

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Capricorn 2003/4 Makara

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The World Teacher Trust - Europe

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

PRANAYAMA



The word *Pranayama* is also misunderstood as breathing exercises. *Pranayama*, as per Patanjali, means 'Prana regulated'. In the Path of Yoga, when *Prana* is regulated, man gets deeply internalized; to such a person objectivity does not exist. This step of Yoga, *Pranayama*, contemplates regulation of the life force in 3 successive steps. 1st step is cessation of respiration into pulsation; 2nd step is upper movement, the resonance of pulsation; 3rd step is cessation of pulsation into subtle pulsation, which leads to the 5th step of *Pratyahara*. *Pranayama* is different from the notion of certain acrobats in breathing.

PRAYER FOR THE YEAR

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.

MESSAGE OF MASTER E.K.

THE TERRORISTS OF FAITH



Many believe that worship of the Divine would lead to dissolution of problems, sorrow and difficulties. Some argue that it is foolish, and they say that knowledge of God is more important than fate in God. These are the termagants who remove the support sticks from the armpits of the lame. They do more “dis-service” than service.

With the faith in God as the foundation, the strength of knowledge can be built. Destruction is never the Path of the Divine.



MESSAGE OF THE MONTH OF CAPRICORN

Winter Solstice promises the return of the Saviour. The Saviour approaches the beings in the form of the rays of the dawn. The sunrays of the dawn in the month of Capricorn have a special impact on the beings. They have the inherent characteristic to uplift the energies. They cause awakening even to the Devas. Aspirants who orient to the rays of the dawn are benefited for a better awakening. The rays assist the upward movement of Consciousness. They cause upliftment from the body of senses and of mind. They enable human awareness to preside over the human body, which consists of the 5 life forces, the 5 sensations, the 5 senses, the 5 elements and the 5 organs of action. The human being conditioned by the pentagonal body is seen as the one vanquished by the dragon. The morning sunrays of Capricorn give strength to the man to come back victorious, vanquishing the dragon. He mounts the dragon and conducts the life.

Capricorn gives a spiritual symbol for meditation, which is as under:

“Amidst the Boundless Ocean of ethers
there is the White Dragon moving in great velocity.
Upon the Dragon there is a handsome Boy of 5 years of age,
enjoying the ride with a trident in hand”.

The boy is the principle of *Varuna*, the trident is the principle of Neptune. Meditation upon this symbol enables the realization of *Neptunian* and *Uranian* vibrations in the beings. The vibrations are manifestations of the Supra Cosmic Intelligences, viz., *Mitra* and *Varuna*.

May Maitreya - the “*Mitra* principle”, and CVV - the “*Varuna* principle” bestow their blessings upon the beings on the Path”.

GÎTÂ-UPANISHAD

- LORD KRISHNA -



To be able to accomplish peace within, four are the fundamental requirements. The fore-most one is elimination of desire and adoption to duty. This is generally given in all religions.

The 2nd is consecration of oneself to the duty, which would result in elimination of unnecessary inquisitiveness. Unnecessary inquisitiveness causes diversion from duty. The diversion of duty results in entanglement; hence the need for consecration.

The 3rd step is non-possessiveness. Even acts of goodwill and their fruits bind one who is possessive of them. As one does acts of goodwill unconsciously, he develops an emotional attachment to it. Such attachment causes illusion. It makes the server subservient to his acts of service. The server is expected to remain the master of that which he does, but not a servant.

The 4th and final step is to transcend the self-conscious awareness. Many advanced servers also remain self-conscious, in the sense that they remember themselves more than others and others' needs. They care more for what others think of them. Unwittingly such persons fall into “dancing” to the tune of others' expectations. This is the final noose to be overcome to gain everlasting peace.

Peace cannot be the characteristic of the self-conscious one, of the ones attached to their acts of goodwill, of those who do not consecrate to their work and of those who are engaged in desires. Peace is the result of accomplishment of the above four steps, but is not something to be acquired.



LORD MAITREYA EVOLUTION

The planetary manifestation is complete. Evolution is the next step. Evolution causes awakening of the Consciousness, hence awakening the Consciousness is our sole activity. We conduct this activity day and night. Some listen to our call of awakening and are therefore awakened. But, by habit, they slip back into sleep. Awakening too should become a habit. Staying in such awakening should also become a habit. Only then desiring the sleep disappears.

The task entrusted to us by the Divine is tough. To awaken beings that are oriented to sleep is not found easy. It is like trying to work out a desert into a beautiful garden. It would nevertheless happen through time, since evolution is at work.

MASTER MORYA - MARUVU MAHARSHI - DIVINE TREES



Darkness cannot be totally eliminated from the planet, and so is ignorance. The work of fire cannot be completely accomplished on the planet; if it happens, the planet ceases to exist. Hence balancing is the act. The soul and the body shall have to be balanced. The light and the darkness shall have to be balanced. The spirit and the matter shall have to be balanced. The right and the wrong shall have to be balanced. The male and female in one shall have to be balanced. Such balancing is the process of Yoga. Yoga contemplates balance in all.

Those who are excessively oriented either for matter or for spirit are imbalanced; they are not yogis. Those who condemn evil, ignorance, are not yogis. Those who despise material are not yogis.

A yogi recognizes the duality in the world, and he therefore does not despise, dislikes or hates. He does not see sin. He sees all sin as ignorance and tries to work to bring light to the places of darkness and ignorance with compassion. Our effort is to bring balance to those who are imbalanced either way.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -
SRAWASTI - "SHIGATZE"

Shigatze is Srawasti. The caves of Srawasti are the abode of Lord Maitreya. Staying in Srawasti, Maitreya, the World Teacher, conducts the Plan as per the will of Sanat Kumara of *Sambhala*.

Maitreya awakens Consciousness.

Maitreya inducts creativity.

Maitreya imparts the knowledge of cosmogenesis and anthropogenesis.

Maitreya enunciates the work of the Divine and the Law relating thereto.

Maitreya works with synthesis.

Maitreya's teachings are fiery. They awaken the hearts of the souls and cause transcendence of the barriers of religions, cults, 'isms', etc.

Maitreya's work is resurrection of humanity.

Maitreya consecrated himself to the work of immortality of humanity.

Maitreya moves on the planet in a body of diamond light, inspiring Adepts and aspirants alike.



THE TEACHINGS OF
MASTER D.K.

AHIMSA

Does your heart melt from time to time? If not, you are stone-hearted. The wisdom that we impart, insofar as it does not soften the heart, it serves you no purpose. Knowledge without compassionate heart is dangerous. Serving the fellow beings is the only way to synthesize the knowledge of the head into the love of the heart.

To balance your head and heart Nature gives you alternating male-female incarnations. The female is heart oriented. The male is head oriented. The female has natural synthesis. The male naturally analyses. Male is the head. Female is the heart. Its synthesis is Yoga. A yogi demonstrates as much service ability as knowledge. A human is rounded up when the knowledge and the love are balanced in him. Neither knowledge nor love is complete by itself; their synthesis is fulfilment. To argue that knowledge is greater than love, or love greater than knowledge, is foolish. They exist together. True knowledge demonstrates love, true love demonstrates knowledge. Let the wings of knowledge and love lead the bird of your soul into the 7th sky of the planet. May this be your fundamental understanding.



VIDURA WISDOM TEACHINGS

Sacrifice for the welfare
of the meek and the weak,
for the sake of the Law,
and for the sake of the righteous,
leads one to the realms of light.



SHIRDI SAI SAYINGS

PROMISE

I AM indebted to those who "surrender" to Me. I discharge My debt up to the point of their liberation from self-conditioning.

Seek Me in all, love the beings as My representations, study Me in scriptures, listen to My stories, contemplate upon Me, on My name and even form, and conduct all your acts as offering to Me.

Residing in you, I shall protect you and guide you until you and I merge in Me.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

The village
without cultivable fields,
without an administrator
and without an adviser
and the house
without the master
are verily graveyards!

CHILDREN'S SECTION

YOGA ÂSANAS

Tadâsanâ*

Procedure:

Raise Your arms and the toes simultaneously. Keep the palms together and the two big toes of the feet together. Inhale as you raise. The whole body shall have to be raised on the two toes that are together.

Effect:

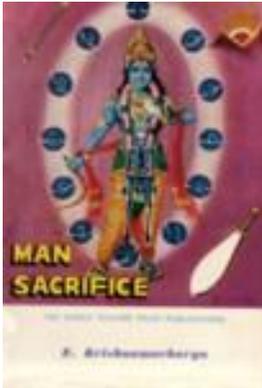
- Promotes spinal bone growth
- Develops balance.
- Cleans congestion of spinal nerves.



* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

BOOK REVIEW

MAN SACRIFICE



To the wise ones the yogic path forms the habit and saves them from the concept of death and makes them enjoy the span of life. They do not create a nature of their own and get entangled in it. Those who have such a birth and such a span, are called the incarnations of the Lord. They are happiness themselves, and live as their presence in others. Such incarnations are beyond the dogma of politics and religions. The most accomplished of all such incarnations of the Lord is that of Krishna.

This book presents the events relating to Krishna's life at the time of His dropping the physical sheath. Even the so called event of death has also been made use of the Lord for the benefit of humanity in a perfect yogic style. Through this book the author intends to disperse away the illusion of death and bring nearer the experience of life.

Ekkirala Krishnamacharya: Man Sacrifice.

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

SANKHYA. The Sacred Doctrine



Sankhya is holistic wisdom. It is the wisdom of God, the path to reach God. It enunciates: a) Consciousness, its fourfold existence. b) The path of yoga to realize the consciousness within form. c) The preparation required for treading the path of yoga. d) The utility and futility of form.

Kapila is the foremost of the teachers on the planet that gave the fourfold wisdom. Sankhya is a lucid explanation of the Truth, the path to the Truth and the preparation to join the Path.

This little book offers an aerial view of the ancient most wisdom.

K. Parvathi Kumar: Sankhya. The Sacred Doctrine.

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW

TOURS OF THE TEACHER

7th -26th January 2003

Gurupooja in Simhachalam & Group Living in Vaisakh, India

A group composed of 42 members from the Brotherhood of the WTT Germany, Spain, Switzerland, Denmark, Belgium, Argentina and USA arrived in India to celebrate the three-day Gurupooja to seek the Presence of the Teacher.

Subject: "12 Kinds of Service & Sacrifice". Under this title a seminar was organized during 10 days from the 15th to the 25th January in the premises of the World Teacher Retreat Centre. The Teacher took the Bhagavad Gita to illustrate an attitude of service and sacrifice in life.

The group took part in the inauguration of the entrance gate of the centre Ramadri (Hamsavanam). A statue of Lord Krishna with a white cow was also installed near a pond, amidst a beautiful flower garden. All this is due to the lovingly work, daily efforts and dedication of Brother M.V.S.Murthy and Sister Nirmala, his wife. A ceremony of installation of 108 little statues around the big statue of Hanuman was also carried out by the Teacher, accompanied by the whole group of the WTT, as well as the installation of the temple of the 9 planets. 10.000 booklets with the mantram Sri Ram were also put under a shrine to help filling the atmosphere with positive vibrations.

31st January -2nd February 2003

Vitznau (Lucerne) Switzerland: New Moon of Aquarius

A group of 220 members from Germany, Spain, Switzerland and Belgium met in Hotel Floralpina, Vitznau, Switzerland, a quite place on the shores of the Lake of the Four Cantons, to feel the Presence of the Teacher during the New Moon of Aquarius.

New books were released. In German language, the book "Mithila -A New Age School Syllabus" 2nd edition.

Subject: "White Magic".

PARACELSUS

Health & Healing

An Appeal

Dear members,
Hearty fraternal greetings

The 'Paracelsus - Health & Healing' magazine is a noble work contemplated by the World Teacher Trust. We all need to co-operate to manifest this magazine in the society. For this purpose it is found desirable that all our members should consider subscribing to the magazine and also promote 4 more subscriptions with your friends and relatives who are inclined to the work of health and healing.

Your co-operation will be much appreciated.
Thanking you
K. Parvathi Kumar

The 'Paracelsus - Health & Healing' is a monthly magazine published in three languages: English, German and Spanish with 48 pages content each.

Thanks to all who have already taken a subscription. This forms a good basis for the publication of the first Paracelsus-magazines. To facilitate ordering the magazine, there is an order form printed on the following page. It can be used for new subscriptions and also as gift subscription to be given to friends or relatives for birthdays or Christmas. Please send the order form to the Paracelsus-Center or at the editorial office of the Vaisakh Newsletter.

This is to order the monthly magazine **Paracelsus – Health & Healing** in English language, as marked with a cross below:

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Switzerland

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come
let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



If you are working as a group, for group harmony
Collective utterance of OM
As per given regulations helps.
If your group attempts to manifest and activity of
Social good OM helps.
For group harmony and group social action
Group utterance of OM as per regulations
Is essential.
Even the groups working within the Hierarchy follow
The cardinal principle of collective utterance of OM
For every global action proposed.

K. Parvathi Kumar