May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK
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Dr Sri K. Parvathi Kumar was President of the ‘World Teacher Trust’ and Founder of the ‘Vaisakh Newsletter’. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2023-2024

In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.
In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.
Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25

Full Moon of Leo, 1 August 2023, 08:31 pm CEST (UTC + 2)
Message of the month of Leo ♌

There are three caves in man:
The den of the dog in the base centre.
The den of the lion in the heart centre.
The den of the bear above the brow centre in the head.
The zodiacal sign of Leo has the key note of “I AM” in four stages, i.e. the individual, the developed personality, the disciple and the initiate.
Leo promotes the amalgamation of the three core qualities of soul of love, wisdom and intellect which we, of course, first have to develop or manifest. This is another way to present the qualities of the buddhi, the higher mind. We accomplish this through the will to do good.
We are told that there is life and consciousness, the soli-lunar forces anchored in any being. To become truly human, we need to develop a third force that we today call creativity. This, we can develop when we start along the path of service. As we start to generate more and more will power and use it for the benefit of soul and not personality, we grow into the orbit of the Hierarchy.
The quality of the sign of Leo will show us the way to become independent in all aspects of the word.
When we have the will to be ourselves, we extend our hand in service to the needy, eventually developing our creativity. We thus become neutral, natural and normal.
So Mote It Be.

Composed by Heinrich Schwägermann Lorenzen
Alexander Jamieson (1782-1850): Leo
Message of the Teacher

Cheer

Yoga demands that we should be cheerful; after all the very essence of life is to live in cheer. Therefore Master Djwhal Khul used the word cheer when he dictated to Madam Bailey, because Masters cannot function with people who are not cheerful. People who are morose, who have a weeping face in the name of devotion, they distance people more than attract people. Cheer attracts people and cheer enables energies around us to favourably relate to us. When we don’t have the cheer, we are half dead. The other death in you will come in due course of time. There is no God man or a Master of Wisdom who was not cheerful. All men of wisdom were always cheerful and cheer makes the problems of life also lighter. So therefore, whenever we approach our teaching there should be enough cheer in me and there should be enough cheer in you, and thereby the energy flow from me to you and from you to me. They remain in active exchange of communication.

Compiled by Ludger Philips
Utterances of Lord Krishna

Come nearer until you are 'I AM'. Come nearer, I will tell you how. Let the contacts of the external senses be lost from your recollection. Sit mentally. If you want, sit physically also, but remember, it is only for practice. Sit near Me. Fix your gaze (not your eyes) between your brows. Regulate the impulses. Neutralise the pulsations, centripetal and centrifugal. Trace them with mind through the nose as inhalation and exhalation. You are in equilibrium. Let the activity of the senses and the mind be neutralized in your equilibrium. Let your creative and discriminative will be tranquilized into the silence of your equilibrium. Now, you are towards liberation. Desire, fear and outburst are lost in equilibrium. Be so always, and you are already liberated.

(5,27-28)

PRACTICAL WISDOM

Self-aggrandisement and passion for the indiscreet use of senses pull you down. Let self-discipline, rhythmic and purposeful living prevail.
Among the aspects of education that should be of paramount importance, it is necessary to guide the children from as early an age as possible. The earlier, the better it is, that the initial instructions are given and reinforced. At the same time, it is also very much necessary that families possess at least an embryo of understanding of the education. It is necessary that the words express the precise thought while extreme care be taken to expel any form of falsehood, coarseness and mockery in that expression. Usually, after the age of three years the child is full of receptivity. During the first of the steps, the hand of the guide must already turn the attention to, and indicate, the far-off worlds. The infiniteness must be sensed by the young eye. Precisely, the eye must become accustomed to admitting Infinity. Note that the time with the child in the tender years is precious since much would have been already lost after the age of seven. Another important aspect of education is around the development of group consciousness. After its third year the consciousness easily grasps the idea of the community. What a mistake it would be, to think that one must give a child its own things, albeit out of love! A child can easily understand that things may be held in common.

Composed by Srikanth Kaligotla
Harmful feelings set free poisons in body, mind and aura. The fire of irritation must be divided into two kinds. It is necessary to distinguish between indignation of spirit and irritation. When irritation has an impersonal cosmic character, its poison may be washed away by a current of prana. But if harmful feelings, such as conceit or self-pity, intensify the irritation, the sediment of poison will be precipitated upon the centers. Then there is no means to remove it; one can only wear it away by developing cosmic perception.

Quality of thinking must be realized as healing. Gratitude is likewise the finest purifier of the organism. He who has found the seed and realized the care of the Sender can project gratitude into space. Great is the healing power of the emission of gratitude. One must transform everything abstract into reality.

The yogi is not given to hypocrisy; the yogi is not given to gossip against those belonging to the Brotherhood. The yogi knows how much he himself is affected by his own thoughts. The yogi welcomes each sign of evolution. The yogi valiantly recognizes the evil of cosmic refuse and quickly destroys the sources of untruth.

The question is only whether the consciousness can steadily ascend. Yes, of course, but only if we agree to understand rest as a time for the purification of thought. Thus shall we avoid the chief enemy. (Agni Yoga, 1929)

Compiled by Sabine Anliker
Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

God is in all beings. The beings have their nature, which is their personality. It is an inseparable part with them. When they are rooted in the personality, the beings forget their real identity. It is but worldly to identify oneself with his name, caste, creed, place and nationality!

To align with the divine within oneself is the practice. When such an alignment is accomplished, there is a constant recollection that it is Him that exists in us and as us. Soham becomes the real status. In alignment to the divinity within, the personality also gradually transcends the objective identity. To know that the being is but an embodiment of God is true knowledge. When this is realized, the worldly identities that being has around himself, no longer affect him.

A disciple who meditates constantly on the presence of divinity within, eventually meets the divine in himself. He is the master of his personality, and he continues to discharge his duties (obligatory karma) in the objective world. He functions through his personality to work out the divine plan on the planet. Yet, he is not conditioned by the objectivity.

The being is worldly when conditioned by his personality. To transcend the personality, he needs to align with the divinity within. When such an alignment is fairly consistent, there is a gradual release from the knot of the personality. Through an alignment, with the divine when the being can stay and function in Soul consciousness mounting upon the personality, he is then eligible to become a member of the Hierarchy.

The members of Hierarchy associate with Shambala and work for the upliftment of humanity. Our personality is the representative of humanity. As beings, we
are the representatives of the Hierarchy. The divinity in us represents Shambala.

Students would do well to understand this analogy and try to reach up to Shambala.

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*
Message of Master E.K.

Suffering is not necessary for evolution

We need not have an ugly idea of God thinking that suffering is necessary for evolution because the scriptures say on the contrary that difficulties are due to ignorance. That is how I understand. If we know how to behave in the kingdom of God, then the more fit we are, the more God's blessings will be showered upon us. We will never suspect any suffering when God's grace is being showered upon us.

Compiled by Ludger Philips
184. In Lord’s creation, all days are good days. This is true for all those who carry out good deeds. Those who carry out deeds for their own-self and with desire cannot escape difficulties. They cannot escape bondage even if they meticulously plan such deeds in favourable time frames using their knowledge of Time Key.

185 My incarnation is not only for uplifting man. I have also given new program to planets. Thereby subtle changes in their working have taken place. Due to the Uranus' affect, all planets have received new impulse.

*Composed by Guru Prasad Kambhampati*
Vidura

Teachings of Wisdom

The senses engaged in the sense objects cause hindrance to the flow of the Soul energy, just as the transit planets disturb the flow of the space energy though their qualities.

PRACTICAL WISDOM

Learn to neutralise opposition through silence and through thoughts and acts of Goodwill.
Saraswathi

Saraswathi Suktam 8
Boundless ocean

YASYA ANANTHO AHRUTHASTHU
YESHA SCHA RISHNU RARNAVAHA
AMASCHARATHI RORUVATH

Meaning
May the Word
which permeates like boundless ocean,
which is beyond anyone’s possession,
and which co-exists with us
as the endless, soundless sound,
protect us.

Three qualities of the Word are described in this hymn. One quality is the permeation of the Word as a boundless ocean. It is called “Ocean of Light” in the scriptures. Poetically, it is envisioned as the ‘Milky Ocean’.
This Milky Ocean is an emergence from THAT through the Word. As It emerges, Time also emerges. The Word permeates this Milky Ocean and creates all that is in the Universe. The emergence of the Milky Ocean is also due to the emergence of the Word from THAT. To state it more clearly, an impulse comes from THAT, that impulse was with THAT before such emergence. The other name, for that original impulse emerging from THAT is, the Word. When it emerges it becomes a Milky Ocean, from out of the Milky Ocean there are further impulses emerging, causing the qualities that is: poise, dynamism and inertia’. The qualities again receive an impulse to detail into matter, force and consciousness. The later 3 again receive an impulse to form the Creation and the creational beings. Thus,
the Word permeates in a boundless manner, as an ocean. Every step in Creation is due to the impulse coming from the preceding state. It is considered boundless because it emerges by itself from THAT. THAT allows and co-operates. The Word, which was with God, comes from God, creates all this, flows through and returns itself to THAT. This is the boundless character of the Word. It steps out from THAT, causes the cosmic, solar and planetary systems and returns, according to its own timetable. For this reason the Word is called boundless. Its ability to manifest is oceanic, meaning grand.
Ashram
Regulations for Entry

The Golden Temple inside and the Golden Temple outside

Building the Golden Temple inside is safer than building it outside. The inner temple cannot be looted. The outer temple can be looted and even desecrated. It happened so whenever a school builds an outer Golden Temple.
1. The Golden Temple of Ibis of Atlantis was destroyed, the Golden Temple of Egypt was destroyed and the Golden Temple of Israel was also destroyed.
2. The Golden Temples of India were looted by Ghajanis and Ghories. The Golden Temple of the Sikhs was also attacked and desecrated.
3. The Golden Temple of Mexico and the Golden Temple of Mayans also suffered destruction.

Externalization of inner glory can be possible only through service. It cannot be for aggrandizement. The Masters of Wisdom therefore do not recommend building glorious outer ashrams. They strongly recommend building inner ashrams. It is unwise to build outer ashrams for Wisdom. The Seers of Wisdom never believed in building glorious outer ashrams. They could manifest the material and also dematerialize immediately after the purpose. Building outer ashrams could only lead to ‘money and power’ politics. Ashrams thus could be but simple, only to serve the purposes of training. The Teachers of Wisdom generally accommodate the students in their own house for food and shelter and for training. This is the simplest model.
On Secret Doctrine

Parabrahman

Parabrahman (the One Reality, the Absolute) is the field of Absolute Consciousness. It is that Essence which is beyond all relations to conditioned existence. Conscious existence is but a conditioned symbol of such absolute Consciousness. But once we pass in thought from this Absolute Negation, duality supervenes in the contrast of spirit (or consciousness) and matter, subject and object. Spirit (or consciousness) and matter are, however, to be regarded, not as independent realities, but as the two facets or aspects of the Absolute (Parabrahman), that constitute the basis of conditioned being, whether subjective or objective.

At the commencement of a great Manvantara, Parabrahman manifests as Mulaprakriti and then as the Logos. This Logos constitutes the basis of the subject-side of manifested Being and is the source of all manifestations of individual consciousness. Mulaprakriti or primordial cosmic substance, is the foundation of the object-side of things, the basis of all objective evolution and cosmogenesis. Force, then, does not emerge with primordial substance from Parabrahmic latency. It is the transformation into energy of the supra-conscious thought of the Logos, infused into the objectivation of the latter out of potential latency in the One Reality.

Based on Upanishadic assertions, Sri Shankara made a distinction between Brahman as it must be in itself and as it has got to be conceived by us in relation with the world of our experience.

Shankara has said that the ultimate reality is the Parabrahman and there is only one Supreme Parabrahman and all the other deities are the forms and expansions of this Parabrahman.

Parabrahman is eternally self-identical, strictly one, always of the same nature, without parts, and hence without change, perfectly immutable in its essential nature, indestructible because of knowing no increase or decrease,
imperceptible, inconceivable, ungraspable, devoid of all qualities, without parts, untouched by action, perfectly quiet, pure and stainless, neither coarse nor fine, neither big nor small. Neither space nor time can be conceived in it; for it is neither this nor that. It is great, unborn, non-decaying or non-aging, indestructible, immortal and free from all fear.

Compiled by Rama Prasad Joshi

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Sri Krishna statue installed by Master KPK in Òrrius, Spain, 24 June 2013

1 Compiled from H.P. Blavatsky: The Secret Doctrine, and text from Theosophy.
Saturn

Sam - The Key to Saturn

Trigunatmaka 5

There are similar practices with the same essential principles behind.

- The yogis contemplate upon Ida, Pingala and Sushumna, for their equipoise. These 3 nerves of energy are also visualized as serpents. The tradition of worshipping twin serpents intertwined also emerges out of this.
- Worshipping the Mother as Itcha, Jnana and kriya Sakti also relates to it.
- Worshipping Vishnu as Narayana, Vasudeva and Vishnu is also in relation to it.
- The Holy Trinity of all other reality is in relation to it.
- In the 15th chapter of Srimad Bhagavad Gita, the Lord describes the threefold Cosmic Person as Purushothama (Atma), Akshara Purusha (Buddhi) and Kshara Purusha (Manas).
- In the famous hymns of Rig Veda namely ‘Suparna Sukta’, the Veda describes of 3 brothers.

The message of ancient wisdom is clear that the disciple is needed to harmonize the threefold energies in him and experience himself as Pure Awareness. The 3 dots for meditation are meant for it.
Construction of buildings and bridges in the outer world, is already an achievement when looking at the teamwork that is necessary to make the construction happen, while making it safe and viable too. A creative idea, a blueprint, and then skilled persons, each one having their own specific area of expertise are needed, besides the building material. The constant checking and re-adjusting of ideas and tools are very important in the process. Even after completion of the constructions, safety checks are made to prevent damages and collapse.

This work resembles a lot the tasks that we are facing in our group work, in the inner and outer levels. A constant recollection that the stability of the foundation of our work lies in continuous vertical alignment. Letting the light in, so to speak, and thereby build right relations, right angels with the surrounding life, is but a part of it.

It is the respect and trust in each other and the qualities and tasks of every co-traveller that makes the inner and outer “building projects” stable and lighted. The loving care is the cement that keeps the bricks together. The beauty is that we, as builders, are shaped and moulded concurrently while together.

*Composed by Ute and Peter Reichert*

**PRACTICAL WISDOM**

Failure of man is through forgetfulness of ‘That I am’.

Such failure tends towards diabolism.
Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 13

Vasudeva is the force that functions in every form. Vishnu is the Presence of the Lord as any form and every form. Narayana is the basis both for the force and also for the form. One would either see the form or the functioning of the form. That’s all what we see. We see the behaviours of the people and their forms as well. The behaviour is in great variety. The Lord behaves in innumerable ways. He plays in so many roles. Even the seers cannot praise the varieties of roles in which He behaves. The behavioural force is nothing but the admixture of tama, rajas and sattva. If sattva is more, you find a sadhu, a saint, a sage, a seer, a savant. If rajas is more, you find Ravana, Hiranyakashipu and such other lot. If tama is more you find Kumbhakarna, Ajagara and such other people. The whole activity is nothing but a recipe of the three qualities. But beyond the three qualities the one dweller of the creation, Vasudeva exists. That’s why Bhagavad-Gita says, 'vasudevassarvamiti'. It’s a statement, which is uttered forth by Vedavyasa himself in Bhagavad- Gita. (13:11).
We came out of the “Inner Chamber” and we are not able to find an entry back into it. The sole key that enables us to make an entry is the sound, and we need to use it to open the main door. The door that opens into the subjectivity. When you move into the Inner Chambers, you have moved into the Frontier of the Holy of the Holiest, the Sanctum Sanctorum, which is described in the book "The Secret Doctrine" by Madame H.P. Blavatsky, and which is also called the King's Chamber, the Womb, or the Innermost Point of the Temple.

Mind you, we are making an entry into the Frontiers but not into the centre. The gate to the territory of the temple is open, and thereafter there are some more entries to be made. Because as you enter within the column, you are called a "Column of Consciousness", though you have an objective body surrounding the column, you cease to exist to the objectivity and to your existence is only within the column. This is what they refer to in Masonry, in which each member is a Column of Consciousness within the temple.
OM Namo Narayanaya

The Astrological Key 2

When sun enters Sagittarius, he is called the eagle. As it transits the first 7 degrees of Sagittarius, the sushumna column opens wide and the light passes through the column like an arrow released from the bow. The arrow reaches straight away sahasrara, the place of Narayana and the related enlightenment happens to the student of light, provided he orients to these days of the year (23rd November to 30th November). The feet of Narayana are at the top of the seventh sub-plane of the seventh plane, which is the physical plane. But the Cosmic Person in his micro aspect dwells in man in the eight-petalled lotus which exists between the heart and the throat centre. After the seventh sub-plane we enter into the cosmic astral plane, while we exist in the cosmic physical plane.¹

On these days, since the sushumna is opened due to the impact of the sunrays at muladhara, the student should do well to posit himself along with the sun in the higher muladhara centre through imagination and visualization. He should further visualize his speedy permeation from muladhara to sahasrara and experience the brilliant light of the cerebrospinal column either as a mace or as a vertical serpent with its hood wide open. The speedy upward movement can be assisted by the sacred word OM uttered in a low tone as a nasal sound. In either case, a lighted form of mace or a lighted serpentine form has to be contemplated from muladhara to sahasrara.²

¹ For details please refer to the details given in ‘Secret Doctrine’ of H.P. Blavatsky and ‘A Treatise on Cosmic Fire’ by Alice A. Bailey
² Refer to the author’s teaching on The Mysteries of Sagittarius. Dhanishta, Visakhapatnam, India 2015
59. Initiation enables wider horizons of comprehension.

60. Initiation is denied to the selfish. Compassion towards fellow beings is fundamental to initiation.

61. Learning to include the surrounding life and to find a way to serve the immediate surroundings is true discipleship.
On Healing

2. The Fundamental Understanding

According to the ancients, the left eye enables sight and the right enables vision. Healing is an applied science. To realise the soul is the pure science but to function as soul is the applied science. Realisation of the soul and its functioning through the veils of thought, speech and action are simultaneously carried out by a healer. A withdrawn spiritualist lives with the right eye and an indulgent materialist lives with the left eye. Both are half blind. A Yogi, an Initiate, a Healer functions actively and with equanimity through the two eyes. Thus he is simultaneously engaged in synthesis and analysis. All his analysis is in synthesis.

“Know My synthesis properly. It is divine. Apply the mind to Me in you and Me in all, you stand in Synthesis. There are many sciences and the corresponding books in creation. By themselves they have no value, however great sciences they may be. Remember Me, the Soul of all this creation and the created beings. I AM in them as creation and as creating too! I AM also beyond. Without me these sciences carry no value in life. Those who think of Me as no second thing and see Me as the creation and the created beings stand ever in My synthesis. I take care of their synthesis and welfare.”

Says the Lord in the Bhagavad Gita. The study and practice of ‘Healing Science’ should also therefore take place in that synthesis. If this synthesis is lost, we have the burden of the books and the heaviness of the thoughts intertwined with our own logic, tying us down to helplessness. Those who lose the synthesis know about healing but know not healing. Healing is living to those who know and is livelihood to others.
Rudra
The Lord of Cosmic Will and Vibration

A few dimensions of Rudra

Siva

Siva means the auspicious one. Namah Sivaya is one of the chief Vedic Mantras which is separately explained in this book. It is the mantra with 5 syllables. It is the key to number 5.
Sanat Kumara

Love of God 5

There is a point beyond which we cannot do, we cannot go in any pursuit. A stage comes where you have to wait. Waiting in love is the path. In the period of waiting there is relating through singing, dancing, recollecting and living life only for God. Lord Sanat Kumara who is the Lord of the planet is in such love of God. He transforms this love into power to rule the earth. It is his sheer love of God and His plan that enables him to stay around the earth and to do what has to be done.

There are many good stories of those who are in eternal relationship with God. The students would do well to unfold this dimension in them.

Love of God enables one to live in the chamber of God, in the heart of God and rejoice. Such ones are the real indwellers. Such ones are the sons. To them the fatherhood of the Lord and the brotherhood of beings is reality.

Love of God can emerge through a form of God. Later the love continues to be, even when the form disappears. This love enables to see the energy of God in other forms also. Love towards a form of God gradually leads to love of God without form and love of God in all forms.
Seventh Ray and Magic

The incoming of the 7th Ray

The Energy of Synthesis, which is the energy type of 7th Ray, when at work, teaches man to understand the principle or basis behind everything. This will help him remain poised in the form and the concept of his liking, while understanding that of the others’. There will be no conflict and he will remain undisturbed since he has found a right way to look at his concept or form as also the others’ concepts or forms. There will be a sea change in his perception.

Man will understand the principle behind every concept or form. He will realise that, though the causes are different, the effect is the same. Though processes are different, the ultimate result is the same. When he is holding on with firmness to the principle behind the form or concept, he is comfortable with any concept, form or process. He will understand that the same principle is being presented in different ways. He will be comfortable with any name, form or theology. He would know what to relate to. When one says Shani or another says Saturn or yet another says Kronos, he will only relate to the principle of Saturn rather than the names and forms.

Man will learn to relate to the basis and principle behind everything. When Lord Vishnu’s picture is presented to him, irrespective of the faith he is following, he will respect it and will relate to the principle for which the form of Vishnu is given, which is the all-pervading principle of God.

With the 7th Ray energy of Synthesis at work, man tries to understand the synthesis in different forms and different concepts and will move into the path of non-negation.

When the Energy of Synthesis is at work, man will move into synthesis. More and more he orients to this energy, his acceptance levels develop and he moves to a different level. His practice of seeing the basis behind form and concept will slowly and gradually take him on to the path of seeing the basis behind everything, the basis of all.

Composed by Guru Prasad Kambhampati
Enlightening Encounters

Sree Satya Sai Baba 5

In the meanwhile, Sree Sarma, the governmental head intervened and said, “We, the government also do good-work. What a government can do, individuals cannot. What do you say Baba?”
Sree Baba said, “Yes, if government wills, it can do enormous good-work, but the will is lacking. They are bound by their own rules and regulations. The government also wants to regulate us and bind us through their rules.”
Sree Sarma said, “Rules and regulations are for all. By the way, did you find me coming in the way of the good-work you do Baba?”
Baba said, “You do not. I speak of your government. It is better that governments listen to the Men of Wisdom to govern better. It is not good for them, to govern saints and sages. We are here to supplement and compliment your work without any bias towards caste, creed and religion. In the ancient days, kings were following the advice of the sages of the land. Such times should come back. Anyway, having come this far, have some prasadam and return since I know you have things to do tomorrow at the headquarters.” Saying so, Baba blessed the two brothers, who were taken to a guest house by the organizers for a brief meal.
Saukumarya’s esteem for Baba grew in leaps and bounds. Here is a saint who seeks nothing and willing to offer help to all, even to the governments. He remained advisory to all including the national leaders, businessmen and the commoners.
Uranus
The Alchemist of the Age

Homoeopathy 2

Homoeopathy is the answer to clear the miasms in the body, the psoric, sychotic and syphilitic. All these are unearthed and cured through higher potentisation of medicinal substance. It is for this reason homoeopathy is called the New Age medicine. Any activity which recognizes the etheric existence would have great future and that which denies the etheric part of the existence does not any more have longevity. Uranus lifts the human awareness into ethereal planes from the gross matter. This is so in many fields and it is so in the field of medicine - from material form to dematerialized form - ‘mat to de-mat’.
Meaning:
Invoke the Lord as self-born, born out of peace, and the one who manifests through peace, as peace; the son of Aditi and the one who has eyes resembling the tender petals of white lotus; the great sound of the universe; as the One who has neither beginning nor ending. He is the Creator of the arrangement of things. He is the Creator Himself and the Lord of the Creator.

Explanation:
1. Birth is given to matter, force and mind by the higher principle which pervades these three entities. The higher principles make their own manifestation by their higher impulse. The impulse itself is the cause of the birth of all the series of the lower and higher principles whereas the impulse is born of itself. Hence it is the Lord’s power of self-manifestation. Even in us also the soul and spirit produce their own impulse to manifest and the lower principles are given birth to.

2. ‘Sam’ in Sanskrit is a mantram which means poise or peace. When meditated, the sound produces poise. This is possible only when meditated in a peaceful manner. An attempt to relax the attempt and be peaceful produces peace. Peace in its turn gives the experience of peace. This aspect of the Lord is called Sambhuh.
Paracelsus
Health and Healing

Prana - life force, part VI
Reception and assimilation of Prana 2

Having described the general availability of the Pranic energy in the solar system and its proximity to the beings on the planet the next step of understanding is, how this magnetic fluid is received into the human system? Man’s etheric body is the subtle equipment within him, which is receptive to the rays of the Sun. In this sense etheric body is seen as negative, since it is receptive. The positive principle of the etheric body is its distribution of Pranic energy to the physical structure. For all receptive purposes, it functions like a female and for distributive purposes, it functions as the male. In between such reception and distribution there is an intermediary function of assimilation, which is a balancing act. This assimilative capacity of the etheric body is the most important factor in establishing health at the physical level.

The Pranic emanations of the Sun are absorbed by the etheric body through etheric centre in the head, the centre in between the shoulder blades, the centre above the diaphragm and the etheric spleen. In the present times owing to man’s state of evolution the most active centre for reception of Prana is the centre relating to the shoulder blades. In a lesser way the centre above the diaphragm also absorbs the Pranic emanations. To enable appropriate absorption the primitive races were not excessively covering the upper part of their body, which is significant clothing habit to be noted. These two centres along with the etheric spleen constitute the triangle for reception of Pranic energies. It is this triangle, which also conducts the process of assimilation.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en
We as students of wisdom wish to move into the supra-mental plane and experience something which is not normally visible. That is the very purpose. The study and practice of wisdom should enable us to move beyond the mind and experience the beauty of the creation. Within this gross and visible universe there is a subtle, invisible universe, which is thousands of times more beautiful than the physical one. Therefore, the purpose of wisdom is not only to remain in the visible part of our being, but to move into the subtle part of the being which is now not visible but through certain practices it becomes visible. That is what we call extending our awareness into super-mundane plane. It is not shifting from mundane to super-mundane. It is extending our awareness, expanding our awareness, unfolding our awareness into certain zones which are not otherwise known to us except through certain practices. That is where the beauty of the Kingdom of God is very well experienced. That’s where you have the beauty of the colour and sound and its phenomena. That is where you have a world open which engrosses us into it, thereby the mundane living is not of so much significance as we feel today. As long as we are in this mundane, we feel this is everything. We are stuck in it, we can never overcome it, and we feel it is full of problems, all these kinds of feelings are there, when we are stuck in the mundane. But if we just lift up our awareness from mind to buddhi, this becomes so small. That’s how for those who have ascended to the buddhic plane, to them the mundane living has become so minimal. It has become minimal because they are joyful in the other state. A poet, a painter, an artist, and the like, they live in a different world. And they are always engaged in it. And this (mundane world) becomes of lesser consequence.

This text is not proofread by the author and might have some mistakes.
Stories for Young People

On Service

Differentiate servitude from Service.
The former is slavery,
while the latter is voluntary.

Paths to Shambala 4: Nagshu

The narration “The Veils of Death” reveals the Roerichs’ attitude to the events of Nagshu, which Nicholas Roerich describes in "The Heart of Asia" in an objective and detached manner.

20-09-1927: The Roerich caravan is climbing from Zaidam (9,000 feet) into the Tibetan highlands (approx. 15,000 feet) when it encounters Tibetan soldiers in worn-out uniforms at the western border of Tibet, apparently an outpost on the northern border of Tibet. Roerich and team are politely asked for their passports and are temporarily allowed to continue their journey. The passports are sent to the commander in charge. On 6th October, they are asked to stop at a small place called Shindi and await orders from the general in charge of northern Tibet, Khapshoga. Two days later they are asked to advance closer to the general’s headquarters, Camp Yatang, where they are kindly received by the general, in all honor, with a brass band, and asked to stay a few days to have their passports checked by the relevant authority in Lhasa. Then the general departed and leaves them with a drunken major and five soldiers.

The Roerichs are alone in the coldest part of Tibet, equipped only with summer tents, and the winter sets in with such an intensity unusual even for local conditions. They have no money, no medicine, they run out of provisions. The animals cannot find food under the snow. The next day, their carcasses have to be taken out of the camp as food for vultures and wild dogs. Of 104 animals, 92 die. Five people from the caravan die, including the accompanying Lama. Helena's pulse rises dangerously. Roerich tirelessly writes letters to the Governor of Nagshu, the British Embassy of Calcutta and the consul in charge in Gangtok, Colonel Bailey. He asks that his situation be telegraphed to America from Lhasa. They pretend that the telegraphic connection no longer exists. Letters, which he wrote come back, often opened. He is refused
permission to leave the open highlands and at least find some protection in Nagshu. For Roerich it means: an attempted murder.

What had happened? The Tibetans had notified the British immigration authorities of the arrival of the Roerich caravan. They remembered that the Roerich were Russian-born and had made a detour to Communist-ruled Moscow on their tour of Asia. For the Tibetans, the Roerich were Bolsheviks. And the British administration, led by Colonel Bailey, saw it that way, too. Actually, the Roerichs had a good relationship with him, but after the Moscow trip, he became doubtful. Bailey encouraged the Tibetans in their attitude: We don't want any red infiltration. He attributed the people's desperate situation to their own carelessness (why did they have to figure out just this route?) and to the unusual outbreak of cold. On 19th January, 1928, the Roerichs were allowed to travel on to Nagshu, a small place where the local population was also starving and freezing.

At the beginning of March, only at the onset of spring, after 5 months, the Viceroy of India allowed the Roerich to continue their journey. Roerich tried to get permission to take the short route to Lhasa, but the perplexed authorities send him and his companions again over the Himalayas via the Tag sun pass. The heavy yaks have to be dug out of the snow. On the way, they find people stranded in the snow whose animals got frozen to death. Another pass awaits them: the Sepo-Leh pass. By the time they arrive in Gangtok, Consul Bailey is convinced of their unsuspicious intentions and offers them the greatest hospitality and support. On 6th March, 1928, this stage of their adventure was over: they were allowed to continue their journey to India (Darjeeling).

Whether they reached Shambala despite all obstacles? The Roerichs remained silent, but from notes left behind by a companion it can be seen that Helena and Nicholas Roerich parted from all companions at the Brahmaputra River in a joyful mood and refused to name their next destination. Neither Helena nor Nicholas reported this. Helena P. Blavatsky also kept her stay in Shambala (appr. 1868) secret. She later handed over the records to Franz Hartmann, who told these experiences as a story under his own name. It was Helena Roerich who identified these experiences as originating from HPB in 1939.

Master Morya himself assured, “A time of happiness - thus We call that step in the development of consciousness when, without turning away from life, Our
co-workers are given the opportunity to join Us physically in Our abode. “And He speaks of the devotion of the chosen ones, who instead of making use of this opportunity at once, are in charge with the Work of the Brotherhood, so they defer the ecstasy of meeting their Masters. (Master Morya: Agni Yoga 1929, 338).

Dedicated to Angela Fremont.
Window to World Service
News & Activities

UNITED STATES OF AMERICA
Activities of Individuals in the USA Working Within the National Group
Name: Rosa Fernandez Sopena
Address: P.O. Box 234, Trumansburg, NY, USA 14886
Mobile: 1- 607- 882-0224 E-Mail: rosafernandezsopena@gmail.com

Activities
• Translation English to Spanish / Spanish to English:
  o monthly articles for Vaisakh Newsletter Spain
  o Master KPK’s Discourses in Telugu (Telugu to English by Jayadev Pappu) of Bhagavatam Sunday Classes and celebrations/rituals by WTT groups in India
  o Dhanishta Spain Short videos project: Extracts of Master KPK wisdom teachings
• Transcriptions of WTT Master KPK Discourses
• Coordination of the team of translators / transcribers of the discourses of our Master KPK as well as collaborating with the WTT Archives uploading the corresponding documents into the archives.
• Participation in the Lucis Trust (Alice Bailey teachings) NY, USA in the distribution of spiritual energies through meditation and visualizations
  o Triangles Meditation Network of Light and Goodwill: daily visualization and recitation of the Great Invocation
  o Online Group Meditations during the Spiritual Festivals of the year (monthly new and full moon meditations, Easter (Aries), Vaisakh (Taurus) and Goodwill- day (Gemini).
During the first phases, Leo is called the dog in the Vedic and Puranic symbolism. In its higher functions, it is called the lion. Dog is the symbol of vigilance. It keeps awake at the gates between heaven and hell (the bliss and the misery of life).

The Dog-star has a mysterious relationship with the sign Leo. The vibrations of the sounds of this star are so high as to be inaudible to the ear of the ordinary man. Dogs on this earth contain the vibrations of the Dog-star. They can hear the whistles or sounds not heard by the human ear. The presence of a dog hastens the stimulation of consciousness into the higher vibrations of sound to a student of yoga. For this reason some adepts have dogs around them. At a particular stage of practice, the student attracts dogs around himself and he cannot understand the reasons at first. He is not expected to drive them away if he wants to derive the benefit. Lord Dattatreya, who is the Lord of the whole science of yoga, has four dogs around him to aid his devotees and disciples.

Dr. Ekkirala Krishnamacharya: Spiritual Astrology

*Image composed by Ludger Philips*
Book Review

The Mandra Scripture

The Mandra Scripture is an Aquarian rendering of the Bhagavad Geeta, the celestial song of the Lord. Master E.K., to whom the Grand Wisdom of the Bhagavad Geeta was revealed, directly dictated afresh the celestial song in a very simple and lucid manner. This is not a commentary on the Bhagavad Geeta. It is Bhagavad Geeta rewritten, directly communicating the import for the benefit of the seekers of Truth. Master E.K. had an unique ability to dictate at length any profound wisdom-concept, wisdom-key or a scripture. This book is meant for the aspirants all over the world to be used upon themselves for self-transformation and self-realisation.

E. Krishnamacharya: The Mandra Scripture

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com


Bilingual publication German / English: https://worldteachertrust.org/_media/pdf/de/mandra_scripture.pdf

The White Lotus

The booklet speaks of the symbolism of the Lotus. The Lotus is a profound Vedic symbol that enchants the student of symbolism. A lotus lives in all the three worlds. It has its roots in the earth, its stalk in the waters, and the flower above the waters just like human being. We are also living in the world of matter, force and consciousness. So, we are like a lotus, but with a difference. The lotus is neck deep in waters, but it still shows its beauty to others. The white lotus can give us so many messages if only we keep looking at it, even if it is only a picture.

The booklet is a spontaneous talk flowing through the author.

K. Parvathi Kumar: The White Lotus

Info: The World Teacher Trust, info@worldteachertrust.org

Online: https://worldteachertrust.org/en/web/publications/books/whitelotus/main
# Astrological Important Days in July/August 2023

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>23.07.</td>
<td>03:50</td>
<td>☀ → ♂ / Sun enters Leo</td>
</tr>
<tr>
<td></td>
<td></td>
<td>☀ in ♂ – every Tuesday (25.07., 01.08., 08.08., 15.08., 22.08.):</td>
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<tr>
<td></td>
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<td>Contemplation upon the influx of hierarchical money via the Mother of</td>
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<td>Splendour Lakshmi</td>
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<td></td>
<td>☀ in ♂ – every Friday (28.07., 04.08., 11.08., 18.08.):</td>
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<td></td>
<td>Contemplation upon the World Mother in the Heart Center</td>
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<tr>
<td>25.07.</td>
<td>11:39</td>
<td>♂ 8th phase of ascending moon starts</td>
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<tr>
<td></td>
<td></td>
<td>☀ 02°13’ ♂ / ♉ 26°13’ ☿</td>
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<td></td>
<td></td>
<td>(End 26.07. at 12:23)</td>
</tr>
<tr>
<td>26.07.</td>
<td></td>
<td>Master CVV Merry Life Day</td>
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<tr>
<td></td>
<td></td>
<td>The day in 1910 when Master CVV connected the cosmic, solar and</td>
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<tr>
<td></td>
<td></td>
<td>planetary planes with the human Kundalini and gave a planetary</td>
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<td></td>
<td></td>
<td>initiation through the sound CVV.</td>
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<tr>
<td>28.07.</td>
<td>11:22</td>
<td>♂ 11th phase of ascending moon starts</td>
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<tr>
<td></td>
<td></td>
<td>☀ 05°05’ ♂ / ♉ 05°05’ ☿</td>
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<tr>
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<td></td>
<td>Contemplation upon Lord Maitreya in the Heart Center (End 29.07. at</td>
</tr>
<tr>
<td></td>
<td></td>
<td>09:35)</td>
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<tr>
<td>01.08.</td>
<td>00:22</td>
<td>Phase of full moon starts</td>
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<td>☀ 08°28’ ♂ / ♉ 26°28’ ☿</td>
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<td>The new Vaiśākh-Festival: Contemplation upon the Hierarchy via Lord</td>
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<tr>
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<td>Krishna, Lord Sanat Kumāra and Lord Maitreya</td>
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<td></td>
<td>20:31 ♂ Full moon of Leo (Śravana-Full moon)</td>
</tr>
<tr>
<td>02.08.</td>
<td>09:28</td>
<td>☿ 23rd constellation Dhanishta starts</td>
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<td>☿ 17°31° ≈</td>
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<td>21:00 Dhanishta-Meditation (Dhanishta-constellation ends 03.08. at</td>
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<td>06:26)</td>
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<tr>
<td>04.08.</td>
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<td>1868: Birthday of Master CVV</td>
</tr>
<tr>
<td>08.08.</td>
<td>00:44</td>
<td>☉ 8th phase of descending moon starts</td>
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<td>☉ 15°10’ ♂ / ♉ 09°10’ ☿</td>
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<td>(End 09.08. at 00:22)</td>
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<tr>
<td>11.08.</td>
<td>01:37</td>
<td>☿ 11th phase of descending moon starts</td>
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<td>☿ 18°05’ ♂ / ♉ 18°05’ ☿</td>
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<td>Contemplation upon Lord Maitreya in the Heart Center (End 12.08. at</td>
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<td>03:02)</td>
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<tr>
<td>12.08.</td>
<td></td>
<td>1831: Birthday of Madame H. P. Blavatsky</td>
</tr>
<tr>
<td>15.08.</td>
<td></td>
<td>1872: Birthday of Śri Aurobindo</td>
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<td></td>
<td>09:13</td>
<td>☉ Phase of new moon starts</td>
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<td>☉ 22°14’ ♂ / ♉ 10°14’ ☿</td>
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<td>Cont. upon the World Mother in the Heart Center and upon ‘The Pledge’</td>
</tr>
<tr>
<td>16.08.</td>
<td>11:38</td>
<td>☉ New moon of Leo</td>
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<td>☉ 23°17’ ♂ / ♉ 23°17’ ☿</td>
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<tr>
<td>23.08.</td>
<td>11:01</td>
<td>☀ → ♄ / Sun enters Virgo</td>
</tr>
<tr>
<td>24.08.</td>
<td>00:01</td>
<td>☄ 8th phase of ascending moon starts</td>
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<td></td>
<td></td>
<td>☄ 00°31’ ♄ / ♉ 24°31’ ♄</td>
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<tr>
<td></td>
<td></td>
<td>(End 24.08. at 23:41)</td>
</tr>
<tr>
<td>25.08.</td>
<td></td>
<td>1883: Birthday of Master MN</td>
</tr>
<tr>
<td>26.08.</td>
<td>20:38</td>
<td>☂ 11th phase of ascending moon starts</td>
</tr>
<tr>
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<td>☂ 03°17’ ♄ / ♉ 03°17’ ☂</td>
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<tr>
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<td></td>
<td>Contemplation upon Gāyatrī, the World Mother with a rainbow hallow</td>
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<tr>
<td></td>
<td></td>
<td>around the head (End 27.08. at 18:03)</td>
</tr>
</tbody>
</table>

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours); From: Astrological Calendar 2023/2024; www.worldteachertrust.org; Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.
The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK
May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.