

# Vaisakh News Letter



HAMSA SIVA SOHAM



Aries 2020 Mesha

Letter No. 12 / Cycle 33 – 20th March until 19th April 2020  
The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

**Contact: The World Teacher Trust - Global**

The Vaisakh Newsletter in English and French: [info@worldteachertrust.org](mailto:info@worldteachertrust.org); German: [wtt@kulapati.de](mailto:wtt@kulapati.de), Spanish: WTT Argentina: [wtt@wttargentina.org](mailto:wtt@wttargentina.org), WTT Spain: [info@wtt.es](mailto:info@wtt.es); Brazilian Portuguese: [brasil@worldteachertrust.org](mailto:brasil@worldteachertrust.org)

### Prayer of the Year 2020-2021

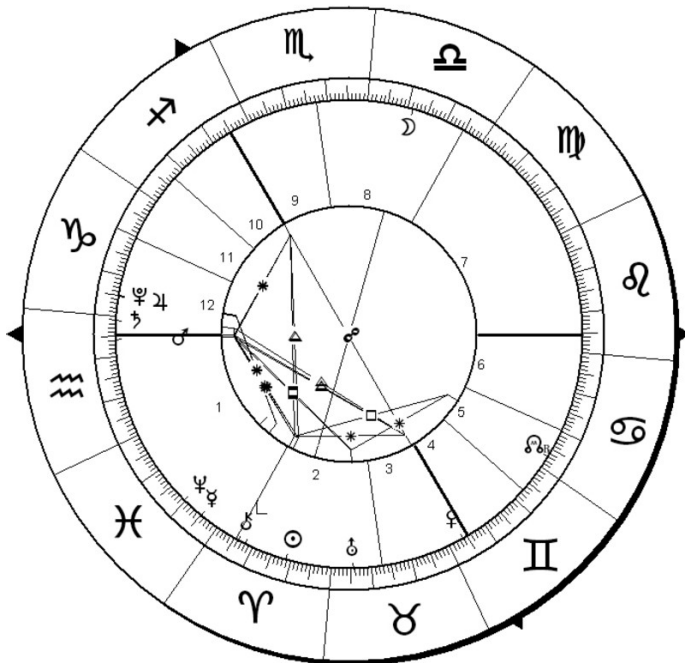
The bear is in the cranial cave.

The cub is in the lions cave.

The dog is in the kennel of the base.

Link up the three vertically and feel

the Light, the Love and the Will.



Full Moon of Aries, 8 April 2020, 04:35 h CET

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## Message of the Solar Year 2020 - 2021

The solar year 20-21 is named as Sarvari, which means the twilight of the evening. The twilight is indicative of a transformation from light to darkness and darkness to light. With specific attention to the glittering stars at night, Sarvari represents sparkling lights amidst darkness that amuse and guide the beings of earth. Aspirants and disciples believe in the grace of Light amidst darkness and such light is available throughout the year Sarvari.

Sarvari opens up the beauty of the night which is the venue of all subtle and divine experiences. Divine experiences are but common during the hours of night and are very uncommon during the sunlight hours. The subtle light of violet, blue and indigo is available during the night hours. Therefore, orienting to the light of the night during the year Sarvari is predominantly indicated.

In the Age of Aquarius, impressional teachings from impressional writings have greater possibility and therefore night hours become all the more important for the aspirants and disciples. They are advised to open up to these possibilities through right orientation to sleep. A clean mind and a clean body with light food is desirable. A six to six and half hours sleep is also desirable. The Tibetan Master Djwhal Khul suggests 10:30 pm to 5:00 am for sleep. Sleep is as much important as the hours of activity and wakefulness.

Close the day activity by twilight. Twilight is consistent in tropics while it could be an extremely delayed twilight or premature twilight in other regions of globe. Therefore, all activity is suggested to be concluded by 5:00 pm in the evening while it could commence by 8:00 am in the morning. It is not a virtue to stay in excessive work. Food, sleep and activity shall have to be balanced. Yoga life demands a balanced approach to every dimension of life. Excesses are undesirable.

Sarvari hints at the importance of evening twilight. The key number of the year is 7 while the key planet energy is that of anti-node.

Jupiter in the tenth house (Capricorn), Venus in the second house (Taurus) aspect well to give subtle experiences. Mercury in Pisces and Node in Cancer aspect well to set the economic affairs in order. Twelfth house Neptune in Pisces is indicative of illusions of rulers. The square with Anti-Node to Sun is also indicative of disappointment and delay in fulfilling the governmental projects. To the aspirants and disciples, the inner life can be progressive while

the outer life would be as stunted as before. Node being the ruler of the solar year, Sarvari disappoints, delays and even failures prevail.  
May we all be guided to stay stable on the path to Light, to the Hierarchy.

## Full Moon Formula Year Sri Sarvari, Aries 2020 - Pisces 2021

Step 1 OM (7 times, 5 minutes silence)

Step 2 Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,  
Gurur Sakshat Parambrahma Tasmai Sri Gurave Namaha

Namaskarams Master  
Namaskarams Master KPK  
Namaskarams Master EK  
Namaskarams Master MN  
Namaskarams Master CVV  
Namaskarams Master CVV  
Namaskarams Master CVV to your lotus-feet.  
(15 minutes silence)

Step 3 Utter the below prayer for three times and meditate:  
The bear is in the cranial cave.  
The cub is in the lions cave.  
The dog is in the kennel of the base.  
Link up the three vertically and feel the Light, the Love and the Will.

Step 4 Bhadrambarāya Vidmahē  
Ātreya Ya Dhīmahi  
Tanno Datta Prachodayāt  
(16 times)

Step 5 Loka Samastha Sukhino Bhavantu (3 times)  
OM Shanti Shanti Shantihi

**Step 6 (optional)**

Ekkirala Kulam Bodhi  
Vidumananda Rupinam  
Anantharya Tano Jatam  
Krisnam Vande Jagadgurum  
Sri Krishnamacharya Ananta Putram  
Satsa Dhu Mitram Karuna Rdranetram  
Gurum Gurunam Piteram Pitrunam  
Ananyasesha Seranan Prapadye

The proposed time intervals are optional.

- Full Moon Meditation (PDF):  
[https://worldteachertrust.org/\\_media/media/en/fullmoonformula2020.pdf](https://worldteachertrust.org/_media/media/en/fullmoonformula2020.pdf)
- Mantra Bhadrabarāya Vidmahē:  
[https://worldteachertrust.org/\\_media/media/audio/dattatreya\\_gayatri.mp3](https://worldteachertrust.org/_media/media/audio/dattatreya_gayatri.mp3)
- Ekkirala Kulam Bodhi...:  
[http://worldteachertrust.org/\\_media/media/audio/ekkirala\\_kulambodhi.mp3](http://worldteachertrust.org/_media/media/audio/ekkirala_kulambodhi.mp3)

## Message of the Month of Aries ♈

The Sun's transit into Aries enables renewed energies for the planet since Sun is exalted in Aries; Mars gives the dynamics whereas Mercury gives the needed discrimination. Mars, Mercury and Sun prevail over Aries. Hence, man is required to orient to the solar energy son (Sun), its effulgence (Mercury) and its direction (Mars). May the aspirants redirect their aspiration preventing diffusion of their energies. An Arian set on a target is an achiever. Resetting one's targets is but important for planned progress of the aspirants.

Master Tibetan gives the keynote of Aries in four lines:

1. Express the will to be and to do.
2. Unfold the power to manifest.
3. Enter the battle for the Lord.
4. Arrive at unity through effort.

“Relate to the spirit as soul and get guided; relate to matter as soul to manifest” - should be the key to the aspirants and disciples. Aries is individualistic. Eventually its personality dies in Scorpio, the eighth house, and gets re-resurrected in Capricorn to lead the groups by which one is fulfilled. May Aries 2020 guide all of us with the hints thrown at us through this editorial.





## Message of the Teacher

### The Splendour of the Teacher

A true teacher is not a doer. He lets the Plan to have it done from within and around. Therefore, even the miracles happen around him.

The splendour of the teacher is in non-doing and in witnessing. He ever witnesses the manifesting Plan and cooperates with it. He has no claim whatsoever for things that happened and are happening through him.



## Utterances of Lord Krishna



The senses are submerged in likes and dislikes.  
The being is submerged in deep likes and dislikes.  
Self-restraint, self-control are childish arts.  
The nature is indomitable.  
(3-34)

Overcome duality by orienting to  
What is to be done.  
Replace desire with duty.  
Ascend duality and its impact.  
(3-35)



Lord Maitreya  
Maitreya Community  
Gentle Path

We open the doors of wisdom, we open the doors to Light and successively open doors to greater measures of Light, but we cannot walk for you. You have to walk through the doors with your daily practice of wisdom. As much as you walk the path so much you are unfolded from within. Four times such unfoldment leads you beyond the heart lotus.

We neither impose nor persuade but inform relentlessly. We love you, therefore, we do not believe either in undue influence or cohesions. Gentle is the way, gentle is our approach, learn to be gentle to find the Way.

Master Morya  
*Maruvu Maharshi*



## Approach to the Teachings

If anyone asks you, 'From whom do you receive these teachings?', answer them, 'The Masters of Wisdom'.

'Who are the Masters?' If someone asks you, answer them, 'They belong to the Eastern Light'.

'Where do they reside?' If someone asks you, answer them with a smile.

'How do you gain their contact?' If they ask you, 'Practice whatever is taught'.

'Am I eligible to the teachings?' If someone asks you, answer him, 'From this very moment you are, your inclination'.

'Do I get their vision?' Answer them, 'You may try orienting to them in the sleep hours'.

'With what teaching shall I commence?' Answer, 'Endeavour to improve a little in every dimension of life'.



Master Koot Hoomi  
*Devâpi Maharshi*

Sambala 23

Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala, Sahasrara, Sanat Kumara commence with the sound 'Sa'. Sam is the sound that bestows poise in all the planes of existence. Sam stands for equanimity. Equanimity in all planes of existence opens the way to Sambala. Sam connects you to Sankara, the Lord of Cosmic Will who presides over the whole creation. Sam is the sacred sound said to initiates. Sam is uttered forth in Sambala to relate to higher circles. Sami is the tree and Samam is the quality. Samam stands for tolerance which is but the first command. The disciples aspiring the path of Light to Sambala (Sahasrara) should necessarily practice Samam - tolerance. The tolerant one conquers the life. It was so with Moses, Jesus and every initiate of high order. May tolerance be noted, for the tolerant ones are spotted by the ashrams of Sambala.

## Message of Master E.K.

### Air



Air holds not the smell either agreeable or disagreeable. It may hold it for a while but soon dissociates with any smell good or bad. For this reason, air is considered to be generally pure. Associating with the activity of respiration in a pleasant ambience with a pleasant mind enables aspirants to purify themselves.



## Master CVV-Yoga

### Aphorisms to Disciples 23

67. Form a team with Me when you help/serve/heal others. It will enhance your ability and you will be able to fulfil.

68. Either Me or the members of Hierarchy are ever ready to cooperate with you inasmuch as you cooperate with others. Such continued cooperation results in envisioning and conversing with us. Much depends upon your cooperation.

69. Witnessing is the main key. If you stay put in witnessing, you listen and you see better. You can even see a co-worker or a patient who looks to you in desperation. When this ability is established, you can communicate to the distant ones to help and alleviate.

Vidura

Teachings of Wisdom



The fight, the vengeful attitude,  
promotion of conflict  
between the couple,  
differences with the co-born,  
working against the government,  
and addiction to alcohol  
are avoidable acts.

### PRACTICAL WISDOM

Pure faith enables higher cooperation.





## Saraswathi

### Suktam 4 The Ability to Assimilate 5

Please remember: “Creation was planned much before you came. You can plan yourself in tune with the Plan of Creation. Creation is for all. Your plan should also be for the welfare of all. If you plan for yourself and work, you create fate. Later you work for your fate and not for the Plan”. Conflict, ignorance, egoism, emerge from such ignorant plan. Hence the need to know and to tune up to the Will. Let the Will of God preside over our little wills. Then we are protected through and through.

Thus, as we appropriately invoke the Word on a daily basis, our assimilation of knowledge and of food improves. The Word shall preside over us, so that our wills may become more alert and we gain protection through and through. This is also the essential meaning of the Gayatri Maha Mantra.

Of the 18 hymns, I suggest this hymn to be chanted daily with its import. It does much good. While chanting we feel the flow from Sahasrara to the Muladhara through Sushumna, Ida and Pingala. We imagine it, it will lead to visualisation. We contemplate upon the flow from above downwards -that is the way to invoke.

This hymn is also composed in the formula of the Gayatri Mantra. There are varieties of formulae in the Rig Vedic hymns, of which Gayatri is considered to be the king or queen of the meters. The hymn has 3 lines with 8 syllables for each line. Lord Krishna says in The Bhagavad Gita: “I am Gayatri among the meters”<sup>1</sup> . When it is an 8 syllabled mantram it always speaks of ‘the One beyond the 7 planes’, ‘the Eighth One’.

## Ashram Regulations for Entry



### Introduction 1

Ever since the advent of a fresh wave of theosophy through the valiant lady Madam H. P. Blavatsky, there has been considerable interest emerging in the aspirants regarding the super mundane world. Super mundane world is tending to be a reality to many aspirants and disciples. This ignition to aspiration is further triggered by Sri Aurobindo, who had emphatically spoken of the supra mental reality. This concept of supra mental is no different from the super mundane experiences of Madam H. P. Blavatsky and the related teachings. The teachings of the Tibetan Master, Master Djwhal Khul, also emphasise on human transcendence to supra mental as the immediate step of evolution. Madam Blavatsky, Sri Aurobindo, Madam Alice Bailey and a host of other initiates experienced supra mundane beings as also supra mundane plane. They not only experienced the presence of the supra mundane beings but also received their advice guidance and protection as well. They had even done impressional writings emerging from the supra mundane plane.

### PRACTICAL WISDOM

Look for Buddha but not for a Buddhist.  
Look for Christ but not for a Christian.  
Look for Truth not for the pomp around.



## On Secret Doctrine

### The Hidden Dimension of the Visible

An average believer runs around the temples, the caves, the mountains and the valleys. He experiences the sights and the sceneries and falls into a self-generated 'awe'. But such striving does not lead into the essence of those sceneries and sights. The believer shall have to train himself to gain an insight without which what the places reveal is but a surficial and superficial understanding. The believers should set themselves upon a path of discipline which is called discipleship without which their equipment remains inadequate to gain the understanding of any presented temple or any other structure. Unwilling and unable to penetrate into the symbols leads one to have his own blind understanding which he may impose even on the others.

The ancient sages never taught that the king of creation is either he or she. They always spoke of the principles at work which could be active and passive alternately.

The alternating function of the active and passive principles is presented in varieties of ways, one such way being 'phallicism' where a vertical stands upon the horizontal. Even in the Himalayas which are considered to be the cradle of humanity, the ancient most and the foremost symbols have been Shiva lingams set upon the base which is but an artistic presentation of vertical and horizontal or male and female principles. To reduce such symbols into phallus and vagina is but the fall of the quality of the human brain. The science of creation is presented through symbolism and unless the symbolism is understood no one can make inroads (internal journey) into cosmogenesis and anthropogenesis.

"Direct not thy mind to the vast measures of the earth, for the seed of truth is not upon the ground. Measure not the sun and the quality of rays that it generates, for the light is not that of the sun. Extol not the moon of its phases for it is not the moon. The sun, the moon and the earth are but the transmitters

of variety of male-female energies for the life to manifest, to flourish and to find its termination.” Such is the understanding of the ancients who could see the visible world as the effect while the causes are invisible.

Relating to the invisible patterns of manifestation and demanifestation, its cycles of commencement and conclusion is what the Secret Doctrine aims at.





Saturn

Transformation

The Building of the Antahkarana 3

When we reverse the path, again we get into liberation. Getting into matter is to get into limitation, releasing from matter is getting into liberation. Spirit is naturally a liberated state. Spirit, when condensed into matter, sleeps in matter. That is what the Bible says as, “God rested on the 7th day,” that means, God sleeps not but rests in matter. Slowly, as matter grows into Spirit, it is absorbed into it. Then, the matter in the Spirit becomes lighter. It is like, when we heat an ice block, it becomes water, then steam, and then it is absorbed into the air. In the state of air, it is lighter than in the state of ice block, which is conditioned and heavy.

Thus, the journey is from air to ice block and from ice block to air. This is how the creation takes place as exhalation and inhalation. In that process man reaches the objective world, and reaches his ultimate point in Scorpio. Thereafter he gets disillusioned of the objective world. He travels into the subjective world and again reaches the state of Gemini. Gemini is an airy sign, and Scorpio is a watery sign, deep waters. So, when the retracing is done in Gemini, the Antahkarana is built.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

#### Glamour and Illusion

As we look out upon the world, we do so through our emotions and mind, and have to therefore deal with glamour and illusion. The majority of people are unaware that these two states exist. They deify their glamour and regard their illusions as their prized and hard-won possessions - right and good and an unchangeable part of their daily life. Danger is to be found in the glamour and illusion, in which all live, for through them we can be imprisoned, deluded, manipulated and destroyed. Response to the unreal and the unnecessary prevents one from concentrating on the realities of life and circumstances. We become side-tracked and wander down the by-lanes of life, and miss that straight highway which will lead us to our goal. Freedom from these two blinders is a desperate necessity, for our future progress in every field depends upon it.

We surround all things with glamour and illusion habitually, automatically and unconsciously. Our quality determines the type to which we will succumb, or which we will create. By learning to distinguish the form they assume in our daily life, we will achieve release. To see the real from the illusory we must know to what and to whom we are attached in such a way as to prevent clear vision. But difficulty arises because few people care to face the actual truth. It involves the ability to recognize error and to admit mistakes. This, the false pride of the mind will not permit. Nothing can prevent the progress of those who have awakened to the glamour and illusion. They become more free and useful, and intelligence characterizes their life.

A disciple



## The Teacher

### 65. Akhandanadam

#### Eternal, unbroken sound

The sound OM exists in creation and is the basis of all manifestation. Even in the pulsating sound of SOHAM there is the sound of OM. OM is the basis. It is the humming sound which is the basis for the double sound. The humming sound is eternal during the creation. If it ceases, the creation falls. It's like the current which holds all planetary, solar and cosmic systems. If OM ceases, all ceases. The sound of OM is unuttered sound. It is called anahata. Ahata sound emerges from out of the anahata sound. Ahata sound can merge into anahata sound. When one associates oneself with the anahata sound one transcends all forms and exists as the permeating one. This anahata sound is called the 'voice of silence'. It is also called the background sound of all sounds. This sound needs to be listened to through tuning in to the pulsation and moving beyond the pulsation, i.e., subtle pulsation and even no pulsation according to Patanjali. In that state one relates to the eternity of the soundless sound and gets absorbed there into. His individual state of existence ceases into the universal state of Existence. It is also said that I AM is merged into THAT. There is no individual entity in that state. It is also called the pure state of Existence.

The seers muse this state of sound and according to the demands of place and time externalize themselves.

Except while at work they remain one with the universal anahata sound. (For more details you can refer to the author's work on the sound OM.).

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

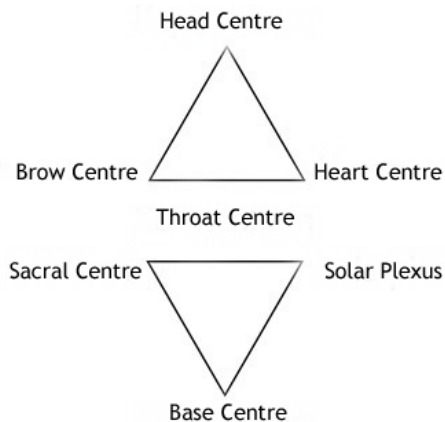
## Sound



### The Double Triangle 1

Sound is the link between that which is perceptible and that which is imperceptible. It is the golden middle point, and hence if we know how to work with sound we will be able to work with equal poise with that which is known and that which is unknown. That which is unknown continuously manifests through sound as that which is known.

There is also a numerical potency that transforms the unknown into the known. It is described as number 8. It is also called "The Number of Christ", because Christ is the link between the planetary beings and that which is above the planetary beings. In us also there is a centre which links up that which is known to that which is unknown; it is the Throat Centre. The Throat Centre is the middle point.







## Ashram Leaves

Pisces

I live in all. Because they all live in me.  
I live within and without them all.

### PRACTICAL WISDOM

Faith remains while Hopes sprout and die.  
Souls move on.

## Mystic Mantrams

### Invocation



Namaskarams Master

DIP DEEP

AXIS ARRANGED HOURS

HIGHER BRIDGE BEGINNING

TRUTH LEVELS

NIL NONE NAUGHT LEVELS

NORMAL TEMPERAMENT.

TIME EXPAND

ELECTRIC HINT

ETHER WORK OUT

EQUATOR EQUAL

PITUITARY HINT

HIDDEN CIRCUMFERENCE

SIDE WAYS

MILLER FORM CENTRE

VERTICAL LEVELS

MEET CENTRES

Namaskarams Master C. V. V. to your Lotus Feet.



## Fire

### Detailed Explanation 6 V. Offerings to the Planetary Devas 2

OM RAHAVE SWÂHÂ. RAHAVA IDAM NA MAMA  
Offering to the Lord of the positive node.

RAHU is the planetary lord of the positive node. He causes the solar eclipse. He is worshipped to prevent eclipses to the consciousness. He is also the lord of material wealth. He functions like positive Mars. He permeates the body from head to diaphragm.

OM KETHAVE SWÂHÂ. KETHAVA IDAM NA MAMA  
Offering to the Lord of the Negative Node.

KETHU is the Lord of the Negative Node. He eclipses the Moon. He confuses the mind. He works as negative Mars, stimulating negative emotions. He occupies the body from diaphragm to the feet.

## Rudra The Lord of Cosmic Will and Vibration

### A Few Dimensions of Rudra 16 Ugana



Ugana means the power of gathering virtues. Rudra helps gathering virtues and dispelling vices. The ultimate of the vices, which Rudra only can dispel, is Ahankara, personality consciousness. Once this is dispelled, 'I am' is restored to THAT I AM. Personality identity disappears into the Divine. Man in God becomes God in Man. This power of Rudra is also called Uma. Uma is the consort of Rudra as Eshwara, whom she contemplates upon and thereby loses her personal identity into him.



Sanat Kumara

## Diversion versus Witnessing

When one keeps distance from the body, the body does not demand many things as it normally does. This observation can be further extended to observing the pain in the body. When one observes dispassionately the pain, one distances from the paining part. Thereby pain does not affect one so much. Normally people are diverted to more attractive things to stay away from pain. A painful person when put to a movie full of humour, his attention is diverted from pain to the movie. During the entire duration of the movie he is not with the pain, he is with the movie. But the pain returns once the movie is over. What is it that has happened to him during his engagement with the movie? His awareness is diverted from the point of pain to the movie. His awareness is thus distanced from the pain.

Diversion is a temporary technique. Witnessing is a technique that is good for all times. Diverting one's mind to a movie is seeking an external support as a remedy. Witnessing is a self-supporting remedy. When one develops the ability to witness, one can use this facility in many ways. One can withstand from hunger and thirst, one can withstand from pain, one can stand out from the body as well. Through constant observation of one's own body, which is a contemplation by itself, one can stand out and witness one's body. People are crazy for initiations to have out-of-body-experience. But science of yoga gives this simple and straight forward technique to stand out and observe one's body. Similarly one can start observing one's own personality. As one gets more and more dispassionate in one's observation, one can clearly see one's personality with its strengths and weaknesses. Personality is also a vehicle for the soul. When the soul through witnessing comes out of the personality, he can experience the blissful state of being the soul without the personality.



## From the Teacher's Pen Questions and Answers

### Clairvoyance and Clairaudience

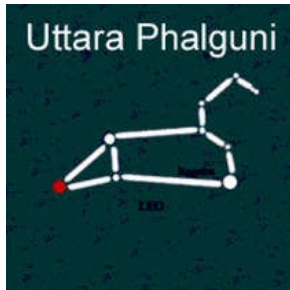
*Question:* Dear Master, will you please speak about clairvoyance and clairaudience?

*Answer:* Dear friend, the clairvoyance becomes a reality among the advanced human beings during this root race. When clairvoyance is unfolded one sees the fiery beings and they also realize that they closely work in alignment with the fire within the human. The clairvoyance is in the process of development in this root race. It is entirely physical and its development is possible through purification of mind, senses and body. Its development is anticipated for the Aryan root race. In the fourth round of the Aryans, advanced humans develop full self-consciousness. Thereafter it is physically experienced. Develop physical plane senses of hearing, of touch and of sight. In the next root race clairvoyance becomes relevant though not universal. When clairvoyance prevails, Buddhic plane accessibility gets closer.

Clairaudience speaks of communication between mind to mind. It is just not telepathy; it is a form of direct hearing. A teacher can speak to the disciple as person to person. This is a possibility for the fifth sub root race of Aryan root race.

## The Wisdom of Nakshatras

### Star 12: Uttara Phalguni



Uttara Phalguni and Purva Phalguni are but the anterior and posterior energies of the same constellation. The two parts are reddish in complexion, meaning passionate, warm, hearty, dynamic and rejuvenating. Natives of Uttara Phalguni are self-reliant and independent. They are cultured and civilized and are inclined to pursue noble deeds. They are reliable and generous. They

are concerned with social welfare. They have an ability to give a creative expression while supporting the society. They are happy and friendly persons with reasonable success and comfort in life. Arjuna, the disciple of Lord Krishna, is from this constellation. Initiates like Nicholas Roerich, Abraham Lincoln and Master EK are also born in this constellation.

Lord Shiva is the deity. Aryaman among the Adityas and Bhrigu among the prajapatis are propitious to the natives. The Sun, Venus and Mercury are favourable to this constellation.

The natives of this constellation are ambitious, industrious, productive, popular, dependable and sociable. They have sharp intellect, are courageous and enduring. The natives are dignified and have a high sense of self-respect. They are pious and charitable. Their bodily temperature is always slightly more than normal. They are helpful to others and are unmindful of their welfare. They are good learners and are generally devoted to religious activities.

The natives also tend to have weaknesses like being egoistic, restless, fixed, obstinate and bossy.

The number of Uttara Phalguni is 12 while its favourable number is 1 or 7. The animal is the bull. The colour is red. The tree is the peepala tree. The Lord of this constellation is Shiva. The stone is ruby. A beetle is associated with this constellation.

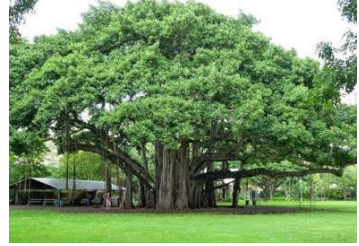


The body part associated with this constellation is the diaphragm.

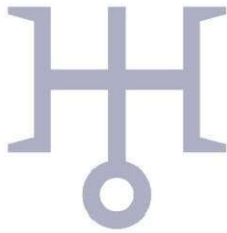
The health of the native is generally robust, but their over confidence can bring problems to the liver, intestines and the teeth. They are prone to gastric problems.

The natives of Uttara Phalguni have a strong need of close relationships. People close to them feel that they are not as soft hearted as they look from a distance. They are respectful to parents, friends, and to men of knowledge. They can be speculative and risky as well. This constellation falls under the fixed category and makes a good aspect with other fixed constellations such as Rohini, Uttara Ashada and Uttara Bhadra. It is interesting to note that Lord Krishna of Rohini and Arjuna of Uttara Phalguni teamed up to put down lawlessness and they established the law.

Uttara Phalguni belongs to a category of constellations termed “urdhva mukha”. Coronation ceremonies and the construction of high-rise buildings can be done in this constellation. Actions commenced in this constellation last for a long time. They have a permanent impact and influence over a long period of time. Hence, this is termed as a “Dhruva” or fixed nakshatra. Fixed nakshatras also have an uprising energies.







## Uranus The Alchemist of the Age

### Service 3

Higher awareness is not possible if you neglect a co-being. Only to serve the fellow being in a much better fashion, one should look for occult practices - to equip one better. If one is working in the field of healing, one should explore in how many more ways one can equip oneself to heal better. There are the therapies, the sciences, the psychical sciences and the occult sciences related to healing. The sincere urge to heal enables opening of doors that supply the necessary skills. That urge is ardent aspiration. Similarly, when one teaches one should have the urge to transmit qualitative teaching, which is practicable and liveable in daily life. This is possible when the Teacher has communion with the listening souls while teaching. The major problem is high sounding terms are uttered forth relating to teaching, healing and other kinds of service. The simple practical steps are ignored. Urge to serve is replaced by urge for self-recognition and self-importance. Thus, one pulls the carpet under oneself regularly. This is funny, but this is true. It is frequently so. "Men talk much but do little", whisper the members of Hierarchy. Wisdom that does not help to improve one's own life patterns is a wisdom which is not assimilated and retained.

Master EK

Vishnu Purana Chapter XXVII

Position and Magnitude of the Sun and other Planetary Bodies



Parasara continued: “The unit egg of the Creator has been described in all detail. Now listen to me when I explain the position and magnitude of the Sun and other planetary bodies.

The chariot of the Sun is the glow of the solar centre. Nine thousand units of space in volume it is. The front pole of the chariot is twice the length of the chariot. It has an axis which serves as the centre of the rotating wheel, since the chariot has only one wheel rotating. It is  $7\frac{1}{2}$  multiplied by one hundred thousand units at its circumference. The wheel has three folds and five edges. It is a perfect pentagon inscribed in the rotating wheel. It is the formula for the wheel of time which expresses itself as the year God. The seven metres (measures of time) serve as the seven steeds of the chariot. They are: Gayatri, Brihatri, Pushnik, Jagathi, Trishtup, Anusthup and Pankti. These measures were later adopted as the formulae of the metres into which the Vedic hymns were composed.

The second wheel forms from another centre and its radius is 40,000 units in length. Five-and-half units of the radius is equal on either side, since it is a perfect circle. The common centre to both circles serves as the axis of rotation. Along the greater radius exists the wheel of our demarcation. We call it the node of the mental demarcation of the solar wheel. As the Earth rotates around its own axis there appears to be a ring of space above the equator illuminated by the solar glow. This is the wheel described here. It is called the ecliptic. Towards the East, the local point of sunrise from any given position on the Equator, it is called the city of Indra. Towards the South (meridian), it is called the city of Yama. Towards the West it is the city of Varuna. Towards the North (midnight), it is called the city of Soma.



## Paracelsus Health and Healing

### Teaching and Healing

An inspired speaker unconsciously heals himself and overcomes many defects within. Speaking should be encouraged. When speaking happens there could be participation of surrounding energies in so far as the speech is beneficial to the group, to whom it is addressed and one's speech heals others or even elevates their state of awareness. The related impact comes back to the speaker. For a regular speaker of constructive thoughts, the rhythm of heart also improves. The speaker is harmonized when the audience is harmonized. No man ever needs to ask how his speech was because when he concludes his speech his own psychic energy and its state of harmony indicate how useful the speech was to others. Many teachers feel energized after every sharing of knowledge.

The physicians are required to be teachers as well. Teaching and healing go together. As much as one teaches and when such teaching heals the surroundings he too is healed. Healing complements teaching and teaching complements healing. The double activity of healing and teaching would eventually result in a third dimension namely writing. With this triple activity of teaching, healing and writing a physician would gradually evolve himself to the heights of intuition where he would with the time develop inspired teaching, writing and healing. Such ones become outstanding personalities in the field of health. It was so with the stalwarts of the past and it continues to be so now and will be so in future.

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)

## Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar  
Group Life Teaching, Part 12  
June 2018, Billerbeck, Germany

The fundamental question that arose in the mind of the creator was: “What am I to do?” First of all, we have to take a good care of the body which is given to us as an instrument. The mind, the senses and the body constitute the human instrument with the help of which we conduct activities in the outer world. So, it should be taken such good care that there is proper circulation of blood, proper respiration, proper intake of food, proper digestion, proper defecation, so that the machine is set intact. Proper inflow of life and proper outflow of impurities has to be taken care of. Therefore, to take this body fit until the travel is complete is an important function to fulfil the task. Body care is to ensure appropriate functioning. Body care is not just for the sake of the body. There are people who care for their body so much that they only care for it, but not appropriately use it. More care for the body, but very little usage of the body for the purpose for which it is given.

That is why the understanding of the body is very important for all of us. That you make the instrument fit is like a musical instrument where all the things are in order for you to play the music. If the instrument is not fit, no music is possible. If your automobile is not fit, no travel is possible. Therefore, there are certain duties cast upon us to appropriately maintain the body: giving right food, at the right time, in right proportion, and giving it appropriate rest and also giving it appropriate work. These are the three dimensions: appropriate food, we all care to. People care for their breakfast, appropriate rest, and they also care for appropriate work. Appropriate work, however, is indicated in the scriptures as a work of offering, but not a work of seeking, that we keep offering to the society, be it employment, be it business, be it profession, be it an activity, it should have the dimension of supporting others.

*This text is not proofread by the author and might have some mistakes.*

## Stories for Young People

### On Service

For persons enchained by life,  
the release comes from Service.  
Serve to unchain.

### 12. Determined

A cloudy December day in 1428. The guards at the gate of the town of Vaucouleurs (France) are bored. There a poorly dressed man and a not better dressed girl of approx. 16 years comes to them. The man shyly asks for the way to the city commander Beaudricourt. What does this farmer want from the city commander? He does not belong to the city and it is also not a market day with a public meeting. The guards are ready to joke and ask the man what he wants. He pushes around. The girl takes the floor. Polite, but very determined, she claims that she has an important concern for the commander and wants to tell him herself. Outrageous, a woman, a girl, dares to talk to men like that. The guards threaten the girl with beating. The two pull away. Next time the man and the girl are smarter. Laxart and his cousin Jeanne come to the city on market day and ask city dwellers about the residence of the commander Beaudricourt. In front of the gate of the residence the two are rejected again.

The girl does not give up. A month later she moves with her uncle to the town of Vaucouleurs. The girl does not behave in a conspicuous way, but she lets know anyone she deals with that she has to speak to the city commander. Curious, Beaudricourt has one of his officers ask the girl what she wants from him. She replies: "I came to this royal city to talk to Robert de Beaudricourt to have me escorted to the king, but he ignores me or my words. Nevertheless, I must be with the King before fasting, even if I had to go on my knees. No man in the world ... will help him as I will. Truly I would rather spin next to my poor mother, for here is not my place, but I must go, I must do it, my Lord wants me to do so."

Beaudricourt had inquiries made about the girl. She was the daughter of a farmer from Domremy. She was known as a pious Catholic and obedient daughter. Her father knew nothing about her plans. She had received his

permission to leave her parents' house because she wanted to take care of her cousin Laxart's wife in childbed.

For three weeks Beaudricourt observes Jeanne in Vaucouleurs. She goes to church and does household chores. But tenaciously she insists on speaking to Beaudricourt in order to fulfil her mission to help the King. The commander orders a priest to expel the evil spirit of the girl. Jeanne reproaches the priest for not doing the right thing. As he himself knows, she is a good Catholic who only follows her mission. Beaudricourt wants to reassure her and sends her to the Duke of Nancy. There she patiently repeats her request to be brought to the king. The Duke is of bad health and tests Jeanne with the question whether he would recover. She does not overestimate herself and does not fall into the trap. She says she knows nothing about the Duke's health. She wanted to pray for him, but he may help her to come to the king and carry out her mission.

Two months after her first visit to Vaucouleurs, Beaudricourt was convinced.

He had Jeanne accompanied by 6 men to Chinon, 500 km away, where the French heir to the throne was staying.

After countless trials and tribulations, Jeanne was finally able to carry out the mission that her inner voice had entrusted her with: to crown the heir to the throne King of France and to liberate the city of Orleans from English rule. Although all the stages of her action are well documented by the later process, Jeanne d'Arc (1412-1431) remains one of the most amazing figures in European political history.



*Narrated and quoted after Herbert Nette: Jeanne d'Arc. Hamburg 1977*

## Window to World Service News & Activities (Inputs welcome)

### Belgium

**Name of the group:** WTT Belgique / White Lotus Group

**Contact:** Lucie Claeys-Bouuaert

**Address:** 12/5, Chemin du Relai, B-1325 Corroy-Le-Grand

**Phone:** +32 10241081 E-Mail: lucieclaeysb@hotmail.com

**Website Service Project in Kinshasa:** <http://centrelacolombe.com>.

### Activities

- Meditations of Full Moon and New Moon regularly in group
- The following activities are realized by the members of the group individually:
  - Various translation works of the books Master K. P. Kumar, in French language, as well as the month-ly Vaisakh Newsletter and the seminars of Master K.P.K.
  - Regular contact and care of young children
  - Work of support of children and adult through mu-sic,
  - Transmission of experience relating to energetic healing to the interested persons of the German WTT Group and to others.
  - Realization of several session in a centre Caritas for mother and children immigrants nearby to give education about first care.
  - Regular organization and animation of evening's or day's workshops "Awakening in Consciousness". Those workshops have the aim of helping people to find the meaning of their incarnation, to use better the events of their everyday life as tools of transformation and of knowledge of themselves, to serve and discover the universal love and the Presence of the Divine in them, <http://atelierseveiletconscience.jimdo.com/>
  - Participation in the creation of a project named "Domisum" (I am in my house) which consists in the open a house for 6 adults suffering from mental, physical handicap and psychiatric troubles.
  - Participation to an educational project, in Congo, in a popular area of

Kinshasa: rising founds, organization of godfatherhood, financial support, supervision of financial administration, and meeting and advising the direction. The Scholar Centre of « La Colombe » takes care, today, of 450 children, this for the complete cycle of primary school and kindergarten, 150 poor children in remedial teachings: some prepare the national test of primary education, and others receive professional training in sewing. <http://centrelacolombe.com>

- Teachings and advises in astrology.



Yoga in the Centre La Colombe



## Picture to the Month of Aries

Aries - Sun cuts the Equator of Mother Earth

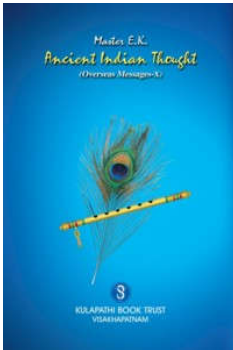


The sun cuts the equator from south to north as he enters the sign Aries. It is said, the head of the year God is cut and the head of a ram is supplemented when the sacrifice of the year is completed into a circle. All the creation of this earth awakens into the body of the year God as it gets created into the various living beings of this earth. Invisible fire exists as sky and visible fire exists as the Sun God. The splendour of the Sun God makes its manifestation into the forms of the cycles of the season when the Sun enters the sign Aries.

*Dr. Ekkirala Krishnamacharya: Full Moon Meditations.*

## Book Review

### The Ancient Indian Thought (Overseas Messages - X)



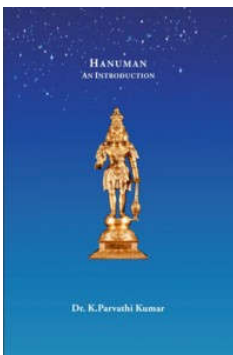
The ancient most thought of India is recorded in the books called the Vedic texts. The Vedic texts are only a part of the original text and the original text is not found now. But from the text that is available now, we are able to understand the grandeur of the original thought. The book 'The Ancient Indian Thought' by Dr E. Krishnamacharya (Master EK) explains that these thoughts exist as concepts in the proper persons who can understand them, and these concepts are protected through the living beings who are the seeds of these contents. It is those seeds whom we call the Masters of spiritualism.

E. Krishnamacharya: The Ancient Indian Thought (Overseas Messages - X)

Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/the\\_ancient\\_indian\\_thought.pdf](https://worldteachertrust.org/_media/pdf/en/ek/the_ancient_indian_thought.pdf)

### Hanuman: An Introduction



Hanuman, Anjaneya or Monkey god, as he is generally known, is present on this planet from the ancient most times. It is his promise that he shall continue to be on this planet and help humanity as long as even a single Soul continues to recollect the sound of RA-MA. That is why he is said to be foremost amongst the greater Initiates present on the planet.

The book 'Hanuman: An Introduction' presents a few dimensions relating to Hanuman, collected from various teachings given by Dr K. Parvathi Kumar.

K. Parvathi Kumar: Hanuman: An Introduction

Info: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/hanuman.pdf](https://worldteachertrust.org/_media/pdf/en/hanuman.pdf)

## Astrological Important Days in March/April 2020

20.03.	04:49	☉ → ♈ / Sun enters Aries	
♀		<b>Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</b>	
	12:35	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	♃ 17°28' ≈
	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 21.03. at 15:09)	
23.03.	08:00	Phase of new moon starts	☉ 03°07' ♈ / ♃ 21°07' ♃
♃		<b>New moon point of Aries: Contemplation upon 'The Pledge'</b>	
24.03.	10:28	● New moon of Aries	☉ 04°12' ♈ / ♃ 04°12' ♈
♂		☉ in ♈ and 1 <sup>st</sup> - 14 <sup>th</sup> phase of ascending moon: <i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>	
<b>29.03.</b>		Summer time starts (02:00 h CET → 03:00 h CEST)	
01.04.	00:20	● 8 <sup>th</sup> phase of ascending moon starts	☉ 11°40' ♈ / ♃ 05°40' ♃
♀		<i>Contemplation upon Master Morya</i>	
02.04.	00:10	9 <sup>th</sup> phase of ascending moon starts	☉ 12°38' ♈ / ♃ 18°38' ♃
♃		Birthday of Lord <i>Śrî Râma</i> (End 02.04. at 23:13)	
03.04.	21:28	11 <sup>th</sup> phase of ascending moon starts	☉ 14°30' ♈ / ♃ 14°30' ♃
♀		<i>Contemplation upon Master Morya</i> (End 04.04. at 19:00)	
07.04.	08:31	Phase of full moon starts	☉ 17°54' ♈ / ♃ 05°54' ♃
♂		<i>Contemplation in the headcenter upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya</i>	
08.04.		Birthday of Lord <i>Hanumân</i>	
♀	04:35	○ Full moon of Aries	☉ 18°44' ♈ / ♃ 18°44' ♃
10.04.		1755: Birthday of Samuel Hahnemann	
14.04.	12:41	● 8 <sup>th</sup> phase of descending moon starts	☉ 24°57' ♈ / ♃ 18°57' ♃
♂		(End 15.04. at 13:21)	
16.04.	19:36	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	♃ 17°28' ≈
♃	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 17.04. at 22:06)	
17.04.	16:34	11 <sup>th</sup> phase of descending moon starts	☉ 28°02' ♈ / ♃ 28°02' ≈
♀		<i>Contemplation upon Master Morya</i> (End 18.04. at 18:48)	
<b>19.04.</b>	16:45	☉ → ♉ / Sun enters Taurus	
22.04.	02:08	Phase of new moon starts	☉ 02°20' ♉ / ♃ 20°20' ♈
♀		<b>New moon point of Taurus: Contemplation upon 'The Pledge'</b>	
23.04.	04:26	● New moon of Taurus	☉ 03°24' ♉ / ♃ 03°24' ♉
25.04.	08:22	3 <sup>rd</sup> phase of ascending moon starts	☉ 05°31' ♉ / ♃ 29°31' ♉
♃		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 26.04. at 09:53)	
27.04.	11:00	5 <sup>th</sup> phase of ascending moon starts	☉ 07°34' ♉ / ♃ 25°34' ♈

All times until **29.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2020/2021«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on  
earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the  
time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



Angustamaatraha Purusho,  
Madhya Atmani Thisthathi.  
Eeshano Bhootha Bhavyasya,  
Nathatho Vijugupsatey.

Meaning:

The thumb sized miniature form  
is centrally placed in the person.  
In the centre of the miniature form  
is the Master of the universe.  
Relate to the resplendent thumb sized being in you  
and to its centre.  
It relieves you from the past and from the future.

Katha Upanishad