

# VAISAKH NEWS LETTER



**HAMSA SIVA SOHAM**



***Aries 2006 Mesha***

Letter No. 12 / Cycle 19 –20<sup>th</sup> March until 20<sup>th</sup> April 2006  
The World Teacher Trust - Europe



## Invocation

May the Light in me be the light before me.  
May I learn to see it in all.  
May the sound I utter reveal the light in me.  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment.  
May it fill the darkness of noise we do,  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.  
Let realisation be my attainment.  
Let my purpose shape into the purpose of our earth.  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

*Master E.K.*

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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## Prayer for the Year

Wash Karma in space.  
On the deep blue slate  
paint ever-elevating colours,  
ever at the feet of the Master  
in the Vaisakha valley.

### Commentary:

Space, which is unfathomable, appears to the naked eye as blue. A student of discipleship daily needs to wash his Karma in the blue. He needs to contemplate upon the blue and invoke much blue into his being. Blue is white in deep. The depth of blue is unfathomable through meditation, through chanting of OM, of Gayatri or through contemplation upon the clear blue sky. The student needs to enter into and stay stable in that blue. As he concludes the meditation he would have filled his mind, senses and even the tissues of body with the blue. This would enable a wash for the day, for the mind.

If not the mind brings in its natural stuff, which is like compost that smells. Man's mind regularly recollects things, events, places and people that are unpleasant. It brings in instantly jealousy, pride, fear, suspicion, hatred and causes irritation and unrest. To resist this mind stuff and to seal it, one needs to strengthen the mind through invocation of the blue light. One cannot straight away lead himself up to the blue. There is a colour elevator, which he can resort to. That elevator is from violet, to rose, to orange, to golden yellow, to honey yellow, to aquamarine, to light blue. Colour is but detail of light. Contemplating upon the elevating colours cleanses the mind of its stuff. Varieties of Mantras are used

for varieties of colour manifestations (refer to the book of the author 'Mantrams').

Once the blue is well settled in the mind the *buddhic* experience keeps happening in terms of light and sound, which elevate the student to the states of joyousness. They also inspire him to carry out the acts of goodwill, which would lead him to the feet of his Master in the *buddhic* plane who resides in *Vaisakha valley*. *Vaisakha valley* is a hidden valley with sublime energies where the Masters of Wisdom keep meeting once a year. The student also gets the opportunity to meet the Master in that valley.

A specific process is suggested hereunder to be at the feet of the Master at *Vaisakha valley*:

1. Sit quiet in mind and in body, in a silent place.
2. Align the mind with the blue and visualise the blue all around.
3. Visualise your Master in brilliant white in a seated posture. His right hand blessing you, his eyes transmitting grace. His countenance carrying half closed eyes and subtle smile on the lips.
4. Visualise that you are at the feet of the Master. Visualise that Master is four times bigger in the size and you are one fourth in Him.
5. Visualise that you are in a sacred valley of a sacred mountain range with snowy peaks and flowing river from south to east and to north.
6. Visualise moon light in the valley.
7. Finally visualise utter silence with the flowing wind gently caressing you.

*(Occult Meditations, by Master K.P.K)*





## Message of the Month of Aries

Once again we enter into Aries. Once again we enter into a new solar year. Aryan race is deeply linked in its roots with Aries. Aries essentially is dynamic. Subtly it is discriminative and spiritually it is expansive. Aries is ruled by Mars for all objective purposes and is ruled by Mercury for all those who follow the path of discipleship. It is ruled by Uranus for those who are expanded in their consciousness.

All the secrets of man are hidden in the vertical column from brow center to the tip of the forehead. This solar year too is hidden in the first 15 days of Aries. The year of 24 fortnights can be subtly experienced in the first fortnight of Aries.

The solar year that commences now is named by seers as a year of expense. It is an expensive year in the sense, energies get expended. For the disciple it is a year of expending karma to enable experiencing expansion of consciousness. To others it is generally considered to be a year of energy loss.

The Lord that presides over the year is Jupiter, who can be bestower of expansion of consciousness and can also be mundane level indulgence into mental comforts and pleasures resulting in expenditure. Each person decides for himself what to expend in the year of Sri Vyaya (the name of the year).

Aries by reflection is in Libra, Libra is the female aspect of Aries. By reflecting upon the brow center with the related light of Mercury, man transcends the personality and descends once again as soul into the personality to carry out acts of goodwill. For this reason a symbol is suggested for meditation:



The circle is the Light in the head the triangle is the personality with its four states of understanding (physical emotional, mental and buddhic). The student is recommended to meditate in the head and transmit energies into his four fold personality. This would enable appropriate expending of energy in this solar year.



## Message of the Teacher

### Brindavan

*Brindavan* is not a place on earth, but is the space in the heart and the space in between the eyebrows. *Brinda* means the group of senses and sensations. *Avan* means protective, the center that protects the senses and the sensation from indulgence into the world is called *Brindavan*. Senses are means of externalization of Man into objectivity. Unless they are protected from within, Man gets lost into objectivity and binds himself. The residents of *Brindavan* are those who are protected from within, they do not get entangled into the world. They perform their duties in objectivity with goodwill and return to the center of *Brindavan* to rejoice within, the Divine.

*Brindavan* is said to be on the banks of the river *Yamuna*. The river *Yamuna* is *Pingala* (right *vagus*) that meets *Sushumna* at the brow center. *Brindavan* is the place where the seers, the yogis, the disciples frequently meet and rejoice in the Light and Love of the Lord. The new groups contemplated by the Hierarchy are meant to be *Brindavans*. They work in the world with goodwill and yet live within to rejoice the Divine. They remain in the world but are not of the world.

The concept of *Brindavan* exists at all times and manifests form time to time.

# Gîtâ-Upanishad

- Lord Krishna -



## A complete Unit of God

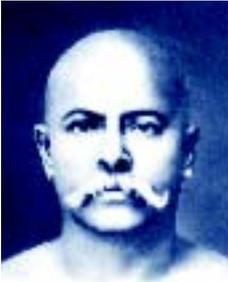
“I initiated the Sun God, *Vivaswan*. The Sun God initiated the *Manu Vivasvatha*. The *Manu* initiated *Ikshvaku*, the ruler of earth.”

I AM Eternity. I AM Existence. I exist from Eternity to Eternity. I localize Myself into a separate existence as a Sun. The Sun is the weaver of the System and is therefore called *Vivaswan*. Through the Sun I come out as the rays of Life and Light as Solar *Mind, Manu*. *Manu* inspires *Ikshvaku*, the mind of the Earth who is also called the ruler of the Earth. I thus exist fourfold. I AM Eternity, I AM Localized, I shine forth as My own Light and Life and reflect upon the Matter as Mind. Know Me thus.

Man too is fourfold. The God center in Man, the Man center in Man, the *Buddhic* center in Man and the center of Mind in Man constitute the fourfold Man. The Man center enables localized consciousness, the God center enables experiencing the One in all that is. The *Buddhic* center reveals the Wisdom of God and of Heavens and the Mind center limits it for the moment to a time and place.

Alignment between the four centres in Man is the state of Yoga. It is an alignment of *Atma, Buddhi* and *Manas* (Soul Universal, Soul Individual, the Light of the Soul and the Mind).

The Lord indicates that each Human is as much as a complete unit of God and that Man should know this. He thus informs *Arjuna*.



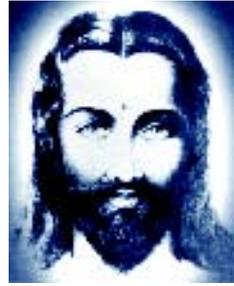
## **A Word from Master CVV**

### **A Word of Caution**

From time to time you abscond from prayer, do you know why? I do not let you pray. Consequently you do not feel like doing prayer for the day. Do not think that you decided not to pray for the day, its I who decided. Whenever your behaviour falls below the norm you cannot do my prayer. I can accept weaknesses. I cannot accept disobedience, irresponsibility manipulative tendencies, indifference and over critical attitudes.

Whenever your prayers are not regular understand that there is need to reorganise your day to day behavioural attitudes. Prayer is a happening to cause adjustments to experience the Light within. When you work out the contrary in the outer your inclination for prayer dissipates. This is a word of caution for you.

## Lord Maitreya



### The Science of Answering

When you answer a question the questioner should get answered. The answer to questions depends upon the questioner but not the question as such. Different answers come for the same question when asked by different people. This is because the questioner is being answered but not the question. This is the consistent way of answering called the “Science of Answering”.

If the questioner is not answered the question remains. Many times not answering a question is also part of answering. Not at all times you need to answer questions. Even if you know the answer sometimes it is wiser not to answer. By doing so, the questioner answers himself taking the clue from your silence.

It is also important that some questions are not directly answered when the answer could be bitter in such situations, suggestive way of answering is better than direct answering. Harmlessness is the basic quality of discipleship and hence bitter answers are avoidable.

There can be leading questions where the questioner suggests how to answer his question. In all such situations the answer can be nodding your head or it can be a question again as an answer to the question.

Those who know, do not give unpleasant answers by direct utterances. They take to the path of intelligence, the Ray 3 quality, by which help is rendered by answers.

Answering is a Science by itself.



## **Master Morya - Maruvu Maharshi -**

### **Blood Donation**

In the present health system blood donation is very common. It is considered as a means of restitution of life. While it is true, it has its consequences. The blood carries not only the life principle but also the qualities of the donor. The qualities of the donor are the aggregate of the *Karma* of the donor. So when blood is infused into a person not only the donor's life is transmitted but also his *Karma*. One would do well to know the person from whom the blood is transmitted. Blood coming from the near and dear is more acceptable for the patient than blood from strangers. It is not enough if the compatibility of blood group is seen. Compatibility of *Karma* also needs to be seen. Otherwise the infused blood can create confusion in the receiver and may lead to certain new sicknesses. Behavioural compatibility between the donor and the donee should also be considered by the healing system. Astrology can help finding such compatibilities.

## Master Koot Hoomi - Devapi Maharshi -



### The Path of Maitreya

Lord Maitreya relies more upon the women than upon men. In his view the women are the solution for all human conflicts and the related problems. The women represent the quality of the society and the mankind as well. The dignity of the mankind is measured by the Lord in terms of the dignity bestowed upon women by the mankind. The purity of the womanhood is the direct measure of the purity of mankind.

If the women are pure, they form the channel for pure mankind. If the women are otherwise, one cannot expect evolved mankind. For Jesus the Christ to descend Mary formed the platform. For Buddha, Maya the mother was the basis. For Krishna it was Devaki. An evolved lady is a sure platform for incarnation of high souls.

During the third root race *Prajapati Kashyapa* gave birth to varied mankind through varied women. *Kashyapa* is seen as the father of mankind. He is worshipped by the Celts as the foremost one. Aditi the lady of Light conceived Adityas, the lighted beings. *Diti* the lady of Darkness conceived the beings of ignorance. *Vinata* conceived the flighted (birds) beings. *Kadhruva* conceived the crawling beings. It is from the same man *Kashyapa* different ladies conceived differently. Such is the importance of femininity.

Lord Maitreya is the worshipper of the World Mother. He evolved to be the World Teacher through worship of world Mother. Till date he follows the plan as a direction coming from Her. In one way worshipping the woman leads one towards our Lord the World Teacher. The one who wins the Mother's heart wins the world. The Mother is the presiding deity of the world. The layers of illusion are under her direct control. Those who worship the Mother transcend the veils of illusion in a blissful way. May the Mother be worshipped in all her manifestations.



## Message of Master E.K.

### The Diabolic and the Divine

Diabolics, though depicted in frightening forms are not in such forms. The Diabolic as well as the divine are like in their form, similar to humans, only in quality the three are different from each other. During the third root race, it is through human form the Divine, Diabolic and the Human emerged from *Prajapathi Kashyapa*.

The Diabolic are aggressive, intolerant, selfish and are preservers of Material form. The Divine are harmless, tolerant, loving, serviceable and are preservers of Light forms. The Humans are in between and need to find their balance.

## Vidura



### Wisdom Teachings

Let not the mind entangle in tasks  
difficult to achieve,  
that tempt you to wrong means,  
and lead you  
to compromise with evil.



## Shirdi Sai Saying

### Studentship

As a student you may look to Me as Teacher. But I AM a student too, to my Teacher. Do you know my studentship?

I followed my Teacher implicitly, never questioning Him or His actions. To me He is everything. He is my abode, my wealth and my health. He is my parents too! I (am) focus on Him always with my mind and the senses and serve Him. In me He lives. The personal ,I' ceased.

## Sri Ramakrishna



### What is Karma Yoga?

- *Karma Yoga* is communion with God by means of Work. Ashtanga Yoga or Raja Yoga is also Karma Yoga, if practised without attachment. It leads to communion through meditation and concentration. The performance of the duties of householders (i.e., self-regarding as well as altruistic work, social and political) – doing them without attachment to the end that God may be glorified – is Karma Yoga. Again, worship according to the scriptures, silent repetition of the ‘name’ of God and other pious duties of this kind, are Karma Yoga if done without attachment and for the glorification of God. The end of Karma Yoga is the same (as of other Yogas), namely, the realisation of God, impersonal or personal or both.
- Whatever you offer to God will return to you a thousand-fold. So at the end of all Karma (sacrifice), one has to pour a handful of water, dedicating the fruit of Karma to Krishna.
- When Yudhishtira was about to offer even his sins to Krishna, Bhima warned him saying, “No, no, you should not do so; whatever you offer to Krishna will come back to you a thousandfold.”

## Children's Section

### The Doctrine of Ethics

Fear is the medicine  
to the lazy.  
Ambition is the medicine  
to the active.  
Wisdom is the medicine  
to the poised.

Dear Children

Knowledge is power for human being. As much knowledge as one gains so much he is useful to society. Men of knowledge helped the society to this present state of our comfort.

Do you know who invented electricity, telephone, telegraph, photography, radio, television, aeroplanes, automobiles, computers and such other modern facilities? It is important to know them, their lives and their efforts.

Do you know the month of July is named in memory of Julius Caesar and August is named in memory of Augustus Caesar?

Do you also know the months always started as per Sun's entry in to a sun sign but not on 1<sup>st</sup> as it is now?

K.Parvathi Kumar

## Children's Section

### The Right Use of Food

#### Lighter Fabrics of the Body

In this Scientific Age, with so much of automation and mechanisation, man has ceased to exert physically. Today he exerts more mentally. Hence he does not need to eat meat and other animal food. On the one hand, it makes him heavier in body and on the other, it tends him to sensuousness in terms of sex and sense objects. This is because he does not burn away all the substances relating to the animal food through his physical activity and exertion. He, therefore, needs vigorous exercises to maintain normal weight.

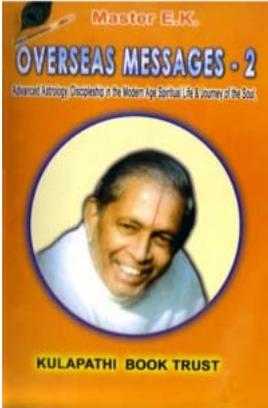
Why should we eat needlessly and burn away the excess fat through additional activity i.e., vigorous exercises? Moreover, the age in which we are, makes the fabric of our body lighter and lighter. And if we eat heavier, and heavier food, the body system gets into conflict. This needs to be understood by the man of Aquarian Age. Vegetarianism is the future of the mankind. Let us be intelligent enough to learn what Nature intends teaching us through Time.

*A section from the book 'Mithila' of Dr. K. Parvathi Kumar.*



# Book Review

## Overseas Messages - 2



The 2<sup>nd</sup> volume of “Overseas Messages” by Master EK. contains a collection of seminar transcriptions from lectures given in Europe in the early 80ies: Advanced Astrology, Discipleship in the Modern Age, Spiritual Life, Journey of the Soul (The Evolution of Consciousness).

Extract: “Real discipleship takes place in silence, not vocal silence, but mental silence. It takes place as an attitude in life. The guru teaches in silence and the disciple learns in silence. Silence towards everything is needed, so that the word of the guru is transmitted in form of an attitude of life. It is thrown like a seed into our life through holes of our mind.”

### **Ekkirala Krishnamacharya: Overseas Messages - 2**

**Copies:** The World Teacher Trust, [www.worldteachertrust.org](http://www.worldteachertrust.org)

## Occult Meditations



These are occult meditations. Working with them enables psychological adjustments, which would lead to occult experiences. They would ultimately lead to experiencing the Divine. These are the meditations given to Master E.K. by those whom he followed (Hierarchy) to those who follow him. The meditations are global in their concept. Every day in the morning the student is advised to study a meditation relating to that day and contemplate upon its thought.

The commentary for these meditations by Master K.P.K. has come forth due to the sincere demand of groups all over the globe.

### **K. Parvathi Kumar: Occult Meditations**

**Copies:** The World Teacher Trust, [www.worldteachertrust.org](http://www.worldteachertrust.org)

## News - Review

### Tours of the Teacher

#### **40<sup>th</sup> W.T.T. Intercontinental Tour** **27<sup>th</sup> May - 3<sup>rd</sup> June 2005**

Master May Call Festival and Tour of Greece

27<sup>th</sup> May – 30<sup>th</sup> May, Delphi

The May Call Day was celebrated with a fire ritual and a talk of the Master on the work of the Aquarian Master CVV as well as on the importance of group coherence: Don't neglect the group, feel the group as the Master. Serve the group in a manner, where the group is pleased. Work is conceived as a means for the development of human beings, not as a suffering. It leads to group consciousness.

In the afternoon a May Call Day message and several bookmarks were distributed and the following books released: "The Doctrine of Ethics" (Spanish); "Agni" (German and Spanish); "Sound – El Sonido" (English / Spanish), "The Wisdom of the Heavens" (new ed. English), "Spirituality, Business and Management" (new ed. English), "Principles of Ayurvedic Life" (English, the first edition of Dhanishta Switzerland), and a Spanish transcription of Master Kumar's lectures on Hanuman. Furthermore a leaflet on the mantram Sahanavavatu was distributed, a booklet on HPB as well as extracts of medicinal plants.

On May 30<sup>th</sup> there was the marriage ritual for Brother Miguel Samarra and Sister Rosa Sorrosal as well as of Brother Sadananda Serramià and Sister Lourdes Chilleron in the presence of the fire and with the blessings of the Master.

*cont*

## **Group Forum News & Activities**

**(Inputs welcome)**

**Group reports: Argentina**

**Name of the group: WTT Argentina**

**Contact: Rodolfo Cabeza, wtt@wttargentina.org**

### **4. Olavarría: Group Harmony**

**Contact: Alicia De Luca : harmony@speedy.com.ar**

**0054-2284-441426**

- As in the previous year, the work oriented in special to giving help through dinning places; help consisting mainly in food.
- There are two dinning places that receive direct help from our group; in one of them we deliver powdered milk monthly for the kids, and in the other we deliver flour, rice, cooking oil, canned tomatoes, and vegetables. Also gas is delivered for the furnaces.
- In one of this places, the most necessitated, we contributed with clothing, shoes and scholar equipment for a total of 60 (sixty) kids who assist to this place.
- We also took care of buying cooking elements like food processor, a furnace, pans, and a sewing machine.
- Every second Sunday of the month, after the fire ritual, we bring cakes and fruits for the kids.
- Our service work keeps oriented towards delivering food, shoes or clothing. Regarding clothing, clothes are delivered to the sewing shops of the dinning places and are prepared according to the necessity.

# Extracts from the Teachings

## Touch the Teacher's Feet

Dr. Sri K. Parvathi Kumar  
November 2005

There is a general question about why Teachers allow their students to kneel down before them or touch the Teacher's feet. It is an age old custom and it is a relation that exists between a Teacher and a student which can not be understood by others.

I know and I feel the sentiments of a part of the group relating to bow down. I have no choice but to remain neutral. I consciously know that I do not promote it. It is a natural inclination of some. It is as natural as other's disinclination. Each one has his own way to relate to the Teacher. The Teacher does not decide how the student should relate to him.

People think what they like to think. I do not export any Indianism. On the contrary our western brothers and sisters who come to India, import Indianism into the West. The more they come to India, the more they bring it. One thing I can tell that it is harmless. If it is harmful the Teacher does not remain neutral. A Teacher seeks nothing from the world. He seeks everything from the Divine. His work is to invoke the Divine with its three qualities - the Will, the Love and the Light - and transmit such Will, Love and Light to those who seek from him. That's the only work the Teacher is engaged with, he seeks not from the world but seeks vertically from the higher planes. His teaching stimulates the Will of the souls in the listeners; the Love that flows through him magnetises the listeners to enable the listeners to follow the Will. The Light that flows through him enables better comprehension of life, of man, of cosmos by the students. This transmission happens through the Teacher, since the Teacher is one who remains in neutrality and let the Divine work through him.

Among the listeners who are touched by the Will, Love and Light of the Divine there are different responses. The teacher is neutral to these responses also. Among the students there are some who admire the teaching; there are some who try to follow the teaching; there are some who observe the Teacher and also observe the teachings. The students decide the kind of relation they would like to have with the Teacher. The Teacher remains neutral. Among the students some relate through friendliness, and they remain good friends around the Teacher. There are some who love the Teacher and try to nourish his energy in their own heart, and thereby develop inside. There are some who feel devotional to the energy of the Teacher arising out of the inspiration that they carry inside.

These devotional ones are the ones that would like to kneel down before the Teacher, who would like to sit at the feet of the Teacher, who would also like

to touch the feet of the Teacher and some of them would even like to touch the two thumbs of the Teacher's feet with their Ajna centre to enable to receive the related energy. In all these relations that the students develop towards the Teacher, the Teacher responds to the students accordingly, since he remains neutral.

Among the students, there would be some who would be critical of the Teacher, who are also judgmental of the Teacher, and who criticise the Teacher from behind. Even these students are transmitted the necessary Love, Light and Will and are not abandoned by the Teacher. Such is the beauty of the Teacher. Many among the students may deeply get impressed by themselves with the presence of the Teacher. They desire to be around him, they desire to talk to him, they desire to be proximate to him, they desire to spend time with him. Like that there are so many varieties that exist amidst the students, according to the quality that they carry. And as per the Teacher, he is concerned with transmission of the triple energy of the Divine only.

Thus, among those who worshiped Lord Krishna, there were devotees like Narada - the great Celestial Sage, Maitreya, and many others. The Gopis developed love towards Lord Krishna., the Sons of Light developed friendliness towards Lord Krishna; certain capable people developed antagonism towards Lord Krishna, there were others who criticised before him and behind him. To all of them, only through smile the Lord transmitted his Love, Light and Will. And he stands as the foremost example for the Teachers.

If this is well understood, one need not worry about the acts of his costudents and colleagues. Each one has to see for himself, which is the relation that he would like to develop with the Teacher. That is more important. Thank you.



### **The Teacher's Feet**

## The Steps of Silence



*Extracts from the souvenir book  
"The Steps of Silence",  
presented on the occasion of the  
60th birthday of Master K. Paravthi Kumar, part 1*

### The Master - the Bridge between East and West

Sabine Mrosek, Switzerland

After seven years of studying the doctrines of Madame Blavatsky, Alice A. Bailey, Master E. K. and Master K. Parvathi Kumar I got the chance of meeting the Master for the first time on the physical plane in 1997. The years before were used for intensive study, for gaining experiences and learning the meaning and significance of group work in the present age. From my husband, Rudolf, the founder of Agni School, I knew that there are many groups spread all over the planet who work for humanity and the Hierarchy. These groups form a big brotherhood working in unity on the inner planes of existence. The World Teacher Trust - founded by Master E. K. - is that organism which links up, integrates and cements these groups, and its present International Chair-man is Sri K. Parvathi Kumar. With this background knowledge, Rudolf guided us to Wermelskirchen, Grosse Ledder, in Germany, where the first meeting with the Master took place.

This first meeting, the fire ritual and the meditation had a deep and lasting impact upon me. Even after hours, I heard the voice of the Master, the sounds and mantras reverberating within me. My soul was deeply touched.

However, our first meeting and the profound experiences resulted in a big group crisis. A heavy, but necessary process of purification took place. After it was finished, the people who remained formed a group which cooperated even closer and more intensive than before. In the year 1998, the Master visited us for the first time. He gave hints and advices for a further constructive group work which we carried out with joy.

The Master has become a great and shining example to me. He is teacher, adviser and Master. He is a forerunner whose footsteps I want to follow.

Most impressive to me was Master's way of working. From Master D. K.'s doctrines I learnt that in the present age, a retreat into a monastic life is no longer in tune with the Plan. Today it counts to be well established in the world, to work and to be committed to the family and the society, and at the same time, to perform the inner work. In the beginning, it seemed impossible to me to link up these two aspects and to be equally effective in the inner world and in the outer world as well. During my first stay in India 2000, I realized how the impossible can become possible.

The Master demonstrated to me that the esoteric work is the basis for a good and active exoteric life. Through meditation, study, rhythm, and main-taining the thought towards God, time expands and opens dimensions for service which I never dreamt of before. A fruitful work becomes possible. I was impressed how many projects run under his guidance and how many telephone calls he gets from morning till evening. Moreover, he supplies the sick with homoeopathy, teaches wisdom, replies to all kinds of questions, carries out his profession, writes books and articles, is a responsible husband and father, and yet, everything is done by him with quietude and ease. Meeting with people, he never gives them the feeling to be in a hurry, so that they feel accepted, understood and protected in his presence. He become father and mother simultaneously. Once I asked the Master how I could learn all this. He answered: "Observe me! Be quiet and observe and make it just as I do." Thus my first visit to India became one of the central experiences which still influences and guides me daily.

The classes and teachings which we receive from the Master are further important revelations to me. He is bridging East and West and that which is above and below. He explains the Secret Doctrine by Madam Blavatsky, the teachings by Master D. K, the symbolism of Mahabharata, Ramayana, Srimad Bhagavatam and much more in simple and comprehensive words. In Secret Doctrine and Isis Unveiled, Madam Blavatsky refers at different passages to the ancient Indian doctrine of wisdom, and both of her fundamental works are based upon it. It seemed impossible to me to understand Secret Doctrine. Only through the narrations of the Indian stories, the explanation of their profound symbolism and the existing relations, I gradually started to comprehend.

The Master gives us the key for the right understanding of Secret Doctrine as well as of the ancient Vedic doctrines. He establishes the links and opens many secrets. His wisdom teachings, the interrelations and

his background knowledge are unique. Nobody else has spoken and written in this manner before. Again and again I am touched by the depth, simplicity and beauty of his teachings. His doctrine is a revelation which fills me with joy and gratitude.

He teaches, "See the macrocosm in yourself, because everything outside is within you. If you study fully devoted maintaining this thought, you will gradually comprehend the doctrine."

The Master explains the profound symbolism and meaning of sound, colour and rituals. He guides those who wish to be guided and untiringly answers all questions. With patience, love and, if necessary, with a firm hand, he shows the way. He advises and gives instructions for study and meditation, so that the aspirant can safely proceed on the path of light. His goal is that the student attains illumination.

In 1999, the Master gave the permission to build up the Paracelsus project at Paracelsus' birth place in Einsiedeln. This project enlarged the service activity of the group. Two years later he initiated the magazine Paracelsus Health & Healing, at which today many brothers and sisters of the WTT cooperate. It is a work of great fulfilment and joy, for which I am deeply grateful.

The Master teaches that the most important pillars are meditation, study and service. All three should be regularly carried out. If one pillar is neglected, imbalance will be the result. He vividly demonstrates how these three activities can be practised in daily life. He really is a great example for true service. He promotes projects for the poorest of the poor, builds schools for children free of charge, distributes food to the hungry and is always available for the needy.

These acts he does in silence and modesty. Untiringly he works for humanity, alleviates and cures sickness, sorrow and pain. For many people and families he is adviser and helper in times of need.

On our journeys together through Europe, America and India I got aware of how he links up nations and groups. Due to his seminars and immense activities, there is an intense global group work and group connection. His message is: "The group is the Master!" He is the teacher and magnet of all activity. He is the focus of the WTT. He synthesizes the groups from East and West.

Through him I learnt that profession and service are very important, but even more important is the individual who aspires towards the light. The community is the goal of all activity. The Master is like the shepherd who holds his sheep together, so that none gets lost on their common way. He is the source of inspiration and his doctrine is a revelation for humanity. A link to him is helpful to cross safely the ocean of life.

With utmost gratitude to the Master.

# Paracelsus Health and Healing

## The Flow of Force



“Where there is more traffic there are more accidents. Traffic coupled with speed causes greater accidents”, says a seer in relation to health. From the seers’ standpoint the body is full of lines of force and these lines of force cross each other forming the traffic centres. Unless the traffic signals are followed, accidents happen. These traffic signals are the age-old health regulations.

From the seers’ standpoint the physical body is an automaton run by the etheric body, which is composed entirely of lines of force; and where these lines of force cross each other, they form centres of energy. Where more lines of force cross each other, they form major centres. Thus in the etheric body, there are 7 major centres, 21 minor centres and 49 smaller centres. These centres of energy and lines of force run the automaton, the physical body.

When there is free flow of force through the etheric body to the dense physical body, the scope for signals and disease is little. Whenever there is disturbance to the equilibrium, there is over or under stimulation of energy, and such disequilibrium leads into the dense physical body. The disequilibrium can be from the enviroing world or from the personality of man. The congestion in the human vehicle is due to inappropriate flow of forces and energy via the etheric body to the physical body.

The first impact of such congestion is generally at the lungs or at the throat and head. Not infrequently the congestion settles in the stomach. It is for this reason the human attitude towards life is as important as the enviroing condition. The attitude recommended is one of dynamic passivity, while the humans are generally aggressive, competitive and jealous. A balanced, poised, stable mind is a precious shield for health as well. The emotional and aggressive ones are generally left unshielded to the prevailing conditions.

Dr. K. Parvathi Kumar

*Extract from: Paracelsus – Health and Healing*

## NEW: The Great Invocation

The Lucis Trust published some corrections for the Great Invocation. The corrections they made were for replacing “man” with “human” and for “May Christ return to Earth” it is said “May the Coming One return to Earth”.

“Man” is used to refer to souls and the word “man” need not be changed to “human”. This is because from the scriptural standpoint “man” include “woman” unless otherwise specifically stated. The root for “human” is hu-mus, meaning mud. “Human” gives another meaning that he is from mud. “Man” comes from the root “Manushya”, meaning the self-conscious soul. Master Sri K. Parvathi Kumar says it is appropriate to say “May the Lord return to Earth”, instead of “May the Coming One return to Earth”.

Many groups ask for changing the stanza of “the Avatar of Synthesis who is to come” because He is already here.

The new stanza will be “From the Avatar of Synthesis Who is around Let His energy pour down in all kingdoms. May He lift up the Earth to the Kings of Beauty.”

We start with the above change from Aquarius Full Moon onwards.

### Great Invocation

From the point of Light within the Mind of God  
Let light stream forth into the minds of men.  
Let light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
**May the Lord return to Earth.**

From the centre where the Will of God is known  
Let purpose guide the little wills of men,  
The purpose, which the Masters know and serve.

From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

From the Avatar of Synthesis  
**Who is around**  
Let His energy pour down in all kingdoms.  
May He lift up the Earth to the Kings of Beauty.  
Let Light and Love and Power restore the Plan on Earth

## Astrological Important Days in March/April 2006

20.03.	19:25	☉ ♄ ♄ / Sun enters Aries			
		♃	<b>Spring Equinox:</b> <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i>		
			☉ in ♄ and 1 <sup>st</sup> - 14 <sup>th</sup> phase of ascending moon: <i>Contemplation upon Master Morya and 15 days yogic programme for the senses to lay down a good seed for the coming year</i>		
22.03.	08:38	♁ 8 <sup>th</sup> phase of descending moon starts	☉ 01°32' ♄ / ♃ 25°32' ♄		
		♃	(End 07:33 on 23.03.)		
25.03.	03:32	11 <sup>th</sup> phase of descending moon starts	☉ 04°18' ♄ / ♃ 04°18' ♃		
		♃	<i>Contemplation upon Master Morya</i> (End 01:46 on <b>26.03.</b> )		
<b>26.03.</b>	01:55	23 <sup>rd</sup> constellation <i>Dhanishtha</i> starts		♃ 17°16' ♃	
	02:00	Summer time starts (02:00 h MET≠ 03:00 h MEST)			
	21:00	<b>Dhanishtha-Meditation</b> (End of <i>Dhanishtha</i> -constellation at 23:32 am <b>26.03.</b> )			
28.03.	15:42	Phase of new moon starts	☉ 07°44' ♄ / ♃ 26°44' ♃		
		♃	<b>New moon point of Aries:</b> <i>Contemplation upon 'The Pledge'</i>		
29.03.	12:15	● New moon of Aries (total solar eclipse)	☉ 08°35' ♄ / ♃ 08°35' ♄		
05.04.	01:26	♁ 8 <sup>th</sup> phase of ascending moon starts	☉ 15°03' ♄ / ♃ 09°03' ♃		
		♃	<i>Contemplation upon Master Morya</i>		
06.04	02:46	9 <sup>th</sup> phase of ascending moon starts	☉ 16°05' ♄ / ♃ 22°05' ♃		
		♃	<i>Birthday of Lord Śrî Râma</i> (End 04:42 on 07.04.)		
08.04.	07:04	11 <sup>th</sup> phase of ascending moon starts	☉ 18°14' ♄ / ♃ 18°14' ♃		
		♃	<i>Contemplation upon Master Morya</i> (End 09:39 on <b>09.04.</b> )		
12.04.	16:53	Phase of full moon starts	☉ 22°34' ♄ / ♃ 10°34' ♃		
		♃	<i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre</i>		
13.04.	18:40	○ <b>Full moon of Aries (Shambala Full moon)</b>	☉ 23°37' ♄ / ♃ 23°37' ♃		
20.04.	07:26	☉ ♄ ♃ / Sun enters Taurus			
	18:19	♁ 8 <sup>th</sup> phase of descending moon starts	☉ 00°27' ♃ / ♄ 24°27' ♃		
			(End 16:32 on 21.04.)		
22.04.	09:23	23 <sup>rd</sup> constellation <i>Dhanishtha</i> starts		♃ 17°17' ♃	
	21:00	<b>Dhanishtha-Meditation</b> (End of <i>Dhanishtha</i> -constellation at 07:44 on <b>23.04.</b> )			
<b>23.04.</b>	11:54	11 <sup>th</sup> phase of descending moon starts	☉ 03°07' ♃ / ♄ 03°07' ♃		
		♃	<i>Day of Nârâyana</i> (End 09:10 on 24.04.)		
27.04.	00:26	Phase of new moon starts	☉ 06°32' ♃ / ♄ 24°32' ♄		
		♃	<b>New moon point of Taurus:</b> <i>Contemplation upon 'The Pledge'</i>		
	21:44	● New moon of Taurus	☉ 07°24' ♃ / ♄ 07°24' ♃		
29.04.	17:27	3 <sup>rd</sup> phase of ascending moon starts	☉ 09°11' ♃ / ♄ 03°11' ♄		

All dates are in MET (middle European time), starting on 26.03. in MEST (middle European summer time)

From: »Astrological Calendar 2005/06 and 2006/07« of The World Teacher Trust

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## Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love  
which is pure.

From the West through Wisdom  
which is true.

From the East through Will  
which is noble.

From the North through Silence  
which is golden.

May the Light make beautiful  
our lives.

O Hierophant of our Rite

Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World  
Servers.

We bow down in homage  
and adoration

To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,  
and to its Exquisite Jewel,  
The Star of the Sea -  
The World Mother.

From the point of Light  
within the Mind of God  
let Light stream forth  
into the minds of men.  
Let light descend on Earth.

From the point of Love  
within the Heart of God  
let love stream forth  
into the hearts of men.  
May the Lord return to Earth.

From the centre where the  
Will of God is known  
let purpose guide the little wills of men,  
the purpose, which the Masters  
know and serve.

From the centre which we call  
The race of men  
Let the Plan of Love and Light  
work out  
And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is around  
let His energy pour down  
in all kingdoms.  
May He lift up the Earth to the  
Kings of Beauty.

The Sons of Men are one  
and I am one with them.  
I seek to love, not hate.  
I seek to serve and not exact  
due service.  
I seek to heal, not hurt.

Let pain bring due reward  
of light and love.  
Let the soul control the outer form  
and life and all events,  
and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master D.K*



The sound OM is the thread  
that connects all the 7 planes.

Listen while uttering OM,  
it enables you to link up  
and experience  
the awareness of the 7 planes.

Such link-up enables  
experiencing the Bliss.

Utter OM thus.  
Live in Bliss.

Therefore utter OM and listen

K. Parvathi Kumar