

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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The World Teacher Trust - Europe

TABLE OF CONTENTS

INVOCATION OF MASTER E.K.	3
MESSAGE OF THE TEACHER	4
PRAYER FOR THE YEAR	5
MESSAGE OF THE MONTH ॐ	6
LORD KRISHNA: GÎTÂ UPANISHAD	7
LORD MAITREYA	8
MASTER MORYA - MARUVU MAHARSHI	9
MASTER KUT HUMI - DEVAPI MAHARSHI	10
MASTER DJWHAL KHUL	11
MESSAGE OF MASTER E.K.	12
VIDURA WISDOM TEACHINGS	13
SHIRDI SAI SAYINGS	14
CHILDREN'S SECTION	15
BOOK REVIEW	17
NEWS - REVIEW	18
GREAT INVOCATION	19
OM	20

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

SYNTHESIS



The word *Bhakti* in Sanskrit is wrongly translated as devotion. *Bhakti* means “non separate consciousness”. When one lives in universal consciousness, it is *Bhakti*. *Bhakti* has 4 states:

1. Devotion
2. Knowledge
3. Detached disposition
4. Integration

When students read of *Bhaktas*, they are reading the life stories of the World disciples; they are not reading of just devotional ones. A *Bhakta* has all the 4 dimensions.

PRAYER FOR THE YEAR

(To be repeated every month)

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.



MESSAGE OF THE MONTH OF Leo

The desire for gold has an occult dimension.
The purpose of the human life is to gain the golden body.
At the mundane level it expresses as the mad rush for gold.

The fundamental teaching of the Scriptures has been
to command man to follow the discipline to gain the Golden Body
In other words, “immortality” is the commandment.
When one overcomes the illusion of death, he realizes that he continues to live in the Golden Body.
The Ones with Golden Body are the leonine Teachers
They instruct the discipline of Immortality.

Awaken the Lion in you.
Follow the path of Yoga. Enter into *Pranayama*.



GÎTÂ-UPANISHAD

- LORD KRISHNA -

Let duty direct you, but not desire. What you have to do as a human being is given in the Scriptures. If you follow the Path of Duty, you cannot be bitten by the serpent of desire. Desire leads to multitudes of desire. Duty employs you with one act of service or the other. Desire, like the prostitute, invites many. Duty invites only *Dharma*, the Law of Right Action. Let every speech and action be put to the test of duty; if it does not, follow it not. Let that be the dictum.

Do not be haste to decide what your duty is know it from the Scriptures and from the Teachers. An impure mind cannot gaze between duty and desire.

LORD MAITREYA



Jealousy is mental leprosy. Mental leprosy is very high today and we relentlessly try to heal. Jealousy killed many a disciple. Jealousy eats away the little knowledge and feeds the pride. Jealousy caused wars, jealousy caused robbery, jealousy makes man restless, jealousy drives man to deadly acts. Jealousy is the energy that imprisoned this humanity. Only the focused one, who attend to their work of service with discriminative will, can escape out of the forest of jealousy. Duty, discriminative will, attitude to serve, and non-engagement in side issues are the four cardinal principles to escape out of the dark forest. Be not a leper at any cost.



MASTER MORYA
- MARUVU MAHARSHI -

Rhythmic and ritualistic living is to inculcate the discipline needed to enter the Path. When this discipline is not followed it is a mockery of wisdom. When you affirm to yourself mentally, “I shall dedicate myself to the discipline of ritualistic, rhythmic life”, the divine centres in you feel inspired. When you act upon discipline they co-operate. This helps accomplishing the discipline. This also helps opening of the doors into discipleship. It also helps weakening the diabolic forces in you.

When disciplined way of living becomes natural with you, affirm to yourself mentally: “I am fire. I burn my ignorance and proceed in the field of knowledge. Let the Lord of Fire and my Master support me either side from behind. I invoke them to stand by me and lead me into further fire of knowledge”.

Remember the Divinity cherishes order, the Divine intelligences work according to due and ancient order. Only the diabolic are disorderly. The one who takes to the order of rhythm and ritual shall attain self-rule. He remains the king of his life and is not slave of any quality. Self-rule is called *Swaraj*. It is the 7th Ray of the 7 Rays emanating from the Sun-Ray.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -

Life built upon untruth, manipulation and aggression is a life secured in a hazardous fort. Such fort does not help in crisis. The enemies of disease, discomfort and fear enter into it and cause self-destruction. Excessively secured people build up unconsciously weaknesses in them and fall by their own weaknesses. The instinct of self-security has its basis in fear. Self is always secure when man lives natural, normal and righteous. The thought of self-security is Kali. It is ignorance fortified. Such fort causes decay and death through negative psychology. Learn to look to others' welfare and security and not to your own. That is the way.



THE TEACHINGS OF MASTER D.K.

BREATHING

Another interlude takes place after exhalation. By this the soul consciously moves out into the objective world. This causes movement of soul energy into objectivity, resulting in manifestation of acts of goodwill and inspiration of the people who look to the student for teaching.

There is a physical plane of analogy of this process of inhalation and exhalation. The interlude after inhalation produces silence. The soul becomes active, the personality atunes to the sole. The interlude after exhalation causes the manifestation of a creative thought coming from the soul and manifesting through personality. In the first interlude the soul is impressed by the Plan of the Divine, and in the second interlude it progresses into objectivity for manifestation.

The working with interludes thus produces right poise, which leads to intense activity of creativity and the use of the power of Will to produce magical effects.



MESSAGE OF MASTER E.K.

MY PATH

God exists as I AM in all the beings. “Visualize I AM. This is My way”, says Lord Krishna. My way does not mean my religion; it means, ‘I follow the Path of I AM’. Visualize and see I AM in all. That is the Path Eternal.



VIDURA WISDOM TEACHINGS

Be virtuous for your sake.
Do not market them.

SHIRDI SAI SAYINGS

Observation - A Key



Do not indulge in vain to conquer the mind and the senses.
To conquer is an act of ignorance.

Let the mind and the senses do whatever they like and you remain an observer of their activity. This is the sure process of withdrawal that gains co-operation of the mind and the senses.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

The ungrateful, the stupid,
the selfish, the malicious,
the avaricious, the aggressive
invite their own fall.

CHILDREN'S SECTION

YOGA ÂSANAS

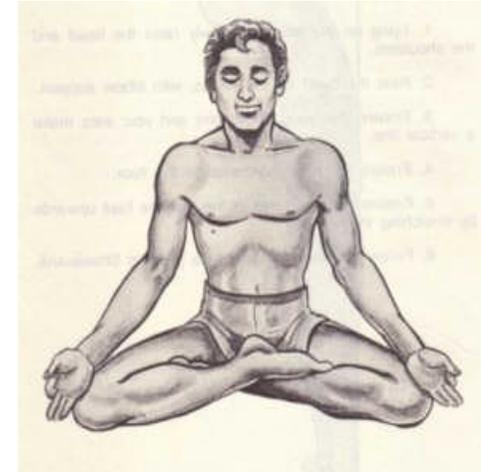
Siddhâsanâ (Meditative posture)*

Procedure:

1. Sit with your legs stretched forward.
2. Fold the right leg and place its foot upon your left thigh.
3. Fold your left leg and place the foot upon your right calf.
4. Your legs are now locked with the knees on the ground. The left heel should be on the right heel and the right heel pressing the Perineum.
5. Make your spine straight.
6. You may use a cushion under the buttocks to achieve the posture.

Effect: Excellent Âsana to redirect sexual nervous impulse back up the spinal cord to the brain. It gives control over sexual functioning. Useful for spiritual purposes.

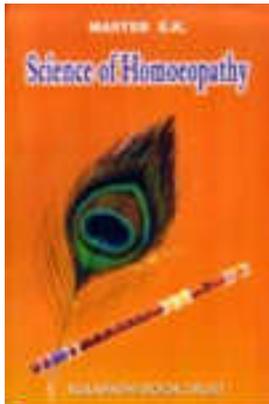
Apply your mind on the Heart or eye-brow centre after you accomplish the posture. It calms the mind and the nervous system.



* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

BOOK REVIEW

THE SCIENCE OF HOMOEOPATHY



Dr E. Krishnamacharya (Master E.K.) had a rich experience of practising and teaching homoeopathy. The World Teacher Trust, he has founded in 1971, has established over 100 free dispensaries in India that regularly treat thousands of patients with homoeopathic and ayurvedic medicines. This small booklet contains the teaching notes that he has used during the years. The definitions of health, symptoms, diseases - acute and chronic - and their treatment, as well as the study of the basic principles of homoeopathy are all given in a clear and impressive manner.

Ekkirala Krishnamacharya: The Science of Homoeopathy

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

THE AQUARIAN MASTER



The Aquarian energy is anchored on Earth to quicken the evolutionary process relating to the planet and the planetary beings. The Aquarian age promises the deathless state of existence and it dawns the etheric existence. Master C.V.V. is a grand initiate that steered the Aquarian energy into the planetary life and thus inaugurated the Aquarian age. This book carries a detailed account of the work of Aquarius and enunciates the Yoga of Synthesis as propounded by Master C.V.V.

K. Parvathi Kumar: The Aquarian Master

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

NEWS - REVIEW

TOURS OF THE TEACHER

21st - 31st August 2002: Group Living with the Youngsters, in Corroy-Le-Grand (Brussels), Belgium. Birthday of Lord Krishna

The Belgian group of the WTT organized a 10-day group living in their community colony at Corroy-Le-Grand. All the seven families did everything possible to take care of the lodging, boarding, transport and comfort of the Teacher and of the whole group of youngsters. 42 youngsters (between 15 and 30 years) mainly from Spain, Germany, Belgium and also from Argentina, attended very actively to the daily classes (morning & evening), yoga asanas, and participated in the three excursions to Brussels and its historic and modern sites, Weris in the region of Les Ardennes with its monumental and ancient archaeological sites, and Bruges with its medieval architecture and its cultural historic past. On 30th August, on the 8th descending moon phase, we celebrated the birthday of Lord Krishna.

Subjects: "The Constitution of Man -Esoteric".
"The Doctrine of Ethics"

5th - 8th September 2002: Group Living in Sankt Moritz (Switzerland) New Moon of Virgo

The Teacher elaborated upon the Grace of the Mother as the force that makes life in creation go forward unhindered.

Subject: "The Path of Grace"

At the end of the seminar the Teacher made mention of the magazine "Paracelsus -Health & Healing" as a publication of the WTT dedicated to the field of health and healing, enumerating the guidelines and conditions for its creation, settling the basis for the meeting of December in Einsiedeln.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



Even the Masters of Wisdom utter OM
to charge the planetary ether
with right vibrations.

Uttering OM regularly
they remain linked up to the Plan
and work for it.

OM as basis, the Teacher and the student
are linked up.

Uttering OM as per the regulations given
align with the Hierarchy and
participate with the Plan.

K. Parvathi Kumar