

Vaisakh News Letter



HAMSA SIVA SOHAM

II

Gemini 2024 Mithuna

Letter No. 2 / Cycle 38 – 20th May until 20th June 2024

The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

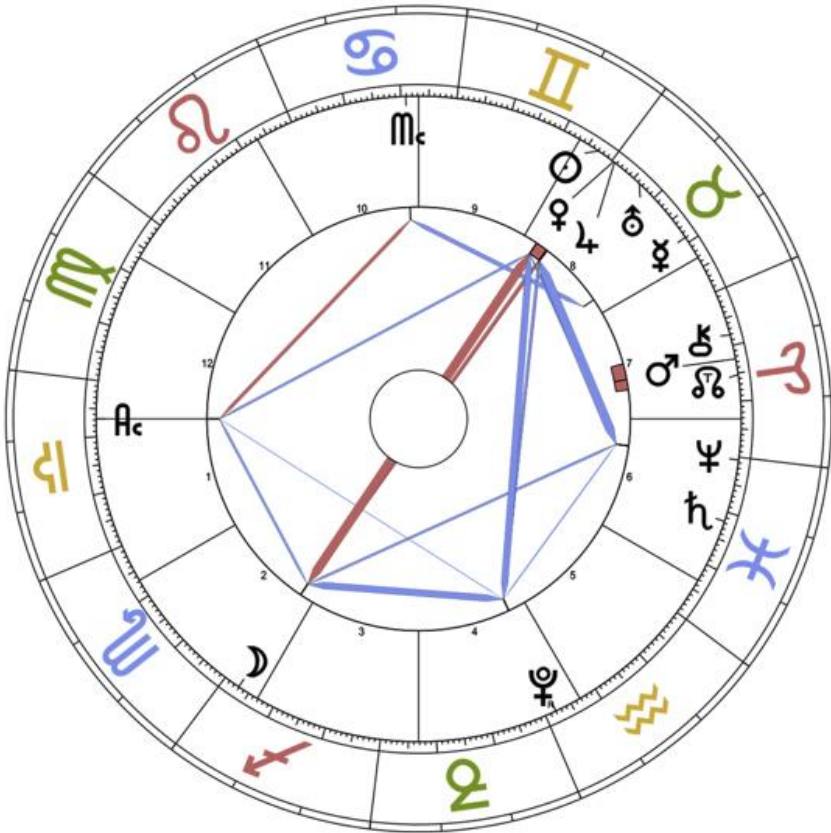
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Prayer of the Year 2024-2025

Vena, the Gandharva, is wiping off the pictures of the subconscious mind on the walls of my nature with the hieroglyphs of sound from his seven stringed lyre.

Serpent 'K' loosens its skin. The pictures of past Karma on the walls of its skin are peeled off. Karma neutralised.

Occult Meditation 31-32



Full Moon of Gemini, 23 May 2024, 03:53 pm CEST (UTC + 2)

Message of the month of Gemini II

During Gemini, the New Group of World Servers prepares for the Gemini festival, the festival of humanity and World Invocation Day. The Gemini festival occurs at the full moon and this year, 2024, this festival occurs on Thursday, the 23rd of May. This is one of the most important full moon festivals of the year. Gemini's spiritual task is concerned with presenting duality to the world. Thus, the sign represents the two brothers, one the personality, the other, the Soul and uniting such duality through love.

Gemini is a playful, adaptive and happy sign. Gemini is the "light of interplay", a line of light beams through, revealing all that opposes. Gemini is small sparks of everyday light that brings forth goodwill and right relations.

Our world is made of dualities - day/night, light/dark, sun/moon, up/down, out/in, masculine/feminine, etc. Duality is a relationship of two things. There is a vital and equalizing and complementary relationship between them. Duality is neutral in its nature.



Gemini displays for us the fact of duality in our world, through the two brothers, Castor and Pollux. Each of them holds a light, one that is waning (Castor, the personality light) and the other that is waxing in light (Pollux, the Soul). They two display for us the basic duality in form and matter, that of the personality and the Soul. And the principle of balancing those dual forces (via love).

Gemini, Masonry & the Pillars

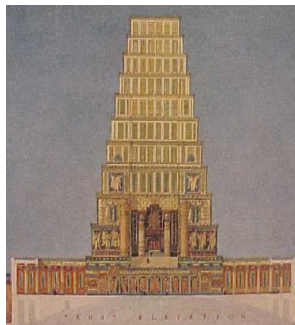
To enter a Masonic lodge, one must pass by two columns or pillars. In Masonry they are called Boaz (power, might) and Jachim (upright, stable). They also represent the Sun and Moon, harmony and



balance. Passing through the pillars, one begins life anew. These pillars are also in front of King Solomon's temple, signifying a portal to the wisdom teachings, the ageless mysteries. The pillars also represent the two separative forces, antagonism and harmony, only able to be brought together by love. Gemini on the soul level,

receives and distributes Ray 2, that of Love and Wisdom.

Gemini, esoterically (inner), receives and distributes Ray 2 (Love/Wisdom). Understanding and acceptance of duality results in love and wisdom.



Gemini changes, mutates, rearranges and adjusts things so the Soul can come forth to direct the personality. Let us look at our Gemini friends with these thoughts in mind. And thank them for their divine tasks.

If we think upon these words and observe friends and family who are Gemini (Sun, Moon, Mars, Ascendant in Gemini, etc.), we are able to recognize that they display these characteristics. Then we better understand their tasks and purposes. Humanity experiences Gemini behaviors and characteristics during the month of Gemini (May/June) each year

Gemini's location in our chart shows us where changes occur in preparation for Soul's direction of journey. Gemini, Mercury and Venus build and rule the Rainbow Bridge, the Antahkarana - the bridge between personality and Soul. Gemini is always within the field of the etheric, where the chakras are located. Geminis can be a mystery (like Pisces and Scorpios). We are called to tend to them with care.

Composed by Risa D'Angeles

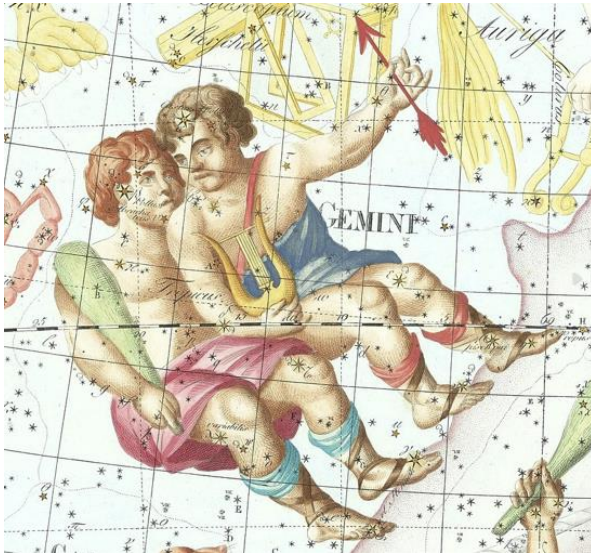


Message of the Teacher

Study the lives of Masters of Wisdom

The study of the lives of Masters of Wisdom inspires us and thereby alters our thought patterns. Every Master of Wisdom is 'Light made manifest' or 'the Word made flesh and blood'. The study of their lives, their actions and their teachings has a profound effect in transforming us. A process of magnetization happens as we engage and engross in their thoughts. It is an effortless way to get transformed.

Compiled by Ludger Philips



Johann Elert Bode (1747-1826): Gemini

Utterances of Lord Krishna



By controlling your mind like this and by synthesizing yourself into Me, you live in the all-culminating peace. Then you experience my eternal presence. You are in the presence of the present, where there is no room for a past and for a future.

Poise is a point wherefrom all the values stand equidistant. It is the centre of your own circle wherefrom your own radii are all equal. Do not think that division is not possible in synthesis. The petals of a flower are its own divisions which stand in the pattern of the one. You can have equal division of values while you enjoy Yoga. Spiritual geometry teaches you how to bisect a value into a pair of values. Pairs of opposites exist objectively. They are transformed into supplementaries and complementaries in your own synthesis. If I say, "do not eat", it is no Yoga. If I say, "you eat", if it is too much, it is no Yoga. If I say, "eat as much as you can" or "leave as much as you can", it is no Yoga. If I say, "eat as much as you require", it is no Yoga. It is right to say, "eat as much as is required." Let the senses choose, but you regulate. You do not choose and allow the senses to regulate. Let the senses enjoy and you regulate. You do not enjoy and allow the senses to regulate. If you eat more than, or less than what is needed, or if you sleep more than or less than what is needed, it is no Yoga. (6, 15-16)



Lord Maitreya Maitreya Community

The next step

You have often been advised to heed our guidance and have seen for yourself that adhering closely to these directives is both practical and beneficial at the same time. That is indeed an important beginning, the initial step. Now, it is time for independent action. Understanding our teachings is essential, but being a true follower means actively applying those teachings - working in harmony and with unwavering commitment. With an understanding of the fundamentals of Our Teachings, you must demonstrate your role as disciples by engaging fully and consistently. When we ask you to show the results of the guidance that has been provided, it is not about clinging to old ways, arguing, taking offense or cause harm to one another. Leave that kind of behaviour to those without higher aims. Instead, focus on our community and the ideals of cooperative work. Instructions will come when major shifts are necessary. Do not expect guidance for insignificant matters. Otherwise, we will be stuck marking time with trivial celebrations and exchanging birthday wishes. We must deeply understand and assimilate the dignity and value of true and meaningful work, putting childish behaviours behind us. You can find numerous worthwhile solutions without compromising your beliefs. Now we want to see you take the next step in your growth.

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

Rhythm of action



Refine, refine the co-workers! Stagnation is the greatest danger for productive human work. A broad consciousness is needed to maintain the rhythm of action. When the moment for action arrives, people are distracted by irrelevant thoughts, and as a result they send against a tiger, an arrow fit for a sparrow. This is not only a lack of goal-fitness, but also a loss of concentration. Is not one who has deprived himself of the power of concentration, lower than a beast?

He who is spiritually inert cannot be an Arhat. The Teacher sometimes speaks of the need for rest, but never says that rest may become equal to that of a moribund spirit. One who imposes such limitations on himself can neither hear nor see.

We are told about motionless Arhats, but you must know that their stillness is only external. Many people are pleased when they can find excuses for their inertia. Any call to action disrupts their leisurely state of mind. Can such people be allowed to approach the element of fire, which in its very nature requires vigilance? Fire is like a scherzo, a fugue. But glowing embers are like an andante. Of course, the many kinds of flame, all have different rhythms, but an Agni Yogi will never be an unresponsive sluggard. (*Agni Yoga, 1929*)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 73: Immortality

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala desires that the humanity realizes that as beings they are all embodiments of same divine energy. It is the one energy that exists in and as all the beings. It is Him as all the beings. In relating to the co-beings, each one developed their own individual qualities (nature). Thus, variety came to be as personalities, in terms of qualities. As beings, it is a brotherhood. It is a distortion that man identified himself with the personality nature and started believing that he is the personality. He forgot that he was in essence, the original being. The personality is a projection and is formed of the being. The variety in personality nature replaced the reality of oneness. Man became slave to his own personality.

To wriggle out of this state of distortion and realize the original state of being, is an objective that Shambala sets. It is an objective and a desire that the Brotherhood of beings is established, and the beings move on the planet as embodiments of the divine! Shambala recognizes the beings who having realized the original status as embodiments of divine, and in awareness of the association with the divine within, are striving to manifest the kingdom of God upon Earth. Through them, as its primary function, Shambala is working out the progression of the humanity.

Through the Science of Yoga, Shambala is introducing to man the subtler planes of existence within oneself. Through this, the limitedness of the physical plane and the physical vehicle is articulated. The day this objective is fulfilled, man will realize one's true status as an immortal being. One transcends the lower planes of conflict, thoughts, desires, pride and prejudice. One is unveiled into a state where all around oneself is seen as divine.

This is a grand ritual. The humanity that is required to be well trained on this path is still in its infancy! That we are eternal beings and embodiments of light and that the personality of senses and the mind is but a robe, can be known and realized in a flash! It is a paradox that it is taking an eternity for the humanity on Earth to realize this! Shambala will a breakthrough into the possibility of this realization!

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Message of Master E.K.

Zodiacal Symbols 3: Gemini



This symbol marks the birth of objectivity after which man stands amidst the two pillars (subjectivity and objectivity) as a two-legged being before he enters the Temple of Wisdom. The two vertical lines in the symbol represent the vertical position of man on this earth standing. The horizontal line below represents the earth under his feet and the one above represents his view of the Heaven above. Upon this symbol God has engraved Wisdom and man preserved it to read again and again. It is said that the physical frame of man, in all its detail, has all the Wisdom he has to inherit. The Biblical tradition says that the Emperor Seth erected two pillars and engraved the Wisdom he has known across them, so that it may stand and survive the flood on this earth caused by the wrath of God from time to time. The creation always stands second to the background which we call Eternity. Hence the birth of the creation is always the birth of the twins. Lord Siva is represented in this sign as Ardhanari (Hermaphrodite, the Divine). This means that the creation is always a co-existence of mind and spirit descending as matter and mind.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 73

214. To conduct work, you normally need capabilities. It is generally understood that certain works could be accomplished only when you possess certain capabilities. But with my grace, works happen beyond your capabilities.
215. There are no limits to the work that happens through you. You cannot imagine how much work turns out through you. Necessary will and knowledge to accomplish the work flows from me.
216. You will suffer inversions if you take credit for the work that happens through you because of my grace.

Composed by Guru Prasad Kambhampati



Vidura

Teachings of Wisdom



The ornaments
augment the beauty of a person.
But there are persons
who are ornamental
even to the ornaments.

PRACTICAL WISDOM

Never contrast and compare.
Recognise, distinguish and realise.



Saraswathi

Saraswathi Suktam 9 Succeeding the days and the nights 1

Days are light, nights are darkness to those who are earthy. When we are out of the Earth, there are no days or nights. We should be very sympathetic to the sun, because he does not have a night to sleep. Where is the night for the sun? He is all light, hence there can be no night. Succeeding days and nights means, overcoming the pairs of opposites. We have day and night because we are on this Earth. When one portion of the Earth turns away from the sun, we have the night, and when this part orients to the sun, we have the day. Earthy beings orient and disorient, thus they live in a swing. You see the swing of the children? It goes once to this side and once to that side, like a wave.

The sun has no such swings. He progresses gradually on his path, moving around the Higher Sun, feeling responsible towards the planets and the Solar Systems. The planets are his family. His movement around the Higher Sun is not an irresponsible movement. He is not leaving the family even for a while. Without disturbing his family system, he is progressing towards the Central Sun. That is the beauty! Our spiritual practices should not be a source of discomfort to the family. This is a major instruction in discipleship. Many abandon responsibilities and families in the name of spiritual pursuit. The message of the sun is very clear in this regard.

Ashram Regulations for Entry



Pranayama 3

Staying in samana, the mind engages with the centripetal and centrifugal functioning of the Heart Centre. The mind intends to enter deep into the other side of pulsation by simply entering into the pulsation through the centripetal opening and lands itself deep in the subtle pulsating chamber. It leaves the subtle pulsation there. That subtle pulsation has a tendency to move upwards. It is an upward moving pulsation and is called udana. Following the bird of upward moving pulsation, man's awareness in mind also moves upwards up to the Brow Centre.

At the Brow Centre there is a bridge to cross over to meet the fifth pulsation, which is called vyana. It is the 'all permeating pulsation'. As man builds the bridge from udana to vyana by persisting practice, he joins vyana prana. Thus from prana and apana to samana, and from samana to udana, and from udana to vyana, man's awareness moves. It moves up to the threshold of Ajna Centre, where he experiences the bliss of being. The four pulsations unite into the fifth one, vyana. It is like the four elements uniting into the sky (akasa), the fifth one. This state is called the state of 'prana regulated' or Pranayama.

PRACTICAL WISDOM

Grow in Will, Knowledge and Activity
and learn not to be showy.

On Secret Doctrine

Space - 8



“Water is the body of Nara; thus we have heard the name of water explained. Since Brahmâ rests on the water, he is termed Narâyana”.

* * * * *

1. The second stage of creation is the process of objectifying a part of Himself, as an object to create.
2. At this stage the Lord descends as the creator.
3. On his own background He works as the Creator of His own creation.
4. The Lord as the background is called the Father (Narayana).
5. The creator who descends from Him is called the Son (Brahma, the four-faced).
6. The object of creation is called the Word after the commencement of the utterance (Saraswathi). This Brahma is the maker of beings. *(Refer to the previous caption Space-7 in the previous month also for continuity.)*

Compiled by Rama Prasad Joshi





Saturn

Sam - The Key to Saturn

Facility 4

The invocation is well known:

Guru Brahma

Gurur Vishnuhu

Guru Devo Maheshwaraha

Gurur Sakshat Para Brahma

Tasmai Sri Gurave Namaha,

The import of this invocation is:

My teacher, who is Brahma

(The Intelligent Activity),

My teacher, who is Vishnu

(The Poised Activity, the Knowledge/Love, Wisdom),

My teacher, who is Siva

(The Dynamic Activity, Will) and

My teacher, who is Para Brahma

*(The synthesis of the three and verily the One
who is beyond the Three)*

*I salute to that Teacher, so that He lifts me up,
through the triangle, to beyond.*



Generally, aspirants and disciples utter forth this invocation not fully realizing its importance. The symbol and the invocation helped many. The 3 dots of 'Sam' is but a mystical version of the same.

The Teacher is a facility to lead the beings from the conditioned state to the state of liberation. He gives the needed guidance, imparts necessary training and above all lends his presence so that the student is reinforced to transcend. Similarly the Teacher is also the representative of the Divine. He can bring the Divine plan, the related will, knowledge and activity.

Blessed is the status of the Teacher, who works either way. He not only enables transcendence of beings, he also enables descent of Divine energy. The energy of Teacher is sublime. He is represented by the symbol given above. The symbol is called in Eastern Wisdom as 'Guru Yantra'. Through the Teacher, Brahma, Vishnu and Ishwara reach the student. Through the Teacher, the Parabrahman or the Omnipresent also reaches the student. Such is the facility of the Teacher. Thus Guru (the Teacher) commences the training with Saturn and concludes it with Jupiter.



Burton Callicott (1907-2003): Antahkarana 1992

Discipleship

Silence and Solitude



Silence as an overarching approach to life may create a magnetic field in and around. The secluded places of the world, pristine nature with its elements at play are ever calling forth the longing for solitude - not as a mere cut-off from the outer world but as the all-oneness with it.

Aiming to find one's place of dwelling in the arch that connects the two pillars - the outer and the inner- silence is and is not dependent on outer factors.

Trying to remove unwanted outer influences can be compared to a Sisyphian Task. The inner noise, originating from issues that have not been dealt with, are always carried along even to the most remote and blissful areas of the planet. Dealing with inner and outer obstacles, reducing the unfinished and often neglected tasks, allows silence to manifest inside even in the busiest places of the world.

Thus, we keep on working as a group, we live and learn and lend each other the needed helping hand to achieve inner peace together, to listen to the sound of silence in unison, to advance and improve the work.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Without duality there is no creation.

Envisioning their unity is the key
to overcoming duality.



Good Luck
from your birthday 3

If you are born between May 21st and June 21st:
You can find your good luck in the following lines. Meditate the following to have the courage and hope that are hidden in the caves of your innermost consciousness.

Gemini II

Contrast - Compare - Compromise
Advice - Interpret - Adjust
Recognise - Distinguish - Realise.

Master E.K.



Doctrine of Eternal Presence Master Djwhal Khul 3



The spiritual activity that is conducted on the planet by the groups is directly under the supervision of Master Djwhal Khul and remotely under the supervision of Lord Maitreya. He is the master of five elements. He can transform the elements at will. The five elements are of magic. His Presence is felt like the Presence of Lord Krishna through flute music. In meditation if you listen flute music followed by the chirping of a bird it means Master Djwhal Khul is approaching you. This is how he approaches a sincere being and initiates him into the path of world service. There is a big network of *Bhagavathamurthis* (hierarchy) trying to help the beings to walk into the path of Presence with utmost simplicity without too much of theory, too much of intellectualization, too much of conceptualization, too much of religion, too much of indoctrination, isms, cults, etc. All can be put aside, if we can straight away interact with the Lord on a daily basis, through the Path of Bhagavatha. Only regulations remain. Rules disappear.



Group members around the Krishna statue inaugurated by Master Kumar at the Jubilee Celebration of 30 years Harmony Yoga group in Olavarría, Argentina.



Sound

The Annual Plan of the Earth 3

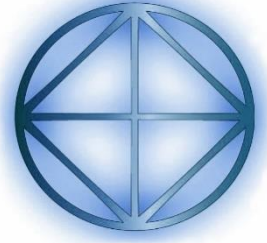
Many of you must have seen the Banyan Tree (Ficus Bengalensis). It is the biggest single tree that you can see on the Planet, but the seed of the tree is just a small ball. If we give this seed to someone, he can



grow it into a big tree. So also when a seed of sound is soaked in our own heart, it sprouts and gives the details of its branches, leaves and fruits.

The best way of communication is to communicate through seed sounds than through the details. Is it not easier to present you with a banyan seed than with a banyan tree? To transport a banyan tree is almost impossible, but to transport a banyan seed is very easy and you can just carry many seeds in your pocket. You can imagine the facility and the difference between the two. Your potential to function improves by millions and millions of times when we start functioning with seed sounds instead of with many speeches.

OM Namō Narayanaya



Time and protection 2

Vedavyasa gave out twelve names in relation to the twelve zodiacal signs around which the Earth moves during the day, which are as under:

1. Kesava
2. Govinda
3. Narayana
4. Vishnu
5. Dhanvi
6. Madhava
7. Rishikesa
8. Padmanabha
9. Srivatsadhama
10. Eesha
11. Janardana
12. Damodara

Vedavyasa also dedicated a worship hymn of thousand-eight names which is posited in Mahabharata. Visitors to India from abroad encounter frequently the twenty-four names narrated above and also the thousand-eight names. In traditional houses these names are regularly chanted to invoke the energy of Narayana into oneself and thereby gain the related identity with Narayana. The purpose of these variety of names relating to Narayana is only to associate to Narayana with varied sounds and the related divine qualities.



The World Teacher Trust

Guidelines to Members, 89-92

89. The World Teacher, the Ancient One, is also the Most Modern One.

90. He functions electronically, communicates online and transmits energies ethereally.

91. The global pandemic is no hindrance to those who trust and work in association with the World Teacher.

92. The groups are electronically synthesized; communications are firmly linked up and the solidarity of being global is being realized.



Sunrise at Master Mountain Retreat Center, Nilagiris

On Healing

2. The Fundamental Understanding 17



A Yogi is a natural Healer and Healer (in its true meaning) is naturally a Yogi. A true teacher of wisdom is thus a healer and a yogi as well. In ancient times the function of teaching (yoga) and of healing moved as the two hands of the man. Treating prana (life) and teaching yoga were the twin functions of every Initiate/Teacher/ Gnostic. We see every Initiate healing and teaching. They are inseparable functions in the life style of an Initiate. Healing therefore runs close to Initiation. This may be borne in mind.



Angel healing



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 65 Rudra and Daksha

During the third root race when the souls gained personality and individuality, a Prajapathi called Daksha denied the existence of the universal consciousness and proceeded to the extent of declaring himself as God. This personality trait is the ultimate veil for the 'I am' of man to experience the 'I AM' of God'. This prototype is the basis for all personality actions. It arrogates itself with pride of all the skills and related accomplishments to the personality man, until this beast of man is sacrificed and until this beast of personality is sacrificed on the altar of God, who is the very basis of the individual existence of life and of intelligence. Rudra, according to the Puranas, destroys this personality trait, which would enable the son of man to realise himself as Son of God. In the Puranas, the story of Daksha is one of the popular stories where Rudra chops off the head of Daksha and installs the head of a Ram. Thereafter Daksha rules the solar system with the solar cycles commencing from the Sun sign Aries, whose symbol is the Ram.

Rudra destroys the pride and egoism of the personality and saves the soul from death.

Similarly in the Puranas, Rudra also replaces the head of a boy with the head of an elephant. This is also symbolic of the son of man transforming into a Son of God. This is called the ritual of the 'head cut, throat pulled out and body thrown to the vultures'. This is an initiation of a high order which will be explained elsewhere.

Sanat Kumara



The Sound Key 3

Multiple are the benefits of working with sound, and worship is but an ardent way of working with sound. The modern thinker sees not the science behind and feels that it relates to the past and that it is not necessary to work with sound. He attempts to work with light through the means of mind, but sound generates light with much less effort, if appropriately used. The science of sound is the future for the scientist and also for the occult scientist.



A group member's diagram on Chakras, Sounds and Symbols



Seventh Ray and Magic

The incoming of the 7th Ray 20

Beings come down through the rays. We know that each ray has its distinct qualities and souls that come down via each ray carry their qualities. Each being is impregnated by the quality of the ray through which they come into the world. They not only come down via the rays but they also influence the world while they are living and functioning in the world. Master DK calls this act, 'souls getting swept into the creation' by the rays.

A ray works predominantly in a period of time cycle. The beings holding different ray qualities, would have to carry out their respective functions in the world under the influence of the ray which is predominantly working in such period of time. If a being is of 2nd Ray quality, and the ray that is predominantly working is that of 7th, then the being has to work in tune with the 7th Ray to achieve the goals. By doing so, a being which is of pure 2nd Ray, will also gain certain qualities of 7th Ray and a synthesis happens.

Also, within the large time cycles in which a ray is predominant, there are small periods within the large cycle, where each of the other 6 rays have significant influence. Master DK calls these as sub-ray periods.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sreebhashyam Appalacharya Swamy 3



The meeting happened one afternoon at 05:00 pm at Sree Appalacharya's house. Saukumarya was advised to wait at the front verandah and word was sent into the house, regarding the arrival of Saukumarya. In another two minutes time, Sree Appalacharya came up to the verandah, and saw Saukumarya. There was an instant meeting of looks between the two. Sree Appalacharya, 71 years of age, leaned onto the wall looking at Saukumarya. Affectionate looks were transmitted by Sree Appalacharya for a while.

Still leaning on the wall Sree Appalacharya said, "What a magnanimous figure! Tall and good looking! The smile is mesmerizing and the eyes are magnetic. I have been hearing of you for over ten years. I even visited your house when your Master was about to depart. Your countenance dispels all negatives and establishes love and light. I now understand the Energy behind you. Please step into my house and take seat."

Saukumarya felt humbled. He remained silent having touched the feet of Sree Appalacharya and later took to his seat. Sree Appalacharya said, "I did not observe you before. Now I see the Mighty Energy that stands behind you. It is even commanding. I feel like saluting you."

Saukumarya interrupted and said, "For heaven's sake do not do it, Sir. Your appreciation is received as a blessing but not as praise. Yes, it is true that there is an Energy that has been guiding me right from childhood. It is that Energy to which I am ever devoted and continue to be with it and if possible in it."

Uranus

The Alchemist of the Age

Uranus is the bridge between the Mundane and Super-Mundane 4



The super-mundane mind is the buddhic mind, where continuity of consciousness exists and death does not. Men continue to change their mundane sheaths, but they would have continuity of identity as souls. The mundane identity is mortal, while the super-mundane identity is immortal. The super-mundane or the buddhic mind represents the light of the soul. The soul being eternal, the light of the soul too is eternal. The soul in turn is the vehicle of the super- soul. The mundane is an effect of the super-mundane activity. It is the material manifestation of the super-mundane energy. The super-mundane, the soul and the super-soul are ethereal, subtle, invisible, immortal and divine. The mundane is gross, visible and mortal. Thus three aspects in humans are immortal and one is mortal. This is what is indicated by the Veda which speaks of the fourfold Existence. This is presented in every world scripture to indicate that all is fourfold. Existence is fourfold, the word is fourfold, the world is fourfold, the wisdom is fourfold and the time is fourfold. The qualities of men are also fourfold: the wise, the protective, the utilitarian and the worker. Building the initial vertical bridge from mundane to super-mundane is already inaugurated. The result is invention of radium, uranium, plutonium, the fission of the atom, the quantum physics are all due to the impact of the energy of Uranus upon the intuitional minds of the scientists.



Master EK

Vishnu Sahasranama

Stanza 7, 8-11

8. Before everything is created there is space. Space is the light that spreads as the first presence. It also forms the path of the Lord descending into the beings of creation. Inversely it also forms the path from the created individual to the Lord when retraced.

9. Purity is a relative term. Something is purer than another thing which is filthy. The whole creation is a range of layers of realisation. When the individual grows aware of each new layer, the previous one is relatively impure to him unless he enlightens it and fills it with the presence of the newly experienced layer. This process continues until the individual finds no further layers than himself. This is what we call God and hence, He is the purest of all purities.

10. People understand something good desirable and auspicious according to their own understanding and limitation. One may think financial gain as auspicious, another may think that the day of child birth is auspicious. These concepts carry only their concept of auspiciousness but not real auspiciousness or good. Real good is only the plan of the Lord which lies in the ultimate fitness of things and the individual following it.

11. The highest of auspiciousness is comprehended and experienced when the individual finds his fitness into the plan of Lord. There is no higher state of being than this.



Paracelsus Health and Healing

Prana - life force, part IX Five types of Prana - 2. Udana Prana III

a. Sattvik Udana: When Sattva dominates Udana Prana the movement of inhalation and exhalation is not felt in the regions around throat and heart. The resonance of pulsation is felt in the pit of the throat. The intelligent activity (consciousness) is felt very close. As the Pranic resonance and the intelligence come closer, peace starts emanating as an experience. In the normal practices of Yoga this resonance moves upwards through Pranayama, Pratyahara, Dharana and Dhyana (for these please refer to any text on the 8 fold path of yoga of Patanjali). The communion of the thread of life and thread of consciousness form the basis for experiencing peace, poise and when the two move upward together into the cerebral system, very deep peaceful states are experienced. For this reason this Pranic pulsation is considered very important in the yogic practices. The Udana Prana when dominated by Sattva helps experiencing these blissful states. This is gained by certain specific, rhythmic practices of meditation. In the ordinary worldly persons this Prana is dormant and helps only the process of sleeping and the process of awakening. It is the bridge for advanced students of meditation to experience these blissful states.

It is interesting to note that it is togetherness of these two principles of human constitution namely, life and intelligence come together at the throat and throat is astrologically related to the symbol of Gemini. Life and light can be experienced together and move together upwards until they become one at the top of the head, which state is called the state of Soul or Self or Atma.

b. Rajasic Udana Prana: Since Udana Prana is the upward thrust it functions in the region of throat to stomach to assist man to belch, to

cough, to yawn, to vomit - a process of upward impulse (reflex, thrust) to bring comfort to man. It also helps speaking, lecturing, and teaching.

c. Tamasic Udana Prana: It is this Prana that is preponderant in sleep and swooning. In such states the Pranic principle is in a slow and uniform motion and its motion is not significantly felt. All sensations are absent and hence mind is also absent. Mind is but a compendium of five senses with the related memory of experience.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en





The Female Hierarchy

Part 15

Without female there is no activity. All activity is that of the female. Male lends the support. Electricity lends the support and then there is the light (bulb) illuminating, there is the fan spreading the air, there is the microphone amplifying the sound. Electricity remains with all. It remains with every equipment. It remains with every state of existence. It is always there. It is upon that basis there is a play of the female in a triple form. When we think of Female Hierarchy, we think of the one awareness which is the potential of a future creation for which there is the support of existence at all times. Therefore, the first is taken as the Mother. The very first is called the Divine Mother which is a potential for manifestation of will, knowledge, and activity. The will enables successive manifestations in terms of change. Will as God, knowledge as God, activity as God - that is how Trinity is established. But when we say will, it is existence in association with nature that makes successive, continuous manifestations or modifications. Without that there are no modifications possible. There is the ever-modifying nature that associates with will. If anything has to change for the better it is with the help of will that we do it. The will carries its nature. When we say Shiva and Shakti, Shakti enables successive changes or manifestations. Any state when it requires a change, either in the involutory order or in the evolutionary order, the power of the will shall have to be there. That's why the primordial nature or the pure consciousness has one dimension of its manifestation as causing the continuous changes. That's why we find in nature a constant change.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Service brings forth
order, health, abilities, and well-being.

2. The Parable of the King of Maragor

On their journeys through the Himalayas, Helena and Nicholas Roerich wrote down stories, legends and prophecies narrated to them by the inhabitants. The stories have a different focus and style. Nicholas is very present as the narrator in his stories, while Helena disappears behind the stories. She published them in 1930 under a pseudonym. In 1992, the Agni Yoga Society revealed her authorship in the 2nd edition. As Helena wanted to remain anonymous, the publisher honoured her wish in the 3rd edition.

The Lord of Jataka asked his favourite counsellor: "Have you heard of Maragor? Of the work of this king and his deeds?"

The counsellor looked around furtively and whispered: "Lord, that evil name should not be spoken. The traces of his deeds are surrounded by darkness."

Then the Lord of Jataka gave the counsellor an order: "Gather a hundred trustworthy men and find ways to travel through all the lands of Maragor. Describe to me in detail all the habits of this king. If you meet him in person, tell him that I am not afraid to utter his name.

Ten years passed. The counsellor returned with a wiser countenance, but full of confusion. Instead of one hundred men, he was now accompanied by a thousand.

"My Lord, these men bear witness to the great work I have done. But I have not been able to fulfil my task. I have travelled to countless countries and tirelessly questioned people. But I assure you, the amazing thing is that neither the King of Maragor nor his evil deeds exist."

"Well, can you swear an oath to this claim?"

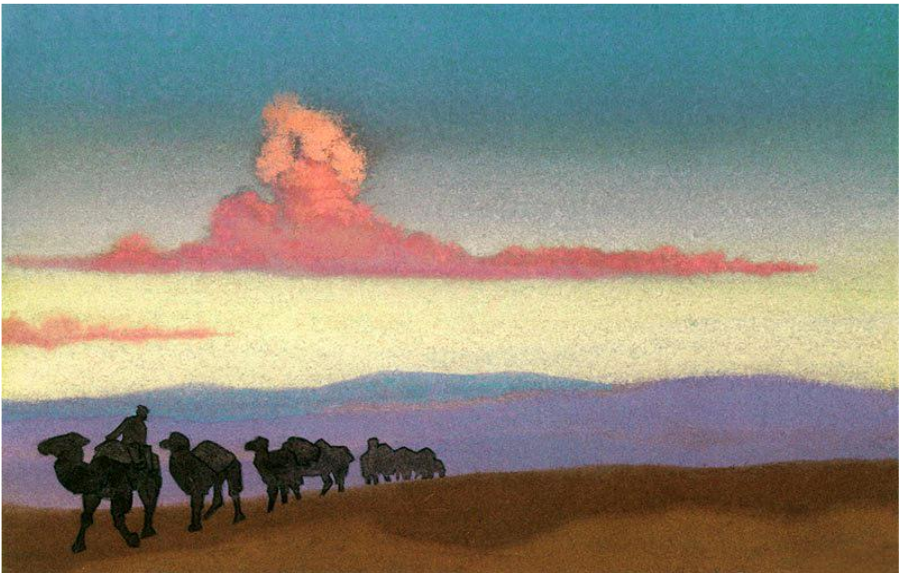
"Lord, these men and I embody a living oath."

"Then use your testimony by going to all places and temples. Proclaim and write your finding on all the pillars.

My son, you have fulfilled your task. Through your work, the monster of darkness has been slain. The deception of fear has disappeared because no one fears what they know. Maragor was unmasked as the fear of mankind. It has been destroyed by courage and devotion. Consider yourself as my son. You have destroyed the darkness."

This story was told by Lord Buddha to Sage Narada.

From: On Eastern Crossroads. Legends and Prophecies of Asia. Agni Yoga Society 2017 (collected by Helena Roerich).



Nicolas Roerich

Window to World Service News & Activities

Argentina

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Activities

During the 2022/23 cycle, our group continued working in the same way as in previous years, with direct service activities carried out by the group's brothers and sisters and at the same time, in coordination with a network of reliable institutions from our city.

This allows us to work rhythmically throughout the year, budgeting the amount for regular activities and making special contributions when specific needs are detected. The economic situation of our country and the growing annual inflation of three digits challenges us all the time, but the service activities have been continued in a timely manner.

Among the different activities carried out we can mention

- a. Assistance to families with particular needs, delivery of warm clothes, footwear, food, school supplies at the beginning of school, twice a year.
- b. Donations of food of high nutritional value to several organizations that provide direct assistance to groups of people in need. This includes powdered milk, legumes, fresh fruits and vegetables on a monthly basis.
- c. Donation of bags with Christmas food for 60 needy families in our city, through two institutions.

Picture to the Month
Gemini - Descent and Ascent of the Divine Spark



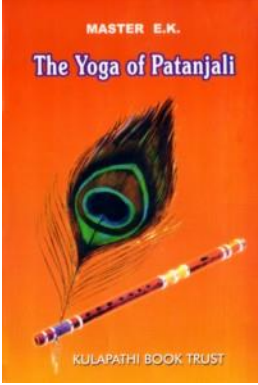
Mercury enables crossing over from subjectivity to objectivity and from objectivity to subjectivity with ease. He enables pass-over. In fact, Mercury enables passing over from plane to plane until one reaches the Absolute Truth. And the one, who enables one to reach the most high, would also enable one to descend. Ascent and descent can be done with ease with the help of Mercury.

Dr K. Parvathi Kumar: Mercury the Alchemist

Image composed by Ludger Philips

Book Review

The Yoga of Patanjali



Yoga is the science par excellence of Man. It is the oldest of the real sciences that remain with mankind today. Patanjali's aphorisms are given in the form of instructions. Each aphorism is given first in Sanskrit, with word-meaning, followed by a commentary and explanation in English. With this study, Master E.K. has made a valuable contribution to the growing awareness and spiritual fusion between East and West which was his chosen mission.

Master E.K. has an Aquarian approach to explain the practical steps relating to Yoga practice for the benefit

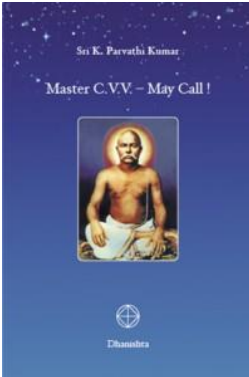
of the true seekers of truth.

E. Krishnamacharya: The Yoga of Patanjali

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_yoga_of_patanjali.pdf

Master CVV - May Call! - 1



Inclusion is the Path of Synthesis. Include to get included. If we reject, we get rejected. If we neglect someone, we are neglected. As we try to include and reconsider others, people consider and include us. That is why the fundamental teaching of Master CVV is "Learn to include".

Master KPK has been transmitting the Energies of Master CVV and the Path of Synthesis in the West on the MAY CALL Days since 1988. The May Call messages of Master KPK represent the teachings of Master CVV. They are briefly given here as a first step of His teachings.

K. Parvathi Kumar: Master CVV - May Call! - 1

Multilingual Edition: English / German / Spanish. Out of print

PDF: https://worldteachertrust.org/_media/pdf/en/may_call.pdf

Astrological Important Days in May / June 2024

| | | | |
|---------------|-------|---|-------------------------|
| 20.05. | 14:59 | ☉ → ♊ / Sun enters Gemini | |
| 22.05 | 15:18 | Phase of full moon starts | ☉ 01°56' ♊ / ☽ 19°56' ♎ |
| ☿ | | <i>Birthday of Gautama Buddha, (Moon in Viśākha or Anūrādha, Sun in Taurus or Gemini) Transmission of the energy of Sanat Kumāra, whose name is also Viśākha;</i> | |
| | | <i>Birthday of Lord Maitreya and Master DK</i> | |
| 23.05. | 15:53 | ☉ Full moon of Gemini (Viśākha-Festival) | ☉ 02°55' ♊ / ☽ 02°55' ♎ |
| 29.05. | | May Call Day | |
| ☿ | 05:08 | 23 rd constellation <i>Dhanishta</i> starts | ☽ 17°32' ♎ |
| | 21:00 | Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 30.05. at 04:01) | |
| 30.05. | 08:14 | ● 8 th phase of descending moon starts | ☉ 09°20' ♊ / ☽ 03°20' ♋ |
| ♃ | | (End 31.05. at 06:08) | |
| 02.06. | 01:35 | 11 th phase of descending moon starts | ☉ 11°57' ♊ / ☽ 11°57' ♎ |
| ☉ | | <i>Day of Nārāyana, to dedicate oneself to Master DK in thought and in word, to study intensely his teachings and to link up to the world disciples in thought.</i> (End 02.06. at 23:11) | |
| 05.06. | 16:25 | Phase of new moon starts | ☉ 15°25' ♊ / ☽ 03°25' ♊ |
| ☿ | | <i>Contemplation upon 'The Pledge'</i> | |
| 06.06. | 14:37 | ● New moon of Gemini | ☉ 16°18' ♊ / ☽ 16°18' ♊ |
| 13.06. | 18:04 | ● 8 th phase of ascending moon starts | ☉ 23°08' ♊ / ☽ 17°08' ♎ |
| ♃ | | (End 14.06. at 20:34) | |
| 17.06. | 01:14 | 11 th phase of ascending moon starts | ☉ 26°17' ♊ / ☽ 26°17' ♎ |
| ☽ | | <i>Day of Nārāyana: For healing, synthesis, and for self-contemplation</i> | |
| | | (End 18.06. at 02:55) | |
| 19.06. | 03:58 | 13 th phase of ascending moon starts | ☉ 28°18' ♊ / ☽ 22°18' ♎ |
| ☿ | | <i>Day of Narasimha (Man-Lion)</i> (End 20.06. at 04:20) | |
| 20.06. | 22:51 | ☉ → ♋ / Sun enters Cancer | |
| ♃ | | Summer Solstice | |
| 21.06. | 04:02 | Phase of full moon starts | ☉ 00°12' ♋ / ☽ 18°12' ♎ |
| ♀ | | <i>Dedicate to the World Teacher and Vedavyâsa</i> | |
| 22.06. | 03:07 | ☉ Full moon of Cancer ☉ | ☉ 01°07' ♋ / ☽ 01°07' ♎ |
| 25.06. | 11:02 | 23 rd constellation <i>Dhanishta</i> starts | ☽ 17°32' ♎ |
| ♂ | 21:00 | Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 26.06. at 09:35) | |
| 28.06. | 12:57 | ● 8 th phase of descending moon starts | ☉ 07°14' ♋ / ☽ 01°14' ♎ |
| ♀ | | (End 29.06. at 10:50) | |
| 01.07. | | Master CVV Independence Day: <i>"This yoga has been introduced to grant independence to all seekers." We have the possibility to free ourselves from the earthly bondage and still live on the planet.</i> | |

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2024/2025«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-95-5.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

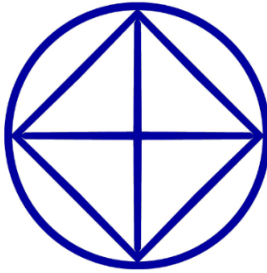
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.