

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM

II

Gemini 2003 Mithuna

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The World Teacher Trust - Europe

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

(Maruvu Maharshi: Master Morya; Devapi Maharshi: Master Koot Hoomi; Vidura: the Mahachohan)

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INVOCATION

May the Light in Me be the light before me
 May I learn to see it in all.
May the sound I utter reveal the light in me
 May I listen to it while others speak.

May the silence in and around me present itself,
 The silence which we break every moment,
 May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
 Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
 Let my plan be an epitome of the Divine Plan.

 May we speak the silence without breaking it.
 May we live in the awareness of the background.
 May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

SYNTHESIS



The little evolved man is in synthesis. This is the synthesis of the material nature. The highly evolved man is in synthesis; he is of Divine Nature. In between is the aspirant, pulled and pushed by dual forces and his life is full of conflicts. He is the “pendent”.

PRAYER FOR THE YEAR

(To be repeated every month)

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.



MESSAGE OF THE MONTH OF GEMINI

The May Call of the Master may happen.
May HE lift up the aspirants into HIS Synthesis.
May the Throat Centre be initiated by the sound CVV
To cause the transmutation of the body into a body of Light.
May immortality be reached through the right use of the Throat,
the sound and the speech.



GÎTÂ-UPANISHAD

- LORD KRISHNA -

The purified mind is the only fit instrument to comprehend the wisdom of the Scriptures. Intellectuality is not adequate. Intellectuals make their own understanding. The pure mind is impregnated directly by the Scriptures. The secrets are better revealed. Self-purification is the priority, reading books, is second priority. Purify yourself before you read the wisdom teachings. This is the right way to progress.

LORD MAITREYA



Divine Life is a life of ability, stability, mutuality, co-operation and harmony. Any goodwill association, in so far as they do not promote these qualities, cannot lead its members to divinity. The goal of thousands of divine organizations is to lead its members to Divine Life. They try to adapt to certain scriptural regulations, social service and study of the Scriptures. Through their regular and continued working with the association they get bound by an ism. The instinct of such members is to belittle and criticize other groups and associations who have similar goals but different objectives. They do not exchange their abilities nor do they entertain communications. It shows demonstration of lack of goodwill. A goodwill association lacking goodwill is a paradox. Such are the self-circumscription of the thousands of groups working today. Hence they are ineffective in the realization of their goal, the only one goal of all.



MASTER MORYA
- MARUVU MAHARSHI -

Teachings are of two kinds: one is instructive, another is informative. Both are done to inspire the students for right action. Ever since the advent of humanity on the planet, teachings happened. Students turned Teachers. Races moved forward.

The teaching is enormous and boundless. Follow the teaching relevant to you. For that, teaching will come when needed. Afflicted by *rajas* (over-enthusiasm), the student wants to know more and more, and in the process he forgets to make the forward, progressive steps. A person who is engaged in knowing the measure of drinking water of a river, dies of thirst due to not drinking what is immediately required. Drink as much as is needed of wisdom and act upon. When you are thirsty, further wisdom comes to you. Are you not getting further glass of water when you are thirsty? How does it help your collection of water without drinking it? Collection of books and collection of esoteric information may cause you excitement. They don't help you to quench the thirst of life. Present day students are preoccupied with wisdom information. They do not translate a thousandth of it into their daily living. This is only a spiritual excitement. We wait till it is entertained in action.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -

As you see be focused. Do not be vague, arbitrary and superficial. See deep. If you see so you find everything as a shape and a colour. If you see deeper you listen to the sound vibration. If you see further, you see the number potency. The number, the sound, the colour and the form, manifest due to the Self. It is the basis of every form. See the Self in the object and seek revelation. Let this be your penance.

As much as you see the Self and the force surrounding it, you would also see the Self in you, your number note, sound note, colour note and the related formation. The things around you co-operate with you as you align with them in this deeper sense. This is advanced occultism.



THE TEACHINGS OF MASTER D.K.

BREATHING

Life is breathed in and out in a fivefold manner. The 5 different *Pranas* in the human body are:

1. *Prana*, extending from the nose to the heart and having special relation to the mouth and speech, the heart and lungs.
2. *Samana* extends from the heart to the solar plexus; it concerns food and the nourishing of the body through the medium of food and drink and has special relation to the stomach.
3. *Apana* controls from the solar plexus to the sole of the feet; it concerns the organs of elimination, of rejection and of birth, thus having special relation to the organs of generation and of elimination.
4. *Udana* is found between the nose and the top of the head; it has a special relation to the brain, the nose and the eyes, and when properly controlled produces the co-ordination of the vital airs and their correct handling.
5. *Vyana* is the term applied to the sum total of *pranic* energy as it is distributed evenly throughout the entire body. Its instruments are the thousands of *nadis* or nerves found in the body, and it has a peculiar definite connection with the blood channels, the veins and the arteries".

MESSAGE OF MASTER E.K.

FICKLE-MINDED



Normally people like others work and have complaints about the work that they are given by life. The reason for this is fickle-mindedness. The fickle-minded ones attempt many and accomplish little. Such people fall.

It is always better that we choose shoes that suit us. To look for bigger shoes makes your walk difficult. Looking at a heavy weight lifting champion, we cannot straightaway try to lift up heavy weight. It may cost death.



VIDURA WISDOM TEACHINGS

If one is to choose
between the Law and the life,
better choose the former to the latter.
Life devoid of Law
is unworthy of living.

SHIRDI SAI SAYINGS

THE SURRENDER



If you surrender your will into My will, I shall hold you and conduct. You shall no more be responsible of all that happens to you. You remain My vehicle and live.

If you live in Me, I live through you, gradually you lose your separative consciousness and live as Me, the pure consciousness which knows not birth and death.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

Argue not with ladies.
Befriend not the childish.
Abandon not the virtue.
Criticize not the superior.

CHILDREN'S SECTION

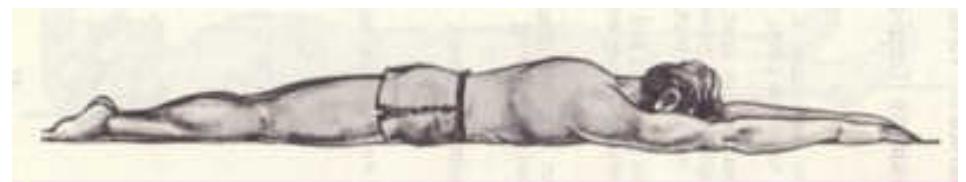
YOGAS ÂSANAS

Advāsanā (The Reversed Corpse posture)*

1. Lie on stomach.
2. Stretch the legs and the hands straight.
3. Relax the body in the same manner as described in 'Shavāsanā' (last month's Âsana).

Benefits: This Âsana is good for people with back-ache, slip-disc and cervical stiffness. One may move the neck slowly to the right and the left to yield elasticity of the neck joint.

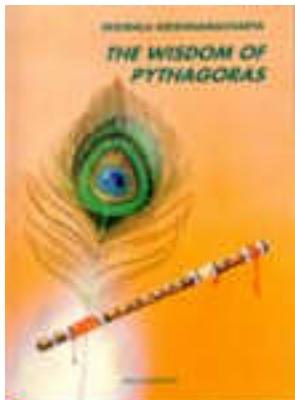
Effect: Physical and psychological relaxation.



* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation

BOOK REVIEW

THE WISDOM OF PYTHAGORAS

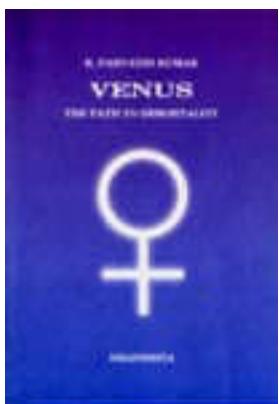


The Pythagorean wisdom represents the Ancient Wisdom. Every great Master represents the wisdom and he never claims himself as the owner of that wisdom. The general public knows very little about the teachings of Pythagoras. He taught the Ancient Wisdom through cryptical statements. This was one of the many techniques used by him to transmit wisdom. According to him, language was only one of the keys.

Ekkirala Krishnamacharya: The Wisdom of Pythagoras

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

VENUS. THE PATH TO IMMORTALITY



The Venus as a planet and as a principle is the higher counterpart of our earth. It depicts the higher life of divine life, unconditioned by the gross material.

Venus is the guide and the teacher for the beings of earth. While being on earth one can attain, in the earthy body, the Divine Status by tuning up to the principle of Venus. The Venus principle is the principle of immortality, which is experienced by everyone as a soul.

K. Parvathi Kumar: Venus. The Path to Immortality

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

NEWS - REVIEW

TOURS OF THE TEACHER

5TH - 11TH June 2002: 1ST CARIBBEAN TOUR TO MIAMI & PUERTO RICO
5TH - 7TH June: MIAMI (FLORIDA) GEMINI NEW MOON

Between 60 and 80 people attended the seminar with much enthusiasm. Subject: "The Significance of Moon in Astrology".

A private TV channel interviewed the Teacher during two very interesting hours, with questions about heaven and hell, religion, faith and the existence of god. The Teacher stunned the audience and the interviewer with his brilliant answers.

8TH - 9TH June: SAN JUAN (PUERTO RICO)

Subject: "Inner Contemplations". In morning and evening sessions in the "Fundación Desarrollo Nuevo Pensamiento" of the capital city of Puerto Rico, the Master explained to a congregation of more than 80 people how to contemplate, how to imagine, how to visualize colours, listen to sounds, send energy and utter sounds to heal. Thanks to the excellent group co-operation, this teaching was possible.

PONCE DE LEÓN (PUERTO RICO)

Subject: "Agni". After a Fire Ritual ceremony, the Teacher explained in morning and evening sessions, with much detail, the meaning of the Fire Ritual. He spoke of Agni; he spoke of the devas, of the 10 directions and their energies, the planetary energies invoked and the material used in a fire ritual. In the hall of the "Fundación Desarrollo Nuevo Pensamiento" of the city of Ponce de León, on the South of the island of Puerto Rico, more than 100 people congregated and co-operated intensely with the Teacher in his explanation of the Fire Ritual.

MASTER MAY CALL FESTIVAL 2003: From 27th May to 1st June 2003 in Kandersteg, Bernese Alps, Switzerland, with the Annual Assembly of the WTT-Europe, 30th May.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.

Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.

May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.



The sincere utterer of OM
not only restructures his body
but also his energy system.
Regular and sincere utterances
invite the attention of Great Beings.
It also opens doors to envision Beings of Light,
“Masters”
and paves the way to the Path of Truth.

Let OM be your Eternal Friend.

K. Parvathi Kumar

Master D.K.