

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2018 Kumbha

Lette No. 10/ Cycle 31 – 20th January 2017 until 18th February 2018

The World Teacher Trust - Global

Invocation



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Letter No.10/cycle 31 – 20 January until 18 February 2018

Contents

Master E.K. • Invocation.	2
Prayer of the Year	4
Message of the Month of Aquarius ≈	5
Message of the Teacher.	6
Utterances of Lord Krishna	7
Lord Maitreya	8
Master Morya – Maruvu Maharshi.	9
Master Koot Hoomi – Devapi Maharshi.	10
Message of E.K.	11
Vidura Wisdom Teachings.	12
Saraswathi.	13
Sri Ramakrishna.	15
On Secret Doctrine.	16
Saturn	17
Discipleship.	19
Teacher/Kapila/Ashram Leaves	20
Lord Dattatreya/Fire/The Cow.	24
Group Prayers	27
Sanat Kumara	28
From the Teacher's Pen	29
Agni	30
Vishnu Purana Master EK.	32
The Science of Man.	34
Paracelsus - Health and Healing	36
Children's Section	38
Stories for Young People	40
Window to World Service.	41
Image of the Month.	43
Book Review.	44
Astrological Important Days	45
Master D.K - Great Invocation.	46

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Prayer of the Year 2017-2018

**BLISS IS IN GIVING AND NOT TAKING.
SUN GIVES LIFE. HE IS MAN.
MOON RECEIVES. SHE IS WOMAN.
MOON HAS PHASES OF WAXING AND WANING**



Full Moon of Aquarius, 31st January 2018, 14.26



Message of the Month of Capricorn

The Sun's entry into Aquarius is marked from ancient-most times as a festival. The movement of Sun through Aquarius is speedier than normal and hence the month concludes by 28/29 days. Master Djwhal Khul makes a specific observation in this regard. He says, "Sun moves faster in Aquarius." Aquarius signifies speed. Speedy changes are the keynote of this month. Magic is but a change in speed in manifestation. The month is known in Sanskrit as the month of Mahat, Magha meaning magic.

An aspirant is required to observe the changes in nature in this month much more than in other months. The rays of the Aquarian Sun have the ability to transform. The ancient seers suggested profound contemplations during Sundays in Aquarius to align with the incoming changes. The fifth, the seventh and the eighth and the eleventh ascending moon phases are of great consequence. The full moon and also the thirteenth descending moon phase are exceedingly significant. These moon phases have the ability to awaken the soul quality in men, through their contemplation upon Sun during the twilight hours, as also the meridian hours.

The Sun transiting Aquarius brings in the energies beyond the trinity and lifts up the beings to the state of atonement. Contemplating upon the clean blue sky either at the cave of the Lion (heart) or in the cave of the bear (Ajna) or at the top of the head is strongly recommended.

In this Age of Aquarius let every day of Aquarius month be utilized to the optimum to effect the needed transformations within one's nature.



Message of the Teacher

The Pulsating Principle

Observe the point where inhalation transforms into exhalation. Know that the point where the exhalation happens is also the point where the breath is born.

Observing that point enables you to notice the pulsating principle. The pulsating principle is also the point where the life expresses. Notice that the point of pulsation which is also the point of life is ever in action as a centripetal and centrifugal principle. Further observe the intelligence which is enabling such principle. That intelligence is the God in you. Relate to that intelligence, align with it and get integrated.

Utterances of Lord Krishna



Act with discriminative will
Relinquishing the fruits of action.
Such action releases you from sorrow
And even from the wheel of birth and death. (2-51)

As you transcend the impurity of ignorance
Your will stands clear and vibrant.
Such will does not let you get affected
by that which you see and listen. (2-52)



Lord *Maitreya*

Ardent Prayers

Should we pray in Sanskrit? Should we pray in Latin or Greek or in Hebrew or Arabic? Should we pray in English, German, French, Spanish ? Such a question is foolish. The prayer belongs to the heart but not to the mind. An ardent prayer is not bound by any language. A heart that throbs for the Divine stands a better chance to align with the Divine than the monotonous classical prayers. Prayer is the means to relate to the Divine. Ardency and deep devotion are the means for such alignment. It is only these two qualities that cleanse the heart.

Harmlessness is the fundamental quality to gain purity of heart. Abstaining from thieving is another quality which required. Persons who hurt others are ineligible for prayer. Likewise persons who thieve others property are equally ineligible.

From my higher standpoint the human prayers and rituals are seen as an activity of childish ignorance. It is also seen as blasphemy. Mostly these activities are done to establish one's own superiority over others. They least help to gain the touch of the Divine unless ardency and deep devotion are present.

It matters not of which language the prayer is, of what procedure the prayer is and how scientific the utterance is.

Feel fresh, be ardent and be a devout. Let your heart throb as you think of the Divine within. Let not the prayer be a routine.

Master Morya
– *Maruvu Maharshi* –

Eligibility for True Service



Conflicts in life are of two types, external and internal. External conflicts are resolved through time. Internal conflicts emerge from one's own nature, which do not resolve by time. Individual effort is also needed to effect the change. They do not resolve by wishful thinking. The internal conflict is with you, in you, in your nature. It has been with you from past lives. It is stronger than the external conflict. Jealousy is one of the conflicts which emerge from time to time. Malicious nature is developed through lives and such nature manifests whenever there is an occasion. It is by effort it has to be overcome.

The lives of great initiates and great personalities that caused social reformations can provide some inspiration. Books on altruism are also helpful; the inspiration that is gained from the study of these books should be translated into action bit by bit. One beneficial act brings another beneficial thought. One by one beneficial thoughts can be translated into action.

The ones who are endeavouring to translate virtues into action eventually encounter persons who are ahead of them in this regard. It encourages the one who is attempting a change within. He associates with such persons and proceeds further.

In the nature there is as much benevolent energy which cognizes the benevolent acts and brings tryst in touch with a man of wisdom who is an embodiment of benevolence. Thereafter the program for neutralizing the internal conflict gets inaugurated. A specific program is embarked upon and eventually the desired change keeps happening resolving the inner conflicts.



Master Koot Hoomi
– *Devâpi Maharshi* –

Rhythmic Alignment

The creation is meant for the evolution of beings. To enable such evolution there is a regular downpour of sublime energies onto earth. Blessed are the ones who relate to these energies through inner contemplation and alignment. The Brotherhood regularly relates to the inflowing sublime energies, which fulfil them. They transmit them to the surroundings through acts of goodwill which includes healing and teaching.

Without the influx of energies from higher circles there is no way for the beings of earth to evolve. A true aspirant is recommended to consciously hold in him this truth of inflowing energies from the surrounding planets as also from the solar angel.

One needs to relate to the inflowing energies emerging from Brahman via cosmic, solar and planetary centres unto one's being. One should also relate to the Brotherhood who also transmits these energies, having received them from higher circles.

A rhythmic alignment with these inflowing energies is strongly recommended. Aligning with the universal rhythm enables fulfilment, hence the need for rhythms for alignment in life.

Message of Master E.K.

The Fish and the Beast



When beasts get into lakes and ponds, the water gets muddy. Likewise when beastly thoughts are entertained the will gets muddy. Muddy thoughts entangle men and tend them to be muddy.

A disciple is one who ensures a clean mind before he commences action. A clean mind enables reception of clear will. A clear will has the ability to manifest without much hustle and bustle.

A disciple is like a fish taking to water. The waters are not disturbed when the fish enters the lake while they are hopelessly disturbed when the beast enters.

Carry the skill of the fish but not the clumsiness of the beast as you enter the field of action.



Vidura

Teachings of Wisdom

Man may gain money
through strength, through effort,
and through aggression.
But he cannot gain a place
in the hearts of the beings
unless his acts are hearty.

PRACTICAL WISDOM

Indecision is also a decision.
Decisions happen even when
you don't decide !

Saraswathi

Suktam 2 Kriya



Let us use the gift of velocity of thought and try to permeate into the subtle Existence. Imagination, visualization, intuitional functioning are focusing exercises. It is also a technique of meditation among others. In meditation, it is not enough to just sit. Meditation also suggests an action, kriya.

The import of kriya is action. When we close our eyes to contemplate, there has to be some kind of action, for example: the application of the mind upon respiration or upon a thought; focusing upon the sacred centres within us like Shambala, which is the top of our head (Sahasrara), or on Ajna (Brow Centre) or on Visuddhi (Throat Centre) or on Anahata (Heart Centre). We do not allow the thought to move vaguely. During a time span of 15 to 20 minutes we close our eyes to remain in silence. How many of us are able to focus upon a sacred centre either within ourselves or outside? Focusing within is considered more advantageous.

Shambala is in the Gobi Desert and it is also the cap of our head. The Himalayas and all the ashrams relating to the Himalayas are in our Heart Centre (Anahata). The South Pole corresponds to our Base Centre (Muladhara), the Equator, to our navel. We can dwell in akasha or in the ether by being in the Visuddhi or Throat Centre. We need to focus on something while we are in contemplation, because the thought enables us to be there in a split second.

In India we have an effective instruction to be give to the students of meditation. It is a bit harsh to listen to, but effective. It is as follows: "When you sit in meditation, do not move like a stray dog. A stray dog has no program. It goes from house to house, gets beaten and keeps licking its wounds. A

trained dog is alert. If you are a trained dog, you can listen and make contacts at a farther distance. If you close your eyes and allow the thought to move as it likes, you are still a stray dog. Please, do not apply this example to others, apply it to yourself”.

Kriya yoga means yoga relating to action. Action here is mental, mentally we have to apply ourselves either upon respiration or upon sound or upon a spiritual symbol or upon the beautiful decorated form of a deity, or upon the smiling face of a Master. The mind has to be engaged in action with something relating to buddhic or even higher planes. Meditation is also a mental action of observation of thoughts. Master CVV and Lord Krishna suggest such observation. In any case, meditation is not vague sitting. Master D.K. suggests to keep the mind receptive (to higher, nobler things/ thoughts). Thus, meditation is Kriya. Non-doing is the happening of the mind but cannot be a proposal of the mind. Please think it over again and again.



Calmness
enables quality
in
Life.

- Master KPK

Gangarima Celebrations 2017
Bhagyanagar



Srî Râmakrishna

Sadhus



Sri Ramakrishna would compare Sadhus (holy men) to snakes. As snake never digs a hole for itself, but lives in the hole made by rats, similarly, a Sadhu builds no house for himself, but lives in other men's houses, if there be need.



On Secret Doctrine

A Theosophist

“The theosophist believes in neither Divine nor Satanic miracles. There is neither Saint nor Sorcerer, Prophet nor Soothsayer for a theosophist”.

A true theosophist is a dispassionate observer, he neither judges nor ridicules any, he weighs people by their words and deeds. When the deeds do not match the words, however much one claims such ones should be discarded. Men are always judged by what they left behind and how long lasting were their deeds. They care not to which religion one belongs to. A theosophist must not be concerned of the religious background of any person; he should be concerned of the deeds with which one is engaged.

There may be many who claim themselves to be Saints, Gurus and Masters. These titles by themselves have no meaning. If the deeds that they do are meaningful those deeds are respected as also the doers.

A student of theosophy or occultism must belong to no special creed or sect. He should however show respect to every creed and every faith. If he would like to be a theosophist of the Good Law, he should have no prejudged and sectarian opinions of any one. He should be open to listen dispassionate to evaluate and form his views with due consideration.

A theosophist cherishes the personal virtues of any man; no one can claim the admiration of a theosophist by virtue of the power or money that he owns. He shall not follow any faith in their dead letter sense. He shall view situations in a dispassionate manner and with a genuine approach. He shall be generally charitable in his position and imitable to simple minds. To a true theosophist truth stands higher than any faith or religion.

Saturn

Lokaloka Parvatha 1



The cosmic principle which produces Saturn is called 'Lokaloka Parvatha' i.e., plane to plane and plane to no plane. I will give an example. Suppose there is a big tree with many branches, many leaves, and a small creature on one leaf. To that creature the whole world is nothing but the leaf on which it is and the leaf which is above (that is its sky). To that creature the whole universe is nothing but the leaf on which it lives and the leaf which protects it. So, this creature says, "The whole universe consists of two leaves and I am the third one as an existing being." Like that, there are many creatures on many leaves all over the tree, and each one feels likewise.

That is how we feel on this planet. We feel that we are the only humanity. Ours is the only planet with life and that there is no life on other planets. This is nothing but our ignorance, just like the creature that is between the two leaves feels that only that much is the tree. So also the stupid-minded human being, who feels that all he thinks is the world and nothing more.

Then, slowly, the creature crawls over to the next leaf – through the evolution, in a span of time (of thousands of years) and then it thinks that there is one more leaf. To that creature there are now three leaves existing – that's all. Then it crawls to another leaf of the tree and feels that there is still one more leaf. Likewise, humans also will know that there are other globes with life, other solar systems, etc. To deny what we do not know is dogmatism – ignorance crystallised with pride. Many are the denials in the West of the Eastern wisdom and likewise the denial in the East of Western science. As we progress we learn to accept.

An example: There is a world famous dancer who does not care so much for her hair-dressing, and there is a louse in her hair. For dance performances, the dancer goes to New York, to Hamburg, to Munich, to Geneva,

but to the small louse in her hair, there is no New York, no Hamburg, no Munich and no Geneva. Its world is only eating the dandruff in the hair of the dancer. The human beings on the planet are no better in their comprehension. Excuse me for saying so.



Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Knowledge

Knowledge is man's greatest enterprise, possession and blessing. For want of knowledge many suffer harm and limitation their entire lives. Hence the necessity for the mind to acquire and store knowledge and information dealing with the outer objective world, the inner subjective world, and the world of ideas. Knowledge might be termed the sum total of human discovery and experience, that which can be recognized by the five senses and by the use of the human intellect, and that about which we feel mental certitude. It concerns the arts and sciences, history, geography, economics, culture and religion. Spiritual knowledge is the foundation of wisdom; it vitally and beneficially affects our life and goals and requires study.

The range of facts one knows will differ according to one's age, education, experience, circumstances and environment. Our knowledge is also conditioned by the limits of the knowledge of those who transmit it to us. The capacity to receive and profit by knowledge is dependent upon one's point of mental evolution. Knowledge throws light into areas of awareness of which we have hitherto been unconscious and is of paramount importance in the development of all. It is a major moulding factor and serves to shift one off the emotional plane on earth on to the mental.

A disciple



The Teacher

38. Nirata Prakasala Nirmalam

Ever Pure and Effulgent

A clear sky is a good example of purity and effulgence. The sky shines forth even in the night. If only one walks away from the lighted areas on earth, he can see the light of the sky in the night. Even that light which is seen is relative to the seer. To the sky it's the same light at all times, be it day or night. To the sky there is no night or day, only for the earth beings night and day exists.

A clean sky is one which is devoid of clouds. There can be a variety of clouds. A white cloud also veils the clear sky. The cloud can be likened to a thought. A white cloud is a white thought, a good thought, a goodwill thought, a noble thought. But still it is a thought. There are varieties of thoughts of goodwill. As long as one is with thoughts he is with the mind only. A white cloud may be beautiful to look at, it still obscures the sky. Man entertains pride of good thoughts, good works and good speeches that he is engaged with. It is still a thought plane but cannot be the plane of the soul. Even in the buddhic plane people receive many divine things. They vision and write or speak about it, or they listen and write or speak about it, or they may engage themselves with what is seen or heard from higher planes. All this is activity.

The sky remains; it exhibits the sense of BENESS where there are no thoughts even of the buddhic plane. It's an expanse of unlimited light that one sees as sky. This is the state of the Teacher. He lets all clouds to pass by and witnesses them. People around emit white clouds, dark clouds (ignorance), rainy clouds (emotional thoughts). The sky just witnesses them. The sky knows that all come to pass. The sky also witnesses the planetary movements where planets also come to pass.

The drama of colours that happens during dusk and dawn also do not pertain to the sky. It pertains to the beings on earth. The sky remains sky at all times. It witnesses all activity, a Teacher is therefore compared with the sky. There is no colour change in him, no planetary impact in him. There is no cloud of thought in him. He remains, he responds when invoked and again he gets back to BE. He responds to the higher circles to fulfil the plan. He responds to the seekers to support them on their plan of fulfilment. It is the noblest state in which a true Teacher stands unaffected by the phenomena around him.

The sky remains untouched of any activity that happens within it. It remains pure, its purity is not affected. So is the Teacher's purity which remains unaffected by interactions from the surroundings.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Un disciple





Kapila

The Path 4

Devotion here is the attentiveness in recollecting I AM in all, at all times. It is not the foolish emotion exhibited by many in the name of devotion. It is dedication and surrender to the thought of I AM, the Omnipresent. It causes the necessary detachment with the hub of Nature's activity and releases from the hubbub of illusion. It is therefore safer when the scientific practice of Yoga is associated with devotional attitude.

Attentiveness (Sradha) is the foremost tool in the practice of Yoga. One has to be as attentive, alert and enthusiastic throughout as he was on the day one of the practice. The freshness in approach to the practice on a daily basis is the keynote of progress through practice. Even after decades, the freshness in approach to practice should remain the same.

This leads to liking the practice and the anticipatory mind gradually disappears. Functioning becomes more lively, as mind is detached from anticipating the results of action. The freshness in action settles down as a natural habit and leads to the understanding that as I AM one is ever fresh. The thought settles in I AM - in recollection of I AM . The thought as I AM remains to be the truth - the only truth of self-existence. Other thoughts are, recognised as arising, developing and dissolving upon the basis of this truth. Disturbances to this state are considered transitory. "I AM as God and God as I AM" is understood as one's own realisation. The immensity of one's own recognition is thereby found immeasurable. The Truth of Existence is realised and the belief in God gets substituted by realisation of God as I AM.

Attentiveness towards the thought of self-existence as I AM leads further to the recognition of existence of Self in the surrounding forms. The equanimity of thoughts is thereby reached. This equanimity of thought is what we see in great Initiates like Buddha, Christ, Rama, Krishna and a host of others.

Ashram Leaves

The World Disciple



The world disciple is one who sees the world as God and serves it with simplicity.



Lord Dattatreya

The Cow 4

The cow is called GO in Sanskrit. GO is a compound sound of GA and O. GA stands for Jupiter and O stands for Sun. If the essence of the two planetary principles is well understood, the cow is understood.

As said earlier, the cow presides over the secretion of glands. In the science of yoga it gives the related practice to enable the thymus and the pineal glands to secrete, which normally does not function in ordinary human beings. The secretions from these higher centres help preparing the body of light, which is called the etheric body in which one can dwell, transcending death. The secret of deathlessness enunciated by the grand yogis of all times, is building the Divya Sarira or the body of light. The Hierarchy consists of humans that followed the path of yoga and built their respective bodies of light. Sanaka, Sanandana, Sanat Kumara, Suka, Vyasa, Maitreya, Hanuman, are some of those who are popular amidst those that hold the bodies of light. Lord Dattatreya presides over all yogis, he is extolled as the Master of Masters in all the 3 planes, like Sri Krishna.

Fire

Sacred Trees 4



The scientists of the spiritual kingdom realised energies relating to various cereals, pulses and medicinal herbs corresponding to the Planetary, Solar and Cosmic Devas and utilised them accordingly. For instance, the chick-pea carries Jupitorean energies, lentils carry Saturnian energies. Do you know that rice comes from Venus? And that wheat comes from Jupiter? Don't think that everything is belonging to the Earth, they are all arranged in the subtle plane from other planets. Likewise, the varieties of material in the plant kingdom can be traced to their planetary energy, solar energy and cosmic energy. Collection of sticks and collection of herbs for the Fire Ritual has such background work. Such is the importance of collecting the sacred wood for the sacred Fire. To invoke the sacred Fire we need to use the sacred mediums. That is how the sacred sticks are collected and the herbs relating to variety of Devas are also collected.

The beauty of India is that, it retained the wisdom. Most of the people in India may not be able to let you know the science behind the tradition. I have made a study for two decades, to gain the scientific understanding of the many traditional practices in India. When the science behind the tradition is known and explained, then, many people are willing to take to the ancient tradition. It is so in the west also. In fact the west has better scientific quest than the east. In the east only the modern mind looks for the science behind the tradition. There are many teachers who can impart such knowledge.



Cow The Symbol and its Significance

The Earth gets inspired by the presence of the seven sacred ones. They are the Cow, Master of Wisdom, Scriptures, Donors, Sacrificers and the Truth speakers.

PRACTICAL WISDOM

Trust is the fundamental for
happening of a miracle.



Group Prayers

O Lord Agni!
May our offerings
enable vertical enflaming of you.
May you enable our
vertical unfoldment.

PRACTICAL WISDOM

A teacher has a place to stay
But not a home!



Sanat Kumara

Practice and Patience 1

Every practice needs patience. Without patience one cannot achieve anything here in this world or hereafter in the other world. Patience is the key to success. Impatient ones fail. Tolerance is the first commandment in every theological system. Kshama – thus pronounces ‘Mahabarata’. Tolerance – thus pronounces Moses as the first of the Ten Commandments. Patience, tolerance, forbearance are the qualities that develop depth in one’s personality. Human failure is due to lack of this quality. But this is the quality needed for success in any aspect of life.

Recollection of I AM also needs patience. One should recollect I AM beyond one’s own personality as regularly as possible. These practices of recollection have to happen until one reaches the settled state, I AM. Only then one can be called a Being. Before that he remains a being conditioned by doing and is generally a doer and not a Being.

To be a Being is to be I AM. I AM is a state of Be-ness which is unrelated to the surroundings, unrelated to the one’s own nature, one’s own form and one’s own name. It is Be-ness as a static energy. Through time and place one relates to an act. After the act is done, one restitutes himself to I AM state of consciousness. It is natural for the accomplished one to remain in Be-ness, to relate to the surrounding events and come back to BE once again. When one is advanced in his accomplishment, even while he relates to the surroundings and does acts of the time, he continues to be in Be-ness. Such one is said to be in the natural state of Samadhi. It is called Sahaja Samadhi. Such ones are called Sahaja Yogis. Their natural state is Be-ness.

From the Teacher's Pen

Questions and Answers Fulfilling Prophecies



Question: Dear Master, Many prophecies pronounced by Master Djwhal Khul did not come true. How could it be so?

Answer: Dear Brother, Masters of Wisdom are benevolent beings. Their faith and confidence in humanity is based on their love for humanity. Just as parents wish that their children grow in a wholesome manner the Masters of wisdom also out of their love and faith in humanity wish certain nodal changes for betterment of human life. But the humanity does not learn the lessons of pain. The attitude for repentance and rectitude is shallow. For example the First World War did not give way to repentance. It demanded the Second World War. The lessons of the Second World War were also not learnt. Consequently, more deadly weapons are conceived to destroy nations and continents. There was enough pain of the first war and more pain by the second war. But still wars keep happening on the planet. That it is unworthy of a human to kill a fellow human is not yet learnt. Many prophecies fail due to the failure of humanity. As aspirants and disciples, we have the responsibility to fulfil a prophecy uttered forth by a Master of Wisdom.



Agni

An Introduction to the Work
of Cosmic Fire, 74

5. The Electric Fire Periodical Work of the First Ray 1

So, that is how there is a periodical functioning of the 1st ray, and mostly it is the 2nd ray that functions in this system. And the 2nd works in tune with the 3rd, and it is actually the functioning of the 2nd and 3rd together that happens normally. But if the 3rd is not listening to the 2nd, when the child does not listen to the mother, because mother has lot of love and compassion, she speaks in soft words, and the child does not listen, the father keeps on observing for a while. And if the child is growing irresponsible towards the mother and the advice of the mother, the father interferes to set right the whole thing. That is how normally parents use to function, and those who know function in that way.

In the nature of things, there is no such thing as ignoring a child who is moving in the wrong direction. Ignoring is not love. To get concerned is love. So, the Father of the creation is so concerned about the child, called creation. And He allowed the Mother to manage the whole creation. That is why all creation is said to be the activity of the Mother and her children, and there is an excellent understanding between the Father and the Mother, and the Mother tells the Father, if the child is not listening to things properly. So, it is generally the functioning of the Mother in this systemic existence. The other aspect of it is LOVE. The other name for it is Second Logos or Second Ray or Vishnu or Chrestos or Krishna Consciousness. Whatever name you give, it is the energy of the Mother which is the energy of love and the cementing principle which remains as an excellent bridge between the Father and the Son.

So, let us now get into the understanding of the Father or the First Ray who keeps visiting in bigger cycles. If He remains with us like the Second Logos, we cannot live, because it is too much power that you cannot bear.

Matter is not prepared for this purpose. So, working with the Mother is the present target, and there is not much need for the Father to interfere in the system. But once in a way, when there is need, He interferes.

This text is not proofread by the author and might have some mistakes.





Master EK

Vishnu Purana
Chapter XXIII

Jambhu Dvipa Island

Of all these islands and oceans, the most central globe is Jambu Dvipa. This is the name given to the physical Earth globe which we see. At its centre Mount Meru, the Golden Mountain of the Gods, is found. This is the cone of the rays of the Sun to which the Earth is exposed, bisected by the Equator. Since the cone of the rays of the Sun makes the day in the part of the Earth it touches, it is described as the Golden Mountain.

The height of this mountain is 84.000 yojanas (links or weldings, indicating the various intensities of the Sun's rays); 16.000 links are below the Earth and 68.000 above the Earth. Its width is 32.000 yojanas at its summit and 16.000 yojanas at its foot. One yojana equals approximately eight miles. This mount is fixed as the centre of this Earth, which stands as a lotus. All the other planes around the Earth exist as diverging and converging petals made up of lines of force, hence the Earth is compared to a lotus.

The main mountains on this Earth are: Himavan, Hemakuta and Nishadha in the Southern Hemisphere; Nilachala, Svetachala and Srungi in the Northern Hemisphere. All these mountains govern the rainfalls and shape the year.

The two most central mountains measure one lakh (100.000 units). The others measure one tenth of one lakh. Their average height is 10.000 units and the average area is the same for each.

The order of Varshas on this Earth is as follows:

1. Bharatha Varsha;
2. Kimpurusha;
3. Hari Varsha (these three exist south of Meru);

4. Ramyaka;
5. Hiranmaya;
6. Kuru (these three exist north of Meru).

Each Varsha comprises 9.000 units in area.

Then there is Ilavritha Varsha, the seventh, most central one, which includes the summit of Meru. This obviously must be the equatorial belt.

Ilavritha Varsha extends towards the four sides of the summit of Meru. Its area covers 9.000 units. It contains four main mountains: the Vishkambha mountain, with 100.000 units in height, containing 9 big lakes and well distributed on all sides. Mountains surround it like the Kesaras of a flower. Towards the east there is Mount Mandara (this must be the local sunrise at any given place). Towards the south there is Gandhamadha. Towards the west there is Vipula. Towards the north there is Suparswa mountain. These mountains have abundant vegetation, including Kadamba, Jambu (rose apple), Pippala and Vata trees. The average height of each tree is 1.100 units. Trees stand on these mountains as many banners.



The Science of Man

Dr. K. Parvathi Kumar
First Young Group Life Teaching, Part 61
August 2001, Visakh

5. The Inner Man - The Outer Man

The alignment between the inner man and the outer man is called the process of meditation. The outer man works with the objective mind, the senses and the body. He is supported by the inner man who consists of the life force, the consciousness, and who forms the basis for the activity of the outer man. The inner man is proximate to the Divinity. The outer man is only an extension of the inner man. With consciousness as basis, the thinking processes happen. If you are not conscious, there is no such thing as your thinking in varieties of ways.

Thinking is the basis for all outer action and interaction with the objectivity. The outer man is also dependent upon the existence of life force within. Without life force, without consciousness, there is nothing that the outer man can do. But man is more engaged with the outer, peripheral aspect of life and is least concerned about the inner, sublime support. There is very profound and very important inner activity without which there is no outer man.

Frequently the man of mind forgets this basis. It is the special quality of man that he forgets the very basis on which he rises. He neglects the parents, he neglects the teachers who form the basis for him to rise. He neglects all those from whom he received help because he is busy with himself. He has no time to look back upon the support he is receiving. The support that comes from the life force is the most important one. If this force is not there, there is no activity, either good or bad. Likewise, if there is not much awareness, there is not much activity outside. These two important aspects shall have to be consciously aligned with.

To align with the basis of one's existence is seen as the process of meditation. Accomplishment of such alignment is called the 'state of meditation'.

When you accomplish the state of meditation, you know yourself only as a pulsating consciousness. The pulsating aspect is life, the consciousness aspect is awareness. To align with one's basis is what is to be attempted. It is like going back home, because to get into the mind is like getting into a bazaar – too many things. If you have to rest, you have to come back home. That home is the pulsating consciousness which you are.

You are yourself when you are a pulsating principle. It is this consciousness that goes through many modifications, when we project into the outer. As we wake up, we go through many modifications and the consequent talk and action. How are we without these modifications? How are we without these series of thoughts? How are we as original without such modifications? These are the questions that pursued people to invent the process of meditation. What are we as original? How are we modified?

The original is the being and the modification is becoming. Essentially we are the being, and periodically we keep becoming. But all these varieties of becoming are on the basis of being. We become eaters for a while, we become talkers for a while, we become thinkers for a while. Like this, there are varieties. We become friends, we become drivers and drive the vehicle, we become travelers when we travel. Like that, millions and millions of 'becomings' are there. We are none of them. We are the beings. The being has thousand ways of becoming, just like the one ocean comes out as varieties of waves.

Essentially, we are the ocean consciousness and we become waves but we are not the waves. So we are not all our projections. I am not Indian, this is a projection. I am not Spanish, this is a projection. I am not German. I am not anything that I project. The projection is for the time being. I am not teacher, I project as teacher. The moment the class is over, I become a driver to drive home. Like this, all that we project is not what we are.

People are stuck with their projections, they are stuck with their forms, they are stuck with their habits, they are stuck with their opinions, they are stuck with their name. Even a name is a projection, it's a facility to work in the outer, but you are not your name. Anything that springs up from consciousness is a projection. Consciousness itself is a projection from pure existence.

Consciousness becomes the basis for all secondary projections. Consciousness is the primary projection – that is the Light. The meditation



Paracelsus

Health and Healing

The Need of Health Education

In the modern day health practice, irritable nature is not seen as a sickness. If someone is fussy, it is also not seen as sickness. Irritable nature, fussy nature, bad temperament, furious reactions are seen occultly as sicknesses. They need urgent attention, before they do the related damage to the organs of the body. After the organs of the body are damaged, cure is attempted in the present day health practice.

Neither the persons nor the physicians notice the potential sicknesses. They only notice the result of such potential as sicknesses. In the modern life, irritations, bad temper, fussiness, anxiety for nothing, fear are so common. They go unattended. Much of these are seen even as fashion. Fear and anxiety are elevated to the status of fashion. Mistrust and suspicion exist in snobbish communities. If the boss is funny, no one can effort to tell him that he is prone to be sick.

Education relating to health is but essential even from kindergarten level so that, one is well informed from the childhood. Schools speak of clean habits and good ethics. They must necessarily be supplemented with education relating to the disastrous impact of anger, irritation, fussiness, fear, anxiety, jealousy, suspicion, prejudice, pride, hatred, and the like. The children should be taught that they are all avoidable not only for social ethics, but also to save oneself from the future sicknesses that they invite through persistent manifestation of such negative emotions.

If there is geometrical progression of sicknesses in the modern day society, least the leaders know that they are the cause of unhealthy competition which is promoted right from childhood among the humans. It is least re-

cognized that “Competition is Curse”. It promotes jealousy, hatred, intolerance, anxiety and so on. Until the spirit of cooperation replaces the spirit of competition, the sicknesses continue to grow.

Only an occult vision can see this and set it right. Leaders with vision are the dire need of the day.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: www.paracelsus-magazin.ch/en

Children's Section

On Service

TAMAS SETS SUB-STANDARD SERVICE – POOR IN QUALITY.

Panchatantra Stories

13. The Rat that Ate Iron

There was a merchant's son who was not successful. He faced a loss in his business and lost all his money. He thought of travelling to a different part of the country to seek success.

He had inherited a very costly iron balance from his ancestors. When leaving, he mortgaged the iron balance to a nearby merchant in exchange of money for his travels. He travelled all over the country, and had a successful travel. The merchant's son then decided to return to his hometown.

After his return, he went to the nearby merchant's place and asked for his iron balance, "O friend, please return the iron balance that I had kept with you."

The other merchant did not want to return it; he said, "I do not have it anymore. We have a problem with rats. The rats are eating up everything. They have eaten up your iron balance, too!"

At once, the merchant's son knew the truth. He replied, "If the rats have eaten it up, there is nothing that you can do. Anyway, nothing can last forever!"

He continued, "I am eager to go for a bath in the river, please ask your boy to help me carry my belongings, and to look after them while I take my bath." The other merchant agreed and called his son, "Son, this is your uncle. Please accompany him to the river and keep watch so that none of his belongings get stolen."

So, the merchant's son and the boy went to river. After he had taken a bath, the merchant's son took the boy to a nearby cave. He kept the boy inside the cave and blocked the entrance of the cave with a big rock. He

then returned to the other merchant's place.

When the other merchant saw his friend returning alone, he asked, "Where is my boy? Why have you returned alone?"

The merchant's son replied, "I feel sorry for you. When I was taking my bath, your boy was standing on the bank. Just then, a flamingo flying above swept down and carried your boy off in its claws. I could do nothing!"

On hearing this, the other merchant got angry. He said, "You are a liar! A flamingo can never carry a boy as big as him, in its claws. I shall complain about you to the village elders."

At once, the other merchant dragged the merchant's son to a nearby village elder and started complaining. The other merchant said, "He is a disgraceful man, who has kidnapped my son."

The village elder instructed, "How can you do this? Return his son to him immediately!"

But the merchant's son was unmoved. He said, "There is nothing that I can do. A flamingo swept down and carried him off in its claws from the riverbank!"

Hearing this, the village elder got angry. He shouted, "How can a flamingo carry a child? You are lying!" The merchant's son replied, "Sir! In a city where rats eat iron, why cannot a flamingo carry a child?"

The village elder was amazed to hear this. "Where does a rat eat iron? What is the meaning of what you say? Please explain yourself clearly!"

The merchant's son narrated the entire sequence of events to them and explained how he had hidden the merchant's boy in a cave to get his iron balance back.

When the village elder and everybody else who had crowded there heard the story, they started laughing. The other merchant was embarrassed. The village elder instructed the other merchant to return the iron balance to the merchant's son immediately and recover his son from the cave.

The wise indeed say

Tit For Tat is the best policy in world.

Stories for Young People

Protection of Life (The Advent of the Lord III)

A big selling centre of milk was formed at Madhuvana by the ruler Kamsa. The cows in it were stolen from his subjects. The animals were milked, leaving nothing for their calves. The calves died and their dead bodies were placed in front of the mother cows.

Kamsa was only interested in earning money. He instructed his followers, but did not control them. Kesi, his nephew, was the manager of Kamsa. He took a lot of the cows for himself and treated them better. He permitted the calves to drink. Among of his followers there were many who neglected the calves. The two groups were quarrelling with each other. They started vocally and descended to physical attacks. Some people died.

A man of majestic stature appeared. He shouted: "Stop!" His command was like thunder from a cloud. All stood still and looked at him, men and cows. They heard in a distance the music of a flute. The trees showered jasmine flowers. The stranger collected the flowers and showered them on the dead bodies of calves and men. They got life again. The calves jumped towards the cows. The bodies of the men arose. The quarrellers were softened by the music. The people prostrated at the feet of the stranger and asked for his name.

Lord Sanat Kumara explained: "Livelihood and health of men are depending on treating the cows." He gave advice to the people, to leave their rulers, to overhand the cows to their former owners and to live altogether as cowherds.

Master EK: "The World Teacher". 2012. Chapter 13.

Compiled by BK

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

Spain

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Activities :

Practices

- Daily meditation at 6am
- Fire ritual on Sundays.
- Kirtan with Ravi on Wednesday:
 - o Singing Mantras.
 - o Meditation at 20.00
 - o Mantras from 20.30 to 22.30. People coming from Barcelona, Girona and from surrounding villages. We are normally between 20 and 45 people, once even 75 people, most of them young people very devotee, singing mantras and playing different musical instruments.
- May Call Day Celebration
- Celebracion of the anniversary of Master CVV
- December Call Day Celebration

Meenakshi is open all day long for people who are interested on meditation, practicing yoga, sharing, studying or understand through the numerology, astral chart or sun revolution where we are and harmonize if any process produces tension. This daily intercommunication allows us to intercalate and transmit the teachings of the Masters, with sincere devotion

as they impregnate us with light.

We leave in peace together with a warm and human rhythm, in which we allow ourselves to express from the honesty and practicality of things.

It has been a year where the vocational projects have been activated in addition to the internal processes of each one.

We thank the contribution of our companions who have shared their experience of Meenakshi.

Picture to the Month of Aquarius

Aquarius – The Lord of the Eye



The number 'Purnam' of Aquarius is hidden in the eye of Siva. Towards the end of the worlds (Pralaya) this eye is opened. This is the case with the disciple and with the cosmos. It marks the Pralaya of all activity. "Into the pupil of this eye, all the creative forces enter and disappear. There is a pause. Again there is the reversal of the whole process. The Parasu and the Damaru of Mahadeva (the axe and the drum as emblems of the spark of light and the emanation of sound) come out. All chandases (meters or measures), all devas (creative potencies) and all Rishis (consciousnesses or gurus of Wisdom) emanate from this eye, praising the Lord of the Eye." "Varuna merges the whole creation upon the cosmic plane into this eye through his Uranian activity. He again emerges out of the eye through his Neptunian activity in the role of Mitra-Varuna. Vena, the Gandharva, lives through the gap." (The Tantric Texts)

Dr. E. Krishnamacharya: Spiritual Astrology

Book Review

Man Sacrifice



To the wise ones the yogic path forms the habit and saves them from the concept of death and makes them enjoy the span of life. They do not create a nature of their own and get entangled in it. This book presents the events relating to Krishna's life at the time of His dropping the physical sheath. Even the so-called event of death has also been made use of the Lord for the benefit of humanity in a perfect yogic style. Through this book the author intends to disperse away the illusion of death and bring nearer the experience of life.

Ekkirala Krishnamacharya : Man Sacrifice

Copies: The World Teacher Trust, info@worldteachertrust.org

Sound – The Key and its Application



He who knows sound knows all. To be able to understand sound one has to understand silence, and to be able to hear the sound one has to listen first to silence.

This book explains step by step what should be our attitude towards sound and speech. It is very clearly explained how one can trace the source of sound if we learn to listen and sing the harmonious sounds or mantras. The book also explains how we can enter into our respiration, reaching pulsation and the Soundless Sound. A practical guide to work with sound and speech for self-transformation.

K. Parvathi Kumar : Sound – The Key and its Application

Info : The World Teacher Trust, info@worldteachertrust.org

PDF: <https://worldteachertrust.org/en/web/publications/books/venus/main>

Astrological Important Days in January/February 2018

20.01.	04:09	☉ → ♈ / Sun enters Aquarius	
‡		☉ in ♈ – Every Sunday (21.01., 28.01., 04.02., 11.02., 18.02):	
		<i>Invocation of Aquarian Energy via Master CVV</i>	
24.01.	11:47	☾ 8 th phase of ascending moon starts	☉ 04°24' ♈ / ☽ 28°24' ♀
‡		(End 25.01. at 10:44)	
27.01.	06:45	11 th phase of ascending moon starts	☉ 07°14' ♈ / ☽ 07°14' ♀
‡		<i>Contemplation upon the Third Eye</i> (End 28.01. at 03:58)	
30.01.	17:53	Phase of full moon starts	☉ 10°45' ♈ / ☽ 28°45' ♀
♂		<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
31.01.	14:26	☉ Full moon of Aquarius (lunar eclipse)	☉ 11°37' ♈ / ☽ 11°37' ♀
07.02.	04:15	☾ 8 th phase of descending moon starts	☉ 18°17' ♈ / ☽ 12°17' ♀
‡		<i>Contemplation upon Master CVV</i> (End 08.02. at 05:43)	
10.02.	10:14	11 th phase of descending moon starts	☉ 21°34' ♈ / ☽ 21°34' ♀
‡		<i>Contemplation upon the Third Eye</i> (End 11.02. at 12:54)	
14.02.	20:17	Phase of new moon starts	☉ 26°03' ♈ / ☽ 14°03' ♈
‡		New moon point of Aquarius: <i>Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri;</i>	
		<i>Contemplation upon 'The Pledge'</i>	
15.02.	03:01	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ♈
‡	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 16.02. at 05:12)	
	22:05	● New moon of Aquarius (solar eclipse)	☉ 27°08' ♈ / ☽ 27°08' ♈
18.02.	18:18	☉ → ♉ / Sun enters Pisces	
22.02.	21:59	☾ 8 th phase of ascending moon starts	☉ 04°11' ♉ / ☽ 28°11' ♀
‡		(End 23.02. at 20:13)	
25.02.	15:40	11 th phase of ascending moon starts	☉ 06°56' ♉ / ☽ 06°56' ♀
☉		<i>Contemplation upon the healing energies</i> (End 26.02. at 12:59)	
01.03.	04:27	Phase of full moon starts	☉ 10°29' ♉ / ☽ 28°29' ♀
‡		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
02.03.	01:51	☉ Full moon of Pisces	☉ 11°23' ♉ / ☽ 11°23' ♀
08.03.	23:15	☾ 8 th phase of descending moon starts	☉ 18°17' ♉ / ☽ 12°17' ♀
‡		(End 10.03. at 01:31)	
11.03.	1940:	Master MN left his physical body	
12.03.	06:44	11 th phase of descending moon starts	☉ 21°36' ♉ / ☽ 21°36' ♀
☽		<i>Contemplation upon the healing energies</i> (End 13.03. at 09:11)	
14.03.	10:36	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ♈
‡	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 15.03. at 12:42)	
16.03.	13:48	Phase of new moon starts	☉ 25°53' ♉ / ☽ 13°53' ♉

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2017/2018«; www.worldteachertrust.org;

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The Great Invocation

Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.



OH LORD AGNI!
WE PRAY THAT WE MAY BE LEAD
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.
LEAD US, GUIDE US AND ENSURE THAT
ALL OUR KARMA IS BURNT ON THE WAY
AND THAT WE TEND TO BE THE LIGHTED BEINGS
IN THE ETERNAL KINGDOM OF LIGHT
TO SERVE IN JOY!

ISA VASYA