feet of the Master. – Namaskarams

## Impressions from the Seminars



The Eagle of Toledo



El Escorial



Master Kumar in El Escorial



Master Kumar and Smt. Kumari-Garu



Group Photo



## Paracelsus Health and Healing

### Prenatal Health Preparation

Man thinks of health only when he is in disease. He needs to think of health much before. "Health is wealth" is a known dictum. He should start early in life to give importance to health; as early as seven years of age. The body can be kept hale and healthy if right rhythm, right food and right aspiration are cultivated from childhood.

The wise suggest of instituting health right from the point of impregnation! They advise right attitudes, right food and right activity for the couple who conceives. Right conditions for conception are also recommended. The couple needs to be harmonious, and mentally at peace and poise before thinking of conception. They are also required to be healthy physically and emotionally. The time and the place of conception were also given importance.

Likewise there is a discipline throughout pregnancy for the couple to maintain harmony at mind, peace in the emotional plane and health in the body. The mother is advised to follow high standards of food intake, regular reading of inspiring lives, wisdom books, participation in holy congregations and meditation programme. During the first seven months and the next two months, a lot can be done to give the right base of health. This base for good health cannot be created later. In fact, wisdom says, a long preparation by the couple before they conceive makes this base even stronger. Basic health if thus made strong as the person grows, and one can meet the challenges of the times. "Basically, a healthy person remains healthy even with slight transgression of health rules. Basically, an unhealthy person, even if he or she follows the best health regulations, cannot be healthy." This statement needs to be pondered over.

Conditions at the time of conception, pregnancy and delivery are of paramount importance to provide healthy genes. Any tinkering work to attain health at the later part of life is generally low yielding in results.

One should also note that the soul finds itself in new surroundings at birth and is immersed in a body (mother), which is at first totally strange to the soul. This loneliness disappears only gradually and can be a source of fear and anxiety. It is therefore all the more necessary to offer congenial and harmonious conditions, lest the soul would be dreaded. The soul also feels imprisoned unless is well taken care of with knowledge by the couple who conceives.

The young men and women, if well educated on these aspects, they can give birth to a healthy race. Instituting health in the prenatal stages is already a great work of healing.

*Dr. K. Parvathi Kumar*

Extract from: Paracelsus – Health and Healing

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## Dates of the Next Travels 2007

Dates	Program
Nov 23 - 26 <sup>th</sup>	Scorpio full moon Group life in Divya Kala, Hyderabad.
Dec 1 <sup>st</sup> & 2 <sup>nd</sup>	Guru Pujas in Srikakulam.
Dec 14 <sup>th</sup> – 17 <sup>th</sup>	Pilgrimage to Seven Hills.
Dec 22 <sup>nd</sup> & 23 <sup>rd</sup>	Celebration of Birth of the Savior and the Solstice.
Dec 24 <sup>th</sup>	Sagittarius full moon, contemplation upon Dattatreya.
Dec 25 <sup>th</sup> - 27 <sup>th</sup>	Addressing Groups in Ananthapur (800 kms southwest to Visakhapatnam).
Dec 28 <sup>th</sup> – 30 <sup>th</sup>	December Call group life in Bangalore.
2008 Jan 1 <sup>st</sup>	Celebrations at Master EK Sundaravarman.
Jan 2 <sup>nd</sup> - 6 <sup>th</sup>	Pilgrimage to Shirdi.
Jan 11 <sup>th</sup> – 13 <sup>th</sup>	Guru Pujas at Visakhapatnam
Jan 14 <sup>th</sup> – 27 <sup>th</sup>	Group life with Europeans and Americans.

During these dates you won't be able contact Dr. K.P. Kumar.

You find the updates on: [www.worldteachertrust.org/vaisakh15\\_e.htm](http://www.worldteachertrust.org/vaisakh15_e.htm)

## Astrological Important Days in November / December 2007

- 22.11. 17:50 ☽ → ↗ / Sun enters Sagittarius  
 ♄ ☽ in ↗ – Every morning:  
*Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit*  
 ☽ in ↗ – Every Thursday (22.11., 29.11., 06.12., 13.12., 20.12.):  
*Healing prayers and healing work*
- 23.11. 19:22 Phase of full moon starts ☽ 01°05'↗ / ☽ 19°05' ♀  
 ♀ *Contemplation upon Lord Dattâtreya, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)*
- 24.11. 15:30 ☽ **Full moon of Sagittarius** ☽ 01°55'↗ / ☽ 01°55' ☱
- 01.12. 01:17 ☽ 8<sup>th</sup> phase of descending moon starts ☽ 08°24'↗ / ☽ 02°24' ☯  
 ☮ (End 02:22 on 02.12.)
- 04.12. 06:24 11<sup>th</sup> phase of descending moon starts ☽ 11°40'↗ / ☽ 11°40' ☲  
 ☳ *Contemplation upon Lord Nârâyana (End 08:56 on 05.12.)*
- 08.12. 16:31 Phase of new moon starts ☽ 16°09'↗ / ☽ 04°09' ↗  
 ☮ **New moon point of Sagittarius:** *Contemplation upon 'The Pledge'*
- 09.12. 18:40 ☽ New moon of Sagittarius ☽ 17°16'↗ / ☽ 17°16' ☱
- 14.12. 14:44 23<sup>rd</sup> constellation Dhanishtha starts ☽ 17°18' ☱  
 ♀ 21:00 **Dhanishtha-Meditation** (End of Dhanishtha-constellation at 15:25 on 15.12.)
- 16.12. 23:50 ☽ 8<sup>th</sup> phase of ascending moon starts ☽ 24°36'↗ / ☽ 18°36' ☯  
 ☽ (End 22:36 on 17.12.)
- 19.12. 18:22 11<sup>th</sup> phase of ascending moon starts ☽ 27°25'↗ / ☽ 27°25' ☤  
 ☯ *Day of Lord Nârâyana (End 15:32 on 20.12.)*
- 22.12. 07:08 ☽ → ☯ / Sun enters Capricorn  
 ☮ **Winter Solstice:** Birthday of Jesus Christ  
 ☽ in ☯ – Every morning: *Contemplation upon the brilliant-white 5-pointed star during the twilight hours*
- 23.12. 05:32 Phase of full moon starts ☽ 00°57' ☯ / ☽ 18°57' ☱  
 ☽ *Contemplation upon the 8-petalled Heart Lotus*
- 24.12. 02:15 ☽ **Full moon of Capricorn** ☽ 01°50' ☯ / ☽ 01°50' ☯
- 29.12. **December Call Day**
- 30.12. 19:54 ☽ 8<sup>th</sup> phase of descending moon starts ☽ 08°41' ☯ / ☽ 02°41' ☲  
 ☽ (End 21:55 on 31.12.)
- 03.01. 02:57 11<sup>th</sup> phase of descending moon starts ☽ 12°03' ☯ / ☽ 12°03' ☯  
 ☮ *For healing purposes (End 05:30 on 04.01.)*
- 07.01. 11:27 Phase of new moon starts ☽ 16°29' ☯ / ☽ 04°29' ☯  
 ☽ **New moon point of Capricorn:** *Contemplation upon 'The Pledge'*

All times are in MET (middle european time).

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## Great Invocation



Let us form the Circle of Good Will.  
OMNIA VINCIT AMOS.  
From the South through Love  
which is pure.  
From the West through Wisdom  
which is true.  
From the East through Will  
which is noble.  
From the North through Silence  
which is golden.  
May the Light make beautiful  
our lives.  
O Hierophant of our Rite  
Let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the World  
Servers.

We bow down in homage  
and adoration  
To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,  
and to its Exquisite Jewel,  
The Star of the Sea -  
The World Mother.

From the point of Light  
within the Mind of God  
let Light stream forth  
into the minds of men.  
Let light descend on Earth.

From the point of Love  
within the Heart of God  
let love stream forth  
into the hearts of men.  
May the Lord return to Earth

From the centre where the  
Will of God is known  
let purpose guide the little wills of men,  
the purpose, which the Masters  
know and serve.

From the centre which we call  
The race of men  
Let the Plan of Love and Light  
work out  
And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is around  
let His energy pour down  
in all kingdoms.  
May He lift up the Earth to the  
Kings of Beauty.

The Sons of Men are one  
and I am one with them.  
I seek to love, not hate.  
I seek to serve and not exact  
due service.  
I seek to heal, not hurt.

Let pain bring due reward  
of light and love.  
Let the soul control the outer form  
and life and all events,  
and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master D.K.*