

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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The World Teacher Trust - Europe

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

SYNTHESIS

To be stable and study. Do not fight, resist, or repel to ward off the problems. Make contact with the Higher Self. It keeps you stable and steady. Aspirants frequently get into fights within or outside, due to non-alignment with the Self. They are too much in analysis without being in synthesis. “Stand in My synthesis and live life”, says Krishna. This has to be a daily practice. Only such ones are on the Path to Discipleship.



PRAYER FOR THE YEAR

(To be repeated every month)

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.



MESSAGE OF THE MONTH OF VIRGO

The Consciousness beyond the Spiritual Triad
is the Universal Virgin.

The individual consciousness beyond its spiritual triad
is the individual virgin.

The Virgin directs the will and is not directed by the will.

Its nature is Love, the cementing force of the Universe.

Its activity is the Divine Plan

The individual consciousness should stand out from personal will, love,
and activity

and tune up to the Divine Will, Love and Activity.

This is possible in two steps:

Firstly, aligning the personality with the Soul,

Secondly, aligning the Soul with the Universal Soul.

Alignment is the process for Virgo to shine.



GÎTÂ-UPANISHAD

- LORD KRISHNA -

The boat without the rudder, the bull without the nose threaded, the horse without the reins, the elephant without the *mohat*, are dangerous. The man without the light of comprehension is like the above. Such one is dangerous to himself and others. The light of comprehension shines through the discriminative will. Discriminative will is the gift of God to man. If man does not choose to use it, he is lost.

LORD MAITREYA



Hate accomplishes nothing. Hating people, places, races, kingdoms, leads to fall. Hate is a negative act of love. Hate comes from lack of understanding. Hate does not enable comprehension of the circumstances relating to others. Hate causes total disbelief and leads to destruction. Hate disintegrates the holder.

Loving understanding enables comprehension of others problems, such comprehension with love leads to cooperation, such cooperation helps solving others problems. This way a fellow being is uplifted. Such upliftment causes trust. Trust leads to further co-operation resulting in great accomplishments. Thus, love results in trust, and trust leads to accomplishments. Such accomplishments are recorded as miracles.



MASTER MORYA
- MARUVU MAHARSHI -

Vibrations are electrical. Electrical vibrations purify. Sound uttered forth appropriately manifest such electrical vibrations. The science is yet to enter into the mysteries of sound. Utterance of right sounds, “*Suktams*”, enables progressing into divine life. Assimilation of such vibrations strengthens the will. It is times better than the normal, mental will.

The grace of the Master can introduce into you such electrical vibrations. Initially the vibrations may cause disturbance to the mental, emotional and physical spheres relating to you. It is only to expel the impurities in those spheres. The electrical vibrations transmitted by the Teacher are more powerful than any degree of impurity in any of the three planes. Let the sound be uttered forth. May Gayatri prevail.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -

For the one who is habituated to manipulate, life is a carpet of thorns. One can neither walk upon it, nor can sleep with comfort. The life built upon such manipulation is a palace built with a pack of cards. Even breeze is a tornado for such a palatial life. The manipulative one does not believe in what he speaks and does. Gradually he loses faith in himself. Such is the case with many religious heads and other isms. They cannot come out of it because they promoted it. Such ones occupy and lead the human activity today. They are in education, culture, economics, politics, health and administration.

The Aquarian Age exposes the false leaders in all fields. Transparency is its keynote. This time cycle will cause unsparing exposition of all the false doctrines. *Upasika* inaugurated the process of Aquarius.



THE TEACHINGS OF MASTER D.K.

INTERLUDES OF BREATHING

The more experienced the disciple is, the longer will be the interludes and in interludes greater opportunity is ceased to manifest the magical work. The other name for the interludes is the 'midway points'. The *Gita* speaks of the importance of these midway points as the means to align with the soul and demonstrate wisdom into daily life.

Meditation, contemplation upon breathing has such benefits and it will ultimately lead to the top breathing, where the *Udana Vayu* is experienced.

This is only an introduction to breathing. The student is well advised to remember that there are 3 types of breathing, namely: the deep breathing, the middle breathing and the top breathing, that 5 forces of *prana* are at work with breathing as basis, and that in meditation 2 types of interludes can be experienced: one that causes the contact with the soul and the other that releases soul energy through personality into a magical work. Let this basic understanding be made.



MESSAGE OF MASTER E.K.

THE MOTHER

Gayatri, Savitri, Saraswati, Sri and Lalitha, are the many aspects of the World Mother. Invoking them and aligning with their energy would lead us to virginity. Utterance of Gayatri should be followed by a life of motherly service; then the progress causes attunement with the Light of the World.



VIDURA WISDOM TEACHINGS

Let not malice overtake you.
Let not worldly profits
tempt you to unlawful ways.
Let welfare prevail.
Let light prevail.

SHIRDI SAI SAYINGS

Complete Knowledge



Do not indulge in vain to conquer the mind and the senses.
To conquer is an act of ignorance.

Let the mind and the senses do whatever they like and you
remain an observer of their activity. This is the sure process of
withdrawal that gains co-operation of the mind and the senses.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

Excessive attachment
culminates in detachment.
Excessive splendour
results in calamity.
Excessive growth
leads to fall.

CHILDREN'S SECTION

YOGA ÂSANAS

Vajrāsana (Meditative posture)*

Procedure:

1. Stand on your knees with the back stretched backward.
2. The knees have to be together and the heels apart.
3. Settle your buttocks within the hollow of the feet.
4. Sit erect, placing your hands on the knees with palms touching the knees.
5. Close the eyes and apply the mind on respiration.

Benefits:

- Aids the digestive system - a posture recommended after meals.
- Prevents hernia.
- Aids women in childbirth.
- Helpful to people with peptic ulcer and hyperacidity.



* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

BOOK REVIEW

WISDOM OF THE HEAVENS



Astrology helps us to know all about ourselves and the world around. We can know when we are at our best to achieve and what to achieve. We can also know when we have to do certain things in life. We can know when our good seeds sprout.

Master E.K. holds the master- key to astrology. His book "Wisdom of the Heavens" is another beam of light coming from the MASTER to help the sincere seekers. The one who reads the eleven chapters given in this book and understands them will be better equipped to transact in life with life.

Ekkirala Krishnamacharya: Wisdom of the Heavens

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

SARASWATHI - THE WORD



Every principle in Creation is seen as a deity, in the esoteric world. The Goddess of the Word is called Saraswathi, literally meaning the flow. It is the flow of energy as Consciousness, also called the Word. The Word was recognized by the ancient seers as the background of all that is created. It emanates from Pure Existence. Every scripture gives paramount importance to the Word, because it emerges periodically and manifests in manifold forms, to return again and again to its Source, i.e. Pure Existence

K. Parvathi Kumar: Saraswathi - The Word

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS

A proposal of Dr. K. Parvathi Kumar for a cooperation with the planetary work

While I was praying before British Parliament in London it came to me that we shall utter forth a part of the Great Invocation 3 times on Sundays after prayer. This is a cooperation with planetary work. The relevant part is as under:

FROM THE CENTER WHERE THE WILL OF GOD IS KNOWN
LET PURPOSE GUIDE THE LITTLE WILLS OF GOVERNMENTS
THE PURPOSE WHICH THE MASTERS KNOW AND SERVE

This is to invoke the energy of will influencing the Governments in the right way. Sunday is suitable for this purpose.

Kindly circulate this to the groups. The inclined groups may do this. With best wishes to you

K.Parvathi Kumar

Tours:

3rd - 7th September 2003: Seminar with Dr. K Parvathi Kumar on "Healing" in Kandersteg (Switzerland)

9th - 20th September 2003: Seminars / Lectures in Argentina

Informations: wtt-europe@wtt-europe.ch

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



The student that seeks the Presence of the Master
can use OM as a telephonic connection.

Remaining in silence he receives the Presence
and the needed guidance.

OM is the general key to link up to your Master.

Let the utterance of OM be the priority
in your endeavour
for self-transformation
and self-realization.

K. Parvathi Kumar