

“A new principle is being introduced by Saturn’s boring the Earth and making all the planets adopt that principle – without decay and figure change. From Saturn to Venus a connection is going to be given this night. This connection will pass through Earth’s pituitary centre. By this ‘other half principle’ will act not to shrink Earth. Tomorrow noon Saturn will bore the Earth, absorbing all other planets’ work.”

Kumbhakonam, 3-12-1918

Master CVV

Basing on the above revelation Master CVV gave on 8-12-1918 a Saturn regulation course which helps the truth seekers to go through a quicker self-transformation. This book gives revised regulations and commentary relating to Saturn for the benefit of the truth seeker who wishes to comprehend the regulations.



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Sri K. Parvathi Kumar · Master C.V.V. – Saturn Regulations



Sri K. Parvathi Kumar

Master C.V.V. Saturn Regulations



Dhanishta

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Master C.V.V.
Saturn Regulations

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Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business;
it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times.
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About the Composer

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. Sri K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom,



healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him,

Wisdom belongs to none and all belong to Wisdom.

The Publisher

Table of Content

Introduction 10

An Event 14

Master CVV – New Principle Horoscope 16

PART:

I Regulations by Master CVV 17

II Revised Regulations by Master KPK 49

III Commented Regulations by Master KPK 83

Other books by the author 214



Introduction

Master CVV, the Aquarian Master, gave out Saturn regulations to his followers, to enable rectification of personality limitations. He proposes to round up the personality, which would enable the soul to manifest the purpose of life. The Saturn regulations are recommended to be daily practised at the rate of one regulation a day, thereby completing one round of regulations in a month of 30 days. The students would do well to work with the regulations, starting either from full moon or new moon; or from an eighth descending or ascending moon phase. They can also think of working with these regulations commencing on a Saturday. One regulation a day with the related message may be contemplated before going to sleep. Thirty rounds of such work, meaning 30 x 30 days, would be a period of two and a half years. In two and a half years Saturn moves through one sun sign.



30 is the number of Saturn. Therefore the regulations can be worked within 30 days or in 30 months completing 30 rounds of the regulations. This is a discipline by itself, by which Master CVV intends to rectify the personality and enables alignment with Venus. The Master worked out an agreement between Saturn and Venus, which enabled him to align the centre of Saturn, *Muladhara*, with the centre of Venus, *Anahata*. This is called the first initiation in the higher circles and is called third initiation in the books of Alice A. Bailey. This initiation enables the *buddhic* plane function, which also means transcending death. The present task for the current humanity is to transcend death, to realise that there is no death. There is only a departure from the mundane state of awareness to the super-mundane state of awareness. In the process man crosses the mental barriers and enters the supra mental plane, which is also spoken of by Sri Aurobindo.

Master CVV promises immortality and self-realisation to his followers, who follow the path of yoga



introduced by him in this Aquarian Age. The science of yoga and its practice is age-old, whose aims are firstly immortality, secondly self-realisation, and thirdly serving humanity from the point of light and love. Master CVV's yoga is no different from the ancient yoga vis-à-vis the unfoldment of consciousness and its expansion into all states of consciousness. Yet, it is also considered new for the simple reason that he stimulates the ray of Uranus in the heart lotus of his followers, thereby quickening the processes of transformation. The Master himself said that the stimulation of the ray of Uranus in the heart lotus enables gaining time and space through speed. Speed is the quality of Aquarius and Uranus conducts such speed. The science of yoga aims at transmutation, transformation, transcendence and transfiguration. These processes are quickened by ten times in this yoga path.

The Saturn regulations are one of the few courses given by the Master. He also gave a nine day course, which is called 'Occult Meditations' / 'New Pituitary



Regulations'*. This book is seen as the second book in the series of regulations. They may be practised as per one's own inclination.

Master KPK gives in this book the original regulations coming from Master CVV, followed by the revised and commented ones coming through him. The original text is given as part I, the received text is given as part II and part III, along with the related commentary for each regulation. This would enable the student to work with the regulations with some understanding, which otherwise remain too mystical. This effort is only to facilitate students, who are intended to work with these Saturn regulations. Master KPK spoke out these regulations for the first time during the 2008 December Call at Bangalore, South India. The complete commentary is now given in brief for all those who are practising yoga in various parts of the globe.

May it serve its intended purpose.

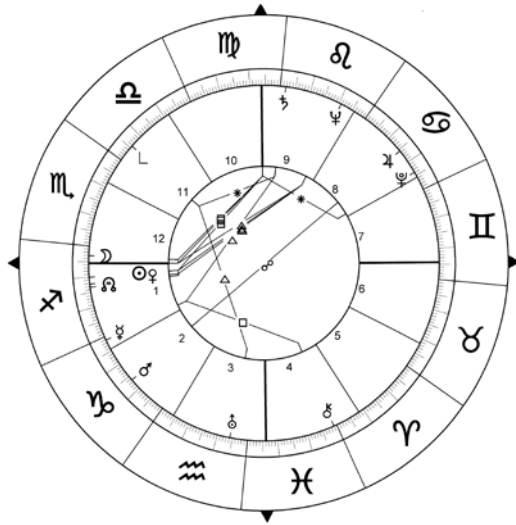


An Event

On 3rd of December in 1918 Master CVV recognised that a new principle is being introduced whereby the Earth finds alignment essentially with Saturn and later with Venus, by which the Earth is prepared for new initiation. For this purpose the pituitary centre of the Earth is put to adjustment. This adjustment, according to the Master, would enable free flow of energies from higher circles to lower circles, enabling descent of cosmic energies. This in turn is expected to transform the Earth and the beings of the Earth to experience blissful existence in all planes up to the physical. The Master also recognised that the principle of Aquarius is simultaneous existence in all planes, and one needs not leave the physical to experience something most sublime. Furthermore, one may leave the physical at will. Another principle he realised was that there



would be 'centre everywhere, circumference nowhere', meaning elimination of polarisation, of power of any kind, which in turn would lead to the much desired state of brotherhood or equality amidst all beings. It was the Piscean tendency to let power polarize. The Aquarian tendency is to ensure that power is decentralised, that power is replaced by friendliness. Love is the other name for friendliness. Love of all beings, as one loves oneself, is the aim of Aquarius. The beauty of the small is as much recognised as the beauty of the big. To fulfil the aims of Aquarius, the Master noticed that certain adjustments are contemplated at the systemic level (solar system). The Master lived in the physical in those momentous times, assimilated the higher work, and gave it out in a mystic statement. This endeavour is to explain these statements to those, who would like that they too find their alignment as between *Sahasrara* and *Muladhara*.



Master CVV – New Principle

Kumbhakonam, India, 03. 12. 1918

Time: 06:00 IST; Radix Placidus



PART II

Regulations by Master CVV



1

*Speed spirit vacant stove
Occult Saturn signs of stove.*



2

*Service of the method own according
the sense follows going on further leane throws.*



3

*Good progress in which turn out
regulate levels in solved science.*



4

*Hundred falls auto-throws in heal
half the glazing level in obtuse angled triangle.*



5

*Biographic seven self jaggeries
reproduced Sukra workings Saturn turn out.*



6

*Saturn's tenth service
the signs of suitables serving of stocked.*



7

*Saturn period sound is gone
silence period serving is gone.*



8

*Cosmos in the sure Saturn
accident world pituitary working of forlongh.*



9

*Remodel reveals fifteen jaggeries
salters of workings.*



10

*Highest column howls high
immerse the column into the sky.*



11

*Saturn's surrounding sucking to the sky
Master's column meridian sky.*



12

*Good turkeed column
Saturn's solved inner
to the period improved solved.*



13

*Saturn's fulcrum vertical truths
direct fulcrum develop truths.*



14

*Twelve jaggery piles glands air
carry out works.*



15

*Eleventh Saturn serving is solved
into the blazing inner issue solved.*



16

*Healings Saturn instrument waves
Saturn throwings circumference waves
Healings surface Saturn's waves
Other planets activity instrument inhealing waves.*



17

*Desirable alteration activity high
Improved solve works suddens the high.*



18

*Tenth Saturn repetition telescope high
telephone methods telegram wired.*



19

*Four kinds of telescopes
sideways of Saturn reach.*



20

*Saturn's telegram of the bukthi makes telephone,
I adjust work.*



21

*Master column makes the high
improved columns all attend improved sky.*



22

*Highest worlds telegram waves
Master's future working telephone waves.*



23

*Saturn's workings silence wave
circles swimming surface waves.*



24

*Post office workers telescope waves
post delivery reach models post peon work.*



25

Voice of workings function of waves
Function of telephone telegram waves
Saturn workings sounds of waves
Circumference workings silence of waves.



26

Thirteenth week Saturn
seven karaka lead resist high
Sun throwings floating Saturn
karaka lead high.



27

*Highest vacuum howls high
Inner sounds floating speed workings high.*



28

*Three settle the models self encouraged waves
Saturn's of periods disgust encourage waves.*



29

*Saturn karaka dial for float of waves
setup workings of dial float
other activities waves.*



30

*Saturn dial speed kuja guhupti floating high
Settles column dial guhupti floating high.*

PART II

*Revised and commented Regulations
by Master KPK*



1

Fire of Spirit Saturn cools

Spirit of Service Saturn stops

Rhythm and Order Saturn blocks

Stove sign Saturn deadly cool.



2

Stove sign Saturn stalls all

Speeding Spirit stands arrested

Master's Spirit gently stimulates

Saturn signs agreement.



3

*Master's Spirit bores the way
Gentle boring Saturn senses
Saturn turns servant
Master turns out Work, Life Work
Sense of Life sensed in
Science of Life senses out.*



4

*Auto-throws Master Spirit
Hidden stocks expelled out
Inertia initiated
Master ignites active work.*



5

*Tripod stool tinkered out
Three angles set for tackle
Obtuse, acute tend to adjust
Right angles twinkle at work
Work tends to Sense of Life.*



6

*Sound of Saturn slowly silenced
Science of Service gently sounds
Auto-throws multiply
Hundred throws howls out hungry Soul.*



7

*Three angles Seven biographics
Saturn Stove turns Twenty One
Seven times Three Saturn works out
Saturn workings – Snail workings
Saturn Stove turns Three times Seven
in Three dimensions.*



8

*Saturn suitable stocked
Saturn strengths stabled
Service signs expansion
Sukra sings experience.*



9

Servitude severs

Attitude changes

Saturn stands in self-esteem

Service stands out as Saturn's crown.



10

Life joins Joy of Service

Stable server stands to expand

Science of Life senses Truth of Service

Service comforts Serving Student.



11

*Work stands rearranged
Workings are reframed
Timetables reformed
Master's auto-adjustments.*



12

*Regulations written anew
New Pituitary Regulations at work
Additional dimensions accommodated
Master works at Oblong Egg
Repair tends to Spherical Egg.*



13

Delays Decays Disease and Death
All are put to Adjustments
Saturn stands Adjusted:
Enemy stands out to be friend
“Enemies? Beware of yourself”, cries out Master.



14

Manu’s Model tends to mould
Master Model tends to happen
Fifteen jaggeries salter Self
Impediments turn to be Implements.



15

*Temple cries,
"Repair! Reconstruction! Renewal! Remodel!
New Model!"
All bricks rearranged and reutilised
No brick broken nor neglected.*



16

*Master column howls high
Remodel reaches sky
Howling sound resounds in sky
Remodel reverberates
In-fills Life
Impoverishment fades.*



17

*Master column Meridian Sky
Inner column causal high
Master howl builds the Bridge
Temple model takes shape.*



18

*Master Turkey smote the rings
Saturn rings slowly unwind
Serpent ring tends to be wings
Eagle wings uplifts column.*



19

*Master Turkey moulds the wings
Merry Life moves around
Deadly rings of Saturn solved
Lively science of Sukra resolved.*



20

*Saturn Stove stands stable
Forms the Cancun of Serpent Fire
Master Column works out vertical
Man ascends as Master descends.*



21

*Twelve Jaggeries tend to awaken
Giddiness gives way
Air expels deadly gases
Fire collects lively Waters
Pavan and Pavak permeate
Water, Matter stand discharged.*



22

*Saturn heaves healing waves
Planets heal in Merry Life
Medium's instrument heaves-out Pranic waves
Medium stands healing agent.*



23

*Prana flows in, Prana flows out
Merry Life moves up and down
Health levels happen
Healing howling moves around.*



24

*Aspired works happen high
Sigh of relief suddenly sensed
Sudden solutions causing sudden sigh
Service abounds solving riddles.*



25

*Four-sided Saturn, Buddhi Saturn
Buddhi Saturn, Buddha Saturn
Buddha Saturn, Bukthi Saturn
Bukthi Saturn, Buddhi Solidified.*



26

*Four-way telescope, Four-faced Saturn
Four-fold work, Fourth dimension
Four layered triangle, Folds out of tangles
Dodecahedron unfolds Heads.*



27

*Tenth Saturn repeats Ten times
Hundred-fold work grows high
Scope is telescoped
Learn to work
Look not to rest
Take help of telephone, telegram.*



28

*Telephone Saturn, Saturn telegraphs
Buddhi's Saturn fulfils Bukthi
Decode telegram, do the work
Bukthi centre stands fulfilled.*



29

*Medium moves into Golden Cave
Master opens Door of Gold
The Golden Hue embraces the Medium
Medium feels Magic Touch, Midas Touch.*



30

*Mediums find flying comfort
Flying medium finds Food of Wisdom
Serving food Saturn salters
Flying serving server simmers
Brings Joy to the grieved and sorrowed.*



31

Auto-model, altered model

Master model moves merry

Tri-pod Saturn turns Quadra-pod

Saturn, Sukra sign access.



32

Axis arranged hours

Immortality hovers

Telephone, Telegram

Telescope, Telefix

Tend to fix

Master cries out, "Space fix."



33

Mortal markings arbitrated

Markandeya blesses forth

Master caused Masterly adjustments

“Guhupti, Guhupti, Guhupti”, acclaim Gods.



PART III

*Commented Regulations
by Master KPK*



Regulation 1

Fire of Spirit Saturn cools

Spirit of Service Saturn stops

Rhythm and Order Saturn blocks

Stove sign Saturn deadly cool.

Saturn represents the contrary to life, the contrary to warmth. It represents concretisation. It enables manifestation up to the dense physical. Its work is contrary to that of the Sun. Saturn is considered as a cold planet that would not let any further expansion. It means, the expansion meets its limit. Saturn is therefore seen as a limiting principle. To bring any act to its logical limit one needs Saturn. The limit happens when the fire of spirit extinguishes. Every manifestation has its limit. Even the cosmic manifestation finds its limit with the formation of the dense



physical Earth. Thereafter what is manifest has to return through cycles of time.

When return of spirit is contemplated it faces the conditions stated in this regulation above. Men do not carry much spirit and get conditioned by the material. They loose sight of the values of spirit of service. Men tend to be self-centred and try to seek even the spirit for oneself. This is where the illusion is. Men are conditioned by the thought of receiving and seeking. They think of seeking the spirit. They need to know that a psychological shift has to happen in them whereby the sense of seeking is replaced by this sense of offering. Service is the first step towards that sense of offering. In the absence of the fire of spirit and spirit of service, men move without rhythm and order. They take to endless cycles of birth and death, which is a circular movement. The daily activity for mundane men is a circular activity, while the circular activity can also be a spiralic activity. Lives move on like the rodents around the mill. Life becomes a dead routine.



Master compares this state of Saturn to a stove, which is very cold and does not enable emanation of any fire whatsoever. This is the state of a mundane man, who takes to endless incarnations, running after material and material pleasures, and the more one tends towards material, one tends to be cold-hearted and deadly in action.



Regulation 2

*Stove sign Saturn stalls all
Speeding Spirit stands arrested
Master's Spirit gently stimulates
Saturn signs agreement.*

Stagnated life is indicative of Saturn. Saturn is the conditioning principle of matter. It continues to condition the spirit until matter completely dominates, and spirit is arrested. Spirit never dies, for without spirit matter cannot emerge. In the densest state of matter spirit remains arrested, dormant. Though spirit is the basis for the matter and though matter is the offspring of spirit, the offspring grows stronger and conditions its benefactor. It is a state where the son binds the father.

Arrested spirit stays put. Such is the state of a stone and all seemingly inert material. The spirit in matter



can be revived with the help of spirit, which is unconditioned by matter. It is similar to lighting a stove, which otherwise remains un-inflamed. The spirit requires support of higher spirit to regain the fire, revive itself, transforming the matter from its densest state to subtle state.

During times of Master CVV in India people used coal for cooking purposes. The coal had to be put to flame through external agency and also needed to be fanned to use the coal stove. Coal is carbon. Carbon is Saturn. Therefore Master humorously says that the stove is a Saturn stove. It is not easy to keep a Saturn stove (a coal stove) in good heat all the time. It needs continuous vigilance and attendance. In the absence of continuous vigilance and attendance the stove cools down. Therefore he calls it a cold stove.

Incidentally in Master's house there was a coal stove, which was giving much trouble to his lady, disabling her to cook food. He used to call that stove as cold stove and Saturn stove. He sees Saturn working in



that stove giving trouble. He even humorously used to call his lady 'the Saturn stove'.

The anecdote apart, inert material requires ignition. When it is put to ignition the fire in the material awakens. Likewise the spirit of the Master gently stimulates the sleeping spirit of the student. When the Master's spirit is present, it is ever vigilant. And Saturn agrees for release of the hidden spirit.

Agreement with Saturn is fundamental for discipleship. Unless Saturn agrees to cooperate the practices of discipleship cannot be continuous. Unless there is continuity of practice, desired transformations do not happen. Unless transformations happen, initiations are not experienced. Thus the first and the foremost Teacher that one encounters on the path of return to the spirit is Saturn. The Master mystically says, "Saturn is the Grand Master, he is the Grand Old Man. Please him with patience, with regularity, and with rhythm. When the Grand Old Man is pleased, he leads you to higher realms." For this reason serving the old is also recommended.



Regulation 3

Master's Spirit bores the way

Gentle boring Saturn senses

Saturn turns servant

Master turns out Work, Life Work

Sense of Life sensed in

Science of Life senses out.

Master's spirit is spirit of *Varuna*, the supra-cosmic *Aswin*, who is known in the lower planes as Uranus. The spirit of Uranus emerges as a ray from the heart lotus of the Master and reaches the heart lotus of the student and moves further down to *Muladhara*, the base centre. This influx of the ray into the *Muladhara* is called by Master CVV as 'boring'. Boring is a process of deep drilling into the depth of material. The ray of Uranus is interpenetrating and bores through the substance of



Muladhara to clear the way for *Kundalini*. When the ray of Uranus reaches *Muladhara*, its presiding planetary energy, Saturn, senses the ray and responds to it. This energy of Saturn enables anchoring of human spirit to the Earth. Man's attraction to the Earth and the general downward pull that man experiences, is governed by Saturn, while the upward pull is governed by Jupiter.

When the ray of Uranus starts boring, the Saturnian conditioning slowly turns the student towards service. Service commences as servitude and later advances into service. Servitude is working for money, working for compensations. It is seen as the work of a slave, from the higher standpoint. In the mind of the servant the thought of compensation is more predominant than work. The compensation is inextricably linked to the work. One tends to look for more money doing little work. Such ones are preoccupied with how to earn more, working less. These are called the servants. But when the spirit of the Master touches the student, the importance of work is gradually realised and the



importance of compensation is relegated to the background. Work is found tasteful. Work is carried out to the benefit of the surrounding life and the compensation becomes incidental. The joy of work is gained and the sense of life is sensed.

The whole creation is but action (*Kriya Shakti*). Nature's action can be perceived as intelligent activity since it has a rhythm, an order and purpose. The rivers, the trees, the plants, the fauna and flora, the minerals, the elements, the planetary energies, all are ever engaged in action. The life force in the humans and in the animals is ever at action. It is so even in sleep hours. Action is the basis for the creation to be and to be in poise. When this is realised the sense of life is realised. Many humans, even the so-called civilised humans, do not have this sense of life; the human business runs after money, power, covetousness, authority, possessiveness, and so on. Work for the joy of work is little realised. Only the yogi knows it well. Not even a philosopher or an intellectual or a



person of knowledge. Yogi knows that he has to work, he has to work for the benefit of the surrounding lives. It is not only that he knows, he likes as well to do it. He doesn't feel compelled that he has to work for others. He likes to work for others. He loves to work for others. He loves to serve in whichever way possible. In his mind there is no thought of rewarding himself in any way. He is the self-forgetful one in service. To him the ideals are the planets, the elements, the flowing waters, the vegetable kingdom, the animal kingdom, and the *Deva* kingdom. He draws his inspiration from nature and lives to work. Such transformations are promised to be brought out by the Master in the student. The student senses the science of life. Such is the work of Master's spirit, when invoked.



Regulation 4

Auto-throws Master Spirit
Hidden stocks expelled out
Inertia initiated
Master ignites active work.

Every human is deeply indebted to the co-humans, to the animals, to the plants, to the birds, to the planet, and to the five elements. He is also indebted to his parents and teachers. Through series of incarnations as human he draws much from the surroundings. He draws unto himself much more than what he gives out. The consequence is accumulation of enormous debts. This is called the past negative karma. The good deeds that one does, also accumulate karma, but of positive nature. The positive karma brings a little comfort here and there. And the negative karma of receiving brings out loads of work, which has to be cleared.



The Master intends to clear these loads from the student who is burdened by karma. For that he gives enough impulses to the student through the prayers. The student gets into many proposals to act and acts upon them. The Master thus initiates action for karma clearance. The student feels compelled from within to do many acts of good will. Since the proposal comes from himself, the proposal remains dear to be worked out. Many such activities are initiated by the student, who would start clearing the past karma. Hidden stocks slowly expel themselves out. The student finds himself in an ocean of work, coming to him from all directions. There would be demands for work from the family, from the profession, from the society, and even from the service society of which he becomes a member. He is demanded from all sides to work. He is not let to be inert.

The Master is Aquarian by nature. Speed is his essential characteristic. He adds speed to the work for quicker expulsion of hidden debts. One tends to be



an active worker. A Master's true student turns out in life ten times more work than any other uninitiated person. The student becomes an ever-active worker. To him rest is in action.

Auto-throws is a favourite word of the Master. He plays dextrously with words and enthuses the students. The student gets proposals from within regularly which keep him busy. He feels he needs to do them. In doing so, he clears much of his karma. A person otherwise suffering from inertia is thus stimulated into activity. The activity would be even slightly higher than normal, which could be seen by the observers as hyperactivity. It appears so for an observer, but for the student it is a normal state. He is on a task of clearing the past. The Master promised clearing of all past karma. In fulfilling this promise the student also picks up his share of responsibility. This is a beauty of Master's work.

Until debts are cleared one cannot be free. Students think of freedom. Freedom comes though responsible



work to the fellow beings. Freedom does not come to those who are irresponsible towards the surroundings. 'Love thy neighbour' does not mean just a feeling. Love includes service. Serve thy neighbour with love is what Jesus meant. Service is the way to liberation. Service is the law of liberation. The student is made to realise this on the way. The auto-throws helps him to get into the way. Master's spirit initiates auto-throws.



Regulation 5

*Tripod stool tinkered out
Three angles set for tackle
Obtuse, acute tend to adjust
Right angles twinkle at work
Work tends to Sense of Life.*

Tripod stool is the word that Master uses to speak of the three qualities of nature that one carries with oneself. They are *sattva* (poise), *rajas* (hyperactivity) and *tamas* (hypoactivity). Hypoactivity is the tendency to do less work than required. Hyperactivity is to do more than required. Poise is to do as much as is required, neither more nor less. Every human does certain things more than required. He does certain other things less than required. Consequently there is no balance in his work. Therefore poise absents itself. When poise is absent the



stool would no more be a tripod, it would only be a bipod. Bipod is unstable. It cannot stand on its own. It falls either way. The three legs of the tripod are but necessary to sit stable on it. Not only the three are required, but also they should be equally strong. If not, the stool would not be stable to sit on. This balancing act is very important. Unless the nature of the person is balanced, one cannot progress. One cannot remain stable and comfortable. Stability of one's nature is of immediate need.

The tripod is also symbolised by a triangle. The three angles have to be tackled to ensure that the triangle becomes equilateral. Similarly the tripod stool needs to be tinkered to stay stable. Master CVV says that he is the Master Mechanic that conducts repair work. The repair that he aims at is the repair of the nature of the student. He continues to repair the nature until the angles are set, until acute angles disappear, until obtuse angles also disappear. Acute angles are those which tend to hurt others. Obtuse angles are



those which tend to be blind to the surrounding sensitivities. Men can be obtuse like the bulls. Men can also be acute like the arrows. In one's own behaviour one can see both these aspects. One needs to study oneself to see where one is obtuse and where one is acute. Unless these angles are set, one cannot sense the angels. Angles are the angels. Right angles are the angels which support. Right angles enable manifestation of right work. When the right work happens, joy emerges from within and one does not look for outer recognition or any other psychological or physical compensation. Work gains status of being joyful; work happens joyfully. It is no more working for joy. Work itself is joyful. All enjoyment is found in work. Other enjoyments taste not much. Such is the transformation the Master Mechanic conducts to clear the stuff, which is within oneself. In some other context the Master says, "I will clear the pod", of which we speak in the future regulations.



Regulation 6

Sound of Saturn slowly silenced

Science of Service gently sounds

Auto-throws multiply

Hundred throws howls out hungry Soul.

Saturn sounds too much of concrete things, critical things. Saturn sounds self-destructive sounds. Saturnian thought, speech and action are self-binding. Man tends to be a prisoner, when Saturn tends to cause ill effects. Master's spirit silences the negative side of Saturn and uplifts the positive side of Saturn. A positive Saturn causes deep acts of service, which last long. The positive side of Saturn is continuity. The service finds its continuity even after the departure of the servers. Saturn ensures longevity to persons, organisations and foundations. When the positive side of Saturn



sounds and the negative side of Saturn gets silenced, the work of service multiplies in geometric progression. The soul finds the glimpse of freedom through multiplied service. The suffocating soul feels the hunger for service to release itself from its state of conditioning. This is the natural process of service, when conducted following the right commandment of service. Service is an act of goodwill done to a fellow being without any expectation whatsoever. Only such service starts yielding the personality from its self-conditioning. The personality tends to sound the right note of service and the parching soul cries out for more and more service.

Four steps are indicated in this regulation – that through right activity of service one can gradually mould one's personality and thereby enable the soul to flower out as much as the right note of service is struck. The negative sounds of Saturn are silenced. As the negative silences and the positive progresses vis-à-vis the quality of Saturn, service gains the depths. Depth ensures longevity. Deep-rooted trees



live longer. Deep-rooted activities live longer. Saturn's first gift is depth. Its second gift is longevity. The third gift is patience. The fourth gift is accuracy in minutest details. The fifth gift is stability. When these gifts sound gently, the personality gets the taste of service. It would like to serve. In fact it loves to serve. It cares not for side issues. A good Saturnian cannot be surpassed; no one can take a good Saturnian for granted. Saturn leads to higher realms of life, only when he is satisfied with the quality, depth, passion, longevity, and stability. The beauty of Saturn is realised for the first time by a true server. He feels encouraged to do more and more service year after year. Slowly the impulse comes from the soul to further multiply service. Thus, from negative sound of Saturn to positive sound of Saturn. From positive sound of service to multiple service, which is further multiplied by the soul, to cause the needed liberation from limitation.



Regulation 7

Three angles Seven biographics

Saturn Stove turns Twenty One

Seven times Three Saturn works out

Saturn workings – Snail workings

Saturn Stove turns Three times Seven

in Three dimensions.

There are three planes of matter, which require rectification. They are: physical plane, emotional or vital plane and mental plane. Each one of these planes have seven sub-planes. The Master intends to repair every sub-plane of every plane to enable release of the soul from the conditioning of matter. In a mundane person every sub-plane suffers disorder. The difference can be in degree, but the disorder exists. The disorder relates to the disequilibrium between poise, dynamism and



inertia. The three qualities of nature exist in every sub-plane. This disorder is intended to be repaired by the Master. Inertia and dynamism (hypo- and hyperactivity) are required to be balanced; then the three qualities stand in equilibrium. Thus in every sub-plane the triangle has to be set right. Seven sub-planes make one plane. Three planes of matter therefore consist of seven sub-planes. All these twenty-one sub-planes have to be carefully, cautiously, and dexterously tackled without causing damage. This is a Masterly work. Certain disorders have to be straightened, certain impurities have to be eliminated and certain strengths have to be reinforced. Every sub-plane is delicately handled and set right. The work progresses at snail's pace because of the delicacy involved. The three dimensions of seven sub-planes of the three planes are put to repair simultaneously by the Master. Then the matter yields to the light and enables the light to shine forth. Matter gets impregnated with greater influx of light than before. Such influx of light happens in all the twenty



one sub-planes. Consequently the sub-planes vibrate much more harmoniously than before. The improved vibrations are referred to as the biographics. The three angles of seven biographics are turned into desirable angles and Saturn functions with facility, enabling manifestation of light in the planes of matter.

The Master contemplates to carry out this delicate work with the aid of the ray of Uranus that emanates from him. He ensures that the rectifications are done without much pain and the related transformations happen. All that the student needs is patience, continuity and deep understanding. He needs to be stable, working with the prayer of the Master for at least 10 to 12 years. The student can observe as a witness the transformations that are happening to oneself in relation to thought, speech and action. The biographical changes are innumerable and are interesting to observe in oneself.



Regulation 8

Saturn suitable stocked

Saturn strengths stabled

Service signs expansion

Sukra sings experience.

The work of the Master stocks and secures all suitable aspects of Saturn, while the unsuitable ones are eliminated. By this Saturn becomes ever strong and helps the student to carry out stable service for long years. Service enables expansion of consciousness, which is contrary to the general tendency of Saturn – causing contraction of consciousness. The Master, who is Master Jupiter, stands for expansion of consciousness, with whom Saturn signs an agreement to work for long years until the student's consciousness supersedes the conditioning of material.



Matter moves in circles and the agreement with the Master transforms the circles into spiralic circles. The movement tends to be spiralic rather than just circular. Every cycle of time brings the student to higher states of awareness than before. This agreement Saturn worked out with the Master, henceforth more and more meaningful service is stimulated. A student is thus recruited into the path of serving humanity. Intelligent activity is the other name to serving humanity.

As the student moves up in the spiralic path, he gradually sees better, listens better, speaks better and acts better. He realises that the whole activity has two phases: 'how it is' and 'how it is becoming'. Thus an observer is born in the student, who can see the shadow of 'becoming' on the base of 'is'. The being is concealed by the becoming. 'How it is' is shadowed by 'how it is becoming'. The second phase is a mask over the first phase. The original gets hidden by the shadow. This necessarily causes a limitation. All created beings suffer from this limitation.



For example, we have become humans and have further become male or female. Thereafter we become Asian, European, American, etc. We also become young and old. We also become knowledgeable or ignorant. We further become agreeable to some, disagreeable to some. There are so many veils of becoming by which the original is totally shadowed and even obscured. The being is obscured by becoming. This limitation is the effect of the rings of Saturn, which is intended to be unveiled.

The process of unveiling is through working for others' welfare. As man works more and more for himself he builds more and more rings around him. When he works for others without any expectation, these rings weaken and disappear. Only then man stands fit to experience life. Until then all experiences are temporary and suffer mortality. Temporary experiences put one to a make-belief of happiness, which evaporates very soon. Consequently, men hunt after the mirage of happiness. The true happiness belongs



to the one, who serves as per the requisites of Saturn. To such one, service gives one continuous experience and continuity of experience. This is a change worked out in the student by the Master's spirit, by which the student tends to be comfortable at work. Comfort at work and continuity at work enable the student to touch upon the territories of *Sukra* (Venus). Such is the mechanism hinted at by regulation 8.



Regulation 9

Servitude severs

Attitude changes

Saturn stands in self-esteem

Service stands out as Saturn's crown.

Servitude as said earlier is slavery. It is slavery to an expectation. The expectation can be for food, for money, for recognition, for appreciation and so on. The slave receives refreshment for the daily labour, which the Master doles out. A king does not look for being paid. A slave looks for a payment being made. Each one of us is set to be a Son of God or son of the king. Each one of us would like to hold on to our self-esteem. Self here refers to the soul. Every soul looks for being respected. But when one is a slave, no esteem is shown and all kinds of low labour are demanded. Man learns



through time and experience that there are two ways of functioning. One way is to work for remuneration; the other way is to work unmindful of remuneration. The second way tends one to be a virgin. Virgo is the sign of virgin and the message of Virgo is 'labour without remuneration'. Keep labouring for the benefit of others. In this process one clears the debt (karma). When the debt is cleared one stands free in self-esteem. A voluntary worker carries adequate self-esteem, for he does not look for compensations from the surroundings. When one is in expectation he stands in the realm of obligation and becomes a victim of obligatory karma. When one is bound by obligatory karma there can be no self-esteem. The lost self-esteem can be regained by the true spirit of service at work. Service lifts up and makes one a king. The king is the one who holds a crown. The crown that the student gains at this junction is a crown of service. Saturn helps one to gain this crown. It is Saturn's crown. Attitudinal changes are the most difficult ones to happen. They do not happen



with students who are in the fairyland of service. Many fancy about service, but some do. To the latter, service is life, and life is for service; to them service is priority. Practices relating to yoga are of no avail unless one has submitted oneself to service and dives into the depths of it. Only then one can say that the student is consecrated on the path to Truth. Until then they remain wanderers in the field of service, some may do part-time service, some may do service off and on, some may take a vacation even from service. Such ones are not yet ready to live a life of service. They have other priorities. In them attitudinal changes do not happen. Unless attitudinal changes happen, the desired biographics do not take place. The chemistry of service needs to be better appreciated by every student on the path of yoga or the path to Truth.



Regulation 10

Life joins Joy of Service

Stable server stands to expand

Science of Life senses Truth of Service

Service comforts Serving Student.

This regulation is a logical step forward into the science of life, which is also the sense of life. It is service, *yagna*. The chemistry of creation and the created beings can never be deciphered unless one transforms one's life into service. When one finds the comfort of service, the joy of service, and stands stable in ever-expanding service, it leads to unveiling the Truth, veil by veil.

The scriptures informed long ago that the key to wisdom is service; the key to life is service; the key to blissful existence is service. The more evolved beings like the cosmic, solar and planetary intelligences are



ever engaged in service. The Hierarchy is engaged in service. All yogis and knowers are engaged in service. All those whom the student sees as inspirers on the path, can be found to be consecrated to service forever. From eternity to eternity the devas consecrated themselves to service. The devas of minerals and plants also demonstrate this. Lord *Krishna* says in the chapter relating to action, "Let all your action be a service to the fellow beings." Let your attitude be service-orientated but not selfish. The service you render to the larger life around you eventually fulfils you. Therefore do not drive away from service.

Service really comforts when one has realised the secret of service. Master CVV demonstrated such service in life and he gives service as the fundamental key for all unfoldments. Master MN and Master EK followed the same path of service and transcended the self-imposed barriers, which are called the rings of Saturn. The self referred to here is the personality. The soul builds personality to experience and fulfil itself.



The personality builds protective barriers which eventually conditions the soul. The conditioning of the soul is due to the self-imposed (personality) barriers. Through service the consciousness in man is hatched. The Master is the hatcher, he is the hen. The student is the chick in the egg. The chick in the egg cannot break the shell by itself. The impulse to grow exists in the chick. The mother hen supports from outside. Consequently the eggshell is broken. The eggshell is but a protection to the chick until it grows. When it grows, the same shell, which was a protection hitherto, becomes a limitation. The self-imposed Saturnian rings are thus seen as protection on one side and as barrier or limitation on the other side. This is the beauty in creation. To the child the mother is a protection during infancy. As the child grows to be an adult, the mother appears to be a barrier. When the mother notices it, she should no more play the role of a mother, she should play the role of a friend. Then the child and the mother are happy. To a grown-up person even



father gradually becomes a barrier. Earlier he was the nourisher, the protector and the director. He can no more be so when the child grows enough to manage himself or herself. Then the father needs to turn into a friend. Such is the way of progress in nature. Protections as well as lifting-up protections are considered necessary for the welfare of the beings.

When to protect and when to recede, when to fence and when not to, is a knowledge that flows from the Master to the student. As much as the consciousness of the student is hatched, the self-imposed rings are widened with proportionate enfoldment into greater life and light. The essential requisite of a student is the impulse to grow. There has to be impulsion to grow. Compulsions do not work. Compulsions imposed on the humans in the society help not. Impulsions help. Impulsions are but inner compulsions. When one is compelled from within to grow, one would have no complaints, one would adopt all needed processes with willingness.



The inner impulsions are sometimes active and are sometimes dormant, but necessary. The impulsions spring up to continue to work for growth. These are the initial hiccups that the student faces within oneself when one applies to service. But gradually service is liked. When there is love of service, there is the needed growth.

As one grows in service one meets with obstacles, delays and disappointments. Even these are self-imposed at the mental plane. These should be understood as mental barriers. Students who suffer in the mental plane due to delays, disappointments, and obstacles are still under the effect of the rings of Saturn on the mental plane. Saturn teaches through service that 'delay is nothing but an elongation of time of one's own anticipation'. Disappointment is 'not achieving when expected'. Obstacles are but one's own impressions of external agencies, which prevent him from what one regards as progress.

Only through this process stated above one grows, one gains experience. The ultimate of all learning is



waiting. One should learn to wait to receive having done one's own lot to the best of his abilities. When one learns to wait one realises slowly that one's expectations, opinions and judgements are not 'how it is'. From the standpoint of 'how it is' things look very clear. But when one is in 'becoming', things appear to be according to oneself, but not according to 'how it is'. All concepts of success and failure are one's own creation. One has to cross this abyss to be really joyful at service.

When one is joyfully at work, incessantly Mars joins Saturn and causes greater impulse to action and impetus to growth. The success of man is a result of good combination of Saturn and Mars, well aspected with Jupiter. Thus the Saturn stove turns into a holy flame that would initiate all transformations.



Regulation 11

Work stands rearranged

Workings are reframed

Timetables reformed

Master's auto-adjustments.

Generally what an entered apprentice thinks as service contains many inversions. What he understands is generally an inversed understanding. These inversions have to be reversed. Until the inversions are reversed one cannot understand the purpose of service in its true sense. One thinks that it is understood. That very thought is an inversion. The real knower never dares to say 'I know'. The more ignorant one is, the more often he says 'I know'. This cannot be understood when given as a teaching or writing. The real purpose or concept of service is not really understood until the Saturnian



requisites are fulfilled. The more a server moves in accordance with the cardinal principle of service, the less he speaks of himself and of what he knows. He would rather prefer to work than to speak of himself. A person who speaks of himself generally speaks of his personality. He also speaks of others' personalities. For the one who is engaged in work, virtues in others are inspiring. Behavioural patterns other than virtues are not paid attention to. To such ones the work stands rearranged.

During the prayers relating to the Master, workings are reframed, meaning a higher gradation of repair takes place resulting in the necessary transformations. One notices in himself many changes happening in the physical, emotional and mental plane. Every prayer causes the needed workings. The biographics in the seven sub-planes of the three planes are put to rearrangement. The rearrangement is so gradual that the student many times is not conscious of these rearrangements until after some time. 'Some time' means a cycle of twelve years, for time dimensions in higher circles



are different to our plane. At the solar plane twelve years are but twelve hours.

When the workings are rearranged new timetables will be framed. This change normally happens to the students through a period of rest when he is found to be sick. Sickness of a month's duration or of forty days is seen in the Master's path as an interval for reframing the timetables. New rhythms are picked up with a newer arrangement in the biographics, which would enable to meet the rearranged work.

During sickness Master also clears, in a constructive way, the past karma relating to sickness. Master makes best use of the Third Ray. He intelligently clears the past karma relating to sickness and paves way for further unfoldments in the time to come. He also entrusts the students with higher-grade work. The Master says, "See the sickness as an opportunity for change." Do not feel it as karma. "I lift you from sickness and even put you to sickness as per the need relating to your growth."



When new timetables are formed, the student stands reframed with renewed and strengthened energies. He ably meets the rearranged work. The auto-throws, which initiated the student into action initially, are also now put to adjustments. The time duration from the initiation of the auto-throws to the adjustments of the auto-throws depends upon the student's past and present karma. The student hereafter even receives the hints and suggestions coming from the Master, which would bring in the touch of Master's spirit into his activity. This is already an initiation. The student is becoming slowly an agent, a medium, a disciple, and even a Son of the Master. The last is the best of the statuses that is bestowed by the Master.



Regulation 12

Regulations written anew

New Pituitary Regulations at work

Additional dimensions accommodated

Master works at Oblong Egg

Repair tends to Spherical Egg.

New regulations are carved out to a server who is tending to be a disciple. Transformations in the body result in certain new formations, certain new secretions, which were not there before; new alignments start happening. Deficiencies in the body would be addressed to function efficiently. The human bodies, as they come out from the womb of the human, are not perfect in their assemblage and alignment. It is for this reason the scriptures say that one needs to be born again in light to experience life. To be born in light is



the second birth. When that happens one is called in Sanskrit *dwija*, meaning twice born. The first birth is said to be a birth in darkness. The humans by their efforts can be reborn in light. When one is reborn in light he has additional dimensions accommodated. These dimensions are not present along with birth, unless worked out in the previous incarnations. The additional dimensions enable a perfect shape. Among the perfect shapes one finds a sphere, a cube. They are said to be perfect shapes, because they do not suffer any inversion. The egg and the brick are not like the sphere and the cube. They suffer inversions. An egg looks different in appearance when it is vertical and when it is horizontal. But a sphere doesn't have such differences, it has no horizontal and no vertical. The vertical and the horizontal in a sphere are the same. Similarly in a brick, the opposite sides are equal, but not all sides are equal. In a cube all sides are equal. Brick is but a part of the cube. Egg is but a part of the sphere. The egg in its completeness is a sphere.



Our original forms were perfect. From out of perfection came imperfection. The imperfection is but a crest, which is to be eliminated to regain the perfection. The humans in the third root race were like the spheres. By the end of third root race they tended to be egg shaped. By the end of the fourth root race they lost their third eye even. In the fifth root race men treaded backwards from extreme emotional state to mental state for the third eye. Unless secretions happen and bridges are built from *Ajna* to *Muladhara* the third eye happens not. All yoga practices are meant to cause necessary transformations and enable the secretions to happen. In the path of the Master the same work is done faster with the help of the ray of Uranus.

When this process is complete there would be allround development of man and such a human can be a bridge between the higher and the lower kingdoms. The Saturn regulations are meant for carrying out these processes. They are also meant to educate a yoga student of the processes involved. These new



regulations are received like Sanskrit *mantrams* and are said to carry the same impact of sound as is the case with Sanskrit sounds. The regulations given by the Master need to be read with greater orientation to the sound than to the meaning. In a *mantra* the rhythm of the sound is more important than its meaning. So is the case with the *mantrams* given by Master CVV.



Regulation 13

Delays Decays Disease and Death

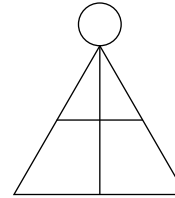
All are put to Adjustments

Saturn stands Adjusted:

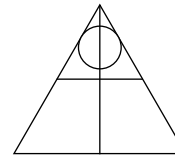
Enemy stands out to be friend

“Enemies? Beware of yourself”, cries out Master.

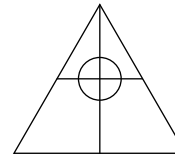
When substantial repair work happens in the body, at all the three planes there would be a new understanding of delay, disappointment, disease, and death. Until then all these mental apprehensions remain as true as concrete. To a Master death is a myth. Disease exists not. Decay is unknown. Delay is absent. But to an intellectual man all these concepts exist. They exist because he believes in them. He cannot be brought out of this mistaken belief due to his intellect. An intellectual is generally caught in the web of his own logic. He



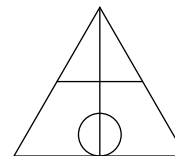
4. buddhic



*3. mental /
intellectual*



*2. emotional /
vital*



1. physical

realises that all in nature does not stand in logic; there is something more than logic. The only solution to an intellect is a little open-mindedness. To a student of yoga also there is logic, but he is flexible, willing to adapt and open for other possibilities. When this open-mindedness is gained the adjustments are near completion. The Saturn rings are nearly absent.

In that state the disciple lives more as a soul, standing out of his personality. He is said to have kept his neck out of his personality.

In the earlier root races there were human forms with the head in the lower torso. Later there were human forms with the head in the upper torso. And now the humans



have their head above their torso. The head stands on the neck. The head standing over the torso is nature's gift. It also has a message in it that men have a potential to function as souls and experience the world with their personalities. The fourth figure is therefore given as a symbol of meditation. Saturn helps it out. The complete figure of Saturn, which is known in the esoteric circles is as under:



This symbol indicates alignment of Venus and Saturn. In fact the two are in one. If you cover the lower part of the symbol you find Venus. If you cover the upper part of the symbol you find Saturn. Together they constitute a symbol of a comfortably seated king.

To a king emperor there is no enemy. All enemies are included as his subjects. He has won over them. A



true emperor does not kill an enemy, he wins over the enemy and invites him to be part of his administration. The defeated enemy feels grateful when honoured with a suitable placement in administration. He remains loyal and effective. In recent centuries times the Mogul emperor Akbar did it. In the ancient times *Sri Rama*, the king of solar dynasty did it. These are King Initiates. They knew and therefore did it.

In the path of yoga the yogi also needs to do this. A yogi remains neutral with those who dislike him. Neutrality enables absorption of the dislike of the other. As much as the other shows dislike, so much the yogi absorbs it. When the dislike is exhausted, slowly the disliking person thinks in retrospect and tends to befriend. Only in the lives of yogis one finds many incidents where enemies turn friends. In the life of *Buddha* we find that *Angulimala*, a terrorist of the forest who wanted to chop off *Buddha's* head, turned himself into his most ardent follower. This is only but one example; in the lives of Initiates there exist many such examples.



Mundane man associates with fellow beings and they become friends. But in course of life friends only turn out as enemies. Mundane man does not know how to dissolve enmity and to become friends again. It happens only through a process of enlightenment. This is because in the process of enlightenment there is forbearance, sympathy, compassion and love. When man touches the energies of love enmities disappear.

As long as one feels enmity or dislike to any other person or a being, one should know that one doesn't have enough love. Love wins all, is an age-old statement – 'omnia vincit amor'. Master CVV therefore says, "Enemies? Beware of yourself!"



Regulation 14

*Manu's Model tends to mould
Master Model tends to happen
Fifteen jaggeries salter Self
Impediments turn to be Implements.*

Manu is the progenitor of man. It is a solar intelligence that moulds forms for the beings for a manvantara. The present *Manu* is called *Vaivasvata*. He is the solar angel of the *buddhic* plane and is considered in the Puranas as the son of the Solar God, the Sun we see. With the help of rays emanating from the Sun, the solar angel *Manu* weaves the bodies. Since he is the weaver of the bodies he is called *Vaivasvata*. He is considered in Puranas as the son of the Sun, whose name is Vivasvata. *Vivaswata* is the Sun. *Vaivaswata* is the son of the Sun. The Sun God is formed in the solar plane and his sole purpose is



to build the solar system and enable beings to reach the planet, who in turn work out their evolution. In this grand work the Solar God Vivasvata is ably assisted by his son *Vaivasvata*. He prepares the moulds for the beings to reside. The beings that reside in the moulds prepared by the *Manu* are called *Manushya*. *Manushya* means mankind. The word 'man' has come from the word *Manushya*. *Manushya* comes from *Manu*. *Manu* is the son of the Solar God. In us the place of *Manu* is the *buddhic* plane. Presiding the *buddhic* plane, *Manu* conducts the causal, the subtle forms, which are filled by the *pitris* with material. It can easily be seen that the root sound for *Manu*, *Manushya*, man, is MAN, which means manas or mind. *Manu* is the mind of the soul. The mind of the soul is buddhi. Soul corresponds to the Solar God. The son of Solar God is *Manu*, which is called buddhi. *Buddhi* means the will, the self-consciousness. Only mankind has it among the beings on Earth. Animals gradually develop mind. Plants have no minds; they are at the dream state. Stones, minerals



and metals are slumbering and therefore have no mind. The beings of the lower three kingdoms do not have self-consciousness. They are guided by nature. They do not feel 'I AM' as man feels. This feeling of 'I AM' is the state of being self-conscious. Man is bestowed with this and the mind and was allowed to function with consciousness. Along with this man is also given freedom to experience and fulfil.

Men gain bodies according to their state of their fulfilment. Due to their excessive engagement with the objectivity men get strong physical and emotional bodies, with a condensed and solidified objective mind. The subjective mind and buddhi – due to their non-operation – become dormant. When man doesn't regularly use any part of his body, that part slowly becomes dormant. The subjective side of man tends to be dormant and the objective side of man is actively engaged in the objectivity. When the subjective side remains dormant over incarnations it becomes difficult to re-operate the non-operating part of the human. It



is for this reason aspirants feel it difficult to walk into subjectivity. They feel the difficulty even in carrying out the related practices. It took series of incarnations to fulfil in the objectivity during which time the subjective became more and more dormant and inoperative. It is therefore justified that it takes some incarnations, though not as many as before, to regain the subjective side.

It is in this context a great contribution, help, impulse came from the most high circles to help humanity for quicker transformation into subjectivity. This impulse intends to assist the humans to enter into subjectivity and go through the necessary transformations, transcend the myth of death, and stay stable in the light of buddhi. This impulse is channelled from the supra-cosmic plane via the cosmic twin God *Varuna*, via *Sirius*, via Master Jupiter, through Leo, to our planet. This impulse was received on the planet by a very advanced disciple from the ashram of Master Jupiter, who transmitted it to the planet and



planetary beings. It is him, whom today we call Master CVV. Master CVV received the impulse, assimilated the impulse in himself, and transmitted the impulse, forming a triangle with *Vaivasvata Manu* and Master Morya.*

According to the plan stated above *Manu* started preparing new moulds. He was hinted by Master CVV to prepare new models, which would enable the humans to turn subjective and to reach the *buddhic* plane. Thus, *Manu's* model tends to remould in accordance with the model suggested by the Master.

The new model enables the beings to experience the soul and also to experience the personality as a mere vehicle for fulfilment of soul's plan. The self-conscious 'I AM' builds its own personality through series of incarnations, trying to fulfil itself. The personality consists of 15 principles, which are but the tools of the soul for fulfilment. The identity with the personality gives the soul a mistaken identity. The soul gets imprisoned in the mistaken identity and forgets that each one



is a soul and has a personality. Even intellectuals tend to believe themselves as their personalities. The new model that is being prepared now enables beings to realise that the personality is a vehicle and the soul is the traveller, mounting on that vehicle.

The 15 principles of personality are described by the Master as 15 jaggeries. Jaggery means condensed cane-sugar, which is tastier and healthier than the normal sugar. The 15 principles of personality enable the soul to experience in 15 ways and fulfil oneself. There can be right experience or wrong experience, according to knowledge or ignorance. They are intended to be right experiences. Right experiences are also called sweet experiences. Since jaggery is a natural sweet, the Master uses the word jaggery, for they constitute the personality.

As man grows subjective and contacts the *buddhic* plane, he gains *buddhic* understanding. With the help of *buddhic* understanding he would experience the sweetness through the 15 principles. Since these experiences



are blissful, the Master speaks of 'salter'. The mouth salters when one eats something that is unusually tasty. The secretions of the mouth enable experiencing the taste. Likewise the soul gains experience with the help of the 15 principles of personality.

As the disciple progresses, disagreeables become agreeable. Dislikes get neutralised. Obstacles turn into solutions. The impediments on the path reveal the gifts behind, when properly understood. Thus the disciple moves forward.



Regulation 15

Temple cries,

“Repair! Reconstruction! Renewal! Remodel!

New Model!”

All bricks rearranged and reutilised

No brick broken nor neglected.

The temple referred to in this regulation is the triangle of Master CVV, *Vaivasvata Manu*, and Master Morya. The purpose of this triangle is to repair, reconstruct, renew, remodel, and thereby build a new model. New models do better than the old models. It is true with many equipments that man uses. Everything that man uses today is put to evolution. The pen he writes with, the chair he sits on, the automobile he drives, the aircraft he flies, the daily utensils, the robes – all are put to evolution. So is the human body. Ever since



1945 there is gradually evolution in the models relating to human bodies. The 21st century child grasps much more and much faster than the earlier 20th century child. There is tremendous speed in their comprehension. Today's children are very quick in their grasp and in their handling of modern equipment, such as computers and other electronic facilities. This is all due to the introduction of the new models for faster evolution of mankind.

This process of remodelling reutilises all that belonged to the old model. It rearranges the same components, conducting the needed repair and reconstruction. Thus, the Third Ray is the principle of intelligent utilisation of all available resources. For this reason it is said that all bricks are but rearranged and reutilised and that no brick is broken or neglected. The temple work needs to be done in this manner, since it is a sacred work. There is complete understanding of the sanctity of nature. In nature there is no waste material, it is but ignorance that causes wastage. Nature works



by the law of economy. The best economics can be found in nature. As man grows in his comprehension, he wastes less and less. The growth in his comprehension is proportionate to the respect he gains for nature.

Another dimension relating to the new model is a lift-up from material support to subtle material support. The electronics today enable eliminating wasting of much natural resources. Today not much paper or ink is used as before. Records, books, writings, all are stored in electronic version. Whatever is not needed can be made to disappear, than to be stored and burnt. Many libraries are turning to be electronic libraries. Record rooms, which occupy huge buildings, are no more necessary. Postal work is being reduced to almost insignificant levels. Thus in nature material activity is tending towards subtle material activity or etheric activity, relieving the humans from the luggage and heaviness of stored material. It is also expected that like the paper and the book, human bodies also tend to be electronic. They can appear and disappear like



a book appears in the electronic version at one stroke and disappears again with another stroke. This is one of the prophecies of Master CVV that man tends to be etheric and may appear and disappear at will. In the present context it does not seem to be a fallacy, a fiction, a miracle. In ancient times Apollonius of Tyana and *Krishna* of India are said to have appeared and disappeared at will. Lord *Krishna* went even further to give multiple simultaneous appearances. Humanity in Aquarian Age would re-find these keys. This is another prophecy of the Master.



Regulation 16

Master column howls high

Remodel reaches sky

Howling sound resounds in sky

Remodel reverberates

In-fills Life

Impoverishment fades.

As the repair and the reconstruction of the sub-planes of the body are near completion and when the bricks are being rearranged, the Master calls from a higher centre than before, so that the energies find their upward movement with every respiration. The breathing becomes much more effective than before, filling additional life energy into the seven sub-planes of the three planes (mental, vital, and physical). The in-filled life does the healing of the twenty-one layers and the impoverishment fades away.



This is a specific process that every advanced student experiences in the path of Master yoga. There is a certain period of time where during prayer there would be much more deeper inhalation and exhalation. It is not a proposal coming from the student who is in prayer, but a proposal coming from the Master that causes such inhalation and exhalation. The student gets pleasantly surprised of this unconscious (not yet conscious to him) impulse and feels inclined to cooperate with it. In fact, in the prayer given by the Master many such auto-suggestions happen due to the grace of the Master. When the student cooperates with them and works regularly as per the suggestion, he moves forward faster. One of the fundamental instructions of the Master in his path of yoga is to invoke the sound key CVV and observe what is happening within. Allow the workings to happen.

Among so many workings, which cannot be detailed in the present context, one such important working is in-filling prana. The Master calls it 'inhealing'.



Inhaling is the act; inhealing is the purpose of such inhaling. As a result even normally one inhales regularly, uniformly, slowly and deeply. Health improves. Every deep inhalation demands a deep exhalation. Thus, more life force enters in and more anti-life is expelled out with every deep respiration. Students of *raja yoga*, who are engaged in the step of *pranayama*, know this. In the Master's path of yoga he in-fills cosmic light, which he calls 'merry life' into the layers of human body, when the student is engaged in deeper inhalation and exhalation. The purpose is aimed at ensuring longevity of life to enable the student to fulfil the process of yoga in this very life. Master's way of healing is different from the general understanding of healing. He does not aim to heal the general symptoms of sickness. They may get healed or they may not. He ensures that there is longevity and that there is enough functional health. To him health has such a limited purpose. He ensures that the student is functional as long as he continues with the path of yoga. There are



innumerable instances where the students were given renewed life through this process of inhealing. The inhealing waves that Master sends forth enable life to be functional in the body so that the body cooperates with the soul to fulfil the purposes of the soul.

When the Master calls upon a sincere student during the prayer, such respiration processes do happen to cause rectification to a potential danger to life. Master himself experienced this merry life initially when he conducted experiments with the new energy that visited him. He gave many names to this life energy. Merry life, chief life, plenty of prana are some of the terms he used. When the energy visited him and he was experimenting to assimilate the energy, he experienced long hours of inhalation; long hours of exhalation; again long hours of retention, and long hours of cessation. During these long respirations he observed how the prana works in the human body, in all the seven centres, seven planes and their respective seven sub-planes. He could conduct many instant healing



therapies with this understanding, while he insisted on prayer for yogic transformation. This working with life force happens to a student when the Master graces for a second time. When is the first time? The first time is when the student gets into this yoga. The Master always said, “When a student decides to follow the yoga path given by me, his decision is secondary; mine is primary. The student is only responding to my impulse. Unless I grace, no student can pray. Many times the student thinks he would rather not do the prayer today. It is not his will; it is My will. I decided for two reasons that he shall not pray, but sleep. When the student does acts, speeches and movements inappropriately on the previous day, I do not let him into prayer. Likewise, when a student is required for My work in the subtle planes, I do not let him awake. Thus, failure to pray has two different reasons to two different students. In the former, failure is with the student who is an apprentice. In the latter, failure is because I work with him in the subtle planes.”



Coming back to the original theme, when the Master graces for the second time, the Master column in the student (*sushumna*) is tickled with the sound by the Master. Consequently, the student who is getting remodelled gets a pleasant lift-up momentarily beyond the 5 elements. That is a vertical lift-up, which the student experiences and gets thrilled having been out of the frills of the 5 elements. Master says it is a thrill beyond the frills.

When the student stands at the territory of the *buddhic* plane, having ascended, he is visited by reverberating sounds. The reverberations happen all around the being (the student who is now just an awareness without body). He fills in much life, much light, much joy and comes back. Thereafter his attitude to the surrounding life is different. He no more feels himself to be poor or deficient as before. All impoverishment fades away.



Regulation 17

Master column Meridian Sky

Inner column causal high

Master howl builds the Bridge

Temple model takes shape.

The Master makes yet another call, the third call. The call of the Master is from the Aquarian centre. The Aquarian centre in us is at the top of the forehead. The call enables further pull-up of the student in *sushumna*, up to the brow centre from *muladhara*. The brow centre is the bottom centre of the forehead, while the Aquarian centre is the top centre of the forehead. The next step is to build the bridge, which happens much later. Master descends from the other side and gives impulse to the student who is at the brow. It enables the building of the temple of man. The temple is the



personality temple. Personality is the temple. Man is the image of God. God descends into the image and conducts the temple work. Image in every temple is but God's image. God descends through the apex (*sikhara*) into the image and with the image as basis all temple services are done. In every temple or a church or a mosque or a synagogue or any other structure of any other system where there is regular invocation of the Divine, there service is inevitable.

Man's personality also needs to be transformed into a temple for him to be the image of God. Temple service includes teaching, healing and uplifting the human beings. For any person to be divine, it is but necessary that the personality is dedicated to such service as the temple service. In a temple, energies are received from higher circles and are distributed for upliftment in the surrounding areas – from servitude to servant, from servant to server, from server to saint. When man's personality is transformed, gradually it becomes a temple. Serving the fellow beings is the only



noble intent by which the energy of the Most High gets obliged to descend into oneself. People who pray for themselves may receive impulse of the energy. But people who pray for the surrounding life would receive the energy itself. The Divine makes such persons as its abode, as its sanctuary. When it is so, the personality of such a person is called a temple. This temple is proposed to be built and the model takes the shape of a blueprint.

Until service is done at large the karma is not discharged. The Saturn rings continue to wind and bind. At this juncture the student needs to plunge into greater service and see service as an opportunity for release, but not as a problem to be circumvented. As long as the person circumvents he moves only in circles. These circles are but the rings of Saturn. Surrendering to service is the only solution offered at this juncture. All Initiates demonstrate great service, which should inspire the student to follow the path of service. 'Keep serving as it comes to you', is the keynote.



Regulation 18

*Master Turkey smote the rings
Saturn rings slowly unwind
Serpent ring tends to be wings
Eagle wings uplifts column.*

As man meets service and discharges service to the best of his ability, he knocks at the shell of the Saturn rings. As much as one knocks from within the shell, so much knocking also happens from without. Knocking the shell of Saturn rings is but meeting the work of service however arduous it is. Normally students try to avoid an uninteresting, unpleasant and unhappy event. This shows innate weakness in their psychic and mental levels. The only way out of this weakness is to face the limitations. As much as one faces them with a prayerful mind so much the Divine helps to dissolve the limitations.



When a Master of wisdom graces the looks on a student, the immediate effect is stimulation of Saturn rings. Saturn in turn grows man into the required experiences. When man willingly takes them up and works with them he would neutralise karma. A series of experiences get opened and man incessantly works with them until the lower nature of man ceases.

The blueprint is ready relating to the temple model. The temple is now to be constructed. To construct the temple, strong foundations are needed. Therefore the process of digging into the surfacial man takes place. As one starts digging from within the psyche, many things spring up. When a big construction is contemplated, one would dig the land deeper. As they start digging to the required depth, there could be hard rock, there could be water springs, there could be a lot of debris, and there could even be some skeletons and bones. One never knows what is underneath the land, under the surface on which one habitats. Similarly men are generally surfacial, they do not really know what



exists in the deeper side of their psyche. Until all the sicknesses of the psyche are cleared, the spiritual psyche does not spring up, therefore the importance of clearing one's own limitations. Until this is done, Saturn plays necessarily havoc. If the student is mundane, Saturn creates troubles in such aspects of his life by which he is most affected. If a person cares too much for money, he is affected by failures and impediments in financial aspects. If a person deeply endears another person, separation from that person is bound to follow. Anything that one holds close to the chest is the one that is chased by Saturn. By this Saturn teaches mental detachment until one grows above and beyond all mental attachments. Saturn haunts with his rings. Remember that Saturn is but a form of Pluto, the Lord of Death. The Lord of Death appears terrible to the man of attachment, and appears pleasant to the man of detachment.

However speedy Aquarian Age may be, Saturn works with his quietude, he works slow, he works deep, and he does work, which is long standing. His



grip is slow but sure. He enables things of permanent values and grants a stable nature for the student who is willing to work with his limitations. Saturn thus plays a very important role in the life of a disciple who is on the path to Truth. Along with Mercury, Saturn builds the *antahkarana*. Importance of Saturn cannot be explained fully on the path to discipleship. This regulation therefore says: Saturn rings slowly unwind.

As much as the limitations get neutralised, the same conditioning rings of Saturn become wings that help to uplift the student. Unburdened by karma and the related limitations the student moves up in his awareness through the *sushumna* column. A Master or a Teacher silently assists the student, when the student is at work with his own limitations. The Master is compared to a Master turkey who smites the rings of Saturn from the other side, as the student starts meeting his own limitations. If the student stops to meet the limitations, the Master stops assisting from the other side. Such is the arrangement.



Regulation 19

*Master Turkey moulds the wings
Merry Life moves around
Deadly rings of Saturn solved
Lively science of Sukra resolved.*

As the process of unfoldment continues, whereby the student meets the problems and finds the gifts behind, his abilities multiply and weaknesses turn into strengths. Strengths gain better strength. Life and awareness grow with greater ease. Disciples come to plain land from rugged paths from mountains and valleys. This whole process is astrologically presented as the journey of the soul from Scorpio to Gemini in the reversed direction.* As more and more life moves without blockages the student becomes lively and gains the ability to experience the bliss of every minutest event. The student learns to live fully and completely in every minute,



enjoying the juice emanating from every event. The science of living comes from *Sukra*, the Lord of Venus. Unless one receives the grace of *Sukra* one cannot optimise one's experience through the events of life. *Sukra* stands for the science of blissful experience. *Sukra* is the teacher, who also enables one to experience in detail the bliss of departure from the body. To the ones graced by *Sukra*, the event of death is witnessed as a skilful departure from body. Experience is in its completeness when one develops the ability to be and to observe that which is becoming. Unless one takes to a stable place in Venus he cannot see the becoming. If one becomes part of becoming, he cannot experience it. *Sukra* gives this ability to be and to experience the becoming. If the being becomes one with becoming in an event, he cannot gauge the science of becoming. To be and to observe enables one to experience better. When one sees a movie he experiences much more than one who becomes part of the movie. One's life is a movie. One is a witness and also a role player, an actor. If he identifies



with the action, he loses his identity as a role player. That loss of identity will not give him the experience of playing that role. A movie star, though he plays a role, for example of Moses, of Jesus, or *Buddha*, or *Krishna*, knows that he is playing a role and he is none of those roles. He therefore enjoys playing different roles in different movies. So is a person's life, he plays different roles at different times. The only difference is, he forgets that from morning till evening it is all a role playing game. One plays a role of a parent or a child or a husband or a friend or a worker, a brother, a sister, an uncle, an aunt, and so on. One plays many roles a day, but one becomes the role that one plays and forgets one's identity. When the identity is retained the experience is much more with the role play. If the identity is dissolved in the event, one can only rejoice in retrospect, since he does not remember while the event is on. When one becomes one with the object of experience, such experience is incomplete. Such one cannot understand the process of departure during death.



Venus bestows this ability on the ones who have dissolved their Saturn rings. Such is the message of this regulation.



Regulation 20

Saturn Stove stands stable

Forms the Cancun of Serpent Fire

Master Column works out vertical

Man ascends as Master descends.

Fairly relieved of the rings, though not completely, stability starts establishing itself enabling generation of serpent fire from the pit of the stove. The base centre is the pit, which needs to be enflamed for the energies to move up. The base centre is also called the Saturn stove by Master CVV. The base centre is further called by the Mayans as the pit of the snakes, Cancun. Cancun is the base centre of the Mayans. It is not accidental that the city of Cancun still remains the bottom-most point to the nation of Mexico. In spite of partial deluge of Mayan land, certain truths survived to inspire. The



city of Cancun is in the province of Yucatan. Yucatan is *Yogastan*. *Yogastan* means the place of yoga. Similar is the case of today's Jakarta, whose original name was *Yogakartha*. It is part of *Yogyakartha*. All these places have much more ancient history than the contemporary historians know. Cancun is the pit of the snake, which represents the base centre. The snake is the serpent fire of *Kundalini*. It is called serpent fire, because the fire remains there in a serpentine form (a coiled coil form).

Snake represents the coiled *Kundalini*. *Kundalini* is but man's awareness imprisoned in the base centre. It remains a coiled coil. It is therefore called coiled serpent. The coiled serpent remains dormant in the mundane man due to a variety of material conditioning he suffers from. The mental, the emotional and the physical put together are the material. Man suffers from distorted mental conceptions and the related emotional conditioning and also suffers from want of material desires. The Saturn rings are but the limitations of the man, which are self-imposed. Unless this material is expelled



or excavated the serpent cannot rise. The serpent is buried in material. The human awareness is thus buried in the three planes (mental, vital and physical). It is man's self-conditioning. Therefore his awareness is set to be suffering at all the three levels, represented by the three coils of the serpent. A mundane man looking for Truth tries to rise the head. Therefore the *Kundalini* serpent is said to be of three and a half coils in man. Until the head grows into *buddhic* plane the illusions of material continue to bind him. A Master of wisdom functions from *buddhic* plane and therefore is able to help a person making efforts to reach *buddhic* plane. A Master of *raja yoga* path gives support from *buddhic* plane. He tries to send the energies vertically from the *buddhic* plane to mental plane. The Master energy tries to work out vertically, as man's energy tries to ascend vertically.

Man is given wisdom regulations, which are to be implemented in daily life to enable a slow unwinding process to the serpent rings (Saturn rings). As the rings



slowly unwind, there is upward movement of energy from the pit of the base centre. The fire rises from the pit, as the Master energy descends towards the pit. The descent of the Master energy is proportionate to the student's effort to ascend. As much as the student's energy attempts to ascend, so much Master energy descends. This is the beginning of the process of yoga, but there is much preparatory work before such a process begins. The preparatory work is to develop an open mind and conduct a clean life and the student needs to have an eager intellect to know and to practice. Millions may be in the preparatory work, but one in a million would stand to be initiated into the path of yoga. The reason for this is self-imposed conditions through concretised concepts. Yoga remains more as information than as a practice for experience. This situation needs to be changed, therefore the work of the ray of Uranus is to bring about the change faster.

Every change is considered for the better, only when the results of the change give a better stability.



Change is not for the sake of changing. Change should be attempted targeting stability. Changes should bring more stability than before. Stability itself is an illusion to man; to ask for more stability is asking for moon. It is more appropriate to say that every change should be aimed to bring in less instability.

The practices stated above up to the 19th regulation are meant to release man from instability. Once he stands stable, the work can begin. The Cancun generates serpent fire, that is the call of the student. It is more a cry out. It is like a SOS. The prayers are then really ardent. Ardent prayers are heard in the higher circles, other prayers are not. The Master energy works out vertically. Master CVV says he comes down, boring the path. When the drill bit bores, even granite stones have to give way. The Master descends and the student ascends. That is how the descent of Master and the ascent of man begin. This process is like working out a tunnel from either side. Then there is movement of the student's energy from this side of the tunnel to the



other side; the other side being the *buddhic* plane. The scenery on the other side is not the same as the scenery on this side. It is totally different. It has different colours, different illuminations, beings are more illumined and everything has the touch of gold. Not much can be said of the *buddhic* plane, because it only builds more glamour and illusion about it to the reader. If much is given, student starts imagining about it instead of working for it. Unless one works, one cannot reach it. When one reaches, it is no more imaginary.



Regulation 21

Twelve Jaggeries tend to awaken

Giddiness gives way

Air expels deadly gases

Fire collects lively Waters

Pavan and Pavak permeate

Water, Matter stand discharged.

The twelve jaggeries are but the twelve petals of heart lotus. Heart lotus is the centre to experience the *buddhic* plane. It is also the centre in which matter and water stand discharged, which would enable manifestation of kingdom of God upon Earth. As the Saturn rings are dissolved, as *Sukra* starts functioning, as life moves around without impediments, the experience of daily events of life stand different, in the sense they stand more meaningful and tasteful. Life becomes tasty. As



love and light flow out into service the drowsiness of the being is left behind. The smoky path also recedes into the background. Clear vision happens.

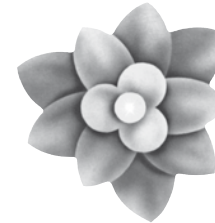
Then air and fire are in good work with good understanding. The purifying element in air is called *pavan*. And the purifying element in fire is called *pavak*. *Pavan* and *pavak* permeate, purifying the system and the surroundings. Due to the work of purifying air and fire even waters within one's system and matter within one's system stand discharged of impurities.

Mind you, there are 49 airs and 49 fires, which constitute a separate doctrine of wisdom. The work of air and fire is the noblest one that happens in creation and in the beings. Air transmits life. Fire transmits intelligence. Air and fire together are at good work. They actively cleanse the mental, vital, and physical matter. Life finds another dimension, the fourth dimension, which expresses through hitherto existing three dimensions.

The twelve petals of heart lotus are but four triangles, one placed over the other. Like a *meru* (pyramid),



like a pine fruit. The twelve petals are but four triangles and the four triangles relate to the four flames from physical to *buddhic*. The opening of heart lotus is possible when the three qualities of the four planes find their agreement. Poise remains the common thread through which consciousness flows through all the four planes from the *buddhic* to the physical. Then messages are received from the physical, emotional and mental plane into the *buddhic* plane, and decisions are made in the *buddhic* plane, which are followed in the lower planes.



As man functions in the *buddhic* plane, he is at ease to work with the three qualities on the four planes



which would give him an optimum experience of life on Earth. This is poetically expressed by the Master that the twelve tastes tend to awaken. The word used for tastes is jaggeries, the naturally condensed sugar-cane juice.



Regulation 22

Saturn heaves healing waves

Planets heal in Merry Life

Medium's instrument heaves out Pranic waves

Medium stands healing agent.

When the student touches the quality of the heart and slowly experiences the splendour of life he feels encouraged and moves into himself, shedding all inertia. He blazes forth like a flame. He can no more be dispirited, which is the trick of Saturn hitherto. The Master of the eleventh house is replaced by the Master. The eleventh house in the zodiac is Aquarius, which is ruled by Saturn in a mundane man, but in a student who is transformed into a disciple, Saturn gets replaced by Sun. Sun in Aquarius blazes forth specially from the seventh ascending moon phase. Sundays in the month



of Aquarius are especially important in Vedic tradition to all the students who are seeking self-transformation. All practices relating to the spirit and the soul are substantially reinforced when they are carried out on Sundays during the forenoon, from dawn to noon. It is much more so in the month of Aquarius.

Just for the information of students it may also be informed in this context that Sundays in Aquarius, Mondays and Saturdays in Scorpio, Thursdays and Fridays in Leo, Wednesdays in Gemini and Virgo, Thursdays in Cancer, Sagittarius and Pisces are of special significance. The inner sun in man is man himself. He blazes forth with spirit, thus the eleventh house Saturn stands discharged as Sun takes his charge. Inertia is replaced by activity. Constriction is replaced by expansions and permeation. Saturn turns servant to Sun. The son follows the father (Saturn is the son of the Sun) as for the Puranas. Saturn picks up the reasonability of healing. The healing that he generates in cooperation with the Sun would mean



healing in detail, to the minutest level. He starts healing the cells of the body, enabling the life to enter into every cell of the body. The cells of the body having been charged with life, they get warmer and enable better absorption of fire. As more and more cell fire generates and unites with pranic fire, the *Kundalini* fire blazes forth even further. The generation of pranic fire is activated and even moves into the surroundings as healing waves. At this point such student heals places and persons by his presence. The labour of healing is not with him. The labour of healing is no more. Healing happens. It is no more a hard labour of doing. The presence of the magnet is enough; magnetisation happens. An act of healing is a mental plane activity. Happening of healing is a *buddhic* plane activity. The student who is becoming a medium of Master energy tends to be a healing agent. The Master heals through the medium. The healed ones praise the medium. The medium would do better to transfer the praise to the Master.



The medium thus formed in this process is not like a spirit medium of Africa. He is a transformed one and conscious of the transformation happening in him. He consciously enables the energies to happen. He is not an unconscious, emotional, sickly, ignorant spirit medium, who claims to invoke great beings.



Regulation 23

*Prana flows in, Prana flows out
Merry Life moves up and down
Health levels happen
Healing howling moves around.*

This regulation looks fairly simple for understanding. In a disciple's life there is a stage where he stands to heal. People come to know that he does good healing and therefore come up to him to get healed. The healer gets engaged in healing and healing becomes a major activity. Healer also gets into the rhythm of healing more and more. Initially he builds a habit to heal and the sick build further around him a system. Unconsciously the healer builds a ring, a Saturn ring, once again by his own self-generated activity of healing. More and more healing is demanded by the sick and more and more the healer gets



imprisoned by the activity of healing. The practice of yoga gets side-tracked and the yoga student settles down to be a healer, not pursuing further the path of yoga. On the path of yoga one needs to proceed with the process of yoga and one is not supposed to settle down with a power of yoga. Healing is but a power of yoga. There are many more powers that unfold within as one proceeds with yoga, which are seen as the magical powers, the miracles. When these powers are at exhibition, people gather around, make the yoga student a socially able human and build a church system. The yoga student also yields to it and thereby gets imprisoned. He restricts himself to healing the bodies. He does not progress to realise the soul and heal the souls. To heal the body there are many therapies, one needs not necessarily use the yoga powers. To heal the soul, there are no therapies other than realising the soul and thereby serving the soul. The priority for a yoga student is to become a yogi. That is the purpose set. He cannot let himself be distracted and sidetracked by the surroundings.



Similarly a yoga student may get caught in teaching. As one starts teaching, more and more teaching is demanded. He receives demands from the society to be on different platforms, larger and larger platforms, for he carries a little magnetic impact in his speech. People get attracted and praise the speaker. Slowly teaching becomes a profession for the yoga student. And yoga takes to a secondary position. This is another way of getting distracted. Such ones are excellent orators; their speeches shower flowers. People get excited and thrilled, but there is little to carry home for daily practice. Their speeches are full of anecdotes and cover larger fields of literature. They are also excellent storytellers. Eventually they become good crowd pullers. Unconsciously such ones also build a social ring, like the healer stated above.

Similar is the case with a yoga student who gets into activity of writing. Certain impulses arising within result in certain inspirational writings; thereafter one gets caught up in the glamour of writing.



They start writing even without any further impulses being generated from within. Thus on the path of yoga there are slippery pavements and once one steps on it, he drifts far away from the path unconsciously. This again is a fresh Saturn ring built by one's own glamour. One can never be sure that he is out of glamour unless he checks and rechecks on a daily basis and holds firmly to the Master column within. This is what the regulation means by 'healing howling moves around'. It subtly means, the yoga student, instead of dipping into himself and becoming silent, goes around with the healing, teaching, writing into society, making much noise. He moves around howling. He moves around feeling the urge for personality recognition. The urge to be recognized is but human. But yoga is to transcend the limited and conditioning human nature. Unwittingly the students of yoga fall into one or the other thousands of glammers that are present.

Therefore the seemingly fair and simple regulation is not really so. Simplicity is a state, which is difficult to



be accomplished. Truth is simple. Is it easy to follow? One is happy, if he is simple, because Truth is simple; but it is difficult to be simple. It is much more difficult to a person to be simple when the world recognises some value in him. Well-meaning students are lost into the worldly sounds, worldly ways and move around howling.



Regulation 24

Aspired works happen high

Sigh of relief suddenly sensed

Sudden solutions causing sudden sigh

Service abounds solving riddles.

When one is out of glamour, the work of goodwill happens simply, quietly, which nourishes the surroundings souls. As much goodwill work happens, so much relief one feels inside, but not the busy-ness. The student at this stage lets the work happen. He is not anymore childish to do it. To do is the lot of the amateurs. To let things happen is the lot of the mature one. He lets good work happen and understands that the good work chooses him and that he did not choose the work. He continues to be a dispassionate observer. Many good things happen through him. He does not



believe that he is doing them. He knows clearly and consciously that it is all happening through him. He rejoices the good work happening through him and remains ever more grateful to the Master for having chosen him as a vehicle for good deeds to happen. At that stage one may heal, but he does not feel he is the healer. One may teach, which inspires people, but he does not feel he is the teacher. One may write afresh the ancient wisdom, but does not feel he is the author. The world may ascribe many things to him, but he ascribes them in silence to the ONE whom he follows. As much as one stands on such stable ground, more and more the soul of the student senses the sigh of relief. Sudden opening would happen in him for further influx of life and light. Impulses of good work express themselves in variety of ways.

On one side he finds inner openings into life and on the other side each opening brings out a further dose of life, light and work. Solutions are found within for the outer riddles, service unfolds in every way, solving



the riddles of many surrounding him. Service abounds and the service grows beyond borders, to inspire the seeking souls who are in the four corners of the globe. Work continues to happen in manifold directions, but the student remains aligned with the Master column, witnessing the glory of the Master in the happening of works. It is a state in yoga, which every aspiring soul would like to reach. It is a treat to the eye when such student is at work. Much can be spoken of this dimension of work, which is opening up in a sincere student, which would lead him to the fourth dimension, and which would eventually settle him in the immortal part of the being.



Regulation 25

*Four-sided Saturn, Buddhi Saturn
Buddhi Saturn, Buddha Saturn
Buddha Saturn, Bukthi Saturn
Bukthi Saturn, Buddhi Solidified.*

As the student gets fit to follow the laws of Saturn, as given in the earlier regulations, and as the student touches upon the *buddhic* plane, the buddhi reveals and the student receives to manifest the plan of the higher circles in relation to his life and in relation to the surrounding life. As buddhi reveals, the Moon of the student receives. It is executed by the strength of Mars and is made to manifest firmly on Earth by Saturn. Such is the four-sided work from Mercury to Moon, from Moon to Mars, from Mars to Saturn. Thus there is regular manifestation of work. The divine plan dawns



on buddhi and buddhi being Mercury is the messenger of Gods. The message is received by the well-trained mind, Moon. Saturn trained the mind through the earlier series of regulations, therefore mind stays orientated to buddhi, mind stays open, stays clean.

Mind gets impregnated by the messages of buddhi. *Buddhi* initiates, mind receives the impressions.

Mind is but Moon. Moon is but a mini Saturn. Moon takes two and a half days to transit a sun sign. Saturn takes two and a half years to transit a sun sign. Thus Saturn is 360 times bigger and deeper than Moon. Moon is surfacial, Saturn is deeper. When Moon is trained by Saturn, Moon gets the strength of Saturn. It is a stable and unwavering strength. For Moon to move around the Earth it takes thirty days and for Saturn to go around Sun it takes thirty years. When Moon is in agreement with Saturn, such a Moon functions in great depth.

In deep, still waters the stars in the sky reflect better. Saturn is thus still and deep. Moon gains that stillness and that depth. It can no more be influenced by the



surroundings. It can only be informed by buddhi. This is Saturn-Moon aligned state.

When mind receives the impression from higher mind, from buddhi, the decision to translate the impression into action is clear and precise. When mind decides, Mars cooperates to manifest. Thus Mars is in alignment with Moon. Thus from buddhi to mind, from mind to speech or action, things get translated. Thus Saturn manifests the work and generally the student manifests work for 30 years. Such is the case generally with the Initiates who conduct meaningful work for 30 years. Madame Blavatsky worked for 30 years, Madame Bailey worked for 30 years, Master EK worked for 30 years. These are but some examples.

The alignment in between the four planets, namely: Mercury, Moon, Mars and Saturn is described by Master as four-sided Saturn. They relate to the four centres of the body, i.e., *Anahata*, *Manipuraka*, *Swadhisthana* and *Muladhara*. The four planets are regents of these four centres. They come together to



manifest the plan from supra-mental state. “Supra-mental consciousness is the reality of the near future”, said Sri Aurobindo. It was a prophecy. Master KPK gave a very specific detailed way to build the bridge from mundane to supra-mundane. The Master himself presides over the students to enable the students to build this bridge. Unless this bridge is built, man remains conditioned. He suffers from limitations. The regulations of *Sani* (Saturn) are to neutralise the binding and winding rings of Saturn with the help of Uranus, whose ray Master KPK stimulates in every prayer.

This is the fundamental bridge to be built in any path of discipleship to stay free, to stand liberated. In Vedic symbolism it is said that *Makara* is transformed to become *Kumara*. *Makara* means crocodile or a dragon. The grip of a crocodile is the worst grip. Such is the grip of Saturn. Through a scientific process one releases oneself of the grip of Saturn (self-imposed limitations) and presides over one’s personality. So when one presides over the personality, he is called a Son of God, an Initiate.



It is also called birth of Christ in oneself. Each human has potential to be a Christ. In the path of yoga at this stage, the infant Christ is born in the heart. In the East the same process is said to be *Dwijatva*, meaning the process of being born twice. All humans are born in the darkness of flesh and blood and through specific yoga practice the human would once again be born in light. When one is born in light, it is the second birth. Such ones stay in the *buddhic* plane and stay stable in the *buddhic* plane. They even consolidate their placement in the *buddhic* plane just like mundane man consolidated himself in the mundane world. The consolidated man in the *buddhic* plane is said to have solidified buddhi. This is called in alchemy ‘mercury solidified’.

As the fundamental bridge – as stated above – is built, one gets the sense of contentment, which is called *bukthi*. In this state of contentment one has the comfort and ease to receive from higher circles and manifest in the mundane circles. Such is the understanding of this regulation.



Regulation 26

Four-way telescope, Four-faced Saturn

Four-fold work, Fourth dimension

Four layered triangle, Folds out of tangles

Dodecahedron unfolds Heads.

Four-way telescope is but the four dimensions of work. One gets vision, just like one sees far through telescope. He visions the work to be done at the *buddhic* plane, which is one telescope in work. He visions the plan of work, which is the second telescope that he uses. He executes according to the plan, which is the third telescope. While at execution he also has the facility of the fourth telescope to foresee troubles, and he also visions the place of manifestation and manifests the work there. Thus what to do, how to do, and doing, and the place to do are cleared to the one who is reborn



in the heart centre. The fourfold aspect of the work is clearly seen and is enabled manifestation. The doer is no more and the work is on! Things happen and the Initiate cooperates. He has no feeling of doing it; as this process continues, the four-layered heart lotus with three petals in each layer unfolds one after the other. As the twelve petals unfold to their bloom, it takes the shape of dodecahedron, with all the dimensions relating to dodecahedron. Every layer of three petals unfolds one after the other, and when the first petal of the fourth layer is open, one is already at the doorstep of initiation. Opening up of ten petals is good enough to receive an initiation. Of this much is spoken by Master Djwhal Khul under the term 'the egoic lotus'. As the work continues, as said above, the other two petals open eventually to form the dodecahedron.



Regulation 27

Tenth Saturn repeats Ten times

Hundred-fold work grows high

Scope is telescoped

Learn to work

Look not to rest

Take help of telephone, telegram.

As per astrology, if one has Saturn in the tenth house, the keynote for life is hard work. Much labour is inevitable with little compensation. It is a life predominantly meant to work without looking for remuneration. Labour without remuneration is the keynote of Virgo. In the mundane world it looks to be a poor life, but in the occult world it leads to a rich life. The natives of Virgo gain a clean mind, a virgin mind, when they accept the principle of working without looking for



compensation. As they completely surrender to this principle, the virgin mind gains link to the grace of the Divine. Divine grace is posited in the opposite sign to Virgo, Pisces. The two fishes of Pisces are but the two eyes of the World Mother, whose grace showers on persons who labour without any compensation whatsoever.

When Saturn is in the tenth house, the key to follow is as above. To an Initiate it is like ten times tenth Saturn, meaning much more work. More work results in more grace; more grace leads one to more work. Thus the scope of work increases hundred times. The Initiate nevertheless turns out as much work as possible by being a dispassionate observer of work. He observes the work that is happening through him and observes the inflow of inspiration as well. He transcends the feeling of work and sees the continuity of work as a natural phenomenon in creation. He finds that the creational work is as continuous as pulsation. Pulsation is but essentially a cosmic pulsation. During



entire creation the law of pulsation is incessantly at work. Likewise, the plan of creation is equally incessant in its manifestation. In him the illusion of rest gradually disappears. He has a telescopic understanding of the scope of work that is being carried out in Higher Circles and he uses that telescopic understanding in four ways while at work.

When the Initiate needs help from the Higher Circles he telephones for help. The response comes to him through telegram.

Master CVV says that telephone is a facility to reach the Higher Circles and that telegram is a facility to the higher circles to transmit the needed seed thought to the initiate. When an initiate seeks help he speaks in his own language of mind to the higher circles. Thereafter he waits to receive. The higher circles have a different language. They do not use as much speech as it is in the lower circles. They only transmit certain hints. It is general practice that while giving a telegram we do not form sentences. We communicate the essence. Thus



hints come from higher circles, which are to be decoded into a language by the initiate himself. The telegraphic message has no language; it has certain dotted message, which is decoded into different languages. Thus the Initiate reaches a state where he can send in his own language a message for help. Then he needs to wait to receive: receive the coded message, decode into one's language, and help the surrounding life. He is thus permitted to telephone and wait to receive the telegram. It is a facility in the occult world, which is available at this point of time. Master CVV mystically speaks of the functional method inter se the Initiate on the physical plane and the intelligences of the higher planes. This is telephonic work. The working of the intelligences of the higher planes with the Initiates of the physical planes is to manifest on the physical plane. The work of telephone is to contact the higher circles. The work of telegram is to receive the messages from the higher circles. Such is the occult understanding of the Master vis-à-vis the telephone and the telegram.



Regulation 28

Telephone Saturn, Saturn telegraphs

Buddhi's Saturn fulfils Bukthi

Decode telegram, do the work

Bukthi centre stands fulfilled.

This regulation is fairly understandable with relation to the first and third lines. Telephoning is the method with which one contacts the higher intelligences; receiving message is telegraphic. Receiving telegraphs one needs to decode the telegram and carry out the work. All this is possible in the plane of buddhi with which Saturn has built a bridge. The buddhi centre is the centre for transmission to higher circles and also for receptions from higher circles. *Buddhi* centre also transmits to lower circles via Moon. Thus within buddhi centre there is one centre, which works with



the higher, and another centre which works with the lower. The Master speaks of *bukthi* centre, which is the third centre that fulfils the Initiate who looks up to receive, receives and also translates into work. Only then there is fulfilment. Only this fulfilment causes self-contentment. When there is self-contentment, there is fulfilment; when there is fulfilment, there is self-contentment. The being is joyful, for he is of some consequence in the creational plan. All this has become possible due to the bridge built between buddhi and Saturn via Moon and Mars. *Buddhi*-Saturn bridge is the prerequisite for emergence of *bukthi* centre. *Bukthi* centre while at active work gives the needed fulfilment.



Regulation 29

Medium moves into Golden Cave

Master opens Door of Gold

The Golden Hue embraces the Medium

Medium feels Magic Touch, Midas Touch.

When the *bukthi* centre is fulfilled and as the Initiate starts functioning from there, generally he firmly settles in the heart lotus, which is essentially of golden colour. The heart lotus belongs to the subtle world in which all around the golden hue prevails. Within the mundane world there is the golden world, which forms the basis for the mundane world. It is also called the fourth etheric world and the medium also gains an etheric existence.

Within the body of flesh and blood, due to the practices carried out, as stated in the regulations, the



medium forms a body of golden hue. This body of golden hue is of the same contours and features as the body of flesh and blood. It is of a miniature size; the size of each such form depends upon the thumb-size of the medium. In fact it is this thumb-size form, which precipitates the body of flesh and blood and later, when man tends to be mundane in the path of involution, he loses this form into mundanity. It remains in the body of flesh and blood integrated with the latter, rather disintegrated into the body of flesh and blood. It is like the butter integrated into the milk. When the milk is churned the butter regathers. Before the process of churning the butter is in milk, but not visible. When one sees the milk he can't see the butter. To bring out the butter which stays integrated in milk one needs the process of churning. Similarly to bring out the body of golden hue out of the body of flesh and blood, the process of yoga has to happen and the work is done by conducting the union of the cell fire with the fire of prana, which also needs concurrently an orientation to



the surrounding life – a life of service. Life of service together with practice of contemplation and meditation would in due course give birth to the golden body. Preparation of this body of golden hue is therefore seen as an important step in the path of yoga.

When one gains the body of golden hue he does not suffer the pain of death when the body of flesh and blood decays and dies. While he stays within the body of flesh and blood he stays unstrung and free, just like a peanut remains in the peanut shell. Even when the shell is broken the nut is intact.

The formation of body of golden hue is the result of innumerable transformations that happened in a student of yoga. The transformations are innumerable as those involved in the flowering of a flower or emerging of a fruit from a tree. These transformations are possible due to meditation and substantial service rendered in daily life.

The miniature form of golden hue is flexible in its nature. It can grow big and it can grow small. It can



grow wide. It can grow slim. It can even fly. The flying aspect of the body of golden hue would be described in the following regulation. The most important aspect of this body is that it continues to survive the body of flesh and blood. It also enables continuity of consciousness, which is most important for anyone to progress on the path. Unless there is continuity of consciousness one cannot progress, for he forgets the knowledge gained in the past incarnations. But the reflection of past work is so essential to continue and progress with the work. Without such recollection one does the same work again and again. Death results in forgetfulness of the past work done and one has to grope in darkness to rekindle the work and progress with it. For this reason the scriptures also define death as forgetfulness. Death is but a discontinuity in consciousness. The beings move circularly doing the same things during incarnations and do not move forward: thought to action, action to thought, cause to effect, and effect to cause – one remains in rotation, a circular rotation. When one is



caught in such movement, one cannot travel. It is like getting caught in a whirlwind. The only solution to this is the path of yoga. The science of yoga gives the way. Master CVV adds speed to it through a technique of prayer and also through introduction of service in a substantial way in one's own life.

The world of golden hue embraces the Initiate and the Initiate feels the magical splendour of the subtle world.



Regulation 30

Mediums find flying comfort

Flying medium finds Food of Wisdom

Serving food Saturn salters

Flying serving server simmers

Brings Joy to the grieved and sorrowed.

The medium in the subtle world has the facility to fly. He gets in association with the beings of golden hue. The beings of golden hue reveal vistas of wisdom. Wisdom nourishes the soul just like food nourishes the body. The hungry soul 'salters' and nourishes the food of wisdom with the help of occult keys. The server in the world is thus rewarded with the food of wisdom. He rejoices the wisdom; he replenishes himself with the wisdom; he simmers in the wisdom. Self-rejoicing of the wisdom would not completely nourish the



Initiate until he applies the wisdom to uplift the fellow beings, who are eternally in grief and sorrow. This is the only single reason for the Initiates, for the Sons of God, to get into the thick of the world and serve the world. Any man of wisdom or Initiate cannot but respond to the grief and sorrow of the beings of the world. His heart throbs each time he sees a suffering being, a grieved being. He comes back to help as much as he can. And he uses all wisdom and knowledge in this direction to help the fellow beings. He rests not until the fellow beings also take to the path and find eternal joy. The work is then said to be completed.

It is not enough if a son of man transforms into a Son of God. Having transformed into a Son of God he needs to transmit the know-how of realigning, the process of becoming a Son of God to the fellow beings and ensure that they too step into the process of transformation. Only then a Son of God is fulfilled.

It is not enough if someone specialises in a particular technique or ability. He should use it in service,



teach the technique or the ability to others, and ensure that at least one gains the technique. Only then he has the right to ascend into higher circles. This is called the law of succession. Before the president of a country lays down his office, another president elect is made ready to pass on the responsibilities. In almost every function in human society there is the principle of succession working. Before one lays down his function, he has the responsibility to see that similar functions are carried out by a worthy successor. There cannot be a break in succession. A tree bears a fruit, which would eventually be the future tree. Likewise a flower plant bears flowers to ensure continuity of flower kingdom. An animal gives birth to another animal ensuring continuity. Be it a king or a cobbler, they need to find their successor to serve the society before they lay down their office. A person who breaks this line of succession remains stuck until he finds the successor. Similarly the knower of Truth, having known Truth through a specific process, has a



responsibility to transmit the know-how to others and ensure that there is a successor to him. Then the work is fulfilled. The soul is fulfilled.



Regulation 31

Auto-model, altered model

Master model moves merry

Tri-pod Saturn turns Quadra-pod

Saturn, Sukra sign access.

Comfort, joy, experience, peace and the light remain eternally with the one who gains the body of golden hue. He suffers not pain; he suffers not any conditioning whatsoever. He can walk on Earth, sleep on waters, move in the sky. Many possibilities open to him and the related abilities. The mundane world cannot bind him. This body of golden hue of miniature size is the auto-model, it is called auto-model, because it is self-prepared. It is also called altered model, because it transformed from the conditioning form of flesh and blood to the unconditioned form of golden hue. It gains



all the magical powers to help the world (according to the law of karma) and moves around helping people. Life is one eternal flow like a flowing river. Stability is the basic quality that it gains. Unlike the tri-pod, which is unstable, he is like the quadra-pod (four legged stool). This state of being is said to be the Venusian state.

Venus has all the qualities, which are narrated in the presiding paragraphs. Venus is said to be the elder sister of the planet Earth. It is the etheric or higher counterpart of the planet. The beings on Venus suffer not death. They are immersed in beauty and wisdom, experiencing the nectar of life. Venus stands for immortality and also holds the key to immortality. The Lord of our planet, Lord *Sanat Kumara*, is said to have descended from Venus and lives in the second ether surrounding this Earth. It is Him whom the earthly beings consider as the Lord Most High. The Initiate of golden hue enjoys all the beauty and wisdom of Venus while being on Earth. Thus to him *Sukra* (Venus) tends to be favourably inclined.



The Saturnian material body thus gains the cooperation of the Venusian body of golden hue.



Regulation 32

Axis arranged hours

Immortality hovers

Telephone, Telegram

Telescope, Telefix

Tend to fix

Master cries out, "Space fix."

Axis of Venus and axis of Saturn are arranged for alignment. When this alignment happens, immortality is the result. One can experience the physical plane and the subtle plane as well and can move in-between the two worlds. This is what the regulation ultimately aims at. When this alignment happens the soul functions from the *buddhic* plane. The mind, senses and body cooperate to fulfil the plan on the physical plane. The mind, senses and body constitute the venue for the soul



to function. They enable soul service to be done. The soul fulfils its purpose utilising already gained facilities of telephone, telegram and telescope. The venue transforms through service into a temple. The soul remains as an image of God in the temple, fulfilling the divine purposes. This temple is also called Solomon's temple. Solomon's temple is soul's temple. Soul is but image of God. Thus the three are at work: the super-soul (the Divine), the soul and the personality (mind, senses, and body). The son of man thus gets fixed as the Son of God. The fixation now is in the golden hue body. Master CVV says it as 'space fix'. There is no more fixation in matter. There is fixation in the super-mundane energy system.

From ancient-most times this state of being is depicted as under:





The upper portion of the symbol is Venus; the lower portion of the symbol is Saturn. This symbol indicates Venus-Saturn alignment. It is the symbol of the Son of God. As much as he is in the space he is on the Earth. He receives the plan of the higher circles and translates the plan into the mundane world to bring lasting solutions to those who seek the path. This symbol is most sacred and is used in the cave temples.

The work of Saturn thus gets discharged when the son of man is fixed in space as Son of God.



Regulation 33

Mortal markings arbitrated

Markandeya blesses forth

Master caused Masterly adjustments

“Guhupti, Guhupti, Guhupti”, acclaim Gods.

This regulation relates to discharge of all mortal obligations as one tends to cross the borders of terrestrial existence. Such ones are not marked by any end. They tend to be eternal and immortal. The cosmic immortal principle *Markandeya* graces them and they continue to BE. They have the benefit of continuity of consciousness and proceed into greater visions, spheres, until one realises himself to be the *Brahman*, the Truth. *Guhupti* is the word the Master uses for the visions relating to the higher programs which relate to colour, sound and number. Sphere after sphere one transcends experi-



encing the velocity of colour, the vibration of sound and the potential of number. The work goes on and the soul moves on until he reaches the Sun.

Such is the grand program of the Master to help a seeker in training himself. He causes innumerable adjustments until one realises that 'I and the Sun God are but one'. Every soul is a solar being. It emerges from the Sun, the Solar God, goes through involutions, fulfils experiences and once again reaches the Solar God. Such is the plan.



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