

# SHASTA, SAMBALA AND SANAT KUMARA

**Dr. K.Parvathi Kumar**

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AND  
SANAT KUMARA**

**Dr. K. Parvathi Kumar**



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## **Dhanishta**

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## About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

*“Wisdom belongs to none and all belong to Wisdom.”*

**The Publisher**





*This book is based on the teachings given out by Master K. Parvathi Kumar during the 110th Master CVV May Call Day Celebrations conducted at Mt. Shasta, California, USA from May 28, 2019 to June 01, 2019. The teaching given to a group at Mt. Shasta on September 14, 2014 is also included.*

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## 1. INTRODUCTION

*Hearty fraternal greetings and good wishes to all the brothers and sisters.*

At the outset, let us pray and invoke the presence of the Master into our hearts and thereafter, experience the splendor of the Master throughout this group living around the sacred Mount Shasta.

We all are welcome into this Ashramic energy of Mt. Shasta. Our deep intention to align with the grace of the mount and the Hierarchy enabled this group life to happen. To be at the mount, is to be at the Master. The mount is an abode for varied groups of varied rays. Earlier, in Las Vegas, we met with a small group of 100 persons coming from India and Europe

and we greeted each other. We then left in our own ways to experience the beauty of this sacred continent called America and re-gather again now.

In this one week or so there has been a cold wave that passed from the west to the east in the continent seasoning all of us to get ready for an experience at the Mount Shasta. At the same time, there has been another wave, termed as a Modi wave that has come to settle for another five years in India. This will enable fulfillment of the Indian responsibility towards humanity. India has a great responsibility towards humanity and towards fulfilling such a responsibility, it needed a leader, who is from the ashram of a great disciple. In Narendra Damodardas Modi, such a disciple is available who can transform India and hence Indian hearts are throbbing with joy. In May 2019, Mr. Modi came back again as the Prime minister for another term of 5 years. I therefore greet all the Indians on this happy occasion. I greet the humanity, on behalf of the Hierarchy and on behalf of the humanity, I thank the Hierarchy that we have a

leader who intends to take forward the Indians into the Plan and cause progress to the Plan.

In our tours, we also met last Friday in a valley called Monument Valley. To be in the Monument Valley on a Friday has its own significance. Monument Valley is a valley of spirits. There are many temples in the etheric plane. Many etheric groups participate in varieties of rituals conducted on Friday nights in the valley for the benefit of the planet and the planetary beings. We can experience a descent of spirits from higher circles, if we can be in the Monument Valley during the night. They are all angelic spirits that descend and conduct activity. It is by grace, that the group was in this valley on a Friday. Every Friday night, a lot of magic happens in all the Ashrams on the planet.

We meet here now in a larger group to fulfill the intention of experiencing the synthesis of will, love and knowledge. Shasta stands for a synthesis of first ray of Will and the second ray of Knowledge and Love. When these two are synthesized, what a man can deliver is extremely significant.

## **2. SHASTA - SYNTHESIS OF HEAD AND HEART**

Shasta stands for synthesis. The will that we have and the knowledge we possess are synthesized. When the head and the heart are in good coordination, many things are possible. When we are in the head, we can be hearty too. Our problem is that when we are in the head, we are not hearty and if we are in the heart, we are too emotional. This is how, we see people who are either emotional or logical; or, sometimes emotional, and sometimes logical. This keeps on happening just like it happens with the kids. The kids are also adamant. Sometimes if we try to show them the right way, they weep! To avoid their weeping, we even restrain from saying things! A kid is a kid! It can be very



hearty. It can also be very emotional. So also are the grown-ups! Though grown in body, they are not grown in consciousness. They can be very hearty sometimes or very emotional and very logical at other times. That is where rhythm is needed to synthesize the head and the heart, and that is where Shasta is needed. Shasta has thus come to be on the planet.

Shasta is another name of Lord Sanat Kumara, who is also known as Subrahmanya. In Lord Sanat Kumara, there is synthesis of will and of knowledge. He gives a synthesis of the two, to those who wish to balance themselves and stand in a state of Yoga.

It happened with me in 1995, when I came to the United States. I had heard about this Mount Shasta. The very word indicates that it is very ancient because we do not find Sanskrit terms being promoted and used in Europe or America. So, it must have been much earlier than the Aryan occupation of America, the European occupation of America, and later the Asian occupation of America. Now, it is all an Aryan occupation. But how did the name Shasta come to be?

Therefore, it interested me, and I thought I should visit this place. I came to California and with the support of an Indian couple who are close to me and I visited this mount.

The very name was very attractive to me because it was Shasta, one of the names of Subrahmanya or the Cosmic Kumara whose energy is present on this planet as Lord Sanat Kumara. He is one of the four Cosmic Kumaras of this creation, Sanaka, Sanandana, Sanat Kumara and Sanat Sujata. It is Lord Sanat Kumara who also took the form of Subrahmanya, to fulfill certain dimensions of this creation and to be with us all. One of the names of Subrahmanya was given to this mount. I came, saw the mount and suggested that we should have a short meditation session. To my surprise, when the meditation was happening, the whole place became different with its etheric dimensions and I saw groups of beings tall in stature, which is very common with the White Brotherhood. The members of the White Brotherhood, are all seven footers and resplendent

with light. They all wear white robes. We find white robes in all theological systems. Jesus, the Christ also wore a white robe, which is the body of causal light (Karana Sareera), through which a lot of light can be manifested. A lot of healing can be manifested, and a lot of wisdom can be manifested. On that day, I saw a group of people walking within the mount, not on the mount. This was to my great surprise, and I was thrilled.

After the prayer we went to a restaurant to have our lunch. At that time, the hosting couple asked me, “Guruji, how is it that you look different after the prayer, a bit silent, and not speaking much.” Then I told them that “this mount is sacred, there are groups of divine beings here who are conducting work and should therefore be respected. There is a benign presence here and naturally you become silent. It gets deeper, if you are silent. If you are not silent, you don’t see anything except some excitement about things. Excitement is one thing and experience is another thing.” Gently and in simple words, I explained to

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them that this is a very sacred place and if possible, they may try to visit this place from time to time. This happened in 1995.

Then again in 2014 we did a seminar near San José. The name San José is to be understood as Saint Joseph. He is called in different ways in different places. He is called Saint José, Saint Hose and ultimately it sounds to be San Jose! This city is built in the name of Saint Joseph who was the father of Jesus, the Christ. In tune with our state of knowledge, the names of the saints also get distorted through time and so it became San José. Similarly, with another name, San Diego. It is written as Saint Diego and spoken as San Diego. It is not San Diego; it is Saint Jacob. The city was built in the name of a great prophet, Saint Jacob. Saint Francis has become San Francisco. Saint Nicholas got distorted into Santa Claus. We don't get their presence when we don't utter the names properly. If I call you by your name you respond but if I call you by a distorted name you will not respond. If I call 'Murali' as 'Muli', He won't respond. If I say 'Murali',

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he will respond. We have even lost the ability to pronounce the sacred names of the great ones and therefore their names get distorted.

We had a group life in 2014 in San José and we visited Mt Shasta with the group. I told them, “As you reach the place, if you are silent you can see and experience violet color. You don’t need a special equipment to see violet color. It is just available. I showed people how violet prevails here and even if you take a picture in your camera, you get violet rays in the pictures you take.

### **3. SACRED PEAKS - MOUNT SHASTA**

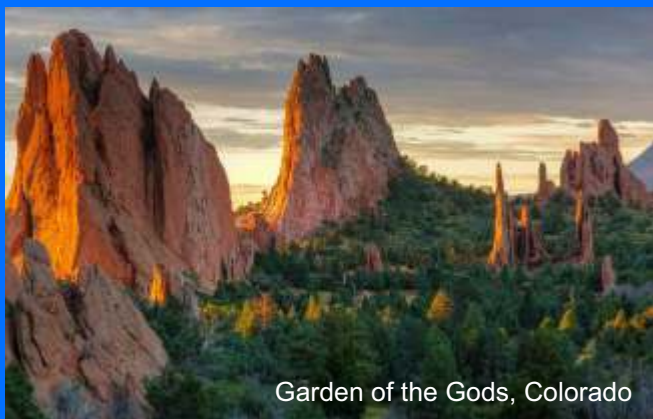
To be around Mount Shasta for about 4-5 days and to experience the presence as a group like this, must be seen as a great blessing from the Master. He is one Master as many and the Master exists in each one of us. When the cooperation from higher circles happens, events can happen with greater ease.

The beauty of any mount is that, there is descent from higher circles and there are certain beings who care to ascend to align with the beings from the higher circles. The descent and the ascent continuously happen, whenever there is a significant peak. Where there are tall trees growing up towards the sky there is a descent that keeps happening. It can be perceived, if





An Ashram



Garden of the Gods, Colorado



only, you have the eye to see. Likewise, a mount enables descent of energies from higher circles and the ascent. In India, they build a long pole in the temples, called “Dhwaja Stambha”. The angelic energies passing by in the sky descend up to us through the pole. They descend because the angelic energies are always obliging and never rejecting. Normally, a man of wisdom does not reject anything. He tries to accept as many things around him as possible, including and synthesizing in the heart and giving back in a recipe to nourish those around him.

We have an utterance as, “Anirakaranamastu, Anirakaranamastu”. Meaning, let there be no rejection, and let there be acceptance as much as possible. By rejecting, you are narrowing down the field of the heart as well as the field of activity. By accepting, you are improving and increasing the horizons of the heart energy in you. Then, more and more are accommodated and more and more activities are carried out, and more and much more joy is generated. It is therefore recommended from time to

time, to fill hearts with the energy. Only the heart that is free, can receive from the head, which in turn can receive from the higher circles. Therefore, when such an event is conducted at places such as Mt. Shasta, there is a descent of energy from the higher circles onto the peak and around the peak.

Mt. Shasta functions with all the seven rays. For us, to attune to the mount, attune to its energies and to experience its splendor, the basic need is to fall into the rhythm in life.

Even if we are to experience the mount, we need to take to the rhythm of the place. Every place has its energies and the rhythm. You can get into them if you can be mentally silent. It is not just vocal silence. If you are mentally silent and move in the range of the mountain, you can experience the place amidst its pine trees.

When you move, looking to the peak and assimilating the color and vibrations of the peak, if you move around under the shades of the pine trees silently, and if you meditate over there, silently there with

closed eyes, you get tuned to it. When we come here just for a day and go back, it is just a visit to get the touch of the energies. Staying here for three nights and three days, or five nights and five days, or seven nights and seven days would cause the needed silence in us. We will be able to experience the mount much better.

The predominant light that we encounter here is violet. Violet enables us to fall into the rhythms of nature. The rhythms of nature are such that you orient to the sunrise and sunset. You shall be no more unmindful of sunrise and sunset. That is the basic rhythm of the day, because there is such magic happening at the time of sunrise and at the time of sunset. Blessed are those who can witness sunrise and sunset from their residences. And blessed are those who have an attitude to relate to them.

We built huge cities, towns, and villages unmindful of the importance of the sunrise and the sunset. We are proud of the constricted dwellings that we build as houses. But the modern houses which have no facility to relate to a sunrise or a sunset is a house

which is disconnected to rhythm. You should receive the sun rays during the sunrise and sunset into your house. The house that our body is, should also be oriented or exposed to the sunset and sunrise. For that reason you are expected to rise before sunrise and get ready. And again, close your activity before sunset and get oriented. This is the basic rhythm. Without this rhythm, you cannot relate to the higher, because you are not relating to the Master of the solar system namely the Sun.

Mount Shasta offers the related energy to be rhythmic. Many rituals are carried out here in the subtle plane. For example, in the last night, there was one grand ritual conducted by a counsel of knowers that happened around the mount. If you remember well, we visited a place where we were told that we are not supposed to walk through. It was said that, with great difficulty they are growing some plants over there, and that you should not step over. So, we made a round-about tour to reach the source of the river. But that is only a blind, saying that they are growing some

herbs over there. It is not herbs. They are building a huge Temple in the subtle there! You are not supposed to walk there irregularly. If you are to walk there, there is a rhythm of walking within the temple. You need to walk through right angles, and you need to walk with regular steps, and you need to be silent. Otherwise, you disturb the place. If you disturb the place, the place also disturbs you. When we go to sacred places, the least contribution that we can make is to be silent and not to be talkative. Be mindful of the surroundings. When you attune to the place, you experience much more violet here. We are able to see violet through cameras. But violet is visible even without cameras because it descends in such great measure over there.

If we receive Violet into us, we gradually fall into the required rhythm with an aspiration to grow in awareness from Muladhara to Sahasrara. That is the purpose of this mount. It offers the second ray wisdom and synthesis. It carries the will of the first ray. The ashy sands that you find on the mount are the result of the work of the first ray of fire. There is a great fire that the

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mount carries within. When the fire is on, it causes the needed purification. When the matter in us is purified, it ultimately leads to that state called Vibhuti or the sacred ash. That is why the sacred ash is applied on the forehead, on the hands, and on the stomach. It is done as a tradition, not knowing why. It is to say that I am willing to put myself to the needed fire to gain the needed purity, and such purity would enable me to experience the divinity.

Without being pure in the mental, emotional and the physical plane, one cannot be experiencing the light. Purity is the basis for experiencing the divinity. The mount shows so much of ashy sand and there is also the tinge of red over there. A tinge of violet is also there.

The mount is called Shasta because Shasta means a combination of the first and second ray. There is a Lord whom we call Shasta. He descended during the Lemurian times. That descent is what is the most eventful thing on earth. The descent of great energies from most high circles happened during the Lemurian

times. Among them there is the king of the Yogis that descended, whom we call the Lord of the planet. We know him as Sanat Kumara whose abode is Sambala.

When this earth suffered a deluge, an immortal seer hovering over the planet saw a blue, resplendent infant afloat upon a banyan leaf. The Puranas describe the seer as the Rishi Markandeya. Rishi Markandeya approached the blue infant (Syama Bala), the infant addressed the seer “Welcome to you, oh! child Markandeya”. The ageless seer was irritated for a moment for being addressed as a child by a child. However, he immediately regained his poise and looked at the infant once again, who was afloat upon waters availing the banyan leaf as the bed. The boy smiled at the perplexed seer. As he smiled, swirls of light emerged with feeble flute music engulfing the whole. The seer was lifted into a trance and experienced non-existence of self.

The place where it happened upon Earth has come to be known as the place of Syama-bala that is Sambala. Sambala is in Mongolia in the Gobi Desert

region. Only when you have the ability to gain the golden body and the related vision, you can visualize Sambala.

Etymologically Sambala means Syama-Bala. Syama-bala means, ‘the blue infant’. Sanat Kumara is the blue one. His most recent incarnation amidst humanity was 5,000 years ago. He came down as Pradyumna during the Mahabharata time, as son of Lord Krishna who is but a higher counter part of him. After he played his role as Pradyumna, he once again returned to his abode in Sambala as Sanat Kumara. This detail is in Mahabharata.

Lord Sanat Kumara is the King of this planet, he is the Lord of this planet. He is the one who saves all of us. He is the true savior on this planet according to the scriptures.

Mount Shasta is another abode relating to him. Shasta is one of the names of Sanat Kumara. Therefore, for those in the western hemisphere, to relate to Sanat Kumara, it is enough if they come to the mount here and relate to the energies.



Fortunately, the name is not distorted through the modern civilizations. Many names get distorted, but some names remained without such distortions due to prevalence of higher will. It is only due to the prevalence of higher will, that certain things remain undisturbed, while certain things get disturbed.

Mt. Shasta, has been saved from a great submersion that happened when Lemuria went into waters. That is why, the west coast of America, North and South, is the most sacred land, and the most ancient land. The land here is full of magic.

#### **4. MOUNT SHASTA - THE LEMURIAN LAND**

This earth has a history of 30 million years. On earth, the history of man is 18 million years old. It is very important for us to know our own history and come out of the ignorance relating to our past.

Is it not preposterous to say that, until the advent of Jesus Christ, the humanity was in darkness? It is the most ignorant statement that has ever come in human history. To say that, before 2,000 years the whole humanity was in great darkness and that, it is being saved only through the advent of Jesus Christ is a great injustice to all grand beings that have inhabited this planet and transmitted light to uplift the beings. It is to express how ignorant one is about the whole

planet and the work that humanity did and experienced on the planet.

Madame Blavatsky is one of the foremost beings to whom the information was shared by the Masters of Wisdom about Mount Shasta and also about the west coast of North and South American continents.

All this detail can be found, if you have the patience to go through the grand work, Secret Doctrine, given out by the great initiate Madame HPB. You need to be patient, you need to be silent, and you should dedicate, the very silent hours of the day to relate to Secret Doctrine. You cannot read it in your busy hours. You cannot read it in a travel because it does not open for you.

All the Wisdom, contained in the Puranas in a coded form is decoded by Madame HPB and is given out for our understanding in English. People may be holding the books 'Secret Doctrine' and 'Isis Unveiled' in their bookshelves, but how many of them really read! You need to have the patience to go through them

and gain the continuity relating to the story of the planet and the story of humanity.

Madame Blavatsky was informed by the Masters of Wisdom that the western coast of the North and South American continents is a part of the ancient civilization called Lemuria. HPB speaks of five races on this planet starting with the White Islanders. Then she speaks of the Hyperboreans, Lemurians and the Atlanteans. After Atlanteans, it is the Aryans.

We were initially living in the region of the Arctic arc, as White Islanders. It was called Shweta Dweepa, the White Island. Later, that land has gradually expanded, and there was a habitation of the humans. We were not in the present form. Originally we were round-some, spherical. If we are to move from one place to other, we were rolling. Today, you see Kung Fu panda doing such things in the movies. But at that time, we were also rolling from one place to another. We were mostly relating to the Sun and not to the earth. Slowly, there was an expansion of that land into Hyperborean land which is called as Shweta

Varaha Kalpa in the Puranas. Meaning, it is the land of the White Boar. Earlier we were in sleep state, and then we were in a dream state, developing certain forms from the spherical form. From White Islanders, we became Hyperboreans. Later came the Lemurian race.

We were there in all these civilizations. But we do not know this, because we have forgotten our past. In Lemurian times, we had a very flexible form. The forms were very different. There were changeable forms, malleable forms, and semi-solid and semi-liquid forms which were like the clay which can be moulded. Once, we had a form with two heads and four hands. As Lemurians, we were shining with golden bodies. All these descriptions are given in the Puranas. One needs to have the key of etymology, the key of astrology, the key of the cycles of time, and the key related to meters called Chandas. All these keys are needed to unlock the secrets contained in the Puranas and to make a correct understanding of our own story.

The Land of Lemuria was spread across the entire Pacific Ocean of today, part of the American

continent, and Asia. The entire Indian Ocean was also part of a huge land. That part of the land, which is now the Indian Ocean was connecting Asia to South America. Can you imagine that!

The Lemurians were very peaceful people. In fact, the name 'Pacific' came from them since they were very peaceful people by energy. That is how, the Pacific ocean is named. Likewise, the Atlanteans lived in the part of the planet, where the Atlantic sea exists today. It is all Atlantean by energy.

During the Lemurian time, there was the descent of great Yogis from higher circles. The king of such beings is called Shasta. Mount Shasta is dedicated to him and the Mount carries his energies.

The remnants of Lemurian land exist as islands in the Pacific and in the west coast of America. Later, when the Atlantis was submerged, even before it submerged, the knowers had shifted to Himalayas. That is how Himalayas is said to be the cradle for the Aryan race. Subsequently, all those who are submerged also come back into incarnation in seven grades. That

is how there are seven grades of Aryans. If you have the patience to go through the grand work, 'Secret Doctrine', you will find all these details

We are the same beings who went through all these stages of being the White Islanders, the Hyperboreans, the Lemurians, and the Atlanteans. Now, we are Aryans. We have been through a great past! Do not blindly believe that you were just born as humans, a few incarnations ago. We have come here to make our own evolution.

In this land at Mt. Shasta, in which we are now, there are beings from the Lemurian times. They are grandfathers to us, in terms of the race. To the Aryans, Atlanteans are the fathers and to the Atlanteans, Lemurians were the fathers.

At this junction, the humanity got into two different thoughts - the Lemurian and the Atlantean. That is how, you have the two approaches of life emerging. The Lemurians believed in ruling themselves and letting others to rule themselves. The Atlanteans believed in ruling themselves but they also

ruled others because, there are people who do not know how to rule themselves. The thought was, since they do not know how to rule themselves, we should rule them. Otherwise, they would be a nuisance to us. Thus, it is an Atlantean thought that gave birth to controlling others.

Such a thought has led to controls everywhere! Even when educated people speak to each other, they say, “Is everything under control?” In truth, nothing is in your control. The weather now allows us to conduct the activity. It allows us to avail the energies that are present here. If there is a huge downpour of rain here, what is it, that we can do? So, nothing can be in our control!

Lemurians believed in the wisdom of ruling oneself and letting others rule themselves. The Atlanteans believed in controlling. That is how, the whole problem started! Both had enough knowledge. One believed in aggression while the other believed in peaceful living. Therefore, there was conflict of thought!



The Lemurians said, “Let’s not live like that. Let us live peacefully thinking, ‘they will also learn’.” ‘They will also learn’ is a quality of the heart. They would even say, ‘you also were like that before and later you learnt’. When we were children, did we not make noise? Now, when children make noise, what do we do? We let it slowly calm down. We do not impose things. Imposing things, dictating things, dominating attitude, excess, and aggression were emerging on one side. On the other side, there was peaceful living. That is the difference between the Lemurians and the Atlanteans.

Even in us, we have both these qualities because we were both Lemurian and Atlantean. The instinct to control others is Atlantean. Control yourself, why control others! We have a statement, “Do not spare yourself but spare others.” When the head is more than the heart, the tendency to control prevails. Even among us, if you see a couple, one is head oriented and the other is heart oriented, they come together only to learn from each other and balance!

The life in the western part of the American continent is much more different from the life in the eastern part of the American continent. When we speak of the American continent, please remember that it is the North and the South American continents together. Even if you go to South America (Andes), the western part of the continent is different from the eastern part like Buenos Aires (Argentina), etc. We were there in the beautiful mountains of Andes! Each mount has a different color, and they stand side by side. It is just like we all wear different color dresses and make the group look beautiful. Like that, there are mounts, one after the other, with a distinctly different color. Normally we cannot see such a mountain range. That is the beauty.

Life in the western part is very different. You can also see that the peaks are all in the western side of America and not in the eastern side. Be it South America or North America, or be it in India, it is in the west, that we have these beautiful mountain ranges. Of course, in North India the we have the Himalayas.

Wherever there are mountains, you have to think of the possibility of availing the vertical energies that keep descending. When we talk about Shasta, you need to understand that, it belongs to Lemurian times. This was the region, which was inhabited by the third Root Race. That is when all wisdom came to this planet. In the third Root Race, divine beings such as Hanuman, Ganapati, and Subrahmanya, descended. Madame Blavatsky writes that the sons of Will, sons of Fire, and the sons of Yoga; they all descended upon the planet during the Lemurian times. The wisdom dimensions given by Madame Blavatsky opens vast field of knowledge. This is not some kind of information that the religions carry today. All the religions that we know today are hardly 2000 years old. Before that, it was only the Science of Wisdom called Sanatana dharma that existed as a way of life.

Australia was also a part of the Lemurian land. Today, we know that the natives of Australia are by far the most ancient human group we have on the planet. There was a great initiate called U. G. Krishnamurti.

He happened to go to Australia and relate to the aboriginals of Australia. To his utter surprise, he found that they all knew the name of 'Ram' and they also knew Ramayana. He said, "these Lemurians seem to know a lot about Hanuman and Rama." The present day Indians did not go and propagate it there. That which we call Andaman, as an island in the Pacific Ocean, was the birth place of Hanuman. And there are islands like Bali. These are all called by the names of the legendary characters from ancient most times.

Pacific Ocean contained a huge continent, which is now underwater. The vestiges of America were a part of it and therefore it is called the Golden Land. The entire Mexican Gulf and the Andes were a part of the Golden Land of Lemuria. At that time, unisexual people were many. Separation of sexes had not yet happened. By birth, we are unisexual only. Be it a male body or a female body, upto the seventh year, there is no sexual instinct at all. Only as the teenage sets in, we tend to become male and female. We tend to be male and female right from the 7th year. Likewise, during

the last 7 years of life, say from 84 years onwards there is no distinction between male and female. Because when the functional aspect of the sexual functioning ceases to be in the body, you tend to be unisexual. It is so in the beginning of the life and at the end of the life, if you live a full life. When you are unisexual, a lot of other activity is eliminated. A male looking for a female, a female looking for a male and then one working for the other - all this activity does not exist for the unisexual ones. Such high beings are here at Shasta.

At Mount Shasta, the theme of the seminar is Sambala, Shasta and Sanat Kumara. They all are 'S', and the mantra is SaRaVaNaBhaVaYa. They are all S's. Sambala has replicated itself as Shasta. Apart from Sambala, Sanat Kumara has his another abode on the planet and that is called Shasta. Shasta has been made an abode by Master Count Saint Germain also!



## 5. MASTER COUNT ST. GERMAIN

At Mount Shasta, there is a major Ashram of Master Count Saint Germain. Master CSG has set up many Ashrams in the South and North American continents as early as 1675. He has an Ashram in the Monument Valley an Ashram at Colorado Springs. There are groups who relate to 'I Am That I Am'. In South America, in Penitentes, he has an Ashram and around Iguazu Falls also, he has an Ashram. The Masters of Wisdom, they pervade the whole planet within their groups, and they try to inspire people who are orienting to wisdom.

Yesterday, when we were at the mount, there was the blue sky and a vertical energy moving towards

the peak in the form of a very large cloud. We saw an eagle like the one arranged here, in the front part of the dais. Eagle is the symbol of the place because there is the Ashram of Master Count Saint Germain.

Master CSG is the foremost one to come here to inaugurate the New Age. His idea is that men should grow to be self-governing, self-ruling, and not ruling others.

The second part of the teaching, not to rule others is deeply missing in many. The first part of self-rule is also generally missing! Mostly, none are self-governing! If you are self-governing, nobody needs to tell you what you should do. Some of us, who are fairly good in our awareness, we tend to be self-governing, but we carry this beastly instinct of ruling others. Until we come out of that instinct, we cannot be divine.

Rule yourself and let others rule themselves. If others seek your guidance, you can give information but do not try to impress. There is a statement in a meditation given to us, “Do not influence, just inform. Do not impress, just express”. You need to express but



you do not have to impress people. The attitude to impress people shows that there is hyperactivity. The activity to influence and ensure that, the other also carries your thought is beastly.

Rule yourself and let others rule themselves. That is why, a teaching has to be a communication and a communion. Normally we speak to communicate whereas a teacher of wisdom speaks to commune, Meaning, through speech, he enters into the heart of the listeners and enjoys the joy of being in the heart of the other. The other also experiences, the quality of the heart that the speaker is carrying. That is why, we say teachers commune, while others communicate!

Communion is a voluntary act. Ruling is not! No one would like to be ruled. But there are people who wish to rule others, by virtue of their position in which they are placed in life. The tendency of ruling others should have to be overcome, if you wish to progress. Through our speeches, we can be communicative and not bombarding others. Violence is not necessarily just physical. If you hurt others

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through speech, that is it is a violent communication. It is 'Himsa'. 'Ahimsa' is doing that which does not cause harm. Therefore, we make an effort to learn to be expressive and not rule others. Certain discipline is necessary to be practiced to cause the needed expansion of consciousness. Otherwise, constrictions happen. This is where, the Seventh ray, 'Swaraj' helps.

## 6. SWARAJ

Swaraj is the name of the 7th ray of the Sun. Swaraj means self-rule. Meaning, “I rule myself and I let others rule themselves”. This rhythm comes to us from the seventh ray of the sun. The white ray details into seven rays through a prism, of which the seventh ray has the color of violet. It is called ‘Swaraj’.

It is from here, the word liberty comes. You gain your liberty when you do not rule others, and when you don’t let others rule you. It is not by making slogans of liberty! Liberty comes when I rule myself and let others rule themselves.

Do you know why we have governments and governance? Do you know why we had kings? Because

we are unruly, and we are not self-ruling. We are to be told many things. We are to be controlled, and we are to be regulated, such that we are not a nuisance to others. This situation has come because we have lost the quality of self-rule.

A self-ruling person does not require rule by others. A Teacher of wisdom, on account of the wisdom he practices, is not ruled by others; not even by kings or the governments! He develops a rhythmic life by which he is untouched by the governance of the governments or kings. He lives by his own rule.

We need to rule those who cannot rule themselves. We rule the animals and guide them because they cannot rule themselves. But man is self-conscious. If he develops enough consciousness in him and the related conscience, he can rule himself. He need not be told what he has to do.

A self-ruling person develops such a refined quality; as much as he rules himself, he lets others rule themselves. He has no instinct to rule others. A true teacher is one who rules himself, and sets an example.

He rules not others! Even if a dog is with him, the dog learns self-rule from him. He does not rule the dog. There are teachers with whom there were dogs, cows, birds and even serpents. They all rule themselves, just being around him. That is the beauty of living in friendliness and in love.

The first ray of Divine Will is called 'Sushumna'. If you have the will to move and if you have rhythm with you, sky is the limit. In English, when we say, sky is the limit; the understanding is, sky is unlimited, and therefore you too tend to be unlimited. In fact, the first ray reflects as the seventh ray. In the science of numerology, one and seven are interchangeable. One is seven and seven is but one!

Master CSG has given that expression as early as in 1675, after many nations got into a liberated state. His Ashram is one the vibrant Ashrams of Mount Shasta. We speak of Lord Sanat Kumara whose residence is in Sambala, and who has also made Shasta as his abode. Sambala is at the top of the head. Shasta is at the top of the head. Swaraj, the 7th ray is at the

bottom of the spine. So, from Muladhara to Sahasrara, and from head to tip of the spine the entire energy system finds its upward and downward movement at a place like Mt. Shasta. Therefore, It is a place of Synthesis of all the seven rays !

## 7. EAGLE AND PEACOCK

The India of the past, had mastered wisdom, and they knew the science of wisdom and went ahead even to get into the art of wisdom. Art sets in only when the science is complete. A surgeon can be very scientific in surgery but there are surgeons who can be very artistic too. The same activity that we do, when it touches perfection, gets into a state of art. Science is systematization. Art is beyond science, and beyond systematization. Art is adding beauty to a systematized situation.

The ancient Indians picked up peacock as a symbol which is from the same family as eagle. There is no doubt that Peacock is beautiful. The vehicle of

Kumara is said to be a peacock symbolically indicating that he is multi-talented. When one is permeating from Sahasrara to Muladhara and from Muladhara to Sahasrara in all seven planes of existence and is able to move freely in all planes, he is like an eagle. But if he does it artistically, he is like a peacock. That is the beauty.

An eagle is also symbol. One cannot hold a live eagle captive at home. A symbol can be kept. When it grips your wrist, your wrist is all bruised. That is why those who hold an eagle, have a kind of armor around their arm, upon which the eagle can rest. Because the grip of the eagle is so very strong, it can grip serpents with ease. This eagle is in the seventh sky and is also on the ground. The eagle is chosen as spiritual symbol. In fact, the symbol of the United States of America is the eagle. There are many countries that have an eagle as their symbol.

Do you know that a peacock is celibate? Its specialty is celibacy. All initiates are androgynous. They are male-female in their form, in the sense they



neither need a female nor do they need a male. In the state of an initiate, no male can attract, and no female can attract! But an initiate is equally attractive to a male and a female. That is the beauty. That is why, we have to gain the balance in us, between the female and male energies. When there is more female energy you crave for male energy. When you have more male energy you crave for female energy. When the craving for male or female energy is absent naturally, then you are called androgynous. They are the unisexual beings.

Here in this peak, there are groups who are seven footers and they are unisexual, meaning they are androgynous. They are here only to help this planet, not just the humans. A place as this mount, is naturally chosen for their residence and that is what makes us come here. We need to relate to the mount, to relate to the brotherhood that is, around and inside of the mount, deep down this mount, though invisible to us. It is believed that around the mount, there are very civilized villages and cities where there is activity. There are persons who could visualize and experience it.

## **8. MOUNT - SUSHUMNA - VERTICAL ALIGNMENT**

Coming to Mount Shasta should help us get into deeper meditations, to know within ourselves, and to know our origins. These are called occult dimensions. We come here as students. We do not come here as visitors. We have to learn, pick up this energy and continue to work with it even after the group life so that we will be really availing the Shasta energies gained in this group life.

Keep observing as you move around. Every day around the mount, the weather keeps changing. The weather which is now, does not necessarily have to be so through all the days of group life. If it is so, we accept humbly. If it is not so, still we accept humbly. That is

how the attitude has to be. The mount shows that anything can happen any moment. The Veda says, “anything can happen to anyone, at any time, at any place.” Like that, around the mount we can see how everything changes, except the mount!

Likewise, in you also, there is a place that is stable, which is in your Sushumna. Your Sushumna is the region that remains the same, at all times. Around Sushumna, Ida and Pingala may have different colors, and there may be different energies. Right vagus and the left vagus nerves bring in hyperactivity, and underactivity, and all the gradations in between. But there is one thing that is stable all the time.

The soul energies are stable while the personality energies are wagging. The personality is like the dog’s tail, wagging according to the conditions. The Soul does not wag! Likewise, the mount remains while around the mount many things may change. When things change, do not get depressed. Know that the mount is still there! Beyond the clouds, the mount is there. Beyond the rain, the mount is there. Beyond

all your personality problems, you are there as the stable one. That is how we have to get back into the occult side of things. Do not stay in the outer side of things. If you stay in the periphery, it is one thing. If you stay deep down within you, it is a better situation. Be aware of the mount, which is always there. At all times, be aware of the soul, that you are. Stay in that stable situation and experience your stay here and also continue such experiencing hereafter.

There lived a disciple who stayed around Mount Shasta for 3-4 years and every day, she saw a different magic around the mount. Every day she saw different formations of clouds around the mount that are of good order, and were not just some clouds passing by. That is why, from time to time, we should try to look at the sky. Do not be so much engrossed only with the matters surrounding you.

If you look at the sky, you can perceive a subtle descent of energies. All through the planet, there are so many formations in the sky. It is true to us, when we have an eye for it. It is said in the scriptures that there

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are as many as 91 peaks arranged upon this Earth at the request of the Mother Earth. During the formation, Mother Earth requests the divinity that is working in the planet, to make sure that there are some formations where there can be a contact with the higher circles. Thus, mountains came to be, on the surface of the Earth.

Even in our body, there are centers through which one can relate with higher circles. But our life remains totally mundane, constricted, congested, full of confusion, emotion, sorrow, and depression. With these kind of things around, one cannot relate to the subtle. If we have depression, if we are always confused, and if we are always irritated, how can we relate?

Mother Earth knows that to take care of the beings of this planet, it requires tremendous energy! Therefore, to receive inspiration, Mother Earth requested the devas, to make sure there are certain points by which they have connections to the higher circles, such as the Pleiades, the Great Bear, Sirius, Orion and to such grand systems through which the

energies can be received to nourish and replenish the beings on the planet. So, while preparing the planet itself, seeing the need for it the devas gave as many as 91 peaks which are full of secrets.

Be it in Europe, Asia, America, or any continent, there are series of mountain ranges. Among them, there would be a mount that has special energy. If you go to South America you have Aconcagua, Penitentes. Likewise, here we have Shasta, Monument valley peaks and what we call Colorado Springs. In all these places there is the activity of the White Brotherhood on this planet.

Mother earth also requested the devas to make sure that there are also more means to contact the higher energy. Then the devas created such trees as the pines that we have around here. Pine trees, oak trees, silk trees, cedar trees and sandalwood trees carry special energies. Cedar is called Deodar. Deodar is called ‘Deva-daru’ in Sanskrit. These are the trees that grow vertically towards the sky bringing down again higher energies to us. For example, on the Californian coast

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you have the redwood trees which are huge. There is also another park, called Sequoia Park with the sequoia trees. The taller the tree is, blessed that you are around it. Just standing by it, one can receive the energies, which the trees keep bringing down. I once met a mathematics professor from Honduras, a small nation in Central America. Whenever he saw a tree, a silk tree called the Ceiba tree, he used to go and hug the tree and be in meditation. Go and hug the tree and be in meditation because the energies continuously descend in such silence that you feel the humming sound in your own vertebra. From the cerebral system to the vertebral column, there will be a vertical descent of energies and you get charged. Likewise, there are banyan trees, Ficus Religiosa trees and Neem trees that are sacred. Generally, we do not believe in hugging trees. We are anxious to hug people, but it is unsure, if that their energy is vertically moving!

Although we have vertical vertebra, not all of us have the ability to cause a vertical movement of energies. Only in an initiate, the energies move

vertically. In all others the energies move horizontally. Meaning that your awareness always moves round and round. It moves around, and it does not move up. It does not even think of looking at the sky or looking to the peaks, or looking into its own being.

There are three parts in us. The head represents the divine side. The upper torso represents the human side and the lower torso represents the animal side. There is the beast in us below the diaphragm. There is the human, between the diaphragm and the neck, and there is the Divinity in the head. So, you have three possibilities. You can just be beastly, looking for what you want all the time. That is what a beast does! All the time, it is looking for itself. Looking for food, looking for its own comfort, and looking for other needs.

If you can feel for the fellow being, you are in the heart. If you can feel the presence of the Divine in you, you are in the head. How many times do you feel the presence of the Divine in you? Once in a while! And that too by chance.

Vertical descent is meant to be for the human.

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Therefore he has a vertebra. This verticality is of great importance. In a occult meditation, Master CVV says, 'Horizontals meet Verticals'. One day or the other, the horizontals in us will meet the verticals. Meaning, the outward moving energies in us would get to the center and take to a vertical movement.

This upward movement of energy is very easy when you are around a mount like this. Relating vertically is the work. The mount is not meant for picnicking. That may be allowed, but it is to be understood that visiting mount is meant for much better things than that. The divine beings do not eat! Yet, they would like that you enjoy as a child. But you can also be a responsible son of God!

## **9. SIDDHI VIDYA - SCIENCE OF RECOLLECTION**

A Master of Wisdom is interested in a person who is orienting to wisdom. The Masters care least for people who orient to them instead of wisdom. A Master of Wisdom is beyond all glamour of being looked at and recognized. If someone is looking towards wisdom sincerely, the Master is interested. If instead of looking towards wisdom, he keeps looking at the Master, he stops looking at the person. It is through wisdom that you can relate to the Master and be in his heart. Just by making an emotional approach to the Master, you do not get anywhere nearer to the Master. These are the fundamental secrets of experiencing the presence of the Master.

There are students who are emotionally oriented to the Master. They do not get anything other than their own emotion. But if you look to the wisdom more and more, the Presence of the Master comes to you so much more. Not only that, more than one Master starts relating to you. More than one Master intends to relate to you because your hunger for wisdom is a joyful dimension to the Master. You get to be a multidimensional person in comprehending the cosmos, the man, and the life around, and then conduct what your duty is. It is not enough to hold wisdom. It has to be regularly translated into your daily activity causing the related radiation and magnetization. Every light is intended to radiate around, and magnetize that which is all around.

Here, at Mt. Shasta, do not forget to look at the trees. Look at the ambience, look at the sky. look at the clouds that keep forming and look to the peak. Last time we visited, there was not an iota of snow here. This time, the mountain is full of snow. It can be very beautiful, it can be very normal, and yet the energy is

the same. Whether someone wears a white dress or another kind of dress, the person is the same. Likewise, Shasta is a connection to our future through our past. It is so, in all the seasons!

The past is brought through future to us. We meet our future when we get back to our past. That is the system. It is called, the science of recollection. We start with the enquiry, “Who are you?” You say such and such a name, such and such a nation and such and such a gender. If I take an example of a name, Robert, an Argentinian, and a male. But before you were born, you had no name. So, what was the name before? Before you were delivered, you were not even an Argentinian. Only after you are born, the nationality has come. The gender also happens sometime in the womb of the mother. Before that, what were you? You were neither male nor female. There is no nationality. What was your earlier name? What was your earlier nationality? What was your earlier gender, do you know? If you keep tracing back this way, you also go back to your original state. This is called ‘Siddhi vidya’,

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the science of recollection. There is a school of thought that suggests that we make an enquiry, “Who am I?” As you pursue the question intently, you get back to the center of your own being. You will know yourself as a being of light, a being of pulsating light. You will also know you are Pacific. So, when you go back, you get back to Lemuria.

When you move forward into your future, you will again get into the state of Lemuria, in awareness. That is exactly what Master CVV prophesied - that Pacific will happen again! It is very surprising to people when such things are said. Pacific happening again means that you get back to that state of pure consciousness, where you know what you have been and wherefrom you have come here.

## **10. THE AVATAR OF SYNTHESIS - HIERARCHY**

The Avatar of Synthesis who is in us and around us is ever engaged in lifting us all up to the Kings of Beauty. Master CVV is an advanced initiate from the Ashram of Master Jupiter. It was Master CVV who took upon himself the stupendous task of receiving the energies of synthesis that are transmitted from the most high circles.

He received the energies, which are humanly not possible to receive, assimilated those energies for about 60 days, and then he distributed those energies all around the planet into all the kingdoms upon earth. The purpose is the upliftment of all the kingdoms upon earth including the human.

May 29th is the day that was chosen by the Master, in year 1910 to cause such a distribution of energies. Thereafter there has been an indescribable advancement of life upon the planet, and an immensurable upliftment of life upon the planet. There have been transformations, transmutations, and even transcendence in different planes.

The mineral is transmuted, the plant, animal, and the human kingdoms are put through transformations and the advanced portion of humanity is put through transcendence. The process continues, in such a subtle and an effective manner that we see progress in all directions.

There is also a distinct destruction of old structures in every field to make way for new and fresh structures that bring in light. There are so many structures in every human being, which they have carried with them for thousands of incarnations. What is valid is upheld, and what is not valid is destroyed to make way for the new. There is a merciless destruction of old structures on one side and building up of new

structures that will help the progress of the planet and the beings of the planet. The planet Earth is meant for the evolution of the beings and the planet itself is evolving. For further evolution, lots of implements have to come to aid. Therefore, it was decided in the most high circles, in the planes called 'Para' or beyond, to descend the necessary energy to aid further evolution. The energy was picked up by the supra cosmic intelligences called Varuna.

The Varuna intelligence, which is supra cosmic, rounded up the energies into solar planes wherein the Sirius energies were picked up. The energies were further distributed to our planet through the planetary principle Uranus, which again is a dimension of Varuna. There is a supra cosmic twin god to Varuna called Mitra. We invoke Mitra and Varuna every day in our prayers through the invocation "Samno Mitra sam Varunaha". This twin god who is cosmic and exists in us as our breath, as our inhalation and our exhalation, as our double act of pulsation and has his origin in the cosmos. From there the energy was



received via Varuna into the system of Sirius. Sirius is the system that plays the role of the teacher to our solar system. The energy came into our solar system through Sirius which is called Southern Star.

Southern Star stands for Love and Wisdom. Every teacher is an embodiment of Love and Wisdom. Through Love and Wisdom, transformations are attempted. The teacher is in every energy, which works for synthesis. He is in the energy of synthesis in every movement toward the Cosmic Will, Cosmic Love-Knowledge, and Cosmic Intelligent Activity, all blended in an excellent way. The triple energies of the three logos are synthesized and given in a manner that there is a simultaneous development possible in all the planes relating to man and the three planes around this planet.

This energy coming from Sirius was picked up by the inter-solar planetary principle called Uranus. He transmitted the energies into our solar system. We should know that Uranus functions not only for our solar system but also functions for five other solar

systems. Our planet received the energy through the sun sign Leo. The energy was picked up by the Earth as the tail of Halley's Comet touched the Earth. This energy touched the earth on the 31st of March, 1910. Knowing that the energy which was descending from the comet, was the plan coming from the most high planes, a very advanced initiate from the Ashram of the Master Jupiter, who we call the Master CVV, was ready to receive the most high energy at the midnight hour on 31st of March, in a place in India called Kumbhakonam. Having received the energy of the comet, Master CVV, the Avatar of Synthesis, transmitted it via many agencies.

The first medium of the energy is the cosmic twin god called Varuna. The second medium to the energy is the Sirius system itself. The third medium to this energy has been the planet Uranus. Strictly speaking, it is not a planet related to our solar system. Then, the fourth medium to this energy has been the Leo sun around our planetary system. The fifth medium to the energy is Halley's comet. The sixth



medium to this energy has been Master CVV who caused the distribution of the energy in this planet for 11 years, 11 months and 11 days. It is all very significant!

Master CVV received the energy on March 31st 1910 and assimilated the energy in him for sixty days. When he was assimilating the energy of synthesis into him and as he was experimenting with the energy, all the Masters of Wisdom who are of consequence upon this planet, participated with the Master. These details are given in the book *The Aquarian Master*. The Master conducted the experiments, and the energy was also picked up in triangles by the Masters of Wisdom, starting from Lord Sanat Kumara.

Lord Sanat Kumara, Master Koot Hoomi, and Vaivaswata Manu, formed into a triangle and worked with the energy. Lord Maitreya, Master Morya and the Mahachohan also formed into a triangle to stimulate this energy. The Masters were frequently visiting the house of Master CVV in Kumbhakonam to get familiar with the energy. The Master himself worked

out the details of the energy and transmitted the energy himself while he was also sharing the energy with the Hierarchy which is ever causing development of humanity upon this planet. This was prophesied by Madame Blavatsky in the earlier century itself. Madame Blavatsky was frequently informing in her circles that there is an incoming energy which would transform this planet and would cause great progress for this humanity. She used to mention that it will be received by a pure and an especially magnetic instrument. Taking this clue from HPB, her followers tried to work out a means by which the energy can be received into theosophical circles. But the plan was otherwise!

The Blue mountain Ashram of Master CVV was preparing for the cause in a subtle manner and therefore the plan was carried out according to a higher will. The energies were distributed from 1910 to 1922. The Master himself distributed the energies right from May 29th, 1910. Ever since, the 'Master CVV May Call Day' is being celebrated. We participate in this

festival of the Energy of Synthesis, which will enable our transformation and through us, transformations are expected to happen in the surroundings.

First, we have to be transformed. Thereafter, we tend to be a magnet. Then the magnetic energies work through us to transform the surroundings. An iron piece cannot distribute any magnetic energies. But once it becomes a magnet, the magnetic energies do not remain in the magnet, but they continue to transmit themselves into the surroundings. The magnet has nothing much to do in this process. The very nature of the magnetic energy is that, it conducts itself. The magnet cannot but transmit. An iron piece cannot transmit. That is the difference!

## **11. INCLUDE ALL, EXCLUDE NONE**

The energy of Synthesis is worked out in a manner such that each person that works with this energy, is transformed into synthesis. When he is in synthesis, he is all inclusive and never exclusive. That is the fundamental of synthesis.

Synthesis is inclusion. Synthesis has no concept of exclusion. Once all is included and all becomes agreeable, all becomes acceptable. The law of acceptance is then completely realized. Only then one tends to be a medium to this energy and through such a one, the energies get transmitted into the surroundings, into family circles, into friend's circles and into social circles.

It is an illusion to think that he is distributing the energies. Just like a magnet tends to be impersonal in the distribution of energies, so also, a medium tends to be impersonal in the distribution of these energies, because he knows for himself that his work is just to be with the energies of synthesis. The work is, to be in it, to live in it, to move in it, to carry out activities in it, and to be stimulated by it.

When he is in that state of Be-ness, the energy itself conducts through him, just like a magnet that continues to transmit all the time. It is not that I distribute to A, or that I distribute to B, or that I distribute only during the morning hours, or I distribute during the afternoon hours, or I don't distribute in the night hours or I only distribute at 6 o'clock in the morning or at 6 o'clock in the afternoon. All these limitations disappear!

Yesterday morning, the organizing team said that not all could come for the 6 o'clock prayer, because there was some difficulty with the logistics of the buses. A few members were here in the prayer hall. There were



some who were very far from the venue. When I was asked, “would you give the 6 o’clock prayer?” I replied, “let it be at 9 o’clock where in all can participate.” Someone asked, “why not have the prayer at six o’clock?” “We do the prayer at 6 o’clock wherever we are. Then, let us do the common prayer collectively at nine o’clock. If I conduct prayer at 6 o’clock some would be excluded. You should try and do your very best to include. You should not say, it’s ok if some are not there, and it is their karma to miss the prayer.” With this attitude of arrogance and circumscriptions, you may be the only person who is eliminated. To exclude is not the right way. To be away is not a comfort but a constriction. To get included and to include others is the right way. A person who has the ability to include himself and the ability to include others is the person that grows, but not the person who builds walls always around himself.

We do not really understand the energy of synthesis because we have all been living with personal views, and viewpoints which are very narrow. When all

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narrow viewpoints are included into one, then it becomes vision. Vision is but a completed viewpoint. It includes all, and excludes none.

There are people in India who belong to different traditions. This energy of synthesis includes all. If you are worshiping the Mother, it is included and you are uplifted in the totality of the system not to limit yourself to your system. There are others who worship the Sun. They are also uplifted into the totality of the system. There are others who worship Ganesha. They are also lifted up from that into the totality of the system. Likewise, there are others who worship Vishnu or Shiva. They are also uplifted into the totality! There are five varieties of worship in India and as much as you are rooted in a particular system, so much you are constricted, and conditioned.

Likewise, in the west I have met many groups who follow Jesus the Christ, Master Djwhal Khul, or Count Saint Germain. There are so many systems already in existence and every system creates its own separate existence.

But the truth is not separative. It is one and it is all inclusive. The energy of synthesis, as it transmits itself, first releases you from all your conditioning. A narrow-minded person cannot carry out much work. Through the hole you cannot see much sunlight. If you get out of this hall, it is sunlight all around. Otherwise, if we are attached with only one system, we feel light comes only here. Many in the world suffered the illusion for thousands of years, that light comes only through one window, and that window is called Jesus. But if you get out of the window, light is found everywhere.

Every teacher like Jesus the Christ, represents synthesis. But every person creates his own concept of it. The energy of synthesis breaks down all concepts. You are in it at all times. Jesus Christ said, "We live, we move and we have our being in Him". That is a statement of synthesis. There is nothing wrong with the teachers who know the truth. All Masters of Wisdom, speak the same truth but people carry their own mental concepts and suffer from those self-

defined concepts! The Energy of Synthesis breaks it all and absorbs all concepts into the totality.

The one who is beyond, is all inclusive. Therefore, everyone is lifted up from his limited understanding into an unlimited Be-ness, and from a conditional living, into an unconditional living.

## 12. UNITY IN ESSENTIALS

Master CVV, the Aquarian Master, broke down all concepts to pave way for an all-inclusive Yoga of synthesis. He started breaking blind systems at a time when traditions were held very high in India. He upheld every valid tradition which is all-inclusive and He destroyed all other traditions. When it comes to dismantling unnecessary traditions, I don't think any other teacher would have done as much as he did! In India, as we know, there are many systems and so many teachers, and so many Gurus. But here is a Master who does not lay down any rules. In India, you are not expected to pray without taking your morning shower to start with. In many religious systems, they say you

have to be clean before you pray, but Master CVV has given a different understanding. The energy which is the energy of synthesis, which is the energy of Brahman, is all permeating, all knowing and all potent energy. The energy is omniscient, omnipresent and omnipotent. Nothing is impossible to it.

The choice is yours to take bath or not take a bath. He said, you can pray without taking bath. Because the energy will right away uplift you and slowly you will get into what is right for you. What is right for you need not be the right one for me. When we eat breakfast over there now, it may be too hot for me, or too salty but it may not be so for my neighbor. Therefore, the Master says, 'what is suitable for you will happen, just invoke the energy'. The energy itself slowly transforms you. It will lift you, transform you and cause transcendence. That is the beauty.

There is another big tradition that we normally come across, that, one should not eat before a prayer. To Master CVV, it was a silly rule. The all-loving energy, the most beneficial energy, which we call the

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energy of God, is not a punitive energy. It is not a punishing energy. It is full of love. It is mother-like. It does not want that you pray with hunger. It's alright to eat and pray. When you say, eat and pray, or you can pray without shower, how would the highly traditional persons react? To hell with these traditions, the Master said. To see the Sun god and to see the light related to the Sun, it is enough if you have the eyes. Should we dress up to see the sun? We have the eyes, and there is sunlight. Why can't we see it then? It is as straight and as simple as that. Just invoke the energy. Go by your instinct. Invoking the energy is important.

In India, we have a tradition. There are people who hold a sacred thread, a cross-thread from the left shoulder towards the right hip. The thread is called 'yagnopaveetam', meaning, "I shall be a friend to all that surround me. I shall be serving the whole society as much as is possible." That is the commitment.

The one who holds the thread is supposed to work for goodwill, and for the welfare of the world. People hold the thread by tradition but they are very

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selfish. This thread is a replica of the third logos. It is born along with Prajapatis. The symbolic understanding is, one that holds the sacred thread is co-born with the Prajapati. A Prajapati is an embodiment of the third logos. Its work is to continue to help beings. Most people wear the thread, but they are selfish! A selfless person is rarely seen. Is it not better that we reduce our selfish attitude and tend more and more towards selfless activity? It is better than just wearing the thread, and being selfish?

In the new age, there is the new dimension of teaching which is beyond religion and superstition. Master CVV threw out all concepts and put us straight to the truth and the dimension of time. Likewise, Master Djwhal Khul, via Madame Blavatsky and Madame Bailey, and via Master EK has given so much wisdom. That wisdom has no religion in it! We need to get into that dimension and come out of our blind beliefs and superstitions.

Another question posed regularly is, should we pray in a prayer hall? There is a prayer hall without



prayers. There is a prayer without a hall. Which is better? When I go to my residence from this hall, on the way, I see a church. Three or four times I have seen the church. There are so many churches in the west, which remain unvisited. So why build churches and not pray and why build temples and not worship? Instead, this very body is the temple. Stay put in the temple and worship. Which is better?

Master CVV puts you straight to the bull's eye. He puts you into the core and removes all the peripheries. Should we have a prayer hall to pray or should we pray? Which is a priority? We build prayer halls and thereafter we don't pray. These are very common in every system. You build structures and the structures do not contain much light and they get slowly degenerated, and desecrated.

Once Master received this energy of synthesis, he took away the sacred thread, in spite of being from a very orthodox Brahmin family. He said, I hold it in spirit. In spirit, he is all loving and all serving and he is a great planetary server. To have a thread or not is not

important. Likewise, he comes from a family where there was worship of Lord Krishna. All Krishna followers, they make vertical brow marks and a circle. We have many brow marks in India. Not all those who carry the brow marks are spiritual. There are people with vertical brow marks, there are people with horizontal brow marks, they make huge decoration of their forehead with all kinds of sandalwood and saffron powder. It is all used to make you feel, Wow! All this is only an excellent packing material. Inside the packing material, the content is not so very valuable. He removed the brow mark! It takes a lot of courage to do that. You need courage to take away your sacred thread, to take away your brow marks and to have a fully shaven head and fully-grown moustache.

Usually, we do not find a person who fully shaves his head but fully grows his mustache. Master chose such an appearance. When people asked, why is it like this? His answer was, why not? How I appear it is not important. How I relate to you is important. I may be looking beautiful outside but the inside is all rotten.

Would you accept such energy? If a lady marries a handsome man and finds within two days that he has the worst of vices, the third day she leaves him. All that is apparently beautiful need not necessarily be beautiful.

You tend to decorate yourself more and more because you don't have anything to perform. Therefore, appearance is not important, the content is important. Even the most valuable thing, when it is gifted could be wrapped in an old newspaper. The gift is more valuable than the packing. But when you grow more and more into western systems, the packaging is fantastic. Inside, when you open, you find a used material, or a huge bag with a worthless gift in it! Contrary to it, with a very simple unimpressive packaging, there can be a content is of great value. What is transmitted is more important than the ways to do so.

Another dimension is, we see so many people in the east and in the west, suffering to make postures for Yoga. There is Siddhasana, Veerasana, Padmasana

and many such rules of yoga. He said, to hell with it. That is why, He is Aquarian. He breaks down the non-essentials. He says, unity in essentials.

We have to be in unity of what is essential, to relate to the Divine, which is the very basis of your existence which is also the basis of all that is around you. To relate to it is most important. Without doing that, if you build so many rules, you are more preoccupied with the rules than with the very purpose of the rules. Even if you wish to lie down in savasana (the corpse posture), you can do so and invoke the energy. If you wish, you can sit in a chair and invoke. If you wish you can sit on the floor and invoke. The choice is yours, but invocation of energies is important.

Likewise, he took away all unnecessary traditional things. He said, you don't have to utter any mantras and mantras need not be in Sanskrit. The very purpose of mantra is uttering a sound by which you get aligned with the Divine because sound is most proximate to that which is beyond. Sound is

fundamental. The humming sound OM that we utter is fundamental and the background of that sound is the one, whom we call the unspeakable God.

The unspeakable, the unknowable, the nameless, the formless, the ever-existing energy's most proximate principle is sound. Later comes light. Sound is first, light is next. So, the Master says, utter the sound to relate to the omnipresent one. Why are so many mantras needed? Why so many worships and prayers? Just utter forth a sound key by which you are effortlessly linked up. You are lifted up, you are linked, you are aligned, you become one with it, and you don't exist while 'It' exists as you. That is the beauty.

When he gave such dimensions of the Aquarian energy, he was rejected by the society, 'this man is crazy, you don't have to follow him'. They rejected because people are still stuck in their own concepts and self-torturing practices. We have some of the self-torturing practices in every religion that never leads anyone to truth. People take pride in torturing themselves more and more. The more you torture

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yourself, you feel you are very devotional. What kind of precarious practice is it that you punish yourself in the name of God? There are people who take a kind of rough iron chains and keep on beating themselves on the back, on the right, on the left, on the front and everywhere. There are people, who keep fasting for nothing. If you beat yourself and I am happy with it, what kind of person am I? What kind of God would like to see you beating yourself or inflicting self-injury in the name of worship? Such a God is no god!

We keep worshiping with great discomfort and, due to our fears, we cannot leave our worship. Most of the humanity suffers from fear of God. Seldom there is the love of God. If you are afraid of me, what a persona I am! Unless, I am a dictator or a military fellow, or a militant, how can I feel happy if you have a fear of me? Is God a fearsome being? Is God a fearsome energy? If it is fearsome, why should we be going after that energy? On the contrary, it is an all loving energy and therefore we are trying to relate to it. Yesterday morning someone asked me, am I to be afraid of you? I

said, it is your fear, and it is a problem! There are people who fear God. There are people who fear the teacher. Fear is not at all the basis for the joy of love, or the joy of life!

Love and wisdom are the basis, and to fear something is an inhibition. To love and to be friendly with those around, is the way!

### **13. FRIENDLINESS - THE BEST EQUATION**

Master CVV set up a school which he named 'Yoga School Friends society'. He said, I am a friend to you all. To be a friend is most important. It is the best equation that a being can have towards the other being. Being friendly replaces fear in the relationship, with love. You don't have to take a dominant position even with your son. Just because someone is younger to you, such as your brother, you don't have to take a dominant position. If you happen to be a grandfather and if a grandchild fears you, such a life is worthless.

If someone fears you, such life is worthless because God is friendly and He exists in you, despite all ignorance that we carry with us. The Divinity is so



friendly that it exists in us even when we are idiotic. From being idiotic, we strive to be ideating to know ‘Oh, what kind of a friend he is’. That is why Master CVV gives an occult meditation, “have a friend in you, be a friend to others”. When you are not friendly within your own being, you cannot be friendly to the surroundings. If you find the friend in you, you find the friend in others. If you find fear in you, you find fear around. If you have jealousy in you, that jealousy is seen all around. There are people who want to possess God. There are people who want to possess teachers. There are so many stories about Krishna where everyone is competing to own him. It is only ‘Him’, and they all get absorbed into Him.

This energy makes you friendly. You are friendly towards your spouse, which is most important to start with. If you are not friendly towards your spouse, you have not achieved anything. If you are not friendly to your children, you have not achieved anything. If you are not friendly towards your co-workers, if you are not friendly to those with whom

you interact, if you are not friendly towards an animal, if you are not friendly to the plant, if you are not friendly to the mount, but keep thinking about when will God appear to me, nothing will happen!

It is because, all that surrounds you and all that is in you, is Godly. We are the impediments! There is no other problem. To each person, his personality is the problem. The rest is fine! That is why, a Master of wisdom says, all is Divine, try to align. If you align to the divinity in others, the divinity in others relates to you. If you relate to other things in others, the other things that you relate to, will cause problems to you.

Therefore, the only way is to relate to 'Him', to listen to 'Him', and to see 'Him' in all. Everything that is an experience is divinity in its ultimate sense.

The Master therefore says, be a friend!

## 14. THE MASTER OF CONTRARIES

The Yoga of synthesis brought forth by Master CVV is all wholesome and round some. If you can relate to it, it will make you also round some. You will no more be narrow-minded. Your narrow view points are broken. The Master would like us to be open and not narrow-minded.

If you see the 93 occult meditations, Master CVV gave, he covers many systems of knowledge through this simple meditation practice. He speaks of the Egyptian system, Greek system, Judaic system, Christian system, Vedic system, and the Mayan system. The seeds relating to all the valid activity that has taken place upon the planet, are collected into the

93 meditations that he gave. He recommended to us, to carry out at the rate of one meditation a day for a quarter of the year to get initiated. It is wonderful to find every valid theological system included in these meditations. There is nothing Indian with Master CVV and nothing western in the Master CVV system. There is neither east nor west, neither north nor south. Such is the vastness of the global wisdom he gave.

He wants us also to grow out of our limitations of caste, creed, gender, religion, nation, race, geography and our own concepts and hence provides us the required training.

I tell many friends who are around me that the Master I follow is a Master of contraries. If you want it one way, he makes sure you have it the other way. Why should it only be this way? Why cannot it be the other way? If we say, 'I wanted it this way', he immediately says, 'Ok, thank you' and it will never happen this way. It is a common experience, especially for the people who follow the path of the Master, that things will never happen the way you wanted, but it will happen

nonetheless! That is the beauty. As you go with your very narrow understanding, he makes you grow bigger than this understanding. Do not start anything with a narrow mind. Keep it open and work towards the intention. There can be a better impulse there than the impulse you wish to bring in. That is why, when I relate to people, it becomes more difficult for the new comers to know me because they see me as very mysterious and very confusing! It is so, because they come with a bundle of ideas, and a bundle of concepts, thinking ‘it should be like this’, or ‘it should be like that’. The question from the Master then is, “Why should it be like that?”

The message from the Master is to expect the unexpected even in simple things. We wish beautiful ambience here. After all, we have come this far to experience the ambience of Mount Shasta. People were tensed up when the snow started to build up? It was slowly going up to 5 feet of snow. Until 5 days ago, it was all snow, no sunlight, dark clouds, and heavy breeze. I have been receiving messages from the group,

being presented as if in an Alfred Hitchcock movie. The people around me also received messages and they told me, ‘oh Master, it is like this!’ When we started for the group life, I had told my family, “it is all very fair weather over there in May. So, we don’t have to carry warm clothing.” So, the Master, being a Master of the contraries, decided otherwise. As, we went around touring the American continent, the messages kept on coming. Ultimately, we were pushed to buy warm clothing. As I was actually buying the warm clothing in a mall, I told my son, “the moment we pay for this, the weather will change.” The moment we paid for this warm clothing, from the next moment everything changed. This is my experience with the Master!

To him, the May Call is more important. To him, we are all important. So, the weather naturally becomes more pleasant. We have done so many group lives in so many places in so many conditions. Ultimately by the time of the event, everything tends to be quiet and calm because the 5 elements are his friends. For the energy, the 5 elements are friendly.

They are not so friendly to us. He wants that we also raise our energy system to such an extent that the energies around you become humble, and friendly. That is why, he has a very particular way of training by presenting the contraries to you. If you invoke Master CVV, if you wish to make sure if the energies are functioning with you, the first thing is that your life gets into a crisis. Touch the Master and get the crisis! That is the saying.

There was a Master in India who used to smile and tell me, 'I see first and smile at him and then he is injured'. When a Master smiles at someone it injures him, meaning, the personality is put to a stirring.

Initially, Master is so very beautiful, that people say it is all lovely and want to get nearer to the Master. But as we go near to him, we realize, he is like the sunlight. Sunlight is fantastic from a distance, but as you go nearer to the Sun, it burns. So, the Master sees first and through his smile he injures. The injury is only to cause rectifications in us. Instead of some planetary energy bringing you the karma, he himself

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brings the karma and removes the karma. It is like homoeopathic medicine. The Homoeopathic medicine induces disease in a subtle manner by which the disease in you is cured. Likewise, the disease in you or in me takes place as karma and the Master can see through. So, he introduces a potency of medicine by which the cure will start happening so that you come out of all your psychological inhibitions. Each one of us is a bundle of psychological inhibitions.

It is a huge work for the Master, as he works with bags and bags of inhibitions in us. See how many garbage bags are removed daily by the municipality. The bags that we bring in are far less in number than the bags that we throw out on a daily basis. Our way of life is such that there is more garbage generated and garbage management has become a difficult task on the planet. Likewise, there is an inner garbage that has to be cleaned and the Master does it exceedingly well for us!



## **15. SATURN - OVERCOMING LIMITATIONS**

The Master ensures that the soul shines forth and all that is around the soul, which is causing tremendous inhibition to the soul is slowly eliminated either by treatment or even by a surgery. That is why he says, “when you relate to me, I will first ensure that Saturn works with you.” The first impact is that of Saturn, meaning your limitations. Don’t think that the rings that Saturn has, are limitations to Saturn.

We all have the rings around ourselves. Our circumscriptions are our limitations. The Master works on the Saturn relating to every person who invokes him. Once the constrictions are all removed, then you are a free bird. You cannot be joyful being in a

golden cage. You cannot put an eagle in a golden cage and think that it is happy. An eagle has wings to fly. It can fly far, and it can fly high. If you put such a bird in a golden cage and tell him, this is a golden cage, and it is very precious. The bird says, 'so what?' We build so many cages around ourselves. Not knowing this, we become prisoners of our own life. What kind of intelligence is this? It is a very self-destructive intelligence that we have!

We keep on building cages around us and keep on losing the freedom, which is our fundamental quality. This is because, we don't know how to perform our actions. When you do not know how to do, what to do, and when to do, then you build something that starts paining you. Life is built to experience the beauty. But if you build life to experience pain, can you say that you are a very intelligent person!

On the way, we have to find freedom!

## 16. AWARENESS OF THE BACKGROUND

As we progress in the path, it is more towards freedom that we have to build our lives, and not towards more and more constrictions. The Master working on our psyche is very mysterious. That is why there is a saying, “I don’t know, the Master knows”. If someone asks, “Why is it like this with you?” the answer is, “I don’t know, the Masters knows”. I am in a process. Until the process is complete, I cannot know exactly why it is so. The path enables you to understand that there is a super intelligence that presides over your intelligence and many things that you plan do not work out but The Plan is worked out. What a convenience it is, when you know this!

When you know this, you are at comfort, 'It is okay It will end up well'. It tends to go well because the Master knows better. If you read about Uranus, it speaks of a mind beyond the mind, which is a super mind. When the super mind starts working through the mind, it is better off. It is this super mind that is referred to by Sri Aurobindo as Supra Mental. The Supra Mental concept that Sri Aurobindo gave was nothing but the energy of Uranus, which was brought down by Master CVV much earlier. That is why, those who know the system of wisdom given out by Sri Aurobindo and those who know the system of energies given out by Master CVV, they feel that Sri Aurobindo's expression is but a fragment of the totality of the energies that have descended.

Each one takes a fragment and keeps on promoting it. But here, there is such a canvas where everything is available. You see that, the backdrop of the canvas that we have, can be adorned with any of the Masters. In the World Teacher Trust, every son of God is honored. Every dimension of the teaching is

explained. Each dimension is but a projection of the background. All wisdom projections are but from the one background. In the Invocation, we say, “May we live in the awareness of the background”. When you are with the background awareness, each teaching is but a projection. Look at the light and the electricity that powers it. Here, we have, five lights on either side of the roof. But they are not ten separately! It is one electricity shining forth as ten. It is One awareness that shines forth as all sons of God. It is that energy that shines forth through the Sun. It is the same energy that shines forth through moon. It is again the same energy that shines forth in small measure in all human beings. There are so many projections of One, as many.

When you are with the background of everything, all is understandable. The Humanity went on accepting something while it went on rejecting something else. So long as there is an aspect in you that denies, you are not complete.

Learn to be in an attitude of acceptance and see how best we can keep including!

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## 17. TRICK THE TRICK

We shall have to be open such that no concepts are built around you. You may function through a particular concept for a period of time, but that should not constrict you and make you closed. If you plan to do another May Call in Shasta, it may be done the same way as now. The mind always settles with the previous events. When we come to book this hall, you may not find the hall available for those dates. That should not hinder us! Every time it is fresh, and every event is fresh!

Let there be a fresh approach to every prayer. Let there be a fresh approach to every day as you wake up. Keep it open. Lingering on the past with the thought 'It happened like this earlier, it should happen

the same way again' is a sickness. It is only valid in a court of law. They show precedence and argue that it happened like this earlier, and hence expect a similar decision. In the path of the Masters of Wisdom, it is not so because, there is a complete change of planetary energies. From yesterday to today, the configuration of planetary energies is different. You cannot expect the same weather all the time. The whole life is a life of suspense. It is a suspense movie. In a suspense movie you are so alert! Be open and be alert!

Whatever you expect may happen or may not happen. Happening or not happening is decided then and there in that context. We cannot build a precedent. Many people tell me that Master EK did like this. Master EK did what is to be done, and what was valid during those times. Master MN did different things. Master CVV did differently. But it is the same energy. According to the time and place, the events may vary.

Usually during May Call celebrations, if it happens to be a Sunday, we would do a fire ritual. However, this time the Master said, no fire ritual. He

conveyed it to us though the owner of this prayer hall. You should be open, and not panic. Be it a fire ritual or a water ritual or the worship of Lord Ganesha, the purpose is only to align with Him.

To align with Him, you need nothing. Close your eyes, relate to your breath, get to pulsation. The pulsation takes you to the top of your head and your head shines with the golden light. It is just like when there is light on the mount, and the mount shines, we feel so joyful. It is so joyful to see a lighted cloud on the mount, like what Moses experienced when he walked up the Mount Sinai.

The moment you think of the inner being, that is the basis of your own being, then you can start climbing the mount via respiration, via pranayama, pratyahara, dharana, dhyana and samadhi. Then you are with the lighted cloud, or the lighted peak. Further, we should be clear about the purpose of this alignment. That is a basic and important thing. Forgetting why we do all activity becomes much labor without nothing. There is a play by Shakespeare, ‘much ado about



nothing'. That is the gist of our lives! We keep on doing things. If at the end of your life, someone asks you, what have you done? It is nothing! So, the very purpose of relating to the Master should not be forgotten in our activity. We feel more and more proud about the activity than about the Master. This is how the mind tricks and that is why the Master tricks the mind.

The Master gave a mantra, 'trick the trick'. It is a mantra. If the mind is tricking you so much, he says, 'trick the trick'. The trick is the mind, and you trick it. How can you trick it? The Master can trick it! Therefore, we seek that the Master make adjustments.

## **18. I AM THAT I AM**

I have observed that during the May Call and the December Call, more than on any other occasion, Master CVV decides to express himself.

The expression is about the Master, his work and the Master's energy. The Master said, the purpose of the descent of this energy is to make sure that none of us would really die. The truth is, we don't die but we regularly feel that we may die. And as we reach advanced age, all of our plans become death oriented. A person who is moving into advanced age of life, every time he thinks, "before I die, I'll do this, and before I die, let me complete such and such a task."

Death is but a myth, which is realized if we

associate with the energy. It gives you death experiences. It gives you after-death experience and make you learn that there is no death. There is only departure from the body and there is no death. Is it not a great transcendence? Not only that, you will also know, where you would go after you leave this world. We all know where we would go after this group life. Likewise, should you not know where will you go after you depart from this world? Do we ever think of it? We think of tomorrow, and the day after tomorrow and we make plans.

Plans are made even six months before and sometimes, plans are made almost an year earlier, especially the vacation plans. We plan so well for the vacation. But when we vacate the body, that is also a vacation. Do you realize that there is a vacation called, 'leaving the body'? Should you not know, where will you go after you vacate this body? The Master will let you know that it is a facility, that you don't die, that you know where you go and that you also know what would you do there.

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When we came here, we knew what we would do here. And when we go out from this place after the group life, we also fairly know what we will do thereafter. Where will you go after you vacate this body? He says, 'this energy enables you to know that'. The Master also said, 'this energy also enables you to understand 'I AM THAT I AM' . Verily THAT exists as 'I AM'. I don't exist. THAT exists as I AM. So, there is no glamour about 'I AM'. There is only love for 'THAT'. So, be THAT and be in THAT and let THAT prevail. Let not the personality keep showing up everywhere wagging its tail. There is no more show of personality. Let the Master show Himself and don't show yourself. The glamour for recognition by the society, and the glamour for recognition by the surroundings is all washed out. The whole thing belongs to Him and it is 'HE' who functions through you. It is HE who shines through you and it is HE who glorifies you. It is His glory and not your glory. When a blind man received sight, the blind man said, 'you are God'. Jesus smiled and said, 'No, I am an instrument in the hands of God.

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It is HE who cured you, it is not me. You wanted to glorify me but the glory should go to Him, not to me'. Remember, if there is any glory, the glory belongs to the Master or to THAT which has no name and no form. The Master also has no name and no form, it is an energy that has descended from most high circles. When you receive it, it shines forth through you. For example, this light bulb cannot shine by itself. It is the electricity that is shining forth through this light bulb. How can the instrument claim the light? The light belongs to the Master. Hence the Master said, you become THAT and THAT exists as you as 'THAT I AM'. 'I AM' disappears, and THAT remains, when you remain in the truth. You are not there, but the truth exists as you.

Every day when we start our prayers we say, OM NAMAHA. It means, 'it is not me', it is OM. But if you do it with the pride that you exist, OM does not exist. OM NAMAHA is a great mantra. In the very beginning, you are saying, I am not existing. It is the existence as 'me'. That is why, in the West, the teacher

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clearly says, 'I AM THAT' and 'THAT I AM' and ultimately it is only 'THAT'. In the east, it is spoken as, 'Ahamasmi, Sohamasmi, and Brahmahamasmi'. Meaning we start with 'I AM', 'Ahamasmi'. Then we realize that 'THAT exists as I AM', Sohamasmi. Then we say, Brahmahamasmi, meaning Brahman exists as 'I AM'.

In this manner, the individual personality merges in the soul consciousness and the soul shines forth all around, fulfilling the plan. That is why the Master said, the energy has come down, most importantly to clear the limitations of humans, of their own concepts. Secondly, it is to make them understand that they continue to exist forever. Thirdly, that they understand there is one existence in all. These are the dimensions of this yoga.

This yoga comes with the least rules and regulations. There are so many yoga books and yoga practices. All yogas get submerged into It and It remains! This is the future which is also called Aquarian Age.

Therefore, be brave to be consciously associated with THAT, which is in you, which is around, and to come out of all mental concepts.

May we all be blessed by the Master every day and every moment until He enters into us and He becomes us and we become the 'One'.

## 19. LORD SANAT KUMARA

By the will of God, we are all guided into the teachings of the Hierarchy. The Hierarchy is as ancient as the planet. The Hierarchy is presided over by Lord Sanat Kumara whose dwelling place is considered to be Sambala. Therefore, daily in the morning, we should recollect Sambala and salute Lord Sanat Kumara, the Lord of the planet and then tread the path of Lord Maitreya who is the World Teacher.

In our practices, we should always hold these great beings and the great Ashrams in great reverence, so that we are subconsciously connected to them. The ultimate evolution on this planet for every being is to become a member of Sambala. Sambala therefore, has



to be remembered daily. Lord Sanat Kumara should also be remembered daily.

Lord Sanat Kumara represents the cosmic person upon the planet. The cosmic person has fourfold existence. There is a part in him which is beyond, there is a part in him which is at the level of perception, there is a part in him at conceptional level and then, there is a part in him which functions at the level of execution. These are the 4 levels representing the four Kumaras, meaning the four dimensions of the Cosmic person.

The Cosmic person is expressed in varieties of terminologies. The fourfold existence of cosmic person is there in every theology, but its grand dimensions are not known except to the initiates. It is the third dimension of the Cosmic person that exists as Lord Sanat Kumara and he guides the beings on this planet, and also guides the planet as such.

To the west, the dimension of Sambala and that of Lord Sanat Kumara was introduced by Master Djwhal Khul through Madame HPB and her writings,

and also through Madame Alice Bailey and her writings. Consequently, it becomes possible to give details about Sambala and Lord Sanat Kumara. The Puranas describe Lord Sanat Kumara as the dweller of Sambala.

Sambala is described as existing in the 2nd ethers of the planet, hidden in the desert of Gobi which is posited in the country that we call Mongolia. Some of our groups, having known this information, even made pilgrimages to Mongolia and also to the Gobi Desert. It was not with the ambition to contact Lord Sanat Kumara or Sambala but to be around, in that place to gain the presence, just like we have all gathered here at Mount Shasta to gain the presence of Lord Sanat Kumara and of the Lemurian beings who continue to exist within the caves of the Mount Shasta and deep down under the mount which seems to be connected to Sambala.

To gain Presence, we make many efforts, so that our energy system is put to the related magnetism and the consequent transformation.

Every Pilgrimage, to every sacred place, is meant to gain the presence and thereby, get reorganized vis-à-vis our energies. For example, if we have been to Shasta for five days and five nights, by the time we return into our daily life, we should be slightly better than before. Otherwise, the very visit is futile! Every group life should enable a little transformation, a little transmutation of body cells and a little more order into life which would enable us eventually to experience the Presence. Therefore, we have to recollect Sambala, and we have to recollect Lord Sanat Kumara who is one of the four dimensions of the Cosmic person.

The four dimensions of the Cosmic Person are given as four Kumaras in scriptures and as four Evangelists. They are also mentioned as four dimensions of time, Krita Yuga, Treta Yuga, Dwapara Yuga, and Kali Yuga. Likewise, the Trinity and the background together are four. The word 'Logos' means the 'Word'. The Word is three-fold and the Word is with the God, meaning it is with the background.

From the background, when the 'Word' is expressed, it manifests in a three-fold fashion. It manifests as the Will, Knowledge and Activity. It expresses as Iccha, Jnana and Kriya Shakti. These words are used by Master Morya in his teachings and here, I venture to relate them to you. There is a fourfold cosmic person of whom something is beyond, some portion of it is at the soul plane, some at the buddhic plane, and some more at the mental plane. It is a different dimension altogether. What we are now relating to, is the third dimension of the Cosmic person that exists as Lord Sanat Kumara. These four Kumaras are the four dimensions that also exist in us. The four-fold principle exists in us, as the monad, the soul that we are, our buddhic plane and our mental plane.

We are in the mental plane generally. We have to rise to the buddhic plane to experience the presence of the Hierarchy and of Lord Sanat Kumara and then we rise further to realize that we are the eternal souls which are but an expression of the One Soul as His

images. The cosmic person is the cosmic soul whose image is the individual soul. The individual soul has its light, which is called Buddhi. With the help of that buddhi or light (the light of wisdom), one has to conduct with the help of the mind. That is how, there are four dimensions in us.

We mostly exist at the mental dimension. We are looking for the dimension of wisdom which opens a higher dimension in us that enables us to see much more than what we see at the visible level. What is visible, has its basis in the invisible. The Veda says three-fourths is invisible, and one-fourth is visible. The visible dimension is called the fourth side of the Cosmic person.

The invisible side of the Cosmic person is what we relate to, through all practices. The three invisible sides do exist within us as well. It is not that we have to go somewhere in the cosmos to contact the Cosmic person! There is a center of the Cosmic person in us, there is a center relating to the soul that we are. There is a center relating to the wisdom we carry and there is a

center of activity that we conduct. This is how, the four centers can be visualized within one-self. These four centers can also be seen as the Trinity, or the Word on the background which is called God. God when expressed, expresses in three-fold manner as will, knowledge and activity. This three-fold expression is also called Om, which consists of the triple sound of 'Aa', 'U', 'Ma' meaning will, knowledge and intelligent expression. These three dimensions do exist with us and we are the fourth one.

Likewise, on the planet, there is the third dimension of the Cosmic person which is called Sambala, and its Lord is called Sanat Kumara. So, it is of great prominence that we recollect Sanat Kumara who is the Lord of our planet. Likewise, we also have to recollect his Ashram, Sambala. Then, we also have to recollect the Christ or the World Teacher ,whom we call in the east, as Lord Maitreya. In the west he is called, the Christ. It is the energy of the Christ that expresses through every teacher including Jesus. Jesus is but one of the many expressions of the One Christ.

All those whom you see on the altar are examples of the beings through whom the Christ has expressed. We have to therefore recollect the Christ or Lord Maitreya who is also called Bodhisattva. Bodhisattva means the one who teaches and enables the beings to find their way into their own source. Each one of us is a Son of God and we have to realize that. As we are the Sons of God, we are divine. To realize the same, is an activity that continues with beings that are in evolution. Lord Maitreya or the Christ has been conducting this activity over thousands of years. Jesus Christ is but one expression. But the world teacher as such, has been there on the planet ever since the beginning of the planet. Just like Sambala is there and Lord Sanat Kumara exists from the very beginning of this planet, there is the existence of the World Teacher, the Christ, whose work is to teach and to help evolution of the beings.

## 20. OM MANI PADME HUM

Lord Sanat Kumara plays the role of the king while the world teacher plays the role of a teacher. Every kingdom is successful when there is a teacher and a ruler. If the ruler is not effective, the teacher amends the ways of the ruler. Or if the ruler is effective, the teaching happens in a manner that the kingdom evolves. We have to understand the two dimensions of will and of knowledge in that light. For this planet, the center for the Will is Sambala and it exists at the Sahasrara in each one of us. Sahasrara is the place of Sambala. That is where we have the gem! The gem is referred to by the Buddha as, ‘the gem in the lotus’ (Mani Padma).



Many of you are familiar with the sound ‘Mani Padme Hum’. ‘Hum’ is the seed sound to relate to the gem within the thousand petalled lotus that is at the top of the head. When your energies ascend to that level, you find yourself as a self-effulgent gem. Buddha realized it. Maitreya had realized it much earlier. Masters of wisdom are those who have realized the Mani in the Padma meaning the gem in the lotus. When you know that you are the gem that shines forth at the top of the head, you are considered to be a dragon of wisdom. A white dragon. We also have theologies that speak of serpents having gems at the top of the head. So, whenever we think of Sambala, think of Lord Sanat Kumara and think of your Sahasrara and think of the gem that you can be, as you reach the Sahasrara in you. That is what is set as the goal of evolution upon this planet. So, we should regularly recollect the goal or the target that we have set for life.

Even in the mundane life, we try to recollect the targets and then try to strive towards realization of those targets. The target for the beings on this planet is

to reach the top of their head where the will of God is known. We make an invocation every morning, “from the center where the will of God is known, let purpose guide the little wills of men. The purpose, which the Masters know and serve”. It is not a small invocation. It is a very profound invocation. The Masters of wisdom have known the purpose of life and accordingly conduct themselves. We too shall have to know the purpose of our life. What for are we born? Is it to do the same routine of eating, mating and sleeping? Is it for fulfilment of only the bodily requirements? Are we meant for something better, or higher? We have to recollect the very purpose!

## 21. RECOLLECTING THE PURPOSE

The Hierarchy that consists of the Masters of wisdom, helps us to recollect the purpose of life. That is what, the invocation stands for. “From the center where the will of God is known, let purpose guide the little wills of men”. What exactly is the purpose? Is the purpose meant only to maintain the bodies? Is the purpose only to improve your recognition in the society? Who are you? From where have you come? Where are you to go after you depart from this body? Where were you, before you entered into this body? We all know, at least by inference that we existed even before the body was formed, and we are the ones that entered as a spark through the spermatozoa of the

father, entered into the womb of the mother and built this body for about seven months in the womb. Later we came out and we developed further to be what we are. We are the basis for the formation of this body. For what use, have we formed this body? There is a purpose for which we have taken to this form. That purpose should be known and that purpose should be worked out. From where have we come? What are we to do here? And where are we to proceed here after? These dimensions are of great importance because as souls, we keep gaining bodies and then divesting ourselves from them.

We invest into the bodies, conduct work, and divest from the body. It is like holding the cloth. We put on the cloth and then we put off the cloth at the end of the day to put on some other cloth again. It is a process of regularly holding the clothes, and divesting from them. Similarly, the bodies are held for a purpose. After the purpose is over, the bodies are left behind and then again, we take to a new body to fulfil the purpose. For every being, there is a purpose, and that purpose is

known in Sambala. That is why we call it, the 'Will center' of the planet. And the Lord that presides over the will center is Lord Sanat Kumara. By relating to Lord Sanat Kumara, we would eventually know the very purpose for which we are living.

We have come to Shasta. We know, what for we have come here. Having come to Shasta, we try to relate to the Presence that is available in this aura of Mount Shasta. That is the purpose for which we are here. If we have all gathered around Shasta, we know that we want to gain the presence of the sublime energies present in and around Shasta. We know the purpose and therefore we came here. We also know when we depart from here. We know clearly, where we go after this group life. We also know what we would do after we depart from this group life. Same dimension can be extended to entire life. There is a purpose for every one of us for having taken to a human form. Then that purpose shall have to be known and fulfilled. Otherwise, you have to come again and again. If you are a student, you would go to

the college or to the school in order to study. If you do not study, you are not fulfilling the purpose. Consequently, you have to study again and again, until you fulfil the purpose of passing out of the college. Likewise, getting into a human form has a purpose. We shall have to realize that. To realize that, Sambala helps. That is the understanding. Therefore, Sambala has to be recollected. Lord Sanat Kumara has to be recollected.

## 22. THE HIERARCHY OF TEACHERS

How do we know the purpose of life? The Masters of Wisdom know the purpose of life, and they can guide us. That is why, we have teachers on the planet, guiding us. Teachers exist on this planet right from the beginning of the planet. This is where Lemuria becomes very relevant.

Lemurian continent and Lemurian race was the time, when teachers have descended on the planet. Great beings of light descended on the planet. Sons of will, Sons of fire, Sons of yoga, and Sons of God, they all descended during the times of Lemuria to help the beings to find the purpose of life. Such beings of light do exist in Mt. Shasta. That is the occult

understanding. Such beings exist in Australia. Such beings also exist in Himalayas.

Even though Lemuria submerged into waters, some parts survived and remained. Waters can save you; waters can also cause submersion. For example, Mayama, which is today known as Miami was also saved from waters. The Mayan presence can be felt in Miami which was a part of Mexico that extended from Miami (the Florida part) via the Gulf of Mexico, to entire Mexico and the land that we know today as California. All this land is considered to be existing from most ancient times.

Therefore, the presence can be felt in certain centers in all these places which we visit as pilgrims, not as tourists. Tourists means wherever we go we look for food and comforts. This is the modern understanding of tourism. That is not pilgrimage. Pilgrimage is when you find the technique to relate to a place and feel the Presence of the place. While Presence is omnipresent, in any part of the globe, presence can be felt in a greater measure in some places. The Presence of God is

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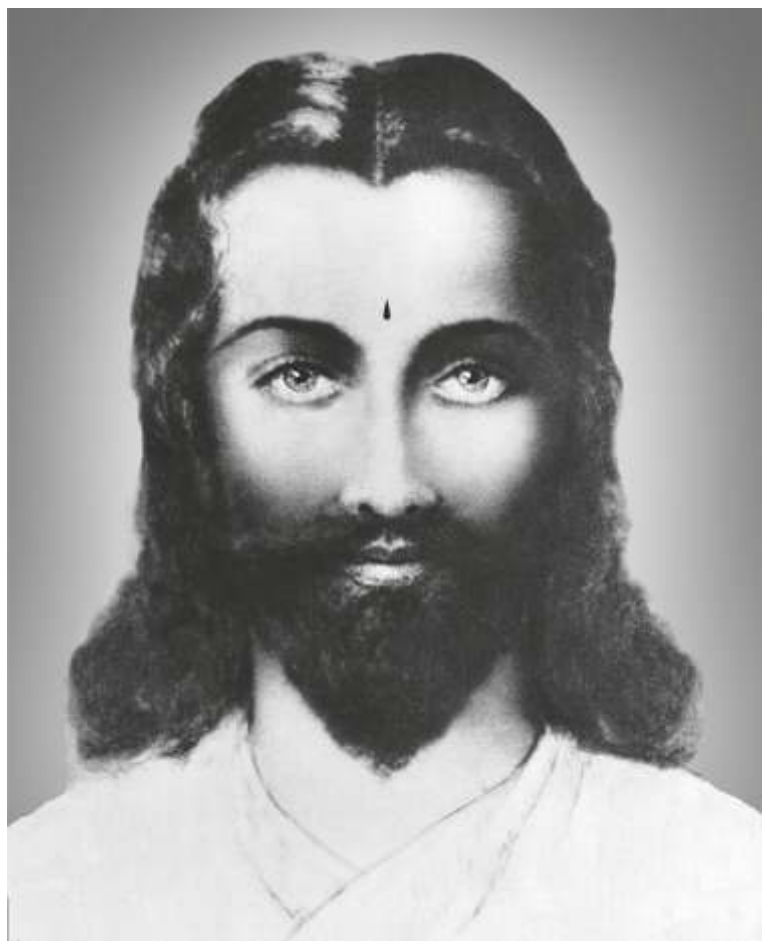
everywhere. But in some places, it can be much better perceived and much better experienced. We are here, at one such place!

Hierarchy consists of Teachers who keep informing the wisdom relating to cosmos and the wisdom relating to man. It is man, as micro-cosmos and the universe as macro-cosmos. This micro-cosmos can relate to macro-cosmos. Because whatever is there in the cosmos, also exists in the human being. All that you name in the cosmos can be found in the man. So, if you find the center in you, you can relate to the corresponding center in the cosmos. That is how, the ancient wisdom enables us to gain knowledge, to realise the purpose of life, and to conduct accordingly.

If you know the purpose of your advent and if you have enough knowledge, you can perform the needed acts and then you can depart on time. You don't have to hang on here. When the group life here is over, we all depart. Likewise, in life, we should be able to depart consciously when our work is done. "I shall now rise and go to my Father", is how Jesus said. It means, "I

finished my work here". He was hardly thirty-three years of age.

Likewise, in India, there is Shankaracharya, who fulfilled the purpose of his life by thirty years and consciously departed from the body. In the recent years, we know of Swami Vivekananda who lived for thirty-nine years, fulfilled the purpose and told his colleagues, "I'm now leaving". He went into meditation and in three days he departed consciously from the body. They are the heroes for us. They are the teachers for us.



### **23. SAMBALA AND SRAVASTI**

Every Son of God knows the cosmic person and knows the cosmos in its detail. They have also realized the cosmos within. It is not enough if we say that we are images of God. How are we really the images of God? Whatever exists in God also exists in us. We should realize that. But who will give us this knowledge? Not every teacher can give this kind of knowledge. Today, in the name of God, there is so much noise, promoting names and forms all over the planet. But a true teacher is one who shows you, the cosmos in you, who demonstrates how to relate to the cosmos outside, and who gives you the way by which you find yourself and the God center in you. He makes

you experience, how you exist in the four-fold manner. That is the teaching from ancient most times, whereby the dimensions of omnipresence, omnipotence and omniscience of the divinity are very clearly explained. The patterns of manifestation of divinity, which constitute the laws of creation are explained and you are instructed to attune to those laws by which you too gain the knowledge. This is where the Hierarchy is of utmost importance. The head of Hierarchy is Lord Maitreya, the World Teacher, whose residence or Ashram is called Sravasti.

We should remember Sambala and Lord Sanat Kumara. We should also remember Sravasti and Lord Maitreya. It is important because it is Lord Maitreya who has been guiding the beings on this planet through an army of teachers in the east and in the west. He has a huge group of teachers whom he guides while he himself is in alignment with Sambala.

Lord Sanat Kumara and Lord Maitreya are in eternal alignment. Lord Maitreya does the work of enabling the beings to know the purpose, to gain the

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knowledge and to work out the purpose for which the beings have arrived upon the planet. Therefore, recollecting Lord Maitreya and his ashram Sravasti is of great importance. There are ashrams relating to so many Masters all over the globe which we can relate to, if we gain the technique of relating to places and experiencing the presence. For example, in the American continent, you can easily gain the presence of Master Count Saint Germain. At Shasta specially, you can gain the presence of Lord Sanat Kumara because Shasta is but an off-shoot of Sambala.

If we nurture these dimensions in us, they open in us. The center where there is the 'Will of God', the center from where there is 'Love and Knowledge of God', the center from where the 'Activity' is carried out, shall have to be realized. The center where we experience will is Sahasrara. The center where we experience knowledge in its completeness is Ajna. And the center from where we conduct the work is at the heart center.

The invocations we do in our prayers, require

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us to relate to these centers within us. which are Anahata (the heart center), Ajna (the brow center) and Sahasrara, (the thousand petaled lotus at the crown center). Outside on the planet, you have to relate to the Hierarchy, to Lord Maitreya, the World Teacher and to Lord Sanat Kumara. This is how you have to correlate.

When these correlations happen, your energy system attunes to a bigger system so that there can be communication with the bigger system. Otherwise, we remain just the same. By relating to a magnet, an iron piece tends to be a magnet. By relating to a bigger energy, your energies find their re-organization to be in tune with those energies. We are given this information in this new age by Madame Blavatsky and Alice Bailey especially to the west. This knowledge is available in the East from ancient most times.

It all depends on how a person would like to be in tune with the cosmos. If that is your priority, your life works out in a different manner. If you are only worried about yourself, and the vanity of your personality, and keep showing off your personality, you

are like a child in the kingdom of God moving around not knowing what to do. We also have children in our group. What is their program from morning till evening? As they wake up, they play and keep on playing throughout the day. But as they grow, they slowly think of attending to the teaching, and attending to the prayers. The growth is in terms of consciousness. The more you grow in your awareness and in your consciousness, you tend to find the very purpose for which you are here. If not, you keep on playing around wagging the tail of your personality, showing off how beautiful you are, how intelligent you are, and promoting yourself everywhere!

A man of wisdom promotes wisdom, he does not promote himself. A man of wisdom does not publicize himself. His work is to bring as much light of wisdom into himself and transmit such wisdom into the surroundings. That is the work of a man of wisdom who remains as a soul. A man in personality always wants to impress around. He has to impress people, he has to gain recognition, and he has to be known by



others as someone important. This crisis of recognition is limited only to personality. But a true man of wisdom tends to be almost incognito. He would like that wisdom permeates much more than himself. We know the president of this country because he publicizes so much. But we do not know the men of wisdom of this country as much. They do not publicize. Instead, they transmit wisdom.

## 24. MASTER CSG AND AMERICA

For a very long time no one knew that a continent like America existed until the disciple Columbus discovered. Columbus was a disciple of not only Jesus Christ but also of St. Germain, and also the 1st ray Master. He was guided. He wanted to find a route to India to exploit the gold there, because that was the golden land. Even today, it is a golden land though clouded by so many other things. According to the grand Plan, Columbus who wanted to reach India, reached America, because the humans needed to move to another side of the golden light. Eventually, by about 1786 they reached the west coast. But the Master of the 7th ray had reached even earlier in 1775. The

Master was present for 11 years even before Columbus arrived in America. The Master came all the way from Europe to this continent much earlier than any other member of the Hierarchy. The plan was to prepare this part of the globe for future generations of humanity, where one humanity is realized without races, without national identities, and without caste identities. That is the plan for which America is re-discovered. It already existed and Master CSG is the first one to move here among the Hierarchy.

Master CSG is the best of the wise men that exist till date in North and South American continent. He has setup many Ashrams with his disciples, not only around Mt. Shasta, but also in several places in the western part of North and South America. He has many Ashrams, where his disciples invisibly conduct the rituals to cause the needed magnetic vibration to harmonize the energies and also, to cause the needed impact on the modern humans who are now relating to the place. The Master came in 1775. From 1786, this mount is noticed. Having come here, the Master

established his abode. And then slowly people started coming and started relating to it. At Mount Shasta, we relate to the violet light. Move in silence, stay there, relate to the elements of the place, relate to the water, relate to the matter, relate to the heat, and relate to the fire.

Even before the Master came here, there were already groups belonging to the Lemurian times. There are instances, when people have found men with a projected tumor-like thing at the forehead (where the pineal gland is located), which was earlier the third eye. When it is opened everything is envisioned. Such people were existing even before Atlantis. You know the story of Cyclops. In the remaining parts of Atlantis, namely Canary Island which is very near to Spain, there is a volcanic mount. It is called Tenerife. Around Tenerife also, there are the Cyclops. There are Cyclops in this mountain also from ancient most times. Some of them are very knowledgeable and high initiates, while many of them are not.

The name, Europe is derived from the word

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Aryopa. What you call as Iran is Aryaan. An extension of Aryaan is Aryaaka. Aryaaka has become Iraq. Today that region is a fire pot, everything is burning there due to so much conflict. It is all Aryans, who coming from the Himalayas, have spread all over the globe in 7 different gradations.

The Aryans did not know about Mt. Shasta before 1775. They came to know of it only through the Spanish invasion of the American continent. Initially, they were dabbling around the eastern coast. Slowly they started moving towards the west coast. They found their hearts throb of the golden treasures here and there was a great rush to the west coast. All the stories about excavating and exploiting for gold is an exoteric aspect. The esoteric aspect is to find the gold within.

To find the golden light within, you have to enter into your heart center. To return to heart center you have to relate to the golden land. Outside there is the vibration of the golden land, inside you find the golden land in the cave of your heart.

Andes



Mt.Aconcagua



Iguazu



All those who came from Europe to American continent were under the Colonial rule of the British, French, Spanish or the Portuguese. Master CSG came here to ring the first bell of liberty, freedom and self-rule. He arrived, and he set himself on this part of the planet. He is the one who brought freedom to every nation in South American continent and North American continent with the help of his disciples. Almost all those who were responsible for bringing independence to various regions of North and South America, were Masons of a high order. Be it Saint Martin in Argentina, be it Saint Pedro in Brazil, be it Saint Boulevard, be it George Washington, be it Abraham Lincoln, they were all Masons of a great order. All these leaders were inspired by one wise man called Master CSG.

Master CSG came from Asia to Europe, conducted the work in Europe, and from Europe he has come down to America while his activity is extended to the whole planet. He prefers to be in this part of the world building as many Ashrams in the



mountain ranges as possible. Just as we have one in Andes, we have also one in Shasta, we have one in Monument valley, and one in the Colorado mountains. He continues to work for centuries with a purpose whether or not, he is known by the people!

To look for recognition is a childish state of personality but not that of the soul. To stay beyond the urge for recognition is already a dimension of wisdom. We have known, by the teachings coming from various disciples, the importance of the Ashram of Master CSG, the importance of Sambala and Shasta and hence we have gathered here. And therefore, I urge you all to stay connected to these great intelligences that prevail over the place. Stay connected to experience!

We have been given a body to experience the cosmos. Our approach should be to relate to the mount, to relate to the place, to the clouds, to the sky and to the animals here. It is also to relate to persons who are unknown to us. You would also meet persons unknown to you, who greet you, and whom you do not know. Many things can happen in a sacred place. There

are certain known sacred places, and there are certain places which are slowly getting known now. You go to Jerusalem, you can gain the presence. You go to Jordan river, you can gain the presence, you can go to the Mount Beatitude, you can gain presence. Likewise, you go to any nation, there are places where you gain presence. For example, in India, there are so many places you can relate to. In Egypt, in Europe and in America, there are places you can relate to. Because there are certain places on the planet which vibrate much more magnetically and radiate much more, with the energy of Synthesis. Such an orientation is needed. Once you gain that orientation, things become easier.

Just like you have maps to guide you in this area, there are also unseen maps that guide you to the right tree, to the right energy, to the right spot, and to the right persons who exist in sacred places. That is how, some who came here to Mt. Shasta, found groups of beings in white robes, who are seven feet in stature, moving from place to place silently and subtly. An orientation to this dimension is important. For

example, when you go to Israel, you should have the orientation towards the many prophets that came out of that land. Likewise, there are so many here, as there are in Asia. Without this attitude towards occult perception, not much can be gained!

## 25. BE ORIGINAL

To hold on to a right orientation towards occult perception, certain degree of silence is demanded from us. It is acceptable, if you are sprite-fully engaged in dialogue with people because we meet our friends from various lands. There are people from so many groups and from so many countries here and we relate to each other. That part is fine, it is required. It is a social dimension. But that apart, there should be a part in you, which should relate to the unseen in the place. To orient towards seeing the unseen, listening to the in-audible is what enables a student to be occult. This attitude is called studiousness. If not, you are just the same wherever you are. Be it in the busiest

marketplace or be it in the most sacred place, it means the same to such a person who is not oriented. In sacred places such as Mt. Shasta, see how best a day can be utilized.

If you are studious, then you become a student. A student is one who regularly learns. There is no limit to learning. It is a continuous process. So, let us get into that kind of learning with as much silence within, when we move around in holy lands. For outer purposes, you can be normal. Do not put on strange faces. There are people who put on spiritual faces. It looks so awkward to see such faces. You can be spiritual and yet normal. You can be uncommon but be common with others. To look special is childish. To look normal, to look original, is spiritual. We have a Mantra, 'Normal Temperament'. I always tell the members, if you can be as original as possible, you are truly spiritual. Try to be as original as Origin-al. Do not put on something and pretend. It does not stay longer. The makeup that you put on your face is not normal! The original face appears once the makeup is gone.

Therefore, to be original is to be spiritual, and to be spiritual is to be normal. You can be very silent inside and be normally engaging with people around. Spirituality does not teach you to be serious!

A truly spiritual person always has cheer in him and carries a smile on his face. It is not the way, some saints are depicted in a very dismal way with hollow cheeks, as if they have been fasting for life, shabbily dressed and with barbs. It is not like that in truth. The Saints are very cheerful people, and very handsome people. When you are an image of God, the best of things, are with you. And that is our original state too. So, don't try to be anything other than original. Don't try to copy Christ, or don't try to copy master CVV, or don't try to copy any of the Masters. Because, each one of you is original. There is a way, how Jesus gained the originality. You also follow that way and gain your originality. Growing hair like Jesus Christ or growing barb like another saint are all idiosyncrasies.

Do not try to imitate anyone else. Be original. Be normal. Be original and yet be silent in your inner

chamber. There lies the beauty. If you have the eye to see, that eye opens in silence. If you have the ear to listen, that ear opens in silence. A part of you has to be in silence, while a part of you is relating in a playful manner with the surroundings. May that be so whenever you go on pilgrimage. May that be so with whatever you do during your daily life. Let cheer prevail. Let smile prevail. All wisdom is worthless when you have no ability to smile. At the same time, do not try to attempt to smile! Attempting to smile is different from being cheerful. It has to be natural, it has to be original.

## 26. CHINTAMANI

‘Om Mani Padme Hum’ is the mantra relating to Sambala. The ones that initiate us into this mantra are Lord Maitreya and Gautama, the Buddha. They have realized Sambala in them. When we speak of Sambala, we have to speak of the gem Chintamani which is brought out annually from the caves of Sambala, to shed light upon humanity. Lord Maitreya and Gautama, the Buddha are the custodians of this gem (mani in Sanskrit).

Chintamani is shifted from Sravasti to Sambala, and from Sambala to Sravasti once in a while according to the need. Meaning, the movement of energies from Sahasrara to the top of the forehead, and



from top of the forehead to Sahasrara, are conducted with the gem called Chintamani which is an extraterrestrial gem. It can be realized in the human being. When that is realized, man's evolution on the planet is complete. Such is the noble task that each of us have. When we regularly remember this task, gradually we orient our life towards it. Otherwise, we are lost in our own practices, in our own petty traditions and the related superstitions.

Sravasti is the cave which is the residence of Lord Maitreya. It is beyond the Mount Kailash and Manasarovar. Beyond the mount towards the north, there are the caves of Sravasti, where Lord Maitreya resides and continues to bless humanity every morning and every evening in tune with a Tantra which is called Kala Chakra Tantra.

## 27. KALA CHAKRA TANTRA

Kala Chakra Tantra is the magic of the wheel of time which is followed in Sambala. Sambala is further North of Sravasti.

In us, we should think of Sambala in Sahasrara, Sravasti at the top of the forehead and the Hierarchy in the heart. It is a kind of discipline that enables us to gradually orient to the related energies. Recollection on a regular basis enables the related orientation, association and transformation. When an iron piece regularly orients to the magnet, it gradually becomes a magnet.

There are certain magnetic bodies on the planet like Sambala in Gobi Desert, Sravasti in the

Himalayas, and Mount Shasta in the American continent.

Sambala is the center where no religion is entertained. Sambala relates only to the time, the time dimension, and the time cycles. Attuning to the time cycles is found to be the ultimate key to one's own transformation and experiencing the truth that one is.

Various practices exist on the planet in relation to the worship of God. It may be surprising to you that Sambala denounces them all. All practices that we carry out in the name of worship, rituals, etc. should enable us to attune to time and to nature. The practices that we carry out, if they take us away from nature and from the dimension of time, they are seen as practices of ignorance.

The whole creation is carried out in tune with the time plan. Time holds the key, time holds the patterns relating to involution and evolution, to the law of alternation, law of pulsation, law of periodicity, law of expansions and contractions, law of emergence of light and emergence of life into itself. All laws are

contained in time and therefore time is seen as the ultimate remainder. Time ‘remains’ after creation; time ‘remains’ before creation. Time and God are one and the same.

In creation, time is God. Beyond creation, time only remains. In dissolution also, time only remains. It is only according to time that a new creation comes up and again according to time, the existing creation dissolves. The birth, growth, completion, regression and then conclusion of a creation is in tune with time. These five dimensions of time are worshiped as five dimensions of mother nature when we utter the name of the mother as ‘Pancha Kritya Parayana’.

There is the birth, the growth, reaching of the optimum, regression and then disappearance. This is how it keeps on happening with everything. It is all in tune with time. There is a time plan relating to every being, there is a time plan to the planet, the solar system, and to the clusters of solar systems which we call Prajapatis. There is a time plan for the cosmos.

All happens within that time and time is the ultimate terminator. Therefore, relating to time is knowledge. Doing all kinds of worships with no understanding of time is ignorance. Where the worship does not let one to attune to nature or attune to the time cycles, they are seen as worships of ignorance!

## 28. RHYTHMIC LIFE

The universe is conducted in a ceremonial order. The cosmic, solar and planetary systems are functioning according to a ritualistic order. We know that the solar system consisting of the Sun and the seven planets functions according to a rhythm. We know how the earth moves around itself and around the sun, without any delays and without any speedy movement. Likewise, every planet such as Jupiter, Venus, Mercury, Mars, and Saturn; they have their periodicities. Nothing changes in relation to their periodicities. They precisely transmit the needed energies conducting themselves according to a rhythm and a ritual. The moon conducts itself around the

Earth in such a rhythm that we clearly know when the full moon happens and when the new moon happens. On the planet also, there is a great rhythm with respect to the minerals, the plants, the animals, and the five elements.

Among the species in creation, only the humans have been given free will but with a condition that they too shall follow the rhythm by which they can live free. Those who follow a rhythm would gain the magnetic vibrations of the nature's rhythm and would also gain the related electrical functioning through the brain. To be orderly is a condition given to the human. Just like there is a definite time by which we know when the sunrise happens, the sunset happens, when the noon happens, when full moon happens, when new moon happens, likewise in the human behavior also there has to be that kind of rhythm and reliability. When mind is subjected to such rhythm, man can experience the splendor of the creation and the splendors that are there on the planet earth. The earthly plane is the seventh plane and being on earth,

you can experience all the seven planes of existence. The Devas cannot experience the physical plane. The Devas cannot touch down upon earth. The animals cannot ascend to higher circles. Man is the only being who has the potential to ascend into higher circles, to be on earth, experience the earth, and also experience the subterranean existence. He can permeate all planes of existence by relating to the rhythm.

Rhythmic life is therefore considered a life through which one's consciousness expands to greater comprehensions. The horizons tend to be more and more wider resulting in an unlimited expansion. Each one of us has a horizon of understanding. That horizon has to expand. For a Master of Wisdom, it expands to the entire solar system. To an ordinary man, it expands only up to his family, his vocation, and the place he is living. The horizon is limited to such a person. A student of occult knowledge strives to expand the horizon of his understanding gradually from being limited to unlimited. When it is an unlimited horizon, it is called in Sanskrit as, Anemichakra – limitless



understanding. There are humans who have demonstrated such limitless understanding of the universe. They are the ones, whom we call the seers, the Rishis or the Masters of Wisdom. Sitting in a place, the events of the whole planet are perceived. The events in the solar system are also perceived by the seers sitting in a place! They were all humans that have had such expansion of consciousness, through the rhythmic way of life.

The ordinary men limit their horizon only to their daily routine and hence there is no expansion of consciousness. Growth of a human is measured by growth in knowledge and growth in manifestation of acts of goodwill. Otherwise, one remains like a frog in a well, thinking that the circumference of the well is the only sky, and that there is no other sky! For a frog in the well, until it comes out of the well, only limited sky is visible. Similarly, we have a very limited understanding of life, trying to procure food, procure clothing, procure some facilities, some properties, building family, feeding them and so on. This is all a routine

activity that every human does. The need for growth shall have to be an urge from within. Each person is very proud of what he or she is doing, because in his own world like the frog, and he thinks "I am doing fine, I am great, and I have my sky, my well, and my waters." When he comes out of the well, the grandeur of the sky is seen, the grandeur of the earth is seen, and the grandeur of a great lake is seen. That is how from limitedness to un-limitedness, there is the evolution or the growth. That growth can happen only when we adapt to the rhythms of nature.

Rhythmic life is a pre requisite to enter into the mysteries of nature. Just rhythm without the aspiration to know, leads you to monotony. There are many who are very rhythmic and ritualistic but they don't have the urge to know on a daily basis. On a daily basis there has to be an addition to your knowledge just like on a daily basis, you think of adding to your earthly wealth. Most of the Indians have come to the United States to gain a few dollars more. A little more dollars, one more dollar a day is satisfying but an iota of knowledge every

day is more satisfying to a student of wisdom. From yesterday to today, did we learn something more has to be the attitude. Then you are tending to be more towards the spirit. The monastic monotony is observed by many. There are so many monasteries where they are into a routine, but they have not grown to be of global importance benefitting the humanity. Let not the rhythms be reduced into a monastic monotony. They tend to be monotonous when you do the same things at the same time, including the rituals! You are doing same ritual over years. But do you experience the needed growth within you, in terms of light, and in terms of awareness? It does not happen because the urge for expansion is not there. No doubt there are some who are very rhythmic and ritualistic, but they don't have the urge to grow. And there are also many persons who have the urge to grow, but they cannot grow because they don't have the rhythm. Therefore, this knowledge to be rhythmic and the alignment with time cycles is important.

## **29. ATTUNE TO THE HIGHER ORDER**

If you are to chant Gayatri, you should do so during the hours of dawn. Only then, it is relating to Gayatri with the knowledge of time. The hours of dawn, when the first streaks of light appear in the East, even before the Sun rises, is the prescribed time, to worship Gayatri. Worshipping Gayatri in late hours is like going to the airport after the flight has departed. There are timings for arrival and departure of energies. There are timings for the visit of energies. They cannot be visited or invoked according to our conveniences. The lower has to fall in tune with the higher. The higher has an order. The lower has to fall in order with the higher!

The movement of planet around itself cannot be delayed just because we are a bit tired and we would like to get up a bit late. During the sunrise and sunset, moonrise and moonset, we have to attune to the time and the energies. They cannot be changed according to our convenience. In India, people carry out a practice called, ‘Sandhya Vandana’. It is a ritual to orient to the dawn and the dusk. But they do not do it at the time of dawn or dusk, and instead, they keep on saying sorry, “I could not do it on time”, through the utterance of the prayaschittha mantra. If you go to airport after the flight has departed, even if you say sorry, it is of no consequence. Likewise, if you go to railway station after the train has left, you cannot board the train. Nothing will be amended for you. You have to fall in tune with the higher order. The lower always has to fall in tune with the higher. The higher would not fall into disorder, for the convenience of the lower.

When the teacher announces a time for the teaching, the student has to be there a minute before the start. The teacher will not wait for the student,

however influential the student is! For VIP students, the society may amend itself, and adopt itself, but in nature, nothing can be changed. In nature, all is in tune with the time plan. Likewise, Humans have time plan and animals too have a time plan. Animals cannot live as long as the humans do. However much you love a dog, its longevity is not as much as that of a human.

As per the time plan, what is to be achieved has to be achieved. Adopting to the time plan and conducting one's own work to fulfill oneself is what is called Kala Chakra Tantra. That is the reason why Master CVV has set definite times for prayer. It is not whenever you like! Let there be a time plan because time causes expansion. If you adopt to the time, expansion comes. People who are not punctual to anything in life, cannot grow. Punctuality is the fundamental quality for growth. For spiritual growth also, the set times have to be followed. Don't make compromises to it. Master CVV associated Yoga to the Kala Chakra Tantra. Once it is linked to time, the expansions are certain.

When the creation is made, it is according to the time patterns that already exist. We came much later and we cannot change the time patterns. We cannot even change timings related to our own man-made systems! Individually, you cannot change the timings for banks, the timings for flights, the timings for trains, or the holidays that are set for the working class. You just have to follow them! If it is so with man-made things, it is much more so with God-made things. That is why, in the times of Lemuria and Atlantis, there was such great worship of time to attune to the higher order.

### **30. ASTROLOGY - AN ESSENTIAL SCIENCE**

Even today, the knowers, attune to time cycles. Those who do not know, engage in blind worships not knowing the purpose. For example, what is today's moon phase should be known. The zodiac sign in which moon is present currently, should be known. Moon in different signs gives different impact on our minds. 'Chandrama Manaso Jaataha', says the Veda. Our minds are regulated by the moon. If you do not know the moon phases, you do not know the moods. People have as many moods, as the moon phases. There are ascending moon phases, and descending moon phases. The mind is sometime joyful, sometimes sad, sometimes angry, sometimes irritable, and sometimes



jealous. All kinds of things happen with the mind. Unless you know the moon cycles and follow accordingly, your practice does not really help you to align to the higher order.

Likewise, you should know where the Sun is. He stays in every Sun-sign for thirty days while Moon changes sign every thirty hours. Moon matters to man because man is mind oriented. Likewise, there are other planets whose impact is to be known. The impact of Jupiter, of Saturn, of Venus, of Mars, and of Mercury is to be known and followed.

The greatness of Mayans was their knowledge of time. The greatness of the Rishis of the east is their knowledge of time.

Unless you follow the celestial bodies of light around our planet which are called planets, and their path, and their impact on us, you do not gain much. It is like walking blindfolded in a forest. A blind man walking in a forest can fall into a ditch. Today, blind directing the blind, and the blind following the blind, is a major activity in the name of spirituality on the

planet. This is a very harsh statement, but alas! it is the true!

The Veda says, ‘Sarvendriyaanam Nayanam Pradhanam, Vedaangaanaam Jyothishyam Pradhaanam’, meaning amongst the senses, eyes are the most important and among the occult keys of Veda, science of astrology is primary. If you don’t have the eye to see, you cannot progress much in life. Similarly, if you don’t know astrology, you cannot progress much in life.

Astrology is to observe the planets, their characteristics, and their impact on us. Likewise, observe the twelve sun signs, their characteristics, and their impact on us. Compare the planets as they exist in the individual chart with the planets that surround us on a daily basis. A daily chart shall have to be looked into and then, related to your chart. Know the aspects and conduct yourself.

If you do that, it’s like having a navigation map to move wherever you wish to. Likewise, there is also a map relating to the occult path. Unless you know the

map, you are lost. The map is available daily, but whether we relate to it, is the question!

Knowledge of Astrology is a fundamental requirement. The teachings coming from any Master of wisdom from the Hierarchy, invariably contains astrology. You have esoteric astrology and also spiritual astrology. Today, we are in such a situation that people think that astrology is a superstition. It all depends upon how we use astrology. Astrology can be superstitious, and it can be scientific too. The science of astrology will come up more and more and will become the future science for guidance. In fact, though they do not mention it, many presidents and prime ministers, and men in high offices, consult astrologers. However, they do not have the courage or conviction to say that they follow astrology.

If we go to the city of Mexico or to any pyramid in the central American continent, you can see how they are built in tune with the time plan. The solstices and equinoxes are marked and accordingly the pyramids are built to carry out festivals relating to

equinoxes and solstices. Attuning to equinoxes and solstices has been an ancient most practice. Today, do we allocate time for equinoxes and solstices? Except on weekends, we are not available for anything. All spiritual practices are adjusted to weekends! You cannot adjust a higher system to your convenience, if we want to gain the related energies. Equinoxes and solstices are of great consequence to the students, who would like to realize the truth in them and pursue the purpose of life. Equinoxes and solstices are the nodal points for the year and full moon and new moon are the nodal points for the month. The year has two equinoxes and two solstices. A month has full moon and the new moon as solstices and eighth ascending moon phase and eighth descending moon phase as the equinoxes.

When we approach the new moon, you have to plan what to do. You have to keep in mind about the new moon energy where mind, body and awareness are aligned. Let that not be forgotten. When the moon, sun and earth are aligned, you have the new moon.

When moon and sun are 180 degrees opposite to each other, it is a full moon. We have times where moon is at its bloom and there are times where moon is completely absorbed into the consciousness. Plan your practices in tune with it. Unless you follow the cycles of new moon, of full moon, and of the half moon, your mind will not fall into order.

In the teachings coming from the Hierarchy, much importance is given to the full moon. Full moon meditations are very popular among new groups of world servers. But we should know that the full moon practice should have foundation in the new moon practice. It is upon the new moon energies, that the full moon is built. If you do not follow the new moon and only follow the full moon, you would not progress much. It is like building a structure without the foundation. It will not stand firm. New moon enables thinning down of the desire body, which is called the Kama Sarira. All this sickness of 'I want this', 'I want that' or 'I don't want this' can be dissolved through aligning to the new moon cycles. In India, people

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worship Lord Siva, when new moon is approaching as Sivaratri. When we do it not knowing why, it does not help. Every Monday, they do a lot of Siva worship not knowing that it is only to regulate the mind. When you know and then do it in tune with the time, you stand a chance to expand. We need to see the daily chart, look to the movement of the planets, their relationship to the personal chart, and then accordingly plan the activity.

### **31. NO BLIND WORSHIP!**

It is Lord Sanat Kumara's advice to the Hierarchy, to try and discourage all blind worships. Let people fall in tune with time. Let them orient to the dawn, and the dusk, let them orient to new moon and to the full moon, let them orient to half-moons on either side of new moon, let them orient to equinoxes, and the solstices. Let them also orient to the planetary cycles.

Every planet has its own cycle. For example, Venus takes less than a year for a round. If you follow the Venus cycle, you are open to the secrets of death which Mayans followed. Mayans had a Venus based calendar where a cycle of Venus was seen as one year. In

their structures, a pyramid is dedicated to Venus. The path to Venus is said to be the path to death. Path to death does not mean we walk the path to die! Walk that path to transcend death. If you go to the Mexico City, they have the main pyramid. On one side there would be Mercury pyramid, on the other side there would be the Venus pyramid. The first walk has to be towards Venus before you reach Sun. Before you go to Venus, you need to gain the needed wisdom, therefore you need to move towards the pyramid of Mercury. Pyramids were built with this Wisdom.

In India, we setup small temples for the seven planets and the positive and the negative nodes. We call it 'Navagraha Mandapa'. The placement of planets in it shall have to be noticed and accordingly you have to place them in your own being. In our own being, from head to base center, all planets are posited, and their energies are posited. We have to regularly relate to them and relate to their cycles. Besides relating to the Sun and Moon, there are other planetary cycles to relate to. Frequently, the energies of Moon, Mars,

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Mercury and Venus visit us. Infrequently, the energies of Jupiter and Saturn visit us. For Jupiter, it is a 12 year cycle and for Saturn, it is a 30 year cycle. Then, there are 18 year cycles for the nodes. We should know the cyclical visit of these energies. Just like we are worried about weather of the day, there is the weather relating to the planets that impact us. Therefore, to relate to astrology is seen as the fundamental in the Veda and that Wisdom is what Sambala promotes.

Sambala suggests that we follow the path of time. Because everything starts with time, everything grows with time, and everything concludes with time. A yogi knows when his incarnation will come to an end. He knows it and plans his activity accordingly. We cannot commence a huge activity without successors in the late hours of the life. But does it mean you should not commence any noble activity. If you have successors in whom you have confidence, and who can continue your work, you can start projects even in the later part of your life. If not, whatever you commence, you should be able to conclude in this life. How do you

know when you will depart? If you follow the time plan for long years, the time reveals. Time is a great revealer; time is a great healer. There is nothing that time cannot heal, and there is nothing that time cannot reveal because all is hidden in the layers of time.

From time to time, Lord Sanat Kumara calls forth, a meeting of all the Teachers of Hierarchy. The Hierarchy consists of so many great beings of wisdom who keep on disseminating wisdom. He would like to review, if they are imparting the teaching relating to the importance of time or if some worships are happening blindly. When worships go too far, he would even put off such traditions for the benefit of humanity. That is what has happened in China and in Tibet. In China, the worship had gone too far, to such an extent that it had become a huge superstition. So also, in Tibet which is suffering so much today. Nothing happens in creation without the will of God. We always say that statement, "All is divine". If Tibet is under seize by China, why do you not see the divine dimension in it? There is a divine dimension in suspension of all earlier

practices which have crossed the limits of worship and treaded towards superstition. When there is too much superstition, man ceases to grow. He also does not exercise the free will. That is why there is a review of the worship activities that happens on the planet in Sambala and a new plan is always given to the humanity.

## 32. CO-OPERATION AND GRATEFULNESS

Ultimately, the wisdom dawns into beings according to their attunement. Wisdom is one. The ones who give expression to wisdom are those who are attuned to the nature and time. They have learnt that attunement from their teachers. So, you should be grateful to your teacher, you should be grateful to time, and you should be grateful to nature.

You may have known much through your teacher and you may also be well equipped to transmit the teaching. But if your vocal cords are damaged, what can you do? That is where nature's cooperation is important. Nature cooperates with those who cooperate with nature.

Similarly, Time cooperates with those who cooperate with time. It is a fundamental principle. If I cooperate with you, you cooperate with me. Normally we expect cooperation instead of extending cooperation. To expect cooperation is not knowledge. To extend cooperation is knowledge.

Co-operation is the most cherished word in Hierarchy. Spirit of cooperation is fundamental to the spirit of brotherhood. We commonly see that two brothers do not cooperate with each other. Two students of the same teacher do not cooperate with each other. Instead, they compete with each other! If they compete with each other, not much can be achieved. If they cooperate with each other, a lot can be achieved. Jesus once said, if more than two persons cooperate with me, wonders can be achieved. Meaning if a triangle is available; if three persons are in complete agreement, wonders can be achieved. Pythagoras always built his students into triangles. He used to set three students as a triangle according to the energy patterns and entrust them with the work. If the work is

not accomplished, it means there is no cooperation between those three. All manifestation is through the triangles. The whole creation manifests through triangles. You may see everywhere that two persons may cooperate. But you don't find that easily, a third person cooperating! Therefore, great acts cannot be achieved. We have the triangles, the pentagrams, and the circle with the center point. They all tend to be relevant to you, if you fall in tune with time and nature.

Gaining Co-operation of time and Co-operation of nature is fundamental. The teaching of Sambala is a direct teaching to relate to time and to relate to nature because they are the two that have manifested the creation. However able you are, if you move without understanding the tides of time, you are put off. There are so many stories. Most of you may know the story of the Roman emperor, Julius Caesar. He was so powerful. He was to go to senate for a meeting on the 15th of March. The lady at home told him, "Today is the Ides of March. Do not go today. Postpone the meeting. It is not good for you". Julius

Caesar neglected the suggestion and went to the senate. He was killed in the senate. The last stab was from Brutus. He was shocked that all came together to kill him in the senate.

Ides of March is 15th March. From 15th March till 19th or 20th of March, we are not supposed to carry out any acts of significance. You can only conduct routine acts. This should be known. Because, from 15th March to 20th March, it is the closure of the solar year. When the solar year is closing, you should conclude things, and not commence things. When 'time' is concluding things, you cannot commence things. Likewise, when time is commencing things, you cannot conclude them. It is absolute ignorance of the time dimension, when we do not align to this Wisdom. When we are to sleep, and when we are to wake up, the nature has already decided. Sleep during the dark hours of the night and work during the hours of the day where there is sunlight. If you sleep during the morning hours, you have missed functioning with the time. The morning hours are the golden hours of

the day. If you miss the golden hours of the day, we miss everything for that day.

The whole day is divided into eight parts of three hours each. You have to plan your activity in that manner aligning to the eight divisions. From 6 to 9 in the morning, it is one activity, 9 to 12 noon is another activity, 12 to 3 in the afternoon is the next. Likewise, from 3 to 6, and so on. This is how 8 parts can be understood. You should work out the plan for the day and the night. You cannot bring the day activity into night; and you cannot bring the night activity into day. You should know these dimensions of time. The seers say, if you get up ninety minutes before 6am, your brain functions better. If you get up ninety minutes after 6am, your brains remain dull. Just because it is Sunday, we tend to sleep longer! But Sunday is the most important day. The king of the solar system visits us on that day. He presides over Sunday. We should know how a Sunday should be utilized. Do not waste away the Sunday. Sunday is not holiday in creation. Sunday is the beginning of the week. Saturday is the



conclusion. In the present time, we start counting days from Monday. That itself is Kali and it is tremendous ignorance on our part. To follow the Sun system, commence things on Sunday and conclude them on Saturday.

There are so many dimensions, which the ancients held with them, but we lost them. The pyramids of Mayans, the pyramids of Egyptians, the ancient temples in India, are built with the knowledge relating to the cosmos. Just because you have money you cannot go on building temples and churches, not knowing what they are. There are dimensions relating to building pyramids, temples or churches. There are Masonic dimensions. We tend to build houses without knowing these dimensions and such houses do not give us the joy.

### 33. FOLLOW IMPLICITLY

Lord Sanat Kumara, very strongly insists upon orienting to time. Orient to Solstice, orient to Equinox, orient to the full moon and the new moon, orient to the half-moons, and orient to seasons. Every season has its special gift to offer to us. This is how, you have to set your life in tune with a bigger system and time helps us to set our life in order. When this is not followed, we continue to increase our blind worships, and we get to nowhere! This is strong instruction from Sambala which the Masters of Wisdom implicitly follow.

Every year during the full moon of Vaisakh, Lord Sanat Kumara gives a pattern for the year to work

via the Buddha and Lord Maitreya. For example, for the year 2019, the pattern is to work with the hexagon. Hexagon is a dimension relating to number 6 and Kumara. Number 7 being God, the Son of God is number 6. That is why, he is called the Shanmukha, meaning the six-faced one.

The six-faced one exists in us from Ajna to Muladhara. The six centers in the body, have to be connected and attuned. There has to be flow of energies from above downwards and below upwards. In these six centers, three are higher centers and three are lower centers. Meaning three centers enable us to receive from higher circles and three enable us to perform in the lower circles. The functioning is to receive from Ajna, from the heart, and from the throat to manifest through solar plexus, sacral and base center. That is how, a triangle with apex upward posited with a triangle with its apex downwards is seen as the double triangle as a symbol for hexagon. The Israelis have it as their national symbol. Double triangle is a great symbol of receiving from higher

circles and manifesting them in the lower circles. Therefore, the year 2019 is considered to be a year of manifestation of as many energies from higher circles as are possible for the simple reason that Jupiter is in his own house which is Sagittarius. Saturn is also in his own house which is Capricorn and Uranus is moving into Taurus where matter can be put to tremendous transformation. There is matter in us, which can be transformed, and there is matter upon earth which can be transformed. Many changes shall happen in the material world, and many changes can happen in the body of a disciple, if he takes to the dimension of the hexagon or the double triangle and works with it.

The triangle with its apex upwards is called Kumara and the triangle with apex downwards is called Makara. Makara is the dragon upon which the Kumara mounts and conducts the work. In us also, we have to preside over our solar plexus, sacral and base center. The personal will should be in tune with the good will. Good will is in Ajna, and personal will is the base center. They have to be connected. Instead of

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personality needs, think of group needs. Instead of personality welfare, think of group welfare. The sacral center stands for personal emotions and personal love. We say, he is our man, he is our group member, and so on. That is all emotion. When you distinguish the whole creation as ours and others, then you are into personality and all acts will be with the emotion of personal love. It has to be replaced with impersonal love. Personal will has to be replaced by good will.

See how the love of Sun god, and the love of moon god is impersonal. If there is moon light, it is for all. If it is sunlight, it is for all. Sun does not shine for a particular person or for a particular group. He has no preferences. Likewise, the moon. If there is a flower, its fragrance is for all. There are many disciples who are highly emotional. They take guru as very personal but a guru can never be a guru as long as he is personal. The very fact that he is impersonal makes him a guru. The student thinks my guru likes me most! The student may think like that, but the guru's love is for all. The teacher's love is for all, it is not more for one and less for

the other. The teacher's love is like the sun rays or the moon ray or the fragrance of the flower. Replace personal desire with impersonality. Replace personal love with impersonal love. And replace your activity not for your benefit, but for the benefit of others. That is all is the essence of wisdom, and about discipleship. It is Impersonal activity, impersonal love, and good will. That is the dimension which Lord Sanat Kumara gave as a dimension for the Hierarchy during the last full moon which was Taurus full moon.

Every year Lord Sanat Kumara gives a keynote for the Hierarchy to work and the Hierarchy strives to work for it.

We may not be able to contact Sambala. Your daily recollection of Sambala is good enough. Your daily salutations to Lord Sanat Kumara are good enough. And your daily effort to tread the path of Lord Maitreya is safe enough.

They are all meant for us so that we orient to Sambala, orient to Sahasrara and remember the gem, Chintamani.

Follow implicitly, the teachings that come to  
you through your teacher.

*Thank you and Namaskarams!*

**SAMBALA**





## Sambala - 1

*Recollect Sambala,  
bow down to the Lord Sanat Kumara,  
and tread the path of Lord Maitreya,  
The World Teacher.*

Sambala connects the sky to the earth. It connects the invisible to visible and the visible to invisible. It links up the divine to the mundane and enables the ascent from mundane into the divine.

The ancients believe, Sambala as the birth place of Shasta, whose other name is Sanat Kumara. The invisible is symbolized by Siva and the visible is symbolized by Shakti. Their meeting point is seen as

the birth of Kumara. Kumara is the ruler of this planet with Sambala as his citadel. The Lord of Sambala is also known in Puranas as Subrahmanya.

Sambala is known only to the Adepts. They are ever silent while relating to Sambala. They visit Sambala to receive the Plan. Their work is to be the messengers of God upon Earth.

The members of Sambala are all around on the planet and they also involve themselves in tours and travels. They stimulate activities of goodwill and also manifest goodwill in action. They are bound by the Vow of Silence and they speak not of their membership in Sambala. Their life is a life of offering; their inspiration is Sambala and The Lord of Sambala.

## **Sambala - 2**

The Puranas affirm that Sambala is in the second Ethers, hidden in the desert of Gobi. The Gobi desert is within the geographical territory of Mongolia. It is hidden and is in-accessible to humans. Only advanced initiates gain access to Sambala as per the call from Sambala.

The members of Sambala are those who have demonstrated a life of sacrifice for the welfare of the fellow beings. Only sacrifice enables the complete baptism by fire. Such ones, through meditation reach Sambala. The members of Sambala reside in the four corners of the world, preferring mountain ranges. They continue to serve and inspire the surroundings.

Some of the members of Sambala, are also at the high places of world activity from where they steer the activity of goodwill and demonstrate selflessness. The members of Sambala are courageous. They hold the Will of God and work it out on Earth. Nothing in the World really attracts them. They are the dispensers of nature's wealth for the benefit of larger communities. Being human, they have all tended to be semi divine through the sacrifice of personal will in favor of the Will of God.

### **Sambala - 3**

The path to Sambala is the path to the Truth. Truth is beyond all religions and cannot be colored by religion. The path is open to those who offer themselves to the path of service in every walk of life. The teaching of Sambala pierces through and unfolds the petals of heart lotus. The teachings continue to inspire even during the sleep hours and awakens the students into service.

It is futile to look for Sambala in the deserts of Gobi. It is an ashram in the ethers and is a lighted one. Depending upon the purity of heart, Sambala approaches the beings. Your association with the thought of Sambala itself starts the process of

purification. The thought of Sambala even vitalizes and lifts-up your pranic pulse.

An ardent wish to relate to Sambala would lead your life into the related paths, which would eventually lead you to the touch of Sambala. Recollecting Sambala has no specific rules and regulations. Associate the recollection with your pulsation; it enables you to gain the touch of Sambala eventually.

Let the thought of Sambala be the very first thought on your awakening.

## **Sambala - 4**

Sambala is as old as the planet Earth. It is the Soul center of the planet. Reference is made to Sambala in the Puranas, the Tibetan manuscripts and Chinese scriptures. Even the ancient most scripture in Tantra, the Kala Chakra Tantra refers to Sambala. There are innumerable legends about Sambala in the Trans-Himalayan region. Many and varied are the teachings relating to Sambala. Sambala is the headquarters for spiritual healing techniques as also for the ancient most path of Yoga. It is from Sambala, that the knowledge is transmitted in all four directions. The teachings get distorted through time, due to inadequacy of purity among those who receive and transmit the knowledge.



The religions that we know emerged only 2500 years ago. But humanity exists on planet since 18 million years. For all these years, Sambala has been the original source of divine inspiration. Sun worship, Fire worship and other ancient worship techniques have all emerged from Sambala only.

Time has arrived for the emergence of the thought of Sambala into the world at large. The east as well as west, are, at present engaged in the mystical thought of Sambala

## **Sambala - 5**

The followers of the path of Buddha in their most sacred scripture, 'Kala Chakra Tantra', refer to Sambala. They call the king of Sambala as 'Manju Sree Keerti'. The Chinese also mention of Sambala in their tradition. They call the king of Sambala as "Rigdan Tadpa". The Puranas mention of Lord Sanat Kumara and Lord Maitreya as the heads of Sambala.

In Kala Chakra Tantra, a prophecy is scribed as under: "When the world is filled with avarice, when wars tend to be frequent, when humanity is totally at unrest, to dispel the darkness of ignorance, the king of Sambala emerges with his army and eventually establishes the Law".

According to that scripture the king of Sambala would emerge in the year 2424. Thus, according to the scripture of Kala Chakra Tantra, the filthy conflicts of Kali would then end.

This is an understanding.

## **Sambala - 6**

In Sambala, time is regarded as God. God is time and time is God. Even the scriptures speak of time as God. But in due course of time, fire is seen as a god substituting time. As time passed by, the Sun is seen as the god substituting the fire. Later came many symbols, names and forms of God which totally obscured the very original dimension of God.

Sambala accepts only time as God. It accepts not worships of any variety. According to Sambala, comprehending time and functioning in tune with time is primary. Worshipping time is also seen as a deviation. Equinoxes and Solstices are to be comprehended and are to be attuned to. Instead, on

such days, if worship is done, it is a distortion, according to Sambala. When you attune to the dimensions of time, you realize the original state of your own being.

The full moons, the new moons, the various phases of moon, Sun's transit into zodiac signs are to be observed more for attunement than for any other activity. Tapas is the other name of attunement. Tapas, stands for deep contemplation, meditation and attunement. Such attunement enables realization of one's own being and also realize the purpose for which one is on earth and further realize the potential of the given equipment (body), to fulfill such purpose.

The king of Samabala "Manju Sree Keerti" passed an ordinance that "attunement to time be the practice. Action in such attunement be the way to fulfill". As dark ages set in, the subtle humans deviated from the fundamental.

## **Sambala - 7**

The king of Sambala suggested an equation of worship and action with goodwill. He suggested to his subjects to relate to the Sun-god, to sharpen one's will, to gain knowledge and to effectively work on the Earth to fulfill the surroundings. He commanded that there has to be as much goodwill in action, as worship. He equated worship to inhalation and goodwill in action to exhalation. Just as one breathes in, one breathes out. He commanded that every worship should be followed by actions of goodwill. He prohibited worship in so far as the corresponding goodwill in action is not demonstrated. Eligibility of worship is linked to goodwill in action. Likewise, to improve the quality of

action, he insisted on worship. In his kingdom the invocation of light and manifestation of life through work are the two sides of the same coin. They were said to be inseparable. The king of Sambala is not only a ruler but also a teacher. He continues to be the Raja-Yogi that he always has been. He enlightens and also rules. He does the double function of being a teacher and a ruler. It is the state of a Raja-yogi. It is a great facility for the kingdom that the king is an initiate or if an initiate is the king. When they separated into two people, as king and an initiate, Kali entered in between them to cause differences between the initiate and the king. The king became powerful and therefore silenced the initiate. The initiate understood the condition and therefore withdrew into forest. The facility of wisdom was not available with the king and the king became slave of power. Such king was lacking in wisdom leading to conflicts in the community. The king of Sambala strongly recommends “try to grow by invoking the Light and manifesting such light through goodwill”. Both are equally important.

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## **Sambala - 8**

In the new age, Madame HPB externalized the Hierarchical energies. She revealed the existence of Sambala and also its significance. Madame HPB is a Yogi of higher order. She is a person with extraordinary perceptions, a grand intelligence and an ever-expanding unit of awareness. She is as much an executive, as a thinker and a philosopher.

Madame HPB had the good luck to gain the link of the sublime beings of White Island, as also to those who constitute the Inner Government of the World. She revealed many secret cave temples, as also the knowledge contained in manuscripts, which are preserved in those temples. With much courage, she



discretely mentioned in her writings, the village of Sambala. She also stated that the members of Sambala are all but persons with lighted bodies. Only those who gain a golden or subtle body stand a chance to experience Sambala. This hard fact was also informed by her. She encouraged humans to transform into semi-divine beings in order to join forces with Sambala and perform as representatives of Sambala.

Inspired by the teachings of HPB, Alice Bailey and Nicholas Roerich also could relate to Sambala through their self-will and self-transformation. While AAB described Sambala as the spiritual truth of the Earth, Nicholas Roerich gave a visual presentation of Sambala, the related mountain ranges and also beings related to Sambala.

## **Sambala - 9**

The residents of Sambala are all immortal. They are completely healthy and are full of knowledge. They dwell in bodies which do not suffer aging, as they otherwise do in the world. The five elements in the ambience of Sambala are in complete equilibrium and are ever cooperative with each other. The nature in Sambala is divine and is distinct from the rest of the world.

Sambala overviews the global events and the related impact on the globe and the global beings. The residents of Sambala carry out effective meditations to neutralize the negative thoughts emerging from the world, which hinder the general progress of the world.

Do you know that in Sambala, at the center of the village, there is a statue upholding the staff of light by its right hand? The light that is held, transmits light in all four directions. The Hierarchy is thrilled that man could conceive the symbol and set it up as the Statue of Liberty in the newly founded continent, where a new age experiment is inaugurated.

Sha-e-bala is the Persian word as well, which means “upheld candle of light”. Sambala also means the strength of peace. Sambala also means the abode of the blue one. Gurdjieff suggested to his followers the sound Sham-e-balka, to worship the highest principle of solar energy. Sambala has many meanings as well as distortions all over the world. It was known in every tradition and again will be known in the near future. Sambala has now decided to externalize.

## **Sambala - 10**

The lord of Sambala, Lord Sanat Kumara, the most Ancient one, the most Sublime One, is not only the ruler of the beings on the planet but also the teacher and the awakener. In him the Will, Knowledge and Active intelligence are in their complete manifestation. He is called Shasta. Shasta means a synthesis of the three energies namely Will, Knowledge and Action.

On the western horizon, a mountain is dedicated to Shasta which is popularly known as Mount Shasta. The Lord works from Sambala in the East and Mt. Shasta in the West, to Synthesize East and West at all levels. Lord Sanat Kumara abundantly manifests the Aquarian energies through Mount

Shasta which in-turn awakens the entire Californian state to usher in the electronic age. California is the pioneering province for global evolution now, due to ever unfolding innovations in the field of electronics, communications, and information technology. Imagine the rainbow bridge between Sambala and Shasta, to realize the energies of Aquarius and thereby, transform the self. The effort of Sambala and Shasta is expected to manifest the golden age by the year 2424.

## **Sambala - 11**

Sambala is the center, from where the Will of God emanates on the planet and drives the planetary activity.

Sambala receives the impulse from the higher circles during the full moon hours of Aries and formulates the plan of work. The formulation is done for thirty days. The formula is handed over to the Hierarchy during the full-moon hours of Taurus. The members of Hierarchy assimilate the plan and initiate the action on the planet during the full-moon hours of the Gemini.

Thus, the three primary full-moons of the Solar year are utilized for perception, conception,

formulation and delivering. The first quarter of the year constitutes the foundation for the next three quarters, during which the plan is manifested on the planet.

## **Sambala - 12**

Sambala is the most high and the most sublime center of the Earth. Sambala neutralizes the incoming forces that are detrimental to Earth. Know that the planet Earth is not as strong vitally as it is supposed to be. This is due to the ignorant activities of the beings on the planet. The negative activity of the humanity attracts negative forces surrounding the Earth which Sambala ably resists.

Earth is exposed to highly beneficial forces as also the detrimental forces. Lord Sanat Kumara being the king, the lord and the ruler of the planet ensures that Earth is protected from extraneous forces. Many a crises are averted by Sambala which is not known to the



gullible humanity. Earth could be hit by a meteor, Earth could be occupied by aliens, are but many legends that prevailed not only now, but even in the past. Sambala protects with its army; any detrimental impact to the planet and thereby, upon the life on the planet.

Likewise, even from the beings of the Earth there could be emerging destructive activity as it happened in Atlantis. Even such destructive energy is neutralized by Sambala. All diabolic activity emerging from within and without at a mass scale, Sambala emerges to neutralize.

Be assured that, in spite of nuclear bombs and other destructive arsenal madly and crazily developed by humanity would little affect the planet. There is an unseen protector of divine power that guards the planet from the centre which is called Sambala.

## **Sambala - 13**

In the thousand petaled lotus of the Earth, the mystic village of Sambala is posited. It is called the White Island by some members of Hierarchy. You can envision Sambala by relating to the Sahasrara Padma in you. Align the self with the super self in you who is but the Master. As the alignment finds its at-one-ment Sambala can be seen. Lord Maitreya, Adi Shankara and Gautama the Buddha are the ones who are graced with the Presence of Sambala.

Know that the way to Sambala is in you as your Sahasrara. Sambala is beyond all dark times, religions and traditions. The culmination of the enlightened ones is in the light of Sambala. One stands to be a

universal citizen as one realizes Sambala in him.

Sambala is finding its expression into the four directions of the globe due to the incoming Aquarian energy. As much as the energy of Sambala is realized so much the curtains of concepts fall and all is seen as Light.

## **Sambala - 14**

Sambala presides over the Sahasrara of the planet Earth. It presides over the evolution of the planet and the planetary beings. Sambala has a well defined purpose of causing evolution and elevation to the beings and to the planet as-well.

To reach Sambala the four dimensions of pyramid are inevitable: they are Bhakti (devotion), Jnana (knowledge), Vyragya (detached state of being) and Yoga (the alignment of the being).

The Hierarchy is ever engaged in imparting these four dimensions of life with a noble objective of recruiting beings into Sambala.

Daily recollection of Sambala itself would

reinforce the will-to-do-good, the knowledge and effective action. The major reception center of solar energy on our planet is but Sambala. Relating to Sambala would enable reception of the Will, the Knowledge and the Light of God in greater measure.

Sambala is the reception center on Earth of the energies which emerge from the Sun, the Moon, the Mercury, from the central Sun, from the seven seers of the Great Bear, as also from the teachers of Sirius. By receiving the energies from various higher sources, it distributes the same on the Earth for the well being of the Earthly.

## **Sambala - 15**

The Lord of Sambala, Lord Sanat Kumara is the mind born son of the creator. He is also called Subrahmanya, Saravanabhava, Shanmukha, Parvathi Kumara, Karthikeya, Visakha and so on.

The stature of Lord Sanat Kumara is too lofty and it is indeed a great sacrifice for him to accept a seat upon the earth and rule the earthly. The angels feel that Lord Sanat Kumara is too humble to accept such a seat. In their circles the angels say that it is a state of a grand emperor ruling over a small village sitting on a rickety chair with no facilities what so ever for his royalty. It's a paradox, that the most high agreed to train the most ignorant ones in the solar system. The sacrifice of Lord

Sanat Kumara is exclaimed as unparalleled and the angels extol him for the grace he showers.

The beauty of Lord Sanat Kumara is that he is engrossed in the upliftment of the earth and the earthly and in the process, he is self forgetful of his own status or stature.

Recollection of Lord Sanat Kumara on a daily basis enables reception of abundant uplifting energies. Not many even know of the existence of Lord Sanat Kumara on the planet. Yet the Lord Sanat Kumara, unmindful of the recognition continues to work for the village called the globe or the Earth.

May the Lord Sanat Kumara be the ideal for those who wish to walk the path to realization.

## **Sambala - 16**

Sambala works generally through the Hierarchy of Masters. This is because, others cannot conceive and transmit its energy. The Hierarchy subtly introduces the energy of Sambala into humanity causing the needed changes at the global level. Sambala balances the energies of the planet and ensure counter balance whenever a particular nation or a race is gaining excessive power. The Hierarchy's hand can be clearly seen in such events as dissolution of communistic philosophy, which is contrary to freedom and freewill which are essential aspects of human progress. It is they who opened up the globe for free flow of economic forces in the form of globalization.



They ensure neither the West nor the East gain supremacy to the detriment of the other. They constantly supply energies for upliftment of the undeveloped and under developed communities.

They even bring about planetary adjustments. Besides adjustments in humanity, they also ensure water and fire and elemental adjustments. Tsunamis now and then, cyclones of greater dimension, bursting out of the volcanoes are under their regulation. Earthquakes are also seen as a means of adjustment.

The enormous industrial growth followed by atomic fission and the related electronics have their stimuli in Sambala.

The planet and the planetary beings today are walking towards the climax and the related crisis which is also modulated by Sambala.

Those who wish to relate to Sambala should relate to Sahasrara (Thousand Petaled lotus) through the means of the sound OM.

## **Sambala - 17**

There is much glamour about Sambala. Sambala is unthinkable and verily unreachable to those who do not know what sacrifice is. Sambala opens itself to those who offer their entire being without hesitation, to the Plan. An all offering sacrament towards a noble goal enables to stand in the sacrificial light of Sambala. The residents of Sambala are those who have nothing for self. In the recent cycles, beings of the order of Lord Maitreya, Gautama, the Buddha stand as outstanding examples of Sambala. The Hierarchy is annually given an entry into Sambala.

Sambala is synonymous to Sacrifice.

## **Sambala - 18**

Sambala is the inspiration and is even the breath of Ashrams on the planet. The Ashrams relate to Sambala and draw the needed energy, the will and the knowledge to act. Sambala is an unlimited house of power and knowledge. It acts through the Ashrams. If necessary, it acts by itself. When there is global crisis and when the Ashrams cannot cope up with the crisis, Sambala steps in to redress.

Sambala also plunges into action to stimulate the evolution of beings. When it does so there would be an action of destruction followed by reconstruction. Every resurrection is preceded by a death. Fresh health is through a cured sickness. Samabala does not hesitate

even to surgically strike and later heal the saved parts of life.

The dissolution of Atlantis for the birth of Aryans is but a great surgical action of Sambala. It saved the desirable seeds of humanity (Sistas) and eliminated the undesirable (Dustas). The bad seeds of dustas are repaired in the transit house and are sent back into the world. Yet, around the core of the dustas evil remains and springs back through time. It is expected that in the mean while the sistas gain adequate strength to resist the evil and shut the doors on it.

Sambala does this work with much patience for it knows the strength of evil. It works out for gradual weakening of the evil.

## **Sambala - 19**

In tune with changing times, one should leave certain activity to embrace certain incoming activity. To hold better things, you need to release what is already held in hands. This knowledge is important. Otherwise you cannot hold either the earlier activity or the incoming one. Always hold as much as you can and do not hold more than what you can. When you are keen to hold certain more valuable things you may have to find what can be jettisoned for now. The Aquarian age brings in global values along with global spirit. You cannot hold the global spirit while holding only local values. You need to grow to be a global spirit in which your values also have to be global.

The problem with the humanity is that every community is stuck with its local values. They wish to be global but they continue to impose the local values upon a global platform. The global religion is a prophecy, which is being regularly massacred by Men of goodwill with lesser understanding. Every community has to rise in Aquarian age into the substance and wriggle out of their structures and forms. God in Aquarian age itself is called Energy. To experience energy beyond form and beyond name is all about Aquarius. To reduce it into form makes it Piscean. Let not the goodwill worker walk into the past. Sambala hits hard such attempts.

## **Sambala - 20**

The wish to live is but a part of the Will. The Will intends to live in body since it has a purpose to fulfill. When men do not know the purpose of life, they entertain the ignorant idea of leaving the body. Leaving the body doesn't serve any purpose until the Will is fulfilled. Leaving the body has no meaning. The Will feels fulfilled when the self is realized. The will of man should be purpose oriented. The Hierarchy knows the purpose of life. Though they are fulfilled, they continue to be in life on earth to help the humanity to find the Will and progress. We can only pray to the Hierarchy and to Lord Sanat Kumara so that they may guide the little wills of men.

Sambala exists only to fulfill the lives of beings on earth. Until the lives of beings are fulfilled Sambala continuous to be. Even if this earth completes its life Sambala wills yet another earth, for continuity of purpose of fulfilling the lives of the beings. Sambala has seen more than one Earth globe. The age and antiquity of Sambala remains unknown. To be ever grateful to Sambala is but the fundamental to every being on this earth.



## **Sambala - 21**

Just as the aspirants strive towards purity, the Earth too is striving. Having descended from Venus, Earth lost its luster. Venus is four times more brilliant than Earth. Having emerged from Venus, Earth lost its luster and is striving to regain, just, as aspirants who are resplendent souls, lost their luster due to their mundane orientations. It is for this reason, planet Earth is not seen as a sacred planet, just like every man is not seen as sacred.

Sambala embarked upon the responsibility of purifying and uplifting the Earth. In its effort to keep the Earth pure, Sambala strives through Hierarchy to educate the humanity, of the need of keeping the Earth

pure. While Earth is striving towards purity the humanity is working contrary to the Earth's plan. The humanity is consistently and constantly polluting the Earth. Unless the irresponsible nature of humanity is set right, the effort of Earth to purify itself remains undone. The matter, the water, as well as the air is deeply polluted upon Earth. The illicit and immoral activity of humanity infected the Earth with infectious germs. and variety of poisonous fevers and epidemics emerge from time to time. The old epidemics are replaced by the new and more vicious fevers. Variety of virus are prevalent upon Earth. Man is afraid of the geometrical progression of viruses. He least realizes that he is the unconscious contributor to the spread of such poisonous viruses.

Sambala strives hard to arrest these deteriorating conditions, if and when the deterioration is rampant. It even promotes natural calamities such as earthquakes, explosion of volcanoes, tsunamis, tornadoes and the like. If required, large scale wars are also promoted. The Will of Sambala is invincible.

## **Sambala - 22**

Sambala, Sahasrara, Sanat Kumara commence with the sound 'Sa'. Sam is the sound that bestows poise in all the planes of existence. Sam stands for equanimity. Equanimity in all planes of existence, opens the way to Sambala. Sam connects you to Shankara, the Lord of Cosmic Will who presides over the whole creation. Sam is the sacred sound revealed to initiates. Sam is uttered forth in Sambala to relate to higher circles. Sami is the tree and Samam is the quality. Samam stands for tolerance, which is but the first command. The disciples aspiring to tread the path of Light to Sambala (Sahasrara), should necessarily practice Samam – Tolerance.

The tolerant one conquers the life. It was so with Moses, Jesus and every initiate of high order. May tolerance be noted for, the tolerant ones are spotted by the Ashrams of Sambala.

## **Sambala - 23**

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

Sambala is active particularly in the spring season, comprising of Aries and Taurus. When Sun is in Taurus and Moon is in Visakha and Anuradha (16th and 17th Constellations), the plan of Sambala descends unto the earth, via the Hierarchy. Sambala receives from higher circles, through the 3rd and 4th constellations of Kritika and Rohini and transmits via the Moon in a manner suiting to the Earth and the beings of Earth. The festival of Vaisakhi is the festival of descent which happens around the full moon of

Taurus. The Hierarchy representing the teacher modulates its manifestation upon earth. Blessed are those who orient to the Master in the valley of Visakha.

*“Wash Karma in space. On the deep blue slate, paint ever-elevating colours, ever at the feet of the Master in the Vaisakha valley”.*

## **Sambala - 24**

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

Sambala is the planetary centre for reception and transmission of energies from higher circles.

Sambala supplements the seventh ray energies that emerges from Sun ray and also from the seven planets around.

Sambala synthesizes the work of the seven Ashrams and precisely transmits energies to the seven Ashrams.

Sambala undertakes the stupendous task of receiving and transmitting the energies of the 12 sun

signs and the 27 constellations.

Sambala connects to Pleiades, Great Bear and Sirius to receive, synthesize and transmit as a seed, the energies of the three grand energy systems.

Sambala also relates to the eight elephants that uphold the eight corners of the earth and strengthen the life of the earth.

Sambala guards the gates to the infernal worlds to prevent intrusions from the infernal to the Earth.

Immeasurable and indescribable indeed is the work of Sambala and that of Lord Sanat Kumara!



## **Sambala - 25**

One cannot arrest the progress and the domination of Kali. Sambala is the only antidote to Kali. The Puranas mention that Kali ends when Sambala steps up its activity. It is therefore wise to think of Sambala at every dawn and dusk. Those who relate to Sambala cannot be upset by Kali. They remain humble, simple and silent. They also remain as centers that antidotes Kali in the surroundings. The aggressive diabolics of Kali are contained by the angels of Sambala. It is an eternal divine and diabolic fight. Join the forces of Sambala. Fall not, to the illusions of Kali. For this, relating to Sambala remains inevitable.

Sambala is the seed of the Second logos on

Earth. Vishnu whose work is, to balance the good and the evil. The splendor of Vishnu called Vishnu-yashas prevails in Sambala, to debilitate the strengths of Kali.

Affirm Sambala! Stay aligned with Sambala!

## **Sambala - 26**

Remember that Sambala is connected to Aldebaran (Rohini). It is also called the Eye of the Bull. As also the Eye of Siva. Sambala not only transmits light but also it weaves the waves of wind of sublime nature.

The aspirants generally look for light but they are well recommended to look for gentle wave of wind that gives a soothing touch and moves away. Such wind is called Pavana. Hanuman, the air god is considered to be the son of Pavana. He too manifested upon earth in the month of Visakha on the tenth descending moon phase. Hanuman can fairly be considered as the wind aspect of Sambala while Lord Sanat Kumara be

considered as the Will aspect of Sambala.

Ensure that you are surrounded by fresh air. If you feel deficient of fresh air make use of natural sprays or incense. The Gods of air get invited where there is fragrance.

Sambala has its own unique fragrance. Residents accustomed to the fragrance of Sambala find it difficult to reside and work in other places of the planet. Sandalwood, lavender and musk are traditionally considered as classical fragrances.

## **Sambala - 27**

Sambala has stepped up its activity of adjustments to the earth and the beings of the earth, ever since the beginning of the second world war. It is steering the rays of Uranus to cause the dynamics of change to the planetary activity which was otherwise static and even inert. From inertia to dynamism, humanity is stimulated by Sambala and ever since the second world war, there is a wakeup call, all over the globe.

Sambala also utilizes the Bull's Ray in the month of Taurus to energize the matter – Taurus being the first earthy sign of the zodiac.

The planet is put to additional heat to enable

the adjustments. It also resulted in melting of the glaciers and icy mountains of the poles. To ensure that there is no flood of waters on the planet, the sea waters are lifted up through the hot rays of the Sun, which again is the activity of Uranus.

The humans also do not drink much water as before. It is a key to progress that the fire in human gradually replaces the water in human to make the bodies light. Thirst is generally reducing and, in some cases, even water is recommended to replenish the need of the heats of the body, which evaporates through the additional heat injected. In general, the planet is tending more towards fire than before, which is noticed by the mundane as the planet gaining heat, causing melting of ice at poles which could result in flooding on the planet. Sambala governs these factors relating to planet and ensures a progressive new balance.

## **Sambala - 28**

The teachings of Sambala are not widely transmitted for the fear of distortion. Persons who believe themselves to be disciples are subservient to glamour. Those who are affected by glamour cannot transmit the truth.

The so-called disciples, goodwill workers and goodwill groups who speak of welfare of the society are mostly glamoured and in their glamour, they project themselves more than projecting the activity.

However much, the adepts try to set the disciples out of glamour, they have not been successful. In their circles (Masters) glamour is everyday topic relating to the so-called disciples. The humanity

neutralizes the good efforts of the Hierarchy and the Sambala silently witnesses. It dares not to transmit any further teachings since the poor state of already transmitted teachings discourage them from any further teachings.

Unity is the key word of Hierarchy, while disbanding such unity has been the activity of humanity. Through centuries it was envisaged that Europe has to be a well bonded union. It was conceived during the times of Alexander, Napoleon and even Hitler. Yet it remains a bundle of nations and could never attain the state of union. Such is the anti-doting effect of humanity upon the intent of the Hierarchy. Hence Sambala remains silent.



## **Sambala - 29**

On the longest night, the Hierarchy attunes to Sambala and conducts the ritual of the Birth of Savior. The dawn after the longest night inaugurates Capricorn. Capricorn is the sign where devas are born, while humans are born in Aries. The birth of devas precedes the birth of humans. It is the devas who prepare the creation in which men enter midway. Dawn of Capricorn is not only seen as the emergence of Savior, but also seen as the most auspicious time to sow seeds for the year to come.

The Lord of Sambala, implants the seeds of the Plan in the subtle plane among the deva intelligences from whom the Hierarchy gains the detail in the

following sun sign, Aries. The Hierarchy therefore connects to Sambala not only in Aries as is generally known but also in the preceding Capricorn.

The rays of morning Sun through Sambala which contains the blood of the Savior are received by the Hierarchy forming a triangle with Sambala. Sahasrara is the centre to receive these energies.

The disciples would do well to visualize a triangle as between Sambala, Sunrays of Capricorn dawn and Hierarchy. Such work in the month of Capricorn is highly beneficial to lift up one's energies.

## **Sambala - 30**

For Sambala, Sravasti is the door for expression. Sravasti has seven planetary centers. The word that emerges from Sambala is expressed from Sravasti simultaneously to all the seven centers. Those who have developed the ability to internalize themselves, will receive the word from anyone of the seven centers to which they belong. It is these persons who truly manifest the Plan upon earth.

The connection between Sambala and Sravasti is one of Will and Knowledge. From Sravasti to seven centers, the transmission is also of will and knowledge. The action part is with the seven centers whose work is to manifest.

Sam is the key sound at all levels. Sam is also the sound relating to Saturn. The work indeed is Saturnian, but it manifests as joy of work and bliss of existence.

## **Sambala - 31**

Two thousand years ago, a miracle happened on the earth. A great initiation took place for the humanity. The Will of Sambala and the love-knowledge of Lord Maitreya found their synthesis. As a consequence, doors were opened upon earth for a synthesized manifestation of Will, Knowledge and Love.

The synthesis of the first and the second ray resulted in a star in the firmament which is called the star of Makara, the star of Capricorn. This star is visible to disciples in the month of Capricorn, when moon is in the first 14 degrees of Capricorn the impact of this star is felt within the heart. The planetary lord that

presides over the star is Saturn, the planet of service and sacrifice. Saturn is worshipped in ancient wisdom schools as the star of Capricorn.

The star of Capricorn was envisioned by Jesus, while he was moving in the olive gardens of Jerusalem. It inspired him to conduct a total sacrifice for manifestation of Divine Will and Love associated with knowledge. Jesus did so. It is an unparalleled act of sacrifice in Kali yuga. Consequently, there is the spread of the synthesis of Love and Will upon the earth. Though humanity was not yet ready to join the path, the related seeds are sown in the human soul and will eventually sprout in the heart center to enable disciples follow the path of service and sacrifice by which they are liberated via Sahasrara (Sambala).

## **Sambala - 32**

The beings of Sambala too pray regularly during the twilight hours. The purpose is to invoke and bring down the Plan. Lord Sanat Kumara leads the prayer. The invocations are spread all over the globe to reconstitute planetary health.

The spirit of prayer of Sambala can be conceived as below –

“I stand alone in Light.

I uphold the torch of Light.

The bliss of Brahman is the Light,  
in which I stand.

I assimilate the Plan that descends into Me  
and fills Me.

I transmit the Plan standing shoulder  
to shoulder with my colleague.  
We make sure that the plan enters  
the four kingdoms on Earth.  
We spare no moment in our effort to uplift  
the Earth to the Kings of Beauty”.



## **Sambala - 33**

The work of Sambala is to transform the earth into a sacred planet. The planet earth is considered non sacred and is the venue of the ignorant and the cursed. The beings on the planet, though they belong to Sun, they are also ignorant and cursed. They are all fallen sons of God.

To uplift the planet and to uplift the beings of the planet is a stupendous work undertaken by Sambala and the Hierarchy. It is the heaviest cross mounted upon Sambala and shoulders of the Hierarchy. Jesus shouldering the cross is but a sample. Sambala and Hierarchy hold the planetary cross with much Will, courage, patience, forbearance and

forgiveness. Note that the cross is picked-up and held on the shoulders by volition – Free Will. Jesus too picked-up the cross on his free will. He had many other choices. But to him, the Hierarchy is the model. Hence, he demonstrated.

Note that discipleship is not a path of bounties, treasures and valuable gifts. It is a path of thorns, of fire and of pain.

Sambala teaches to bear the pain, to forgive others and forbear nonsense. It is a thankless job carried out for ages. Amazing is the hope of Sambala and the Hierarchy. Adore them and admire them, if willing step into the path.



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Dr. K. Parvathi Kumar*

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Telugu (T), Hindi (HI) and Kannada (K) languages.

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3. Amanaskudu.....T/K
4. Ambareeshudu.....T
5. Antardarsana Dhyanamulu.....T/K
6. Anveshakudu.....T
7. Asangudu.....T
8. Ashram – Regulations for Entry.....E/S/G
9. Ashram Leaves.....E/G/S
10. Aswini Devatalu.....T
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12. Bharateeya Sampradayamu.....T/K
13. Bheeshma.....T
14. Bhrikta Rahita Taraka Raja Yogamu .....T/K
15. Cow.....E/S/T/K
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19. Discipleship.....E

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39. Health and Harmony - II..... E/G/S
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