

Vaisakh News Letter



HAMSA SIVA SOHAM

g

Capricorn 2022 Makara

Letter No. 9 / Cycle 36 – 21st December 2022 until 20th January 2023

The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Contents

Master E. K. • Invocation	2
Prayer of the Year 2021-2022	4
Message of the Month.....	6
Message of the Teacher	7
Utterances of Lord Krishna	8
Lord Maitreya	8
Master Morya - Maruvu Maharshi	9
Master Koot Hoomi - Devapi Maharshi	10
Message of Master E. K.....	11
Message of Master C.V.V	12
Vidura Wisdom Teachings	13
Saraswathi	14
Ashram - Regulations for Entry.....	15
On Secret Doctrine	16
Saturn	17
Discipleship	19
Doctrine of Eternal Presence/Sound/OM Namō Narayanaya	20
Guidelines to Members / On Healing / Rudra	21
Sanat Kumara	27
Seventh Ray and Magic	28
Enlightening Encounters.....	30
Uranus	32
Vishnu Sahasranama Master EK	34
Paracelsus - Health and Healing	37
Dimensions of Ancient Wisdom	40
Stories for Young People	42
Window to World Service	44
Image of the Month.....	46
Book Review	47
Astrological Important Days	49
Master D.K - Great Invocation.....	50

Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: wtw@kulapati.de, Spanish: WTT Argentina: wtw@wttargentina.org, WTT Spain: info@wttes.org; Brazilian Portuguese: brasil@worldteachertrust.org

Prayer of the Year 2022-2023

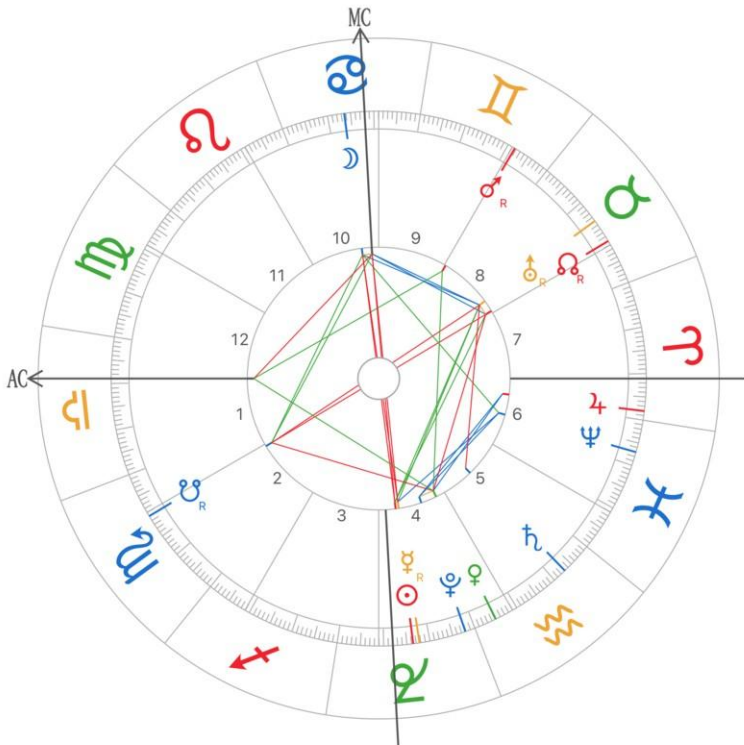
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

'Markandeya!' the Devas hail.



Full Moon of Capricorn, 7 January 2023, 00:08 am CET (UTC + 1)

Message of the month of Capricorn g

Capricorn glyph g is a secret.

Varuna, a cosmic god, is the Lord of the hidden potencies of space. Makara is his vehicle, a white dragon, that manifests through Uranus in Capricorn. Varuna is also symbolised with a trident moving on the space waters. In this capacity, he manifests through Neptune in Capricorn.

The Trinity of our solar system manifests through the triangle of Neptune, Uranus and Saturn.

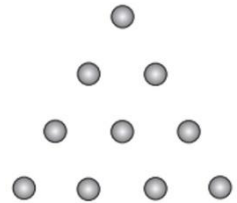
The sign of Capricorn conceals the Trinity and in Capricorn, the Saviour is born. Gods are born in Capricorn. For the beings manifesting in the human kingdom, Capricorn is the Mountain represented by Saturn, the point of initiation, the culmination of the path of discipleship.

The number potency of Capricorn is ten (10) symbolising the one "I AM" that exists in ALL and its creation.

Pythagoras expressed this through the Tetractys symbol, ten dots in four rows, each with one, two, three and four dots.

Uranium is the metal of Capricorn. Its use in spiritualism is not yet revealed by the Masters of Wisdom even to the disciples of the last initiations. Master C.V.V. had a spark of this metal emanating from his heart lotus.

Only when we as aspirants "master" the Saturnian energies in all aspects of life, can we start to make real progress on the path of discipleship. It is only thereafter that we will be introduced to the Uranian and Neptunian energies. Saturn is the dweller on the threshold of the Temple of Initiation.



Composed by Heinrich Schwägermann Lorenzen



Message of the Teacher

The vertical column 3

Everything is unlimited in the universe; you are limited by your own negation of universal existence. From incarnation to incarnation there is a continuity of being which can be experienced when you remember that you are universal consciousness expressed as individual consciousness. If you do not link you suffer death, that is why linkage is important. It exists in your central vertical column. The universal consciousness exists in your vertebral spinal system; you only have to relate to it.

Compiled by Ludger Philips



Hugo Grotius (1583-1645): Capricorn

Utterances of Lord Krishna



Whatever you call 'THAT', know it as the presence of the Lord, the Me in you. Convert your will into Me. Convert your 'me' into Me. Have stability in Me. Have Me as your object. Then your path is the path of no return. Then you have washed your sins in realization of Me.

(5,17)

See the learned, the humble, and the realized ones. They observe Me while they see a cow, an elephant, a dog and a hunter of the dog. This is the vision of equality.

(5,18)¹

PRACTICAL WISDOM

It is always wiser to respond to a demand
Than to propose in anticipation of a need.

¹ From: The Mandra Scripture. An Aquarian Rendering of Bhagavad Geeta. Kulapathi Book Trust, Visakhapatnam, India 2016, 5th edition

Lord Maitreya

Maitreya Community

Teaching and Presence



There is no end to teaching. As it is said, there is always a learner and accordingly a teacher. The teaching on the other hand can be lively, or also mere intellectual and mental. Many children try to teach, which is often time seen as mere babbling. The key here is the connection. When the teacher is impersonal, open and stays connected to the divine, the transmission happens from the higher circles. Such delivery is fresh and lively. Such transmission brings the presence which transmutes and transforms the listener. A teaching is often judged by its effects and the demand.

It is indeed difficult to renounce the feeling of ownership, and it is likewise difficult to overcome babbling. Reproduction of gathered information is not lively. A secret of teaching is to listen to the listener. The delivery is tuned to the place and time of the teaching. It is but to repetitively remind the listener of the light that they carry within. Understand that it is the presence that impacts the listener and not just the content.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

Signs of the Times

An angry person is like a bull. But the one who strikes a blow for justice is like a luminous spirit. When will people comprehend the wondrousness of becoming like the Highest Beings? As yet, they are abashed at this thought.

This is why it is important, especially at the present moment, to direct attention to Agni Yoga. In each century, there is a powerful awakening of psychic energy in humanity, but usually this beneficent indication is not understood by people.

Let us take an example. At the beginning of the nineteenth century, there rose a tide of romanticism without, however, an understanding of its essence, or, properly speaking, without heroism. In the middle of the same century the world became enveloped in a negative materialism, failing even to study the true properties of matter. The close of the century was given over completely to decline, even though a reassessment of values had been indicated. The beginning of the present century was marked by war and national upheavals, although the recognition of psychic energy pointed toward the conquest of other worlds. Thus, by free will were the destined values perverted. In the middle of our century there will flash forth signs of new, as yet unmastered energies, and again people will scurry about in false directions. Therefore, it is time to give the signs of the true path to those who can see. Let them have enough time to familiarize themselves with it, remembering how little time is left. (*Agni Yoga*)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 56: Indebtedness

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala is the centre for transformation. Death as a transformation is a truth, fundamentally inaugurated by Shambala. Those who die, are reborn again and again on the planet. A detached attitude to things and a state of no-desire is indeed a rarity on this planet. Even the ones, who have transcended the desire nature in them, cannot pass-over from the planet so very easily.

Even beyond crossing over the desire, the duty remains. We are indebted to the planet. The more one gains in awareness, the more one comprehends that it is not easy to stand free of this debt. The Hierarchy on the planet is also engaged in the duty that emerges out of such indebtedness to the planet.

Death is to the body and not to the being. To the beings, death brings no change in awareness. Desire brings the beings back again and again into cycles of birth and death. Shambala therefore teaches that death to body is no death! To be dead to one's own nature of desire and to be born again in duty is seen as real transformation. Such birth is seen as a much superior birth. To discharge the duties emerging out of the indebtedness towards the Seers and the planet, one needs to conduct acts of service on the planet for long cycles of time.

To those ever engaged in duty untouched by the residues of desire, the formation of the subtle body (Antahkarana Sareera) is a reality. By functioning with the subtle body, when the duties are discharged, there is no obligation to further remain on the planet. Even the subtle body can be dropped at will! The Masters of Wisdom that we know about, are the ones ever engaged in the work of goodwill, functioning through the subtle bodies. Lord Sanat Kumara guides the Hierarchy of Masters on the planet.

Lord Sanat Kumara dropped even his subtle body in the previous cycle of time (Kalpa), ascending to the state of Brahman. He is a grand light that has voluntarily instated himself on the planet for the upliftment of the beings.

Shambala thus teaches about the three deaths. The first is death to the form. The second is to the body of desire. Thereby, there is a cessation of the actions arising out of the desire nature. The third of the deaths is the Nirvana that results from the accomplishment of the ordained duties on the planet.

Master Djwhal Khul informs us that the only light that has stayed back on the planet having transcended the three states is Lord Sanat Kumara. Out of love for the beings on the planet, He has voluntarily stayed back and is available on this planet!

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Path to Shambala
Nicholas Roerich

Message of Master E.K.

Inclusion



Real spiritualism consists in realizing what is common with others and not what is special among ourselves. It is the spirit of awareness directed towards identification and not towards identity that is required. It is for the very same reason that the sunshine stands eternally spiritual and pure. Why does the water of the holy rivers and the rain from the clouds purify and replenish the beings of this earth? It is for the same reason. Why is God beyond and above the impurities of matter and the imperfections of mind, though he is omnipresent? It is for the same reason. It is this awareness that is to be developed in everyone by a real Guru who can be called a Master. Of course this requires a certain path of probation and training but it never means a sense of keeping the identity and remembering how he is different from others.

The Masters lead people from the universal to particulars in realising and picking up the values. Inclusion and not enrolment is the process of initiation into spiritual awareness. Regulation and rectification are the things required and not at all restrictions.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 56

163. It is the duty of the disciple to conduct the outer life and inner life separately. The disciple should have a clear demarcation between outer and inner lives. Abundant care should be taken to ensure that the outer life does not influence the inner life of the disciple. The inner life is tied up with the subtle world, and the relation with the subtle world has permanence. Since constant change is the nature of the outer, the disciple would progress well when disciple learns to accept the change.

164. It is unruly to pat and wake up anyone that is in prayer. If it is unavoidable, one could snap one's fingers to wake the person who is in prayer.

165. In the prayer, by submitting bodily health issues to the Master and by implementing food and other related suggestions that occur in the prayer, the disciple would get continued cooperation from body for yoga practices.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



Wisdom is the Law
for the enlightened one.
The Law binds the beings
when wisdom is abandoned.
Excessive desire and anger
are the abettors for
abandonment of wisdom.

PRACTICAL WISDOM

Symbols, colours, sounds and numbers
enchant the seekers.



Saraswathi

Saraswathi Suktam 7 The precision of utterance 2

There is a combination of sounds in a word. For example the word AKSHARAM consists of: A KA SHA RA M. It is a sound that:

- a. breaks limitations
- b. drives us from the centre of our being to the circumference
- c. represents the process of wisdom
- d. gives us the value of man in relation to the Universe.

When the Word is uttered forth with intent, related to anyone of the above, it helps to manifest the related energy. Likewise, sounds uttered forth with intent, precision, and clarity, helps breaking our limitations, causing transmutation of the body cells. This transmutation is the basis for transcendence.

Ashram Regulations for Entry



The cave 7

The servant is no other than the mind. The mind needs something to do all the time. When it has no work to do, it works on the nerves of men. This is the major problem of humanity. "How to manage mind?" is a huge topic. Many books can be written on this to make business. But none of these books are helpful. The seers solved this problem long ago and the scriptures contain the solution. The mind which is a doer shall be entrusted work. The hermit gave the clue to set the mind upon the tree, to go up and down. The tree is no other than the tree of life within you. Life activity is perceptible in us as respiration. It is an activity of inhalation and exhalation. Application of mind upon inhalation and exhalation can be an activity of fairly long duration by which mind engages with and tries to find the source of life activity.

By regular application of mind upon respiration one accomplishes much, the final accomplishment being initiation. Man gains quietude, peace, and even health by regular application of mind upon respiration. The rhythmic activity of respiration brings rhythm to mind and man is able to accomplish much with the help of rhythm. Man also gains the ability to withdraw mind from objectivity by applying the mind upon respiration. By this he would not let his mind into objectivity when no duties are involved. He thus avoids avoidable actions. His life tends to be concise and precise and does not flow anymore into non-essential activities. By this he gains much time for contemplating upon respiration and gains the related peace and quietude. As said earlier, regular sittings are helpful for the purpose of observing inhalation and exhalation.

On Secret Doctrine

Dhyan-Chohans



This body serves as the vehicle for the “growth” and the transformations through Manas and owing to the accumulation of experiences, of the finite into the infinite, of the transient into the eternal and absolute.

The “Lunar Monads” cannot progress, for they have not yet had sufficient touch with the forms created by “Nature” to allow of their accumulating experiences through its means. It is the Manasa Dhyanis who fill up the gap, and they represent the evolutionary power of intelligence and mind, the link between “spirit” and “matter”, in this round. ¹

The pure object, apart from consciousness is unknown to us, while living on the plane of our three-dimensional world. Cosmic ideation focused in a principle or Upadhi (basis) results as the consciousness of the individual ego. Its manifestation varies with the degree of Upadhi, e.g., through that known as Manas it wells up as mind-consciousness; through the more finely differentiated fabric (sixth state of matter) of the Buddhi resting on the experience of Manas as its basis, as a stream of spiritual intuition. ²

The supra-consciousness descends into the mind and even further into the grosser plane to turn the man into a Master - an immortal, divine one. Master CVV calls this as “physical immortality”. ³

The objective of Master CVV YOGA is to develop etheric body of the human being through the “New Pituitary” to experience continuity of life.

“You shall experience simultaneous existence in all the planes”. This is the keynote of Aquarian Wisdom, the high point of human birth and the

¹ The Secret Doctrine, vol I, p 181-2. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

² Ibid., idem, p 329.

³ K. Parvathi Kumar, The Aquarian Master. Dhanishta, Visakhapatnam, India 2019-3. https://worldteachertrust.org/_media/pdf/en/aquarian_master.pdf

culmination of the process postulated by Master.

Pure experience is not causal. As adults, we have many reasons for everything; it means that we are not yet ready just to experience.¹

Meditation takes us to pure experience. The pure experience does not allow any thought. We do not know anything about the span of the experience itself.²

There are beings who permeate the ether and are present on the plane of pure experience.³

Composed by Rama Prasad Joshi



Sri Krishna statue installed by Master KPK
in Olavarría, Argentina

¹ https://worldteachertrust.org/en/web/basics/bodies_of_light

² https://worldteachertrust.org/en/web/meditation/process_of_meditation

³ <https://worldteachertrust.org/en/web/basics/expansion>

Saturn

Sam - The Key to Saturn

Three qualities 3



Ahamkara (I AM consciousness) is but a myth. It is only the Universal Consciousness expressing itself as individual consciousness. It is like an ocean expressed as wave. Wave is but ocean only. Wave has no independent existence. So is the individualized consciousness. Until it is dissolved, the limitation exists.

Thus, up to 8 planes of nature, there is the potential limitation. A limitation is circumscription. These circumscriptions are eightfold in nature. The 8 circumscriptions represent the Saturn rings, by which man suffers from the absence of bliss.

Pure consciousness is bliss.

Consciousness dominated by Rajas or Tamas loses the needed bliss.

The limitations representing the Saturn in the body can be lifted up by proper comprehension followed by regular introspection and practice of the sound 'Sam' to reach beyond the triangle into the pure state of consciousness.





Discipleship

Carrying the Cross of the Co-Brother

The inner urge towards outer heights is a replica of the yearning for inner ascension in the subtle world with its peaks and splendour. Yet the disciple knows that the work done inside, the inner beauty, is being developed into the strength to carry the cross, namely the cross of his co-brother and acquaintance on the path of life who is in dire need for help, for a shoulder to lean on. Whatever the need be, the disciple is using the inner and outer skills acquired, to alleviate this burden in silence.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Cordiality,
Co-ordination,
Co-operation, and
Communication
are qualities liked by
Hierarchy!
Let us emulate them.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 6



As long as the Creator remained in the Presence of THAT (THAT in English is equivalent to tat in Sanskrit) things happened well. Whenever he was out of the Presence things did not happen well. If that is the case with the Creator, you and I cannot be better off, without being in the Presence. We too have to be in THAT, if things have to proceed well. The whole scheme (the Plan of creation) runs from THAT. You can be a watchful, observant to witness and experience the splendour of all that happens through you. A part in you does, while another part in you witnesses and enjoys. If you settle only in the doing part, you remain as labourer. You can enjoy the splendour. You need to settle in that part where you remain an observer, while the other part responds to the world. The observer is the Insider. The doer is the outsider. The insider resides in the Antahkarana. While the outsider lives in objective mind, senses, body and surrounding environment, i.e., Bahir Karana. As you learn to sit in the inner chamber, you perceive the Lord's work and let it flow through you. If you sit in the outer chamber, you get into illusion, entangled, confused and bound. The Creator realised this and settled in the Presence. Thus the Creator himself is the first disciple and the first medium to this philosophy of Bhagavata.



Sound

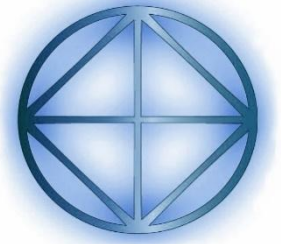
Respiration and Pulsation

The sound "SO-HAM" and "OM" 1

If we carefully listen to the respiration, making a very rhythmic respiration, we will listen to two sounds. One sound is when we inhale, the other sound is when we exhale. When we inhale, we can listen to the sound SO and when we exhale, we can listen to the sound HAM. SO HAM is the sound that we listen to when we carefully listen to our own respiration. Keep listening to your own inhalation and exhalation, you will inevitably hear these two sounds.

Continuous listening to the rhythmic happening of these two sounds, SO and HAM, by applying the mind upon inspiration and expiration, we gain to the next advanced step called Pulsation, and we will be able to listen to pulsation. Pulsation is the basis for our respiration. If there is no pulsation inside, there is no respiration. By continuous listening to the rhythmic happening of the sound SO-HAM, we merge the mind into respiration. As mind is thus merged into respiration, the two go together to join the pulsation. That is the state of our Existence, where the respiratory process and the thinking process have merged. That is said to be the first point of Unity of Consciousness.

OM Namō Narayanaya



The Path to Realization 2

Normally, certain forms are agreeable and certain forms are not agreeable to the mind. The cat is agreeable, but not the tiger. A peacock is agreeable, but not a snake. A light colour is agreeable, but not a dark colour. A geometrical form is agreeable, but an irregular form is not. Disagreeability is based on mind's information and mind's limitation. As much disagreeability of form exists in one, so much one tends to be constricted. A black form is disagreeable to some, while a white form is disagreeable to some other. Agreeability and disagreeability in relation to form requires to be superseded. Certain seemingly disagreeable forms contain very agreeable things within. A coarse looking pineapple or jackfruit has a very agreeable sweet fruit within. A seemingly hard coconut contains nourishing and tasty water within. In nature, contraries are present. The contraries should not always be seen as opposites. They are seemingly contrary but are generally complementary. A rough looking man may be tender in behaviour, while a very tender looking lady could be a calamity. All formations are carried out by the great architect of the universe. He is called Vishwakarma in Vedas. Contraries are arranged by the architect. A nightingale has a melodious voice, but it looks not beautiful. A parrot is very beautiful, but its voice is irritating. Seeing the beauty of contraries, leads to joy. I need not elaborate on this.



The World Teacher Trust

Guidelines to Members, 38-40

38. The members of The World Teacher Trust are advised to build a triangle of regular meditation, study of teachings coming from the Hierarchy and the engagement in a sustained service, which eventually grows. When this triangle is well built, a member is noticed as an aspirant.

39. Aspirants only are picked up by the members of the Hierarchy for further training through impressional teachings. While in meditation, wait to receive Light, do not rush towards it.

40. Service has to be efficient and accurate. Service with half mind and half knowledge is dangerous (astrology, psychology, homeopathy shall have to be learned thoroughly before practice).



Master Mountain, Nilagiris

On Healing Introduction



“I seek to heal but not hurt.” 4

Man’s so-called development in this century has made his habitat (the planet Earth) inhabitable. His development concept has brought in water (river) pollution, air pollution and matter pollution. Above all the thought pollution is very high. He polluted everything around him, through a self-initiated path of (illusory) development. In the name of liberation movement the ethical values too are transgressed in terms of sex, breeding such diseases as Aids!

It is therefore time for us to gather together to learn healing and heal our bodies and heal all that is around which we have polluted over years; lest we die from out of the poison that we emitted.





Rudra
The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 49
Vrikshebhya

Rudra exists as Vrikshas, which means the trees. The tree symbolically means the life that grows and branches off. The one life principle that enters into a being grows and branches off into various nerves, arteries and veins. This growth and branching off from the life principle within needs to be visualised as the work of the Lord Rudra. The life principle enters into the body through the sunrays and also through respiration, causing the pulsation and the circulation of blood through the entire system of the human constitution and the universal constitution as well. All this movement, namely respiration, pulsation, and circulation, is governed by the law of vibration. The life vibrates and that vibration is Rudra.)

Sanat Kumara



The Teacher is a vehicle of the Divine 1

Lord Krishna also strongly recommends serving the Teacher who holds the keys to action, to wisdom and to self-realisation. The Teachers are yogis, are representatives of the Divine. Through them the Divine sees. Through them the Divine listens. Through them the Divine talks. Through them the Divine gives touch. Aspirants get abundantly benefited in the presence of a Teacher, just like an iron piece gets magnetised in the presence of a magnet. The Divine presence flows through the Teacher or yogi, and it makes itself available to sincere aspirants. The purpose of Teachers on planet is to be available for the sincere seekers.

The Teachers look ordinary, but they are extraordinary. They are the vehicles of the Divine, like Jesus, Pythagoras, Maitreya, CVV, Ramakrishna and a host of others. These Teachers live among the people. They remain common among the commons. But they are the uncommon ones.





Seventh Ray and Magic

The incoming of the 7th Ray 3

When a ray's influence passes away from a race or a planet or a system, it must not be understood as rescindment of that ray's influence. It continues to exist but passes through race or planet or the system but does not influence the latter. The latter are not its objects, its focus is elsewhere. When a race or a planet or a system, become the objects then they become the focus point and they receive the ray influence/energy on a consistent and constant basis. They receive the ray energy until the transmutation is complete. When the transmutation is complete, they remain only as the mediums that transmit the ray energy but do not anymore get influenced by it.

Similarly, when we say that the 6th Ray has passed away and 7th Ray is incoming, we should understand that while 6th Ray energy remains in the system, it does not any more influence but gets transmitted through the race. Since these are the times of 7th Ray, 7th Ray influences our race and planet and we become its object of focus. The influence will be constant and consistent so that the slow and steady process of transmutation happens.

The aspirant therefore, would do well to orient and psychologically submit himself to the energies of 7th Ray such that transmutation happens in line with the Divine Order.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Mother Anasuya, Jillellamudi, 3



Saukumarya had the good luck of visiting her with his family in the year 1977. She personally gave time to four families that evening, of which Saukumarya's family was one. When Saukumarya introduced himself by his family name, the Mother smiled and said, "Your grandfather and I were good friends. We used to live in the same street in Bapatla." She enquired about every member of the family present before her. She offered a preparation with her own hands to each one in the group. It was the most delicious preparation of Gongura chutney, fully smeared by cow ghee. The taste remained in memory of all who relished it for a long time.

Once again Saukumarya had the good luck of meeting Mother Anasuya along with Master EK and a police officer, in November 1983. The Mother received them with much love. Master EK was younger to the Mother by three years and they knew each other right from the childhood. They grew in the same place, Bapatla. Pleasantries were exchanged between them. The Mother addressed Master EK fondly as 'Krishna'. She said, "It is very long since we met each other Krishna. You have been busy with lot of work. It was 11 years ago that you came, before you left on your first tour to Europe." Master affirmed that it was so and said, "Yes Mother, I was with you in April, 72". The mother said, "In April, 72 you left for Europe. In February, 72 you were with me." Master EK looked at Saukumarya and Saukumarya nodded his head affirming the Mother's statement.

Master EK introduced Saukumarya and his family to Mother and said, "This family is with me and I am with them in their house in relation to the work." The Mother instantly said, "Yes I know him, and I know his family. He was here in 1977 and I fed them Gongura chutney. He belongs to Kambhampati family." The memory of the Mother stunned Saukumarya and his family members.

Uranus

The Alchemist of the Age

Imperial Oppression 2



The aim of good governance is equal and fair distribution of all resources of the nation to all classes of the society. Laissez-faire is the dictum of governance. The governments should let the people do with minimal interference to ensure social order and also with minimal tax impositions. 'Fair for all, welfare for all' is the motto of good governance. It may not be out of place that in many parts of the globe the citizens are almost treated as slaves and the governors are the masters. It may sound harsh but it is so. Power converts into money, money strengthens the power. Money and power are the rulers. For the sake of money and power, the governments let loose socially harmful activities such as supply of drugs, armaments, alcohol, tobacco, night clubs, gambling dens and so on. If the activity is seen from a dimension, it looks that in the name of governance the contrary is done to the people.

All ideologies of governance are now reeling and are suffering convulsions. A new theme of social justice is being thought of. Uranus works heavily on governance as much as it works on religions. These are the two primary authorities that did not let the people live well and live free. This is a paradox but it is true, if viewed from an altogether different dimension.



Master EK

Vishnu Sahasranama

Stanza 2, 7 - 8

7. He is the knower of the field of action, thought and realisation. He is also the Lord. "The body is the field. One who wants to know it is the knower" says Bhagavad Gita (13-2). Just as the wise agriculturist works out the fruition of his food in the field, the spiritualist works out the fruition of his good deeds, eliminates bad deeds and leads the lower man into the land of liberation.

8. The Lord is beyond dissolution and disintegration. Dissolution is the merging of parts in the whole. The Lord is the whole into which everything dissolves. Disintegration is of atoms, cells and bodies and also of thoughts, religions and philosophies. The Lord is the one who receives each of them into Himself and stands as the background.





Paracelsus Health and Healing

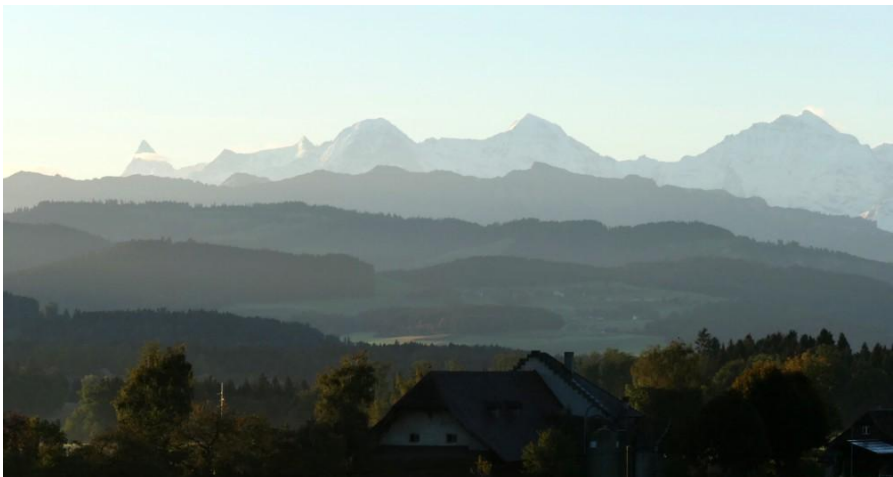
Prana - life force, part II - 1 Nature of prana

The occult science recognises pure existence as absolute God, which is within and beyond creation. Pure existence means that, it is not conscious as yet. Consciousness is hidden in it and is capable of emerging there from. In that state of pure existence there is no observer and the observed. It is compared to a deep slumber. When an individual is in deep sleep he is existing but not conscious of his existence. From this state of sleep, awakening happens. The individual gains awareness of his existence, becomes conscious of his existence. Thus awareness and consciousness are seen as an emergence from existence. This state of pure existence called absolute God is the potential source of all manifestations of which the first emanation is called awareness. It is also called Prakruthi, meaning the cosmic nature. This is the first modification of God absolute as all knowing God. The seeming nothingness yields to knowledge or awareness or consciousness called the light. The impulse for seeming nothingness to that of awareness is explained as a spring-up; as an emergence. It is called one becoming two; existence becoming awareness. Later this awareness details into a triple, which is the second modification. This triple is will - knowledge - action. In the scriptural terminology the pure existence is the absolute God, existence - awareness is male-female God and the triple is the trinity.

The primary modification is from pure existence to awareness. This is an awakening that happens according to scriptures as per a time plan. Thus the awareness and time are said to be emerging with the help of a trill that happens to the state of pure existence. This trill is called cosmic force, cosmic fire, cosmic prana. It is an impulse from existence and later

continues to be as pulse in creation. This pulsation is the chief motivating force for all that manifests in creation from supra cosmic existence to mundane existence. All visible existence has its basis in pulsation. This pulsating force is force of prana and is said to be the foremost in creation. Without this force the existence remains inactive and the very activity of awareness is not without the source. It is the cause of all activity and is the base for all modifications of awareness into various states up to the gross physical. This dynamic pulsating prana is the chief instrument of transformations of Prakruthi from subtle to gross states and from gross to subtle states. The pranic descent enables unfoldment of the worlds from cosmic to solar and from solar to planetary levels. Its absorption withdraws these worlds into itself. Thus prana is seen as a thread that holds together all that is in manifestation. It is the magnetic force that holds and animates all that is in creation. It is like the one thread that holds the beads of a rosary.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar

Group Life Teaching, Part 45

June 2018, Billerbeck, Germany

I spoke to you about the need to overcome the limitations of Libra and to overcome the limitations of Gemini. This is because Gemini gives us a lateral sense of right and wrong, pain and pleasure, all kinds of dualities, while Libra causes so much passion that we get attached to that which is objective to us. From these dimensions to release ourselves, first we have to understand how are we on all the three crosses of twelve zodiacal signs. That has to be known. Either when we see our horoscope or we see others' horoscope, we have to see in these dimensions. What are fixed energies, what are mutable energies, what are the cardinal energies. Cardinal energies give us an indication of the kind of health or ill-health that the person would carry. The fixed cross would denote to us what is accumulated and preserved in terms of desirable and undesirable things.

And then in the mutable dimension we can see in what aspects the man keeps on changing for nothing. To make an understanding in this manner, we need the support of a science. Among those sciences, astrology is seen as the best science to know the constitution of man. The constitution of man in terms of the twelve sun signs and the functioning of the seven planets is of great importance. Otherwise, we only go by a chart of zodiacal signs, we see the aspects and we try to know things, but first divide the man in three parts, in the mutable, fixed and cardinal dimension of man.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Super sensitivity to criticism
affects your Service to fellow beings.

How the Earth is freed from a burden III: Kalayavana

The humiliated King Jarasandha did not give up hope of destroying the Yadavas. He gathered a new army and marched towards Mathura. On the way, he met Kalayavana, another powerful king. He told him of his intention to take revenge on the Yadavas and of the unsuccessful attempts thus far. Kalayavana calmed him down. He gathered a large army and united it with that of Jarasandha.

It was night when they reached Mathura. The inhabitants of the town were asleep. Krishna and Balarama observed the situation. Krishna suggested to build a new city in the sea and to bring the inhabitants of Mathura there to safety. Balarama agreed.

Krishna contacted Vishvakarma, the celestial architect, and asked him to build a city in the sea. The architect built a golden city comparable to the city of the gods: with golden towers, wide streets, gardens, groves, with terraces adorned with emeralds, corals and moonstones. It was Dwaraka. The devas sent gifts to the best of their ability and contributed their share to the new city. With the help of his yogic power, Krishna transferred the sleeping inhabitants of Mathura to the new city.

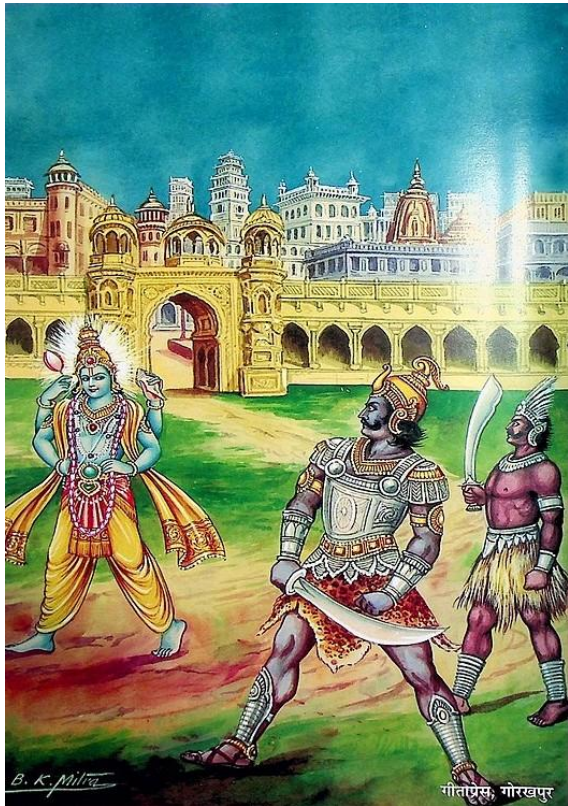
The next morning, the soldiers could not believe the changed situation: The city gates of Mathura were open. A young man came out, looking around anxiously with every step. They reported to Kalayavana that someone was trying to escape from the city. Kalayavana looked at the young man. He was exceptionally beautiful and smiled kindly. Kalayavana concluded from what he had heard that this young man must be Krishna. Despite all his admiration, he saw an opportunity to capture and kill this dangerous youth.

Krishna made sure that he was noticed by Kalayavana and pretended to flee unnoticed. He ran away, Kalayavana after him. The pursuer called him a coward. Is this the same boy that is supposed to have killed Kamsa and defeated Jarasandha? Kalayavana could not believe it. Krishna was playing a

game. He ran in such a way that Kalayavana thought he could reach him and would not give up the chase. Finally, Krishna disappeared into a cave. Kalayavana had to get used to the darkness in the cave. He looked for Krishna. A figure lay on the ground, seemingly asleep. Kalayavana got furious, "You coward, pretending to be asleep? Fight with me!" He struck the figure with his foot. Slowly, the sleeping man opened his eyes. They were red with anger. It was not Krishna. The fire of those eyes burnt Kalayavana to ashes.

To be continued...

Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003. ch. 213-218; 248



Krishna and Kalayavana

Window to World Service News & Activities

SWITZERLAND

Name of the group: Mukta

Contact: Erika Röthlisberger

Address: Hochhüsliweid 13, CH-6006 Lucerne

Phone: +41 794883451 E-Mail: eroethlisberger.lu@bluewin.ch

Activities

Promoting soul and health awareness with:

- Book and DVD lending on soul consciousness, meaning of life, death and rebirth.
- Talking about these topics, sharing and building bridges from the subtle to the material, for the purpose of promoting understanding and responsibility for our thinking, acting and caring for our inner being, our physical body, our fellow world & environment. Guidance of prayer, healing meditation, rules of the yoga path, healing methods, naturopathic applications.

Caring for children. Favourite topic is appreciation for animals:

- Role-plays on how animals think and feel, plus watching Dr. Dolittle movies "Talking to Animals," then spontaneous theatre "5-Star Animal Hotel with Veterinarian," using stuffed animals, hand puppets and household items.

Care and meeting to serve together in place of a very elderly senior woman from the social lower class: we volunteer to help organize, health and therapeutic care to allow her to live independently at home as long as possible and to promote the greatest possible health well-being. We bring more joy, beauty and lightness to a busy, difficult life by supporting with

- Reflexology massages and individually produced natural remedies such as Bach flower blends, massage oil, ointments, etc.
- in personal administration including finances.
- doing light housework and spring cleaning.
- playing cards or board games together.

- Promote the hobby of painting mandalas by providing selected motifs that will delight your heart. She also brings joy to others by colouring mandala greeting cards.
- Lending mind-expanding books that appeal to the heart.
- having enriching conversations about the meaning of life, prayer, dying and rebirth.



Picture to the Month
Capricorn - Blessing and Protection



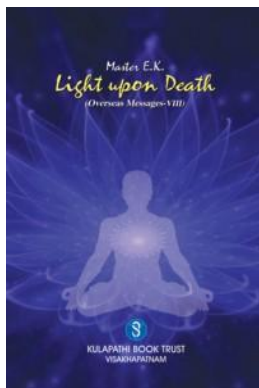
The emblem of the hand with its five fingers stretched out in a posture of benediction is called Abhaya Mudra in Sanskrit. Through the means of this Mudra the Wisdom is transmitted in silence. The disciple receives and transcends. The five fingers of the hand in Sanskrit is called Makara. Makara is also the Sanskrit name of Capricorn. Varuna is said to be riding on it, meaning he presides over. The hand of five fingers is the vehicle of transmission of all states of wisdom. Students who enter into the heart and contemplate, receive it and ascend. The cardinal sign of Capricorn marks the dawn of Gods and Varuna presides over it. Major initiations happen to the students who accomplish Antahkarana in the month of Capricorn to be one with Gods.

Dr. K. Parvathi Kumar: Uranus - The Alchemist of the Age

Image composed by Ludger Phillips

Book Review

Light upon Death. Overseas Messages VIII



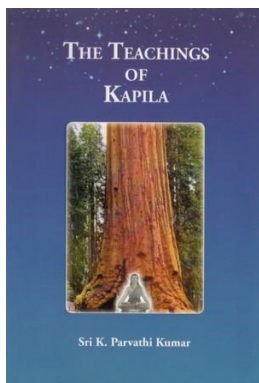
The seven lectures contained in the book "Light upon Death. Overseas Messages VIII" present hitherto unrevealed dimensions about death and other related topics. Dr Ekkirala Krishnamacharya (Master EK) explains in a simple but highly spiritual and scientific way the meaning and nature of death, the place and purpose of death in our evolution, the role we have to play and the awareness we have to develop to overcome living a death-conditioned life. This book should be read by every occult student.

Ekkirala Krishnamacharya: Light upon Death

Info: Kulapathi Book Trust, kulapathibooktrust@gmail.com

PDF: https://worldteachertrust.org/_media/pdf/en/ek/light_upon_death.pdf

The Teachings of Kapila



The doctrine of wisdom emerging from Kapila is the ancient most of the teachings of wisdom. Its study and practice liberates beings from conditioned living - conditioning by thoughts, opinions, desires and sensations and by environs. It is considered parallel in its depths to most sacred scriptures such as Bhagavad Gita, Upanishads, Brahma Sutras and even the Vedas. The wisdom teaching of Kapila is even comprehensible to the lay/fresh reader. It has no technicalities in its concepts and complexities in communication.

The wisdom flowing from Kapila is recorded as catechism between Kapila (as the Master) and Devahuti (as the disciple). Devahuti is the mother and Kapila is the son and Kardama is the father. It is the son who speaks of the wisdom to the mother at the instance of the father.

K. Parvathi Kumar: The Teachings of Kapila

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/kapila.pdf

Astrological Important Days in December 2022/January 2023

21.12.	22:48	☉ → ♐ / Sun enters Capricorn ꣳ Winter Solstice: Birthday of Jesus Christ ☉ in ♐ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i> ☆	
22.12.	14:43	Phase of new moon starts ꣳ <i>Contemplation upon 'The Pledge'</i>	☉ 00°41' ♐ / ☽ 18°41' ♌
23.12.	11:17	● New moon of Capricorn	☉ 01°33' ♐ / ☽ 01°33' ♐
26.12.	12:12	23 rd constellation <i>Dhanishta</i> starts ☽ 17°31' ♌	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 27.12. at 09:57)	
29.12.		December Call Day	
	14:47	● 8 th phase of ascending moon starts (End 30.12. at 14:04)	☉ 07°49' ♐ / ☽ 01°49' ♌
01.01.	14:42	11 th phase of ascending moon starts ☉ <i>For healing</i> (End 02.01. at 15:54)	☉ 10°52' ♐ / ☽ 10°52' ♌
05.01.	21:44	Phase of full moon starts ꣳ <i>Contemplation upon the 8-petalled Heart Lotus</i>	☉ 15°14' ♐ / ☽ 03°14' ♌
07.01.	00:08	○ Full moon of Capricorn	☉ 16°22' ♐ / ☽ 16°22' ♌
14.01.	14:53	● 8 th phase of descending moon starts ꣳ (End 15.01. at 15:16)	☉ 24°07' ♐ / ☽ 18°07' ♌
17.01.	13:35	11 th phase of descending moon starts ♂ <i>For healing</i> (End 18.01. at 11:33)	☉ 27°07' ♐ / ☽ 27°07' ♌
20.01.	09:29	☉ → ♒ / Sun enters Aquarius ♀ ☉ in ♒ – Every Sunday (22.01. , 29.01. , 05.02. , 12.02.): <i>Invocation of Aquarian Energy via Master CVV</i>	
21.01.	01:48	Phase of new moon starts ꣳ <i>Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede – Śiva Râtri; Contemplation upon 'The Pledge'</i>	☉ 00°42' ♒ / ☽ 18°42' ♐
	21:53	● New moon of Aquarius	☉ 01°33' ♒ / ☽ 01°33' ♒
22.01.	22:51	23 rd constellation <i>Dhanishta</i> starts ☉ Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 23.01. at 19:56)	☽ 17°31' ♌
28.01.	04:13	● 8 th phase of ascending moon starts ꣳ (End 29.01. at 04:35)	☉ 07°55' ♒ / ☽ 01°55' ♌
31.01.	07:24	11 th phase of ascending moon starts ♂ <i>Contemplation upon the Third Eye</i> (End 01.02. at 09:32)	☉ 11°06' ♒ / ☽ 11°06' ♌
04.02.	17:00	Phase of full moon starts ꣳ Full moon of Magha (<i>Moon in Magha or Pûrvaphalguni, Sun in Aquarius or Pisces</i>): <i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	☉ 15°34' ♒ / ☽ 03°34' ♌

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);

From: »Astrological Calendar 2022/2023«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

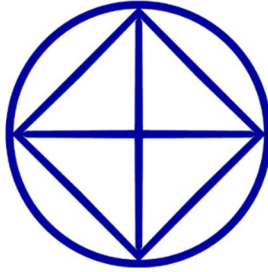
Let pain bring
due reward of light
and love.

Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.