

Vaisakh News Letter



HAMSA SIVA SOHAM



Capricorn 2023 Makara

Letter No. 9 / Cycle 37 – 22nd December 2023 until 20th January 2024

The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Contents

Master E.K. • Invocation	2
Prayer of the Year 2023-2024	4
Message of the Month.....	5
Message of the Teacher	7
Utterances of Lord Krishna	8
Lord Maitreya	9
Master Morya - Maruvu Maharshi	10
Master Koot Hoomi - Devapi Maharshi	11
Message of Master E.K.....	12
Message of Master C.V.V	13
Vidura Wisdom Teachings	14
Saraswathi	15
Ashram - Regulations for Entry	16
On Secret Doctrine	17
Saturn	18
Discipleship	19
Life and Teachings of Master Jesus	20
Doctrine of Eternal Presence/Sound/OM Namō Narayanaya	21
Guidelines to Members / On Healing / Rudra	24
Sanat Kumara	27
Seventh Ray and Magic	28
Enlightening Encounters.....	29
Uranus	30
Vishnu Sahasranama Master EK.....	31
Paracelsus - Health and Healing	32
The Female Hierachy	33
Stories for Young People	34
Window to World Service	36
Image of the Month	37
Book Review	38
Astrological Important Days	39
Master D.K - Great Invocation	40

Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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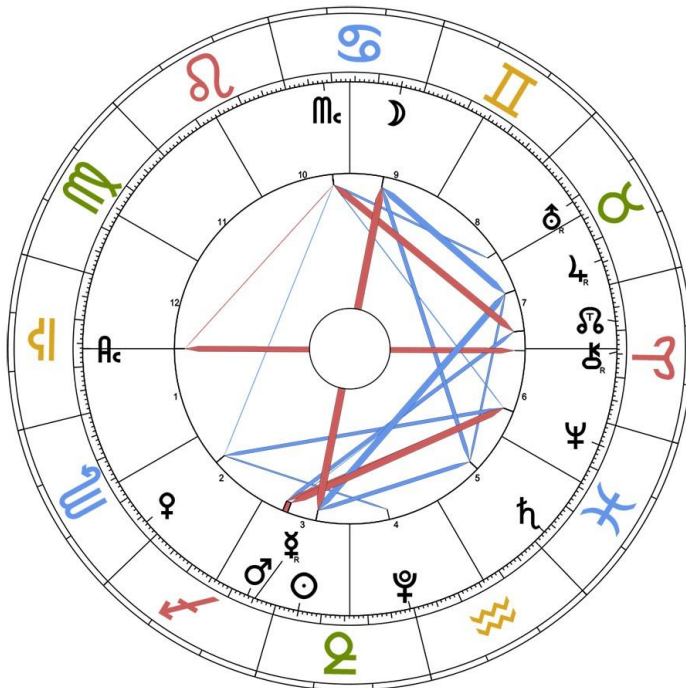
Prayer of the Year 2023-2024

In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.

Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25



Full Moon of Capricorn, 27 December 2023, 01:23 am CET (UTC + 1)

Message of the month of Capricorn ॡ

Awakening from a deep sleep as the light of the Sun moves northward

Each year as winter solstice dawns, the entire world begins to awaken from a deep and profound sleep. It is a sleep that began the moment the Sun reached its highpoint in the sky at the summer solstice of Cancer. Each day after summer solstice, the earth, in our northern hemisphere, adds moments of darkness, until, at winter solstice, the north is cast in the darkest of shadows and cold. It is at this darkest time that all earth's creatures begin to seek the light.

Within the sign of Capricorn, beginning at winter solstice, there is the seed of summer. Likewise in the brilliant light of the Cancer summer Sun, lies hidden the seed of winter.

At winter solstice, the new light for the new year begins to shine and after three days of a quiet turnaround, the Sun begins to move northward - from the Tropic of Capricorn in the south, to the Tropic of Cancer (summer) in the north. The Holy Child, Jesus, son of Mary and Joseph, born at winter solstice, symbolized the coming of a new light for humanity. Later, Jesus the Christ, when speaking to the people, said, "I am the Light of the World." Reflecting his holy birth at winter solstice and his Earthly task - to bring light to a darkened world.

Capricorn, the 10th sign, the sign located at the top of the natural chart, sign of the mountain top experience, is the time of year when all of life in our northern hemisphere rises up and out of hibernation. Humanity celebrates this event with festivals of light - the Jewish festival of Hanukkah and the Christian festival of Christmas. Both celebrate with symbols of light.

The sign of Capricorn in Sanskrit is called Makara (Sanskrit: मकर), a legendary sea-creature in Hindu mythology and the zodiacal sign of Capricorn in Hindu astrology. Makara (sea creature) are guardians of gateways and thresholds, protecting entryways to temples. Makara frequently appears as a gargoyle on a sacred building or temple or as a spout attached to a natural spring.

Two Gates

Capricorn is the Gate into Spirit (as Cancer is the Gate into matter). Capricorn

is the Father's house. Cancer, the Mother's house.

In western astrology, Capricorn is depicted as the upward climbing mountain goat, clinging precariously to cliffs, never deterred in its goal of reaching the top. Upon reaching the top of the mountain, the goat stands confidently in the Light Supernal, the midnight sun, and turns into a unicorn, symbolizing a treasure of diamond light emerging from the Ajna Centre.

Capricorn people are noble, dignified, traditional, practical, thoughtful, diplomatic, ambitious, focused and magnetic. They are natural leaders. In the body, Capricorn rules the knees.

The flowers and plants of Capricorn are the Evergreen, Bamboo, Marigold, Mountain Flowers, and Wild Flowers of the Himalayas.

In terms of countries - the Makara (or Capricorn) for centuries has been considered by North Indian astrologers as the ruling zodiacal sign of India. Esoterically, it is also interesting to note that the keynote of India is "I hide the light," and this has been interpreted to mean that the light pours forth from the East and that the gift of India to the world is the light of the Ageless Wisdom.¹

In the book Esoteric Astrology by the Tibetan, Djwhal Khul, the keynote for Capricorn is, "Lost am I in Light Supernal, and on this Light, I will turn my back." The disciple on the mountaintop, absorbs the Light of Initiation. This light serves the Initiate to return to the earth and humanity - serving in Aquarius and saving in Pisces.

"...as the Sun moves northward, we pray that we all move with its light as co-operative parts, so that out of our hearts we raise that Sun to shine upon a world that re-awakens from the sleep of darkness and materiality and returns again into the Light." Manley P. Hall

Composed by Risa D'Angeles

¹ Destiny of the Nations, p. 98, Alice Bailey, Lucis Trust

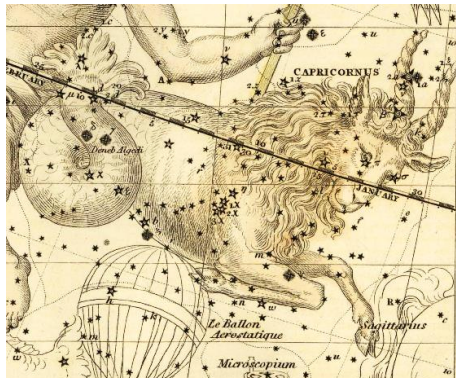


Message of the Teacher

Tradition and Truth seeking 2

The work of Master CVV is mostly for truth seekers and he gives the knowledge to move towards the truth without the drudgery of rituals. Naturally, the time passes by, people join, they bring their luggage with them. Whenever Indians were doing this in America, I told them, “You will not be able to contact the western brotherhood to do these things. Be with the Master. Be with the wisdom of the Master and the wisdom that came through Master EK. That is helpful to you. Don’t bring temples. Don’t bring too many rituals. Don’t bring the past into the present. There is a new future, which is planned by the Hierarchy. The new land is considered to be America. The changes happen from there. Let us go with the stream, not take to the streams in which we have been swimming before. It requires great courage for Indians to do it.

Compiled by Ludger Philips



Alexander Jamieson (1782-1850): Capricorn

Utterances of Lord Krishna



When you have conquered the phantom by transformation, you are a friend of yourself. If you notice the phantom as your objectivity, it is your own enemy. Then you have to live with your own enemy in your house. (6, 6)

Cool touch is called happiness in hot sun. Warm touch is called happiness in winter. You see, you have no proper measure for happiness, when you dwell in the senses. Live above pairs. Insult is but your own idea of insult. Honour is but your own idea of honour. Nothing exists as insult or honour in the objective world. Be above these pairs. Now you have controlled your lower self by transforming it into the higher self. Now you dwell in peace. Now the 'I AM' in you is the 'I AM' in all, the Cosmic 'I AM'. (6, 7)

PRACTICAL WISDOM

The year starts in Capricorn.
Its intent is to ascent from matter and transcend.
Ascend gradually like Capra (Capricorn).

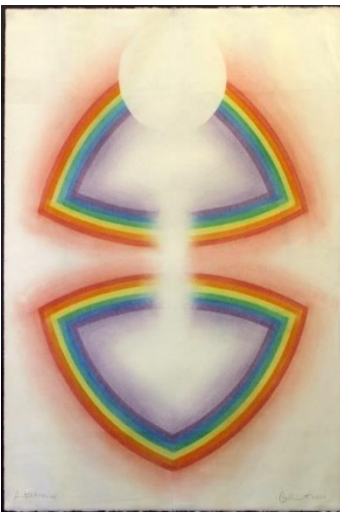


Lord Maitreya

Maitreya Community

Education - 6

Another important aspect of the education is that the school must not only instil a love for books, but also teach the children how to read. Ingraining the art of reading at childhood is very beneficial. It is necessary to know how to concentrate the thought in order to penetrate into a book. It is not just the eyes but the brain and the heart that does the reading. Books must occupy a place of honour in the homes. It is the duty of the community to affirm the book as a friend of the home. Love for the books is easier to instil, but the key is to teach the art of reading. A meaningful institution, first of all, has a bookshelf whose contents are very extensive. There will be accounts of the treasures of the motherland and of her links with the world. Volumes that reveal the heroes, the creators and those toilers. The concepts of honour, duty, and obligation to one's neighbour, as well as mercy will be affirmed. There should be examples that prompt learning, deep work and discoveries.



Composed by Srikanth Kaligotla

Burton Callicott (1907-2003): Antahkarana

Master Morya
Maruvu Maharshi



The Spear of Light

The Teacher watches the progress of the yogi. Signs of his progress will be the ability to hear the voice of the Teacher and also the development of a keen sense of justice.

Claws do not frighten you; roaring does not terrify you; animals wag their tails and stand ready to serve you. Thus precisely, the path of Yoga transforms dangers into fiery blossoms. When I advise you to preserve your earthly accumulations, I mean only the armour of your spiritual strength. We condemn waste. Each accumulation is a step toward freedom.

But where shall we set the limits of permitted accumulations? By straight-knowledge and experience, the Teacher will confirm what is permissible. A yogi is able to do everything, but not all is permitted to him.

Where then are the borders of limitation? A yogi's responsibility is to his spiritual accumulations, for they are his only treasure. The rest is nothing more than the arms of the warrior, returned to his commander after the battle. About this, there can be no doubt.

"Lord, take my weapons, my shield and my smiting sword. How weighty seems my helmet, which in the battle was lighter than a feather! My anklets fetter my steps and my gauntlets are like shackles on my wrists."

His Commander will reply, "Each weapon is meant for certain battles. Lay aside thy now useless arms. They shall be given to one who succeeds you in this stage of thy spirit. Each battle has its appropriate arms. Thy sword is now too short for thee; therefore, I give thee a spear of light and far-flying arrows."

Whoever has seen his enemy at sword's length will know how to shoot the arrow of victory. But many warriors do not know which weapons are appropriate, and therefore fall before the enemy's stroke. He who has succumbed to the enemy's stroke through incaution merits no honours. This rule of battle applies to every yogi. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 68: Situations

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala does not interfere with the free will of man. However, through time Shambala presents situations necessary for hastening the process of evolution of beings on the planet. The recent 200 years have witnessed such situations being manifested.

Hastening of man's life situations, which is increasing the stress that he meets (encounters). Today's man is making efforts to withstand such increased stress levels.

The process of learning is put to enormous speed. Even at a very young age, acquiring knowledge relating to varied branches of study is made possible.

Science and technology is touching newer frontiers. Deeper research into a variety of sciences and space travel is becoming real.

The pace of life is hastened. It is no longer at a snail's pace. Internationally there are economic crises. There is a constant threat of war. There is also a stress on account of natural calamities which are also bringing about adjustments in human life.

In such a race of life, the over-viewing man is reminded of the purpose of such a speed of functioning. In over-viewing and introspecting, the will of man is aligned to the higher will through the war like situation that is manifested now.

Having lost the direction in life, amidst warring situations, man surrenders to the higher will. The uplift and alignment of individual will to the Divine will is thus naturally happening.

Such is the work of Shambala, magically being conducted!

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

Message of Master E.K.

The Work of the Masters 2



He (a Master) can be a passenger in the train by your side, but to you he means nothing. To him, you mean everything. All the passengers in the train mean everything to him. To anyone of the other passengers, he is nothing. Because all the other passengers are also nothing unless they belong to the group of their relatives, or wife or husband or children or father or mother or brother or a friend or a member of his own political party or belonging to his own religion or sect. Unless there is such a relationship, others are nothing in our view. But to the Masters, all of us are everything to them. This is a second thing which we can never understand about the Masters. That is, the value they attribute to our existence is something which we can never understand simply because we attribute no value to our fellow beings at all.

Unless we have the temperament to attribute some value to the people around us, we cannot have the look of a Master.

Compiled by Ludger Philips





Master CVV-Yoga

Aphorisms to Disciples 68

195 Be normal in all events of your life.

196 If you cannot understand and respond to the smaller responsibilities, much less can you handle greater responsibilities of being spiritual.

197 Maintain normal temperament and be original.

198 Do not be artificial. Being artificial is being unreal. If you are artificial my energies do not get channelised.

Composed by Guru Prasad Kambhampati



Vidura

Teachings of Wisdom



Good conduct
is the keynote of human life.
It steers life
towards fulfilment through time.
The one who lacks it,
is the "living dead".

PRACTICAL WISDOM

The energy that we call God
is numberless, soundless,
colourless, and formless.
Yet it presents through any number,
any sound, any colour
and any symbol.



Saraswathi

Saraswathi Suktam 9 Transcending malice

SANO VISWA ATHIDWISHAHA
SWA SRURANYA RUTAWARI
ATHANNA HEVA SURYAHA

May the Word
engulfed in and by the Truth
enable transcendence over the malicious
and the irresponsible
and progress like the Sun
who succeeds the nights and the days!

Transcending malice :

The Word is the first envelope around THAT. THAT is Truth. The envelop is transparent enough to transmit the Truth. When we are with the Word, we are with the Truth. Truth and malice are incompatible. Conversely, if we are with malice, the Word cannot be with us. If we wish to be with the Word, we cannot be malicious. Malice denies knowledge. No one can be malicious and wise -wise in the sense of righteous application of wisdom. In The Bhagavad Gita, Lord Krishna says to Arjuna: “Luckily you are not malicious and hence I can transmit you the Word. You have shraddha and you do not have malice” (The Bhagavad Gita 9th Canto, 1st Stanza). Shraddha, means, focused and unwavering devotional attitude. The Shraddha of Arjuna is well known. Even from the childhood he had one-pointed focus and was not malicious. His focus is such that he accomplished whatever he targeted. He never entertained malice.

Ashram Regulations for Entry



Encountering and recognizing an ashram 3

One would do well, to make pilgrimages into nature, to riversides, to forests, to mountain valleys, to waterfalls and lakes, where there is generally not much of habitation. Ashram ambience is likely to be experienced, where there is no civilization. Develop an observing mind with a keen eye to the sky and to the land, and a keen ear to listen to the sounds of the birds. Develop visions of sensitivity to experience the passing air, a passing group of birds, a passing group of clouds and a passing white object. Nature offers many such subtle hints to an ashram. One has to develop the necessary faculty without being emotional. With keen observation of the surrounding nature, one may develop extra sensory perception (ESP). When ESP is fairly active with you, it is very likely that you may experience the presence of a High Soul of an ashram either through sight or by hearing or by touch or through the fragrance.

Let this perception be a natural part of your awareness and your very being. Let it not be emotional. Emotion leads you into illusion. Awareness leads you to subtle perception. May you all be blessed in your endeavour!

Please make note that the presence of a High Soul in a Divine Ashram is not for the persons of idle curiosity. They reveal themselves to the striving aspirants who dedicate their lives to serve humanity and the surrounding life at large.

On Secret Doctrine

Space - 3

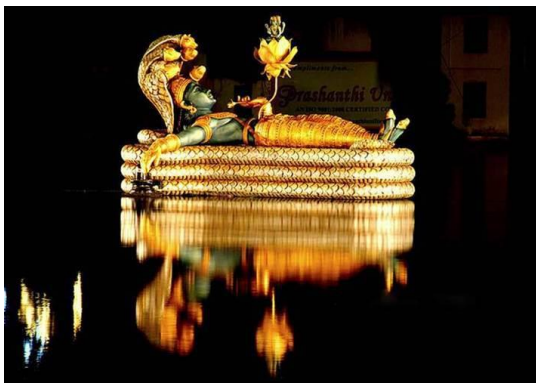


“Waters” and “water” stand as the symbol for Akâsa, the “primordial Ocean of Space,” on which Narâyana, the self-born Spirit, moves: reclining on that, which is its progeny (See Manu).

Vishnu says, “I called the name of water Nârâ in ancient times, and am hence called Nârâyana, for that was always the abode I moved in” (Ayana).

1. Space is Globe. Narayana is the universal consciousness.
2. He is the Master of the universe.
3. Nara Stands for etheric waters. Nara stands for unlimited space water.
4. Ayana stands for the involutory and the evolutionary path of consciousness.
5. Narayana means, the movement of space waters in the involutory path and the evolutionary path.

Compiled by Rama Prasad Joshi



Lord Narayana

Saturn

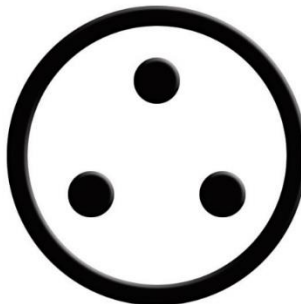
Sam - The Key to Saturn

The rhythm 3



The scriptures speak of the rhythmic movement of great ones like Rama, Krishna, Buddha, Christ and the like. The beauty of their movements, their looks, their speeches, their smiles is extolled poetically. A deeper look at such attainment reveal precise rhythm built into the simplest actions of life.

- Similarly food, rest and sleep rhythms are required to be established.
- Rhythm brings order from disorder.
- The disorderly ones deeply need rhythm to set them into order. When order is established awareness expands. Such expansion of awareness is called Initiation.
- After all, one cannot forget that Saturn is the lord of rhythm. Jupiterian expansion is the gift that Saturn offers through imposition of rhythm.
- The 3 dots if only equi-posed give message of rhythmic functioning as well. Where there is no rhythm there is anarchism. Anarchism is not freedom.
- Until the Saturn rings are overcome rhythm helps like a ladder. Once limitations are overcome one can set off the ladder. To set off prematurely is amateurish.





Discipleship

Inner pilgrimage

We are wandering souls in unison with all other souls when we choose the road of continuous recollection of the inner rod that aligns and links us all vertically and forms our stronghold, our balance. Time and again this balance is put to a test by storms and winds, adverse weather conditions, so to speak. Experiencing a shaky ground, our initial reaction might be to blame the weather, to sense irritation about being pushed out of one's equilibrium. Yet such stormy weathers can also be used to find a new approach, a new balance. The challenges of life do carry the sprouts for a fresh beginning. These hidden gems need patient nurturing and alertness as they show us our next turn on the path inwards and upwards, and prevent us from unnecessary U-turns.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Stand aside and observe.
Number 10 stands for it.

Life and Teachings of Master Jesus

Part 1 - December 22nd



Today is the birthday of the One, who shines bright among the Masters of the Hierarchy, giving commendable inspiration to mankind and leading them on the path of welfare - Jesus, the Christ. On this occasion, let us be blessed by making a beginning to recollect His Life and His Teachings.

Every year, in the midnight hours of 22nd December, a drama depicting birth of the Saviour of the World is enacted. On that day, Sun enters into Capricorn from Sagittarius. As this change happens, Virgo rises in the east during midnight hours on that day. Virgo stands for purity. At the beginning of the emergence of Capricorn and at the auspicious hours of the rise of the ascendant Virgo, the essence that forms, is that of the Saviour, according to the Vedic Astrological Science.

Capricorn

The energies of Capricorn are the most auspicious. In the astrological chart, it is the 10th zodiac sign. The Lord of the Solar year gets impregnated in the 1st zodiac sign, remains latent in the creation and manifests Himself in the 10th sign. Hence Capricorn is auspicious. According to Vedas, Capricorn is the birth sign of Devas. Devas rise in Capricorn and set in Cancer. It is the story that takes place on Earth every year. So, Capricorn is the auspicious time of re-emergence of the Devas on the earth and also in us.

Composed by Guru Prasad Kambhampati



Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 18



It is in that state Prahlada demonstrates the impermeability, the indestructibility. It is in that state Ambareesha demonstrates that he cannot be wriggled out or pulled out from the Presence of the Lord. At no point of time Ambareesha, in spite of being the king of the seven continents (Remember he was not just minding his family affairs) was absent to the Presence. He was the emperor of the globe. He was ruling the seven continents. Can you imagine how many responsibilities he would have? Now there is a being on the planet who wants to be the ruler of the planet. How many problems he has? His mind is filled not with the Lord, not with peace, not with harmony, love, etc., but with terrorism. So to him the Lord is Present as a terrorist. Wherever he moves the thought of terrorist exists in his mind. But in Ambareesha, the thought of Lord only remained at all times. Even when he was attacked by Durvasa, he felt that it was the Lord himself attacking him! Can you imagine such a situation? If sorrow approaches you, it is Lord only in the form of sorrow. If disappointment approaches you, it is Lord only in form of disappointment. If someone approaches you with a dagger it is the Lord only that is approaching you with the dagger. Can you think like that? If you cannot, don't call yourself a medium of the Lord. So then what happened to Ambarisha? Nothing touched him. The story is well known. I am only emphasising the principle behind.



Master Kumar at Sri Krishna statue in Radhamadhavam



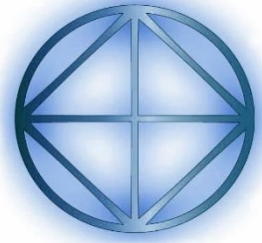
Sound

No Thought 4

He manifests in accordance with the Law. That is what is called "manifesting in due and ancient form". Just in accordance with how it is, he sees that it is manifest. That means he works according to the Divine Plan. That is what the Masters of Wisdom do, that is what the disciples were taught to do, and in doing so they continue to remain in harmony. It is the Word which was with God, which was God that manifests into flesh and blood through a process which is clearly known.

The word manifests in four states. In the beginning there is what is called a thoughtless state, which we do not experience because we are overcrowded by thoughts. Our mind is filled with thoughts, so we don't see that there is a state with no thoughts. If your television screen is always kept busy with one programme or the other, you cannot imagine that there can be a screen without a programme. First there is a screen, then the screen is switched on, and then the programme comes on the screen. We are in such a state that there is always a programme in the mind and hence we do not see a programmeless state of mind.

OM Namō Narayanaya



Propitious Times 1

The seers of all times recommend this mantra to be associated with one's own breath and awareness. A seer is ever engaged with this mantra in himself. He utters forth continuously the sound 'Narayana, Narayana, Narayana...'. Traditionally on the ascending and descending 11th moon phase, the mantra is much more effectively contemplated, chanted and sung. According to Vedic tradition, 11th moon phase is the most sublime moon phase. This is because sun and moon are in trine, which would mean alignment of the soul and the mind. This apart, every Thursday is considered very auspicious for chanting of this mantra, because Jupiter who represents the most-high state of awareness presides over Thursdays.

Besides, the month of Sagittarius is specifically dedicated to Narayana. In Bhagavad Gita, Lord Krishna (an embodiment of Narayana) affirms that he is Sagittarius among the months and 11th moon phase among the moon phases. Hence 11th moon phases, Sagittarius and also Thursdays are considered especially favourable to work with this mantra while many work it out as part of their breath to stay connected with the Cosmic Person. To chant this mantra during that time which is 2 hours before dawn would yield best results. Chanting this mantra while sitting under a Ficus tree is considered much more beneficial. Drinking the waters in which the roots of Ficus are soaked, eating the pulp of the Ficus fruit are also done by the seers in India to familiarize the energy of Narayana to the cells of the body.



The World Teacher Trust

Guidelines to Members, 74-76

74. Virgo is an intellectual sign. Mercury is its Lord. Utilise it for goodwill. It is the way. Utilising it only for oneself is ignorance.

75. Goodwill in action is Love. Let it fill the speech and action.

76. Acts of goodwill do not bind. Acts of selfishness will bind. Check the motive of your actions.



Altar at Master Mountain Retreat Center, Nilagiris

On Healing



2. The Fundamental Understanding 12

There is an Upanishad called Kathopanishad which postulates that *“There is no such thing as death. To die is not to die.”* It is strongly recommended to all the students of occultism. Healing too is an occult science and hence I suggest that you may please go through this Upanishad. Truly speaking none of us experience the so-called stages of the body. We did not experience our birth. We do not know our infancy or our childhood as particular events happening at a point of time. We also do not know at what point of time we have become old. There is no such marked experience by us except the sayings of the people around. Someone says, “Oh Kumar! You look old.” I listen to it. Some others say, “Ah! You are growing old. Your hair is becoming white.” I start doubting and start feeling, “Maybe I am getting old.” Yet another says, “Kumar, you have become old.” I start believing. But in me there is no such experience as an event. In this make-believe world you are made to believe many. But be discrete. Otherwise, this world takes you for a ride!

You do not die. You may cast off the body like a garment, say the scriptures. *The best healing one can do to humanity on this planet during this century is, to inform, educate and drive home the truth that there is no such thing as death, that to die is not to die, that death is illusory, that the death is to the body but not to man and that death of body is not the end of things.*



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 60 Trident of Rudra

This is the triple energy, which he holds as his weapon. This triplicity is will, love and light; consciousness, force and matter; and Ida Pingala, and Sushumna. The followers of the Path of Rudra worship the trident in their cerebro-spinal column. For the purpose of inner contemplation, the part of the trident which is considered as Ida may be contemplated in a golden-yellow colour; Pingala in a honey-yellow colour and Sushumna in a sky-blue colour.



Sanat Kumara



Conscious worship and utterance 1

Mechanical worships are monotonous. All monastic worships are reduced to monotony. When the quality of heart is missing the worship loses its cordiality. The thread of cordiality connects the worshiper to the Divine. Therefore worships have to be conscious worships. The worshipers need to listen consciously to all that is being uttered forth through the throat. Conscious worship is conscious utterance. To enable conscious utterance the students are advised to focus the mind upon the pit of the throat, where silence transforms into sound. Association with the rhythm of the sounds is possible only when mind is focussed at the pit of the throat. When rhythmic sounds are uttered forth in worship, man's awareness which is generally in mind gets focused upon the sound. Sound relates to the fifth ether, Akasha, and the fifth centre, Visuddhi. Continuous association of mind with the rhythmic utterances at the throat enables man's awareness to be in the fifth ether or Akasha. He thus gets lifted up from being in the solar plexus with mundane thoughts. The mundane awareness is lifted up into the light of the sound. This is the purpose of our worship. The key is: uttering and consciously listening at the pit of the throat. By this the lift-up happens.



Seventh Ray and Magic

The incoming of the 7th Ray 15

Religions that came up during the times when the 6th Ray was prevalent had their own perspectives. Each religion had its own concept of God and its own specific path to reach Him. Masses grouped themselves around these religions and the religious heads were preaching their concepts of God and their perception of the path to reach God but were always protective of their followers/groups. In a sense, it could be said that they never let their religious groups know or understand other religions or faiths. There was a kind of narrow-mindedness. But it was mainly to possess and protect the groups that were belonging to their religion.

That narrow-mindedness was a need, then. It is to safeguard a child on the path. Too much information to a child and more so varied, would be confusing to a child. It is like teaching a child numbers for the first time and introducing the child to alternate sounds and symbols for the same numbers. For the first time, a child has to be taught numbers with their sounds and symbols in one language first. Then gradually, as the child gains an understanding of numbers, numbers in another language can be introduced without overwhelming the child. The child then understands that the same number has a different sound and symbol in another language.

The purpose and the activity of religions in the 6th Ray were mainly aimed to teach a concept of God and a specific path to reach Him. Even the religious heads knew only about one concept and only one path. Therefore, the masses too were taught about only one concept and one path.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sree Sistla Rama Krishna Rao 3



In one of the encounters of Saukumarya with Sree Rao he narrated all that is described above and sought association with Saukumarya in connection with a project Sree Rao contemplated.

The government authorities granted 10,000 Sq. yards. of land to Sree Rao on the eastern sea side at about 18 kilometers distance on the outskirts of the city of Visakhapatnam. Sree Rao had a plan to build a gigantic temple for Lord Rama in that land which oversees the eastern sea (Bay of Bengal). With the help of Saukumarya, he constituted a charitable trust and commenced the project on April 09th, 1992 on the 'Sree Rama Navami' day. Sree Rao had his followers who supported him. Saukumarya was advising Sree Rao from time to time on issues relating to the trust.

Five years passed by. Certain ancillary temples for Ganesha, Hanuman and Balaji were built which were partially constructed. There were no more funds to proceed with completion of the ancillary temples and to build the main temple. Sree Rao was living on the southern end of Visakhapatnam, while the land was at the northern end, demanding a travel of 36 kilometers through the town of Visakhapatnam. It was found to be heavy for Sree Rao to associate with this project anymore.

Uranus

The Alchemist of the Age



Uranus cares not public opinion 4

If Uranus energy is working, then one would only see what is right and follow it implicitly. One would not care for the opinion of others. You are the best person to know yourself. There is no other who can know yourself as you do. Why should you seek someone's opinion if you are good? How much does he know about you as you do? Very little! In relation to certain interactions certain opinions are formed. They are very few compared to your total life and living up to those views is unworthy. The cost of maintaining good opinions of others is very heavy.

For example: someone says, "Oh, you are very generous!" and the talk is afloat that you are a very generous man. So what happens? People will come and praise you, "You are a generous man. Would you please give me 100 pesos?" You are at crisis! If you don't give 100 pesos, their opinion of you as being generous is at stake. So you will give 100 pesos. Another person will come, "I came to know that you help people with finance. You are I believe a very generous person. Would you be so kind to give me 500 pesos?" You are caught! You are caught in the opinions of others; you are in the lurch now. You cannot wriggle out of it. To maintain the good view relating to your generosity you keep giving though reluctantly. You give thousand times and refuse once. The day you refuse you are no more considered generous. The denial goes into the circuit and is propagated. You have been generous for 20 to 30 years doing good things to persons around you, but you have denied once. This is not agreeable. The edifice of generosity built by the public falls. The rise in the public eye is dangerous many times. Instead rise with yourself as basis.



Master EK

Vishnu Sahasranama

Stanza 6, 3-5

3. The navel is another such centre which precedes matter. At first it is manifested as a lower centre of space which forms the lower pole to the heart centre. Both the poles form the first magnet of existence which is the axis of a space-globe. All the lines of force in the globe form along this axis to throw out the primordial light of star - dust and then the stars which are hatched into the myriads of solar systems. The same process takes place in the mother's womb when the vertebral column is formed. The navel centre works as the brain of emotions whereas the heart centre works as the brain of affections.

4. The Deva Kingdom of the cosmic and microcosmic creations is abided by certain administrative laws that are produced from the Lord Himself. In this capacity the Lord is called Indra.

5. Viswakarma is the shape-consciousness that exists as cosmic mind. He presides over the definite shapes of the anatomy of one universe as well as of one individual. He is rightly described as the goldsmith among Devas. He is the architect of the universe as well as the first artificer of metals.



Paracelsus Health and Healing

Prana - life force, part VII The triple quality of consciousness 2

Till very recently the doctors knew the quality of prana that one holds through examination of pulse. Through right examination of pulse the quality/ category of sickness that one suffers from was cognised by the physician. Thereby the physician used to prescribe the medicine to balance the quality of life. Even today it remains an important exercise in Ayurveda to diagnose the disease.

Suffice it to say that the fivefold manifestation of prana also opens their three sub-categories. Study of five pulsations and their three sub categories would enable understanding of the pranic functioning in the human body in all its five states of Matter. The fivefold manifestation of prana in the human body is briefly given here under:

1. Prana: This pranic pulsation works through inhalation and covers the human body from the tip of the nose to the bridge of the nose and up to the heart and has special relation with mouth, speech, heart, and lungs. That part of the body namely from the brow-bridge to the diaphragm is covered by prana. Good inhalation has good impact on these parts.
2. Apana: This works with exhalation and regulates from the navel to the soles of the feet. It is an important pranic air that regulates all the lower parts of the body from the navel down below which include the organs of generation and of elimination, circulation of blood up to the feet, the hip, the thighs, the knee joints, the ankles and the soles of the feet and the toes. Normally this pulsation is weak in the humans either due to inadequate physical exertion or due to habits of food, sex, and comfort.



The Female Hierarchy

Part 10

The first step that we cover today is that it forms itself into a trinity. This pure consciousness which is a product of time, nature, and the Absolute is said to be the fourth one. It is also called the “Mahat”. That is why for everything we add “Maha”. Maha is what in English came to be “Mega”. We say everything “mega”! Maha has become Magha, Magus, magic - it is all about Aquarius. It is all about Aquarius where the basis is there. That means the space which is dormant has become a potential space. Thereafter, the trinity happens. The Mother herself forms into three channels. This trinity forms first step in the involutory order for the Female Hierarchy. What we say as the First Logos, the Second Logos, and Third Logos, their quality is what we call the female nature.

The pure existence has no quality as such. The quality relating to the First Logos is what we call Shakti, or Mother Durga, or Parvathi; thousands are names. Don't go into names, go to the content and the understanding. First Logos and its power. Then the Second Logos and its love, wisdom, and expansive nature. The Third Logos which is procreative, through whom the whole creation flows. The flowing of creation happens through the Third Logos. Just like the flowing of the family, the growth of the family happens through the female of the family. Isn't it?

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Serve the life in the vicinity, it leads you far.
Learn to expand from centre to circumference.

Paths to Shambala 9: Shambala. The Protective II

The focus of the Roerich's five-year journey through Central Asia was Shambala, the institution that, in the background, guides and protects humanity and is the mirror of its impact on people's culture, beliefs and experience. In "Shambhala - The Secret World Centre in the Heart of Asia" (1930), Nicholas Roerich collects his experiences as if in a kaleidoscope. In his opening narrative "Shambhala - The Radiant One", a person from the West questions a Buddhist monk of high rank about the existence and tasks of this world center.

Shambala protects the righteous ones, for example the Panchen Ring-Poche V on his escape. The Panchen Lama is an important person. Roerich asks his interlocutor whether Shambala also protects ordinary people?

Anyone who follows the doctrine of righteousness, even in previous incarnations, and has been useful to the common cause, experiences the help of Shambala.

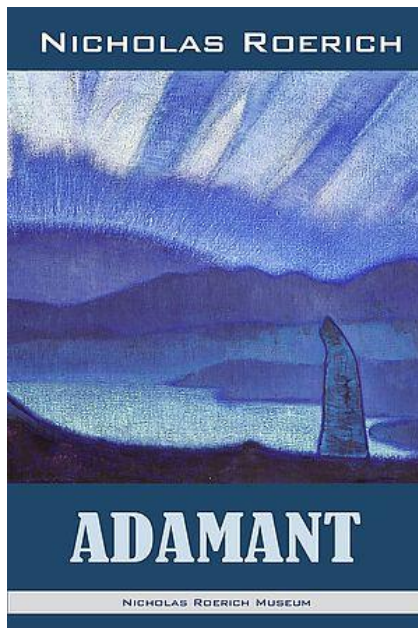
A man once asked a high-ranking Lama whether he was safe or should change his place of residence because of the war and the unrest it was causing. The Lama replied that the man would be safe for about 6 months, but then he would have to escape immediately. During these 6 months, the man was extraordinarily successful. Therefore, after 6 months, he was convinced that this was the sign of his risk-free stay and that the Lama was mistaken. Then suddenly the situation changed: the enemy troops approached from 2 sides and prevented an escape. Remorseful, the man went to the Lama again and asked for rescue. The Lama explained that his rescue had been planned, but that he had missed the most favourable opportunity. Now the rescue was more difficult. The man and his family should leave for the north. On the way he would meet his enemies. Then he should immediately leave the road and keep completely quiet. If they approached, he should not react under any

circumstances, even if he was addressed. Only when the danger was over, he could continue his escape.

Following the advice, the man set off with horses and rode until he noticed the approaching soldiers at dawn. He and his companions left the road and stood rigid. The soldiers came and one of them perceived the outline of the small caravan and drew the attention of his comrades to the possibility of rich booty. But the comrades only laughed. There were only stones. The supposed outlines of horses were sculptures: a living horse could never remain so immobile, especially not in the vicinity of other horses. The soldiers laughed and rode close to the refugees. The man was saved. He had been useful to Shambala once.

Dedicated to Angela Fremont.

Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spiritual Journey of Two Great Artists and Peacemakers. 2005.



Window to World Service News & Activities

Supra-National Groups and Activities

Name of the group: New Thought Group / Grupo Nuevo Pensamiento

Contact: Carmen Santiago

Address: No physical address

Phone: +1 7863028380 E-Mail: fdnpcaracas@gmail.com

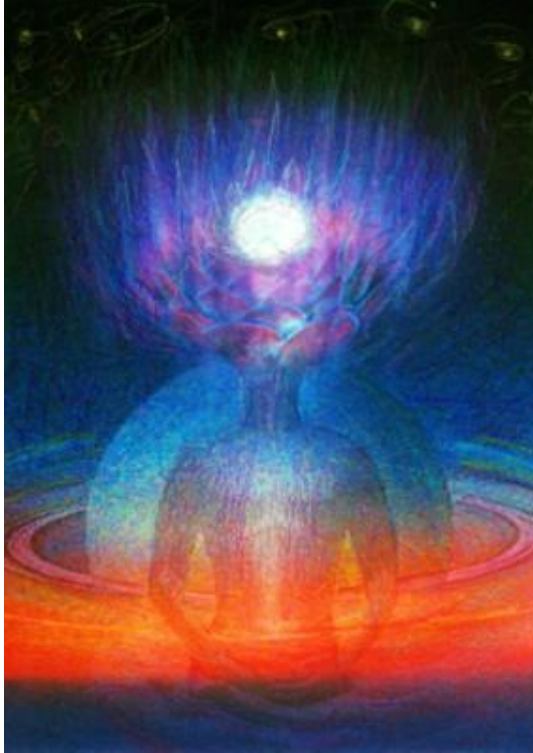
Activities

- Every second Sunday of the month we celebrate a ritual of fire by zoom with the participation of brothers and sisters from 6 countries of America.
- We celebrate by zoom every third Sunday of the month a meditation dedicated to the connection of humanity with Shambhala using the figure of the dodecahedron that is formed with 12 members. 17 dodecahedra offered to Sanat Kumara. (16 countries) (204 participants)
- We hold a Violet Flame service by Zoom every fourth Sunday of the month with more than 180 participants.
- We send a monthly communication called Letter to the Groups which has a great diffusion through the networks.



Offering dodecahedron to Sanat Kumara

Picture to the Month
Capricorn - Overcoming the Saturnian Limitations



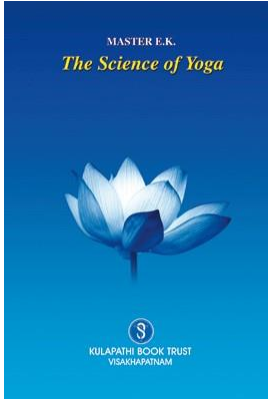
Saturn rules over the ring of horizon which is only a limitation relative to an observer. Saturn sustains this ring in the mind of man as a self-imposed barrier. He actually hatches the consciousness of man within this ring and widens the ring through the necessary unfolding of man. He makes the process of unfoldment inevitable by virtue of this ring of limitation. Man has to cross it by a proper understanding of god's creation and the 'how it is' of it. One has to attune himself with the ultimate fitness of things to cross his own Saturnine nature.

Dr. Ekkirala Krishnamacharya: Spiritual Astrology

Image composed by Ludger Philips

Book Review

The Science of Yoga



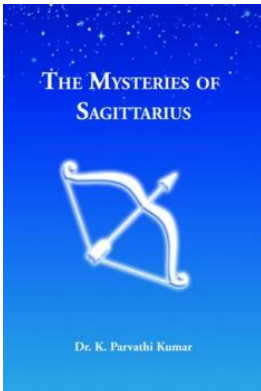
The word Yoga is used in many directions nowadays, but there is also a scientific definition with a procedure which is called 'Yoga'. In the book "The Science of Yoga", Master EK (Dr Ekkirala Krishnamacharya) is trying to give an aerial view of the yoga practice with exactitude and scientific precision as intended by Patanjali and the Bhagavad Gita. Yoga practice is no end in itself. But the end and the goal is the yoga way of living.

E. Krishnamacharya: The Science of Yoga

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_science_of_yoga.pdf

The Mysteries of Sagittarius



Sagittarius is the ninth sign of the Zodiac. The ninth sign indicates the accumulated fruits of the good deeds that one did and offers the related ambrosia to the beings. May we all savour the ambrosia secreting within, out of good deeds done so far.

In the book "The Mysteries of Sagittarius" Dr. Kumar presents in a profound way the path of fire revealing the techniques of practice and the characteristics of Sagittarius. According to him every aspirant is a Sagittarian, for he sets goals and moves forward. This book is useful to every aspirant.

K. Parvathi Kumar: The Mysteries of Sagittarius

Copies: Dhanishta Editions, Visakhapatnam, India

<https://www.aquariusbookhouse.com/>

PDF: <https://worldteachertrust.org/en/web/publications/the-mysteries-of-sagittarius.pdf>

Astrological Important Days in December 2023/January 2024

22.12.	03:47	♀	11 th phase of ascending moon starts <i>Contemplation upon Lord Nārāyana</i> (End 23.12. at 02:42)	☉ 29°58' ♋ / ☽ 29°58' ♀
	04:27		☉ → ♏ / Sun enters Capricorn Winter Solstice: Birthday of Jesus Christ ☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i> ☆	
26.12.	01:17	♂	Phase of full moon starts <i>Contemplation upon the 8-petalled Heart Lotus.</i> Mrigashira-Full moon (Moon in Mrigashira or Ādra, Sun in Sagittarius or Capricorn): Birthday of Lord Dattātreya und Master Kût Hûmi, <i>Contemplation upon Lord Dattātreya, the Lord of Yoga.</i>	☉ 03°56' ♏ / ☽ 21°56' ♀
27.12.	01:33		☉ Full moon of Capricorn	☉ 04°58' ♏ / ☽ 04°58' ♀
29.12.			December Call Day	
01.01.			Sun 10° in the 10 th sign of the zodiac	
03.01.	15:18	♀	8 th phase of descending moon starts (End 04.01. at 17:35)	☉ 12°41' ♏ / ☽ 06°41' ♀
06.01.	20:12	♃	11 th phase of descending moon starts <i>For healing</i> (End 07.01. at 20:16)	☉ 15°57' ♏ / ☽ 15°57' ♀
10.01.	15:41	♀	Phase of new moon starts <i>Contemplation upon 'The Pledge'</i>	☉ 19°50' ♏ / ☽ 07°50' ♏
11.01.	12:57	♃	11., 12. and 13.01. determined by Master EK for group life and group prayers	● New moon of Capricorn ☉ 20°44' ♏ / ☽ 20°44' ♏
13.01.	08:19	♃	23 rd constellation <i>Dhanishta</i> starts Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 14.01. at 05:52)	☽ 17°31' ♏
17.01.	17:37	♀	8 th phase of ascending moon starts (End 18.01. at 16:15)	☉ 27°03' ♏ / ☽ 21°03' ♀
20.01.	14:57	♃	11 th phase of ascending moon starts <i>Contemplation upon the Third Eye</i> (End 21.01. at 14:57)	☉ 00°00' ♏ / ☽ 00°00' ♀
	15:07		☉ → ♏ / Sun enters Aquarius ☉ in ♏ – Every Sunday (21.01., 28.01., 04.02., 11.02., 18.02.): Especially favourable for worshipping the Sun. <i>Invocation of Aquarian Energy via Master CVV</i>	
24.01.	17:20	♀	Phase of full moon starts <i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	☉ 04°10' ♏ / ☽ 22°10' ♀
25.01.	18:54		☉ Full moon of Aquarius	☉ 05°15' ♏ / ☽ 05°15' ♀
02.02.	11:33		8 th phase of descending moon starts	☉ 13°04' ♏ / ☽ 07°04' ♀

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

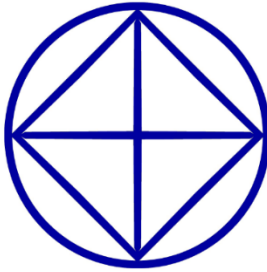
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**