

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

(Maruvu Maharshi: Master Morya; Devapi Maharshi: Master Koot Hoomi; Vidura: the Mahachohan)

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE MONTH



This prayer is recommended to be done daily during this month.

Virtue, not intelligence, is my goal.
Ability, not fame, is my motto.
Expression, not impression, is my work.
Depth but not height, is my position.

II

MESSAGE OF THE MONTH

Remember that the May Call in Gemini is chosen by the Hierarchy as well as Master CVV (Master Jupiter) to uplift the humanity to the throat centre. Uplifting the fellow beings was always done by Great Initiates in the month of Gemini. The Pentecost Festival of the Jews and the Christians hinted to group initiations. The Masons conduct the ritual of “cutting the throat and pulling the tongue out”. The Hierarchy chose the Full Moon of Gemini to lift up the beings through group initiation up to the throat centre. Master CVV, the Aquarian Master, chose 29th May to lift up the beings to ‘the beauty of life’.

The beings who are stuck with varieties of passions in Libra, need to be lifted up to Gemini. For this the Aquarian Master worked out a grand triangle of Aquarius, Gemini and Libra. Master CVV is essentially the embodiment of the Aquarian Energy he also utilized the mid-air of Gemini to lift up the beings from the passionate states of Libra. Note that Aquarius is the spiritual air, Gemini is the mid-air, and Libra is the mundane air.

The Master introduced a sound key, for Gemini relates to the throat centre, the throat centre relates to *Akasha* (ether) and the quality of *akasha* is sound.

Sound is the chief means adopted in this age for transformation. Learn therefore to use the tongue with piety and use the throat to utter forth sacred sounds.

K. Parvathi Kumar

THE GITA

- LORD KRISHNA -



THE KEY TO BE

For those who follow ME the duty to the fellow beings is the means and the end as well. They do not separately develop ideals and goals, for fulfillment of the immediate duty is more important than to project into the future.

They do not have aspirations for heaven, for they are in the eternal Presence by their submission to the immediate duty. They do not desire that they should not die, for they continue to work as long as the breath exists. They do not desire that they should not be reborn for the same reason. Even if you desire so, it does not happen, hence it is both futile and ignorant to desire. Pure knowledge is to engage in duty to the fellow beings.

My followers do not look for mystical accomplishments, for their work itself conducts miraculous transformations in them and around them. They do not crave for immortality or self-realization, for they come in their way and they do not have to go for them.

They know how to ‘Be’, and that is the sum and essence of life and living. ‘Beness’ is their strength and working for the fellow beings in the present is their activity. They gain without trouble discrimination, detachment, and even detachment from the body.

In every way engagement in duty to the fellow beings fulfills the one in all ways and always.



THE WATER

- LORD MAITREYA -

For a healthy life, pure water is very important. Pure waters purify the body and the mind. The so-called civilized world is negligent of this fundamental principle, they are trying to purify the water with varieties of chemical treatments. These treatments destroy the natural live secreting elements from the water. Mineral waters are but a glamour.

There are others who believe that boiled water is healthier but they forget that when the water is boiled certain life cells of the water are burnt up, much worse is the situation when such water is cooled for drinking purposes. When boiled water is cooled, it attracts other elements from the atmosphere while there is the reduction of temperature. Thus, boiled and cooled water does greater harm and causes dull heads. If you wish to drink boiled water drink it hot, it is better than drinking cooled boiled water.

Water not only quenches the thirst but also augments the life force. We, in the Himalayas, cure even incurable diseases with water. We cure ulcers, and even serious injuries by regularly washing them with water. Thus, water has the healing power as the third aspect.

It is time that those who follow us give due consideration for normal natural water.



DIAMOND CONSCIOUSNESS (2)

- MARUVU MAHARSHI -

Be religious in preparing for sleep. Keep the sleeping room clean and neat, not filled with too much material. Choose pleasant colours for the room and keep a dim lamp. Never sleep in a dark room.

You would do well to light an incense, since it would dispel negative elements from the room. The room should have adequate ventilation for the movement of air. Never close the windows totally despite extreme weather conditions.

Do not sleep on the bare floor, keep the body and the mind clean, a bath before sleep is recommended.

Take to the bed and contemplate upon respiration, draw the awareness consciously from every limb to the heart and move upwards to the brow centre. Engage yourself at the brow centre either with a light, a geometrical symbol or any other symbol, which you deem spiritual.

Keep awake and alert even while sleep is approaching. A consistent practice of this will knock the doors of the subtler world, which is in between the awakened state and the sleep state.



THE KEY

- DEVAPI MAHARSHI -

Analyze through introspection the patterns of your behaviour. Do it daily. Everyone in the world has certain seeds desirable and certain seeds undesirable. You can do little to eliminate the undesirable, you don't have the strength to eliminate them.

Wisdom is to engage with the desirable seeds and work actively with them so that attention is not paid to the undesirable seeds. This is the way you do not cooperate with the undesirable seeds and consequently they do not sprout. In due course they cannot sprout, for they get dried up with the lack of supplied energy from you.

This is the only sure way to uplift yourself. There is no other way. Hence engage actively with the desirable seeds and manifest them in speech and in action. When you decide and resolve to do so, there are a host of helpers that support you. If you decide otherwise, there are equally a host of helpers who pull you down.

The freedom of decision is left to you. This freedom is given to you by the Divine out of compassion and love.



VARIOUS FORMS OF TELEPATHY

- MASTER DJWHAL KHUL -

FROM HEART TO HEART

Telepathic work from heart to heart, is a type of impression of the sublimation of the "feeling" response registered earlier upon the ladder of evolution in the solar plexus. It concerns *only* group impressions, and is the basis of the condition spoken of in the Bible in connection with the greatest *Sensitive* humanity has ever produced, the Christ. There He is referred to as "A man of sorrows and acquainted with grief", but in this condition no *personal* sorrow or grief is involved. It is simply the consciousness of the sorrow of the world and the weight of grief under which humanity struggles. "The fellowship of Christ's suffering" is the reaction of the disciple to the same world condition. This is the true "broken heart", and is as yet a very rare thing to find. The usual broken heart is literally a disrupted solar plexus center, bringing complete demolition of what is occultly called "the center of feeling," and consequently the wrecking of the nervous system. It is really brought about by a failure to handle conditions as a soul.



I AM THAT I AM

- SHIRDI SAI -

You say "I am Sai".
It is you who named Me so.
But "I AM THAT I AM".
I exist as all that is.
Hence forget not Me in all
that you see, listen, taste, touch, and smell.
This is the sure way to be with Me
for all times to come.

Sai is but a name related to Me,
while I exist with thousands of names
through thousands of forms.
Verily My name is "I AM".

QUOTABLE QUOTE

- VIDURA -



The one
who does more than he speaks,
does not give hint of his acts
and thoughts of goodwill,
and does enable others to know him
only through acts,
is the Knower.



ALIGNMENT

- MASTER E.K. -

However much you study, however much you learn, however much you listen, they do not help you until you use that knowledge in daily actions.

Only while you are at action, the mind, the senses and the body get aligned. When you act with goodwill they also get aligned with the *Buddhi*.

Action, therefore, is the only way to accomplish right alignment.



A GOOD WORD

THE WILL

The logs that float in a river seem to be together, but their togetherness is according to the currents of the river. They go hither and thither even while afloat since there is no will in the logs to direct themselves.

Likewise, people with little wills live as per the currents of time. They have no specific direction. These are the inconsistent ones who keep changing their directions as per the wind. They are no better than the logs, they leave themselves to faith but do not use the will to steer.

The wise ones set the sails according to the wind, and continue in the same direction to reach the destination. Men of little wills are afloat on the sea but without any direction.

The basic need for the travel is exercise of the will, which is essentially directional.

K. Parvathi Kumar

GREAT INVOCATION

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May CHRIST return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men -
The purpose, which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

From the Avatar of Synthesis who is to come
Let His energy pour down in all kingdoms.
May He lift up the Earth to the Kings of Beauty.

Let Light and Love and Power restore the Plan on Earth.

Master D.K.



*Mind is superior to the senses,
buddhi is superior to the mind,
soul is superior to buddhi,
soul is the embodiment of*

OM,

hence OM

is superior to the soul individual.

Associate with

OM

and realize the essence of your being.

Contemplate therefore upon OM

continuously.

K. Parvathi Kumar