

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aries 2018 Mesha

Letter No. 12/ Cycle 31 – 20th March 2018 until 20th April 2019

The World Teacher Trust - Global

## Invocation



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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## Prayer of the Year 2018-2019

**MAY WE EXPRESS GOOD WILL IN ACTION.  
MAY WE UNFOLD THE POWER TO MANIFEST.  
MAY WE ENTER THE WORLD FOR THE LORD.  
MAY WE STAY UNITED IN ALL WAYS.**



Full Moon of Aries, 31st March 2018, 14.37

## Message of the Month of the New Year 2018/2019

May the solar year 2018-19 usher in effective thoughts of goodwill in action. May the will to do good express with its power to manifest. May the first ray personality be at work. May the Sun in Aries and moon in Taurus bestow harmony between the soul and personality to bring forth the subtle plan into the visible world.

A new year is truly new, when the aspirants pick up afresh harmonious patterns of meditation, work, study and service. Nothing turns new by itself. We the aspirants need to attune to the patterns of time, which in turn enables manifestation of the Plan upon earth. Saturn, Mars, Pluto in the cosmic tenth house, Capricorn, may enable moderated speed for deeper manifestation of the Plan. The trine between Mercury and the positive node enables global economic advancement for the benefit of all nations. The trine between Venus and Mars would enable realization of objectives set forth by nations in a congenial manner, while Uranus in trine with Mars uses adequate push to rulers. Saturn and Pluto provide the checks and balances. That part of humanity which lives in belief systems would undergo their appropriate dissolutions to bring in the needed practicality.

In the Vedic calendar the year 18-19 is named as Vilambhi meaning slow down. This slow-down is indicated by Saturn and Pluto in the cosmic tenth house Capricorn. This could also be interpreted as a slow, gradual and sustained growth. Uranus has been in Aries over the years speeding up various technological and scientific advancements, and yet squared up by Pluto finds its own impediments in the planned progress.

May the groups that relate to the World Teacher proceed to implement the triangle of study, meditation and service, linking up to Shamballa and Hierarchy. May every aspirant build a triangle with Shamballa and Hierarchy, receive the related energies and function in silence. May the year be dedicated to further alignment of personality with the soul.

## Full Moon Formula

Year of Sri Vilambhi, Aries 2018 - Pisces 2019

### Step 1

OM (7 times)

Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,  
Gurur Sakshat Parambrahma Tasmai Sri Gurave Namaha

(5 minutes silence)

### Step 2

Namaskarams Master

Namaskarams Master KPK

Namaskarams Master EK

Namaskarams Master MN

Namaskarams Master CVV

Namaskarams Master CVV

Namaskarams Master CVV to your lotus-feet.

(15 minutes silence)

### Step 3

May we express Good Will in action.

May we unfold the power to manifest.

May we enter the world for the Lord.

May we stay united in all ways.

Utter the prayer three times and meditate.

(15 minutes silence)

### Step 4

OM URUKRAMAYA NAMAHA

(24 times)

(Urukrama is the Lord of Synthesis who synchronizes the angelic work)

**Step 5**

Loka Samastha Sukhino Bhavantu (3 times)

OM Shanti Shanti Shantihi

**Step 6 (optional)**

Ekkirala Kulam Bodhi

Vidumananda Rupinam

Anantharya Tano Jatam

Krisnam Vande Jagadgurum

Sri Krishnamacharya Ananta Putram

Satsa Dhu Mitram Karuna Rdranetram

Gurum Gurunam Piteram Pitrunam

Ananyasesha Seranan Prapadye

The proposed time intervals are optional.

**Commentary**

OM URUKRAMAYA NAMAHA is the mantra to synthesize. Urukrama is the cosmic principle that could synthesize all cosmic intelligences into the cosmic egg from which emerged the cosmic person. For this year, it is thought fit to invoke the sound Urukrama in the form of a mantra which is sung here.

- Full Moon Meditation (PDF): [https://worldteachertrust.org/\\_media/media/en/fullmoonformula2018.pdf](https://worldteachertrust.org/_media/media/en/fullmoonformula2018.pdf)
- Mantra OM URUKRAMAYA NAMAHA: [http://worldteachertrust.org/\\_media/media/audio/urukramaya.mp3](http://worldteachertrust.org/_media/media/audio/urukramaya.mp3)
- Ekkirala Kulam Bodhi...: [https://worldteachertrust.org/\\_media/media/audio/ekkirala\\_kulambodhi.mp3](https://worldteachertrust.org/_media/media/audio/ekkirala_kulambodhi.mp3)



## Message of the Month of Aries

Every time the aspirant enters into Aries he is pushed in the path of life to the burning ground to purify himself during incarnation. Jungles of karma are set on fire clearing the way for the aspirant towards the cherished goal of light. Aries gives the adequate push coming from Mars to enter the battle-ground and fight out to fulfil karma. As karma is fulfilled jungles are cleared. Fulfilment of karma is an intelligent activity. An aspirant should be intelligent enough not to create further karma while discharging the existing karma. It is here Mercury in Aries is helpful; Mars in Aries gives push, Mercury supplies the discriminative will while at work. An unrequired speech and an unrequired action incur consequential actions. When consequential actions sprout from the actions the aspirant moves in rounds and rounds, he cannot progress; it is like generating filth while clearing it. As long as actions are desire-oriented and result oriented there is very susceptibility for creating unrequired filth. When the aspirant ensures a progressive clearance of karma, he reaches the light in himself, which represents the exalted Sun in Aries. The triangular work suggested for the aspirants is to link up the energy of Mercury to the energy of Mars to realize the Sun in oneself. May that be so for all well-meaning aspirants.

*Replace desire by duty; replace what you wish to do with what you need to do.*





## Message of the Teacher

### The Stumbling Stone

As long as the aspirant entertains the feeling that he is carrying out the regulations of discipleship in life, his own feeling comes in the way of his progress. Feeling is the stumbling stone to every aspirant. One can follow the regulations of discipleship without bringing the feeling of excessive self-consciousness. Many carry out the regulations of discipleship, but they suffer the shade of self-consciousness. Such ones look down upon others by which they too are looked down.



## Utterances of Lord Krishna



The stabled ones totter not in movements of joy and sorrow.  
They swing not, with ecstasy and despair.  
They are untouched by attachment, fear and anger.  
Such ones are true saints. (2-56)

Stay stable in the Will.  
It offers stability beyond duality.  
It is being on the bridge  
While the river of duality flows under. (2-57)



Lord *Maitreya*

Spirit of Work

Transmitting goodwill absorbing the evil is the work of true disciples. Such ones absorb the poison of the society and transmit ambrosia. They engage in cleansing the surroundings and the surrounding beings through their silent prayers and acts of goodwill. Willingness to handle unpleasant duties to spread pleasantness around is seen as an advanced step in discipleship. “Be grateful to the ingrates” is a dictum in our community. Only the stable ones can stand up to such dictum.

The will in the heart enables such stability to absorb others’ sorrow and transmit friendly vibrations. It is not as easy as one thinks to work for upliftment of the surrounding beings. It needs tremendous patience, tolerance and forbearance. The work that we attempt and that we entrust to the members of the community is generally beyond the ability of the members. We always see the work of the New Group of World Servers as groups of rabbits trying to shoulder boulders of rocks. We appreciate their courage and their willingness more than their accomplishments.

Master Morya  
– *Maruvu Maharshi* –

Relate to the God Within



Man's urge to regulate the divine invented many practices which led to many beliefs. Man himself is an image of God. To relate to the God within, man learnt inward alignment called meditation. He wanted to worship the glory of God which resulted in varieties of prayers. To express his joy and externalize the glory of God he started building temples for God. Varieties of super-structures were built in the name of God which needed upkeep and maintenance. Competition arose between temple and temple, temple and church, church and mosque and so on. Disputes arose between the belief systems, culminating in wars. The God within has shut the door when man started malicious activity amidst humanity in the name of God.

It is about time that humanity tends to be sensible to turn inward and to relate to him instead of turning outward creating unrest in the name of God.



Master Koot Hoomi  
– *Devâpi Maharshi* –

The World Server

The world server is a self-realized one. In self-realization one cannot but serve the world; he has no other way. Service is the way as well as the goal.

A self-realized one resides in the field of light; he is ever nourished by the will, knowledge, love and the ability to act. He experiences the expansive consciousness. He suffers not frontiers. Such a one abides by truth and the law relating to the truth. Due to limitless love for beings he craves for the well-being of the beings that are in suffering. He sees that the beings suffer due to ignorance. Therefore he dares to enter into the field of ignorance to dispel the darkness; thus, while in light, the world server works in the fields of darkness.



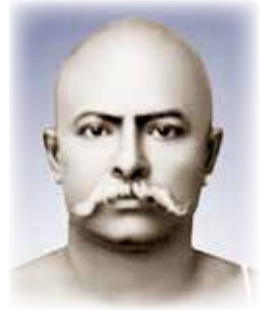
Message of Master E.K.

## Dissolve the Inner Conflict

When one is agreeable to oneself, the surroundings also turn out to be agreeable and cooperative. When one is in disagreement with oneself, restless to oneself, the conflict within is also found as the conflict outside. One sees one's inner conflict in the outer situations. Dissolve the inner conflict; then there is no outer conflict. Only work remains.

## Message of Master C.V.V.

### Aphorisms to Disciples



The hints you receive in prayer are meant for you. They are not for discussion, they are for practice.

Try to sit at the same place, orient in the same direction while you pray. Do not change place and direction. In case you travel, inform the Master in prayer the proposed place where you pray. Even if you change place, as far as possible change not the direction you face while you pray.



Vidura

## Teachings of Wisdom

The man that trusts not himself  
does not trust the world.  
The man that treads not truth  
trusts not the Scriptures.  
The man that sees not the Divine  
in Creation  
trusts not the Law.  
Such man destroys himself through  
"miss-trust".

### PRACTICAL WISDOM

A teacher may beautify a discussion  
but never argues.



## Saraswathi

### Suktam 2 New Habits



There is something permanent and something temporary in the Creation and in us as well. There is something immutable and something mutable in Creation and in us as well. We should try to live in the permanent, immutable part of ourselves. We should also recognize and accept that the mutable part keeps changing.

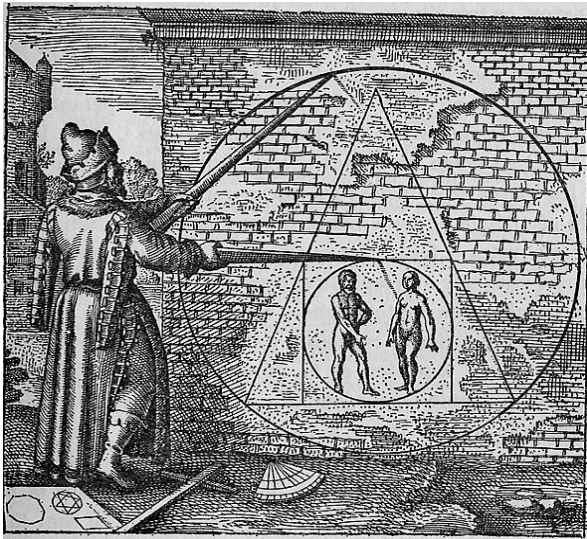
It changes, whether we like it or not. It grows, it becomes old and decays, but the Person does not. When we identify with the changes, it is a continuous source of sorrow. Instead we should reach for the unchangeable part of life. It requires the formation of a new habit. We cannot free ourselves from a habit we have formed until we substitute it with a better habit and establish ourselves in it.

Many people fight to overcome their limitations. They try to resist and fight but that is not the way; it is ignorance. The most refined and sophisticated way suggests that we develop a taste for higher things; then the attraction to the lower will automatically fall off. That is the key given by Patanjali, to inculcate divine taste so that the taste for the mundane will fade. When we switch on the light, the space filled with darkness will be transformed into light.

The qualities of the Divine and of the Light, definitely strive more towards the soul than gross matter. It is a question of inculcating the taste. This is what the teachings and the Teachers do. They suggest a gradual, joyful way of transformation by which the students are not even conscious that they are being transformed.

This is a way of conversion without using the sword, power, militancy, mis-

sionary zeal, and avoids bloodshed in the name of faiths, religions, beliefs etc. Through love, compassion and patience, every stone can be changed into a 'Philosopher's Stone'!



Srî Râmakrishna

Divine Wisdom Impresses on the Heart



As soft clay can take an impression,  
but not so burnt earth or stone;  
So also Divine Wisdom impresses Itself on the heart of a loving devotee,  
but not on those of the bound souls,  
burnt up by worldly desires.



## On Secret Doctrine

### Intervention is In-Admissible

Never can there be intervention of any sort in the marshalling and the regular precession of the celestial bodies! The law of gravitation is the law of laws; who ever witnessed a stone rising in the air against gravitation? The permanence of the universal law is shown in the behaviour of the sidereal worlds and globes eternally faithful to their primitive orbits; never wandering beyond their respective paths. Nor is there any intervention needed, as it could only be disastrous. Whether the first sidereal incipient rotation took place owing to an inter-cosmic chance, or to the spontaneous development of latent primordial forces; or again, whether that impulse was given once for all by God or Gods – it does not make the slightest difference. At this stage of cosmic evolution no intervention, superior or inferior, is admissible. Were any to take place, the universal clock-work stop, and Kosmos would fall into pieces.

Such are stray sentences, pearls of wisdom, fallen from time to time from scientific lips, and now chosen at random to illustrate a query. We lift our diminished heads and look heavenward. Such seems to be the fact: worlds, suns, and stars, the shining myriads of the heavenly hosts, remind the Poet of an infinite, shore-less ocean, whereon move swiftly numberless squadrons of ships, millions upon millions of cruisers, large and small, crossing each other, whirling and gyrating in every direction; and Science teaches us, that though they be without rudder or compass or any beacon to guide them, they are nevertheless secure from collision – almost secure, at any rate, save in chance accidents – as the whole celestial machine is built upon and guided by an immutable, albeit blind, law, and by constant and accelerating force of forces.



Saturn

## Lokaloka Parvatha 3

There are people who have tuned up to the One Consciousness. They are called the Masters of Wisdom. To them, only 'is' is experienced. They can see all planes of Existence. We live in one plane or the other. Master CVV says, "I shall train you to live in all planes simultaneously." That means, we will understand the Truth at all levels and live in them.

'Lokaloka Parvatha' does not limit us to any plane of Existence in creation. Loka -Aloka means a plane of Existence which is and is not, at the same time. A plane of existence is, when you are in it, and is not when you are not in it. For example, when we exist to the physical plane, the surroundings exist to us, they influence us and would even draw our involvement into it. But, while we are sitting in the same surroundings, suppose that we deeply think about an issue or a problem at hand, then, the said surroundings do not exist. They are there, but they do not exist to us. When we are at the mental plane the things on the physical plane cease to be. It is there when we exist to it, and it is not there when we do not exist to it. This is true with creation in all its planes. When we are out of it, we can see all the planes. When we are in it, we can only see the limited existence between our ground and our sky. To me the sky is the roof of this house and the ground is the floor of this house when I don't move out of this house. We then say that the whole world is made up of a roof and a mosaic floor. Many people speak from their viewpoint and try to establish that, as truth. Those who are realised, allow others to think in those lines, because they know that one day they too will know.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

## Knowledge 3

The mass of the educated people has knowledge of the physical world but lacks vision and synthetic understanding. The physical world must be relegated to the background and the world of thought is the main centre of attention. Only that knowledge is of real value, importance and usefulness which rightly interprets life, which establishes a true recognition of reality, relation and synthesis, which widens the horizon and increases the range of vision, which enables us to know and change ourselves to materialize our ideas, ideals and goals to rightly direct our energies.

Knowledge should leave us standing clear-eyed before the objective world and the world of relationships. It should fit us for sane living and intelligent conduct. It should equip us with an understanding point of view. It should impel us forward, increase our usefulness, better our existence, solve adequately the delicate task of living beautifully, constructively and creatively, in harmony with the laws governing life. Such knowledge is found in abundance in the spiritual teachings of the world.

A disciple

## The Teacher

### 38. Paschimantara Khelakam

#### Plays in the West



The Teacher sitting in the East conducts all his activity in the West. The Self-realised ones are in the East (ajna centre) of their being. The seekers who are stuck in the field of activity are placed in the West (mooladhara). The work of the Teacher is to transmit from the East the knowledge, to the West, to transform. He transmits to transform. All men of the world are said to be in the West. All men of wisdom are said to be in the East. This is not in relation to the planet but in relation to the human body.

In the human body North is at the crown centre, East is at ajna, South is at the heart centre and West is at mooladhara. East relates to Light and West relates to Matter. North relates to the Spirit and South relates to Love. The Teacher transmits presence from East to West and transforms beings to enable them to lift themselves up initially to South and later to the East. The journey is from West to South, from South to East and finally from East to North. The men of material mind need to be lifted up to love and wisdom which belong to the heart. With love and wisdom as a basis they can be further lifted up to ajna. Thereafter they are left to themselves to relate to the Spirit of the North. This is the major work of the Teacher. He does not lose sight of this in spite of various actions that he conducts with various people. He does it playfully. He does it joyously. He does not feel the burden of it.

Even the creation was commenced in the North where it was absolute silence. North is represented by silence, seeming nothingness; it proceeds to the East transforming itself to Will. It proceeds to the South as Love-Wisdom which proceeds further to the West unfolding material activity. All material formations are related to the West. North is said to be Silent, East

is said to be Will, South is said to be Love-Wisdom and West is said to be the Strength, the strength of material. The material worlds are in the West of the creation. The cosmic worlds are to the East of the creation. Their meeting point is the South where there is highest illumination. The North presides over all. The beings are sent forth to the world of matter which is the playground (kurukshetra) for their transformation. Thus, the evolving souls land up in the West in evolution. Firstly they move to the South, secondly to the East and thirdly to the North. These are the most sublime initiations. The work of the Teacher is to support and help the evolving beings.

The beings who are in the West (mooladhara) have the susceptibility to fall further into the pit of the West (South-West), who cannot easily even think of evolution. These are certain dimensions which are appropriate in the context.

Likewise, in the human body North-East is at the top of the forehead, North-West is at the nostrils, South-East is at a point in between the shoulder blades. Thus, there are eight directions besides Above and Below which are at the top of the head and the bottom of the heels. This is for information.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

Un disciple





## Kapila

### The Path 6

To live, to move and to be in One consciousness, I Am, is the sole practice that remains in the background of all actions. It is opportune to pick up this practice at the early age, so that man is not pulled unnecessarily into the activity of senses and sex. At a later age, there is the difficulty in withdrawing from sensations and sensuousness. The ability to project through senses when required and also the ability to withdraw from senses - the two way movement - enables free flow of the being through the human mechanism. Inability to withdraw causes an unnatural state of desiring for sense objects in their absence, which is painful. Even while the sense objects are available the projection is according to requirement. It is not according to availability. Eating and mating on the basis of availability is the activity of sensuous society. It is not in tune with the Laws of Nature. The Laws of Nature are better realised and practised when man adopts to the hints given heretofore.

Silence enables recollection of timely action and inaction. Silence is mental but not vocal. Vocal silence with mental action leads to imaginations. Cooperation of the vocal with unregulated mental leads to speeches unrequired. Mental silence and vocal speech (with the cooperation of the mental), with requirement as basis is another step that is realised. The urge to speak causes purge of thoughts and the purging thoughts leads to further urge to speak. The phenomena leads to unrequired externalisation of the being, causing energy loss. Retiring to loneliness periodically and observation of thoughts that spring from within gradually leads to silence. Meditation is the other name for this practice. It enables to remain alone even while within a group. "To be alone is not to be lonely." It is a state of being One in all. To identify with the One in all and remain so, is called as the state of being Alone. Recollection of I AM, as a daily practice enables realisation of this step too.

## Ashram Leaves

### Holisticity



The seven co-borns are female yet male. Only the seer who can see the 'eye' can comprehend holistically.

The one who knows this, becomes the Father of his father.



Lord Dattatreya

The Wheel

The wheel stands for time and time is presided over by the true teacher. He also initiates the disciple into the knowledge relating to time, so that the disciple skilfully adapts to the favourable and unfavourable periods of life, without getting disturbed in terms of vibrations through the pleasant and unpleasant events. Since the Teacher, Sri Guru Datta is "the One beyond the 3 qualities", time co-operates with him and helps him to help the seekers of Truth. A Master receives the co-operation of time. An accepted disciple learns to co-operate with time. An average person is conditioned by time. The wheel held by Sri Guru Datta is an assurance, that he would lead the beings into timelessness and the consequent bliss..

## Fire

### The Eighth Plane



The Cow is understood to carry extra-terrestrial energies, meaning, the 8th plane substance, which is called "GO". Gôpala, Gôvinda, these names relate to the essence of the 8th plane, meaning, that which is beyond the 7 planes. The Cosmic Christ principle is said to be of number 8 potency. That is why we say that the number of Christ is 8. The cow is called Go in Sanskrit.

The number of Krishna is also 8. He was born as the 8th child, and on the 8th moon phase. He is the one who came from 8th plane which is beyond 7 planes, that is why He is called Gôvinda, Gôpala. GÔ is a double sound, a combination of the energies of Jupiter and the Sun. GA is the sound of Jupiter, in Sanskrit and O is the sound of Sun -the solar energy which prevails in the cosmic, solar and planetary levels. GA is Jupiterian sound. O is the solar sound. PA is Venetian and LA is Neptunian. Thus Gopala is a sound that synthesises in it the energies of Jupiter (expression), of Sun (consciousness), of Venus (experience of love, beauty and splendour) and of Neptune (the muse, the deeper attunement). Such is the planetary combination of the name Gopala, Lord Krishna. The Sanskrit sounds and names carry the science of sound – a profound occult key. For the moment let us understand cow and Go, meaning expansive consciousness. Cow products have ability to cause expansion of consciousness when rightly used. Such is the Vedic understanding. The seers of ancient times knew the energy of cow and cow products and therefore treated it as sacred animal. They even went on identifying the variety of Devas of three planes with various parts of the body of cow! Hence a Hindu is deeply affected when a cow is killed or even ill-treated. Cow meat was never human food in ancient India. Again Jupiter (G) is the Teacher and the Sun (O) is the Ruler. Thus, the

priest and the king are together in the sound GO. That is what Krishna represents. Krishna was not only a Teacher but also a Ruler. Normally teachers are not rulers, and rulers are not teachers. Buddha abdicated his ruling principle and took to the teaching principle. Lord Maitreya also did so. Christ also preferred Teaching principle to ruling principle.





## Cow The Symbol and its Significance

Touch not the forehead of the Cow, it disturbs the Cow and such disturbance brings ill-health. Touch the tail and the back.

### PRACTICAL WISDOM

A teacher rejoices in the beauty of  
far-off world, not so much in the  
Joyless world of men.



## Group Prayers

O Lord Agni!  
You are the cosmic ritualist.  
May you unfold ritualism in us in  
the seven planes of our existence.

## PRACTICAL WISDOM

A teacher repeats only to enable  
Pupils to gain the details which  
are yet to be comprehended  
and implemented.



Sanat Kumara

## Practice and Patience 2

Sraddha is the faculty that enables you to be here and now. Lord Sanat Kumara gives this as the first step towards self-realisation, I AM. Without Sraddha not much can be accomplished. The mind has the habit of wandering. It is a vagabond, a street dog, a stray dog. It moves hither and thither. It has no directed movement. It takes you on flight without destination. It makes you absentminded. It doesn't let you to be and to do what has to be done. Mind entrusts work to the body and moves away. Body is a machine, which mechanically does things like a robot. When mind wanders while the body is at work, the work is done in an opposite way. It is not fulfilled. This is because the intent is not focused there. The consciousness is not present. Therefore the related experience is not gained. People choose delicious food, but engage in talking while eating. The attention shifts from the act of eating to the theme that is talked. Eating becomes mechanical. The taste of food is not experienced. Such eating is not conscious eating. When there is no conscious eating, the experience of eating food is missed. When there is no conscious eating, one does not eat as much as is required. One tends to eat more or less, but not as much as it is required. When eating is not conscious, the life force would not effectively function. It assimilates what is eaten. People talk while eating. The consequence is absence of experience of food. Similarly people put on music, but within a couple of minutes they start talking. The music comes to the ear of the listener, but the listener is not there. The listener is otherwise occupied. The result is, the music concludes and one did not muse to experience the music.



## From the Teacher's Pen

### Questions and Answers Apparent Lack of Progress



*Question:* I feel that I am no more progressing with the existing rhythms which you suggest to us (meditation twice daily, study and service). It looks as if there is not much progress with me over a year. Have you any suggestion to give?

*Answer:* Dear brother, whenever there is a grinding halt to one's progress internally or externally, the key is to look within. If you look within and introspect, you would yourself find the cause for the apparent lack of progress. During your hours of meditation and hours of rest you do receive hints for progress which you generally overlook and you ignore your turn. To hold them in memory, you are required to keep a diary of thoughts you receive during hours of meditation and relaxation. The being in you in your hours of silence releases fresh ideas for your onward journey which you may not have noticed. Your feeling of exhaustion in your personality could be another reason disabling any stimulation emerging from the soul. With every practice in relation to discipleship comes the alternating current of despair and darkness. It has to be overcome by walking the path along with the daily routine of life. Look around if you have neglected any of your immediate duties to the proximate fellow beings which could also be another reason for the grinding halt.

The golden rule is, until the next door opens do what you can within the chamber where you are in terms of service to fellow beings. If these suggestions can be of use you may pick them.



Agni

An Introduction to the Work  
of Cosmic Fire, 75

## 5. The Electric Fire Periodical Work of the First Ray 2

told you how the Masters of Wisdom function with us. Their functioning is with a kind of suggestive attitude, not a compelling attitude. Orders are given as suggestions, that means, a very soft way of communication. Understand that if a wise man gives you a suggestion, it is an order which he communicates as a suggestion. So, the Second Ray Master gives suggestions only, which are in truth orders. But when the suggestions are not heard, then comes the other Lord in a bigger cycle, where there is no scope for suggestions and discussions. We cannot say: "Let us sit down and discuss." You can't discuss anything with the 1st ray. He just does the job and sets you right in a split second. He is not willing for discussions, because He believes, not wasting His time in terms of love and compassion. He says: "Enough, Mother has given enough suggestions to you. You never bothered. So, now it is the time for beating!"

I am giving you familiar examples to make you familiar with the 1st ray energy. Yes, He said: "Enough!" at the beginning of the century itself. "You have been misused and irresponsible, and hence, I have come to set you right." So, two beatings on the bottom, meaning, the two world wars! One world war was not sufficient. We offered one side. A good beating was given, but did not remember the impact of it. So, the second was also given. Now, we cannot sit so very comfortably, because we remember what it is. That is why we say: "No, no, at any cost, no war, please", because we know, what it is to receive the 1st ray. He says: "If you don't want another war, behave better! It is not a pleasure to me to give you beatings, but you are asking for it, and I have to do my job only to awaken you!" So, that is why He awakens us. If we are awakened already, He says: "Good

morning!" If we are not awakened, He will awaken us by any method. Depending upon the grossness of our matter, the method is decided. So, that is what He does periodically, so that we get into light.

When we are woken up at 9 o' clock in the morning, then we look at the outer and say: "Oh, there is already so much light!" The purpose of the Father waking up through all methods is to see that we see the light. That is why Master Djwhal Khul said: "Let pain bring due reward of light and love." That is what is happening due to the visit of the First Ray Lord. And it is easy for Him to make such visits in these periodicities.

*This text is not proofread by the author and might have some mistakes.*

Master EK

## Vishnu Purana Chapter XXIII



### Jambhu Dvipa Island 2

In the eight directions around this pinnacle and in the folds between these directions you find the abodes of the Lords of Creation, beginning with Indra. Ganga, the sacred river, makes its emergence as Light from the outermost constellation called "The Foot of Vishnu". The flow comes down to earth after overflowing the lunar planes of creation. It flows amidst the abodes of the Creator Himself on the pinnacle of Meru. After finding its place in the city of the creator it finds its way in four directions. Then it goes down into the four currents of flowing water named Sita, Alakananda, Chakshu and Bhadra.

- Sita comes down eastward, jumping from mountain to mountain. In fact, it appears as if it is flowing to the vault of space. Then it flows through Bhadraswa and reaches the ocean.
- Alakananda flows southwards, towards Bharatha. It takes seven different directions and joins the ocean.
- Chakshu flows through all the western mountain and reaches the ocean after journeying through Ketumala.
- Bhadra flows down the northern range of mountains. It crosses Kuru and then enters the ocean.

(From the whole description it appears that the creation began when the Himalayas functioned as the north pole. From there the whole of the northern hemisphere was naturally divided into four equal sectors. The then Pole Star might have shone above the summit of the Himalayas. Above the Pole Star of that time is the constellation called "Foot of Vishnu".)

- Meru stood as the hub of the blossom whose petals were the mountains Nila, Nishada, Malyavan and Gandhamadana.
- The Varshas of Bharatha, Ketumala, Bhadraswa and Kuru stand as the four petals of the Lotus of this Hemisphere.
- Jathara and the Devakuta Hills stand towards the south of Nila and Nishadha. Hence these mountains mark the boundaries of the hemisphere.
- Gandhamadana and Kailasa extend towards the east and west and they are magnificent in their area. They cover an area of 80 yojanas and still continue into the ocean.
- Nishada and Pariyatra are the border-marking mountains. They exist on the borders between the sea and the land. They are located towards the western borders of Meru.
- Thrisrunga and Jarudhi are towards the north. They too enter into the ocean and part of them is in the ocean.



## **The Science of Man**

Dr. K. Parvathi Kumar  
First Young Group Life Teaching, Part 63  
August 2001, Visakh

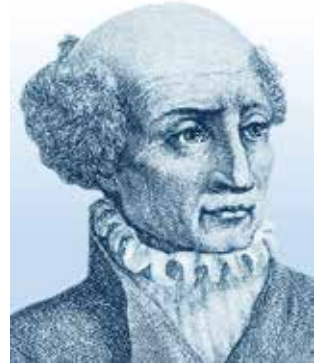
### **The Two Techniques for Meditation 2**

Likewise, you see that you are the silver screen and all thoughts are moving images that keep happening on the screen. You are the light upon which there is the happening of the thoughts. Then you gain your original status and you see all your thought processes and the related opinions, ideas, that they are all relatively not real, because they are your projections. As you project, so you see. You see only that which you want to see when you project. You don't see what is there. But when there is no such projection, there is no view. So it leads to vision. A vision is inclusive of all views. Then you see that people think in thousand ways according to what they are. But all this is not so very true. This status would enable you to release yourself from your thought. According to place and time, you will project through a thought, do the necessary work and come back to be the light. Even when you project, you continue to be the light. That's how you settle in a higher state of awareness and you are no more conditioned by the thoughts that keep projecting from you. So, take to a place, face East or North, gently close your eyes, relax the whole body and keep observing the thoughts that emerge from you. Try to be an observer and do not get involved into an emerging thought. This is the initial practice. The initial period is difficult, because you are very frequently taken away by a thought. That's why the practice demands patience. Once you are able to remain an observer, the rate of production of thoughts is gradually reduced. When the rate of production of thoughts is reduced, the whole system cools down. Fewer are the number of thoughts, better is the cool that you experience in the body. When there is the state of no thought except that you remain a light and an observer as light, there is an inexplicable cool that is felt in you which is very blissful. You gain a very poised energy. There is no more agitation in the being. This is how one technique is worked out.

Paracelsus

Health and Healing

Cremation vs. Burial



Occult healing is much wider than attending to a patient or a group of sick people. Its scope enlarges to include planetary cleansing. The planet requires cleansing in many ways. It needs to be cleaned not only by water and air from plastic and industrial pollution, but also by eliminating gradually the cemeteries, which are growing at large.

There are as many cemeteries as cities, towns and villages. They are many times as big as the towns and villages. The cemetery around Jerusalem is pathetic as it is not only crowded but surrounds a sacred place. The cemetery has a negative impact on the soil. The presence of the cemetery has its taints to which humanity is prone. One should note, down the ages there has been burial of billions of corpses. Their tainted effect on humanity can only be reduced through shift from the custom of burial to the custom of cremation. Those who work with health need to notice the factors of ill health at large and neutralize them through right approach to the governments and to the religious heads. Much propaganda is highly desirable in this direction.

When cremation becomes a universal custom we shall see a definite minimizing of disease leading to increased vitality and longevity. It is fortunate that many are opting for cremation, and cremation is becoming increasingly popular. Propaganda for cremation and against burial should lead to even framing the law against burial and for cremation. It would be a matter of sanitation that people cremate the discarded physical vehicle of the human souls which otherwise would cause greater impact on health in the times to come. The cemeteries must be understood as negative psychic

spots, emanating unhealthy and sick psychic energies.

Dissolution of forms through fire is the cleanliest method to dispose of the dead bodies. The moment death is pronounced scientifically, the body should be cremated within 24 hours to prevent the spread of ill effects of the dead body into the surroundings. The dead body is unwanted at home, and in the West return of a dead body from a hospital to the house is prohibited. When it is so, their preservation under the soil is neither logical nor healthy. In the East dead bodies are not retained at home, and before they decompose they are cremated within a day. People know by this time that their ancestors do not sleep in the graves and that they get reborn as per the Law of Karma. Reverence to the ancestors can be shown in different and better ways than visiting the graves. The Law of Karma and the Doctrine of Reincarnation are getting familiar in the West, which would also help a shift of emphasis from burial to cremation.

The process of mummifying as practised in Egypt and of embalming practised in the West has been responsible for perpetuation of etheric forms of the dead bodies, sometimes even for centuries. When the mummy or embalming was of a person of evil character their etheric body provided "housing" to evil forces. Taking possession of their etheric vehicle, the evil forces cause attacks and disaster, which is common experience in the West. There is much truth in the theme of Dracula, which is very popular in the West. There is also much truth in the attacks experienced by investigators who investigate into the mummies of Egypt.

The negative astral impacts of burials are too many to elaborate. Inasmuch as big cities are experiencing the dearth for place, they are now getting into a tier system of burial, which is still worse scientifically and sentimentally as well. Cremation of the dead body is the final solution which needs to be promoted. Cremation within 24 hours is the most desirable. If delay is necessary for family reasons or municipal procedures, the duration can be extended by another 12 hours. Scientific study in this regard and the related propagation is a sublime act of occult healing at large.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)



## Children's Section

### On Service

**RAJASIC AND TAMASIC SERVICE LACKS  
IN THE SENSE OF LOVE, PURITY AND QUALITY.  
SERVICE OF SATTVIC NATURE ONLY IS PURE.**

#### Panchatantra Stories

#### 14. The Tale of the Golden Droppings

There was a special bird, who lived in a huge tree on the top of a mountain. When its droppings fell on the earth, they turned into gold.

One day, a hunter wandered to the top of the mountain. Not able to catch any bird, he decided to take some rest under the huge tree. From the top of the tree, the bird discharged its droppings, which fell near the hunter and turned into gold. He was wonderstruck.

The hunter thought, "All these years I have been catching birds, but I have never heard of a bird's droppings turning into gold. This is a special bird, which I will have to catch!"

He set up a trap on the tree, which the bird did not notice and it was caught. The hunter, who was waiting nearby, immediately put it in a cage and started homewards. On the other hand, the bird repented that it was careless, not to notice the trap.

On his way, he thought, "If I keep this bird, I will become rich, and everyone will be suspicious. Someday, someone will come to know the truth of the riches and the bird and report it to the king. I rather present the bird to the king and be content with whatever he offers me in return."

So, he went straight to the palace and told the king everything. He gifted the bird to the king.

The king was delighted to have a bird whose droppings turned into gold, and asked his attendants to treat the bird as the royal bird. "Take proper care of this bird. Put it in a lavish cage and give it plenty of food and water."

Suddenly, one of the king's ministers requested, "O King, how can a bird's droppings turn into gold? How can you trust this mere hunter who is not knowledgeable? I advise you to release the cage and let the bird go. As for the hunter, please punish him for forgery."

The king pondered over the words of his trusted and knowledgeable minister, and asked his guards to arrest the hunter and release the bird.

No sooner had the bird been freed, it flew up and perched itself at the top of a nearby gate. He discharged its droppings, which to the amazement of the king and his ministers, turned into gold.

Realizing he had made a mistake, the king ordered his guards to catch the bird. But the bird was already free, it promised itself not to be careless again, and flew off where nobody could catch it again.

The wise indeed say:

*Check thoroughly even what seems to be impossible.*



## Stories for Young People

### The Duel 2

The rain stopped. But the wild river could not be crossed. The Samurai went to the forest to make his daily exercise, when he saw a group of strong men fighting. With his skill he ended the fight. The ruler of the country watched the scene and invited the Samurai to spend some hours with him at his court. He inquired the Samurai about his descent, his life and his master. The duke was pleased about the answers, the behaviour and the humility of the Samurai. He promised to give him employment. The Samurai went home to tell his spouse the news. The courtiers were not content. A poor, foreign Samurai should be the minister of war of the country? They did not trust him. On condition he would show his skill to the court, eventually they would agree to his employment. They searched for the strongest and wildest warriors in the country to prepare the tournament. But the duke intervened; he himself would be the opponent of the Samurai. When the duke and the Samurai started fighting, the duke tried to foul. The Samurai lost his temper and threw him to the ground. The courtiers laughed at their lord. This way the fight ended: a duke who became furious and a Samurai who was embarrassed. The Samurai left, still hoping to be pardoned and to get the employment. The messengers of the duke addressed the Samurai. The sovereign was sorry to hear about the duel of the Samurai and that he was paid for it. For this reason the Samurai could not get an employment. Hearing this, the spouse of the Samurai intervened. She bowed down to the messengers and said: „People like you never understand. What my husband has done is not important, but his motive is. The people needed food. They were so grateful. A very old man told me that the gift of the meal had reconciled him with life. He now thinks that the earth would be a habitable place.” She addressed her husband: “My generous lord, I allow you to fight duels whenever you think, it is right.” The Samurai and his spouse continued their travel, without looking back.

*Story of the film: “ame agaru”. by Akira Kurosawa. 1999*

Compiled by BK

WINDOW TO WORLD SERVICE  
NEWS & ACTIVITIES  
(Inputs welcome)

Spain

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**Activities :**

*Practices*

- We cooperate with Dhanishtha editions, correcting texts, supporting works, and with the distribution, sales and sending by post the related books of Dhanishtha to every place into Spain and also to the centres and specialized bookshops.
- We collaborate with different organizations that help needed people, contributing with money for the attainment of their objectives.
- Our members contribute to the realization of activities for a better healthy life, and also to develop the relations among groups encouraging the realization of courses that help to achieve these objectives.
- Our members collaborate with organizations to help sick people. Works are also participating in various campaigns collected food, books etc.

## Picture to the Month of Aries

### Aries – Planet Blossom



The planets we see now in the solar system are but symbols through which the concealed planetary principles are revealed as the workings of that planet. These workings of the planets form but an allegory of the life which is concealed in the planet as a principle and revealed through incidents. Normally the sun, the moon and the earth are known only as planetary globes by the exoteric students of astrology. In fact these globes are the physical bodies of the planetary deputies in our solar system. These deputies are the conscious entities which live in those planetary globes as great living beings. They also live on these globes as the units of life that inhabit the planet. These units are called lives which are, in fact, the many atoms of the matter concerned, but of one life in the group-level or soul-level.

*Dr. E. Krishnamacharya: Spiritual Astrology*

## Book Review

### The Book of Rituals



The scope of the present work is to explain the nature and the symbolism of the ritualistic key to the Wisdom. The work deals with the sacramental value of initiations and the changes brought to the student thereby. One of the main attempts of the author is to prove that the content of the initiation rituals belonging to many religions and orders remains the same throughout and that the common content is expressed through many forms, symbols and allegories throughout the centuries. The dawn of the science of rituals is traced to the dawn of man on this earth and this is because the dawn of man itself is the result of an organized ritual of the unseen forces of nature ever at work.

*Ekkirala Krishnamacharya : The Book of Rituals*

*Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*

### Thus Spake Master CVV



The Yoga of Master CVV is no different from the path of yoga propounded by the ancient most scriptures such as the Bhagavad Gita and the Yoga Sutras of Patanjali. Master CVV gave out a new yoga which gave a new impetus for the evolution of Life. It works to hasten the process of evolution. The booklet "Thus Spake Master CVV" is a compilation based on the teachings of Dr. K. Parvathi Kkumar given out in the monthly magazine "Vaisakh News Letter". The statements are very profound and have layers of meanings that unfold to the sincere seekers.

*K. Parvathi Kumar : Thus Spake Master CVV*

*Info : The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*

*Online: [https://worldteachertrust.org/\\_media/pdf/en/thus\\_spake\\_master\\_cvv.pdf](https://worldteachertrust.org/_media/pdf/en/thus_spake_master_cvv.pdf)*

## Astrological Important Days in March/April 2018

20.03.	17:15	☉ → T / <b>Sun enters Aries</b>	
♂		<b>Spring Equinox:</b> <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i>	
		☉ in T and 1 <sup>st</sup> - 14 <sup>th</sup> phase of ascending moon:	
		<i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>	
24.03.	05:36	● 8 <sup>th</sup> phase of ascending moon starts	☉ 03°29' T / D 27°29' II
h		<i>Contemplation upon Master Morya</i>	
25.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
☉	04:32	9 <sup>th</sup> phase of ascending moon starts	☉ 04°24' T / D 10°24' ☿
		<i>Birthday of Lord Śrî Râma</i> (End 26.03. at 02:24)	
27.03.	00:13	11 <sup>th</sup> phase of ascending moon starts	☉ 06°12' T / D 06°12' ♈
♂		<i>Contemplation upon Master Morya</i> (End 27.03. at 22:02)	
30.03.	16:05	Phase of full moon starts	☉ 09°49' T / D 27°49' ♏
♀		<i>Contemplation in the headcenter upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya</i>	
31.03.		<i>Birthday of Lord Hanumân</i>	
h	14:37	○ <b>Full moon of Aries</b>	☉ 10°45' T / D 10°45' ♈
07.04.	20:00	● 8 <sup>th</sup> phase of descending moon starts	☉ 17°52' T / D 11°52' ♏
10.04.	19:55	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	D 17°27' ≈
♂	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 11.04. at 22:11)	
11.04.	03:10	11 <sup>th</sup> phase of descending moon starts	☉ 21°06' T / D 21°06' ≈
♀		<i>Contemplation upon Master Morya</i> (End 12.04. at 04:43)	
15.04.	05:07	Phase of new moon starts	☉ 25°06' T / D 13°06' T
☉		<b>New moon point of Aries:</b> <i>Contemplation upon 'The Pledge'</i>	
16.04.	03:57	● New moon of Aries	☉ 26°02' T / D 26°02' T
20.04.	05:12	☉ → ♉ / <b>Sun enters Taurus</b>	
21.04.	14:58	7 <sup>th</sup> phase of ascending moon starts	☉ 01°22' ♉ / D 13°22' ☿
h		<i>Descent of Idâ force for manifestation and materialisation</i>	
22.04.	12:47	● 8 <sup>th</sup> phase of ascending moon starts	☉ 02°16' ♉ / D 26°16' ☿
☉		(End 23.04. at 10:46)	
25.04.	07:16	11 <sup>th</sup> phase of ascending moon starts	☉ 04°58' ♉ / D 04°58' ♏
♀		<i>Day of Nârâyana: For healing, synthesis, and for self-contemplation</i>	
		(End 26.04. at 05:50)	
29.04.	03:07	Phase of full moon starts	☉ 08°41' ♉ / D 26°41' ♈
☉		<i>Birthday of Vedavyâsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples</i>	
30.04.	02:58	○ <b>Full moon of Taurus (Vaiśākḥ-Festival)</b>	☉ 09°39' ♉ / D 09°39' ♏

All times until **25.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2018/2019«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust-Global, Föhnhafen 1, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.





OH LORD AGNI!  
WE PRAY THAT WE MAY BE LEAD  
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),  
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.  
LEAD US, GUIDE US AND ENSURE THAT  
ALL OUR KARMA IS BURNT ON THE WAY  
AND THAT WE TEND TO BE THE LIGHTED BEINGS  
IN THE ETERNAL KINGDOM OF LIGHT  
TO SERVE IN JOY!

ISA VASYA