

Vaisakh News Letter



HAMSA SIVA SOHAM



Capricorn 2020 Makara

Letter No. 9 / Cycle 34 – 21st December 2020 until 19th January 2021
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the Year 2020-2021

The bear is in the cranial cave.

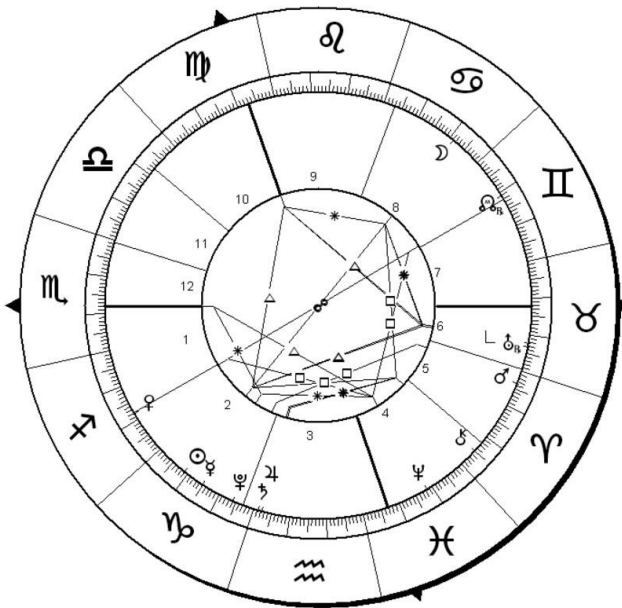
The cub is in the lions cave.

The dog is in the kennel of the base.

Link up the three vertically and feel

the Light, the Love and the Will.

Full Moon of Capricorn, 30 December 2020, 04:28 am CET



Message of the Month of Capricorn ५७

Aries, Taurus and Capricorn are symbolized by animals with horns. The horns are meant for self-protection and not for inflicting injuries to others. A Capricornian is fit to initiation when he turns his life to settle others. They are excellent at concretizing. They crystallize things and also conclude. They get arrested by their own thoughts. They need flexibility that comes through the opposite sign Cancer. Water can soften the earth. Association with Cancer is of great help to Capricornians. While Capricornians are ruled by Saturn, Cancerians are ruled by Jupiter. To the concretizing saturnine energy of Capricorn, the Jupiterian flexibility of waters supplements. The mountainous rock when drenched by rain waters gives birth to vegetation and life.

The fulfillment of Capricorn is in its association with Virgo which is the tenth house from Capricorn and with Pisces which is again a tenth house in the reversed wheel. It is necessary that the Capricornians have association with these signs to overcome their rigidness and find life inspiration. For a narrowing down precision of Capricorn, Cancer - the opposite cardinal sign - opens the gates to widen the horizon.

A Capricornian who learns to kneel down to be humble, achieves much. The knees represent Capricorn. Kneel-down prayers are useful for Capricornians. To kneel down in spirit along with physical kneel-down posture has been the symbol of prayer especially in the east and middle east. Humility, humbleness, obedience are the qualities that enable Capricorn to reach great heights. May these hints be taken by all aspirants and particularly the Capricornians.



Message of the Teacher

Illusion

Illusion is but a state of apparent existence. The shell in which the pearl is held has an inner coating of silver, but in truth there is no silver in it. It is an illusion.

Likewise, the mind and the senses show worldly relations like parents, wife, children, friends, enemies etc. they are like the silver coating within the shell of the pearl. They do not exist. Existence is real while relationships are apparent.



Utterances of Lord Krishna



I AM self-born
And I work with volition (free will)
You too can gain this status.
Associate with Me at all times.
(4-9)

If you stand in association with Me
You tend to be I Am.
You remain untouched by malice.
And ever remain liberated.
(4-10)



Lord Maitreya

Maitreya Community

The Miracle

Three disciples of Gautama wanted to experience a miracle. Gautama smiled and set each one of them in three different dark rooms. The disciples were looking for the miracle. It did not happen throughout a day and night.

Gautama opened the doors and asked if they saw a miracle. They said no. Gautama again fed them and set them into the dark rooms. The disciples out of faith in Gautama were waiting to see the miracles. When Gautama opened the doors and enquired, they said that they were very much awake and yet not able to experience the miracle.

Gautama smiled and once again he fed the disciples and set them into the dark rooms. After 24 hours the disciples felt exhausted and even dejected.

Gautama smiled at them and enquired, “did you not see the miracle?” The disciple replied, “what miracle?” Gautama stated, “you were fully awake and yet could not feel the awareness. Awakening to awareness is the true miracle, while existence is the truth. The awareness is the miracle that springs from existence and conducts all secondary acts of awareness. Learn to be awake to awareness”.

Master Morya
Maruvu Maharshi

Turn to Service



For a good-hearted one, service and sacrifice is uplifting. They get energized when they are in the activity of service and sacrifice. Where charity, service and sacrifice do not exist, there the life structures fall. It is like building super-structures without foundation.

Where there is service and sacrifice, there, clinging to power, success, name and fame tends to be un-relishing. A good-hearted one has a different journey while that of a self-seeking one has a different milestone.

People who crave for success are truly ignorant. Men of knowledge always get inclined to service than to success. Men that run after success are like the prisoners with much wealth which is not accessible to them. The wealth is their prison.

Be wise to turn to service than to success.



Master Koot Hoomi
Devâpi Maharshi

Sambala 32

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Two thousand years ago a miracle has happened on the earth. A great initiation took place for humanity. The Will of Sambala and the Love/Knowledge of Maitreya found their synthesis. As a consequence, doors were opened upon earth for a synthesized manifestation of Will, Knowledge and Love.

The synthesis of the first and the second ray resulted in a star in the firmament which is called the star of Makara, the star of Capricorn. This star is visible to disciples in the month of Capricorn. When moon is in the first 14 degrees of Capricorn, the impact of this star is felt within the heart. The planetary lord that presides over the star is Saturn - the planet of service and sacrifice. Saturn is worshipped in ancient wisdom schools as the star of Capricorn.

The star of Capricorn was envisioned by Jesus while he was moving in the olive gardens of Jerusalem. It inspired him to conduct a total sacrifice for manifestation of divine Will and Love associated with Knowledge. Jesus did so. It is an unparalleled act of sacrifice in Kali Yuga. Consequently, there is the spread of the synthesis of Love and Will upon the earth. Though humanity was not yet ready to join the path, the related seeds are sowed in the human soul and will eventually sprout in the heart center to enable disciples to follow the path of service and sacrifice by which they are liberated via Sahasrara (Sambala).

Message of Master E.K.

Prayer



The prayer can be with or without desire. Prayer without desire is considered better than prayer with desire. But if the desire is impending it can be with desire. A prayer to surrender one-self is the third dimension of prayer. A prayer to surrender and to offer one-self tends to be a yogi and a saint.



Master CVV-Yoga

Aphorisms to Disciples 32

89. Yoga School Friends Society shall work in the future in association with Theosophical Society. The members of the two associations are the followers of the teachings of the Hierarchy only. Therefore, relish association with other theosophical activities.

90. As much differences exist between the mediums of My yoga, so much their progress is stunted. Learn to be friendly with all. Show not supremacy.

91. The seven ashrams originated from the seven seers who are called Prajapatis. Even today they are presided over by the lineage of the seven seers. All of them have known Brahman. Their work is to impart unity of truth and diversity in expression. Learn the teachings of as many seers/Masters as you can to widen your comprehension and synthesize the wisdom.

Vidura

Teachings of Wisdom



Practice of mantras,
performance of Homa*
study of wisdom science,
and acts of goodwill,
continuously protect man.
If these are done for publicity,
they generate conflict in man.

* Homa: Fire ritual.

PRACTICAL WISDOM

Flowing waters are flowing energy.
They carry Life.
When they stagnate
they die and spread the stink.
Man's Life too needs to flow.
If not, he stagnates, stinks and dies.



Saraswathi

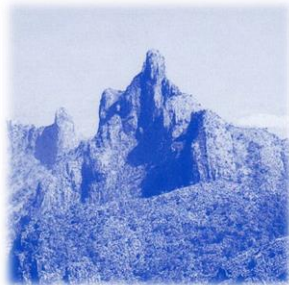
Suktam 5
Self-Realisation

The Formless One is the basis for all forms. All forms came through Him, including our form. There are people who worship their own form, why not? It looks strange, but it is possible. Thus, we do not ridicule anyone's concept of God. Synthesis means realizing that God is beyond concepts. He is nameless, formless, colourless, odourless, beyond sound, beyond comprehension, yet He is manifest in any number, name, form, colour, and symbol. The ultimate state of understanding is gained when we are in touch with the Omniscient God through anything that surrounds us. We see a stone and see God. We see a tree and see God. We see an animal and see God. We see a human being and see God - regardless of language, race or habits.

The one who thus realizes, destroys the encirclements. Until we reach that state, we continue to live with a concept of God. The Formless One can be in any form -is our fundamental teaching, actually.

Ashram Regulations for Entry

Application of the Key of Sound 2



Voice and speech are the gifts of God to the human, and the human cannot abuse the gifts especially when they aspire to transform themselves into disciples. A disciple is one through whom speech manifests light. His voice dispels darkness. Each time he speaks light reveals itself from within. A disciple is a column of light. Therefore, every action and speech coming through such column transmits the light. Every soul is a lighted being. As it speaks light is revealed. When this is known, one speaks responsibly. One cannot afford to abuse speech and create darkness to oneself and to the surroundings. Therefore speech is of utmost value and at no cost it shall be used to bring forth darkness of noise.

PRACTICAL WISDOM

Sharing is a principle,
conceding is a principle
and tolerance is a principle,
if you are to get into the Temple Work.



On Secret Doctrine

God Manifestation

The Greeks never used the word Theophania. Theophania is a compound word. Theos stands for God and Phania refers to appearance; it means appearance of God to man. They rejected the idea of actual appearance of God to man. They accepted the idea of presence of God in man. (Electricity manifests through an electrical equipment but does not appear by itself.) According to Greeks, presence of God can be a reality, but appearance of God is not. Man himself is a divine incarnation of God; so is an angel or a god. God appears thus through a form as presence. God as such has no way to appear. The divine self enshrines itself in its lower self by which the presence of God can be felt. The modern dictionaries gullibly use the word Theophania for God manifestation. God manifestation is entirely different from God appearance. God as such has no way to appear except through some form or the other. Thus, nature is inevitable for manifestation. The so-called avatars are also an abundant manifestation of the presence in a form.

When an adept reaches during his lifetime the state of holiness and purity that makes him 'equal to the angels', then at death his apparitional or astral body becomes as solid and tangible as was the late body, and is transformed into a real man. The old physical body falling off is like a cast-off serpent's skin. The body of the 'new' man remains either visible or, at the option of the adept, disappear from view. In the latter case, there are again three options open to the adept.

1. He will remain in the earth's sphere until the ethereal layer is concealed from human sight.
2. He can by a supreme effort emerge entirely and get united with his Spirit (monad). By doing so however, he would deprive himself of post humous Samadhi - Samadhi is a state of bliss which is not yet Nirvana. By being so, he opens himself to the Karmic Law, reaping the fruits produced by

actions that one carries through Samadhi.

3. The third option for the adept is renouncing conscious Nirvana (state of absolute liberation) by which the adept ceases to be. Instead he restitutes himself to the work on earth for the good of mankind. This he can do in a two-fold manner either by consolidating his astral body (body of Light) into a solid physical appearance, by which he can resume the self-same personality or he can avail himself of an entirely new physical body and living in it consciously, experiencing continuous existence.

One cannot just study and profit by Occult Science. One has to completely give up himself up to it.

PRACTICAL WISDOM

Invocation of the sacred word, OM, daily,
enables the attraction of finer matter
and dispelling of coarser matter to and from one's body.

Invocation of the sacred word
also repudiates thoughts of a lower vibration
and attracts thought forms of a finer nature.



Saturn

The Path of Narayana

The Heart Lotus 2

When we grow familiar with the signs and the planets, instinctively we will be able to connect one with the other. There are such hidden links, like in Capricorn it is said, “Capricorn is the gateway into higher life and Cancer is the gateway into the lower life.” Cancer brings man down to Earth, where he has to face trials and tribulations and learn the lesson of Saturn in the lower level. In Capricorn man is bestowed with a consciousness having its centre as the Hierarchy. Christ rules at that level. He played the role of the Saviour under the highest influence of Saturn.

When we travel from Cancer to Capricorn, Saturn conditions us and gives us lessons, because matter conditions Spirit. On the physical plane we experience many conditionings, and through that we enter into Capricorn, where we start living out of the conditionings. The link up to Hierarchy is through the heart centre. First, Saturn will lead us to the heart centre in Capricorn, and then we progress to link up with the Hierarchy, in due course.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Faults 4

Warfare against our faults, our great enemy, is our daily duty. Our life will only be harder, much more unpleasant, if we do not face and overcome our harmful qualities. Recognize them, become disgusted with them, and resolve to be free of them. Do not minimize their strength; to become aware of their danger is a powerful weapon against them. Be wary, therefore, of regarding yourself as strong where you are weak. We are well equipped to deal with our weakness. We can overcome our inertia and begin to function as a mental and spiritual being actuated by Will, Love and Wisdom. Faults can be overcome if one cares enough. Refuse to be distressed by any temporary difficulty; well-established weakness cannot always be immediately dispelled.

A disciple



The Teacher

74. Abodhakam

Cannot be explained, cannot be taught

The teaching one and the explaining one is already in a state of modification, with himself forming a base for it. It is therefore not possible to explain the state of Pure Existence. For more details you can look to the 14th name in the 1st Stanza.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.





Sound

Instructions

To make an understanding of the Higher Sound, we are expected to follow a discipline relating to the practice of the lower sounds. Without mastering through discipline the practice of the negative sounds, we cannot imagine to make a realization of the Higher Sound.

We shall have to clean the tongue to enable the utterance of pure sounds. We cannot keep the tongue impure and expect pure sounds to find an entry. We shall have to clean up our practice of sound to start with, that is, we shall have to follow a discipline relating to our speech. Only that would enable us to experience the silence and the realization of the higher sounds is after experiencing silence.

There is a gradual process of mutation happening in us as we practice with sound. To rearrange our practice of speaking is an essential condition to experience silence. To realize silence, is an essential condition to experience the higher sounds.

Wisdom is given in the Scriptures only to be practised by us. That which is not amenable for practice is not wisdom. That which we call wisdom, but which we cannot practice, is not wisdom. It only amounts to sounding words, only to excite us, only to confuse us.

There is a practical approach to realize the higher sounds in us, and that starts with our understanding of our habit of speech. There are certain instructions relating to speech, I shall briefly cover these instructions so that through practice of these instructions we get eligibility to experience silence, and once we experience silence, we are eligible to experience the higher sounds. So let us get into instructions relating to speech.

OM Namō Narayanaya



Preface

The ways of the Divine are amazing. One could never imagine that a most sublime mantra ‘OM Namō Narayanaya’ finds its expression and explanation for the benefit of a group of thirty ardent students at the northern sea shore in the city of Hamburg, Germany. A group of German, Danish, Swiss, Spanish and Indian students gathered for a five-day group life in a boat and ardently requested for the meaning, significance and practice of the mantra ‘OM Namō Narayanaya’.

Much more amazing is that the boat itself is called Govinda and within the boat there are a variety of beautiful and colourful posters of Lord Krishna. The mantra chose its boat, its group, its place and its time. It is the Gemini full moon time as well as an approach to summer solstice.

The group life was between 16th and 20th June, 1989. Twenty-four years after, an ardent student from Germany transcribed and sent it to me for a review and print on 25th July, 2013 and on 27th of July, 2013 a helper came from California to take dictation of the revised version. The review was done in a week’s time for its publication.

A talk given at the northern most boundaries of Germany finds its expression twenty-four years later. Indeed, the ways of the Lord, the Master of the universe are incomprehensible to human mind. His will prevails and manifests according to its own time. May this humble explanation of the mantra be useful to those who practice Narayana mantra.

K. Parvathi Kumar 5th August 2013.



Mystic Mantrams

Normal Temperament 1

Temperament is a term used to denote the personal and individual nature of a man. The touch of individual nature with the higher nature causes a temperament to work. The response of an individual consciousness to the absolute human nature is the cause of various temperaments which exist. When the mind is arrested the individual temperament is not destroyed. It is re-arranged in a proper angle with the absolute human nature, so that it can penetrate through it and pierce through the planetary and solar natures to meet the cosmic nature. On the cosmic level, cosmos merges in nature and nature merges in the owner consciousness of nature (roughly understood as God). The angle between the individual nature and the human nature forms that particular temperament. There are two types of angles between these two natures in the words of Pythagoras.

(A) The acute angle or the Rajo Guna temperament:

This is characterised by caution, shrewdness, separatedness, aristocracy, religious superiority, intellectual superiority, economic superiority, virtue-mindedness and love-mindedness. Such a thing is necessary in the initial stages to make the stir of consciousness towards the higher levels. The actions caused by this acute angled temperament, bringing out the differences and opposition with the outer world, make all the others find him different from themselves and he finds others different from himself. This forms a shell which hatches the individual as a chick in the egg, until the bursting point is reached. Someday the shell bursts as the prelude to first initiation. The chick is exposed. The individual finds himself alone and left off, but in fact he is surrounded by a bigger egg shell, the human nature.

Fire

Detailed Explanation 13

VI. Offerings to the Cosmic Devas 9



OM SARASWATHYEI SWÂHA

Offering to the Mother Principle of the flow of THE WORD.

SARASWATHI is the flow of energy as Consciousness, also called The WORD which emanates from Pure Existence.

OM GAURYEI SWÂHÂ

Offering to the principle of Longevity and Auspiciousness.

GAURI is the Principle that governs the life in forms. When worshipped bestows longevity. It is considered auspicious because it is untouched by desire. Desire regulation is important for this principle to bestow the blessings.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 25 Aneerhata

Aneerhata means the one that dispels the sin (ignorance). The Lord Aneerhata burns up all that is sinful and saves the souls. The saved souls of Rudra eternally live as the splendour of the Lord. That splendour is symbolically presented as Vibhuti, the sacred ash, distributed by sacred men such as Sai Baba.

PRACTICAL WISDOM

The words of Goodwill impress,
but are not sustained.
The acts of Goodwill do.
They are everlasting.

Sanat Kumara

Teacher - a re-presentation of God



The Teacher is but a re-presentation of that grand energy called God. It is verily God present in a human form who helps the sincere aspirant. His work is to drive the student to find the God within and thereby find the God all-around. He frequently speaks of life and of death. He speaks of the life beyond death. He essentially provides the needed material for a student to rise from where he is seated. A student sits in mind. The Teacher provides tools to the student to rise from mind and find a seat in Buddhi. Thereafter the path to the Lord is visioned by the student to be followed.



From the Teacher's Pen Questions and Answers

Contact with the Master

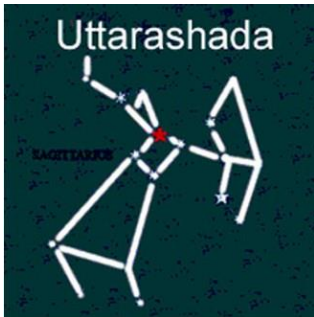
Question: Dear Master, how do we get periodical contact with the Master?

Answer: Dear friend,

1. Your group service, an emergency of the group, as also the need it has of you is a way by which a Master may contact you. When there is no such group need or emergency, contact does not happen.
2. When your physical disability mounts and lowers your psyche, then again you shut the door for a Master's contact.
3. Masters are not in the habit of flattering the workers. They do not make promises to their disciples. Therefore, look not to a Master unless there is a group emergency.
4. A true worker knows that the Masters are not easily accessible. This is because they are occupied with global human situations.
5. The Masters are governed by the Law and functions in tune with the laws of discipleship. They are impersonal.
6. Look to know yourself while you engage in service. When the Law demands, a meeting can happen.
7. Every earnest student is recognized though not contacted by a Master of Wisdom.

The Wisdom of Nakshatras

Star 21: Uttarashada



Uttarashada is known as the “constellation of the Heavens”. The constellation Uttarashada constitutes the meridian of the classical zodiac, where Aries is the beginning and Capricorn is the tenth house, the meridian. The Uttarashada constellation covers the last degrees of the Sagittarius and the first ten degrees of Capricorn. It is the highest point for the Sun. The Sun is exalted in the tenth house of the zodiac,

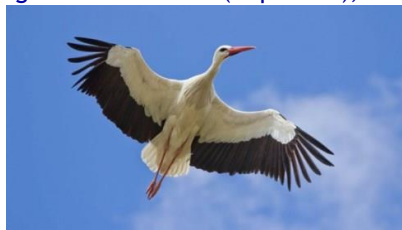
obviously because it is at its meridian. It is therefore logical to say that the Sun is the ruler of this constellation, while Jupiter tends to be an associate to the Sun. Since the first degrees of this constellation are in Sagittarius, the natives have the benefit of the Jupiterian energy as well. With Jupiter presiding, the Sun rules this constellation. Hence, one can imagine how exalted the energies of the constellation Uttarashada are.

Ganesha, as the deity representing Jupiter, and Surya, the solar god representing the Sun, help the natives of this constellation. Hence, success is inevitable, though it comes in slower degrees. Capricorn energy enables a slow, steady, and virtuous growth with the support of Jupiter. With wisdom as its basis, the natives of Uttarashada can gain stable and long standing success in later years.

The symbol of this constellation is said to be an elephant's tusk, representing wisdom. Since Jupiter is effective in this constellation, the mode of functioning of the natives of Uttarashada is one of balance, but the Sun also being the chief ruler, makes the native a constant fighter for the accomplishment of tasks. The orientation of the natives of Uttarashada is generally to grow and to move upward, a trait of Capricorn. While Purvashada is the anterior rod, Uttarashada is the posterior rod, which is sharp and effective. The Ashada

nakshatras are of greater consequence by virtue of their placement in the zodiac in the ninth and tenth houses.

Since Saturn is the ruler of the related sign of the zodiac (Capricorn), the natives of Uttarashada work in depth and in detail. They are virtuous. Obedience to elders and readiness to help others are their other traits. They have an inclination for the spiritual pursuit.



Uttarashada covers exoterically the thighs and esoterically the upper heart region. The colour ranges from golden yellow to white, the number is 3, while the favourable number is 1. The tree is the jack fruit tree and the animal is the male mongoose. The bird is the stork while the element is air. The stone is the diamond.

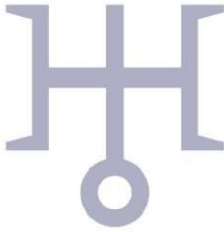
The ladies of Uttarashada are soft spoken, innocent, and carry the warmth of the heart. Even while they grow very successful in the world, they continue to remain simple and humble.

Neither success nor wealth gets into their head. The treasure of their virtues can only be understood in the proximate circles.

This is the constellation of deep integrity and has concern for humanity. The natives of Uttarashada firmly believe in the law. They carry noble aspirations and are committed. They are good supporters to any leader. They respect tradition and are generally practical. The Sagittarius-Capricorn combination bestows on them adequate wisdom coupled with practicality.

The weakness of the natives of Uttarashada is the harshness and rigidity emerging from the initial degrees in Capricorn.

The natives of Uttarashada have generally handsome personalities with well-formed body stature with broad head, good height, long nose and bright eyes. They look graceful and charming. The natives born in this nakshatra have a good fortune in terms of the partner in their lives. They often get a beautiful and supportive life partner and they themselves are good looking and attractive.



Uranus The Alchemist of the Age

Number

The numerical potency of Aquarius and its ruler Uranus is not known to the mankind. It is located between the numerical potencies of 9 and 1. It is generally but wrongly understood as 0. This numerical potency fills the gap between the atoms and the space. This number is called Poornam in the Vedas, which is fullness. Zero (0) gives the impression of nil-ness. Poornam gives the impression of fullness from which everything manifests. The number of Uranus and Aquarius is revealed only to an adept of high order. This numerical potency exists dormant in space and beyond the comprehension of mind. The arithmetical calculations in the decimal system with all the known numbers are as endless as creation which is more elaborated in the last parts of this teaching.

All numbers that we know work in continuity while the number of Aquarius and Uranus work as the background of every number. It is the background of all that is. THAT represents eternal presence. When this number is at work, disappearance and reappearance and the successive workings on the background for appearance and disappearance happen. The number simultaneously exists at all planes.

This number is symbolized by a pot with an opening on either side, which looks like a zero. This is the occult understanding of the number.

Master EK

Vishnu Sahasranama

Preface 1



The cult of chanting the Thousand Names of the Lord is invented by the composers of those ancient Scriptures of India that came under the name of the Purana and Ithihasa. They carry the Stotra tradition found in the Vedas, Brahmanas and Upanishads. They convey this tradition to the Mantra Sastra Literature. Mantra means a composition of sounds (incidentally forming a word or a set of words which may or may not convey any intellectual import of some consistency). This composition of sounds should be vocally uttered and mentally thought of. When the utterance and the process of thinking begin to merge into one another, then occurs a state of consciousness which is the doorway leading to many portals opening the path of Comprehension. The whole process is called meditation. Through this process the mental man begins to expand into the deeper levels in himself until he shines as 'The Pure Himself'. The Pure Himself is nothing but what we call God, the real "I AM" in us.

Each of the thousand names is a word with a meaning attached to it. The meaning is usually a description of the form or the qualities of God. The set of thousand names is to indicate that all the names represent only one God who is shining through the utterer himself. Incidentally these thousand names train our mind to understand that as the same God and we are expected to realise the same God while naming any object or person. This process of spiritual practice is called Mantra Sastra and it earns its tradition from the Vedic text itself. The practice leads to a gradual unfolding of the psychological powers of comprehension. This leads to a happy fusion of the individuality and the personality of the devotee into the background of a higher consciousness which is his own light. This light is called the soul.



Paracelsus Health and Healing

Another Approach to Healing

There is yet another effective approach to healing which is given here under.

- From the healing energy the healer should regularly invoke energies into him to enable him to heal.
- The healer should devote much time to invoke healing energies on Mondays, Thursdays, Fridays and Sundays. Moon, Jupiter, Venus and Sun are helpful for healing. Neptune functions through Venus and Moon. Uranus functions through Jupiter, Sun and Moon. Hence these days are important (more will be said on invocational times and practice in the future articles)
- The healer's soul can be stationed at the heart to receive the energies from the surroundings, through the head (Sahasrara), and brow (Ajna) centres. Let the heart be filled with healing energies regularly through daily meditation. The heart should be so filled to feel the overflow of golden hue (the colour of healing energy).
- Then the healing energies can be consciously distributed from the heart through visualization into his hands and eyes. He should also visualize that he is filled inside and outside with the golden hue. The healer should feel confident that he is ready to distribute the energies through his hands and through his looks and through his thought.
- He should then transmit the energies to the patient's brow centre to enable him to receive the energies of healing. This he has to do from the heart, from the looks and from the thumb of his right hand (touching the eye brow centre). Thus the triangle is complete between the healer's soul, the healer on physical plane and the patient's soul.
- After 24 minutes he may entrust the patient to the centre of the triangle and ensure the flow from the centre to the patient. He may also transmit for 4 to 6 minutes till the healing energy starts healing by itself.

Thus, in this work the annexed triangular healing work happens.



The 3 triangles together result in the triangle shown in the 1st diagram. When the triangle of energy is functioning smoothly and when the response is coming from the brow centre of the patient the healer can invoke greater energies for transmission. This he can do by an act of will or by use of a mantram.

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en

Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 21
June 2018, Billerbeck, Germany

A crowned king is the one who rules the kingdom. The person born in a royal family is not necessarily a crowned king. There are many in a royal family, but only one who is crowned. The crowned one is the one who can rule. He has a throne, and he has the power to rule. We gain these three dimensions in relation to us, when we move to Ajna in our own being. To move towards Ajna, the first step is to move to the heart in us, where we rejoice the activity of pulsation as SOHAM. It keeps singing SOHAM, SOHAM, meaning THAT I AM, THAT I AM, meaning the One who is beyond name and form exists as I AM in us, the One who has no name, who has no form, who is omnipresent, who is omnipotent and who is omniscient, He exists as I AM within us. This is realised in the heart centre.

Therefore, having been a descent of THAT, we try to trace the source of our own being for which another Prana helps us which is called Udana Prana. So, we should be moving more in our own being, and as we move in the upward direction, knowledge reveals to us. Until then the knowledge does not reveal. Knowledge revealing itself to us is different from our gathering knowledge. That is a great difference. The knowledge that you gather from the books is prone to be forgotten. You may have read ten years ago certain dimensions of wisdom which you normally do not remember today. We do read the teachings of the Masters, but not much is retained, because we read with the help of our mind, and our mind has the weakness of forgetfulness. Mind cannot hold continuity of consciousness. That is why we keep on forgetting what we have gained before. The knowledge gained is not retained. Therefore, gaining knowledge sounds to be not a very sensible exercise.

There is revelation of knowledge that happens at a point to each one of us. Revelation is a happening from within. In the West you have the “Book of Revelation”. These are all revelations to Johannes or John. They are not revelations with respect to the Gospels. Between the revelations and the gospels there is a great difference. With respect to Johannes or John, it is an unfoldment of knowledge from within to outside. What I mean to say by this is

that the book of John has much more symbolism than that of the gospels or other followers of the Christ who recite with the help of their mind and with the help of the five senses. The four gospels only speak the same stories with slight differences here and there, but the Book of Revelation is different.

This text is not proofread by the author and might have some mistakes.



Stories for Young People

On Service

Service can be to provide comfort
at physical, emotional, mental, intellectual,
psychological or philosophical levels.

Serve where your skills are
in one or more planes.

9. The Crown

Parikshit was crowned king. Later grandfather Yudhishtira invited the young king to a friendly conversation. He opened his grandson that the time has come, the new king would have to bear the responsibility for reign without the support of the elders. The old king and his brothers wanted to retire.

He reminded Parikshit that every person, no matter what position he takes in life, is only an actor who plays his role according to a given text. The actor must follow the given instructions exactly. He should never consider the glamour and fame he gets for his role as his own merit. He would be a bad actor. A good actor does not stick to his role because he knows that he does not know the true purpose of his play. He can only imply it.

Parikshit realized that his grandfather, his grandmother and his uncles wanted to leave him. He was overwhelmed with emotion and asked the elders to take refuge in the neighbourhood and to remain available to him.

Yudhishtira reminded his grandson of the Palmyra tree: "See how this tree produces delicate folded leaves in periodic annual rings. Once these leaves have unfolded into maturity, the older leaves do not bend under the young leaves. Instead, they bend down and find themselves ready to return to the earth. It is the only way to hold the tree as tree through the spirals of time. The total law of the ultimate values is made to reflect upon the crown of the Palmyra tree."

"The succession of generations of rulers is symbolized by the leaves of this tree. The greatest kings of ancient times have followed this symbol. They honoured the land by renouncing it and handing over their ideals to the trained heirs. You should not understand this destiny as our decision, but as

our wish to find your acceptance. Your approval would change the inevitability to a joy for us.

Parikshit slowly bowed his head in silence and with reverence, thus showing his approval.

Summary after: Ekkirala Krishnamacharya, Man Sacrifice. Chap. 32.



Parishit crowned by Yudhishtira

Window to World Service

News & Activities

Germany

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Group Activities

- The group meets regularly on Fridays for the "Violet Flame Meditation" as well as for full moon and new moon days and on any other fixed significant spiritual event of the year. On these occasions we read the books of our Master: "Violet Flame Invocations" and "Hercules".
- On every full moon and new moon meditations the group members brought edibles to be given to the Poor and the Needed of the region.
- Every Friday we performed the short form of the "Water Ritual" and the "Ritual of the two Candles". On Thursdays and Sundays, we performed the short version of the "Fire Ritual".
- Sundays we linked ourselves globally for the "Global Peace" meditations.

Individual Activities of the Members of the Group

- Counselling of pupils in their daily problems at school as well as in their private life and advice with a special stress on their future activities.
- Mediation and setting of values and structures in the school with the help of sound pedagogy, the use of kinesiology, basic Yoga exercises, breathing exercises, and conscious care for and attention to oneself and others.
- Daily publication of the Prayers of the Day and of Master's activities via WhatsApp.
- Financial support of the school education of an Indian child.
- One member prepared Ghee for the Fire-Rituals and for other group-members.
- Oral and written seminar translations in English of the Seminars of Master K.P.K.

- Transcriptions of Masters seminars in English language.
- Translations from Spanish into English for the magazine "Paracelsus Health and Healing".
- Proofreading of articles for the same magazine.
- Gathering and coordination of the monthly reports of the German groups.
- Coordination of the magazine "Paracelsus Health and Healing".
- The association "Niños de Argentina" was economically supported.

Cooperation with other groups

- In January 2019 took place in the Vosges the sixth seminar about the "Harmonisation of the Subtle Bodies", for the WTT members. It was given by a group member from Belgium.



Picture to the Month of Capricorn

Capricorn - The Blood of the Saviour



The daily movement of Sun's chariot is conceived as a grand ritual by a sage called Dirghatamas, which is enacted on the midnight hours of 22nd December in tune with the winter solstice. Today this ritual is conducted in a different fashion as 'the birth of the saviour'. As explained in the earlier chapters the Sun God is the true saviour and the rays of the Sun emerging from him on the first day of the Capricorn (23rd December morning) are seen as the blood of the saviour that saves the world. During the hours preceding the dawn the ritual given by Dirghatamas is enacted in the ashrams. Madame H. P. Blavatsky presented in English this ritual in her epochal work 'Isis Unveiled'.

K. Parvathi Kumar: Seminar on "Ashwins (Healing Devas)", Visakhapatnam 2019

Book Review

Narayana Kavacham



Many people who suffer from misfortune, diseases and the onslaught of the social and planetary influences stimulated by the experience of their past deeds, are in search of spiritual help. Many discover with the Narayana Kavacham (protective shield) stunning results both from the mundane and the spiritual point of view. It is considered to be one of the most powerful Mantric formulae.

Master EK gave the "Narayana Kavacham" and his commentary as a spiritual practice to experience the One.

Ekkirala Krishnamacharya: Narayana Kavacham

PDF http://www.worldteachertrust.org/_media/pdf/en/ek/narayana_kavacham.pdf

Info: The World Teacher Trust, info@worldteachertrust.org

Wisdom Teachings of Vidura



Vidura was the Chief Counsel in the Royal Court of the Blind King. He is an initiate that knew the Law and advised the king untiringly and patiently. He is considered as the Mahachohan (the chief of a Social Hierarchy of the trans-Himalayan adepts) in the Theosophical world. His teachings to the king are eternally valid. They are given in brief, culling out from the Mahabharata. (The Mahabharata is the great epic composed by Veda Vyasa in 18 books. The Bhagavad Gita forms a part of it.)

K. Parvathi Kumar: Wisdom Teachings of Vidura

Info: The World Teacher Trust, info@worldteachertrust.org

Online: <https://worldteachertrust.org/en/web/publications/books/vidura/main>

Astrological Important Days in December 2020/January 2021

21.12.	11:02	☉ → ♐ / Sun enters Capricorn D	Winter Solstice: Birthday of Jesus Christ ☉ in ♐ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i> ☆
	11:45	☾ 8 th phase of ascending moon starts (End 22.12. at 13:44)	☉ 00°02' ♐ / D 24°02' ♋
24.12.	18:47	11 th phase of ascending moon starts 4	☉ 03°23' ♐ / D 03°23' ♋ <i>For healing</i> (End 25.12. at 21:24)
29.12.		December Call Day	
♂	03:25	Phase of full moon starts <i>Contemplation upon the 8-petalled Heart Lotus</i>	☉ 07°50' ♐ / D 25°50' ♋
30.12.	04:28	☉ Full moon of Capricorn	☉ 08°53' ♐ / D 08°53' ♋
05.01.	23:34	☾ 8 th phase of descending moon starts ♂ (End 06.01. at 21:37)	☉ 15°49' ♐ / D 09°49' ♋
08.01.	17:10	11 th phase of descending moon starts ♀ <i>For healing</i> (End 09.01. at 14:47)	☉ 18°36' ♐ / D 18°36' ♋
12.01.	07:53	Phase of new moon starts ♂	☉ 22°17' ♐ / D 10°17' ♐ New moon point of Capricorn: Contemplation upon ,The Pledge'
13.01.	06:00	● New moon of Capricorn	☉ 23°13' ♐ / D 23°13' ♐
15.01.	00:34	23 rd constellation <i>Dhanishta</i> starts ♀	D 17°28' ♋
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 16.01. at 00:47)	
19.01.	21:39	☉ → ♋ / Sun enters Aquarius ♂	☉ in ♋ – Every Sunday (24.01., 31.01., 07.02., 14.02.): <i>Invocation of Aquarian Energy via Master CVV</i>
20.01.	08:45	☾ 8 th phase of ascending moon starts ຊ (End 21.01. at 11:20)	☉ 00°28' ♋ / D 24°28' ♎
23.01.	16:26	11 th phase of ascending moon starts ໕	☉ 03°51' ♋ / D 03°51' ♋ <i>Contemplation upon the Third Eye</i> (End 24.01. at 18:28)
27.01.	20:47	Phase of full moon starts ຊ	☉ 08°06' ♋ / D 26°06' ♋ <i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>
28.01.	20:16	☉ Full moon of Aquarius	☉ 09°06' ♋ / D 09°06' ♋
04.02.	07:37	☾ 8 th phase of descending moon starts 4	☉ 15°40' ♋ / D 09°40' ♋ <i>Contemplation upon Master CVV</i> (End 05.02. at 05:37)
05.02.		☉ Sun in constellation <i>Dhanishta</i> until 17.02. ♀	<i>Daily meditation upon the receipt of Dhanishta energy</i>
07.02.	01:56	11 th phase of descending moon starts ☉	☉ 18°28' ♋ / D 18°28' ♋ <i>Contemplation upon the Third Eye</i> (End 08.02. at 00:18)

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2020/2021«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, KohlHüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The thumb sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thumb sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad