

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Gemini 2018 Mithuna

Letter No. 2/ Cycle 32 – 21th May 2018 until 21st June 2019

The World Teacher Trust - Global

Invocation



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2018-2019

**MAY WE EXPRESS GOOD WILL IN ACTION.
MAY WE UNFOLD THE POWER TO MANIFEST.
MAY WE ENTER THE WORLD FOR THE LORD.
MAY WE STAY UNITED IN ALL WAYS.**



Full Moon of Gemini, 29th of May 2018, 16.19



Message of the Month of Gemini

May Call is posited in the month of Gemini for a specific purpose. It is meant to realize the One in many. Many-ness is for the variety and beauty. It is One expressing in varieties of ways. If you are drawn into variety without understanding the unity you are into conflict of duality. The upper connecting line in the glyph of Gemini (𐌶) should not be forgotten. "The seeming two are but one" is the message of the upper connecting line. The upper connecting line is called the arch of the emperor called Seth; it is the divine arch which should never be forgotten. The glyph of Gemini without the lower connecting line is the symbol of wisdom adapted by the Greeks as Pi (Π). Pi's message is unity in diversity. Gemini is essentially meant for such message. One should never lose sight of the unity amidst diversity. If the upper arch is ignored duality becomes reality. Hence, every initiate chooses Gemini to cause human initiations. It was so with Moses, it was so with Jesus (Pentecost), it is also so with Master CVV. Let the month of Gemini be dedicated to observe the unity in diversity; it would lead the aspirants up from just being worldly. Cultivating this habit of observing the One in all is the fundamental and in this context Saturn is the teacher in Gemini.

Every initiation is intended to neutralize the seeming opposites for which patience, observation and understanding is the key. Until this key is fulfilled Mercury in Gemini is not helpful without Saturnian discipline. When one works with Mercury he tends to be diplomatic in the worldly sense of the word and manipulative. Misrepresentations and misunderstandings are the results of Mercury when Mercury is not well related to Saturn. Patience is required for any initiation and patience is held intact when one takes to the discipline of Saturn. The dualities are neutralized within oneself; the pain and pleasure of life become acceptable. The esoteric understanding of Gemini brings in the importance of Saturn in Gemini which is the ruler of the third house in the reversed wheel. The third house in the reversed wheel is Capricorn whose ruler is Saturn. The third house in the regular wheel is Gemini which enables initiations,

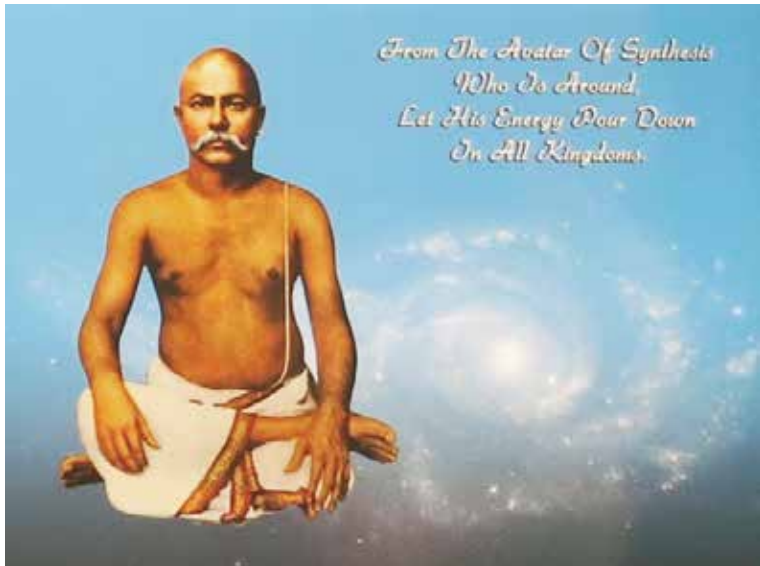
when the lord of the third house in the reverse wheel is associated with and worked out. Gemini through Saturn paves the way to occult wisdom of Mercury.

May the aspirants work it out with patience.



29 May

Master CVV May Call Day





Message of the Teacher A Performer with Goodwill in Mind

Debility, forgetfulness, frequent sickness, poverty and short life are the characteristics of Kali.

Affected by Kali, men are disabled to accomplish even a little. Progress is measured on the basis of performance. A non-performer suffers from stagnation.

Relating to the light of the morning sky and engaging oneself in one work or the other, big or small, throughout the wakeful hours antidotes the impact of Kali.

Be a performer, be a performer with goodwill in mind.

“Let us form a Circle of Goodwill”, says Master Djwhal Khul.

Utterances of Lord Krishna



Know thy senses. They are the powerful steeds.
They draw you forcibly towards sense objects
And cause agitation.
Even the self-regulated ones are frequently troubled by these steeds.
(2-60)

To regulate these indomitable steeds,
Relate to Me in you.
I am in you, trumpeting
“THAT I AM, THAT I AM, THAT I AM...”
(2-61)



Lord *Maitreya*

Pranayama

Among the seven fires Paavaka is the middle fire; among the seven airs Pavana is the middle air. When the middle air is invoked it evokes the middle fire too. When the middle fire is evoked it purifies from centre to circumference. Therefore, know that pranayama is a great sacrament. It enables purifying the practitioner and also purifying the surroundings. It is an act of healing. It is an act of goodwill. Carry out pranayama in groups with rhythms. It enables you to join the Great Service.

Master Morya
– *Maruvu Maharshi* –

Thought Nakedness



Do you remember that you were naked when you entered this world? For this reason you are also cremated naked on your departure. Also, to enter the divine plane you need to be naked in your thoughts. Thought nakedness is true nakedness. To be naked in this world is absolutely unnecessary and even unsocial. The truly naked ones constitute the Brotherhood on the planet.

Practicing nakedness at the thought plane is a fundamental regulation in our groups. Ensure that as you close your eyes you would only perceive the cloudless blue sky. Entertaining white clouds is also not desirable. A cloud is but a thought be it white or dark. Think of the blue sky, enter into it and experience the limitless blue all around and also within.

When your mind is filled with such blue, you are available for intuitional reception from higher planes. Be available for the hints that drop from above.



Master Koot Hoomi
– *Devâpi Maharshi* –

Sambala

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala connects the sky to the earth. It connects the invisible to the visible and the visible to the invisible. It links up the divine to the mundane and enables the ascension from the mundane into the divine.

The ancients believed Sambala as the birth place of Sasta, whose other name is Sanat Kumara. The invisible is symbolized by Shiva and the visible is symbolized by Shakthi; their meeting point is seen as the birth of Kumara. The Kumara is the ruler of this planet with Sambala as his citadel. The Lord of Sambala is also known in the Puranas as Subrahmanya. Sambala is known only to the Adepts. They are ever silent while relating to the Sambala. They visit Sambala to receive the Plan. Their work is to be messengers of God upon Earth.

The members of Sambala are all around on the planet; they also involve in tours and travels. They stimulate activities of goodwill and also manifest goodwill in action. They are bound by the Vow of Silence and speak not of their membership in Sambala. Their life is a life of offering; their inspiration is Sambala and the Lord of Sambala.

(Sambala is differently spelt in English, Sasta is also differently spelled, the Sanskrit phonetics are followed to give the right sound of Sambala and the right sound of Sasta. Sasta is one of the names of Sanat Kumara; the Mount Sasta on the West Coast of the USA is named after Sanat Kumara.)

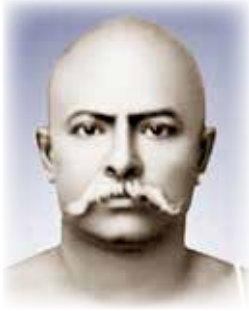
Message of Master E.K.

The Unwinking-Ones



Stability of sight is indicative of stability of mind. If mind is fickle sight is fickle as well. As much as the sight is fickle so much the winking of eyes be. “Beware of fickle sighted one” is an old saying. Such one is unreliable.

The Devas are known to be the un-winking ones (Animisha). They are embodiments of Buddhic light, Buddhic light is un-flickering, Buddhic light is beyond the mental plane. To relate to the Buddhic plane aspirants need to inculcate stable mind and stable sight. Set the sight upon a divine object in your daily contemplation and gain stability. Such stability is the entry door into the Buddhic plane.



Message of Master C.V.V.

Aphorisms to Disciples 3

7. Ensure that you are clean in body and peaceful in mind, before you commence the prayer. As per the attitude the prayer happens.

8. Never commence the prayer that I gave you without lighting the incense. The incense has to be natural and fragrant.

9. As you utter-forth the mantra (Master C V V Namaskaram) observe the movement of energy in your entire nervous system. Observe the plexus of nerves and the transmission of energy via the plexus into the nervous system. Do not concentrate on my form. Just observe within.

Vidura

Teachings of Wisdom



Man needs to gain the knowledge
of right attachment.

PRACTICAL WISDOM

Calmness enables
quality in life.



Saraswathi

Suktam 2
Hamsas 2

The speeches carry inherent meaning and have the metrical system (Chandas). They in turn group the sound into words and letters. The letters detail into vowels and consonants. The consonants further detail into gutturals, palatals, dentals, labials etc. Thus the Swans multiply.

The Swans of pulsation have the characteristics of musical notes. They form the bases of musical singing by the beings. The music details into varieties of Ragas (compositions) as per the time of the day and the season. These Swans can muse the mind and the ego onto Pure Consciousness and Existence. This is 'the path of music' for the return of the beings to Samadhi. Such is the work of the Swans of pulsation.

The Swans of pulsation also cause respiration, circulation of blood, heart-beat and assimilation. The respiration has the inhalation and exhalation, which retain the life principle in the body. Many are the functions of the Word to uphold man with activity of life and activity of consciousness. The Word continuously throws out these Swans.



Srî Râmakrishna

The Hearth which has Touched The Feet of the Almighty



Iron, if once converted into gold by the touch of a philosopher's stone, may be kept under the ground, or thrown into a rubbish heap; it always remains gold and will never return to what was before.

Such is the state of him whose heart has once touched the feet of the Almighty.

Whether he dwells in the bustle of the world or in the solitude of the forest, nothing will ever contaminate him.



On Secret Doctrine

Are There Angels in Stars?

We may be answered that the personal beliefs of some pious Astronomers, however great they may be as scientific characters, are no proofs of the actual existence and presence in space of intelligent supra-mundane Beings, of either Gods or Angels. It is the behaviour of the stars and planets themselves that has to be analysed and inferences must be drawn therefrom. Renan asserts that nothing that we know of the sidereal bodies warrants the idea of the presence of any intelligence, whether internal or external to them.

Let us see, says Reynaud, if this is a fact, or only one more empty scientific assumption.

The orbits traversed by the planets are far from being immutable. They are, on the contrary, subject to perpetual mutation in position, as in form. Elongations, contractions, and orbital widening, oscillations from right to left, slackening and quickening of speed... And all this on a plane which seems to vacillate. [Terre et Ciel.p.28. Ibid.]

As is very pertinently observed by des Mousseux:

Here is a path having little of the mathematical and mechanical precision claimed for it; for we know of no clock which, having gone slow for several minutes should catch up the right time of itself and without the turn of a key.

So much for blind law and force. As for the physical impossibility – a miracle indeed in the sight of Science – of a stone raised in the air against the law of gravitation, this is what Babinet – the deadliest enemy and opponent of the phenomena of levitation – (cited by Arago) says:

Everyone knows the theory of bolides [meteors] and aeroliths . . . In Connecticut an immense aerolith was seen [a mass of eighteen hundred feet in diameter], bombarding a whole American zone and returning to the spot [in mid-air] from which it had started. [Oeuvres d'Arago.vol.i.,

219: quoted by De Mirville, iii.462.]

Thus we find in both of the cases above cited – that of self-correcting planets and meteor of gigantic size flying back into the air – a “blind force” regulating and resisting the natural tendencies of “blind matter,” and even occasionally repairing its mistakes and correcting its failures. This is far more miraculous and even “extravagant,” one would say, than any “Angel-guided” Element.





Saturn

Time 1
The Time Sense

The time sense of man is governed by Saturn. Man is made to wait by his own limitation. We say, "I am late." When we say that we are late or early, it is relative to a prefixed time. Suppose, that we fix our breakfast at 9 o'clock in the morning. If we reach the dining table at 8.30 a.m., we say that we are early, and if we reach at 9.30 a.m. we say that we are late. Whether late or early, it is relative to a time point fixed by us. Now, suppose that we have not fixed a time point, then there is no such thing as late or early. That is why there is one spiritual statement, which says, "There is no such thing as delay." Delay is when we expect an event to happen in a particular time, and relative to that expectation there is delay.

Suppose that we have fixed a time point to go to the beach at 4 o'clock and if we reach at 4.30 p.m. we feel, "Oh! We have delayed." The feeling of delay is arising out of a prior fixation, by a prior expectation. If there is no expectation, there is no delay. Where there is expectation, there is delay. Where there is expectation, there is disappointment; thus, it works relatively. The time sense of man is also governed by Saturn.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Thought 2

Thought is power; it is the deciding factor in life. This is a statement upon which all should ponder, for we can achieve nothing without thought. Thought and the resultant activity makes us what we are and places us where we are; it governs and conditions our living expression and influences our mental expansion and spiritual evolution. Lives are changed and qualities are developed primarily by reflection, by directed conscious thought. Through clear and accurate thinking we attain our objectives and avoid waste motion, mistaken moves and false interpretations.

There is no day in our life when we cannot be the master of our mental world and control our use and choice of thought. Thought can have a good effect, producing stability, uplift and release of energy or a bad effect producing chaos, depression and undue tension. Much that is seen of a distressing nature in our life can be directly traced to the penalties attached to the wrong use of thought. Clean up your thought life, make it constructive and harmless. Bar out hate and pain, fear, jealousy, greed and low desire. Unless we eliminate malicious, negative and impure thought we will become a destructive agency for others and ourselves.

A disciple



The Teacher

42. Enters and Resides in the Heart

The Teacher enters into the heart and resides therein the moment he is ardently invoked. Seating therein he conducts all the work of transformation relating to the physical, emotional and mental. The daily invocation of the Teacher into the heart centre is recommended. How to visualize the Teacher in the heart is already given in the previous names.

When the student invokes the Teacher, the Teacher enters the heart of the student and stays therein on a throne of lion. Since the heart astrologically relates to the sun sign Leo, seating in the heart is seating on the lion's throne. The Teacher is one who conquered long back the leonine energies; symbolically it is said that he conquered and killed the lion. The lion stands for self-consciousness which relates to the pride of personality. The Teacher has conquered it. He would enable the student also to conquer the lion.

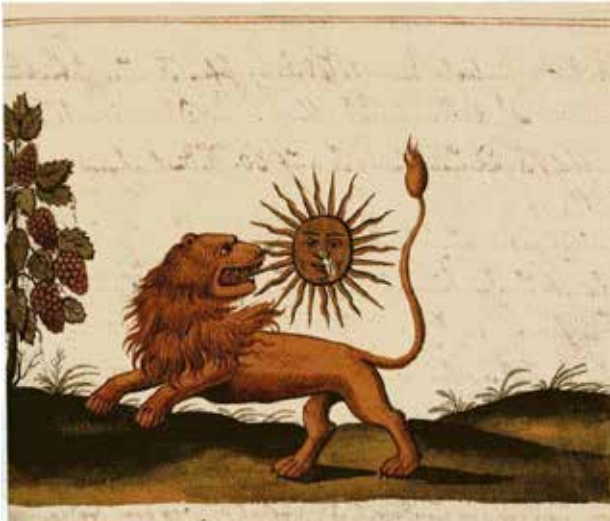
The student therefore is well recommended to visualize the Teacher on the lion's throne and he himself seating at his feet offering himself to the Teacher for necessary rectification and transformation. The attribute of the Teacher given here suggests that not only the Teacher enters the heart of the student; he also enables the student to eventually enter the heart region and sit in the lotus of the heart. The lotus of the heart or the throne of the lion may not be understood as two things. It is a different presentation of the same state of consciousness. Each student is treated differently by the Teacher.

The heart is called hridayam, is 'Hrith-I-Am', meaning 'here I AM'. This is the facility of the etymological key in Sanskrit. In English also the word heart can be broken as he-art which is, cryptically to say, the art of the Divine (He), He-art centre. But this is a farfetched interpretation, while in

Sanskrit hridayam literally means 'here I AM'. The Master sits at the heart when invoked and conducts the art of transformation.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

A disciple





Kapila

The Essential Teachings of Kapila 1

1. The mind holds the master key for either liberation or conditioning. When you desire, it causes conditioning. It is so even when you desire liberation. Desiring liberation is also a desire. When you align mind with the universal consciousness, the liberation is the result.

2. Food, when taken in, gets assimilated into the system, losing its separate identity and helps energising the body. Likewise, the individual soul through discipleship can be assimilated into the Universal Soul, losing separate, selfish existence. The One in all is realised and there is no other.

3. The one who seeks liberation should forget desiring it. Acting as a wife, a child, a co-born, a friend, a husband, a disciple, a Master, etc one should identify with the One in all and align with the One. When thus aligned, liberated state of the being is a reality. When not identified and aligned, conditioning is a reality.

The one who attempts to escape from the worldly relation to find liberation is the one who is tricked and is hopelessly caught. He is like the one pursuing the oasis for water.

4. The creation, its process, the emergence of the cosmic, solar, planetary systems, the birth, the death, the various stages of life (as child in the womb, child, youth, adult, old age) are the details of a grand play emerging from an idea - just like an idea from us manifests into a creation of our own. An idea to marry for instance!

5. The scenes and the characters in the dream seem different from the dreamer. As one wakes up from the dream, the scenes and the characters disappear into him. Only he remains as the One. Likewise, through proper comprehension of wisdom, existence as One (with no other) is experienced, where the concept of the other disappears.

Ashram Leaves

The Dimensions



The whole creation is of eight dimensions. The original being non-dimensional - zero or infinity, the other seven are the real (?) dimensions.

1. Dimension of Truth/Principle.
2. Dimension of Time.
3. Dimension of Space.
4. Dimension of Ether.
5. Dimension of Water.
6. Dimension of Earth.
7. Dimension of Shape.

These Seven descend from eighth one and ascend into the eighth periodically. The Dimension of Principle or Satya Loka, evolves from the naval lotus of the eternal, causing the Dimension of Time. Thereafter the others manifest in the order and disappear in their reverse order. It is true with the macro and the micro cosmos.



Lord Dattatreya

The Trident

The trident held by Sri Guru Datta is symbolic of the triple energy held in an etheric form within the Brahmamanda. The triple energies are referred to as Ida, Pingala and Sushumna. They are the left, the right and the central energy currents. The left current causes the materialisation, the right current causes spiritualization and the central current causes the balance between the two, enabling the existence of the being in a particular plane of existence. Ida stands for involutory energy, Pingala stands for evolutionary energy and Sushumna stands for the yogic energy which balances at every level the spirit and the matter to be in existence in that level.

Astrology also speaks of a zodiac of 12 sun signs, which are essentially pairs of 6 sun-signs. These 6 sun-signs represent the 6 centres in the etheric current Sushumna, which are explained by the yoga science as the Shad Chakras. From Ajna to Muladhara, they conduct the being in all the 6 planes, that is, from mind to matter (mind, akasha, air, fire, water and matter). There is the descent of the being through the Ida current, the ascent through the Pingala current, with the Sushumna current stabilising the being at the needed level, as per the requirements of the work.

The materialisation and spiritualization currents function in such harmony to give the related existence at a particular plane. These currents are like the current of the flowing river. Man feels the existence of the river while it is in eternal flow. There is water that comes in and water that departs at any particular point and in that ever-flowing flow, the existence of the river is felt, but in truth, it is the poise relating to reception and dispersal of the water flow. Such is the situation with every form in creation.

The two flows of Ida and Pingala in the opposing directions are also depicted by the sun-sign Pisces. Pisces is the Alfa and Omega of the creation, it

has the beginning and ending in it. Not only that, the beginning has the ending in-built in it, and the ending has the beginning in-built as well.

This principle of the opposing flows in total harmony with each other, is esoterically called by the Vedic seers as Ganga, which is called Ganges in the western languages. GA is the sound for movement. In between two GA there is the cipher, which is the source of the two and the balance of the two as well. For this reason the sound Ganga was considered most sacred by the Vedic seers. The one who is in the middle, is the poised one, the equilibrated one, the fulfilled one, who can experience the bliss in every state of awareness. This is called synthesis. This synthesis is promised to be bestowed by Sri Guru Datta. His holding the trident is indicative of such promise.





Fire

Intermittent Oceans

The yoga books narrate intermittent oceans in between the 7 planes of Existence. They are

The ocean of salt (Kshara)

The ocean of sugar (Ikshu)

The ocean of Alcohol (Sura)

The ocean of milk (Kshira)

The ocean of yogurt (Dadhi)

The ocean of butter (Navaneeth)

The ocean of ghee (Ghruta)



Cow The Symbol and its Significance

Frequently the seers look through the eyes of the Cow. The aspirants and the disciples do well to look into the compassionate eyes of the Cow.

PRACTICAL WISDOM

Cling not to places and positions
Only bats do so.



Group Prayers

O Lord Agni!
Bestow your brilliance on us.
Bestow your comprehension on us.
Bestow your fame which is undiminishing.

PRACTICAL WISDOM

Desire for beauty stimulates creativity.

Sanat Kumara

Bring Heavenly Happiness to Earth



Be full of intent when you brush your teeth in the morning. Enjoy the fragrance of the paste, look at your beautiful and dutiful teeth. Without them you cannot eat, you cannot heartily smile. By enjoying brushing you can start the day joyfully. Likewise when you bathe, be present with the bath. Feel the life of the waters, feel the beauty of your most choicely soaps and jellies. Don't be too hasty to finish the bath. You can bring heavenly happiness to earth, if you know how to be with full intent while at action. Likewise be present to enjoy your selection and wearing of cloths when you put them on, likewise the watch, ornaments and the shoes. Look to them, speak to them and smile to them when you put them on. This is how you need to train your mind to be here and now. A mind that learns to be here and now is the mind that has tremendous power to perceive. Your perceptions are sharper, your learning is faster. You are like a sharpened arrow that can pierce through any situation and perceive solutions. It enables intuition to happen, because it is all alert.



From the Teacher's Pen

Questions and Answers Inter-Racial Marriages

Question: Dear Master, do you encourage, inter racial-marriages?

Answer: Each race has its distinct quality and characteristics be it Asian, Arabian, African, European or the yellow race. When inter-racial marriages happen it is like two powerful streams of different quality and characteristics integrating into one. It has its necessary upsurge, conflict and confusion. Such marriages are now contemplated to form a new race of humanity where there is an admixture of all races. It is undoubtedly an experiment which has its unrest in the initial centuries.

Imagine two powerful streams enjoining each other. At the place of their joining there is much visible disturbance. After due coursing they settle down into one. The initial troubles are inevitable and that should not be overlooked. The inter-racial marriages are truly brave decisions. The persons who decide upon it should be able to accept directly opposing currents and neutralize them. It requires great patience and tolerance.

The American continent is presently the experimental land upon which the admixture is experimented. It takes a few more centuries before all racial qualities find their equilibrium in the human kind.

The impulse for inter-racial marriages emerges from the planet Uranus, which is the New Age alchemist. Every such experiment would take a minimum time cycle of four hundred thirty-two years. One cannot oversimplify such admixture as synthesis. Synthesis is a word which has come to be but is seldom realized as of now.

Agni

An Introduction to the Work
of Cosmic Fire, 77



5. The Electric Fire The Eye of Shiva 2

But when we become an adept of the 5th ray, then we have an eye opened, which is the higher bridge in us. You take the Ajna Centre as the basis, where you have the first bridge built. Then over the Ajna Centre, there is a point, where the third eye of the human being is there. Up to that point, we can evolve. That is what we call 'the higher bridge'. The centre which is called the 'eyebrow centre' and the centre on the forehead – the bridge is built between the two – then the third eye is said to be opened. When the third eye is opened, then the past, the presence and the future are known. The Plan is known. How it has worked out in the past, from the beginning, is totally known in details. And how it is planned for the future by the devas is also known in details. When you have already known to function as a soul, that means, if you have already become a soul-infused personality, then you are already tuned to the Plan. But the details are given from time to time. That means, a weekly time-table is given, you work for it, and then the next week's time-table is given. 'Week' in that sense means: a few cycles. Don't take week in the sense that Masters are giving only a program for seven days. It is much more than a week that is known. That is what is called 'knowing the Plan and working for it'. But when the third eye is opened, the total Plan is known in its details. And they try to work out according to the Plan of the Devas.

But there is another third eye in us, which is at this point (where the hair begins), which is not our eye. It is the Eye of Shiva in us. The Eye of Shiva in us is different from our third eye. Sometimes, He opens and looks at us. He opens and looks through us. It is like sending a thunder into our being. It is like a lightning arising out of the thunder. And in split second, it passes through the whole system only to make proper adjustments.

And the energy between our third eye and the Eye of Shiva, in between

this passage, contains the secrets of our slipping into sleep and awakening every morning. That is why Master Djwhal Khul suggests, i.e. orders us – all that Master Djwhal Khul suggested to the disciples are orders, you have no compromise with them, if you wish to grow in light. And if you don't grow in tune with the Plan, then the Father will come. So, let us better follow the suggestions given by the Master. Understand them as instructions and orders. That is why in Patanjali Yoga, the Master of Yoga, says: "Asa yoganus asanam", meaning 'Now the instructions of Yoga' – not suggestions for Yoga, they are all instructions. You have to follow them, if you really want to be a Yogi. You cannot fancy to be a Yogi without following the instructions.

This text is not proofread by the author and might have some mistakes.



Master EK

Vishnu Purana
Chapter XXIII



Bharata Varsha 1

Parasara continued: “The area to the north of the ocean and to the south of Himalayas is called Bharatha Varsha. The generations living there are termed Bharatiyas. The area of the whole land is nine thousand yojanas. It is the land where live those who are on their way to liberation. There they have to discharge their duties before attaining liberation. Also those who are on the way to the heavenly pleasures have to discharge their pious duties there. Those who do good things for their results are bound to the heavenly pleasures that are exhaustible. Those who discharge their duties for nothing are on the way to liberation.

Seven great hills form the nodal points of the land. They are

1. Mahendragiri;
2. Malayagiri;
3. Sahya;
4. Sukthiman;
5. Riksha;
6. Vindhya and
7. Pariyatra.

From there is the way to heavenly pleasures and from there is the way to the grand liberation. From there some go into the animal kingdom and some go to hell. (Those who indulge in animal pleasures will inherit animal bodies. Those who inflict pain to others enter hell, the plane of suffering.) From there some go to heaven and some attain liberation. From there some live in the middle plane and some live in the bottom level of

consciousness. (Liberation is life that is not conditioned by birth, death or self-imposition. Heaven is the enjoyment of the fruits of good deeds. Middle plane is the human level of consciousness, in which the average human being lives his life. It is a chain of incidents and the equilibrium of the chain actions of cause and effect. The bottom level of consciousness is that which governs the biological and nuclear states of existence.)

To those who live and die in other regions of this globe, their Karma is not decided on this earth. (Karma is the infallible law that governs the chain actions of the earth planet. Beings born in regions other than Bharatha Varsha will not yet attain the continuity of consciousness which makes them understand the law of Karma. They may be intellectually and scientifically greater than the sons of Bharatha. Yet they do not know what is before and what is beyond the journey of their life. As they reach that point of evolution they are brought to Bharatha and take birth there. It is a geographical, geological and planetary truth which needs no discussion. Any doubt or discussion is the result of some psychological or inferiority complex. Just as the poles have their climate, just as the equator has its own climate, the geographical demarcations of the earth have their specifications in nature.)

The Science of Man

Dr. K. Parvathi Kumar
First Young Group Life Teaching, Part 64
August 2001, Visakh

The Two Techniques for Meditation 4

2. To link up the outer man with the inner man

The first technique is useful to some people, while the second technique is useful to some other people. The first technique is called 'head oriented technique'. The second technique is called 'heart oriented technique'. Each one can decide which is more convenient to him according to the soul quality. Some like the first process and some others like the second process.

These are the two ancient most practices that would cause alignment of the outer man with the inner man. For example, Buddha followed the first technique, Christ followed the second technique. Master C.V.V. followed the first technique, and Master E.K. followed the second technique. Sri Aurobindo followed the first technique, while the Mother followed the second technique.

As per the soul's inclination, you can try observing the thoughts and reach the light, which you are. Or you can follow the second technique and reach the source of light and experience light. In both cases, the final experience is the same. You have the gradual gaining of peace, inner poise and also the related cool effect. The earlier in life you gain it, the better it is, so that you meet the outer challenges with poise, and you will respond to the outer events with cool. Your energy is not agitated regardless the outer events.

That is the beauty of those who have accomplished meditation. They are aligned persons. Their outer is aligned with their inner, and as a consequence, the inner projects through the outer, and the inner being light, all projections would be projections of light. That's how the technique of meditation builds bridge between the mortal man and the immortal man and

through this technique many have gained immortality.

Their identity changes from their name, their status, their nationality to their original status. They no more believe that they are Spanish, German or Indians. They are not conditioned by the thought that they are male or female. They only have one understanding of them, that they are light and all is light. If people see other things, it is because they have projections.

That's how they live in light and they transact with light. They either live in light when they are subjective and they transact with light when they are in the objective. Hence, to them, life is joy. You see one of the statements of the invocation: "May we transact Light in terms of Joy." In the very beginning of the evening invocation, it says: "May the Light in me, be the Light before me, may I learn to see it in all. May the Sound I utter, reveal that Light in me." So, it is nothing but the activity of Light.

That's how, at the brim of the fourth chamber, as you enter into the fifth, you feel that it's all Light. And that opens doors for a blissful living which is the fifth chamber! These are the ones who cannot be conditioned by any 'ism'. They cannot be conditioned by any thought, because all 'isms' are nothing but thoughts, opinions, definitions crystallized.

Paracelsus

Health and Healing

Healthy Approach Towards Food



A Master of Wisdom says, "It is essential to observe the microcosm and transfer the formula to the infinite." Consciousness pervades the micro and the macro dimensions; hence acts done with intent to do good have their useful impact on the society. When vitamins are consumed consciously with a deep intent to uplift the vitality within oneself it manifoldly increases the usefulness. Likewise when vitamins are absorbed, while one is with irritated mind it may increase the imperil, since an unconscious energy is strengthened at a point where consciousness is gathered. In all ancient traditions, part taking of food was considered sacred and the activity was done in a serene, joyful, and intent-full ambience. Food was considered sacred and was taken with much veneration. The ambience relating to food intake was kept up with good vibrations. There was no gossiping while eating. Indulgences into critical argumentation, conflicting, expressions were avoided. In the east till recently people washed their feet, their hands and their face, before they approached the food. They considered food as representation of the primeval energy. Such approach towards food multiplied energies to bring forth much vitality to the body.

So many simple experiments can be performed with a minimum of observation. Increased respect for consciousness is necessary in matters of intake.

Running breakfasts, street foods, fastfoods, food centres in any and every place is but an anti-health activity. The modern life is tending more and more towards unconscious functioning. Consequently unconscious energy strengthened at the very centre where consciousness is gathered.

Physicians would do well to know this dimension and advise the patients accordingly. A healthy and wholesome approach towards food and medicine is the need of the hour.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: www.paracelsus-magazin.ch/en

Children's Section

On Service

**SERVICE DONE WITH RECOLLECTION OF
I AM IN THE 'SERVED'
IS THE KEY TO SATTVIC SERVICE.
SUCH SERVICE TO THE BEINGS,
IS SERVICE TO GOD.
IT LIBERATES THE SERVER.**

Panchatantra Stories

14. The Bug and the Poor Flea

There was a white flea. She lived in the folds of the exquisite white silk sheet that covered the bed of a king in a certain country.

She fed on the king's blood without anybody noticing and was happy to spend her days.

One day, a bug managed to enter the beautifully decorated bedroom of the king.

When the flea saw him, she warned, "O Bug, what are you doing in the king's bedroom. Leave at once before you get caught!"

The bug replied, "Madam, even if I were a good-for-nothing bug, that is no way to treat a guest. One should welcome a guest with humble words, sweet behaviour and offer refreshments".

The bug continued, "I have fed myself with all types of blood, but never have I had the pleasure of the blood of a king. It must be very sweet, for the king eats the choicest of food. I would love to taste the king's blood, if you permit."

The flea was taken aback, "O Bug, you have a nasty bite, like a sharp needle. Besides, I feed on the king's blood only when he is deep into his sleep. I can permit you to feed on the king's blood only if you promise to wait till he is asleep."

The bug agreed, "I promise to wait till the king is asleep, and only after you

have fed yourself, will I feed myself on his blood."

Soon after they decided on such terms, the king came to his bedroom and lay down to sleep.

The bug could not control himself, and decided to take a tiny bite of the king, without waiting. As the king was yet to fall asleep, he jumped at the sharp bite of the bug.

The king shouted at his servants, "Hey, there is something in my bed that has bitten me. Look for it, as I have already been bitten."

On hearing this, the bug quickly hid himself in a corner of the bed, before the servants could start searching for him.

However, the servants scrutinized the entire bed, sheet by sheet, and found the flea between the folds. They killed her at once, and the king went to sleep without any more worries.

The wise indeed say:

The false promises of friends as well as strangers have no value. You end up paying for it.

Stories for Young People

Amazing Results

A stationmaster took the occasion when he saw a travelling sage and addressed him: "Sir, please give me something to practice, and I promise I will follow it faithfully." The sage said: "From this day on, don't lie. Practice this rule for the next three months." The man decided that he would not lie anymore or take bribes - as it was the custom of the employees of the railroad in that area.

Soon there was an investigation by the head office. The supervisor examined all the employees of the railroad concerning bribes. The stationmaster answered the probing questions honestly. All the employees who had been taking bribes, including the stationmaster himself, were prosecuted. He thought: "It has been only thirteen days of practicing, and I am in difficulties. What further is going to happen with me?" His wife and his children left him. Within a month the life of the stationmaster had crumbled.

Twelve people of the office of the stationmaster got together and accused him of being the only guilty of taking bribes. He was put in jail and all the others were released.

A trial was made. The judge wondered why the stationmaster did not want an attorney. The stationmaster refused to be helped and told: "No matter how many years you put me behind bars, I won't lie. My life has changed because of this promise of mine. So I quietly expect things to come." The judge admired the man.

After three month the stationmaster, sitting under a tree, without having anything, received a telegram: "The government has taken long ago a huge plot of land from your father. Now it wants to give you compensation (one million rupees)." The stationmaster felt being rewarded by saying the truth. He gave the compensation to his wife and children. They want to come back to him. But the stationmaster says: "No. Until now I have seen what happens by not lying for three month. Now I want to find out what will happen if I do not lie for the rest of my life."

Told by Swami Rama: "Living with the Himalayan Masters". 1978. Pennsylvania. Compiled and quoted by B.K.

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

Spain

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Activities :

The Association has the following main purposes:

- Spread of knowledge on death and mourning.
- Since September 2016, 4 speeches have taken place, 300 people attended to the events.
- Training on death and mourning to the Association's volunteers.
- Training on subtle bodies and personality archetypes to a group of volunteers.
- Group therapy on mourning. The therapy takes place in the city of Manacor (Mallorca). 30 people have been attending to therapy.
- Hiking outing for people who are mourning and volunteers.

Picture to the Month of Gemini

Gemini - The First Pair on the Threshold of the Temple



According to the ancient Indian tradition, Gemini represents a pair of supplementaries, subjectivity and objectivity. Subjectivity is called the Lord and objectivity is called the power of the Lord in relation to his Lady. Hence the pair represents the birth of the first Androgyne, Sakti and Siva. The emblem is called Ardhanari (the male who is half female). The sign Gemini is worshipped as the temple of the Lord at the entrance of which there are two pillars, Boaz and Yakhin (word and meaning). Man passing through the gate between the two pillars represents himself expressing as word and his concept.

Dr. Ekkirala Krishnamacharya: Full Moon Meditations

Book Review

Spiritual History of Mankind



The spiritual history follows the spiritual evolution of the human beings. It can be gathered from the scriptures of all the nations which have been systematized during many centuries on many occasions. The latest has been systematized by the present theosophical movement.

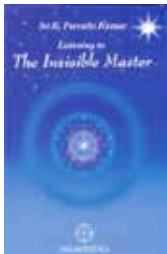
The book "Spiritual History of Mankind. Overseas Messages V" is a collection of seven talks by Dr. Ekkirala Krishnamacharya about different topics of spirituality.

Ekkirala Krishnamacharya : Spiritual History of Mankind (Overseas Messages 5)

Copies: Kulapathi Book Trust, kulapathibooktrust@gmail.com

PDF : https://worldteachertrust.org/_media/pdf/en/ek/spiritual_history_of_mankind.pdf

Listening to the Invisible Master



The human being has layers within layers of existence. As he tunes inward he finds within much more than what he thinks of himself. The seeker who intends to enquire into the source of his Being and to see or listen to the UNSEEN MASTER needs to walk into these subtle planes. Listening to HIM needs a discipline, a specific way of cultivating oneself.

"Listening of The Invisible Master" shows a few hidden sides of things relating to the human being. It is of interest to those who wish to tune inward, in search of the unknown.

K. Parvathi Kumar : Listening to the Invisible Master

Info : Dhanishta Editions, info@dhanishta.org

Online: <http://worldteachertrust.org/en/web/publications/books/invisible-master/main>

Astrological Important Days in May/June 2018

21.05.	04:14	☉ → 𑌖 / Sun enters Geminis	
𑌖	18:43	☾ 8 th phase of ascending moon starts (End 22.05. at 17:01)	☉ 00°35' 𑌖 / 𑌖 24°35' 𑌖
24.05.	14:48	11 th phase of ascending moon starts 𑌖 <i>Day of Nārāyana: For healing, synthesis, and for self-contemplation</i> (End 25.05. at 14:17)	☉ 03°18' 𑌖 / 𑌖 03°18' 𑌖
26.05.	14:10	13 th phase of ascending moon starts 𑌖 <i>Day of Narasimha (End 27.05. at 14:28)</i>	☉ 05°12' 𑌖 / 𑌖 29°12' 𑌖
28.05.	15:10	Phase of full moon starts 𑌖 <i>Birthday of Lord Maitreya and Master DK</i>	☉ 07°10' 𑌖 / 𑌖 25°10' 𑌖
29.05.		May Call Day	
♂	16:19	☉ Full moon of Gemini	☉ 08°10' 𑌖 / 𑌖 08°10' 𑌖
04.06.	11:35	23 rd constellation <i>Dhanishta</i> starts	𑌖 17°27' 𑌖
𑌖	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 05.06. at 14:27)	
06.06.	07:45	☾ 8 th phase of descending moon starts 𑌖 (End 07.06. at 09:07)	☉ 15°29' 𑌖 / 𑌖 09°29' 𑌖
09.06.	09:29	11 th phase of descending moon starts 𑌖 <i>Day of Nārāyana, to dedicate oneself to Master DK in thought and in word, to study intensely his teachings and to link up to the disciples of the world in thought. (End 10.06. at 08:24)</i>	☉ 18°26' 𑌖 / 𑌖 18°26' 𑌖
13.06.	01:04	Phase of new moon starts 𑌖 New moon point of Gemini: Contemplation upon 'The Pledge' 21:43 ● New moon of Gemini	☉ 21°55' 𑌖 / 𑌖 09°55' 𑌖 ☉ 22°44' 𑌖 / 𑌖 22°44' 𑌖
20.06.	01:29	☾ 8 th phase of ascending moon starts 𑌖 (End 21.06. at 00:21)	☉ 28°37' 𑌖 / 𑌖 22°37' 𑌖
21.06.	12:07	☉ → 𑌗 / Sun enters Cancer 𑌖 Summer Solstice	
22.06.	23:50	11 th phase of ascending moon starts 𑌖 <i>Contemplation upon the personal Teacher, the Guru (End 24.07. at 00:22)</i>	☉ 01°25' 𑌗 / 𑌖 01°25' 𑌖
27.06.	04:43	Phase of full moon starts 𑌖 <i>Dedicate to the World Teacher and Vedavyāsa</i>	☉ 05°26' 𑌗 / 𑌖 23°26' 𑌖
28.06.	06:53	☉ Full moon of Cancer	☉ 06°28' 𑌗 / 𑌖 06°28' 𑌖
01.07.	18:06	23 rd constellation <i>Dhanishta</i> starts	𑌖 17°27' 𑌖
☉	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 02.07. at 21:05)	
05.07.	21:37	☾ 8 th phase of descending moon starts 𑌖 (End 06.07. at 21:52)	☉ 13°44' 𑌗 / 𑌖 07°44' 𑌖
08.07.	20:01	11 th phase of descending moon starts ☉ <i>Contemplation upon the personal Teacher, the Guru (End 09.07. at 17:57)</i>	☉ 16°31' 𑌗 / 𑌖 16°31' 𑌖

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);
 From: »Astrological Calendar 2018/2019«; www.worldteachertrust.org;
 Publisher: The World Teacher Trust-Global, Föhnhafen 1, CH-6640 Brunnen.



The Great Invocation

Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.



OH LORD AGNI!
WE PRAY THAT WE MAY BE LEAD
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.
LEAD US, GUIDE US AND ENSURE THAT
ALL OUR KARMA IS BURNT ON THE WAY
AND THAT WE TEND TO BE THE LIGHTED BEINGS
IN THE ETERNAL KINGDOM OF LIGHT
TO SERVE IN JOY!

ISA VASYA