

Vaisakh News Letter



HAMSA SIVA SOHAM



Aries 2023 Mesha

Letter No. 12 / Cycle 36 – 20th March until 20th April 2023
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: kulapati@wt-de.org, Spanish: WTT Argentina: wtt@wttargentina.org, WTT Spain: info@wttes.org; Brazilian Portuguese: brasil@worldteachertrust.org

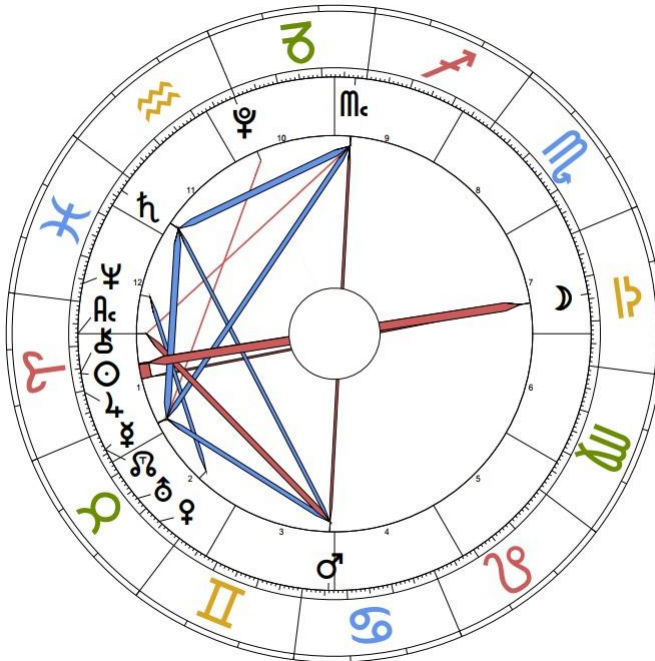
Prayer of the Year 2023-2024

In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.

Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25



Full Moon of Aries, 6 April 2023, 06:34 am CEST (UTC + 2)

Message of the Year 2023-2024

Hearty fraternal and new year greetings to the brothers and sisters.

To know the ways of time and to act accordingly is not only difficult but many times impossible. Observing with alertness is alone possible. There are ones who recognise and act according to the situations that unfold from the veils of time. But the ones who can predict what would happen much ahead of time, are very rare. The world scriptures and spiritual literature have time and again said that Time (Kalamu) is bizarrely strange and there is nobody beyond time. One that functions with higher mind (Buddhi), perceives one's duties and does what is to be done irrespective of the ways of Time. 'To work' is a boon given to man by God. The one who does not critically analyse the ways of Time and the one who is fully conscious of the ordained duties and performs them, is the one who would fulfil oneself, both in this world and beyond.

Similar to the past 3 years, a lot of changes are indicated in this year as well. It can be perceived that in all countries, including the developed ones, certain adjustments are bound to take place. This year will pass as a boat journey in apparently pleasant waters. The waters might look pleasant, but there could be whirlpools underneath the seemingly pleasant waters. One needs to align to the ONE and discharge one's duties. One needs to be balanced.

To the one who sticks to one's duties and to the one that does not have interest in bad ways, the path would be smooth and easy. Time would be favourable to the ones that are interested in performing one's duties, setting aside one's own desires and expectations. One needs to understand the way Rama and Yudhishtira have functioned during their time in forests (Vanavasa) and try to learn to perform oneself in the same fashion. One should study the related episodes of Ramayana and Mahabharata in this perspective.

The scripture that instructs the Path, to the entire Humanity, is Bhagavad Gita. A man would surely evolve by regularly reading and learning from this book and by performing duties, setting aside desires and expectations. This is my appeal to all the sincere aspirants.

May the new year Sobhakrith (meaning, initiator of radiance, splendour, beauty) pave a secure path and grant the needed protection to all the readers!

Dr. K Parvathi Kumar

*Message given for the Telugu calendar 2023,
translated by Guru Prasad Kambhampati*

Full Moon and New Moon Formula Year Sobhakrith, Aries 2023 - Pisces 2024

Step 1 OM (7 times, 5 minutes silence)

Step 2 Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahma Tasmai Sri Gurave Namaha

Namaskarams Master
Namaskarams Master KPK
Namaskarams Master EK
Namaskarams Master MN
Namaskarams Master CVV
Namaskarams Master CVV
Namaskarams Master CVV to your lotus-feet.
(15 minutes silence)

Step 3 In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.
In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.
Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25

Step 4 Klim Krishnaya Govindaya Gopijana Vallabhaya Namaha
(18 times)

Step 5 Loka Samastha Sukhino Bhavantu (3 times)
OM Shanti Shanti Shanti

Step 6 (optional)
Ekkirala Kulam Bodhi
Vidumananda Rupinam
Anantharya Tano Jatam
Krisnam Vande Jagadgurum
Sri Krishnamacharya Ananta Putram
Satsa Dhu Mitram Karuna Rdranetram
Gurum Gurunam Piteram Pitrunam
Ananyasesha Seranan Prapadye

- Full Moon and New Moon Meditation (PDF):
https://worldteachertrust.org/_media/media/en/fullmoonformula2023.pdf
- Mantram: Klim Krishnaya:
https://worldteachertrust.org/_media/media/audio/09_klim_krsnaya.mp3
- Ekkirala Kulam Bodhi...:
http://worldteachertrust.org/_media/media/audio/ekkirala_kulambodhi.mp3

Message of the month of Aries ூ

Aries is the first cardinal sign. It is the fire of beginning. Aries is the initiator, the Alpha to the Omega. Aries is the Will-To-Be, the first pulse of the life force as it emerges from the ethers, precipitating down through the evolutionary planes to anchor in form. It is the fiery nature of Divine Will.

Aries carries with it the First Ray of Will and Power, creation and destruction. It represents the “light of life itself” as an emanation from the mind of God. Aries is thus the birthplace of ideas (Mercury). Aries receives and distributes both 1st and 7th Rays in the world, spirit of First Ray into matter thus creating new rhythms of the Seventh Ray in the world.

In Aries, Ray 1 destroys old patterns that are no longer useful and creates new forms needed for the evolution of humanity. Aries also provides the Will to create a new culture and civilization. When the Will of First Ray in Aries anchors into form, the old forms and patterns that are no longer useful are destroyed thus making room for “all things new” to appear.

Aries is the first among the four cardinal signs, the other three being Cancer, Libra and Capricorn. Cardinal signs surge forth, act boldly, and create new forms, resources, thoughts, ideas that later become realities. Aries initiates a new cycle of growth and manifestation. Thus, Spring occurs in Aries.

Aries expresses the Will to Be and the Will to Do. It unfolds the power to manifest, to bring down things into forms and matter. It enables entry into the battles for the Lord. No wonder the lord of Aries is Mars. Unity through great heroic effort as in the case of Hercules also is Aries.

Five key words can describe aptly, the experience of those with ascending Aries or with sun, moon or the nodes in Aries:

Creation, Existence, Activity, Strife and Synthesis.

As these experiences bestow knowledge, a native of Aries is able to create impact, inspire others and influence the world.

Natives of Aries are not just risk takers or those who challenge the world but could also be those who struggle to bring spiritual values forth, no matter how clumsy at first. They struggle to be brave and have courage and also to build a new mind with truth and spiritual realities in order to anchor those ideals into the minds and heart of humanity.

Composed by Risa D'Angeles



Alexander Jamieson (1782-1850): Aries



Message of the Teacher

Progress 1

All humans are striving in their own way with their own limitations. They learn from their mistakes and move forward. If they do not learn from their mistakes, they remain stagnated. There are varieties of stagnations, just as there are varieties of goals of progression. Each one visualises individually and seldom sees the need for collective progression. But as one progresses, one cannot progress much, unless one's fellow humans also progress.

The Aquarian energy aims at the progression of the humanity as a whole. It does not enable separatism and separate progress. Personal progress shall have to be sacrificed on the altar of collective progress. As much as one progresses, one should think and act to help the progress of the others surrounding him. That is why the whole emphasis has shifted to serve the less fortunate, the weak, the disabled, the poor and the innocent. A charitable disposition toward the younger members of the society and sympathetic consideration of their plight is important. If not, the progressive ones get chained by the ones, who are not progressing.

Compiled by Ludger Philips

Utterances of Lord Krishna



Some think that they are free after coming out of the physical body. Be sure, it is wrong. The physical life is the only school of discipline for anything good. You are equipped with every piece of useful apparatus in the physical body. If you cannot make use of the apparatus, you cannot make a better use of your working staff, your psychological faculties. Be a master of material, then be a master of forces. Use things at hand, you can realize the future. Be practical with the material plane; you can be ideal with the subtler planes. Learn to put up with your physical inconveniences. Learn this before you leave the physical body. Inconveniences are but your implements masked. Desire and hatred approach you as the two strong magnetic lines of force, attraction and repulsion. Stand the force by neutralizing, not by opposing. The torrential flow of force is to be regulated and channelized for the irrigation scheme of your spiritual fruit. Do this, you are happy for ever.
(5,23)

PRACTICAL WISDOM

Earth and Heaven adjust the Human.

Be Awake,

Be Aware,

Be Alert.

Lord Maitreya

Maitreya Community

Universal welfare



Observe the indications of seismographic curves. The points are disposed not along the equator, nor a meridian, but form their own curves. Another observation is the correlation between the earthquake activity and formation of the so-called sunspots. Sometimes an increased activity of quakes and shifting of tectonic plates coincides with the intensity of the solar activity and the flares, which are but resultant of a tension of the solar system. This periodic solar activity has direct influence on the magnetic field of the Earth and a keen observer can notice that the brain action during such times will flow in a certain way.

Social aspirations likewise have their own curves of expansion. Fissures of shifting plates in the ground and in people's aspirations are alike. One should be cautious not to interrupt this succession of events. Someone from a position of power or a leader of sorts may try to change the direction or reverse such events out of sheer ignorance. Mind that no such actions can be justified by ignorance of the laws. The New World must manifest the sensitivity of the best seismograph. Understand that the key here is the alignment to the universal welfare with goodwill as the undercurrent. The quickest path for such manifestation would be to compare the personal values as to that of common good. Every such possibility should be utilized. It seems that what is stated is but a simple boresome truth, and yet no one applies it. The community welcomes the ones consecrated and offering themselves in service to the universal welfare.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

A Yogi has no desire

It is said that a yogi has no desires. Actually, he is filled with striving. A desire is not active, because it creates expectation, and expectation is the mother of passivity. Striving, on the other hand, is a generator of motion, leading to ascent of the spirit.

It is said that the yogi knows no love; but in truth, he is full of compassion. People think of love only as constricting bonds. But compassion is boundless, a co-worker of Truth.

It is said that a yogi is endowed with inexhaustible powers. However, like a diligent gardener, he must tend his own plants in the garden of opportunities.
(Agni Yoga, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 59: Grand Ideal

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Inspired by Shambala, initiates such as Socrates, Jesus the Christ and Pythagoras made the event of their death also purposeful. Even when at the gateway of death, their demonstration attracted the beings and caused an uplift. They are the ones who have demonstrated newer heights of the sublime ideals.

Relating to light and transmission of such light is valued much more than the virtues. An enlightened one lights the way for a few more who walk the path. They adopt a life of service and sacrifice. Amongst them, the ones who even sacrifice themselves stand as brighter beacons of light to the co-beings. Shambala stands with such beings in support.

As long as man relates more to the form, he remains a slave, conditioned by matter. The knowers never gave the form more importance than it is due. The emphasis is upon selfless service to the surrounding life. Having accomplished the subtle body, such ones relentlessly strive in service to surrounding life. Consecrated to a life of striving, they take to a physical body as per the need and discard it at will. To them, it is a child's play. Such grand ones are the members of Shambala. They are the wise ones and the real heroes! Selfless service is the life-thread of Shambala. To them, nourishing the body is also seen as an act of service. Shambala is unconcerned in the matters of preserving the physical forms.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

Message of Master E.K.

Real renunciation



The only process that keeps the mind continuously in spirit is the process of getting oneself immersed in some manual work of an impersonal nature. Any good work that means help to a section of humanity without any specification is the process that keeps one untouched by worldly glamour. In fact it is this process that causes real renunciation. Renunciation is keeping oneself busy enough not to remember the glamour of mundane life. Renunciation is not possible for those who try to fight glamour. To fight glamour is to live with them more ardently. For this reason the ascetic is the one who offers his life to a continuous process of rendering service on the physical plane. One who is devoted to a continuous process of spiritual practice to the exclusion of human service can never dream of spiritual realisation and asceticism.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 59

172. As prayers stabilise, the psychic powers in you are awakened. There would be an outburst of impurities that are latent in you. The qualities formed in your previous lives will remain to the extent needed. Thereafter a circumference will form around you which would not let the desires and anger of others touch you.
173. Arrange your residence within my residence in your heart centre. Learn to reside there. Other residences even if exist, are non-existent.
174. By observing the situations without obstructing them, worldly bondage does not happen. Performing duties in those situations is primary.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



The ability to tame the horses
that draw the chariot
decides the fate of one's travel.
The ability to train the senses
decides one's travel in life.

The wild horses
can even destroy the chariot.
The wild, untrained senses
can destroy the body.

In either case
the travel is hindered,
and the traveller is stranded.

PRACTICAL WISDOM

A robe and a staff decorate a saint.
A crown and a spear decorate a ruler.
Acts of goodwill decorate a disciple.
Humility decorates all.



Saraswathi

Saraswathi Suktam 7 The precision of utterance 5

Another benefit of appropriate utterance of the Sacred Sound is, it dispels the “doubting Thomas” in us, i.e., the doubter in us. Doubt protects until we comprehend. Anything new is first doubted, to protect us until we know. Our freedom to act depends upon our knowledge. In a make-believe world, people make you believe in order to exploit. To prevent this, Nature implanted doubt in people. It is a kind of protection. When we make precise utterances the doubt in us is dispelled, we transform ourselves into a positive, comprehending energy.

Positivism is a further benefit of appropriate utterances. There is a statement in the Orient which says: “When you invoke the sacred Word, the devas of all the planes gather around you” They become alert. The devas of the 7 planes exist in us in all the 7 centres of our body. Not only are the diabolics dispelled, but the devas become alert when the ‘son of man’ proposes something sacred. A temple bell has a similar function. It has successive vibrations. The waves of the sounds are like the ripples in a still water lake, when we throw in a pebble. That is the purpose of the bell in the temple. When we chime the bell and then enter the temple, we do it to dispel the diabolics in us before we enter the temple. Then we enter as a unit of light, to merge with the Greater Light.

Ashram Regulations for Entry



The cave 10

Normally one does not breathe up to the capacity of one's lungs. But when one does deep inhalation and exhalation, after three respirations, one does not feel the need to respire for a while. Thus an interval emerges after every set of three respirations. In that interval, one can listen to the resonance of pulsation within oneself.

Pulsation is the basis for respiration and when respiration ceases for a while, the resonance of pulsation is experienced by the mind. Man can associate thus with the pulsating principle, which is centripetal and centrifugal by nature. This dual functioning of the pulsation also makes the feeble sounds of 'SO' and 'HAM', with the centripetal and centrifugal functioning respectively. Associating with pulsation, the consciousness in the mind stays with it for a while until the need to respire emerges once again.

Thus with three slow, soft, deep, and uniform respirations and the consequent intervals, one can relate to the sounds 'SO' and 'HAM', uttered forth by the centripetal and centrifugal pulsation.

On Secret Doctrine

Maruts 2



The Maruts are represented as the storm gods and the friends and allies of Indra. They are the “Sons of heaven and of earth.” This led to an allegory that makes them the children of Siva, the great patron of the Yogis, “the Maha-Yogi, the great ascetic, in whom is centred the highest perfection of austere penance and abstract meditation, by which the most unlimited powers are obtained, marvels and miracles are worked, the highest spiritual knowledge is acquired, and union with the great spirit of the universe is eventually gained.” In the Rig Veda the name Siva is unknown, but the god is called Rudra, which is a word used for Agni, the fire god, the Maruts being called therein his sons.¹

During the third root race, Sons of Will have come down to this earth. They are called Sons of Yoga. They are also called Cosmic sons of God. A few of them have come down to help humanity. One among them is Hanuman or Maruti. He is a representation of all the 7 Maruths. He was born to a lady called Anjani.

Anjani was married to a great devotee of Lord Siva, called Kesari meaning the Lion. All names carry a message. Anjani means most attractive by her eyes. Kesari was of golden color. He was a great devotee of Lord Siva. Anjani was so very attractive that the intelligence Vayu was very favorable to her. Vayu means the source of the Maruths.

The Maruths have come from Rudra via Vayu the air as airy fires, winds. So the mother is blessed by air, Cosmic intelligence Vayu, and the father has the blessing of Siva, the Cosmic Will. The other name for Siva is Rudra.

The birth of Hanuman, was the rebirth on the planet, of all the 7 Maruths to

¹ The Secret Doctrine. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

help the humanity.¹

Composed by Rama Prasad Joshi



Sri Krishna statue installed by Master KPK
in Radhamadhavam, Visakhapatnam, India

¹ K. Parvathi Kumar: Lectures on Secret Doctrine, vol. 3. Dhanishta-Editions, India.

Saturn

Sam - The Key to Saturn

Trigunatmaka 1



The beings are created out of these 3 qualities. They are therefore called Trigunatmakas. The 3 qualities emerge out of the Pure Awareness and conduct the whole process of creation. The creation is conducted out of the 3 qualities. The creation is also a product of these 3 qualities. The Pure Awareness presides over them and that awareness is Existential Awareness, in the sense it emerges out of Existence. Thus, Existence and Awareness stand beyond the 3 qualities and the rest are products of these 3 qualities.

Existence is eternal and infinite. It is with or without Awareness and the Creation. Awareness emerges from it and merges into it. The Creation is when Awareness is. When Awareness merges into Existence, the Creation is not.

Comprehension is possible when there is Awareness. When Awareness is not, there is no way to comprehend the state of Pure Existence. When Awareness emerges from Existence, comprehensions become possible. Before such emergence of Awareness, no comprehension is possible. There can be no ideation of It and there is no way to know IT. All knowledge is possible when there is a knower. When the knower is not, knowledge is not.



Discipleship

Danger of tearing down bridges of understanding

How easy it is to tear down bridges! Bridges of understanding and trust that have been built over a long time fall prey to our criticism and arrogant behaviour. Sometimes we even have the nerve to excuse our own unjust conduct with self-made and pseudo-spiritual explanations. The razor blade to cut the growth of our own personality weed to size, is instead used to hurt. Where is the friendliness that bonds and heals? Where is the lived understanding that cooperation and forbearance build strong foundations in outer relations while simultaneously the inner bridge building project is happening? When tearing down the outer bridges, the inner ones are damaged too, and the tools of the mason broken and lost.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

The rhythm of breath leads you
to the Music of the Soul.

The Music of the Soul
opens vistas of Light and Sound.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 9



If you see everything from the divine standpoint then you would remain in divine ecstasy. You would stand in divine romance. It is that ONE who is present in the form of Krishna. You haven't seen him with that eye. You have been seeing things in terms of Cosmic, Solar and Planetary principles. You have narrated the cosmic principles, the solar principles, the planetary principles, the principles that function through humans, through devas and through varieties of kingdoms of Nature. All that is okay but you haven't seen the ONE as all these and that ONE can also be present amidst all these. It can also take directly to flesh and blood and live amidst us! You haven't seen Him enough. You haven't seen the whole creation in HIM. You have seen the creation from a scientific standpoint. You haven't seen the artistic presentation of the Lord and how skilfully he can himself be present amidst us not to be recognised, identified or located even by seers.



Sound

Respiration and Pulsation

The Anahata sound

Many of you know that the Heart Chakra is called Anahata Chakra. Anahata in Sanskrit means "the sound without the contact of two objects". Ahata means "the sound produced by the contact of two objects". When we speak, the vocal cords inside interact with each other to produce the sound. This is called Ahata Sound, the product of the contact of two objects. Anahata means the sound which is not Ahata sound; that means that it is a sound produced without the contact of two objects. How is it possible? It is possible if only we tune up to the science of sound.

There is the eternal happening of sound, of which the periodical manifestation is the speech that we make. The subjective sound is the eternal happening. The sound which we speak is doing. The negative sound carries the function of doing. Because that sound happens we are able to speak. If that sound is not happening in us, we cannot speak. Listening to the subjective sound happening in us is listening to OM. It is not that we utter OM and listen. Many people utter but don't listen to OM, some people utter OM and listen OM, and there is a third category of people who do not utter but listen to OM.



OM Namō Narayanaya



The Path to Realization 5

With the help of electricity, you can create, develop or destroy. Electricity is the basis, but not the cause. Likewise, the presence in different patterns or forms is one and the same, and the presence activates the patterns, the design, existing in a form. Orienting to the presence is orienting to the indweller, orienting to the patterns is orienting to the effect of the presence. The second step of Vasudeva requires you to see the indweller more than the pattern. We generally speak of good persons and bad persons. Strictly speaking, there is no such categorization of persons (beings). We categorize them by their behaviour. When we say good person, we are referring to the agreeable behaviour of the person. There can be badly behaving or agreeably behaving persons. The attributes are to the behaviour and not to the indweller. The indweller is like the electricity. Electricity is neutral; it is neither good, nor bad nor ugly. The patterns into which the presence permeates should be distinguished from the very presence. See the presence in every form just as one sees electricity in electrical appliances. The electricity in an appliance and the being in a form are akin to each other. They are immortal and divine. The patterns and the form emerge from nature. This distinction has to be held in mind. By this, one clearly sees that it is one presence in billions of beings. This one presence in billions of forms with their patterns is called in the scripture as Vasudeva. Seeing the presence in every form and chanting the mantra 'OM Namō Bhagavate Vasudevaya' is the second discipline.



The World Teacher Trust

Guidelines to Members, 47-49

47. The prayer enables a steady life. A steady life enables a stable stage. A stable stage enables the statue to stand stable - says Master CVV.

48. The thumb sized resplendent figure of you is formed when the above are followed.

49. Invoke the grand eagle Garuda every Friday to ward off the evil of the pandemic. The bird exists in you as the respiration and pulsation. The sound is 'Kshim'.



Master Mountain, Nilagiris

On Healing

2. The Fundamental Understanding 3



Often our attitudes in life, our thoughts, our viewpoints, our emotions and feelings, our so called values which aggregate as our personality is the stumbling block for the free flow of the soul energy. Our limitations arrest the flow of life. Our tuning upon the natural flow of life in and around through proper understanding enables the free flow.

Allow the soul energy to flow through your thought body, body of senses and the gross physical body, the aggregate of which is called the body. We are not essentially our thoughts. We are not our sensations. We are not the form that grows and decays. We live through them. We live through our thoughts, series of them. We live through sensations. We also live through the form. Each one of us is a ray of Light (Soul) and has a body. “I am the soul. I have the body,” is the second important understanding for healing. We are not the body. We are residents of the body. Body is the machine - an intricate yet most sophisticated machine. It has a definite electro-magnetic system. We are the basis for it.



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 52 Sambhava

He is the one that gives birth to Sam. The Lord as Shambhu enables the manifestation of such peace and poise at the mental plane. Bliss is the experience of the soul. Peace is the experience of the mind. Peace comes from poise. Poise comes from the balancing of inertia and dynamism. The two opposing forces of inertia and dynamism get balanced through rhythmic activity. Rhythmic activity requires adaptation to the rhythm of nature. Nature is generally poised. Generally, man at the mental plane can also stay poised. It is a mental state of peace. To accomplish this peace, the name of Shambhu is invoked.



Photo: Hubble / NASA

Sanat Kumara

Love of God 1



Love for God is the true impetus. The intense craving to know God and to love God is the best means to realise the self and God. Love is the magic energy. It enables you to think uninterruptedly of that which you love. It dominates all other thoughts. Nothing else becomes more important than that, when one is in love with anything. Until what is loved is realised, one does not relax. He constantly thinks of the loved object at all times. It becomes part of one's being and reminds oneself even without self-effort. While eating, walking, working and even while in sleep the thought becomes so continuous. Love is an energy that has no discontinuity in it. Discontinuity is unknown to love. Even when the mortals are in love with each other, until the emotions are cleared, one is in this ecstatic state. I do not have to narrate the stories of love. There are many in the scriptures and there are many more today in the movies.



Seventh Ray and Magic

The incoming of the 7th Ray 6

The human race in its path of evolution, while the 6th Ray was at function, developed a mind which is selective and separative. It had the tendency to divide. This has led man to separatism, nationalism and sectarianism. And man chose war and conflict to achieve his objectives.

If we observe the past 2000 years, men waged many wars, be it for separation, or for expansion through occupation. The world has witnessed man's aggression at all the three planes: the physical, the mental and the emotional planes, in the name of nationalism, sectarianism and religion.

With the incoming of the 7th Ray, man's mind tends more towards right motive and brotherly love and these express through harmlessness. The selective and divisive mind of 6th Ray slowly transforms into a more inclusive, cooperative and synthesising mind of the 7th Ray.

While the 7th Ray is at function, man chooses harmless and peaceful means to achieve goals. With the incoming of the 7th Ray and as the transition is in progress, the world has witnessed countries getting liberated of colonialism without resorting to war and nations getting united through unions.

The 7th Ray would lead man to fusion and synthesis not only in the outer world but also in the inner. Within himself, man would find synthesis of spirit and matter and synthesis of the qualities of all rays.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sree Satya Sai Baba 1



There have been a few enlightening encounters with Sree Satya Sai Baba between 1973 and 1994. Sree Satya Sai Baba is an embodiment of love and service. He is well known all over the globe. His groups are many. Sree Satya Sai Baba promotes devotion to God, service to man and love to all beings. He lived between 1926 and 2011, for 85 years; a glorious life of Divinity and splendor.

Thousands were gathering to look to him and receive his grace. He grew to be popular from 1960's and became global by 1976. People would crave to meet him, to talk to him and to receive his blessings in one way or the other. He was a clairvoyant and a magician of certain order. He was frequently creating sacred ash (Vibhuti) from hand and distributing it. There were times, when he manifested certain gold chains and ornaments, which were a matter of discussion and dispute. Regardless the aspect of miracles, Baba himself was an extremely joyful and lovable being. His magnetism worked as a magic wand upon his followers.

Consequently, unprecedented good work happened in a period of 50 years. Saukumarya had few occasions in life when brief encounters happened with Sree Satya Sai Baba and there was also one significant meet.

On 3rd April, 1973, Saukumarya was to attend to a professional work at Hyderabad. He reached Hyderabad on 2nd April and came to know that the scheduled work has been postponed. His client, who was a devotee of Sree Satya Sai Baba informed Saukumarya of the postponement of the work. He further informed that he would be visiting Sree Satya Sai Baba before noon and if Saukumarya was interested he would arrange to pick him up so that they could go together to Sree Satya Sai. Saukumarya readily agreed, as he is ever ready to meet saints and sages.

Uranus

The Alchemist of the Age

Suppression of the body



Religious practitioners out of their ignorant understanding of theistical practices have been abusing the human body. It should be known that among all that is created by nature, the human body is the most sophisticated one. Till date the human body is not fully understood of its potentials, either by religion or by science. Only the Initiates know that it is as divine as the Indweller of that body. The body with its flesh and blood is seen by fanatical religionists as a wretched thing to get rid of. Such wretched thought is unworthy of deliberation. The body is the vehicle through which the soul via its personality can experience all the seven planes of existence. The soul is the traveller and the means of travel is the body. If the traveller continuously condemns the body, he is foolishly condemning his travel. You cannot flatten the tyre of your vehicle by which you intend to travel. You cannot deny gasoline to the vehicle in the name of fasting. Many foolish ideas exist amidst the aspirants in relation to their bodies. This is because to most of them their body conditions them. There is a science relating to working with the body. Once this science is known and practiced the body becomes as effective as a flying machine and gives the optimum experience of travelling by it. Condemning the body, neglecting it, feeding it with all kinds of stuff and drinks, excessively disciplining it through fasting - all these are seen as barbaric acts. The body is seen as a divine instrument for the wise for fulfilment. The human body is an image and likeness to that of the Cosmic Person. It is a replica of the Cosmic Person. Its formation in the course of cosmogenesis is celebrated all over in the subtle worlds, for it is fulfilment of the prophecy of creation. All that man achieves is with the cooperation of the body and it should therefore be seen as a friendly cooperative energy system, but not as something which needs to be dumped as soon as possible. Such thought is sickly. Only the sick ones carry such thoughts. The relative non-importance

given to the body disables the aspirants to realize the spirit, the truth. An aspirant is seriously handicapped in his efforts to realize in so far as he neglects the body. Uranus teaches the need to have a fully grown healthy body which would yield to flower out the etheric and causal bodies from out of it. Body should be seen as the fertile field of action, Kurukshetra, and the worker on the field needs respectfully cultivating the field to bring out the fruits and flowers which it can offer. The human body is the platform for all experiences including experiencing the Spirit. Varuna, the supra-cosmic consciousness as informed earlier, is the guardian of the body and in this age of Varuna it is prophesied that man develops bodies with magnetic effect and electrical radiance. Master C.V.V. too, emphasizes upon preparation of the body to enable much influx of life force into it. Such influx of life would fulfil the body. In turn the body flowers out the etheric and causal bodies, i.e. the golden and diamond bodies. The human bodies should be seen as the gift of God but not a curse. This shift in awareness is being worked out by Uranus.





Master EK

Vishnu Sahasranama

Stanza 3, 6-8

6. The mantram Sree invokes wealth and splendour. It denotes the qualitative aspect of the whole creation. Sree is described as the female aspect of the Lord Himself. In one capacity she is described as His queen taking her abode in his heart and making her manifestation on his chest. The light of the sun's rays and the glitter of gold are described as the glory of the Mother Goddess. The Lord is invoked along with her to make the meditation complete.

7. The whole of the cosmic consciousness is to be invoked as the One Person growing the various layers of the universes as his own hairs on the head and along the pores of the body.

8. The spiritual anatomy of the ancient seers explains the existence of three layers of personality of the Lord in us and in every atom of the universe.

- a) The personality which undergoes transformation.
- b) The personality beyond transformation.
- c) The background of the above two.

All the beings of creation belong to the personality of transformation. The dweller in them is beyond transformation. The background of both is the Lord of all Lords. He is called the first Person 'I AM'. The fifteenth chapter of Bhagavad Gita explains this in detail.



Paracelsus Health and Healing

Prana - life force, part III The vital magnetic fluid 2

The life of man is directly relatable to the groups of Deva intelligences. The man's ability to receive the golden hue through his exposure to them and through abundant breathing during morning and evening hours when such light is available decides the state of his health. The pure thin air surrounding man during these times when golden light is transmitted by Sun needs to be particularly noted and beneficially absorbed. The health practitioners and healers would do well to suggest this to the patients that visit them and to generally educate people of this golden rule. 90 minutes from local Sunrise and 90 minutes before local Sunset are therefore recommended by the science of health to be used for this purpose. The life routine shall have to be adjusted to this, regardless of the modern hyped activity. It is considered unworthy if man misses the exposure to the morning and evening Sun. Assimilation of this golden hue, Prana, through exposure to Sun and breathing is seen as the best form of nourishing the body. All other nourishments are secondary to this.

The esoteric science recognises reception of golden hue Sunrays through abundant breathing during morning and evening hours as the primary nourishment. The flowing waters of the rivers receive these rays regularly and therefore drinking the pure waters of the flowing rivers from the mountain valleys is seen as the secondary nourishment. Fruits like oranges receive golden hue intelligences abundantly and therefore oranges are recommended for daily consumption. Leaf vegetables, which receive much natural light and air are considered to be in third category of nourishments. Vegetables that grow on surface of earth are seen as the fourth category. Cereals such as rice and wheat are seen as the fifth category. Pulses and

nuts are seen as the sixth category. Roots such as potatoes that grow under the surface of the earth are seen as the seventh category. The rest of the foods are seen as dense, heavy and incapable of generating Prana. The present-day food habits are far from these natural means of nourishment. The result are the consequent heavy bodies incapable of receiving and assimilating the Prana for their nourishment. Stored foods, including cheese and other milk products, meat, aerated waters, foods of strong smell are considered avoidable. Most of the present-day diseases are due to man's adaption to artificial foods which not only deny real nourishment, but also deny absorption of natural Pranic energy supplied by nature on a daily basis.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en





The Female Hierarchy

Part 1

Hearty fraternal greetings and good wishes to all the brothers and the sisters. We are now conducting the twenty-ninth group life for the benefit of the brothers and sisters that do a long journey to come to India from Europe and United States, as also from Argentina. It was in 1988 we commenced the work of teaching in the month of January in Radhamadhavam in Visakhapatnam. The first group life was with eight persons. For the next group life it was already more than twenty persons. And for the third group life it went up to forty persons. Thereafter, it grew up to even hundred persons. And we generally are around thirty to fifty persons each time attending to the teaching. And this teaching has been happening in the month of Capricorn.

I welcome you all again to this twenty-ninth year of teaching happening in English for the brotherhood in the Western hemisphere, in which some Indians also do participate. We had been through a very long journey. And by next year we would be concluding a cycle of thirty years of teaching in this dimension. While the teaching started much earlier in Radhamadhavam, and in Visakhapatnam, in the Retreat Center, which eventually is the place of the World Teacher Trust now, we have had many teachings. There are regular participants in these teachings. And there is a core group that has been participating in the teachings over all these years. I distinctly see the benefit that they have received through the teaching. That is the reason why the students keep coming regularly, which is also an encouraging factor for me to keep teaching. Unless there are listeners, there are no teachers. Unless there are students of wisdom, there is no transmission of wisdom. Unless the calves are there, the cows cannot give milk. The calves continue to be drinking milk and they seem to be not very satisfied with all that they have drunk. They would like to drink more and more and more.

We are here today and at the request of the members of the group we have

selected the topic of Female Hierarchy. This “Female Hierarchy” is the word used by Master EK in Spiritual Astrology and he also said in that book that in some future time a book will come about Female Hierarchy. As if what is already there is not enough, we would like to know what it is. On one side, it is very admirable to keep knowing various dimensions of wisdom. On the other side, it is equally commendable that we translate the wisdom into our daily life, assimilate it, and experience it.

So, the theme for this seminar is given to be the “Female Hierarchy.” We have eight sessions of teaching, and then the ninth session is the concluding session we have. I hope you are already supplied with the program and you are aware of it. Today being an inaugural session, we won’t be getting into a great detail to start with. We would only introduce the subject.

From the Group Life Teachings of Dr K. Parvathi Kumar, Visakhapatnam January 2016; not proof-read by the author, not a complete transcription, might contain mistakes.



Stories for Young People

On Service

Self-forgetfulness in Service
is the result of all true Service.

How the Earth is freed from a burden VI: A duel

Krishna, Bhima and Arjuna jumped over the walls of Girivraja, the magical fortress of Jarasandha. Dressed up as young Brahmins, they joined the line of supplicants at the hour of audience. Modestly posing as strangers, they asked Jarasandha for a favour. At the same time, they praised the one who generously gives what is asked. Jarasandha stared at the strangers. He saw that these Brahmins had muscles trained from exercises. He suspected a foul play. But he had sworn an oath never to deny anything to Brahmins. Besides, he was curious to know what these people wanted from him. So he asked the strangers to tell him their wish and assured them of fulfilment. Krishna came forward and asked for a fight. Jarasandha recognised Krishna and started laughing, "You are the cowherd who killed his uncle but, who are the others?" Krishna then introduced the brothers Bhima and Arjuna. Jarasandha looked at the three of them. As Krishna had run away from him the last time, Jarasandha considered him a coward and refused to fight with him. He chose Bhima as his partner, who seemed big and strong enough for the fight.

Bhima agreed. Two clubs were brought and the fight began. The fighters were equally strong and took great pleasure in the fight. The fight went on all day. As the night began, Jarasandha entertained and conversed with the guests. The next day the fight continued. In the evening, it ended up in a draw and the partners then were eating and drinking together. The fight lasted 28 days. Bhima took Krishna aside and began to doubt whether he could overpower Jarasandha. Krishna promised Bhima that he would be able to do it the next day.

When Bhima had thrown Jarasandha to the ground, Krishna took a leaf and cut into half it as a signal to Bhima. Bhima got the hint and he tore Jarasandha into two parts grabbing one leg and pinning the other to the ground.

When Jarasandha died, the people of the land wept in joy. Krishna freed the captive kings and crowned the young son of Jarasandha as king. A powerful enemy has fallen, and nothing stood in the way of Yudhishtira's horse sacrifice. To get rid of Jarasandha, was the actual beginning of Krishna's mission to free the Earth from the burden of the adharmic rulers of earth, which he accomplished in the Mahabharata War.

In order to understand the meaning of the story, it is helpful to know that the word 'Jara' is used symbolically and to refer to wisdom scriptures that express cosmic truths in symbols and hieroglyphics to understand more.

Jara means old age. Jarasandha is an embodiment of the effect of Moon on the Earth as it orbits the Earth in 28 days. He was born to two mothers as two lifeless halves of a baby and was given up as still born. An ancient giantess named Jara brought him to life by joining the two halves together. The Moon can only be seen as one half at a time during its orbit around the Earth. The new moon unites it with the Sun and indicates the start of the lunation. Jarasandha denotes the power of Moon over the Earth. He worships Jara, the goddess of old age, as the mother and his patron deity. The duration of the battle with Bhima indicates a lunation. On the new moon, Bhima could kill Jarasandha because the story of his birth and the secret of his power have been revealed to him by Krishna.

After completing his mission, Krishna leaves his body with the help of the same ancient power: the hunter who mistakes Krishna for a bird and kills him with an arrow is called Jaras. Krishna frees the Earth from the undesirable effects of Moon's action. However, he does not touch the ancient law itself, but confirms it by the manner of his "death".

To be continued...

Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003.

Window to World Service News & Activities

UNITED STATES OF AMERICA

Name of the group: The World Teacher Trust - USA / Pushyami

Contact: Rosy Diaz-Duque

Address: 7300 SW 114 Place, Miami, FL 33173

Phone: +1 3055957752 Cellular: +1 3052198729 E-Mail: rosydd@gmail.com

Activities, part 3

California group (Merry Life Society)

Ration for elderly people: At Sullurpet, Nellore, Andhra Pradesh, with support from a NGO a local merchant has been providing food ration to older people, who have none to depend on since the year 2007 and during the year 2019 the NGO stopped giving funds and the merchant was unable to supply the ration. Merry Life Society has been providing funds to support the ration since 2019 around 50 people.

Ration for Priests: An initiative to help Pujaris that depend on daily temple offerings. During the pan-demic, they are struggling for basic sustenance. Financial support was provided by MLS to deliver grocery kits.

Donation to Unhoused in San Jose, California, USA

Agape Silicon Valley is a non-profit organization supporting the unhoused people. The homeless usually camp out in isolated places next to highway and other public places. Friendly volunteers visit them frequently, understand their needs, gather supplies from various charities and delivery them. They also find various ways to get them jobs. This year Merry Life Society teamed up with Agape and donated tents, sleeping bags and socks to the unhoused people, which came in very timely during bad weather.

School Bus along with its maintenance support for CHERISH (Orphanage for girls) at Kismathpur, Hyderabad, India

CHERISH, an NGO from Kismathpur, Hyderabad, India has been home for 40+ orphanage girls. With the lack of proper secured transport, these innocent small girls are lured out of the orphanage and sent out as child laborers and

beggars. Approached by CHERISH, Merry Life Society contributed a large amount for procuring a bus as part of Goodwill Day activity.

Supporting Goloka (Cow shelter) near Mysore, India

Goloka was started with the noble intention to shelter the old dairy cows. It shelters very old cows which cannot produce milk anymore, injured cows and also those rescued from slaughter homes.

As the number of cows that came in grew significantly, the team couldn't cope with required funds and facilities. Merry Life Society has contributed significant amount to build the shelter, protecting the cows from rough weather conditions. In coordination with Sri. Joshi (Bangalore group) the needed guidance and di-rection to support the cows has been provided for sustained support of the shelter.

Clothes and related necessities for around 180 women in orphanages in Hyderabad (Aman Vedika & CHERISH) with support from a NGO called Ex-tramile.

Ration support for Teachers during Pandemic who did not get the salary as the schools were closed.

Supply of Sewing machines to women to attain self-sufficiency during Pandemic.



Picture to the Month

Aries - The Inner Path to Shambala



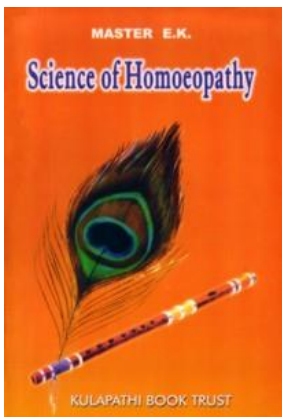
In the thousand-petaled lotus of the earth, the mystic village of Shambala is posited. It is called the White Island by some members of the Hierarchy. You can envision Shambala by relating to the 'Sahasrara Padma' in you. Align the 'Self' with the 'Super-Self' in you who is but the Master. As the alignment finds its atonement Shambala can be seen. Maitreya, Adi Sankara, and Gautama the Buddha are the ones who are graced with the presence of Shambala. Know that the way to Shambala is in you as your Sahasrara. Shambala is beyond all dark dreams, religions, and traditions. The culmination of the enlightened ones is in the light of Shambala. One stands to be a universal citizen as one realizes Shambala in him.

Dr. K. Parvathi Kumar: Shambala

Image composed by Ludger Philips

Book Review

Science of Homeopathy



This booklet contains the teaching notes that Master EK has used during the years. He had a rich experience of practising and teaching Homeopathy. The definitions of health, symptoms, acute and chronic diseases and their treatment, as well as the study of the basic principles of Homeopathy are all given in a clear and impressive manner.

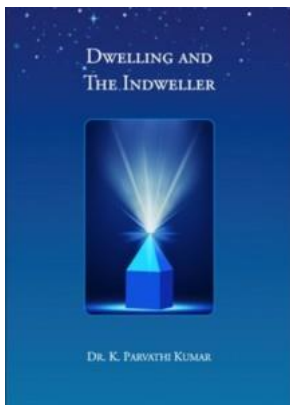
This book is not only interesting for homeopaths, who find here far-reaching insights, but also for the layman who wants to understand the wisdom underlying homeopathy.

E. Krishnamacharya: Science of Homeopathy

Copies: The World Teacher Trust, info@worldteachertrust.org

PDF: http://worldteachertrust.org/_media/pdf/en/ek/science_of_homeopathy.pdf

Dwelling and the Indweller



The human body is a house, in which we live. We also create a home for the body. We would like to live well in our body and also comfortably in the house. Therefore, the house and our life should be arranged according to natural basic patterns. An unhealthy body is not a comfortable home for the soul; and an uncomfortable house is a problem for the inhabitants. If the body constrains the soul, the soul does not feel comfortable in it. The house likewise, should serve us well; and not constrict our life energies.

The booklet is based on the teachings given out by Master K. Parvathi Kumar at Pr.Oldendorf, Germany,

in 1993 and during the inauguration of Nandanavana at Mysore, India in 2017.

K. Parvathi Kumar: Dwelling and the Indweller

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/dwelling_and_the_indweller.pdf

Astrological Important Days in March/April 2023

20.03.	21:17	Phase of new moon starts ☾	☉ 29°57' ♋ / ☽ 17°57' ♋
		<i>Contemplation upon 'The Pledge'</i>	
	22:24	☉ → ♈ / Sun enters Aries	
		Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs	
21.03.	18:23	● New moon of Aries ♈	☉ 00°50' ♈ / ☽ 00°50' ♈
		☉ → ♈ from 1° to 14° (till 04.04.): <i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>	
26.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
28.03.	15:33	● 8 th phase of ascending moon starts ♈	☉ 07°37' ♈ / ☽ 01°37' ♋
		<i>Contemplation upon Master Morya</i>	
29.03.	17:38	9 th phase of ascending moon starts ♋	☉ 08°41' ♈ / ☽ 14°41' ♋
		Birthday of Lord Śrî Râma (End 30.03. at 20:01)	
31.03.	22:29	11 th phase of ascending moon starts ♀	☉ 10°52' ♈ / ☽ 10°52' ♋
		<i>Contemplation upon Master Morya</i> (End 02.04. at 00:50)	
05.04.	05:49	Phase of full moon starts ♋	☉ 15°06' ♈ / ☽ 03°06' ♋
		<i>Contemplation in the headcenter upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya</i>	
06.04.	06:34	○ Full moon of Aries	☉ 16°07' ♈ / ☽ 16°07' ♋
10.04.		1755: Birthday of Samuel Hahnemann	
13.04.	00:14	● 8 th phase of descending moon starts ♋	☉ 22°44' ♈ / ☽ 16°44' ♋
		(End 13.04. at 22:05)	
14.04.		„Passover Feast“ Easter (Passover: transitional feast), Jesus Christ was crucified on the eve of Passover, on a Friday directly before Aries New Moon (according to lunar calendar), celebration this year (according to solar calendar) on the last Friday in Aries	
15.04.	04:06	23 rd constellation <i>Dhanishta</i> starts ♋	☽ 17°31' ♋
	17:15	11 th phase of descending moon starts <i>Contemplation upon Master Morya</i> (End 16.04. at 14:45)	☉ 25°24' ♈ / ☽ 25°24' ♋
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 16.04. at 02:21)	
19.04.	07:54	Phase of new moon starts ♋	☉ 28°56' ♈ / ☽ 16°56' ♈
		<i>Contemplation upon 'The Pledge'</i>	
20.04.	06:12	● New moon of Aries (Solar eclipse) ♋	☉ 29°50' ♈ / ☽ 29°50' ♈
	10:13	☉ → ♉ / Sun enters Taurus	
22.04.	04:19	3 rd phase of ascending moon starts ♋	☉ 01°43' ♉ / ☽ 25°43' ♉
		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 23.04. at 04:18)	

All times until **26.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

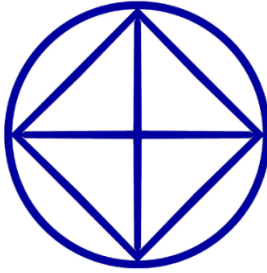
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**