

Vaisakh News Letter



HAMSA SIVA SOHAM



Cancer 2022 Karkataka

Letter No. 3 / Cycle 36 – 21st June until 22nd July 2022
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Contents

Master E.K. • Invocation	2
Prayer of the Year 2021-2022	4
Message of the Month.....	6
Message of the Teacher	7
Utterances of Lord Krishna	8
Lord Maitreya	8
Master Morya - Maruvu Maharshi.....	9
Master Koot Hoomi - Devapi Maharshi	10
Message of Master E.K.....	11
Message of Master C.V.V	12
Vidura Wisdom Teachings	13
Saraswathi	14
Ashram - Regulations for Entry	15
On Secret Doctrine	16
Saturn	17
Discipleship.....	19
The Teacher/Sound/OM Namō Narayanaya	20
Guidelines to Members / Invisible Master / Rudra	21
Sanat Kumara	27
Seventh Ray and Magic	28
Enlightening Encounters	30
Uranus	32
Vishnu Sahasranama Master EK	34
Paracelsus - Health and Healing	37
Dimensions of Ancient Wisdom	40
Stories for Young People	42
Window to World Service	44
Image of the Month	46
Book Review	47
Astrological Important Days	49
Master D.K - Great Invocation.....	50

Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: wtt@kulapati.de, Spanish: WTT Argentina: wtt@wttargentina.org, WTT Spain: info@wtt.es; Brazilian Portuguese: brasil@worldteachertrust.org

Prayer of the Year 2022-2023

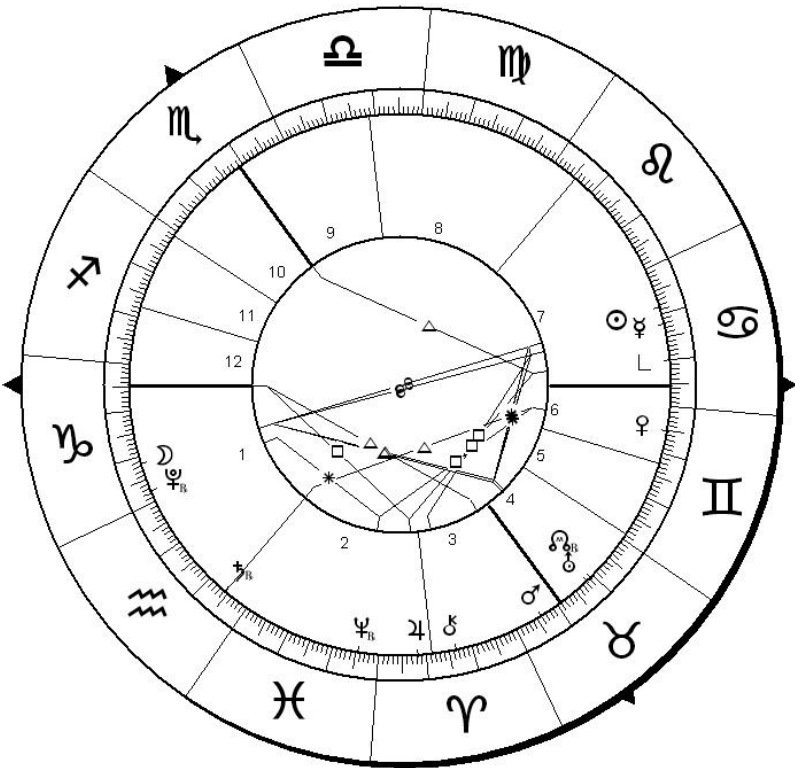
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

‘Markandeya!’ the Devas hail.



Full Moon of Cancer, 13 July 2022, 08:37 pm CEST (UTC + 2)

Message of the Month of Cancer ☯

In Cancer the Sun has reached its apparent northern-most point in its yearly journey and begins its southern journey.

The soul of humanity descends into the worldly form in Cancer. The tabernacle is infused with life. The tabernacle is a representation of the seven colours and sounds, the six directions, the five elements, the four states of consciousness, the three worlds, the duo of the day and night, male and female energies and infused by the omniscient, omnipotent and omnipresent ONE.

For the soul, there is life in form and out of form. Life in form is from birth to death and life out of form is from death to birth. It is the potential of the accumulated experiences of the personality that reincarnates as the qualities into a new body. These traits are brought over from the last incarnation to the new incarnation by the Moon.

As the soul descends into a worldly form in Cancer, the Moon brings down the traits from the past, known as *vasanas*. Thus, the Lord of Cancer is the Moon on the planetary level. Even the physical moon is the mother for our physical earth and all the life upon it.

The Moon and the waters of Cancer represent the lower mind and the emotional body as seen in the behaviour and moods of man. As the disciple works with *pranayama*, the lower mind and the emotional body gets distilled and the consciousness begins to work from the heart centre instead of the navel (solar plexus) centre which is the normal for the man of personality.

By right approach to the drama of life, an incarnation can be coursed in harmony and can ultimately experience joy!

Composed by Heinrich Schwägermann Lorenzen



Message of the Teacher

The representations

To be an image of the Cosmic Person is to be a Son of God, a representation in the form of the Teacher, so that there is an example for students to follow.

All those who show the path are respected because they are the representations. What is their work? To show the centre of Ishvara in you and to give you the technique to reach the Ishvara in you. When you reach Ishvara in you, you don't meet only your teacher in a form of light, but also many other teachers, because when you walk into the golden light of heart, there are the teachers and your teacher is also there.

The goal is to follow the teachings and move further up, until you meet the Ishvara in you. He can give his touch to you between the Sahasrara to Anahata, anywhere from the head centre to the heart centre.

The aim is to realize the Cosmic Person or the God or the Truth. Be thankful to the one who showed the way, because whatever you wish to be, he has already become.

Compiled by Ludger Philips

Utterances of Lord Krishna



It is childish to differentiate between knowing and doing. The learned never segregate the two. Knowing and doing are like the two ends of a straight line. Start at one, you will arrive at the other. By following the one, you will achieve the other.

(5-4)

Know the aim of the speculative school. Same is the aim of the operative school. Why conflict? When you see knowing and doing as one, you have seen the aim of both as one.

(5-5)¹



Hugo Grotius (1583-1645): Cancer

¹ From: The Mandra Scripture. An Aquarian Rendering of Bhagavad Geeta. Kulapathi Book Trust, Visakhapatnam, India 2016, 5th edition

Lord Maitreya

Maitreya Community

Unity



All the beliefs affirm better accomplishments if the unity of co-workers is assured. One may cite myriad of instances when mutual cooperation and trust among the co-workers helped in lofty solutions.

At the same time, a major weakness of the humanity is the inability to act upon the basic truths that have been revealed to them. As children, they are time and again taught that unity is strength. But we often see that as one grows up, separateness and the perceived comfort of being individualistic takes over as a keynote. Cooperation is often expected and seldom extended. Speaking of a community without unity and a group without cooperation is a paradox. Such a hustle would rather wear the members out in the process.

Let all the members of the community remember about the value of cooperation. The seed of labour withers without the moisture of reciprocity. We shall realize a beautiful meaning if we can introduce the great concept of 'friendship'. Benevolence and friendship personified is Maitreya. May such unity be the keynote of the Community. This is but a step to the Divine unity.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

The Desire for Reward

One may occasionally see how a person who has come close to the Teaching and gained wonderful possibilities still continues to dream about some meager reward.

If they ask about reward, relate this parable:

"A man gave much gold for good works, but then awaited his reward. Once his Teacher sent him a stone with the note, 'Accept this reward, the treasure of the far-off star.'

"The man became indignant. 'In return for my gold, a stone is given to me! What is a far-off star to me?'

"And, angered and dejected, he cast the stone into a mountain stream.

"But the Teacher came and said, 'How did you like the treasure? In that stone was contained a most precious diamond, sparkling beyond all earthly gems.'

"In despair the man rushed into the stream. And following the current, he was carried farther and farther downstream.

"But the ripples of the waves forever hid the treasure from him." (*Agni Yoga*)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 50: Representatives

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Three categories are evident among the humankind. The first category is beastly in its conduct. To them, truth is limited to their faith; what they proclaim is the doctrine and their way of life is but the path of righteousness! Unmindful of any trouble that they cause to the co-beings, they cause much suffering and hurt. They live away their life to the exclusion of all others by constantly justifying their actions.

The second category of people carry some sense of discrimination about right and wrong, truth and untruth. They strive to improve themselves by trying to improve their virtues, working on their limitations and by introspecting over the mistakes committed. Whenever such people commit mistakes, they immediately realize it, repent over their mistakes and try to correct themselves.

The third type of people are the ones who have dedicated their lives for the welfare of others. They strive unendingly for the wellbeing of the society at large and to them group welfare is always a priority over personal welfare. They even demonstrate readiness to sacrifice for the work of goodwill. Shambala provides strength to this third category of servers.

Only through such beings, the Will of Shambala is conducted on this planet. They are the role models for the humanity and continue to live eternally. They serve as representatives of the Divine on this Earth and cooperate in the conduct of the divine plan on this planet.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

Message of Master E.K.

The gateway between the known and the unknown



Observe your speech, your words, your sentences and your concepts. Here there are two things that are mysterious. We don't know wherefrom the first stir comes. After you feel that you have to speak, it is under your control. If you want to speak you can speak. But before it comes to your mind, it is not under your control. You cannot demand something to come to your mind and strike so that you feel like speaking it. Only after receiving it, it is yours. The suggestion comes to you. It means, it is not yours. After coming to you, it is yours. You are the gateway between what is not yours and what is yours. Beyond that gateway, everything is dark.

You can't step out and try to find what is there. You don't know if there is ground or water or space or anything. It is like a door opened into darkness about which you do not know. So, you dare not step out. And you know that there is a door of consciousness and this side of the door you are the master. The door of the limited consciousness is opened into the unlimited consciousness. That is how the psychology of the gateway between the known and the unknown exists.

It is one of the most sublime concepts that is common in every scripture of the world. We should have a clear idea of this gate.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 50

144. The change in you will become apparent to the society and family around you via the goodwill actions that you do which would benefit your family and society at large. You would gradually grow from conducting yourself via mind to conducting yourself via “Buddhi”, the higher mind.

145. Do not be stubborn that the transformations in you should happen in quick time. If you carry out prayers with such an attitude, in a period of 4 months, you may end up with mental instability and mental disturbance.

146. In the prayers, being stubborn does not help. I will remove all the unwanted in you, keeping in consideration, your wellbeing, but not according to your stubbornness. Conduct your prayers without interruptions. Have faith that I will carry out all needed adjustments in you.

Composed by Guru Prasad Kambhampati

PRACTICAL WISDOM

I am blue by nature.
I step down into all colours
I AM THAT I AM.

Vidura

Teachings of Wisdom



Harsh and critical speech
hurts people.
In turn it hurts
the speaker too, in time.
The ability to pardon a critical speech
elevates the subject
beyond the personality,
and settles him in the Soul awareness.
Silence is therefore a good response
to harsh and critical speeches.

PRACTICAL WISDOM

Mundane life orienting to Divine Life is a turning point.
Touch of Teacher that leads you to Light is pure grace.
Entering into Divine Plane is splendour.
Eternal Divine Life and Service is the fruit - Ambrosia.



Saraswathi

Saraswathi Suktam 7 The Saw 1

Exhalation is an aspect of the Word as life. The Word as life descends as pulsation, and respiration. Exhalation is part of respiration. Like a log of wood, the exhalation is cut into pieces to produce sounds. How are the sounds produced? From the point of the throat to the tip of the tongue and the lips. Without the throat we cannot utter vowels, but even before we utter the vowels, the Sacred Word exists in us. It is the Word that externalises as exhalation and from the same Word, impulses, ideas and thoughts emanate. As exhalation reaches the throat, we cut it. We cut the exhalation to produce the sounds. Thus, to cut the exhalation into the required sounds, we symbolically use the saw. The handle of the saw is in the throat, the teeth of the saw are the teeth that we have and the tongue as such, is the saw.

Ashram Regulations for Entry

The Cave 1



There is a natural way for one to enter into oneself. This process of entering into oneself is already introduced as the third aspect of the second key, sound. There is a sound naturally happening within oneself. It is not an uttered sound in the sense that it is not uttered forth by man. It is called Anahata sound, meaning a sound which is not produced by the vocal cords. It is the sound of respiration. It is also called the song of respiration. Applying one's mind upon the activity of respiration one can listen to this song.

This is the natural way to enter into. In fact, to enter into, means 'initiation'. The very meaning of initiation is 'to enter into oneself'.

One has a way to enter into one's inner chamber. The means is respiration. Respiration consists of inhalation and exhalation. If one applies one's mind upon inhalation one enters into oneself up to a point. Through exhalation one comes out again. Again through inhalation one gets in. Consciously associating the mind with inhalation one can enter into oneself.

On Secret Doctrine

Manvantara - Part I



A Manvantara is a cycle of time. Fourteen Manus are but seven pairs. Each one has a span of operation. The time cycle relating to one such operation is called a Manvantara. A creation emerges and merges back through fourteen Manvantaras representing a day of Brahma (24 Brahma hours). Such cyclic happenings occur for hundred Brahma years. The understanding of time and its cyclic happenings is one of the seven keys to Wisdom. It is a Vedanga called Kalpa. The cycles of time are well recorded in the scriptures. Seven cycles of time are worked out through seven pulsations of the creator. Each pulsation carries in it, a two-fold activity of an exhalation and an inhalation. The exhalation is presided by one Manu and the inhaling activity is presided by his counterpart. By seven pulsations, the seven planes appear and disappear in a process that is cyclic. Just for our understanding, let us tabulate and see what a Manvantaric period looks like. A Yuga is considered a time cycle and Kali stands for one unit of such time cycle. Dwapara means two times such unit. Treta is three times such unit and Krita is four times the unit.

Kali:	$1 \times 432,000 =$	432,000
Dwapara:	$2 \times 432,000 =$	864,000
Treta:	$3 \times 432,000 =$	1,296,000
Krita:	$4 \times 432,000 =$	1,728,000
Kalpa:	$10 \times 432,000 =$	4,320,000

72 Kalpas is a Manvantara. 14 Manvantaras is a day (24 hours) of Brahma. 365 days of Brahma is a year of Brahma. 100 Years of Brahma is the life of a Brahma. The present Brahma is called Padmabhu. He is 51 years of age. The present Manu is called the Vaivaswatha. So let us see where we are. We are in the Padmabhu creation, in Vaivaswatha Manvantara, in the 27th Kalpa, in

Kaliyuga, upon the planet called Jambu Dweepa and in the Year Subhakrith (2022-23).¹

Composed by Rama Prasad Joshi



Sri Krishna statue installed by Master KPK in Miami, USA

¹ K. Parvathi Kumar, Mithila. A New Age School Syllabus (Visakhapatnam, India: Dhanishta), 2016-3

Saturn

Sam - The Key to Saturn

Sam



'Sam' is the sound that constitutes mantra for Saturn. Prolonged utterance of 'sam' (with closed lips while uttering mmm ...) enables reverberation of sound right from Mooladhara to the brow centre. Utterance of this sound and listening to the reverberating sound within enables rearrangement of energy within oneself.

8 is the number of Saturn and therefore, uttering and listening to of this sound 8 times is recommended. By such an utterance, through the rearrangement of energy, one overcomes one's own limitations. As limitations are overcome, there will be concurrent beneficial expansion of one's own consciousness, which is regarded as initiation.

Discipleship

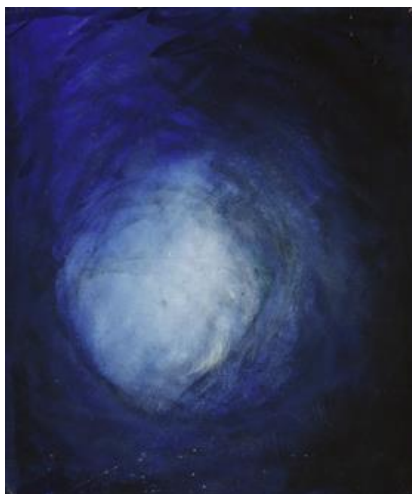
The lighted house

The lighted house which the disciples build inside brings the related measure of joy and compassion. The more the soul is allowed to lead and guide our lives, the more we grow equidistant to the dualities in and of life. This golden middle path is an exalted position that is experienced by the outer world not as a superiority, but more like an invisible, lighted radiance which may be perceived in the form of a gentle smile. The disciples keep working in silence, secrecy, and simplicity.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Discipleship is accepting the changes thrust by life.



Creation (1905)

Mikalojus Konstantinas Čiurlionis (1875-1911)

The Teacher

89. Nitalantaralaviharakam

The one that moves in the depth of the forehead



Nitala means forehead, antarala means in the depth, viharakam means playful movement.

He playfully moves within the triangle of Ida, Pingala and Sushumna - matter, force and consciousness. All yoga practices are intended to lead to this state of playful movement in the forehead. In the forehead there are three points of consciousness which emerge from a centre. The centre is called ajna, it is also called the third eye. When this eye opens, the TRUTH unbound is realized. Having realized this TRUTH the Teacher moves playfully as per the Divine Plan. He is in the Divine and plays in the world of triple nature. He is generally in the state of Divine romance and interacts with the triple world as per the Divine Will. This is the muse that he experiences; the Divine music flows through. Musing of the soul with the Universal Soul enables Self-absorption and in this state of final absorption he moves around fulfilling the purposes of the Divine.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

(End)





Sound

Vowels and Consonants 2

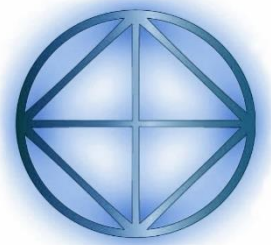
There is an arrangement of consonants. Some are more interior than others. The most exterior consonants are PA, BA, MA, because they are all uttered with the lips, and the most interior consonants are KA, GA, GNA. KA stands for the most interior consonant and MA is the most exterior consonant. MA is the last consonant in Sanskrit and means "mother" or "matter". KA is the beginning of the consonants in Sanskrit. There is already the vowel "A" in the consonant, and that means that it is "The Word made flesh and blood" already.

KA stands for the soul or the son; that is why CHRIST, KRISHNA or KUMARA are all representing the second aspect, or the soul aspect. MA represents the third aspect, or the mother aspect. What is the Father? The Father is the first of the vowels A. A is the Father, any variety of KA is the Son and any variety of MA is the Mother.

We have the Son named as KRISHNA, and you have the same sound as CHRIST. What is the difference between the two sounds CHRIST + NA? It is not by sheer coincidence that the great ones are named like that. The state of Son is KA. That means the Unspeaking One descended into the Ether. That is what is called descending into the Body of Akasha. That is what is called the Five Pointed Star of Light, and that is what descended into the baby that was given birth by Mary. According to the descent of the Star the Magi followed. The Oriental understanding of the Immaculate Conception is that.

OM Namō Narayanaya

Sphere 3



Meditating upon the circle with a centre is an age-old meditation that enables movement into subtle planes of existence. Gazing at the circle of the sphere, one gains the ability to hypnotize. This ability is lost when the hypnotist abuses it. Madam HP Blavatsky was trained by the adepts to meditate upon this symbol. It enabled her to gauge the subtle, to read the subtle and even to reveal the wisdom that is available in the subtle worlds. It is very well known that Madam HPB was able to read akashic records and reproduce many a quotation existing in various scriptures. It is also known that Colonel Olcott made efforts to verify the veracity of these quotations by visiting ancient museums of old learning centres. To his astonishment, he found that what Madam wrote was accurate even to the point of punctuation.

The symbol is meditated during the full moons and also during the new moons along with the mantra of Narayana with the colour blue. During the new moons the symbol enables experiencing the light subjective, while during the full moons, it enables experiencing the light objective. Many are the secrets relating to the symbol of Narayana, one would do well to work with the symbol regularly than to intellectualize it. Information is needed for the intellect but it cannot be realized unless the related practices are adapted to.



The World Teacher Trust

Guidelines to Members, 19-21

19. They should improve their abilities and never settle with the existing ones. Concurrently, virtues also have to be inculcated.

20. Servers without abilities are a burden to the service. Ability without virtue pollutes the service. Understand the importance of knowledge and its implementation.

21. Let love prevail in actions but not pride, prejudice or hate.

Listening to the Invisible Master 17



As the aspirant progresses in this internal journey to reach the source of his being, as he pitches upon the subtle pulsation he meets a Host of Masters, who form the Hierarchy to help the beings to ascend into the states of pure existence. Such Masters are “SADGURUS” who can initiate the deserving aspirants into the Path. The aspirant gains the companionship of such unseen Masters, who work for the Divine Plan. They are the accomplished ones, meaning-the realised ones. They realised Iswara in them and function as channels for the Plan. Those Masters, who are beings of lights, are generally unseen, but are now seen and heard by the seekers. They guide the seeker on the path to realise the Truth (Iswara) and later invite them into their brotherhood to function for the Plan. The group of such Masters is called the White Brotherhood. They are spread all over the Planet and have mainly seven Ashrams. The seeker, as per the quality of the Soul is recruited into one of these Ashrams to function. The seeker thus stands thereafter as a bridge between the Hierarchy of Masters and the Humanity. His work is one of Goodwill.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 43 Pasupathi

He is the Lord of the beasts. Symbolically, all worldly beings are beasts only. They are bound like beasts to their own behavioural patterns, which emerge from their attitudes towards the world and understanding of the world. Even the Devas are sometimes bound by their habits and attitudes. The one who is unbound by any concept, habit or trait is a Yogi. Others are bound by their traits. Hence, they are called beasts. The bondage is at three levels: physical, emotional and mental. Lord Rudra can untie these bonds and release the souls by bestowing the Will. The Sons of Will and Yoga are at his command and help beings that look for liberation. Hence, he is the Lord or Master of the beasts. Pasu also means the being that looks from within outside. It cannot look within. It has no insight. The Lord gives insight and vision and enables the release of the beings.

Sanat Kumara



Proximity to the Teacher 4

One has to be very alert, alert to perceive the subtleties of the Teacher. Special wisdom can be noticed by those who perceive these subtleties. To such ones the path remains joyous. The joy comes not from outer events, but from the inner revelations. The minimum period for serving a Teacher is said to be twelve years, while the maximum is said to be thirty years.

Even among the students who serve the Teacher, the ones that excel in service are taken by the Teacher to a different grade called 'son-ship'. Those are the ones through whom the Teacher continues to work, while others transform into disciples (accepted aspirants) and carry on the work with his inspiration.



Seventh Ray and Magic

7 Rays - The Path of Ascent 3

Just as one needs the support of 1st Ray to work out one's path of ascent with 7th Ray, one needs the support of 2nd Ray to work out the path of ascent via the 6th. Likewise, for working with 5th Ray, one needs the support of 3rd Ray, drawing support from above to execute below.

When one treads the path of devotion, then one is working his way up with 6th Ray. The pit falls for the 6th Ray are emotion and superstition. The aspirant needs to transcend these by invoking energies of 2nd Ray.

The devotion of 6th Ray will reach its zenith only when it gains the support of wisdom & love of 2nd Ray. Love of 2nd Ray is unconditional, non-emotional, pure love. When such love is bestowed to the aspirant, true devotion happens all by itself. One is then, in constant connect. There are no modes or timings when such person is in devotion. Through that constant connect, the aspirant touches At-Onement. To such one, devotion becomes the state of existence. To filter out the emotions and sentiments of 6th Ray functioning with 7th Ray is imperative.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sree RamaSwamy Acharya 5



All those who were present at that moment, sought the blessings of Sree RamaSwamy Acharya. Sree Acharya gave back all the fruits given to the group around, took a tumbler of water and left the place.

Sree RamaSwamy Acharya remained thereafter in the memory of Saukumarya. A simple old man, with grey hair, slightly stout in body, with a countenance which is ever pleasant. Smile was an inseparable part of his countenance. He was little known in the world. But, well known in the subtle world which is called the Kingdom of God. He did not disturb the little world, in which people lived around him. But to those who sought the Path, he gently guided. Indeed, a man that lived eight decades and remained untouched by the glamour of the world. A sage to be recollected every dawn and dusk.



Uranus

The Alchemist of the Age

Thinking Far Ahead 5



When ignorance prevailed, belief was the anchor. The priests begged for faith. But the science of Theo does not beg for any understanding. It proves as clearly as mathematics and is as convincing as science. Where belief is begged for, there is a very poor understanding of the divinity. A rose does not want you to believe that it is a rose. Whether you believe it or not, it is a rose. Only a false rose is anxious that people should believe it is a rose. Where there is falsity there is begging for belief. In spite of begging if belief does not come through, then fear is injected - "If you don't believe, sorrow and pain will fall on you" - that kind of fear is injected. "You do not believe in Jesus Christ? Satan will catch you by the foot or the tuft." No thinking human being is willing to accept such things. People would no more believe such statements. They would laugh at such statements as jokes. That it is not truth would be consciously known to people. Only science of Man, science of nature and science of God would stay. The religious beliefs and superstitions would suffer.

Uranus shifts the human mind from fear of God to love of God. Most of the worship has fear at its base. Worship has to be with understanding of what is being worshipped. Uranus eliminates the base of fear, of superstition, of belief and of faith. They are replaced by right understanding and scientific understanding. Uranus envisages that God-mindedness is needed, but not God-fearing minds. Fear of God is baseless, for God is not punitive, God is not a monster. God is love, compassion, comforting, forgiving. Creating fear of God is business. All theologies promoted by the priests with fear as basis are but business-oriented. It is found to be a profitable business. The one who fears God can never understand God.



Master EK

Vishnu Sahasranama

Stanza I - 1

विश्वं विष्णुर्वषट्कारो भूत भव्य भवत्प्रभुः ।
भुतकृद् भूतभृद् भावो भूतात्मा भूतभावनः ॥

Meaning:

The whole universe is a form of Vishnu, The Lord of pervasion. He is the Lord who makes himself live as the universe. He is the past, future and present. He is the Lord Executive and the Maker of beings. He, being the soul and spirit of beings, maintains them. He is the one who conceives the beings.

Explanation:

1. The universe should be meditated upon as the Lord. This is the first step of spiritual practice in any path. Without this step, any path becomes black magic or sorcery. Before one gets the first spiritual awakening, he understands the universe as something objective of himself and also as something filled with things animate and inanimate. Such an understanding is due to the state of ignorance which precedes the state of awakening. The ignorance will be repeatedly attacked by this first step of meditation.
2. The second step is the meditation of the Lord as Presence in all things. While the first step is to meditate everything as the Lord, the second step is to meditate the Lord as everything. This makes us find a place for everything in the body of the Lord as the ultimate fitness of things. The importance of names, shapes and peculiarities of everything will be lost into the fitness without losing any aspect of it. This gives us the place of individual existence in the womb of cosmic existence.
3. There is the first call of everything into existence from the background of the Lord. The background is relatively understood as non-existence. The call is always from within the background. It is called the first stir or awakening. This call is called Vashat, the call for 'vas' or existence. The ritualist repeats this before he meditates. This is by way of imitating the work of the Lord. By this, he gets into the awakening of the Lord.



Paracelsus Health and Healing

Grades of Healing 2

Healing involves cleansing the impure, emotional and mental energy. It is a process of flushing out. This flushing out can be done either by transmitting powerful pranic rays or by cleaning the impure astral energy. Generally the former method is seen as an act of healing while the later method is seen as an act of teaching. Teaching to inspire the right action, which leads to enlightenment or unfoldment is also a way of healing. That is where teachers are considered as healers. The unintelligent, average healer usually and simply works at the transmission of prana itself. It stimulates the patient sufficiently so that he is enabled to flush out the enfeebling disease. In this method the healer has to be very pure to transmit only pure pranic energies. He needs to ensure that his emotional energy is not blended with the pranic energies that he transmits. In other words, he should just remain a dispassionate channel for the healing energies to pass through him for the benefit of the patient. Impersonality and dispassionate functioning are the requirements here.

If the healer himself is an occult student of certain order who achieved certain degree of purity and clarity in his astral energy he can associate his mental energy also with the pranic energy for transmission to the patient. Such healing is like a double-edged sword that supplements the pranic energy of the patient on one hand and cleanses the impure astral energy of the patient on the other hand. These are healers of a superior order compared to the previous ones. Nevertheless in both cases purity remains the essential condition always.

*Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing.
Website: www.paracelsus-magazin.ch/en*

Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 39
June 2018, Billerbeck, Germany

One has to fix himself on the fixed cross adapting to virtues and service and to keep on developing them and then support the cardinal cross and also the mutable cross.

That is where in the New Testament, Jesus, the Christ is depicted as on the central cross. There are two persons on the left and right of the cross, which is but symbolic of the three crosses in man. These three crosses have an impact on us, and we have to make sure that we work with these crosses and gain mastery over them.

Mastery over these signs will be gained by meditating upon the vertebral column. This is another dimension. For us to gain the mastery over the crosses, the most important dimension is to contemplate upon our cerebro-spinal column. That is most important. On the cerebro-spinal column, all the signs are there. From head to Muladhara, you have Pisces to Scorpio, and in the reversed order Sagittarius, Capricorn and Aquarius are also there on the spinal column.

The spiritual dimension of astrology tells us that Sagittarius is the higher Muladhara, Capricorn is the higher heart center, and Aquarius is the center in-between Ajna and Sahasrara on the top of the forehead, and Pisces beyond Aries as the 1000-petalled lotus. That is how it is seen.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Devotion adds fragrance to Service.

Devotion is but filtered emotion.

Devotees have been the best Servers!

Kagemusha - The Shadow of the Warrior 3 : Obstacles 1

The death of Prince Shingen can be kept secret if someone takes over the role of the deceased. Kagemusha was selected, a man of low origin and of dubious morality, because his shape is similar to the deceased. But to play the role of a prince means adapting his behaviour and to know his duties. To gain this goal is a hard piece of work.

The noble Nabukado, brother of the deceased, knew the requirements of the role of a double. He himself was familiar with this role, because in the past he often did this job for his brother. He wanted to train Kagemusha. First, he chose three servants and two pages to train Kagemusha. These five were initiated into the death of the prince, the plan and Kagemusha's past. Their task was to take care of the personal concerns of the "prince", to familiarize the player with the details of princely behaviour and to ensure that Kagemusha did not deviate from his role. The servants taught Kagemusha how to behave, reflecting Kagemusha's behaviour: if he behaved like a prince, they offered him deep respect, if he relaxed and showed the behaviour of a man of low origin, they displayed negligence and amusement.

Kagemusha had no opportunity to enjoy the privileges of his role. It was exhausting to be a prince. The behaviour and the daily routine were regulated down to the smallest detail. As it is with a true ruler, the life of his shadow was continuously focused on the task. Even his sleep was monitored. Kagemusha groaned under the weight of his task and he had nightmares at night.

Then there were the exams.

The first test was the encounter with Takemaru, the grandson of the prince. The noble ones arranged an occasion with a solemn ceremony for the first meeting. The 6-year-old boy knew how to approach the "grandfather"

appropriately and bowed down deeply. When the boy looked up, he was stunned and shouted, "This is not Grandfather." Nabukado, the child's uncle, asked him to come and to take a closer look. "It could be that an illness, just overcome, had changed the appearance of the grandfather?" Takemaru stepped closer and examined the face of the person, supposed to be his grandfather. Spontaneously Kagemusha took the child on his lap. Enthusiastically, the grandson shouted, "Yes, it's grandfather, but I'm no longer afraid of him." The child felt the inner child in Kagemusha and felt trust and affection to him. Kagemusha responded the child's love and spent free time with him. "Grandfather" and grandson played and learned together. When the child asked a question, it was answered by the accompanying servant and this way Kagemusha also learned. "Why grandfather is called the mountain?", Takemaru asked.

To be continued

Compiled by Barbara Kleyböcker from: "Kagemusha - The Shadow of the Warrior". Movie by Akira Kurosawa. Distribution by Francis Coppola and Georg Lukas 1980. Kurosawa tells about historical events and personalities.

Window to World Service News & Activities

SPAIN

Name of the group: WTT Associació Nava Jeevan

Contact: Bel Ferrer Juan

Address: E-Mallorca

Phone: +34 676928687

E-Mail: nestinaria@hotmail.com

Website: <http://www.navajeevan.es>

Activities

The Nava Jeevan Association was born on August 15, 2016, with the aim of changing the concept of death and mourning and to accompany people who are living this difficult situation. The registration of Nava Jeevan in the register of associations of the Balearic Islands was formalized on August 24, 2016. Moreover, since September 2016, the association is registered in the Registry of Citi-zen Entities of the Manacor City Council.

The Association has three basic objectives:

- Emotional accompaniment in groups to people who are in mourning.
- Training to people who, due to their professional activity, are in this situation on a daily basis and to people who, from a personal point of view, want to work on their own conception of death and mourning.
- Raising awareness to help restore the naturalness of death and mourning.

At the end of 2020, the Association had 26 partners and 10 users.

Emotional Accompaniment

The Nava Jeevan Association has continued to work in emotional accompaniment groups for grieving individuals. Fortnightly meetings are guided by therapists specializing in disease, death and bereavement processes. Groups have continued to help grieving people express their suffering and foster space for their transformation process.

- Since 2016, grieving groups have been started in Manacor, Palma and Inca. During these years, 38 users, Manacor 30 users and Inca 23 users have

attended the Palma group. The youth loss group was launched and has had three users in 2020. 11 new users have been added during 2020.

- During the mobility restrictions that have been in place throughout 2020 by COVID-19, we have been adapting the work with the groups. During the strictest restrictions, the available video call tools were used to keep working with users, as well as maintaining communication through WhatsApp groups. Those who could not or did not want to make the video calls, were attended individually by calling them by phone.

Training

- Our goal is to train the healthcare, education, social care and any other area to
- provide you with resources and skills to assist and accompany the person and/or your family and friends in the end process life.
- We also want to provide training directly to affected family members and individuals.
- During the year 2020 we have done the following:
- Training on bereavement for the workers of the company Grup Muntaner Ribot (Funeral Services) and Self-care session for the professionals of the City of Búger.
- Awareness
- Awareness-raising activities aim to help restore the naturalness of death and bereavement, which is why we do the following:
- - Conference at the Madina Mayurqa Institute directs parents of students.
- - Conference "Duel and Compassion" held by Bel Ferrer, for Palma Compasiva.

Picture to the Month Cancer - The Cardinal Cross



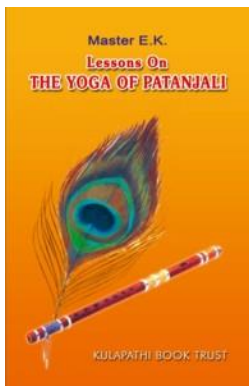
The unit of a solar day with its four cardinal points imbeds all the secrets of the creation and its time-conditioning as a self-sufficient specimen and symbol. The sunrise is a true symbol of the beginning of our creation in the scale, our individual birth on another scale and our awakening from sleep every morning in another scale. The sunset is the symbol of the ending and our sleep is the symbol of all subjectivity which we call Pralaya. The day is an epitome of the year and the year is an epitome of bigger cycles through centuries and Yugas.

Dr. Ekkirala Krishnamacharya: Wisdom of the Heavens.

Image composed by Ludger Philips

Book Review

Lessons on the Yoga of Patanjali



The whole practice of Yoga is to sublimate one's own activity of the lower nature and get it absorbed into the Original Existence so that one can live with the same machine of the human constitution in terms of true existence. Master E.K. makes us experience a masterly synthesis of the essence of Patanjali unfolded by dynamic teachings that simplify complex ideas, and through a process of correspondence to everyday life makes them accessible to the modern mind.

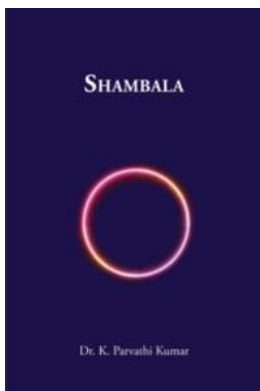
The book contains a session of 9 lessons in Geneva, October 1981, giving an introduction to the Science of Yoga, propounded by Patanjali and the Bhagavad Gita.

Ekkirala Krishnamacharya: Lessons on the Yoga of Patanjali

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ek/lessons_on_yoga_of_patanjali.pdf

Shambala



Shambala was prophesied at the very beginning of the Kali Age, 5000 years ago. It is considered to be the seat of the Lord Sanat Kumara who esoterically rules over this Earth. Shambala is the mystic land. It contains the energy of deliverance to the beings on the planet. It has been a matter of great interest at all times.

To relate to this mystic land, a few teachings of Shambala are given in the book on "Shambala" by Dr. K. Parvathi Kumar to inaugurate the dimension of Shambala to the readers. May it serve its purpose.

K. Parvathi Kumar: Shambala

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/shambala.pdf

Astrological Important Days in June / July 2022

21.06.		International Yoga Day	
♂	11:14	☉ → ♋ / Sun enters Cancer	
		Summer Solstice	
23.06.	18:12	11 th phase of descending moon starts	☾ 02°11' ♋ / ☽ 02°11' ♌
♃		<i>Contemplation upon the personal Teacher, the Guru (End 24.06. at 19:42)</i>	
28.06.	02:22	Phase of new moon starts	☾ 06°20' ♋ / ☽ 24°20' ♌
♂		<i>Contemplation upon 'The Pledge'</i>	
29.06.	04:52	● New moon of Cancer	☾ 07°23' ♋ / ☽ 07°23' ♋
01.07.		Master CVV Independence Day: <i>"This yoga has been introduced to grant independence to all seekers." We have the possibility to free ourselves from the earthly bondage and still live on the planet.</i>	
♀			
06.07.	16:19	● 8 th phase of ascending moon starts	☾ 14°31' ♋ / ☽ 08°31' ♌
♃		(End 07.07. at 15:58)	
09.07.	13:10	11 th phase of ascending moon starts	☾ 17°15' ♋ / ☽ 17°15' ♌
♃		<i>Contemplation upon the personal Teacher, the Guru (End 10.07. at 10:44)</i>	
13.07.	00:31	Phase of full moon starts	☾ 20°33' ♋ / ☽ 08°33' ♌
♃		<i>Dedicate to the World Teacher and Vedavyâsa</i>	
	20:37	○ Full moon of Cancer	☾ 21°21' ♋ / ☽ 21°21' ♌
15.07.	14:01	23 rd constellation <i>Dhanishta</i> starts	☽ 17°30' ♌
♀	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 16.07. at 11:40)	
20.07.	04:06	● 8 th phase of descending moon starts	☾ 27°22' ♋ / ☽ 21°22' ♌
♃		(End 21.07. at 04:42)	
22.07.		1951: Birthday of Śmt. Krishna Kumari Garu	
♀	22:06	☉ → ♌ / Sun enters Leo	
		☉ in ♌ – every Tuesday (26.07., 02.08., 09.08., 16.08.):	
		<i>Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi</i>	
		☉ in ♌ – every Friday (22.07., 29.07., 05.08., 12.08., 19.08.):	
		<i>Contemplation upon the World Mother in the Heart Center</i>	
23.07.	07:57	11 th phase of descending moon starts	☾ 00°24' ♌ / ☽ 00°24' ♌
♃		<i>Contemplation upon Lord Maitreya in the Heart Center (End 24.07. at 10:16)</i>	
26.07.		Master CVV Merry Life Day	
♂		<i>The day in 1910 when Master CVV connected the cosmic, solar and planetary planes with the human Kundalinî and through the sound CVV gives a planetary initiation.</i>	
27.07.	17:42	Phase of new moon starts	☾ 04°36' ♌ / ☽ 22°36' ♋
♃		<i>Cont. upon the World Mother in the Heart Center and upon 'The Pledge'</i>	
28.07.	19:55	● New moon of Leo	☾ 05°39' ♌ / ☽ 05°39' ♌

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2022/2023«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

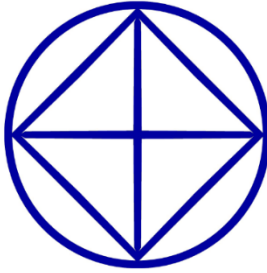
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**