

# Vaisakh News Letter



HAMSA SIVA SOHAM



Aries 2024 Mesha

Letter No. 12 / Cycle 37 – 20th March until 19th April 2024

The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

**Contact: The World Teacher Trust - Global**

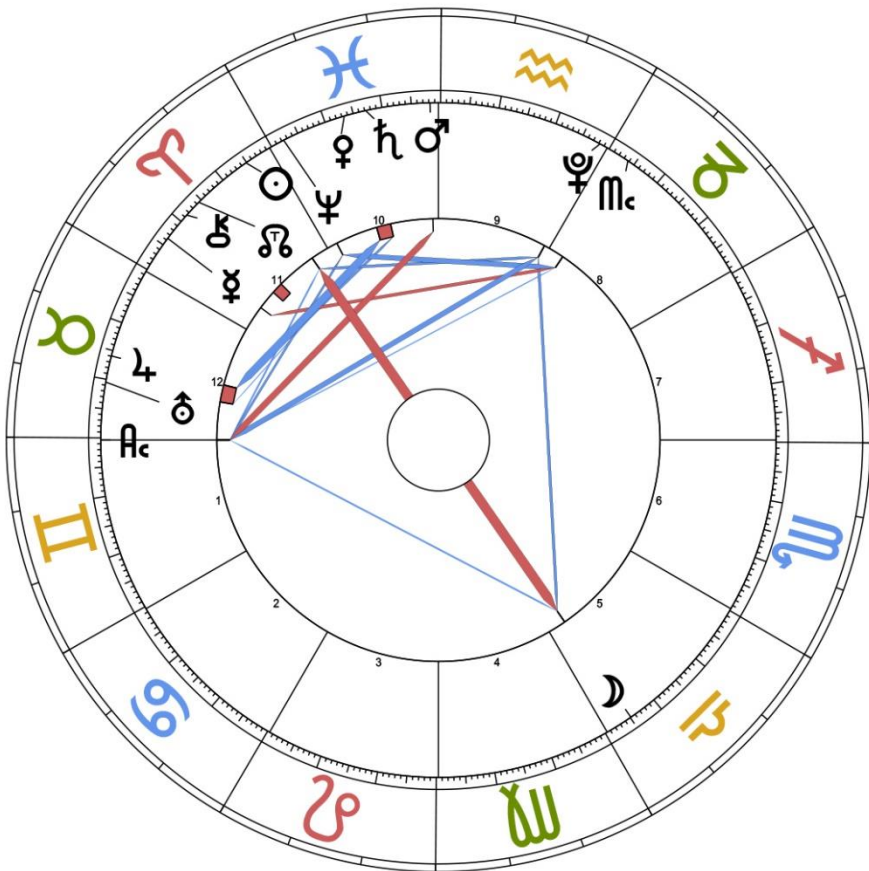
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### Prayer of the Year 2024-2025

Vena, the Gandharva, is wiping off the pictures of the subconscious mind on the walls of my nature with the hieroglyphs of sound from his seven stringed lyre.

Serpent 'K' loosens its skin. The pictures of past Karma on the walls of its skin are peeled off. Karma neutralised.

*Occult Meditation 31-32*



Full Moon of Aries, 25 March 2024, 08:00 pm CET (UTC + 1)

## Message of the Year 2024-2025

Hearty fraternal and new year greetings to the brothers and sisters.

The ways of Time are mysterious. Time is one of the foremost in the creation. All in this world is subject to the web of Time. No one can say for sure what unfolds through Time. Everything is in the folds of Time and Time unfolds everything. No one is an exception to Time, and all are subjected to Time. Therefore no one can escape the changes that are caused by Time. An occult student, through his knowledge of occult sciences, can only get hints through which he prepares himself for the events that unfold through Time.

As per the Vedic Tradition, the year 2024-25 is called Krodhi. Krodhi means anger. It is common knowledge that unfulfilled expectations and desires lead to anger. Mars is the ruler for the year. Force emanates from Mars. Mars is associated with wars, battles and bloodshed. The power to fight comes from Mars and is considered to be violent. Carelessness is also an aspect of Mars. Mars is also associated with disputes, fights, conflicts and disturbances.

Therefore, the coming year is more prone to disturbances, fights and conflicts. The year ahead is favourable for wars and conflicts between groups and countries, unless much is done to counter it at global, groupal and individual levels.

Mars is Kumara in higher circles and he is the current ruler of the planet Earth. He bestows Will to the army of world servers who are ably guided by the World Teacher, Lord Maitreya. As our duty, we, the followers of the Hierarchy and the Path, must orient ourselves to Lord Sanat Kumara and invoke his energies such that His will prevails over the governments of countries in the world.

For groups to do well and not be subjected to the lower dimensions of Mars, group members would do well to conduct more group prayer invoking the Energy of Synthesis, so that the energy causes the necessary synthesis within the group members.

Mars also represents the principle of Will. Esoterically when energies of Mars are applied, an aspirant on the path of Yoga stands to gain many benefits. Mars provides the necessary “will to change”. It provides the necessary force to counter personality and attune oneself to the light of the Soul and further to self-realisation. Mars provides the necessary strength for self-transformation. Transformation from being a son of man to a Son of God.

Such is the energy of Mars. This year, being ruled by Mars, provides us with an

opportunity to work with ourselves. Let us not suffer the malefics of the lower dimensions of Mars but orient to its sublime dimensions, and may the new year “Krodhi”, meaning anger, provide us the necessary resolve and strength to further our progress on the Path.

*K. C. S. Guru Prasad*



Johann Elert Bode (1747-1826): Aries

## Full Moon and New Moon Formula Year Krodhi, Aries 2024 - Pisces 2025

Step 1 OM (7 times, 5 minutes silence)

Step 2 Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,  
Gurur Sakshat Parambrahma Tasmai Sri Gurave Namaha

Namaskarams Master  
Namaskarams Master KPK  
Namaskarams Master EK  
Namaskarams Master MN  
Namaskarams Master CVV  
Namaskarams Master CVV  
Namaskarams Master CVV to your lotus-feet.  
*(15 minutes silence)*

Step 3 *Utter the below prayer for three times and meditate:*

Vena, the Gandharva, is wiping off the pictures of the subconscious mind on the walls of my nature with the hieroglyphs of sound from his seven stringed lyre.

Serpent 'K' loosens its skin. The pictures of past Karma on the walls of its skin are peeled off. Karma neutralised.

*Occult Meditation 31 & 32*

Step 4 Om Saravanabhavaya Namaha *(18 times)*

Step 5 Loka Samastha Sukhino Bhavantu *(3 times)*  
OM Shanti Shanti Shantihi

Step 6 (optional)

Ekkirala Kulam Bodhi  
Vidumananda Rupinam  
Anantharya Tano Jatam  
Krisnam Vande Jagadgurum  
Sri Krishnamacharya Ananta Putram  
Satsa Dhu Mitram Karuna Rdranetram  
Gurum Gurunam Piteram Pitrunam

## Ananyasesha Seranan Prapadye

- Full Moon and New Moon Meditation (PDF):  
[https://worldteachertrust.org/\\_media/media/en/fullmoonformula2023.pdf](https://worldteachertrust.org/_media/media/en/fullmoonformula2023.pdf)
- Mantram:  
[https://worldteachertrust.org/\\_media/media/audio/om\\_saravana\\_bhavaya\\_namah.mp3](https://worldteachertrust.org/_media/media/audio/om_saravana_bhavaya_namah.mp3)
- Ekkirala Kulam Bodhi...:  
[http://worldteachertrust.org/\\_media/media/audio/ekkirala\\_kulambodhi.mp3](http://worldteachertrust.org/_media/media/audio/ekkirala_kulambodhi.mp3)

## Message of the month of Aries ்

The solar year starts at vernal equinox with the Sun entering the zodiacal sign of Aries, this year on 20th March 2024.

The lunar year starts with first ascending moon phase after new moon of Aries, this year on 9th April 2024, and the full moon of Aries is on 24th April 2024.

Here some fact we know about Aries:

- Aries rules the splitting of the atom and the tremendous energy released in the process.
- Aries is ruled by Mars for the ordinary persons, by Mercury for the disciples and by Uranus for the initiates.
- The Sun is said to be exalted in Aries.
- Aries is the sign of initiation.
- The solar principle in man is the principle of liberation and it is located in the head-centre for a yogi. This centre is called Sahasrara and contains all the potencies of all other chakras.
- Aries is said to contain all the principles of the twelve zodiacal signs.

It is hoped that this time around during the Aquarian Age, humanity will break out of its imprisonment and break the chains of egoism to such a point that we as humanity can share the resources of the Earth to the benefit of humanity as a whole. The Hierarchy is aware that humanity needs its help. Accordingly, extra help was received in 1910 so that the humanity can accomplish the goal.

Here are some facts about Halley's comet in 1910:

- We know from the writings, that Master CVV received the energy that he called MASTER, on 30th March 1910. There was the new moon of



Pisces on 11th March 1910 and full moon of Pisces on 25th March 1910.

- On 20th April 1910, Halley's comet came closest to the Sun. The new moon of Aries happened on 9th April 1910 and the full moon of Aries on 24th April 1910.
- On 19th May 1910 Halley's comet passed closest to the Earth and Halley's comet tail touched the Earth. The Taurus new moon was on 9th May 1910 and full moon of Taurus on 24th May 1910.
- It is mentioned that this energy that Master CVV received is a direct descent from Parabrahman or what we call the Background Consciousness.
- Master CVV experimented with the energy for 60 days and gave it to humanity on 29th May 1910.



Lord Sanat Kumara, the King of Earth, is said to manifest His seed thought for the year in Aries and hence, Aries is seen as the emerging of a new cycle.

From a lunar cycle point of view, the new year starts at the new moon of Aries and the following full moon is said to be the full moon of Lord Sanat Kumara. The Lord sends out a seed thought for the year and the Hierarchy picks it up and share their version at the following Taurus full moon.

From vernal equinox to summer solstice is the time for the energy of the Lord to make its impetus felt in all kingdoms on Earth and in each cycle the hope is that Humanity will rise to the task of becoming the Guardian of the Terrestrial Paradise we call Earth by freeing itself from all the vices that hold humanity back or suppress it from its rightful place in the evolutionary scheme.

May we all, with each passing of the Sun through Aries, pledge that we will strive towards this goal.

OM TAT SAT.

*Composed by Heinrich Schwägermann Lorenzen*



## Message of the Teacher

### Learn to turn inward at an early age 1

Up to some age, you may fulfil your obligations in your outer life. But this habit of turning inwards should be cultivated at a young age because at a tender age it is easy to turn inward. In the later stages of life, it is very difficult. The mind is habituated to go out. It doesn't stay with the light or teacher all the time. That is why it is said, if you are into Yoga at a young age, you are very lucky. The plant can be made to grow or directed to grow vertical in the initially stages. If it grows crookedly into a tree, it cannot be made vertical then. So, this should happen at a tender age.

That is the purpose of Upanayana (initiation into Gayatri mantram). It is not a fancy. It is to walk near to the light in you. That is what a teacher does. The teacher helps you walk near to the light in you, the light of Gayatri.

If you make this practice at a young age, it is a great facility. If you start at 7 years, by 35 you are inside. If you start at 35, it is very difficult. After 49, according to the Scriptures, it is not possible because already everything is crystallised in you. The earlier you meet the teacher the better. It can also be done at a later stage but the process is difficult and the strong changes should be accepted.

*Compiled by Ludger Philips*

## Utterances of Lord Krishna



Take your mental abode in a pure place. Then every place is pure to you. While practising, you can also physically seek for a pure abode temporarily. Sit up stable in mind. You can sit stable physically also, if you want. Sit neither too high nor too low. Physically also you can do so by having a comfortable seat on a mat, a deerskin or a piece of cloth, but it is necessary for you to eliminate the sense of high and low in your mind. Bring the mind to a point by proposing 'THAT' within yourself. Let the activity of your mind come to 'THAT'. Let the activity of your senses be withdrawn into 'THAT' via your mind. Sit thus in your asana within yourself. Link up your consciousness with your synthesized whole. This is the process of purifying yourself by yourself. (6,11-12)

### PRACTICAL WISDOM

Gain the force of Aries.  
Be valorous to expand.



Lord Maitreya

Maitreya Community

Education - 9

The schools should be equipped and transformed into places that cultivate beauty and an appreciation for the objects that enrich lives. Each such object can be considered from the standpoint of love. It is not the prize-fighters but creators who contribute positively to society will be the pride of the country and be celebrated.

Let the emphasis be on the importance of love, cooperation, and finding solutions as a community. Cooperation and Collaboration are essential for solving problems and building a happy life. Where one person alone does not find the solution, there the community will be of assistance. How can the progress and national security be achieved when the outdated ideas of self-interest and egoism dominate? Let the schools be the source of building such cooperative communities!

*Composed by Srikanth Kaligotla*

Master Morya  
*Maruvu Maharshi*

Knowledge



The Teacher knows the best hour. A special knowledge is needed for us to provide an understanding of the flow of outer currents without violating your karma. The indications, like arrows, must surround the target, not piercing the center of the circle, which belongs to each of you. The lack of clarity is like a mist. However, it is not a sign of ignorance, but of our caring. We wish you to be successful, but this is possible only with your cooperation.

One can strengthen the effect of one's actions by saturating space. This can be done by projecting one's personal will; but an expanded consciousness will intensify one's sendings by linking them with the consciousness of the Teacher. The expanded consciousness never regrets the past, because each new moment is broader than one's entire past. Likewise, such a consciousness does not yearn for places visited in the past, because each new place, illumined by consciousness, is more beautiful than the old. Thus, the realization of a new and beautiful place, together with knowing one's Teacher, is a guarantee of new creation.

Can there be any path more beautiful than that of building the foundation for the stronghold of the Teaching of Life? The Star shows the way. Walk unwaveringly! (*Agni Yoga, 1929*)

*Compiled by Sabine Anliker*



Master Koot Hoomi  
*Devâpi Maharshi*

## Shambala 71: Pilgrimage

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

To the inhabitants of the White Island and the groups of Raja Yogis, Shambala is the chief center on the planet. It is from Shambala, that the Divine plan is conducted. Shambala exists from the time, the humanity established its habitat on the planet and life commenced in human form. To cause unfoldment of the mental layers and to cause transformations, certain divine intelligences condescended from higher planes, took to human forms and have taken Shambala as their abode.

Shambala is a mystic village and of wonder. It is in the subtle planes that preside over matter. It is not of the physical plane. The inhabitants of Shambala are also in their subtle bodies. The advanced ones among the men, through a series of transformations, brought about through Yoga practice accomplish the subtle body. To them, subtle travel (etheric) and subtle bodies capable of expansion and contraction as per the need, is a possibility.

The story of humanity on the planet is approximately one crore and eighty lakh years old. Through the Theosophical teachings, the Masters of Wisdom inform us that Shambala is in existence on the planet for about one crore and seventy lakh years. As a representative of Shambala in the Ameru mountain ranges of the South American continent, the White Brotherhood established a center called Ibez. With Ibez as the center, Mayan civilization existed in the western hemisphere. Sun worship came to be. The two centers of Shambala and Ibez exist on the planet, as manifestations of the Divine light in the eastern and in the western hemisphere respectively. With Shambala as the center, the regions of India, China, Tibet, Chaldea, Babylonia and few other areas are given the impact of Shambala. Likewise, the North and South American continents receive

the impact through Ibez as the center.

The Mahatmas that conduct the plan from Shambala and Ibez, do so, at the instruction of Lord Sanat Kumara. Three Buddhas form an equilateral triangle around Lord Sanat Kumara. They even take to physical bodies according to the time and place.

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*





## Message of Master E.K.

### Zodiacal Symbols 1: Aries



This is symbolised by the head of a Ram. It indicates the progress of the year-god into time. A beginning on the background of the eternity which is ever repeated in cycles is represented by the head of a ram. When the pastoral human beings observed the ram, giving a straight dash with its head, they could equate it with the beginning of a new year which begins to unfold into the splendours of the seasons and the fauna and flora of this earth. This sign represents the two diverging horns of a ram. This represents the split of the cycle of the year by the equinox into the past and the future as is created by man's mind. It also represents the blade of grass with two diverging leaves, from the middle of which the next generation of the node of tender grass leaf emerges.

This emerging is the symbol of the new year ever recurring. When two circles touch each other at the circumference there is the birth of the symbol of Aries. The circle formed by the earth going round the Sun and the circle formed by the apparent path of the Sun around the earth touch each other, when the Sun crosses the equator and man has received this symbol from above as the symbol of Aries representing the beginning of the year, The Purana narrates that the head of the Prajapathi (God of rounds) is cut by the Lord beyond time. Then all the Devas conducted prayers, brought the head of a ram and got it attached to the body of the Prajapathi and then conducted the ritual of the whole year in its usual splendour. This is the story about the Annual Sun cutting the Equator to form the Vernal Equinox.

*Compiled by Ludger Philips*



Master CVV-Yoga

Aphorisms to Disciples 71

208. I have come down to quicken the evolution of humanity. To release humanity from its circular movement. The movement has to be spiral.
209. All in creation has to evolve, all four kingdoms: mineral, plant, animal and human. I have come down to give a fresh impulse and hasten the evolution not only to humanity but also to all the other 3 kingdoms as well.
210. Have faith in Me. Surrender to Me and conduct yourself. Conduct the work of good will. I will deliver you. Your deliverance is not entirely as per your merit. It is as per my grace!

*Composed by Guru Prasad Kambhampati*



## Vidura

### Teachings of Wisdom



When the unrighteous seek help,  
the righteous help and forget.  
But when the unrighteous  
help the righteous,  
they flatter themselves  
to be greater than the righteous.  
They look forward  
to aggrandize themselves  
at the slightest opportunity.

### PRACTICAL WISDOM

Without duality there is no creation.  
Envisioning their unity is the key to overcome duality.



## Saraswathi

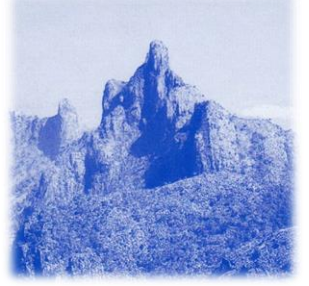
### Saraswathi Suktam 9 Transcending malice 4

Love, friendship, affection -they all have their other side. That is not the friendliness or the love, wisdom speaks of. The wisdom qualities are beyond the pairs of opposites. Only then it can be said that we are beyond malice.

We do not stop at relating. We build relationships to the extent, that we lose our freedom and snatch other's freedom. Freedom and responsibility have to be matched for right living.

Live in friendliness, live in love. Love is not something that we can possess and transmit. We can live in it, then it transmits itself through us. Somehow, we want to hold everything. Hold love and hold friendship. We can live in these sublime energies and then they transmit themselves through us. Fulfilled with the energies of love and friendship, they spread into the surroundings. Humanity did not as yet understand friendliness and love. We do not lose if we just smile at others. On the contrary, we gain health. But we expect others to smile at us first! The one who says: "good morning" first, is better off. The one who smiles first, is better off than the one who responds. Friendliness is such a positive quality. If we wish to gain, we learn to greet first and speak last. If we wish to gain non- malicious nature we learn to greet first, speak last and learn not to build bondages either for us or for others.

## Ashram Regulations for Entry



### Pranayama 1

Pranayama means 'prana regulated'. Prana gets regulated gradually when mind is applied upon respiration. The respiration leads mind to the pranic pulsation, which is an eternal happening in the heart centre of a being. The pulsation is a happening but not a conscious doing of an individual. It is the very nature of the being. The being is a pulsating unit of consciousness. He eternally pulsates and is essentially of light.

The pulsating principle details into 5 different pulsations in a being. (There are five subdivisions also, which are not considered here). The five pulsations or the chief pulsations are: inhalation, exhalation, poise, up thrust and permeation. These are called in Sanskrit prana, apana, samana, udana and vyana respectively.

Inhalation and exhalation together constitute respiration. It enables breathing in and breathing out, by which pranic air is brought in and carbons are thrown out. The working of these two pulsations though seemingly in opposition are complementary in nature. One brings in life and the other throws out the anti-life. Their function depends upon the functioning of the heart principle.

They can be affected by the awareness of the being, which is posited in the mind. When the mind is in anxiety, anger, anguish, jealousy, hatred, fear, worry and irritation, its thought currents cut across the pulsating principle. Consequently inhalation and exhalation are affected. A stable and comfortable mind functions giving and receiving support to and from prana. An unstable and uncomfortable mind disturbs its own support, and brings perils to health. The mind can thus support and improve pranic quality and quality of awareness or when out of tune destroy its stability and also the stability of the pranic system. Thus the awareness principle posited in mind and the life principle posited in pulsation can either be complementary to each other or opposing to each other as per the evolution of the person.

## On Secret Doctrine

Space - 6



Thus, indeed, if the Parabrahmam of the Hindus may be taken as a representative of the hidden and nameless deities of other nations, this absolute Principle will be found to be the prototype from which all the others were copied.

Parabrahm is not “God,” because It is not a God. “It is that which is supreme, and not supreme (paravara),” explains Mandukya Upanishad (2.28). It is “Supreme” as cause, not supreme as effect. Parabrahm is simply, as a “Secondless Reality,” the all-inclusive Kosmos – or, rather, the infinite Cosmic Space – in the highest spiritual sense, of course.

\* \* \* \* \*

1. It is a second-less reality, as it is a state of Observer merged with the Observed. IT is a state of ‘One’ Existence, the Para state, the infinite!
2. From the Supreme, there is a state of Emergence of the Observer.
3. The Self-born Spirit, Narayana, moves (Nara + Ayana) on the background of Primordial Ocean of Space.
4. The Other name of Primordial Ocean of Space is Akasha symbolised by the Waters.
5. Thus, there is Background and emergence.
6. There is ‘Being’ as the basis and there is ‘Becoming’ as a successive state.
7. Upon ‘Becoming’ periodically, Brahma (the Male-Female Potency) becomes or expands itself into the manifested Universe.

*Compiled by Rama Prasad Joshi*



## Saturn Sam - The Key to Saturn

### Facility 2

Normally, disciples and aspirants live in rejection of some aspects of life, which tend them to be imbalanced.

Indian way of life, the other name for which is Sanatana Dharma, recommends strongly a balanced growth in life, without rejections relating to money, family and social activity. The life is to be arranged in a manner that all the 3 qualities are in agreement with each other. Only then, the consciousness of man is allowed to move beyond.

Poise, Activity and Rest are the 3 qualities, which are to be observed in and at every event. Slowly poise should prevail into which inertia and dynamism are absorbed. And such a poise will lead one to get beyond.



Burton Callicott (1907-2003): Rainbow

## Discipleship

### New beginnings



A new dawn, a new beginning. Every day offers that opportunity. Celebrating this reality consciously as a group, daily, weekly, monthly, and yearly, the light is fortified and multiplied; the inner bonds are strengthened, and we remind each other of the very purpose of unifying our energies for the benefit of humanity and the other kingdoms. An elevating thought-process that is coupled with the needed inner and outer activities, as a group carries an enormous potency. Our occult sense of responsibility is thus reinforced and can manifest into our lives, inner and outer. What an elevating festival of Light, Love and the Will to Good!

*Composed by Ute and Peter Reichert*

## PRACTICAL WISDOM

Learn to smile.  
Smile lifts you up to Light.  
Work in that Light.





Good Luck  
from your birthday 1

Utterance of a Master of Wisdom when associated with brings Good Luck.  
Master E.K. is a Master of Utterance. He uttered forth Good Luck for the benefit  
of those who follow Him.

May the utterance bring luck to the readers!

With love,

Visakha, 6-1-2015

K. Parvathi Kumar

If you are born between  
March 21<sup>st</sup> and April 20<sup>th</sup>

You can find your good luck in the following lines. Meditate the following to  
have the courage and hope that are hidden in the caves of your innermost  
consciousness.

Aries ♈

Force - Energy - Headline  
Leadership - Strength - Valour  
Expansion -Activity - Path.

*Master E.K.*

## Doctrine of Eternal Presence

### Master Djwhal Khul 1



Bhagavatha Path was the ultimate of the teachings received by Master Djwhal Khul, through Master Morya, Kuthumi and Maitreya. He walked into the Presence of Lord Krishna through the help of these three great beings, Maitreya Maharshi, Maru Maharshi and Devapi Maharshi. Djwhala Khula is known as Djwhal Khul today in the west. He is called Master D.K. Djwhala Khula means a 'garland of flames'. Djwhal Khul transformed into a garland of flames, a bunch of flames, when he received the Presence of Lord during the full moon hours of Sagittarius by virtue of stupendous study, service and contemplation upon self.

The incarnation in which he gained the Presence happened during the twilight hours of Dwapara & Kali Yugas. His job was to ensure that Mahabharatha and Bhagavatha are made in several copies and distributed all over the holy land of India so that the vibrations of these scriptures are established in the holy land and in spite of the advent of kali age this land would remain unaffected and shed light on the globe. That was the task given to him. So fulfilling this task of getting the copies distributed all over the holy land in accordance with the directions received by his Master Maru Maharshi, he gained the favour of Lord Maitreya and was taken into the Presence of the Lord Shri Krishna on the full moon hours of Sagittarius.

First time when the Lord looked into the eyes of Djwhal Khul he was dumb struck, stunned and felt himself non-existent. That was the first impact! That was the impact of the first look. Second time when the Lord looked into the eyes of Djwhal Khul it was like a flashing forth of the cosmic light and Djwhal Khul had to close his eyes due its brilliance. He envisioned the universe with all the details of the solar systems, the planets, the devas of cosmic solar and planetary plane and the whole activity had just appeared, just as Arjuna experienced it amidst the war field. Then, there was the third look by the smiling Lord at Djwhal Khul. The whole being was filled with the Presence of the Lord.

That is how Master Djwhal Khul received his third initiation and got recruited

eternally into the Hierarchy of Bhagavatha.



Installation of the Sri Krishna statue by Master K. Parvathi Kumar  
at Orrius, Spain, June 2010



Sound

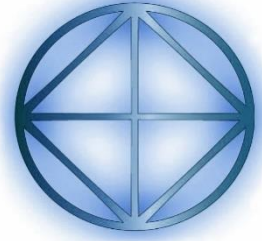
## The Annual Plan of the Earth 1

In the month of Aries there is a Full Moon which we call the Aries Full Moon. A sound which is uttered in the Higher Circles is listened to at a centre called Shambhala. Just one sound is listened to at the Full Moon of Aries by the Lord of the Planet who is called SANAT KUMARA. That seed sound is the message of the Annual Plan for the planet Earth. The entire plan for the Planet for the year is not supplied in a big volume like a budget, but the whole thing is supplied in a seed sound.

It happens in the month of Aries. Sanat Kumara and his disciples or his co-workers the Dhyani Buddhas (there is a triangle of Dhyani Buddhas around him) listen to the seed sound. The sound is received by Sanat Kumara and is given to the Dhyani Buddhas to meditate upon the seed sound for one month. In the next month, which is the month of Taurus, they communicate the seed sound a little more in detail through Gautama Buddha to the Hierarchy where we have Lord Maitreya the Christ as the head.



## OM Namō Narayanaya



### Propitious Times 4

When Aries is considered as the 1st month of the year, Scorpio emerges as the 8th house, as the house of death. Every death is but a change from one plane of awareness to another plane of awareness. Number 8 and the mantra of Narayana enable us to successfully transcend the 7 planes of existence and stand out in the 8th plane which is called the plane of 'Go'. In Sanskrit this plane is called Go-loka. In Go-loka, there is Govinda, Gopas, Gopis, Cows, Geetha, Gowri and so on, which I shall explain at the end. Those in the 8th plane, move in all the 7 planes with felicity. They are unhindered by the changing energies inter se the planes.

The number 8 relates to Saturn as well. Saturn stands as the foundation for realization of the 8 planes. He is worshipped with the sound 'Sam' (Please refer to the author's book on Saturn and SAM).



Govinda



## The World Teacher Trust

### Guidelines to Members, 83-85

83. Do not fall into the quicksand of passion, publicity, vanity of personality and lust for worldly things.

84. May the vanity of personality be offered daily at the altar of the Divinity in you, to ensure growth into impersonality.

85. You are your word. The quality of your speech announces and publicizes your quality.



Sunrise at Master Mountain Retreat Center, Nilagiris

## On Healing



### 2. The Fundamental Understanding 15

One more understanding, a significant one, we need to make in healing is that the healing is to the body but not to the soul, the individual self. The self or the soul needs no healing. On the contrary it is the healer, while the body is the subject of healing. The field for healing comprises of the mind, the senses and the body. Healing is to the thoughts, emotions and the consequent diseases to the body. Where the thought, the emotion and the functioning of the body is natural and normal, health remains. When they are disturbed and are deviated from nature and cease to be normal, the health gets disturbed. This disturbance to natural equilibrium of the being is the seed for the disease. Ease is health and lack of it is dis-ease or disease. When man is frequently at discomfort in thoughts the seed for disease is already sown. Discomfort in thought, disturbance in emotion give rise to disease. They gradually manifest on the functional and structural system of the body.

The Science of Healing therefore has much larger scope than what is usually understood. It extends up to rectification of thoughts and neutralisation of emotions which are not natural.



## Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 63  
Naga Bhudhana

The Lord Rudra is said to have been decorated around his neck with a divine serpent. This serpent is the Serpent of Time that works in cooperation with the vibrations of Rudra. He is also called Mahakal, or the Lord of Time.



Shiva / Rudra with a divine serpent



## Sanat Kumara



### Conscious worship and utterance 4

Throat relates to Gemini and Gemini is a mutable sign. It has duality. Speeches can thus be used for goodwill or for evil. They can be used either for elevation or fall. Speech is a unique faculty bestowed on humanity. Every privilege carries its related responsibility. Misuse affects, proper use elevates.<sup>1</sup>

#### The Sound Key

In the current age humanity is proposed to be initiated through the throat centre. Initiation of humanity is proposed by the Hierarchy through the means of sound. The ruler of sound is Jupiter. Master Jupiter, whose other name is Master CVV, therefore annually initiates the humanity of the planet in the month of Gemini on 29th May with the sound key CVV. This information has much value in it for those who seek the path of sound, which is the path of the current times. The Easterners mostly work with the sound key, which brings light and enables them to walk into such light. Since sound manifests light, working with sound is considered more effective. OM, Gayatri, Vedic hymns, 1000 names of the Cosmic Person, and the host of other formulae of sound are made use of. These sounds are also linked to the metrical key, which makes it more effective. That apart, there are mantrams and seed sounds for advanced students of sound.

<sup>1</sup> For more details refer to the author's books on 'Mantrams - Their Significance and Practice', 'Sound - The Key and its Application', 'Saraswathi - The Word'.



## Seventh Ray and Magic

### The incoming of the 7th Ray 18

Every ray has its cycle. Its emergence, settlement and withdrawal. At the point of emergence while it is happening, there will always be a clash with the energies of the previous ray. There will be resistance to change and there will be a force to enter. Just like when two streams merge, there would be a lot of disturbance in the currents of the water. After a point down the stream, the waters flow in a constant current. Similar is the case with cycles of rays. When the new one emerges and the old one passes out, during such a phase, there will be a lot of chaos due to resistance. This phase witnesses conflicts and clashes.

As the old ray passes out and the emerging new ray stabilises, there will be more equilibrium and tranquillity. In the meanwhile, there will be an orderly execution of the ray's energy. We all know through history, what transpired during the phase of time where the 6th Ray was passing out into the emergence of 7th Ray; many revolutions and clashes.

When the 6th Ray passes out, slowly the clashes calm down, into emergence of organisation and order. The rhythm of 7th Ray will gradually take control of the man and from social chaos there will be a new social order. From different religions there will be expression of the reason for religion, which is Truth. From economic stress and strain, there will be a system working on certain fundamentals which would lead to harmony of synthesis.

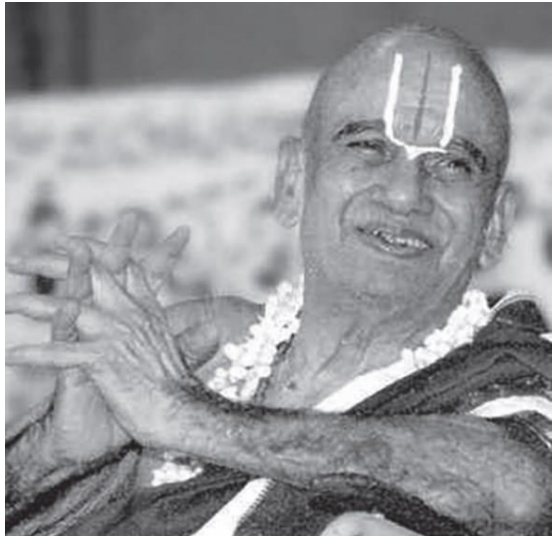
*Composed by Guru Prasad Kambhampati*

## Enlightening Encounters

### Sreebhashyam Appalacharya Swamy 1



Sreeman Sreebhashyam Appalacharya Swamy, a true representation of Vaishavism lived amidst people for about 8 decades from 1922 to 2003. He was a Vedic scholar, a commentator on Veda and a popular teacher of Ramayana in Telugu. His knowledge of Sanskrit and Telugu, as also his expression in these two languages are considered par excellence. Though he remained in a Vaishnavite outfit throughout, the inner being transcended all frontiers of religion, caste and creed. Many Indian teachers even after realization of Truth preferred to respect their outfit as Shaivaites or Vaishnavaites. To them it was a matter of comfort with the surroundings. But there are other teachers who realized the Truth and were bold enough to walk away from the religious outfit, sect or cult. It is the latter ones, who have grown global since they came out of their original Hindu outfit. A realized man does not just remain a Hindu. He tends to be 'That I Am' (Sohamasmi). He firmly believes in fatherhood of God and brotherhood of humanity. To him the Divine is Omnipresent, Omnipotent and Omniscient. Sree Swamy did not distinguish between the various names and forms of God. This is natural for those who follow the Veda.



## Uranus

### The Alchemist of the Age

### Uranus is the bridge between the Mundane and Super-Mundane 2



Essentially there are four states of Existence, while they can be detailed into seven or ten. Different schools of thought work with different numbers. The fourfold existence is very familiar in the East and the West. The fourfold cross popularized in the West are the four abodes (Vyuhās), which are called the four Kumaras in the East.

- The first state is Pure Existence, in that Awareness is not.
- The second state of Existence is Awareness, which springs from the first.
- The third state of Existence is Ideation.
- The fourth state of Existence is Action.

These four states exist in us. For this reason we are called images of God, microcosmic persons etc. We know we are existing, while we do not know how we are existing. This knowing is Awareness - the second state - and on the basis of Awareness we ideate, which is the third state of Existence. With Ideation as basis we speak or act, which is the fourth state.

Three states are invisible while the fourth one is visible. All these states are interconnected; without the former the latter does not exist. There cannot be Action without Ideation. And there cannot be Ideation without Awareness. And there is no Awareness without Existence. Thus one becomes three and enters into the three as the fourth one. Without the One the three do not exist.

In unmanifest state the three are in the one. In the manifest state, the one is in the three. “One in Three and Three in One is the knowledge” - say the wise.



Master EK

Vishnu Sahasranama

Stanza 7, 1-3

अग्राह्यः शाश्वतः कृष्णो लोहिताक्षः प्रतर्दनः ।  
प्रभूत स्त्रिककुञ्जधाम पवित्रं मंगलं परम् ॥

Meaning:

Invoke the Lord as beyond comprehension and as eternal, the darkness impregnable (mystery). He is the one with red eyes and he is all-resistant. He is well-formed into the various manifestations and has three names. He is the path of light and purity of all pure things. He is the highest concept of auspiciousness.

Explanation:

1. Comprehension is through the mind and senses. Since God is all and the mind is only a pattern which forms a minute particle of the whole it cannot comprehend what God is. One can experience God by the process of becoming and being and not by thinking and understanding.
2. Since God stands as the background of all that is changing, he is unchanged and hence eternal.
3. What we call darkness is darkness to the mechanism of senses and mind. To itself it is no darkness but is the great light of existence. It is the greatest of all mysteries to the one in the capacity of an objective observer. To the one who submits his I AM to the Lord he is the I AM. The blueness of the sky is only as it appears and it is not true in itself. Hence it is taken as a simile to the colour of the Lord. Lord Krishna is described as having the body of deep blue colour.



## Paracelsus Health and Healing

### Prana - life force, part VIII Five types of Prana - 2. Udana Prana I

The field of activity of Udana Prana commences from throat and concludes with the top of the head, while its central seat, considered by some schools, is at the bridge of the nose. This Prana is active in highly advanced persons to build the bridge into the subtler side of the being. It enables withdrawal of consciousness into its original seat from the entire body enabling the blissful state of Sattvik Vyana Prana. It has a vertical movement between the cerebrospinal system. Through practices of meditation and yoga man consciously enters into the upward thrust of this Pranic pulsation and reaches Vyana Prana to be blissful. This state of continuous bliss is called Samadhi in yoga. It is a state of presidency over one's own energy - mastery over one's consciousness. With the help of Udana Prana consciousness descends vertically from sleep to awakening and ascends vertically from awakening to sleep. In other words, it enables externalisation of consciousness into the body and surroundings and absorption of it into its original seat during sleep. The process of awakening and sleep happens with beings unconsciously due to the functioning of Udana Prana. But to a Yogi it is a conscious externalisation and withdrawal. It is considered to be a great agent that helps one to enter into hitherto unknown state of consciousness.

*Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)*



## The Female Hierarchy

### Part 13

The quality of the Third Logos is to let the flow of creation. So, the major Female Hierarchy happens through the Third Logos. Therefore, we for today take this knowledge of the pure consciousness and its expression as a triangle of three major qualities of consciousness as will, knowledge, and activity. Thereafter, tomorrow we continue with what happened with the creator, and how the females have created the whole work with the help of the pure substance which descends at every step. Each time you prepare something, it is within that pure existence that everything is done. Therefore, it always remains in cooperation. As I said, even before this building is built there was space. Even after we build it, it is very much there. It is there in every room. It does not take to any modifications - it remains. The changes are conducted by the Mother, the nature. And the varied experiences are provided by the nature. Understanding of the Female Hierarchy would have this basis. And tomorrow, I will explain to you the essential aspects, six dimensions of nature, and later take you to the step down of nature which forms a hierarchy of principles in the creation which we carry with us, which are existing in the creation, which we can relate to it and experience. Hopefully, I would be able to conclude all this in seven classes. We hope to do so! Thank you so much.

*This text is not proofread by the author and might have some mistakes.*

## Stories for Young People

### On Service

True Service emerges from the Soul  
- not from the personality.

### Paths to Shambala 12: Shambala. The Victorious

We desire happiness, so we worship the Goddess of Happiness in her various forms. In India she is called Lakshmi, an embodiment of beauty, wealth and perfect goodness. She has a sister, Jyeṣṭhā, an embodiment of the opposite: ugliness, loss and wickedness. This sister is feared by all.

Nicholas Roerich gives us a story in which Jyeṣṭhā approaches the beautiful Lakshmi and tries to persuade her to make common cause with her. Of course, in her own interest. Her proposal was that, instead of waiting for the attainments to unfold gradually, misfortune and destruction of human works could be hastened by Jyeṣṭhā. If Lakshmi allowed misfortune to happen, her own work of the benevolence would become all the more sought after and people would intensify their efforts to worship her. Every little act of Lakshmi would gain more weight. Finally, it would also become clear whether people were interested in the Goddess or they only appreciated her gifts. History shows that humanity in truth has a tendency for wickedness and destruction. A verification of this assertion would only be prudent.

When Lakshmi rejected this suggestion, Jyeṣṭhā began to issue threats and backs them up with evidence of her power: the earth is shaken and the surface of the earth changes. But Lakshmi remained unimpressed. She insisted on continuing to praise the good in man and to give wholesome support to man. She would choose co-workers from among the noblest people. She would kindle creative fires and protect the most brilliant products of the spirit with a wall of flame.

Thus Jyeṣṭhā was defeated. She will now have to wait until time destroys everything. At times, the mischievous sister seeks to bring death and destruction by her wrath with extraordinary effort. But Lakshmi is committed to people that don't get discouraged and that new strength arises from the ashes of the fallen.



When Jyeṣṭhā rages, we will use the words from Roerich, "We will not fear."  
Or, "Blessed are the obstacles through which we grow."

*Dedicated to Angela Fremont.*

*Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spirituel Journey of Two Great Artists and Peacemakers. 2005.*



Nicholas Roerich: And we do not fear

## Window to World Service News & Activities

### Argentina

Name of the group: WTT Argentina - Swetha Padma, Buenos Aires

Address: Mendoza 2695 2do. P. Ciudad autónoma de Buenos Aires

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### Activities

- We continue to collaborate financially and with assistance to LUCEROS de BENAVIDEZ Home, where more than 80 children attend daily and are provided with school help, art workshops, music, and food.
- This year the construction of a Waldorf School began within the property, with the idea of providing free or low-cost education to the community. Slowly, the project along with the construction progresses.
- Baby booties were made and delivered to a public maternity hospital.
- Having opened to the displacements and meetings on the part of the authorities of the Country, the group in its new space began to share more face-to-face activities.

We share the activities with harmony and joy at the feet of the Master.

## Picture to the Month

### Aries - The Impulse of the Divine Will



Agni, which is the spur or the impulse from pure existence, generates the expansion of space and manifests the fiery breaths. The breath is called Vayu, which transforms into a space pulsation (refer to the Proem of “Isis Unveiled” by H. P. Blavatsky). Through time, Rudra conducts Agni as Vayu. The exhalation of space results in creation; the inhalation of space results in dissolution of the creation. This is called the breath of the Creator or Brahma.

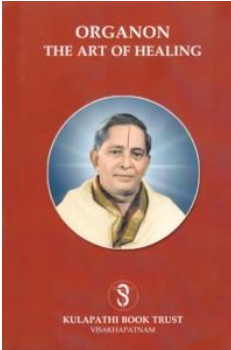
Dr K. Parvathi Kumar: Rudra

*Image composed by Ludger Philips*

## Book Review

### Organon - The Art of Healing

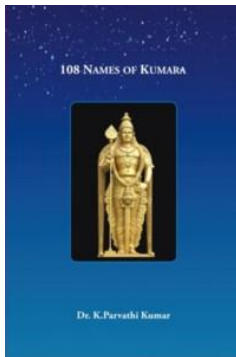
Homoeopathy is a human science allied to the principles of nature. It helps rectifying the behaviour of the persons, restores clear understanding, and establishes sound relations with friends and relations. Its aim is to free the person from unwanted thoughts and haunting impressions of personal life which lead to serious diseases. The book "Organon - The Art of Healing" by Dr Ekkirala Krishnamacharya gives you all the clues of self-rectification, rules for maintaining health and the various causes of diseases, together with the process of treatment to cure diseases.



Ekkirala Krishnamacharya: Organon - The Art of Healing

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

### 108 Names of Kumara



The most sublime and divine aspect of Mars is concealed in the spiritual path of Subrahmanya, the Kumara. Kumara is the eternal and divine brilliance, which is ever fresh. Kumara may be envisioned when the six centers in us are brought into alignment. The worship of Kumara is seen as most auspicious.

The booklet "108 Names of Kumara" is a compilation based on the teachings given out by Master K. Parvathi Kumar as part of the Merry Life Teachings. May this effort to compile in brief the meaning corresponding to the 108 names of Sanat Kumara or Subrahmanya help the aspirants relate with greater insight and devotion to the Lord as Kumara.

K. Parvathi Kumar: 108 Names of Kumara

Copies: Dhanishta Editions, Visakhapatnam, India,

<https://www.aquariusbookhouse.com/>

PDF: [https://worldteachertrust.org/\\_media/pdf/en/108\\_names\\_of\\_kumara.pdf](https://worldteachertrust.org/_media/pdf/en/108_names_of_kumara.pdf)

## Astrological Important Days in March/April 2024

20.03.	04:06	☉ → ♈ / <b>Sun enters Aries</b> ♌	<b>Spring Equinox: Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs and Master Morya.</b>
21.03.		☉ → ♈ from 1° to 14° (till 03.04.): ♌	<i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>
<b>24.03.</b>	05:25	Phase of full moon starts ☉	☉ 04°01' ♈ / ♃ 22°01' ♏ <i>Contemplation at the head centre upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya</i>
25.03.	08:00	☉ <b>Full moon of Aries</b> (Lunar eclipse)	☉ 05°07' ♈ / ♃ 05°07' ♏
<b>31.03.</b>		Summer time starts (02:00 h CET → 03:00 h CEST)	
01.04.	17:40	☾ 8 <sup>th</sup> phase of descending moon starts ♃	☉ 12°24' ♈ / ♃ 06°24' ♏ (End 02.04. at 16:39)
04.04.	12:44	11 <sup>th</sup> phase of descending moon starts ♌	☉ 15°09' ♈ / ♃ 15°09' ♏ <i>Contemplation upon Master Morya</i> (End 05.04. at 09:59)
	16:42	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	♃ 17°32' ♏
	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 05.04. at 14:37)	
05.04.		♀	„Passover Feast“ Easter (Passover: transitional feast), Jesus Christ was crucified on the eve of Passover, on a Friday directly before Aries New Moon (according to lunar calendar)
<b>07.04.</b>	23:51	Phase of new moon starts ☉	☉ 18°34' ♈ / ♃ 06°34' ♈ <i>Contemplation upon 'The Pledge'</i>
08.04.	20:21	● <b>New moon of Aries</b> (Solar eclipse)	☉ 19°24' ♈ / ♃ 19°24' ♈
10.04.			1755: Birthday of Samuel Hahnemann
15.04.	08:42	☾ 8 <sup>th</sup> phase of ascending moon starts ♃	☉ 25°48' ♈ / ♃ 19°48' ♏ <i>Contemplation upon Master Morya</i>
16.04.	09:54	9 <sup>th</sup> phase of ascending moon starts ♌	☉ 26°49' ♈ / ♃ 02°49' ♏ Birthday of Lord Śrî Râma (End 17.04. at 11:44)
18.04.	14:02	11 <sup>th</sup> phase of ascending moon starts ♌	☉ 28°57' ♈ / ♃ 28°57' ♏ <i>Contemplation upon Master Morya</i> (End 19.04. at 16:35)
19.04.	15:59	☉ → ♉ / <b>Sun enters Taurus</b>	
22.04.	23:56	Phase of full moon starts ♃	☉ 03°15' ♉ / ♃ 21°15' ♏ <i>Birthday of Gautama Buddha, (Moon in Viśâkha or Anûrâdha, Sun in Taurus or Gemini) Transmission of the energy of Sanat Kumâra, whose name is also Viśâkha. (</i>
24.04.	01:49	☉ <b>Full moon of Taurus (Viśâkha-Festival)</b>	☉ 04°18' ♉ / ♃ 04°18' ♏
25.04.			Birthday of St. Markus
01.05.			Birthday of Master St. Germain

All times until **31.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2024/2025«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-95-5.



## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make beautiful  
our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

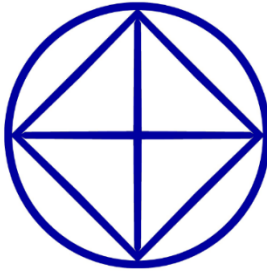
The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



**May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.**

**May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.**

**May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will  
Synthesise our lives into One Life.**