

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Capricorn 2018/19 Makara

Letter No. 9/ Cycle 32 – 21st December until 20th January 2018

The World Teacher Trust - Global

## Invocation



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Letter No.8/cycle 32 – 12 December until 20 January 2019

## Contents

Master E.K. • Invocation . . . . .	2
Prayer of the Year . . . . .	4
Message of the Month of Capricorn . . . . .	5
Message of the Teacher . . . . .	6
Utterances of Lord Krishna . . . . .	7
Lord Maitreya . . . . .	8
Master Morya – Maruvu Maharshi. . . . .	9
Master Koot Hoomi – Devapi Maharshi. . . . .	10
Message of E.K. . . . .	11
Message of Master C.V.V. . . . .	12
Vidura Wisdom Teachings. . . . .	13
Saraswathi . . . . .	14
Sri Ramakrishna. . . . .	16
On Secret Doctrine . . . . .	17
Saturn . . . . .	19
Discipleship. . . . .	20
Teacher/Kapila/Ashram Leaves . . . . .	21
Lord Dattatreya/Fire/Rudra . . . . .	25
Group Prayers . . . . .	30
Sanat Kumara . . . . .	31
From the Teacher's Pen . . . . .	32
Agni . . . . .	33
Vishnu Purana Master EK. . . . .	35
The Science of Man. . . . .	37
Paracelsus - Health and Healing . . . . .	39
Children's Section . . . . .	41
Stories for Young People . . . . .	43
Window to World Service . . . . .	44
Image of the Month . . . . .	45
Book Review . . . . .	46
Astrological Important Days . . . . .	47
Master D.K - Great Invocation. . . . .	48

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

### Contact : The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: [info@worldteachertrust.org](mailto:info@worldteachertrust.org); German: [wt@kulapati.de](mailto:wt@kulapati.de), Spanish: [WTT Argentina: wtt@wttargentina.org](mailto:WTT Argentina: wtt@wttargentina.org), WTT Spain: [wtt.spain@gmail.com](mailto:wtt.spain@gmail.com); Brazilian Portuguese: [brasil@worldteachertrust.org](mailto:brasil@worldteachertrust.org)

### Prayer of the Year 2018-2019

**MAY WE EXPRESS GOOD WILL IN ACTION.  
MAY WE UNFOLD THE POWER TO MANIFEST.  
MAY WE ENTER THE WORLD FOR THE LORD.  
MAY WE STAY UNITED IN ALL WAYS.**



Full Moon of Capricorn, 22nd of December 2018, 18.48



## Message of the Month of Capricorn

The capra of the Capricorn is set on the target. The target is the mountain peak. The journey is upward. The capra has enough will to set on the journey; it cares not about the comforts of food, drink bodily rest etc. It meets levels with the obstacles that it encounters on the way by way of boulders, impermeable bushes, slippery grounds and vertical rocks. It knows that difficulties can come by way of wind, stormy rain, dark nights and harmful creatures, yet capra moves on.

Capra believes in will more than the body. It is will oriented. The strength of its will percolates into every part of the body and makes the body move regardless its vitality. The will generates enough vitality and enthusiasm to move forward. The mind, senses and body tend to be lighter with the touch of the indomitable will.

The above said are the qualities of the fiery aspirant. A fiery aspirant moves more by will than by the condition of the body. The will reorganizes the body to meet the situations. Will is the main abode of an aspirant; he realizes that will is not his but of the divine and therefore has no limitations. Residing in will acts are conducted to go upwards in one's own being.

The journey in Capricorn culminates in Aries where highest illumination is experienced. Aries represents the upper part of the head while Capricorn represents the heart. The journey from heart to Sahasrara is covered by the sun signs Capricorn, Aquarius, Pisces and Aries. From solstice to equinox is the ultimate of the climb in terms of energies according to spiritual astrology.

May the journey be well set in Capricorn to get fulfilled in the following spring equinox. May Saturn be the helper to the soul to patiently work out the upward path. May Mars reinforce the will as the soul (Sun) moves on from Capricorn (heart centre) to Aries (Sahasrara).

The annual Guru Pujas in the month of Capricorn are meant for this purpose.



## Message of the Teacher

### Scorpio Full Moon

In all ancient traditions, there were inns, taverns and choultries specifically maintained for seekers, who are on the move, like nomads. They were the meeting places for the seekers where they exchanged with each other their exposure to life from experience. Men were moving to gain knowledge and to refresh their knowledge. They knew that there is a danger of stagnation in knowledge as well when men do not move around. There were monks and saints who moved even to distant lands in search of knowledge and truth.

Today such facility is replaced by group lives, inspired by the teachings of the Masters of the Wisdom. Seekers from all over commune at a place for a while to share experiences and refine new ways to progress, drawing hints from the less evolved seekers. Group lives are fruitful when such exercise is done consciously.

Guru Puja is but such an event conducted by WTT Brotherhood.



## Utterances of Lord Krishna



Action enables flow of energies.  
Inaction enables stagnation.  
Goodwill in action causes cleansing.  
Inaction is death, action is life.  
(3-3)

Inaction is impossible.  
Even the inert person thinks, sees, listens, smells, tastes and touches.  
When action is inevitable,  
Act for goodwill.  
(3-4)



Lord *Maitreya*

## The Pulsating Principle

Recognize the pulsation and its activity of respiration. By such recognition one cognizes the proximity of divinity; the pulsation that is entertained in you is due to the presence of divinity in you. Such pulsation can be seen in the fellow beings as you observe the pulsation. You realize that all is pulsating from atom to cosmos. The omnipresence of divinity can be experienced as much as one realizes the pulsation in all that surrounds. The atoms, the minerals, the plants, the animals, the planets, the solar systems and all that appears in the cosmos have their basis in pulsation.

Relating to the pulsation the seers realized the divinity in them and in the surroundings. Deeper relation with the pulsation is called meditation which leads to realisation of the one who is beyond the pulsation. In Maitreya Community every member does relentlessly acts of goodwill while in eternal connection with the pulsating principle within and around them.



Master Morya  
– *Maruvu Maharshi* –

## Mantrams



Mantrams are formulae of sound vibrations that shield the practitioners from the surroundings and from the impact of the time. They can be violet, rose, orange, aquamarine, golden yellow and blue shields that can be built with different sound formulae called mantrams.

The seers of ancient times realized the potency of sound, they found that a sound when regularly uttered protects, directs and illumines. This threefold work is easily achieved by relating to mantrams. For example the sound R when regularly uttered as RAM builds an orange protective shield around a person and dispels all negative emotions that may surround the person such as fear, anxiety, anger, dislike, hatred, lust, jealousy, pride and so on. Likewise the sound of KLIM can generate the blue shield around oneself and enables joyful experience in any surroundings. Similarly the sound OM can harmonize the spirit, the mind and the matter.

The science of sound was a special knowledge in the past and will be the future science. When sounds are properly uttered by a group in a four road junction the energies around the junction gets harmonized.

Remember that sound manifests colour and colour shields the person, the group, as also the province. Blessed are those who adapt themselves to a sound right from childhood so that their life is protected, directed and eventually illumined. May an aspirant think of this.



Master Koot Hoomi  
– *Devâpi Maharshi* –

Sambala 8

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher. The king of Sambala suggested an equation of worship and action with goodwill. He suggested to subjects to relate to the Sun god to sharpen one's will, to gain knowledge and to effectively work on Earth to fulfil the surroundings. He commanded that there has to be as much goodwill in action as worship. He equated worship to inhalation and goodwill in action to exhalation. Just as one breathes in one breathes out he commanded that every worship should be followed by actions of goodwill. He prohibited worship in so far as the matching of goodwill in action was missing. Eligibility of worship was linked to goodwill in action. Likewise to improve the quality of action he insisted on worship. In his kingdom the invocation of light and the manifestation of life through work are the two sides of one coin. They were said to be inseparable. The king of Sambala was not only a ruler but also a teacher. He was a raja yogi; he continues to be so. He enlightens and he also rules. He was doing the double function of being a teacher and a ruler; it is a state of a raja yogi. It is a great facility of the kingdom if the king is an initiate or if an initiate is also the king. When they were separated into two people as a king and as an initiate Kali entered in between them to cause differences between the initiate and the king. The king became powerful; therefore he silenced the initiate. The initiate understood the condition and therefore withdrew into the forest. The facility of wisdom was not available with the king and the king became a slave of power. The rule was lacking wisdom leading to conflicts in the community. The king of Sambala strongly recommends, "Tend to grow invoking light and manifesting such light through goodwill". Either function is equally important.

## Message of Master E.K.

### Ocimum Sanctum



Ocimum Sanctum (Holy Basil, Tulsi) is a plant recommended to be set at the front door of the house. Practice to daily look at the plant, water it as well. It sanctifies you; it transmits auspicious vibrations and lets you receive thoughts of goodwill. Those who wish to entertain abundant good thoughts may adapt to this practice.





Message of Master C.V.V.

Aphorisms to Disciples 10

28. Adjustments in prayers are in accordance with the need in your psyche. Necessary adjustments are also brought out up to the physical level, such as your food, your movement and your placement.

29. As you progress in Master prayer you gain certain abilities such as blissful utterances, healing abilities and prophetic expressions. Note that such facilities are appropriately used with responsibility.

30. As you progress in Master prayer people gather around you to pray along with you. Note that they are sent to you by the Master and feel the responsibility for them. Abuse of them is dangerous.

Vidura

Teachings of Wisdom



The hard-hearted one,  
the sharp-tongued one,  
the humiliating one,  
and the incisively critical one,  
are the toppers  
among the low class of humans.

PRACTICAL WISDOM  
The former is Masonary  
The latter is Freemasonry.  
Building together is  
Co-Freemasonry!



Saraswathi

Suktam 3  
Devas and Asuras 3

We always feel that we should speak the truth and that we should speak it pleasantly, but sometimes we are bitter, which means that the deva of pleasantness is deterred by the diabolic of bitterness. Many intelligences can work for us in the body, but are obstructed by the diabolics in us. From where do the diabolics gain their strength? Only from us. For example I know that potatoes do not suit my stomach, but nevertheless I eat a German portion of it, which means, extra-large! I am responsible for that act. The diabolics in the stomach wake up and cause havoc to the devas of the stomach. There is a crisis in the stomach, a crisis of indigestion. I have to pray to the Lord who is here in the form of a doctor.

Within us there are devas and asuras. The devas can be strengthened or weakened by our own actions. We want all the devils to die, ignoring that the devil is in us. Christianity has been hunting for the devil in the objective world and the devil grew! However, the devil that Jesus the Christ cast off was the inner devil. Satan is not some other person whom we can identify and kill. He is with in us, he is a part of us, waiting to work with us if we give him a chance. He is ready the moment we support him. He tempts in many ways. He tempts through the seven channels. It is his divine work, for which he was born.

We should not blame him, or hate him. We identify more and more with the deva, the angel in us, so that he awakens. Thinking about the devil, awakens the devil. Think of good works, hold goodwill and translate it into actions, the angel awakens, strengthens and even leads us to the Light in the long run.

To deter those who deter the devas means: “Not to allow oneself to follow the wrong path”.

Here the Word can be of help. If we regularly invoke the Word, it will awaken the devas in us. This will enable us to conduct acts of goodwill, which in turn will give us joy and lift us into higher realms of Existence.

These devas exist in us in the nerve plexuses, which are esoterically called chakras and physically called the plexuses of the nerves. It is our duty to work with them in great veneration and awareness.



Asuras and Devas



Srî Râmakrishna

Kingdom of God

In the kingdom of God, reason, intellect, and learning are not avail.  
There the dumb speak, the blind see, and the deaf hear.

PRACTICAL WISDOM

Know ye not as Gods  
But as temples of God!



## On Secret Doctrine

### Three Kinds of Light



There are three kinds of light in Occultism:

1. The Abstract and Absolute Light which is seeming darkness.
2. The light of the Manifest – Unmanifest deity.
3. The three later lights emerging from the 2 above as triple Logos also called Dhyana Chohans.

From Absolute to male-female logos to the three logos and thereafter into the objective universe the light manifests. The first light is abstract, the second is clear and penetrating and the third is reflective. The reflective light prepares the world while the light of male-female god penetrates into the beings. Such penetration being complete in man, while the first the Absolute light presides over all. The male-female deity is also called Vishnu, Krishna, Chrestos and so on. It is the direct reflection of the unknowable light. It is unknowable from the standpoint of universal manifestation. The penetrating light of the male-female penetrates into the three worlds and in to the beings of the three worlds. It is that light which enables movement of beings from grosser to the subtle and from subtle to the gross while the reflective light of the three logos provides the feed to the beings to enter, to experience and to return with the help of the second light. This basic understanding of the triple light is important for all esoteric understanding.

The second light emerges from the first and the third emerging from the second develops the world. The third light is represented by trinity in all theologies. The second is seen as god in creation, the first is seen as the god beyond creation. For this reason theology conceives a five-headed lord with one head looking above, two heads constituting the male-female principles and the three heads constituting the trinity. Such picturization is found in relation to Adonai, Ardhanari and also as five headed

Gayatri, Ganesha, Shiva, and Anjaneya.

The basic underlining principle is two emerging from one, reflecting into three develops the world and maintains it according to the cycles of time.



Gayatri

## Saturn

### Time

### Time Cycles 2



Paracelsus and Hippocrates knew that there is a time dimension to cures. Initiates know and teach that time holds everything and that knowledge of time is the knowledge of 'How it is'. The former strongly recommended that medicinal study should always be coupled with astrology. The latter said, astrology is the 'Eye of Wisdom'. Saturn holds the key even to astrology!

Everything has its own time cycle. Every disease has its time cycle. If we know how it is, then we will not worry about it. When we do not know how it is, then we worry about it. Everything has a set time. Anything that starts, has its own cycle. That is why a doctor is a complete doctor only when he knows astrology. Hippocrates said, "No doctor is complete unless he knows the science of astrology." If someone contracts some disease, he should know the point when he contacted it, then he should know the organ which is affected by it, and then he should be able to calculate the time cycle till it lasts. Chronic diseases have long-time cycles, and acute diseases have short-time cycles.

Thus, when we know the time aspect, disappointments, delays and obstacles do not bother us, for, we have learnt to wait, watchfully. We have to wait until that kind of acceptance comes and we get to that knowledge, Saturn keeps working on us. Man then realises that his expectations, generally, are not according to how it is, but according to what he regards as how it should be. The abyss between success and failure is therefore, his own creation.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

#### Psychological Problems and Their Solutions: Hatred

Hatred is a problem in the lives of many, the seed of inner and outer turmoil, of psychological and physiological disturbance. It results from concentration upon a person's lower qualities and forgetting their higher ones. The thing which a man most despises may be the thing which exists most strongly in him unrecognized. Then he cannot help but see in others the very qualities which are dominating him, even when it is not there at all or to the same extent.

Hatred is atavistic, non-constructive and hindering; it blinds the vision, closes the eyes of justice, warps the judgment and ever lacks discrimination. It produces friction, erects barriers, leads to fear and horror, destruction and death. Crush it out by the power of the will, or extinguish it by ceasing to give it any further thought or attention, acting as if it did not exist. Or better yet, overcome it by love, justice, understanding, and mercy.

A disciple

## The Teacher

### 49. Panchabhuta Sakayashatka Sameera Sabda Mukhetaram



Other than the six layers of the body made of the five elements and also the related sound notes

The Teacher is the awareness present in its fourfold aspect in the body. He is not conditioned by the 5 X 5 principles of the body mentioned above and is also not conditioned by the six resultant layers of the body. The 5 X 5 principles create 5 layers of the body and the sixth one is prepared by man, by their actions of desire. The five natural bodies that potentially exist with man are the bodies of five ethers, namely – physical, vital, mental, buddhic and causal. With the help of these bodies man interacts with the objective world to fulfil himself. For such fulfilment regulations are also given. Purposive functioning when deviated from, due to desire, yet another precipitate would happen as a layer within the body which is called the layer of desire (kama sareera). This body drifts man from the purpose of life and forms the sixth layer.

The body of flesh and blood has the potential for the formation of all the other five bodies as per the functioning of the being.

With the body of flesh and blood man conducts in objectivity supported by the body of life (vital body) and the body of thought (mental body) which is either driven by the body of buddhi or by the body of kama (desire). Either the discriminative will or the desire functions through for the fulfilment of either the purpose of life or otherwise. When it takes to the course of desiring, discriminative will takes to the back seat and man drifts more and more towards objectivity leading him to the cycles of birth and death.

When he is led by discriminative will, he would develop the body of buddhi which is also called the body of the golden light. As this body gets formed more and more tangibly, man realizes that there is no death and

that death is only for the body of flesh and blood. As he proceeds further in that direction, he refines the golden body and lands himself in the causal body, the cause being only the fulfilment of the purpose of life. When the purpose of life is realized, he leaves the separative identity and joins the Divine, becomes one with the Divine. Thus, on the journey to God one finds himself working with the help of different grades of bodies and at the end of the journey he finds that he is not any of the bodies. He is self-effulgent Existence without a form. This state is called I AM with no identity to any form, and this I AM relates to THAT. He stays as THAT I AM. He has no name and no form. When there is a form there is a name. The name is but the sound relating to the form. He thus realizes that he is not any sound. He is the sound of sounds, uttered forth differently at different times. The Teacher is thus devoid of all forms and all names.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

A disciple

## Kapila

### The Approach 6



11. Look to the Self in all that is within and outside in all your actions. The virtues of the Self reach you and surround you, just like air brings the fragrance of a flower.

12. In all acts of worship, ritual and prayers forget not me (the Self - I Am). These acts carry no meaning and purpose, if I Am (the Self) is forgotten. I Am present in all beings. If service to the beings and worship of idols is carried out with fervour and without recollecting ME, it leads to hypocrisy. Many theists are hypocrites. They are the cause for the birth of atheism. Such worships are worthless and are even insult to the Lord.

13. The Lord is the indweller of all beings as I Am. The ones who see a difference between ME and the beings are thieves! They cannot coordinate with the beings. They classify the beings as 'ours' and 'others'. This classification is the root cause of conflict. Keeping such conflict at heart they conduct worship according to the life's needs. If the needs are heavy, the ritual is elaborate. If the needs are usual, the worship is usual. At times of no need, there is no worship! Such worships are only deceitful and do not please the Self. Instead, worship the beings primarily and worship the Lord thereby. This leads to harmony. Harmony enables experiencing the rituals.



## Ashram Leaves

### The Path

"Father! What is Fire?"

"It is the heat in the body, the light in the eyes and awareness as 'I Am', my son."





## Lord Dattatreya

### False Teachers 1



Nicholas Roerich, the Russian yogi, who loved, lived and experienced the beauty, the gaiety and the divinity of the Himalayas, expressed his gratefulness to India, who still holds the rich Teacher-student tradition. According to him, it is the only hope for humanity to walk into light. He says that India jealously and vigilantly guarded the rich tradition of Teacher-student, Gura-Sishya Sampradaya.

An iron piece is effortlessly magnetised in the presence of a magnet, thus, in the presence of a Sat Guru, the chela is transformed. The process is simple, silent and is secretive. There is not much vocal and mental exercises relating to such silent transformation. The presence causes the transformation. Through the Sat Guru, such presence is always transmitted.

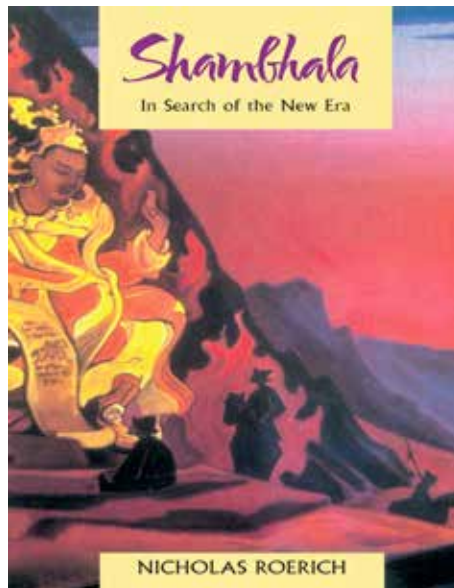
Nicholas Roerich writes in his book "Shambhala": I have heard a lovely story about a small Hindu boy who found his Teacher. He was asked: "Is it possible that the sun would grow dark to you if you would see it without the Teacher?" The boy smiled: "The sun would remain as the sun but in the presence of the Teacher twelve suns would shine to me. "India's sun of wisdom shall shine. On the shores of a river there sits a boy who knows the Teacher."

In the same teachings it is said: "Blessed are you, India! Because you alone have guarded the concept of Teacher and disciple". The Guru can dispel the attack of sleep. The Guru can raise-up the drooping spirit. Woe to him who has dared to lay claim, falsely, to someone as his Teacher and who lightly pronounces the word Teacher, while honouring himself! Verily flowers that spirit which understood the path of ascent and he fails who dropped in duplicity of thought. One may ask a Hindu boy if he wishes to possess a Guru.

No word is needed in reply, because the boy's eyes will express desire, striving and devotion. The fire of Aryavarta will glow in his eyes. The stream of the Rig Veda will glow on the slopes of the mountains. (From the book "Shambhala" by N. Roerich).

Nicholas Roerich belongs to the royal family of Russia. He was inspired to live in the Himalayas. He had the grace to find entry into the cave temples of the Mahatmas. To him, many wonders of life and light were revealed. He had the Darshan (the vision) of groups of beings of light. He is the only one, in recent times, who could physically experience the mysterious legends and the legendary figures of the Himalayas. He was inspired and even gave out inspirational teachings, which are propagated through the "Agni Yoga Society". His paintings are inspiring all over the globe. He is grateful for the grace showered on him and he upholds the rich tradition of Teacher-student.

Sat Guru is thus everything for a truth-seeker. He is Truth itself represented. Truth is present in and around him. Sri Guru Datta is the universal principle relating to Sat Guru.



## Fire

### The Prayer 6



HIRANMAYENA PATRENA  
SATYASYA APIHITAM MUKHAM.  
TATVAM PUSHAN APAVRUNO  
SATYA DHARMAYA DRUSHTAYE

"O Sun God!  
The Truth is hidden by your enchanting,  
brilliant golden disc.  
Please be kind to discover the disc  
to enable me to see the Truth,  
if you deem that I am fit to see  
by my righteous behaviour."

This 3rd prayer is given by Master Djwhal Khul in 'Treatise on White Magic' as:

"Unveil to us the face of the true spiritual sun,  
hidden by a disc of golden light,  
that we may know the truth  
and do our whole duty  
as we journey to Thy sacred feet."

are from the Upanishad Isavasya. Thus Fire ritual helps a disciple on the Path.



## Rudra The Lord of Cosmic Will and Vibration

### A Few Dimensions of Rudra 1 The Bow of Rudra

Rudra, being the force principle, also contains the principle of the Boomerang. The maxim of “one reaps what one sows,” is applicable to his force. The force of Rudra is for the wellbeing of all. It is for the well-being of the creation itself. If one acts disaccording to the principle, the force of his action comes back to him. Thus, acts of goodwill or of evil of people come back to them. This arrangement in nature is called Rudra’s bow that releases arrows as per one’s acts. The worship of Rudra’s bow was a Vedic tradition for one’s rectitude. It also enables the suspension of furtherance of acts of evil.

The bow of Rudra exists in man from the centre of the third eye to the medulla via the head. The string of the bow is connected as a vertical line between the brow centre and a centre in the medulla oblongata. The bow is in the upper part of the head, which contains the Plan relating to the soul. Those who reach up to the string of the bow and aim with the bow are the ones who hit the Plan, meaning, realise the Plan.

There is also a bow in the sky forming the path of the Sun from East to West. East stands for Ajna, which is one end of the bow. Via the Mid-heaven, the Sun travels to the West and sets in the West. The sunset point is the medulla. This path of the Sun from East to West forms into a bow. Rudra rules all that is below this arch of the Sun’s path. The sunrays form Rudra’s arrows. This bow is multi-coloured. At the eastern point (during sunrise), the bow is copper-coloured. At the western point (during the sunset hours) the bow is orange-coloured. And the bow between the eastern and western ends is multi-coloured like a rainbow.

The two ends of the bow represent the duality. The thread that connects them is full of tension. That tension is the tension of ignorance. When the

thread is released, the illusion of the beings is released, thereby the tension is released. This release is sought from Rudra through worship.





## Group Prayers

May our worship of the Lord Agni  
enable assimilation, comprehension,  
brilliance and love in action.  
May we, the worshippers of Agni  
be fulfilled  
just as Agni fulfils recreation.

## PRACTICAL WISDOM

No man can know the Truth  
For he IS the Truth.  
Knowing is but an occupation,  
An engagement, a harmless and  
Fulfilling one.  
The ladder to fulfilment.

Sanat Kumara

## The One Universal Consciousness 1



As much as you see the consciousness in you and the surroundings, you realise that there is only consciousness and that it is only one consciousness, which emerges from pure Existence, and you would feel that this Consciousness is Universal. This Universal Consciousness is called God by theologies. It exists in all. It exists in man, too.

Man exists in God and God exists in man. The God in man is called Narayana. The man in God is called Nara. The two are linked and this link has to be realised through regular recollection of THAT I AM. The Universal Consciousness Narayana is called THAT. The individual consciousness is called I AM. When the two are linked the result is THAT I AM. Verily, the Universal Consciousness is in an individual as individual consciousness. Therefore the daily recollection is not only I AM, as given in the first chapter. It is recollection of THAT I AM. In Sanskrit THAT I AM is called SOHAM. SAHA and AHAM put together is SOHAM. It literally means THAT I AM. SAHA is THAT. AHAM is I AM.

The heartbeat regularly sings the song of SOHAM. That is called 'the Music of the Soul'. Since each one is a soul, he would do well to associate with the song of the soul, which links him with the source of the soul - the Universal Soul. Only Sraddha enables this recollection. When there is no Sraddha, even if you know this, it remains only as information, but becomes no realisation. Information is not knowledge. People who inform themselves feel that they are knowledgeable. They are not. They are in illusion. Only those who practice the given information would realise the truth of it thereby settling themselves in knowledge.



From the Teacher's Pen

Questions and Answers

The Impact of the Seventh Rays on  
Humanity

*Question:* Dear Master, What is the impact of the Seventh Ray on humanity? A lot is spoken of the Seventh Ray by you in your teachings.

*Answer:* Dear brother, basically the Seventh Ray enables to recognize God in you but not in some remote corner of the universe or not only in some sacred places of the Earth.

2. It enables you to transform yourself faster by relating to God within your heart or head centre.
3. It enables to build right human relationship since you would also cognize God in others' heart or head too.
4. It enables to adjust and readjust your attitude towards other beings.
5. It also brings about right understanding of relation to the other gender from your attitude towards sex and marriage.
6. It enables to bring in creativity from within and the related new human culture.
7. It brings about an order and rhythm into your daily life and develops your abilities.



Agni

An Introduction to the Work  
of Cosmic Fire, 83



## **5. The Electric Fire Progressive Movement – Alignment 1**

Now today we shall understand the motion of the Electric Fire of the First Logos, which is called the 'Progressive Movement' as against the 'Spiralic Movement' of the Second Logos and the 'Cyclic Movement' of the Third Logos. The First Logos has a progressive movement, where He moves the system towards alignment, when He intends enlightening the whole creation. When the creation is in the process of involution, it is a process of One becoming many. So, it is a process of the different formations, which distorts the alignment.

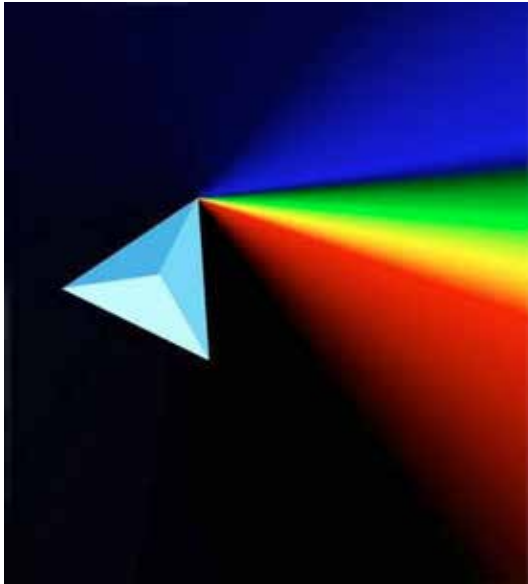
If we want the seven rays of the One White Ray to manifest, there has to be a distortion to the White Ray. Only when the White Ray is distorted, the seven rays manifest. So, when creation is to be brought into existence, the One has to become many, which is a process of distortion. And whenever the many have to be aligned into One, it is a process of alignment.

Now the creation having been brought into existence, the Lord works with the movement relating to alignment – alignment between the cosmic centre, the solar centre, the sun globe and the planet. Each time, there is an alignment, there is an enlightenment. So, alignment brings enlightenment. And it happens in three steps, one is the alignment of the personality with the soul, and then the alignment of the soul with the cosmic soul or cosmic person. So, the first alignment is between the person and the personality, and the second alignment is between personality, person and cosmic person. And before we reach the state of personality, also there is a preliminary alignment. It is alignment of the body and senses with mind. We have understood, how senses and the body are aligned with the mind,

when the manasa devas function.

So, the first step is body and senses aligning to mind; and body, senses and mind aligning with the soul; and body, senses, mind and soul aligning with the universal soul or the cosmic person. There is a broad categorisation or division of the process of alignment. So, there has to be first an alignment of the Earth with the other planets, and as a group, the planets have to gain more alignment with the sun, and then the sun along with the planets has to align with a central sun, and the central sun with the cosmic centre. So, what is true with the individual is also true with the creation. So, the Lord works out the progressive movement of the planets and the solar system to attain the systemic existence alignment with the central sun.

*This text is not proofread by the author and might have some mistakes.*





Master EK

Vishnu Purana  
Chapter XXIV

## The Spheres of the Earth 4

Seven are the rivers there that flow into the seven oceans. I will mention their names; they purify by mere listening to their names. They are:

1. Anutapta (repentance);
2. Sikhi (the tufted one, or the sprouting of a concept);
3. Vipapa (that which has no touch of sin);
4. Tridiva (the cluster of three heavens);
5. Klama (satiation);
6. Amrutha (immortality or infinity);
7. Sukruta (the fruition of good deeds).

These are the seven rivers that move as downpours. Thus stand the seven nodal points and the seven rivers. Of course I have only mentioned the main items. There are minor nodal points and rivers, which exist as clusters of thousands. (These flow down as the many concepts of the living beings.) The inhabitants of those abodes drink from them and feel satisfied.

The flow is away from the centre and downwards. No flow is found flowing up towards the centre. (Concepts flow from centre to circumference, from oneness to manyness and in no other way.) In those abodes there is no variation according to the measures of time. Always the time exists there as Treta Yuga. (This means threefold existence as the observer, the observed and the observation.)

The beings of Plaksha Dwipa and other islands, up to Sakha, live a span of 5000 years in full health. (The beings beyond the physical plane exist as minerals, gases, light, heat, etc. Their existence is a full span of 5000 years. Units of matter and force are solid to exist up to such a span.) The beings

exist in four classes there. They are:

1. Aryah (the worshipped ones);
2. Kurarah (the carved ones);
3. Vidisyah (the multidimensional ones);
4. Bhavinah (the concepts that are imagined).

They are respectively the Brahmins, Kshatriyas, Vaisyas and Sudras of those planes. (These terms do not denote the social concepts and are the much misunderstood concepts of the castes. They are qualitative and produce the four patterns of beings on the mental planes. In fact, the intelligence, the protective trait, the nourishing faculties and the physical layers of a living being are termed the Brahmanas, Kshatriyas, Vaisyas and Sudras. Here the term Arya does not denote a geographical race as is understood by the ignorant historian. These terms should be separately understood when we study the Scriptures).

Somaka is the music potential in space. He is called the Gandharva in the Vedas. He creates the periodicities of the various pulsations which express through numbers operating as units of time.



## **The Science of Man**

Dr. K. Parvathi Kumar  
First Young Group Life Teaching, Part 69  
August 2001, Visakh

### **The Science of Spirituality 2**

If on a travel I have a Muslim by my side and if I have crystallized ideas about Muslims, I will see my co-traveller from that light. We don't see the person. We see our crystallized impressions on others. That's how we get the opinions that the Germans are rigid, the Spanish are emotional, the French are intellectual, the Indians are confusing. It's all our own ideas which are crystallized in our mind. The particular German you meet may not be like that, same for a Spanish, an Indian. We have crystallized in our minds by the school books and other books, papers, media. They mention one thing and you generalize it about a race, and we believe our impressions are the Truth. That's how we have imposed Christianity on Christ and Buddhism on Buddha.

These isms or religions were born centuries after them. Christianity significantly emerged 300 years after Jesus Christ. What Christ spoke was Truth and manifestation of Truth – likewise Buddha, Pythagoras or Socrates, many others. They only speak the Truth and its patterns of manifestation. They explain their experience of the Cosmos and the man. They don't go by what the priest said.

This is the approach that we should know so that we don't differentiate excessively by race, religion, language or nation. They are there, at certain level, they cannot get into your chambers of light. There we are all souls. We all have one tongue, two hands, five fingers to the hands. There are 99% of things common in us. We all breathe in oxygen and breathe out carbon. We all have hunger. We walk only by legs, not by hands. We smell through the nose. Like that I can narrate till the end of the day. We are so common in our substance. What is the difference between us is the experience. Some are more experienced, some are less experienced. To gain deeper experience, we need to have deeper comprehension. To gain that

deeper comprehension, practices existed right from ancient most times and they have to be picked up in their original forms but not in their distorted forms. That is important.

*This text is not proofread by the author and might have some mistakes.*



## Paracelsus

### Health and Healing

#### Recommendations of the Occult Healing Science



Occult Healing speaks of vegetables as a means of curing many of man's ills affecting their circulatory system, kidneys, bladder and the lubrication of joints. Ayurveda speaks of many cures through vegetables such as leaf vegetables, green vegetables and some roots. Along with such vegetables a right adjustment of emotional nature is also suggested.

Sunbathing in coloured boxes are also given during the first two hours of sunrise and sunset. Depending upon the sun transit of sun signs and the patient's planetary position, the required coloured baths are conducted.

Oil massages are regularly conducted to improve the circulatory system. Barley water is frequently given to clean the kidneys. Abundant drinking of water is suggested to cleanse the bladder. The joints are lubricated by massaging gently with oil, followed by fomentation with steam.

Likewise, for imbecility and idiocy much sunshine, morning exercises and head down asanas are suggested. This is because in these sicknesses the thread, which is anchored in the brain, is withdrawn while the life impulses remain anchored in the heart. In all cases where there is life, but not much intelligent awareness, these methods can be usefully employed without stuffing oneself with cortisone and antibiotics.

Some diseases are induced by the tendencies in man himself. They can be noticed through the astrological signs, sun signs, moon signs, rising signs, 6th house, 8th house, and 12th house.

The diseases of mystics, the excessively religious, can be traced to the starvation of the lower centres in their effort to awaken the higher centres. These people generally suffer from congestion and inflammations due to over activity. These people need to be advised progressive activity, but not

hyperactivity. These are generally eccentric people that should be given a balanced approach to the goals but not an emotional approach.

People who live with a family background of cancer, tuberculosis and syphilitic complaints normally transmit these sicknesses to the progeny. To them the Occult Healing science suggests activities of goodwill and of philanthropy. When activities of the heart assume importance, energy is not supplied to these diseases.

Occult Healing also says that disease is a process of liberation, and when one goes through the pains of disease, the necessary rectification occurs. While disease cannot be welcomed, it is better to endure it as far as possible without resorting to excessive medication. According to the science of Occult Healing, disease is understood as below:

1. All disease is disharmony and lack of alignment and control.
  - a) Disease is found in all the four kingdoms in nature.
  - b) Disease is purifying in effect.
  - c) Definite methods of healing are peculiar to humanity, and are mental in origin.
2. Disease is a fact in nature.
  - a) Antagonism to disease simply energizes it.
  - b) Disease is not the result of wrong human thought.
3. Disease is a process of liberation, and the enemy of that which is static.
4. The Law of Cause and Effect governs disease as it governs all else in manifestation.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)



## Children's Section

### On Service

**ONLY THE TRUE SERVERS  
HOLD THE SOCIETY TOGETHER  
– OTHERS CANNOT.**

#### Panchatantra Stories

#### 24. The Prince and the bear

Once a prince went to the jungle to hunt for animals. He wandered the whole day in search of prey but to his sheer disappointment and disgust he did not get a single animal, big or small. He became tired and sat under a tree to take rest. Just then he saw a tiger coming towards him. The prince got frightened and scrambled up a tree. There he saw a bear already sitting on a branch. The prince got badly terrified because, up there in the tree was sitting a bear and down on the ground was the tiger. The prince began to tremble with fear. But the bear said to the prince, "Do not worry, my dear prince, I'll not harm you, you're my guest." The prince believed in what the bear said. But, the tiger was still waiting for him on the ground.

Soon the sun set and since the prince was terribly tired of the whole day's wandering, he fell asleep. The bear gave him support with his body to enable him to lie down comfortably on the branch. Then the tiger said to the bear, "This is a human being. Human beings are our enemies. Throw him onto the ground for my meals."

"I'll not throw the prince onto the ground, however bad he might be," said the bear. "Moreover, he is my guest."

In the morning, when the prince woke up, he saw the bear sleeping beside him. The tiger said to the prince, "Don't trust this wicked bear. He's showing all his sympathies to you because I am sitting here. He'll not spare you, once I leave this place. It's my humble advice that you push this bear

down before me. I'll eat him and let you go."

The prince believed in what the tiger said and pushed the bear off the branch. But the bear was alert. He caught hold of another branch of the tree and saved his life. He cursed the prince for his unthoughtful act and said, "May you suffer amidst you (humans) mistrust and infidelity. We animals are better than you human beings."

The wise indeed say:

*"Animals too are lovable and understanding"*

## Stories for Young People

### 9. Where is my Donkey?

A laundry man lived in a small city. Every day he washed the clothes. He had no wife and children – only a donkey. One day he lost his donkey. He was so worried that he became stunned and went into a trance. People thought he was in Samadhi.

The people around were thrilled about this unexpected occurrence: An ordinary laundry man seemed to be a saint. So they offered gifts and flowers to him. The man sat in the same position for days. Through word to mouth he became famous. The public grew. Money was collected. The laundry man did not stir. The people around him wanted to be taught by him. They longed for going into Samadhi like him. So they chanted and prayed to the Lord, to bring him back to consciousness.

After two days the laundry man opened his eyes. Everyone looked on expectantly to hear the profound sermon he would deliver. Slowly the man came out of trance. He looked around and asked: “Where is my donkey?” The desire with which one goes into meditation is the prime factor. When a fool goes into sleep, he comes out as a fool. But if one does meditation with a single desire for enlightenment, he comes out as a sage.

Told by Swami Rama: “Living with the Himalayan Masters”. 1978. Pennsylvania.

Compiled and quoted by B.K.

WINDOW TO WORLD SERVICE  
NEWS & ACTIVITIES  
(Inputs welcome)

United States of America

**Contact:** Rosa Fernandez Sopena

**Address :** P.O. Box 234, Trumansburg, NY, USA 14886

**Phone:** 1- 607- 882-0224 **E-Mail:** rosafernandezsopena@gmail.com

**Activities (1):**

- Translation of monthly articles for Vaisakh Newsletter Spain
- Translations of Master KPK's discourses via WiziQ from English to Spanish:
  - o Bhagavatam Sunday Class by Master KPK in Radhamadhavam, Visakhapatnam
  - o Celebrations and Rituals by Master KPK organized by WTT members in India and by WTT Western groups when Master is on intercontinental tours.
- Member of 2 Triangles for the Lucis Trust NY, USA Planetary Network of Light and Goodwill (Alice Bailey) that utilizes the power of thought and prayer for distribution of spiritual energies through daily mental link with the triangle members, visualization, and recitation of the Great Invocation world prayer.
- Participation in the online Lucis Trust New York Group Meditations during:
  - o The 12 Spiritual Festivals of the year (12 Sun signs).
  - o The Three Great Spiritual Festivals of the year: Easter Festival (Aries full moon), Vaisakh Festival (Taurus full moon), and Goodwill Festival (Gemini full moon)
  - o The yearly World Invocation Day: Since 1945, a group world day of prayer and meditation using, the Great Invocation to invoke spiritual energies of Light, Love and Purpose.

## Picture to the Month of Capricorn

### Capricorn - Meditation in the Higher Heart Centre

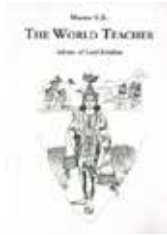


Chakras are whirlpools of energies continuously moving in a circular fashion. Lotus are unfolding energies. Dawn is an aspect of unfoldment of light. According to the law of correspondence Capricorn unfolds as the heart lotus which is located between the heart centre and the throat centre. The heart chakra is different from the heart lotus. The heart chakra is regulated by Cancer, because all respiratory and circulating activity is governed by Cancer. Just above that centre there is the Capricornian centre where there is the unfoldment of the lotus in which the Lord exists in deep blue electric colour. It is like the electric blue in the form of a small pentagon. The sound through which we need to invoke him is also five-fold. It is called Narayana. These sounds are not a name. They are the potential sounds that can make you reach the centre.

*Dr. K. Parvathi Kumar, Capricorn 1991*

## Book Review

### The World Teacher. Advent of Lord Krishna



An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time and the present times. The actual incidents in the story of such a “World Teacher” have taken to the form of this book.

*Ekkirala Krishnamacharya : The World Teacher. Advent of Lord Krishna*

*Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*

### Teachings of Lord Maitreya, Vol. 2



Maitreya community tends to heal every mishap on the planet. The members of the community are very dear to Lord Maitreya. Maitreya community predominantly prays for the well-being of people and for restoration of order in disturbed conditions. These are the true servers. They are the mobile, magnetic healers spread all over the planet. The term 'worldserver' truly applies to them.

The book “The Teachings of Lord Maitreya”, Vol 2 contains instructions of Lord Maitreya, which have been propounded by Dr. K. Parvathi Kumar in the Vaisakh News Letters

*K. Parvathi Kumar : Teachings of Lord Maitreya, Vol. 2*

*Info : Dhanishta Editions, [info@dhanishta.org](mailto:info@dhanishta.org)*

*PDF:[http://worldteachertrust.org/\\_media/pdf/en/teachings\\_of\\_lord\\_maitreya\\_2.pdf](http://worldteachertrust.org/_media/pdf/en/teachings_of_lord_maitreya_2.pdf)*

## Astrological Important Days in December 2018/January 2019

21.12.	21:39	Phase of full moon starts	☉ 29°56' ལྷ / ཏ 17°56' རྩ
♀		<i>Contemplation upon the 8-petalled Heart Lotus</i>	
	23:22	☉ → ལྷ / <b>Sun enters Capricorn</b>	
		<b>Winter Solstice:</b> Birthday of Jesus Christ	
		☉ in ལྷ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
22.12.	18:48	☉ <b>Full moon of Capricorn</b>	☉ 00°49' ལྷ / ཏ 00°49' རྩ
28.12.	23:19	♋ 8 <sup>th</sup> phase of descending moon starts	☉ 07°08' ལྷ / ཏ 01°08' རྩ
♀		(End 29.12. at 21:56)	
29.12.		<b>December Call Day</b>	
31.12.	20:46	11 <sup>th</sup> phase of descending moon starts	☉ 10°05' ལྷ / ཏ 10°05' རྩ
ཏ		<i>For healing</i> (End 01.01. at 20:58)	
05.01.	00:28	Phase of new moon starts	☉ 14°19' ལྷ / ཏ 02°19' ལྷ
ཨ		<b>New moon point of Capricorn:</b> <i>Contemplation upon 'The Pledge'</i>	
06.01.	02:28	♋ New moon of Capricorn (solar eclipse)	☉ 15°25' ལྷ / ཏ 15°25' ལྷ
08.01.	19:10	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	ཏ 17°27' རྩ
♂	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 09.01. at 22:19)	
13.01.	19:12	♋ 8 <sup>th</sup> phase of ascending moon starts	☉ 23°16' ལྷ / ཏ 17°16' ཏ
☉		(End 14.01. at 20:07)	
16.01.	19:33	11 <sup>th</sup> phase of ascending moon starts	☉ 26°20' ལྷ / ཏ 26°20' རྩ
ཨ		<i>For healing</i> (End 17.01. at 18:04)	
20.01.	09:49	Phase of full moon starts	☉ 00°00' རྩ / ཏ 18°00' རྩ
☉		<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
	09:59	☉ → རྩ / <b>Sun enters Aquarius</b>	
		☉ in རྩ – Every Sunday ( <b>20.01., 27.01., 03.02., 10.02., 17.02.</b> ): <i>Invocation of Aquarian Energy via Master CVV</i>	
21.01.	06:16	☉ <b>Full moon of Aquarius</b> (lunar eclipse)	☉ 00°52' རྩ / ཏ 00°52' རྩ
27.01.	10:32	♋ 8 <sup>th</sup> phase of descending moon starts	☉ 07°08' རྩ / ཏ 01°08' རྩ
☉		<i>Contemplation upon Master CVV</i> (End 28.01. at 09:59)	
30.01.	11:03	11 <sup>th</sup> phase of descending moon starts	☉ 10°13' རྩ / ཏ 10°13' ལྷ
ཨ		<i>Contemplation upon the Third Eye</i> (End 31.01. at 12:32)	
03.02.	19:22	Phase of new moon starts	☉ 14°38' རྩ / ཏ 02°38' རྩ
☉		<b>New moon point of Aquarius:</b> <i>Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri;</i> <i>Contemplation upon 'The Pledge'</i>	
04.02.	22:03	♋ New moon of Aquarius	☉ 15°45' རྩ / ཏ 15°45' རྩ
05.02.	01:31	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	ཏ 17°27' རྩ

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2018/2019«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.





OH LORD AGNI!  
WE PRAY THAT WE MAY BE LEAD  
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),  
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.  
LEAD US, GUIDE US AND ENSURE THAT  
ALL OUR KARMA IS BURNT ON THE WAY  
AND THAT WE TEND TO BE THE LIGHTED BEINGS  
IN THE ETERNAL KINGDOM OF LIGHT  
TO SERVE IN JOY!

ISA VASYA