Vaisakh News Letter

HAMSA ŠIVA SOHAM

 Aires 2014 Mesha

Letter No. 12 / Cycle 27 - 20th March until 20th April 2014
The World Teacher Trust - Global
Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.

Master EK
## Letter No.12/Cycle 27 – 20 March until 20 April 2014

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Prayer of the year 2014 / 2015

Virat shines through ten digits. Virat has ten fingers. Man has ten fingers. Man is frame of Virat.

Full Moon of Aries, 15th of April, 09:42 am MET
Message of the New Year 2014 / 2015

When sun enters Aries, the new cycle of the year begins. The New Year is called Jaya. Jaya stands numerically as number 18. 18 is but 81. 81 is the number for yaja. Yaja means a sacrifice. The other name for sacrifice is self-offering. Those who offer themselves to the welfare of the surrounding life, are considered as the ritualists of light. Through their offering they are fulfilled. Thus Jaya is fulfilment is for those who dedicate their life to the process of offering.

Humans are generally self-seeking. Wisdom says that self-seeking fulfils not. Self-offering only fulfils. All the sons of God, called the Masters of Wisdom, show the way to humanity through their life works. They demonstrate self-offering. The humanity no doubt worships every son of God, but continues to be self-seeking. Until self-seeking takes to an U-turn and tends to be self-offering, humanity cannot walk into the much cherished new age or golden age. The world leaders need to demonstrate, for the benefit of ordinary citizens, the quality of self-offering. The governments today fail, since they are filled with self-seeking leaders. Until and unless they bring about a U-turn in their thinking and demonstrate self-offering, the countries do not rise. Today we need leaders like Abraham Lincoln, Mahatma Gandhi and the like, but not self-aggrandizing and self-seeking leaders. Simple minded men are easily inspired by acts of offering. Mahatma Gandhi stood out amidst many as a self-offering leader. He could therefore inspire billions of people to march towards a peaceful way of gaining independence. Every nation, big or small, needs self-offering leaders. So also, every group requires a self-offering leader. The quality of time is such that the leaders who lead small groups to big nations are tending to be self-seeking, self-comforting and self-aggrandizing ones.

Humanity has the knack of working out contrary to what they cherish. May the year Jaya, it is hoped in the higher circles, bring about the much needed U-turn. May the conscious individuals decide to turn to self-offering, contrary to self-seeking. May that be so, of every leader, big or small.
**Full Moon Formula**  
**Aries 2014 – Pisces 2015**

**Step 1**  OM (7 times)  
Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,  
Gurur Sakshat Parambrahmha Tasmai Sri Gurave Namaha

**Step 2**  Namaskarams Master  
Namaskarams Master KPK  
Namaskarams Master EK  
Namaskarams Master MN  
Namaskarams Master CVV  
Namaskarams Master CVV  
Namaskarams Master CVV to your lotus-feet.  
(15 minutes silence)

**Step 3**  Occult Meditation N° 67:  
Virat shines through ten digits. Virat has ten fingers.  
Man has ten fingers. Man is frame of Virat.  
(15 minutes silence)

**Step 4**  Sahasra Sîrsha Purushaha,  
Sahasrâksha Sahasra Pâte,  
Sa Bhumim Vishvato Vrutva,  
Atyatishta Dashangulam. (Purusha Suktam, strophe 1)  
(10 minutes silence)

**Step 5**  
Loka Samastha Sukhino Bhavantu (3 times)  
OM Shanti Shanti Shantihi  
(5 minutes silence)
Commentary Step 3:

What is to be found in Virat is found in man. Virat is the Cosmic Man. In Him there are ten aspects, namely, the three qualities and the seven principles. In man also there are three qualities and seven principles. Thus man is the frame of Virat.

In the previous meditation, Virat is said to be Brahma after He came out of the egg. In the egg, He was Brahma. When He came out of the egg, He is Virat. He is the Cosmic Purusha or the Cosmic Person. The cosmic intelligences conduct a holy sacrifice called Sarvahuta. Through that sacrifice, Brahma becomes Virat and Virat takes to the form of a man with four hands. Thus, the Cosmic Person gets fixed in the cosmos. This is called the crucifixion of the Cosmic Man in space. It is from Him that the ten steps of creation happen. The Purusha Sukta sings His formation and His glory. It is the king of the Suktas of the Rigveda. The Rigveda is the foremost of the Vedas. This Cosmic Person is fourfold and shines with ten digits. He has ten fingers. He is the cosmic prototype. Man is His copy. The details relating to this Cosmic Person can be found in the commentaries to the Purusha Sukta. It is also briefly explained by Madam Blavatsky in the third volume of the original edition of five volumes of the Secret Doctrine.

From: Dr. K. Parvathi Kumar: *Occult Meditations. Dhanishta, Switzerland*, 2006
Message of the Month of Aries

Once again we enter into Aries with much enthusiasm and spirit. Aries brings the spring, the energies spring up with new enthusiasm, to move forward, to progress to fulfilment and to perfection. The wheel of time turns upon itself. It blows from North to East, East to South and South to West. It is one continuous activity of moving downwards and upwards cyclically. Beings who initially enter the cycles through the mutable cross, progress to mount upon the fixed cross and finally mount upon the cardinal cross to find their own salvation. They experience life in many rounds of zodiac and prepare themselves for the needed initiations to mount upon the cardinal cross. Entering into the wheel of zodiac is to undergo the needed training, needed experience and gaining preparation for taking the final initiations to move out of the zodiac. The awareness through the movement around zodiac over hundreds of lives tends to expand to gain planetary awareness, systemic awareness and cosmic awareness. Therefore to move around the wheel of zodiac is the way to progress. The life begins in Aries and concludes in Aries, for the entry is in Aries and the exit as well is in Aries. Aries is the Alpha and Omega. So enter into the system through Aries, progress in awareness and exit through Aries. Exiting through Aries is known as the festival of Passover. Passover is only for those who clear the three crosses and stand beyond duality in synthesis.

Synthesis is just a word that the aspirants coil it. High souls like Buddha and Christ also are under preparation for gaining that synthesis, which emerges through cosmic awareness. Since Aries is the entry and exit point, it has in it conditioning energies as well as liberating energies. Likewise, it has energies for birth and growth as well as energies for retreat and death. Every death leads to a new birth. Every liberation leads to a new conditioning. In the progressive spiral of light, there is release from the lower planes and conditioning in the higher planes until synthesis is reached. When one reaches synthesis, he realizes the true significance of Uranus. Men who fight to live in life, who struggle to live are guided by Mars. Those who live by discrimi-
nation are guided by Mercury and those who stand beyond in the light of THAT permeate through Uranus in the sign of Aries. Aspirants are too quick through work with Uranus. As long as there is struggle of life at any level, they should know that they are guided still by Mars. Likewise, as long they think of right and wrong, they are trained with Mercury. As Uranus visits a high initiate, such initiate stands beyond, realizing ‘all is Divine’. All is divine is for those who stay beyond the creation. Those who are in creation cannot say that. In creation there are inequalities. Without such inequalities creation does not exist. The creation is built through graded awarenesses and matter. Therefore, Mercury plays a major role for evolving humans in Aries, while Mars plays the major role for the ordinary. Uranus is not accessible for individual progress on the planet.

Nicholas Roerich:
The Mother of the World
Message of the Teacher

A Spiritual Checklist

There is spiritual checklist for self-examination. Each can fairly evaluate oneself by consciously answering oneself.

1. How truthful are you?
2. How pure are your thoughts, speeches and actions?
3. How pure is your surrounding?
4. How compassionate are you?
5. Do you have enough patience?
6. Did you ever surrender your viewpoint?
7. Do you generally have a happy disposition?
8. How aligned are you in your thoughts, speech and action?
9. How many peaceful moments you have in a day?
10. Do you filter your speech or do you speak out what ever occurs in mind?
11. Do you align with divinity in you and around you at least once a day?
12. How equanimous are you? Can you forgive others’ faults?
13. Have you adaptability?
14. Do you have inclination to learn on a daily basis?
15. Have you the hunger for knowledge?
16. Do you know the art of exiting as much as you know how to enter?
17. How do you deal with your resources? Are they intelligently used to support the surrounding life?
18. Do you have fear?
19. Do you sharpen your abilities on a daily basis?
20. What are your factors of dependence?
21. Are you as soft to others as to yourself
22. What is the extent of your belief in others?
23. How reliable are you for others?
24. How healthy are your senses?
25. How strong is your body?
26. How sharp is your memory?
27. How stable is your mind?
28. Does your presence impact the surroundings positively?
29. How do you see the world? Do you see it with mixed-feelings?
**Gita-Upanishad**

- Lord Sri *Krishna* -

Rock-Steady Stability

“Contemplating upon ‘THAT’, ‘I am’ stands stable. In that stable contemplation, I am experiences bliss, which is beyond selfish and which only light of I am perceives.” (6/21)

I AM is the soul which is to personality; the personality has its mind, senses and body. The soul resides in it, which is buddhi. Buddhi is the light of the soul. I am and buddhi are inseparable. When I am engages with the source of I am, that is the light of the soul, buddhi enables blissful experience. This bliss is far more profound and stable than the happiness of the senses and the mind. Mind and senses are momentarily happy depending upon the events of life. They experience not a continuous bliss. It is for this reason the mind and the senses are ever engaged in hunting for happiness in the objectivity.

But when one turns in, opens the subjective mind and takes to the light of the soul, one gets drawn towards the soul and its light. As the subjective mind absorbs into the light of the soul, peace and joy are experienced. When the soul relates to THAT, the source of the soul, the joy turns into a deep bliss and tends to be still. Thus, from happiness of the senses to the joy of inner mind and bliss of buddhi are successively experienced, as one turns into oneself. This is how from manas to buddhi and buddhi to atma one folds back and attains a stability, which is rock-steady. To those who remain in the state of bliss, there is reluctance to get back into the wisdom of buddhi, or to the childish happiness of the mind. Mind you, even this state of wisdom is not so much relished as one relates to the background of oneself.
The beauty of nature is experienced by many. The chemistry of nature is known to few. Many do not know the chemistry. Those who buy fruits and flowers least know how they have been grown, how they bloomed and formed. They have no value for the hidden effort of nature in making fruits, flowers, vegetables, grains and corns available. They also do not care for those who grow them through seasons, daring themselves in the fields to the sun, to the rain, to the wind and to the cold. Those who live for their stomachs can never understand the profound work of nature and nature’s workers. They only know to buy, to possess, to eat, to waste and to throw.

Nature respects those, who respect the nature. Nature helps those who relate responsibly towards nature. Nature makes all its resources available to those who know the divine aspect of nature.

There are many owners of fruit or flower gardens, but they have in every garden owner, a gardener and a guardian. The gardener is most dear to the nature than the guardian. The owner is far distant from nature, for, he only knows to sell and encash the nature’s offerings.

We, in Maitreya Community, are all gardeners even today. In growing gardens, we experience the growing spirit. In offering the garden product, we experience the plenitude. Those who wish to follow us they follow us in gardening as well.

Experience the growth and plenitude. Join the nature’s school.
Message of Master Morya

- Maruvu Maharshi -

Offerers, Not Pilferers

Teaching is not only a noble profession, but also a difficult profession. A teacher is one who sows seeds of goodwill in the tender hearts of children. He eliminates weeds from the tender hearts. He supplies energy to nourish the seeds, to grow into plants and trees. He would ensure that his students are offerers to the society but not pilferers.

Today teachers do not have the art of teaching. They are workers, not teachers. They work for remuneration. They give information in the name of education. They sow not anything in the students, for they do not have the art of sowing. They cannot see that the tender hearts are the virgin fields to grow beautiful gardens of Life. They turn the tender hearts into barren fields of commercialism. These workers live for their stomach and show themselves as an example for others. The students also learn and work for their stomachs. The modern world consists of many ‘educated’ humans, who live only for their stomachs and the stomachs of their kith and kin.’ Those who work and eat for themselves are all pilferers according to wisdom. “He who eats for himself is a pilferer”.

Until the quality of a teacher goes through a metamorphosis for the better, we cannot expect a better human society. What is today happening in the schools and colleges is not education.
Unlearn to Learn

We look for clean minds to work with. We strenuously search for them, for it is not easy to find clean minds in the modern humans. Minds are struck with ideas, concepts and the related ideologies. Minds are also loaded with local cultures, traditions, belief systems and the related doctrines. The loaded minds are also restlessly loading further information relating to wisdom by listening and reading. As their reading and listening is with the help of loaded mind, they make their own understanding. Their canvas is already painted and tainted with many. Any further painting on that causes further confusion. It is like the modern painting which is hardly intelligible.

Unlearning is an important tool for learning. A true teacher is one who subtly causes the process of unlearning the students mind. By this, he wipes out the earlier impressions emerging from the past. He strenuously works with the student, so that the student gains a virgin mind, meaning, a mind that is not impressed with ideologies, concepts and beliefs. A white paper is the minimum requisite to write the alphabets of wisdom. A newspaper is ineligible. The student should know the importance of unlearning to enable learning.
Living and Experiencing

Comparing and competing with each other is ignorance. Seeing the One in each other is knowledge. By comparison and competition, one is susceptible to fall into jealousy and criticism. By seeing the One in oneself and in others, one can experience the splendour manifesting in manifold ways.

The world runs by comparison and competition. Life is not meant for others, but for living and experiencing. The one on the run experiences none.
Vidura

Wisdom Teachings

Treat the adviser as you treat yourself.

From the book *VIDURA* by Dr. K. Parvathi Kumar, Dhanishta Edition
**Shirdi Sai Sayings**

**The Crossroads**

Even Gods are jealous of the human body, for it is the only means through which I can be realised. That should be the priority of the human. If not, it is a wasted opportunity. Wake up in the Self before the animal in you wakes up. Every human is at crossroads, he may walk up to be divine or walk down to be an animal.

*From the book *Shirdi Sai Sayings* by Dr. K. Parvathi Kumar, Dhanishta Edition*
Message of

*Sri Ramakrishna*

The Mischievous I

What is the ‘mischievous I’?
The ‘I’ which says, “What! Don’t they know me? I have so much money! Who is so wealthy as I am? Who dares to surpass me?“
The ‘I’ which makes a man worldly and attached to lust and wealth is mischievous. The individual soul and the Universal Being are separated because this ‘I’ comes in between them. If a stick is placed on the surface of water, the water will appear to be divided into two sections. The stick is the Aham – the ‘I’. Take that away, and the water becomes again undivided.
On Secret Doctrine

Ammonius Saccas 2

Like Orpheus, Pythagoras, Confucius, Socrates and Jesus, Ammonius spoke of the Universal Principles, the Universal God, the nature and man’s relation to them. Though born of Christian parents, Ammonius renounced the tenets of the church. His disciple Plotinus also renounced Christianity. Ammonius believed in the bright Gods and protectors, and his understanding of the mysticism of the East enabled him to orient to the so-called paganism, which carried many secrets to Truth. He communicated the most important doctrines to persons duly instructed and disciplined, imposing on them the obligation of secrecy as was done before him by Zoroaster and Pythagoras. It is but natural that his adversaries, who were denied of the doctrines due to the obligation of secrecy, speak otherwise of Ammonius. They believed that Ammonius failed in his effort to realize and connect abstractions, since he did not understand them at all. Such allegations were also made of Plato.

- to be continued
Lay Man’s Prayer

We Pray when we need You.
We pray ardently, as per the depth of our difficulties.
We play otherwise, when the sail is smooth.
We are inconsistent and unreliable.
But You are consistent and reliable.
We pray.
In daily life, man encounters the world of five elements. Man also encounters beings of three qualities, namely poise, dynamism and inertia. In him also the three qualities and five elements exists. The nature in him relates to the surrounding nature and beings. The qualities and elements are at play. Man should know that he is beyond these aspects of nature as the 9th one. He should relate to the 10th one, namely the omniscient, omnipotent and omnipresent God. Staying in relation with Him, through recollection of ‘That I AM’, he should learn to experience the activity of the nature within him and around him. This is a practice by itself. In this practice man stands with God, and observes the activity of the eightfold nature within oneself and in the surroundings. This is how the Sons of God work on earth. Man, by habit, shifts into nature and thereby loses the ability to observe. He should recollect ‘That I AM’ and stand in that reflection firmly. By this practice, he finds the way to release himself from nature and stand free while surrounded by nature. The practice enables stabilization of the self and the superself and functioning through the three-fold qualities and five-fold elements. This practice enables to respond to life situations in an equipoised state. Such ones are not affected during times of adversity. Adversities do approach such ones, but the related sorrow is not so very deeply felt, as it is the case with others. Like others, he would not escape from adversities. He would rather meet them and clear the related personal karma. Recollection of ‘That I AM’ enables experiencing ‘That’ in nature within and outside.

A disciple
Occult Meditations

Meditation 88

**TWO FISHES, FIVE LOAVES GAINED. ST. MARK SPEAKS.**

*“Feed the hosts of wisdom.*

**NO MORE HUNGER, SUFFERING, DEATH.”**

**THE BOAT SELLS. THE WIND BLOWS.**

**THE WAVES DANCE. THE FISH JUMP.**

Commentary:

Two fishes and five loaves gained. Two fishes represent Pisces and its opposite sign Virgo. Virgo is but the reflection of Pisces. The five loaves are the five pairs of Sun signs. The five pairs are the five couples. They are:

1. Aries, Libra
2. Taurus, Scorpio
3. Gemini, Sagittarius
4. Cancer, Capricorn
5. Leo, Aquarius.

All these twelve Sun signs together form the Zodiac in which there are six pairs of male-female. The adept gains the cooperation of the Zodiac, which is symbolically stated as gaining two fishes and five loaves.

The twelve-petalled lotus of Anahata becomes the abode of the adept. Staying in that lotus of the heart, the adept keeps teaching and healing, transmits love and wisdom and recruits the inclined beings into the path of discipleship, which is called the fishing of the souls. Thus teaching, healing and fishing the souls become the main activity. The adept overcomes thirst and hunger, engaging himself in the triple activities stated above.

To such one the St. Mark speaks from the core of the heart lotus, transmitting his energies. He speaks the key of the Katha. Katha is the sound
key of the twelve syllables engraved on the twelve petals of the lotus. St. Mark holds this key for this cycle. Markandeya is the Lord of the Key. The key emphasizes upon the death and its secrets. The path of death transforms into the path of immortality when this key is revealed.

The adept feeds unlimited wisdom so that there is no more hunger. He heals so that there is no more suffering. He gives the key to death so that there is no fear of death. The adept is helped by St. Mark so that his life (the boat) continues to sail. The sail becomes effortless since the wind turns favourable for accomplishing the triple activity of teaching, healing and fishing.

The life currents of the fellow beings around him dance in joy. The souls with renewed enthusiasm jump around to be fished in. The souls fish in by their will and volition. This is the beauty of the fishing of an adept. He thus catches the fish by the bite and the hook. Poor are the teachers who hook the fellow beings.

A rich teacher (rich in Spirit) makes the presence available and they fish in themselves. The fisherman carries the basket of souls (fishes) with love to their destination.

The Anahata
The idea by itself does not manifest unless acted upon. The action is nothing but application of force upon the Root-thought (Root Matter). Thus, from out of existence, there is the spring of awareness and this awareness (fire) interacts with the idea which also springs up from existence. The second develops the third through its force into creation. The existence 'Is' and ever 'remains'. The Root Matter (Mula Prakriti) too is inert. The force, the fire or the awareness that springs from the existence causes the mutation of the matter subtle into successive states of existence. Thus, while existence lends support, the whole work is the work of fire upon the Nature. Hence the creation is considered to be a 'Fire-Work' and Fire is God in creation in many theologies. The other name for Fire is light. "Our God is all-consuming fire" says the Bible too, while it is said so in many ways and in many verses in the Vedas. In every created state there is existence. The existence lends its support, enlightening. In its presence there is activity, but it does not act. It does not form anything, but in its presence everything forms, develops and decays. He (or it) remains through and through as witness, uninvolved. He is beyond the characteristics of force and Nature. The only characteristic of Him is 'He is Himself. He is self-effulgent, self-aware and self-luminous. Just like we know ourselves. Nobody need tell us that we exist. So is He, the background of all.
Compassion towards created beings (creatures) culminates in appreciation by the Lord in Form - Vasudeva, the indweller of forms.
As a result, the compassionate one is drawn into the presence of a Master of Wisdom and is enabled to experience the presence of God through the agency of the Master. Does not the wave that reaches up to the sandy shores make us experience the taste of the ocean? Is not the wave representative of the ocean? Verily the ocean reaches us in the wave form. The presence of God through the agency of the Master, lifts up the man from the state of personality to the state of soul. The process is natural and blissful and is not fanciful. Does not the presence of a magnet lift up the iron piece into the state of being magnetic? Compassion is the gateway!

From the book **Ashram Leaves** by Dr. K. Parvathi Kumar, Dhanishta Editions
On Love

Love is magnetic.  
It draws near and nourishes.  
It cares and caresses.

From the book On Love by Dr. K. Parvathi Kumar, Dhanishta edition
Silence is not merely vocal Silence, but emotional and mental Silence also.

From the book ON SILENCE by Dr. K. Parvathi Kumar, Dhanishta edition
Cow
The Symbol and its Significance

Where a Cow stays agitated, hungry, thirsty or frightened there humans meet with excessive conflicts leading to unhappiness.
The Temple work is on!

Sons of Men move in circles and squares!
Sons of Men move in triangles and circles!

Sounds are uttered forth
on the background of Silence.

Colours change from one to another,
from dull to bright, until it is all Light!

Regular movements, changing colours,
vibrant sounds turn men to masons!

Serve! Serve! Serve!
– thus the Voice of Silence heard.

From the book **Violet Flame Invocations** by Dr. K. Parvathi Kumar, Dhanishta Editions
From the Teacher's Pen

Questions and Answers

**Question:** Master, how is it that the strenuous efforts that I make do not yield results, while my brother who works not so strenuously finds good results?

**Answer:** My dear one, this is a common question that exists in the world. This question bugs many, since the world sees not its past and its own limitations. Persons cannot perceive their past, nor do they perceive their personal limitations. The fruits of the present emerge from the deeds of the past. Wisdom also says that the limitations that one carries with him, disables him to experience the fruits of labour.

For example, many do not know that anger, jealousy, illusion, fear, possessiveness and pride disable people to receive what is due from their labour. You may check-up within yourself certain negative energies as said above. We cannot carry water with a holed pot. Negative energy disables persons to gain fruits from their labour.
An Introduction into the Work of Cosmic Fire

The Sixth Ray and Fiery Aspiration

We all have the desire to see a Master of Wisdom. But do we carry the fiery aspiration as the man in the story carries? If that is totally important and nothing else is important, then it gives way, because the fire makes way. It burns up everything which is obstructing the way, so that is what 6th ray teaches us. So, otherwise, you cannot overcome the conditioning of the 6th ray. Unless you orient to one ideal and all your desire energy is utilised in that process, the multivarious desires propel you into different directions. The spirituality is one of the many things that we do in our life. Then it does not give you a progress or a forward movement. So, wherever we work and with whatever work we are, we should continue to be spiritual. Our attitude can be spiritual, wherever we are. That is the ideal that we have to pick up and work with. How spiritual we are at the breakfast table, how spiritual we are in our sleeping time, how spiritual we are, when we are moving outside, how spiritual we are, when you are in spiritual activity, how spiritual we are, when you are in your vocational activity? If we really carry spiritual aspiration, it must spread into every activity of yours. If it is not so, it means that is not enough fire relating to the desire of spirituality. It cannot be a part-time job. You cannot have holidays for spirituality. Can we have a summer vacation for spirituality? For many of us, summer vacation is the only time for spirituality. Other time is for other things. Not necessarily, it has to be
like that. Wherever you are, whatever you do, in whatever responsibility or activity you are engaged – that can be carried out with a spiritual understanding. Then you have spread spirituality in every part of your life. That is how 6th ray helps us to grow in our dimension and in our own aspiration.

Such strong 6th ray energy comes today, because today is Tuesday. Tuesday stands for 6th ray. You know who is working with 6th ray? The One whom we think the First-Ray-Master: Master Morya. We all want to work with 1st ray, but the Master of the 1st ray is working with the 6th ray, only to tell us that 6th ray is very important for all people. If you are already a First-Ray Master, where is the need for you to work with the 6th ray? The fiery aspiration relating to an ideal is nothing but the 1st ray working through the body of emotional astral body. So, He decided to take up the work of 6th ray long back, because that part of human life is so much shrouded and clouded, so much in grey matter, and we are not able to come out of it. So, the Master decided to help us out from that situation. And hence, He is working with the 6th ray meaning that we should first work with 6th ray, before we think of other rays. So, if you have already developed a rhythm and a system in life, and you have filled all your activity with the aspiration of spirituality, see, how we grow. Otherwise, you are caught in the waters of astral matter.

This text is not proofread by the author and might have some mistakes.
Emperor Prudhu
Milking the Earth I

At that time, his subjects came hunger-stricken from various parts of his land. This was because all herbs, shrubs and plants had previously failed, during the period when there was no king for a certain time. When asked by him, they narrated the cause of their approach: "Oh! King of Kings! At the time when the earth had no king, all plants perished and failed to give fruit to the people. You are given to us by the Creator as the one who creates our profession and livelihood. A ruler proves himself a ruler by creating livelihood (not by mere offering and charity). We are with bodies and we demand food through appetite. You are the enlivening herb offered to us."

Parasara said: The emperor was angry and took his divine bow and arrows. (The bow is the rainbow, the symbol of rain, and the arrows symbolise showers.) He went round the earth swiftly. The goddess Earth was afraid of the anger of the emperor and ran hither and thither assuming the shape of a cow. In fear she ran into the various Lokas, up to the plane of Brahma. Wherever the earth fled with all its beings, there she saw the emperor, the son of Vena, facing her with his raised weapons. Then she realised his valour and said: "I am shuddered of your arrows and seek your protection. It is a great sin to kill women. Why do you attempt to do such a sinful act in particular?"

Prudhu answered: "By your misbehaviour, many thousands suffer. Why do you not see? By killing the one who afflicts the many I will be the doer of a good deed."
Then the earth said: "For the sake of the welfare of your people you want to kill me. At the same time you will deprive them of the very basis of their existence."
Prudhu said: "You disobey the Law and my command. Therefore I can kill you and sustain all beings of this earth by the power of the synthesis of my Grand Soul!"

Prudhu milks the essence of the earth from the cow
The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 21
August 2001, Visakhapatnam/ India

The Importance of Role Models 2

Your problem in the West is that you don’t have such role models. In India, in every region you can find one. Not with so many dimensions, but as a human being, he stands out as an example. This is what enables you to transcend the obstructions of the second chamber. Otherwise, we are stuck with the second chamber. We get diseases, we decay and we die. Your story is forgotten the next day by people.

As a human being you have all the possibilities to move in all the seven chambers. But if you restrain yourself only to the cellar, then you have not availed the opportunity of being a human being. If the related discipline is followed, within the second chamber, the emotional body will disappear and it will give rise to the body of light, which is called the etheric body. If you gain etheric body, you stand the chance of experiencing bodiless consciousness. That means you consciously gain the experience that you exist even without the body because the life span of the body of light is thousands of times more than the span of the physical body. That is a great facility. It would enable you to retain consciously the knowledge and the events relating to you in the previous lives so that you will continue the work.

For example, yesterday we had a class with respect to the second chamber, and today we progress further on that subject. In case we totally forget what has been learnt yesterday, we have to start again afresh. It is loss of time, isn’t it? Whatever is gained yesterday, the day before and the day before that day, if we continuously forget the moment we fall into sleep, then every day we will speak about the same thing. The course is never complete.

To progress into light, into the field of knowledge, into the field of blissful existence, it is a great facility that you form the etheric body so that, as
you depart from this body, you know what you have accomplished in the last body. Just like we go home and remove these robes and tomorrow we put on fresh robes. Either in this robe or in any other robe, I know that I am Kumar. So also you, if you change your clothing, you don’t forget that you are Maxime or Laia.

The first chamber is a kind of skin clothing. That is why in the Bible it is said that Adam and Eve gained the coats of skin, meaning, they existed even before they gained the first chamber. If the religious leaders do not speak to you about the science of reincarnation, they are doing a great injustice to you. The Scripture says that you exist without the body of flesh and blood. That is the very first story in the Bible. Not to speak of it, not to encourage you to get it, is the trick of time. No one stays in the graves after the death of this body. The moment you depart from this body, your soul seeks reincarnation to fulfil that which you have not fulfilled. So, there is reincarnation, consciously or unconsciously.

If you have all decided to come and be with me to receive these teachings, don’t think you have met me for the first time now. There was a previous meeting which is continuing now as this meeting. People make unconscious approach to gain back what they have studied partly in the past.

I give you another example of your etheric existence, apart from the story of Adam and Eve.

In your dream, you move out and experience so many things while your body is on the bed. How do you see that? What is the body with which you move? That is the body of light with which you move out. You have the experience of the dream, and during the dream, the dream is real. We think that this is the reality. We think our daytime experience is the reality but it does not exist to you when you are in sleep. In sleep you are not your name. You don’t remember your name in sleep. You are not your nationality, and you don’t even remember that you have a body. Do you remember your body when you are in deep sleep? When you are in sleep, this state is unreal. When you are in dream, also, this state is unreal. We are either in the physical existence, dream existence, or sleep existence.

You move in these three chambers. That means, you don’t belong to
anyone of them. You are the fourth one. It is like having three rooms in
the Retreat Center. Sometimes you are in one room, sometimes in the se-
ccond room, and sometimes in the third room. Which room you identify
with? You are different from all these three. This is the experience you
gain, when you get the etheric body.

In this time cycle, gaining etheric body is made easier. It is the benefit
that the energy of Aquarius bestows on us. Master CVV is the Master
who promised quicker formation of etheric bodies for the beings. That
is his speciality. It is for this reason we invoke him. There are so many
Masters who can impart wisdom, who can give you the path to truth,
but this Master specifically incarnated to bestow on us etheric bodies,
if we follow some minimum discipline. You may please study the book
“Aquarian Master”. He is the Master that puts you to the awareness of
non-body existence. The statement is: “I am no body!”. I am not the bo-
dy. This is also the essential teaching of the second chapter of “Bhagavad
Gita” and is very, very clearly shown in the story of Adam and Eve.
The problem in this second chamber is emotion. But every problem
has its gift to offer. This is another occult statement coming from Master
Morya. He says, “Behind every problem there is a gift, face the problem,
dissolve the problem, and receive the gift of nature.”
The problem relating to the second chamber is emotion which includes
all those negatives. Among all, excessive indulgence in sex stands fore-
most. Let there be marginal experiencing of it, because it is not meant
only for enjoyment. The enjoyment is given because you are working for
the nature to give bodies to beings. If you indulge in it without giving bo-
dies to the beings, you are working contrary to nature.

This text is not proofread by the author and might have some mistakes.
Men of wisdom consider that music is a treatment by itself, though not always perceptible. The modern humanity is out of custom to develop perceptions relating to sound and music. There is no proper education from the childhood to open the ear to the music of sound. There is a beauty of sound in music and when the ear perceives it the touch of beauty happens. Beauty is the other name for balance. Anything that is beautiful magnetizes the mind and the energies fall into order. Just like a magnet reorganizes the energies of an iron piece, the sound of music also does it. Though in schools music is taught it is more mechanical and is generally crystallized into a science. It is unfortunate to reduce an art into a science. The contrary pleases the heart. When a science turns out into an art, there is a tremendous release of energies. Mind is scientific, heart is artistic. The touch of heart is possible when man opens his mind to arts, such as music, colour and dance, but it is unfortunate, that everything is tending to be systematized only to be crystallized. Crystallization condenses the whole life and even conditions as well. Life when conditioned the free flow gets congested. It is therefore needed that man does not lose the touch of art while he pursues his search with the help of science. Retirement into nature and listening to silence gives an original approach to the sound of music as is available in nature. This seems to be a way out from the plethora of medicinal treatments.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

*With a subscription* you support this important work (€ 84 / year).
On Service

**AS MUCH YOU SERVE,**
**SO MUCH THE PURIFICATION HAPPENS**
**TO ENABLE THE SOUL**
**TO SHINE THROUGH THE PERSONALITY.**

**The Light of the Candle**

Dear children,

You see many lighting a candle and praying a deity. Least they know that the light itself is the deity. The light of the candle is verily the deity, since it gives you the light. This is the direct perception of deity. When deity is directly present in the form of flame of the light, why should one get into indirect rays? When you light a candle before a picture or a symbol, note that the energy of that picture or symbol is present in the flame of the candle you have lighted there.

You can speak to the flame of light looking to it. You can relate and engage in dialogue. You can gauge at it with your eyes and fill your brain with the light. You can get enlightened by relating to the flame of the candle. Daily billions of humans light candles, but mechanically.

K. Parvathi Kumar

From the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.de
The Hall of Maya

Arjuna the hero saved the life of the great architect Maya. The architect was grateful and built for Arjuna and his brothers, the Pandavas, a palace full of magic. It was necessary to have a clear mind to use it. The Pandavas because of their undisturbed mind lived happily in this palace. Their cousin Duryodhana, the son of the blind king and ruler of the Kauravas, got the news of this palace. He was eager to see it. So he was invited by the Pandavas and honored and treated well. As a guest he was encouraged to look all around. Duryodhana started to examine the hall. He never had seen something more beautiful and splendid. Hardly could he believe the luck of his cousins and he grew pale with envy. Suddenly he hit his head to a wall he had not noticed. He got annoyed and stood in front of an expanse of water he could not cross. But this "water" was the marble floor reflecting the sun light. His anger grew and he missed the doors and walked across a "reflecting floor", which was a pond filled with clear water. Draupardi, the queen of the Pandavas, noticed his wet clothes and recognized thus his kind of thoughts. Duryodhana was ashamed not for his thoughts but for the knowing look of the queen. He decided to destroy the Pandavas. His revenge was the game of dice and the exile of the Pandavas. At the end, there was the Great War by the name of Mahabharata War. Duryodhana, his brothers and all the supporters of the Kauravas were killed.

All the events in this world are starting with thoughts, little and hidden, in this hall of the great architect Maya.

From the Mahabharata
WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SPAIN

Name of the Group: The World Teacher Trust Spain / WTT España
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Activities
In the headquarters of WTT Spain the following activities are carried on:
• Full Moon Meditations.
• New Moon Meditations. Water ritual.
• Dhanishtha Meditations. Study of Mystic Mantrams.
• Healing Service and Meditation every Thursday.
• Mantra chanting and Meditation every Friday.
• Spreading and support for the realization of “The Global Diamond Temple” networking.
• Scorpio Full Moon celebration (Nov. 9th-11th): Group Living weekend in Montserrat, with the presence of members coming from all over Spain. Sixty people were gathered in a pleasant meeting, sharing walks on the sacred mountain of Montserrat, Meditations, and the following talks: “Devic Energies” by Valentín García, “Ins and outs of Karma” by Josep Paradell, “Occult Meditations” by Mariona Jiménez and “The Scorpio Energies” by Ignacio Acero.
• Throughout the year, various celebrations were held: Equinoxes, Solstices, Water rituals, Fire rituals...
• Celebration of Master KPK birthday, on Nov. 7th, the “Good Will Day”. As a gift to the Master the Internet site “WTT-Dhanishtha” was introduced: www.wttes.com, whose goal is to make Master KPK’s and Master EK’s books, teachings and seminars available to all Spanish-speaking people in the World:
“From the beginning, thanks to the contact of our beloved brother and sister Jesús and Tiziana, the Master came to our hearts and since then so many people have helped through their effort and dedication to make all this knowledge available. Thanks to the brothers and sisters who organize meetings anywhere in the world, those who record the seminars, those who translate and those who polish the translations, those who compile the texts, those who facilitate the work, those who attend the seminars making them possible year after year, etc. The work of everybody has made possible this Site, and we want to dedicate it to each and everyone.

May all sincere seekers find encouragement and direction with the wise words of the Great Beings which, through K. Parvathi Kumar, have left us understandable present day words for making them available to all Humanity.”

- May Call celebration: Meditation, Fire ritual, connection with Master’s seminar in Germany via Wiziq. Group Living in this sacred day in the WTT Spain headquarters. The brothers and sisters who weren’t able to go to Switzerland for the May Call Day with the Master were gathered.
- Celebration of Master CVV’s and Master EK’s birthdays. One-day Group Living: Fire ritual, connection with India for Master KPK’s teaching, group lunch in a WTT member’s house.
- Classes and study on different Wisdom topics. The Secret Doctrine. Master KPK’s and Master EK’s seminars and books.
Could one ever imagine that the butterfly, which is so beautiful, so light, capable of flight and of other's delight, was once a caterpillar? Thus the man too, hitherto mundane, transforms in utter secrecy and silence through the internal triumph and gains the Light, the flight and the delight of Life.

Dr. K. Parvathi Kumar: The Aquarian Cross
Lessons on Homeopathy

Dr. Ekkirala Krishnamacharya had taken up homoeopathy as a media for healing the sick and propagated the same to thousands of his disciples in India and abroad who are now rendering valuable service in healing the sick. As a part of his teachings, he conducted a 3-day homoeo-seminar at Coxyde (Belgium) during his last visit to Europe in 1983. The lectures delivered there are brought out through this edition for the benefit of the posteriory. It is a masterpiece in Homoeo literature to all classes of people in general and practitioners in particular.

Ekkirala Krishnamacharya: Lessons on Homeopathy
Copies: The World Teacher Trust, info@worldteachertrust.org

Ashram. Regulations for Entry

Entering into the ashrams of Masters is possible by adopting oneself to the cardinal occult regulations and practices. Emotional approach would not lead one to the ashram and in as much as one tends to be impractical, one gets derailed from the normal and simple journey of life.

The booklet is a practical guide for those who intent to make inner adventures and eventually find the hidden beauty of Nature within and without. It is meant for sincere seekers.

K. Parvathi Kumar: Ashram. Regulations for Entry
Copies: The World Teacher Trust, info@wtt-global.ch
Astrological Important Days in March / April 2014

20.03. 17:57 ☉ → ♈ / Sun enters Aries

Spring Equinox: Contemplation upon Shambala, Sanat Kumāra and the six Dhyāni Buddhās

☉ in ♈ and 1st - 14th phase of ascending moon:
Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year.

23.03. 15:42 ☉ 8th phase of descending moon starts ☉ 02°53’ ♈/ ♉ 26°53’ ☉ (End 24.03. at 13:45)

26.03. 08:54 11th phase of descending moon starts ☉ 05°35’ ♈/ ♉ 05°35’ ☉ Contemplation upon Master Morya (End 27.03. at 06:10)

27.03. 04:24 23rd constellation Dhanishta starts ☉ 17°23’ ☉

29.03. 22:01 Phase of new moon starts ☉ 09°05’ ♈/ ♉ 27°05’ ☉

New moon point of Aries: Contemplation upon ‘The Pledge’

30.03. Summer time starts (02:00 h CET → 03:00 h CEST)

☉ 20:44 ☉ New moon of Aries ☉ 09°59’ ♈/ ♉ 09°59’ ☉

06.04. 21:23 ☉ 8th phase of ascending moon starts ☉ 16°55’ ♈/ ♉ 10°55’ ☉

Contemplation upon Master Morya (End 07.04. at 23:41)

07.04. 23:41 9th phase of ascending moon starts ☉ 17°59’ ♈/ ♉ 23°59’ ☉

Birthday of Lord Śrī Rāma (End 09.04. at 02:07)

10.04. 04:27 11th phase of ascending moon starts ☉ 20°09’ ♈/ ♉ 20°09’ ☉

Contemplation upon Master Morya (End 11.04. at 06:30)

14.04. 09:43 Phase of full moon starts ☉ 24°17’ ♈/ ♉ 12°17’ ☉

Contemplation upon Shambala, Sanat Kumāra, the six Dhyāni Buddhās, Rāma and Master Morya at the Head Centre

15.04. 09:42 ☉ Full moon of Aries (Lunar eclipse) ☉ 25°16’ ♈/ ♉ 25°16’ ☐

20.04. 05:55 ☉ → ☉ / Sun enters Taurus

21.04. 22:59 ☉ 8th phase of descending moon starts ☉ 01°40’ ♈/ ♉ 25°40’ ☐ (End 22.04. at 20:43)

23.04. 11:37 23rd constellation Dhanishta starts ☉ 17°23’ ☉

24.04. 16:14 11th phase of ascending moon starts ☉ 04°19’ ♈/ ♉ 04°19’ ☉

Day of Nārāyana (End 25.04. at 14:07)

28.04. 09:10 Phase of new moon starts ☉ 07°56’ ♈/ ♉ 25°56’ ☉

New moon point of Taurus: Contemplation upon ‘The Pledge’

29.04. 08:14 ☉ New moon of Taurus (Part. solar eclipse) ☉ 08°52’ ♈/ ♉ 08°52’ ☉

01.05. 07:53 3rd phase of ascending moon starts ☉ 10°48’ ♈/ ♉ 04°48’ ☐

All dates are in CET (Central European Time), starting on 30.03. in CEST (Central European Summer Time)

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Let us form
the circle of good will.
Omnia Vincit Amos.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.
Let us form the Circle of the
World Servers.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK
Sahanāvavatu
Sahanaubhunaktu
Saha Viryam Karvāvahai
Tejasvi nāva Dhīta Mastu Ma Vidvishāvahai
Om Shanti Shanti Shantih

Let us be protected together.
Let us share together. Let us work together.
There will be no hindrance to light.
Let not malice prevail.
Let peace be in all the three plans.