

Vaisakh News Letter



HAMSA SIVA SOHAM

a

Cancer 2020 Karkataka

Letter No. 3 / Cycle 34 – 20th June until 22nd July 2020

The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2020-2021

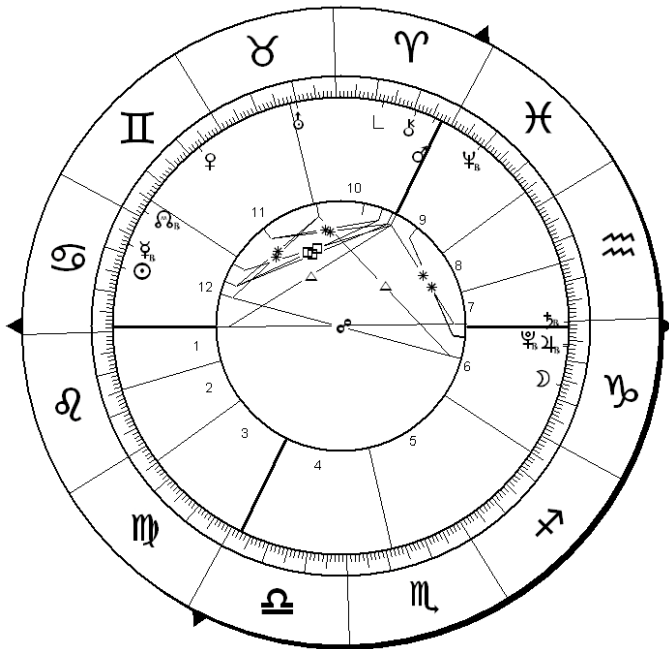
The bear is in the cranial cave.

The cub is in the lions cave.

The dog is in the kennel of the base.

Link up the three vertically and feel

the Light, the Love and the Will.



Full Moon of Cancer, 5 July 2020, 06:44 h CEST

Message of the Month of Cancer a

Entry of Sun into Cancer marks the beginning of its southern journey. Having reached the Tropic of Cancer, the journey to the Tropic of Capricorn commences and concludes by the Sun's arrival in Capricorn. This movement of Sun from north to south is related to the movement of a crab which moves sideways. The crab is full of fear; so are the natives born with Sun or Moon or ascendant in Cancer. Inconsistency of thought, akin to inconsistent movement of crab prevails. Stability and rhythm are far from their nature. What is valid today ceases to be a value tomorrow. The thoughts ever keep changing. Original thoughts are rare. They are more guided by instinct than by reason or intuition. They hold the glamour that they are intuitive but the truth is they are instinctive.

Cancerians carry herd mentality. They are slaves of social manners, family, sentiments and religious traditions.

Cancer represents the sea waters which have ebb and flow. The natives of Cancer have emotions and depressions. They can get to heights of joy and immediately fall into the depths of despair. The humanity in general represents Cancer; they need to reach the mount of Capricorn. The journey thus is from the pit of Cancer to the mount of Capricorn. The story of Moses represents such journey. Disillusioned by the truth of his birth, Moses sets himself upon a journey of deliverance, for him and for his race. He finds solutions on the Mount Sinai. It is the story of every man who identifies himself with his race, nation, status, family and body. He shall have to uproot himself from the illusion of such identity and realize himself as the Son of God but not of Earth. The beginning of the journey is in Cancer and its culmination is in Capricorn. In Cancer, he is inextricably linked to the group, but in Capricorn he stands alone.

The will of Mars and the patience of Saturn shall have to associate with the Cancer Moon to cause the needed transformation. For this reason, the ruling planets for a disciple are Mars and Saturn in Cancer.

May they lead us, notice the Cancer quality in them and strive to uproot themselves from the illusion of identity.



Message of the Teacher

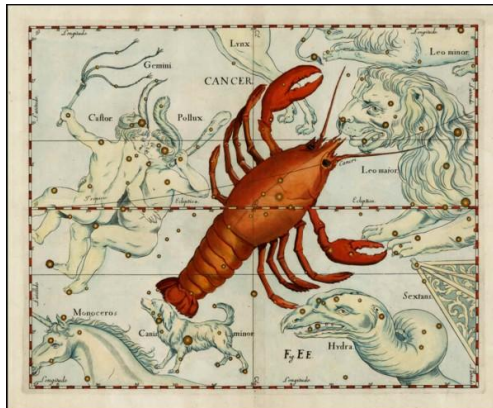
The Seeker and the Sought

Seeking joy is different from being joyful. Where there is desire for comfort, there comfort distances itself.

That which IS, is true. That which one wants to be distances from the Truth.

Trying to attain godhood is illusion. Realizing that God is within one and being with him is the key.

The seeker is also the sought. Seeking distances the seeker and creates illusion of seeking that which one is already.



Utterances of Lord Krishna



The desires hover around the mind and the senses.
It also confuses the discriminative will.
Man should remain 'That I Am'
To dispel the darkness of desire.
(3-40)

Arjuna! You would do well
To stay as 'That I Am'
To regain the Will
And dispel the darkness of desire.
(3-41)



Lord Maitreya

Maitreya Community

Upward Movement

The steam and the smoke emerging from chimneys have only upward movement, so also the awareness of the adepts and seers. Their awareness continues to move upwards and relate to the Sun, the planets and the stars but not to the mundane distractions.

People mount up the peaks and look around upon the surrounding land. To look around the surrounding land, why should they hike the peak? From the peak, one should look to the sky, the stars, the cloud formations and the like.

Mundane man even if they are given entry into heavenly planes, they only look for mundane things over there. A donkey or a dog when set upon the kingly throne, it tends to be a donkey or a dog only. Instead of craving for the association of hierarchical members, better hold sublime thoughts and conduct sublime deeds. If done so, one naturally sets himself in this sublime plane.

Master Morya
Maruvu Maharshi

The Light of Good Deeds



The good deeds that you do at present will stand as the street lights on the way in the times of darkness. The quality of the good deed decides the candle power of the light. Fear, doubt, untruth and miserliness in actions of goodwill will set lights which are dim and helpless for you to find the way. Sowing a handful of seeds, how can one expect vast gardens of fruit giving trees?

The light that you are due depends upon the degree of offering and its quality in the present. If your deeds are nasty what comes back to you is rotten things. Be sincere to yourself, it is the least you can do.



Master Koot Hoomi
Devâpi Maharshi

Sambala 26

Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

One cannot arrest the progress and the domination of Kali. Sambala is the only antidote to Kali. The Puranas say that Kali ends when Sambala steps up its activity. It is therefore wise to think of Sambala at every dawn and dusk. Those who relate to Sambala cannot be upset by Kali. They remain humble, simple and silent. They also remain as centres that antidote Kali in the surroundings. The aggressive diabolics of Kali are contained by the angels of Sambala. It is an eternal divine and diabolic fight. Join the forces of Sambala. Fall not to the illusions of Kali. For this, relating to Sambala remains inevitable.

Sambala is the seed on earth of the Second Logos, Vishnu, whose work it is to balance the good and the evil. The splendour of Vishnu called Vishnu-yashas prevails in Sambala. To debilitate the strengths of Kali, affirm Sambala! Stay aligned with Sambala!

Message of Master E.K.

Good Times



Good times are those where good thoughts and rhythmic actions prevail. The discriminative will is active. The opportunities are well utilized. Scriptural knowledge, seers and good ideas are acceptable. Good times are those where the soul prevails over the personality and the personality tends to be progressive.



Master CVV-Yoga

Aphorisms to Disciples 26

76. Keep observing either at Ajna or at heart centres as you invoke my name and set yourself into prayer. As you do so, through Me the Will enters into you and transforms into love and light. The triple energy permeates your entire nervous system which you can witness as the stuff of the mind is cleansed and poise prevails.

Besides the reparation needed in your personality is initiated and the needed adjustments are done. Just as Sun awakens the surroundings at dawn, the prayer awakens your centres, purifies your system and elevates you to your rightful place in Light.

Vidura



Teachings of Wisdom

Of the eight qualities,
four associate with the man of goodwill.
The other four need to be accomplished.
Acts of goodwill, generosity, self-study, and contemplation,
associate with men of goodwill.

Self-restrain, treading the path of righteousness,
equanimity, and compassion, are to be accomplished.

The first set of four qualities may be practised
by some people for social recognition.
But the second set of four qualities
is beyond those who hold not to goodwill.

PRACTICAL WISDOM

Discipleship demands
that the students avoid the habit of purposeless speaking
as much as possible.



Saraswathi

Suktam 4
Number 8 - 3

Each of the Lotus has an even number of petals. They are pairs, not individual petals of Lotuses. That is a secret. For example:

MULADHARA	BASE CENTRE	4 PETALS	2 PAIRS
SWADHISTANA	SACRAL CENTRE	6 PETALS	3 PAIRS
MANIPURAKA	SOLAR PLEXUS	10 PETALS	5 PAIRS
ANAHATA	HEART CENTRE	12 PETALS	6 PAIRS
VISUDDHI	THROAT CENTRE	16 PETALS	8 PAIRS
		----- 48	----- 24

The pair of Lotus petals are the pairs of zeros, that is: God Consciousness and man consciousness. For man, they are 24 pairs or 48 Lotus petals up to the Brow Centre. With him, it is 49. He is at the Brow Centre or Ajna -that is man's original place. If he is completely human, his number is $49 - 7 \times 7$. "Seven times seven, the wheel rotates", meaning, he rotates through the wheel of incarnations until he reaches Ajna, his higher, divine Self whose number is also 49 -but in pairs ie., 98 ($96 + 2$). Again, one more dimension. 98 is $9 + 8 = 17$. 17 is $1 + 7 = 8$. Thus 8 only unfolds to be 98. The science 'Double Zero', called (8) eight, reveals many secrets.

You may ponder further on the subject.

Ashram Regulations for Entry



Introduction 4

A caterpillar follows many regulations and puts itself to self-transformation to become a butterfly. A flower plant submits itself to innumerable transformations to give birth to a flower, a few of which in turn give birth to fruits. The transformations are needed to have the experience of the altered state of awareness. Mere enthusiasm is not enough. Curiosity is insufficient. Submission of oneself through specific processes is but necessary. There is a famous saying, "You must become the change that you wish to experience." To enter into an ashram of Masters, certain keys of Wisdom have to be applied upon oneself. They are essentially three in number. One has to apply every key upon oneself. One has to key oneself three times to stand in the presence of the Master.

They are as under:

1. Application of the sound 'A' (sounds like the 'A' in ashram)
2. Application of the Key of Sound
3. Application of right Thought and Action

PRACTICAL WISDOM

"Relate but do not build relationships",
is the dictum.

Relate genuinely to experience,
relate righteously to build alignment in oneself,
and let things pass by.



On Secret Doctrine

Ammonius Saccas

Ammonius Saccas was a Greek philosopher from Alexandria. He is always referred to as one of the founders of Neoplatonism. He is known to be the teacher of Plotinus; the latter learned from the former for about eleven years in the third century. Ammonius Saccas was understood to be a porter that carried bags. It is also said that to hide his original identity, he engaged himself in such common activity of a porter. But there is another and more popular version relating to the word Saccas which is but a distortion of Sakyas. Sakyas are but those who follow the path of Sakyamuni commonly namely the Gautama the Buddha. It is believed that in search of knowledge Ammonius went all around Greece and had interactions with teachers of Alexandria. He was not satisfied and therefore moved towards India and gained the knowledge of the Truth through the path of meditation and service. He came back to Greece and taught the philosophy of Sakyas, Plato, Aristotle, Socrates from whose teachings he got his original inspiration. He himself was responsible for the inspiration of Origen, Plotinus, Tertullian and Hypatia. It is also contested that Plotinus, the foremost student of Ammonius, derived his passion for India from his teacher and there is substantial similarity of the philosophical teaching between the philosophy of Ammonius and Vedanta. Neoplatonism itself is increasingly recognized as having the Indian influence. Ammonius Saccas was confused with another Ammonius, a contemporary who happened to be a converted Christian. But the philosophy coming from Ammonius is distinct in its presentation and does not proclaim God in the name of Jesus the Christ.

Ammonius Saccas also taught that the books of Thoth (Hermes) contained the Truth from which both Pythagoras and Plato derived their knowledge and much of their philosophies. He also declared that most of the teachings coming from Hermes are identical with the teachings of the Sages of the East. Hermes is

called a Thoth, meaning the one who assembled wisdom and formulated a methodology of teaching. The writings of Hermes are collected in oracles and doctrines. Ammonius Saccas lived for 67 years, from 175 AD to 242 AD.





Saturn

The Path of Narayana

The Dawn in Capricorn 2

We have learnt that Capricorn is the morning time of the year, and Cancer is the evening time. In a still bigger plane, Cancer represents the gateway of the souls into matter. It is called the birth of the souls, the gateway of birth into the physical plane. Capricorn is the gateway through death into the higher planes. That means, death to material is indicated as the morning hour, and birth to material as the evening hour. Birth is a process by which we come from the subtle plane into the gross by taking the physical form, and in Capricorn we leave that which is physical or matter. Death to consciousness is in Cancer and death to matter is in Capricorn.

From Cancer to Libra is the journey, from evening to midnight. Then there is the deep slumber hour at 0° degree of Scorpio, thereafter, the travel towards the dawn takes place. The second half of Scorpio and Sagittarius are excellent periods for practicing spiritualism every year. They must be specially utilized for spiritual activities, so that when we reach the dusk in Capricorn, we are ready to receive the light.

Sagittarius is said to be the "two hours before dawn." When we get up two hours before dawn, we are very much ready to meet the dawn. Thus, the preparation in Sagittarius is very important to receive the vibrations of Capricorn.

If we have not prepared well, then we are not ready by the time the morning Sun visits us. In the same fashion, the preparation is to be made in Sagittarius. Arjuna prepared himself well to work for the Plan. He prepared himself for 14 years before he conducted the Grand Plan, he is therefore considered a Sagittarian.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Glamour and Illusion 4

A major glamour affecting all is the personality aura of others - a fusion of physical, emotional and mental nature. The glamour of personalities who are not the least what we think they are can lead us into devious and difficult situations. We are glamoured by our own personalities as well - our intelligence and experience, our aims and ambitions. The glamour of social pride, of place and position, afflicts many. It is not a product of intelligence and sound thinking, but of emotional delusion. In the eyes of God there are only human beings, there are no classes such as the world recognizes. Man must free himself from the tyrannies of the caste system, of social, religious and financial grading.

Glamour is of terrible power owing to man's domination by the emotional nature. It is something from which he must consciously free himself, a new field of effort. Freedom from emotional control will guard one from belief in something that is non-existent. It is only by its harmful effects that we finally know glamour for what it is. Emergence from such a state is a devastating process. Then we say, "Why was I so deluded?". We have to learn to distinguish truth from error and the real from the unreal. Thus, those who are deceived are only learning a needed lesson.

A disciple



The Teacher

68. Sabdajalamayam

Is a Network of Sound

A Teacher is a network of sound and produces different sounds according to the context.

He is a master of sounds. He knows which sound creates what impact. The sounds are all based upon the soundless sound as explained before. But the sounds themselves can be categorized into vowels and consonants. Seed sounds and mantrams are formed through a combination of a variety of vowels and consonants. "The one who knows sound knows all" - say the wise men. To be able to dexterously utilize the network of sounds to manifest magnetically what is desired by the plan is the main work of a Teacher or the Master. He is the one who knows the alchemy of sound and networks the energies with the help of sound.

The knowledge of vowels and consonants is of great importance. The vowels constitute the soul of different ray types, while the consonants constitute their personalities and the bodies.

The Veda gives the key of grammar relating to sounds and also the key of metre. It further gives the science of uttering sounds. It reveals through a fourth key, the secret of combinations of sounds, which is called etymology. Thus, the four keys of the Veda relate to sound, while two keys relate to time cycles and astrology. The one who is an adept of sound is the one who can manifest and de-manifest. The latter half of the Lemurians, the Atlanteans and the initial sub-races of Aryans knew the science of sound with all its fourfold key. This knowledge is withheld from humans and will be given back when humanity gains fitness. In the meanwhile, the Teacher works with it for fishing of souls and further transformation.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Sound



The Five Tanmatras

The five elements are represented by the five "Tanmatras". Tanmatras means the "rudimental principles" in Sanskrit. For a quick recollection I will give the correspondences between the five elements and the Tanmatras:

<u>Elements</u>	<u>Tanmatras</u>	<u>Sense Organs</u>
Matter	Smell	Nose
Water	Taste	Tongue
Fire	Sight	Eye
Air	Touch	Skin
Ether or Akasha	Hearing / Sound	Ear

1) Material corresponds to smell and the sense organ is the nose. If there is no material there is no smell and all smell emanates from the chemical action of the material.

2) Water corresponds to taste and the sense organ is the tongue. If the tongue is dry, there can be no taste. The material which we eat may be solid or liquid, but there is always water on the tongue to bring out the taste.

3) Fire/Light gives us the sight and the sense organ is the eye.

4) Air gives us the touch and the sense organ is the skin.

5) Akasha has three aspects of the ether, of which now one is known to the science. Sound is the Tanmatra or the rudimental principle, and the sense organ is the ear.

This is how the five elements are experienced through the five sense organs on account of the five Tanmatras.

That which is beyond Akasha descends through sound into four grosser states, which are the touch, the sight, the taste and the smell. If we are in touch with sound, then we are in touch with that which is above the sound or Akasha, and

that which is below the Akasha or the Ether. Ether is the basis for all formations and it is called the Astral Light. It is the basis upon which every phenomenal world comes out.

If we can work with sound, automatically the four lower principles will be reorganized. Then, since we live in the realm of sound, we are nearer to that which is above the sound and that which is below the sound.



Ashram Leaves

The Heart



The right and the wrong are not well understood by the mind. The heart knows it better.

The love and the hate are not well understood by the mind. The heart knows love better and knows not hate.

The pain and the pleasure are not well understood by the mind. The heart knows it better.

Posit in heart through inclusion of the pairs. It dissolves obstacles.

Mind plans to escape from obstacles. But heart finds the fitness of them and the related responsibility.

Escapism leads to bondage and calamity.

Responsibility leads to liberation.

PRACTICAL WISDOM

For any aspirant to enter into an ashram of a Master,
or to experience the presence of a Master,
he should necessarily go through a process of discipline,
which is again a process
of self-transmutation,
self-transformation,
and self-transcendence.



Mystic Mantrams

Higher Bridge Beginning - 1

From the physical body to the inner man, there are many sheaths. Each sheath is made up of its own matter (its own state of original matter), as it is governed by its own degree of consciousness. They are Physical, Astral, Mental, Buddhic, Nirvanic, Para nirvanic, Mahapara nirvanic planes of existence. These planes of existence have their corresponding sheaths in the constitution of man. Each sheath is linked up with the immediately next one through some centre. These centres are the potentialities of the bridging material.

For example, the physical and astral are infilled and bridged by ether. The linking centres are the three chakras of lower triad, viz., the Base Centre (Mooladhara), the Spleen Centre (Swadhisthana) and the Solar Plexus (Manipooraka). Ether of three densities and three planes of consciousness lubricates and bridges the above three centres. Here ether forms the filament between the physical and astral sheaths. The potentialities are the impulses, reflexes and the emotions of man respectively. Whenever the astral body is at work with the physical, these potentialities will be stimulated. A confused stimulation occurs repeatedly when the man of the mundane plane leads his existence through the incidents of his life. The whole activity requires a managing consciousness and a field of its working, in order to make the whole activity systematic or Yogic.

Now the managing consciousness is the Buddhic Plane and the field of action is the mental plane. The Buddhic consciousness aids the activity of the lower triad through the instrumentality of mind. Before the Buddhic consciousness has a grip, the mind exists only as a principle of free play, and the lower triad gets haphazard stimulation according to the accidental contact with the environment.



Fire

Detailed Explanation 9
VI. Offerings to the Cosmic Devas 3

OM SRÎM, HRÎM, KLÎM MAHALAKSHMI SWÂHÂ

Offering to the Cosmic Mother of BEAUTY and SPLENDOUR.

MAHALAKSHMI is the Mother that sits in the Heart Lotus.

She bestows SPLENDOUR internal and external.

She is pleased through purity of thought, speech and action.

OM SRÎM, HRÎM, KLÎM, GLOUM, GAM, GANAPATAYE SWÂHÂ

Offering to the Cosmic Lord of UTTERANCE and GROUPING.

GANAPATHI means the Lord of Groupings. He groups the sounds and utters forth for Creation. He is the Cosmic Lord of Orderly Arrangements. He bestows re-arrangement when there is disorder. He is the guiding principle to the Creator. He is also called Brahmanaspathi, meaning, "the Master that guides the Creator Brahma", that utters forth the Creation. He helps rearrangement of energy in us. He exists in the cerebro-spinal system. He establishes himself in the Lower Muladhara. He is pleased by order in action and organisation.



Rudra
The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 19
Pasupathi

Pasupathi means the Master of the beings, the Master of the beasts. The beings are considered as beasts when they live in body consciousness utilising the senses for pleasures. Rudra, presiding over the mind of the beings, enables beings to experience the world of the 5 elements with the help of the 5 senses. The 5 senses of man are but the 5 intelligences that function impersonally. These intelligences are known as Prachetas (see "Secret Doctrine" by H. P. Blavatsky and "Bhagavata Purana") who happen to be the disciples of Rudra. Rudra as Pasupathi presides over the sense activity. When such sense activity is ignorantly carried out by the beings, he functions as Sarva.

Sanat Kumara



Be Inquisitive to Know the Lord - 2

Commencing from Narada, the cosmic Teacher, there is a hierarchy of Teachers up to the World Teacher. They constitute the ladder that helps beings to know the Lord through the regular steps of the ladder. The World Teacher is the Teacher on this planetary plane. He developed through time a team of Teachers who are available on the planet to help sincere seekers. Those who have special interest to know the Lord and those who are in keen inquisitiveness are helped by a Teacher to establish a contact with them.

In the modern days the aspirants try to appoint their Teachers, in the sense they keep saying, "My Teacher is Maitreya, my Teacher is Krishna, my Teacher is Christ, my Teacher is Morya, my Teacher is Sai Baba" and so on. But the truth is otherwise. It is the Teacher who knows the student. The student can never know his Teacher until after certain revelations that happen within. A Teacher guides invisibly a student for twelve lives, before the student knows his or her Teacher. It is therefore childish for the students to say, "My Teacher is CVV or EK or MN or Koot Hoomi or Djwhal Khul." When you hear such statements from the truth seekers, know that they are still childish.



From the Teacher's Pen Questions and Answers

The New Religion

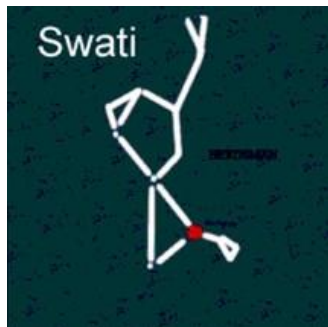
Question: Dear Master, when will the new universal religion as prophecy happen?

Answer: Dear friend, it will happen when all theologies disappear into the knowledge of God. When doctrines and dogmas will no longer be regarded as necessary. When experience is preferred to faith, the new religion happens. The new religion does not prescribe symbols, rituals, pilgrimages and even worships. It demands witnessing, the witnessing within and without. It demands keen observation. It demands to dip-deep into oneself. It is unbound by the jungle practices (superstitious practices) of humanity. It recognizes the micro and the macro cosmos.

Master CVV has been the founder of such a universal religion. He prescribed nothing except observing oneself and the surroundings and learning therefore. He has put off all traditions and theological practices. He is truly the founder of the Aquarian age. U.G. Krishnamurti is yet another like that who appeared later promoting be-ness. "Just be, be witnessing, be learning and be experiencing" is the essence of the new world religion.

The Wisdom of Nakshatras

Star 15: Swati



Swati means the “the clean raindrop”. A drop of rain on a leaf looks very resplendent, pure, attractive and even cool. Swati stands for it. At the same time, it also means sharp, talented and sword-like. The lord of Swati is Vayu while the planetary ruler is Rahu. The deities for Swati are Durga, the World Mother, and Hanuman, the grand initiate.

The natives of Swati are independent and freedom loving. Spontaneity, self-confidence, and hunger for knowledge are their other qualities. They are strong in their resolution and they stand up with self-confidence. They have freedom of thought and expression. They are good learners and communicators too. They are survivors with adequate flexibility in handling situations. They are friendly and sociable. They are proactive in helping others, while ensuring that they do not sacrifice their own freedom. They cannot stand criticism. They revolt when criticized. They expect to be respected, since they respect others. They are witty and are self-esteemed. They are generally god-fearing and religious persons. Since they love independence, sometimes they tend to be stubborn and adamant. They can be restless and indecisive.

Swati is known as the constellation of independence and is therefore closely associated with the seventh ray, which promotes independence, freedom and liberty. Its colour is violet. The natives of Swati are more successful in the latter part of their life than in the earlier. Their initial life is strenuous and hard, but they eventually take root and tend to grow stronger in the latter part of their life. They learn much through trial and error. Endurance is their best quality. Saturn in Libra is the facility to the natives of Swati. Patience, tolerance, attention to detail and ability to withstand difficulties enable the natives of Swati to grow. The strength of Saturn is an unparalleled strength, which Swati natives can avail.

Swati is also symbolized by the grass blade, which withstands the blowing winds and eventually brings out the flower.

Since Swati is part of Libra, the natives of Swati would do well by adapting to the breathing exercises recommended by yoga. Pranayama can bring good strength to the natives of Swati.



Ruled by Rahu, the North Node, Swati natives crave for success in life. They need to ground their ambitions through experience and for this reason their success comes after much struggle. The natives of Swati can eventually be highly successful people. Rahu, the North Node, brings much success in terms of wealth.

The stone for this constellation is coral or sapphire. The animal related to the Swati nakshatra is the

buffalo. The honeybee is also associated with this constellation. The tree is the queen's flower. The number is 15, while the favourable number is 4.



Since Swati is an independent constellation posited in the airy month of Libra, the natives of Swati like to move around unfettered by the local conditions. Their travels are generally for education and enlightenment. Since Swati has the Libra qualities, it looks for wealth besides learning, intellectual accomplishment, justice, and personal power. Since Vayu presides over the north-west direction, any movements towards north-west are profitable to the Swati natives -- for example, the movement from India to Europe, England, or North America. The natives of Swati who have the Sun or the Moon as the ascendant have an advantage in realizing the five pranic pulsations, namely prana, apana, samana, udana and vyana, in that order. The purifying air pavana helps purify the three bodies - mental, vital and physical - and helps the natives of Swati to find the way towards the bridge of the nose or the eyebrow centre.

The natives of Swati would do well to use grass blades (garika) in the worship of the deities. Swati natives do not indulge in revolutionary changes but they gently promote significant adjustments to the existing system to enable the expansion of consciousness. They should guard themselves from the passions of Libra, which are on the wayside, as they move forward in life. The natives of Swati generally go with mutually acceptable arrangements and practice diplomatic harmony. They have balanced features and are attractive with their personality. They crave for something or someone unknown, and in such craving, they place themselves in a privileged position.

Rahu, the ruler of Swati, regularly interrupts the harmonious balance of Swati. It is a challenge for Swati natives to stay balanced in disturbed conditions. The women of Swati are honest and straightforward; their speech is also heavy besides being straight. The natives of Swati believe in supernatural powers and crave to be in the field of esoterism. Balanced monks, priests and philosophers emerge from Swati. Swati natives are fond of animals. They prefer a quiet, charitable and just life. Swati natives are generally tall.

An unfortunate aspect of Swati is that even though the natives of Swati are helpful to the relatives, they generally are not appropriately respected and responded.



Uranus The Alchemist of the Age

Service 6

I am reminded of a prayer that is suggested by Khalil Gibran. In one of the stories he writes: A mother tells the child in the night, "Pray the Lord and sleep." And the child asks, "What is the way to pray?" The mother replies, "The way to pray is to request God that all beings sleep well in the night without conflict, without sorrow, without pain and that all beings have enough shelter to sleep, and that all beings have food to eat, and that all beings are bestowed enough measure of light to experience life." Self-seeking prayers are of one category, but the prayers that seek for all are of superior category. Such prayers are also service. Such should be the prayer of the present age. Please remember we are in an age where there is ascent for the purposes of descent; you go up to the tree to fetch the fruits only to come back and share it with others. The group stands first to one's own being. When this does not exist in one's mind, one cannot make much progress in the present cycle of time. My brothers' needs are my needs, my brothers' problems are my problems, this kind of identity with co-beings is important, in so far as one carries such an awareness Uranus is the planet that intuitively gives the means to serve. That's why for this seminar the principles and the qualities of Uranus are proposed.

Master EK

Vishnu Purana - End



The War between the Asuras and the Sun

During the morning Sandhya a team of Rakshasas wish to consume the body of Surya. They are called Mandehas. Before the mind of the beings on this Earth are awakened to the presence of the Sun, it is eaten away by the gloomy nature of continued sleep. This is Mandha + Eeha, to indulge in sleep. This team of Asuras die at every dawn by the curse of the Prajapati (the Year god). Yet they do not die since they appear before every dawn. Every morning there will be a big war between these Asuras and the Sun. It is the war between sleep and awakening. Seeing this, the great Brahmin initiates throw water against these Asuras. They utter Omkara, the Mantra of Brahma and also Gayatri. This holy water is converted into Vajra (vital force or electricity) and burns the Asuras. An early bath and drinking cold water before sunrise kills these Asuras and wakes the holy beings by the time of sunrise. When these Asuras are burnt in the fire as the first ablution offered to the Sun, the light of the Sun appears thousandfold and the Sun globe appears in all its splendour. Omkara (the Mantra OM) is verily Lord Vishnu, the Lord of existence which means the awakened consciousness in the beings. It is a threefold light, the light of objectivity, which finds its path in the three divisions of time: past, present and future. By the very utterance of this name the Rakshasas are destroyed. The Sun itself is His own light that cannot be destroyed. Hence it is the spark of the very Lord Vishnu. The word OM, when properly uttered, invokes the presence of the Sun, the solar consciousness I AM, in the beings. The very effort to utter this Mantra comes from Lord Vishnu. The origin of breath in the beings is the very call of the Lord uttered forth from the beings. Hence it burns the Asuras of the Mandha and Eeha order. That is why there is an injunction that no one should transgress the rule of conducting the prayer of twilight. One who does not pray at sunrise kills the Sun (kills his own consciousness into a sleepy mood). Thus, the Sun emerges from dawn, being well protected by those who pray well. Then it ascends the heavens to rule the worlds with the help of the

lights like Valakilyas, etc. Valakilyas, those whose tails are plucked away, represent the rays of the Sun, who leave the Sun to reach the Earth and mark the various divisions of time. Hence, they are said to travel with their heads down before the Sun God, singing the various Samas, the various measures of time.



Surya and Valakilyas



Paracelsus Health and Healing

Inherited Diseases

There is a mistaken belief that man's karmic liabilities and karmic tendencies are to be found in the germs of life and of substance brought together at the moment of conception. Therefore, the inherited diseases get transmitted from the father and the mother. This is not the case. The incarnating soul brings with it its traits and these traits manifest through time. The predisposition is with the incarnating soul and not with the parents.

By virtue of its traits, the incarnating soul produces its creative work and its particular constitution to which the parents chosen contribute the related tendencies. In other words, the inheritance of disease is not from the parents but from oneself. The transmission is not from the parents, it is from one's own traits coming from past habits. Parents cannot be blamed for this.

Every disease is a learning process. In managing and regulating the disease the man picks up new and better habit patterns by which the traits are gradually neutralized. Thus, the soul progresses from ill-health to health and from ignorance to knowledge.

Nature offers opportunities to learn and to change and incarnations are meant for such change. Those who learn, change for the better. Those who do not learn, remain with the same state of sicknesses and ignorance. Such is the ancient doctrine of wisdom relating to the inherited diseases.

The traits of every human being (desirable and undesirable) move along with the person that departs from body through death. They get preserved in the causal body and manifest in the next incarnation. Just like the seed carries the traits of the tree and when sown comes back with the same traits as before and gives the same taste as before, the person when comes back comes with the same traits which existed with him in the previous life. The different traits in the children of the same parents are due to this truth prevailing in nature. Sometimes among the co-born each one grows totally different from other.

This is because of their individual traits but not the parental traits. The nature offers many incarnations for persons (souls) to overcome their undesirable traits and to become fulfilled personalities. This law of nature is explained as law of evolution of mankind.

The inherited diseases can be corrected only through correction in the core behaviour. They cannot be cured by medicine. This is where Yoga discipline helps. Last word: Nothing helps unless man wants to help himself.

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 15
June 2018, Billerbeck, Germany

That is the reason why though the technique of Pranayama is very much described in the books, but not many could accomplish it. When Pranayama is accomplished, you shine forth as an inner being sitting upon the throne of diaphragm in a form, which is but an outline of the Heavenly Man. That is the reason that we are able to experience within the cave of the heart the outline of the Cosmic Person within our heart centre or the cave of the heart.

While this is described in the scriptures by the Masters of wisdom, it does not become a reality, unless the outer life is transformed. The work is entrusted by nature to all of us. Each one of us is entrusted with one work or the other, and that work has to be fulfilled as service to others. If you are a teacher, it is a matter of service to the children or the students. Make sure that the students learn, that the students comprehend, that they gain better comprehension than before, and thereby take right direction for their functioning. Likewise, if you are a doctor, your work is only to ensure that others gain appropriate help. Likewise, an engineer, a musician or a technician, any activity that we do has another dimension of its benefit to the other. Our orientation has to be in terms of the benefit of the work that we do. Our orientation has to be to view the benefit that happens through our working.

If we are here working on the planet, it should mean something for the fellow being. A potter can benefit by preparing the pottery, a carpenter can benefit the society by his carpentry, so also a tailor, a barber. You may be the president of a big company. What is the kind of work you do is not important. The only outlook is: How does my work benefit the fellow beings. There is no work that does not benefit the surroundings.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

The enigma of human life
is due to absence of Service.

3. The Plan

Prince Parikshit was the designed ruler of the country. The art of governing was taught to him by his grandfather. The prince wanted to know more and went to visit Lord Krishna in his capital Dwaraka. In the city of the Lord he noticed the similar situation as he knew from his country. The people were not afraid to live their rebellious behaviour openly. How could it be that such moral decay was found in the city of the Lord. The Prince closed his eyes, paid a deaf ear to the conversations and proceeded into the city, fixing his mind upon Krishna. The Lord received him warmly. He knew the questions and doubts of Parikshit.

Lord Krishna calmed the anxious prince. He assured him that the prince himself as a ruler was chosen to restore the order in the state. How can such order be achieved when people rebel against authority and laws? Lord Krishna explained to the prince the divine plan, the goal of human development and the task of governments and laws.

Nature is a being in its own right. The whole creation comes from this being. Every human being experiences himself as an own being with his own nature. However, this nature is only part of the great being nature. It can only experience and live a human existence if he voluntarily places himself in the great order of creation with the help of his mind. With the help of his partial nature a human being cannot unfold. He encounters obstacles - like a planet that does not know its orbit. When people try to live in their own way, the results of this behaviour are experiences mixed out of sadness and happiness. Erroneously people mistake these experiences for their own lives.

The aim of human life is to integrate into the unlimited creation with its limited abilities (partial nature, personality). This is the reason man can only experience happiness if he integrates himself into the divine order. He can

experience that the effective powers of creation are unlimited and that he himself is an expression and component of these powers.

Living together is a training ground for the integration of man into creation. It requires that the individual human beings find a common nature to which they can orient their individual behaviour and according to which they can live together. Laws and governments are guided by this plan. They protect and enable the development of human beings and the well-being of living beings.

To be continued. Summary after: Ekkirala Krishnamacharya, Man Sacrifice. Chap. 19.

Window to World Service
News & Activities
(Inputs welcome)

Supra-National Group Activities

Name of the group activity: CVV Sharing

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Activities

9th Annual CVV Sharing Meeting, Spring Equinox 2018: Experiments and Exchanges

It was already the 9th "CVV Sharing" and the fourth time we met during the weekend after spring equinox at the seminar centre "Lichtblick" ("Bright Spot") near Hude in Oldenburg, North Germany. The motto of these meetings is "Experiment - Experience - Expression" and the inspiration given by Sri Parvathi Kumar for the 2018 meeting was:

"The Master permeates within the cerebro-spinal system. Contact within and permeate in Presence."

This year, there was an increased focus on meditation: we followed a meditative alignment every three hours with longer meditations - up to one hour - at 6 am and pm and at noontime.

There were profound exchanges in small groups and in plenary, where we spoke about inner movements and group experiences, and we did experiments with triangular group visualisations.

Friday evening there was an input with group exchange about Sri Kumar's message for the New Year (contained in the Aries Vaisakh News Letter).

Saturday afternoon, two members gave a contribution on "Myth and Music"; one member presented thoughts about Greek mythology and the Lyra - the invention of the instrument by Hermes and the myth of Orpheus and Eurydice; the other member transmitted the myths into guitar improvisations. Later, the group sang a continuous "OM" in different pitches for ten minutes - it created a strong synchronisation of the group. Afterwards there was an

exchange about meditation.

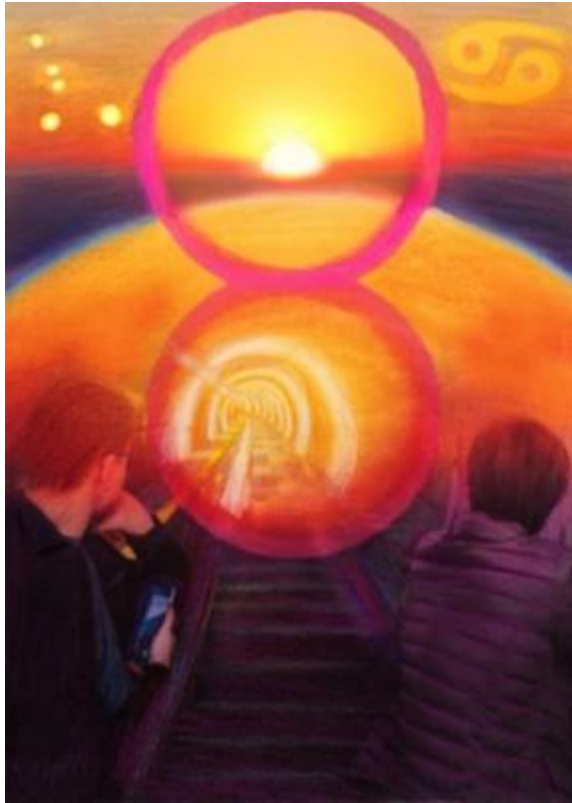
Sunday after the morning meditation we assembled on the terrace for a short fire ritual. And while the group sung "Agnaye Swâhâ, Agnaya Idam Na Mama" each group member put a stick into the flames - a thrilling ambiance.

Later, a group member gave an input about the network of light and the experience of Buddhi and we exchanged about group experiences. Afterwards, we went to a small lake in a nearby forest to speak the Global Peace Prayer and the Invocation for United Europe.

The final round showed that the group much appreciated the longer meditations and all felt very uplifted and in-spired. Next year, we will meet again in Hude on the first weekend after spring equinox, for the 10th CVV Sharing.

Picture to the Month of Cancer

Cancer - Descent into Matter



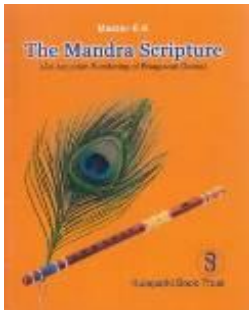
The southern movement of Sun brings down the consciousness into matter. It is the drama of the solar year with the spirit descending into matter and resting in matter, and spirit ascending from matter. There is the ascent from matter which is called the evolution and the descent into matter which we call involution.

Cancer marks the descent into matter, which begins on 22nd June. The longest day of light in the year is the 22nd June. Thereafter, the daylight lessens and night increases. This is how the spirit from Cancer to Capricorn descends into matter, and from Capricorn to Cancer matter then ascends back to spirit.

Dr K. Parvathi Kumar, seminar in India, January 1991

Book Review

The Mandra Scripture



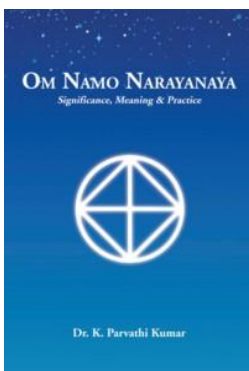
The Mandra Scripture is an Aquarian rendering of the Bhagavad Geeta, the celestial song of the Lord. Master E.K., to whom the Grand Wisdom of the Bhagavad Geeta was revealed, directly dictated afresh the celestial song in a very simple and lucid manner. This is not a commentary on the Bhagavad Geeta. It is Bhagavad Geeta rewritten, directly communicating the import for the benefit of the seekers of Truth. Master E.K. had a unique ability to dictate at length any profound wisdom-concept, wisdom-key or a scripture. This book is meant for the aspirants all over the world to be used upon themselves for self-transformation and self-realisation.

Ekkirala Krishnamacharya: The Mandra Scripture

Copies: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ek/mandra_scripture.pdf

OM Namō Narayanaya. Significance, Meaning & Practice



Narayana stands for the alpha and omega of the universe: The Vedic seers gained this four-lettered sound in their penances, found its significance and its meaning. They initiated the seekers into this mantra from ancient most times to enable self-realization and at-one-ment with Narayana.

This book is for seekers who would ardently like to work with the mantra of Narayana.

K. Parvathi Kumar: OM Namō Narayanaya

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/om_namo_narayanaya.pdf

Astrological Important Days in June / July 2020

20.06.	08:22	Phase of new moon starts ‡	☉ 29°23' ♋ / ☽ 17°23' ♋
		New moon point of Cancer: Contemplation upon 'The Pledge'	
	23:43	☉ → ☽ / Sun enters Cancer Summer Solstice	
21.06.		International Yoga Day	
☉	08:41	● New moon of Cancer (solar eclipse)	☉ 00°21' ☾ / ☽ 00°21' ☾
22.06.	08:29	Car Festival (starts with the 2 nd phase of ascending moon and ends at full moon of Cancer)	
27.06.	23:24	● 8 th phase of ascending moon starts ‡ (End 28.06. at 21:06)	☉ 06°40' ☾ / ☽ 00°40' ♎
30.06.	16:20	11 th phase of ascending moon starts ♂ <i>Contemplation upon the personal Teacher, the Guru</i> (End 01.07. at 14:00)	☉ 09°15' ☾ / ☽ 09°15' ♎
04.07.	08:04	Phase of full moon starts ‡ <i>Dedicate to the World Teacher and Vedavyâsa</i>	☉ 12°44' ☽ / ☽ 00°44' ♎
05.07.	06:44	○ Full moon of Cancer (lunar eclipse)	☉ 13°38' ☽ / ☽ 13°38' ♎
07.07.	20:26	23 rd constellation <i>Dhanishta</i> starts ♂ <i>Dhanishta-Meditation</i> (<i>Dhanishta</i> -constellation ends 08.07. at 21:45)	☽ 17°28' ♍
12.07.	12:18	● 8 th phase of descending moon starts ☉ (End 13.07. at 14:39)	☉ 20°31' ☽ / ☽ 14°31' ♎
15.07.	18:50	11 th phase of descending moon starts ♀ <i>Contemplation upon the personal Teacher, the Guru</i> (End 16.07. at 20:15)	☉ 23°39' ☽ / ☽ 23°39' ♎
19.07.	20:40	Phase of new moon starts ☉ New moon point of Cancer: Contemplation upon 'The Pledge'	☉ 27°32' ☽ / ☽ 15°32' ☽
20.07.	19:33	● New moon of Cancer	☉ 28°27' ☽ / ☽ 28°27' ☽
22.07.	10:37	☉ → ♌ / Sun enters Leo ♀ ☉ in ♌ – every Tuesday (28.07., 04.08., 11.08., 18.08.): <i>Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi</i> ☉ in ♌ – every Friday (24.07., 31.07., 07.08., 14.08., 21.08.): <i>Contemplation upon the World Mother in the Heart Center</i>	
26.07.		Merry Life Day	
27.07.	03:40	● 8 th phase of ascending moon starts ‡ (End 28.07. at 01:28)	☉ 04°30' ♌ / ☽ 28°30' ♎
29.07.	21:46	11 th phase of ascending moon starts ♀ <i>Contempl. upon Lord Maitreya in the Heart Center</i> (End 30.07. at 20:20)	☉ 07°08' ♌ / ☽ 07°08' ♎
02.08.	17:59	Phase of full moon starts ☉ The New Vaiśākh Festival: Contemplation upon the Hierarchy via Lord Krishna, Lord Sanat Kumâra and Lord Maitreya	☉ 10°48' ♌ / ☽ 28°48' ♎

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2020/2021«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The thump sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thump sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad