

BIRTHDAY RITUAL



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Dhanishta

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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life. Wisdom is disseminated by the Teachers of all times. Dhanishta works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. Sri K. Parvathi Kumar. Such teachings are published in English, German, French and Spanish.

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About the Composer

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. Sri K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him:

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher

Birthday Ritual

For those who wish to follow the path of Ritualism and those who are inclined to assimilate the 7th ray energy and those who admire, worship and follow Count Saint Germain, here is a Ritual to be conducted on their respective birthdays.

Every birthday is the day on which the solar ray, by which he has taken into the incarnation revisits him and it is an annual re-visit by the solar ray related to that person. It is therefore recommended that once you tune to that ray on that day and at that hour through a ritualistic practice.

On the day of birth, one is recommended to get up two hours before six o'clock; anoint oneself from head to foot with oil, which can be olive oil or sesame oil; wait for twenty minutes to enable soaking of the oil into the skin pores and then take a head bath with lukewarm water. One may use natural perfumeries, soaps and shampoos for cleansing. Thereafter put on new clothing and do the worship of the divine in his customary way.

Let the worship be with an intent to receive the solar light of the day into oneself through Sahasrara, Ajna, Visuddhi, until Mooladhara. Let there be a shower bath of light. Influx of solar light in every cell of the body may be visualised and even realised.

In the evening hours he may invite well wishing friends and relatives for a party to share the joy of birth. A table may be arranged upon which a cloth may be spread and a cake may be arranged at the centre. Around the cake as many candles as the number of years passed by, in this incarnation may be lighted and arranged. The invitees may be heartily received. They may be seated around the table. The person whose birthday is being celebrated stands before the table and utters forth following hymn.

*uddIpyasvajAtavEdopaghnam nnirRitim mama |
pashUgmschamahyamAvahajIvananchadishOdisha||*

“Oh lord Agni, shine forth in us, dispel the darkness of ignorance in us. May our mind, senses and the body stand healed and energised. May we gain sight, insight and vision. May we be blessed with poise. May peace prevail”.

Later he may utter forth the following, mixing

honey in a bowl of hot milk.

*Trayambakam Yajamahe,
sugandhim pustivardhanam
Urvaruka miva bandhanan
Mrityor mukshiya mamrutat*

“We Worship the “Three eyed one”, who is fragrant and fulfilling. May he release us from Death to Immortality, Just like the cucumber fruit is released from the creeper”.

On completion of the hymn, he may drink a spoon of the honey mixed milk and arrange for distribution to the group. Later the person may offer salutation to the circular shaped cake by uttering forth following hymn and may cut the cake vertically first and then horizontally forming a four-fold cross he may join four arms of the cross make a diamond shape.



*Ishethwavarjethwa, Vayavasthaupayavastha,
devovassavitha prarpayathushreshhtathamayakarmane*

“He has come down as food he came down a vigour he exists in us as energy. We bow down to him. May we shine forth with his energy and conduct acts of goodwill”.

Having cut the cake thus he may entrust the cake to the group to be cut in to pieces as many pieces as the number of persons present and eat. On completion of consumption of the cake, the entire group utter forth the following hymn:

*SahanAvavatu.Sahanaubhunaktu.
SahavIryamkaravAvahai
TejasvinAvadhitamastumAvidviShAvahai.
Om Shanti: Shanti: Shanti*

“Let us be protected together. Let us share together. Let us work together. Let there be no hindrance to the brilliance of the light. Let not malice prevail. Let peace prevail”.

There after the group elders of the group bless the person whose birth day is celebrated.

*shatamAnambhavati,
shatAyuhpuruShashatEndirya
AyushyevendriyaipratitiSTati*

“May he live 100 years, may the purusha in him shine forth. May the mind senses and the body stay in-tact. With their perceptual and functional abilities”.

Thereafter the group may disperse or may have a dinner as per convenience. May the invitees offer gifts before the dinner. The person who celebrates his birthday may retire early in the night and not later than 10 p.m. in the night. Sleep orienting to the divine through the Master whom he follows.

Note:

1. The candles set around the tray should not be blown off.
2. The cake may be cut as if one is cutting and sacrificing the cosmic person.
3. It may be cut in veneration and may it be cut as shapely as it should be.
4. The hall or the room where birthday is celebrated may be decorated and kept fragrant.
5. May the group remain silent and concisely participate in the ritual.

The ritual is open for all and may be conducted by any inclined person.

Thank you.