

PRAYER TO THE SUN

PUSHAN EKARSHYE
YAMASURYA PRAJAPATYA
VYUHARASMIN SAMUHA.
TEJO ETTE RUPAM KALYANATAMAM.
TATTE PASYAMIYOW SAVASOW PURUSHAHA.
SOHAMASMI.

“Oh Solar God! You are the son of *Prajapathi*. You are lone ranger of the sky. You are all nourishing and all regulating. Please withdraw your rays and brilliance. By your grace I would then be able to see your beautiful golden disc.”

The prayer is spoken every Sunday after the morning prayer.
It is suggested that the prayer is spoken in Sanskrit and in English, one time in every version.

MP3: https://worldteachertrust.org/_media/media/audio/pushan_ekarshye.mp3