MYSTIC MANTRAMS AND MASTER C.V.V.



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MYSTIC MANTRAMS AND MASTER C.V.V.

Explanation by Master E.K.



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PREFACE

The mystic passages or MANTRAMS given by Master CVV are of two types: a) Prayers b) Courses

Prayers are direct invocations of Master. They serve the purpose of submitting the disciple's mind to the Master's presence. They form the channels of force from the etheric plane, in space, around the earth, into the etheric body of the disciple. The etheric body, of a disciple is called 'Prana Sareera', while etheric plane is called the plane of 'Plenty of Prana' by Master. The channels create an influx of the required etheric matter to heal and purify the etheric body of a disciple and also to awaken the intelligence of every etheric atom of the body.

So these prayers can be used as 'Invocations of the Master,' to attain Yogic consciousness, by any disciple. The courses, are specific in their nature and are used to rectify the local functional defects of the body of disciple. They are specially intended to be used for those who are unwell and deficient.

There are also courses which tackle the particular 'Chakras' and layers of the individual Kundalini to raise it through the levels of group Kundalini, Planetary Kundalini and Solar Kundalini, to the level of Cosmic Kundalini in terms of consciousness and experience. However the prayers of the Master are more important and more general than the courses prescribed by him.

The present mystic passage is of the class of prayers. It is a prayer for the attainment of the over-all Raja Yoga consciousness.

25th May 1972. Visakhapatnam.

- MASTER E.K.

FOREWORD

Master C. V. V. is known for his Mystic Mantrams, Meditations and Teachings. Through such Mantrains, he stimulates the inquisitive faculty of the seeker of Truth and recruits him into the innerside of things.

Master E. K., an excellent exponent of the teachings of Master C. V. V., rendered a lucid commentary on the Mantram which throws significant light for proper understanding and application of the process for enlightenment. The mission of Master C. V. V. is very intimately known to Master E. K. The various topics given in the book show Master E.K.'s understanding of Master C. V. V. and his work. He dispells the lingering doubts of many as to the work of Master C.V.V., and it's fulfilment through Master E. K.

This book is the first printing effort of the W. T. T. group, India, after Master E. K. changed his plane of existence from the physical.

May the Mystic Mantrams of the Master recruit the seekers of Truth and the servers of the world into His Ashram.

22nd March'84 - **K. PARVATI KUMAR** Visakhapatnam.

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Master C.V.V. and the Yoga

Master C. V. V. was born in the town of Kumbhakonam in Tamilnadu State, South India, on 4th August, 1868 A. D. His father was Kuppuswamy and his mother was Kamalamma. The family came from Andhra Pradesh to Kumbhakonam and settled there during the days of the Vizayanagara kings. They belong to a middle class family of Niyogi Brahmins. The boy was named Venkata Rao Venkaswamy Rao and his Upanayanam was performed in his 5th year. He was educated at Kumbhakonam and then at Srirangam. He was married first in his 12th year and for a second time after the death of his first wife in his 38th year. He got grand children. He lived a house-hold life in an orthodox way and he began to open his eye of light from that year onwards.

He began to see that others were being influenced by his presence. He could see the structure and the functioning of his gross and subtle vehicles and he could see their purpose also. He began to teach about these things while he spoke about them to the people around him. Others saw a guide, a leader and a Master in him. Gradually he has proved and taught how man becomes a Master and leads the units of matter to the level of the Master. He kindled the Master in his wife and made her see what all he saw. He taught her, guided her and elevated her. She saw what all he saw and worked as his medium and was his first disciple. He used to send her into trances of a comparatively more conscious states. From there he could gather the secrets of nature through her perception. Then he recorded them. He could send her into the planetary levels of this earth and record the course of the earth action in terms of evolution. He could record how the earth makes the atom evolve into matter and matter into man. Again how man could guide the matter and the time to evolve into the Master.

He could also send his wife (Venkamma) into the levels of the solar consciousness and the cosmic consciousness. The cosmic consciousness which makes the galaxies ever float into objectivity and again merge into subjectivity. He made her feel the music of creation through the planetary, solar and cosmic planes of consciousness. He has shown how the conscious self-steering energy of this earth works in a spiral function. He called it the 'Earth Kundalini'. In the same way he could record the working of the Solar Kundalini and Cosmic Kundalini. He could link up the three paths of consciousness sequentially and he taught a way to his disciples in steps.

One night in 1910, there was a big light shedding down like a lightning upon his house. It was the light of a comet called 'Halley'. The light filled him and all the

neighbouring people felt it like a thunder-bolt. They rushed to the residence of the Master where they saw him sitting in calm meditation. Since then they felt his presence like that of a very powerful magnet. Whoever came to his presence began to feel the muse of meditation. They went into ecstasy and afterwards they thought it was some power of jugglery. When the Master was walking along the streets, all the people felt the joy to see him and they stood in bliss as long as he passed in their presence. Many are the wonders they saw in those days while the Master was establishing himself in his own form.

According to his plan he wanted to select a group of people around him and make them the transmitters of light and consciousness. It was the 29th of May 1910 when he started his campaign. He prepared the first group of people and called them the mediums of the Master. He established communication between himself and his mediums and he made the senses of their consciousness the means for communication. He has given the sound 'C. V. V.' as a Mantra to invoke the Master. He gave them the invocation 'Namaskaram, Master C.V.V.' They had to invoke this Mantram once in the morning and once in the evening at 6 o' clock. Even today we do the same thing. Since then, the 29th May 1910 has become holy and we celebrate it under the name of 'The May Call Day'. We gather on that day

and conduct prayers to invoke the presence of the Master in us to work through us.

One great soul who wanted to work for the Master came down as his son, Chandu by name. While the mother was carrying him, Chandu began to teach many things to the mother's mind about the Yogic path. From his second month of age, he demanded buttermilk as his food from the father, and he went into meditation frequently. The father and the son were always engaged in conversation on the mental level. Many Masters used, to approach the father and the son in subtle vehicles from the Himalayas and other places. People used to overhear conversations from the room when the father and the son were engaged in conversation with those higher beings. When the boy was 6 months old he behaved like a boy of three years. For 21 days, he taught the father many Mantras about matter, time and atom. After 21 days, he went into a trance-like state and left the physical body. The mother wanted the boy to come to life. The father sent her into trance to follow the life of the boy and bring it back. She could bring it back to life, but again the boy left the body. The second time the boy was brought back, but he said that the time was over and that he had to go back. So, he went away.

Afterwards the Master has shown many miracles to his followers. He healed many people and people were freed from many incurable diseases. He taught them how to purify the vehicle during the prayer. When the higher vehicles are made pure and when they are free from the chain action of cause and effect, they can live through a considerably long period of centuries.

The Master taught that the practice of Yoga does not require unmarried life or the life of forests, away from the rest of the mankind. Everyone can make himself perfect through his process of Yoga practice even while living in the world and while performing his duties towards the family and the society. "Repair the vehicle during the night and live in it during the day" is one of his axioms. It means that everyone has to rectify his mind, senses and vehicles in the subjective plane. At the same time he should live in the world of objectivity by discharging his own duties. Through his body everyone can get himself free from the past Karma and lead his life as a Master.

It is not true that everyone should suffer the results of his own past Karma. He also taught that the success of Yoga practice does not lie mainly in the scientific practice of rules of the Yogic science. The same lies in serving humanity and practising love. Healing the sick, and helping the suffering people will make a man advance in the path of Yoga. Then only a man can find success in his Yogic practices, and then only he can hope of perfection. A life of perfection is attained not after death but before death. Perfection is living and it has nothing to do with death.

A perfect man lives even after he leaves his physical body. He can go into a physical body again at will and not through compulsion. Death is only an incident which belongs to the phyical matter and not to the man.

Concentration of mind is not the thing to be practised in Yoga. It is the absorption of the lower mind into the higher consciousness that is required. Instead of trying to concentrate the mind, a Yogic student has to think of the Master. Then the Master elevates him to the state of meditation, preservation and oneness with the whole creation. Austerities and selftortures like fasting are not required to purify the vehicles and to practice Yoga. One has to eat because the body needs food. One has to eat according to the need and not according to his taste. One has to get him-self married, beget children and train them into Yogis. One gets the required training through the process of training his wife, children and followers. One who cannot train his own children cannot train his disciples. Love is the common link.

The light of man comes down to earth to help the process of evolution. Evolution takes place from the stage of a physical atom of this earth to the stage of man until he becomes a Master. This evolution takes place through the steps of the mineral, the plant, the animal and the human kingdom. The evolution is the ladder of ascent to the consciousness of the earth. The path of the Master is the path of descent of man into matter. This is called

the path of the Avatar. All the Avatars came down to earth to lay the law. Yoga is the link. His path of Yoga makes a Master out of a man and makes him a Master of the fate of the atom.

The whole solar system is a seed of the tree of the universe. The constitution of man is the seed of the solar system. It contains all the potentialities of the solar system. It includes the planetary activity and the solar activity. When stimulated by Yoga the seed of man sprouts and expands into a tree of solar and cosmic consciousness. That is a part of the process. The goal is Yogic living. It is experienced as the simultaneous experience of all planes of consciousness that exist in man.

22-7-1980.

Invocation

Namaskarams Master

DIP DEEP

AXIS ARRANGED HOURS

HIGHER BRIDGE BEGINNING

TRUTH LEVELS

NIL NONE NAUGHT LEVELS

NORMAL TEMPERAMENT.

TIME EXPAND

ELECTRIC HINT

ETHER WORK OUT

EQUATOR EQUAL

PITUITARY HINT

HIDDEN CIRCUMFERENCE

SIDE WAYS

MILLER FORM CENTRE

VERTICAL LEVELS

MEET CENTRES

Namaskarams Master C. V. V. to your Lotus Feet.

Dip - Deep

This gives an idea of dipping something to the mind. Then it awakens the meaning of dipping the consciousness into itself (rather a subjective dip). The term deep indicates to the chooser the State of Experience before creation, a dip of the known consciousness into unknown levels. The deep in the cosmos is filled with darkness or subjectivity. Since there was no second before this creation, it was only subjectivity that was existing. From a separated stage and to the created consciousness the subjectivity is called darkness.

In man also that layer of absolute consciousness, which we call subjectivity, is darkness to the awakened mind. Such a stage is experienced during sleep by everyone, but since the mind is suspended during sleep, this stage is not known by the man of mind. When the consciousness of the man is awakened into the sleep state without his mind being awakened, it is understood as the experience of subjectivity or sleep. Then, there will be a state of active subjectivity which is called the fourth state of experience by the Masters of Yoga. (The other three states are, the state of objective consciousness,

the state of sleep and state of dream. These three states are recognised by every man as existing). The fourth state is not noticed by a non-yogic mind because the fourth state is to be experienced in the absence of mind and in the presence of consciousness. Consciousness without mind is the key-note of this fourth state.

Dipping the conscious mind into naught is aimed at and achieved by the two terms **DIP-DEEP**. This process is initiated by virtue of the mind coming into consciousness with the ordinary meaning of these two terms. At this stage, man experiences the Pralaya state as interpenetrating background and the omni-presence of that stage operating as the background of the created world. By experiencing this state, man can exist in that state without associating with the chain actions of the creation while living in it simultaneously. This makes possible the seedless experience of man which does not touch the chain actions of the universe.

Axis arranged Hours

The consciousness of man exists as a spark. It is a spark in terms of light, and a point in terms of geometry. It is a point not in space but in mind. On the background of mind this point always exists and whenever we exist this point is located in the mind. Even in the absence of mind (during sleep or death) this point exists in us, but to the ordinary consciousness, it can only be located as geometrical centre of the mind. Whichever part of the physical body is active, this point exists there. Then the local activity is nullified by submitting the mind to the Master. The spark ceases to exist locally and retraces its relatively original position called the heart.

Meditation is a process of spending time existing in this spark as consciousness without mind. The process of meditation elongates the spark into a vertical line. (The point becomes a straight line by a series of repetitions of the point). In the begining when the mind is active, the student has to locate this vertical line within his own vertebral column. Even in the development of embryo, the vertebral column descends as a line of consciousness and all the sheaths are materialised around it. Through the process of meditation when the mind merges in the vertical line of consciousness the objective world is

gradually absorbed into it. The objective world exists as long as the mind exists. The merging of mind makes the objective consciousness merge and also the space globe around us merge into subjectivity.

Space and Time are the co-ordinates on the squared-paper of mind. They are nothing but the projections of mind on the background of All-Consciousness. The All-Consciousness is the pool of experience which is infinity to itself and a globe around any point within itself. Whereever and whenever this point manifests as consciousness, the globe exists around it as a space globe. This globe rotates as the consciousness moves within itself. This rotation causes the cycles which we call Time.

The time cycle exists as a circle around the observer and hence it is measured on the circumference formed by the Sun's path of daily motion by the beings on this earth. Thus time exists along the path and conveniently divided inio 24 equal parts called hours. Hours exist to our mind according to the position of Sun in the sky, though they operate in us as our thoughts, expressions and actions. When the spark of consciousness is traced as a vertical line, the time divides the diurnal ring into two semi-circles.

As long as the mind exists the sense of time and sense of space operate in us, as two diameters of circle crossing one another at centre in perpendiculars. Thus the sense of space and time exists in our mind as cross within the circle. The horizontal line indicates space and the vertical line reads time. When mind begins to rotate through 90° and finally merges in the vertical line, then the sense of time and hours of division go to a sense of simultaneity. The sprouting of a plant, the elongation of the roots and shoots, the emerging of leaves, buds, blooms, fruits and seeds take a chronological order in the future, but in the totality of existence of the tree, all these incidents exist in simultaneity. Such a state can be experienced only when mind merges in consciousness.

At this stage all the hours of rotation come into central vertical axis and arrange themselves as the external principles of the periodic units of time. The units are periodical but their principles are eternal. Wfcen man merges in principles, the state is "AXIS ARRANGED HOURS".

Higher Bridge Beginning

From the physical body to the innerman, there are muiy sheaths. Each sheath is made up of its own matter its own state of original matter), as it is governed by its own degree of consciousness. They are Physical, Astral, Mental, Buddhic, Nirvanic, Para nirvanic, Mahapara nirvanic planes of existence. Thesee planes of existence have their corresponding sheaths in the constitution of man. Each sheath is linked up with the immediately next one through some centre. These centres are the potentialities of the bridging material.

For example, the physical and astral are infilled and bridged by ether. The linking centres are the three chakras of lower triad, viz., the Base Centre (Mooladhara), the Spleen Centre (Swa-dhisthana) and the Solar Plexus (Manipooraka). Ether of three densities and three planes of consciousness lubricates and bridges the above three centres. Here ether forms the filament between the physical and astral sheaths. The potentialities are the impulses, reflexes and the emotions of man respectively. Whenever the astral body is at work with the physical, these potentialities will be stimulated. A confused stimulation occurs repeatedly when the man of the mundane plane leads his existence through the incidents of his life. The

whole activity requires a managing consciousness and a field of its working, in order to make the whole activity systematic or Yogic.

Now the managing consciousness is the Buddhic Plane and the field of action is the mental plane. The Buddhic consciousness aids the activity of the lower triad through the instrumentality of mind. Before the Buddhic consciousness has a grip, the mind exists only as a principle of free play, and the lower triad gets haphazard stimulation according to the accidental contact with the environment.

Such an activity is mundane, profane and non-yogic. Even in the absence of environment, this activity takes place with the aid of the uncontrolled mind, by virtue of the force of habit, which we call memory on the lower plane. The man of such an activity is regularly the pool of the irregular stir of instincts, reflexes, and emotions that are constantly interepenetrated as the pairs of opposites by mind. (For example, success and failure, happiness and unhappiness, favourable and unfavourable etc.) For a purposeful action, the Btiddhic consciousness has to control the lower triad activity through mind, so that it may call out a plane which is in full correspondence with the Planetary, Solar and Cosmic Planes. To achieve this end, the higher evolution of mind should form a channel for communication between Buddhic and Mental sheaths. After the mind merges in the consciousness of man, this process of creating channel begins. For example, when a man is enjoying a good music, his mind ceases to exist and the man lives in the buddhic plane of experience. The moment the music is stopped, he recedes to his mental level but the passage is lost to mind because the channel is not yet formed. In the case of a student of Raja Yoga, the channel is gradually formed and the material to build the channel is a luminous, non-physical tissue. This tissue is then and there synthesized and is produced in the brow centre by virtue of the Yogic muse or contemplation. Just as the sex consciousness makes the glands produce and secrete the seminal fluid by the activity of lower triad, so also the Yogic consciousness produces and makes the luminous tissue secrete as mental channel between buddhic and mental planes which is gradually constructed as the higher bridge by virtre of the habit forming nature applied to the Yogic muse.

Practically speaking, when the student invokes the presnce of the Master with the passwords and proposes to his mind the idea and picture of the Master, the process begins. This process begins in the mind of the disciple with the activity of Master as blessing. One should not concentrate his mind upon the Master or Mantram. One should not repeat the 'Mantram' a number of times with effort. Effort makes a man live in his mind. With increase of effort he gets stuck up in the mind. Propose the Master in the mind and submit the mind to him with ease. Let the

mind wander wherever it wants to go, but be observing it passively. Thus the observer mind learns to keep off from the wandering mind. The Master consciousness fills the observer mind like a railway guard who gets down from the train to set the train in motion and gets into the train after the train is set in motion. This lower mind finally merges into the observer mind. Thus the Master consciousness begins to construct **HIGHER BRIDGE** in the disciple.

Truth Levels

At this stage, the level of man ceases to exist. The physical level of height, depth and direction, the astral levels of attachment, lust, repulsion and hatred, the mental levels of motives, utility, prestige and convention, all merge in the Buddhic consciousness, because of the act of the consciousness temporarily replacing the lower planes. The above said levels are lost to the inner man, when he recedes into the Buddhic Plane. They remain in him only as the truth levels of his various sheaths of consciousness. These **TRUTH LEVELS** are made up of the one Truth which is man's basic nature or 'Moola Prakriti.' Thus the truth levels also merge in the Truth, and exist as levels of truth. The one Prakriti or the one truth exists as the various levels in him.

Nil None Naught Levels

NIL means no motive, NONE means no person, and NAUGHT means no thought.

This state deals with the stage after the mind is arrested. The buddhic plane in the ordinary man has two halves, the upper and lower. The lower half will be nourishing the mind while being tinged by the mind. Hence some flashes of experience of Buddhic plane are being dissolved and translated into thoughts which operate on the plane of mind. The mental plane includes only thinking but has no thought of its own. All the thoughts are only the results of the experience of the Buddhic plane translated into the mind.

Mind without Buddhic can leave only imagination and impression but no creative thought. Hence the routine thinking of man is formed only by a confused admixture of the lower Buddhic and mind. When consciousness is transferred from the astral and mental planes to Buddhic plane through meditation and contemplation, the demarcation between mind and Buddhic becomes distinct, and in course of time, the mind is gradually absorbed into the Buddhi and disappears. This happens in three steps. The first step is the disappearance of motives of any action. When action takes place on the lower planes

with mind as centre, there should always be a motive to start the action. The motive starts as a response to the environment. The ordinary man acts for something, has something for a cause, has something for a result. Be is always busy with something and worried for something, though he does not know what that something is. This something is actually nothing because it has nothing creative. The succession of the incidents of his action is seen upon the background of time from a chronological order at every step. The previous step is called the 'cause', the present step is called the 'act' and the next step is called the 'result'. These steps soon disappear into the next step like the links in a chain. This chain of motive or individual Karma disappears when the mind begins to merge into Buddhi, the NIL LEVELS in him, in terms of motive.

In the next step, he observes persons, only as principles of the Cosmic Work. The difference between himself and another person that used to work as a motive ceases to operate. To him, persons are only units and items of the cosmic formula, like the seeds of a tree. One seed is different from another only in number, but they are the repetitions of the same seed, same germination and same process of fruition. There to him exists no body except a series of the units of cosmic laborataries, which conduct the same solar and planetary actions without any individual action or individual

difference. Another person is None to him (No one than Myself). Then exists **NONE** as all the levels.

When motive and the perception of different personalities are absorbed, he has no thought to think of. He will have only experience to experience. He walks, talks and operates with the objective world as himself. There is only a proper response to every person on the cosmic level. With such an experience and no thought he has Naught as his own. This is **NAUGHT LEVELS** in him. Like a healthy child he is all-experience and no thought.

Normal Temperament

Temperament is a term used to denote the personal and individual nature of a man. The touch of individual nature with the higher nature causes a temperament to work. The response of an individual consciousness to the absolute human nature is the cause of various temperaments which exist. When the mind is arrested the individual temperament is not destroyed. It is rearranged in a proper angle with the absolute human nature, so that it can penetrate through it and pierce through the planetary and solar natures to meet the cosmic nature. On the cosmic level, cosmos merges in nature and nature merges in the owner consciousness of nature (roughly understood as God). The angle between the individual nature and the human nature forms that particular temperament. There are two types of angles between these two natures in the words of Pythagoras.

(A) The acute angle or the Rajo Guna temperament:

This is characterised by caution, shrewdness, seperatedness, aristocracy, religious superiority, intellectual superiority, economic superiority, virtue-mindedness and love-mindedness. Such a thing is necessary in the initial stages to make the stir of consciousness towards the higher levels. The actions

caused by this acute angled temperament, bringing out the differences and opposition with the outer world, make all the others find him different from themselves and he finds others different from himself. This forms a shell which hatches the individual as a chick in the egg, until the bursting point is reached. Someday the shell bursts as the prelude to first initiation. The chick is exposed. The individual finds himself alone and left off, but in fact he is surrounded by a bigger egg shell, the human nature.

(B) An obtuse angle or Tamo Guna temperament:

From that time onwards, the individual is left in this temperament. It is characterised by a sense of neglect, let loose and breaking of all convictions. He loosens all faith in himself, in others, in conviction and in people. All the virtues in the world are only false suppositions to him. Love is a weakness and intelligence is a mechanical activity. Family and State, arrangements and government are all fool's play to him. In the astrological language, this Saturnian temperament should be broken by the radio active ray of Uranus. The stunning effect of the radio active ray changes the core of this temperament upto the densest levels of the mind. The caution and discrimination of Gemini and the weights and measures of Libra are blasted and remoulded by the Ray of Aquarius. The angle between the obtuse and acute angles is the geometrical normal as is rightly called Right Angle. On the plane mirror of mind, the ray of incidence is exactly retraced by the ray of reflection

only when it traces the normal. The course of incidents that reach the mind of such a man are allowed to reflect in the same course. The thoughts and actions of other people are understood by him instead of being tackled. He never reacts to the actions of others. He allows others to know their actions and form their reactions. Such a temperament is objectively passive and subjectively active. Such a temperament is purely human and not at all individual. Such a temperament is found after 'Nil None Naught Levels', and this is termed as **NORMAL TEMPERAMENT.**

Time Expand

What time is to mind and senses is not time to the experience and Buddhi. Time is only the succession of actions to the mind. Mind knows time through two incidents. Between the two incidents, man thinks that there is time. But in fact there is only himself. Incidents occur in the objective world and in between two incidents there is only the observer, who is in fact, the silence. Mind is not capable of experiencing silence and hence it sees time as an outer layer of silence. When mind is absorbed, for example, when one is experiencing music, time ceases to exist to him. When the music is experienced for one hour the hour is noticed before and after the experience.

During the experience there is no hour, minute or second. This is only the time sence of the mind. What is time to the mind will expand as the experience of existence. Then there will be only a continuum of present tense or experience without sense of future. Past and future belong to the objective consciousness and hence to the mind. Present belongs to the subjective consciousness or experience without mind. This is the reason why the majority of people mentally live either in the past or in the future and continuously miss the present.

Electric Hint

When the mind is arrested and when time has expanded into the ever present or 'I am' consciousness, there is no scope for any prescribed procedure or plan from the point of view of individual. In fact, no individual exists on that plane, and what all remains is the unit of multidimentional laboratory, which we call the human constitution fit in a physical vehicle. There is no plan because there is the need for a principle which replaces the planning mind and the plan. At this juncture, the planetary principle descends into the consciousness of its own accord by the grace of the Master Consciousness. It is only in the form of a procedure by itself from itself and towards itself. Such a spark proposes its existence or more correctly its manifestation in that human constitution. This proposal will be experienced like a HINT (not to the mind) of light (enlightenment or realisation).

This Hint of light cannot be understood because there is no mind. It will be experienced as a proposal of the Light itself. In such a state the hint is experienced just as the increase of voltage of electric current is experienced by a lit bulb. During the early days of this experience the consciousness recedes back from the experience to mental state. Then the mind can get an idea of the increase of light only as an impression of flame or spark to the mind. It tries to understand and explain but invain. Understanding is of mind and explaining involves language which is again convention to the mind. Whenever man raises to the experience through prayer, it is Light, and the moment he descends into mind it is only an impression of light which is translated into a poor picture or idea quite insufficient to include the Light.

What electricity is to a circuit, the Prana is to the human consciousness. Electricity is only known through its application. So also life is understood by the mind through life's manifestations. There is no possibility for anyone to experience what is electricity. But there is every possibility to him to experience the same electricity in the form of his Buddhic life. This experience is called **ELECTRIC HINT** by the Master.

Ether Work Out

Up to the higher mental plane and lower Buddhic plane, man works out his own plan, by constructing his own logic, his own ideas, customs, beliefs, scriptures, practices and his own definition of the terms God and religion and will to execute his plan. He will have the guidance of scriptures etc. When the individual plan is stopped and when the higher Buddhic plane is experienced, there will be a plan of the planetary principles to him and this plan is worked out by the intelligences of the vital plane.

These intelligences are solar and planetary by nature. They work out the changes in the human constitution through the instrumentality of the vital layers. They exist in all degrees of intelligence and technically termed, the 'Ethers of Prana' by Master C. V. V. These ETHERS WORK OUT as channels starting from the river of Plenty of Prana and irrigate the various fields of consciousness into the cogent and archetypal plan which once again repeats in that particular constitution. A peaceful and perfect communion exists between the Plenty of Prana and the channels of individual Prana, that are constantly formed and maintained along the nerves, blood vessels and blood stream. Like the magnetic lines in a magnet

are controlled by those of an enormously big magnet, the ether of the earth planet arranges the etheric currents of constitution and works out. The nerves, blood vessels and the components of skeleton of man are only like the lines of iron dust around the magnet. Every line has an invisible line of force keeping the dust in a line. Similarly every line of ether rearranges the Chakras and the Kundalini of the constitution and it finally rearranges the physical constitution also.

Equator Equal

The magnetic lines of force that are planetarily at work with this earth are caused by the musical vibrations of Neptune, that are transmited to earth via moon. This moon principle produces the magentic lines of the earth in a perfect design or pattern. The diurnal path of the sun along the equatorial belt causes an inductional coil, which affects the magnetic field of the earth. One of the results of this rotation is the manifestation of the electro-magnetic phenomenon which is the vital plane of our earth. This is technically the '*Plenty of Prana*' in the language of Master C. V. V.

This galvanizes the constitutions of the various beings on the earth into life. Each ray of projection into individual life has the planetary intelligence and solar intelligence which supplement each other. This supplementation sets up the chain actions of the evolution of the matter of this earth into the bodies, senses, minds and souls of the various Monads (Jeevas). Each Jeeva has its own earth principle in the physical body, moon or mind principle in the asiral and mental bodies, and the sun principle in the Buddhic body. The various apparent angles between the Sun and the Moon relative to the earth will condition the tides of the earth as well as the moods of the individuals.

These moods produce distorted magnetic fields around each constitution of man. When the mind is suspended and experience on the higher Buddhic Plane is at work, the distorted individual magnetic patterns recede into his normal healthy patterns which are archetypal. Gradually they fit into the earth's magnetic field in a most artistic manner and work one with it. Just as the inequality of the duration of day and night at the solstices is gradually squared up as the earth traces the path of annual ring until the equinoxial day is reached, so also the inequalities of individual magnetic field recede unlil an exact correspondence and fitness is found with the field of this earth. Just as on the equinoxial day the Sun exactly traces the path of the equator, the inner consciousness of the disciple traces the experience of the higher Buddhic level until the consciousness merges with experience. Just as the duration of day and night on the equinoxial day is exactly equal at the equator, so also the individual duration (time consciousness) merges with the experience (which has no duration). This stage of poise is called *Ananda* (the plane of Bliss) by the ancient seers. It is termed EQUATOR EQUAL by Master C.V.V.

For a person who has reached this level, his constitution bears a full correspondence with that of the earth. The brow centre is located in the North Pole, the base centre is located in the South Pole. The head centre is located in the Pole Star. The null point between the

magnetic lines of navel centre and heart centre is located on the equator. This null point is also a null point between the emotions and love of a man. Emotions with their lines of force of like and dislike belong to the Solar Plexus. Love belongs to the heart centre. This is of two types.

- (A) Love for a form, colour, sound etc., which is the love applied to an object. This is controlled by the disciple on his path of the ascending KUNDALINI crossing his heart centre.
- (B) Pure love is beyond any object. It exists in the form of love as experience. This love is experienced by the disciple in his path of compassionate descent from the upper Chakras. This descent means sacrifice in the path of the Yoga of Master. The emotions of the solar plexus are gradually neutralised by the love of the heart, when **EQUATOR EQUAL** is achieved as an experience of absolute poise or Yoga state. "Yoga is (a multi-dimentional) equi-poise" says Lord Krishna in Bhagavadgita.

Pituitary Hint

Within the spinal chord there are certain functional centres called Chakras. The lower Chakras conduct the grosser functions of metabolism, emotions, reflexes and instincts, while the higher Chakras form the subtler functions of understanding, intelligence, recollection, will and love. Love is the equalising force and a medium of communion between lower and higher centres, and hence it functions through the middle most centre, the heart.

When once the equi-poise is established, every centre or Chakra functions through the medium of love. At this stage, the lower and higher Chakras, loose their marked differentiation of the lower and higher nature. The heart centre works as the fulcrum and the two sides of the Spinal Chord work as two arms of a good balance. Each point on the one arm bears an exact correspondence with and represents a point on the other arm. Similarly each of the lower Chakras reciprocate with each of the three higher ones. The base centre responds to the head centre. The spleen centre responds to the throat centre and the solar plexus responds with the brow centre. Hence when the Solar plexus is brought to equi-poise by the heart centre, there will be corresponding stimulation in a point on the brow centre. This point is the pituitary body which unfolds

the radio-active intelligence in man (intuition) by virtue of the planetary principle of Uranus. This stimulation is called PITUITARY HINT by Master.

The type of intelligence that manifests from this hint is Cosmic by nature and belongs to the sign Aquarius by nature and hence it renders the new approach of Yoga of Master possible on this earth. This intelligence needs no mind. But it projects its own mind which is the above said luminous tissue. This tissue is termed. 'Antahkarana' by the Tibetan Master. It is glorified as the light of Gods which leads to *Gayatri* experience. The Pineal gland bears the Neptune principle in man. The **PITUITARY HINT** links up the Pineal and Pituitary bodies with the luminous tissue. The two glands exist as the two carbon rods is an arc lamp. The luminous tissue links them as the arc. Neptune and Uranus together produce this light of higher mind which has got nothing to do wiih time-space environment. This mind is beyond matter though it illuminates the whirls of matter. A glance through the eyes or a word from the throat with this mind is enough to stimulate the creation of the higher man out of a lower man. To this mind, Samadhi exists within and without the practitioner. The demarcation line between the subjective and objective world disappears.

Hidden Circumference

The sky is blue relative to an observer. The ring of horizon also exists only to an observer. The observer mind forms a circle with the spark of consciousness in the individual as geometrical centre of the circle. Since no two centres exist to a circle, every one has his own horizon. This horizon forms the background of objectivity to the observer. When the mind is made to merge in the Buddhic Plane of experience, the spark of consciousness becomes one with the plane of experience. The centre diffuses into a circle. Hence the circle of experience has its centre dissolved, hence it is a circle with its 'centre everywhere and circumference nowhere'.

This is what we call light, or visibility without a form or outline. Vision beyond form is the meaning of the term 'experience'. When there is no centre there is the automatic disapperance of the circumference. As long as the mind is made to merge in experience, the circle has only **HIDDEN CIRCUMFERENCE**. The circumference is limitation of the self. In the experience plane, the circumference is not destroyed but hidden. This is because the circle also exists as a latent principle along with all the other fragmentary designs of truth. Even in Pralaya, all the details of the world exists as a

potentiality. In a seed all the career of the tree is hidden potentially in simultaniety of existence. Such is the experience stage of the Buddhic Plane in a Yogi.

Side Ways

Side is the sence of direction which belongs to mental level. It is replaced by the expansion of consciousness into all the sides. In the experience plane, the experience finds its presence in others as an experience of 'I am'. Thus the mental being after losing the sense of objectivity expands into the objective world as active subjectivity. Now the Yogi sees him-self in others. The cognizance of another thing is dropped off and gets dissolved in the light of 'I am'.

This is technically called 'the horizontal' by Master C. V. V. and the spirit level by the Ritualists. Pervasion of the Yogi in the Spirit level is nothing but becoming one with the omni-present principle while keeping its own identity in experience. This phase of keeping Samadhi state in the objective world is called **SIDE WAYS** by the Master. Such a Samadhi is called 'Ananya' (a state of no other thing) by Lord Krishna and Ekanta (the lonliness in omni-presence) by Veda Vyasa. 'I am being experienced as Viswaroopa by Ananya approach' says Lord Krishna in Bhagavadgita.

Miller Form Centre

In the mental state when the circle exists the Chakras will be operating and discharging the planetary functions in the individual. The centre of a circle produce radii multiplied to any number. These are the rays of intelligence, which are translated in terms of objectivity. The centre cannot produce anything but a circumference (a limitation) and a set of radii (rays of conditioned thought).

When the horizontal is expanded side ways, the centre of experience diffuses its force from the dissolved point of application equally on the horizontal plane. When the screw of a miller is turned the pointer moves upwards and downwards but the horizontal beam under the screw does not move up and down. Instead the Screw of mind, piercing through the horizontal beam, moves upwards and downwards. Any point of contact upon the beam produces an uniform application of force on horizontal beam.

Any sankalpa on the experience plane produces a uniform experience or elevation in all the colleagues of his path of Yoga. Elevating the other souls through his levels of realisation is the threshold of masterhood in Yoga. This principle is called **MILLER FORM CENTRE.**

From Sahasrara to Mooladhara the Screw of the miller works, and the result is awakening of group Kundalini in all his disciples.

Vertical Levels

The above said screw of the miller along the vertebral column produces **VERTICALLEVELS** of consciousness in others by his presence. Vertical is the term used for the awakening of the individual Kundalini. The Master produces a child of his own presence in each of the disciples only to awaken the individual Kundalini in the permeated light of 'I am'.

At this stage, the GURU works horizontally and the disciples begin to experience vertically. This means the Master works through the disciples while the disciples think that they are working and developing.

Meet Centres

The next stage is that the mental centres of the disciples, are made to coincide with the hidden centre of experience in the Master. When a point is traced upon another point, there is only one point existing. Thus any number of points coinciding with the original point form only one point.

The point is mathematically a Zero in the language of Pythagoras. Any number multiplied by Zero is Zero. Any point of mental consciousness of any disciple touched by the grace of experience of the Master results in experience. It is the one experience 'I am' which accepts no second presence (always singular in number).

Any number is only a repetition of number one. This consciousness is poetically called a 'jealous God' of Hebrews in the Old Teastment. 'I the Lord God, I am a Jealous God', says the Lord to Moses. In this sentence, the 'I' is the representation of the first manifestation of God as consciousness.

The Kabalists represented it as number one. Solomon and other ritualists described it as the 'Main Pillar of the Temple'. The Book of EXODUS describes it as the column of fire that walks before the race of mankind after being released from the bondage of Egypt.

When **CENTRES MEET**, there is only the Master working in all the disciples, whether the disciples are individuals, planets or solar systems.

A Scientific Miracle

(A Message given by Master E.K., on 4-8-1975.)

Master C. V. V. is a Scientific Miracle. He marks the Dawn of the Aquarian approach to Yoga Perfection. The Aquarian Age is at the same time scientific and religious. Emotion is tranquilised by intellect and intellect is fertilised by emotion. A blend of both is to be tasted by the help of the Golden spoon which we call the human tongue.

Utterance is the elixir which we call Life. Breath is the one force which gathers and distributes alternately. The consciousness which governs breath is simultaneously analytical and synthetic. While producing the exhalation it is analytical and while producing the inhalation it is synthetic. The mental plane consciousness is only expressive and not impressive. Hence it is only analytical and never synthetic. This consciousness, when linked up with the consciousness governing the utterance, leads one to the synthetic faculty which we call Yoga.

Master C. V. V. has given to the world the sounds C. V. V. as the Invocation which leads the mental consciousness to that of the utterance. Invoke these sounds, submit yourself to the Master and you are already Himself, the synthetic consciousness which we call THE MASTER.

May the Master induce your minds into the utterance and lead you all to the synthetic Master Centre through his Aquarian mode of training. Utter the Invocation "NAMASKAM MASTER C. V. V." and you are already **HIMSELF.** May **He** bless you all into his own presence.

The May Call Day

(A Message given by Master E.K., on 22-5-1976.)

The followers of the Spiritual Brotherhood are working for the human perfection of this earth planet under the direct guidance of Master C. V. V. He is the great light who has come down to this planet to reestablish Yoga consciousness. He took his physical birth on 4th August 1868 and gave out the grand initiation of his light to his followers on 29th May 1910.

Since then his followers remember the pious occasion as the day of 'May Call'. The various followers of the brotherhood gather in group meditation in various places, at 6 A.M. and 6 P.M. that day. They sit down in groups before the picture of the Master and invoke his presence by uttering the mantram: "Namaskarams Master C.V.V." They sit at perfect ease and with closed eyes. The presence of the Master begins to work in them in the form of a conscious change of spirit-replenishing ethers. The vehicles will be rectified and awakened into pure Yogic consciousness beyond all levels. A true disciple of the Master learns to live in the Master consciousness through day and night. His gross and subtle vehicles undergo healing unto perfection and his Karma will be neutralized into the big zero of Cosmic consciousness.

His kundalini will be linked up with that of the planet earth and that of the solar system. He feels one with the Cosmic Kundalini and can know all, tastes life beyond birth and death and lives in the light of the Master. His work will be only the work of others, since he lives in the service of the Master in the shape of others. Service to mankind with universal love is the goal.

The Work of Master C. V. V.

(A Message by Master E.K., from "My Light" issue of 22-1-1977.)

Master C. V. V. is the founder of the Raja-Yoga path in a form which is most suitable and practiceable in the modern age.

His objectives are:

- 1. To establish a spiritual link between the various groups of humanity.
- 2. To use sound vibrations to purify the etheric and the mental vehicles of man. This is done by the invocation of the Mantram "NAMASK ARAMS MASTER C.V.V."
- 3. To heal the ailments of people through this Mantram when they submit their mind and sit in meditation for 10 minutes of any convenient time daily. It is preferable to sit in meditation either at 6-00 A.M. or 6-00 P.M. local time.
- 4. To prepare healthy etheric bodies and to perfect them. This is to use them as mediums of the subtler planes. These mediums receive valuable scientific information about these vehicles and about the workings of the planetary and the solar intelligences. This information is being received by many of the followers of the path in the form of regular diaries. This information

is useful to fill the missing links of the present day science and also to work out the consciousness of man for Universal Brotherhood.

5. To awaken the Kundalini (purified power in man) of the individuals through this Mantram and make a coordination and tuning with the Kundalini of others. The awakening of the individual Kundalini is called '*The Vertical Level*' and the co-ordination with the Kundalini of others is called '*The Horizontal Level*'.

The next step is to tune the co-ordinated Kundalini of the Brotherhood with the earth Kundalini which is working through the axis of this earth producing magnetic currents in various directions. These currents enable the earth to rotate on its own axis and to go around the Sun annually. The splendours of the seasons and the clusters of the various races of humanity are being produced by the harmonious working of these magnetic currents along the axis of the earth. The next step is to link up this worked-out Kundalini of the individuals with the Solar Kundalini and the Cosmic Kundalini. This step completes the work of man on earth towards his spiritual duty as a member of the brotherhood. There are certain courses prescribed for those who wish to pursue the practice.

The various members of the Brotherhood need not live at one place. They may be following their daily routine in the normal manner and lead a pious life with virtues being 'silently' practised. They may submit the mind to

the plan and work of Master C. V. V., by daily meditating upon his photo and the Mantram "Namaskarams Master C. V. V."

The Master has taken the responsibility of working the whole plan through them anywhere and at any time irrespective of caste, creed, race and nationality. Various methods of religion can be followed according to the individual custom and tradition. No unmarried life or austerities of a torturing nature are recommended.

Regulated diet according to simple rules of hygiene is required. Specific timings for eating, drinking, working and sleeping are to be followed by the disciple himmself. Tranquility of mind without tranquilisers and balance of emotions without narcotics and alcohol are some of the wonderful virtues that are very easily achieved within a very short time by following the meditation of Master C. V. V.

The New Era

(A Message by Master E.K., from "My Light" issue of 22-7-1977.)

Evolution is a gradual expansion of Consciousness. This expansion takes place from atom to man. As we look around we find men in different stages of evolution. The differences between saint and sinner, between genius and idiot, are only reconcilable with the conception of the law of evolution. This evolution is the heritage of all men. At the zenith of this evolutionary ladder stand some persons whom we call gurus or Masters. They stand as the torchbearers to the humanity only to shed light on the path to assist its evolution.

The birth of Master C. V. V. marked the beginning of a new era of Hierarchical activities. Contact on the personal level increases on a large scale and the activity of personal transaction establishes the soul link. It results in establishing communion of pure human values on international level.

The Period of Expansion

(A Message by Master E.K., from "My Light" issue of 22-5-1980.)

This year is significant in many ways for those who know the cycles of planetary influence on the earth globe. The whole Solar system is One Being. Earth is a part of that Great Being. The Karma of the Lord of Earth, which is the L.C.M. of the behaviour on this Great Being has its various phases of the spectrum of colours. It strikes its note for a particular length of time in a particular manner. 1980 is one such year, as the influence of planet Mars ends and that of Jupiter starts. It inaugurates a period of expansion in the inner consciousness of the beings of this Earth and an influx of Love and Wisdom from the great Himalayan White Lodge.

A very significant cycle started in 1910 when Halley's Comet touched this Earth. One Master who specialised in giving out the gospel of the Aquarian Age started his programme in the same year. He is a disciple of Agastya, (who is popularly known by the theosophists as Master Jupiter or as the Master of Nilagiries.)

This Disciple of Master Agastya perfecting and using the Ray of Uranus prepared many mediums. He started to give out this New Yoga in due and ancient form on 29th May 1910.

It is known to the followers of this Master that a very advanced Siddha is perfecting and working out the Yoga given by him. This Siddha along with his 7 disciples is active in imparting Yoga in India as well as in Europe and America.

This 29th May has been termed by the Master as The MAY CALL DAY. That is, He 'may call' on this day into his fold of blissful experience anyone who is dedicated himself to the service of humanity at large. This Master is known as Master C. V. V. These three sounds convey a mantra which invokes the individual Kundalini to merge into the Kundalini of the Earth.

May these three sounds neutralize the Karma and take our readers to the path of Moksha. (Liberation).

The Avatar

(A Message by Master E.K., from "My Light" issue of 22-7-1980.)

Men produce children and they do it unconsciously. This is because nature wants multiplication of species. It makes every being multiply its own species and it does it by using the instinct.

Man produces children but nations produce their own children. While individuals produce individuals who save themselves, nations produce souls, who save the nations. It is all through the instinct of preservation and a pious act of preserving others. Those that are produced by individuals can save only themselves, wives, children and 'their own people'.

The souls produced by nations save nations and save mankind. They live and they do not live to eat and save their skins. They live to show 'The Way!'. They live according to 'The Law.' They take their birth according to 'The Law', they live according to it and they leave according to it. They show us the way how to be born, how to live and how to leave. They are those who come out while others strive to go up in evolution. Those who come down are called 'Avatars.'

Those who have eyes to see and ears to hear can know the 'Avatars'. Such people know the Avatars while

they are on this earth. Others live with the Avatars, serve the Avatars, but they do not know the Avatars many a time. They know the Avatar only a little later.

Master C. V. V. is one among those Avatars. He came down to earth to re-establish the Law. He lived the Law and he made some souls the units who transmit the Law and show the way. He has choosen his mediums and he knows how to live through them on this earth after he left his physical body. Now he lives through his own chosen few and those are his mediums. The Law he has re-established on this earth is The Law, the Synthesis, which people call Yoga.

He was born on 4th Aug. 1868. He transmitted his path of Yoga on 29th May 1910. Now his pupils live in him through meditation and submission. They enjoy his presence by living in him and making him live through their own life because they live to serve. They heal, they impart Yoga and they enjoy life instead of living away life.

May the followers of the Master multiply in number and live in terms of service and love towards their fellow beings so that the Master prefers to live through them and through time. May the Master guide them, provide for them and save them by showing the way.

Mission of Master C.V. V.

MASTER C. V. V. synthesized all the methods of Yoga and especially His Yoga is having some peculiar features which are not there in anyone of the modern methods. Once we reach the purpose of the utilisation of the rays of the Planet Uranus. By the time He started his initiation, not much research was done on the Planet Uranus on the modern scientific lines. It was in 1910, that he received directly the ray of Uranus with all its secrets.

First secret that he has given out, is that the ray of Uranus synthesizes or analyses the atoms of all Planes from the buddhic, mental, etheric planes down to the astral and physical matter. So an invocation of the ray of Uranus will be a direct invocation of the Conscious Space which we call the thread in the vertebral column, *Brahma Randhra*. An invocation of the rays of the planet Uranus will be the direct invocation of the consciousness that exists in space within the small thread of the vertebral column which the Yogis call Brahma Randhra.

It is the passage along with Kundalini becomes awakened. It is a vertical line of consciousness from the Mooladhara or coccyx centre of vertebra to Agna Chakra or the brow centre. This vertical line of force is made up of a fine fabric and millions and millions of fabrics of fine substances exist in this vertical column. These finest fabrics are arranged in coils, very much coiled coils, like the spirals of a spring which is capable of jumping and expanding up. They are all arranged in phases.

Each, when invoked, will unwind itself into an unimaginable expanse of consciousness. So this vertical column of fabrics is called Brahma Randhra. The fabric which was kept potential and coiled, was called Kundalini by the Yogi. The word 'Kundalini' means a coiled c oil, which is awakening and unwinding. This unwinding was attempted in many ways.

Master C. V. V. discovered an unwinding process of this coiled coil through the action of the ray of Uranus. The ray of Uranus is directly working on earth but without functioning as the sound principle in the space around our earth. When the sound principle is disturbed either by the vocal cords or by anything struck against one another, it will produce disturbance in the sound principle. This disturbance gives out many vibrations of sound which we call sound.

What we call sound is a sound disturbance, but true sound exists in space as silence. Similarly the sound vibrations we produce are not able to produce any effect upon your consciousness or your approach to God Consciousness. This is because of the ill-arrangement of the produced vibrations which cause neutralisation of the effects mutually.

Sound is of two types: one is noise and the other is voice. Noise with Consciousness is called voice. Sound with rhythmical consciousness is called music. Music exists in consciousness and not in the sound. The Master has analysed these things and formed a channel to invoke the human consciousness by the influence of the Planet Uranus. This influence re-arranges the sound vibrations of a disciple and gradually awakens the coiled coil (Kundalini) into proper action which induces its unwinding. Since Kundalini is a coiled coil of consciousness, this induction causes unfoldment of consciousness. This unfoldment will not be into the mystic or mystifying levels but into the required path of the cosmic order and arrangement of things. This mastery over the unfoldment is due to the influence of the rays of Uranus.

Thus Master C. V. V. has worked out the channels between the human being and the rays of Uranus through the subtler planes of sound vibration. By this process, he has established a method to heal the etheric bodies of the human constitution of any defects. Through this path, he made the human constitution perfect by mere invocation through sound vibration.

After healing the etheric body to perfection, it begins to produce the physical tissues also in a healthy manner. The Master has established a method of healing in the person who practised his Yoga and those who are around Him and also those who are in mental co-operation with him. The Master has made his own etheric body perfect and arranged a span of many thousands of years to his etheric body. He keeps himself on the etheric plane of this earth without getting itself disintegrated, as it is the case with ordinary individuals after death. By achieveing this step, he has wilfully denied his further progression in evolution because he wanted to help a group of beings evolving on this earth. He has fixed the same type of extraordinary longevity to the etheric bodies of those who really follow him.

Whenever they drop off their physical bodies and receive new ones, they remember the continuity of their purpose and the identity of the thread of their consciousness through re-births. This he has done that they may carry out the same plan. He has so arranged that everyone who offers himself up to the Master, with all his channels of etheric forces from the Master on the higher level should receive the cosmic forces and the Master Consciousness to transmit to others.

When once the channel is established, the disciple receives the etheric forces required for the vital activity. He forms the reservoir. The flood of etheric reservoirs in space is the cause of the life of the beings on this earth. Hence the Master calls the contents of the space around anyone by the name "Plenty of Prana". The Master said,

that there will be oneness of the etheric body in all the bodies of the true disciples. This oneness is established by the presence of these disciples who stand in direct contact with the presence of the etheric body of the Master.

For this process of induction, he has given his Photo and the three sounds C.V. V., to offer oneself up and to invoke through sound vibration the Uranus consciousness that is working through the etheric body of the Master. Mental and physical diseases are rectified in succession through the meditation of the Master with a spirit of offering.

A promise the Master has made to the true followers is, that one should never ask anyone for anything in life and you should go on working for others. His environment will be magnetised by the presence of the Master and whatever he requires will be readily supplied. This includes money, goods, bread and housing but he has warned that whatever is required will be supplied, while whatever is desired will never be supplied.

The moment, one desires anything, the current of the etheric flow will be stopped since desire works as nonconductor of his current. This is one of the features of his Yoga. The ultimate goal of his path of Yoga is the liberation of the human consciousness without any disturbance or any loss of the vehicles in the human constitution. The physical body will be intact and works better through this Yoga.

Instead of escaping into another greater state, man is awakened into another state. Simultaneous existence of man in all planes of consciousness from the (physical to the highest is experienced by man. Enjoyment of food, drink and family life (marital life inclusive) is permitted within the desirability and regulation therefor. The ethics governed by the higher Laws of Nature are to be cared for while enjoying. Nothing is restricted in this path except violating the Law of Nature and the moral required therefor.

This in short is the path of Master C. V. V. He has also promised that the past Karma of his true followers will be neutralised. No purge of Karma is necessitated and no postponement of Karma is made possible. The method of purging, causes great suffering as the results of past Karma. The method of postponement accumulates bad karma until a point of explosion. Neutralisation is a process of magnetisation and as no part of the iron-rod should be purged or cut off, when it is magnetised; so no part of the human constitution or belief should be cut off or disfigured. Everything will be re-arranged in the required order.

The last and final promise of Master C.V.V. is:

"Whoever offers himself up to me and bows down his Soul to me, he is myself and I am himself immediately."

"HE IS IN ME, I AM IN HIM."

- Master E. K.

The Promise

Master C. V. V. is one of the Masters of Wisdom who works for the initiation of the individual souls into the Yogic consciousness of this Earth Globe. He imparts training to these souls to work for the plan of the Planetary and the Solar systems to find its place on the background of the Cosmic Consciousness. He used his disciples as the many physical vehicles to conduct his work and he calls them his direct Mediums. He trains them in the Laws of Healing and Co-existence. He also imparts training in the knowledge and participation of life in other planes than the physical.

He was born on 4th August 1868 and started his group work when the light of Halley's Comet entered into him in 1910. Since then, people got influenced by his multi-dimentional consciousness through his presence, look and touch. He gave his grand initiation to his first group of workers on 29th May 1910 and took them as his Mediums. He named his Yogic Path 'Bhrikta Rahita Taraka Raja Yoga'.

He left his physical sheath on 12th May 1922 and established his Etheric Vehicle on this earth, making it immortal. He established communication between himself

and his disciples through invocation of the three sounds C. V. V.

We can sum up his theories like this:

- 1. Individual consciousness is a seed of the whole universe. The seed can be germinated to grow to perfection beyond death even while we live in the physical body.
- 2. For the one who has reached perfection, the bondage of Karma will be neutralised. For this, two things are required: self surrender and service to the suffering souls.
- 3. Family life is no ban to Yoga practice and perfection.
- 4. When the sound is used as a vehicle between the individual and the universal consciousness it is called Mantra and it leads one to find his place in the cosmic consciousness.
- 5. Nirvana or liberation means the total removal of limitation to the individual consciousness.

"One who offers himself to Me becomes My-self. He is not subject to pain, fear, ill health or any loss." This is the promise of the Master.

The Presence

(A Message by Master E.K., from "My Light" issue of 22-7-1983.)

On 29th May 1910 Master C. V. V. has opened the gates of initiation to the human consciousness to make it divine. The change is through the initiation of human souls through group contact. Master C.V.V. established that contac by giving THE WORD from mouth to ear.

The word is the Word of Love and sharing. The same word is radiated through ages in the form of the "I AM" in you and me. In the initiated, it becomes one with "I AM" of the Master, whose light "I AM" serves as the brotherhood of man.

In the light of the fatherhood of the Master, who is the Christ, the group "I AM" of all of us in him is the Son of "My Father in Heaven" to our earth. He shines through the Sun of the Heavens, who is the Father-Soul on this earth.

Let us live with. Him in at-one-ment. Every year on the same day 29th May, He renews the contact of initiation. We call it "The day of May Call". He calls us into His presence. Let us call Him into our presence, and live in His presence. May the Lord Maitreya work through us to reinforce the fusion of East and West.

The Healing Prayer

"Master please let us receive the influx of Thy Plenty of prana into our system, so that we may resist disease, decay and death, realize the Highest Truth, the Pure Love and the Bliss of Existence and serve humanity according to Thy Plan."

Master C. V. V. Namaskarams.

PRACTICE:

- 1. Every day in the night offer this prayer before getting into sleep, maintaining purity of the body and purity of the environs.
- 2. Lighting incense and keeping a low power candle is recommended during the sleeping hours.
- 3. Mentally note the sick and the suffering whom you come across during the day and propose healing to them in the night after reciting the above prayer.
- 4. As far as possible look forward to attend the sick and the suffering. Never avoid your attendance upon them whenever time permits.

MASTER E.K. WRITINGS IN ENGLISH

- SPIRITUAL ASTROLOGY
- 2. SPIRITUAL PSYCHOLOGY
- 3. THE MANDRA SCRIPTURE
- 4. MASTER C.V.V.
- 5. THE YOGA OF PATANJALI
- 6. BOOK OF RITUALS
- YOUR BRITHDAY GIFT
- 8. OUR HERITAGE
- 9. VISHNU SAHASRANAMA
- 10. MYSTIC MANTRAMS AND MASTER C.V.V.
- 11. LESSONS ON VEDIC HYMNS
- 12. SCIENCE OF MAN
- 13. WISDOM OF THE HEAVENS
- 14. MUSIC OF THE SOUL
- 15. MAN SACRIFICE
- 16. SCIENCE OF HOMOEOPATHY

- 17. SCIENCE OF HEALING
- 18. MESSAGES
- 19. LESSONS ON PURUSHA SOOKTAM
- 20. OVERSEAS MESSAGES I
- 21. OVERSEAS MESSAGES II
- 22. MESSAGES TO ASPIRANTS

