

Silence is the Source of the Soul!
God is Silence, only silence.
The rest is Sound!
Silence has no barriers - sound has.

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Master K. Parvathi Kumar · on Silence

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Dhanishta

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A Word

Man needs Silence. He needs to experience Silence. In Silence man finds himself. He encounters himself. It is the self meeting The Self! He lives enough in sound. At other times he sleeps. But between sound and sleep, he has a world - a world of beauty, of divinity, of Silence.

This book calls forth man into the world of Silence!

K. Parvathi Kumar

Silence is friendly.

Silence is the friend.

Find 'the friend' in Silence!

Silence is golden,
Stillness (Be-ness) is diamond.
From gold to diamond,
from etheric to causal is the path.

Presence approaches
from all directions,
from inside and outside,
when mental Silence prevails.

The silent Presence
can be experienced
only in Silence.

Silence leads to Presence.

Presence absorbs you into Itself.

Initiations happen in Silence.
All revelations are in Silence.
All unfoldments are in Silence.

Transformations are silent.

The unfolding of the flower,

the sprouting of the sapling,

the birth of butterfly - all happen in Silence.

The sky is silent.

The earth is silent.

In between is the drama of sound and light.

The fulfilled ones are silent -

The unfulfilled sound much.

Empty vessels make more noise!

The heart is more silent
than the mind.
The trumpet of the heart
is sound too!

The 'Silent One'
is behind the trumpet of the heart.
The heart has OM.
The trumpet is SOHAM.

Silence heals and restores normalcy.
But drastically imposed Silence
can lead to sickness.

Silence may not be imposed
on the emotional beings!
It may cause liver troubles,
gastric difficulties and even cancer!

All healing work is silent work.
Speech makes the work shallow.

In silence:

Love can be transmitted to cause healing!

Light can be transmitted to impress thoughts.

Power can be transmitted to uplift the weak.

The Divine may approach you

to encounter yourself or your phantom!

The Teacher answers the student
in Silence.

Teaching through Silence
is the highest form
of teaching.

Meet the questions of others
with Silence.

Silence is the best weapon
to answer the critics.

Silence can sometimes be understood
as acceptance.

Silence is half-acceptance,
says the human law.

The world exists in noise.
The subtle world exists in Silence.
Sound links the two.

Today people buy other' Silence.

If not, the latter are silenced forever.

This is Kali's usage of Silence!

Observe two minutes Silence.
Conduct three deep respirations!
You get harmonized.

Silence is helpful if one observes it
before embarking upon a task.

In Silence, in utter Silence, you are
disclosed to yourself.

You stand naked to yourself.

Silence reveals to you that which
you conceal to the world.

It requires courage to face Silence
since it puts you face to face -
yourself to yourself!

A real good wise man silences you.

He calms you down.

He does not inject new vocabulary.

He lends his Silence and

lets you to Be.

The wise man leads you
to your centre of Silence.
He does not lead you
to himself.

The wise man shows in you your centre of Silence,
gives the technique to reach that centre.

There you meet yourself.

There he too can meet you!

All this is done in Silence, not by speech.

He is your friend in your moments of Silence!

Death of thoughts leads
to birth of Silence.

The buds of thoughts,
when exposed to the light of the sky,
unfold the flower of Silence
and fills you with tranquillity.

Silence is death:

to thoughts,

to respiration,

to pulsation.

Three times you die in Silence

to reach Stillness; Be-ness!!

Activity at any level
(physical, emotional,
mental, buddhic and pranic)
is sound!
Silence is the basis!

Silence has no barriers - sound has...

Silence permeates.

Sound manifests.

Silence is Be-ness.

Sound is awareness.

The former is immutable,

the latter is mutable.

Silence is the source of the soul!

God is Silence, only Silence.

The rest is sound!

Silence has no attributes. Sound has,
Time has, Awareness has, Nature has,
Force has, Matter has.

Silence is Silence.

It is not definable!

It is not comparable!!

Silence absorbs the silent one
into itself.

When Silence absorbs your ego (personality)
boundless energy releases itself.

Ego is the bottleneck that limits the
energy and wastes the limited energy.

Silence leads you to

Naught, Nil, None level.

It is the state of 'egolessness'.

It is disappearance of self into the Self!

Silence Is.

It is waiting for you.

It is not only outside you.

It is inside you too!

It is your core - core of your very being.

To the infants (in consciousness)

Silence is frightening.

To be alone is frightening!

A moment of Silence is indeed
very long!

Silence enables vertical reception
(from higher circles)
of thoughts, colours, sounds and symbols.
They are messengers of God!

A quinquennial Silence
transforms man,
whose symbol is number 5.

God speaks to man in Silence!

Silence restores harmony.

Harmony opens doors for symphony -

Nature's symphony.

Man muses in symphony!

True musicians attune to the musical
symphony of Nature through Silence and
reproduce the music.
Such music remains -
not obliterated by Nature and Time.

True Teachers
listen to the Wisdom of God
through Silence
and teach.

Impressional teachings
and writings are familiar
to the silent ones!

Silence bridges the personality
and the soul.

Silence further bridges the soul
and the super soul.

Silence is the bridge between
the 7 planes of existence.
Existence is Silence.

Silence is the invisible bridge
between different planes of existence.
Only the silent ones
can walk over such bridges!

Jesus, Padma Pada walking
over the lakes has
the ability to 'Be' in Silence.

This ability
causes visibility of unseen bridges.

Presence of Silence

brings message to the wise
and sleep to the mortals.

Silence is antidote for the
thoughts that possess you.
Silence is of thought fasting.

Creativity comes through Silence,
not through thinking.

All creative forces manifest
through Silence.

In Silence the structure of atoms within
you can be attended.

The basic substance is the same in all that is.

Change of structure brings the difference.

In Silence it is done. Iron becomes, then, gold.

One cannot understand Silence
unless he practices Silence.

Silence is not just emptiness.
It has its own messages!

Listening needs Silence -

Silence leads to listening far.

Complete listening is listening to Silence -

the voice of Silence.

Concentration is the effect of Silence.

The silent one is focused, attentive
and alert.

Yogis prefer the word 'Silence'
to concentration.

Silence enables unearthing the past -
the past impressions.

Silence enables Yogis to recollect
their past lives!

In silence Yogis can move forward
and even backward.

It is a great flexibility
to move in time!

In Silence you meet the insider.
In Silence you can meet insider's insider!
You are one in three and three in one.

Subtle manifestations
are silent manifestations.

They are invisible
to start with.

All Divine manifestations are silent
and subtle, not perceptible
to the naked eye,
ear and other senses!

When conceptions are absorbed
into perceptions
and perceptions are absorbed
into their basis,
Silence prevails.

Schools need to include in their timetables
hours of 'Silence and observation'!

Silence causes
alternation to breath,
of pulsations,
and restores Be-ness.

Life is so full of noise and thunder
that man misses Silence.
In Silence one can sense
the flight of a butterfly!

All thunderous manifestations are ultimately absorbed into Silence.

The wise stay in Silence and let
others speak.

The future lies in the super mundane -
the super mundane is subtle and silent.
Advanced is the man who learns
to stay in Silence.

It is wisdom to know when one needs
speech, thought and Silence.

Who can define the boundary of Silence?

The beauty of Silence?

'Stay silent and still' is the command
to the soldier who awaits the enemy
and to the disciple as well
who awaits subtle message
or the subtle Presence.

Thunder to storm, storm to Silence,
Silence to Stillness,
Stillness to communion,
communion to manifestation!
White Magic!!

Silence is the midway point
between objectivity and subjectivity.

Silence is not merely vocal Silence,
but emotional and mental Silence also.

From Silence one can enter into
Anahata (unuttered) sound.

From Silence one can enter into
Ahata (uttered) sound.

The former leads to OM.

The latter leads to the world.

Anahata sound is also called Nada.

It is happening in the being.

Ahata sound (Sabda) on the other hand
is the doing.

From doing to being and from being to Be-ness,
the path exists as sound - Silence
- unuttered sound.

From Sabda to Nissabda,
from Nissabda to Nada,
from Nada to Self, is the path.

[Sabda is uttered sound.

Nissabda is Silence, state of no sound. Nada is
Anahata Sound - called the voice of Silence].

When one learns to be silent
he stands the chance to listen to OM,
which is an eternal happening within.

Before one listens
to the single- syllabled sound OM,
he listens to it, enveloped by the
double sound SOHAM.
SOHAM is the envelope.
OM is the indwelling one - the soul.
Listening to OM is to experience the soul!

Soul can be listened too!
The voice of the soul is Nada.
Listening to it is listening to
the Master in oneself.

The Master speaks to his disciple through the means of Nada - the voice of soul (of Silence).

The disciple needs to prepare himself to listen to Silence - listening to the voice of Silence.

The Master is Jupiter
and the disciple is Mercury.

Listening to the Master
the disciple speaks.

Listening is Jupiter. Speaking is Mercury!

To reach up to Mercury the disciple ascends
Saturn, Mars, Moon -
(physical, emotional, mental planes).

The Master brings Jupiterian message from
Uranus, Sun, Venus -
(universal consciousness,
individual consciousness
and super mundane consciousness!)

To the disciple, three are the lower strings
and three are the higher strings
of musical notes.
He is at the middle.

The disciple receives from above and transmits to the world of objectivity. This middle state is the state of Yoga - the state of Silence.

Remaining in Silence the disciple receives the voice of the soul, the Master, and speaks the Silence to his associates and followers. Thus he speaks Silence without distortion. This is symbolically called 'speaking the Silence without breaking it'.

Practice therefore vocal, emotional, mental
Silence daily, weekly, monthly and annually.
Find sufficient time for it. 72 minutes at a time
is considered most beneficial!

Full moon, new moon, 8th phase of moon
(ascending and descending),
equinoxes, solstices, and the times when sun
changes the zodiacal signs are very propitious.

SILENCE PLEASES!

SILENCE PLEASE!!

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title, Doctor of Letters Honoris Causa, D.Lit., for all his achievements as a teacher around the world.

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