

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

(Maruvu Maharshi: Master Morya; Devapi Maharshi: Master Koot Hoomi; Vidura: the Mahachohan)

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE MONTH



This prayer is recommended to be done daily during this month.

Lead me through knowledge to Bliss.
Lead me through strength to Service.
Lead me through sympathy to Realization.
Lead me through love to Oneness.



MESSAGE OF THE MONTH

Lord Siva is said to move on the bull. Siva stands for the Truth, the Pure Existence, the Life, and the Sound of Silence 'OM'.

The bull stands for the voice. The bull carries the Voice of the Silence and is therefore called Nandi, meaning, the Divine Bull. Man too has the principle of the Divine Bull as his throat centre, it is divine when Truth is expressed. When Truth is not expressed through the voice it ceases to be the Divine Bull and remains a stud-bull. The choice is that of man to avail the presence of the Divine Bull or to arouse the stud-bull, which is indiscriminative, irresponsible, blunt, devastating, and a menace to the life around.

The bull of Taurus can be divine or diabolic. An aspirant can never turn to be a disciple unless the bull is trained to follow the Truth and express the Truth, for Truth is God. Discipleship demands that the voice of the disciple should be dedicated only for sacred, constructive and truthful expressions. It is for this reason the religions promoted many sacred chantings. The throat that utters forth sacred chantings should not be desecrated through other untruthful, malicious speeches.

The message of Taurus is very clear, it says:

“Consecrate the voice. Let it not be desecrated”.

K. Parvathi Kumar

THE GITA

- LORD KRISHNA -

DO'S & DON'TS

Mediocrity amidst theistic humanity is preoccupied more with the doctrine of sin and the related abstinence. They are bound at the mental plane of do's and don'ts. Their life runs between these two poles. They forget that duty to the immediate work is more prominent than these do's and don'ts.

The one who is engaged in his duty, finds the golden middle path as between the do's and don'ts and proceeds far ahead than the debaters and the judges of do's and don'ts. These debaters and judges have done little to humanity while the doers contributed substantially to human inspiration and human progress.

THE SPRING

- LORD MAITREYA -

The spring as a season comes and goes every year. Little is availed of the spring in terms of spiritual energy. The spring is symbolic of the 'spring up' of spirit to its greatest heights, where monotony, irritation, fatigue are totally destroyed and enthusiasm, inner joy are inaugurated to live throughout the year to come.

Spring has an electrical impact. It uplifts beings to the highest spirits. It is the time when Nature is fully impregnated with the energy of God. From fall to spring there is a great change in Nature, which is very visible. Likewise, in humans too similar uprising of spiritual energies happen.

Unfortunately man is little oriented to the seasons as such and much less to the spring. Today's man is busy in his own self-entanglements and illusions of development and advancement.

It requires man to retrospect, to look back, and to reorient, if he really intends to find harmony within and around.

DIAMOND CONSCIOUSNESS (1)

- MARUVU MAHARSHI -

During the sleep hours the body receives certain specific energizing vibrations from the earth. It is for this reason the body regains freshness during the morning hours when one wakes up after a good sleep. But since the said earthly vibrations also carry inertia, they also have an impact on man's awareness/consciousness. It is for this reason, excessive sleep is said to cause dullness to the awareness of man.

It is common knowledge that during sleep all is forgotten. There are people who sleep like logs and who sleep more hours than required. Frequently these are the lazy and the forgetful ones.

The forgetful people should know that they have to change the patterns of their sleeping habit. They should prohibit themselves to sleep during the daylight, and during the night, before they slip into sleep, they should be inquisitive of how they get into the sleep. They should pursue with deeper inquisitiveness how they slip into sleep. They should make a practice of it, and they should propose to their mind that they wish to rest but not sleep.

Even others who are not lazy and forgetful should also get into this practice of resting but not sleeping and continue to rest as long as possible without wishing to sleep. This opens certain hidden dimensions of life, which are not otherwise possible to gain except through very high states of meditation.

In the following series of lessons further details will be furnished.

PRESENCE

- DEVAPI MAHARSHI -

If you wish for the presence of the Divine you may think of the following 5:

1. Do any suggested practice with deep consecration for 7 years.
2. Pick up a virtue of your choice and conduct it uncompromisingly for the rest of the life.
3. The first and second, if carried out truthfully, develops alignment in you.
4. The second inspires you to practice further virtues, which you may pick up and practice.
5. Decide that your life is for service of others. Carry this attitude in every act you do.

You are sure to receive the Presence.

VARIOUS FORMS OF TELEPATHY

- MASTER DJWHAL KHUL -

SOLAR PLEXUS TO SOLAR PLEXUS

Telepathic work from solar plexus to solar plexus is closely connected with feeling, and little or no thought is involved; it concerns emotions (fear, hate, disgust, love, desire and many other purely astral reactions). It is carried on instinctively and below the diaphragm.

MIND TO MIND

Telepathic work from mind to mind is beginning to be possible, and many more people are capable of this kind of communication than is now realized. People today do not know whence various mental impressions come, and this greatly enhances the complexity of life at this time and increases the mental problem of thousands.

THE OCEAN & THE WAVE

- SHIRDI SAI -

Do what you need to do.
Do not fear. Keep the mind stable.
Have confidence in Me. Keep seeing Me, listening to Me
and observe Me in all that you listen and see.
My presence in all that surrounds
enables you to transcend the illusion.
It also weakens your attachments.
The tide of Yoga leads you to Me,
the oceanic consciousness.
You are the wave, I AM the ocean.
As you emerge from Me,
you shall be an embodiment
of love, light and power.

QUOTABLE QUOTE

- VIDURA -

The man
who is encountered by
an enemy more powerful than him,
the man who lost his wealth,
the man who is in lust for a woman,
and the man that desires to thieve,
cannot sleep.
They suffer from sleeplessness.

FAULTS AND MISTAKES

- MASTER E.K. -

While at work mistakes are inevitable. Some mistakes and some faults roll in, in spite of care and caution. These things need not discourage the doer. By not doing, you are not overcoming the mistakes and faults but by repeatedly doing you gain the related experience to do better.

Just because there are some little stones mixed in the grains by a crooked merchant, you cannot throw away the whole lot. Be wise to accept the grains so that the little pebbles are left behind.

It is foolish to abstain from good work due to the fear of mistakes, faults and the related consequences.

A GOOD WORD

ATMAN

The Atman is not educated. The Atman has not done meditation. The Atman has no group. The Atman has no other. The Atman does not know death, birth, action, service, goodwill, beauty, evil, and good. It is Itself.

Those who wish to know the Atman engage in all the above varieties, hence they are with them and not with the Atman!

K. Parvathi Kumar

GREAT INVOCATION

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May CHRIST return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men -
The purpose, which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

From the Avatar of Synthesis who is to come
Let His energy pour down in all kingdoms.
May He lift up the Earth to the Kings of Beauty.

Let Light and Love and Power restore the Plan on Earth.

Master D.K.



OM

*links up all the 7 planes
to that which is beyond.*

Follow the path of

OM

*with deepest intent
and reach the Pure Existence
and the purity of Existence.*

OM

is the straightest Path.

K. Parvathi Kumar