

Vaisakh News Letter



HAMSA SIVA SOHAM



Cancer 2026 Karkataka

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The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2026-2027

Number one, the rod.

Zero to one, the serpent unwinds.

Number nine, the throne;

Number ten, the crown.

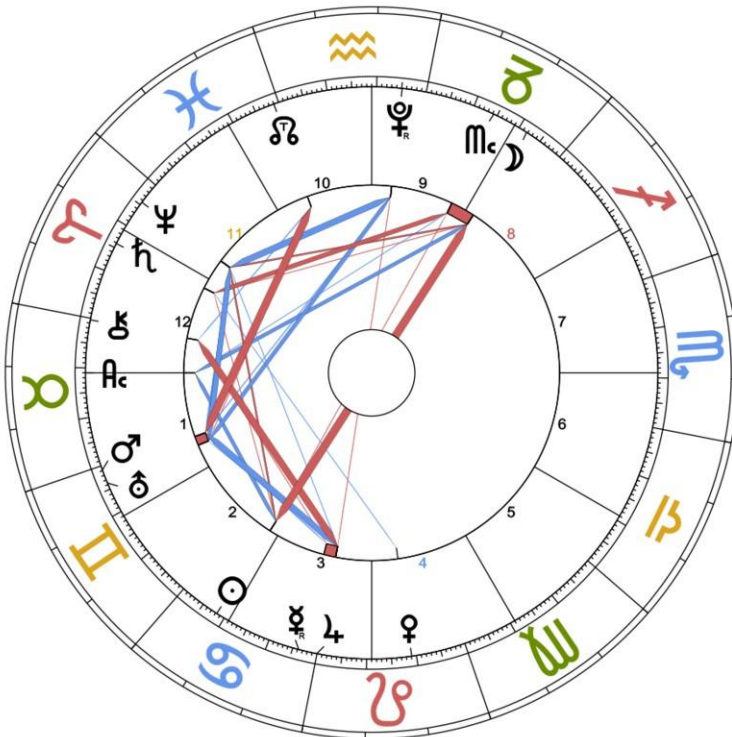
Kingdom gained. Hunter becomes saint.

Hunter bears pot. Light of life carried.

Mind and wisdom married.

Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Cancer, 30 June 2026, 01:56 am CEST (UTC + 2)

Message of the month of Cancer ☮

Pi (the Greek letter π) is Wisdom. It is the understanding of the relationship between the objective and subjective worlds, and the lifespan of man (from birth to death).

Cancer (Moon) is the emotional world represented by the serpent Python. Python is killed (occultly the emotional body is purified) by Apollon (in Greek Ἀπόλλων). Thereafter the oracle at Parnassus mountain became the temple of Apollon. The first priests were from Knossos, Crete, and they were guided across the sea by Apollon in the form of a dolphin. The temple became hereafter known as the oracle of Delphi.

This is the process that we all have to master on the path of return to the source. Our main obstacle in life is our daily mind and emotions and the path to TRUTH will guide us as to how to manage and handle our emotional life. This process is described in all religious texts and all texts for “spiritual development”. Remember we cannot become wiser, only less stupid or ignorant. We as soul are already perfect and have the three qualities of Will, Love and Knowledge.

We should always remember that we by volition, free will, have entered the game of the objective world and due to the power of the senses we have been tricked into believing that the world of the senses is the real world. The subjective world, from where we come, has been suppressed into the sub-consciousness and we only know it through the fables, religious or spiritual texts of the world.

The process of taming the senses and to sit quiet in the Heart centre, where all noise of the outer world vanishes, is the remedy or medicine that each one of us has to take to regain our sanity in an apparent chaotic outer world.

Wisdom or Pi is to understand the purpose of the objective world's place in our life and the subjective world's place in our life, and the purpose of all the different roles that we take on in a life time. Finally, we will also understand the purpose of the happenings from death to birth. Then wisdom is complete for us as humans.

Mathematically Pi is the universal constant defined as the ratio of the length of the circumference of a circle to the length of its diameter. We call it Synthesis or Yoga.

When we master the two main objects in life we know Pi; when we know what

to do, when to do and how to do and what not to do, when not to do and how not to do, the first objective is mastered. When we learn how to enter the Heart, the place of Silence and Peace, we have mastered the second main task in life. Thereafter life is seen as a game that is played and enjoyed. Until this point, life is not always so enjoyable and life throws us many curve balls that we find difficult to hit. That is what makes us all human, our inability to master life.

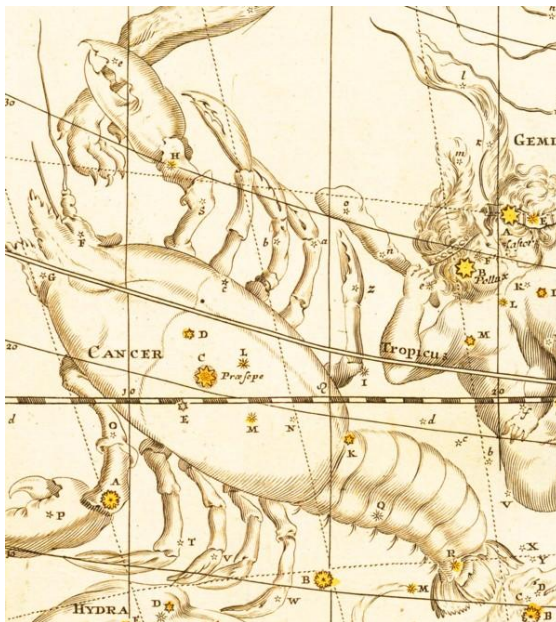
The Moon is the most mysterious planet and the last to be fully understood. The Moon represents the minor mysteries and the Sun represents the higher mysteries. The Moon is the phantom, the mind or the Lunar Angel and the Sun is the soul or the Solar Angel, that we truly are.

The Moon and the Sun are the two lights through which all is experienced.

The full moon of Cancer is called the full moon of the Guru or Master.

The Summer Solstice, the day when the Sun enters Cancer, is now known as the International Day of Yoga.

Composed by Heinrich Schwägermann Lorenzen



Johann Gabriel Doppelmayr (1677-1750): Cancer



Message of the Teacher

Orient to the Light of the Soul

Your personality has to regularly orient to the Light of the soul, which is in your heart and in the forehead. Contemplate regularly on the inner Light at heart or at the forehead. Long years of continuous effort on a daily basis would help establishing the contact.

The Hindu deities have far more significance. They are the eternal cosmic principles that function for universal good. Their name, their shape, their colour, their seed sound, their potential number need to be explained to give a true presentation of them. Indians unfortunately presently carry a religious understanding but not the true theosophical scientific understanding. For you to do this job you need the keys of wisdom such as number, sound, colour, shape and astrology keys. My book on Mantrams may help you to start with.

Compiled by Ludger Philips

PRACTICAL WISDOM

Set noble targets in life
and keep attaining them.

Utterances of Lord Krishna



I AM the Lord and the Nature is Mine. I and 'Mine' exist in you also as the God principle and Nature principle. Nature exists in you as a blend of the three fundamental qualities. But this Nature of Mine is by no means lower or detestable. Remember, it is My Nature and hence divine. The web of My Nature can never be crossed by anyone while living in Nature. Take refuge in Me, you stand beyond My Nature. Then only you stand beyond the web of existence. (7, 14)

People speak of good deeds and bad deeds. Deeds which make you recollect Me, are good. Those deeds which condition you in the web and allure you, are bad deeds. Sins are but bad deeds. Those who commit sins are allured. They cannot recollect Me. They live mean. Their knowledge is vanquished by the condition of the web. Thus people acquire beastly and devilish natures. (7, 15)



Krishna statue installed by Master Kumar
in Wermelskirchen, Germany



Lord Maitreya Maitreya Community

The Firm Seed

Begin with a small, exact foundation. Every lasting work, whether in thought, character, or service, starts as a clear seed rather than a sprawling plan. If the seed is firm, it can grow into something living and useful; if it keeps shifting, the result becomes blurred and weak.

Understand this well: the first outline must be protected. Do not weaken it by haste, doubt, or unnecessary addition. A true beginning is simple, definite, and held in quiet strength. This applies to daily habits, work, relationships, and inner development alike. When the needed form appears, keep it clean and let no confusion enter.

Sensitivity also must be cultivated. Life responds to economy, and force should not be wasted on what is uncertain or decorative. Guard the essential. The most useful effort is often the one that preserves clarity in one steady unit rather than scattering energy in many directions.

And be careful to distinguish what is merely admitted from what is truly given. Much is accepted by habit, opinion, or convenience, but the disciple must learn to recognize what is real by inner certainty and tested experience.

So, remember this: choose one right beginning, hold it steadily, and let it grow without distortion. This is The Firm Seed.

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

Restorative Energy



Can a yogi feel fatigue? Of course he can; he can even become ill. But he will know that a new store of energy must then be gathered. He will know where energy was overspent and will, without losing equanimity, make use of valerian and musk.

It is a joy to know that our bodily apparatus can obtain the needed restorative energy. Fatigue from the past is happiness for the future. A new reinforcement of energy is always an advance over the past. This means that fatigue is our friend. It is because of it that the wise serpent sheds his skin. The serpent knows that the success of this regeneration depends on rest, and does not strike during the new growth.

Therefore, the person who knows what in him is fatigued will wisely prescribe rest for himself, summoning other of his centers for his work. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Nicholas Roerich: St. Panteleimon The Healer



Master Koot Hoomi
Devâpi Maharshi

Shambala 98: Seven Steps

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

In all, seven are the initiations that the truth seekers go through at Shambala. The ones that go through these initiations shine-forth brilliantly as the Sun, on the planet. For a truth seeker to accomplish these initiations, it takes a few centuries. The consciousness expands through each of the initiations and the brilliance grows 64-fold in an accomplished one.

With each initiation, the expansion is twofold. i.e., 1x1, 2x2, 4x2, 8x2, 16x2, 32x2 is the order of progression. A truth seeker evolves into an accomplished one (Siddha) with the 64-fold brilliance and with the physical, subtle and causal bodies. Only to such accomplished ones, crossing the earth's plane is possible. The Indians generally believe that all those that are engaged in theistic practices, are liberated at death. This is but an illusion! There is an eternal travel to transcend the earth plane! Incessant and enormous striving is necessary. It is like the striving of Gautama Buddha.

Without a definitive yogic training and conduct of acts of goodwill and world service, many get into the illusion of having become an accomplished one (Siddha). The truly accomplished ones have built the physical, subtle and causal forms, are immortal and are engaged tirelessly in a life of service on the planet. The ones that crossover the earth plane, are the accomplished ones and travel beyond the Earth only with the permission from Shambala.

Not to be bound by the material wealth on the physical plane is the first accomplishment. To function unbound by the bodily relations and friends is the second. To preside upon the thought plane and stay unbound is the third accomplishment. To have known the wisdom sciences and to remain incessantly engaged in a life of service is the fourth accomplishment. To be constantly in a state of causeless joy is the fifth accomplishment. To accomplish the knowledge

of time and be able to stay in contemplation and to experience the taste of unison (Lord Presence) with the divine on a continuing basis is the sixth accomplishment. To receive the grace of the Lord, and the form being transformed as a temple and a vehicle for God's expression and the Lord functioning through such a form moving on the planet is the seventh accomplishment.

The path to liberation therefore is arranged through these seven steps. Shambala conducts this precisely and definitively. Illusions, hallucinations, superstitions, emotions, aggrandizement in spiritual practices are all to be despised on the Path to Shambala.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.





Message of Master E.K.

Does Pluto influence all the persons and horoscopes? 1

Not in all horoscopes. But in the horoscopes where Pluto is on the important degrees of the houses, then only Pluto influences the person. Otherwise Pluto influences only nations and races. The influence upon individuals only indicates that the individual is of a very public nature; he has an important role in the history of the nations. Otherwise in all horoscopes we need not consider Pluto. Only if Pluto exists in one of the cardinal points, exactly to the degree, then only he will influence the individual horoscope. Otherwise the individual is too little to be influenced just as the man on the street is too little to be influenced separately by the government. There is the influence of the government on any of us, but independently and separately there is no influence upon many of us. Either if one holds a very high position with the government, he will be recognized separately or if one goes to the Gallows or Guillotine then he will be recognized.

Compiled by Ludger Philips

Master CVV-Yoga

Aphorisms to Disciples 98



288. Grip what is to be gripped. Grip Dharma. Grip your daily inner practices. Grip your routine of self-study. Grip that which is needed for your inner growth.
289. Release is nothing but “not gripping”. It is an attitude of the mind which you must practice.
290. You do not have to renounce anything. Just by not gripping, all unnecessary extras will gradually fall away. Do not grip your desires. Do not grip your wish to do.
291. Do not grip the unwarranted and you will experience the release.

Composed by Guru Prasad Kambhampati



Mount Shasta



Vidura

Teachings of Wisdom

Avarice
entices you to mishap.
Look at the fish
that entangles to the bait.

PRACTICAL WISDOM

Non-criticism is an essential requirement.
Criticism is but a mental block.
Never be sure that you are right.
Be open to others views.

Saraswathi

Saraswathi Suktam 12 - 4



Selfish orientation brews unending desires. Desires lead us to indecent ways, for, desire knows no decency and binds us to the matter. Thus, the fall is from the Solar Plexus to the Sacral Centre and from there to the Base Centre. Base, mundane, animal man is in this state. He ceases to be the king or Master of his life and becomes the slave of his life, meaning continuous service to the body. The purpose of life disappears, the Plan disappears and man works for fate and not for the Plan. Fate rules over the beings. Such is the diminished state of man through ignorance. He remains as body consciousness. He forgets that he is the soul residing in the vehicle called the body. He becomes a phantom of his real self.

Let us recollect. The seat of the Word in the Base Centre relates to the body. The seat of the Word in the Heart Centre relates to man. The seat of the Word in Sahasrara relates to the Cosmic Man. This is man's threefold state. The Word works from those three points. The bodily needs are taken care of by the Word in the 3rd mansion. The purpose of the soul is revealed through the Word in the 2nd mansion. The beauty and the splendour of the Lord and His Creation are revealed through the Word in the 1st mansion. The Plan of work is also revealed. Masters, Seers, knowers, are the ones who experience the 1st mansion, residing in the 2nd mansion and presiding over the 3rd mansion.



Hanuman

7. Hanuman and Ramayana 3

The mainland is represented by Ayodhya, the heart centre. The separativity or island is represented by Lanka, the Muladhara. The Soul has taken to side-ways. The Soul is Sita. By desiring the golden deer, she was kidnapped to Lanka, the island, representing separative existence. Therefore, the separation resulted when the desire kidnapped the Soul to separative existence.

The Soul feels the agony of separation and the ignorance of desire. She desires communion with the Lord Rama. The process is Yoga, that is the individual Soul joining the universal Soul. Sita seeks reunion with the universal Soul, Rama. She makes strong contemplation and slowly comes out of the enslavement of matter.



Rama and Sita

On Secret Doctrine

Upanishads - 11



The Secret Doctrine thus speaks about the elements...

For a clearer understanding on the part of the general reader, it must be stated that Occult Science recognises Seven Cosmical Elements — four entirely physical, and the fifth (Ether) semi-material, as it will become visible in the air towards the end of our Fourth Round, to reign supreme over the others during the whole of the Fifth.

The remaining two are as yet absolutely beyond the range of human perception. These latter will, however, appear as presentments during the 6th and 7th Races of this Round, and will become known in the 6th and 7th Rounds respectively. These seven elements with their numberless Sub-Elements far more numerous than those known to Science) are simply conditional modifications and aspects of the one and only Element. This latter is not Ether, not even Akâśa but the Source of these.

* * * * *

We make a summary of the terms in this regard as follows:

1. Mulaprakriti is the unmanifested primordial matter. It is eternal and undifferentiated.
2. The primordial substance is referred as the “upadhi,” or vehicle, of every possible phenomenon, whether physical, mental, or psychic.
3. This ‘imponderable substance’ is referred to as ‘The waters of space’. This is different from the Ether as we understand in physical sense.
4. The primordial chaos is termed as Æther in Theosophical literature. Æther is what is known as the Aditi of the Scriptures of the East.
5. The northern or the subtle or the upper part of it is called ‘Akâśa’. is the celestial virgin and mother of every existing form and being.
6. Seven are said to be the Cosmical elements. They are conditional

modifications of one and only one element which is not Ether, not even Akâśa but the Source of these.

7. Four elements of the seven are entirely physical and the fifth is semi-material which is known as the Ether. Ether is the grossest form of Akâśa'.

Compiled by the Brotherhood of Sadguru Tapovana



Arkhip Kuindzhi: Cloud



Venus

Venus in Libra 1

When Venus is in Libra we see the beauty of the behaviour in preference to the beauty of the form. The beauty of the form lives very short. A man and a lady see each other. To each other they look beautiful in form. Then, each one looks at the other and says: “Shall we live together? Shall we marry?”, so they marry. After marriage it is more and more encountering the behaviour of each other than the form. No more the beauty of the form is appealing, it is the beauty of the behaviour that is appealing. All beautiful forms need not necessarily be beautiful in behaviour. Thus, the attraction that took place on the basis of form, develops a repulsion when it comes to the basis of behaviour. That is why the love at first sight is sometimes dangerous.

If we have a little depth to see the beauty of the behaviour in preference to the beauty of the form, then the choice shall have to be on the basis of behaviour than on the basis of form. This is a deeper aspect of Venus where there is a long term association. The association does not break.

Libra, by Johfra



Discipleship

Humour



Humour emanating from the heart can be a useful companion, especially in challenging situations, as it enables us to detach ourselves from the feeling of being caught in a spider's web. When we embrace the energy of this kind of humour, things can miraculously become lighter, and we may even perceive the absurdity of a given situation. How does this happen? Humour lifts us up and detangles our thoughts, reminding us that while we cannot change certain situations, we can change our attitude towards them. Humour can supply us with an energy of ease that lifts the veil to reveal new creative pathways that we had not previously been able to imagine, as our focus had been clouded by thoughts and emotions of despair. Consciously opening up to this energy is a powerful tool in many aspects of life, and it has a positive, contagious effect on those around us.

Composed by Ute and Peter Reichert



Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 12, Ṛk - 12

अग्ने शुक्लेण शोचिषा विश्वाभिर्देवहूतिभिः ।
इमं स्तोमं जुषस्व नः ॥

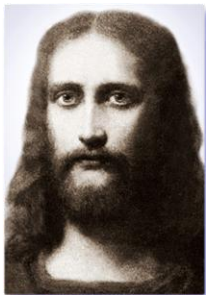
agne śukreṇa śociṣā viśvābhirdevahūtibhiḥ |
imam stomam juṣasva naḥ ||

Word Meaning:

agne	Oh Agni!
śukreṇa	with dazzling white brilliance
śociṣā	radiance of immaculate purity
juṣasva	(may you) be pleased
imam	this
naḥ	our
stomam	hymns of worship
viśvābhiḥ	with all
devahūti-bhiḥ	(worship) with the invocations of the divine intelligences or Gods

Meaning:

Oh Agni! May you shine forth with dazzling white brilliance of immaculate purity and no blemish. We worship you with invocations relating to all the divine intelligences (Gods). May you be pleased and receive our worship.



Life and Teachings of Master Jesus

Part 26

Jesus: “All the graduating students went their own ways after the graduation ceremony. What is my direction?”

Lokayatha: “The Aryans say that East is the direction for those who have no direction. The Sun is visible in the East. He is the expression of the essence of the all-pervading One (*antharyami*). Soul is a unit of prana and pragna (the Self) and he is Soul. Similarly, every being can have the vision of the Sun in its East. Every being on the earth has come from the Sun. To know that I am Sun is one step. To know that even the Sun is but an expression of THAT, which is beyond the Sun, is another step. To know that from ant to God, all exists basing on THAT, is yet another step. That which is existing in the four-faced Brahma is also existing in all the beings. To gain this divine vision, one should move towards the East. For every human being, the East is in the forehead. There, the vision of the orb is as the third eye. If the third eye opens, the orb is visible. That eye is the divine eye. Through it, everything can be seen. Everything can be heard and known. Therefore, at present, the direction you need to head, is the East. You are already heading towards East, on the path of sound, with the help of the flute. The state of forgetting yourself is occurring to you. From that state, another awakening has to happen. For you, you are your name, your form, your race, your tradition, your feelings - this you is perishable. This you is the reflection of your outer form. This reflection is gradually disappearing for you. The real you, the orb, has to be seen! It is your present duty to conduct it with dedication. It is believed that those who head towards East do not die. Every being performs penance, chanting of mantras, and meditation to reach the East. However, past karma creates obstacles to perform these uninterruptedly. You do not have that trouble. You are the Guru’s favourite. Unlimited grace is being showered on to you by the Sadgurus. It is your present duty to take to a consecration, to gain the vision at your east and grace of the divine. The stranger

who brought you here will again take you to the appropriate place. The place you will be travelling to is called 'Tibet'. There is a famous 'Lama' there. He can help you on the path of meditation. He is the leader of a meditation group." As Lokayatha spoke thus, the stranger, who had brought Jesus to Nepal, entered the cottage. He spoke with a smile:

"You could not bear the injustice happening in Cuttack and with childish innocence, you quarrelled with the dogmatic scholars there. To quell injustice is your nature. The strength of your Mars encourages you to confront and fight. But as this is the age of Kali, it is more beneficial to lead the common people towards righteousness (*Dharma*) than to oppose the dogmatic injustice (*adharma*). Having arrived in Nepal, you have become an authority in ritualism. The rest is the grace of God. For that, you have to travel again. As told by Maharshi Lokayatha, all arrangements have been done for your journey to the East. After gaining the vision of the East, it is the duty of those who are with the Truth (*Satyavrata*), to travel again to the South and finally reach the West. All those details will be known later. Get ready for the journey. May everything be auspicious for you."

Pratichi: "After a meal and a brief rest, both of you may continue your journey!"

Stranger: "Yes, that is appropriate. Having a meal, cooked by mother, before a journey is very auspicious. Mother's blessing is important for all accomplishments. Let us have the meal prepared by Mother Pratichi, get proper rest and then set off on our journey."

The four of them went to the cottage of Maharshi Lokayatha. She served the food already prepared by her to the three of them. After reciting the *Anna suktam*, Lokayatha and the stranger ate. Jesus ate after recollecting God. He set off with his guide as Mother Pratichi and Lokayatha bid them farewell. The guide commenced the journey and to make their journey untiring, the guide spoke about many things to Jesus during the journey.

The Externalisation of Hierarchy 13



Shambala is a connection to the higher circles, just as our Sahasrara is a connection to higher planes of existence. Shambala is the highest point upon this earth, which receives from higher circles the plan relating to this earth and the plan relating to this humanity. And Shambala is ably supported by a huge group of Masters of Wisdom who all have the bodies of diamond and golden light as also bodies of flesh and blood. They constitute the team of teachers to educate human beings for their evolution.

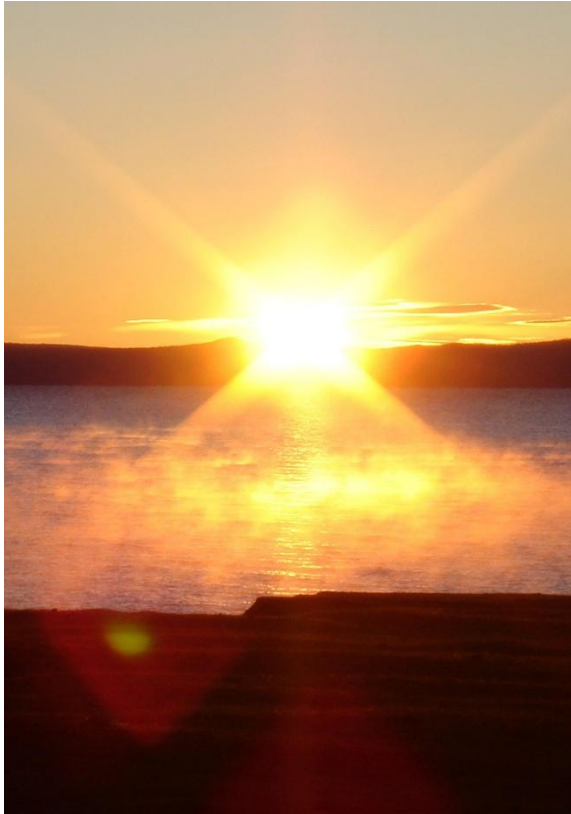
Hierarchy and Shambala look to humans, aspiring humans, humans who are aspiring for light, who are aspiring to know beyond the matter, those who are aspiring to expand beyond material experience, and those who are in such aspiration are spotted by the Hierarchy and are trained into disciples who constitute the mouth piece of Hierarchy and Shambala. They need from out of humans aspiring ones, through whom they can express.

Before the aspiring human is able to express he requires to be trained, he requires to be cultured, and his energies require to be cultivated to gain the necessary refinement. And when the needed refinement happens the expression of light can happen through them, the expression of the subtle energies can happen through them. The finer the instrument, the better it is able to express. You can't see through the wall but you can see through a wall of glass. The glass enables us to see through; the wall does not. The difference is the degree of refinement of material, as between the concrete wall and the glass. The glass is also material, but it is a refined material. So, likewise the body requires to be refined to be able to perceive better, to be able to see better, to be able to listen better, to be able to feel the touch better, to feel the subtle fragrance, to have a better taste. What we call extra-sensory perceptions can be developed by the body when the body is put to needed refinements.

As many humans are oriented to such refinement, so many are available for Hierarchy to express, and for Hierarchy to externalise the human groups are the means. That is why the books say, the disciples who are members of humanity

constitute the throat centre for Hierarchy. That is where discipleship has come to be.

The importance of the present times is, there is entry of new energy onto this planet. In the beginning of last century new energies have visited our planet and those energies have opened certain possibilities for humanity to make headway. It is like tearing open a dark layer which is around the earth, a thick layer around the earth. That is the work that has happened to us, through Sirius.





The Significance and Importance of the Fire Ritual 13

The great Masters of wisdom, they have identified material relating to each energy, and hence in a fire ritual, when you invoke the symbol and the sound and the related energy, the relevant material is offered as food to the energy. This is the 7th ray wisdom the Masters carried from millions of years.

This fire ritual is carried out very regularly in all the Ashrams. What we have witnessed today is the simplest form of it, and it has its elaborate forms according to the time and according to the need. This form is recommended to be carried out by every human being who is inclined to do it. There is no need of any fear. It is recommended to all, but there are some basic regulations to be followed:

1. Purity of body,
2. Purity of behaviour,
3. To be vegetarian in its strictest sense,
4. Not to have any touch of alcohol,
5. Not to have irregular sex activity,
6. Not to carry the instinct to kill.

The ritual reconstructs the energies. What we have done over 10 to 15 days by way of meditation, the seers of wisdom they found by uttering these sounds that it can be achieved in very few minutes. They are all Masters of sounds. They know how to reconstruct through one utterance. So, they conceived many, many formulae, and they give one simple formula for all to practise. Whenever some good work is done and if we conclude it with this ritual, the good energies invoked are installed and stabilised in us.

Temple Service

6. Esoteric Temple 2



The Temple is having an outer compound - the territory. Beyond the territory it is the World, and within the territory it is the subtle world. So, there is what is called outside and what is called inside. Outside activity is totally different from the inside activity. When we are inside the hall, the activity we do here is different from the activity we do outside the hall. TURNING SUBJECTIVE Outside activity is called as the OBJECTIVE ACTIVITY and the inside activity is called as the SUBJECTIVE ACTIVITY. Every man knows that there is something within him and something outside him. In his lonely hours he thinks more inside. Man has two minds – a mind that functions in Objectivity and a mind that functions in Subjectivity. The mind that functions in Subjectivity is the mind which can relate to the Inner Temple. Objective mind relates to the senses and moves out. Subjective mind appears when the senses are withdrawn and turned inward. The senses always let you go out. They are compared to horses, which draw you out. Five horses move the chariot called the body and therefore we go out to see, to listen, to taste, to touch and to smell. We keep moving out. This movement is with the help of the five senses and we keep moving into objectivity relentlessly. To bring back the outward moving energy to its source is what is called "home coming".

On Synthesis

First of all train the mind to include another viewpoint,
another way of perceiving and including others' experiences.

How to include and not to reject is the right spirit.



On Healing

3. Co-operation with the Five Kingdoms 14

Harmlessness is the main forte of every Initiate. This is to be picked up by the healer. Befriending the life around and discarding hate towards any person is the initial step to harmonise with the humans around. Others may hate you or may criticise you. But you hold friendliness towards them as an attitude. This builds gradually right relationship with the humans.

Another aspect that should be found as part of life of a healer is to be alert to attend to the sick as and when there is news of it among those whom he knows. If you happen to hear that a known person is sick, you should find time to call on him, offer flowers or fruits and conduct some pleasantries. It shows your readiness to attend to the sick. If not daily, once in a week, one should find time to visit the sick. It is a necessary attitude for a healer. Speak pleasantly to the patient, encourage him and instil confidence in him. Attending to hospitals, old-age homes through voluntary organisations will help in developing this attitude. A general attitude to offer help to the fellow beings in preference to get helped paves way towards the life of healing. People look up to you when this is your attitude. They do not look-down upon you - meaning the required harmony is emerging with the humans.



Sanat Kumara



Learn to be alone 5

What is needed is attitudinal change but not change of placement. Generally people who go to such places as forests, mountains and valleys, need to make extra efforts for food, for bed and for living. Much time and energy is lost in travel and in arrangements. Instead a changed attitude is many times more helpful. You can see how the modern people utilise their weekends. The weekends are seen as time for relaxation. In the name of relaxation they indulge into extra physical activity going to sea beaches, playing games on the sea and on the beach, cycling, horse riding, sun bathing, eating fast foods etc. When they return home after the weekend we see them really weakened. The very purpose got inversed. Such is the modern mind. They look aged in the office on Mondays. You can clearly see that a person has been on relaxation exercise!!!

People fear to be lonely. They hold the fear of the unknown. Such ones cannot get into the path of discipleship. Discipleship demands that one should be daring enough. For the fearful ones also the doors of discipleship can be opened through long years of meditation upon the colour orange and the sound RAM.

Learn to be alone as far as possible, increasing this possibility year by year, eliminating the fear year by year.



Seventh Ray and Magic

The incoming of the 7th Ray 45

Aspirants shall always first ensure that the temple is intact. When a disciple stands amidst the Light and the world, he would become the junction point. The junction point at which the energies and forces converge. Energies from the higher and forces from the outer converge in him. There is a peril at this point which the disciple has to be aware and watchful of. Keeping his temple intact helps here.

Due to the impact of the forces from the outer, if the disciple at any point in time slips into his tendencies of likes and dislikes and self-centred thinking, then energy flows out through his personality. His actions would then be driven by his personality and not by purpose. He would then get into a loop line where his functioning through personality will more and more strengthen his personality. He would take personality rides and he would stray away from the purpose and the plan.

When we are with the work in relation to a plan or goodwill work, though we start in good spirit, devotion and good intentions, because of our liking to the work we are doing, we tend to gradually stray away into the myths of possession and attachment. We also slide down into glamour and are taken into hostage by the related emotions. We get into a bad state of false pride and suffer its outcomes such as superiority complex. All that a normal man does at his work, we also tend to do it in the goodwill work that we participate in. This happens because the device at use is personality.

Therefore 7th Ray disciple needs to calibrate himself every day, to ensure he does not swing away from the alignment.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

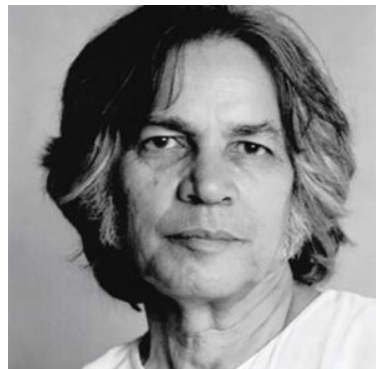
U G - The Master 1



The full name of U G is Uppuluri Gopala Krishnamurti. He is popularly known as U G Krishnamurti or UG. He did not want any title as a prefix or suffix to his name which he shortened as UG. He minds not, if he is not addressed with the prefix of Sree or Mr. or Master or Guru or Sadguru. If one did so, he used to be vehemently critical. Likewise, he did not want any suffix as Swamy or Baba or Garu etc. Just UG is what he intended to be addressed as, no more and no less. He did not define himself, nor did he allow anyone to define him. He lived for almost 90 years from 1918 to 2007.

Some of his famous statements are:

- Save yourself. No one else does it for you.
- Sex for reproduction has a reason. Sex for pleasure is ignorance.
- Check, how free you are with money.
- There is nothing as a reward to Love.
- The human being is the most despicable than other beings.
- Do not fit me in any religious frame.
- You do not get what you want from me or from anyone else either.
- There is no such thing as spiritual enlightenment. It can be an accident. Build no logic around it.
- The demand for permanence is the cause of misery.
- I am not sociable, yet I am not anti-social.
- Your birth may not have been in your hands, but your death can be.
- There is no need to change anything. Do not attempt to change. Let things be. Do not disturb.
- The mind is the myth. No mind, no matter.
- Do not ever try to follow me. Follow yourself.





Uranus The Alchemist of the Age Uranus and the Seven Rays 6

Uranus building triangle with Mercury and the Third Ray gradually turns all activity into Intelligent Activity. Intelligent Activity is the function of the Third Logos who created the System up to the Earth. His activity is not just activity, it is Intelligent Activity. What is the intelligence in the activity? The intelligence is to conduct the activity and yet not get stuck in it. One should remain the master of the activity that one does, but cannot become a slave of it. A slave is bound. A master is free. Carry out the activity intelligently to experience the joy and bliss. If the activity is not intelligent enough, the load of activity remains while the joy and bliss disappear. The key to activity is with the Third Logos. One needs to learn to act, even act relentlessly and yet be free, be joyful and be blissful. The doctrine of action indeed is subtle but not difficult as is supposed.

Lord Krishna's teaching contained in the third and fourth chapters of Bhagavad Gita exhaustively give the keys to intelligent action. I do not wish to get into that part of Gita now, it was taught many times. Remember acting intelligently, which does not mean manipulation, cunning attitude, clever escapes. Intelligence is in working for others' benefit, serving others, even sacrificing for the sake of others - the true intelligence. Utilizing all your resources and skills for the benefit of the surrounding life is the intelligence that is spoken of. It is not just being diplomatic, subtly misinterpreting things for one's own benefit.

Nicholas Roerich





Master EK

Vishnu Sahasranama
Stanza 14 - 11-12

11. Similarly we find the literary counterparts of the cosmic wisdom which we call the scriptures of the world. The Vedic text as well as any other scripture is a literary photograph of the Vedic wisdom that exists on the cosmic plane. For this reason the texts of the Vedas are also honoured as the exhalation of the Lord Himself.
12. The word Kavi in Sanskrit means a poet in its ordinary sense. But when used in the Vedas and allied scriptures it means the sun-god who is the seer of the whole universe. He is said to have a continuous, instantaneous glance of the whole universe by the power of his rays of illumination. He is further described as the poet who utters the splendours for the whole creation by the powers of his own imagination and description as a poet. He is also described as the prophet who prophesies the occurrences of one spell of creation.



Master Mountain



Paracelsus Health and Healing Perception of Apana Prana, Part 4

During sunrise and sunset hours, the golden rays of the Sun reach our Earth, which contain abundant pranic forces. Ninety minutes after sunrise and ninety minutes before sunset are most profitable for carrying out the breathing practice. Besides, Sundays are more profitable in the week, since the energy of the Sun which carries life is much more effectively transmitted. Sunday being generally a holiday, one should be able to make use of the sunrise and sunset hours much more profitably. Instead, the modern man sleeps until late hours in the morning and engages in entertainment in the evening hours on Sundays. Man's health is inextricably linked with the surrounding nature and therefore utilization of the profitable solar energies cannot be lost sight of. The time, the place, the ambience, and the mental attitude are all very important when practising breathing, which is but a natural function of the body. Toning up this natural function to vitalise the system is the purpose of exercises relating to breathing.

In the present context the fundamentals are informed to describe its importance in relation to Prana and especially to Apana.



The Female Hierarchy

Part 39

The beauty of the seers in India is that they set the manifestation of the creational principles in the forms of stories. That's why we say Prajapati Marichi, and his lady is Kala, the aura, the nature. The functioning is by the nature. So, it is a state of beness beyond Sahasrara. When you are beyond Sahasrara in your energies, you have a very permeating awareness which has the nature of all-seeing ability. That's what we call the all-seeing-eye. And therefore, such a state of awareness gives birth to the full light which we call the full moon light. The Moon that we know happens much later in creation. The principle of complete expression of the light of awareness is what is expressed as the first principle in Female Hierarchy. That is why Kala becomes the first principle in creation in relation to Female Hierarchy. And it is this nature of full manifestation of light which is referred to as the full moon light. And it has a flowing nature.

You see how the light flows and enlightens. That's why it is called the Ganga. It flows downwards; it also flows upwards. That is what is meant by Ganga. "Gam" means movement. "Gam" again "Ga" - Ganga - meaning downward flow and upward flow. It can see through at all planes, and it can return back to itself. For this reason, this first female principle of all comprehension gives birth to the vision, the all-seeing-nature. And it is always associated with complete comprehension. We also name the full moon as Purnima. When the Moon is in its full glow we call it Purnima. Likewise, in us when there is full glow, we should know that the foremost principle of the Female Hierarchy is realized. It is from that state there are regular steps of the Hierarchy that we mention - from that full state of consciousness which has total understanding and ability to see through. The ability to see through is what is called Kashyapa. All the seers, the Prajapatis, they have this ability - they can see through. And they can flow, and they can flow back.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

2. Constant remembrance - Narada

Nārada is the celestial seer, the foremost among initiates, and is revered as the teacher of the teachers—the guide of both the divine and the diabolic. He is the teacher for the human kingdom as well. He is said to be a mind-born son of Brahmā, the Creator, and Sarasvatī, the Divine Word of wisdom. Nārada always carries a celestial musical instrument, the Vīṇā, a seven-stringed instrument symbolizing the seven planes of creation through which sound permeates.

The Bhāgavatam narrates how Nārada became the embodiment of the devotion known as Constant Remembrance. In his previous birth, he was a Gandharva named Upabarhaṇa, born as the son of a maidservant who served saintly sages. During the four months of the rainy season, when the sages station themselves in one place, they would recount the divine deeds of the Lord. Through their devoted service, both the mother and the child earned the compassion of the sages. As a result, the young boy gained the opportunity to listen to their sacred discussions and developed an innate aspiration to experience the Eternal Presence.

After prolonged meditation, the boy was blessed with a divine vision in which Nārāyaṇa appeared before him, smiling. The Lord spoke gently, explaining that although he was being granted the vision at that moment, he would not behold His divine form again until the end of that life. The vision, the Lord explained, was given to awaken a deep devotion that would sustain him on the spiritual path. He further revealed that the knowledge of the eternal presence can be recollected by the soul as it continues its journey through successive births and deaths, aided by the etheric body.

Thus, when he took rebirth as Nārada, he not only recollected the eternal presence but was also empowered to help other initiates recollect the same. He initiated Sage Vālmīki, inspiring him to compose the Rāmāyaṇa. He also guided Sage Vedavyāsa in classifying the Vedas and in composing the Purāṇas and the Bhāgavata. It was again Nārada who initiated Dhruva, who later became the Pole Star, exerting his influence upon the North Pole and thereby

forming the cosmic axis of the universe.

Nārada imparted the essence of “observing the Indweller” not only to such great initiates, but even to the incarnating soul in the womb of Līlāvātī, the wife of the Asura Hiranyakaśipu. That soul later came to be known as Prahlāda. He taught that whomever we see and interact with—through body, heart, or speech—are all forms of the Indwelling Lord (Antaryāmi), and not merely the relationships we imagine them to be.

When someone speaks and we listen, we are to listen not merely to the words, but to the Antaryāmi present in both the speaker and the listener.

Through such constant remembrance of the Indwelling Lord, Nārada became the divine messenger, continually transmitting the principle of Nārāyaṇa—the Word—from the higher most spheres to the lower worlds and stands till today as the closest associate of Nārāyaṇa.

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam



Narada

Window to World Service News & Activities

SPAIN

Name of the group: WTT -Barcelona, Vasantha Group

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Phone: +34 649 511 792 E-Mail: wtt-vasantha@hotmail.com

Website: <http://wttbarcelona.org/>

Activities

We are joining to WTT Global / WTT Spain activities through zoom:

- Daily morning and evening prayers
- Full Moon, New Moon, Dhanishta, Master EK, CVV and HPB birthday celebrations, “White Lotus Day”, “May Call Day”, “December Call”.

Study Groups:

- Reading of Master Morya teachings: We regularly join by zoom every Friday.
- Teaching of Tibetan Master monthly by zoom.
- Sant Mark group. Group of study about death subject coming from Master K. P. Kumar teachings. The group joins monthly by zoom.
- The Nature of Man. Based on Lucile Cedercrans teachings. We have been joining once a month in WTT Spain by zoom. We have finished.
- Reading of the book of Mahabharata in Yoga Mandir and by zoom once in a month.
- Active collaboration of group members with “Good Will in Action”
- Active collaboration of group people with Dhanishtha publications (translation, checking, etc), distribution of the books.
- Collaboration in WTT Spain activities like recordings and distribution of CD's, DVD's.

Picture to the Month

Cancer - The Immeasurable Work of Shambala



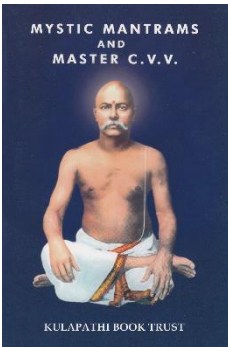
The moon reflects completely to a state of complete brilliance at the time of Full Moon every month. During the two nights preceding the Full Moon and then for another two nights after the Full Moon, the moonlight is very pleasing. Lord Sanat Kumara is engaged in a state of meditation to enable distribution of this brilliance of the moonlight for the benefit of the planet and planetary beings. The meditation proceeds as a consecration for five nights. Moonlight as the basis, Lord Sanat Kumara causes certain adjustments in the subtle layers of the planet and also of the beings engaged in pursuit of truth.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

Mystic Mantrams and Master CVV



Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya: Mystic Mantrams and Master CVV

PDF: <https://worldteachertrust.org/en/web/publications/mystic-mantrams>

Order book: <https://www.aquariusbookhouse.com/product/mystic-mantrams-and-master-cvv>

Ritual of Immortality (Saint Mark Festival)



The knowledge of death, and transcending death has been the goal of the truth seekers at all times. All true wisdom scriptures and teachers, aided in the pursuit of students through varied presentations of the knowledge of death and the science and techniques of transcending death. In the scriptures of the East, the story and symbols relating to Mārkaṇḍeya, Naciketa, and Sāvitrī stand out as most popular and profound, among such presentations related to the knowledge of death. The legend of Saint Mark is known in the West as a similar symbol.

The booklet “Ritual of Immortality (Saint Mark Festival)” is a compilation based on the teachings given out by Master K. Parvathi Kumar as part of the Merry Life Teachings.

K. Parvathi Kumar: Ritual of Immortality (Saint Mark Festival)

PDF: https://worldteachertrust.org/_media/pdf/en/ritual_of_immortality.pdf

Order book: <https://www.aquariusbookhouse.com/product/ritual-of-immortality-saint-mark-festival/>

Astrological Important Days

in June/July 2026

21.06. ☉	10:24	Sun enters Cancer (Summer Solstice) <i>Contemplation upon the personal Teacher (Guru)</i>
	11:51	8th phase of ascending moon starts (End 22.06. at 12:10)
24.06. ♀	14:42	11th phase of ascending moon starts (End 25.06. at 16:39) <i>Contemplation upon the personal Teacher (Guru)</i>
28.06. ☉	23:37	Phase of Full Moon starts
30.06. ♂	01:56	Full Moon of Cancer ☉ <i>Dedicate to the World Teacher and Vedavyāsa; Contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples</i>
01.07. ♀		Master CVV Independence Day: „This yoga has been introduced to grant independence to all seekers.“ We have the possibility to free ourselves from the earthly bondage and still live on the planet.
03.07. ♀	08:16	23rd constellation Dhanishta starts (End 04.07. at 10:13)
	21:00	Dhanishta-Meditation
07.07. ♂	09:55	8th phase of descending moon starts (End 08.07. at 08:52)
10.07. ♀	04:46	11th phase of descending moon starts (End 11.07. at 01:53) <i>Contemplation upon the personal Teacher (Guru)</i>
13.07. ☾	05:20	Phase of New Moon starts <i>Contemplation on The Pledge.</i>
14.07. ♂	11:43	New Moon of Cancer ●
21.07. ♂	00:33	8th phase of ascending moon starts (End 22.07. at 01:47)
22.07. ♀	21:13	Sun enters Leo

All times are in CEST (Central European Summer Time)/UTC+2

(Universal Time Coordinated plus 2 hours);

Data source: Astrological Diary 2025/2026, www.worldteachertrust.org

The World Teacher Trust - Global, CH-6362 Stansstad



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

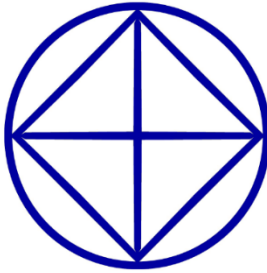
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.