

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Taurus 2006 Rishaba

Letter No. 1 / Cycle 20 –20th April until 20th May 2006
The World Teacher Trust - Europe



Invocation

May the Light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment.
May it fill the darkness of noise we do,
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

Table of Contents

Invocation of Master E.K.....	2
Table of Contents.....	3
Prayer for the Year.....	4
Message of the Month of ✧.....	5
Message of the Teacher.....	6
Lord Krishna: Gîtâ Upanishad.....	7
Master CVV.....	9
Lord Maitreya.....	10
Master Morya - Maruvu Maharshi.....	11
Master Kut Humi - Devapi Maharshi.....	12
Message of Master E.K.....	13
Vidura Wisdom Teachings.....	14
Shirdi Sai Sayings.....	15
Sri Ramakrischna.....	16
Discipleship.....	17
Children's Section.....	18
Book Review.....	20
News - Review.....	21
Group Forum.....	22
Extracts from the Teachings.....	23
Paracelsus – Health and Healing.....	25
Steps of Silence.....	26
Full Moon Formula.....	28
Rudra Mantram.....	29
Astrological Important Days.....	32
Great Invocation.....	33
OM.....	36

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German (print): wtt@kulapati.de, in Spanish (WTT Argentina): wtt@wttargentina.org, (WTT Spain): wtt-es@wanadoo.es

The English Vaisakh News-Letter is also available in print. Please contact:

The World Teacher Trust - Europe

The Vaisakh News-Letter, Wasenmattstrasse 1, CH-8840 Einsiedeln, Switzerland

E-mail: wtt-europe@wtt-europe.ch Website: www.worldteachertrust.org

Prayer for the Year

Wash Karma in space.

On the deep blue slate
paint ever-elevating colours,
ever at the feet of the Master
in the Vaisakha valley.





Message of the Month of Taurus

The month of Taurus is the month where the Year God descends from higher realms and the Plan reveals. The most important part of the human being is the head. The head stands the possibility of illumination. A lighted head helps the life at all levels. The head is always seen as the most important organ. Esoterically it is seen as the headlight that illumines the whole human system.

All the 5 senses and the speech exist in that part of the head, which constitutes Taurus. The eyes, the ears, the nose, the mouth, the skin, and the speech as functions are within that part of the head that is astrologically seen as Taurus.

The Divine descends from Higher Circles in Aries as the Plan of the Year, and in the month of Taurus the Plan reaches the perceptible levels, where the 5 senses and the speech are. They enable the manifestation of the Divine. Clairaudience, clairvoyance, inspired speeches, are some of the faculties to be mentioned when the Divine descends into the Taurian part of man. When such descent happens, “the bull roars”, meaning, the Divine speaks; otherwise the normal bull makes meaningless utterances and eats indiscreetly. The bull as beast is known for its indiscreet eating and movements.

The disciples therefore need to ensure that in the month of Taurus they should dedicate their speeches and senses to the Divine. They are recommended to align themselves to the Divine strongly. This would enable them to live in alignment and work for the Plan; if not, a great opportunity is lost for the year. Those who follow this discipline of discipleship find entry into the Vaisakh Valley and participate in the Vaisakh Festival.



Message of the Teacher

The Link-up

The disciples need to be alert. The diabolics await entry into them through every possible means. Their entry results in egoism and de-links the disciple from the Teacher and from the Divine. The 6 entries for the diabolics into the mind of the disciples are the 5 senses and the speech. It may look preliminary yet it is predominantly important that the 5 senses and the speech are used with discrimination. Discrimination remains with a disciple when he is in link with the Divine. Discrimination escapes from the mind of the disciple when the link with the Divine disappears. The link is therefore most essential to ensure that the diabolics do not take over. Living in such link-up is the yogic way of life.

Gîtâ-Upanishad

- Lord Krishna -



Eternal Initiation

The Lord says: “I, the Eternal One, initiated the Sun God. The Sun God *Vivaswatha* initiated *Manu Vaiswatha*, the *Manu* initiated *Ikswaku*, the Solar King of the Earth”.

I, the Eternal One, is God as Eternity. This eternity is Pure Existence. It takes to pure awareness. Awareness is its quality. Existence and awareness together are called the Divine, God. It is boundless and infinite. From this Eternal One emerge individual units of existence and awareness, called the souls, the beings. The Sun God is thus seen as an individualised unit of Eternity. He is called *Vivaswan*, meaning, “the weaver”. Through the sun the entire solar system is weaved. The illumination of the sun is called “*Manu Vaiswatha*”. This illumination is from the sun and is called “the mind of the sun” or the solar mind, “*Buddhi*”. This sun’s illumination reflects upon the mind of the body, which is the ruler of the body.

- The Eternal One is called *Paramahatma*,
- the Sun God is called *Atma*,
- his illumination is called *Buddhi*.
- The mind that receives the reflection of the illumination is the mind of the body.
- This mind is called *Manas*.
- This mind rules the body, “the Earth”.

Thus, *Paramahatma*, *Atma*, *Buddhi* and *Manas* are the 4 states of the One, who is Existence / Awareness. This is called the 4fold existence.

- In man there is the God Centre.
- At this centre God exists. It is called "God in man".
- There is also a centre for man, which is called "the man in God".
- The centre for God is the pineal gland,
- and the centre for man is the pituitary gland.

The centre of God transmits light, which can be experienced in the heart lotus. If the mind reaches the heart lotus the light thus received by the mind conducts itself to experience the splendour of the light in objectivity.

When all these 4 centres are linked up, it is the state of Yoga.

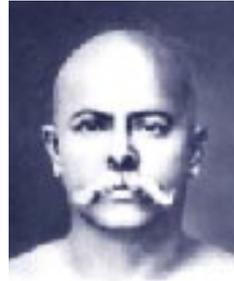
The Path of Yoga is thus:

- from the Centre of Existence
- to the centre of awareness;
- from the centre of awareness
- to that of *Buddhi*;
- from *Buddhi* to *Manas*.

This is the line of force relating to Yoga.

The Eternal One can initiate this Yoga in any being from within the Centre of Existence of the being. Thus the Lord initiates the beings as per their state of evolution and enables the human beings to be the kings of their life. This happens as a principle at all times and recruits human beings into Yoga.

A Word from Master CVV



Some Hints

1. You should know why you entered into the Path of My Yoga.
2. You should also know what exactly is the meaning of freedom or liberation. The other word for freedom is responsibility.
3. You should know why you are on earth and what is the purpose of your incarnation.
4. It is basically your responsibility to give an order to your soul life and personality life. You need to have clear programmes relating to the two. Do not mix up. If you can make the later subordinate to the former, your progress is for sure.
5. Settlements to your personality activity. Set not such limits to the activity of the soul. Let the activity of the soul gradually be the activity of the personality also. This way you walk towards freedom. If it is the other way, you walk towards bondage.
6. Get out of the sickness “our people and other people”. This demarcation causes death to you. Conflict is the agent of death. I Am in all; see Me and interact. Let Me be the basis for your interactions, but not your perception of “ours and others”.
7. Persons with whom you have no differences over decades could be the persons who have been your co-travellers from previous incarnations. Be in their association. Walk together.



Master Morya - Maruvu Maharshi -

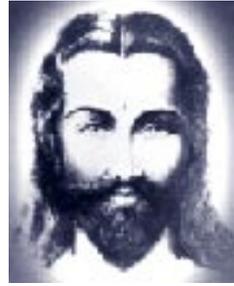
Our Externalization

Obliging the plan of our chief disciple we decided to externalise and appear in the nineteenth century to some aspirants. We even conducted correspondence with them. We revealed the secrets of Nature to them. We taught the Laws of the Universe to them. We conducted many miracles. The result was “catastrophy”.

Not all aspirants were really aspirants; many were only enthusiastic, and only a handful of them aspired to realize the soul. Others aspired for miracles; some others aspired for power, yet others aspired for being recognized as initiates, disciples, etc. There was much self-aggrandizement and little silence amidst them. They lost themselves into varieties of esoteric sciences and their related gimmicks.

As said before, a handful progressed, but a great disturbance came upon the Hierarchy for the irresponsible and childish behaviour of the others. We had no way to inspire the deviated ones. The plan of my disciple got confused, yet we continue for there is a dictum: “Leave a confused plan and start afresh”.

Lord Maitreya



The Seeming Little

Be alert to the subtleties of daily life, if not you are deaf and blind. See how an eagle flying very high in the sky observes even the most insignificant prey on the ground. The higher is your awareness the deeper should be your comprehension of subtleties.

Living in heights should concurrently result in living in depths. If you do not look down with high thoughts you may step over a pebble and break your bones. Awareness is alertness; unless you are alert enough you are prone for accidents. Sometimes accidents can be dangerous.

Working with awareness is working with light. The modern man knows the speed of light. If an accident happens in such speed, it can only be fatal. Be alert therefore. Be alert of little things, little persons, and little events. They are seemingly little.



Message of Master E.K.

Yogic Powers

Yogic powers manifest in those sincere disciples who are fearless and are dedicated to the Teaching of the Hierarchy. Such powers continue to be with them as far as they utilize them for goodwill and for the benefit of life in general. Yogic accomplishments remain a dream for aspirants who care for themselves more than others. The disciples that decide to work for goodwill are advised to rely more upon the Divine than upon the world and practise the steps of yoga as indicated.

Master Koot Hoomi - Devapi Maharshi -



Neutrality

Learn to be neutral. The neutral state of mind is the yogic state of mind. Only the neutral one can listen better, see better and comprehend better. Neutrality is Yoga, says our Lord. You stand in the centre when you are neutral. The Lord's life as Krishna was a demonstration of neutrality. Even we are bewildered at his neutrality sometimes, but neutrality is the only key to experience Be-ness and to express the Divine. Prejudices, opinions, and partialities would lead you to the blind spot. Thereafter you can neither see, nor listen, nor comprehend.

Neutrality! Neutrality!! Neutrality!!! This is the slogan. This is the certificate of eligibility for entry into the Ashram.



Shirdi Sai Saying

Cordial Help

Do not discard the help offered cordially. Accept all cordial help. That enables progressive movement. Help comes from Me through sources that you cannot visualise.

Cordial help denied results in denial of opportunity. Opportunity is time's gift. The tide of time offers help on the platter. Only the proud ones neglect, overlook and deny. The humble one accepts with gratefulness.

Vidura



Wisdom Teachings

The one that always serves
the elders as also the Initiates,
grows in span of life,
in fame, and in strength.



Sri Ramakrishna

Devotion as a Safeguard In the Path of Work

Work without attachment, however, is exceedingly difficult, especially in this age. Hence communion by prayer, devotion and Love has been enjoined as better adapted to this age than communion by Work or Knowledge and philosophy. No one, however, can avoid work. Every mental operation is work. The consciousness, 'I feel' or 'I think', involves work. What is meant by the path of devotion to, or love of, God. In the first place, this love of God reduces the quantity of one's work by fixing one's mind upon one's own ideal, that is, God.

Secondly it helps one to work unattached. One cannot love God and at the same time love riches, pleasure, fame, or power. He who has once tasted the drink prepared with the Ola sugar candy does not care for that made with molasses.

In this age Work without devotion to God has no legs to stand upon. It is like a foundation on sand. First cultivate devotion. All the other things – schools, dispensaries, etc. – will, if you like, be added to you. First devotion, then work. Work, apart from devotion or love of God, is helpless and cannot stand.

Discipleship

Buddha and Christ

Buddha, the spiritual leader of the East, and Christ, the spiritual leader of the West, were transmitting agents concerned with the evolutionary unfoldment of human consciousness. Their two systems of unfoldment, the way of the mind and the way of the heart, are sequential and interrelated, a thing hitherto quite unrealised. The next step and possibility after the unfoldment of intelligence is that of love. When intelligence is consummated in man then love can also be consummated and both will merge and find expression. Buddha and Christ were the two greatest divine messengers and revealing agents who ever came to Earth, towering above all others. They swayed hemispheres and centuries, whereas lesser teachers swayed countries, specific types of mind and lesser periods of time. The truths and ideals they taught and lived have steadily conditioned human thinking and civilization.

Buddha and Christ are greater than is realized; they were the first of our humanity to become human-divine and to embody in themselves cosmic principles. Buddha embodied the divine quality of light, of intelligence or mind, and Christ embodied the still greater divine principle of love. At the same time, Christ embraced with Himself all that Buddha had of light, wisdom and enlightenment. He was the expression of both light and love. These two great sons of God, in their perfection, present a complete representation of Deity. In them humanity can grasp in some measure the nature of divinity and the essences of the spiritual life - idealism, love, wisdom, and indomitable will. They guarantee to man the eventual attainment of the possibilities latent in the human spirit.

The two divine representatives revealed the path, which leads to God, the path man can, must, and will go. Through them the descent of God to man was greatly facilitated and the way opened for the ascent of man to God. They both realized man's need to be delivered from the control of the lower nature and both demonstrated the same themes – the sacrifice of the lower for the higher, and the sacrifice of the Higher for the lower. The truths taught by them struck deadly blows at world illusion and glamour and led humanity from darkness to light.

The Western hemisphere accepts the existence and spiritual leadership of Christ, and the Eastern, of Buddha. The message and way of Buddha, the Lord of Light and Wisdom, and of Christ, the Lord of Love and Compassion, must no longer be seen in conflict. They prove the factual solidarity of the Eastern and Western approaches to God. Man can and will accept with ease the unity of all faiths when the relationship of Buddha and Christ is correctly presented. These great spiritual brothers must be made beloved realities in both hemispheres.

Children's Section

The Doctrine of Ethics

Soft words of wisdom
are not heeded to
by the ruffians.
Fear only moulds
them to follow.

Dear Children

Do you know about colours? Colours are the vibrant vital energy behind the forms we see. Colours have velocity and move so fast that you can not see the same colour combination for 2nd time. They change fast though not apparently. The river looks the same but its waters keep moving. It is not the same every time.

Do you know the quality of colours can be improved in us by meditating upon them and working with them? The following are the qualities that we can gain by the following colours:-

- Orange - To have a clean and clear mind
- Golden Yellow- To grasp knowledge and Wisdom
- Light Green - To improve our health
- Light Blue - To keep poise, peace and harmony
- Red - To stimulate Will and strength
- Rose - To calm down emotional energies
- Violet - To systematize daily routine
- White - To improve the overall awareness
- Indigo (Blue Black) -To experience the self

You can chose what you want and work with them. The colours are our friends. They help us.

K. Parvathi Kumar

(from the editorial of Dr. Kumar on the website: www.jugendforum-mithila.de)

Children's Section

The Right Use of Food

Where to Eat

It is recommended that we eat in a clean and serene place, where silence and purity prevails. We should not eat on pathways, in moving buses and in underground trains. Unless inevitable, we should eat only in quiet places. Eating in busy centres, bars, restaurants and in places of noise and hubub should be avoided. Wherever you eat, consecrate the place through a mental proposition and eat. The prayer for consecrating the place is:

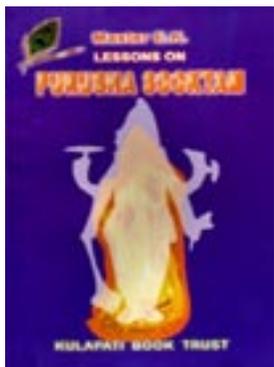
"I invoke the LORD
to purify within and outside me,
purify the place and purify the food
I offer to the body.
May the Lord protect me,
the food, the body and the place
through this act of mine."

A section from the book 'Mithila' of Dr. K. Parvathi Kumar.



Book Review

Lessons on Purusha Sooktam



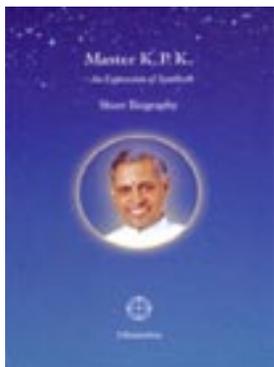
Purusha Suktam is a hymn of the Rig Veda that is offered to the Cosmic Person as a worship Sukta. The Veda recognises a Cosmic Man who was prepared and fixed (crucified) in the Mahat by the Devas and the whole universe is visualised in him. The Cosmic person is described as having four hands which represent the four-fold creation. Later when creation progressed, human form is also prepared in the image and likeness of the Cosmic Person.

Master E.K. regularly chanted Purusha Sukta for decades and imparted the Sukta to his followers. He instructed his followers to regularly chant Purusha Sukta on a daily basis.

Ekkirala Krishnamacharya: Lessons on Purusha Sooktam

Copies: The World Teacher Trust, www.worldteachertrust.org

Master K.P.K. – An Expression of Synthesis



The life of each master has its own message. Master KPK is a light that came down in order to guide the people on the path, to practice and teach the Yoga of Synthesis. His great mission is to build a bridge between East and West and to bring the Light from the East to the West. Master KPK is a mediator and medium of the Avatar of Synthesis. His message is synthesis in all fields and on all planes.

The book contains various biographical details on the life of Master KPK and gives an insight into the greatness and uniqueness of his work. It shows how he brings down the impulse of the Avatar of Synthesis onto the fourth plane, the physical plane. Together with Master CVV, Master MN, Master EK the work of Synthesis is brought to a further level of completion.

Sabine Mrosek: Master K.P.K. – An Expression of Synthesis (3-language edition: English, German, Spanish)

Copies: The World Teacher Trust, www.worldteachertrust.org

News - Review

Tours of the Teacher

Extracts from the WTT-Europe Annual Report 04/05

Inauguration Function of “DIVYA KALA” Prayer Hall at Hyderabad

It was a great occasion, when on the morning of 26th February, 2006, Master K. Parvathi Kumar, inaugurated the Prayer Hall on the 6th Floor of DIVYA KALANJALI Apartments, constructed as a basis of Group Living by 20 aspirants in Hyderabad, India. The aspirants live in the 5 floors below.

The Prayer Hall was named as DIVYAKALA. Kala signifies the presence of energy, enlightenment and glow. Divya signifies DIVINE. It is Divine Glow. If one gets realization and awareness of the Master inside, the outer work also will be glorious and pleasant with more perfection. Group living and Group Prayer contribute to have this brightness and make all more oriented for service.

Master said, this was thought of almost 10 years back, and that it was not a usual happening that the couple Sri K.S.R Gopal and Smt. Ramani could build this now with the group of youngsters. This is the third Prayer Hall, the first one being the Retreat Center at Visakhapatnam and the second at Sadguru Tapovana, Bangalore.

It is also significant that the function took place on Maha Shiva Ratri. Lord Shiva signifies Auspiciousness. Sankara means the One that bestows good things, gives pleasant experience through the senses. Rudra is the Lord of Vibration, expansion and contractions. Rudra is the cosmic generator, he keeps harmony, existence, and also is the dissolver through time. When necessary, He wills and comes to work out in the Universe, and when the work is done, he rests.

Let us await the construction of a fourth Prayer hall by our aspirants. May this continue as part of the Divine will and the Universal Plan



Pictures of the inauguration can be seen from a link on the WTT-website, page:
www.worldteachertrust.org/vaisakh15_e.htm

Group Forum News & Activities

(Inputs welcome)

Two Seminar Announcements

1. Inauguration of the new WTT-Centre in Solingen, Germany, August 08-10, 2006

The group member Marga Becker, who passed over in January 06, has stated in her will that Master KPK inherits her apartment in Solingen, Schellberger Weg 33. The Master has declared that this apartment will be the new WTT-Centre for Germany. He will inaugurate it at Leo Full Moon.

2. A Silent Seminar in Bad Meinberg, Germany, October 12 – 15, 2006

We are happy to invite you for a Silent Seminar in the Yoga Vidya Centre in Bad Meinberg, from October 12 – 15, 2006. Our group, the Bergheim-group (Wilma, Monika, Birke, Heike and Hubert), form since 10 years a study group which from time to time concentrated on the topic of silence. Thus last Virgo Full Moon the idea for this seminar came to us. Our friend and teacher Kumar will accompany us with this seminar. A separate invitation with all relevant information will be sent to interested persons.

The Bergheim-Group

Connection with the Energies of Synthesis

These four constellations relate to the energies of Master C.V.V. and hence these constellations can profitably be used for experiencing the energies of Synthesis.

- Anuradha in Scorpio
- Maka in Leo
- Dhanishta in Aquarius
- Rohini in Taurus

The meditation time is 21.00 pm. The mantra is "Dip Deep",

Extracts from the Teachings

From a Correspondence

with Dr. Sri K. Parvathi Kumar

Dear Master Kumar

I have wanted to ask you a question for some time. I hope you will not mind me doing so.

Master, in the last years of Alice Bailey's life the material coming through her was largely about the „Reappearance of the Christ“ and the „Externalisation of the Hierarchy.“ If we are to assume that the Grand Master DK was the author or the source of this writing then it would seem that the great thrust of the teaching coming from the Hierarchy at the end of the „30 year work“ between AAB and DK was about this subject. The time frame for this teaching of 1946-1949 is also the time that you and I were coming into incarnation. Master, I do not see much emphasis on this topic of „the Reappearance“ and „the Externalisation“ in our teachings. Why is this? Will you help me understand and make sense of this?

Another question:

My mind of late has been very much with the idea of I AM. You have stressed this very much with me and I „got the message.“ I may I be the „devils advocate“ (not the term we should use with our Master and Teacher). OK, in our essence all of us are I AM. I get that intellectually and a little bit experientially. But, somewhere in between the I AM which we all are in essence and the personality manifestation with all its variety there does seem to be this business of somehow becoming a manifestation of some energy or coloration of I AM. Jesus becomes the vehicle for the Great Lord Maitreya (himself a portion of I AM). I AM become seven Rays, seven colours, 49 sub-variations. Can you help my little mind/brain with this. I will strive to manifest that I AM, my teacher, please help as you can.

Your student

Dear Brother,

The „Reappearance of Christ“ is happening ever since 1976. It is not appearance through a person but appearance of the energy of love through the disciples of the Hierarchy. This is happening since 30 years and will be more perceptible in the future. The Energy of the Avatar is through innumerable groups of good-will, through many ashrams and also through the loving service of various spiritual groups. The work is carried out in manifold

manner to bring in the message of Love that would tame down the energy of Power. See how varieties of ashrams are working and how common people are recruited into the teachings of Love and Wisdom all over the globe. The manifestation is more in the Aquarian way and not in the Piscean way.

Please remember that when Masters speak, they speak for a cycle of 432 years. This period is divided into 4 parts of 108 years. Which again gets divided into 4 parts of 27 years ($27 \times 4 \times 4$). Which cusp periods the 27 years become 30.

The cosmic being from whom all the forms of human beings come down is truly the world teacher. Today we call him the second logos. He is the goal of the beings. His essential quality is Beness. He synthesises the duality being in the centre. Neutrality is another name which He holds as virtue. He descends from time to time to balance the worlds. This work is being done on the planet by a group of enlightened beings who are atuned to this Cosmic Being who promotes neutrality, equanimity and synthesis. The latest of the chain has been Master Jesus.

Please note the Cosmic being exists in each one of the humans in the antahkarana sareera as I AM. I AM is to be realized by man to be a son of God. Thereafter I AM speaks and I AM works. It was so with Moses. It was so with Jesus. It was so with every initiate. It continues to be so.

The humans are reflections of the Cosmic being, they are made in HIS image and likeness. The reflection suffers from refraction. The refractions are eliminated through the practice of discipleship. Then the reflection regains its true image, the image of god I AM. This is the work on hand for all.

The I AM as Teacher is on the other side of your heart pulsation. You are on this side of the heart pulsation. During night hours stay at the threshold of the heart when you sleep. It helps to stay in the proximity of the Presence of the teacher.

Soon you will be teaching even on the physical plane. But do not become a teacher. Become I AM which is you are beyond personality. I AM can also be a teacher among other things.

Each one of us is essentially 'I AM' with its related Light, Love and Will. People see in me what they like to see. Some say I am M N, some say CVV, some other says other names of the Masters. What is important is I AM. That is my original name. That is your original name. And is the name of every selfconscious being. People try to see their Masters in me since they like their Masters. That is why such expressions come from time to time.

With best wishes to you

K. Parvathi Kumar

Paracelsus Health and Healing

The Solar Sacral Man



The new medical science will be substantially built upon the science of the etheric centres in man. Upon this knowledge all diagnosis and cure will be based. The endocrinologist of the medical science is today glimpsing in to the possibilities of such centres as he attempts to balance the glandular system and as he studies the relation of the glands to the blood stream. Endocrinology is today engaged with the relation of the blood stream with the glands, and is also deeply engaged in balancing the glandular system. The study is today focused upon the character of many glands and the attitudinal predisposition of many patients. The discovery is running towards considering the basis for the functioning of the glandular plexus. The real value in such study is deemed worthy. Much however remains to be discovered before it will be really safe to work with the glands.

Today much distress to the physical body is due to congestion in the etheric body arising from the astral (desire) plane. The unfulfilled desires cause congestion in the etheric body. The non-fulfilment of desires creates pressure in the subtle (etheric) body. And there is no point of outlet to such desires. Every desire emanates a particular type of etheric force and unless it passes through, the congestion happens. The free play between the etheric body and the physical body results in free flow and passage of the forces involving the nerve ganglia and the endocrine system.

The 7 major glands in the human body should enable the free flow of human thought/desire, without which glandular imbalance is given birth to. This should never be forgotten. The functioning of the glands has its roots in the condition of the etheric centres. The functioning of these centres in turn depends upon the free flow of thoughts and desires. This is where man is advised to entertain desirable thoughts and desires only. When his thoughts and desires remain unfulfilled for one reason or the other, he is opening doors for etheric congestion and the related glandular imbalances as also the consequent endocrinal disturbances.

All the above will definitely be considered and discovered in the coming age. The new medical science will be outstandingly built upon this knowledge.

The bulk of humanity today is desire-oriented. They need to learn much in matters of “how to think and what to desire”. Men of wisdom call this present humanity, “solar-sacral people”; they need to ascend towards clean thinking. The measures for the needed ascent are available in the Wisdom Science. Thus, the Medical Science once again approaches the Wisdom Science for better solutions. This seems to be the future.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 70 / year)

Electronic sample issue: <http://www.worldteachertrust.org/pdf/phh116e.pdf>

See also: http://www.worldteachertrust.org/paracelsus_e.htm

There you also find sample issues in German and in Spanish.

Contact: Paracelsus-Center Wasenmattstrasse 1 CH-8840 Einsiedeln
info@paracelsus-center.ch www.paracelsus-center.ch

The Steps of Silence

Extracts from the souvenir book “The Steps of Silence”, presented on the occasion of the 60th birthday of Master K. Parvathi Kumar, part 2

A meeting which changed my whole Life

Tiziana Diaz, Switzerland

I had the good luck of meeting Master Sri K. Parvathi Kumar in September 1985 in Visakhapatnam, India, together with a colleague of mine, Verena Buchmann.

It was a Friday evening and I remember how we were standing in front of his house gate waiting for someone to invite us in.

Then the Master appeared on the veranda, all dressed in white, with a loving smile on his face and in his eyes, kindly welcoming us inside. That moment was so magic that I still can feel the loving atmosphere which surrounded the Master. He looked so full of Light, of Love and

Trust. The touch of his Presence caused a sweet transformation in my heart. I felt like having reached home after a very long journey. I was then 31 years of age.

I was so enthusiastic after that first meeting that I asked the Master if I could come back the next month, which was my holiday month, along with my husband Mr. Jesus Diaz to learn meditation, or if it was better to first read all the books which I had seen upstairs in his library. I remember how the Master laughed at my question and very compassionately advised me to come without all that bookish knowledge to him. So we did.

When we arrived, the Master invited us to his home for breakfast. His wife Kumari Garu served us delicious idlis, which I had never tasted before but which I liked from the beginning. There were other Europeans at the table along with some Indian brothers. We had come to stay with the Master for 1 month, to listen to his teachings, but the Master informed all the group present that he had planned to go for a vacation with his family to the Blue Mountains. It was his first holiday with the family after 12 years of marriage, and that he would leave us under the care of the brothers of the WTT.

I remember that I did not feel disappointed of the sudden change of programme; instead I felt great joy looking at his two children Santhi and Sekhar, how fortunate they were to have such loving parents, and how happy they must feel to go on vacation for the first time with them. Then a miracle happened. I remember Kumari Garu talking in Telugu to the Master while looking at us. She was proposing to the Master to take us, the two newcomers, along with the family for the tour. The motherly love of Kumari Garu knows no bounds! I felt such deep gratitude for the spontaneous inclusion. Needless to say how that proposal became a milestone in my life.

This first journey to the Blue Mountains is such a precious gift, something unforgettable which I treasure very deep in my heart and which changed my whole life completely. Master introduced us to the teachings of Master CW while sitting quietly in the beautiful gardens of Ooty, in the Nilgiri Hills. His teachings were like poetry for the soul. I saw how the life of the Master is fully dedicated to inspire the hearts of the people to ensure that we enter into the Divine Path.

In deep gratitude, a longing to consecrate my life to the Lotus Feet of The Master made way inside me. The Master greatly blessed us by allowing us to accompany him on his tours around the world during the last 18 years. My prayers to Him are to be always worthy of His Presence.

NAMASKARAMS MASTER TO YOUR LOTUS FEET ETERNALLY

Full Moon Formula

Taurus 06 to Aries 07

Step 1 OM (7x)

Step 2 Gurur Brahmâ
Gurur Vishnuhu
Gurur Devo Mahesvaraha
Gurur Sâkshât Parambrahma
Tasmai Srî Gurave Namaha

Namaskârams Master
Namaskârams Master EK
Namaskârams Master MN
Namaskârams Master CVV (3x) to your lotus feet

15 minutes silence

Step 3 Prayer for the Year:
Wash Karma in space.
On the deep blue slate
paint ever-elevating colours,
ever at the feet of the Master
in the Vaisakha valley.

10 minutes silence

Step 4 YO RUDRO AGNO YO
APSUYA OSHADHEESHU
YO RUDRO VISWA BHUVAN
AVIVESA
TASMAI RUDRA
YA NAMO ASTU (11x)

5 minutes silence

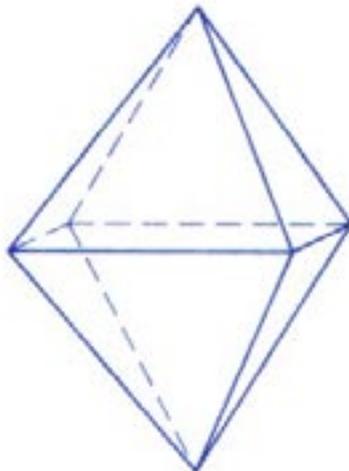
Step 5 Loka Samastha Sukhino Bhavantu (3x)

OM Sânti Sânti Sânti

Rudra Mantram

Meaning:

*WE WORSHIP THE LORD OF VIBRATION,
WHO IS IN THE FORM OF
THE COSMIC FIRE,
THE SOLAR FIRE AND
THE FRICTIONAL FIRE,
WHO ALSO EXISTS IN
THE WATERS, CLOUDS, HERBS, PULSES,
VEGETABLES, FRUITS, ETC.,
WHO ENTERS AND EXISTS IN ALL THE FORMS.*



Explanation:

Rudras are the Lords of Vibration. They cause vibrations in space creating the necessary friction. Through special friction the atoms are formed, the sensations are formed, the pulsations are generated with the alternating activity of expansion and contraction. The movements are also borne. The Lord Rudra is the Cosmic Intelligence that causes the Electrical, Solar and Frictional Fires.

Such Rudra who forms all, enters in and lives in all is worshipped with this mantram. It is the manifestation of the Will, Siva.

The mantram is recommended to be recited in multiples of 11. It is mystically said in the Veda that: „Rudra destroys (the space potential) to form all that is“. He also destroys all that is formed, back to its source, to its potential form.

- The number of this mantra is 11.
- The colour is brilliant red.
- The symbol is a brilliant translucent double pyramid or lingam.
- The impact of the mantram can be better realised or experienced 48 hours approaching the New Moon, on Mondays, in the months of Scorpio, Aquarius and Gemini.
- The mantram may be invoked in the Heart Centre, or in the Brow Centre, or in the Throat Centre

This mantram is closely associated with the mantra OM NAMA SIVAYA.

11 are the Rudras that function from all the 10 directions and from the centre. The 10 directions are east, south, west, north, north-east, south-east, south-west, north-west, above and below. From the centre into all 10 directions the soul can be visualised. Again from all directions to the centre the soul can be visualised. Linking up the direction to the point above would cause the formation of an upward pyramid. Linking up the direction to the point below would cause the formation of a downward pyramid. Thus, the student expands into the sphere around and contracts into the centre. Such is the work of the deity. When through all the channels, the vibrations are made active, the student remains exceedingly vibrant in the electro-magnetic field. This mantram

has everything to do with the Devas of Vibration in Creation. The other name for the Devas of Vibration is Rudras.

This is the mantram given by Master Djwhal Khul at the very beginning of the book „*Treatise on Cosmic Fire*“:

**„TO THE GOD WHO IS IN THE FIRE
AND WHO IS IN THE WATERS;
TO THE GOD WHO HAS SUFFUSED HIMSELF
THROUGH ALL THE WORLD;
TO THE GOD WHO IS IN SUMMER PLANTS
AND IN THE LORDS OF THE FOREST;
TO THAT GOD BE ADORATION, ADORATION.“**

-SWETA UPANISHAD, II, 17

The commentary on Fire given in the book is based on this hymn. It is a very powerful mantram that purifies the 5 elements of the body and the 5 elements of the atmosphere and enables purity and clarity for the individual soul.

Excerpt from the book: MANTRAMS, Their Significance & Practice, by Dr. K. Parvathi Kumar. The World Teacher Trust – Ed. Dhanishta (www.worldteachertrust.org)

Astrological Important Days in April/May 200

20.04.	07:26	☉ → ♉ / Sun enters Taurus	
♃	18:19	☾ 8 th phase of descending moon starts (End 16:32 on 21.04.)	☉ 00°27'♉ / ♃ 24°
22.04.	09:23	23 rd constellation <i>Dhanishtha</i> starts	♃ 17°
♃	21:00	Dhanishtha-Meditation (<i>Dhanishtha</i> -constellation ends at 07:44 on	
23.04.	11:54	11 th phase of descending moon starts <i>Day of Nârâyana</i> (End 09:10 on 24.04.)	☉ 03°07' ♉ / ♃ 03°
☉			
27.04.	00:26	Phase of new moon starts	☉ 06°32' ♉ / ♃ 24°
♃		New moon point of Taurus: Contemplation upon 'The Pledge'	
	21:44	● New moon of Taurus	☉ 07°24' ♉ / ♃ 07°
29.04.	17:27	3 rd phase of ascending moon starts <i>Contemplation upon the sound emerging from the seat of the (Leo) to the mouth via the throat</i> (End 16:08 on 30.04.)	☉ 09°11' ♉ / ♃ 03°
♃			
01.05.	15:31	5 th phase of ascending moon starts <i>Birthday of Sankaracharya, the great philosopher initiate of Adv</i> (End 15:40 on 02.05.)	☉ 11°02' ♉ / ♃ 29°
♃			
03.05.	16:35	7 th phase of ascending moon starts <i>Descent of Idâ force for manifestation and materialisation</i>	☉ 13°01' ♉ / ♃ 25°
♃			
04.05.	18:12	● 8 th phase of ascending moon starts (End 20:21 on 05.05.)	☉ 14°04' ♉ / ♃ 08°
♃			
08.05.		White Lotus Day: The day of departure of HPB from the physic.	
♃	01:24	11 th phase of ascending moon starts <i>Day of Nârâyana: For healing, synthesis, and for self-contemplation</i> (End 03:49 on 09.05.)	☉ 17°15' ♉ / ♃ 17°
12.05.	08:26	Phase of full moon starts <i>Birthday of Vedavyâsa, contemplation upon the Hierarchy with The Teacher presiding over the groups of disciples</i>	☉ 21°24' ♉ / ♃ 09°
♀			
13.05.		Birthday of Lord Hanumân	
♃	08:51	☉ Full moon of Taurus (Vaisâkh-Festival)	☉ 22°23' ♉ / ♃ 22°
19.05.	14:58	23 rd constellation <i>Dhanishtha</i> starts	♃ 17°
♀	21:00	Dhanishtha-Meditation (<i>Dhanishtha</i> -constellation ends at 13:41 on	
20.05.	00:23	● 8 th phase of descending moon starts (End 22:16 on 20.05.)	☉ 28°47' ♉ / ♃ 22°
♃			
21.05.	06:31	☉ ⇒ ♊ / Sun enters Gemini	
22.05.	17:47	11 th phase of descending moon starts <i>Day of Nârâyana, to dedicate oneself to Master DK in thought word, besides intensely studying his teachings ...</i>	☉ 01°25' ♊ / ♃ 01°
♃			

All times are in MEST (middle european summertime).

From: »Astrological Calendar 2006/07«

Publisher: The World Teacher Trust, Paracelsus-Center, Wasenmattstr.1, CH-8840 Einsiedeln.

Great Invocation



Let us form the Circle of Good Will.
OMNIA VINCIT AMOR.
From the South through Love
which is pure.
From the West through Wisdom
which is true.
From the East through Will
which is noble.
From the North through Silence
which is golden.
May the Light make beautiful
our lives.
O Hierophant of our Rite
Let his love shine.
OMNIA VINCIT AMOR.
Let us form the Circle of the World
Servers.

We bow down in homage
and adoration
To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May the Lord return to Earth

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is around
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K



The language and the thought
are the envelopes around OM.

Visualize the OM
that exists beyond the envelopes
of sound and meaning.
Such visualization is real occultism.

Link up to OM
and transcend
the world of sound and meaning.

Utter OM
and gain transcendence.

K. Parvathi Kumar