

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Leo 2004 Simha

Letter No. 4 / Cycle 18 - 22nd July 2004 until 22nd August 2004
The World Teacher Trust - Europe

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE YEAR

Wash karma in Space.
On the deep blue slate paint
ever-elevating colours,
ever at the Feet of the Master
in the Vaisakh Valley.



MESSAGE OF THE MONTH OF LEO

Freedom is the quality of the lion. Leo believes in a free dome but not a cage and not even a cave. Whoever cuts across with their freedom, suffers the intolerance of the Leo.

Every human is essentially leonine, he seeks freedom, he craves for it, he aspires to be free at all times.

Freedom in Nature is always coupled with responsibility. Responsibility is the other face of freedom. One is relatively free according to the degree of responsibilities one holds. Responsibility is the path of discharge, it is the path of destruction of the cage. Deeper responsibility enables greater freedom, greater measure of Light.

The greater the measure of Light you live in, greater is the responsibility. Remember the saying of the Master: "I have walked a little ahead of you in the Path of Light and therefore incurred greater measure of responsibilities".

Poor is the thought where freedom is understood as irresponsibility. Man's experiments of freedom in present times, resulted in breaking well-laid laws of tradition. Along with the ill-laid customs, well laid-out customs are also destroyed, in the name of freedom.

The laws of health are broken. The laws of family are broken, the laws of tradition are broken, the laws of marital life are broken, everything is being broken in search of freedom. The result is irreparable damage to health, to the way of life, and to the way of the very thinking.

This is the impact of Uranus, the presiding Angel of the Aquarian Age, it therefore demanded a 'band of Leonine Beings' to restore the system and to eliminate blind believe and superstition.

Leo is the energy that transmits the message of self-rule which is the seed of democracy.

Let the aspirants learn the laws of discipleship, follow the path and live. This is the way the message gets transmitted in the New Age. Disciples need to be role-models for others to follow. Masters remain the on-looking and guiding forces.

MESSAGE OF THE TEACHER



Creation is not made out of matter but out of consciousness. Matter does not give birth to consciousness, it is the contrary. The triple rays of the Cosmic Sun form the basis of the Creation of 7 planes, but not matter.

The basis for the Cosmic Sun is that which is beyond. As per, from the beyond manifests a Cosmic Sun who details into his triplicity and creates the world of lighted beings, of force, of elements, of planets, and of mundane formations.

From subtle to gross the Universe happens, and from gross to subtle it recedes. Gross appears and disappears. To say that gross gives birth to subtle is ignorance, it is the subtle that gives birth to the gross.

From matter to Spirit is the path of the mundane scientists. From Spirit to matter is the Path of the spiritual scientists. The latter know better since they travel from centre to circumference- The formers get confused on their pursuit to the centre and suffer the trial and error.

"From centre to circumference, from subtle to gross, from above downwards, from generals to particulars, from synthesis to analysis" is the Path.

cont. p. 5

The manifestation of the New Age is trough demonstration of self-rule in tune with the Law, and the disciples who form the role-models are the pioneers relating to this stupendous work.



GÎTÂ-UPANISHAD

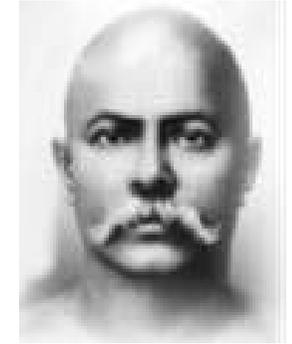
- LORD KRISHNA -

The Creator said: “flourish conducting the *yagna*.” He further said : “do as I do”, He did not say: “Do as I say”. *Yagna* means sacrifice. The Creator conducted the sacrifice and the Creation happened. He sacrificed that which is beyond, to form all this. In conducting Creation the Creator has no desires, it is that which is beyond, emerged as a spur and formed the Creator and directed the Creator to create. The Creator obliged and followed, it is not his desire to create, nor did he develop attachment to the Creation which he created. He has no illusion that he should preserve it, it is not his job, it is the job of another (the Second Logos). The Creator went on creating in tune with the Will. In his act of creation there is no desire, there is no aspiration for the result, there is no attachment to that which is created and there is no personal motive. Any act done with these conditions, is *yagna* as per the Veda. The Creator remained free through such obedience to the regulations and is respected by all the created beings including the other Logos, hence he says: “Do as I do and remain free in Creation”. The Lord told Arjuna: “If you are really brave, manly, daring, and stable you too can stand free in your work”.

Let the seekers of Truth ponder upon these regulations of action.

A WORD FROM MASTER CVV

INITIATION



Do you know that you are already initiated?
The moment you hear of Me, you are initiated.
You do not hear of Me unless I decide to let you hear Me.
When you hear of Me you enter into Me, concurrently I enter into you.

When you utter CVV, I impregnate you. Therefore you are pregnant of Me.
In your pregnancy I grow and I permeate into you.
Normally in pregnancy you deliver, but when you are pregnant of Me, I deliver.
I AM the deliverer, you are delivered into freedom.

I shall neutralize your karma, I shall direct and even steer your life into Light.



LORD MAITREYA

THE OBSTACLES

The obstacles have a purpose in life, they enable you to think, sometimes even at the cost of your sleep.

Man seldom thinks, he falls into a routine and follows it like the sheep. Man cannot be allowed by Nature to reduce himself to be a sheep, or a rodent round the mill. He is expected to think, he should think deeper to be a thinker. He is supposed to be creative when he is thinking and be a creator.

Every man is a creator to be, he cannot stop his own progress, hence the obstacles to make him think. To make him think twice, to introspect, to retrospect and to see the prospect, obstacles are needed.

The stronger the obstacle is, the deeper the thinking process takes too. The continued thinking in a focused manner on the subsisting problem can hit upon a creative thought. It can sometimes open through tension of the focus the intuitional planes. There can be a flashing forth of an idea that gives solution. Thus, the human intellect is cornered to open the intuitional plane. That is the reward of the obstacle. That is what is said by my spiritual colleagues:

“Let pain bring due reward of Light and Love”.

When there is an obstacle think of it. Think deeper, be introspective. Dip deep into you and find the gift which is deep down under. Precious metals and precious stones are found in deep minds but not on the surface of earth, so too is the principle of occult life, it is available in depths but not on peaks.

Obstacles lead you from the peak to the depths, into deep valleys, sometime you reach the valley of death where the reality is better seen.

Resurrection is possible only when there is death. Obstacles open the way.



MASTER MORYA

- MARUVU MAHARSHI -

THE TRUTH REMINDER

There are some who aspire to be recognized by the world.

There are some others who aspire to be recognized by the Divinity.

Both are seeking recognition, but the paths are different.

The path of worldly recognition is the path of horizontals.

The Path of Divine recognition is the Path of Verticals.

The former dig deep into their personality and remain prisoners of the personality. The latter try to transcend the personality and live in the Soul.

The former live in aggrandizement. The latter live in simplicity.

The former are possessive, aggressive and expansive into the world.

The latter are non-possessive, harmless, and expand into the subtle world.

The former look for the Kingdom of Earth. The latter look for the Kingdom of God.

Even in teachers the two types exist.

There are teachers stuck in personality and

there are also Teachers settled in the Soul.

The former promote themselves. The latter promote the Truth.

They remind the Truth in everyone.

The true Teacher is the Truth Reminder.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -
THE PRESENCE

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MESSAGE OF MASTER E.K.
LEO

The disciple can aid the activity of Leo in him to rise him to higher levels by:

- 1) Concentrating his mind upon pulsation that controls the respiratory and circulatory activity
- 2) Gradually meditating upon his voice and the source of expression of the word.

This is a very slow and skilful process, it enables the accomplishment of the first two steps of Yoga that is *Yama*, and *Nyama* and settles the disciple in the 3rd and 4th step of Yoga *Asana*, and *Pranayama*.

If one does so, the gushes of emotion are filtered from the love-nature, and enables the building of the *Antahkarana*. Then love is above feelings and translates itself into selfless service.



VIDURA WISDOM TEACHINGS

The Law and the Soul are eternal.
Associate with the Law,
and be in Soul awareness.
It gives contentment and plenitude.
Disassociation with the Law
detaches you from the Soul,
and imprisons you
in the fabric of Creation.

SHIRDI SAI SAYINGS AWARENESS



The division of the Soul into many souls is one illusion.

The division of the souls into divine, human, animal, plant, mineral
etc. is another illusion.

Division of anything leads to apparent states of awareness. But the
awareness knows no division.

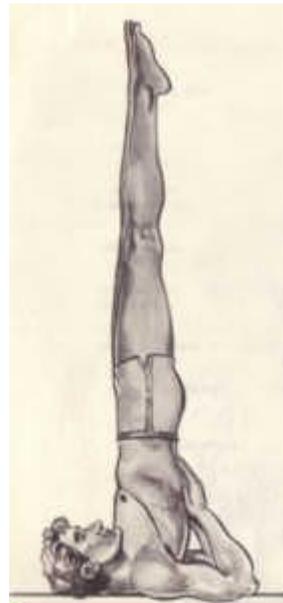
You understand the human body in many divisions. But the awareness
as human is solitary.

CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

A king without an adviser
is akin to the elephant
without a trunk.

Sarvangāsana



CHILDREN'S SECTION

YOGA ÂSANAS

Sarvangāsana (Shoulder Stand Posture)*

Procedure:

1. Lie flat on your back with your feet together. Keep your palms on either side.
2. Raise the legs and the back as much as you can and then with the support of the hands on your back raise the whole body upto the neck vertically.
3. Inhale and retain the breath while assuming and releasing from the posture. Breathe slowly while in posture.
4. Apply your mind on the Throat Centre.

Effect:

- Promotes the function of the Thyroid gland.
- Improves the circulatory system, digestive system and glandular system.
- Adjusts improper body growth and conducts rich supply of blood to brain.
- Cures piles.
- Cures diabetes.

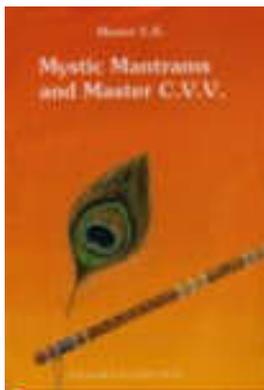
CAUTION

Not to be practised by heart and B.P. patients.

* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

BOOK REVIEW

MYSTIC MANTRAMS AND MASTER CVV

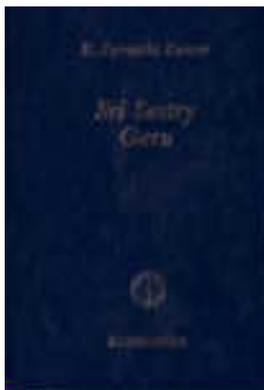


Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things. Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya: Mystic Mantrams and Master CVV

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

SRI SASTRI GARU. STORY OF A DISCIPLE



Discipleship is a process of transformation of man from his state of ignorance to the state of Light. On the Path he meets himself. A true disciple lives hiding the Light within and working silently for its further glow. The Light he sheds is in silence and simplicity. One such example of disciple is K.V. Sastry, whose story is inspiring to those who walk the Path of Light in simplicity. It demands simplicity to realise the Truth. The reader finds such simplicity in the life and the events of the life of Sri Sastry.

K. Parvathi Kumar: Sastry Gary. Story of a Disciple

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW TOURS OF THE TEACHER

Group Living in India: Dates

The date of arrival at Visakhapatnam should not be later than 9th January. The date of departure from Hyderabad will be on 30th January. The group living in Visakhapatnam will be till 26th January, and later there is a visit to the Ajantha and Yellora caves.

Group Living in Argentina

From Sunday, 19th September, 6 am. to Wednesday, 22nd September, noon, there will be a group living for Spring Equinox in Mendoza, in "Los Penitentes" (in Spanish). If interested, please contact the organisers for details: Noldi Malizia / Mónica Ganem 4702-9881 difusion@wttargentina.org

Extracts from the WTT-Europe Annual Report 03/04

36th W.T.T. Intercontinental Tour, 27 May-30 June 2003

Peñíscola Group Living (Spain), 6-9 June 2003

A group of an estimate 250 brothers & sisters mainly from Spain, but also from Central and South America as well as from Switzerland, gathered to feel the presence of the Divine, around Pentecost, from the 7th to the 11th ascending moon phase in Gemini near the city of Peñíscola, overlooking the Mediterranean Sea amidst orange trees and sandy beaches. This five-day seminar brought much presence to the group and much awareness. The Master spoke on "The Fulcrum of Libra" during which the higher principle of Libra was explained in detail, and good stories were also narrated.

Our Bro. Clemente and Sister María Antonia went through the ritual of marriage in the presence of the Fire, conducted with the blessings of our Master. The Master inspired some members of the WTT Miami to take up the task of book distribution to the groups in South and Central America as well as Mexico. The Spanish publishing house Dhanishtha sent a total of 4.000 books to Miami for the purpose. The Master congratulated the Spanish NGO Good Will in Action (Buena Voluntad en Acción - Bona Voluntat en Acció) – which is a unit of the World Teacher Trust - for its good work. Since 6 and a half years this organization is looking after 50 families by way of food, clothing and education on a daily basis. Those families are marginalized people from the Magreb, sub-Saharan Africa and recently also from Central America and South America.

GROUP FORUM NEWS & ACTIVITIES (Inputs welcome)

Mithila-Group Venezuela

In Venezuela there is a Mithila-group running a community school for children, parents and adolescents. It is devoted to transmit spiritual teachings under the direction of our teacher Dr. K. Parvathi Kumar. The group runs a website under: <http://groups.msn.com/MITHILAWTT> and a discussion-group: <http://groups.msn.com/MITHILAWTT/join>.

Group reports, extracts from the WTT-Europe Annual Report 03/04

Name of the group: WTT Argentina, Contact: wtt@wttargentina.org

3. Bragado: Group Indigo

Weekly meeting for meditation, on Sunday mornings.

Full and New Moon Meditations were added to the activities during the last year.

Aquarius Full Moon and Equinox Meditation were conducted in an open place and connected with the Sunset hours.

Astrology seminars are given on a monthly basis coordinated by Noldi Malizzia. *Contact: Marisa Raquel Abat : raquelabat@yahoo.com.ar 0054- 2342-422445*

4. Olavaria: Group Harmony

The service activities were the same as last year, the focus was put on helping through week end dining halls and specially by distributing food.

There are two dining halls that receive monthly direct help from the group, one of them, monthly gets dehydrated milk for the children. The other one receives flour and rice bags, oil, canned tomatoes and vegetables. Also gas tubes needed for the stove are provided.

During August, for the Day of the Children celebration we organized a party for them, the whole group was there and some of us prepared a theater performance, others prepared a place with games for the youngest group. We also offered milk with chocolate and a variety of cakes for the evening.

Each second Sunday every month, after the Fire Ritual we carry to one of the dining halls cakes and fruits for the children.

We also delivered some tennis shoes to two schools in the outside of the city and one of the dining halls, about 370 pairs.

Our service job keeps oriented to the donation of food and shoes or clothes. As to clothes, in a monthly basis we keep delivering it and also maintaining the sewing rooms of the mentioned places according the emerging requirements. *Contact: Alicia De Luca : harmony@speedy.com.ar 0054-2284-441426*

EXTRACTS FROM THE TEACHINGS THE HIGHER ASPECT OF LIBRA

Dr. Sri K. Parvathi Kumar

Peñíscola Group Living, Spain, June 2003

One day the question came up if there is nothing else in Libra than the passion? Yes, there is something profound and sublime in relation to Libra, the sign of Libra: its beauty, its passion, and its ability to manifest and de-manifest. Every sign is spiritual. Libra is as spiritual as Aries, because Libra represents the counterpart of Aries. It is therefore a sign of great importance. As much as Aries is seen as the sign of commencement of the solar year, Libra is also seen as the commencement of the solar year, because it is as much a cardinal point as Aries. The other two cardinal points are Cancer and Capricorn. Aries and Libra represent the equinoxes, Cancer and Capricorn represent the solstices. The very term 'equinox' gives us the principle of equilibrium which is the other name for *Yoga*. So, the equinoxes are considered of great importance.

Normally, I emphasize upon the fix cross, because it is the cross of the disciple. Mutable cross is the cross of ever-changing energies - swinging. Gemini, Virgo, Sagittarius, Pisces - these are the four pillars of the zodiac, where changes happen, either from subtle to gross or from gross to subtle. In a world of change it is the mutable cross that keeps changing things through fire. In an ever-changing world we have to find balance. That is where we need to find something to hold up, so that we are not effected by the ever-changing currents of life. It is like trying to float on it than to swim and sink in it. In a river that is flowing with great current swimming is difficult. One needs tremendous effort. Sinking seems to be inevitable. So, you need to build a boat, so that you can float on it. The currents of life are such, you cannot decide its speed and its strength, nor can you control it, much less you direct it. So, what can we do? Build a boat, set a sail, and than keep moving. Then it is joy, then change is joy.

That is what the Spanish did centuries ago. They where everywhere in their boats floating not in the mere rivers but in the high sees. That is the message of fixed cross. That is why the Hierarchy works in the present time with the disciples through the fixed cross, so that you survive the change instead of sinking through the change. That is the beauty of the fixed cross, as compared to the mutable cross. Then we have the cardinal cross which is divine That is where you have the signs Libra, Cancer, Capricorn, and Aries. This is the basic triple cross that conducts the creational activity. Cardinal cross conducts the divine activity. Mutable cross and the basis of the divinity conducts the changes. Fixed cross tries to find a balance between the constant and the change. That is the beauty.

In that function of the creational activity, Libra has a great role to play. Passion, no doubt, is its keynote. Passion can be for wisdom. Passion need not necessarily be for food, drink, sex, and comfort. Passion is an important quality in creation. Don't think passion is dangerous. Nothing is dangerous in creation. It is all how you visualise and use it. If you know the right attitude, it is the passion that helps. Then the passion is applied to the right things. The mother of the world is also passionate. Out of the passion she created such a huge creation. There the passion is for the love and the well-being of the beings. That is how you see a mother engaged with her children. If the mother is not passionate towards her children, how can the child grow? And then there is the passion for penance.

Now you understand the word 'passion' in its different dimensions. It is the passion for truth that made Moses, Jesus and Pythagoras to ignore the rest of the life and then run after it. There can be passion for truth. There is passion to conduct penance for the truth. There is passion for wisdom. Great civilisations conducted great activities on account of the passion for values, the passion for noble things. If we have all come from various parts of the globe to gather here - what is the passion behind? It is a passion for wisdom.

Libra speaks of passion for wisdom and love of beauty. These are the two characteristics that made Greece so great a nation. It is that passion for wisdom and its love for beauty. What is the difference between passion and love? Love is the principle of unity. It says: "The other is no other than you." There is no other. It is me only in the form of others. That is love. Love cannot be conducted as an act. Love is a happening. Love happens. It is because of the feeling of oneness. Love flows from unity. Love is not an act. Love does not think of possessing. Love gives freedom. Love is the other name for friendliness. Today passion for beauty is understood as love. Passion for beauty was not the weakness of the ancient. Passion is for wisdom. 'Love of beauty' means: if you see anything beautiful, by seeing it, you enjoy, by hearing it, you enjoy. There is no instinct to possess that which we love. Possessiveness is passion. Apply this possessive instinct upon noble things. Be passionate about truth! Be passionate about wisdom! Be passionate about service! Be passionate about self-study!

When passion is applied to the nobler aspects of life, you will walk nearer to beauty, through love. Love of beauty is not everyone's cup of tea. Only passion for beauty is everyone's cup of sorrow. When you look to beauty and feel the passion, you are only landing in sorrow. If you see that which is beautiful and be happy without any further instincts to possess, which is a higher quality, you will enjoy better. So, we should know how to apply passion. One should be passionate to do things. It is the other name for devotion. Unless you are passionate, you cannot arrange the altar like this. Indifference does not give the experience of beauty of passion. Unless you are passionate

for wisdom, you will not write notes. Wisdom is always enchanting, ever enjoyable and can engage a person beyond all personality thoughts.

What is discipleship? To be passionate about wisdom. Are we passionate enough about the wisdom given by the Hierarchy which is not only global, but also universal? The wisdom of the Hierarchy is not limited even to this globe. It is not local, much less national, or continental, or even global. It is universal. Unless we are passionate for wisdom, the lift-up does not happen. Such is the passion of Libra which helps us to relate to the lower planes of existence, and also to the higher planes of existence. The ladder is not only for coming down, but also to go up. We only see one side. There are people who see only the side of the fall, and there are people who see that all that is in the lower planes is to be denied. The incomplete spiritualist lives by denial. He denies the world. The incomplete materialist denies the spirit. Denial is not spiritual. To be able to see the One in many varieties of manifestations is spiritual. The religions have denied certain basic personality comforts. Hence, there is an upsurge now. It has a boomerang effect. This is because not all religions could propagate truth in its completeness. Denial of wealth, denial of comfort, denial of sex are considered spiritual by some people even today, and they think that the people of wealth and of comfort have no entry into the heavens. It is not like that. That is where the balance is required. That is where *Yoga* is required. You can neither deny matter, nor can you deny spirit. You have to be equi-distant to both and see the work of spirit through the matter, and the work of matter which has a hidden program of spirit. Nothing is divisible like matter and spirit. It is an apparent division. People who deny are incomplete.

Sri Aurobindo says in his book "Yoga of Synthesis": "Those who have relinquished the world are those who are deceived by nature." They do not experience the love of beauty of the creation. The creation is splendid, is beautiful, and is arranged for the joy of the beings. If you deny what is given with love without comprehending what it is, you can't be joyful. And you should also see the basis of all this love and splendour. Standing in spirit, you can experience the splendour of light and its networking of the worlds. That fulcrum is called 'the state of *Yoga*'. Libra gives that state of *Yoga*. It is a point of equilibrium. If you are in equilibrium, the left and the right are equi-distant to you. The above and the below are equidistant to you. It is a beautiful situation. You are related to the above as much as you are related to the below. You are related to the left as much as you are related to the right, because you are in the central point of the four-armed cross, with all the four arms being equal. Be in that centre, where you are linked to the Father, and keep relating to the universe. This is the message of Libra.

to be continued

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.

Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.

May Christ return to Earth.

From the centre where the
Will of God is known

let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.

I seek to serve and not exact
due service.

I seek to heal, not hurt.

Let pain bring due reward
of light and love.

Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.

Let the future stand revealed.

Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.

Let all men love.

Master D.K.



Suffer not with varieties of *Sadhanas*
to transcend the conditioning of
the mind, the senses and the body
(the thought, the desire and the selfish action).

Resort to OM

Work with it as per the regulations.

The 3 fall into an order and link-up to the fourth
the Buddhi, the Light of the Soul.

OM is the King's Way to the Truth.

Contemplate upon OM

K. Parvathi Kumar