# Vaisakh News Letter



HAMSA SIVA SOHAM



## Aquarius 2021 Kumbha

Letter No. 10 / Cycle  $34-19^{th}$  January until  $18^{th}$  February 2021 The World Teacher Trust - Global



May I learn to see it in all.

May I learn to reveal the light in me

May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the Eternal Kingdom OM.

Master EK



#### **Contents**

Master E.K. • Invocation	
Prayer of the Year 2020-2021	
Message of the Month of Aquarius 🗯	6
Message of the Teacher	
Utterances of Lord Krishna	8
Lord Maitreya	8
Master Morya - Maruvu Maharshi	9
Master Koot Hoomi - Devapi Maharshi	10
Message of E.K	11
Message of Master C.V.V	12
Vidura Wisdom Teachings	13
Saraswathi	
Ashram - Regulations for Entry	15
On Secret Doctrine	16
Saturn	17
Discipleship	19
The Teacher/Sound/OM Namo Narayanaya	20
Mystic Mantrams/Fire/Rudra	21
Sanat Kumara	
From the Teacher's Pen	28
The Wisdom of Nakshatras	29
Agni	
Vishnu Sahasranama Master EK	34
Paracelsus - Health and Healing	37
Dimensions of Ancient Wisdom	40
Stories for Young People	42
Window to World Service	
Image of the Month	46
Book Review	47
Astrological Important Days	49
Master D.K - Great Invocation	50

Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

#### Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: wtt@kulapati. de, Spanish: WTT Argentina: wtt@wttargentina.org, WTT Spain: info@wttes.org; Brazilian Portuguese: brasil@worldteachertrust.org

## Prayer of the Year 2020-2021

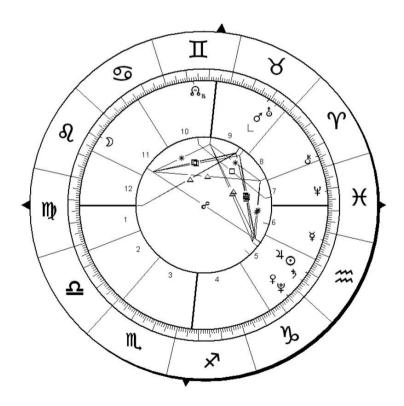
The bear is in the cranial cave.

The cub is in the lions cave.

The dog is in the kennel of the base.

Link up the three vertically and feel

the Light, the Love and the Will.



Full Moon of Aquarius, 28 January 2021, 08:16 pm CET

## Message of the Month of Aquarius 222

Sun's entry into Aquarius should enable man to transcend beyond all isms, doctrines, faiths, believes and superstitions. Aquarius demands that men rise to understand god as energy but not as a person - an energy that can manifest as the triple energy of will, knowledge and activity. Aquarius demands that we contemplate upon a nameless, formless, colourless, expansive energy. It is all beyond numbers, sounds and colours. It is neither nine nor one and it is not zero. It is called Purnam in Vedas. The Veda calls that energy as 'It or That'. The sign of Aquarius holds the colour between violet and deep-blue which can be realized only through initiation.

Aquarius is the space that exists in the cosmos and joins different atoms. In Aquarius, all planes of existence are synthesized. It is presided over by Narada, the cosmic teacher, to manifest as Music of the Soul.

The "third eye" in the spiritual student is built in the space of Aquarius which is located above the Ajna centre. It forms the higher bridge in Antahkarana. In an adept in whom the third eye is opened, the creative forces express and disappear. It is the centre for Mahat in cosmos from which all devas, seers and gurus emanate.

Today on the solar system, the energy of Aquarius is carried out as Uranian activity. Aquarius stands for simultaneous expressional manifestation. Group initiations happen directly in Aquarius, replacing the method of kindling candle after candle. Aquarius replaces or even dismisses with the labour of the past. It is electrical and lightning light. Space and time is gained in a split-second. In Aquarius, man can shed the luggage of his past and fly into the future. May the Sun's transit into Aquarius be related to time to time for sudden expansion of consciousness. The electric hint may happen through grace.



Message of the Teacher

My Heart Chamber

Meditation is the other name for My Heart Chamber. Those who meditate eventually enter My Heart, whose replica is in the meditator. Settling in the heart is settling in Me. I too settle in them.



## Utterances of Lord Krishna



Whoever relates to Me, in which ever manner I respond to them in the same manner I am friendly to the friendly, God to devotee Lover to the loving, frightening to the malicious. (4-11)

The devotees worship different devas, For different purposes. As the purposes fulfil They emerge with another set of purposes. (4-12)



Lord Maitreya
Maitreya Community
Beggars and Offerers

From the most developed nations to undeveloped nations, all seek wealth for comfort. From the most insignificant being to the most predominant being, all beings are occupied with the thought of acquiring and amassing. Seeking is at every level. Humanity is reduced to the state of a beggar through seeking. Seekers are beggars. Kings are givers and offerers. Even the devotee is wrongly taught to seek god. Seeking god is entering a loophole.

The scriptures, the prophets, the great initiates have all demonstrated offering themselves to the surrounding, which is twisted by kali. Offering disappeared and seeking is growing disproportionately to cause destruction.

The community of Maitreya has no seekers. It has members who offer all for the benefit of the planetary light.

# Master Morya Maruyu Maharshi

#### Do not Abuse the Freedom Given



Do not abuse the freedom given. God made man in his own image and likeness and gave him as much freedom as god has. Man should understand that freedom is a responsibility but not a privilege. Responsibility shall have to be attentively discharged. When not done so, the freedom disappears, and slavery emerges.

Humans are slaves of their desires, of their thoughts, of their habits, of their doctrines, of their faiths and of their bodies as such. They have become slaves since they long forgot the key to freedom. Freedom is only to those who are responsible. Those who are responsible are honoured by nature. Those who are not are imprisoned by nature which exists as their nature as well.

Humans cry of freedom and of liberty. Through loud crying and weeping, freedom does not come. Even if you set up statues of liberty at every road junction, the liberty remains in the sky. It is a paradox that even the lady liberty shows the flame to the sky and not to earth. Freedom is in overcoming all mundane dimensions. Seeking freedom is ignorance. Discharge responsibilities so that freedom follows like a shadow.



## Master Koot Hoomi Devâpi Maharshi

Sambala 33

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala too pray regularly during the twilight hours. The purpose is to invoke and bring down the Plan. Sanat Kumara leads the prayer. The invocations are spread all over the globe to restitute planetary health. The spirit of prayer of Sambala can be conceived as below:

"I stand alone in Light.

I uphold the torch of Light.

The bliss of Brahman is the Light in which I stand.

I assimilate the Plan that descends into Me and fills Me.

I transmit the Plan standing shoulder to shoulder with my colleague.

We make sure that the plan enters the four kingdoms on earth.

We spare no moment in our effort

to uplift the earth to the kings of beauty".

Message of Master E.K.

Counteract the Impact of Kali



The splinter groups that serve humanity at various levels on various parts of the globe, aggregate to effectively counteract the impact of Kali though not visible to the mundane eye. The Plan is thus worked out in a subtle manner. The disciple should know the subtle dimension to stand in Light.



Master CVV-Yoga

## Aphorisms to Disciples 33

- 92. How will this kali age transform into a golden age is cosmic secret. It cannot be comprehended by man. Even the best of the human brains is ignorant about it.
- 93. If you wish to know a dimension of knowledge. Seek from Me in prayer. I ensure that you would eventually know that dimension in any one or another manner. Sometimes it would be known through practical experience.
- 94. There are seven dimensions for you to study -
  - 1. The nature and the characteristics of human races.
  - 2. The truth and its dimensions of manifestation.
  - 3. The cosmo-genesis.
  - 4. The time cycles.
  - 5. The impact of planets and nakshatras on planet earth and on the beings of the planet.
  - 6. Number, sounds, seed sounds and mantras.
  - 7. The importance of the sound, the soundless sound and the Nada (the humming sound of creation).

#### Vidura

## Teachings of Wisdom



The palmist,
the thief turned into businessman,
the superstitious one, the doctor,
the enemy, the friend and the actor,
are not desirable witnesses
in a court of Law.

#### PRACTICAL WISDOM

An aspirant is required to recollect That in all surroundings without fail.

And when one looks to oneself, one should also recollect oneself as That.

This is the fundamental practice.



Saraswathi

Suktam 5
Self-Realisation 2

A concept is a veil of THAT, and the veils also come out of THAT, hence the veil is also divine. Everything that comes from the Divine is divine. Thus, matter is as divine as spirit. Each plane of Existence is divine. That is why Lord Krishna says: "Do not confuse others with your concept of God".

If someone has a simple concept of God, we do not have to impose books like the "Secret Doctrine" or "Treatise on Cosmic Fire" on him. His soul will gradually guide him to find the Ultimate. The statement of Lord Krishna is: "Do not disturb the simple minded". Let them make their progress. When we know a little, we cannot look down upon those who do not know that little. God exists, both, in the form of those who know and in the form of those who do not know!

We should not feel the pride of knowledge. We should rather identify with the Master Consciousness that flows through all names and forms. We belong to One Source and see the variety as beauty. Once we realize ourselves as the Word, we will know this. In relation to a given situation we can identify with THAT. Identity with THAT in all, dissolves all concepts.

## Ashram Regulations for Entry

## Application of the Key of Sound 3



#### Speeches bring forth noise, if made as:

- 1. gossip
- 2. manipulated speeches
- 3. critical speeches
- 4. speeches of malice
- 5. detrimental speeches
- 6. speeches of flattery
- 7. pleasant but untruthful speeches
- 8. misleading speeches
- 9. speeches with too many words, but with too little substance
- 10. judgmental speeches

Discipleship demands that the students avoid the habit of purposeless speaking as much as possible.

#### PRACTICAL WISDOM

Sharing is a principle,
conceding is a principle
and tolerance is a principle,
if you are to get into the Temple Work.



#### On Secret Doctrine

### Requirements for Occult Practices

One cannot just study and profit by Occult Science. One has to completely give up himself up to it. To practice the teachings of occult sciences one needs a very strong mind. One needs the needed inspiration which is but the grace that sustains him in the practices. Inspiration is an inward command which governs the personality. This is what is called "May the soul control the outer form and life". Inspiration is the means and also the strength by which the soul can easily overtake the personality frailties and bring in the needed chemistry by which the personality is infused by the soul. The practices enable a gradual command and control over the nature of personality which submits itself for the purposes of the soul.

Occult practices when fairly accomplished turn one to the capacity of being born as a natural magician. It requires a long training. It requires surrender to the practices. It strongly demands a pure dedication only to spiritual practices. It also demands besides inspiration, an unshakable belief in the power of the Deity within oneself.

Without such fidelity when persons carry out occult practices, they simply turn out to be irresponsible mediums, pseudo magicians confusing the crowds around.

Occultism also demands conviction that within the person God exists, and relating within is the only way to attune to the centre of God within. The God within is an immortal entity and is the initiator of the initiates. As long as man does not turn within to find the divinity, he only remains dogmatic, he enforces a religious god who is outside him and who is generally seen by these jokers as he is in human form.

## PRACTICAL WISDOM

When the mind is applied upon respiration regularly, mind gets absorbed into the beauty of happening of respiration and pulsation.

Mind is a doer.

Pulsation is a happening.





Saturn

The Path of Narayana

The Heart Lotus 3

Capricorn is the own house of Saturn. He cooperates with Capricornians. Now Saturn is in Capricorn. He will not do much harm to Capricornians or to those who have Moon in Capricorn, because he is at home in this sign. But in Sagittarius he played havoc, because Sagittarius is a fiery sign, and Saturn is an earthy planet. He does much rearrangement in Sagittarius and not so much in Capricorn. Even in Scorpio, Saturn doesn't cause much change, because these houses are the friendly houses of Saturn. The unfriendly houses for Saturn are the fiery signs. Saturn is a cold planet and Scorpio is a watery sign, so they go together, but Sagittarius is a fiery sign, so there is a lot of disagreement. People who have moon in Sagittarius will have suffered during the last 2 1/2 years. Those who have Moon in Capricorn do not suffer as much as those who have Moon in Sagittarius, because Capricorn is the own house of Saturn.

Normally, when Saturn passes over the birth-moon, he does a lot of readjustments in our personalities, because mind is the basis of all our functioning, and he restructures it. But when the birth-moon is in Capricorn, he will not affect so much, because generally Moon in Capricorn and transit Saturn in Capricorn agree with each other.

•

## Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

#### Glamour and Illusion 1

As we look out upon the world, we do so through our emotions and mind and have, therefore, to deal with glamour and illusion. The majority of people are unaware that these two states exist. They deify their glamour and regard their illusions as their prized and hard-won possessions - right and good and an unchangeable part of their daily life. Danger is to be found in the glamour and illusion in which all live, for through them we can be imprisoned, deluded, manipulated and destroyed. Response to the unreal and the unnecessary prevents one from concentrating on the realities of life and circumstances. We become side-tracked and wander down the by-lanes of life and miss that straight highway which will lead us to our goal. Freedom from these two blinders is a desperate necessity, for our future progress in every field depends upon it.

We surround all things with glamour and illusion habitually, automatically and unconsciously. Our quality determines the type to which we will succumb, or which we will create. By learning to distinguish the form they assume in our daily life, we will achieve release. We have to distinguish between the real and the illusory; we must know to what and to whom we are attached in such a way that it prevents clear vision. But difficulty arises because few people care to face the actual truth. It involves the ability to recognize error and to admit mistakes. This the false pride of the mind will not permit. Nothing can prevent the progress of those who have awakened from the glamour and illusion. They become more free and useful, and intelligence characterizes their life.

A disciple



The Teacher

75. Janma karma nivarakam

The neutralizer of birth and karma

Every birth has a cause. Birth is the effect. The purpose of birth is action. One intends to act to fulfil oneself. Until the fulfilment happens one keeps on taking to series of births and deaths. When one is born and did not realize that he is the unborn one, he proposes to be born again and again for he defines the purpose for each of the births and tries to follow. Many have purposes of life, few have the purpose of BE-ness. The ones who are engaged in the purposes of life, noble or ignoble, are in the modified states. But once one realizes that he is the unborn one and therefore does not die there are no more purposes. In that state it is only BE-ness or BEING. Emphasis is on BEING but not on doing. Such ones dissolve the programme of taking births for they know that they are eternal and unborn. Being so one relates to the surrounding nature through place and time, but having done with an event, retreats to BE, and does not sit in the triplicity of activity.

This knowledge is imparted to the advanced students by the Teacher. To such ones there is no more sense of achievement. They live in the sense of BE-ness and respond to the events in nature.

The beings propose to be born again and again until they have realised the truth of BE-ness; they continuously dabble in the purpose of life with the help of will. But even will is but a modification of BE-ness. This sublime knowledge is supplied by the Teacher.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Sound

## 1. Speak Truth, speak pleasantly

It is not only necessary that we speak truth, we should also be able to speak truth pleasantly. That is the skill in speaking. By speaking truth we cannot hurt people, because truth does not carry hurting as a function. That which we call truth is nothing but our point of view to start with. Our point of view is our truth at the beginning. It need not necessary be true, but we believe it to be true because it is the viewpoint we hold.

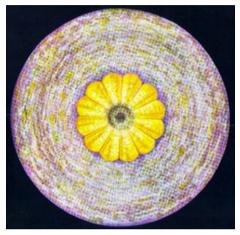
That which you think the truth when you are presenting it, you have to present it pleasantly. Just because it is the truth it cannot be presented in an unmannerly and painful way.

Again, there are people who are truthful but angry, truthful but irritable, truthful but flamboyant. How is it possible? Anger, irritation, flamboyancy are incompatible to truth.

Whenever a person is charged by these emotions, understand that what he holds is only a view point but not truth. A view point is a personal understanding arising out of one's own personality experience. It is different from truth. Totally different. Truth is truth. Viewpoints that disagree are fragments of truth, distortions of truth and they vary according to the zero error of the observer. Truth is comprehensive, all inclusive, never changing and pleasant at all times and at all places. When you have known Truth and speak it, it pleases. It does not hurt. In the name of truth many present vehemently their view points and they are emotional. But when the truth is presented, it is cool, soothing, comforting and spreads pleasantness all around. Speaking truth can therefore only be pleasant.

That is why the Scripture is very clear - to be pleasant and truthful-. They are kept together and are equals. That keeps us in good stead all the time. Anything less than that, keeps us in conflict and tension. This is the fundamental step for speech. That we only speak truth but we speak truth

pleasantly. The Sanskrit instruction is: SATYAM BRUYAT, PRYAM BRUYAT. Satyam Bruyat means: "speak truth", Pryam Bruyat: "speak pleasantly". Let not the pleasant aspect of speech be lost by presenting the truth.



C.V. Leadbeater: Crown Chakra

## **OM Namo Narayanaya**

#### Meaning 1

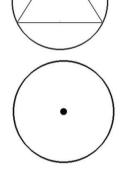


Na - Ra - Ya - Na are but the four syllables that constitute the four pillars of the temple called the universe. Four are the pillars, the Kumaras (the Evangels), that constitute the basis of all creational formation and existence. Existence as background, there is emergence of awareness. From awareness,

there is the spring up of thought. The thought translates itself into action to bring out a visible form. The creation is a threefold activity upon the background of Pure Existence. It is symbolically presented as a triangle within a circle.

Whenever awareness emerges from out of Existence, it develops a field of activity. This is seen as a centre with a circumference.

This very centre and circumference is but an emergence from the background which is infinite, undefinable and even incomprehensible. As the awareness springs up from the background, it develops a sphere of activity.



Therefore, upon the background, there is a circumference with a centre.



**Mystic Mantrams** 

Normal Temperament 2

#### (B) An obtuse angle or Tamo Guna temperament:

From that time onwards, the individual is left in this temperament. It is characterised by a sense of neglect, let loose and breaking of all convictions. He loosens all faith in himself, in others, in conviction and in people. All the virtues in the world are only false suppositions to him. Love is a weakness and intelligence is a mechanical activity. Family and State, arrangements and government are all fool's play to him. In the astrological language, this Saturnian temperament should be broken by the radioactive ray of Uranus. The stunning effect of the radioactive ray changes the core of this temperament up to the densest levels of the mind. The caution and discrimination of Gemini and the weights and measures of Libra are blasted and remoulded by the Ray of Aquarius. The angle between the obtuse and acute angles is the geometrical normal as is rightly called Right Angle. On the plane mirror of mind, the ray of incidence is exactly retraced by the ray of reflection only when it traces the normal. The course of incidents that reach the mind of such a man are allowed to reflect in the same course. The thoughts and actions of other people are understood by him instead of being tackled. He never reacts to the actions of others. He allows others to know their actions and form their reactions. Such a temperament is objectively passive and subjectively active. Such a temperament is purely human and not at all individual. Such a temperament is found after 'Nil None Naught Levels', and this is termed as NORMAL TEMPERAMENT.

Fire

Detailed Explanation 14 VI. Offerings to the Cosmic Devas 10



OM PRATHYAM GIRAYA SWÂHÂ
Offering to the principle of Boomerang.

PRATHYAM GIRA is the Cosmic Karmic Principle. As you sow, so you reap. Whatever one gets is solely due to whatever one did. The principle of Karma brings back and gives the experience of one's own speech and actions through time. If anyone does acts of ill-will to you it protects in so far as you do not reciprocate such act.

OM GURU DEVAYA SWÂHÂ
Offering to the Master (the teacher).

The teacher principle is one in the creation. It exists in every teacher that guides the souls to Truth.

AGNAYE SWÂHÂ, AGNAYA IDAM NA MAMA (To be uttered 7 times)

LOKA SAMASTHA SUKHINO BHAVANTU (To be uttered 3 times.)

OM SÂNTHI, SÂNTHIHI



# Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 26 Drapa

Drapa means the killer of the diabolics. The Lord mercilessly destroys the diabolics when evoked. Among the diabolics, those who are blocking the Plan are only destroyed.

#### PRACTICAL WISDOM

Co-existence is not possible unless we share, unless we share others' views, unless we respect each other's likes and dislikes, and unless we share at all levels - at the physical, emotional, mental and intellectual levels.

#### Sanat Kumara

#### One More Aspect of the Teacher



The Teacher is the forerunner. At all times the Teacher is ahead to ensure safety to the student on the path. The Teacher is former and the student is later at all times. The Teacher clears the path and the student follows it with much ease. The student cannot follow the Teacher, if he discontinues the practice of teaching given by the Teacher. The student can stand aligned with the Teacher only when the student follows the teaching in the daily routine. Know that the sole link between the Teacher and the student is the teaching. When the student overlooks the teaching, he cannot stay aligned, he cannot follow the path. Such is the significance of the teaching of the Teacher. When we follow the teaching of Lord Sanat Kumara, the Lord gets oriented to us. When we disconnect with the teaching, we lose his orientation towards us. Know that the teaching is the cord that keeps you in eternal link with the Teacher. You cannot follow the Teacher without following his teaching, and there is no teaching without the Teacher. The student would do well to serve the Teacher and the teaching. This would enable him to realise the purpose of life without too many hurdles on the way.



## From the Teacher's Pen Ouestions and Answers

Criticism

Question: Dear Master, the civilized community is more and more inclined to criticize and to judge. The saints say "Judge Not". what should be our approach to criticism?

#### Answer: Dear friend,

- 1. Non criticism is an essential requirement. Criticism is but a mental block.
- 2. Never be sure that you are right. Be open to others views.
- 3. Distinguish fact from criticism. Recognizing and speaking facts is essential.
- 4. Criticism is to be known as poison.
- 5. Distinguish criticism from analysis, discrimination and differentiation.

  These are mental abilities while criticism is a mental debility.

#### The Wisdom of Nakshatras

#### Star 22: Shravana



Shravana means "to listen", it is the constellation of Learning and Listening. The natives of Shravana are good learners. They can learn not only the worldly education but also the scriptural wisdom. The ruling planet for Shravana is Jupiter, while the deity is Vishnu, the Second Logos. The natives of Shravana are good helpers. They are successful people. They are medium in height, and have

slender body. This constellation is given great importance in the Vedic astrology due to its ability to listen. Shravana is also the birth constellation of the goddess Saraswati and hence it is considered to be a repository of knowledge and education. The natives of Shravana have good power of speech and proficiency in education. They are very responsible people and are sincere in discharging their duties. They are reliable and dependable. They are trustworthy.

The natives of this constellation confront secret enemies who work from behind. The native of the Shravana nakshatra is soft-spoken and methodical in his work. He has his set of values in life and likes to conform to them always. One of those values is maintaining neatness and cleanliness in his surroundings. He is compassionate and likes to help those who are in need. He does not expect anything from those whom he helps, but on the contrary usually gets only deceit in return for his good deeds. The native is also conscious about the food that he eats. He is a believer in God and his guru (spiritual teacher). He will face many ups and downs in his life and will tend to settle in the mid level. He is mentally mature and loves to learn new things all the time.

The ears represent Shravana in the body as also the lower belly. The symbol of this constellation is the trident. The power of this constellation is communication and connectivity. Parvathi is the female deity of this constellation. The number is 22, while number 2 is the favourable number. The

colour is blue. The element is air and the bird is the francolin. The animal is

the female monkey, and the tree is the white calotropis.

The health of the male native of this constellation could suffer from ear troubles, skin diseases, respiratory and digestive system troubles.

The female native of Shravana nakshatra has a charitable nature. This native is also



very religious and undertakes many pilgrimages. She has compassion and generosity, but likes to show them off. She will ensure that people around her know of her charitable works and the funds she has donated. She is very talkative, and cannot hide anything, especially from her husband.

The female native of the Shravana nakshatra makes her family happy. This native seeks perfection in everything she does and expects the same from everyone else. She has to understand that it is not possible for everyone to be as perfect as her. However, she does not apply this perfectionist attitude to her husband, on whom she showers a lot of love and care, and who, to her, is a real gentleman.

Shravana is called the nakshatra of Hari, the Second Logos. The natives of Shravana can be good messengers, interpreters, community advocates, counsellors, psychiatrists and public relation officers.

Shravana natives are charitable and benevolent and are sensitive to criticism.

They are kind-hearted and philanthropists. They maintain neatness in every work. They help the surroundings as far as possible. They are fond of delicious food and they look for chaste food. They are fair-complexioned and hold good health. They respect traditions and they like to travel. The elephant with big ears is also a symbol of Shravana.





Uranus
The Alchemist of the Age

Number 2

Apart from this, the numbers that are related to Aquarius and Uranus are 4, 7 and 11. Aquarius is the 4th sign of the fixed signs and is also called the spiritual sign. It represents the 4th state of Be-ness. Be-ness is its natural state from which all emerges. For this reason, the number attributed is 4.

Number 11 is also considered as the number of Uranus and Aquarius, for number 11 is the number of the Master. It may be noted that Aquarius is the 11<sup>th</sup> sun sign. Master consciousness is the consciousness that forms the basis for all that is in creation. This consciousness is consciousness of 'Is' and 'Is Not'. Such Master consciousness is considered by the science of numerology as consciousness of 11.

Number 7 also becomes relevant due to the fact that Uranus functions with the periodicity of 7, for the simple reason that every 7 years he transits a zodiacal sign and completes the zodiacal circle in 84 years. 7 is the periodicity relating to Uranus by which he touches the 7 planes and the 7 sub-planes of the matter. When he touches the 7<sup>th</sup> sub-plane on the 7<sup>th</sup> plane, he transmutes the grossest matter and brings out transparency. The depths are reached and transformed through 7, which is a profound work.

Be aware of the symbol, the sound, the colour and the number relating to Uranus, the ruler of Aquarius. This awareness helps stimulation of presence of Uranus in the student. In occultism knowing helps seeing better. The awareness of these four aspects of Uranus, if you hold it with certain degree of alertness, the presence of Uranus reaches you and starts transforming you. The transformations are of course subtle and can be perceived only after 7 or 11 years. Just be aware of these four keys of Uranus, hold them in your awareness.

#### Master EK

#### Vishnu Sahasranama

#### Preface 2



There are many hundreds of texts used as the sets of thousand names. The most popular and the most effective are three among them, (1) Vishnu Sahasranama, (2) Siva Sahasranama, (3) Lalitha Sahasranama. The first two are given in the grand world scripture, The Mahabharatha, while the third is given in another Purana Scripture named Brahmanda Purana.

#### The three represent the three aspects of God:

(1) The Vishnu Sahasranama represents Vishnu, the Lord of Pervasion, (2) Siva Sahasranama represents the Lord as Siva, who is the merger of all into one, (3) Lalitha Sahasranama represents God as power that pervades and that which is the female aspect of God. Vishnu Sahasranama is chanted daily by those who lead their life in tranquillity and it leads them to the ultimate liberation. Siva Sahasranama is practised by those who follow the path of absorption of the various aspects of the mind's creation into the one, the Eternal. Lalitha Sahasranama is followed by those who want to invoke the presence of power, only to channelise towards superhuman achievements for the welfare of all. However, Lalitha Sahasranama is not suited for those whose minds are not mature enough to use power only for achieving impersonal gain. There are many who chant it to achieve personal gain and splendour, but, as a rule, they find themselves fallen in the end, fallen into the pit of great delusion, selfmade. Of the three, Vishnu Sahasranama is the most desirable one which can be followed by people of all levels of mind.



Paracelsus Health and Healing

A Clue and a Caution

Sharing and distribution is the key word to every healer who seeks to learn to heal spiritually. Some laws and techniques of healing are given in the preceding articles. But if these laws and techniques which have a definite pattern of healing are to function the healer too has to adapt to a way of life. Healing is the way of life. It demands purity from the healer at the physical, emotional and mental planes. It also requires that the healer has sympathy, understanding and love for the sick. It further requires the readiness to heal regardless appointed hours of practices. The healing has to be the most prime objective and activity of life. Other activities of life have to be subordinate to the healing activity. In other words, healing activity demands dedication.

Coming back to the concept of sharing and distribution, it is the key note for the general well-being of every human being. This quality is more in demand from a healer. "Only by the right distribution of energy the ills of the body of man will be cured." This is a law. To the healer he needs the healing energies not only for his well-being but also for the well-being for those who depend on him for health. Thus, sharing and distribution form the fundamental principle of all spiritual healing.

The healer needs to ensure that he shares all that is given to him in favour of supporting the life. As much as he heals so much, he gathers around him in all the 3 planes. He must ensure sharing it with less fortunate people. He should release but not grip. As much as he releases so much, he receives from higher planes. Thus, he is well advised to share the material that is gathered around him, share emotions adequately with the children and the like. Share thoughts of nobility, of enlightenment with the like-minded and share the wisdom of healing. He should also do well to impart such wisdom and way of life, to those who are inclined to learn from him.

Thus, a healer needs to be distributor of wealth, of health and of wisdom. These are certain fundamentals that we need to intermittently recapitulate so that on the way there is no digression, diversion and even regression. The true healer remains simple in life style. To put it theosophical, in a healer's life the spiritual will should slowly and gradually dominate the selfish personal will. By the above descriptions the reader would have understood that the laws of healing are relatively simple and a healer can do well if only he adapts to the way of life required of a healer. Many today are interested in techniques and are least interested in the way of life. Unless one gets interested in the latter he is rather advised to stay away from healing, lest he may contact sicknesses of the patients as he attempts to heal.

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en

#### **Dimensions of Ancient Wisdom**

Dr K. Parvathi Kumar Group Life Teaching, Part 22 June 2018, Billerbeck, Germany

Revelations are possible when man moves from the heart center towards the Ajna center. It is the inner light that keeps on revealing. That is why in each one of us there is a book of knowledge, which opens itself, if we turn inward. Therefore, the Masters say as an important step, "Daily study". Studying does not mean only the books outside. It is the study of your own being. You have to study yourself. You have to study yourself, as to what are your patterns of desire, what is your urge to serve, what are your patterns of likes and dislikes, what are your patterns of comfort and discomfort, what are your patterns in relation to you behaviour, like that. This kind of study has to be done on a daily basis with respect to each one of us. This is what we call a daily personality study through introspection. It is more important than reading books. Reading books will be very confusing, because we study our own understanding according to our state of mind. Each time we read the same book, we get a different understanding. Why? The state of mind is different at different times. Mind does not have that constant vibration. It does not hold that constant light. Mind is always compared to a flickering flame.

So, therefore, each time you have a different understanding. But when mind is absorbed into pulsation, and through pulsation it emerges as an inner mind and tries to contact the light within. That is why the learning becomes much more easier, and then the revelations keep happening. There will be many more revelations relating to colours, sounds, numbers, symbols - many scriptures are revealed from inside. That is how man opens his own book and reads his own book. And his own being finds its ascension in terms of the upward moving pulsating principle. That is why he moves within the heart center and the brow center - that is from heart to brow via Vishuddhi, the throat. This has to happen with each one of us. As we turn inward, that is slowly we walk away from the influence of Libra and move towards Gemini, which is the throat center.

This text is not proofread by the author and might have some mistakes.

### **Stories for Young People**

#### On Service

Intelligent utilization of all resources for the benefit of the community, is true Service.

#### 10. The Invisible Government.

5000 years ago, there lived a ruler who removed demons and monsters from the earth and built a city to protect his subjects. Krishna played the role of a human being. When his task was fulfilled, he left his physical body. This event was the dawning of the Dark Age, the fourth of the great ages, the Kali Age. Even people who knew Krishna's divinity and worshipped him were in deep mourning and worried about future.

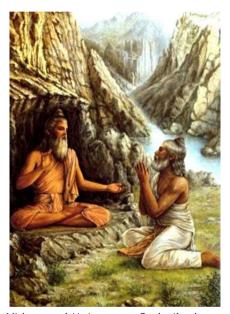
The seers looked up into the starry sky where millions of stars sparkled. They could sense the living beings which inhabited the solar systems in a body of light. They are called the Vedas or the Eternal Lights. Their glance reaches our solar system as their blessing. It is distributed among the planets and thus reaches our Earth. The starry sky resembles a potter's wheel, which produces further slices of enlightenment. These discs contain the science of the relationship between knowledge and action. They bring the law, the Veda, to the beings of this Earth.

For the earth, the seers created another disc of consciousness and located it in a piece of land that includes the Himalayas. From there they bless people all over the world with thoughts of guidance. They renew in people the contact with the institution they call the Law. Leading powers come to earth through the sun and moon. They accept the bodies of the descendants of the regents of the sun and moon. At times they conduct the ceremonies of path-clearing on the higher planes.

According to this custom, Vyasa, Suta, Saunaka, Maitreya, Maru and Devapi gathered at Badarikashram. From there they observed Lord Krishna leaving his physical body. They watched King Yudhishthira planning the coronation of Prince Parikshit. Then they received their plan for the immediate future. They talked about it and made decisions. They divided the tasks among themselves. Master Maru, or Master Morya, as we call him today, will lead the spiritual law

of political administration throughout the Kali Age. He set up invisible residences in Shamballa and Kalapa and took charge of guidance of the rulers of this earth. He started with his task transmitting guidance to Parikshit. In accordance with this plan, Yudhishthira fixed up the date of Parikshit's coronation. In this way Lord Krishna planned with his life and actions the development of mankind for the next 10,000 years.

Summary after: Ekkirala Krishnamacharya, Man Sacrifice. Chap. 30.



Vidura and Maitreya at Badarikashram

## Window to World Service

#### News & Activities

#### Germany

Name of the group: WTT-Group of Bielefeld-Gütersloh

Contact: Martina Schramm

Address: Karlstrasse 13, D-33602 Bielefeld

Phone: +49 521171975

E-Mail: matinaschramm@web.de

#### **Group Activities**

We are about 8 persons.

- Regular meetings for full moon meditation with reading and eating together
- Meditation and meetings at solstices and equinoxes
- Sundays Global Peace Meditation
- Support of External Stones healing work
- Financial and material donations for refugees
- Financial support for various social projects and institutions
- Sponsorships, e.g. for schooling a Tibetan girl
- Participation and co-organization of various WTT group meetings like May Call Day, CVV-Sharing, Astro Sharing, Harmonization of the Subtle Body
- Healing work by disseminating knowledge of healing, counselling, prayers, music, life care ....

## Picture to the Month of Aquarius Aquarius - The Spiral Hieroglyphs of Ages



All this is written as the story of man on the pages of the Heavens in the mystic script composed by the spiral hieroglyphs of ages, centuries, seasons and days upto the split-second. Let us meditate upon the glittering body of the Heavenly Man - Manu - in the sign of Aquarius and try to understand his message to the present mankind through the pictures of the constellation of Aquarius.

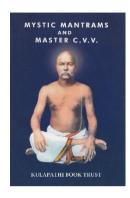
Dr. Ekkirala Krishnamacharya: Full Moon Meditations

Page 40 News Letter 34/10 

mathrew Mathrew

#### **Book Review**

## Mystic Mantrams and Master CVV

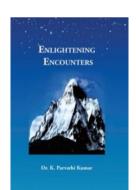


Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya: Mystic Mantrams and Master CVV PDF: https://worldteachertrust.org/\_media/pdf/en/ek/mystic\_mantrams.pdf Info: The World Teacher Trust, info@worldteachertrust.org

## **Enlightening Encounters**



Relating through the form of the Teacher to 'The Teacher' is the key given by all the Teachers of Wisdom. A restricted comprehension of the Teacher principle to a form, teaching or to a prescribed method is a personality trap. To set a student free from this trap is also a work that the Teacher conducts through the Wisdom of Synthesis that he gently and lovingly imparts.

The episodes presented in the book "Enlightening Encounters" by Dr. K. Parvathi Kumar not only

communicate experiences but also simultaneously demonstrate teachings.)

K. Parvathi Kumar: Enlightening Encounters

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/\_media/pdf/en/enlightening\_encounters.pdf

## Astrological Important Days in January/February 2021

19.01.	21:39	9 ⊙ → æ / Sun enters Aquarius			
o'		⊙ in <b>≈</b> – Every Sunday ( <b>24.01., 31.01., 07.02.,14.02</b> ):			
		Invocation of Aquarian Energy via Master CVV			
20.01.	08:45	• 8 <sup>th</sup> phase of ascending moon starts	O 00°28′ ≈ / D 24°28′ T		
β		(End 21.01. at 11:20)			
23.01.	16:26	11th phase of ascending moon starts	O 03°51′≈/D 03°51′ X		
ት		Contemplation upon the Third Eye (End 24			
27.01.	20:47	Phase of full moon starts	O 08°06′ ≈ / D 26°06′ S		
ğ		Downpour of Aquarian Energy via the third eye unto all the centres of the body			
28.01.	20:16	O Full moon of Aquarius	⊙ 09°06′æ/⊅ 09°06′ ର		
		8 <sup>th</sup> phase of descending moon starts			
4		Contemplation upon Master CVV (End 05.0			
05.02.		O Sun in constellation <i>Dhanishta</i> until 17.02.			
Q		Daily meditation upon the receipt of Dhai	nishta energy		
07.02.	01:56		O 18°28′≈ / D 18°28′ ⊀		
0		Contemplation upon the Third Eye (End 08.02. at 00:18)			
10.02.	20:39	Phase of new moon starts	O 22°17′ ≈ / D 10°17′ ≈		
ğ		New moon point of Aquarius: Contemp	olation upon Mahâdeva, the		
		Lord Absolute, into whom all the worlds recede – Šiva Râtri;			
		Contemplation upon 'The Pledge'			
11.02.	09:35	23rd constellation Dhanishta starts	D 17°28′ <b>≈</b>		
4	20:05	New moon of Aquarius	⊙ 23°17′ <b>≈</b> / D 23°17′ <b>≈</b>		
	21:00	Dhanishta-Meditation (Dhanishta-constellat	ion ends 12.02. at 09:53)		
18.02.	11:43	⊙ → H / Sun enters Pisces			
19.02.	06:28	• 8th phase of ascending moon starts	⊙ 00°47′ H / D 24°47′ ర		
Q		(End 20.02. at 09:02)			
21.02.		1878: Birthday of Mirra Alfassa (The Mother)			
22.02.	12:47	11th phase of ascending moon starts	⊙ 04°05′H / D 04°05′ S		
D		Contemplation upon the healing energies	(End 23.02. at 13:35)		
26.02.	11:20	Phase of full moon starts	⊙ 08°02′H/D 26°02′ N		
Q		Contemplation upon Mitra-Varuna, the no			
27.02.	09:17	O Full moon of Pisces	⊙ 08°57′ <del>H</del> / D 08°57′ 1177		
05.03.	15:24	8 <sup>th</sup> phase of descending moon starts	⊙ 15°14′ <del>X</del> / D 09°14′ 🖈		
Q		(End 06.03. at 13:40)			
08.03.	11:15	11th phase of descending moon starts	⊙ 18°04′H / D 18°04′ YS		
		C . I	/F 100.00 40.00		
D		Contemplation upon the healing energies	(End 09.03. at 10:32)		
11.03.		1940: Master MN left his physical body	(End 09.03. at 10:32)		

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours); From: »Astrological Calendar 2020/2021«; www.worldteachertrust.org; Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother.

From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells.

From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms.

May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love.
Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK



Angustamaatraha Purusho, Madhya Atmani Thisthathi. Eeshano Bhootha Bhavyasya, Nathatho Vijugupsatey.

## Meaning:

The thump sized miniature form is centrally placed in the person.

In the centre of the miniature form is the Master of the universe.

Relate to the resplendent thump sized being in you and to its centre.

It relieves you from the past and from the future.

Katha Upanishad