Vaisakh News Letter



HAMSA SIVA SOHAM



Aquarius 2020 Kumbha

Letter No. 10 / Cycle 33 — 20th January until 19th February 2020
The World Teacher Trust - Global



May the Light in me be the light before me May I learn to see it in all. May the sound I utter reveal the light in me May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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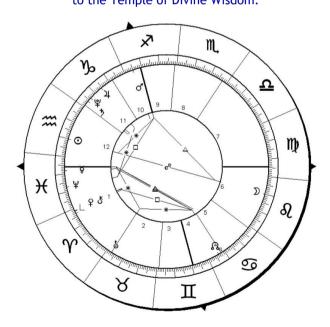
Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the Year 2019-2020

A Clean Life An Open Mind A Pure Heart An Eager Intellect An Unveiled Spiritual Perception A Brotherliness for One's Co-Disciple A Readiness to Give and Receive Advice and Instruction A Loval Sense of Duty to the Teacher A Willing Obedience to the Behests of Truth A Courageous Endurance of Personal Injustice A Brave Declaration of Principles A Valiant Defence of Those who are Unjustly Attacked A Constant Eye to the Ideal of Human Progression and Perfection which the Secret Science depicts These are the Golden Stairs up the steps of which the learner may climb to the Temple of Divine Wisdom.



Full Moon of Aquarius, 9 February 2020, 08:33 h CET

Message of the Month of Aquarius

Aquarius, the 11th sun sign, is the sun sign of true friendship of bindless and boundless living, of love unconditional and of ever flowing life. Aquarius is the crown of man while its opposite sign Leo is the heart of man. The heart is self-conscious while the crown is all conscious. From individual consciousness to group consciousness, man is required to progress in this Aquarian age but man yet remains Piscean and Cancerian. Humanity as such is full of emotions and individual concretised concepts. The Aquarian age demands release from the bondage of concepts and free flow of energies in all directions. Aquarius demands a man should learn to BE and yet experience simultaneously all states of awareness. It is the sign of initiation. Before one reaches this state one has to grow through many valleys of experience of deep sorrow, depression, self-negation and final realization of the myth of personality.

The soul essentially is free and is an offspring of the universal soul. The two are represented by the two electrical lines ∞ . Man is expected to overcome self-consciousness to enable group consciousness. One for many is the rule of Aquarius while many for one is the rule of Leo.

Aquarius rules the bloodstream and its circulation. By means of blood, the life force is distributed to the entire human body. A liberated Aquarian dispenses spiritual life throughout the fourth kingdom in nature, the humanity. A true Aquarian distributes life and light and tends to be a planetary healer. As one overcomes the barriers of traditions, of castes, races, forms and names, one stands at the door of initiation which leads one beyond death.

A self-centred person, even if spiritual in his own ways, is seen from the Aquarian standpoint as a golden caged dove.





The Simplest Way of Detachment

Persons, properties, products, wealth, health, problems surround you. Your effort to detach from them is futile. Instead, see them as the Master, who exists in you and around you. It is the simplest way of detachment.



Utterances of Lord Krishna



Stand in my Light, Conduct your work. Do not attach to the results of the work, And even to the glamour of the work. Eventually you stand lighted. (3-30)

The one who stands in my Light And does what is to be done Remains unaffected Unless glamoured of oneself and one's work. (3-31)



Lord Maitreya

Maitreya Community

Mental Leprosy

Ignorance, laziness and inclination to sleep are the triple babies that prefer to be in a cradle. Abandon at once every one of the three. If you entertain the triple, it leads you to aversion towards all and even towards life. If the four are together, you can be infectious and contagious to the surroundings. We see this as mental leprosy, which is much more frightening than the physical one. Such mental lepers attract around them poisonous creatures such as scorpions, snakes and other poisonous insects.

The antidote to such deep sickness is to personally collect dry stacks, sticks and leaves as well, heap them up, set fire to them and look at the flames. If this is regularly done, the laziness, sleepiness, ignorance and aversion gradually die in forty days' time. Fire burns all that which is impure. Fire touches not the purest of the pure. Until you tend to be as pure as you can be, keep working with the fire regularly, periodically.

Master Morya Maruvu Maharshi

A Seeker is a Spiritual Scientist



Fanatics think that what they know is the Truth. They refuse to know the Truth as such. Truth is all-inclusive; nothing is excluded; it is a rounded-up state. All views are included to form the vision. To project a view as vision is but adamancy and fanaticism.

The truth-seeker is a true inquirer; he searches and researches. He digs deep; he is ever engaged like a scientist to invent the hidden Truth.

Scientists research about various dimensions of creation; the spiritual scientist researches upon man - the hidden side of man. Truly, man is unfathomable. This is because the Truth is unfathomable. The seeker of Truth, in his effort to fathom Truth, becomes Truth himself. There are so many researches on the planet; there should equally be a research upon the hidden and occult dimensions of man. Psychology and para-psychology are but the peripherals of the deeper, hidden Truth. Let contemplation and meditation be developed as a science to follow with the needed discipline.





 $\label{eq:Recollect Sambala, bow down to Lord Sanat Kumara,} and tread the path of Lord Maitreya, the World Teacher.$

The wish to live is but part of the Will. The Will intends to live in body since it has a purpose to fulfil. When men do not know the purpose of life, they entertain the ignorant idea of leaving the body. Leaving the body does not serve any purpose. Until the Will is fulfilled, leaving the body has no meaning. The Will feels fulfilled when the self is realized. The will of men should be purpose oriented. We command the Hierarchy, says Sanat Kumara, that they may guide the little wills of men. The Hierarchy knows the purpose of Life. Though they are fulfilled, they continue to be in life on Earth to help the humanity to find the Will and progress.

Sambala exists only to fulfil the lives of beings on Earth. Until the lives of beings are fulfilled, Sambala continuous to be. Even if this Earth completes its life, Sambala will manifest yet another Earth for continuity of purpose of fulfilling the lives of the beings. Sambala has seen more than one Earth globe. The age and antiquity of Sambala remains unknown. To be ever grateful to Sambala is but fundamental to every being on this Earth.

Message of Master E.K.

Stay Aligned



Stay aligned with Me. From Me, the rays of knowledge and the ability to act express to you to fulfil you in every way.

You are no different from Me, for, you emerged as My image.



Master CVV-Yoga

Aphorisms to Disciples 21

- 61. Once you are into my yoga, I continue to be with you; even after this incarnation. I continue to guide you into next incarnation and ensure that you are guided into my yoga. The relationship between you and me is forever. It does not terminate with a life. Life after life I ensure your progress.
- 62. Do not submit yourself to tension in any situation; tension is unworthy. Think of Me. The tension disappears. Heavens do not fall and Earth will not break. Why should tension prevail, when there is no true calamity? The mantra is, "Let things wait".
- 63. It is your responsibility to ensure the place of prayer to be of utmost purity and cleanliness. Your effort to keep it pure is the indicator of your eligibility to progress.

Vidura

Teachings of Wisdom



The wise draws wisdom from the Initiates, and treads a lighted way of life.

The ignorants use the Initiates otherwise, and hence cannot find the path of life and light.

PRACTICAL WISDOM

Belief in Existence is the only true belief. All other belief systems are fanciful.



Saraswathi

Suktam 4
The Ability to Assimilate 3

The worship of the deity of the Word is nothing but the regular venerative utterance of sacred sounds for long hours. There are people who fall asleep while listening to prolonged utterances of sacred sounds, because they reach the limit of their ability to assimilate. Therefore, the hymn says:

"May the flow of the Word whose speed and assimilation is immeasurable, preside over our wills and protect us through and through".

We seek the Word to gain adequate comprehension to preside over our will. The Universal Soul is the first emanation as the Word, and the individual souls are secondary emanations. The Word as the Universal Soul knows the Plan. It has emerged from the Source and is working out the Plan. Invoking the Word through regular, daily utterance of sacred sounds causes to tune up to the Universal Will so that it may preside over us. We become more conscious that we do not preside over our life as an individual unit. When the Will of the Father presides over us, we stand as mediums to enable the flow of the Will. Thus, the Plan is fulfilled. The work is fulfilled. Thus, the age old saying: "Father, Thy Will be done, not mine" needs to be understood.

The Creation is already willed. It was willed much before we came into existence. We have come to play our part in the Plan. We need to know this Plan and play our role. We need to play it well, play with knowledge, play with intent and with joy. Thus, the knowledge, the know-how relating to the creational plan is necessary before we start playing.

Srî Râmakrishna

The Lord and His Disciples



The Lord comes with His disciples as a Divine Incarnation. He takes a human body. And His disciples go back with Him.

A company of minstrels come into a house all on a sudden; they chant the name of the Lord and dance in joy! Having done that, they leave at once. They are as abrupt in going as they are in coming. And those who heard them knew them not.

PRACTICAL WISDOM

Wisdom lies in learning from others' failures.



On Secret Doctrine

The Tree of Knowledge

In the modern society magic is seen as charlatanry. But there are 800 millions on the face of the globe who believe in it to this day (1890). There are said to be 20 millions perfectly sane intelligent men and women who are members of a society which believes in magic. The whole ancient world with its Scholars and Philosophers, its Sages and Prophets believed in it. Where is a country in which magic was not practiced? Was it ever banished from any country? Magic is the science of sciences which was known and practiced from the remotest antiquity. The Mexicans had their initiates, their priests, hierophants and magicians. Of the two statues exhumed in the Pacific states, one represents a Mexican adept in the posture prescribed for the Hindu ascetic and the other an Aztec priestess in a head-gear which may be taken

from the head of an Indian goddess. The "Guatemalan medal" exhibits the "Tree of Knowledge" with its hundreds of eyes and ears, symbolical of seeing and hearing, encircled by a serpent of whispering into the ear of a sacred bird. medal gives an idea extraordinary refinement, intelligence and civilization and also of the magic art of the people whom the Spaniards conquered with brute force. Their pyramids are those of Egypt, built according to the same secret canon of proportion as those of Pharaohs,



and the Aztecs appeared to have derived their civilization and religion in more than one way from the same source as the Egyptians, the source being Indians. Among all these three people namely the Indians, the Egyptians and

the Aztecs, magic was cultivated to the highest degree. It was a natural philosophy. It should be noted that it was a natural philosophy but not super natural. It was so regarded by the ancients.

No true theosophist will ever deny the science of sciences, namely, Magic. The Secret Doctrine of the East contains the alpha and the omega of the Universal Science and in its text, with allegorical symbolism, conceals the keystones of all ancient and modern knowledge. In his lethal materiality, man lost every recollection, not only of his holy childhood, but also of his adolescence, when he was one of the Builders himself; when "the morning stars sang together and the sons of god shouted for joy", when they had laid the measures for the foundation of the earth.

Those who are still able to make room in their innermost selves for the Divine Ray and who accept the data of the secret sciences in good faith and humility would know well that it is in this Stone that remains buried the absolute in philosophy, which is the key to all those dark problems of life and death, some of which at any rate may find an explanation in these volumes (of Secret Doctrine).

The writer (Madam HPB) is vividly alive to the tremendous difficulties that present themselves in handling of such abstruse questions and all the dangers of the task. Insulting as it is to human nature to brand the truth with the name of imposture, nevertheless we see this done daily and accept it.



Saturn

Transformation

The Building of the Antahkarana 1

On the physical body, Saturn governs the skin, teeth, bones, nails and hair. To a disciple of the spiritual path, he plays a very major role. He does the major work for us. He, along with Mercury, governs the throat centre. On the higher levels of discipleship, the throat centre is the starting point for major initiations. Control over thought, word, deed, contentment, endurance, experience and sustained effort, make a man fit to get into the Path of Discipleship and build his Antahkarana. It results in alignment of outer man with the inner man, the subtle side of his existence. It causes occult comprehension, leading to realisation of Truth.

"What cannot be cured should be endured." Saturn teaches the ability to bear, to be tolerant, to work like him, that is, slow, deep and long standing. Once we are able to work in this fashion, we will gain the Antahkarana, built with Saturn and Mercury, functioning together. For a disciple, these are the two important planets. Mercury is the Lord of Speech, the Lord of Interaction and Saturn is the discipline relating to the behaviour. Thus, Saturn disciplines our speech, he disciplines our thought, our action, and only through such discipline the Antahkarana is built.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Discouragement

Do not permit yourself to be discouraged. It prevents you from achieving much and others suffer as a result. Discouragement is paramount due to the lowering of the physical vitality; the cure for this type of discouragement is rest and relaxation. Too great a capacity to see all the difficulties of some particular matter is another cause of discouragement. A third cause is our swinging towards that which we recognize as evil and undesirable. The cure for discouragement does not lie in cultivating a violent counter-emotion. It lies in the wise use of the mind and in a capacity to reason logically and to see the cause of conditions. It lies also in the appreciation of time as a solvent of all bars to achievement. Thus, poise will be attained.

There is no need for self-condemnation because of weaknesses and of failure, in which so many constantly live. All fall short at times. Painful emotions result in an intense physical activity, a violent seeking for solution or for solaces, a constant running hither and thither in search of peace. The wise devote their time and energy to making steady progress towards their goal instead of wasting it in worry and despair, doubt and regret. Self-depression is detriment to real progress. Forget the things which lie behind and press forward as the biblical injunction puts it.

A disciple



The Teacher

63. Chitkala paripurnam antara chitsamadhi nireekshanam

Awaits in the sleep-like state within the sphere of the splendours of consciousness

There is a sphere. That sphere is filled with chit kalas, meaning the splendours of consciousness. These splendours are explained as four or as sixteen or as sixty-four. They represent different gradations of illumination. Due to the difference in gradation the pure light of consciousness appears with a variety of colours and with the touch of soli-lunar brilliance. All is male-female, therefore all colours are male-female principles. Their gradation makes a variegated sphere of splendorous colours. A student would do well to visualize this sphere. This sphere is the lighted globe around which there are precipitates of different states of matter in eight layers.

This is the seers' visualization of the creation. It exists at macro and micro levels. Each human form represents the micro form of the macro, for it is a complete image of the macro. Within one's form one can visualize the eight states of matter prepared by the three qualities and the five elements, the pure consciousness and its sixty-four splendours.

Within the sphere of such a splendorous spherical form the Teacher stays in a sleep-like state, awaiting.

What for he awaits? He awaits to respond to every genuine call, staying attuned to the omnipresent.

(The students are well advised to read the description of Mani Dweepa to make a better understanding of the sphere of splendour.) Such a sublime being he is and yet he strives for the downtrodden.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Kapila

Sankya



The one who realises this Self, remains identified by the Self as I Am in all that is.

This creational process, the relation between Self, Nature and Force, the order of its manifestation and evolution and its series of expansion and contraction through Time, has an order. The knowledge of this order is called Sankhya.



Ashram Leaves

Verticals and Horizontals

The great bird brings down the seven rays from regions unknown to regions known.

In the web of creation, these seven (rays) form the verticals with the 12 (zodiacal signs) as the horizontals.

PRACTICAL WISDOM

When the seed disappears into the soil, the plant emerges.

Dissolve the seed of ego to let the future tree give fruit and flowers.



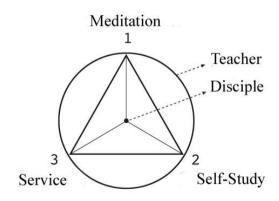
Lord Dattatreya

Bridging with the Teacher

Following

- 1. the contemplative and meditational technique given by the Sat Guru,
- 2. ensuring on a daily basis self-study, self-analysis, self-introspection and self-transformation,
- 3. moulding life into a life of service, coupled with translating the teachings of the teacher into daily actions,

would build the bridge between the teacher and the student. This is the Ancient Law. To such a one the presence of the Sat Guru is tangible, as tangible as food.



Fire

Detailed Explanation 6 V. Offerings to the Planetary Devas



OM ANGARAKAYA SWÂHÂ ANGARAKAYA IDAM NA MAMA Offering to the Lord of MARS.

ANGARAKA is the Lord of the Martian principle. He exists in us in the Lotus petals of the Sacral Centre. He is the Principle of Force in us.

OM BUDHAYA SWÂHÂ. BUDHAYA IDAM NA MAMA Offering to the Lord of MERCURY.

BUDHA is the planetary Lord of Mercury. He exists in us as the Principle of Discrimination. He is the higher mind that is the Solar Mind, while Moon is the Planetary Mind. He exists in us in the Throat Centre.

OM BRIHASPATAYE SWÂHÂ. BRIHASPATAYA IDAM NA MAMA Offering to the Lord of JUPITER.

BRIHASPATI is the Planetary Lord of Wisdom. He exists in us above the Ajna Centre. He is the Principle of Synthesis in us and in the Planetary system. He is the Principle of Expansion, Comprehension and Synthesis.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 14 Kakubhaya

Kakubhaya means the one that is the centre of the 10 directions (East, West, North, South; North-East, South-East, South-West, North-West; above and below). The 10 directions are set at poise with Rudra as the centre. He regulates the 10 directions being at the centre. He is the centre of every unit consciousness and enables its be-ness by keeping intact the forces that emerge from him into all 10 directions. 10 is the number of God in creation. The centre of 10 is God established in creation, who in turn establishes the creation. He builds the creation and lives in it, just as a man builds a house and lives in it.

Kakubhaya also means the beauty, the splendour and the power of creation. He is the pinnacle of the creation with its beauty, splendour and power.

It further means the scientific one. Rudra, being the cosmic First Ray, is scientific. His counterpart Vishnu is mystical, enchanting and charming. Shiva is the power of male, Vishnu is his beauty. In a way, they are inseparable. In creation, Shiva is the fore-runner as Rudra. In the path of return, he is the last one to be experienced.

Sanat Kumara

Be the Player and the Observer 1



Observe while you act, observe while you see, while you listen, while you eat, while you talk. This is how the daily life can be experimented to be the player and also to be an observer. This is a great facility in yoga. Lord Krishna speaks of it in the 5th chapter of Bhagavad Gita. Slowly as one learns this faculty he realises that there are two parts in him: one part is the being, the other part is doing. It is the being that is doing. When it is doing, the being is becoming the doer. It is not necessary that he completely becomes a doer. A part of him can be being, a part of him can be doing. Normally persons involve into doing and in that involvement become impassionate, and as a consequence the original state is forgotten. The original state of every person is Be-ness. According to the demands of life the Be-ness gets dynamic and starts acting. Imagine a watch dog. A watch dog is always observing. It is not in action. It rests on its four legs and watches. When there is an event to be responded to, it takes to action and again gets back after the action to be in the same restful posture. The humans do not come back to their restful state of Be-ness, until they are put to sleep by nature. The first step therefore is to watch, to observe, and to witness one's own actions. If this does not happen, they become their situations. They cease to be masters of the situations and become slaves of it, becoming restless.





From the Teacher's Pen **Ouestions and Answers**

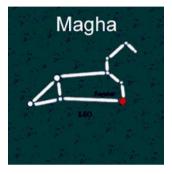
Time Cycles

Question: Dear Master, the cycles of time and the scheme of time cycles are ever alluring. Each time we gain a different understanding when we study. What is the way to settle our knowledge in relation to it?

Answer: Dear brother, it is not safe for students with limited vision to dogmatize about the questions on cycles. The law of cycles is a continuous ongoing activity, overlapping and superseding and even intermingling with each other. Let the knowledge relating to them unfold as you progress with discipleship. There are vaster cycles of time which are given in Secret Doctrine. The exact knowledge about the time cycles and races is known only to the adepts. While I do not discourage your engagement with the cycles of time, I caution you not to dogmatize. Keep learning.

The Wisdom of Nakshatras

Star 10: Magha - The Royal Star



The word Magha has many connotations; it stands for magus, magic, master, magnificent, magnanimous, mighty and mayor. The star Magha is the star associated with Pitris. Magha is concerned with honouring those that have come before them and upholding the traditions of the past. It symbolizes the throne room of ancestors. They uphold the legacy and leave the legacy behind for their children. They pass on

from their ancestors the rich tradition to the next generation. Since it falls within the first part of Leo, they are leonine in character. They are reflective and even intuitive and are not egocentric. They have a deep connection to the past and are very introspective.

Magha stands for magic and hence the natives of Magha are naturally attracted to astrology, psychology and other occult sciences. Their engagement with the past and the future is predominant. Therefore, they need to be attentive in the present.

Regulus is the brightest star in the constellation. This star is 100 times more luminous than our Sun. The Aquarian energies entered into our solar system through Regulus causing the needed transformations on our planet.

Though royal by the sign and the constellation, the natives of Magha like the idea of being supported and assisted.

The keen connection to past lives is due to the rulership of *Ketu* the South-Node. They are good with ceremonies and rituals. They try to upgrade and better the quality and possessions and jobs. They have an eye to improve upon what they are entrusted with.

Natives of Magha are poor in lending money. They lose through the activity of lending money. It is not a favourable activity for them. They would do well to relate to ancient knowledge, its study and research.

Another important and unique feature of Magha is that the new moon (Amavasya) is the best suited Tidhi (moon phase). This is the moon phase during which the Pitris cherish and the Magha natives can relate to them with greater ease. They get regenerated and renewed in their energies when they take to the rhythm of new moon more than the full moon.

The core quality of this constellation is nobility and achievement. The natives of Magha try to build life honourably following the ethical code of the society. They are generous, spiritually oriented, respectful of ancestors, good managers of people, and acceptable to co-workers.

The deity relating to this constellation is Ganesha. Daily worship of Ganesha is strongly recommended to the natives. The animal symbol is male rat which is but the servant of Ganesha. Number 10 is the ruling number and the lucky number is 7. The symbol of Magha is palanquin. The bird is male eagle while

the tree is banyan. They are inclined to be lazy if no work is around. They seem to be slow but they are timelv. The natives of star Magha increasingly shine the activities of philanthropy and charity. They shine well with



association with and guidance of a spiritual teacher.

According to Varaha Mihira, the natives of Magha have lots of wealth, many servants, and live a life of comfort. They are devoted to gods and ancestors. They are generally respected in society.

Magha constellation consists of seven stars. They are Regulus known as Alpha Leonis, Eta Leonis, Zeta Leonis, Mu, Epsilon Leonis, Lambda Leonis and Kappa Leonis. Magha is the king with six generals around. Since Magha is located in the Sun sign Leo and Leo being the own house of Sun, Sun shines forth in this constellation.

Like the Sun, the Magha natives stand dedicated, work hard and strive to satisfy all that are around them. They aim at shaping the present for the better with the help of the past. The natives of Magha are physically fit, and their body formation is good but they may suffer from problems related to spinal cord, spleen and heart. They are unflattering and outspoken. They are good social workers and have a clean intellect. Their behaviour with others is positive; they respect others and receive others' trust. They can be satirical and sometimes get emotional quickly. They are advised to look at the rising Sun in the morning on a daily basis.

The natives of Magha are attracted to material pleasures. They enjoy good

positions in the society; they should be cautious not to be proud. They can be over-confident. They work hard and are diligent. Business is not their strength. They should avoid being businessmen; instead they can turn out to be professionals and administrators. Their interaction with the colleagues is very polite. They would like to be independent.

The famous Magha personalities are Bhagwan Shri Ramana Maharshi, Shri Aurobindo, Swami Vivekananda, Satya Sai Baba, Swami Yogananda and Amruta Anandamayi Maa. The constellation is one of magic and many natives of Magha turn out to be magicians or divine musicians.



Uranus

The Alchemist of the Age

H

Service 1

It is said that the group is the Master in the Aquarian Age. Serving the group is considered as serving the Master. Serving the individual Master is the practice of the Piscean mind. Serving the Master, visualizing such Master as group consciousness is the practice of Aquarian mind. Thus, from the individual Master to the group Master there is widening of the concept of the Master. Eventually, the concept of the Master unfolds to the universal Master, who is called Jagad Guru. Universe is the universal form of The Master. A form in the universe is also a form of the Master. Correlating a form of the Master with the universal form of the Master is the key to Synthesis.

To serve the group is what is frequently read in books and listened to from teachers. The aspirants indulge in too much talk of serving the group. The more one talks the less one does. Mere talking out doesn't help. It is gossip. There are innumerable ways in which one can help a co-being. A sincere search to find the way through which one can help others would help him to progress. Selfish progress is not possible in occultism; self-salvation is a loophole on the path. That I should reach God before all of you, that I should make higher initiations earlier than you - is a loophole on the path. Initiations happen as much as you deeply get involved in serving others. The measure of light depends upon the measure of service you do to others.



Master FK

Vishnu Purana Chapter XXVI

Pradhana

This Mahat is surrounded by Pradhana, the basic nature which forms the clay of the inner existences. This Pradhana is endless and eternal. It is beyond number. Numbers exist only when entities begin to separate. Hence, its magnitude is beyond measure and the number of such units embedded in Pradhana are also beyond number.

This Pradhana forms the nature or cause of everything that begins to exist in it. In it, you can find thousands and ten thousands, crores and hundreds of crores of such units. Just as fire exists in fuel as the property of combustibility, all these Creative Units exist potentially in Pradhana. Thus say those who know the soul of everything. This Pradhana is the body of the One who lives in it. He is called Vishnu. In Pradhana, everything exists as itself and Himself as its Soul. All layers of existence lie surrounded by the power of Lord Vishnu, that Power which we call Pradhana. Since the Lord and Pradhana exist as One, but as Himself and His Nature, here is the origin of the differentiation which served as the cause of the whole Creation. This differentiation caused friction and the outcome is the Creation. Just as the gaseous state of gases in water keeps the state of water compact as droplets of water, so also the Power of Lord Vishnu keeps the world in existence as themselves by virtue of this differentiation. Just as the trunk of the tree is the origin of all the branching parts of the tree, and just as the seed is the origin of the trunk, so also Pradhana stands as the origin of the tree of the whole universe. Even in the expanded universe, it stands as the seed of the universe, just as the unfolded parts of a tree bear the seeds of the tree in them. From quality or property, the universe comes down into the state of substance and matter, and the whole thing is a downpour of causes and effects.



Paracelsus Health and Healing

Imperceptible Disease and Cure

In regard to health, there is an unknown dimension. It is generally not perceptible that mankind is dwelling in inter-crossing currents that are very harmful. There is a huge war of thoughts in the thought plane surrounding man, which is worse than the physical plane war. If one knows the dimension of the thought plane war, he would rather prefer the physical war. In the physical plane, war weapons approach from a known direction. One would at least know the direction from which weapons hit him. He can accordingly shield himself or counter it. But if the weapons come from unexpected, unknown directions from invisible enemies, how can one guard himself? A single enemy of any magnitude is far better to face than the innumerable, imperceptible enemies. Naturally people are unaware of this impending danger, but they constantly get affected by them.

Blood pressure, brain hemorrhages, the scourge of skin allergies, cancer and the sickness of tension and stress, such as diabetes and the sicknesses of depression are all due to the percolation of the warring forces of the thought plane into the human system.

The insulation against this imperceptible enemy can be developed through inculcating positivity of consciousness and through entertaining constant cheer and joy. Joy is a special wisdom. Even the wise many times are not joyful. Many wise people are otherwise engaged and are many times far away from joy. Very few know that joy is the best subtle medicine to counter the subtle enemies of health. It is really wise if one learns to be joyful. This is the first wisdom that is advised to be learned for health purpose and also for all purposes of life. A life that is lived in joy is worth beyond any measure.

Many wise teachers and healers of ancient times imparted joy to cure many incurable patients who could thereafter live in great self-confidence and performed well, arresting the domination of their sicknesses.

Dr K. Parvathi Kumar

Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar Group Life Teaching, Part 10 June 2018, Billerbeck, Germany

When Christ said, "I now rise and go to my Father in the heaven", with every exhalation, we should go upwards and be with the Cosmic Person. With inhalation, we should be able to descend from the Cosmic Person until the seat of the lion, which is called the diaphragm, staying there, conduct the activity in the surrounding and get back once again to the Cosmic Person.

The theme has to be held in us that we have all come down to earth to serve all that is on this earth. We have not come down to get stuck in it. Just like we have all come here to gain certain dimensions of ancient wisdom, and as the group life concludes, we know that we return. Likewise, every morning, we arrive into the local condition. When we are awakened from our sleep, we slowly localise ourselves. Sometimes, when we have a very deep sleep, in the morning when we wake up, we do not understand, where we are and why are we there, and after a few seconds we remember that we are in Billerbeck.

Normally after a distant travel, when we arrive, it takes a couple of seconds to recollect our localised state. Likewise, every day, we are localised in the morning, as we awake. We are not localised during our sleep hours. In the sleep hours, we are delocalised. We don't stay at Billerbeck, we don't stay at the Hotel Weissenburg, we are away from the body, we move in different worlds, we come back every morning to be here and then do what is to be done here.

We are all used in the game conducted by the Manu, the cosmic mind, whom we call Manu Vaiwaswata. We are here to perform our duties, but not to fulfil our desires. There is a great difference between the two. For those of us who have known that we are here to perform our duties, to such ones the nature cooperates and helps the ones to fulfil their duties, to discharge their duties.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Domestic demands, health and fear are the general impediments of the timid to enter the field of Service.

10. Stones and Plants

Alexander was born into a rich family who had been awarded the title of nobility for their merits. The father died early, but the mother gave her two sons, Alexander was the younger, the best education. The boy was interested in the origin and consequences of natural disasters. Alexander had the idea very early on that when rock formations changed and plant and animal species disappeared and were newly formed, rocks, flora and fauna of an area should be able to tell a bit about the history of the earth. It was still generally



believed that the earth was created in seven days by an old, wise man who was tired of this "work". This view corresponded to a misunderstanding of the creation story of the Bible.

In his youth, Alexander strived for all available knowledge of his time. He strained his growing body so that his health was weak. At the age of 20 he had his life plan clearly before him: he was working on a work on "the collected powers of plants (with the exclusion of healing powers), which - because of the many searches and the deep botanical knowledge - far exceeds my powers and to which I strive to unite several people with me." There were no books for his purpose. So, he made every area of the prescribed studies suitable to his interests.

At the age of 22, he studied "cameralism" (administration, with an emphasis on the economic aspect). He concentrated on mining. This allowed him to turn to mineralogy. As a student he had to work in the mine in the morning and he received lessons in the afternoon. After his exam he applied to the

"Halurgische Bergwerke" (salt mining). Six months after his employment he was appointed head of the mining office. Thus, as a young man, he had reached the highest civil servant position in his field of study. In the same year, he was accepted as a member of the German Academy of Natural Scientists. Alexander took his responsibility for the miners seriously. He founded schools (which he paid for himself), invented lamps to reduce the risk of underground gas explosions, and masks to protect workers' lungs.

He did not lose sight of his goal. He wanted to explore the unknown flora and fauna of South America. He tirelessly prepared himself for his expedition. He did not plan a voyage by ship, in which one left the ship only to roam a little on the coast, but a voyage over land - with river ships, long walks and climbing tours on mountain tops. After thorough preparation, the time had come around the turn of the 19th century. Alexander set off for South America with a friend. He started in Venezuela. He drew animals, collected plants and described the place where they were found. He was in Bolivia, Cuba, Colombia, Mexico, Ecuador, Peru. His journey lasted five years. He never became ill once. At the invitation of American President Jefferson, he concluded his trip with a visit to Washington. It took another 13 years and the help of the best scholars of his time to evaluate his collections and publish the results. He paid for all travel and publication expenses himself.

He was a gentleman, promoter of youth, a charming guest of parties and advisor to princes and kings, one of the most educated men of his time. All over America cities and rivers were named after him and children in South America learn in school: he is the man who "gave names to our stones and plants": Alexander von Humboldt (1769-1859).

Stories and quotes after Adolf Meyer-Abich: Alexander von Humboldt. Revised by Wolfgang Beck. Hamburg 1991.

Window to World Service News & Activities (Inputs welcome)

Argentina

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Activities, Part 4:

Sunchales Node: An exhibition with reproductions of paintings by Nicholas Roerich, in celebration of the International Day of Peace.

Salta Node: Participation in the construction of a mural on peace in the city of Santa Fe. Presentation of the Banner of Peace to the Professional Council of Economic Sciences of the city of Salta.

Pavón Node: Conducting a talk on Nonviolent Communication.

Nelson Node: Participation in the celebration of 18 years of the Martín Fierro Library in Nelson.

Recreation Node: Incorporation of the Peace Flag in all its activities.

Paraná Node: Organization of the Panel of Proposals: "Together Paraná towards 2030" within the framework of the II Conscious Food Festival of Paraná.

Puerto Rico Node: Commemoration of April 15 with the participation of children and the community of Puerto Rico in the Barrio Ángeles in the town of Utuado. Commemoration of September 21 at the Parque Lineal de Lomas Verdes, Bayamón.

Misiones Node: Presentation of the Banner of Peace in the act of celebration of the Anniversary of the Foundation of Ruiz de Montoya, headquarters of the Node Misiones. The Banner of Peace was adopted by the locality and has to accompany the Argentine Flag in all official acts.

Mexico Node: Celebration of the International Day of Peace in Teotihuacan, Mexico.

14) Agni yoga

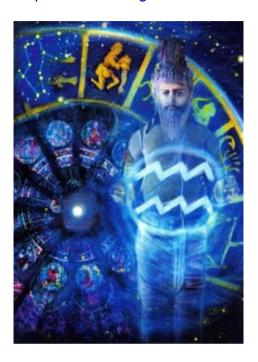
Study Group of the Agni Yoga Teachings.

This group was constituted on September 4, 2017. Its objective is the study of the Agni Yoga Books written by Helena Roerich. It comes as inspiration after the International Agni Yoga Seminar held in Santa Fe in August 2017 organized by the Grupo Litoral and the Casa de la Pax Cultura. We meet the first and third Monday of every month from 19 to 20hs in CUNA, France 2442. During 2018 we continued with the rhythm of the study meetings.

We read paragraphs on Enlightenment, Community and began reading the book Agni Yoga.

- 15) IV Coastline Group Conclave held on March 24, 2019.
- 16) Activities of the Paraná Litoral Group:
- Celebration of the Full and New Moons with study of Hercules. The man and his symbol of the Master KPK.
- Water ritual on the days of the New Moon at 7 p.m.
- Fire ritual all full moons, equinoxes and solstices at 6 am.
- School of Consciousness Expansion.

Picture to the Month of Aquarius Aquarius - The Magic of Creation



Let us meditate upon the glittering body of the Heavenly Man - Manu - in the sign of Aquarius and try to understand his message to the present mankind through the pictures of the constellation of Aquarius. Now we are running a minor period called "The Aquarian Age". Every year during this month of Aquarius the Heavenly Man showers down the flow of the spiritual light from his pot. You remember that the man with a pot pouring down water to sprinkle the drops of Spiritual Wisdom upon the evolving souls of this earth is the symbol of the sign Aquarius. Let us meditate upon THE ONE MAN who has descended into the forms of the many human beings busy through the work of their evolutionary journey. Let us read his message and try to follow it by realizing the spirit of universal life and impersonal work through centuries, races, nations, ages and stages. May the Man in Heavens bless us all.

Dr. Ekkirala Krishnamacharya: Full Moon Meditations

Book Review

Music of the Soul



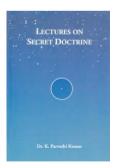
The main characters of this book, Maitreya, Maru, Devapi, are gathered from the Puranas and it is shown how they live through births and rebirths with the continuity of consciousness which enables them to have a continuous plan of their work. Their plan is called The Plan of the Masters and it has no other purpose except fulfilling the purpose of the World Teacher. Maitreya is known by the same name in the modern age; he is also known as the Christ. Maru of the Puranas is known as Morya, while Devapi is known as Koot Hoomi. Djwhal Khul, the Light of the present day, who is

also known as Master D.K. or the Tibetan, was trained into discipleship by Maru and Devapi through centuries. This book presents the facts that took place at the time of Lord Krishna, 5000 years ago; it also describes the trend of things that made Djwhal Khul a Master.

E. Krishnamacharya: Music of the Soul

Info: Kulapathi Book Trust, kulapathibooktrust@gmail.com

LECTURES ON SECRET DOCTRINE



Secret doctrine means a doctrine that is experienced, that is revealed in secrecy. The secrecy is within the heart of one's own being. What is secret is also sacred. Normally sacred things are kept secret. All that is secret need not be sacred, but all that is sacred is secret! The book "Lectures on Secret Doctrine" emphasizes: "If we go within, we understand The Secret Doctrine, otherwise not."

K. Parvathi Kumar: Lectures on Secret Doctrine

Info: The World Teacher Trust, info@worldteachertrust.org

PDF:

https://worldteachertrust.org/_media/pdf/en/lectures_on_secret_doctrine.pdf

Astrological Important Days in January/February 2020

20.01.	15:54	⊙ → æ / Sun enters Aquarius			
D		⊙ in ≈ – Every Sunday (26.01., 02.02., 09.02.,16.02): Invocation of Aquarian Energy via Master CVV			
23.01.	21:48	Phase of new moon starts	⊙ 03°18′ ≈ / D 21°18′ ⅓		
4		New moon point of Aquarius: Contemp	olation upon Mahâdeva, the		
		Lord Absolute, into whom all the worlds recede – Šiva Râtri;			
		Contemplation upon 'The Pledge'			
24.01.	22:42	New moon of Aquarius	⊙ 04°22′æ/⊅ 04°22′æ		
26.01.		23rd constellation Dhanishta starts	D 17°28′ ≈		
0	21:00	Dhanishta-Meditation (Dhanishta-constellation ends 27.01. at 02:19)			
01.02.	13:41	• 8 th phase of ascending moon starts	⊙ 12°07′ ≈ / D 06°07′ ठ		
ħ		(End 02.02. at 15:34)			
04.02.	17:20	11th phase of ascending moon starts	⊙ 15°18′≈/D 15°18′ X		
ď		Contemplation upon the Third Eye (End 05	5.02. at 17:01)		
06.02.		O Sun in constellation <i>Dhanishta</i> until 19.02.			
4		Daily meditation upon the receipt of Dha.	nishta energy		
08.02.	11:32	Phase of full moon starts	⊙ 19°07′ ≈ / 🕽 07°07′ ର		
ኒ		Downpour of Aquarian Energy via the third eye unto all the centres of			
		the body			
09.02.	08:33	O Full moon of Aquarius	O 20°00'æ/D 20°00' S		
15.02.	11:59	8 th phase of descending moon starts	⊙ 26°13′≈/D 20°13′¶		
ት		Contemplation upon Master CVV (End 16.1	02. at 10:44)		
18.02.	10:03	11th phase of descending moon starts	O 29°10′≈/D 29°10′ ⊀		
ď		Contemplation upon the Third Eye (End 19	0.02. at 10:32)		
19.02.	05:57	⊙ → H / Sun enters Pisces			
22.02.	06:50	23rd constellation Dhanishta starts	D 17°28′ ≈		
ħ	14:33	Phase of new moon starts	⊙ 03°23′ 升 / D 21°23′ ≈		
		New moon point of Pisces: Contemplation upon 'The Pledge'			
	21:00	Dhanishta-Meditation (Dhanishta-constellat			
23.02.		New moon of Pisces	O 04°29′H / D 04°29′ H		
02.03.	08:23	• 8th phase of ascending moon starts	⊙ 12°11′ H / D 06°11′ X		
D		(End 03.03. at 09:20)			
05.03.	08:49	11th phase of ascending moon starts	O 15°12′H / D 15°12′ S		
4		Contemplation upon the healing energies			
08.03.	22:34	Phase of full moon starts	⊙ 18°47′H / D 06°47′ MP		
0	e confessional (276)	Contemplation upon Mitra-Varuna, the no			
	18:47	O Full moon of Pisces	O 19°37′₩ / D 19°37′ 177		
11.03.		1940: Master MN left his physical body			

All times are in CET (Central European Time)/UTC + 1 (Universal Time Coordinated plus 1 hour); From: »Astrological Calendar 2019/2020«; www.worldteachertrust.org; Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother.

From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells.

From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms.

May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love.
Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK



Angustamaatraha Purusho, Madhya Atmani Thisthathi. Eeshano Bhootha Bhavyasya, Nathatho Vijugupsatey.

Meaning:

The thump sized miniature form is centrally placed in the person.

In the centre of the miniature form is the Master of the universe.

Relate to the resplendent thump sized being in you and to its centre.

It relieves you from the past and from the future.

Katha Upanishad