

Vaisakh News Letter



HAMSA SIVA SOHAM



Aquarius 2023 Kumbha

Letter No. 10 / Cycle 36 – 20th January until 18th February 2023
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2022-2023

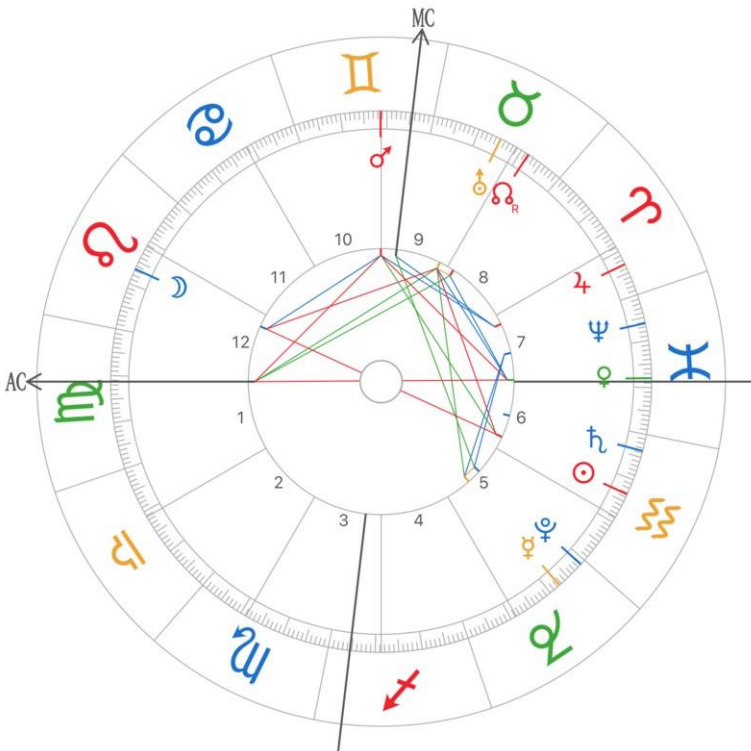
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

‘Markandeya!’ the Devas hail.



Full Moon of Aquarius, 5 February 2023, 07:28 pm CET (UTC + 1)

Message of the month of Aquarius ❧

Aquarius is the sign of the group, carrying a water pot, pouring forth the waters (prana) of life for humanity's well-being.

Aquarius, the 11th sign of the zodiac, stands between Capricorn's initiating mountaintop experience and the saving waters of Pisces. Aquarius is the sign that exults "there is nothing but energy". It is the sign of freedom, of the group and of friendship. It is ruled by Saturn that brings in structure and by Uranus that represents change and electric impulses. At the heart of Aquarius is Jupiter, Ray 2 of Love/Wisdom.

Aquarius is everyone's innovative and revolutionary friend. The talents and gifts of Leo are offered in service to humanity in Aquarius. The Aquarian Master CVV was born in Leo - August 4, 1868.

The symbol of Aquarius is two outgoing electrical lines of energy, pouring the waters of life for a thirsty humanity. They call forth the New Group of World Servers, under the direction of the Hierarchy of Masters, to build a new era community to help awaken humanity. Aquarius represents the Hierarchy, their energies and direction.



The waters of life of Aquarius usher in new laws and principles that guide humanity in the Aquarian age. Principles such as goodwill, unanimity, essential divinity, and laws such as those of right human relations, group endeavour and spiritual approach.

Aquarius is the 5th Ray of concrete science and knowledge. True knowledge leads to Truth, which then opens the heart (Jupiter). Aquarius is also Ray 7 - anchoring (7) the knowledge (5), creating new rhythms on Earth for humanity.

Aquarius associates with both 5th and 7th Rays. It works with the knowledge of 5th Ray and creates new rhythms of the 7th Ray that humanity seeks. Thus, it is under the light of Aquarius that the New Group of World Servers anchors in the daily service and meditation.

Here is a quote from 'Rays & Initiations', p. 225 by the Tibetan Master concerning the New Group of World Servers under Aquarius:

Rule XII - Let the group serve as Aquarius indicates; let Mercury speed the group upon the upward Way and let Taurus bring illumination and the attainment of the vision; let the mark of the Saviour, as the group toils in Pisces, be seen above the aura of the group. Om Shanti Shanti Shanti.

Composed by Risa D'Angeles



Hugo Grotius (1583-1645): Aquarius



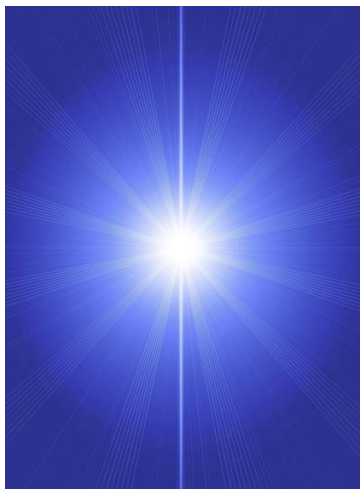
Message of the Teacher

The vertical column 4

The central vertical column is physical as well as subtle. The brain is physical and the content of the brain is very subtle, as well the central vertical column. There is a subtle column, and any damage causes great problems, but with blessings it can be rectified by the interference of the higher energies. Some are blessed, many are not.

If there is a higher purpose, the rectification happens. The subtle can rectify the gross. There are also some cases where normal people have been rectified. In the subtle column, there exist centres from Muladhara to Sahasrara. They can be visualised when we develop the etherical vision.

Compiled by Ludger Philips



Utterances of Lord Krishna



When your mind is poised in such a vision, you have conquered heaven on earth. Equality is purity. It is Cosmic Consciousness, and you are in it when your vision is of equality.

(5,19)

No specific happiness for the favourable and no specific anguish for the unfavourable. By living so, you have established yourself in discriminative Will. You cannot be confused. You have realized the Creative Consciousness and you live in Cosmic Consciousness as a creator.

(5,20)

PRACTICAL WISDOM

Perception of the needs of surrounding life
and responding to them
opens doors to the Super-Mundane.

Lord Maitreya

Maitreya Community

Understand the Teaching



Understand the Teaching, and understand that without the teaching one cannot get along. This is a formula to be repeated, for in life much is done without the teaching. The mind is usually associated with the world and unless it links up with the wisdom by means of teachings, it cannot find solutions. Wisdom is not a decorative piece that one shows off, but should come to the hand, as a handmaid, during crises.

For an aspirant, the teaching must colour every act and speech. This tinting, as of a beautiful textile, will adorn and potentize the effects of the speech. It is also very important to understand the responsibility of utilizing the faculty of speech. It needs to be of a certain quality. The quality is determined by the effects it brings forth. Needless speech is to be avoided and the instinct of babbling be overcome.

Understand carefully the principle of teacher, the teacher and the context of a teaching. One should become accustomed to the fact that the teaching itself can appear unintelligible, for only its inner meaning has a shield. A constant effort is to be made to understand the teaching and bring it forth into action.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

Recognise the signs

The Keeper of the Seven Gates grieved: "I give people an endless stream of miracles, but they do not perceive them. I provide new stars, but their light does not alter human thought. I plunge whole countries into the depths of the seas, but human consciousness remains silent. I erect mountains and the Teachings of Truth, but people do not even turn their heads to the call. I send wars and pestilence, but even terror does not impel people to think. I offer the joy of knowledge, but people make a gruel out of the sacred feast. I have no further signs to turn humanity away from destruction."

To the Keeper spoke the Most Exalted: "When a builder lays the foundations of a building, does he tell all to everyone who labours on the structure? Some of them will know the given dimensions, but only to few is disclosed the purpose of the building. Those who dig among the stones of past foundations can hardly comprehend a new one. A builder should not be grieved if there is no understanding among his workers of the real meaning of his plan. He can only assign the tasks appropriately."

Thus, as regards the consciousness of people, we shall know that those who cannot understand or harken will be fit to undertake only the menial work. Let the one who has understood be firm as a hundred thousand sages. And the signs, like inscriptions, will unfold before him. (*Agni Yoga*)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 57: Death to form

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala carries a distinct and special understanding in relation to Death. According to Shambala, death to form is no death! To the being who is the indweller of form, there is no death. Death and decay are to the forms and not to the Beings!

In the course of time, it is inevitable that the forms decay. The form has birth, and therefore dies! The Being is unborn and therefore, he does not die! Shambala teaches that it is but ignorance to wail at the death to form. Even in Bhagavad Gita, this is the foremost teaching that the Lord gives out.

Today, even those popular as the Teachers and Yogis do not carry the ability to exit the body at will. They are unable to demonstrate that death is to the form and that the body can be dropped at will and without pain.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Message of Master E.K.

How we have to live



When the sun shines, what does it get for shining? When it rains, what does the rain get by way of remuneration? When the seed germinates, what does it get? Unless the seeds germinate, we are not going to live. The Lord of germination says: if you have a handful of seeds and eat all of them, tomorrow you will die. If you eat half of them and throw the other half on the ground, each seed germinates into a plant which gives thousands of seeds. This is how we have to live. If we know how to remunerate others, our labour will multiply. If we try to take the remuneration of others, we experience competition. If ten people begin to work for one another, there is plenty. If ten people begin to work for their own profit, there is competition, war, destruction and death.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 57

166. This yoga does not stop or prevent the activity at the physical plane. The invoked Brahman enters into personality, higher mind (Buddhi), lower mind (Manas), five senses, and the body, just as a thread enters into beads and settles itself in the heart centre and performs the activity at the physical plane. While consciousness is aligned with Brahman, the activity progresses.

167. It is you that differentiate the inner and outer activity, personal and Master's activity. For Me there is no such differentiation. Both the activities are My activity. Since you belong to Me, your activity also gets conducted as My activity. My work as well, gets conducted through you.

168. In my yoga, knowledge of self is primary know-how (technical knowledge) and not ecstasy. This is the path of knowledge but not the path of ecstasy or forgetfulness. There is no space for emotion in this path.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



Unless a master of wealth
is also a master of senses,
he is bound to fall
from the coveted status.

PRACTICAL WISDOM

When the body is laid down,
the subtle body is free to move
as per the will of the soul for disciples.
For those in personality
it moves into a dream state.



Saraswathi

Saraswathi Suktam 7 The precision of utterance 3

The cells of the body need to be transmuted. They are actually mutilated in us. For a transition into higher planes a mutation for the better must take place. An alchemical effect occurs when sounds are appropriately uttered. Even if our quality is a base metal, it can be transformed, through regular utterance, into gold. Such is the alchemy of sound.

The earlier hymns indicated that we should utter with great vitality. Now, in this 7th hymn, the emphasis is on the precision of utterance. Unless the saw is sharp, it cannot appropriately cut. To drive home this point the saw is given as an example in the hymn.



Ashram Regulations for Entry

The cave 8



As one sits, the mind would not continuously associate with inhalation and exhalation. It drifts away by habit. It does not matter. One can bring it back, to once again associate it with inhalation and exhalation. It drifts away again after a while. Yet again bring it back to apply upon respiration. Again and again it drifts away. Again and again one may bring it back. This is a true game of patience. It is like a pup in your house that always runs out into the streets, and you go out to bring it back. Until the pup learns to be at home, the owner of the pup should have patience to bring it home. Similarly the pup of your mind (which in fact is a monkey) jumps out from an intended purpose. But be patient to bring it back. Let this game be played joyfully with your mind. Do not get frustrated. If you get frustrated and irritated you lose the game.

Have patience and perseverance to apply the mind upon respiration. Through long hours of sitting and long years of practice the mind gets the habit. It associates well with respiration.

On Secret Doctrine

Aquarian Age



When the Equinox moved into Aquarius, the Aquarian Age began. It happened around the year when Queen Victoria was coronated. The Equinox moves in the anti-clock-wise direction at the rate of one degree every 72 years. It takes 2160 years for the Equinox to pass through one Sun sign (30 degrees x 72). It takes 25,920 years for the Equinox to move through the Zodiac of 12 Sun signs (2160 x 12). This is called a Great Cycle.¹

Every 2160 years, when the equinox enters into a new sign, a new age begins. The Aquarian age began in the year 1837 with the regency of Queen Victoria. A great trailblazer of the new age, Madam Blavatsky, was born in 1831.²

Rudolf Steiner explains as

This period of 2160 years does indeed signify a complete change in the conditions of life on earth and this is the length of time spent in Devachan between death and the new birth.

Occultism has always recognized these 2160 years as a period during which conditions on earth change sufficiently for a person to gain new experience. However, the during this period, a person is generally born twice: once as a man and once as a woman so that on average the interval between two incarnations is about 1000 years. It is not true that there is a change of male to female at every seventh incarnation. The experiences of the soul are obviously very different in a male incarnation from those it encounters in a female incarnation.

Hence, the general rule is that a soul appears once as a man and once as a

¹ K. Parvathi Kumar: Mithila. A New Age School Syllabus - <https://worldteachertrust.org/en/web/publications/books/mithila/main>

² The May Call Day, https://worldteachertrust.org/en/web/meditation/may_call_day

woman during this period of 2160 years.¹

A person will then have had all the experiences available to him under the conditions of that period and will have had the possibility and opportunity to add a new page to his book of life.

These radical changes in the conditions on earth provide a schooling for the soul. That is the purpose of reincarnation. A man takes with him into Devachan his causal body which is the fruit of the memory picture of his past life and the purified ennobled parts of his astral and etheric bodies. These belong to him permanently and he never loses them. At a particular moment just after he has laid aside his astral corpse, he stands face to face with himself.

Composed by Rama Prasad Joshi



Sri Krishna statue installed by Master KPK
in Onda, Spain

¹ Rudolf Steiner: Devachan

Saturn

Sam - The Key to Saturn

Number 8 x 3



8 planes with different combinations of matter, force and consciousness constitute 24 limitations. 8 is the number for limitation. Thus, 24 eights cause the separated consciousness and establish illusion as reality. Number 8 has a key as said earlier. It is but twisted zero, by which one zero becomes two.

In the etheric body of man, there are but 48 petals from Mooladhara to Throat. They are as under:

Sanskrit Name	English Name	Petals
Mooladhara	Base Centre	4
Swadhistana	Sacral Centre	6
Manipooraka	Solar Plexus	10
Anahata	Heart Centre	12
Visuddhi	Throat Centre	16
Total		48

These are 48 petals, but in truth they are 24 pairs of petals. Each pair is but an 8(8) in a horizontal posture. Thus the 24 limitations exist as 24 pairs of petals, which are but twisted ciphers.

When the twists are eliminated, the dual nature of the double petal ceases to be the single cipher of unity.

At every centre when a double petal (pair) is to be a cipher, the successive cipher forms the Brahma Danda (the column of consciousness).

The sound 'Sam' uttered forth passes through the centre and unfolds as a globe of light at the brow centre. Such is the work indicated with respect to the symbol of triple dots and the sound 'Sam'.



Discipleship

Co-Operative Working

When the waters of emotions are evaporated and thus purified, the inner thirst is quenched in deeper and higher realms. Yet at this stage, quenching one's own thirst for ascension is no longer the goal of the disciple. Ascending has become a group endeavour and sharing the boons of new insights with one's co-travellers makes the steps on the path more manageable for all and allows for experiencing of true joy. We are never owners of the boons offered to us by life but mere trustees for a given time.

The indispensable fiery aspiration combined with the will to do good for the greater whole, brings with it the strength and perseverance to transcend any barriers, while nourishment and support are constantly supplied on the very level, place and amount needed. The key here is the trust of and in the trustee - it is a co-operative working.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Spirit supports matter,
But matter conditions spirit.
Conditioning a support
is but ignorance.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 7



This philosophy was once again given by the Creator to his mind born son Narada. The Creator has five mind born sons in all. They are Sanaka, Sanandana, Sanatkumara and Sanatsujatha and there is fifth one, Narada. Please remember, Narada is the universal teacher. He is the ultimate one to bless before we reach the Brahman. Just like we think of Lord Maitreya as the teacher for this humanity on this globe, there is a hierarchy on every planet and then there is the head of the hierarchy of that planet and then there is the hierarchy for the solar system. There is also a hierarchy for the groups of solar systems and Narada heads it. One cannot imagine what Narada is. He is the teacher of all teachers, the universal teacher. He is embodiment of knowledge. He exists in us as the cosmic principle of knowing. The seeker's hunger to know is his blessing. The hunger is satiated only when one knows. He pervades the whole path of knowing. He presides over Bhakti, Jnana, Vairagya and Yoga dimensions. The Lord himself pronounces that, I am Narada among the seekers.



Narada



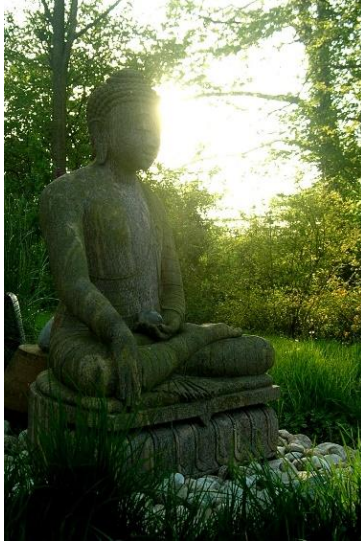
Sound

Respiration and Pulsation

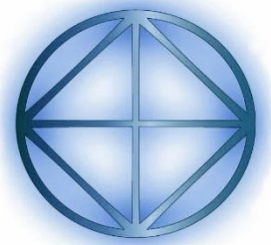
The sound "SO-HAM" and "OM" 2

Consciousness channelises in a twofold fashion. One part of the Consciousness goes towards thinking, towards the intellect, towards action and speeches. The other part of Consciousness conducts respiration, pulsation and circulation. They are the two twin parts of the One.

Pulsation, respiration and circulation are happening in us, and even without doing it in our mind, they happen. This gives us the first clue that mind is a very exterior product and that there are more valuable things inside. Mind cannot do anything relating to pulsation, respiration and circulation, except disturbing them. Mind can help us to think, speak and act only when there is pulsation, respiration and circulation. Thus, the respiratory process and the thinking process find their culmination in pulsation.



OM Namō Narayanaya



The Path to Realization 3

At home, on a daily basis one meets contraries. If one holds a view, one's spouse would hold another view. Feeling it as an opposing view is ignorance. Feeling it as another view leads to vision. There are as many viewpoints as beings. Wisdom is to synthesize them. All forms emerge from a principle of formation. The principle works through variety of vibrations and gives forth a variety of forms. There is beauty in variety. See the beauty of the variety and see that as Vishnu. Make note in a diary, if you have recollected Vishnu when you see a form. The table, the chair, the window, the wall - all that you see is Vishnu. By this you have recollected Vishnu as much as you have been in a wakeful state. This is the first step. Recollecting Vishnu when forms are encountered and chanting the mantra 'OM Vishnave Namaha' is the discipline relating to the first step.

Intonation of the mantra:

https://worldteachertrust.org/_media/media/audio/om_vi_shna_ve_na_maha.mp3



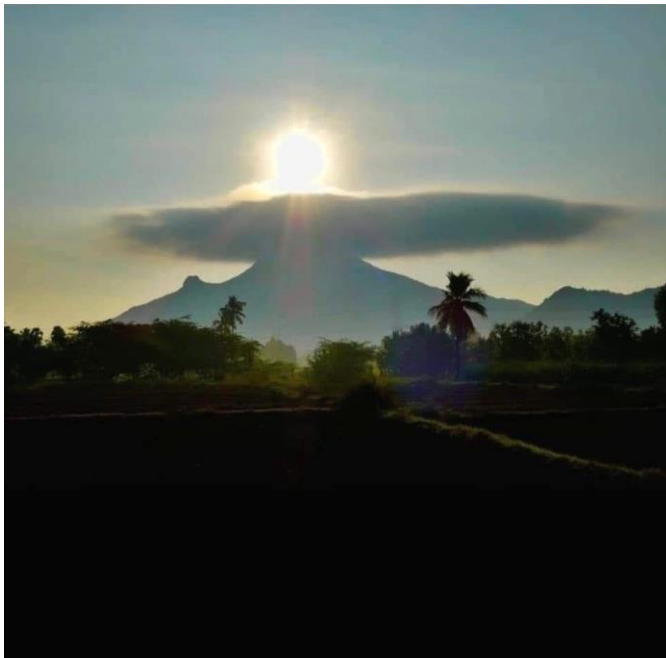
The World Teacher Trust

Guidelines to Members, 41-43

41. Twelve years of hard work with attentiveness and sincerity is a prelude to being engaged as an assistant. A willingness to work with oneself should have been demonstrated.

42. Even when there are assistants cooperating, supervision is essential.

43. Pray for the departed souls for their peaceful transition into other planes.



Nature's magic at Master Mountain, Nilagiris

On Healing

2. The Fundamental Understanding 1

“Fundamentals ignored - mental fund gathered”



Healing is a sublime science. The understanding we gain through this effort, in so far as it sows seeds of the science the purpose is well served. The seed contains the detail of the tree. The seed subjectively carries the tree. Subjective understanding is the occult approach to the occult sciences. The obvious is the product of the forces that function behind. The forces emanate from the centre of each unit consciousness, which in turn is nothing but the localisation of the Universal Consciousness.

Occult sciences declare that behind all material phenomena there is the interplay of the forces in the background that emanate from a centre. The material phenomenon is like the movie on the silver screen. Everything seems to be happening on the silver screen. But the work behind the obvious play is too stupendous to describe.

Many function as a prelude to the resultant play. The colour, sound, movements, dialogues on the screen have their roots beyond the apparent. There are many that work behind the movie, who are not visible on the screen, like the Director, Music Director, Script-writer, Makeup-man, Cameraman etc.





Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 50
Hari Kesa

Hari Kesa means the green-haired one. The green hair relates to the green heads of the trees consisting of leaves, stems and branches, which carry the life principle. Rudra's life aspect is worshiped by these two names (49 & 50). Devotees of Rudra experienced in their profound meditation a fiery form of Rudra where they see the hair of Rudra in green colour. Sometimes in the fire ritual, the flame of the fire at its tip also appears green. Such appearance is indicative of healing and replenishment of the life force.



Sanat Kumara



The Teacher is a vehicle of the Divine 2

The Teacher remains neutral and lets the Divine work through in the surroundings. The Teacher has no specific program of his own. The program of the Divine is the only program of the Teacher. He witnesses the play of the Divine into the surroundings through himself. He witnesses that the Divine blesses some. He talks to some others. He touches yet others. He smiles at some. He is serious with some. He is silent towards some and he is talkative to yet others. The Divine does different things with different aspirants that gather around the Teacher. The Teacher remains impersonal. The Teacher knows that the Divine is at work and remains alert to enable the Divine to respond to the aspirants in the surrounding according to their present needs. What the aspirants need is different from what the aspirants desire. They know not to desire what they need. They generally feel their desires as their needs. The Divine fulfils not desires of the aspirants but fulfils the needs, if the aspirants are oriented.





Seventh Ray and Magic

The incoming of the 7th Ray 4

The passing of a ray and incoming of a particular ray happens as per Divine Plan and as per the scheme of things in the Divine order. It does not often happen that the passing ray and the incoming ray are in a numerical sequence. Passing of the 6th Ray of Idealism and incoming of the 7th Ray of Ceremonial Order or Ritual of manifestation is but a rare occurrence and is taking place now.

6th Ray is paving way for the 7th Ray. Ideals that constituted while the 6th Ray was prevalent, would now find their manifestation through the ritual of the 7th Ray. In the 6th Ray, man's mind was attracted towards ideals, the ideals of sacrifice and service. Further, the mystical visions and mysticism were prevalent when the 6th Ray was at work.

With the incoming 7th Ray, these ideals of service and sacrifice would find their apt manifestation. The mystics of the 6th Ray would transform into the magicians of the 7th Ray. The magicians, that bring out white magic! The magic of manifestation of divine into physical. The magicians now would but carry out white magic unlike the magicians of the Atlantean age, where the motive of magic was towards selfish ends. This is because of the fact that the passing out ray quality is that of idealism and the magicians of this age have been significantly influenced by it.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Mother Anasuya, Jillellamudi, 4



Master EK introduced the police officer and the Mother said, “I also know him. When he was working as a police officer in Nellore, he came to me with his family 22 years ago. I offered food from my hand. But he was hesitant to get fed by my hand into his mouth. He came for a blessing for his eldest daughter’s marriage but refused the food”. The police friend was stunned. Tears of sorrow started flowing out from his eyes. He fell at the feet of the mother and wept. The Mother tenderly touched his head, raised him, took him nearer to her, held his palm in her palm and started cajoling him. More and more tears came out and the police officer wept in gushes. The Mother let it happen for a while and said looking at Master EK, “He has been suffering a lot. His daughter’s marriage did not go well. In his vocation, he faces much tension. He has been putting up a brave face in public. He had no one to really care for him. He is lonely. He needs the Mother. Now on, sorrow does not touch him. He is now ready to receive prasadam from me.”

The Mother arranged a huge plate of food preparation. She fed all that were sitting at her feet. She saw the children of Saukumarya and asked them to come for their share of the feed. They came; they saluted and took food and left again to play in the very room. She smiled and said, “Children are natural. They are playful. I am drawn to them. The fun is they are around me, but care not. That is truly natural. I am happy that all of you are here. Time brings beings together according to its’ own plan. No one knows what happens in the next moment.”

Uranus

The Alchemist of the Age

Suppression of Sex



Among the many suppressions ignorantly promoted by some religions sex is one. Sex is never understood as a natural, normal human function. It was coloured as an unspeakable activity in common forums. Some religions went even to the extent of preaching sex as sin. The priests were jealous propagators of this concept of sin relating to sex, while surreptitiously they engaged in such activity in a much more unethical and immoral way. Such activities are exposed by Uranus in recent times. Religions in Kali Age are handled not by men of wisdom but by men of emotional and jealous faiths. The latter least realize many aspects of the human nature. Much less they care to understand the divine nature. They jealously hold on to a name and a form, grip a doctrine of morals and go round preaching like robots not realizing the ignorance of their speeches and their influence on common man. Sex suffered much in the hands of religion. There was much suppression of sex due to such ignorance. Many are the consequent diseases to humanity, which the medical science is battling with to find solutions. A normal and natural way of functioning with sex is strongly recommended for the good health of a person. Suppression of this instinct in the name of sin would hinder healthy growth, flowering of the bodies and the minds. The education relating to sex is now on the anvil. It is introduced even into the elementary schools to give right understanding. This has to be done with much care and with much knowledge. The attempt is laudable and the methods are not yet fool-proof.

The global upsurge of sex activity is attributed by the wise to the past suppression. The race is now engaged in clearing the arrears, which is seen by the moralists as a 'fall' of the race. But in reality, it is a fall to rise, a fall from the false platform to rise unto a healthy and stable platform.



Master EK

Vishnu Sahasranama

Stanza 3, 1-2

योगो योगविदां नेता प्रधानपुरुषेश्वरः ।
नारसिंह वपुः श्रीमान् केशवः पुरुषोज्जमः ॥

Meaning :

He is synthesis and the foremost leader among those who know synthesis. He is the primordial substance as well as the Lord of persons. He is the one who wears the body of man-lion. He is the Lord of splendour, who grows the worlds as his hair. He is the first person among the three layers of personality.

Explanation :

1. Yoga is the awareness of the synthesis of all planes of consciousness experienced by the individual. The practice of yoga is to achieve this end. The one who is drawn to this practice gets his drive from the Lord Himself.
2. For the above reason the Lord is the leader of those who practice yoga. The disciple who gets the highest realisation of yoga is identified in his consciousness with his guru who is in his turn identified with the Lord Himself in all respects.



The Narasimha Avatar, the man-lion



Paracelsus Health and Healing

Prana - life force, part II - 2 Nature of Prana 2

In the individual also, awakening from the state of deep sleep cannot happen without the pulsating life force. In sleep awareness is not. But by inference the individual knows that he existed in sleep. He also knows that he pulsates though not conscious of it. Thus in sleep there is existence and pulsation. When awakening happens pulsation enables motion of awareness into: What to do? How to do? and doing. Without the pulsating life within, there is neither awakening nor the activity of will, knowledge and action.

Thus life principle is seen as the basis of all activity and the activity is essentially a triple. All mutability in creation is based on this principle. Its existence in a form enables that form to move. Its withdrawal causes disintegration of that form. The science of healing is all about the knowledge of prana, its functioning and its restitution in the body. An Upanishad extols prana as under:

“Prana is the supporter of all living beings.

Prana is the under current of the entire Universe.

Prana is born out of prana at different levels.

Prana nourishes life.

Prana is the father.

Prana is the mother.

Prana is the teacher and the brother.”

Prana is thus understood as the foremost force emerging concurrently along with the awareness or nature. It is inherent in the existence just as nature is inherent in Existence. It is co-born with awareness/ nature/

Prakruthi and remains active as long as the awareness is. It remains dormant in pure existence. The Puranas describe prana as the foremost, the best and the chief agent of nature in the creational activity.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 45
June 2018, Billerbeck, Germany

There are many more threefold divisions to man. There is the heavenly man who is posited in the head, there is the earthly man who is posited in the upper torso, there is the beastly man who is posited in the lower torso. When we are functioning to fill our bellies, we are like the beast. It is a human beast. When we are functioning for the welfare of other beings on the planet, we are humane. When we ascend into our own head and see the light and the plan and conduct, then we are divine within the human.

Likewise, there is another threefold division. Man has to be known to understand how exactly he is assembled. When we know our assemblage and the purpose of such assemblage, we try to work it out in an appropriate manner. Therefore the need to see the dimensions of the three crosses besides seeing other dimensions like what element we are predominantly engaged with. Is there more air in you, more fire in you, more water in you, more earth in you. How are you to balance these energies? Until the four elements are balanced, you don't have the fifth state of the Akasha or the fifth ether. That is another dimension.

But for today we think of the three crosses and try to see how best you repair them. If your cardinal cross is not really functioning, you have digesting problems, you have defecating problems, you have problems of breathing, you have problems of circulation. Today the humanity is fighting for health, meaning, the cardinal cross is almost junked. We are junking it, more and more in health.

Of course, the fixed cross is your own story relating to you. Right from your arrival on this planet, the story relating to you is recorded in your fixed cross.

And then the mutability which we keep on changing and which requires appropriate regulation - these have to be studied. That is where self-study is. So, study in these dimensions, and accordingly know about ourselves and then see where exactly the repair is required. That is exactly what Master CVV says,

“If you submit to me, I will repair these three dimensions in you.”
This text is not proofread by the author and might have some mistakes.



Stories for Young People

On Service

Fanaticism and illusion are avoidable in Service.

These two lead one to unattainable goals.

They wreck an emotional Server.

How the Earth is freed from a burden IV: Prophecy and promise

The Lord has taken a human form to free the Earth from a burden: from the proud warriors, arrogant tyrants who imposed their will on all beings. One of them was Jarasandha. Krishna and his brother Balarama destroyed Jarasandha's army 17 times and chased him away. The humiliated Jarasandha found a new ally for his revenge against Krishna and his family tribe in a king named Kalayavana. Due to a curse, Kalayavana was a serious threat to the Yadavas, the inhabitants of Mathura.

Once the family priest of the Yadavas insulted the Rishi Gargya and the Yadavas laughed at it. Gargya then began to eat iron dust as his only food for 12 years and prayed intensely to Lord Mahadeva. He wished for a powerful son who could cause panic to the Yadavas. Lord Mahadeva regretted the childish behaviour of the penance, but granted the Rishi, his wish. Kalayavana was the desired son of this Rishi. Krishna, a Yadava by birth himself, respected Lord Mahadeva's promise and the Rishi's curse. He took the Yadavas to safety. Then he pretended to be afraid of Kalayavana and to flee secretly. Thus, the boon of Lord Mahadeva was fulfilled. In order to kill the pursuer, Krishna lured Kalayavana into a cave where he was burnt to ashes by the fiery eyes of an awakening seer known as Muchikunda.

Muchikunda was a powerful king and in past ages, he had protected the celestial beings from the superiority of the underworld. The devas were very pleased with him. They wanted to reward him. In the meantime, ages have passed. The world changed so much that Muchikunda could no longer find a place worth returning to it. His relatives, his subjects, all had died.

Muchikunda could hardly believe it: the Earth was a stranger to him. He could not stay in heaven either, because he had accumulated karma by hunting animals. Muchikunda was infinitely tired. So, he wished from the devas, undisturbed sleep for a long time and that anyone who disturbs his

sleep should be burnt to ashes. Muchikunda's wish came to use to finish Kalayavana who woke him up. Krishna had intelligently used Muchikunda's episode to end the menace of Kalayavana. Till then, Muchikunda had slept for two ages, and with the act of punishing Kalayavana, his karma was neutralized and Krishna could grant him liberation.

To be continued...

Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003. ch. 213-218; 248



Muchikunda burns Kalayavana

Window to World Service News & Activities

UNITED STATES OF AMERICA

Name of the group: The World Teacher Trust - USA / Pushyami

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Activities, part 1

Under Master KPK guidance, The World Teacher Trust United States of America (WTT-USA) was founded with the purpose of advancing education and learning in general and in particular in the fields of comparative religion, philosophy, science and art; to relieve human suffering and promote mental and moral improvement in the human race; to promote the advancement of spiritualism on a non-sectarian basis; and to promote social service activities for the general welfare. The organization is comprised of 11 board members from different parts of the country, and its president is Master KPK.

- Due to the pandemic, the Miami group started gathering twice a day via Zoom for meditation and the Healing Prayer, as well as New Noon, Full Moon, Dhanishta, Equinoxes and Solstices, as well as other pertinent WTT Global and WTT America activities. When the opportunity arises, the group is engaged in disseminating the books, audio recordings of The World Teacher Trust, etc. to other groups in North and South America and the Caribbean. Various group members are engaged in the translation and correction of different work of the World Teacher Trust and the Circle of Goodwill. Some group members work with the recording of Master Kumar's lectures.
- Group notices, meditations, Occult Meditations, Saturn Regulations, comments, etc. are shared via WhatsApp and Telegram groups.
- The members do service by donating funds to a needy cause in India.
- All members conduct their daily chores with the awareness and intention to serve others, in an attempt to complete The World Teacher Trust's triangular work of meditation, study, and service.

- WTT-USA has active members doing different service work in Corvallis, Oregon; in the area of San Francisco and Shasta, California; in Denver, Colorado; in Atlanta, and many other places.
- In Corvallis, Oregon, a member has created the mail list for WTT-USA members in an effort to keep all informed and to eliminate duplicate correspondence. A small group gathers for the New Moon and Full Moon meditations.
- In Denver, Colorado, a WTT brother is continuing with the activities of regular prayer, special ritual performances and frequent listening to Master KPK's discourses with the alliance and support from WTT Rajahmundry. Many discourses that are in Telugu are being written down and put in the WTT Bangalore's library.
- In Shasta, California, a member has created the Yoga Friends School (<https://yogafriends.org>).



Picture to the Month

Aquarius - The Manu and the Spirals of Time



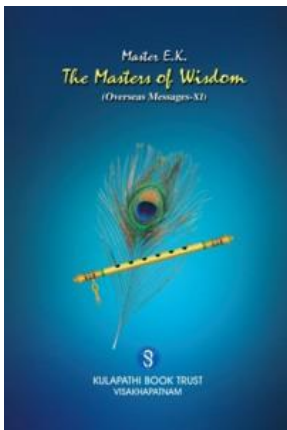
The constellation of Aquarius is called The Man in the Heavens. He is the guide of humanity through ages and centuries. The Masters of Wisdom recognized him and called him Manu (the prototype of man). The set of highly evolved Solar Systems which we call the Stars of the Constellation Aquarius shed their light upon the beings of this earth through the Sun of our Solar System in sparkling looks. This light is a light of blessing for spiritual realization and the perfection of our mankind through ages along the spirals of evolution quite in tune with Nature's Law. This Law of the human evolution is called the Law of Manu. The stages of evolution are called Manvantaras which are 14 in number in each round. Each Manvantara includes many Mahayugas (great periods) as the petals in a flower. Each Mahayuga includes Yugas, centuries, years, months, days, hours, minutes, seconds and so on. All these divisions await their unfoldment like the tender folds of a bud.

Dr. Ekkirala Krishnamacharya: Full Moon Meditations

Image composed by Ludger Philips

Book Review

The Masters of Wisdom (Overseas Messages - XI)



The word Master is for the first time used by Madam Blavatsky to indicate a group of people who work in their own way for the perfection of humanity in a multi-dimensional direction. The difference between a Master and all the other people is, mastery not upon any subject or any branch of wisdom, but at first a mastery upon themselves.

The book "The Masters of Wisdom" contains 11 lectures by Master EK (Dr Ekkirala Krishnamacharya). He presents the dimensions of the Masters whom he witnessed, encountered and from whom he received guidance.

E. Krishnamacharya: The Masters of Wisdom (Overseas Messages - XI)

Copies: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_masters_of_wisdom.pdf

The Aquarian Master



This book speaks of a Master who anchored the New Age energy on the planet and in the solar system as well. At the beginning of the 20th century, this solar system (and our planet too) went through certain grand initiations, via Sirius. As a result there is a sea-change in life in and around the planet Earth. Master CVV is the grand initiate that steered the Aquarian energy into the planetary life and thus inaugurated the Aquarian Age.

This book carries a detailed account of the work of Aquarius and enunciates the Yoga of Synthesis as propounded by Master CVV.

K. Parvathi Kumar: The Aquarian Master

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/aquarian_master.pdf

Astrological Important Days in January/February 2023

20.01.	09:29	☉ → ♒ / Sun enters Aquarius	
♀		☉ in ♒ – Every Sunday (22.01., 29.01., 05.02., 12.02.):	
		<i>Invocation of Aquarian Energy via Master CVV</i>	
21.01.	01:48	Phase of new moon starts	☉ 00°42' ♒ / ☽ 18°42' ♏
‡		<i>Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede – Śiva Râtri; Contemplation upon 'The Pledge'</i>	
	21:53	● New moon of Aquarius	☉ 01°33' ♒ / ☽ 01°33' ♒
22.01.	22:51	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ♒
☉		Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 23.01. at 19:56)	
28.01.	04:13	● 8 th phase of ascending moon starts	☉ 07°55' ♒ / ☽ 01°55' ♂
‡		(End 29.01. at 04:35)	
31.01.	07:24	11 th phase of ascending moon starts	☉ 11°06' ♒ / ☽ 11°06' ♏
♂		<i>Contemplation upon the Third Eye</i> (End 01.02. at 09:32)	
04.02.	17:00	Phase of full moon starts	☉ 15°34' ♒ / ☽ 03°34' ♏
‡		Full moon of Magha (<i>Moon in Magha or Pûrvaphalguni, Sun in Aquarius or Pisces</i>): <i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
05.02.	19:28	○ Full moon of Aquarius	☉ 16°41' ♒ / ☽ 16°41' ♏
☉		☉ Sun in constellation <i>Dhanishta</i> until 17.02.	
		<i>Daily meditation upon the receipt of Dhanishta energy</i>	
13.02.	05:16	● 8 th phase of descending moon starts	☉ 24°11' ♒ / ☽ 18°11' ♏
☽		<i>Contemplation upon Master CVV</i> (End 14.02. at 04:34)	
16.02.	01:03	11 th phase of descending moon starts	☉ 27°02' ♒ / ☽ 27°02' ♏
‡		<i>Contemplation upon the Third Eye</i> (End 16.02. at 22:19)	
18.02.	15:32	14 th phase of descending moon starts	☉ 29°40' ♒ / ☽ 05°40' ♒
‡		Mahâ Śiva Râtri : <i>Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede</i>	
	23:34	☉ → ♓ / Sun enters Pisces	
19.02.	10:14	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ♒
☉	11:48	Phase of new moon starts	☉ 00°31' ♓ / ☽ 18°31' ♒
		<i>Contemplation upon 'The Pledge'</i>	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 20.02. at 07:16)	
20.02.		1878: Birthday of Mirra Alfassa (The Mother)	
☽	08:05	● New moon of Pisces	☉ 01°22' ♓ / ☽ 01°22' ♓
26.02.	20:29	● 8 th phase of ascending moon starts	☉ 07°56' ♓ / ☽ 01°56' ♏
☉		(End 27.02. at 21:52)	
02.03.	02:10	11 th phase of ascending moon starts	☉ 11°11' ♓ / ☽ 11°11' ♏
‡		<i>Contemplation upon the healing energies</i> (End 03.03. at 04:41)	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);

From: »Astrological Calendar 2022/2023«; www.worldteachertrust.org;

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The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

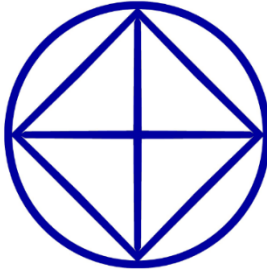
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**