

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2019 Kumbha

Letter No. 10/ Cycle 32 – 20th January until 19th February 2019

The World Teacher Trust - Global

## Invocation



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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### Prayer of the Year 2018-2019

**MAY WE EXPRESS GOOD WILL IN ACTION.  
MAY WE UNFOLD THE POWER TO MANIFEST.  
MAY WE ENTER THE WORLD FOR THE LORD.  
MAY WE STAY UNITED IN ALL WAYS.**



Full Moon of Aquarius, 21st of January 2019, 06.16



## Message of the Month of Aquarius

Brevity and precession are the characteristics of Aquarius. Relating to the Sun, receiving the energies transmitted through the Sun, assimilating them in one's own being and translating them into daily action is the activity of a goodwill worker which can be intensified in the month of Aquarius. The rays of Sun abundantly contain the energies of Uranus, which would transmute and make the worker a transparent one. As much one tends to be transparent so many transactions happen in silence. Speeches happen in silence; excessive use of words is curtailed; only seed thoughts are expressed to be decoded by the listeners. Time is saved, breath is saved, and silence prevails in action. Silence prevails within oneself which is realized as the blue space. God is seen as energy; names and forms are overcome. The Aquarian man finds himself as a point of expression for the boundless energy which is all around intending to manifest through a willing centre. Such is the immense message of Aquarius which the aspirants may gain by pondering upon this message.





## Message of the Teacher

### Uttering OM

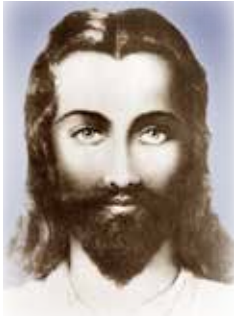
Uttering OM as the preface to meditation enables elimination of undesirable elements in the five layers of the body and also in the surroundings. Such meditation enables effortless orientation. The seers of the ancient times believed in uttering OM before every meditation. They uttered many times the sacred word until they felt the inner peace and poise. The utterance of the sacred word would also benefit the surroundings and is seen as a significant act of goodwill. Meditation without invocation of the sacred word tends to be purely personal and even selfish.

## Utterances of Lord Krishna



The senses ever pull the man towards sense objects.  
Man is but surrounded by his nature  
And is ever driven into action by his/her qualities.  
Inaction is impossible while in nature.  
(3-6)

When action is inevitable,  
Acting with goodwill is wisdom.  
Otherwise ill-will surrounds,  
Binds the man ever in nature.  
(3-7)



Lord *Maitreya*

## The Pulsating of Prana

Five pulsations and five sub-pulsations are ever in action. As a consequence the Prana nourishes the body and compels the being to function. The members of Maitreya Community are ever grateful to these pulsations. They balance Prana (inhalation) and Apana (exhalation) and reach Samana Prana (the neutral pulsation). They link up to Udana Prana and reach higher state of awareness to relate to Vyana Prana. In such a relation they stay stable to receive the Plan from the higher circles. Once the Plan is known, they once again descend through the means of Udana Prana into the heart and get into the world through Samana Prana and Para Apana.

The ascent is from Prana and Apana to Samana, Samana to Udana, from Udana to Vyana; and the descent is from Vyana to Udana and from Udana to Samana and from Samana to Prana and Apana. This path of ascent and descent shall have to be practiced to gain the ease to move upward, receive the Plan and move downwards to manifest the Plan on Earth.

The members of the Community are filled with the will relating to the Plan, the knowledge to manifest the Plan and also the ability to work out the Plan on Earth.

Think not that the members of Maitreya Community live only in the cave temples of mountain ranges; they are as much in the world fulfilling the Plan silently. They are all connected through the pulsating vibrations.



Master Morya  
– *Maruvu Maharshi* –

## New Opportunities



To live a routine life is but misfortune. Life is not meant to be mechanical, doing the same things at the same time. Even the mechanical life can be carried out with an attitude of cheerfulness and creativity.

Creativity is the means by which things can be better performed and life can be uplifted. Upliftment of SELF shall have to be willed; where there is will for self-upliftment, upliftment does not happen. Even the hatchlings make effort to fly and eventually fly. So the man who aspires should think of cheerfulness and creativity.

Men move to distant lands; such men do well, when they move with an open mind and not with a prejudiced mind. I strongly advice such men not to carry the baggage of their native land. Instead, they would do well to relate discretely in the new land to gain the integration with the surroundings. New and varied experiences cause the needed expansion of the psyche. Carrying the old habits and old thoughts to the new land would only turn out the new land to be an old land. By this the intended opportunity to grow is lost.

“When in Rome, do as the Romans do” is an ancient statement of wisdom. Do not try to be Asian or European or Australian or American wherever you go. Inculcate a global spirit while you may hold in the heart the native spirit. The native spirit enables grounding well; a global spirit enables you to grow. Do not try to reverse the process.

New thoughts and new places offer new opportunities. By intelligently availing new opportunities one grows.



Master Koot Hoomi  
– *Devâpi Maharshi* –

Sambala 9

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

In the New Age, HPB externalized hierarchical energies; she revealed the existence of Sambala and also its significance. HPB is a yogi of higher order. She is a person with extraordinary perceptions, a grand intelligence and an ever expanding unit of awareness. She is as much an executive as a thinker and a philosopher.

HPB had the good luck to gain the link of the sublime beings of White Island as also to those who constitute the Inner Government of the World. She revealed many secret cave temples as also the knowledge contained in manuscripts, which are preserved in those temples. With much courage she mentioned in her writings discreetly the village of Sambala; she also stated that the members of Sambala are all but persons with lighted bodies. Only those who gain a golden/subtle body stand a chance to experience Sambala. This hard fact is also informed by her. She encouraged humans to transform into semi-divine beings to join forces with Sambala and perform as representatives of Sambala.

Inspired by the teachings of HPB, Alice A Bailey and Nicholas Roerich also could relate to Sambala through their self-will and self-transformation. While AAB described Sambala as the spiritual truth of Earth, Nicholas Roerich gave a visual presentation of Sambala, related mountain ranges and also of Sambala-related beings.

## Message of Master E.K.

### The Arrow

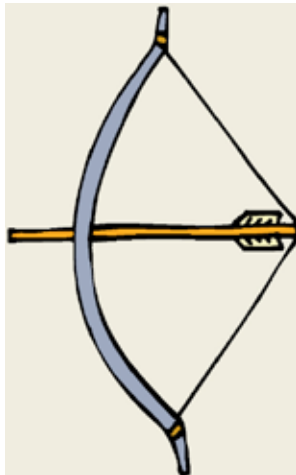


The arrows in the hands of Cupid pave the way into the world for eventual imprisonment.

The arrow in the hands of an aspirant paves the way from imprisonment of the world to independence.

The arrow in the hands of an initiate paves the way for God's plan to be fulfilled on Earth.

The arrow is but the target that we set and perform.





Message of Master C.V.V.

## Aphorisms to Disciples 10

31. If your prayers happen without impediments and obstructions, your awareness expands into the realms of Buddhi. The mind tends to be ever enthusiastic and never depressive. The cooperation of the body improves significantly. Your breathing, your food habits, your digestive ability and your blood circulation also improve. The stay in the body tends to be less uncomfortable.

32. As your prayers continue unimpeded and obstruction-free, you find your mind tending to be gentle, subtle, focused, peaceful and compassionate. Your movement, your speech and your work gain attention and respect.

33. As your prayer tends to be unimpeded and obstruction-free, your mind tends to a distinct transmission. The desire-oriented mind tends to be a duty-oriented mind.

Vidura

Teachings of Wisdom



Pungent speech affects  
the heart, the bones,  
and burns up the life force.  
Hence, the wise ones avoid  
such speech as poison.

PRACTICAL WISDOM

Pray!

Pray daily.

Pray at the Dawn

Pray to align with

The Will, Love & Light

of the Soul.



Saraswathi

### Suktam 3 The Centers in Us

The Muladhara Chakra or Base Centre regulates the matter in us. The right understanding of the material world and the related interaction allows its right functioning.

Water is regulated by the Swadhishtana Chakra or Sacral Centre. When properly handled it restores the right emotional balance.

The Manipuraka Chakra or Solar Plexus is well regulated if we learn how to think. It establishes the fire of assimilation. The body is thus kept intact.

When the science of breathing is well understood and respectfully worked with, it restores the life principle, which is regulated by the Anahata Chakra, or Heart Centre. When this science of breathing is gained, the body becomes light, agile, and active. It gives us a body that cooperates and never complains, a body that we do not have to drag.

The Visuddhi Chakra or Throat Centre gives us the etheric experience. It enables us to form a transparent etheric body, which is capable of transmitting light in great measure.

The Ajna Chakra or Brow Centre allows us to experience our own being as a resplendent light.

In short man has to learn:

- i) how to interact with the material world.
- ii) how to desire.
- iii) how to think
- iv) how to breath If he learns the related science and follows the practice, he is in harmony with himself and with the surrounding Nature.

If he learns:

i) how to utter sound

ii) how to meditate

he realizes the Self, the Light, the Love and the creational purpose.





Srî Râmakrishna

## Various Grades of Knowledge

There are various grades of knowledge.

There is first the knowledge that comes through discrimination.

The knowledge that results from concentration is of another kind.

And revelation, or the knowledge which comes directly from Him, is again quite different.

This, indeed, is the Truth itself.

### PRACTICAL WISDOM

Pray not for  
Personality desires,  
Unless impending.  
Pray for inflow of  
Love, Light & Will  
Of God.



## On Secret Doctrine

### Three Kinds of Light 2



In the East the light is called Aditi, Divine Nature. And in the West it is called Christos; it is also called the Light of Logos. It is the primordial light which is the direct reflection of the ever unknowable.

Aditi or Aditya is the visible symbol of the invisible, impersonal deity. It can also be called the Cosmic Sun. He strides through the seven regions of the Universe in three steps as Cosmic Sun, Solar Sun, and Planetary Sun. The Kabbalists give the numbers 2061 to 6561 as proper annunciation of the integral and numerical relation of diameter to a circle of God. If God is a circle the diameter represents its Light. God is impersonal and invisible, and its Light is visible. God is given the number 2061 and its expression of light is given the number 6561. It is the "Pi" ( $\Pi$ ) of the Greeks, who speak of the relation between the center and the circumference. The value of Pi is  $21+7$  i.e., 3.1415. The circumference is  $21+$  but not 22; it is rounded up to 22; that is why Pi is said to be  $21+7$ , that is 3.1415. Pi is the basis of wisdom. Pi is also the basis of all creation. It is also measured as 133 to 355 in Hebrew.

Be it Aditya/Vishnu who pervades the three regions in three steps. Be it Kabbalists' 2061:6561 or the Hebrews' 113:355 or Greeks' Pi - all speak of the same numbers in relation to light. Light emerges from an impersonal deity which is a Zero and such emergence is a vertical or horizontal diameter within the zero which forms the basis for the rest of the creation.

The Sephiroth of the Kabbalists and the Vishnu of the Vedic seers are but one and the same. Within the Sephiroth ten numbers are mentioned. The avatars of Vishnu are also said to be ten.

It should be understood that the unmanifest manifests through ten numbers in seven spheres and in three steps.

Ponder on this.



## Saturn

### Time

### Time Cycles 3



When we do something, we do it with a result in mind. When we do not achieve the result, we feel sorry, and when we achieve the result, we feel proud. In Yoga it is said, “Keep doing regardless the result.” Result or no result, it does not bother us. In us, there is no change in vibration. We neither become proud nor depressed; we remain normal in both situations, and we don’t fall from the state of poise. When we attach too much importance to success, failure is a terrible thing! Thus, if we do what is to be done without giving much stress on success or failure, we remain normal and neutral at the point of the result. That is what Saturn teaches. If people are not willing to accept that which is unpleasant, they have to live in pairs of pleasantness and unpleasantness, comfort and discomfort. Saturn stands between the pairs. If we can overcome the pairs of opposites, then we live in the yogic state. Saturn is thus a teacher of Yoga.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

### Psychological Problems and Their Solutions: Inferiority Complex

An inferiority complex necessarily prevents joy in living and breaks out into some form of revolt, or in a rabidly self-centred attitude to life. It can drive a person to force their personality upon others, and to be jealous of those regarded as superior. They will also have a tendency to set too rigid standards and thus fail to recognize worth. Many inferiority complexes stem from the fact that individuals regard themselves to be greater than their achievement. But the limitations of circumstances or of personality are yet too great for them.

A feeling of inferiority and of disgust with oneself is often the first result of an awakening spirituality. When an individual with spiritual aspiration compares it with their lower usual self, they frequently experience a sense of failure and impotence. If however, the condition of failure is seen as a temporary one, the growth of a true perspective will be rapid. Those suffering from an inferiority complex or a defeatist complex must bring about a right interior attitude, a dissipation of their glamour, and a greater expansion of the spiritual nature. This will negate the sense of inferiority.

A disciple

## The Teacher

### 49. Panchakosa Gunatrayadi Samasta Dharma Vilakshanam

#### Beyond the qualities of the five and the three



The three qualities and the five elements constitute the eight aspects of nature with their related qualities and principles. The Self is none of them. The Self is the ninth one having descended from the tenth, the tenth is Existence and the ninth is its effulgence. The three are the functioning of that effulgence through will and knowledge into activity. To enable activity there are the other five relating to the five elements which enable action in the five states of matter. The five states of matter and the three states of consciousness emerge from pure consciousness which is the ninth one. The Teacher at all times stays as the ninth one and conducts through the eight folds of nature according to the divine plan. He is associated only with tenth as nine and is not associated with the eight. He stands in BE-NESS as Atman. In that state he stands beyond will; when there is no will there is no action. Thus the triangle is not. When there is no identity with the triangle through the will, there is no identity with the subsequent five. Even while he identifies with the will in tune with the Divine plan and functions through all the folds of nature, he is neither stuck with them nor does he get imprisoned. He moves in and moves out with ease, such is the state of a Teacher.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

A disciple



Kapila

## The Approach 7

14. The one who does not cognise God in others, cannot experience what friendship is. They keep changing their friends fast. The friends of yesterday are the enemies of today and the friends of today are the enemies of the future. They have the knack of making enemies. They have no real friends. Hence they have no real peace.

15. Among the symbols (idols) we worship, there is variety. From stones to Masters of Wisdom all are God-forms only. Among them, the wooden idols stand in preference to the stone idols. The wood carries the sensation of touch. Better than wood are the forms of animals for worship, for they carry not only the sense of touch but also the sense of taste and other senses too. Among animals the dogs carry better sense of hearing. The two-legged beings are better for worship than the four-legged beings. Among the two-legged beings the man of wisdom stands in highest priority for worship. For the Lord's presence is complete in him.


16. The Lord is in the form of beings around. Observation of the Lord as the beings around definitely leads to self-realisation. This practice is inevitable, be it the path of Yoga or the path of devotion. The form of the Lord is twofold. It is manifest and is unmanifest too. It is and is not and both. When the Lord in form (and as form) is visualised, the actions cease to be consequential. Karma gets neutralised and the proximity to the Lord is gained. The process remains sweet and effortless throughout.

## Ashram Leaves

## Aquarius




Meditate upon the Absolute;  
Shapeless...  
Colourless...  
Soundless...  
And  
Numberless.



Each morning and evening I pervade you as I Am. If you look ME as the center, you dissolve in ME.

**Master C.V.V.**



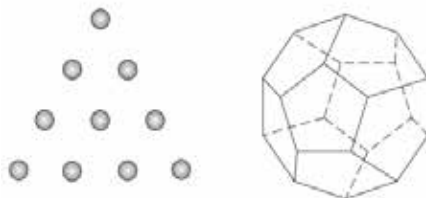
**W.T.T. - Spain**  
December Call 2016



## Lord Dattatreya

### The Yantra of Sri Guru Datta

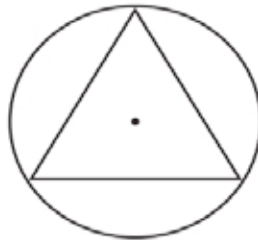
The Divine is invoked through number, sound, colour and symbol by the Vedic seers. They form the means for the interaction with the God Absolute. The Unspeakable God is invoked and interacted through specific numbers, sounds, colours and symbols for specific purposes. Electricity, which is never seen, is also invoked into varieties of apparatuses and utilised for varieties of purposes for the welfare of the beings. For the divine purposes, the Vedic implements have been number, sound, colour and symbol. The Vedic seers have the understanding of the vibratory, the radiatory and the magnetic effects of the One Energy. They utilised through a design/pattern the Energy for the desired purposes. The original understanding of an idol of God was; that which is beyond is visualised through the idol and worship was offered. The idol formed the means to reach the Formless for interactions. In due course of time, the means is seen as the end, consequently there is the fall in comprehension resulting in excessive idolatry. The one who stands in synthesis sees God in form and beyond form as well. The God beyond form exists in the form as well. The denial of an idol is also ignorance just as the denial of the Absolute. The energy called God is potent in every form and is even beyond form.





The seers of ancient times preferred geometrical symbols to idols for the effective invocation of the related energies. The symbols are scientific, while the idols are artistic and poetic. For every mantram there is a yantra (symbol). Thus, there are many geometrical symbols representing the many aspects of the One Energy. There are circular, triangular, pentagonal, hexagonal, and octagonal symbols, there are also symbols for number 10 (decad) and number 12 (dodecahedron). Invocation of a sound in relation to its symbol is considered effective as per the science of mantram.

The yantra relating to Sri Dattatreya is simply the yantra relating to the Teacher.



The symbol of the circle with the central point, as explained earlier, is Athri, pure consciousness. The equilateral triangle within the circle is Anasuya. The emergence of pure consciousness through the equilateral triangle is Sri Guru Datta, whom the worshipper invokes into himself through the aperture of the symbol. This is the basic yantra.



## Fire

### The Golden Door to the Golden Temple 1

The second prayer speaks of the solar disc of golden colour. When the disciple is able to withdraw the senses at will, he can experience the golden disc in the centre above the eyebrows. This golden disc itself is a golden door of disciple's golden temple (the golden body). When this disc is discovered, the disciple plunges into a deeper truth. He realises I AM. Concurrently his Third Eye opens. This is the third prayer of Isavasya. The three prayers of Isavasya can be correlated to the three Fires, Frictional, Solar and Electrical.

The second prayer is what is made possible through the Fire ritual. We keep looking to the flame and keep visualising, the same flame, after the ritual, from the Base Centre to the Ajña Centre and beyond. Such a long flame is possible in the ritual but not with a candle. The flame in the ritual gradually rises and rises, even up to the head level.

## Rudra The Lord of Cosmic Will and Vibration

### A Few Dimensions of Rudra 2 Rudra



Rudra means the Lord of Ethers (Rodasi, Antariksha). The Lord vibrates through the ethers. His vibration in the ethers is like a roar, which can be listened by the ones who can listen to silence. Silence is the higher aspect of sound called Nada. The Rudras roar through the ethers transmitting electro-magnetic waves. The whole world of the phenomena of light beyond darkness manifesting visible and invisible worlds is the work of Rudras. He is the fire that manifests the three worlds. He is therefore the three fires (electrical fire, solar fire and frictional fire).

The Rudras are chiefly 11 and exist in the 3 worlds of cosmic, solar and planetary. Rudras function to create and to destroy.

“Eleven are the Rudras and thrice eleven they are. Hence the number is thirty three.” An initiate of 33 degrees carries the knowledge of creation and destruction (much more is said elsewhere in this book on Rudras). The 11 Rudras exist in the human body in all the 3 planes: as mind, as the 5 senses and the 5 organs of action, as Akasa, as the 5 elements and the 5 sensations and as chief life manifesting as 5 major and 5 minor pulsations. Rudra associates with the body and conducts the vibrations of life, of mind and of Akasa. It is the function of Rudra that enables the pulsation in the body and the occurrence of thought, speech and action. He roars through the body. When he departs from the body, the departing soul as well as his friends and relatives roar (weep). When he begins his function in the body with the first breath, the just born child roars (cries). The Rudra roars through the sky like a thunder. The light manifests through such thundering. Such is the power of Rudra.



## Group Prayers

May our actions  
bring Illumination to surroundings  
just as the ghee that augments  
the flames of light of Agni.

## PRACTICAL WISDOM

May the Prayer  
Enable infilling the  
Personality with the  
Soul.  
May the former be  
Medium of the Soul

Sanat Kumara

## The One Universal Consciousness 2



As you link up your individual consciousness with the Universal Consciousness and move with the bird, you would only see that consciousness is at work. Consciousness only is at work when the dog wags the tail, when the cow looks at you, when the bull roars, when a man speaks, when a bird chirps and so on. Contact the consciousness first, later you can familiarise with the details. When you see a dog, a cow, a bull, a bird, a man or a woman – first see the consciousness that is fully at work through the forms. Later you can inform yourself further about the dog, the cow etc. The first contact has to be to the consciousness, not to the envelopes that surround the consciousness. The consciousness is enwrapped by sound, colour, form, name, nationality, religion, gender, caste, creed, race etc. When there are so many wrappings around consciousness, it is difficult to see the gift, which is occult. All gifts are given with gift wraps around. So is consciousness, it is made available with its related wrappings. To see the consciousness through the wrappings is the gift that Sraddha gives you.

There is not much meaning when we do worship, ritual or work with sound, colour and symbol, without being in contact with consciousness. Sound is but a presentation of consciousness. Colour is yet another presentation. Symbol is still another presentation of consciousness. The key to the sound, colour and symbol is revealed to the student of Sraddha, since he first contacts the consciousness presented through the sound, colour and symbol. It is through such contact, he gains understanding of the vibration of the sound, the velocity of colour and the geometrical patterns of the symbol. This is the occult approach.



## From the Teacher's Pen Questions and Answers Depression and Discouragement

*Question:* Dear Master, however earnest and true in the work of goodwill I am, I get depressed and discouraged because I gain no conscious link to any Master of Wisdom. What could be the reason?

*Answer:* Dear brother, the unawareness of your affiliation to a Master of Wisdom need not be a cause of your depression and discouragement. The Master to whom you are affiliated is aware of and is watchful of your actions. Your gaining the conscious link with the Master requires clearing the desks from your side in relation to your personality. Certain hindrances require to be eliminated in any one or all of the three lower bodies. Keep working as you do, holding the trust that you are observed and are even guided by a Master of Wisdom. Eventually, as you vibrate better, the hindrances get eliminated and the desks get cleared. Trust the work of goodwill and trust that you are observed. This is the immediate task for you.

Agni

An Introduction to the Work  
of Cosmic Fire, 84



## **5. The Electric Fire Progressive Movement – Alignment 2**

We do not know that our planet is moving in great speed. We know it, but we don't feel it every minute. So is the case with our sun. It is also moving around some other central sun. And it is reaching a point of alignment with the central sun. If this alignment with the central sun happens, there will be a complete illumination of the system and the planet. This is a possibility in the Aquarian Age, and that is why Master C.V.V. said, that there will be no seasons on the planet in the future, because the movement around the sun will be in a different fashion, and the sun itself gets further illumined by the central sun. And He gave a diagrammatic representation of the future alignment between the central sun, our sun and our planetary system. Those brothers and sisters who visited India have seen the diagrammatic representation of it.

This is one of the major functions of the 1st Logos during this time. That is why alignment with the Cosmic Person becomes relatively simpler during this Age. Not only experiencing the brotherhood of humanity, but also experiencing the presence of the Cosmic Person in all that is. That is the possibility offered during the Aquarian Age due to the functioning of the 1st Logos.

This is one important aspect being worked out due to the motions which the 1st Logos does. So, the alignment or non-alignment of the planetary bodies and solar systems and groups of solar systems depends upon the action of the 1st Logos. The major task so far the humanity conceived is alignment with the sun, which represents in us the soul. There is more and more awareness now that we are the souls and we have the bodies. It is

no more a feeling that we are the bodies and have a soul inside. That is an ignorant understanding, meaning, we have overcome that ignorance and have gone through an initiation, where humanity in a significant section knows that we are the souls and we carry the bodies.

There is a significant portion of the humanity who experiences the soul consciousness. And there is a section of humanity who experiences that they are the bodies. And there is another section of humanity who are in between. That is also another triangular way of functioning of the humanity. A section of humanity is functioning as soul, and another section of humanity is functioning as the body. Much time and energy they spend thinking that they are the bodies. It is a state of the driver identifying with the vehicle and having lost his own identity as the driver of the vehicle. And there is a state in between the two, where we find a major section of humanity who thinks that they are the mind.

*This text is not proofread by the author and might have some mistakes.*



Master EK

Vishnu Purana  
Chapter XXIV



## The Spheres of the Earth 5

In Jambu Dvipa, the standard tree pattern is Jambu (Jambolinum). It forms the biggest of all tree patterns on that island.

In Plaksha Island, the standard is the Plaksha tree (Borasus). There the Lord conducts the rituals of creation with the four classes of beings, beginning with Aryakas. The creator of the planes on that island is Lord Vishnu, functioning in the form of Soma.

Vishnu is the Lord of pervasion and he is present in all. Soma is Lord Siva who is inseparable from his wife Uma. It means that the Lord exists as a double principle, consciousness and concept. In the astrological symbolism of the Vedic Seers, Soma is represented by Neptune. In one aspect he is Indra. In the higher aspect he is Soma, the Lord of Music. Soma is described as the greatest of all Gandharvas, the musical beings. He governs pulsation, which includes the expansion and the contraction of infinity into a double infinity. Under his rule the eternal comes down as the periodical pulsation. He makes the globe of space which floats on the surface of the ebb and tide of the infinite and the finite. Each pulsation constructs as its counterparts, the Space Globe and the Galaxy that germinate as the seeds of planets and the planetary creation during their respective seasons, which cover millions and millions of our solar years. The same Soma visits every one of us to bless us with our span, which is nothing but the totality of the pulsations of our heartbeat and respiration. When we begin to live, the same Soma teaches us music through impression in the form of rhythm and pitch.

## The Science of Man

Dr. K. Parvathi Kumar  
First Young Group Life Teaching, Part 70  
August 2001, Visakh

### A Story

There was a priest in charge of a church. The church was by the side of the river, and there was a sizable town around the place. Once there was a very heavy rain, the river was in floods. Slowly the waters started inundating the village. The villagers thought that they should vacate the village and go to some other place. They prepared boats and loaded the essential goods. They have also asked the priest to join them because the village was no more safe. But he said, "No, I will not, Christ will come and save you. (Similar stories exist in every religion. Don't think, I'm only speaking of a Christian priest.

The people pleaded, "Please come, otherwise you get drowned." He refused. So, the villagers left. They took to a distant hill, and from there they were seeing the village and how the water levels were coming up. They felt compassion for the priest. Five of them took to the boat again, and in spite of very heavy currents, they reached the church. The church was up to the ground floor filled with water. The priest was on the church. So the villagers requested, "Now that you can't live in the church, please come, otherwise you will lose your life." He said, "No, Christ will come and save me."

So they went away. The waters were rising in level and the priest was climbing up to the top of the church. The villagers saw that the whole village and the church were inundated, and the priest was standing on top of the peak of the church.

In the meanwhile, a rescue helicopter came. They supplied some provisions to the villagers on the hill. Then they informed the rescue team that there is a priest who is in great danger at the village. The rescue team, with the helicopter, went up to the top of the church. They wanted to rescue him, but he refused. He said, "The Christ will come and rescue me."

The rescue team also left. Eventually the priest drowned and died. In the other world, the priest found himself amidst the predeceased ones. He thus knew that he was dead, and he was very angry on the Christ, because the Bible says: "Jesus Christ saves." The priest also organized so many people to write on the walls of their village: "Jesus saves, Jesus saves."

In fact, he converted many into the faith of Jesus. But he was not saved by Jesus. That was his problem. So he was criticizing Christ. Suddenly a big Light appeared and the Light spoke: "You are a fool of a priest, I came three times to rescue you: once in the form of a group of villagers, a second time in the form of five persons, and I even arranged a helicopter to help you. You refused my help three times. And you say that I don't help. There can be no more stupid one than you."

*This text is not proofread by the author and might have some mistakes.*



Paracelsus

Health and Healing

The Inner Healer

Ancient wisdom reminds 'Make your inner healer your friend'. It also says 'Command yourself to be healthy'.

Beyond all medicinal remedies, beyond the right nutrition, beyond magnetism, and beyond Prana everyone has a healer within himself. One should know how to summon him. The people in the antiquity knew it.

The ability to heal oneself must be developed from early childhood. Self-healing can take place if one's life is tuned to nature. The ancients believed in relating to the Sacred Word OM to tune-in to nature. OM is the Sound Key by which one can summon one's background consciousness. Conscious utterance of OM harmonizes the whole system, if one knows how to relate to OM. Sitting in a posture where the back is erect and head is in alignment with the back, a conscious utterance of OM, attuning to its upward movement up to the brow centre and beyond, when practiced, the inner healer awakens to respond.

As the inner healer awakens, harmony percolates from super mundane to mundane levels in the utterer, for this reason uttering OM for seven times is recommended. It can even be multiples of seven. The utterance needs to be 'intentful', slow, soft, uniform and deep. It's a practice by itself. Having thus uttered, the resounding vibrations within the system are heard. Depending upon the measure of one's accomplishment in this regard restoration of health becomes possible. Instead of demanding a miracle for cure adopting to this practice enables healing, preventing sicknesses. The lazy waits for a miracle holding onto trust while an occultist works

it out in trust methodically.

“Friends command yourself to be healthy making your inner healer your friend”

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)

## Children's Section

### On Service

**THE CHIEF LAW OF NATURE IS CONTINUITY.  
THE SERVER SHOULD ENSURE CONTINUITY OF SERVICE  
– EVEN AFTER HIS DEMISE.**

#### Panchatantra Stories

#### 25. The Little Mice and the Big Elephant

Once upon a time a village was devastated by a strong earthquake. Damaged houses and roads could be seen everywhere. The village was, as a matter of fact, in a total ruin. The villagers had abandoned their houses and had settled in a nearby village. Finding the place totally devoid of residents, the mice began to live in the ruined houses. Soon their number grew into thousands and millions.

There was also a big lake situated near the ruined village. A herd of elephants used to visit the lake for drinking water. The herd had no other way but to pass through the ruins of the village to reach the lake. While on their way, the elephants trampled hundreds of mice daily under their heavy feet. This made all the mice very sad. Many of them were killed while a large number of them were maimed.

In order to find a solution to this problem, the mice held a meeting. In the meeting, it was decided that a request should be made to the king of elephants to this effect. The king of mice met the king of elephants and said to him, "Your Majesty, we live in the ruins of the village, but every-time your herd crosses the village, thousands of my subjects get trampled under the massive feet of your herd. Kindly change your route. If you do so, we promise to help you in the hour of your need."

Hearing this the king of elephants laughed. "You rats are so tiny to be of any help to giants like us. But in any case, we would do a favour to all of you by changing our route to reach the lake and to make you more safe."

The king of mice thanked the king elephant and returned home.

After some time, the king of a nearby kingdom thought of increasing the number of elephants in his army. He ordered his soldiers to catch more elephants for this purpose.

The king's soldiers saw this herd and put a strong net around the elephants. The elephants got trapped. They struggled hard to free themselves, but in vain.

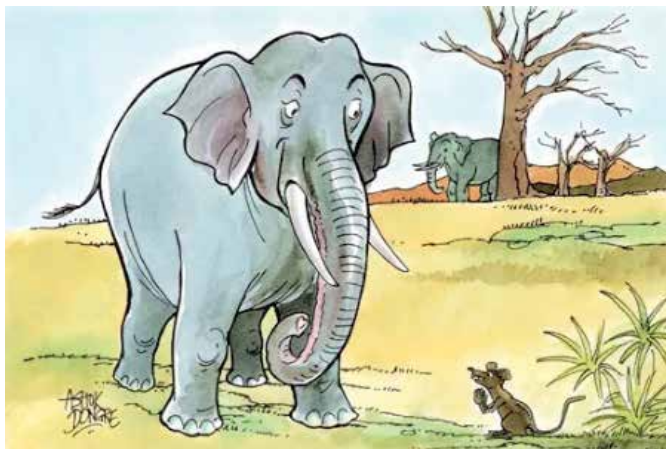
Suddenly, the king of elephants recollected the promise of the king of mice, who had earlier talked about helping the elephants when needed. So he trumpeted loudly to call the king of mice. The king of mice hearing the voice of the king of elephants immediately rushed along with his followers to rescue the herd. There he found the elephants trapped in a thick net. The mice set themselves on the task. They bit off the thick net at thousands of spots making it loose. The elephants broke the loose net and freed themselves.

They thanked the mice for their great help and extended their hands of friendship to them forever.

The wise say that

“Sometimes a weak looking person may prove stronger than others”

*This text is not proofread by the author and might have some mistakes.*



## Stories for Young People

### 10. The Secret of Mind Power

Thought power is known all over the world. One day a swami wanted to demonstrate this to his disciple. He sent him to the court to find a person who was persecuted unjustly. So the disciple inquired the lawyers and they told him of such a case.

When the disciple went back, the Swami said: "Okay, this man will be acquitted, and I will now tell you word for word the judgment that will be handed down." He dictated the judgment although he was not a lawyer. He said: "I have made three mistakes purposefully. The judgement will be exactly like my dictation, and it will also have these three mistakes."

When the judgment was later handed down, every word, comma, and period was exactly the same as what had been dictated to the disciple. The mistakes were also there. The dictation perfectly matched the judgment.

The disciple admired his master, but the master said: "I am demonstrating this so that you can understand how a man can influence the mind of another from any part of the world if it is for a good reason. Helping others is possible from a distance." The disciple asked his master for the secret of this power. The master said: "I will give you the secret but you won't want to practice it." The disciple was eager to learn the method, but later he neglected the practice because it was time-consuming.

Told by Swami Rama: "Living with the Himalayan Masters". 1978. Pennsylvania.

Compiled and quoted by B.K.



WINDOW TO WORLD SERVICE  
NEWS & ACTIVITIES  
(Inputs welcome)

United States of America  
Individuals working within the National Group

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**Activities (1):**

As I write I am completing eight years in the Seattle area and at Bastyr University where I am a professor of Counseling and Health Psychology. Bastyr is the largest Naturopathic College in America with programs in Psychology; Naturopathic Medicine; Oriental Medicine; Herbal Sciences; Homeopathy; Nutrition; and Aryveda. It has been my great pleasure to be able to teach a variety of courses in these programs that include Psychosynthesis and aspects of the ancient wisdom.

In addition to the teaching at Bastyr I have established a strong relationship with the Seattle Theosophical Society, one of the oldest and largest in the USA. In the past year I have done public lectures on "The Plan and the Purpose," "The Energy and Avatar of Synthesis," "The Seventh Ray: Revealer of the New Age," and "Thoughts, Thinking and Thoughtforms." I am also pleased to say that we now have two new students of the WTT in the Seattle area.

As I conclude these eight years I am most grateful for this opportunity to serve and looking forward to the next life destination and service.

## Picture to the Month of Aquarius

### Aquarius - The Flow of Spiritual Light



Every year during the month of Aquarius the Heavenly Man showers down the flow of the spiritual light from his pot. You remember that the man with a pot pouring down water to sprinkle the drops of Spiritual Wisdom upon the evolving souls of this earth is the symbol of the sign Aquarius. Let us meditate upon THE ONE MAN who has descended into the forms of the many human beings busy through the work of their evolutionary journey. Let us read his message and try to follow it by realizing the spirit of universal life and impersonal work through centuries, races, nations, ages and stages. May the Man in Heavens bless us all.

*Dr. Ekkirala Krishnamacharya: Full Moon Meditations*

## Book Review

### Messages



Master E.K.'s life has been his message to those who observed with keen eye. His message was given to those who wished to follow him. The message contains the keys to socio-spiritual living in the contemporary world. The messages printed herein give the necessary clues to those who intend to experience the harvest of their life. May The Master bless and guide those who would attempt to live by the instructions given. May the Master give His presence to the readers.

*Ekkirala Krishnamacharya: Messages*

*Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*

### The Teachings of Master Koot Hoomi, Vol. 2



A good teacher deploys people into work and those who are consistent in the work are given teachings. Giving teachings to those who do not apply the wisdom in their daily work causes constipation and congestion in the minds of the students. For this reason, in Yoga, rhythmic action stands prior to imparting of knowledge. The inclination to receive the teachings and thereby the presence of the Teacher, has to be cultivated by the student. A cultured student receives well from the Teacher. The book "The Teachings of Master Koot Hoomi" Vol. 2 contains instructions of Master Koot Hoomi, which have been propounded by Dr. K. Parvathi Kumar in the Vaisakh News Letters.

*K. Parvathi Kumar :The Teachings of Master Koot Hoomi, Vol. 2*

PDF:[http://worldteachertrust.org/\\_media/pdf/en/teachings\\_of\\_master\\_koot\\_hoomi\\_2.pdf](http://worldteachertrust.org/_media/pdf/en/teachings_of_master_koot_hoomi_2.pdf)

## Astrological Important Days in January/February 2019

20.01.	09:49	Phase of full moon starts	☉ 00°00'≈ / ♃ 18°00' ☾
☉		<i>Downpour of Aquarian Energy via the third eye into all the centres of the body</i>	
	09:59	☉ → ≈ / <b>Sun enters Aquarius</b>	
		☉ in ≈ – Every Sunday ( <b>20.01., 27.01., 03.02., 10.02., 17.02.</b> ): <i>Invocation of Aquarian Energy via Master CVV</i>	
21.01.	06:16	☉ <b>Full moon of Aquarius</b> (lunar eclipse)	☉ 00°52'≈ / ♃ 00°52' ♈
27.01.	10:32	♁ 8 <sup>th</sup> phase of descending moon starts	☉ 07°08'≈ / ♃ 01°08' ♎
☉		<i>Contemplation upon Master CVV</i> (End 28.01. at 09:59)	
30.01.	11:03	11 <sup>th</sup> phase of descending moon starts	☉ 10°13'≈ / ♃ 10°13' ♎
♀		<i>Contemplation upon the Third Eye</i> (End 31.01. at 12:32)	
03.02.	19:22	Phase of new moon starts	☉ 14°38' ≈ / ♃ 02°38' ≈
☉		<b>New moon point of Aquarius:</b> <i>Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri;</i> <i>Contemplation upon 'The Pledge'</i>	
04.02.	22:03	♁ New moon of Aquarius	☉ 15°45'≈ / ♃ 15°45' ≈
05.02.	01:31	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	♃ 17°27' ≈
♂	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 06.02. at 04:38)	
12.02.	11:24	♁ 8 <sup>th</sup> phase of ascending moon starts	☉ 23°24' ≈ / ♃ 17°24' ♎
♂		(End 13.02. at 11:16)	
15.02.	08:48	11 <sup>th</sup> phase of ascending moon starts	☉ 26°20'≈ / ♃ 26°20' ♎
♀		<i>Contemplation upon the Third Eye</i> (End 16.02. at 06:32)	
18.02.	20:41	Phase of full moon starts	☉ 29°52'≈ / ♃ 17°52' ♎
♃		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
19.02.	00:04	☉ → ♃ / <b>Sun enters Pisces</b>	
♂	16:53	☉ <b>Full moon of Pisces</b>	☉ 00°42'♃ / ♃ 00°42' ♎
26.02.	00:17	♁ 8 <sup>th</sup> phase of descending moon starts	☉ 07°03'♃ / ♃ 01°03' ♎
♂		(End 27.02. at 00:51)	
01.03.	04:09	11 <sup>th</sup> phase of descending moon starts	☉ 10°14'♃ / ♃ 10°14' ♎
♀		<i>Contemplation upon the healing energies</i> (End 02.03. at 06:34)	
04.03.	07:40	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	♃ 17°27' ≈
♃	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 05.03. at 10:47)	
05.03.	14:37	Phase of new moon starts	☉ 14°41' ♃ / ♃ 02°41' ♃
♂		<b>New moon point of Pisces:</b> <i>Contemplation upon 'The Pledge'</i>	
06.03.	17:04	♁ New moon of Pisces	☉ 15°47'♃ / ♃ 15°47' ♃
11.03.		1940: Master MN left his physical body	
13.03.	23:53	♁ 8 <sup>th</sup> phase of ascending moon starts	☉ 23°04' ♃ / ♃ 17°04' ♎
♀		(End 14.03. at 22:51)	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2018/2019«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.



OH LORD AGNI!  
WE PRAY THAT WE MAY BE LEAD  
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),  
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.  
LEAD US, GUIDE US AND ENSURE THAT  
ALL OUR KARMA IS BURNT ON THE WAY  
AND THAT WE TEND TO BE THE LIGHTED BEINGS  
IN THE ETERNAL KINGDOM OF LIGHT  
TO SERVE IN JOY!

ISA VASYA