

# VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



*Aries 2007 Mesha*

OM is triple energy.  
It is creative, reproductive and preserving.  
Utter the sacred word with intent  
and express the triple energy  
as a disciple does.  
OM is thus fulfilling.

Utter OM.

K. Parvathi Kumar



## Invocation

May the Light in me be the light before me.  
 May I learn to see it in all.  
 May the sound I utter reveal the light in me.  
 May I listen to it while others speak.

May the silence in and around me present itself,  
 The silence which we break every moment.  
 May it fill the darkness of noise we do,  
 And convert it into the Light of our background.

Let virtue be the strength of my intelligence.  
 Let realisation be my attainment.  
 Let my purpose shape into the purpose of our earth.  
 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
 May we live in the awareness of the background.  
 May we transact light in terms of joy.  
 May we be worthy to find place in the Eternal Kingdom OM.

*Master E.K.*

## Table of Contents

Invocation of Master E.K. ....	2
Table of Contents.....	3
Prayer for the Year.....	4
Message of the Year .....	5
Message of the Month of Aries☾ .....	6
Message of the Teacher.....	7
Lord Krishna: Gītā Upanishad.....	8
Master CVV .....	9
Lord Maitreya .....	10
Master Morya - Maruvu Maharshi.....	11
Master Kut Humi - Devapi Maharshi.....	12
Message of Master E.K. ....	13
Vidura Wisdom Teachings.....	14
Shirdi Sai Sayings .....	15
Sri Ramakrishna.....	16
Discipleship .....	17
Occult Meditations.....	18
Rudra .....	19
Ashram Leaves.....	20
Children’s Section.....	21
On Love .....	22
On Change.....	23
On Silence .....	24
Hymns on Agni .....	25
Book Review .....	26
News - Review .....	27
Window to World Service .....	28
WTT Spain-Working Group: Booklets.....	29
Extracts from the Teachings .....	31
Paracelsus – Health and Healing .....	36
Astrological Important Days .....	38
Great Invocation .....	39
OM .....	40

Dr. Sri K. Parvathi Kumar is President of the ‘World Teacher Trust’ and Founder of the ‘Vaisakh News-Letter’.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German (print): wtt@kulapati.de, in Spanish (WTT Argentina): wtt@wttargentina.org, (WTT Spain): wtt-es@wanadoo.es

The English Vaisakh News-Letter is also available in print. Please contact:

### **The World Teacher Trust - Global**

The Vaisakh News-Letter, Wasenmattstrasse 1, CH-8840 Einsiedeln, Switzerland

E-mail: wtt-global@wtt-global.ch Website: www.worldteachertrust.org

## Message of the Year

### Prayer for the Year

Ten times ten.  
The wheel rotates.  
Three wheels from one wheel.  
A total of four wheels.  
Three above and four below.  
Seven wheels rotate in three directions.  
Seven and three is ten.



Hearty fraternal greetings and good wishes to the brothers and sisters on the occasion of the dawn of the new solar year 2007-08. This Solar Year is called "all round victory" (*Sarvajith*). The name of the year itself gives the needed message. It therefore need not be over-emphasised. The Solar God enters the glorious sign of Aries on 21<sup>st</sup> March marking the beginning of the year. May this year bring the much awaited fulfilment to all the seekers at all levels.

The year starts with the Jupiter in Sagittarius, Moon and Venus in Taurus, which are significant for fulfilling the purposes of life. Saturn in Leo continues to give the necessary adjustments to the heart centre and Uranus continues its activity of change in Pisces. Pluto brings corrections and adjustments to aspirations in Sagittarius and Neptune may give ecstatic experiences (or even hallucinations). Node and Anti-node are in the process of concluding the Solar cycle.

Since the year begins on Wednesday the world affairs would take to much neutral position than before. The prejudices and the biases created amidst world communities would find their way to solution.

Two, Seven and Nine are the ruling number for the year.

I wish that the year brings renewed energies to members to follow the Path of Discipleship. The Path of Discipleship is fraught with many difficulties, yet they can be crossed over with the help of Divine blessings. The Divine blessings pour-in to those who regularly pray ardently.

May the hierarchy be our guiding star.

Jupiter in Sagittarius plays a significant role to give impetus to the Path of Discipleship. This passage from Sagittarius to Pisces may be occultly understood as the passage through *Sushumna* during the next four years giving the necessary blessings and benedictions to those who follow an orderly, rhythmic way of working. Jupiter's passage from Sagittarius to Pisces via Capricorn and Aquarius are significant years for occult fulfilments.

Also please remember that 21<sup>st</sup> March happens to be spring equinox. Equinox gives the message of balance between Matter and Spirit. May your soul and personality activity be balanced. May you gain the skill of balancing your attitude as between spiritual and material values. This balance would lead you to the neutral state of Be-ness. Accomplishing Be-ness is fulfilment of Yoga and this may be understood as the all-round victory.

*Dr. K. Parvathi Kumar*



## Message of the Month of Aries

Remember the lamb and the cross! The cross is the path of ascent for the lamb to follow. The goal is Sahasrara. The Mantra is Sahasra. The Abode is Shambala. All this is true to the man who is born in God-consciousness having died to Man-consciousness. To such one Uranus rules Aries. To the disciple Mercury rules Aries. To the mundane Mars rules Aries. Uranus is indicative of transparency, intuition, electrical functioning, expansion through ether. Mercury indicates, in Aries, neutralisation at all levels. It is but necessary for a disciple to neutralise within the opposing currents at all levels. Mercury gives the ability to stay balanced, absorbing into oneself the opposing currents. The creation is but duality and it can never be perceived in its completeness until one learns to stand beyond such duality. Opposition continues to exist in the world and the one that resides in the world ever faces such opposition from within and without. As one learns to be neutral he understands the ways of the world and dissolves the war-mongering instinct. The inner and outer wars are only due to the duality that the humanity suffers. It is a myth to believe that wars end in the world. Some times such wars are heavy and some other times they are routine. It is so with an individual of the world, with the nation and with the mankind. This warring and fighting attitude and never ending disputes, the related conflicts are all the work of Mars in Aries who is the ruler of the worldly affairs in this sign.

May wisdom prevail and Mercury preside over every aspirant and may Mars be subservient to Mercury to make him triumphant in his effort to gain neutrality. May the Path of Yoga help him in this direction.



## Message of the Teacher

### A Key

The touch of the teacher is the gift of God to those who live in devotion to God. The devotees with single mindedness serve God in all forms. As he serves, the degree of teacher's touch is increasingly felt. The consequence is the unfolding of the angelic centres in the devotee. As the angels awaken the diabolics too awake. Consequently, the devotee's personality becomes a field of battle. The devotee needs to stay in the Presence of the teacher to safely go through the battle. If he walks away from the presence, he is bound to collapse.

Arjuna seeking Krishna's presence in his chariot gives this message. But for Krishna's Presence Arjuna would have collapsed many times in the war.



## Gîtâ-Upanishad

- Lord Krishna -

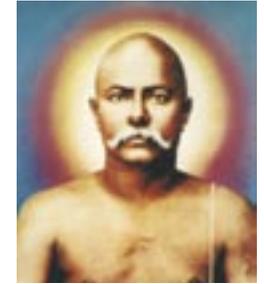
### Importance of the Presence

“I respond to you as per the approaches you make. I am impersonal.” Theists approach the Lord according to their perceptions and pursuits. Their pursuits are their perception of happiness. In pursuit of happiness the theists try different types of approaches and gain different perceptions. Sometimes they gain happiness and sometimes they do not. Even the little happiness they gain they lose quickly because their pursuits of the Lord are according to their perception. They do not know that the Lord is the very basis of all perceptions. This is an inversion that one needs to reverse to be in the state of continuous happiness. Such happiness exists in all the 3 planes as:

- happiness on the physical plane;
- joy in the mental plane and;
- bliss in the Aatmic plane.

The continuity of happiness depends upon the continuity of the Presence.

Generally Presence is lost out of sight by the theists during their activity of senses, of mind and even of buddhi. There are many working with the Divine thought, yet they do such work forgetting the importance of the Presence. Consequently, the personality prevails instead of the soul. By over-viewing different perceptions of millions and millions of theists, the Lord responds according to the degree of the Presence they hold.

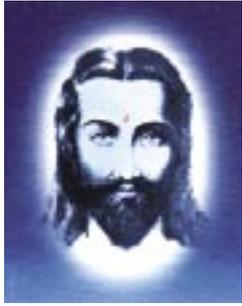


## A Word from Master CVV

### Chief Life

Remember! The energy that transmitted through me stimulated not only the mankind, the planet, but all the seven planets of the system. The planets are all entrusted with additional functions. Consequently, the astrology needs to be reviewed and revised. The Chief Life that has flown into the system brought in new adjustments. It destroys certain undesirables and restructures certain desirable aspects and builds a new pituitary. The purpose of the chief life is to build the new pituitary body. Remember! The pituitary body is the receptive centre to the life and the light of the soul. My work chiefly relates to regulation, restructuring and building of a new model pituitary. It is for this purpose I formed a triangle with Manu and Morya.

Once the chief life does its work in you, the influx of Prana would be much better and such Prana would be received without hindrances by the body through the seven centres and seven glandular plexus. Then man would be well structured with the seven tissues of the body. This knowledge is important for persons who conduct the prayer given by me.



## Lord Maitreya

### Avakara

A fiery aspirant who is in the process of discipleship is called in our circles as Avakara. Avakara is the one who uncompromisingly eliminates every form of impurity within him. He cuts-off with a sharp axe the sprouts of ignorance. He is in a process of beautification. As much as he purifies, so much beauty is bestowed on him by Nature. In turn, he experiences such beauty in the Nature around him.

We frequently recollect Ashvaghosha when we think of Avakara. Staying on a highway he was painting the Nature with different paints. The travellers on the way could not but stop, see and get inspired by his paintings. Ashvaghosha was inspired and his inspiration was transmitting even through the paintings to the onlookers.

The inspired ones live in singing, dancing, painting or writing about the beauty of Nature. The beauty is the Presence of the Divine in the Nature. Poor are the ones who cannot sing, dance, paint or write and who cannot witness them even. Mankind created cinema theatres to experience the song, the dance, the colour and the script. We too sometimes enter the cine-theatres buying the ticket. Very few of them do give a bit of joy. They should inspire man to move into the bigger theatre, the universe.

Daily life is a cinema. Just as you observe a cinema, observe your daily life. Continue to be an observer of the daily life as you observe the cinema. From you many roles come out. Much dialog comes out. A lot of movement of limbs happen. A lot of movement into Nature also happens. You encounter different things during the day. You witness the sky, the birds, the sunlight and the breeze. You experience the heat and cold. Besides, you would see different patterns of behaviour; from within you and from others. The variety is beyond description in a daily routine if only you observe. You experience joy, peacefulness, poise, anxiety, fear, tension, jealousy and a host of other energies, but remain an observer. Only then you remain the same at the end of the day. Ashvaghosha thus experienced daily life and experienced the beauty of the intricate drama of life. Till date his paintings are a source of joy to us. He even tried and succeeded to fix within his paintings the Presence of the background consciousness. Such is his ability. He is a model for those who wish to be born in consciousness. He is an Arian (born in the full moon hours of Aries).



## Master Morya - Maruvu Maharshi -

### The Dwelling Evil

Be not complacent of evil. Do not be blind to it. Evil cannot be eliminated. It is the by-product of the creation. It exists as long as creation exists. It exists in the ambience around. Its existence is subtle. You cannot perceive. You do not know when it enters into you. By the time you know, it occupies key position in you. Then you cannot come out or get out of it. We overview the situation with many well-meaning aspirants and disciples. One needs to daily eliminate the weeds of evil from within through regular prayers. Regular and ardent prayers are the means to eliminate them from oneself or to restrain them from a place. Different religions have different ways of dispelling them. Do not neglect them.

Remember! It is not wise to hate evil. If you hate evil you attract it faster. Ignorant priests preach hatred towards evil. It is one of the chief reasons for the growth of evil. As much as you entertain hatred so much you wide open the doors to evil.

Today mankind is suffering a lot of pain, ill health, sickness and even decay due to its hatred. The human activity is full of crime with robberies of different kind, aggression, violence, exploitation of the weak, the women and the children and above all *en-mass* killing. All this is happening in the name of perverted belief in God! We see from a distance helplessly this ignorant activity of the mankind.

Prayers done in love and for welfare of mankind can open the vaults of heaven to normalise the situation and such prayers have to be done with greater effectiveness. This is caste as a duty upon all the new groups of world servers.



## Master Koot Hoomi - Devapi Maharshi -

### Importance of Vegetarian Food

To the subtle consciousness of the subtle body animal food is dangerous. The subtle consciousness distorts itself when one eats killing animals or even if one eats food from killed animals. However much the animal meat is cooked the impact of animal blood continues to be on it. Eating such food are seen from the subtle world as blood drinkers. Today blood-shed on the planet is mostly from races that eat animal as food. The impact of such food erodes even into the budhic plane and drives people to be diabolic. When man needs to receive sublime wisdom from the budhic plane he cannot do the contrary in his food habits. Today many are doing so. The proportion of diabolics among humans cannot be reduced on the planet until and unless he abstains from killing animals and eating them. How can the new age dawn? How can the Supra Consciousness descend into the mental plane? Man is becoming more diabolic than Divine in the habits. He carries only the slogans of the Divine. The old saying of "devil holds scriptures" has come true in the modern community. The nature has a plan to arrest this epidemic of ignorance. Diseases are growing in geometrical progressions causing fear to man. Health and hygiene therefore became important. Today man eats medicines in pursuit of health. But adequate solutions are not forth-coming. Nature's plan is to drive man to subtle vegetarian food from gross animal food until man gets to this point. He lives in hell on earth. He has option to be in heaven on earth.



## Message of Master E.K.

### Dharana

When the senses are put to indiscriminate use, man loses clarity. Such ones cannot apply their mind upon respiration. Nevertheless to overcome the situation he should only try to do that. If once this is accomplished, the man and his life principle gain alignment. They get attuned and attain at-one-ment. Thereafter, man feels himself a column of consciousness from heart to head. This is *Dharana* as per Patanjali.



## Vidura

### Wisdom Teachings

Wealth  
does not stay stable  
with persons who are negative  
in their attitude,  
who disbelieve the world beyond,  
who are lazy,  
and who are indulgent.

## Shirdi Sai Saying

### The Key



The presence of the Master suspends the planetary Karma. The continuous presence of the Master completely neutralises the past Karma. The presence is established through the recollection. Hence recollection is the way to liberation.



## Sri Ramakrishna

### Prayer

Should we pray aloud to God?

Pray to Him in any way you like. He is always sure to hear you. He can hear even the footfall of an ant.

If you cannot settle whether God has form or not, then pray in this way: "O Lord, I cannot understand whether Thou art with form or without. Whatever mayst Thou be, have mercy on me. Do reveal Thyself unto me."

## Discipleship

### Astrology

The effects of the interplay between the heavenly bodies are the agencies through which the purposes of God are wrought out. A vast system of interlocking energies is in active and rapid circulation throughout the universe and influences, calling forth response, play upon every form and atom. The human being is the recipient of many energies and this makes man what he is, physically and spiritually. Man's consciousness is stimulated and his divine qualities evoked by these forces, bringing about his evolutionary development. We speak at times of an expanding universe but what we really mean is an expanding consciousness. It is an expanding consciousness, and nothing else, that is the objective of all those relationships and energies. Eventually, as the ages slip away, these energies produce a complete expression of divinity.

*a disciple*



## Occult Meditations

### Meditation 4

*Lead me through knowledge to bliss.  
Lead me through strength to service.  
Lead me through sympathy to realisation.  
Lead me through love to oneness.*

#### Commentary:

Know that only knowledge gives bliss. Absolute knowledge gives absolute bliss. Knowledge when realised leads one to unitary existence, to unity of existence, to one existence as all this. It leads to the state of Ananya (no other), Advaita (no second). This is the bliss of knowledge. One cannot call oneself knowledgeable when he does not reach the said state of Ananya and Advaita.

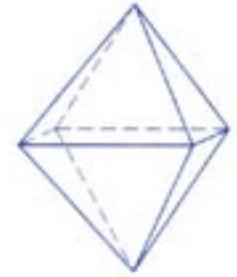
The Lord speaks in the Bhagavad Gita, "There is nothing purer as knowledge or even as pure as knowledge." The one of knowledge is in bliss regardless of time, place, situation and events. Knowledge is like fire that absorbs into it all the surroundings. Knowledge is knowledge of self, the One Self that exists as all this. Know that unwavering bliss belongs to such knowledgeable ones.

Know that all cannot serve. One should have strength to serve. One should acquire ability to serve. Serving without ability is like cooking without experience or rushing to war without knowing how to use weapons. It is also like attempting to write without knowing the alphabets. To serve is a good thought. But to conduct service, ability is to be acquired. Related abilities for related service should be copulated with the intention to serve. Service without strength leads one to confusion and chaos. Learning the abilities to serve is the real education.

Further know that Divine realisations do not happen for those who are not kind-hearted. Sympathy is the quality that flows from the kind heart. Aspirants have to cultivate sympathy, thereby gaining a kind heart to experience Divine revelations and realisations. Sympathy is a process of kindly understanding others. Kindly understanding comes by placing oneself in the position of the others. From kindly understanding to sympathy, from sympathy to kind heart and from kind heart to Divine experiences is the route.

Aspirants aspire for Divine experiences without following the related discipline. They aspire to serve without ability; they further aspire for bliss without knowledge. Such aspirants remain daydreamers. cont. p. 18

## Rudra



### 6. Girisanta

Among the 11 Rudras, the Rudra relating to speech is the most active one in the human being (remember that Rudra functions through the mind, the 5 sense organs and through the 5 physical organs of which speech is one). The Rudra that functions through the speech is called *Girisanta*. *Girisanta* means the one who bestows bliss through speech. Speech regulations are many (refer to the author's book on "Sound"). Right speech which is harmonious builds harmonious energies in man. If not, speeches build conflict and its related worry, irritation, anger, etc. When speech is not harmonious, man transforms into a devil. When speech is harmonious, he can turn into a Deva. Horrible speeches would eventually lead one to horrible forms. Rudra, when worshiped, would arrest the tendency of abusive speech and would even liberate one to a state of harmonious speech and attractive form. With speech, one can destroy oneself or liberate oneself. One can throw oneself to hell or liberate oneself into heaven. Such is the power of speech. Such power is worshiped as Rudra.

*Girisanta* means the one who resides in speech. The use of speech is the use of Rudra's power.

cont. f.P. 17 Occ. Meditation

Sympathy also leads one to loving understanding, loving understanding settles down gradually as love. Love is impossible for those who do not carry loving understanding. Loving understanding is impossible without the basic quality of sympathy. When love settles down as one's nature, it leads to the knowledge of oneness. Thus the circuit is complete. From knowledge to love, from love to sympathy and from sympathy to service is the work of the Master. From service to sympathy, from study to knowledge and from knowledge to love and to bliss is the path of the disciple.



## Ashram Leaves

### The Clue

The cow, standing on its mysterious legs, holds the calf. The direction of the cow and the birth of the calf is still more mysterious. Surely it is not earthly.

## Children's Section

### The Doctrine of Ethics

Riches are heavenly,  
poverty is hell  
and calamity is death  
for the worldly.

Dear Children

The books of Wisdom say that the great Bear is like Father to our Solar system. The Pleiades is like Mother to our Solar system. The Sirius is like Teacher to our Solar system.

The Great Bear is called the Polar Bear. The Sirius is called the Dog Star. The Pleiades is called the Maiden.

The great Bear is in the north near the pole star. It is therefore called Polar Bear. The Sirius is at the South Pole and is therefore called the Southern Star.

The shape of the 7 stars in the North is like a bear. Therefore it is called great Bear. The shape of the Sirius system is like a dog, therefore it is called the Dog Star.

The great Bear is of 7 stars. The Pleiades is of 6 stars and the Sirius constellation is of 5 stars.

Learn to observe them. The great Bear and the Pleiades can be seen in the northern sky. The Dog Star can be seen in the Southern Sky.

There are other constellations where you can see a Lion, an Elephant head, a Great Dragon (Serpent). It is a good habit to see the stars and the planets in the sky and to learn about them.

*Dr. K. Parvathi Kumar*

*(from the editorial of Dr. Kumar on the website: [www.jugendforum-mithila.de](http://www.jugendforum-mithila.de))*

## On Love

Love is the Basic Energy.  
Without Love there is no Creation.



## On Change

Change is inevitable.  
It is inevitable even to rocks!  
Acceptance of change is Wisdom.



## On Silence

Silence is friendly.  
Silence is the friend.  
Find 'the friend' in Silence!



## Hymns On Agni



Worship of Agni is age-old and very auspicious. Nothing can purify as Agni does. Agni is the basis for all the creation. Agni is all pervading. Agni is the foremost in the creation. All deities have taken birth from Agni only.

Rig-Veda has given utmost importance to Agni than any other deity. Some selected hymns in worship of Agni are being given for the benefit of the readers.

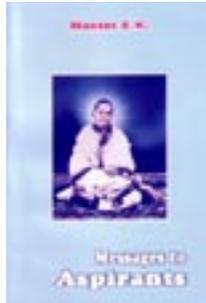
### **1. AGNI MEELE PUROHITAM YAJNASYA DEVA MRUTVIJAM HOTARAM RATNA DHATAMAM**

Agni is the ritualist relating to the cosmic, solar and planetary creation. He is the Master Ritualist that leads Devas to manifest the creation and even to maintain and to dissolve it. Agni is the bestower of the splendours of creation.

We therefore worship Agni.

## Book Review

### Messages To Aspirants



The booklet contains extracts from letters of Master EK sent to persons in the West and in India. It is meant to inspire aspirants and disciples. The letters contain many instructions and advices of the Master, concerning spiritual practice, everyday living or spiritual questions – a jewel for the seekers. “Spiritual qualifications do not depend upon social perfection and formality. It is the warmth of the heart that makes us respond to each other from such a distance.”

**Ekkirala Krishnamacharya:** Messages to Aspirants

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

### The Aquarian Master (New Edition)



This book speaks of a Master who anchored the New Age energy on the planet and in the solar system as well. At the beginning of the 20<sup>th</sup> century, this solar system (and our planet too) went through certain grand initiations, via Sirius. As a result there is a seachange in life in and around the planet Earth. Master CVV is the grand initiate that steered the Aquarian energy into the planetary life and thus inaugurated the Aquarian Age. This book carries a detailed account of the work of Aquarius and enunciates the Yoga of Synthesis as propounded by Master CVV. Revised edition 2007, English

**K. Parvathi Kumar:** The Aquarian Master

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

## News - Review Tours of the Teacher

### 41<sup>st</sup> WTT Intercontinental Tour 2005

#### USA: Miami, 18<sup>th</sup> – 23<sup>rd</sup> November 2005

After the ceremony, we had the joy to listen to his lessons through his immensurable knowledge and a series of questions and answers, where the group members had the opportunity to clarify doubts and to extend experiences. We could also share and talk with him during a simple but beautiful gathering on the eve of the celebration of our Thanksgiving Day and where as always, we could delight with more of his lessons.

In this occasion, the Master blessed us by explaining the meaning of the name Pushyami (which he had assigned to the group of WTT-Miami in 2001), the very important mission that this meant and the work that implies to be in this spiritual path. The group took advantage of the opportunity to thank Sabine for her quiet and harmonious work that she carries out. She is a great role model for the group.

Words do not exist to describe the happiness we felt to have the physical presence in Miami of our beloved Master Kumar, Kumari Garu and his faithful collaborators. In addition to the lessons, they left a trail of energy behind us, and with their example we became aware of the effort of all the work that they do with love, detachment and lack of personal gain... thus another great lesson that we must assimilate.

### Dates of the Next Travels 2006

20 <sup>th</sup> to 27 <sup>th</sup> March	worship rituals relating to cosmic person PURUSHA at Vizag.
1 <sup>st</sup> and 2 <sup>nd</sup>	April - Aries full moon group life.
9 <sup>th</sup> April –	Annamacharya birthday celebration at Vizag.
2 <sup>nd</sup> May –	Visakhha Festival.
12 <sup>th</sup> May	Birthday of Lord Hanuman.
25 <sup>th</sup> May to 30 <sup>th</sup> June -	May Call group life and tour in Europe.

During these dates you won't be able contact Dr. K.P. Kumar.

You find the updates on: [www.worldteachertrust.org/vaisakh15\\_e.htm](http://www.worldteachertrust.org/vaisakh15_e.htm)

## Window to World Service News & Activities

### Full Moon Formula 2007/08 Taurus to Aries

- Step 1 OM (7x)  
(5 minutes silence)
- Step 2 Gurur Brahmâ  
Gurur Vishnuhu  
Gurur Devo Mahesvaraha  
Gurur Sâkshât Parambrahma  
Tasmai Srî Gurave Namaha
- Namaskârams Master  
Namaskârams Master EK  
Namaskârams Master MN  
Namaskârams Master CVV  
Namaskârams Master CVV  
Namaskârams Master CVV to your lotus feet
- (15 minutes silence)
- Step 3 **Prayer for the Year**  
Ten times ten. The wheel rotates.  
Three wheels from one wheel.  
A total of four wheels.  
Three above and four below.  
Seven wheels rotate in three directions.  
Seven and three is ten.
- (10 minutes silence)
- Step 4 HAMSA SIVA SOHAM (12x)  
(5 minutes silence)
- Step 5 Loka Samastha Sukhino Bhavantu (3x)  
OM Sânti Sânti Sântihi

## WTT-Spain - Working Group: Booklets

This is a work that started in 1996, it was the outcome of a sincere proposal done by a veteran and beloved group co-disciple to Sri Kumar during a meeting we had with him. In this meeting, some members of the board of directors of that time also participated. The proposal was warmly welcomed by the Master and up to date has always received his support and blessing.

At the beginning the work consisted in compiling a certain topic and later we gathered a day each week at the Theosophical Society, all those who felt inclined, and together we shared reading and explaining the teachings of the Master during an hour. With the time a small but powerful group was formed through this work, which was committed to maintain the work through their regular presence. It was indeed very rewarding to observe that this meeting was not only attended by WTT members, but by theosophists as well. I was astonished about the devotion and the surrender they had to this work. Some of these individuals didn't even know Sri Kumar personally, and yet, since the work started, they supported and respected him with their loyal and stable presence. My eternal gratitude and acknowledgement to all of them, but very specially to a theosophist that is no more physically present, Mr. Ramón Herbera, who in spite of his illness never failed at the weekly meetings with us, to listen to the Master's teachings. I was deeply affected by his spirit and strength that through his mere presence he inspired the work, so that it could go on. Without exception, all of them showed a good companionship and group love in their attitude.

Next year, in a meeting with Sri Kumar, when he was interested in the dynamics of the work, I explained him this cooperation, not only of some WTT members, but also of theosophists, and he told me: "Madame Blavatsky's presence is possible when theosophists are present. Any individual that comes to this work is blessed by the Master".

Through all these years, this work, like any other work, has been subjected to changes, and as time goes by, it has shifted, taking

form, growing and developing slowly, and always there was the same spirit of surrender and respect to the Master. It has been and still is a team work, a good-will work. This is the strength that helps us and is still giving us the opportunity to learn to work, one with the other, in good energy and cordiality.

The work initiated in 2000 came out in the form of small booklets or notebooks; its purpose was to give an easy access to some of the teachings given by the Master at different seminars in Europe, America and India in a written and synthetic way. Up to now, twelve booklets have appeared. Soon there will appear a new booklet that deals with the fundamental principles of Healing and Health (Volume 1). At present we are working on another that will deal with Humane Constitution and with Madame Blavatsky and *The Secret Doctrine*.

At last, we wish to express our most sincere and profound gratitude to our dear friend and comrade Jesús Díaz, for his splendid work as translator of the teachings of the Master for so many years, because his loyal and invaluable work has made it possible that this work could be done in Spanish.

Our gratitude goes to each of the individuals who at a certain time have directly collaborated in the work with a true spirit of solidarity, and it goes to all the groups in general, because of the good reception, readiness and sympathy demonstrated towards the work, throughout all these years. According to Sri Kumar's words: "Any task becomes small when the group is big, because there is cooperation and a sense of responsibility". Only union makes it possible that the Energy of the Master is present in everything and with everybody.

With love

## Extracts from the Teachings

### Lecture During the Full Moon Hours of Scorpio,

Part VI

**Dr. Sri K. Parvathi Kumar**

Fürigen Group Living, Switzerland, November 2005

#### **Dattatreya**

Another understanding is the Dog Star in Scorpio, where you find the Lord or the Teacher with a dog head. The Greek had a divine being with a dog head. The Vedic tradition speaks of Dattatreya, the three-headed Teacher with dogs around him. Dattatreya is the three-headed Lord who is located in Muladhara, because he is the Lord of Sirius.



Lord Dattatreya

There are four petals in Muladhara. You can invoke anyone of these four Teachers in Muladhara. As regards Dattatreya, already much is said and written also for our purposes. All was given in the book and is specifically meant for us only. But those who follow

the path of discipleship, the related sublime cosmic concepts are given. Books are not written and published just for glamour. There are members in the group who take to a definite coursing on the path. There are others who are like visitors. Both exist. And there are in-betweens. But for the sincere demand of the students who are coursing on the path, these books are coming out.

### **Hanuman**

Then there is the fourth grand initiate. That is Hanuman. He is also a grand Teacher that helps us to move upwards from Muladhara. He is in the North-East. In Mahabharata, you find Hanuman sitting on the flag of Arjuna. North-East corresponds to South-West. You know it by the Law of Correspondences. East and West are complementary. North and South are complementary. North-East and South-West are complementary. So, South-West is located in Muladhara. But its higher counterpart is North-East.

Hanuman represents the chief life in us which moves upwards, up to that point of the Aquarian passage. Sitting in North-East, he can pull up the beings from South-West, because it is a diagonal straight line between South-West and North-East. Hence, Hanuman is seen as the real saviour of the souls by those who know.

We had a very interesting episode about Hanuman recently in our group. We have a friend in the United States who is a sincere student. He makes his own expeditions into the subtle world through practices of discipleship. He was particularly attracted to Master CVV and his energy. When he came to India, he saw a form of Hanuman installed by us on the sea coast which is 33 feet high. He saw the monkey God for the first time, and he knows that this monkey God played a big role in Treta Yuga. He asked me, if Hanuman is still relevant today. I said, that he is very, very relevant, not only to you and to me, but also to the Hierarchy. There are beings on the planet who are even helping the Hierarchy. So, I told him that Hanuman is very relevant to us. But he did not take it serious.

A month ago he sent me a mail that in spite of what he heard, something is repulsive in him about Hanuman. I said, "Don't worry. Continue your meditation with Master CVV, because you like it. Don't get into those areas which are repulsive to you."

But repeatedly he got these repulsive thoughts, and he sent me a mail saying, "This Hanuman is very disturbing to me." Normally by psychology we think more of that which we don't like. People whom we don't like are recollected more than those whom we like. An unpleasant event is more remembered than a pleasant event.

The more he wanted not to think of Hanuman, more and more Hanuman started coming. So, he wanted some more details about Hanuman. I did not reply to the mail, because external information does not really help in some matters. Just five days before I started on this journey, I received a mail from him, saying that he experienced that Hanuman is a higher aspect of CVV and if there is any link between them? There is a link between every Master. No Master ever has an exclusive kingdom of his own. We all belong to one kingdom of God and render different duties. Hanuman is a cosmic intelligence relating to air, and Master CVV is essentially an Aquarian Master. Aquarius relates to air.

Hanuman is the first Logos in manifestation. The first Logos is called Shiva or Rudra, cosmic fire, and Scorpio is related to the first ray. Hence, Master Morya also is connected. It all depends in what dimension you see. Rudras are all first ray energies. They can create, they can destroy. In this context you can study about Hanuman.



Hanuman-Statue at Guru Pooja

## Kapila

The fourth great cosmic intelligence that helps us in Scorpio is Kapila.

Ganesha, Dattatreya, Hanuman and Kapila are the four grand cosmic intelligences that function on the four petals of Muladhara which can also concurrently function between Saharara and Ajna. In RajaYoga, the same grand Masters sitting in the North-East pull us up. That is the lift up. May He lift up the Earth! They lift up the Earth from North-East. North-East is the junction point between Absolute God and God as Light. It is that point where darkness is transformed into light.

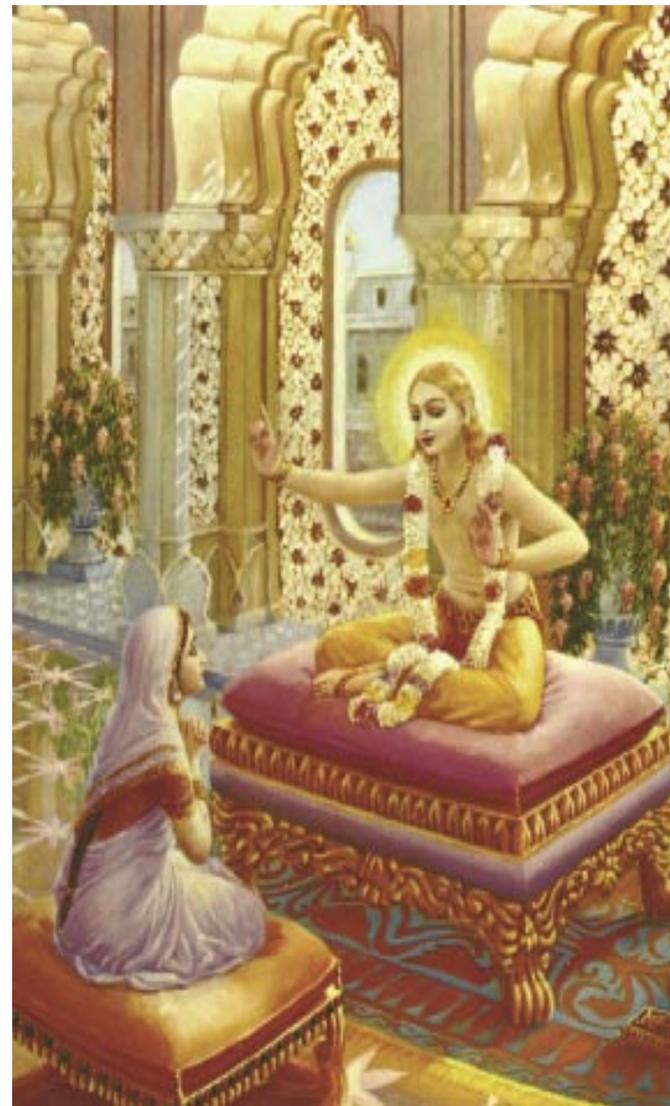
Long ago I gave the teachings about Kapila. He is the first Teacher after formation of this planet. His teachings are given under the caption Sankya. A number of teachings that came later are only part of that teaching. The teaching of Kapila is as old as the planet. He gave the four-fold wisdom.

Muladhara, the base centre has its higher counterpart at the top of your forehead. That is the ultimate. After that it is all Samadhi – Nil None Nought Level. Such is the beauty of the base centre that it exists as much in the North-East of your being as it exists in the South-West of your being. In the Raja Yoga practice, you visualise the Masters at the North-East and seek their help, so that you are pulled up to that state of awareness. In Hatha Yoga practice, the help of these grand Teachers is sought for a push up. They can push you up or they can pull you up.

These are some dimensions relating to Scorpio and Muladhara for the present.

Thank you.  
*cont.*

*This text is not proofread by the author and might have some mistakes.*



Kapila teaching his Mother Devahuti  
the Cosmic Wisdom



## Paracelsus Health and Healing

### Premises of the Medical Science of the Near Future

Humanity cannot do without its doctors, surgeons and hospitals. It will be so for the centuries to come. Modern medicine is into a great activity of research and of innovation, but barriers are erected by the excessive specialization, preventing new schools of thought. The new school consists of dieticians, naturopaths, homoeopaths, ayurvedic doctors, plus many others. No one is completely clear about the whole story of human health and disease. The alternative medicine claims “a universal cure-all” and their advocates claim definiteness, sureness and certainty, which only shows many times their ignorance and arrogance. By their loudly-shouted sureties they have definitely damaged their cause and, consequently, the modern medicine raised its barriers even higher to be separative. The alternative system, though vaguely, considers the etheric body and the etheric centres. The orthodox medicine is not open even to consider the possibilities of such etheric existence.

It is essential that, in the days to come, medical men should realize that disease in the physical body is incidental to the wrong internal condition. Until the true nature of the inner man, his constitution, its powers and its field of influence is comprehended, scientific cures are not possible. The medical science needs to be built around certain major premises in the near future. They are:

1. Preventive medicine will be the goal, producing the attempt to keep the body in proper balanced order.
2. Sound sanitation and the providing of healthy conditions will be regarded as essential.
3. The supply of the right chemical properties to the physical body will be studied – a science of chemistry, which is yet in its infancy, though it is becoming a flourishing infant.
4. An understanding of the laws of vitality will be regarded as of prime importance, and of this, the emphasis today on vitamins and the influence of the sun are wholesome indications.
5. The use of the mind will be regarded, above everything else, as a factor of major importance; the mind will be seen as the prime influence in regard to the centres, for people will be taught to work on their centres through mental power, and thus produce a right reaction from the endocrine system. This will necessarily involve the right direction of thought to a centre, or the withdrawal of attention from a centre, with the consequent effect upon the glandular system. This will all be based upon the occult law that “Energy follows thought”.
6. The perfect healing combination is that of the medical man and the spiritual healer, each working in his own field and both having faith in each other; but this is not now the case. There is no need to call in divine aid to set bones, which the surgeon is well equipped to do, or to clear up infection, which the physician knows well how to handle. The healer can help and can hasten the process, but the orthodox physician can also hasten the work of the healer. Both groups need each other.

This is the view of the wise in the present context, which needs to be given a thought and a small beginning.

*Dr. K. Parvathi Kumar*

Extract from: **Paracelsus – Health and Healing**  
With a subscription you support this important work (€ 70 / year)

## Astrological Important Days in March/April 2007

- 21.03. 01:07 ☉ → ♈ / Sun enters Aries  
 ♃ **Spring Equinox:** *Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs*  
 ☉ in ♈ and 1<sup>st</sup> - 14<sup>th</sup> phase of ascending moon:  
*Contemplation upon Master Morya and 15 days yogic programme for the senses to lay down a good seed for the coming year*
- 25.03.** Summer time starts (02:00 h MET → 03:00 h MEST)
- ☉ 08:41 ● 8<sup>th</sup> phase of ascending moon starts ☉ 04°15' ♈ / ♃ 28°15' ♃  
*Contemplation upon Master Morya*
- 26.03. 08:02 9<sup>th</sup> phase of ascending moon starts ☉ 05°12' ♈ / ♃ 11°12' ♃  
 ♃ *Birthday of Lord Śrî Râma (End 08:07 on 27.03.)*
- 28.03. 08:52 11<sup>th</sup> phase of ascending moon starts ☉ 07°13' ♈ / ♃ 07°13' ♃  
 ♃ *Contemplation upon Master Morya (End 10:14 on 29.03.)*
- 01.04.** 16:42 Phase of full moon starts ☉ 11°30' ♈ / ♃ 29°30' ♃  
 ☉ *Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre*
- 02.04. 19:15 ○ **Full moon of Aries (Shambala)** ☉ 12°35' ♈ / ♃ 12°35' ♃
- 10.04. 08:03 ● 8<sup>th</sup> phase of descending moon starts ☉ 20°00' ♈ / ♃ 14°00' ♃  
 ♂ (End 07:55 on 11.04.)
- 12.04. 19:56 23<sup>rd</sup> constellation *Dhanishtha* starts ♃ 17°18' ♃  
 ♃ 21:00 **Dhanishtha-Meditation** (End of *Dhanishtha-constellation* at 18:42 on 13.04.)
- 13.04. 05:29 11<sup>th</sup> phase of descending moon starts ☉ 22°50' ♈ / ♃ 22°50' ♃  
 ♀ *Contemplation upon Master Morya (End 03:14 on 14.04.)*
- 16.04. 17:25 Phase of new moon starts ☉ 26°16' ♈ / ♃ 14°16' ♈  
 ♃ **New moon point of Aries:** *Contemplation upon 'The Pledge'*
- 17.04. 13:36 ● New moon of Aries ☉ 27°05' ♈ / ♃ 27°05' ♈
- 20.04. 13:07 ☉ → ♉ / Sun enters Taurus
- 21.04. 00:12 5<sup>th</sup> phase of ascending moon starts ☉ 00°27' ♉ / ♃ 18°27' ♃  
 ♃ *Birthday of Sankaracharya, the great philosopher initiate of Advaita*  
 (End 22:09 on 21.04.)
- 22.04.** 20:54 7<sup>th</sup> phase of ascending moon starts ☉ 02°16' ♉ / ♃ 14°16' ♃  
 ☉ *Descent of Idâ force for manifestation and materialisation*
- 23.04. 20:29 ● 8<sup>th</sup> phase of ascending moon starts ☉ 03°14' ♉ / ♃ 27°14' ♃  
 ♃ (End 20:54 on 24.04.)
- 26.04. 23:54 11<sup>th</sup> phase of ascending moon starts ☉ 06°17' ♉ / ♃ 06°17' ♃  
 ♃ *Day of Nârâyana: For healing, synthesis, and for self-contemplation*  
 (End 02:09 on 28.04.)

All dates are in MET (middle European time), starting on 25.03. in MEST (middle European summer time)  
 From: »Astrological Calendar 2007/2008«;  
 Publisher: The World Teacher Trust - Global, Wasenmattstr.1, CH-8840 Einsiedeln.

## Great Invocation



Let us form the Circle of Good Will.  
 OMNIA VINCIT AMOS.  
 From the South through Love  
 which is pure.  
 From the West through Wisdom  
 which is true.  
 From the East through Will  
 which is noble.  
 From the North through Silence  
 which is golden.  
 May the Light make beautiful  
 our lives.  
 O Hierophant of our Rite  
 Let his love shine.  
 OMNIA VINCIT AMOS.  
 Let us form the Circle of the World  
 Servers.

We bow down in homage  
 and adoration  
 To the Glorious and Mighty Hierarchy,  
 The Inner Government of The World,  
 and to its Exquisite Jewel,  
 The Star of the Sea -  
 The World Mother.

From the point of Light  
 within the Mind of God  
 let Light stream forth  
 into the minds of men.  
 Let light descend on Earth.

From the point of Love  
 within the Heart of God  
 let love stream forth  
 into the hearts of men.  
 May the Lord return to Earth

From the centre where the  
 Will of God is known  
 let purpose guide the little wills of men,  
 the purpose, which the Masters  
 know and serve.

From the centre which we call  
 The race of men  
 Let the Plan of Love and Light  
 work out  
 And may it seal the door  
 where evil dwells.

From the Avatar of Synthesis  
 Who is around  
 let His energy pour down  
 in all kingdoms.  
 May He lift up the Earth to the  
 Kings of Beauty.

The Sons of Men are one  
 and I am one with them.  
 I seek to love, not hate.  
 I seek to serve and not exact  
 due service.  
 I seek to heal, not hurt.

Let pain bring due reward  
 of light and love.  
 Let the soul control the outer form  
 and life and all events,  
 and bring to light the love  
 which underlies the happenings  
 of the time.

Let vision come and insight.  
 Let the future stand revealed.  
 Let inner union demonstrate  
 and outer cleavages be gone.

Let love prevail.  
 Let all men love.

Master D.K