

# Vaisakh News Letter



HAMSA SIVA SOHAM



Gemini 2020 Mithuna

Letter No. 2 / Cycle 34 – 20th May until 20th June 2020  
The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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## Prayer of the Year 2020-2021

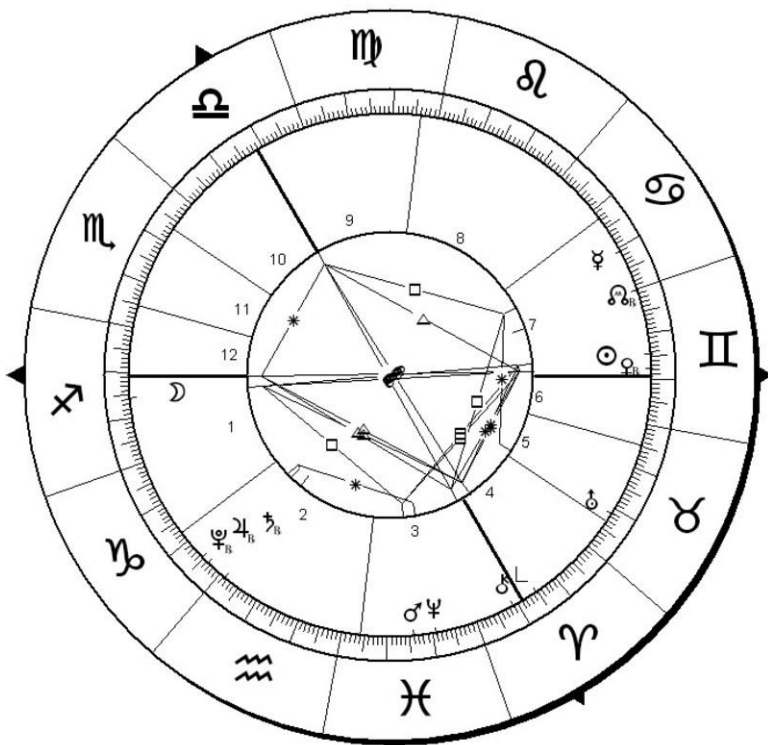
The bear is in the cranial cave.

The cub is in the lions cave.

The dog is in the kennel of the base.

Link up the three vertically and feel

the Light, the Love and the Will.



Full Moon of Gemini, 5 June 2020, 12:45 h CEST



## Message of Shambala 2020-21

The message of Shambala for the year 2020-21 is, to be patient enough and to take the pain of transition, which is long awaited. It requires the ability to accept the pain, which is but the evil of humanity coming through Corona.

As a goodwill worker transform it into Light and Love.

A goodwill worker is one who accepts the pain of life and yet does not transmit it to others. He transmits only Love and Light.

“Let pain bring due reward of Light and Love”, is said by Master DK. Its time has now come.

East-West Fusion is foreseen through corona and India would stand out as the world leader as is envisaged a century ago.

Please do not worry about yourself. Worry for others, which is an age-old dictum of Jesus. Be a soldier and a warrior to bring in Light and Love.

With best wishes

K Parvathi Kumar, 8 May 2020



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## Message of the Month of Gemini II

Gemini, the third house of the zodiac, stands for brotherhood. On the reverse wheel, it is the 10th house representing fulfilment. The Hierarchy believes in human brotherhood and the consequent fulfilment through brotherhood. Master CVV coined the term 'friend' which is synonymous with 'brother'. A friend according to the Master is the one with free-end. The World Teacher is also called the friend of the Universe - Maitreya. The followers of Master CVV necessarily join a group to relate to the Master for May Call and December Call. Groupal initiation is the new age approach contrary to selfish, individual initiation and realization.

Master CVV is the channel for the planet to enable downpour of the energy of synthesis emerging from the sun sign Aquarius. The principle of Uranus is the Master of Uranus and of Aquarius who paves way for the new age by breaking mercilessly the outdated traditions of religion. His work is to uplift the humans to the state of immortality, enable them to join the Hierarchy and later to ensure that every-one of those who relate to Him attain the state of Brahman. The Master causes planetary adjustments in the body and enables upward movement of the pranic principle with concurrent gaining of knowledge. He emphasizes the need for group living, group prayers, group sharing, group meal and group work. He discourages individualistic approach to the Truth. He believes in walking together in friendliness sharing together the resources and progressing together towards Light.

The sun sign Gemini is guided more by Uranus than by Mercury. Uranus functions by trine from Aquarius, stimulates the discriminative will in Gemini to uplift the humans from the passion of Libra. Meditate upon the triangle of planets Uranus, Mercury and Venus and upon the sun signs Aquarius, Gemini and Libra. May the mundane air of Libra be raised to the mid-air of Gemini to find salvation in the spiritual air of Aquarius. May the reversed wheel be worked out. May the May Call be appropriately utilized for the work intended by the Master.



## Message of the Teacher

### The Greatest Illusion

Do the beings ever gain the knowledge and realize the Truth is a question that emerges in the mind of an aspirant on the path. It is but a joke since the being himself is the truth and the knowledge is inherent within oneself. When the truth awakens from within, knowledge reveals itself from within. Until such time, the truth in oneself functions as pulsation, respiration, speech and awareness. One should know these faculties not as his but that of the Truth within.

The greatest illusion that the aspirant suffers from is to look for the Truth around oneself instead of within oneself. That is the greatest illusion, Maya.



## Utterances of Lord Krishna



The manner in which fire is concealed by the smoke,  
Mirror is obscured by the dust,  
And the just born baby enwrapped by placenta,  
Desire obscures knowledge.  
(3-38)

Desire can never be fulfilled.  
One cannot fill a pot with a hole.  
It is like fire which cannot be satiated.  
It is endless like Akasha.  
Desire is the eternal enemy to knowledge.  
Learn to drop it at once, think not of fulfilling it.  
(3-39)



Lord Maitreya

Maitreya Community

Simplicity and Service

A server should remain always simple. Simplicity is the other face of service. Such server when he speaks, the listener's heart unfolds. Before the server, even the bow of Indra bends down like a rainbow. Even the elephant kneels down.

Simplicity and service are but the two invisible hands while the visible hands engage in service.

Master Morya  
*Maruvu Maharshi*

Yama and Niyama



Only the adamant, the arrogant and the indifferent one pays a deaf ear for the external (Yama) and internal (Niyama) regulations of Yoga. For a disciple, they shall have to be natural qualities. Even the jungle of life turns into a well-laid garden when Yama and Niyama are followed.

Yama and Niyama are but the two wings of a bird without which the bird cannot fly. Likewise, a disciple cannot fly into the fields of life within and around without the practice of Yama and Niyama.

Yama and Niyama enable purification of the being. Such pure beings are beyond fear and illusion. They turn out to be simple, progressive servers.

P.S.: Yama regulations:

Harmlessness, alignment in thought, speech and action, regulation of sex, elimination of thieving instinct and non-acceptance of free gifts.

Niyama regulations: Bodily purity, internal purity of thought and speech, regular study of scriptures and self-analysis, attempting to witness the One in all and cheerful disposition.



Master Koot Hoomi  
*Devâpi Maharshi*

Sambala 25

Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala is the planetary centre for reception and transmission of energies from higher circles.

Sambala supplements the seventh ray energies that emerge from the sunray and also from the seven planets around.

Sambala synthesizes the work of the seven ashrams and precisely transmits energies to the seven ashrams.

Sambala undertakes the stupendous task of receiving and transmitting the energies of the twelve sun signs and the twenty-seven constellations.

Sambala connects to Pleiades, Great Bear and Sirius to receive, synthesize and transmit as a seed the energies of the three grand energy systems.

Sambala also relates to the eight elephants that uphold the eight corners of the earth and strengthen the life of the earth.

Sambala guards the gates to the infernal worlds to prevent intrusions from the infernal to the earth.

Immeasurable and indescribable indeed is the work of Sambala and that of Sanat Kumara.

## Message of Master E.K.

### The Truth Beyond Religion



The presence of the Master is much more effective than the presence of moon phase, nakshatra division and the daily configuration of stars as well as the day. Recollect the presence of the Guru and learn to be at his feet. Do whatever acts of goodwill are possible for the day. This is far better and even superior to the outdated traditional practices of various religions. Let there be one religion, the religion of Good Will. Let there be one teacher, the World Teacher who upholds the Truth beyond the religion.



Master CVV-Yoga

## Aphorisms to Disciples 25

73. As the relation between you and me reaches tangibility, you realize that there is One in you and that One is leading you, directing you, illumining you and even protecting you. In truth that One is in all. As your relation with him firms up, you tend to be His medium.

74. When disillusion, despair and disappointment overpower you, think of Me. You shall resurrect and stand as a soldier to meet the battle of life.

75. When things are not moving as they should and obstacles are all around and when your vitality is low, do not overlook the prayer. I am your healer, I am your teacher, I am your medicine and I am the cure. I cure all sicknesses. I do not let you de cease.

## Vidura

### Teachings of Wisdom



The court is not  
when it contains not the wise.  
The wise is not  
when he is not emphatic of Dharma.  
Dharma is not  
when it carries not Truth,  
and Truth is not  
when it is covered by conceit.

### PRACTICAL WISDOM

Clean the mind with meditation.  
Clean the speech with mantra.  
Clean the body with fasting.  
Clean the wealth with consistent donations.



Saraswathi

Suktam 4  
Number 8 - 2

The knowledge of numbers, zodiac and symbols originated, originally, from the holy land of India and then were copied elsewhere. The copies claim to be the originals. That is Kali (dark) Age! Let it be so.

Number 8, as said earlier, should be seen as a double zero. The zero above represents God, the Universal Soul. The zero below, represents his reflection as man. It is therefore the symbol of the Higher-Self in reflection as the lower-self, man.

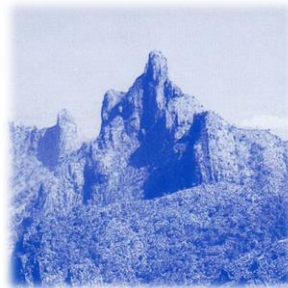
In yoga, the etheric Lotuses are spoken of at 7 centres, from Muladhara (Base Centre) to Sahasrara (Head Centre). The man's forehead and the crown are said to be the 'Divine Field'. From the Brow Centre (Ajna) up to the diaphragm it is said to be the 'human field'. The body below the diaphragm is said to be the animal, the vehicle of man.

Thus, the man is triple. There is 'God in man', 'man in God' and the animal, the vehicle. In fact, for God, man is the vehicle. For man, the body is the vehicle. The centres are linked through the threads of consciousness and life.



## Ashram Regulations for Entry

### Introduction 3



Many aspirants are emotional and claim that they have the presence of a 'Master of Wisdom', and that they have had the experience of the ashram of a Master. Whosoever makes such a claim cannot be believed. In fact, their claims have to be discounted and discarded. A disciple, who claims entry into the ashram of a Master, never speaks of such an entry. For, such a disciple is governed by seal of silence. Only an emotional aspirant claims and brags around of his entry into variety of ashrams and encounters with the Masters. Those who claim to have entered are false claimers and those who really enter, claim not. Such is the reality.

For any aspirant to enter into an ashram of a Master, or to experience the presence of a Master, he should necessarily go through a process of discipline, which is again a process of self-transmutation, self-transformation and self-transcendence. Only a transcended one can find an entry. Transmutation and transformation are but necessary for such transcendence. An aspirant must offer himself for immediate transmutation and transformation. One has to put oneself to the process of change. It is truly a chemical change that happens in one, when one follows implicitly the given regulations.

### PRACTICAL WISDOM

Grace leads to Devotion.  
Devotion brings in further Grace.



## On Secret Doctrine

### Secrecy of Teachings 2

Maimonides, the Hebrew philosopher says “whoever shall find out the true sense of the Book of Genesis ought to take care not to divulge it.”

This is a maxim that all sages practiced and repeated to their students. According to Maimonides, if one knows the true meaning of the work for six days, with utmost respect to the work he stays silent on the seventh day. Today, the work has lost its value. Work only means an activity for self-profit, covetousness and aggrandizement. Work is but karma, meaning action, which has to be carried out for the welfare of others. Today we call such work as work of goodwill - God knows how unselfish is the goodwill work these days carried out by many groups all over the globe. The symbology and esoterism of the Old Testament was thus confessed by one of the greatest Jewish philosophers, but the confessions with regard to the New Testament are a totally different drama where the blind guides the blind.

The mysteries of Jews were identical with those of the Greeks and the Egyptians who borrowed such mysteries from Chaldeans, who in turn got them from Aryans and Atlanteans and so on. Each one claims himself to be the origin of the mysteries while everyone borrowed from his preceding race. There is a statement in the Vedas which says, “He got it from his father, he got it from his father and he got it from his father” which means that the wisdom was passed on from the preceding generation to the succeeding generation in utmost confidence and trust in the succeeding generation. In this context, it is foolish that any school of thought or religion claims that they are the original. There is only one original manuscript of which there are many copies in existence. A copy claiming to be original is blasphemy.

When the urge to know the hidden sense of things and of writings is missing, what remains is but false claims and one-upmanship. There are millions of such idiots found in our age of enlightenment; they deny their past, they deny their

moorings and they even go to the extent of saying that they are unborn of any female yoni and so on and so forth. Curse is on such bi-gods who deny their parentage. This is on account of the wise of kali age where acknowledgement is not given. Its due place and gratitude is a forgotten faculty. Let esotericism be approached afresh by a true seeker by turning inward where he would eventually find the teachers that eternally exist and teach.



Maimonides (1135 ? - 1204 AD)



Saturn

The Path of Narayana

The Dawn in Capricorn 1

The raising of man involves Capricorn also. Capricorn is the sun-sign at the beginning of which there is the increasing day and the receding night. The 22nd of December is the longest night, after that, the night reduces and the day increases. Capricorn is called 'the dawn of the year'. Aries is called 'the noon of the year'. 'The evening of the year' is Cancer, because in Cancer the night starts to increase and the day reduces. The 22nd of June is the longest day, and 22nd of December is the longest night in the year. From the longest day on 22nd of June, there is the reduction of the day and growth of night till 22nd of December. From 22nd of December again it is more day and less night till we reach 22nd of June. These are the two arches of a solar year. The beginning of the arch is in Capricorn, which is the dawn of the year, followed by Aries, which is the mid-noon, then by Cancer, which is the dusk, and then by Libra/Scorpio, which is the midnight of the year. That is how we have the four aspects of the year.

Man is liberated from the cycle of birth and death in Capricorn under the rulership of Saturn. Cancer brings man down to Earth, where he has to face trials, tribulations and learns the lessons of Saturn in the lower levels. In Capricorn, man is bestowed with consciousness having its centre as the Hierarchy. Jesus Christ rose to that level and played His role as Saviour under the highest influence of Saturn.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

#### Glamour and Illusion 3

The glamour of aspiration is seen in those who aspire to spiritual goals without moving towards them. The glamour of self-assurance conditions those who believe that their point of view is entirely right. The glamour of duty leads to an over-emphasis of the sense of responsibility. The glamour of enviring conditions leads to a sense of frustration, or of futility, or of importance. The glamour of desire leads to a constant condition of turmoil, negating all peace. The glamour of sentiment brings about a lengthy imprisonment and imposes obligations that do not exist. Those glamoured by the mind believe in its capacity to deal with any and every problem. Those glamoured by devotion see only one idea, one person, one authority and one aspect of truth.

Other common glammers are the glamour of physical strength, of personal magnetism, of popularity, of being busy, of creative work without true motive, of warfare, of musical perceptions, of knowledge, of superiority, of organization, of creeds, of fanaticism, of the physical body, of sex, of the mysterious and the secret. Fear is the most fruitful source of glamour. It is the seed of the glamour of depression, of self-pity, or suspicion, of criticism and undue analysis. There is the glamour of independence, of the family, of ties and relationships, of dominance or control over others. In the glamour of spirituality, we have spiritual ambition and spiritual service, selfishly expressed, self-centred, aggressive and assertive.

A disciple



The Teacher

67. Arupakam

The Formless One

The Master consciousness is formless, but it functions through form. The formless one functions through the formations. For example, one cannot see what electricity is. But one can feel its existence through an electrical instrument. Likewise, one cannot see the basis of sounds that one produces, only sounds are perceived with oneself as the basis. He is the unuttered sound upon which sounds happen. He is the musical instrument upon which the music is produced. Similarly he is the background light on the basis of which all is seen. The seer cannot see the basis of the seen, for he constitutes the basis. One can see the Sun, the Moon, the Fire, but the basis of the illumination of Sun, Moon and Fire cannot be seen. A Teacher is one who realizes that verily he is THAT and THAT is the basis for the manifestation of light and sound. Another example is the thought of I AM which one feels in the awakened state. But the basis of such an awakening is not seen. It can be only realized that one is the basis of all that is and that one is the ONE. When the ONE expresses, the varieties are the parts of the ONE. It is an age-old statement that the part can never comprehend the whole while the whole can comprehend the part. This thought process is brain-teasing, but the one who realizes is the ONE. He feels "THAT exists as I AM". THAT is undefinable. It is formless, colourless, soundless and is beyond all comprehensions. It is for this reason a student would do well to adopt to the instructions coming from the Teacher than try to comprehend the Teacher, for THAT is beyond all comprehensions.

One can be a channel to THAT like a flute, like a hollow bamboo stick, which produces a variety of music. A Master of wisdom is one who is like a flute. In him only THAT flows. But once he is the flute, he tends to miss that which is flowing through the flute. In every Master it is the Master consciousness that flows and his form is a flute. Generally, students identify with the form of the flute which is the basis for flute music, but the Master that functions through the flute is the formless one functioning through the form.

There is always a question, “Is it the instrument or is it the invisible one that functions through the instrument, which is more important?” The answer found is that it is both. That is the synthesis relating to a Master whose form is respected and whose energy is experienced.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*





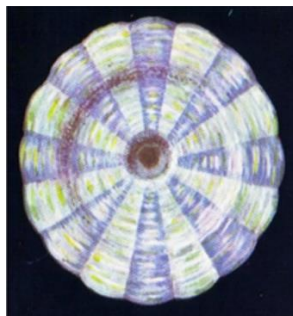
Sound

## The Double Triangle 3

In so far as we know how to work with the Throat Centre, we are in a position to link up the Higher with the Lower, to link up the unknown with the known and to link up that which is imperceptible with that which is perceptible.

Linking up that which is called "Noumenon" and that which is called "Phenomenon" and remaining in the centre, we can experience both the aspects. The Scriptures say that the Noumenon is the Father, the Phenomenon is the Mother and you are the Son or the Soul. In any way there are three parts: that which is perceptible, that which is not perceptible and you, who are there to experience both. Basically, the double triangle as it is presented in the Theosophical symbol, speaks of this aspect.

The Higher Triplicity is located in the body, and the middle point is the sound; hence, sound is the most important thing for anyone who would like to understand the complete truth. Sound stands between material and spirit. In so far as one works out this key in life, he will have the facility to move into the kingdom of heaven and the kingdom of earth, or that which is above and that which is below.





## Ashram Leaves

### Ignorants - Initiates



Ignorants gather to gain wisdom.  
Initiates gather to experience wisdom.  
The former gather to speak of candy.  
The latter gather to taste the candy.

## PRACTICAL WISDOM

Shift your identity from the body to the Light.  
Bodily identity is utter ignorance.



## Mystic Mantrams

### Axis Arranged Hours

The consciousness of man exists as a spark. It is a spark in terms of light, and a point in terms of geometry. It is a point not in space but in mind. On the background of mind this point always exists and whenever we exist this point is located in the mind. Even in the absence of mind (during sleep or death) this point exists in us, but to the ordinary consciousness, it can only be located as geometrical centre of the mind. Whichever part of the physical body is active, this point exists there. Then the local activity is nullified by submitting the mind to the Master. The spark ceases to exist locally and retraces its relatively original position called the heart.

Meditation is a process of spending time existing in this spark as consciousness without mind. The process of meditation elongates the spark into a vertical line. (The point becomes a straight line by a series of repetitions of the point). In the beginning when the mind is active, the student has to locate this vertical line within his own vertebral column. Even in the development of embryo, the vertebral column descends as a line of consciousness and all the sheaths are materialised around it. Through the process of meditation when the mind merges in the vertical line of consciousness the objective world is gradually absorbed into it. The objective world exists as long as the mind exists. The merging of mind makes the objective consciousness merge and also the space globe around us merge into subjectivity.

Space and Time are the co-ordinates on the squared-paper of mind. They are nothing but the projections of mind on the background of All- Consciousness. The All-Consciousness is the pool of experience which is infinity to itself and a globe around any point within itself. Wherever and whenever this point manifests as consciousness, the globe exists around it as a space globe. This globe rotates as the consciousness moves within itself. This rotation causes the

cycles which we call Time.

The time cycle exists as a circle around the observer and hence it is measured on the circumference formed by the Sun's path of daily motion by the beings on this earth. Thus, time exists along the path and conveniently divided into 24 equal parts called hours. Hours exist to our mind according to the position of Sun in the sky, though they operate in us as our thoughts, expressions and actions. When the spark of consciousness is traced as a vertical line, the time divides the diurnal ring into two semi-circles.

As long as the mind exists the sense of time and sense of space operate in us, as two diameters of circle crossing one another at centre in perpendiculars. Thus, the sense of space and time exists in our mind as cross within the circle. The horizontal line indicates space and the vertical line reads time. When mind begins to rotate through  $90^\circ$  and finally merges in the vertical line, then the sense of time and hours of division go to a sense of simultaneity. The sprouting of a plant, the elongation of the roots and shoots, the emerging of leaves, buds, blooms, fruits and seeds take a chronological order in the future, but in the totality of existence of the tree, all these incidents exist in simultaneity. Such a state can be experienced only when mind merges in consciousness.

At this stage all the hours of rotation come into central vertical axis and arrange themselves as the external principles of the periodic units of time. The units are periodical but their principles are eternal. When man merges in principles, the state is "AXIS ARRANGED HOURS".



## Fire

### Detailed Explanation 8 VI. Offerings to the Cosmic Devas 2

OM NAMO BHÂGAVATHE VASUDEVAYA SWÂHÂ

Offering to the Cosmic Lord of HOSTS.

VÂSUDEVA exists in us in the Heart Lotus of 12 petals. He is the principle of the Dodecahedron.

OM VISHNAVE SWÂHÂ

Offering to the Cosmic Lord of FORMS.

VISHNU is the Permeating Energy. He exists as our subtle and casual form.

OM SRIYA HA SWÂHÂ

Offering to the Cosmic Mother Principle of UNIVERSAL WELFARE.

SRI is that principle of the Mother that bestows WELFARE in all aspects of life. She exists in us as our Aura. She shines forth through our face. Acts of goodwill please her.

## Rudra The Lord of Cosmic Will and Vibration

### A Few Dimensions of Rudra 18 Sarvaya



Sarvaya means the releaser of arrows. Rudra releases his arrows on those who conduct acts of wickedness. The wicked ones are constantly troubled by their actions and would even invite death. People suffer from sharp and painful consequences from their actions. These consequences are considered as the arrows of the Lord to punish and thereby rectify their attitudes. The arrows of Rudra are unfailing. They harm those who harm others. They are harmless to the harmless ones. Rudra's arrows function as per the attitudes of the beings.



Sanat Kumara

## Be Inquisitive to Know the Lord

The fourth commandment is that one should have special interest to know the Lord.

Sanat Kumara says that one should have spiritual interest to know the Lord. The intense desire to know the Lord is already a blessing. It happens to an individual through the grace showered by the Lord. It is called fiery aspiration, Tapas. When there is such fiery aspiration it means, one is blessed by a cosmic Teacher called Narada. This cosmic Teacher exists in us also, since we are micro-cosmos. When Narada exists in macro-cosmos, he exists in us - the micro-cosmos. The continuous attitude to know is seen to be due to the impulses that he gives from within. Lord Krishna says in the 10th chapter of Bhagavad Gita that Narada is the cosmic principle that initiates the impulse to know, to know the Lord. For this reason the knowers always invoke Narada along with the other Kumaras and the Seven Seers. Narada is a Kumara that helps the aspirant to know. In the scripture Bhagavatam the story of Narada comes in the very beginning. It is purposely instituted there so that the readers would gain the touch of Narada who enables experiencing the Lord. I am reminded of Narada, as Sanat Kumara gives his fourth commandment to know the Lord.



## From the Teacher's Pen Questions and Answers

### Money 2

*Question:* Dear Master, what should be the attitude of the aspirants with regard to money?

*Answer:* Dear friend,

- Know that money is tainted by greed, by jealousy and by material desire.
- The heart-breaking need for money is but sickness.
- The world release comes when there is a change in man's attitude towards money.
- As much as man releases money for goodwill so much he too is released.
- Treat money as a great spiritual asset and use it for all spiritual and life upliftment activity.
- Hold not money for fear of future and for mistrust of the others.
- Learn the habit of right expenditure of money.
- The money is not just for your personal and family need. It is also for the need of the group. It should be for fulfilling the needs of the meek and weak for their upliftment.
- Money builds glamour and illusion when it is not appropriately channelized for the surrounding needs of life.
- Money is like energy which requires to be distributed; if not, it sucks the holder and makes him a prisoner.
- Set the money in motion and make possible activities of goodwill forming groups.
- The need for money is great. Billions of people need it, while a few hold it.
- Educate the surroundings about the importance of keeping money in circulation for activities of goodwill.

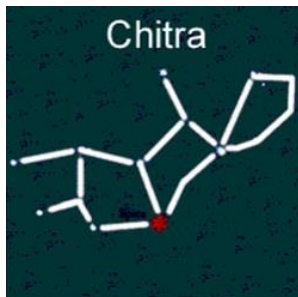
- Billions are spent at present on luxuries, on expensive and unnecessary objects of desire.
- Money is spent away on liquor, jewellery, tobacco, drugs and other nocturnal activities which cause harm to the humanity.
- An intelligent re-channelization should be thought out.
- Humanity is but a slave of money and of power. When one overcomes these two triads one is substantially free.
- Money can be a great agent for reconstruction of human activity and to beautify the world.
- A disciple is measured by his ability to attract and distribute meaningfully the energy called money.





## The Wisdom of Nakshatras

### Star 14: Chitra



The constellation Chitra belongs to one of the brightest constellations which shine in the sky. It is also called the star of opportunity. The ruling deity of Chitra constellation is Viswakarma, who is known as the celestial architect of the universe, who gives the ability to create new things out of seeming nothingness. The natives of Chitra nakshatra are good creators and sculptors. They are fascinated by form, beauty and structure, which they use to gain attention.

The natives of this constellation are intelligent, skilful, creative, attractive and superficially orderly. They are natural leaders. The people born under this constellation attempt to appear orderly, though there is conflict, unrest, discontentment and frustration within.

Being egocentric, arrogant, argumentative, judgmental and with lack of integrity are the weaknesses of the natives.

The natives of Chitra may face health problems relating to the abdomen, intestines, bladder and kidneys. Ulcers in the stomach and skin allergies are also indicated in this constellation.

The stone of Chitra is a gem or coral. The animal related to the star is a tiger. The bird is woodpecker. The planet is Mars, and the ruling deity is Kumara. The colour is black, the number is 14, and the favourable number is 9. The corresponding body parts are the forehead and chest. The tree is Bilva.

The natives of Chitra never miss an opportunity to gain personal benefit. Wherever they see a chance to gain, they grab it. They are intuitive and are ahead of others in any field. They can be good astrologers. They are also good dreamers. They have the psyche to dream the future events. Their Martian energy enables them to work



hard.

The natives of Chitra are quiet, thoughtful and profound. They are slow in movement and display dignity and good manners. The natives of this constellation would like to read books, especially of serious and philosophical subjects. They make very good students in their teenage years and they are extremely clever with their hands.

Chitra natives are the female counterparts of Ashwini natives. They have as much ability as Ashwini natives. The difficulty for Chitra is to overcome the negative qualities in them to be true leaders. A leader surges forward to serve in self-forgetfulness, however, Chitra is extremely self-conscious, craving for self-recognition, attention and peevish like a social lady. It is the negative feminine dimension that prevents them from being successful. The beauty of Chitra is that they know their limitations. But many a time they cannot overcome. After all, Chitra is consciousness which is active in them.

The most and very redeeming feature of a Chitra native is that they receive help from unexpected places without much effort.

Chitra represents the divine spark in the beings. It is this brilliance that skilfully adapts, to create, to avail opportunity, to possess and to enjoy. Because of this brilliance, they are attractive and charismatic. They are good conversationalists and story tellers. The natives of this constellation would do well to relate to the deity of Mars, namely Kumara. The sound RAM is extremely beneficial to wriggle out of the personality limitations.

Since Mars is the ruler of this nakshatra, desire drives the native and to regulate it, the worship of Kumara is recommended. Since the first half of



Chitra is within Virgo, Mercury also rules. The Mercury-Mars combination enables an intelligent way to fulfil one's own desires. Since the animal symbol relating to the constellation is a tiger, a Kumara mounting the tiger or the Mother Durga mounting the tiger, is recommended for worship to neutralize the ill-effects of the nakshatra.

## Uranus

### The Alchemist of the Age



### Service 5

In the Age of Aquarius your ability to translate your knowledge and your skills to the benefit of others is the only measure. The measure of knowledge is not the measure of light that one carries in the Aquarian Age. Aquarius is the eleventh sun sign. The eleventh house in astrology indicates the group relation and the social relation. How qualitative are these relations? How much is shared with the group or the society? What is one's contribution to the group or to the society? Is one useful to the group or using the group - this needs to be measured. Aspirants with no good group relation cannot aspire much to move vertically. "Use not the group, but be useful to the group" is the dictum. Share, contribute, distribute, serve the whole are the seed thoughts that the sky transmits. Carry not the knowledge given as ornaments, do not decorate the self with the ornaments of the concepts of knowledge; use them for the qualitative improvement of the self and of the society. The great ones denied even heavens to help the lot on Earth. They are the examples. It is them whom we adore and we pay homage to.



Master EK

## Vishnu Purana Chapter XXVII

### Position and Magnitude of the Sun and other Planetary Bodies 3

Since the Earth tilts sidewise twice in the year, the northward and southward journeys of the Sun are created. The beginning of the northward journey is the beginning of the zodiacal sign Makara (Capricorn). Then it enters the signs of Kumbha (Aquarius) and Meena (Pisces). After it goes through these three signs it enters the speed of Vishuvath, the vernal equinox, when night and day are equal. Then the night begins to decrease and the day to increase. After leaving Mithuna (Gemini), it appears in Karkataka (Cancer) and starts its southern path. Just as the potter's wheel is again and again accelerated by the potter, so also the Sun's speed is increased when it enters Karkataka. Then day is converted into night. The night of the day of the Devas which we call the year begins in Karkataka. Hence the sign Karkataka marks the sunset of the Devas. From that point nights begin to increase. Since time passes easily during those days, the duration of the whole day is a little bit less than the normal day. During its southern journey, the Sun gains time by 12 subdivisions of a Muhurtha. From sunrise to sunset it covers  $13 \frac{1}{2}$  Nakshatras and from sunset to sunrise another  $13 \frac{1}{2}$  Nakshatras. During the northern journey, the Sun appears to pass slowly. Hence it takes a bit longer than the normal time. At the highest point of the northern journey, it takes 18 Muhurthas to complete the journey between sunrise and sunset. The same measures as above are reversed during the southern journey. The centre of the potter's wheel is the same which we call the axis of the poles of our Earth. Towards the two extremities of the northern and southern tilts we find the duration of the day and night more and less long respectively, due to the speedy and slow apparent movement of the Sun. As the day decreases, the length of the night is speedy. As the night duration increases, the movement of the duration is slower. Of course, the real speed of the Sun is the same always, but it seems to vary due to the tilts of the Earth.

On the whole, the Sun witnesses all 12 signs during one unit day. Since the signs are only 6 during the night and 6 during the day, and since the duration of night and day are unequal, the signs have different lengths as seen from the Earth. Some signs prove longer and some prove shorter due to this phenomenon. The duration of each sign during night or day is experienced as unequal due to this fact. During the northern journey the night signs go speedy and the day signs go slowly. During the southern journey it is reversed. The night ends with Usha and the day ends with Vyushti. The midpoints of Usha and Vyushti are called Sandhyas. The duration of Sandhya belongs to the Rudras and it is really fierce (for those who take delight in copulation).





## Paracelsus Health and Healing

### The Importance of Sleep

“Do you sleep well?” is the fundamental question that the physicians of the past enquired. The depth of sickness is known by the quality of the sleep. The physicians try to correct the state of sleeplessness for they know that the sleep is rest. It is no doubt rest for the dense body. When the dense body is at rest, it opens doors for the psyche to enter into the subtle world. Some even project their subtle bodies into far off realms. The physicians stress upon the outward importance of sleep which is but a means to illuminate the inner, the most important meaning of sleep.

“Sleep is like death.” Every sleep is but a withdrawal of the psyche from the surroundings. It is a matter of study and research - where does the psyche dwell during the sleep hours, where from it returns? When people come to know the real meaning of sleep, they will be able to notice many more details relating to them. This statement should not be misunderstood as leading people into mediumistic tricks but to a condition that is natural to everyone. When people come to accept the real meaning of sleep, they will be able to notice many details in sleep. Through dreams people dream of others, some of who are known while some others are unknown. People should realize that sleep brings them into contact with the subtle world, that very world which they refuse to believe in. Sleep is but one of the four states of man. Sleep is known by inference; man knows his awakened state and his dream state while he infers the sleep state. But even sleep is a state like the other two and requires to be explored. A proper approach to sleep with an enquiry as to what happens to oneself in sleep opens doors into the subtle side of the being that solves many riddles of one’s own life. One has to be open-minded to experiment on himself and not take himself granted.

Even the physicians would do well by listening to the dreams and dream contacts of the patients which would sometimes bring out astonishing clues.

This dimension relating to sleep may look to be very clear for an editorial but there is a saying: “We are given opportunity every night to follow beautiful paths.”

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)



Ariadne sleeping

## Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar  
Group Life Teaching, Part 14  
June 2018, Billerbeck, Germany

There are people who are busily running all over the planet, taking to flights, busily doing things, they move around the globe always seeking, seeking, seeking. Even seeking God is an illusion, because by seeking, you don't get it. By offering yourself, you take to another dimension where the presence of God is much better experienced. That is why the fundamental for the human is to replace desire with duty, with obligation. Every man has obligation to his body, every man has obligation to the plant, because he eats vegetables, every man is obligated to mineral, he is obligated to animal, because we drink their milk, and many times we eat their flesh. We are obligated to the human society, because we receive so much from the human society. We are obligated to the five elements of this planet, the matter, the water, the fire, the air, and the space, and the sky.

So, there are a number of obligations which you have to discharge. In discharging these obligations, you continue to gain the inner man more than in desiring things in the outer world. While you have come here to discharge your obligations and help the fellow beings, but if you start reversing the process to desire things from the outer objectivity, then you are cut out from the inner being, which you are. You are then unable to gain the link with the inner being, because the connection between the inner being and the outer being, which exists at Libra, at the navel, it is slapped or delinked.

That is why it is said, one has to relate to Pranayama to establish the link with the inner man. When we regularly allocate time to relate to the activity of respiration in us, then we would turn inward with the help of the respiration. Your attempt to turn inward with the help of inhalation is supplemented by your outer activity of offering your abilities for the benefit of others. You can't be selfish in the world and yet look for accomplishing the step of Pranayama. It cannot be.

*This text is not proofread by the author and might have some mistakes.*



## Stories for Young People

### On Service

The plant, the planet, the devas, the elements  
- all Serve, why not humanity?

## 2. Young and Wise

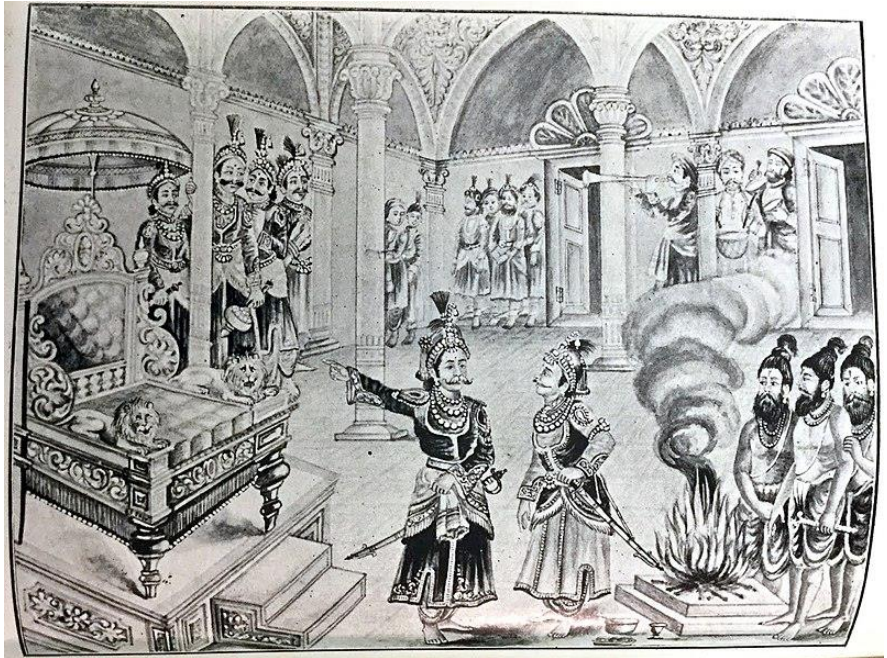
The leading elite of their country had been extinguished by the Great War. Some of the elders survived, created a new order and saved the state. A group of people strived to destroy this order on their own purposes. They influenced the young people. The young generation searched for new values. They wanted a change of conditions and expressed their desire for freedom by means of rebellious behaviour. The ruler of the country, Yudhishtira, had already tried to include young people into the government. Nevertheless, the intrigues managed to stir up the young people. The king discussed the situation with his brothers. They proposed to act harshly against the troublemakers, to expose them and to punish them.

The conversation was overheard by Prince Parikshit, grandson of the king. Full of respect he expressed his reservations against the discussion of the elders and its result: Criticism and punishment are not suitable means to establish order in the country. The government has to remember its task and to act accordingly.

Government is a channel for the light of the Lord. It has to inspire people's mind positively. It reminds citizens first duty of man is to do good deeds. To achieve it, the government must act in a planned manner. As long as it works tirelessly in all offices, the Lord can influence the public. And as the sunrise dispels the darkness, good work can dispel disorder.

King Yudhishtira was impressed by this speech of his grandson. Prince Parikshit was the sole descendant of the royal family who survived. In his mother's womb he was protected by the Lord of the radiation of a dangerous weapon. Therefore, the prince was connected with Lord Krishna and daily he meditated upon him. The prince was in spite of his youth a wise and inspired one. The king saw that his grandson would be the answer of all his doubts and ordered the preparation of the coronation festival of Prince Parikshit.

*To be continued. Summary after: Ekkirala Krishnamacharya, Man Sacrifice. Chap. 9.*



Parikshit being crowned by Yudhishtira

**Window to World Service**  
**News & Activities**  
(Inputs welcome)

**FRANCE**

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**Activities**

- Meditations and prayers
- Coordination of translations of books of the Masters KPK and E.K.
- Maintenance of contacts on the French-speaking network
- Weekly publication of the prayers of the Violet Flame on Facebook
- Weekly publication of the editorial of Paracelsus magazine
- Oral and written translation of training seminars in France on subtle energies
- Donations in kind to the Emmaus Charity Association which supports people in difficulties and runs a project to build small apartments for the elderly.
- Support of the association Planète Jeunes in Baerenthal. It takes the children in charge during the school holidays by offering various activities.
- Maintenance and development of Franco-German friendship. Mediation for a musical meeting of choirs for a concert.

## Picture to the Month of Gemini

### Gemini - Gateway between Unity and Separation



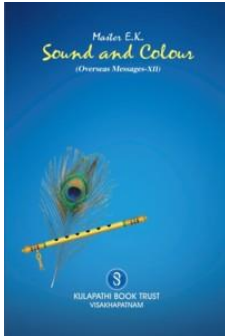
Master Djwhal Khul writes in his book "Destiny of the Nations" that it will be good for the world if Britain remains in union with the other European nations. This Brexit indicates that good days for the world be postponed. A similar thing is happening in America as well. USA was formed with an idea that it would allow migrants from all over the globe to settle on that land, and now they are deviating from that core principle.... In this manner, people are deviating from the splendidous creational principles of inclusivity and synthesis.

"Unification within and without is Yoga." We should be inclusive, both inside and outside. Only then we can be in a path of Yoga. This inclusivity is very much required in present times. We should stop thinking in terms of differences. If we start differentiating, then nobody remains with us. This kind of exclusive thought process is expected to last for 5 years. And during this time, we should be cautious that we do not fall into such thoughts. However, we should be prepared to live with such thoughts around us for a time.

Dr. K. Parvathi Kumar, New Year Message, 29 March 2017

## Book Review

### Sound and Colour (Overseas Messages - XII)



There are mainly seven colours producing many colours. If you study the classical music of the scripture, there are seven scales of sound called the musical scales. The utterance of the sacred word in the beginning of this creation was done as the expression of the first three colours and sounds or the expression resulted in the externalization of the first three colours or the first three sounds.

Dr E. Krishnamacharya (Master EK) gave many profound and enlightening discourses during his tours to Europe.

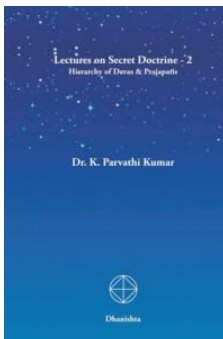
This 12th and last volume of Overseas Messages, “Sound and Colour”, contains 7 lectures on various topics.

E. Krishnamacharya: Sound and Colour (Overseas Messages - XII)

Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/sound\\_and\\_colour.pdf](https://worldteachertrust.org/_media/pdf/en/ek/sound_and_colour.pdf)

### Lectures on Secret Doctrine 2



This book deals with the hierarchy of Devas and Prajapatis.

The Adityas are the light of awareness, unmanifest. They are the Devas of consciousness. The Rudras bring them down. They are called the Devas of force. The Vasus are the Devas who manifest. How these Devas are responsible for the formation of the creation and also for the formation of man is to be understood.

The significance of “Secret Doctrine” is that it provides the clues, so that we can connect the story well.

K. Parvathi Kumar: Lectures on Secret Doctrine 2

Info: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/lectures\\_on\\_secret\\_doctrine2.pdf](https://worldteachertrust.org/_media/pdf/en/lectures_on_secret_doctrine2.pdf)

## Astrological Important Days in May / June 2020

|        |         |   |                         |
|--------|---------|---|-------------------------|
| 20.05. | 15:49   | ☉ → ♊ / <b>Sun enters Gemini</b>  |                         |
| 21.05. | 18:06   | Phase of new moon starts  | ☉ 01°03' ♊ / ☽ 19°03' ♋ |
|        | 4       | <b>New moon point of Gemini: Contemplation upon 'The Pledge'</b>  |                         |
| 22.05. | 19:39   | ● New moon of Gemini  | ☉ 02°05' ♊ / ☽ 02°05' ♋ |
| 29.05. |         | <b>May Call Day</b>   |                         |
|        | ♀ 18:25 | ● 8 <sup>th</sup> phase of ascending moon starts<br>(End 30.05. at 16:28)   | ☉ 08°45' ♋ / ☽ 02°45' ♌ |
| 01.06. | 11:27   | 11 <sup>th</sup> phase of ascending moon starts<br><i>Day of Nārāyana: For healing, synthesis, and for self-contemplation</i><br>(End 02.06. at 08:35)  | ☉ 11°21' ♋ / ☽ 11°21' ♌ |
| 03.06. | 05:35   | 13 <sup>th</sup> phase of ascending moon starts<br><i>Day of Narasimha</i> (End 04.06. at 02:36)  | ☉ 13°02' ♋ / ☽ 07°02' ♌ |
| 04.06. | 23:46   | Phase of full moon starts<br><i>Birthday of Lord Maitreya and Master DK</i>   | ☉ 14°43' ♋ / ☽ 02°43' ♌ |
| 05.06. | 21:12   | ○ <b>Full moon of Gemini</b> (lunar eclipse)  | ☉ 15°34' ♋ / ☽ 15°34' ♌ |
| 10.06. | 11:27   | 23 <sup>rd</sup> constellation <i>Dhanishta</i> starts  | ☽ 17°28' ♌              |
|        | ♀ 21:00 | <b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 11.06. at 13:05)   |                         |
| 12.06. | 19:22   | ● 8 <sup>th</sup> phase of descending moon starts<br>(End 13.06. at 21:29)  | ☉ 22°11' ♋ / ☽ 16°11' ♌ |
| 16.06. | 02:10   | 11 <sup>th</sup> phase of descending moon starts<br><i>Day of Nārāyana, to dedicate oneself to Master DK in thought and in word, to study intensely his teachings and to link up to the world disciples in thought.</i> (End 17.06. at 04:20) | ☉ 25°19' ♋ / ☽ 25°19' ♌ |
| 20.06. | 08:22   | Phase of new moon starts  | ☉ 29°23' ♋ / ☽ 17°23' ♋ |
|        | ♄       | <b>New moon point of Cancer: Contemplation upon 'The Pledge'</b>  |                         |
|        | 23:43   | ☉ → ♋ / <b>Sun enters Cancer</b>  |                         |
|        |         | <b>Summer Solstice</b>  |                         |
| 21.06. |         | International Yoga Day  |                         |
|        | ☉ 08:41 | ● New moon of Cancer (solar eclipse)  | ☉ 00°21' ♋ / ☽ 00°21' ♋ |
| 22.06. | 08:29   | <b>Car Festival</b> (starts with the 2 <sup>nd</sup> phase of ascending moon and ends at full moon of Cancer)   |                         |
| 27.06. | 23:24   | ● 8 <sup>th</sup> phase of ascending moon starts<br>(End 28.06. at 21:06)   | ☉ 06°40' ♋ / ☽ 00°40' ♌ |
| 30.06. | 16:20   | 11 <sup>th</sup> phase of ascending moon starts<br><i>Contemplation upon the personal Teacher, the Guru</i> (End 01.07. at 14:00)   | ☉ 09°15' ♋ / ☽ 09°15' ♌ |
| 04.07. | 08:04   | Phase of full moon starts<br><i>Dedicate to the World Teacher and Vedavyāsa</i>   | ☉ 12°44' ♋ / ☽ 00°44' ♌ |
| 05.07. | 06:44   | ○ <b>Full moon of Cancer</b> (lunar eclipse)  | ☉ 13°38' ♋ / ☽ 13°38' ♌ |

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);  
From: »Astrological Calendar 2020/2021«; [www.worldteachertrust.org](http://www.worldteachertrust.org);  
Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on  
earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the  
time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



Angustamaatraha Purusho,  
Madhya Atmani Thisthathi.  
Eeshano Bhootha Bhavyasya,  
Nathatho Vijugupsatey.

Meaning:

The thumb sized miniature form  
is centrally placed in the person.  
In the centre of the miniature form  
is the Master of the universe.  
Relate to the resplendent thumb sized being in you  
and to its centre.  
It relieves you from the past and from the future.

Katha Upanishad