

Vaisakh News Letter



HAMSA SIVA SOHAM

II

Gemini 2026 Mithuna

Letter No. 2 / Cycle 40 – 21st May until 21st June 2026
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK

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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2026-2027

Number one, the rod.

Zero to one, the serpent unwinds.

Number nine, the throne;

Number ten, the crown.

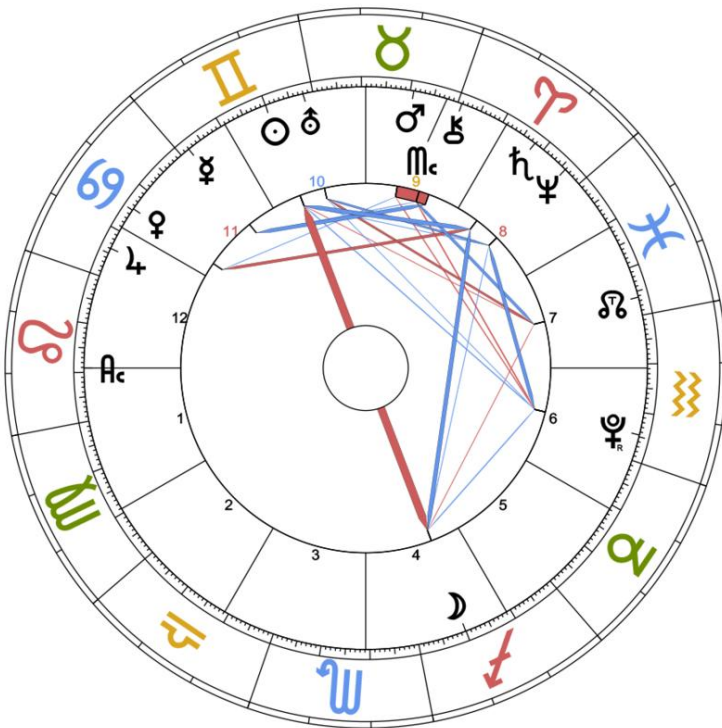
Kingdom gained. Hunter becomes saint.

Hunter bears pot. Light of life carried.

Mind and wisdom married.

Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Gemini, 31 May 2026, 10:45 am CEST (UTC + 2)

Message of the month of Gemini II

Notes on Gemini, Ray 2 of Love/Wisdom

Gemini is the sign of the twins or the brothers who live in the Light. Gemini builds the Antahkarana, the rainbow bridge between the lower brain mind and the higher abstract mind. It flows through the Soul.

Gemini knows the mystery of duality. It synthesizes duality into a polarity.

Sirius (Ray 2) flows through Gemini - precipitating Love and Wisdom that are the symbols for Christ and the Buddha, the two brothers, Venus & Mercury through Gemini and into our Earth. Sirius is where love originates.

Gemini rules arms and hands, our nervous system.

The two stars of Gemini are Castor & Pollux also known as the brothers one whose light is waning, the other whose light is waxing. "Which one we ask?"

Gemini flows through Mercury (Ray 4), the messenger as well as the star of conflict (Ray 4). This is the personality building level of Gemini.

Gemini also flows through Venus (Ray 5). Venus is the concrete and scientific knowledge, Ray 5, needed to construct the new Aquarian era, the new culture and civilization.

The spiritual ruler of Gemini is the Earth, Ray 3. Venus is the Earth's elder sister. Earth is a planet of "releasing sorrow and of purifying pain. Earth is humanity's Mystery School.

Mercury, Venus and the Earth - a triangle.

The triangle that is Mercury (mind), Venus (astral) and Earth (vital body), the rulers of Gemini, is the personality of our Planetary Logos (Sanat Kumara).

Gemini, with Mercury, builds the Antahkarana, the Rainbow Bridge - a bridge of light from lower brain mind to the Soul on the mental plane to the intuition, the buddhic plane of pure love and reason. The Antahkarana is the bridge built from the mental unit & the manasic permanent atom - from the lower brain mind to the Soul (Egoic Lotus) to the upper abstract mind.

Gemini's two brothers symbolize the dualities behind the manifestation of form and matter (substance of the earth, the substance imbued with intelligence from the Pleiades). The dualities of attraction and repulsion, waxing and waning, light and dark, day and night, rise and fall of civilization - these are conditioning factors that grow our intelligence and help humanity evolve. These

factors come to us from Gemini, through the interplay of the “two brothers”, the two columns in front of the door of Masonry.

Gemini controls esoterically the heart of our solar system, the pulsations of life on Earth. Gemini is connected with the heart of the Sun. Both Gemini & the heart of the Sun are Ray 2, Love/Wisdom. “Love thus underlies all happening of all times on Earth.”

Masonry came to be and was organized under Gemini’s influence. There are two bronze pillars (in front of Solomon’s Temple) in Gemini, known as Jachin and Boaz. These are the temple pillars representing balance via duality - light and dark, labour and rest, spiritual and material. We pass between these two pillars when entering the Temple of Knowledge.

Gemini guards the mystery and resolving of duality. Gemini points out duality through Mercury. Then Venus steps in and synthesizes that duality into harmony. Thus Gemini governs all pairs of opposites. The 12 signs become the blended 6. Each pair forming a triangle of force with Gemini at the apex.

Gemini forms a point of entrance for cosmic energy from Sirius (Ray 2). On Sirius is a Great White Lodge, prototype of which is the Great White Lodge on Earth which we know today as the Hierarchy. Sirius is also the source for Masonry.

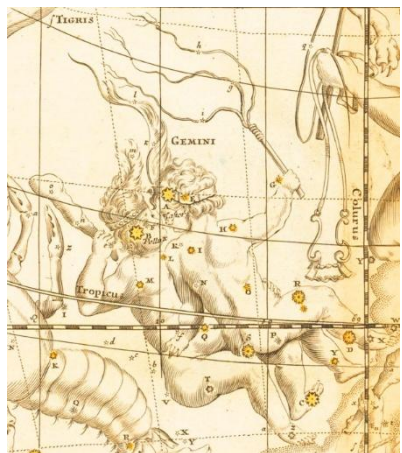
Gemini is related to the etheric body and the intermediary between soul and body/personality.

The etheric body transmits energy which coordinates the dense physical body permitting astral and mental control of the personality.

When one is a disciple or Initiate, the etheric body transmits the Soul energy (no longer galvanizing the personality only) and Ray 2 begins to dominate the vital body producing a shift of force and intensity to the centers above the diaphragm. The power of the personality thus lessens as the Soul direction waxes and grows in light...

Continuation on p 7

Johann Gabriel Doppelmayr (1677-1750):
Gemini





Message of the Teacher

Recollect the Divine

We have animal nature within us, we have human nature within us, we have divine nature within us. Our personality will have to transform into a divine personality. Some people try to escape from situations and responsibilities. This is nothing but the traits of a mouse within us. Some have the traits of a bull. Some have the traits of a cow. There are also people with a good personality, such as Krishna, Rama, Arjuna, and Prahlada. The difference is the personality. We have to transform our personality through practices and recollecting the stories of the disciples and the Divine. Our personality will behave with equanimity if we recollect the Divine.

Compiled by Ludger Philips

Continuation:

From the Old Commentary - Gemini:

“Upon the gold triangle, the cosmic Christ appeared. His head in Gemini, one foot on the Father, the other in the field of the Seven Mothers.

For aeons the Great One stood, His consciousness in-turned, aware of three but not of four.

Intent, with suddenness, he heard a sound go forth. Arousing to that cry, he stretched Himself, reached forth both arms in understanding love, and Lo, the Cross was formed.

“He heard the cry of the Mother (Virgo), of the Seeker (Sagittarius), of the submerged Fish (Pisces).

Then lo, the Cross of Change appeared, though Gemini remained at the head. This is the mystery.” (Esoteric Astrology, p. 349, AA Bailey)

Composed by Risa D’Angeles

Utterances of Lord Krishna



You say he is dynamic, he is static and he is poised. Where are these qualities in these people? I stand as dynamism in the dynamic, as inertia in the static, and as poise in the poised. While saying so you may think that I AM in them like this. No, they are in Me. Incidentally I AM in them only because they are in Me. Clay is in the pot because the pot is made of clay. (7, 12)

Dynamism, inertia and poise are the three fundamental qualities of My Background Nature. They produce beings, bodies and minds. Being conditioned by these three qualities, the living beings do not know Me. These living beings exist conditioned by identifying themselves with these three natures. They behave allured. Remember Me always as the principle, higher than My Nature. Then you are not allured or conditioned or identified. (7, 13)

Krishna statue installed by Master Kumar
in Olavarria, Argentina





Lord Maitreya
Maitreya Community

The Test of Inheritance

When an inheritance creates confusion or conflict, it is possible to turn that challenge into cooperation. Instead of transferring something completely, one may entrust its use or responsibility to a chosen person for a period of time, perhaps three years. In this way, inheritance becomes a living expression of trust and service rather than a cause of separation.

Such an approach develops both responsibility and awareness. It reminds us that life itself is a continuous process of testing, where the true quality of things and people is revealed through experience. Many still do not know how to work while under test, yet it is only through testing that growth is achieved. The entire world is engaged in mutual testing, and all creation is refined through it.

To understand this means to welcome trials as opportunities for improvement. Whether the test concerns what we hold or what we are asked to fulfil, each one helps the heart expand and the spirit mature. Guided by conscious goodwill, even inheritance can become a path toward unity and progress.

Composed by Srikanth Kaligotla

PRACTICAL WISDOM

God is existence.
Experience the existence.
Belief is needless.

Master Morya
Maruvu Maharshi

Unveiling the Teachings



Each Teaching is given out in its proper time. It pervades space and emits emanations that have their effect in unexpected ways. We see that much that is broadly proclaimed is quickly swept away in the first wave of confusion. But, in contrast, it is remarkable to observe the growth that follows a quietly invisible sowing.

Often a ridiculed book is thrown away but later finds its merited attention. Also, the burning of books increases their influence. It is not persecution that one should fear, but popularity. This must be repeated again and again, for people attend too much to the voice of the crowd, and do not understand the pointlessness of groups gathering without purpose.

The yogi knows how to transmit the words of the Teaching sparingly but wisely. To broadcast everything to everyone is to inflict calamity upon space itself.
(*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Nicholas Roerich: *The Book of Life*, 1930



Master Koot Hoomi
Devâpi Maharshi

Shambala 97: The Power of Consciousness

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

The touch of the Rod of Initiation is bestowed upon the applicant chosen for initiation in the presence of at least four Chohans (Siddhas) by Lord Sanat Kumara or at his behest (permitted by) by the World Teacher. As a result, the student is stimulated into greater awareness. The fires of the body are stimulated, and the activity of the resulting fire and its heat is intensified. Such heat is an inner experience and not measurable through outer instruments. It is said to be a fire that burns but destroys not!

There is a greater degree of alertness and activity of the vital and mental planes and a strenuous life of service as regards the outer life activity. There is also a need for simultaneous attention to multiple duties. The matter of undesirable type is expelled. There is also a possibility of certain sickness to the vehicles. However such sickness does not impede the functional life of the student. There is a gradual purification of the body cells and therefore an increased receptivity to the activity of prana, and an increased degree of awareness.

There is a skilful expression through thought, speech and action. The physical brain is much more alerted than before. Unnecessary expending of time, effort and wealth is gradually reduced. The being stands in alignment.

Labor leads to fulfilment of tasks undertaken. Work is not impeded, short of accomplishment. In all the tasks, there is fulfilment. To such a student, there is a responsibility given, that of a work of goodwill. Three decades of such goodwill work and a life of service and sacrifice is to be conducted in consecration.

In conducting such labour, the student is fulfilled through the Lord's presence bestowed from within. Shambala strives, as an enquirer definitively transforms to accomplish.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Message of Master E.K.

Sickness in the Horoscope

Sickness is indicated in the horoscope in the form of the result of what we do. It is said in astrology that self-control neutralises Karma. If the causes of our sickness are controlled, then the disease need not take place. That is what astrological science says. As Alan Leo says to us, "The stars will condition you. They do not compel you to do anything." They work only as your tendencies according to your past habits. We behave only according to our past habits and tendencies.

Suppose, I have been very much addicted to coffee for the past thirty years whereas my brother Michael is not at all addicted to coffee. Now, in the middle of giving a great lecture on astrology, let's presume that someone brings here delicious, fresh coffee. As soon as I smell coffee, my lecture stops. My mind gets diverted towards coffee. Do you think that the cause is coffee? No, the cause is my habit and my addiction to coffee for thirty years. It will not disturb my brother Michael because he has no habit of taking coffee. So, the presence of coffee is not the cause, but my behaviour towards coffee for thirty years is the cause. This is what we call the force of habit. This is what we call tendency. This is what we call Karma and its result and this can be overcome.

Because the presence of God is there in you also, this karma can be burnt into ashes within a split second when His grace showers. That is what astrology also says.

A sickness need not be enjoyed and experienced at all. The ending which we call death may be very healthy without any sickness at all if we understand astrology properly and begin to behave well with our food, with our drink, with our sleep and with our work. That is what the philosophy of astrology says.

Compiled by Ludger Philips

Master CVV-Yoga

Aphorisms to Disciples 97



285. “Grip & release” is a law that prevails in Nature. That which you grip, grips you too. That which you release also releases you.
286. If you have gripped a bottle of water with your right hand, the water bottle is also gripping your right hand in the sense that it is not allowing you to hold anything else or do anything else with your right hand. Gripping happens at physical, emotional & mental planes.
287. Beware! you would be gripped, by that you are gripping!

Composed by Guru Prasad Kambhampati



Mount Shasta, May Call Day 2019



Vidura

Teachings of Wisdom

The wise one
eats that which is acceptable
and nourishing to the body.

Likewise, he does
that which is socially acceptable
and personally comforting.

PRACTICAL WISDOM

Commands do not enter into beings.

Loving communications enter.

Patience is the first quality to communicate with anyone.

Saraswathi

Saraswathi Suktam 12 - 3



Our awareness of others' need and our response to them, leads us to service. Service leads us to ability. Ability helps further service. Such service results in sacrifice. Sacrifice leads us to realization of Love -the cementing force of Nature that nourishes the soul (more than the bodies). We thus stabilize in the Heart Centre or Anahata.

If we know what we need and what others should do for us, we are not seated in Anahata, but are seated in Manipuraka, Solar Plexus. The man who knows what he needs, is the man who lives in the Navel Centre, meaning, he has taken the seat at a centre, which is lower than what the Divine has intended for him.



Arkhip Kuindzhi: Rainbow, Samara



Hanuman

7. Hanuman and Ramayana 2

Ramayana is an epic of 24,000 verses, full of secrets of the Universe and man, in a very beautiful and symbolic manner, it lays down the Path of light. If one knows the symbolism, the epic gives such a liberation by application of the principles laid down in the Scriptures in daily life. It is of 24,000 verses, which is in tune with the number of Gayatri. Each verse also has 24 syllables. Ramayana, the epic, contains all the secrets relating to Yoga. Lanka, in Ramayana, is symbolic of the body. The three brothers in Lanka represent the triple qualities - Ravana as dynamism (Rajas), Kumbhakarna as inertia (Tamas) and Vibhishana as poise (Sattva). Only the poised one escapes from Lanka, the body, while the other two destroy themselves in Lanka. Hanuman, the Monkey God, is the Sadguru. He enters Lanka, inspires the Soul, Sita, and exits Lanka, the body.

A Sadguru can enter into his disciple's body and inspire them. Such are the potentials worked out by the working with air. As the student works with air, the presence of the Sadguru emerges from within, conducting the necessary adjustments in the student and assists in the required transformations. Working with air enables the individual Soul to reach the universal Soul. Hanuman here is the principle of Teacher. Sundarakanda of Ramayana gives exposition of this story very beautifully. We are asked to read and make a Parayana of Sundarakanda.

On Secret Doctrine

Upanishads - 10



“From this, from this same self, was the Ether produced,” says the Veda. (Taittirīya Upanishad I I. 1”).

* * * * *

In the context, we need to make an understanding of the terms Ether, Æther, Akâsa, Ethers of space, and primordial substance.

1. In contradistinction to the manifested universe of matter, the term Mulaprakriti, or the unmanifested primordial matter — called by Western alchemists Adam’s Earth — is applied by the Vedantins to Parabrahmam.
2. Mula in Sanskrit refers to “the root,” and prakriti, to “nature”.
3. Matter is dual in religious metaphysics, and septenary in esoteric teachings, like everything else in the universe.
4. As unmanifested primordial matter or Mulaprakriti, it is undifferentiated and eternal.
5. As Vyakta, (manifest), it (matter) becomes differentiated and conditioned, according to Śvetāśvatara Upanishad, and Devi Bhagavata Purâna.
6. Śvetāśvatara Upanishad is attributed to a Seer who was titled Śvetāśvatara. Śveta refers to the state of purity or white, and ‘āsva’ to the senses or vehicle of prana. Śvetāśvatara refers to a vehicle of utmost purity.
7. The three wheels or the planes of existence, the five fold manifestation and the five streams of life, the five pulsations and the coming down of the being from the unlimitedness into individual frame are described in this Upanishad.
8. The being is called ‘Hamsa’, or the Pilgrim who is drawn into the whirlpool of manifest creation.
9. The path to be retraced to merge into the background is also described.

Compiled by the Brotherhood of Sadguru Tapovana



Venus Venus in Taurus

Venus in Taurus is indicative of experiencing beauty as form. A beautiful form attracts us. That is how man and woman are also attracted to start with. This is the least aspect of Venus and it is the minimum that Venus does to us: to give us the happiness of a beautiful form. Beauty in the form is reflected by Taurus. It means, if we are still hanging around beautiful forms, we are very taurean; that is, very blunt in our energies. The beauty of the form is, no doubt, very attractive. That is Venus in Taurus.



Discipleship

Two in One -One in Two

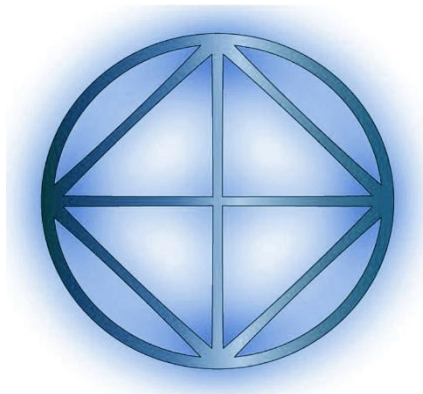


Two in one and one in two have always been part of the eternal play. Our perception introduces the double. But what about the double life, the parallel life of the disciple? Understanding and experiencing the simultaneous existence of soul and personality life, slowly but surely working through conflicts and challenges to achieve the harmonic convergence of seemingly opposing forces, is key. Experiencing the supplementary aspect that evolution will not happen without either, the soul nor the personality brings its own revelation and understanding. Befriending the two parts of ourselves is the miraculous task that is supported and aided immensely by the energy of the One, we call Master.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Knowledge cannot harbour
on the banks of forgetfulness.





Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 12, Ṛk - 11

स नुः स्तवान् आ भर गायत्रेण नवीयसा ।
रयिं वीरवतीमिषं ॥

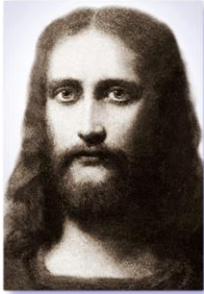
sa naḥ stavāna ā bhara gāyatreṇa navīyasā ।
rayim vīravatīmiṣaṃ ॥

Word Meaning:

saḥ	Thou!
stavānaḥ	extolled
navīyasā	by new
gāyatreṇa	hymn constructed in Gayatri chandas
naḥ	to us
bhara	do bring (bless, support or hold)
rayim	wealth
vīra-vatīm	Valorous progeny
iṣam	impelling force

Meaning:

Oh Agni! This hymn (utterance) is ever fresh! It is of Gayatri meter (chandas). We extol you worshipping through this hymn. Bless us with wealth and progeny that is valorous.



Life and Teachings of Master Jesus

Part 25

As Lokayatha spoke thus, Jesus, bowing down to Lokayatha's feet, asked him further as his eyes teared up, "Is it possible for all human beings to realise divine bodies? How is it possible to obtain a divine body like yours?"

Lokayatha: "According to the elders, transcending death is the attainment of a divine body. To transcend death, one must focus the mind on prana, control prana and enter Pranava through prana pulsation. This is called the science of yoga. By entering in this manner, the being can separate itself from the body of five elements. The being can become self-radiant and attain a divine body. Even though the being has a perishable physical body, it can live in it as an imperishable one. To the perishable physical body there is birth and death. The imperishable body is of two types. One is of golden light and the other one has diamond light. Between them, the latter is superior to the former.

The external conduct prevents the being from focusing the mind on prana. Those who are attached to the external things cannot internalize. There is no yoga to those who cannot internalize. There is a specific programme to discipline the mind for those who internalize and have the desire to practice yoga. That programme has ten parts. They are: 1) Non-violence, 2) Truth, 3) Celibacy, 4) Non-stealing, 5) Non-possessiveness, 6) External purity, 7) Internal purity, 8) Happiness, 9) Self-study, and 10) Surrender to the Supreme. These have to be practiced with dedication so that they become part of one's own nature. Such ones become peaceful at mind and are eligible for practice of Yoga, including Pranayama etc.

Those who reach Pranava through the path of Pranayama can realise divine bodies. This is what you need to achieve now. Currently, your practice of aligning to your inner sound (Nada) has bestowed softness to your mind. From out of it another mind would be born. That is called Buddhi. Then you will know that you are not the 'you' that you think. You will know who you truly are. This

is your duty now. For this, Mother Pratichi will be your guru and will contribute further.”

As Lokayatha spoke thus, Mother Pratichi walked in and Jesus prostrated to her. Mother Pratichi, “Is everything known now? All doubts are cleared! We are not only the parents who have given birth to you, but are also the Gurus who will help you to reach the state of being ‘twice born’”

Jesus: “Are you a couple here too, just like there?”

Mother Pratichi: “Here we are members of a unique brotherhood. This brotherhood is working for the progress and evolution of mankind. It has a hierarchy. The centre of this hierarchy is in the northern part of the Himalayas. This is the information I give you for now about this. You will know more later.”

Jesus: “How are you able to be here and there? What is the state of the body there, when you are here?”

Mother Pratichi: “The body there is made up of five elements. It is now resting. Keeping it in protection secretly, coming here and by binding atoms together, we are visible to you. There is also another method. Disappearing into the five elements there and reappearing from the five elements here. At present, while I work here and there, your father Joseph has disappeared there and is spending a lot of time here as Lokayatha. The people there only know that Joseph has gone to distant lands.”

Jesus: “Who brought me here?”

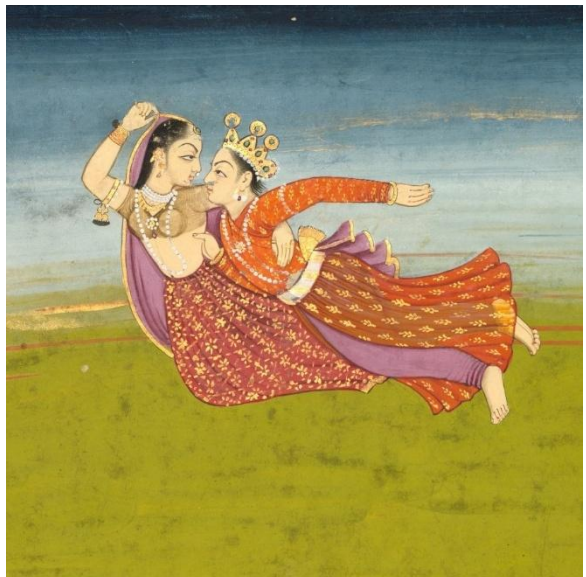
Mother Pratichi: “Do you remember being in danger for opposing injustice in Cuttack? You also remember how a stranger saved you and secretly kept you in his house. He brought you here. He is a member of our brotherhood. Our members are in various places across the globe. They work for the welfare of the world.”

The Externalisation of Hierarchy 12



After Atlantis we have become Aryans. Before Atlantis we were Lemurians, and before Lemurians we were Hyperboreans and before Hyperboreans we were White Islanders. We came to the planet as sons of the Sun. The first was White Island, the second was Hyperborea, the third was Lemuria, and at the end of Lemuria we had a lot of potential. The humanity went on fighting. The history of humanity only has a history of wars. We became Aryans and we continue to fight even now. Nothing has changed. Our orientations are more towards the matter, not towards the force and the consciousness, towards the spirit, the very basis of our existence. But to help us, Shambala and Hierarchy have always been helping. Shambala saved humanity during Atlantean times. When Atlantis went down, there was a great knowledge of time and of consciousness which was misused and went down. Shambala and Hierarchy very carefully started centres in other parts of the planets that did not go down. Sanat Kumara took to the form of Pradyumna, a son of Krishna, so that the great war did not turn down. Likewise the Shambala energy intervened during the Second World War.

Pradyumna and Mayavati
fly to Dvaraka, 1744





The Significance and Importance of the Fire Ritual 12

The three higher centres are heart centre, brow centre and head centre, and the three lower centres are the base centre, sacral centre and the solar plexus. The connection between the higher three centres and lower three centres is the throat which is called the humanity in the scriptures written by Djwhal Khul through Alice A. Bailey.

There is the humanity at the throat centre,
there is the Hierarchy at the heart centre,
there is Shambala at the brow centre.
Then there is the Lord above all centres in the Sahasrara.

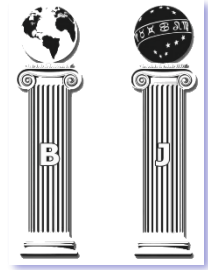
Everything is four-fold. If you learn this key relating to number four, you can apply it on every concept and get the wisdom out of it. This NARA SIMHA is a four-fold key. From humanity to the background consciousness all steps are included in these four sounds. Such is the scope and the depth of the sounds that are utilised in a fire ritual.

Fire Ritual in
Iguazu, Brazil 2018



Temple Service

6. Esoteric Temple 1



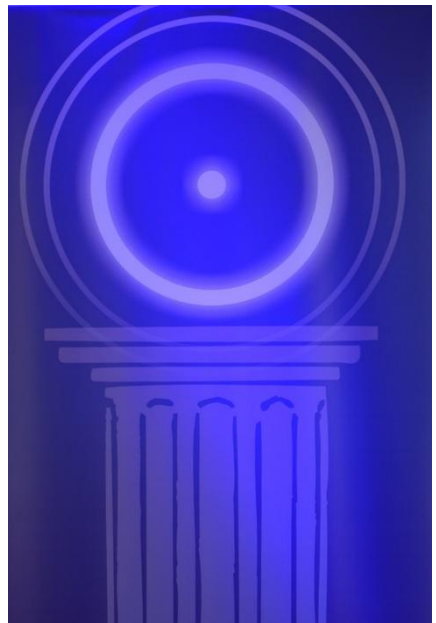
From time to time great initiates like Krishna, Buddha, Pythagoras, Jesus and many other initiates came and tried to restore the humans to the Temple in the human being. . It is that Temple we speak of now and not the Temple that has more of an exoteric understanding than an esoteric understanding. There are human beings with knowledge who have realised the Temple in them and collectively do the Temple work every week. So, knowers conducting a Temple work is different from others conducting the Temple work. Today man is looking for that kind of Temple. A small percentage of humanity is looking for such Temple to find a lasting solution.

This Temple is an esoteric Temple, esoteric in the sense that it is within us. There is a process of learning to build this Temple in each one of us. That is what we call as Discipleship.

On Synthesis

The other name for synthesis is inclusion.

When we cannot include another
viewpoint,
we are blind.





On Healing

3. Co-operation with the Five Kingdoms 13

The life stories of the Initiates are the only answer once again to the situation. The way they lived, they interacted with nature and with the beings is a clear example for anyone to pick up and follow. In their lives we do not find too much worship and rituals. Their worship is of daily life and their ritual was to demonstrate love to all and malice to none. Krishna, Buddha and Christ stand out till date as examples for those who keenly wish to follow the path of peace and harmony. They still remain sources of inspiration to billions all over the world. But the religions built around them are not so effective. They are marred by concepts that condition any fresh approach to life.

In the name of religion more and more differences are thrown up resulting in conflict. Neither Krishna, nor Buddha or the Christ founded any religion. It is the black magic of the followers, who endeavour to gain power and popularity through those sacred names. This dirty game is played continuously by the followers of every Initiate; and they gradually conceal the path of Light walked through by the Initiate and confuse people with the greatness of the Initiate. An Initiate is essentially good. He believes in being simple and in being common among the common. His path is not one of greatness. He sees the shallowness of greatness and demonstrates goodness in life.

Sanat Kumara

Learn to be alone 4



Time is the essence of all. They need to segregate from the worldly activity for a while before they get back effectively into the world. Discipleship is a process of incubation. The incubation is for transformation. The caterpillar gets into incubation before it transforms and comes out as butterfly. The disciples therefore need to incubate, not forever, but until the transformations happen. Transformation leads to transfiguration and transcendence. A transcendent one can work in the world and help the world far better than a worldly one. The former can affect the world. The latter gets affected by the world. Astrologically this process is said that the Leonine man disappears into the depths of Scorpio to be reborn as the heavenly man of Aquarius.

When you are with the world, try to see the One in all. When you are lonely, try to see all in One. If you do so, the practice of learning to be alone gets fulfilled in due course of time. Get composed in your loneliness, and experience the truth while with the world. Alternatingly 'One in all' and 'all in One' can be practiced when you are alone and when you are with the world. The true teachings of Raja Yoga do not recommend retiring into forests, mountains and valleys. What is sought to be gained in those places can be gained wherever you are.



Seventh Ray and Magic

The incoming of the 7th Ray 44

It is imperative that an aspirant balances his subjective and objective side of life. He has to regularly review his own progress. He needs to introspect on a daily basis and dispassionately determine where he stands and whether progress is happening or not to realise the balance.

One more practice which can be done to orient within is by use of the law of correspondences. There are four important directions around the aspirant. The east, west, north, and the south. When the aspirant contemplates upon the four important directions and the deities corresponding to the directions within himself, the pentagram quickly stands calibrated.

The east in oneself is at the Ajna centre, the west is at Muladhara, the north at Sahasrara and the south is at Anahata. As a part of subjective practices, when the aspirant orients to these 4 directions at the four centres within him and contemplates upon the corresponding deities at these four centres, the pentagon tends to become intact.

The deities that can be contemplated at these centres are:

- East - Mitra.
- South - Dakshina Murthy.
- West - Varuna.
- North - Kubera.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sadguru Sree Sivananda Murthy 11



In 2015, in the month of April when Saukumarya met Sree Sadguru at Anandavana, to inform of his 62nd global tour for spiritual fusion of east and west. Sree Sadguru blessed and said, “By the time you return from the tour I may not be here. It is already late. I should have gone back to Warangal where I am to lay my body finally. Something or the other is holding me. But for sure, I move away from Anandavana to Gurudham near Warangal and leave this body. All preparations are made to restore this body in tune with my family tradition. I wish you good-luck in all your endeavours.” When Saukumarya was in Europe, the news came on 11th June, 2015 that Sree Sadguru left his physical abode last night around 01:00 pm. Saukumarya observed silence for a while and paid homage to the Sadguru who, at all times, played the role of an elder brother to Saukumarya.





Uranus The Alchemist of the Age Uranus and the Seven Rays 5

Mind is Moon. Harmonious mind is Full Moon. This is achieved with the help of the Fourth Ray. Thus Uranus forms a triangle with the Fourth Ray and Moon and transforms instincts into intellects. Forming yet another triangle with Second Ray and Jupiter, Uranus lifts up the intellects to the plane of Intuition. Uranus being the Higher Intuition, it causes the needed expansion.

Thus Uranus employs First Ray, Second Ray, Fourth Ray, Jupiter and Moon to transform the malefic aspects of earth and earthy beings into the beneficent state of Divinity on the earthy plane. Saturn is thus discharged of its heavy duties.



Nicholas Roerich - Silver Kingdom



Master EK

Vishnu Sahasranama Stanza 14 - 9-10

9. The cosmic wisdom has six keys which work as the limbs of the whole pattern. They are:
 - (I) Chandas, the periodicity and the rhythm of the universe expressed in terms of time and space.
 - (II) Kalpa or the practical detail of one unit creation as it is worked out in the form of a ritual by the creator. A knowledge of these two branches give us the measures of time and space that are revealed through the ancient scripture. It is said that the whole expanse of creation is having divisions of its active and passive phases expressed as the day and night of Brahma. The day is composed of one thousand divine years and is sub-divided into manvantaras each having seventy-one Mahayugas. The detail of all this is called Kalpa or the practical unit of the total formula of creation worked out by creator as the grand ritual.
 - (III) Vyakarana The cosmic grammar which gives the utterance of the whole creation as the one sentence with its subject, predicate and object as the threefold manifestation of the Lord Himself.
 - (IV) Siksha or the process of utterance through the power of sound which we call OM.
 - (V) Jyotisha or the phenomenon of light and its splendours. This is understood in terms of astronomy and astrology which is of a superior nature when compared with the present mitigated understanding of astrology and astronomy.
 - (VI) Nirukta or the meaning of words as a key to the cosmic wisdom.

All these six limbs of wisdom develop from the one embryo of wisdom who is the Lord Himself, in His creative aspect. There are books in the various

languages which counterfeit the names of these branches but they are the partially copied passages from the pages of the cosmic wisdom torn by each scholar according to his own blind spots of comprehension.



Master Mountain, May Call 2021

MAY CALL CELEBRATION

May we live in the presence within and around
and may we continuously be
under the guiding light of the Master,
the Lord of the Universe.
May his light, love and will prevail us
so that we fulfil the purpose
of having taken an incarnation.

Master KPK, May Call 2013



Paracelsus Health and Healing Perception of Apana Prana, Part 3

When Apana is feeble, the body becomes a harbour for sicknesses. Daily conscious breathing has to be developed as a practice, initially for 24 minutes in the morning and in the evening, later for 48 minutes twice daily and finally for 72 minutes to get best results of Prana. Slow, soft, deep, uniform breathing during the cool hours of the morning and during the evening, seating oneself in a quiet place is highly helpful. This is much more beneficial than the variety of gymnastics and other exercises people resort to.

For a healthy body, the technique of Pranayama is a comprehensive technique. Complete breathing is the main objective to fill in the body with as much Prana as possible and for strengthening the Apana to throw out the anti-Prana substances that accumulate in the body. When this breathing is regularly done; initially the body feels the warmth and some bodies may develop excessive heat. For this reason, a half litre of water is recommended to be taken after every Pranayama exercise. Pranayama should not be done until after four hours of intake. Empty stomach is most helpful. The science of Pranayama is a separate subject by itself.

Dr. K. Parvathi Kumar: Occult Healing Vol. 1, Dhanishta, Visakhapatnam, India 2019



The Female Hierarchy

Part 38

If we have a good wisdom of a structure (or building) like this, that is not enough. There should be someone who realizes it through executing the vision. Between the two, who is more important and who is less important is never discussed. One cannot function without the other. That's how the Prajapatis and Manus, they work together. That is why in the story it is said that the daughters of Manu are given in marriage to Prajapatis. That means that the executive and organizing abilities shall have to marry the wisdom. We may have the ability to execute but we need the wisdom. That's why the story goes that each daughter of Manu is married to a Prajapati.

When we take this understanding with us, the female is the administrator. Females administer better, they organize better. You see how in Germany the lady is successfully working as the chancellor. It is in the nature that in a female there is more Manu, and in the male there is more Prajapati. Their coming together is important. By taking this principle, if in someone there is more ability to administer, it is female. All administration is female. If there is more administrative ability in a male, then it is female. Likewise, if there is more ability to visualize then it is male. So, you should understand that male and female is decided not on the basis of form but on the basis of function, on the basis of energy. You can be a male who could be a very good organizer while his female could be a very good advisor, and vice-versa. Normally, when we make a partnership, when it is a man and woman, it is combination of the advisory and the executive functions that take the related hierarchy. There can be wise woman that can advise the husband, there can be wise man that can advise ladies. By the form we don't go, by the function we go. This you should know. Is this clear to you? That is how Prajapati and Manus are. First, we should know what Prajapati is and what Manu is.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

Navavidha Bhakti 1, part 2: Listening - Adishesha

Kaśyapa Prajāpati is a highly revered sage of the Vedic age, worshipped as one of the Saptarishis or the seven seers, and born from the mind of Marīci, the son of Brahmā. He is honored as a Prajāpati (creational intelligence), from whom gods, demons, serpents, and human beings are said to have originated through his many wives, especially the thirteen daughters of Dakṣa Prajāpati. Sage Kaśyapa's wives included Aditi (mother of the Devas), Diti (mother of the Daityas), Kadru (mother of the serpents), and Vinātā (mother of Garuḍa and the birds). Kadru gave birth to a thousand serpents, of whom Ādiśeṣa was the eldest. Unlike his brothers, such as Takṣaka and other serpents, Ādiśeṣa carried an innate aspiration to realize unity with the Divine from the very moment of his birth and undertook intense austerities. Living on air alone, he meditated in sacred places such as Himalayas.

Pleased by his tapas, the Lord appeared before Ādiśeṣa and asked what boon he desired. With utmost reverence, Ādiśeṣa prayed “to remain in the Eternal Presence.” Impressed by his devotion and perseverance, the Lord granted the boon.

Thus, it is said that Nārāyaṇa, the first Logos, along with His consort Lakṣmī, floats upon the waves of the infinite ocean of milk, symbolizing the blending of spirit and matter, reclining upon the coiled serpent Ananta—meaning infinity—also known as Ādiśeṣa. This great cosmic serpent is traditionally described as thousand-headed, representing boundless time, space, and consciousness.

Many purāṇic narratives describe how, whenever Indra and the Devas are in distress, they approach Lord Brahmā, who then accompanies them to the abode of Nārāyaṇa to seek guidance and resolution. From His conversations with Sage Nārada, the Saptarishis, Brahmā, and other Devas, innumerable seeds of wisdom continually emerge.

If the source of the Word is understood as God, then the Word eternally exists with Him and as Him. As stated in the Bible: “In the beginning was the Word. The Word was with God, and the Word was God.” The Absolute expresses Himself through an idea that emerges from Him—this emergence being the birth of the Word, leading to successive manifestations. Sound is thus regarded

as the basis for both the manifestation of the various planes of existence and their dissolution through cycles of time.

Ādiśeṣa stands as the eternal witness to all creation and to the wisdom that manifests from the Lord from time to time. Ever attentive and ever listening, he is therefore regarded as Time itself—ageless and infinite.

Listening represents the positive aspect of sound, while speaking reflects its negative aspect. As human beings, we are generally more inclined to speak than to listen. Ādiśeṣa shows the way by which one can gradually cultivate the art of listening—beginning with attentive listening to the outer world, then turning inward, and ultimately becoming capable of listening to the invisible and the omnipresent.

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam



Lord Vishnu on Adishesha, 1890

Window to World Service News & Activities

SPAIN

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Activities, part 2

Occupational training

In parallel to their participation in the workshop, various occupational training courses were given so that participants could acquire new skills and complement their work experience by broadening their theoretical and practical knowledge.

Training courses: Food Handling, Kitchen Assistant, Waiter's Assistant, Basic Construction, Care for Dependent Persons, Basic Electricity and Domestic Service

Concept Number

Training sessions 26

Registered users 369

Hours of training 68

Digital literacy

In the Employment Workshop, users are trained in the search for employment and, in the process, we encounter a digital divide. In many cases, users are unable to send an email, edit a CV or register on job portals. To solve this situation, the first step is digital literacy adapted to the needs of each person, where we carry out personalised training for the acquisition of autonomy in the job search.

Concept Number

Training sessions 343

Hours of training 630

One specific digital literacy session was also held with volunteers from Amazon, working on digital skills using smartphones.

Concept Number

Training sessions 23

Hours of training 3

Activities for children

During 2024, a total of 420 children have been assisted at Goodwill in Action. This total includes the sons and daughters of those families that carry out a work plan in the entity, where they are beneficiaries of the support in food and basic necessities, school reinforcement, training and/or work insertion workshop.

The main activity carried out is school reinforcement. This activity consists of offering extra support outside the ordinary school. It is aimed at primary school children between the ages of 0 and 17 and is also carried out for secondary school

children, in which, in addition to achieving the objectives set at school, relational objectives are also contemplated. Cultural outings are also organised. At Christmas and through the Solidarity Christmas Campaign, the Three Wise Men have filled 111 children with illusion and gifts.

Concept Number

Children participants 26

Young participants 39

Training sessions 88

Prevention of gender-based violence

In the violence prevention talks, the values of Goodwill in Action, based on equality and respect, are explained. The different situations and types of gender-based violence are explained so that they can be identified. Finally, information is given about the existing resources in the city of Barcelona specialised in assisting women who live in situations of gender violence.

Concept Number

Training sessions 50

Registered users 387

Participants Workshop participants in awareness-raising activities 224

Participants School reinforcement in awareness raising activities 34

“Women in action” Group

Another project initiated with great enthusiasm has been the group of women in action. After detecting that many of the users who had recently arrived in Barcelona had no family or social network, we created this space to break with isolation and loneliness, to break with isolation and loneliness, and to promote their empowerment.

Concept Number

Training sessions 25

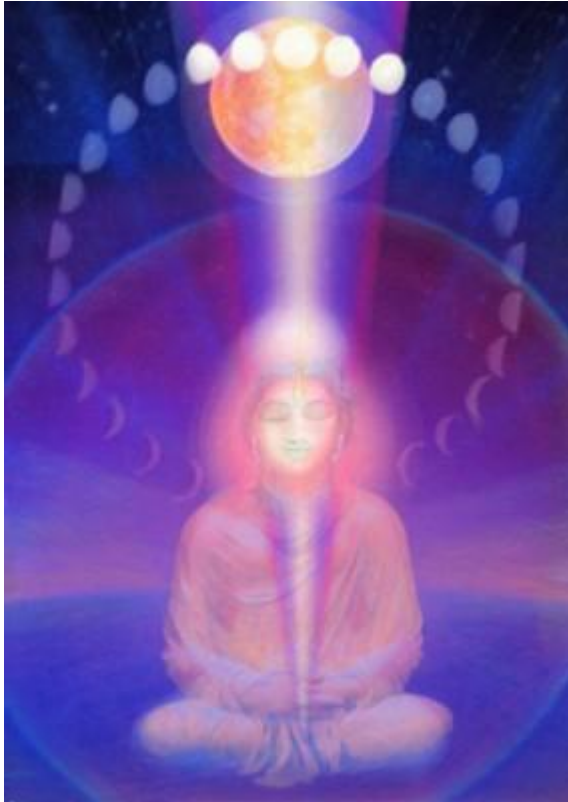
Registered users 36

Staff and volunteer

Currently Goodwill in Action operates with 7 employees and 89 volunteers on average, while facilitating internships for 3 university students. Some members of the WTT are actively involved in Goodwill as volunteers and/or financial supporters.

Volunteering is the essence and the foundation of Good-will in Action. All activities are based on the collaboration of the volunteers and are carried out with their participation. They are the ones who, week after week, come to the Association and with their commitment make everything work.

Picture to the Month Gemini - Full Moon Meditations



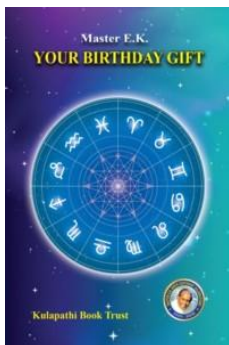
The moon reflects completely to a state of complete brilliance at the time of Full Moon every month. During the two nights preceding the Full Moon and then for another two nights after the Full Moon, the moonlight is very pleasing. Lord Sanat Kumara is engaged in a state of meditation to enable distribution of this brilliance of the moonlight for the benefit of the planet and planetary beings. The meditation proceeds as a consecration for five nights. Moonlight as the basis, Lord Sanat Kumara causes certain adjustments in the subtle layers of the planet and also of the beings engaged in pursuit of truth.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

Your Birthday Gift



Master E.K.

The sun gives the influence of the twelve zodiacal signs differently for those born during the twelve months of the year. Each of the zodiacal signs bestows its characteristic touch to all the aspects of life.

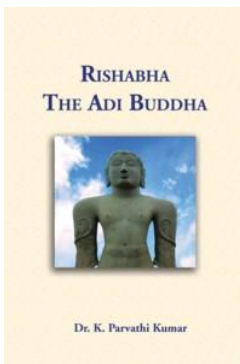
Astrology holds the key to life. It is necessary to get into the secrets of the time relating to one's own life in particular and relating to the humanity in general. "Your Birthday Gift" is the first step towards understanding of Time and also a right understanding of the human psyche. It is an invaluable gift to all true seekers of truth, coming from

Ekkirala Krishnamacharya: Your Birthday Gift

PDF: https://worldteachertrust.org/_media/pdf/en/ek/your_birthday_gift.pdf

Order book: https://worldteachertrust.org/en/web/publications/book_shops

Rishabha - The Adi Buddha



Rishabha is the first of the Buddhas and Gautama is the last Buddha witnessed by the humanity until now. Maitreya Buddha is the incoming one according to the followers of Buddha. The scripture Bhagavata presents Rishabha as an expression of divinity that laid the foundation to a path of unconditional mendicancy which is not beggary. In the Puranas, Rishabha is extolled as an avatar of Vishnu, the Second Logos. In the Vedic symbolism Rishabha stands for the Word.

This teaching was given in the early 90's in Tarragona, Catalonia, Spain, during May Call celebrations. It now finds its expression in the form of a booklet.

K. Parvathi Kumar: Rishabha - The Adi Buddha

PDF: https://worldteachertrust.org/_media/pdf/en/rishabha_the_adi_buddha.pdf

Order book: <https://www.aquariusbookhouse.com/product/rishabha-the-adi-buddha/>

Astrological Important Days

in May/June 2026

21.05.	♈	02:36	Sun enters Gemini
23.05.	♎	01:34	8th phase of ascending moon starts (End 24.05. at 00:57)
26.05.	♊	01:41	11th phase of ascending moon starts (End 27.05. at 02:52) <i>The Day of Nârâyana</i>
28.05.	♈	04:27	13th phase of ascending moon starts (End 29.05. at 06:21) <i>Day of Narasimha (Man-Lion). Narasimha is the lord who breaks pride.</i>
29.05.	♀		May Call Day <i>The day of the group initiation</i>
30.05.	♎	08:28	Phase of Full Moon starts
31.05.	☾	10:45	Full Moon of Gemini ☾ <i>Birthday of Lord Maitreya and Master Djwhal Khul</i>
06.06.	♎	02:33	23rd constellation Dhanishta starts (End 07.06. at 04:25)
		21:00	Dhanishta-Meditation
07.06.	☾	23:55	8th phase of descending moon starts. (End 08.06. at 23:54)
10.06.	♀	21:28	11th phase of descending moon starts (End 11.06. at 19:06) <i>The Day of Nârâyana</i>
14.06.	☾	08:50	Phase of New Moon starts <i>Contemplation about „The Pledge“</i>
15.06.	☾	04:54	New Moon of Gemini ●
21.06.	☾	10:24	Sun enters Cancer (Summer Solstice) <i>Contemplation of the personal teacher (guru)</i>
		11:51	8th phase of ascending moon starts (End 22.06. at 12:10)

All times are in CEST (Central European Summer Time)/UTC+2

(Universal Time Coordinated plus 2 hours);

Data source: Astrological Diary 2025/2026, www.worldteachertrust.org

The World Teacher Trust - Global, CH-6362 Stansstad



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

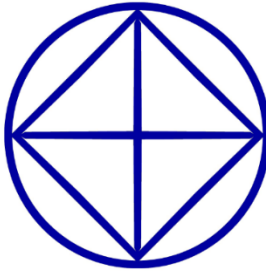
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.