

Vaisakh News Letter



HAMSA SIVA SOHAM



Leo 2026 Simha

Letter No. 4 / Cycle 40 – 22nd July until 23rd August 2026
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2026-2027

Number one, the rod.

Zero to one, the serpent unwinds.

Number nine, the throne;

Number ten, the crown.

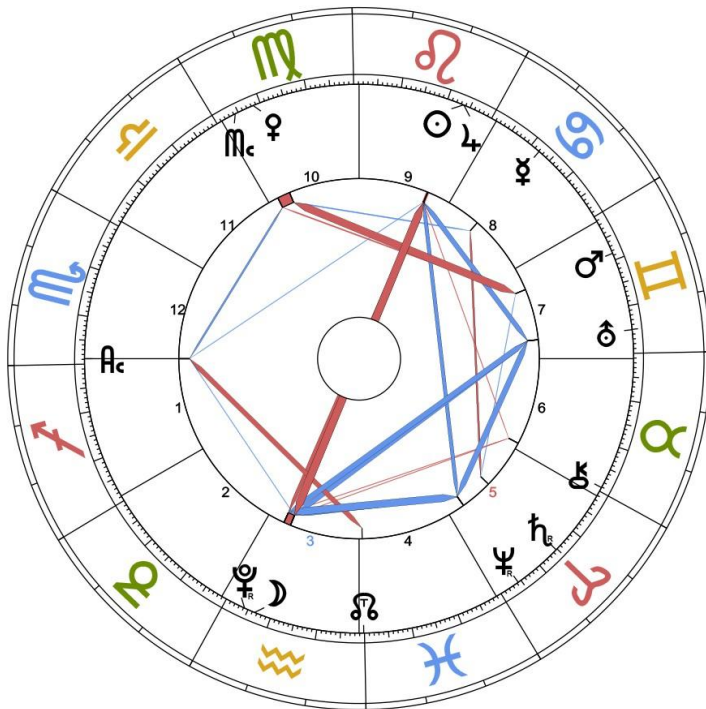
Kingdom gained. Hunter becomes saint.

Hunter bears pot. Light of life carried.

Mind and wisdom married.

Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Leo, 29 July 2026, 04:35 pm CEST (UTC + 2)

Message of the month of Leo འུ

Leo is the dramatic sign that represents the fiery, life-giving Sun. Leos often shine, like the Sun they represent, and become the center of everyone's universe. Leo is everyone's light. With Jupiter now in Leo, the Light of Leo shines upon and reveals the inner source of our creativity, allowing us to discover and then express more imagination, inspiration and originality. Our task during this month and especially under the creative sign of Leo, is to ponder upon our creativity. We come to know ourselves by what we create. What is it that we create? I am what I create, we say to ourselves. We are proud of what we create.

Leo - Royal, Regal, Noble & Lionhearted

Leo is the sign of friendship and fun, of children, games and self-identity through our creation. Leo's hair is a mane rising from a wide and high regal forehead. The lion appears on the coat of arms of many royal houses. Richard the Lionhearted re-captured the Holy Land.

The heart, center of our life-force, is overseen by Leo. The heart is where all energy flows and the life-force emanates. At birth, the life-thread from Shamballa flows through the head of the newborn and into the heart.

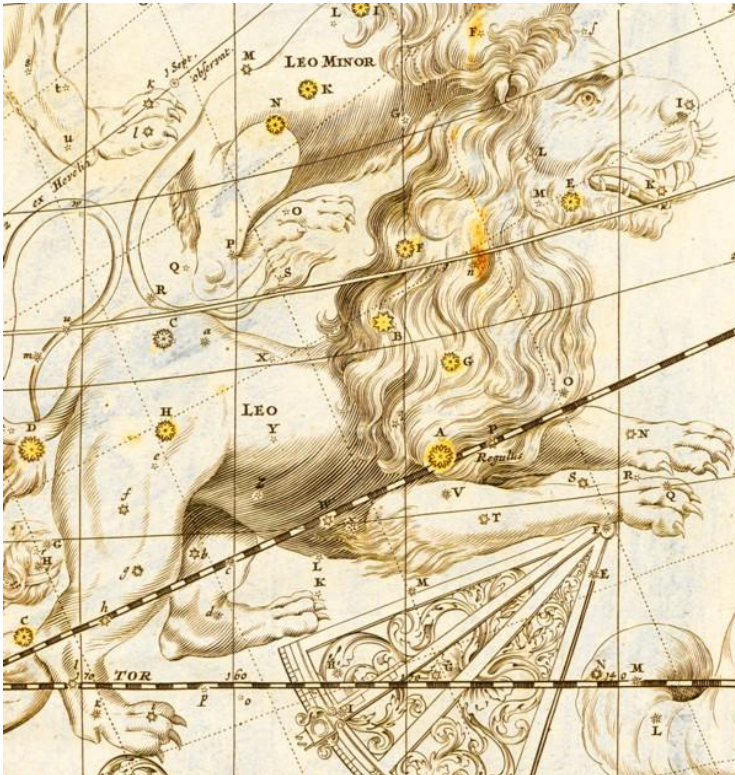
Leo is courageous, the lord of the jungle. Leo, the fifth sign and Labour, is fixed fire. Like a flame, Leo burns bright for a while. Later their fire burns low, an ebb and flow of life energy.

In the Old Testament Leo is the Lion of the tribe of Judah. In the New Testament, the Christians were thrown to the lions (symbol of Roman power). The fish (Pisces) later subdued and caged the lions. It is written that the Sun rose in Leo at the world's creation. Egyptians worshiped the Leo Sun when Sirius, blue star of Initiation, appeared in the sky and the Nile rose. Egyptian temples were decorated with the lion or cat. In China, the Leo constellation is the Yellow Dragon with the royal star Regulus. The Buddha loved the lion and often rested on his right side like the lion.

In the esoteric blue book, "Labors of Hercules" by Mme Alice A Bailey, we read of the Nemean Lion, divine and from the moon (humanity's past to be left behind). Hercules's Fifth Labor was to destroy that past (the lion) and to keep the lion's hide (spiritual protection) as armour that he would use for the remaining seven labours, from Virgo to Pisces. The lion and Hercules, now stars

in the heavens, signify humanity's different tasks and stages of awareness. Everyone has Leo in their astrology charts. Everyone is noble, everyone is royal, every human life is creative, whole and sacred.

Composed by Risa D'Angeles



Johann Gabriel Doppelmayr (1677-1750): Leo



Message of the Teacher

Be available

When students ask for a wisdom, keep it as the will of the divine. When students disappeared, Master EK took it as the will of the divine. Students are generally too enthusiastic; they drop away half of the way. Once I saw the Master teaching to three or four old ladies who did not understand anything. I saw him teaching to them like to a crowd. I asked him, “Master, why do you do it?” He said, “Young men asked me to teach this, they left. Now there are left these three old ladies, but for me it is the will of the Divine. Even if there is just one, I will teach. If the one is not there, the Divine says, no, thank you.”

To be available is the program of the yogi. It is the will of the Divine that motivates him.

Compiled by Ludger Philips

PRACTICAL WISDOM

Learn detachment
and accomplish it by 70 years.

Utterances of Lord Krishna



Then how can such people recollect themselves into Me ? Do you know how they can approach Me ? All the beings make their approach to Me by four ways:

1. The afflicted being struggles to get out of his afflictions. After struggling for some time, he begins to recollect Me by way of prayer and worship.
 2. A person with curiosity peeps into the nature of many things. He wants to know many things. Gradually, in his pursuit, he seeks for the causes and results of things, because he wants to know. Incidentally, he gets at Me as the cause of something and finally knows Me as the cause of everything.
 3. The person who is mad after getting his things done, runs after everyone to achieve what he wants. He seeks and seeks in various persons and incidentally seeks Me in them. He acts at Me and reaches Me.
 4. The man of knowledge knows Me directly by virtue of his knowledge.
- (7, 16)



Krishna statue installed by
Master Kumar in Bünde, Germany



Lord Maitreya Maitreya Community

Call for Momentum

The sense of urgency seems to be a necessity at the threshold of the New World, for if the moment is missed, ignorance settles and solidifies. Many wounds of the old order have already gathered there, and the great tide has lifted much debris to the surface where it can no longer be ignored. One must learn to meet the distortions of ignorance without shrinking, for only such firmness makes room for unusual measures. One must also learn to recognize those who are truly useful for the work and point out their merits. Let not people of ability be wasted away amidst the chains of neglect and the shadows of prejudice.

Children must be asked: can they stop fearing to seem unusual before the crowd? Can they give up comfort when the good of the New World asks for sacrifice? Such questions should be asked plainly and without softness because the true flame does not fear the wind. What lives in spirit does not collapse under pressure; it becomes more distinct.

Devotion has the power to carry one beyond the abyss, yet devotion alone is not enough. It must be joined with the quick pulse of sensitivity, so that it remains alive and responsive. Then it does not become rigid or sentimental, but active and discerning. Thus, the path asks for courage, readiness, and a heart that can feel the needs of the hour.

This is our call for momentum.

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

Voice in Silence



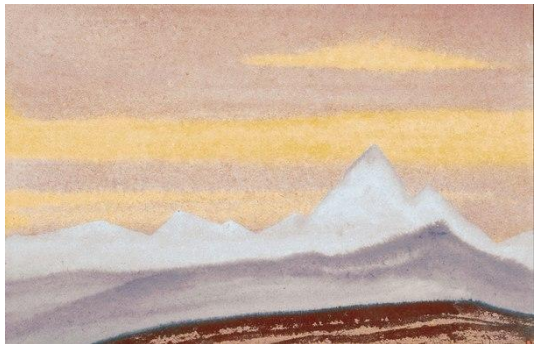
It has been truly said that manifestations come first in thunder and later in silence. It is impossible to hear the Voice in silence without having first experienced it in thunder, which is much less difficult and exhausting. But after thunder, silence follows; and it is in silence that the Essence is found. But then, can darkness exist for the eye that has attained light? Or silence for the ear that has heard the birth of sound? How could Materia Matrix be soundless or without light?

It is well-known that one can open a tightly closed vessel either by breaking it or by sounding a most delicate rhythm. Similarly, in all other realms of matter, one should become accustomed not to expect important manifestations to come with an elephantine tread, and to sense even the flight of a butterfly. This is not easy to learn, for life is full of hammer blows. Subtle energies are not accepted in everyday life. And the farther humanity goes, the more crudely does it abuse those lower forces that it conquers.

In daily life we must refine the keenness of our understanding of the subtle energies, for in them lies the future. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker

Nicholas Roerich:
Himalaya - Celestial Silence





Master Koot Hoomi
Devâpi Maharshi

Shambala 99: The Grand Siddhis (accomplishments)

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala is the chief center on the planet for the cosmic mind (Mahat). Shambala is the habitat of the divine beings. Shambala is the most sacred on the planet. It is the source of all wisdom sciences. Shambala vibrates continuously with the sound of silence. The sound of Anahata (The unuttered sound) is the path to Shambala. Only the ones, that carry the knowledge of the sound are enabled to reside at Shambala.

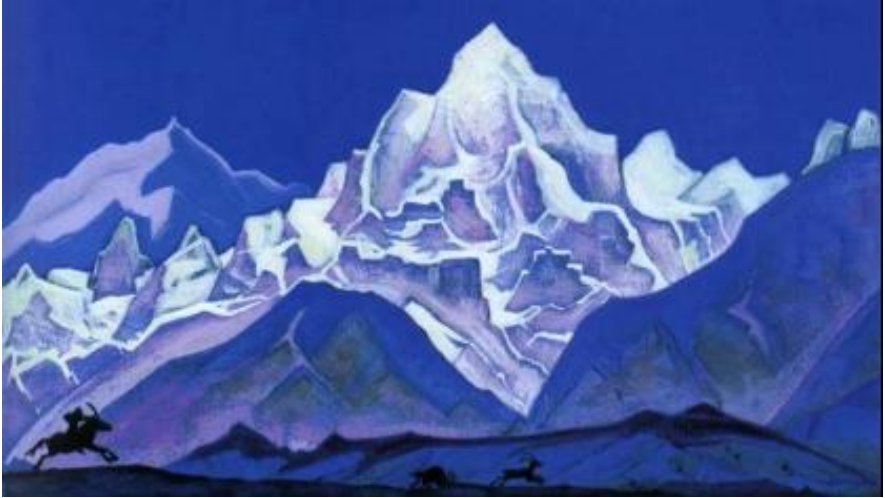
Shambala contains the gateway even to reach the Sun! Therefore, it need not be explicitly mentioned that there are entrance doors to other planets as well! The inhabitants of Shambala, according to their soul quality make interplanetary travels from Shambala. Such travels are in accordance to the divine plan. These accomplished beings are adepts in the science of the sound of vibrations, geometry and astronomy. As per the need, they also establish their habitat on other planets.

The Theosophical literature informs us of the interplanetary travels that the grand beings of Shambala make. Lord Sanat Kumara to Venus, Lord Maitreya to Venus, Master Morya to Sun and Mars, Master Koot Hoomi to Sun and Mercury are few examples given in relation to the interplanetary travels.

To the humanity, Shambala is not even approachable through recollection! Much conflict, propaganda and noise in the name of religion is the reason. With so much of chaos, and noise the placid vibrations and silence of Shambala stays far from thought (recollection)! However much, information is gathered about Shambala, without definitive practice, the word Shambala does not stay stable in the minds of men. In the name of religion, many centers in the subtle, which are not reachable are indicated. The center established on the planet to reach

such high centers is Shambala. It is seldom hinted by the religions. Pointing at the subtle is one thing, making available a ladder into the subtle is but another! Such a ladder into the subtle only exists at Shambala. The truth seekers of the past were aware of Shambala. In the present times, Lord Maitreya and the Hierarchy of teachers have again pledged to bring back such awareness about Shambala.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Nicholas Roerich: Shambala in reflection



Message of Master E.K.

Does Pluto influence all the persons and horoscopes? 2

Pluto indicates either very seriously good or very seriously bad in individual horoscopes. Of course, if the important degrees of that house do not fall upon Pluto, then definitely Pluto has no influence upon the individual horoscope. I know individual horoscopes where Pluto influenced them.

For example, in our native place, there is a great musician who has been my friend since we were students. The seventh house in his horoscope fell exactly upon the degree of Pluto. His astrologer clearly advised him not to get married. But he got married against his advice. As a result his wife died of some un-understandable disease within two years. He remarried but the second wife killed herself with kerosene and fire and the cause was not known by anyone. Owing to this he didn't want to get married the third time but some five years later, he got attached to a nurse who was unmarried. The moment he planned and decided to marry her, her brother who was a police officer suddenly appeared on the scene. He didn't like the idea of them getting married. So, he sent my friend behind bars in the police station for three nights and three days and thus the marriage couldn't materialize. He tried getting married seven times. He has still not succeeded in getting a wife. Therefore the horoscopes get influenced only if exactly the seventh house falls on the degree of Pluto.

Compiled by Ludger Philips

Master CVV-Yoga

Aphorisms to Disciples 99



292. Grip that which is to be gripped. That which you grip, grips you.
293. Grip Me and you will be in ME, in My fold. This gripping does not condition you, as that which you are gripping is beyond conditioning.
294. Be in Me and witness the law of 'Grip and Release' happening effortlessly.
295. Gripping and release would be just a child's play for those who grip Me.

Composed by Guru Prasad Kambhampati



Mount Shasta



Vidura

Teachings of Wisdom

Let not prosperity
let loose the conduct.
Misbehaviour destroys prosperity,
like old age destroys
the youthful beauty.

PRACTICAL WISDOM

Distinguish fact from criticism.
Recognizing and speaking facts is essential.
Criticism is to be known as poison.

Saraswathi

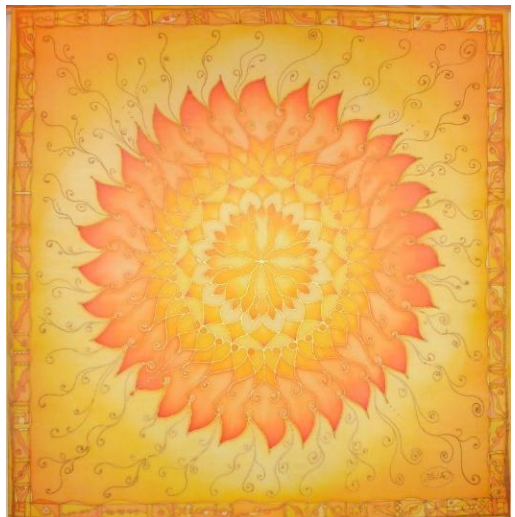
Saraswathi Suktam 12 - 5

Conscious breathing 1



The conscious breathing helps inviting the Cosmic Person in Sahasrara into the chamber of the heart, Anahata, and also inviting the body consciousness from the Base Centre into the chamber of the heart. When we conduct inhalation, we inhale through the nostrils, go up to the brow, where we touch the energy of the cerebrum and travel down through the windpipe up to the heart. When we do so, we have to visualize inviting the 'God in man' to the heart. When we exhale we invite the Word in the Base Centre to the heart. This is a way of conscious breathing. By this visualization the 3 in 1 meet in the heart. Remember, every inhalation is a means of bringing the Heavenly Man up to us. Likewise every exhalation enables the pulling up of ourselves from the phantom of our being to our Original State.

It is similar to pumping up the fumes of oil to ignite the fire of the mantle. As we pump up, fire emanates. The more we pump, the flame moves upwards. This happens, if we breath in and out in a conscious manner. Breathing slowly, softly, deeply and uniformly three to four times, causes the fire in us to emerge.





Hanuman

7. Hanuman and Ramayana 4

The outer life is a mechanical life for a student of Yoga. It is not a big thing. It only requires a little comfort, food. The inner life requires looking inward. Objective life, she simplified so much. She does not wear ornaments, does not care for food, nor enjoyed nourishing the body. She is disinterested in robes, ornaments, food and luxuries. Her only interest is in Rama, within. She is a student, not engrossed any more in the outer. She is waiting in the inner chamber for the Lord. The inner is responded by the appearance of the monkey God, Hanuman, the son of air and the Teacher.

The entry into the in-side is through the passage of air. Then, when you wait inside the chamber of the heart, you get invited by the teacher, a representative of the air, which connects the mundane with the super-mundane. Hanuman is the principle of air, who can prepare the way for the reunion of Soul and personality. That is in brief, his Presence as the Presence of Sadguru in the Sundarakanda of Ramayana.

The Ramayana has six Kandas (chapters). Sundara Kanda is the fifth chapter. Hanuman appears in the fourth chapter, Kishkinda Kanda and leads to the sixth chapter, Yuddha Kanda. There are Six centres in the body. The sixth is the Ajna, the third eye. The fourth chapter is symbolic of the fourth center in us, the heart center. It is in Kishkinda Kanda, that Hanuman enters into the being. In the fifth chapter, Sundara Kanda, which is symbolic of the throat center, he conducts the work to reach the Master.

Thus, it is our own story! So, we make the ascent from the heart to reach the Ajna. We have to invoke the Master in the heart.

On Secret Doctrine

Upanishads - 12



The Kāṭhaka Upanishad is also known as the Kaṭha and is present among the last eight short sections of the Kaṭha school of the Krishna Yajurveda.

We quote from the Secret Doctrine as follows:

“Connecting himself through his mind with Vâch, Brahmâ (the Logos) created the primordial waters.” In the Kathaka Upanishad it is stated still more clearly: “Prajâpati was this Universe. Vâch was a second to him. He associated with her . . . she produced these creatures and again re-entered Prajâpati.”

* * * * *

The stanza is presented as below in the Scripture.

Prajâpati vai idam agra âsīt
tasya vāk dvitīyā âsīt
vāk vai paramam Brahma

1. The above is from the Krishna Yajurveda's Kāṭhaka Samhita, (12:5, 27.1), the scripture that belongs to the Kāṭhaka śākhā (the Kāṭhaka school).
2. The Kāṭhaka śākhā presents hymns and sacrificial formulae which were for the practical application. This was mostly practiced by the Adhvaryu priests.
3. There is a certain stage which marks the completion of the individual spiritual development of man. This is followed by the expansion of man into the outer world in quest of something of which he is not definite. Then he is compared to a wayfarer, a pilgrim.
4. The second phase of his development is therefore ritualised as a pilgrimage (Adhwara). Uttering forth in the outer world is seen as such a pilgrimage.
5. If we name the source of the Word as God, the Word is always with Him as Himself. The Old Testament says: “In the beginning there was the Word. The

Word was with God, and the Word was God.”

6. God Absolute expresses through an idea that emerges from Him. This emergence is the birth of the Word leading to subsequent manifestations.
7. We exist and we too have ideas emerging from us. This emergence is called the emergence of the Word. Every idea is an emergence in a particular direction. We exist, and the ideas emerge. The same applies to the macro-system.

The Fifth Element, now advocated quite freely by science, is not the Ether hypothesised by Sir Isaac Newton — although he calls it by that name, having associated it in his mind probably with the Æther, “Father-Mother” of Antiquity. As Newton intuitionally says, “Nature is a perpetual circulatory worker, generating fluids out of solids, fixed things out of volatile, and volatile out of fixed, subtle out of gross, and gross out of subtle.

. . . . Thus, perhaps, may all things be originated from Æther.”

Compiled by the Brotherhood of Sadguru Tapovana





Venus Venus in Libra 2

Many times we see a broken marriage. In most of the cases the association was more based on form than on behaviour. There are others who would like to break on the basis of behaviour, but for social reasons they remain together. If we ask them how is their married life, they say: “Well, we are working it out.” For the entire life, it is only working out. Working out means not working in! It means one works on the other rather than working on himself. It is one testing the nerves of the other. Just pulling each other and remaining together. How do we know the behavioural compatibility unless we know substantially about the other person? That is where astrology helps us.

If there is behavioural compatibility, it should be preferred over compatibility of the forms. To recognize the behaviour in preference to the form, is Venus in Libra. The one with Venus in Libra is agreeable to all. That means, to him there are no repulsions; if others feel repulsive towards him, it is because of them; he feels agreeable with all.



Discipleship

Fire-Work



As we increase the 'firework' on the inner planes during the inner fire ritual, additional heat is generated in the outer realm too. This may sometimes cause agitation as the inner fire has not yet been absorbed and integrated so that the continuous, harmonious flame of the fire of aspiration can be manifested and kept vibrant and alight. At times, guarding the inner fire may seem like Sisyphean task until we become one with the flame. Gradually, our ability to touch and warm the hearts of others increases. We then become a shining light that cannot always be seen with the naked eye, as it manifests in the hidden, the occult layers of our being. Thus, we can relate to and kindle the inner being of others. May this type of 'firework' become ever more effective!

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Your speech shall not
directly or indirectly
hurt others.



Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 13, Ṛk - 1

सुसमिद्धो न आ वह देवाँ अग्ने हविष्मते ।

होतः पावक यक्षि च ॥

susamiddho na ā vaha devāṁ agne haviṣmate ।

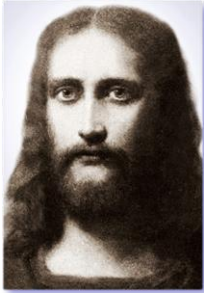
hotaḥ pāvaka yakṣi ca ।।

Word Meaning:

agne	Oh Agni!
su-samiddhaḥ	the perfectly kindled. (a prepared stick of fuel)
ā vaha	do bring
devān	the devas
naḥ	to us (the offerer)
haviṣmate	the offerer
hotariti	Oh priest, calling (the devas)
pāvaka	the purifying one
ca	and
yakṣi	do conduct the sacrifice

Meaning:

Oh Agni! The perfectly kindled one! (Samiddha in Sanskrit means a stick of fuel. Su-Samiddha means the perfectly kindled one). May the devas be brought upto the offerer. You are the purifier. You are the priest, presiding over the fire ritual invoking the Gods. May you conduct the sacrifice!



Life and Teachings of Master Jesus

Part 27

Jesus travelled from Nepal to Tibet with the guide. The guide specifically explained the uniqueness of Rituals in Nepal. He told Jesus how their ancestors, the Aryans, excelled in ritualism. He told him that all those who were skilled in ritualism were called Nagas, the people of the Naga race. When Jesus asked how ritualism became famous in Nepal and the Nagaland, the guide explained that the Nilgiris in southern India are the birthplace of ritualism, Mantra and Tantra. He told him that the entire southern region of the Indian subcontinent was very ancient and that it was a landmass that existed even before the Atlantean civilization.

When Jesus asked the how of it, the guide explained: “This earth materialised from the subtle to the gross approximately thirty million years ago. The human race has been inhabiting this planet for nearly eighteen million years. Many times, catastrophic floods have occurred on this earth. One or two catastrophic fires have also occurred. The continents visible today were not like this earlier. Where there is water now, there were landmasses earlier. The present uninhabited deserts and northern territories were once settlements with marvellous civilizations. As some landmasses submerge into the waters, some other simultaneously emerge. Beings that drown in the waters at one place are born again elsewhere. No matter how many civilizations may have dawned, what is happening upon the earth is ultimately the story of the evolution of the beings. Beings are eternal and until their eternity is known to them through experience, they keep taking birth and keep dying. In the brief span of life between birth and death, they develop interest for perishable things and in the process of attaining them, they bind themselves. No matter how powerful or strong a person is, he cannot bundle up this earth and take it with him. But there is a constant attempt to bundle up the land and its resources. Even though they get destroyed in such an attempt, they keep trying repeatedly.”

Jesus: “I pray that you enlighten me of the physical changes that have taken place on the earth, and the races that have risen and fallen.”

Guide: “Thirst for knowledge is appropriate for a good aspirant. I will certainly tell you. Listen. The emergence of a globe from the waters of the sky is a remarkable story. In four states, the seven-layered earth is formed. The earth is formed thus for the sake of the beings, for the sake of evolution of the beings so that they would attain immortality. God’s compassion towards the beings is the root cause (principal reason/ basis) for the birth of the earth. The creation of the earth is like the act of the parents building a house to protect their children. It is a very big story. The Aryans have secretly revealed this in the Dhruva upakhyana. Dhruva, Uttanapada, Uttama, Sumathi, Kandubhrami etc. are all symbolic names that narrate the story of the earth. The entire story of Uttanapada in the Puranas is the story of the creation of the earth. The story of his brother Priyavrata is the story of the birth and evolution of the beings that reside on it (the earth). This is but an introduction of my answer to your question.



Arkhip Kuindzhi: Lake Evening, 1890-1895

The Externalisation of Hierarchy 14



We are now all eating in Sirius hall. We are in a dining hall called Sirius; that is a good coincidence. The energies we speak of, they have come from the most high circles, from supra-cosmic planes via Varuna. The descent was through the sun system of Sirius or the dog star which is also called the system of stars related to Dattatreya. It descended via Uranus into our solar system and through the sun sign Leo, and through the central star of Leo, Regulus, it was directed into our planetary system. On our planetary system it is the Southern Ashram, the Ashram of Jupiter, who received the energies. The Master we call CVV was from this Ashram of Nilagiris, the Southern Ashram. He received the energies and distributed them for the benefit of the planet. This is the purpose of our morning and evening prayers to link up to this energy.

The early decades of 20th century Master CVV speaks of the descent of the energy; Madam Blavatsky spoke about it at the end of the 19th century. The plan did not take the path people thought, through Jiddu Krishnamurthi, JK. The human imagination cannot meet. Humans always imagine a descent here and there but it always descends in a way unknown to the humans. It was so with Krishna; there was a great expectation but the descent happened in a most unexpected way. That was also with the Jews expecting the descent of the Messiah, but when the Messiah came, they did not notice. Likewise when this energy came, there was an expectation but it came through an unexpected channel. Where there is expectation there is too much excitement. Where there is emotional excitement, the work cannot happen. The humans did not know the right vehicle through which the descent happened. In the very introduction of 'The Externalisation of Hierarchy', the Master speaks of the incoming energies. These incoming energies we should take advantage of and transform ourselves to be the mouthpiece of the Hierarchy. In fact Master CVV said that he has come to prepare channels for Hierarchy so that the Hierarchy can externalise itself.



The Significance and Importance of the Fire Ritual 14

I am very happy that we have carried out this ritual here last year and this year at the conclusion of the group living. It has become possible because all of us, and also it has become possible because it has agreed to become possible. This is only a brief and simple introduction of the fire ritual. This should not be understood as a complete explanation of the ritual. A few aspects I have placed before you, only to give you an understanding of the depth and the magnitude of the ritual. This is a fire ritual, and there are water rituals, where you function with vibrations, pulsations and life. There are many, many rituals conducted in the Himalayan centres. When they are conducted there is a difference in the atmosphere. This is how they conceived, nourish it and work it out on a daily basis in all Ashrams.

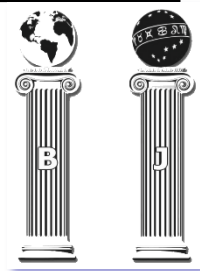
The formula of the fire ritual which I carried out here now is composed by Master EK for those who follow. It has every important sound from the planetary to the cosmic centres. The sounds are already existing in the wisdom books, but Master EK gave his own order of utterance for all of us. He recommended that those who are inclined can carry it out.

Thank you.



Temple Service

6. Esoteric Temple 3



Coming home means, if we close our eyes nothing in objectivity should come to us. As we close our eyes and if we think of our family, our profession and all that is relating to our outer activity, it means that though we wish to turn subjective we are getting into the objective world. Just as when we come home, we park the car and get inside the house, we have to park all the senses in one garage. The source of the senses is the mind. This mind when it turns subjective, the horses stay put. In other words, the horses are stabled.

When the senses are withdrawn then they can be put to rest. So, the eye will not recollect anything relating to objectivity. The tongue will not recollect anything relating to the objective food that is taken. The ear does not recollect the sounds that were listened before. Likewise, all senses are at rest and the mind turns subjective. This turning of mind to subjectivity is also referred by Patanjali in the very first aphorism. He says, "Now, the instructions of Yoga". Same is the case with the Temple activity. Patanjali says Yoga begins with the suspension of sense activity. That is the second aphorism. It says, "Yogaha Chittah Vrittii Nirodhakaha" meaning yoga enables suspension of the activity of the senses. Unless the sense activity is suspended, the inner activity cannot be commenced. Unless the outer activity is closed one cannot get into inner activity.

On Synthesis

There is no such thing as choosing
because all is divine.

You have to see how it fits in.
Not to say 'no' is a wisdom by itself.



On Healing

3. Co-operation with the Five Kingdoms 15

The link up to the Deva kingdom is through the path of light demonstrated by the Initiates. When we naturalise ourselves more and more, harmonise with the life around, the doors are gradually opened into this kingdom. Deva is the angel that habitats in the world, Divya - meaning the world of Light. An angel is a being of Light and lives in the world of Light, which precedes the world of matter. It is the world of ether, the subtle material world, in contrast to the gross material world we live in. It is the world where the Light is abundant and matter is transparent. Transparency in behaviour, when developed, this world becomes a reality. For others it remains a myth. Transparency in thought, in speech and in action is the prerequisite for entry into experience of this kingdom. This is the world of Angels. The Masters of Wisdom, i.e., the Initiates are the bridge between this world of Light and our world of matter. We live in the world of thought and logic. The Initiates live in the world of wisdom and love. They form the bridge for us to pass over to this world of Light. They work to establish the kingdom of Light among the sons of men. The world we live in too is of light but is of lesser light than that of the Devas. The difference is in the candle power. The world of Light is called the Buddhic plane by the common aspirant. Buddhi is the bright light of the Soul in contrast to the dim-light of mind with its shrouded logic and intelligence.

Sanat Kumara



Practise Harmlessness in Thought, Word and Deed 1

Harmlessness is an ancient-most instruction. It is known to all, but practised by none. Everyone speaks of it. To some harmlessness means ‘not physically hurting people’, but it is much more and far beyond that. Harmlessness is a practice that is valid in all the three worlds, in the world of thought, in the world of speech and in the gross world of objectivity. It is not only harming humans, it also extends to animals, plants and earth. It further extends to the five elements. Humanity thinks of peace. It longs for peace. Peace can never come to humanity as long as they hurt, as long as they harm all that surrounds them. We pollute earth, we pollute water and we pollute air. We kill animals that move on earth, in waters and even in the sky. We hurt and harm fellow humans regularly. To harm has been the human activity of ignorance on the planet and we want peace!

The first instruction towards peace is harmlessness. It is there in the Veda which says, “There is no virtue higher than harmlessness.” The virtue of harmlessness surpasses all other virtues. Ahimsa paramo dharma. Lord Krishna speaks of it as the first virtue. The eightfold path of yoga gives regulations for yoga of which Ahimsa is the first regulation. Buddha practised it and became a guiding light to humanity. Christ practised it. All men of divinity demonstrated it, but humanity does not learn. Ahimsa is the Sanskrit word for harmlessness. Himsa means to harm, to hurt.



Seventh Ray and Magic

The incoming of the 7th Ray 46

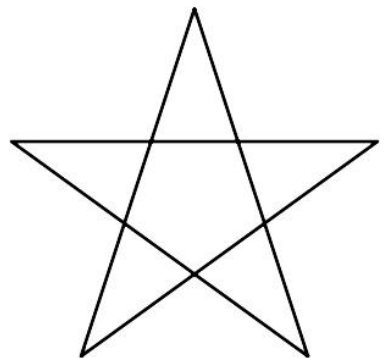
The 7th Ray aspirant always looks to bring in more order and regularity into his life. Order and rhythm gradually become a part of him. Therefore, in almost everything the 7th Ray aspirant does, there is consistency. This consistency and rhythm that a 7th Ray aspirant gains, helps a lot in his practice of keeping his pentagram intact.

Consistent and regular practice of keeping the pentagram intact, slowly puts him into a state where the activities that he does, are not anymore driven by the pentagram; the purpose propels his activity. The pentagram cooperates to the purpose. The Purpose radiates through his work and not the pentagram, although the activity is conducted with the pentagram. The pentagram does not anymore propose but it only participates. This is the state which Master DK refers to as a state where the pentagram is said to have been closed: a closed pentagram.

Master DK also refers to a state of the open pentagram. This is the state where the pentagram is active and it drives the activity. The activity then becomes the activity of the pentagram. The pentagram gains prominence and the purpose is totally forgotten.

Master DK says that if the pentagram is open, the aspirant dies and when the pentagram is closed the aspirant lives. This means, if the pentagram of the aspirant is open, then he is dead to the purpose and when the pentagram is closed, he is alive to the purpose. The task for the aspirant is therefore to keep his pentagram intact and then ascend from being an open pentagram to a closed pentagram.

Composed by Guru Prasad Kambhampati



Enlightening Encounters

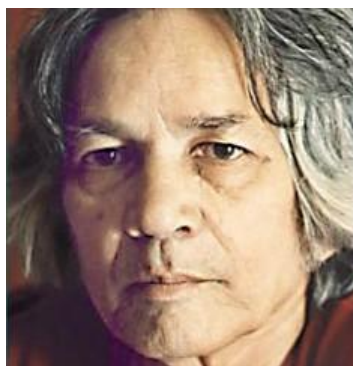
U G - The Master 2

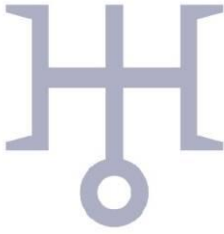


UG has been a globe trotter. He moved around the globe innumerable times. He was a free man, no entanglements whatsoever. His carry bag was all his property! He held no other properties than a pair of clothing besides the one on him, a shaving kit, toothpaste and a tongue cleaner.

He lived by a cup of cream or by a plate of two idlies as his daily meal. Once in a way, he drank coffee. He was agile and active and did not sleep during the day. He was self-reliant in the sense that he himself washed and ironed his clothes. He did not allow anyone to assist him in his personal routine. He did not care, if his clothing was ironed or not but it was always clean and radiant. UG was a man that lived 89 years on his own terms and not according to others. He experimented himself, upon himself and was full of conviction of his understanding.

He was born in a family of Andhra Brahmins where religious orthodoxy prevailed. His grandfather was a theosophist. UG also was in Theosophy for some time and was even teaching 'Secret Doctrine' until he found his spiritual 'accident'. Thereafter, he abandoned all philosophies and theosophies and religious practices. His final statement was "What I have found of and by myself runs counter to everything anyone has said in any field of human thought. They have misled themselves and misguided everybody. What interests me is that I live 90 years, all by my Will. That is all there is to it."





Uranus The Alchemist of the Age Uranus and the Seven Rays 7

In a nut shell, it can be said that activity done for self-profit is unintelligent and therefore binds. Activity done to profit others is intelligent and therefore leads us to the freedom with the related joy and bliss. Uranus brings this key into operation by compulsion if it is not followed by volition. Today the most economically developed nations already are feeling the compulsion to help the underdeveloped and developing nations, only to secure good markets for themselves for the future. Eventually the myth of self-profit would be realized. It is expected that this 21 st century ends up as a ‘century of charity’ in the annals of history. Uranus is leading the rich by the tuft to this point. In every field the seed of sharing and distribution is germinating. It is so even with the corporates who think of co-sharing with customers and employees in the larger benefit of the corporate sustenance. In governance and in corporate management the compulsions are felt to share with have-nots and distribute with fairness. “Mercury will be straightened”, says Master C.V.V. The Master subtly means that manipulative speeches and actions would no more be and transparency would prevail in all transactions when Uranus gains complete control over the humanity. The World Servers spoken of by the Tibetan Master would emerge only through the right functioning with Mercury, the Third Ray and the throat centre. Only then this humanity stands up to the intended Initiation.





Master EK

Vishnu Sahasranama Stanza 15 - 1-2

लोकाध्यक्षस्सुराध्यक्षो धर्माध्यक्षः कृताकृतः ।
चतुरात्मा चतुर्व्यूहः चतुर्दंष्ट्रः चतुर्भुजः ॥

Meaning:

Invoke the Lord as the supervisor of the worlds; devas and Law, as the accomplished and not accomplished among the beings. He is the four -fold self, the four -fold arrangement and the one with four fangs and four arms.

Explanation:

1. The whole creation is divided into the three, the four, the seven and the fourteen planes of manifestation which are called the lokas or the worlds. All these lokas are lived by the presence of the same Lord and form under the supervision of His awareness or presence.
2. Every plane has its own creation of devas. Every atom has its own devas working. All these devas are the manifestations of the same Lord in the form of His own becoming or maya. They all form and work under his supervision or awareness.



Master Mountain



Paracelsus Health and Healing Perception of Prana 1

It is this Prana (inhalation) that imparts steadiness to mind and to life in the body. It is mainly concerned with the heart, the lungs, the wind pipe and all the organs relating to breathing-in and breathing-out. The beating of the heart and the resultant circulation of blood, the functioning of the lungs, the process of purification of blood, attraction of life from air outside and the consequent impact upon Apana, which would throw-out impurities are the chief functions of the inhaling Prana.

It builds a good rapport with the outside life. It draws in fresh Prana from the ambience and causes nourishment to the body. The elements of water and fire that exist in the body are also nourished by inhaling pranic air from outside. This Prana is the chief Prana and is the sustaining principle of the chief organ of the body, namely, the heart.

Dr. K. Parvathi Kumar: Occult Healing Vol. 1, Dhanishta, Visakhapatnam, India 2019



Botticelli: Three Angels



The Female Hierarchy

Part 40

There are two functions of the first female principle: one is flowing downwards and upwards, and another is comprehending everything. These are the products that come out of complete comprehension. It is not that when you take to Samadhi, you don't relate to lower kingdoms when you are somewhere high in Sahasrara. You permeate from Sahasrara to Muladhara. You permeate from the seventh most high state to the dense physical plane. It is full. The light is in its fullness. When the light is in its fullness it is called full moon or Purnima. It has full comprehension. And the female that has these two functions is called Kala. So, Kala constitutes the first female in association with the principle of Prajapati whom we call Marichi. Marichi itself means variegated colours, different colours in different states. It is like you are presented a range of colours, like what we call VIBGYOR, like a rainbow. Marichi is a rainbow principle and he represents the colours of the rainbow. And the functioning is by Kala, the female, while the pure existence which we call Marichi Prajapati supports it. Kindly make some thinking about it. At every state there is existence and the related awareness. Awareness is the female and the existence is the male. Whether you are in the female form or male form, existence and awareness is common. When we speak of the states of awareness, we speak of the Female Hierarchy. In the Female Hierarchy, the foremost is Kala.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

3. Chanting or glorification of the Divine - Annamacharya

Through long years of meditation, the seers recognized the sound associated with God, as well as the sounds linked to His various powers. They perceived sound to be the very basis of creation and therefore offered mantras to humanity as means to invoke and experience the Divine Presence.

Chanting mantras - intoned in a conscious, rhythmic, and disciplined manner - requires proper guidance and sustained practice, which may not be easy for everyone. Recognizing this, the seers revealed a simpler approach: observing the divine qualities of the Lord and praising them through sacred hymns. They realized that the ability to perceive these divine qualities in nature and in fellow beings, to appreciate them, and to consciously align with them, enables one to cultivate the same qualities within oneself and thereby experience the Omnipresent.

Chanting mantras and hymns not only purifies the inner planes of the individual but also purifies the surrounding atmosphere when uttered aloud. Regular chanting is also believed to possess healing power. Yet, the seers felt that an even more simplified and universal path must exist—one that would allow even the common person, including the illiterate, to experience the Divine Presence.

Out of compassion for humanity, they recognized that music has the power to immerse the listener and elevate the individual directly to the soul plane transcending the mental and buddhic levels. It is said that when Krishna played His flute, birds, animals, and human beings alike were absorbed into a single state of existence, entering such profound bliss that they forgot all sense of place and time. There have also been initiates who attained exalted states of consciousness through music; when they sang, they gave voice to the soul itself and lifted others into soul awareness.

One such initiate who exemplified devotion through singing the glory of the Lord was Annamacharya.

Annamacharya was a fifteenth-century Telugu composer and poet who surrendered himself completely to Lord Venkatesvara. Once, while he was sent to cut grass, he noticed a joyful group of pilgrims on their way to Tirupati

singing songs in praise of the Lord. The pull to follow them proved irresistible. Leaving behind his village and family, Annamayya accompanied the pilgrims to Tirupati. Upon having the darśanam of his Lord, his ecstasy overflowed spontaneously in the form of song.

Though untrained in music or poetry, he composed incessantly - songs that praised the deity, expressed his love, argued and even quarrelled with the Lord, confessed the devotee's fears and failures, and ultimately surrendered himself entirely to Venkateśvara. During his lifetime, he is said to have composed nearly 32,000 songs, playing a vital role in making devotional singing accessible to people of all walks of life - the rich and the poor, the literate and the illiterate alike.

Annamacharya taught that regardless of wealth, caste, or colour, every human being can relate to the Omnipresent and experience unity. His compositions espouse themes of morality, dharma, and righteousness, and praising, recollecting, and relating to the divine qualities of the Lord through song became his chosen and enduring path of devotion.

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam



Annamacharya

Window to World Service News & Activities

SPAIN

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Activities

The Es Purna Association, which cooperates in the Nilagiri district of Tamil Nadu (India), has distributed 30 bags of food per month during the year 2024, which, with the low-cost food that the Nilagiri government offers to economically precarious families, help people to have a balanced and healthy diet.

Our food bags are personalized, with products purchased from trusted and quality stores.

These bags are accompanied by talks about how to have good health, cleanliness in the home, how to avoid domestic accidents and the importance of reading, with story books in Tamil and English.

Badminton teams have also been formed, coached by Dr. Pradheep, an Ayurvedic doctor from the area. All these activities are part of the Savitri programme.

Es Purna bases its work on education. “Only education can break the cycle of poverty”.

In the Karuna program, three teenagers receive help to be able to have extracurricular activities, necessary to pass the final exams and move on to higher education.

The district associations are working on literacy and vocational programmes for tribal women in the Nilgiris. Several sewing machines have been purchased. When the women complete the sewing and literacy course, they will each have their own sewing machine with which they can start their own small sewing business.

For 15 years Es Purna has been collaborating with the Ramakrishna Elder Home in Gudalur. These donations are used for food extras, as well as the purchase of solar lamps for the rooms and an electric generator. In our area there are repeated power cuts and the elderly need energy for water purifiers, heaters, etc.

Picture to the Month Leo - Stimulation of the Will of God



Within humans, there is a vertical nerve in the spinal column which enables flow of the energy of will. When the Divine Will prevails over the will of man, man gets lifted up. The sunray is the means for such lift-up. Sanat Kumara is the teacher who stimulates Will of God in those who orient by submitting their personal will to the Divine Will. “Father, thy Will be done, not mine” is the popular thought of the West. It is but necessary that aspirants orient to the Will of God through their morning prayer either at ajna or at heart or at higher heart centre. Aries, Leo and Capricorn are the related sun signs to the three aforesaid centres. The ram of Aries, the lion of Leo and the unicorn of Capricorn are but symbols of the Will of God as indicated by astrology.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

The Science of Healing

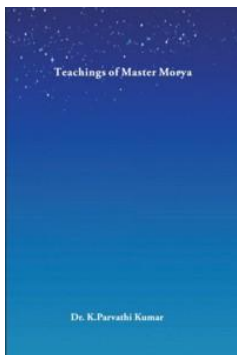


Healing is the age-old art of mankind. The origin of life includes the origin of the principles of life preservation. Knowledge is the heritage of man and primitive ages were no exception to it. All the ancient nations have their own approach to the Art of Healing. The present age of materialism in medicine has narrowed down the scope of healing but it is a passing through a phase which is necessary before a rediscovery of the ancient truth.

Ekkirala Krishnamacharya: The Science of Healing

PDF: https://worldteachertrust.org/_media/pdf/en/ek/science_of_healing.pdf

Teachings of Master Morya 1



Master Morya states: “Be grateful for what is given”. We always know what we are not given, but are oblivious to what is given. When we do not value what is given, why should we be given more? Learn to use what is given. The book “Teachings of Master Morya 1” contains seed thoughts expressed by him. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average person.

K. Parvathi Kumar: Teachings of Master Morya 1

PDF: https://worldteachertrust.org/_media/pdf/en/teachings_of_master_morya.pdf

Order book: <https://www.aquariusbookhouse.com/product/teachings-of-master-morya/>

Astrological Important Days

in July / August 2026

22.07. ொ	21:13	Sun enters Leo 1951: Birthday of Smt. Krishna Kumari Garu
Ω		<i>Every Tuesday: Contemplation upon the influx of hierarchical money via the Mother of Splendour - Lakshmi.</i>
		<i>Every Friday: Contemplation on Lord Maitreya in the Heart Center</i>
24.07. ொ	05:43	11th phase of ascending moon starts (End 25.07. at 08:04) <i>Contemplation on Lord Maitreya in the heart center</i>
26.07. ☉		Master CVV Merry Life Day: Day on which Master CVV in 1910 connected the cosmic, solar and planetary plane with the human Kundalini and gives a planetary initiation through the sound of CVV.
28.07. ♂	14:49	Phase of Full Moon starts
29.07. ொ	16:35	Full Moon of Leo ☉ (Savana Full Moon) <i>The New Vaisakh Festival: Contemplation on the Hierarchy via Lord Krishna, Lord Sanat Kumara and Lord Maitreya; perceiving the plan through sound and vision</i>
30.07. ொ	14:13	23rd constellation Dhanishta starts (End 31.07. at 15:56)
	21:00	Dhanishta-Meditation
04.08. ♂		1868: Birthday of Meister CVV
05.08. ொ	17:12	8th phase of descending moon starts (End 06.08. at 15:23)
08.08. ொ	10:29	11th phase of descending moon starts (End 09.08. at 07:35) <i>Contemplation on Lord Maitreya in the Heart Center</i>
11.08. ♂	22:23	Phase of New Moon starts 1926: Birthday of Meister EK
12.08. ொ	19:36	New Moon of Leo ● <i>Contemplation on The Pledge.</i> 1831: Birthday of Madame H.P. Blavatsky
15.08. ொ		1872: Birthday of Sri Aurobindo
19.08. ொ	15:50	8th phase of ascending moon starts (End 20.08. at 17:49)
22.08. ொ	22:30	11th phase of ascending moon starts (End 24.08. at 00:49) <i>Contemplation on Lord Maitreya in the Heart Center</i>
23.08. ☉	04:18	Sun enters Virgo

All times are in CEST (Central European Summer Time)/UTC+2

(Universal Time Coordinated plus 2 hours);

Data source: Astrological Diary 2026/2027, www.worldteachertrust.org

The World Teacher Trust - Global, CH-6440 Brunnen



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

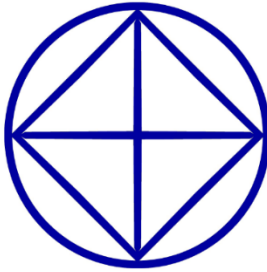
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.