# Vaisakh News Letter



# HAMSA SIVA SOHAM



# Cancer 2021 Karkataka

Letter No. 3 / Cycle 35 — 21st June until 22nd July 2021 The World Teacher Trust - Global



May the Light in me be the light before me May I learn to see it in all. May the sound I utter reveal the light in me May I listen to it while others speak.

May the silence in and around me present itself, The silence which we break every moment, May it fill the darkness of noise we do And convert it into the Light of our background.

Let virtue be the strength of my intelligence, Let realisation be my attainment, Let my purpose shape into the purpose of our earth, Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it. May we live in the awareness of the background. May we transact light in terms of joy. May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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#### Prayer of the Year 2021-2022

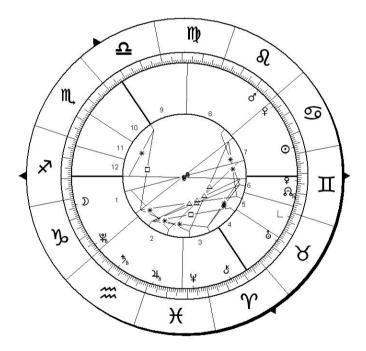
Tables turn. Time tables framed. Planetary adjustments.

Levels set in squares. Set-squares erected.

Right angles established. Wrong angles adjusted.

Accounts squared up.

**Occult Meditation 86** 



Full Moon of Cancer, 24 June 2021, 08:39 pm CEST (UTC + 2)

#### Message of the Month of Cancer 😎

Cancer, the fourth sign of the zodiac, is the sign of the World Mother and the waters of the womb that initially nurture humanity. The sign of Cancer has a very deep and abiding connection with the human race. Cancer is humanity's "gate into matter"- the doorway through which humans appear on Earth. Thus, Cancer rules mass consciousness. Cancer people (those with Sun, Moon or Ascendant in Cancer in their natal charts) intuitively understand the basic needs, hopes, wishes and motivations of the common people. Cancer, being ruled by the silvery moon which is reflective of the Sun, makes the people ruled by this moon sign deeply sensitive. Homeopathic silver (Argentum nitricum) is a remedy that calms the tensions within the solar plexus.

Cancer is the time of the summer solstice, when the Sun is at the Tropic of Cancer, providing maximum light for the northern latitudes. The full moon of Cancer, when the sun light is greatest, is dedicated to the Teachers of Wisdom celebrated as Guru Poornima. The moon reflects the sun and in the same way, the student is to "reflect" the wisdom of the Teacher just as the Teachers themselves reflect the higher cosmic principle.

Cancer rules multiple aspects such as home, the parent who is the mother, family, gestation, childbirth, women in general, inherited tendencies, domestic life, cooks, chefs, kitchens, nourishing foods, nurturing, baskets (there is an ancient story that humanity came over to the earth in baskets), the sea, the demarcating line between the waters and the land, moods of people and their moody feelings and all places of refuge and repose.

Cancer receives and distributes Ray 3 (intelligent new ideas leading to right action) and Ray 7 (taking root, anchoring into the world, new concepts and rhythms), into the great sea of life.

Cancer is the "Light within the form, awaiting the Light of the Soul." The keynote of Cancer, the most beautiful of keynotes of the Soul to the personality is, "I build a lighted house to dwell therein." The light of the Soul offers to direct the personality.

Like the creatures of Cancer such as a crab, Cancer people live half on earth and half in the water. Often Cancer hides away under its shell, like a crab, silently waiting for the environment to be safe and trusting. Cancer rules our treasures, our private life, conception, heredity and one's feeling of security. Cancer always seeks home as refuge, a safe retreat.

Cancer has unrealized gifts buried deep within waiting for the right time to reveal them. Cancer's gifts of nourishment are profound, deep and mysterious, like the Egyptian scarab which is a symbol of Cancer.

The United States of America has Sun, Mercury, Venus and Jupiter in Cancer (July 4, 1776). Cancer is also the ruler of the two capitals of the United States - Washington DC and New York. People from all over the world have made the United States, their home. The spiritual task of the United States is to "stand in light and lead humanity within and towards the Light".



The Male-Female Deity



Remember the male-female deity that springs from the Absolute. The female develops, in association with the male, an 'eight-fold web' that enables the beings to experience and evolve. The female is ever associated with the male, with or without the web. The beings are products of the male-female who eventually disassociate with the male and get imprisoned in the web of the female. When knowledge is gained, the importance of associating with the male and also the comprehension of the female are regained. When such knowledge is gained, there is no longer an imprisonment in any detail of the web.

The male-female, also known as Siva-Sakti in ancient texts, detail into a vertical represented by 1 and 2.



2 stands for Sakti and 1 stand for Siva. Sakti descends from Shiva and also ascends to Shiva by permeating throughout the vertical. The two are always together. Shiva is constant, while Sakti, is in variable potencies. Kundalini is the other name for Sakti since it raises through the five elements and the three qualities as it reaches Shiva. Parvathi did so! She is the first yogini and showed the way. Masters of Wisdom did so and showed the way to disciples. Aspirants also should do so through practices of discipleship. As Sakti raises from the base centre, one's comprehension increases, and in manifold ways, abilities also improve.

Each plane, from matter to Shiva, unfolds in multiples of 10. It is necessary that one gets into the four latter steps of yoga in order to ascend to higher planes. Yoga propounds vertical movement with corresponding horizontal utility. Just being horizontal in the name of occultism is a loop hole into which many fall.

May it not happen with us! Let the growth be as much vertical and not just a horizontal.

May the symbols, colours, sounds, numbers, seasons, months as also the constellations, besides the planetary deities aid us to lift up our awareness to the states beyond physical.



### Utterances of Lord Krishna



A non-doer's action has no consequence. His actions are beyond desire. His actions are beyond gratification of senses. His actions have no reactions. (4-21)

A non-doer is one, Who is contented with whatever is received, Who suffers not the dualities, In whom there is no malice, His actions have no consequences. (4-22)



Sound is the basis of creation. Learn to relate to silence before one can relate to sound. This inner voice of silence can be attuned to only when one stops making the noise outside.

Gatherings are made in the name of teaching. Driven by the innate zeal and the tiny spark of light inside, you tread the day of duties and make the way for the evening, only to make it more or less a social gathering. Be mindful of purpose of the hour, exclude any non-essential activity and gossip. The dim light of the mind wavers imperceptibly and the striving is put off, after all the effort, before it is realized. Such could be the cumulative impact of the setting.

It is not about the frequency of those hours, but of its quality that is to be upheld. Remain seated several minutes in silence, and those otherwise may find their own way in silence. Step up, be responsible with the deep intent held consciously. May it be natural and not an imposed one. The grumpy monitors trying to restore order may only add further to the disturbance. May the natural order prevail.

We wish to see you persist with resolve, one-pointed and absorbed for a while, uprooted from the mundane. Is that difficult? Well, see it as a test of consciousness. Bear it in mind at every instance of the inner work, as a prerequisite. Each such hour is an opportunity. May you resonate with the voice of silence.

#### Agni Yoga permeates the Whole of Life



Agni Yoga is like the Morning Star, which heralds the approach of Light. Just as Fire is the all-embracing principle, so does Agni Yoga permeate the whole of life. One can notice how one's consciousness is gradually sharpened, how the real values of one's surroundings become clear.

It is essential not to mislead newcomers into thinking that the Teaching of Agni Yoga is easy. Truly, it is not easy, for there is much tension and danger in it. No one should be seduced by the idea of honeyed ease. Gaining mastery of the fires is a slow process. Premature and hasty steps threaten the striving one with conflagration. What seemed to be a high achievement is later seen as low, when one is on the next step.

How should one understand Agni Yoga? - As the perception and application in life of the all-embracing element of fire, which nourishes the seed of the spirit. How can I approach that knowledge? - Purify your thoughts, and after determining your three worst traits, sacrifice them to be burned away in fiery striving. Then choose a Teacher on Earth and, mastering the Teaching, strengthen your body with pranayama.

Primarily, one must realize the existence of psychic energy. Then it is necessary to realize that fire is the essence of the spirit.

Agni Yoga approaches just in time. Without it, who could say that epidemics of influenza should be cured by psychic energy? It is not Covid-19 or leprosy or cholera that must be dreaded; for them, preventive measures already exist. But one must ponder over the new enemies that are created by the conditions of contemporary life. One cannot apply old treatments to them; a new approach will be found through the expansion of consciousness. (*Agni Yoga*).

Master Koot Hoomi Devâpi Maharshi

Sambala 38



Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

To awaken humanity towards the fact and the Truth of Shamballa is but a service in the Divine Plan.

It is prophesied that the Aryan race either succumbs to or transcends the fire. The Atlantean race succumbed to waters and the Aryan race is to succumb to fire if it does not transcend. Sanat Kumara, the Lord of Shamballa, intends to intensify the Will of the Divine in humanity so that the humanity transcends instead of succumbing.

Among the seven rays of the Sun, the first ray is called Sushumna (the ray of Will). Within humans, there is a vertical nerve in the spinal column which enables flow of the energy of will. When the Divine Will prevails over the will of man, man gets lifted up. The sunray is the means for such lift-up. Sanat Kumara is the teacher who stimulates Will of God in those who orient by submitting their personal will to the Divine Will. Gayatri Mantra has been the foremost of the means for such attunement of individual will with the Divine Will. "Father, thy Will be done, not mine" is the popular thought of the West. It is but necessary that aspirants orient to the Will of God through their morning prayer either at Ajna or at heart or at higher heart centre. Aries, Leo and Capricorn are the related sun signs to the three aforesaid centres. The ram of Aries, the lion of Leo and the unicorn of Capricorn are but symbols of the Will of God as indicated by astrology.

It is about time that man develops will to do good, aligning with the Will of God, either at Ajna or at heart or at higher heart centre. By this, he connects to Shamballa. Shamballa in turn, is in eternal connection with the Great Bear, Pleiades and Sirius. The indomitable Will of God aligns with the will of man when man orients to Shamballa on earth. Therefore, the need to relate to Shamballa is imminent for all the aspirants that are representatives of humanity.



Virgo Full Moon at Mt Shasta

#### Message of Master E.K.

#### A Non-Expectant Mind



Attending to the work on hand is the key to stay afloat in life. To brood over failures and over non fruition of acts done is the path to sorrow. Between action and results there is an unaccountable factor. Not all actions bring expected results. A non-expectant mind ever engaged in the work on hand is a healthy mind. Eliminating the known causes of failures and moving forward is the only way left for the mind. Brooding over failures makes the journey heavy. Bicycling enables one to stay on the bicycle. Let your mind associate with respiration which is ever in action. The best friend to the fire of mind is the air of respiration. May air and fire walk hand in hand.



Mikalojus Konstantinas Čiurlionis (1875-1911) Cancer

#### Master CVV-Yoga



Aphorisms to Disciples 38

108. In prayer there is rearrangement of matter, water, fire and air in accordance with natural proportions. At the airy state the light of the soul can gradually be experienced. The physical, the subtle and causal laws find their balance. This is what I call adjustments. Unless the four elements at the four planes are in order there can be no experiencing of the light of the soul. Let prayer be appropriately related to.

109. Air is connected to Akasha on one side and to fire, water and matter on the other side. It is represented by Buddhi. While fire is relatable to mind, water is relatable to devotion and emotion, matter is relatable to the material life. Air presides over these three elements and is ever connected to Akasha. Air is the bridge. Aquarius is an airy sign. Relate to air as it exists as respiration, pulsation and subtle pulsation. It leads you to the Akasha, where only the light of the soul prevails. Relating to air in the prayer is an age-old practice. I shall introduce, initiate and lift you up through air.

110. When prayer is happening, movements happen in the body internally and externally. Internal movements are more important than the external movements such as movement of limbs, neck, head and postures. The external movements are secondary. The internal movements - respiration, pulsation and subtle pulsation - are primary. Observing movements is important. Do not participate in them.

#### **Teachings of Wisdom**



Devoid of light, the acts of evil grow beyond proportions, until they destroy the doer.

# PRACTICAL WISDOM

May the Golden Light Dispel the darkness of Depression and Lift up the Earth to the Kingdom of Beauty!

#### Saraswathi



Indra vs. Vritra 1

"Oh! Venerable Word! Whosoever realizes You as himself..."

Vritra realized himself as THAT and that there is only THAT existing in him and in everything else. He was invincible. Yet there is another intelligence in the Cosmos called Indra, 'the Cosmic Mind', which protects everything through system and rhythm. Indra is the hero of the devas. He is the King Celestial. He is called Indra, because he protects THIS. He is the Protector of all THIS. In the scriptures, THIS means, Creation and THAT means, that which is the basis of Creation. So, there is THAT and THIS. Indra is very powerful, but Vritra is claimed to be more powerful.

Indra once wanted to fight with Vritra. Every time he fights, he loses and Vritra wins. Indra could not understand this. He contemplates upon THAT and with the power of this contemplation he goes back to fight with Vritra. He fights and loses again. Indra was surprised and thought: "I had the presence of the Absolute, how is it that I fail?" He again contemplates, gains the presence of THAT and comes out of THAT to fight. Again he fails! He contemplates for the third time, gains the presence of THAT and asks: "If I fight with Vritra, will I win?" THAT answers: "Yes, if you are in MY presence". But then, as he goes to fight with Vritra, he fails again. Vritra smiles at Indra. Indra asks: "Why are you smiling?" Vritra says: "You didn't get the key. You cannot win. If you have realized THAT, you should see THAT as me also, but you are seeing Vritra instead. As long as you see me different from THAT, you cannot win. This is the power of habit, which I have over you. As long as you feel I Am, you are stepping down into individual consciousness. You may, but you must be aware of THAT. If you keep the awareness of THAT, you will see THAT in everything surrounding you. If you see THAT in me, I yield, because I am working for THAT. But if you do not see THAT in me, you lose".

#### Ashram Regulations for Entry

#### Application of the Key of Sound 8



A purified throat concurrently purifies the lower three centres namely: the Base, the Sacral and the Solar Plexus. The Throat Centre is called Visudhi. Visudhi is Visista Sudhi. Visista Sudhi means 'specially or extraordinarily pure'. When sounds are regularly uttered for an hour or two, listened to, then this purification happens. Purification of throat is purification of three lower centres as well. Such throat tends to be magnetic. Until such magnetism is gained by the throat, working with the sacred sounds is to be practiced. After such utterance of sounds for some years when the throat is put to the needed purification, one is instructed to listen to the song of breath. Since one has developed the ability to listen to one's utterance, that listening ability can now be utilized to listen to the song of breath. The song of breath consists of two parts: one part relates to inhalation, another part relates to exhalation. As one inhales one can listen to the happening of the sound SO and as one exhales one can listen to the happening of the sound HAM. Thus, respiration sings the song of SOHAM. Listening to SOHAM of respiration enables one to tend deeper into oneself.

#### PRACTICAL WISDOM

Let things move in their own pace. We follow to fulfil.

#### On Secret Doctrine



The Eternal Parent - Space or Akasha

The parent space is eternal, the ever-present cause of all - the incomprehensible Deity, whose "invisible robes" are the mystic root of all matter, and of the Universe. Space is the one eternal thing that we can most easily imagine, immovable in its abstraction and uninfluenced by either the presence or absence in it of an objective universe. It is without dimension, in every sense, and self-existent. Spirit is the first differentiation from THAT, the causeless cause of both Spirit and Matter. It is, as taught in the esoteric catechism, neither limitless void, nor conditioned fulness, but both. It was and ever it will be.

The "robes" stand for the noumenon of undifferentiated Cosmic Matter. It is not matter as we know it, but the spiritual essence of matter, and it is coeternal and even one with the space in its abstract sense. It is the soul, so to say, of the ONE infinite spirit. In Hinduism it is called "Moolaprakruti" and it is primordial substance, which is the basis of the Upadhi or vehicle of every phenomenon, whether physical, mental or psychic. It is the source from which Akasha radiates.

In Hinduism, the eternal parent (space) is called Akasha and it is the basis and essence of all things created in this material world. Akasha is the first and foremost element created. There is a Vedic mantra which says "prthivyāpastejovāyurākāśāt"; it indicates the sequence of the initial appearance of the five basic gross elements.

The order of appearance of the five elements:

- 1. The space,
- 2. From space appeared air,
- 3. From air, fire or energy,
- 4. From fire the water,
- 5. From water the earth.

The above five elements are called "five gross elements". The direct translation of Akasha is the word meaning "upper sky" or 'space'.



Sri Krishna statue installed by Master KPK in Òrrius, Spain

#### Saturn

#### Karma

The Journey 2



Suppose that we are travelling in a train from Hamburg to Cologne. There is one man who sleeps throughout the travel, another is reading the Bible, still another looks at the beautiful nature around, and there is another who quarrels with his fellow traveller in the train. So many possibilities are there in travel, but all are travelling. Whether we quarrel, whether we read the Bible, whether we sleep, still the train takes us to Cologne from Hamburg. Those who see the nature gain greater joy in travel. To the fellow who quarrels in travel, the travel is nothing but a quarrel. To the one who reads the Bible, he has not experienced life as such, he is as good as the one who is quarrelling or the one who is sleeping in the travel. The one who really looks around and experiences the nature is the one who experiences the travel. To others, there is no experience of travel.

In the same fashion, our individual karma is only a binding factor to a certain degree and to some extent it conditions our actions. Through the divine will, which works through the soul, we will get tuned up to the Plan at one point of time or the other. We will be pushed into it according to the program of the soul.

#### Discipleship

#### **Group Work**

The uniting force of the energy of synthesis is the unseen link that enables bridging apparent differences and joining of forces in a common understanding and goal setting. Here patience, forbearance and humour are key elements when working with oneself and the group. Time and space are thus gained in a synthesis of constructive discipline and the related unfoldment, both as an individual and as a group.

Real group work can thus begin where the spiritual nature of each disciple is unfolded through a steadfast transformation of personality traits that at present still stand in the way of the common goal. The aim is to refine one's own vibration in such a way that it becomes attuned to the ashramic vibration. A disciple

#### PRACTICAL WISDOM

Full moon, new moon, 8th phase of moon (ascending and descending), equinoxes, solstices, and the times when sun changes the zodiacal signs are very propitious. The Teacher

80. Sukhadayakam

Bestower of bliss



Giving the knowledge of self-mastery the Teacher fulfils the being. The being stays fulfilled and remains blissful. True bliss is from the knowledge of eternity of Existence which is beyond the nature's work as BE-ness. This BE-ness is the bliss which the Teacher endowers to bestow on the student through his presence. The bliss of BE-ness is the ultimate of all. The sense of achievement is secondary to it. It puts one to the activity of will and knowledge which is a secondary state. One may step down from time to time from the primary state to the secondary state, but one has to retain the continuity of consciousness relating to one's existence. If one delinks from the original state, one falls into illusions and these illusions are endless. The Teacher helps the student to transcend all illusions and live in the bliss of BE-ness.

As long as one is into the triple activity, one is tending to get into objectivity. But as one recedes from the triple activity through the realization of BE-ness one has the bliss of BE-ness. This bliss of BE-ness is what the Teacher enjoys and bestows on others who are oriented to him.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Sound

# 3. Filter the speech to eliminate avoidable speeches

Thus, persons who are accustomed to speak only but not act, they only help others also to fall into the same mistake. Teaching how to act is by acting and not by speaking. The story of the master and the dog is a good example. He did not show the dog how to salute the king, he only taught him how to speak and the dog reproduced it. We all can reproduce the Holy Scriptures, but the Holy Scriptures carry only instructions for action. There is no point in speaking about instructions. They have to be acted upon. In so far as we are fond of speaking, we become ineffective in our actions.

So, more speech leads to less action. There has to be a balance between speech and action. There has to be a balance between thought and action. In so far as thought manifests only up to speech but not up to action, our will remains broken. What is important is that we filter our speech. Speak only that which is required and get engaged more and more in doing and in being silent. Many times we forget time and duties when we indulge in speech. The next immediate duty does not occur to us when we indulge in speeches. So, keep a diary and see how much speech we can eliminate in retrospect.

#### OM Namo Narayanaya

#### Meaning 5



This alternating activity is seen in every activity and in every plane. A day has the alternating currents of day and night. A month has the alternating currents of ascending moon phases and descending moon phases. A year has the alternating currents of southern coursing of the sun for six months and northern coursing of the sun for six months. Likewise bigger cycles can also be visualized. A man's life can also be seen as growing up to a period and thereafter receding. From birth to death, there is ascent and descent in every life form. There is growth and decay, birth and death, darkness and light; all such dualities are seen as but alternating aspects of a unit, applicable even to a universe. Even the heartbeat has its alternating centripetal and centrifugal action basing on which there is the alternating activity of inhalation and exhalation as respiration. A student of wisdom is required to observe the working of the alternating energies in him and around him. This observation enables to experience the ebb and flow of life. Visualizing the ebb and flow of the ocean is normal. Visualizing the ebb and flow in one's own life is occult. Visualizing the ebb and flow of energies at the universal level is experiencing Narayana. Indeed, Narayana is the ultimate of symbols relating to the activity happening upon the one background that is also called Narayana.

Thus Narayana means the fourfold existence. Narayana means the upward and downward movement of energies of space. Narayana also means the alternating currents. To see this in every aspect of life one needs to relate to the energies that exist behind the apparent activity and formations.

**Mystic Mantrams** 



**Pituitary Hint** 

Within the spinal cord there are certain functional centres called Chakras. The lower Chakras conduct the grosser functions of metabolism, emotions, reflexes and instincts, while the higher Chakras form the subtler functions of understanding, intelligence, recollection, will and love. Love is the equalising force and a medium of communion between lower and higher centres, and hence it functions through the middle most centre, the heart.

When once the equi-poise is established, every centre or Chakra functions through the medium of love. At this stage, the lower and higher Chakras, loose their marked differentiation of the lower and higher nature. The heart centre works as the fulcrum and the two sides of the Spinal Cord work as two arms of a good balance. Each point on the one arm bears an exact correspondence with and represents a point on the other arm. Similarly, each of the lower Chakras reciprocate with each of the three higher ones. The base centre responds to the head centre. The spleen centre responds to the throat centre and the solar plexus responds with the brow centre. Hence when the Solar plexus is brought to equi-poise by the heart centre, there will be corresponding stimulation in a point on the brow centre. This point is the pituitary body which unfolds the radio-active intelligence in man (intuition) by virtue of the planetary principle of Uranus. This stimulation is called PITUITARY HINT by Master.

The type of intelligence that manifests from this hint is Cosmic by nature and belongs to the sign Aquarius by nature and hence it renders the new approach of Yoga of Master possible on this earth. This intelligence needs no mind. But it projects its own mind which is the above said luminous tissue. This tissue is termed. 'Antahkarana' by the Tibetan Master. It is glorified as the light of Gods which leads to Gayatri experience. The Pineal gland bears the Neptune principle in man. The PITUITARY HINT links up the Pineal and Pituitary bodies with the luminous tissue. The two glands exist as the two carbon rods is an arc lamp. The luminous tissue links them as the arc. Neptune and Uranus together produce this light of higher mind which has got nothing to do with time-space environment. This mind is beyond matter though it illuminates the whirls of matter. A glance through the eyes or a word from the throat with this mind is enough to stimulate the creation of the higher man out of a lower man. To this mind, Samadhi exists within and without the practitioner. The demarcation line between the subjective and objective world disappears.

#### Listening to the Invisible Master 5



Age-old Path of Yoga as also the Upanishads laid down rules and regulations which when followed would lead true seeker towards his being. On the path of ESWARA, who is the presiding Deity in every being, one has to pick-up the instrument of Sound, for Sound is considered to be the basis both for manifestation of the various planes of existence as also their dissolution through cycles of time. Sacred word is the Key-note and listening to the sound is considered as the first and fundamental step towards listening to and visualising the Master within. It is in this context, the Sacred Word "OM" gains prominence both for uttering and also for listening. "OM" is the thread that runs through the varieties of beads of existence within the being and within the Great Being also. Upanishads described "OM" (Pranava) as the bow and the truth seeker as the arrow who needs to shoot himself up as much as he can with the help of the bow. The human being is more fond of speaking than listening. The regulations relating to sound postulate that one has to be more a keen listener than a keen speaker. It is said that a keen listener is a good speaker. "Listen within and then speak out" is the instruction to the Yoga student. 'Do not speak without listening' is yet another instruction.

Listening is positive side of the Sound and speaking is the negative side of the Sound. Negative pole is what is described in the Scriptures as Feminine and positive pole described as Masculine. Brihaspathi and Sawaswathi are the deities described in scriptures as the positive and negative aspects of the sound, meaning the listening and speaking faculties within the being which need to the harnessed as per the given discipline.



Rudra The Lord of Cosmic Will and Vibration

> A Few Dimensions of Rudra 31 Tripurantaka

Tripurantaka means the Antaka of the Tripuras. Antaka means the one who puts an end. Tripura means the three cities. The three cities are the three systems - cosmic, solar, and planetary. The Lord with the power of will and the related fire can put an end. He builds and he destroys at will as per the Plan. The will is the first of the seven principles. It leads the other six into manifestation. It can also withdraw them.

#### Sanat Kumara

#### Being and Becoming 2



Being is eternal. Becoming is temporary. Being is the natural state. Becoming is a transformation for a purpose. One cannot be his transformation. He should remain original at all times and handle the transformed state. Being is immutable. Personalities are mutable. The immutability cannot be known when one is sunk in the mutable. During the day, as I said earlier, we play so many roles. For each role we become a different personality; we become a spouse, a parent, a co-born, a friend, a worker, a traveller, a speaker, an eater and so on. But in all these the being is constant. The being is one continuous principle. The becomings commence and conclude. To live in those things that commence and conclude is to live in the cycles of birth and death. Birth is a commencement. Death is the conclusion. But the being is before birth and after death and is during the entire incarnation. The being at all times is. It existed before it incarnated. It exists during incarnation. And it exists after death. It exists at all times, regardless birth and death. But a personality takes birth and dies, with every birth. A soul has different personalities in different incarnations. It may have a male personality or a female personality. It may have an Asian personality or a European, an American, Australian or African personality. These varieties of personalities are varieties of vestures, just like pants, shirts, sarees or panjabies. Identifying oneself with the envelope is ignorance. Identifying with the indweller is knowledge. For this reason, Sanat Kumara reminds that each one of us is a soul and we therefore have to function as a soul, a being, a person, a Purusha. It would enable us to realise the brotherhood of souls.

#### Seventh Ray and Magic

1. The Theme



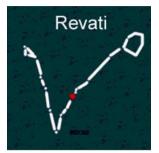
The Aquarian Age is the age in which we are now. The Aquarian Age is the destiny for all of us, each in our current states of consciousness. The Aquarian Age is the age where that which is physical becomes lighter and less dense day by day. All that is physical has the opportunity to evolve and transcend into the etheric planes. The Aquarian Age is the age of speed. Transformations happen quickly. The time is opportune for us in the Aquarian Age. But what do we have to know and understand as the immediate task before us with the new age unfolding?

The task is about working with the Seventh Ray - the ray that rules the Aquarian Age. As Ray Seven will continue to rule our Earth for 1900 (approx.) more years, every aspirant is required to work out his evolutionary process under the guidance of the Seventh Ray. Such is the relevance and importance of the Seventh Ray.

The age immediately preceding the Aquarian Age is the Piscean Age, which is ruled by the Sixth Ray. Therefore, we are currently shifting from the Sixth Ray to the Seventh Ray. The Sixth Ray is what we are presently experiencing, and the Seventh Ray is where we are moving towards. The Sixth Ray, when unskilfully used, is individualism, emotion, desire, fanaticism, extreme idealism, separativeness, blind devotion, etc., while the Seventh Ray is ceremonial order, rhythm, understanding, group and institutional work, freedom and liberty.

#### The Wisdom of Nakshatras

#### Star 27: Revati



Revati also known as being the "wealthy constellation", is a constellation of abundance and prosperity and is largely seen as a constellation for relaxation. The year god, having conducted the entire year, relaxes in this constellation and expects to be nourished, to be honoured, and to be taken care of. It is a constellation of expectation. The mythology says that Revati, the twenty-

seventh and the last queen of Moon, always had high expectations of her husband the Moon. She was so expectant that the Moon could not satisfy her expectation, which eventually led to a curse on the Moon. The natives of Revati are more feminine. They look for praise and attention. They look to being protected. They typically represent a pampered daughter at home. They are soft and yet are very intelligent. Mercury is the ruler of this constellation; therefore, the natives of Revati know how to fix situations that are getting out of order. They stand as the doorway between one cycle and another, since it is the last constellation. The pass over of the year into another year is presided by Revati. It is a constellation of transition. It is slow in activity because an impending change is envisaged.

The natives of Revati are not harsh or bold. They cannot undertake strenuous activities such as hiking or working for prolonged hours. They are good

travellers and caretakers of animals. They are not ambitious and do not covet properties and wealth. They offer protection when given adequate importance. The deity is Vishnu (Pusha, the nourisher), the number is 9 or 27. The gemstone is the emerald. The colour is



golden brown. The favourable number is 5. The tree is the honey tree. The animal is the female elephant, and the bird is the sparrow. The symbol for this constellation is the fish in the sea.

The native of Revati is pure-hearted, soft-spoken, though sometimes hasty in speech. They abruptly utter forth prophetically even without knowledge. They are intuitive and stand connected to the higher circles. They blindly follow when they believe and get hurt deeply when their trust is misled. They are not quarrelsome and get depressed in adverse situations. They constitute good shepherds. They are also good healers and are protectors of the weak and the meek.

Being ruled by Mercury, they form a good triangle with the constellations Jyeshtha and Aslesha. They are neutral with Uttara Bhadra, Anuradha and Pushya. They are good supporters and catalytic agents for Rohini, Hasta and Shravana. The natives of Revati are good with day care centres, child safety centres, and infant care centres. They play a good role as mothers to the weak, to the meek and to the innocent. They are fond of pets and animals. They are good at designing and decoration. Their psyche is tender, sociable and hospitable. They go by their inner call than by the outer demands and are at all times craving to be free. They do not like to stick to any particular work for long. Their psyche negates help coming from parents and relatives, yet they adjust well with others.

Revati natives always look for a place to hide, a centre to retreat, which is typical of spiritual aspirants. One would generally find the natives of Revati among many Buddhist monks. They love the refuge of sangha. They wish to follow dharma peacefully.

The weaknesses of Revati natives are assuming others' burdens, being over indulgent, jealous, feeling inadequate, low self-esteem, over sensitive, stubborn, feels unloved or insecure. They are tactless, soft workers, lack in initiative, and succumb to obstacles.

The worship of Vishnu, the Second Logos, is very propitious to the natives of Revati, since their ruling planet is Mercury. They are not deep in their psyche and cannot hold secrets. They are very attractive in their personality and carry a sweet smile. They are peace loving and generally aloof to the humdrum of life.



**Uranus** 

### The Alchemist of the Age

#### Thinking Apart from the Brain 1

Uranus functions in those who can think apart from the brain. I repeat because we have to understand with brain - Uranus functions in those who can think apart from the brain, who have transcended the mercurial understanding. It's a big statement. Mercury stands for discrimination, stands for higher mind, stands for buddhi, stands for logic, stands for reasoning, stands for rationale, and here Uranus speaks of a state higher than the Mercurial state. That means its function is beyond understanding, beyond the normal perceptions. It demands extra perceptions, extrasensory perceptions (ESP). Its functioning is electrical.

Brain no doubt is electrical, but Uranus is brain to brain. It is called electric hint by Master C.V.V. It happens even before you understand. That is the order of the day today. Many things happen even before you understand what is happening. Normally, human beings think, understand and do. Stupids don't understand and do. Here also even before understanding the deed happens. But it is not stupidity, normally if we don't think before we act, it will cause problems to us. But where Uranus is working, the action happens first and understanding comes later, because Uranus cannot wait till your brains understand - it is an energy of great velocity.

It is not necessary that you understand and do it. It is done through you and later you will understand why you have done it and how you could do so well. You can't believe that you have done it. All that you know about yourself cannot explain what you have done, because something has happened through you in a very good way beyond your capability. Think of it - that is Uranus. Can you find such a thing in any other energy? It is electrical. Master EK

Vishnu Sahasranama

Some special features of the text 1



1. Unlike other texts of the Thousand Names, this text is composed in lucid and unambiguous style. The author seems to have a practical view of inculcating his doctrine to the readers. The simplicity of style enables us to grasp the names straight and unafflicted with any scholarly disposition. The style is more intuitive than intellectual and hence, it aids the devotee to get himself absorbed.

2. The first two names, 'Vishwam, Vishnuhu' (the Universe and the Lord of Pervasion) point out that the whole universe is the one form of the Lord. It leads the reader straight back to the description of the Viswaroopa of the Lord which is presented in the eleventh chapter of the Bhagavad Gita.

3. The last of the thousand names, Vasudeva (The Lord, who lives in all through the behaviour of everyone speaks of the second of the three steps to be practised by a devotee and which are described clearly by the same author Vedavyasa in the beginning of his final scripture; Srimad Bhagavatham. In that text, the author has prescribed three steps of spiritual practice which lead to the ultimate goal, liberation. They are:

a) Vishnu, who pervades the name, form and the other objects of the senses and mind.

b) Vasudeva, the Lord who lives in everyone and presides over the behaviour of everyone.

c) Narayana, in whom the devotee finds the ultimate liberation of his individual consciousness.

The first step, fills the mind and senses with the presence of the Lord. The second step, leads to a release of the baser emotion of the astral plane that are ever stimulated into expressions of anger, spite, lust etc., while witnessing the behaviour of others. The third step places the purified consciousness of the soul in its proper abode, the oversoul, who is the Spirit in all. The first two

names Vishwam, Vishnu along with the last three names, Narayana, Vishnu and Vasudeva suggest these three steps which can be achieved by chanting these names as mantrams.



#### Paracelsus Health and Healing

#### **Curing the Congestions**



Esoteric doctrine enunciates that the soul is immortal while the threefold body of mind, senses, and physical structure is mortal and subject to diseases, decay and destruction. The healers make attempt to ensure flow of soul energy into the body. This is the essence of the occult healing. The free flow of energy flowing from the soul when inhibited and limited, diseases find place in the body. Generally in the patients there are settled inhibitions, superstitious and crystallized mindsets. They do not let the flow of energies. The healer has to regenerate the soul to enable the soul to release the energies on one hand and through a consultative process release and relax the psyche of the patient from varied inhibitions. Where there is complete unobstructed flow from the soul to the vitalizing centres, perfect health becomes possible. Even if such flow is feeble, still it rejuvenates health.

What should a healer do when he meets a patient with inhibitions? The patient certainly is not in a position to overcome inhibitions. When he attempts to overcome it is naturally a long process. Any mental exertion even to think of overcoming inhibitions is not possible when one is sick. He is generally weak and it is quite beyond his power to do different than what he is accustomed to. He can not really cooperate. At best he can offer to the healer a positive attitude to get healed. He can also relax and open himself for healing. This is because he wants to get rid of this sickness and live comfortably.

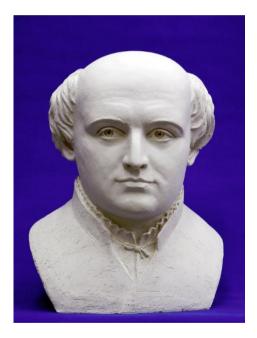
An open minded receptive patient is good enough for a true healer. Such open mindedness of the patients is good enough for the healer to find in which of the 3 bodies the patient is suffering congestion.

Depending upon the area of congestion the healer can also think of transmitting colours and sounds for healing. For cleansing the congestion in the physical body he may use the violet colour and the sound of GAM. If the congestion is in the emotional plane he may use rose or pink or orange colour,

he may use the sound RAM. If the congestion is in the mental plane he may transmit the colour of golden orange and use the sound HRIM.

These colours and sounds relate respectively to the base, sacral and solar plexus centres. Normally energies of immediately higher centres are supplied to the required centres for proper tuning up of the centres requiring adjustment. The above said colours and sounds are given with this understanding.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Alexey Leonov: Paracelsus

#### **Dimensions of Ancient Wisdom**

Dr K. Parvathi Kumar Group Life Teaching, Part 28 June 2018, Billerbeck, Germany

We have three crosses, which require a very brief understanding, before we get into the step of Pranayama. That is why in the story of Jesus, they say that there are on either side two persons crucified along with Jesus, the Christ. There are three crosses on which three persons are crucified. In the middle one is the soul or the Christ. The one to the left is the cardinal cross, the one to the right is the mutable cross, the central cross is seen as the fixed cross, which is one understanding.

Jesus' story apart, within us all the three crosses do exist. We are crucified thrice to be what we are, and we have to release ourselves from these crosses. Only through proper understanding and adaptation to the regulations, we can cross over. The crosses are meant only to be crossed over, meaning, we mount upon them, but we do not get crucified by them.

We are crucified, when the bodily functions are not in order.

We are crucified, when our value system is not in order.

We are crucified, when we are frequently wavering in our attitude or inconsistencies.

It is common with us. When in all the three aspects, there is crucifixion, they have to be overcome.

This text is not proofread by the author and might have some mistakes.

#### **Stories for Young People**

**On Service** 

Blessed are those who can listen within and serve without. Such listening and serving leads to intuitional Service.

#### 3. Loving Guidance

In a letter Bob Singleton tells his sister Pearl about the events at the Colorado gold mine:

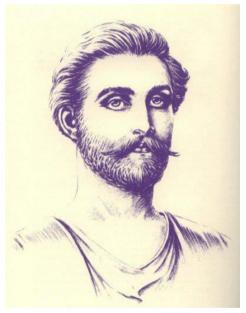
"Pearl, you must come here. This place is heaven on earth. The work is in progress, the workers are busy and friendly with each other, and the Rayborns..., I cannot express my feelings.

Rayborn just called me to a meeting. Rex, Nada and King were there - with solemn faces. Rayborn explained to me the events that happened before. The present persons are all disciples of a Master named Count Saint Germain. Pearl, how wonderful. Masters are beings who have worked up their way from human limitations and who have made it their business to protect those people who earnestly strive to live honourably. Saint Germain has been protecting the Rayborn family for many years. When manager Grey realized mine owner Rayborn was going to visit his mine, Grey feared the discovery of embezzlement. He was willing to kill Rayborn to prevent this visit. Saint Germain prevented the murder of Daniel Rayborn. At His proposal Rayborn and King to became acquainted. Saint Germain showed King the hidden gold deposit.

Rayborn said to me, 'We love you very much, Bob, and I am sure we can trust you as one of us.' Then he appointed me part owner of his mine. I tried to express my gratitude, Pearl, I'm afraid I just talked nonsense and cried. Then I told them about you, my beloved sister. Now am I able to finance your studies. Rex pestered me to invite you to come. They all want to meet you.

So here it is, the invitation. I have already wired the money for the ticket. Pearl, unlike you, I have not given much thought to the conditions of man. But the idea of protecting Masters seems familiar to me. Can it be that there exists a master who protects you and me?" When Pearl receives this letter, she smiles. She has kept from her brother until now that she has been familiar with Count Saint Germain for a long time. This way she was able to advise her brother.

From: Godfré Ray King: The Magical Presence. Saint Germain Publishing. 3rd ed. 2015. King describes his encounter with Master Count Saint Germain in the year 1931. Compiled by: b.k.



Saint Germain

# Window to World Service News & Activities

#### **SPAIN**

Name of the group: The World Teacher Trust Spain / WTT España

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#### Activities

In the headquarters or from the headquarters and through board of directors, following activities have been organized and taken place:

- Full Moon Prayers
- New Moon Prayers. Water Ritual is also performed in these days.
- Dhanishtha Prayers. Reading and studying of Mystic Mantras of Master CVV.
- Every Thursday evening, healing and prayer work is performed.
- Every Friday evening, the following activities are carrying out:
  - Reading and studying of "Secret Doctrine", book by H. P. Blavatsky
  - Groupal chanting of Vedic hymns, Purusha Suktam and Sri Suktam.
  - Group meditation.

- Conscious reading and comments about some of Master KPK and Master EK books. Now we are reading Master EK's book "Music of the Soul".

- Besides, in Sabadell headquarters, or in "Mas Dausà" of Platja d'Aro, the following festivals took place: Spring and Autumn Equinoxes, Summer and Winter Solstices, May Call Day, December Call Day and Masters HPB, EK, CVV, KPK and MN birthdays. On those days, group prayers were led and we chanted Vedic hymns and carried out conferences on the topic of the day.
- This year, we also realized various acts and events: Water rituals were held, we saw some videos of the Master and also some members realized several lectures on different topics.

#### Group Living Montserrat (Barcelona) 2019

As usual, during the Scorpio month we held a group meeting in Montserrat. This time it was from Friday, November 8th to Sunday, the 10th. The title of the coexistence was "The Presence of the Hierarchy". Various conferences and colloquia were held by various members of our group. About 80 people attended the event, mainly from Barcelona, Tarragona and Girona, but also from Madrid and Alicante. The meeting took place with full harmony and brotherhood.

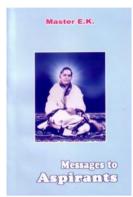




At the beginning of summer solstice there is the descent of the souls into the bodies as an annual drama. The birth of the souls into matter happens through Cancer. On the opposite side, the liberation of the souls from matter occurs through Capricorn. That is why the arc from Capricorn to Cancer is called the Divine Arch; and from Cancer to Capricorn, it is the Royal Arch. From Cancer to Capricorn, it is called the Silver Bowl, and from Capricorn to Cancer it is called the Golden Bowl. This is the soli-lunar bowl of a solar year. Dr K. Parvathi Kumar: Gemini Full Moon 1999

## **Book Review**

#### Messages to Aspirants

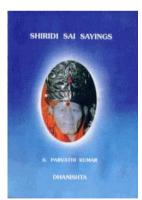


The booklet contains extracts from letters of Master EK sent to persons in the West and in India. It is meant to inspire aspirants and disciples. The letters contain many instructions and advices of the Master, concerning spiritual practice, everyday living or spiritual questions - a jewel for the seekers.

"Spiritual qualifications do not depend upon social perfection and formality. It is the warmth of the heart that makes us respond to each other from such a distance."

Ekkirala Krishnamacharya: Messages to Aspirants.

Info: The World Teacher Trust, info@worldteachertrust.org PDF: https://worldteachertrust.org/\_media/pdf/en/ek/messages\_to\_aspirants.pdf



### Shirdi Sai Sayings

Sai Baba of Shirdi has been a great inspiration to the theists all over the globe. He is one initiate in whom people from all religions agreed. He demonstrated humanism and super humanism without the colour of any religion. This book contains important teachings of Shirdi Sai Baba for better understanding and practice.

Extract: "The Feasable Practice": Eat that which you can digest. Practice that which is fea-sible. Do not look for spiritual practice that you cannot sustain. It

causes you indigestion and the consequent disgust. K. Parvathi Kumar: Shirdi Sai Sayings Info: The World Teacher Trust, info@worldteachertrust.org Online: https://worldteachertrust.org/en/web/publications/books/shirdisai/main

#### Astrological Important Days in June / July 2021

21.06.		International Yoga Day			
D	05:32	$\odot \rightarrow \mathfrak{S}$ / Sun enters Cancer			
		Summer Solstice			
24.06.	00:03	Phase of full moon starts	⊙ 02°39′⊙ / D 20°39′ ⊀		
4		Dedicate to the World Teacher and Vedavyâsa			
	20:39	O Full moon of Cancer	⊙ 03°28′⊙/D 03°28′ V		
27.06.	21:52	23rd constellation Dhanishta starts	D 17°29′ ₩		
28.06.	21:00	Dhanishta-Meditation (Dhanishta-constellat	ion ends 28.06. at 21:18)		
01.07.		Master CVV Independence Day: "This yoga has been introduced to			
4		grant independence to all seekers." We have the possibility to free our-			
		selves from the earthly bondage and still live on the planet.			
	10:32	• 8 <sup>th</sup> phase of descending moon starts	⊙ 09°44′S / D 03°44′ T		
		(End 02.07. at 11:59))			
04.07.	16:26	11 <sup>th</sup> phase of descending moon starts	⊙ 12°50′ S⁄ ⊅ 12°50′ V		
$\odot$		Contemplation upon the personal Teacher,	the Guru (End 05.07. at 19:01)		
09.07.	01:47	Phase of new moon starts	⊙ 17°01′ ∽ / ⊅ 05°01′ ∽		
Q		Contemplation upon 'The Pledge'			
10.07.	03:16	New moon of Cancer	⊙ 18°02′ ∽ / D 18°02′ ∽		
17.07.	01:04	● 8 <sup>th</sup> phase of ascending moon starts	⊙ 24°37′ S⁄ / D 18°37′ <u>∽</u>		
ቲ		(End 17.07. at 23:11)			
19.07.	18:30	11 <sup>th</sup> phase of ascending moon starts	⊙ 27°13′ S⁄⊅ 27°13′ M		
D		Contemplation upon the personal Teacher,	the Guru (End 20.07. at 15:48)		
22.07.		1951: Birthday of Smt. Krishna Kumari Garu			
4	16:26	26 ⊙ → 𝔄 / Sun enters Leo ⊙ in 𝔄 – every Tuesday (27.07., 03.08., 10.08., 17.08.): Contemplation upon the influx of hierarchical money via the Mother of			
		Splendour Lakshmî			
		⊙ in 𝔄 – every Friday (23.07., 30.07., 06.08., 13.08., 20.08.):			
		Contemplation upon the World Mother in	the Heart Center		
23.07.	07:13	Phase of full moon starts	⊙ 00°35′ ର / ⊅ 18°35′ ୪		
Ŷ		The New Vaišâkh Festival: Contemplation upon the Hierarchy via Lord			
	Krishna, Lord Sanat Kumâra and Lord Maitreya				
24.07.	04:37	O Full moon of Leo	⊙ 01°26' ฦ / ⊅ 01°26' 🗱		
25.07.	07:48	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	D 17°29' 🗱		
$\odot$	21:00	Dhanishta-Meditation (Dhanishta-constellat	ion ends 26.07. at 06:56)		
26.07.		Merry Life Day			
31.07.	02:11	● 8 <sup>th</sup> phase of descending moon starts	⊙ 08°02′ 𝔄 / ⊅ 02°02′ ୪		
<u></u>		Birthday of Lord Krishna (End 01.08. at 04:2	27)		

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours); From: »Astrological Calendar 2021/2022«; www.worldteachertrust.org;

Publisher: The World Teacher Trust - Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother. The Great Invocation

From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells. From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms. May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love. Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK



May we stand in Light and Perform our obligations and duties To the surrounding Life to be Enlightened.

May we float in Love and Share such Love and compassion With the fellow beings to be fulfilled.

May we tune up to the Will and Thereby alert our Wills to gaze The Plan and cause the work of Goodwill.

May the Light, Love and Will Synthesise our lives into One Life.