

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Libra 2003 Thulâ

Letter No. 6 / Cycle 17 - 23rd September until 23rd October 2003
The World Teacher Trust - Europe

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German (print): wtt@kulapati.de, in Spanish (WTT Argentina): wttargentina@sinectis.com.ar, (WTT Spain): wtt-es@eresmas.net

The World Teacher Trust Europe

Talackerstrasse 77
CH-8152 Glattbrugg, ZH
Switzerland
Tel. & Fax: ++41-1-8102627
E-mail: wtt-europe@wtt-europe.ch

INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

SYNTHESIS



The word *Yoga* is more misused and misunderstood than appropriately practiced. *Yoga* literally means union, integration. The universe is integrated. The intelligences of the universe function in co-operation. Man the micro-universe is normally integrated; it is his natural state. When man is integrated with the Divine in him, he is called a *yogi*. The English word for *Yoga* is yoke. The bull is yoked for cultivation. So also the human is to be yoked with the Divine for a meaningful living.

There are not so many *Yogas* as is supposed by many. If one stays in integration and conducts action (*Karma*) it is *Karma Yoga*. Staying in integration if one speaks knowledge (*Jnana*) it is *Jnana Yoga*. If he is in integration with the one in all and lives, it is called *Raja Yoga*. Essentially attuning with the One Divine is the state of *Yoga*. When acts are done in such an attunement, different names are given. *Yoga* should not be understood as many. While staying in the *Yogic* state one can do many things.

PRAYER FOR THE YEAR

(To be repeated every month)

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.



MESSAGE OF THE MONTH OF LIBRA

Libra speaks of balance. It's a balance between subjectivity and objectivity; a balance between spirit and matter, a balance between a northern pole and a southern pole. The other name of balance is *Yoga*. Libra is the golden middle point.

Libra divides the zodiac vertically with Aries as its higher counterpart. Aries is the male; Libra is the female. In the male there is the female, and in the female there is the male. Subjectivity is male and objectivity is female. When Libra-Aries access is established, it is a state of full moon. Sun in Aries and Moon in Libra cause the full moon of the year. (Sun is exalted in Aries and moon is exalted in Libra).

Aries and Libra represent the two poles and are also the two equinoxes in the year (22nd March, 22nd September). The study of Libra is incomplete unless its relation with Aries is also studied. Librans, unconnected with Aries, remain passionate and become slaves of the objectivity; passion for beauty drags them into the glamour of the world. In such people the conscience relegates into the background. They are prone to crimes in society. Criminology is of Libra. Law for social, moral and order is part of Libra. Legislation is framed by Libra and is administered by Sagittarius.

Libra without Aries is like the female without the male. She is called a widow. Such Librans are called widow's sons. This is because they lost their father. The father is the I AM Consciousness. The passionate Librans are drawn into the worst illusions of the world. Such beings can save themselves by worshiping the Lady of Libra - *Durga*. *Durga* the Mother, sitting on a tiger with 8 hands and with 8 weapons in the hands is recommended by *Vedic* astrology for meditation to elevate oneself from the illusions of the world.



GÎTÂ-UPANISHAD

- LORD KRISHNA -

Do you wish to stay stable in knowledge? If so, analyze your use of the five senses and the speech. Utilise the six only for dutiful action; at other times give them rest. This is a kind of consecration. This would enable your mechanism to respond to the objectivity only when it is necessary; it would not jump into many things. The instincts in you try to push you into many unnecessary and undesirable speeches and actions. By consecrating them as stated above you would suspend their irresponsible response into objectivity. Those who let their senses and speech loose, are tired of themselves and they bring in too many complications to themselves.

The sense objects always tempt the senses for a response. You need to apply the faculty of discrimination, decide the necessity and respond if necessary. This way, you remain in stability. The stable energy in you can gain knowledge and you can become the stable one. Once you consecrate in the way stated above you cannot think of compromises. In the field of knowledge compromises do not exist. Can you compromise to a hole in a water pot? Can you compromise to a small leak in the boat that sails in the ocean? Likewise you need to insulate the undesirable sense actions if you wish to progress and stay stable in the field of knowledge.



LORD MAITREYA

There are certain cardinal principles for the voluntary service organizations to flourish. The organizations have better longevity if these principles are respected. We may mention them as under.

1. Reasonable flexibility. The executive committee of the organization should have reasonable flexibility that would enable the members to function with certain degree of freedom. If the ambience is too rigid then the members would leave.
2. There should be total absence of authoritarianism. Authoritarian communications should be substituted by friendly communications. Friendliness should be the basis for all interactions *inter se* by the members.
3. Criticality destroys the cordiality. Learn to communicate without being critical. Even advanced students do not know how to speak without being authoritarian and critical.
4. Co-operation should be implicit. Silent non-cooperation would destroy the institution.

A member of the institution should have daily introspection. He should analyze himself of his tangible contribution to the group. Is he critical? Is he authoritarian? Is he non-cooperative?



MASTER MORYA
- MARUVU MAHARSHI -

AGNI

The fire transforms everything into itself and only fire remains. In *Agni* there are no shades. A lamp has a shade and Light has darkness; but *Agni* has no shades. *Agni* presides over all planes of existence; it does not suffer duality. It is the state of perfection.

Agni causes the musical waves in space that form the basis for creation. Originally each one of us is a spark of *Agni*. Recollection of this truth on a daily basis would ignite the *Agni* in you and burn up the impurities of mind, senses and body. The place of *Agni* in you is the forehead. At the throat it transforms as sound; at the heart it pulsates. The vibrations of the pulsations keep your system vibrant. Think of *Agni* as yourself, as your pulsation, as your speech and verily as your being.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -

SELF-ENQUIRY

I would provide certain questions for self-searching and self-enquiry.

1. Do you feel that you are righteous enough?
2. What is it that tempts you in life? Can you be tempted by money, luxuries, sex and power?
3. Do you doubt the teacher whom you follow? If so, in what aspects? Did you ever try to clarify your doubts?
4. Are you critical and judgmental of others?
5. Are you manipulative in your speeches?
6. How many times are you impatient in a year?
7. How stable is your mind? Do you suffer from inconsistency?
8. Are you focused enough at work? Do you suffer the work with indifference and negligence?
9. Can you bare physical strain when needed?
10. Are you God-fearing or God-minded?



THE TEACHINGS OF MASTER D.K.

QUOTABLE QUOTE

1. “Clear thinking involves capacity to disassociate oneself - temporarily at least- from all reactions and activities of emotional nature.”
2. “Harmlessness is three-fold. There should be harmlessness in thought, in speech and in action.”
3. “The idle words will produce their effect. The selfish words build up a wall of separation. The word of hate cuts at the root of life of the speaker. The words of hurt come back and cause bruises.”



MESSAGE OF MASTER E.K.

RECOLLECTION - THE KEY

Recollection of “I AM” within oneself would enable one to perceive the illusion. If the I am Consciousness is not recollected, man lives in illusion. It is not enough if he recollects the Divine in him; he should also recollect the Divine (I AM) in all the beings surrounding him. If he does not do so he would be filled with egoism and can even turn out to be diabolic. To enable one to stay in I am Consciousness, constant recollection is the only key. Study of scriptures and practice of occult sciences do not help man much, if this key is not practiced.



VIDURA WISDOM TEACHINGS

Welfare is the keynote
of activity in Creation.
Let welfare of beings prevail
in all walks of your life.
You are then bound to be in light.

SHIRDI SAI SAYINGS

THE LAW

You reap that which you sow. There is no escape. You have to dispose, that which you have proposed.

If you receive, you have to give. If you give, you receive. You receive as much quality as you give.

You cannot aspire to gain more than what you have given. Whatever you have done to the life surrounding will come back unto you. Such is the law. I help you to follow the law.



CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

The education that
leads not to splendour.
The dramatic action
that magnetizes not the viewers,
The meetings that
promote not thoughts.
The oratory that
inspires not
are bland in taste.

CHILDREN'S SECTION

YOGA ÂSANAS

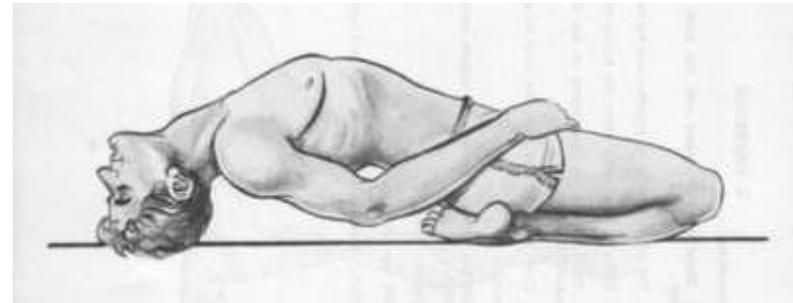
Supta - Vajrāsanā*

Procedure:

1. Sit in Vajrāsanā and bend backward.
2. Take the support of arms and elbows until the head touches the floor.
3. Rest the top of the head on the floor.
4. Slowly remove the elbow support and keep the hands on the thighs.

Effect:

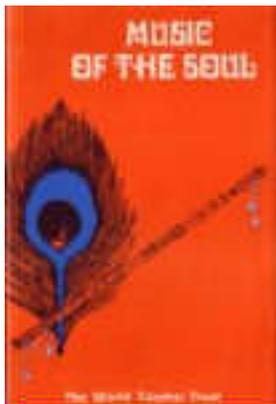
- Helps strengthening the spinal nerves.
- Prevents abdominal troubles.



* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

BOOK REVIEW

MUSIC OF THE SOUL



The main characters of this book, Maitreya, Maru, Devapi, are gathered from the Puranas and it is shown how they live through births and rebirths with the continuity of consciousness which enables them to have a continuous plan of their work. Their plan is called The Plan of the Masters and it has no other purpose except fulfilling the purpose of the World Teacher. Maitreya is known by the same name in the modern age; he is also known as the Christ. Maru of the Puranas is known as Morya, while Devapi is known as Koot Hoomi. Djwhal Khul, the Light of the present day, who is also known as Master D.K. or the Tibetan, was trained into discipleship by Maru and Devapi through centuries. This book presents the facts that took place at the time of Lord Krishna, 5000 years ago; it also describes the trend of things that made Djwhal Khul a Master.

Ekkirala Krishnamacharya: Music of the Soul

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

HERCULES - THE MAN AND THE SYMBOL



The life and accomplishments of Hercules signify the experience of the Soul through its journey along the zodiacal path of the 12 sun signs. The life and accomplishments narrated in this book are of significant help to those who look for the symbolism of Hercules the Greek hero.

K. Parvathi Kumar: Hercules - The Man and the Symbol

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW

TOURS OF THE TEACHER

10th -20th November 2002: Full Moon Of Scorpio: Pilgrimage to the River Narmada, Omkareswara, Indore, Ujjain and other ancient Places of Learning, Ashrams and Temples in Central India

In the Presence of the Teacher, the Full Moon of Scorpio was celebrated in the sacred ancient temples in Omkareswara, with fire ritual and water ritual in the elevated platform of the Temple of Siva overlooking the sacred Narmada river and the ancient sacred city, and meditation under the moon with the group sitting in rows with candles in the Temple of Venus. The ancient city of Omkareswara is situated on a hill and is crossed by the river Narmada in the shape of the sign Om. It is an ancient centre of pilgrimage. Huge numbers of pilgrims were walking along the riverside constantly. The WTT group also did a pilgrimage by boats on the sacred river. On the hill of Omkareswara is situated the cave in which the great master Sankaracharya was initiated by his master.

The Teacher took a group of 133 members from the WTT Vaisakha, Hyderabad, Vijayawada, Rajamundry, Bangalore, Orissa and Europe to a pilgrimage to the sacred river Narmada in Central India. This river is well known for its sacredness by only looking at it. The group visited the ashram of Baktaraj Maharaj near Indore and sung bhajans along with the group of Baktaraj Maharaj. The group also visited the ashram of the Master of Baktaraj Maharaj on the banks of river Narmada and the place in the river where Master E.K. and Baktaraj Maharaj took holy bath. The group took bath in the sacred river twice along with the Teacher. The group meditated in three different ashrams of great masters who accomplished samadhi.

The group visited ancient places, like the school in which Krishna studied under the guidance of Sandipani, the temple of the Mother in which Kalidasa was initiated and the ancient university place of Ujjain. The group also passed through the cities of Indore and Bhopal.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



OM dissolves all personality problems and
releases you from personality conditioning.

If there are obstacles and obstructions in your
Path to discipleship and the related practices
Regular utterance of OM helps.

Therefore utter OM with a quiet and oriented
Mind regularly and wriggle out of your
Individuality and personality problems.

K. Parvathi Kumar