

STANZA OF INITIATION

IMAM VIVASWATHE YOGAM
PROKTAVĀN AHAM AVYAYAM
VIVASWAN MANAVE PRAHA
MANUR IKSHVAKA VEBRAVEET

The Stanza of Initiation can be used whenever we kindle the candle.

WORD MEANING:

IMAM	This
YOGAM	Yoga
VIVASWATHE	To the Sun God, Vivaswatha
AHAM	I
AVYAYAM	The Eternal One
PROKTAVĀN	Initiated
VIVASWAN	The Sun God Vivaswan
PRAHA	Initiated
MANAVE	The Manu
MANUR	The Manu (Vaivaswatha)
ABRAVEET	Taught
IKSHVAKA	Ikshvāku, the Solar King on Earth

MEANING

I, the Eternal One, initiated the Sun God, Vivaswatha. The Sun God initiated the Manu, Vaivaswatha. The Manu initiated the Solar King, Ikshvāku.

EXPLANATION:

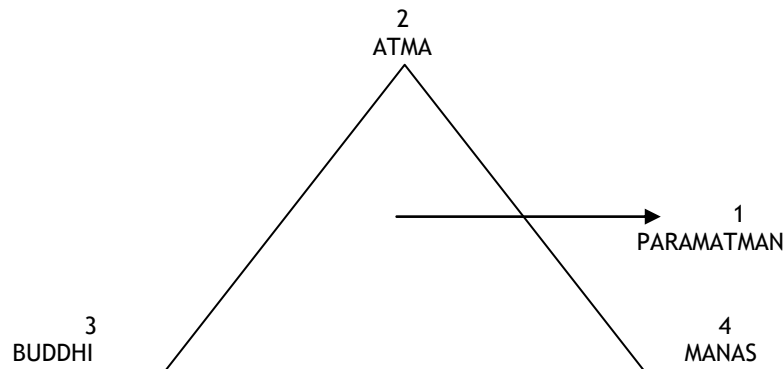
I, the Eternal One is the Pure Existence. The Sun God is the existence individualized as a Soul. The Soul is weaves of life and is therefore called Vivaswan. The Soul's mind is Buddhi—the light of the Sun. He is thus the Son of the Sun. He further weaves life and is therefore called Vaivaswatha. He initiates his son Ikshvaku, the Solar King, who represents the mind that rules the objectivity (the Earth).

The following table is to be comprehended:

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| 1. Aham Avyayam | Pure Existence and Awareness.
I Am the Eternal Paramatman |
| 2. Vivaswan | Individualized existence and awareness.
I am the individual Atman |
| 3. Manu | The Buddhi or the Mind of the Soul |
| 4. Ikshvaku | The Mind of the Body that rules the body (the earth) |

Thus, this is the Path of Yoga:

- From Paramatman to Atma
- From Atma to Buddhi
- From Buddhi to Manas



You can listen to the sound of the intonation at:

https://worldteachertrust.org/_media/media/audio/stanza_initiation.mp3