

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2018 Thula

Letter No. 6/ Cycle 32 – 23rd September until 23rd October 2018

The World Teacher Trust - Global

## Invocation



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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## Contents

Master E.K. • Invocation . . . . .	2
Prayer of the Year . . . . .	4
Message of Libra . . . . .	5
Message of the Teacher . . . . .	6
Utterances of Lord Krishna . . . . .	7
Lord Maitreya . . . . .	8
Master Morya – Maruvu Maharshi. . . . .	9
Master Koot Hoomi – Devapi Maharshi. . . . .	10
Message of E.K. . . . .	11
Message of Master C.V.V. . . . .	12
Vidura Wisdom Teachings. . . . .	13
Saraswathi . . . . .	14
Sri Ramakrishna. . . . .	16
On Secret Doctrine . . . . .	17
Saturn . . . . .	18
Discipleship. . . . .	19
Teacher/Kapila/Ashram Leaves . . . . .	20
Lord Dattatreya/Fire/The Cow . . . . .	25
Group Prayers . . . . .	28
Sanat Kumara . . . . .	29
From the Teacher's Pen . . . . .	30
Agni . . . . .	31
Vishnu Purana Master EK. . . . .	33
The Science of Man. . . . .	34
Paracelsus - Health and Healing . . . . .	36
Children's Section . . . . .	38
Stories for Young People . . . . .	40
Window to World Service . . . . .	41
Image of the Month . . . . .	42
Book Review . . . . .	43
Astrological Important Days . . . . .	44
Master D.K - Great Invocation. . . . .	45

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### Prayer of the Year 2018-2019

**MAY WE EXPRESS GOOD WILL IN ACTION.  
MAY WE UNFOLD THE POWER TO MANIFEST.  
MAY WE ENTER THE WORLD FOR THE LORD.  
MAY WE STAY UNITED IN ALL WAYS.**



Full Moon of Libra, 25th of September 2018, 04.52



## Message of the Month of Libra

As Sun enters Libra an aspirant is better placed to balance the left and the right, the above and the below, the high, the low, the light and the darkness, knowledge and ignorance and the spiritual matter. Libra speaks of the golden spiritual principle from where everything is equidistant. Extremity of thoughts agree in Libra. The beauty of Libra is agreeability. The centre is equidistant to the circumference throughout the 360 degrees.

An aspirant aims to function as soul. Soul is the middle principle between matter and spirit. Matter and spirit agree in the soul. An aspirant can therefore balance his materially inclined behaviour or personality with the spirit that stands behind him.

The one who stands in between is equidistant to either sides. To him either sides are at hands reach. Justice is a natural vision to Libra since a Libran stays in the middle of the concept and can see through either sides of the concept. The obverse and the reverse (head and tail) of the coin agree in the coin's rim. Such rim represents Libra.

Aspirants who move excessively towards materialism on account of passion for the material are balanced by the passion for wisdom. Insofar as the aspirant decides once for all to relate to wisdom he develops passion for the subtle and gains desirable dispassion towards the material.

An act of balancing shall have to happen in all the seven planes within man. The energy relating to balance gives access to the spine. Regularly relating to the spine from Sahasrara to Muladhara, man tends to balance energies at all levels and derives the best of both.

A true Libran as no preference for neither of the two dimensions of one concept. He neither desires nor he dislikes. He lives with the law of acceptance and stands in the state of neutrality. May the aspirants learn to stand in such neutrality in every dimension of life.



## Message of the Teacher

### Qualities of a Sage

A sage (saint) is one who is all alone (all in one). He sees no other than the Self in the surroundings. He remains detached even while at work. He dispassionately handles the work at hand. Equanimity is his basic characteristic, compassion is his companion. He responds to the surroundings and yet remains in the state of at-one-ment. His will shines forth like a gem. He is spontaneous in his actions. He is simple and clear in his teachings. He is the true means to transcend the world. Relating to him requires minimum purity.

## Utterances of Lord Krishna



The ever-moving awareness flows out incessantly  
Through the senses, towards sense objects.  
Set upwards the awareness, reversing the outflow,  
Experience the bliss of its stability.  
(2-68)

Setting up the upward flow, a yogi stands alert.  
He is generally asleep to the activity of outflow,  
An activity of hunting for sense objects  
In which the worldly dwell.  
(2-69)



Lord *Maitreya*

The Best Jewelry

The best jewel that man can wear is the art of speaking. Golden jewelry, gems and diamonds or other precious stones are not true ornaments. They are sheer artificial ones. Applying sandal paste, decorating oneself with flowers, dressing the hair in varieties of ways, shaping the barbs and moustaches, wearing white robes are also not ornamental. The word that you utter forth is truly the ornament that inspires the souls around. Learn to utter the right word with right intent. Learn to utter with a pinch of humor. Let it magnetize the surroundings.



Master Morya  
– *Maruvu Maharshi* –

## A Golden Precept



The state and quality of awareness that you hold at the time of your entry into sleep would be the quality and state of awareness you would hold at the time of your death. Men would like to die in peace. This wish can be realized if you learn to sleep daily with peace as the state of your awareness before sleep. Think of a clean blue sky, think of the twinkling stars, think of the gentle bells of the passing wind. Think of the music of a flowing stream, think of the moon light, think of the subtle music of the heart as you propose to slip into sleep. Let this become a habit with you. Such habit stands by you when you slip out of your body which you call death. Unless 'to be peaceful' is not practiced before every sleep, to be peaceful at death is impossible.

As much as you close the day in peace so much it opens in poise the next day, likewise your next life. Let the daily life be transformed into a ritual where you commence the work in order conduct it with harmony, close it in peace to be resumed in poise.

Do not overlook this golden precept.



Master Koot Hoomi  
– *Devâpi Maharshi* –

## Sambala 5

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala is as old as the planet Earth. It is the soul centre of the planet. Reference is made to Sambala in Hindu Puranas, Tibetan manuscripts and Chinese scriptures. Even the ancient-most scripture in tantra (Kala Chakra Tantra) also refers to Sambala. There are innumerable legends about Sambala in the Trans-Himalayan region. Many and varied are the teachings relating to Sambala. Sambala is the headquarters for spiritual healing techniques as also for the ancient-most path of yoga. It is from Sambala that the knowledge is transmitted in all four directions. The teachings are distorted through time due to inadequacy of purity among those who receive and transmit the knowledge.

The religions that we know emerged only 2500 years ago. But humanity exists on the planet since 18 million years. For all these years Sambala has been the original source of divine inspiration. Sun worship, fire worship and other ancient worship techniques have all emerged from Sambala only.

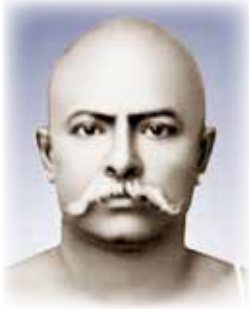
Time has arrived for emergence of the thought of Sambala into the world at large. The East as well as the West is at present engaged in the mystical thought of Sambala

## Message of Master E.K.

### The Song of Pulsation



Do you wish to muse into the music of Apollo's lyre or Krishna's flute? The first step towards fulfillment of that wish is to listen to the soundless sound (Anahata), happening in your heart centre. Align the mind with the respiration, arrive at the heart centre and listen to the sound of the pulsation. Let this be a daily practice. May the awareness settle in the song of pulsation. Slowly the song of pulsation transforms into the music of the soul whose other name is the flute music or music of the lyre.



Message of Master C.V.V.

Aphorisms to Disciples 7

19. All limbs of the body as also the pulsation, respiration, circulation of blood, the digestive system are all linked to the energy in the vertebrae. During the prayer all adjustments are done to the energy in the vertebrae through which the needed rectifications happen to the related organs as per need. Such is the specialty of this yoga.

20. A solution to every problem of life can be gained through My prayer. Be consistent, constant and be intentful in your prayer.

21. While in prayer observe within, with the help of the inner eye, the movements and happenings within yourself. The eye is as much important for inner comprehension as it is for the outer comprehension.

Vidura

Teachings of Wisdom



Initiate not, or indulge  
in irresponsible talk.  
Let not acts of lowly nature  
initiate from you.  
Learn to be tolerant.  
The tolerant one is eagerly awaited  
even in the heavenly abode.

#### PRACTICAL WISDOM

Espousing the Truth is an act of wisdom.  
Espousing the other is transient.



Saraswathi

## Suktam 2 The Sound of Silence 2

We are the treasure house as well as the prison house of our own being. Attuning to the 'Song of Life' brings us out of the prison of thoughts. This can be done from time to time, not only at six o'clock in the morning and at six o'clock in the evening, as we now do. In every interval between two actions it can be practiced; then slowly the contemplation will reach deeper and will enable us to listen to the pulsating sound.

Even the pulsating sound is worked out by something beyond pulsation, it is the uni-syllabled sound, which continuously flows in us, an eternal water flow, like the one coming out of the Aquarian pot –an unending flow. That is what makes the pulsating principle function. It exists in us as 'the humming sound', which is called "the sound of the flow".

If we loosely close our ears with our hands, we will be able to listen to it. It happens within us. The flow of the sound is a continuous happening. When we experience this, we begin to glow. We contemplate upon the sound of the flow remaining united with it and glow. It is the eternal 'Voice of Silence' in us, which glows when we are united with it, because sound is also the basis of Light. The hymn suggests to reach the Word through this process. The sound OM is a duplicate of the sound OM that is happening inside us. That OM is eternally happening. If OM ceases, we cease. If OM terminates, the world terminates. We understand the uttered OM as the sacred word, but the sacred word is the unuttered OM, which is happening in us. Our pronunciation of OM is only to tune up to the OM resounding in us.

Such are the mysteries of sound of the Word.

Summary :

I call upon you all to know the velocity of the Word, the two way flow of the Word, and the Swans that the Word vents out. Contemplate upon the song of the two way flow, soham and reach the uni-syllabled sound, thus you remain united with the One and consequently you glow.

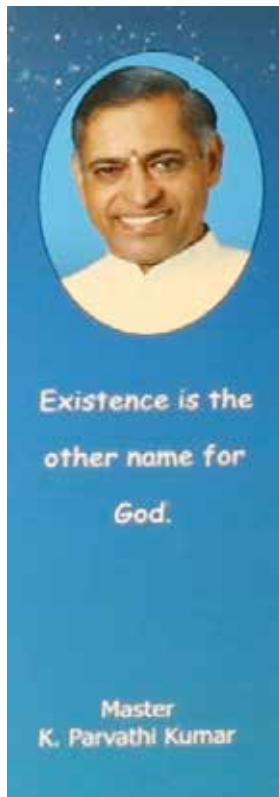




Srî Râmakrishna

The Key

Beyond the understanding of even Brahma and the Devas is the mysterious working of that key which opens the chamber of God.  
To reach Him, you have to renounce your self and the world.





## On Secret Doctrine

### Venus and Earth 2



The cross is indicative of the karma of planet Earth as also the karma of the earthy beings. The karma presides over the planet, which means that the planet itself is in the process of evolution. It is supported by Venus and Mercury on one side, Saturn and Mars on the other side, with Jupiter and Sun presiding.

The fallen beings incarnate on Earth and become earthy beings; they need to fulfil their karma on Earth to move into higher circles. The law of cause and effect which is but the law of karma conditions beings on Earth. The key to overcome the circle of cause and effect is to act upon Earth without personal cause. Impersonal, causeless actions enable a release from the karma and would lead beings to Venus.

The path to Venus is presided over by Sanat Kumara who resides in Shambhala as an Ambassador of Venus and as deliverer of beings from Earth.

The Earth is also fulfilling its karma by supporting the earthy beings that are generally speaking ungrateful to Earth. To serve beings who are ungrateful discharges the earth from its karma. By such discharge of karma, the mother Earth finds its deliverance and joins once again the hierarchy of Moon, Venus, Neptune and Soma.

The symbols of Venus and Earth give these dimensions which are hinted at by Madam HPB

## Saturn

### Time 2 The Right Approach 1



If we are not progressing in any facet of our life, we try to find certain external agencies standing in between us and the progress. But the solution is to go into our own being and see where we have to reorganise. There must be a wrong procedure adopted or a wrong approach made. We should not seek externally the explanation for our lack of progress. We should see internally, where we have to restructure in tune with Nature. Then the progress starts again. Progress stops when we adapt to wrong procedure. Progress continues when the procedure is right. The blocks are inside, but not outside. We should eliminate them patiently and intelligently.

Suppose that we want to draw an electrical wire up to the top floor to have light on the terrace. We will do it in steps. After some steps, if the electric current does not pass, what are we to do? We have to check the previous connections. We cannot go further unless we rectify the previous steps. Thus, we check and rectify the previous steps and then continue. Likewise, in every aspect of life, wherever there is stoppage of progress, we are expected to get into our being to find out where we have failed, instead of finding fault with others. Obstructions do not exist externally. The feeling that something externally blocks our progress is nothing but an aspect of Saturn. It's a limitation. It is true on the individual plane, on the collective plane, as a group, a nation or a race.

## Discipleship

### The Qualities of Sound Mind (From the Laws of Right Relationship)

#### Preserving an Open Mind

All past truths only lead to the new truths. Truth is eternally presented in a new guise, and those with fixed ideas and ideals are left behind as far as the recognition of new truth is concerned. We must be open to the new, no matter whence it comes. One of the great needs of all truth seekers is the preserving of that open mind which is able to weigh and consider and to achieve a quick reversal of all pre-conceived ideas. Such pre-conceptions can become a prison separating us from truth and a truer vision and hold us back from progress. When we do accept the new we discover that the old truth is not lost but only relegated to its rightful place in a far greater whole. The absorbed energizing light of new truth expands our consciousness and enables us to live more truly, more in accordance with truth and reality.

A disciple

## The Teacher

### 46. Nila Madhya Suneela Sannibha Nada Bindu Nija Ankusam

#### Anchored in the Blue of the Blue that Sounds and Shines Forth



In the previous attribute the spiritual permanent atom was spoken of. It is the centre of the electric blue beyond which there is the seeming nothingness which expresses as the subtlest point. This subtlest deep blue point expresses like an electrical blue. Beyond this is the Absolute Existence and this blue point is the primary emergence. A Self-realized one anchors in this point and remains blue. Sound and light remain its attributes. This is the threshold between seeming nothingness and apparent something. It is the point of emergence of Existence as awareness. It is the trill, the first spur that emerges from which all apparent existence comes through. In scriptural terminology this is called the cosmic centre. It is from this centre, from out of the deep blue, other manifestations happen. After this blue there is the manifestation of red and yellow. As explained earlier when man enters into subtle fields he first encounters the golden-yellow light followed by orange and later aquamarine and then blue.

All this can be experienced in the heart lotus which is four-layered. The heart lotus is but four triangles placed one above the other in different directions. It appears like a twelve-petalled lotus. The four triangles appear with their angles as a twelve-petalled lotus. The outermost triangle carries the light of golden hue. The one interior to it carries the light of aquamarine. The next interior triangle shines forth with the colour of blue. The finer, the most interior triangle carries the colour of deep blue.

All these four triangles are connected through the centre like a rosary.

Through the centre of the final triangle it leads to seeming nothingness which is everything. Through the central channel the energy beyond flows and takes to different sound notes and colour notes.

When one enters into this central channel he listens a naturally vibrating sound which is like OM. It is OM unuttered (Anahata). Uttering OM is only to orient to the unuttered OM. The culmination of all utterances is into deep silence, and in that deep silence the eternal sound is to be heard. Students are generally occupied to utter OM but not to listen to it. Listening is the purpose of uttering. Deep listening leads to the listening of the silence where a humming sound is heard. The Teacher being at the threshold of Absolute Existence engages with this sound and shines forth as the related light. He anchors in this state when there is no demand of the worldly duties and rejoices this sound as light

As he touches the threshold of Absolute Existence in the heart centre, he concurrently touches the sahasrara centre where the Teacher anchors. The meaning of this aspect is that the Self, anchored in the blue of the blue and the sound, is shining forth as electrical blue which is also called the spiritual permanent atom.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

A disciple



## Kapila

### The Approach 3



2. Worship of the forms in creation as God-forms. This enables recollection of God-presence while engaged in the objective world. This is an advanced step to worship of deities. The limitations to forms is overcome by this practice. In truth, there is no non-God-form in creation. It is only our refusal to see in other forms that causes to us the absence of God in other forms. To a Yogi, every form is God-form. Every name is God's name. He thus ascends from the primary illusion of name and form in creation. This practice leads to extended worship in daily life. Worship is not limited to a few minutes, to a few forms, to a few names or few places. Worship expands in all the four dimensions - name, form, place and time. This worship is called worship of Vishnu.

3. To live in present duties and not to recollect the glory or ignominy of the past deeds. The Lord approaches us through the present as our own duties. Recollection of the past disables us from attending to the present. The wise ones do not brood over what has happened a moment before. Nor do they project into the future through anticipations and expectations. The past and the future culminate to them in the presence. Their functioning effortlessly includes the planning. Planning is not projecting into the future. It is working for the present according to given plan. For example, if we are to travel next week or next month, according to the need of the travel, there are certain acts to be done in the present. Insofar as you are alert, those acts are done timely. Purchase of ticket, reservation, purchase of articles for travel are the present acts for future travel. That which is present duty relating to future actions happen naturally and instinctively for those who work with the present. The present has the ability to draw forth the past ex-

perience and also draw back the future probability. This is what is known as visualisation through the present. People live on past good and lament on past failures. This is a hindrance to living and the experience relating thereto.





## Ashram Leaves

### Buddha Talks to Disciples

"Prepare yourself, for you have to travel alone. The Teacher can but point the way."

"The path is one for all, the means to reach varies with the pilgrims."

"Armed with the key of charity (in all motives) of love (of all beings) and tender mercy (to the defaulted ones also) you are secure before the gate of entrance."



## Lord Dattatreya

### Be-Ness



"Satya Nnasti Paro Dharmaha". "There is no religion higher than Truth". Truth is that which IS. Truth, is Pure Existence that is the basis of all. To call the individual units of consciousness as "beings", is giving the message that essentially they are units of Existence, beings. Be-ness is Truth, Being is its' eternal state. Experiencing this eternal state leads one to eternity. That is the work of a Sat Guru. His main mission is to recollect to the beings their Be-ness. The Being is as eternal as the Sat Guru or the Lord. This Truth, when realised, the being is released from conditioning and from mortality. He would, through the process and practice of knowledge, realise that he is immortal, eternal, and indestructible. This is the knowledge that a Sat Guru bestows, revealing the Path to Knowledge.

## Fire

### The Prayer 3



The following prayer is suggested either at the beginning or at the end of the Ritual:

AGNE NAYA SUPADHÂRÂYE ASMÂN  
VISWÂNI DEVA VAYUNÂNI VIDWÂN  
YUYODHYA ASMAD JUHURÂNÂM ENO  
BHÛISTÂN TE NAMA UKTIM VIDHEMA

Oh, Lord Agni, the foremost one,  
the knower of the intricate Paths of creation!  
Lead us by the simple righteous Path  
to felicity. Destroy our past Karma,  
eliminate from us the attraction  
to dubious and ignorant paths.  
We offer our worship to you  
in obedience.



## Cow The Symbol and its Significance

Those who propagate this knowledge are also indirectly benefited by such service to Cow. Protect the Cow and get protected.

### PRACTICAL WISDOM

Purity results by abiding to the Truth and to the Virtue  
But not by bathing in holy water.



## Group Prayers

O Lord Agni!  
You are Rudra in manifestation  
that dispels ignorance.  
May your vibrations dispel the darkness  
that harbours in our minds, senses and limbs.

## PRACTICAL WISDOM

If you cannot be silent for a while,  
Know that you are tending to be  
insane.



Sanat Kumara

## The Science of Being Present 1

The science of Sraddha is called Ashwa Vidya. Ashwa Vidya means 'horse science'. Horse is called Ashwa in Sanskrit. Ashwa also means 'not future, not past'. When it is not future and not past, what is it? It is the present. The true meaning of Ashwa Vidya is 'the science of being present'. Every Master of Wisdom imparts this science initially to the sincerely aspiring students. Unless the students learn to be here and now, knowledge is not passed on. A wandering mind may be enthusiastic, but it does not stick continuously to the present. Rolling stones gather mass and become heavy, but are not useful to themselves or others. People who look for wisdom here and there, wandering from place to place, do not gain the true knowledge until and unless they are willing to train themselves. Students should be open to change, to learn and learn to change.

Patience (Kshama) and conscious action (Sraddha) are the two fundamental practices for discipleship.

## From the Teacher's Pen

### Questions and Answers An Aspirant's Approach to Criticism



*Question:* Dear Master, kindly give us hints relating to an aspirant's approach to criticism.

*Answer:* Dear Brother, know that those who judge are of lesser knowledge. Be silent towards them. Silence antidotes.

Be not very sure that you are always right. Accept another viewpoint approaching you, though through criticism, and see if it is helpful.

Distinguish so-called criticism from an analytical presentation. A man of wisdom gives an analytical presentation to open other dimensions to the listener. As long as the criticism is not destructive, accept and analyse. Criticism that spreads poison may be resisted and the doors be shut for its entry. An opposing viewpoint may not be seen as criticism but as a complementary one..



Agni

An Introduction to the Work  
of Cosmic Fire, 80

## 5. The Electric Fire Electric Hint

So, each time we invoke the three sounds, it is an Electric Hint that comes from the highest circles up to our being. That is the meaning of the mystic mantram 'Electric Hint'. It is the electric hint that comes, when the three sounds are uttered. And if this hint is received, there will be changes in life. At the beginning of the seminar, almost 80 % of the brothers and sisters who gathered here said, that many things have changed for the good in their lives ever since they started functioning with the sounds. That means, we have been the willing receptors of the energy.

And the Electric Hint keeps moving from the highest circle up to the base and restructures everything. Restructuring is the 1st ray activity. It is a process that is to happen according to the present time cycle. And it already started happening on the planet in this century. The many advancements noticed in this century are due to this ray of Uranus, and it will continue, till the restructuring is complete. And that is only one lightening coming from the Logos of the 1st ray who is called the 'Electric Fire'.

So, from Electric Fire, you only get Electric Hints. You can't get other hints. So, the hint works like electric. It is a kind of trick. Electric is also a tric (trick). It is a trick to trick us. That is why it is said to be an 'Electric Hint', that keeps working every time, the sound is uttered. That is an aspect of the electric fire which we are proposing to learn.

There are some more aspects of the electric light or electric fire. In fact, the manifestation of electricity on planet is quite high in this century, isn't it? Compared with earlier centuries, how much electric manifestation is happening. It is also the functioning of the Electric Fire or the 1st Logos.

And He continues to work to manifest more and more electricity on the planet. And along with electricity, there will be more and more manifestation of sounds, which are of a very high order. Man grows more and more aware of sounds in preference to colour. And he knows, how to restructure the thought forms by adopting to sounds. Having understood the potency of the sounds, he uses sounds to construct. So, he first restructures with sound and electricity, and later he constructs afresh with the knowledge of the sound.

*This text is not proofread by the author and might have some mistakes.*







Master EK

Vishnu Purana  
Chapter XXIV

## The Spheres of the Earth 1

Now I have described to you Jambudwipa with its nine Varshas. Maitreya! Its area is one lakh yojanas. The land of one lakh yojanas is surrounded by the coast of the salt-waters of the ocean.

The land of Jambu Dvipa is surrounded by the salty waters of the ocean. The ocean is surrounded by Plaksha Dvipa. The area of Jambu Dvipa is one hundred thousand yojanas (units).

Plaksha Dvipa has double the area of Jambu Dwipa. The Lord of Plaksha Dvipa is Medhatithi, as I told you. (He is the Medha aspect of this Earth globe. That means he is the mind of this planet Earth who surrounds the space above the ocean and around the earth. He governs the mind of the Earth as a planet and this mind is distributed as units to all the living beings of the Earth in all the steps of their evolution.)

Medhatithi has seven sons: Astahaya, Sisira, Sukhodaya, Ananda, Siva Kshemaka, Dhruva.

(Astahaya means the setting sun. It indicates the dusk. Sisira means chillness, indicating the frozen zones of this Earth. Sukhodaya indicates the temperate zone. Ananda indicates the tropical belt of this Earth. Siva means the progressive spirit of evolution. Kshemaka means security of life on this Earth, which is caused by the uniform motion of the Earth in its rotation around its own axis and its revolution around the Sun, making the year. Dhruva means the axis which passes through the North and South poles, around which the Earth rotates.)

## The Science of Man

Dr. K. Parvathi Kumar  
First Young Group Life Teaching, Part 66  
August 2001, Visakh

### The Meditation Process 3

*Question:* Up to which point is it important to count the number of breathing?

*Answer:* You do one thing. You stop counting in the beginning. And then do it, because to be with the respiration is more important. Slowly you can pick up later the counting. Do it as slowly as you can and as deeply as you can. This is the sure way to quieten the mind and also the sure way to vitalize the body. It serves a double purpose. It strengthens the lower chambers positively and it helps us to build a bridge to the higher chambers. Since it is a new habit we are creating, and since the mind is not used to it, it will go away in the beginning. Even while the respiration is happening, the mind is not consciously with it. It's a habit we have to create. The rest place for mind is respiration. As the mind associates more and more with slow respirations, the velocity of the mind gradually reduces.

As the mind reaches the slow and soft respiration and becomes slow and soft, then respiration becomes slower and softer, and the mind follows further. In such pursuit of the mind with the rhythm of respiration, it comes down joining the respiration. Then you will experience the cool. When mind's agitation is not there, the vision can happen.

It's like the water with ripples slowly becoming still. When the water is still, there is the reflection of the higher things on the surface of the water. So the higher being relating to you is reflected on the still mind. This is the way to make it quiet. The ripples are thoughts. If the thoughts are of greater velocity, the ripples will become waves. In the case of emotional persons, the waves become tidal waves. The tidal wave turns everything upside down. You get it in the cyclone. From tidal wave to wave, and from wave to ripple, from ripple to still water – when it is still, there is the reflection of

the sky, the stars, etc. Not only the reflection of the eye, but also that which is in the bottom is also seen in a still water so that which is below is clearly seen and that which is above is clearly seen.

You can see what the situation is relating to the three lower chambers and what is the light and the related impact in the three higher chambers. So you can associate with the higher chambers and make the lower chambers more and more clean. Then you will gain the body of Light. That's why meditation is the key to link up to the higher and also to improve the lower. All practices relating to the religion ultimately should lead us to the state of tranquil mind. When the tranquility is not there, whatever is learned is lost. So the varieties of implements given so far, they are all support mechanism to enable you to get into regular, deep, long meditations. Then only the inner openings happen. An inner opening is called a revelation or an initiation. It is only to be better able to do and to be better able to be, so that the potential of the human body is fully utilized. That's the purpose of meditation to make use of all the seven chambers appropriately.





Paracelsus

Health and Healing

Healing Through Sunshine

Occult healing is basically concerned with prana, the life force, its reception, assimilation and transmission into all parts of the body. Life force is the essence of every plane of existence; it exists beyond the physical plane and reaches us right through the sunrays. Note that life comes through the sun and the sunrays and not from the sun and the sunrays. Life force is the mysterious force that comes, according to the Wisdom science, from the cosmic plan. Life force animates, vivifies and correlates all within man and within the cosmos. Life force is not tangible but it is cognizable. The whole world of form is put to growth up to its optimum by the life force, and form decays when life force withdraws.

The future science of medicine therefore has to learn the points of reception, assimilation and transmission of life force in the human body.

Prana is the vital magnetic fluid which radiates through the sun and is transmitted into certain subtle (etheric) centres in the human body. The transmission is handled by certain subtle intelligences of air, which are called the devas in the scriptural terminology. These devas are of golden hue. They also carry orange or yellow tinge. It is for this reason Ayurveda recommends exposure to sunshine in the morning and evening hours. The golden hue rays emit powerful radiations, which are received by certain centres in the human body. Some of them are the centres in between the shoulder blades, the centres near the sacral, the brow centre etc.

These golden-hued pranic entities are in the air above us and are generally abundant in the tropics. They are specially present in the air around California, a land of golden hue. When the atmosphere is pure and dry

these entities are more effective and can be consciously handled for reception. The upper part of the body is recommended to be kept bare – which was an ancient custom in the tropics. Pure cotton or pure silk clothing is recommended for the higher class and females, because it does not interfere with the reception of life force. In fact, pure silk assists reception and hence it is important. The main centre for reception of prana in the present times is the centre between the shoulder blades.

The more refined the human body is, the better is the reception. A coarse body resists such reception.

Occult healing lies in educating the common man to take to the practices relating to refinement of the physical body, of which exposure to sunshine forms part. Exposure has to be only in the morning and evening hours, not throughout the day, as is practised at the sea beaches. Overexposure causes menace to the body's health because sunshine carries very powerful electrical and magnetic currents that cause devitalisation and weakness, leading to inertia.

Many diseases can be cured when man learns to expose to the golden hue of the morning and evening rays with appropriate clothing. When the pranic rays can find free access to the shoulders and to the diaphragm, it adjusts the subnormal functioning of the spleen. A healthy spleen prevents many stomach and abdominal disturbances and diseases.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)

## Children's Section

### On Service

**THE SERVER WOULD DO BETTER  
IF HE CONSIDERS HIMSELF  
AS AN INSTRUMENT OF GOD – THE SOLE GIVER.**

#### Panchatantra Stories

#### 14. The Lion That Sprang to Life

There lived four friends in a certain town. Although all four of them were young Brahmins, one of them was a complete ignorant in matters of learning but had good commonsense. The other three were very learned in matters of the Holy Scriptures, but lacked commonsense.

One day, as the four friends were assembled together, they decided, "The scholarship that we have over the Holy Scriptures is no good, if we cannot use it to impress the king or otherwise to earn money!"

They decided to travel in order to earn money using their learnings. But the fourth friend was not learned, so they thought of leaving him behind. They agreed, "What good is commonsense? His talents would not help in earning money, let only three of us travel."

After much pleading by the fourth Brahmin, they decided, "It will not be correct to behave like this to a dear friend. Let us take him along with us! We should also share a part of our earnings with him!"

As decided, the four of them started travelling. As they were travelling through a jungle, they noticed the bones of a dead lion lying on their way. One of them said, "Let us start using our scholarship! We have a dead lion in front of us. Let us test our scholarship, and try to bring life into it!"

While the three Brahmins agreed, the fourth Brahmin did not like the idea. But his preference was ignored by the other three Brahmins, and they started holy rituals.

One of the Brahmins collected the bones of the lion and using his scholarship, created a skeleton of the lion.

Another Brahmin used his scholarship to cover the skeleton with flesh and skin.

As the lifeless lion stood in front of them, the third Brahmin initiated the rituals to put life into the lion.

The fourth Brahmin was alarmed, "O friends, if the lion comes to life, he will kill all of us! Please stop what you are doing!"

The Brahmins ridiculed him, "After reaching so far, are we going to waste our knowledge? You say so, because you are jealous of our scholarship!"

The fourth Brahmin knew there was no point in arguing with them. He pleaded, "Please give me a moment. I wish to climb a tree before you make use of your scholarship."

He started climbing up a big tree and could see from above the third Brahmin using his scholarship to put life into the lion.

As soon as the lion became alive, he noticed the three Brahmins, who were celebrating their successful implementation of their scholarship.

The lion immediately pounced on them and killed them.

The fourth Brahmin could do nothing but wait till the lion had gone. Then he climbed down the tree and returned home alone.

The wise indeed say:

*"Commonsense is preferable to knowledge."*

## Stories for Young People

### 6. Disappointment

A young student of wisdom went to the sages and asked them for mantras. When he got a new one, he thought that it would be better than what he already had. Sometimes he compared his collection with other students and he was sure, the one he had was better.

One day he addressed a sage who lived quietly deep in the Himalayas, "I want to receive a mantra." "You will have to wait," the sage answered. The student said, "Swami, I am in a hurry." "Then come next year," was the answer. "If I stay now, how many days I will have to wait?" "You will have to wait as long as I want you to wait."

The student stayed and waited. One day, two days, three days. On the fourth day the swami told him, "I want to give you a mantra. But promise that you will remember it all the time." The swami took the young man to the Ganges for morning bath and let him repeat his promise several times. Then he told him:

"No matter where you live, live cheerfully. This is the mantra. Be cheerful at all times, even if you are behind bars. Anywhere you live, even if you have to go to a place of hell, create heaven there. Remember my boy, cheerfulness is of your own making. It only requires human effort. You have to create cheerfulness for yourself. Remember this mantra of mine."

The student was both happy and very sad, because he had expected the sage to give him some unusual sound to repeat. But he truthfully applied this mantra in his life and found it successful everywhere.

Told by Swami Rama: "Living with the Himalayan Masters". 1978. Pennsylvania.

Compiled and quoted by B.K.



WINDOW TO WORLD SERVICE  
NEWS & ACTIVITIES  
(Inputs welcome)

SWITZERLAND

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**Activities :**

Every year, I am happy to organize the dispatch of the birthday cards for members of WTT-Global. In addition to my work for the magazine 'Paracelsus Health & Healing', I conduct activities in and around the Paracelsus Center Egg / Einsiedeln with individuals (female doctors, herbalists, interested persons).

Content: Introducing the life and work of Paracelsus, meditating together, getting to know the meditation room as a special place of power, learning to collect and apply medicinal plants in the area, enjoying this unique nature and region as a recreational area.

## Picture to the Month of Libra

### Libra – The Fulcrum Principle of the Universe

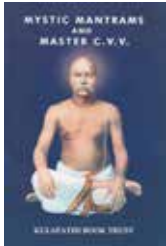


Libra represents the fulcrum-principle of the universe. This fulcrum causes the rotation of the wheel. When rotation is traced at the centre of a circle, it is a double force: it is the radiating force which brings diversity from centre to circumference. It is also a blending force from circumference to centre which brings the unity from diversity. This is true in the circle and a circle is only one of the 360 planes of the globe. Within the globe the force of Libra can be traced at the centre. The point which is the beginning of the whole creation bulges out into a globe through a process of radiation by the help of the Libra principle. This sign marks the grand miracle of the whole process of objectivity coming out of subjectivity.

*Dr. Ekkirala Krishnamacharya: Spiritual Astrology*

## Book Review

### Mystic Mantrams and Master CVV



Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

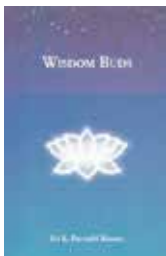
Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

*Ekkirala Krishnamacharya : Mystic Mantrams and Master CVV*

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/mystic\\_mantrams.pdf](https://worldteachertrust.org/_media/pdf/en/ek/mystic_mantrams.pdf)

Copies: *The World Teacher Trust, info@worldteachertrust.org*

### Wisdom Buds



Seven talks given at different occasions are brought out as "Wisdom Buds". They unfold within the being as brilliant lotuses when contemplated upon: "The White Island" deals with the plane of Light as the field of the Soul. "The New Age Teacher" demonstrates the teachings in his way of life. "The Return of Christ" shows that the Christ already started returning in the Aquarian way. "The Principle Teachings of Krishna" enumerated in the talk are valid for all times to come.

"The Path of Gradual Unfoldment" is observing and experiencing the One Consciousness in all. "Upanayanam and Marriage" are two most sacred sacraments of the Vedic tradition conducted to elevate the soul.

*K. Parvathi Kumar : Nutrients for Discipleship*

Info : Dhanishta Editions, [info@dhanishta.org](mailto:info@dhanishta.org)

Online: [http://worldteachertrust.org/\\_media/pdf/en/wisdom\\_buds.pdf](http://worldteachertrust.org/_media/pdf/en/wisdom_buds.pdf)

## Astrological Important Days in September/October 2018

23.09.	03:54	☉ → ♎ / Sun enters Libra	
☉		<b>Autumn Equinox: Contemplation upon the female Hierarchy</b>	
24.09.	03:48	Phase of full moon starts	☾ 00°58' ♎ / 18°58' ♋
☽		<i>Contemplation upon the Mother sitting on the lion</i>	
25.09.	04:52	☾ Full moon of Libra	☾ 02°00' ♎ / 02°00' ♋
02.10.	00:39	☾ 8 <sup>th</sup> phase of descending moon starts	☾ 08°42' ♎ / 02°42' ♋
♂		(End 02.10. at 22:47)	
04.10.	18:19	☾ 11 <sup>th</sup> phase of descending moon starts	☾ 11°23' ♎ / 11°23' ♋
♃		<i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i> (End 05.10. at 15:48)	
08.10.	08:02	Phase of new moon starts	☽ 14°55' ♎ / 02°55' ♎
☽		<b>New moon point of Libra:</b> Festival of Lights, to dispel the darkness of the darkest new moon; <i>contemplation upon 'The Pledge'</i>	
09.10.	05:47	☾ New moon of Libra	☽ 15°48' ♎ / 15°48' ♎
♂		☽ in ♎ – 1 <sup>st</sup> to 9 <sup>th</sup> ascending moon phases: <i>Worship the descent of the Lunar Ray through the symbolism of Durgā, the Mother impermeable, and to culminate the worship on the 10<sup>th</sup> ascending moon phase (Durgā-Festival).</i>	
16.10.	06:46	☾ 8 <sup>th</sup> phase of ascending moon starts	☽ 22°46' ♎ / 16°46' ♋
♂		(End 17.10. at 09:20)	
18.10.	11:59	☾ 10 <sup>th</sup> phase of ascending moon starts	☽ 24°58' ♎ / 12°58' ♋
♃		<i>Durgā-Festival</i>	
	21:04	23 <sup>rd</sup> constellation <i>Dhanishtha</i> starts	☽ 17°27' ♋
19.10.	14:27	☽ 11 <sup>th</sup> phase of ascending moon starts	☽ 26°04' ♎ / 26°04' ♋
♀		<i>Departure of Shirdi Sai Baba from the physical</i> (End 20.10. at 16:31)	
	21:00	<b>Dhanishtha-Meditation</b> ( <i>Dhanishtha</i> -constellation ends 19.10. at 23:54)	
23.10.	13:22	☉ → ♏ / Sun enters Scorpio	
♂		☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the door-front and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>	
		☉ in ♏ – every Monday (29.10., 05.11., 12.11., 19.11.): <i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i>	
	19:06	Phase of full moon starts	☾ 00°14' ♏ / 18°14' ♋
		<i>Worship the cosmic 1<sup>st</sup> Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA</i>	
24.10.	18:45	☾ Full moon of Scorpio	☾ 01°13' ♏ / 01°13' ♋
<b>28.10.</b>		End of summertime (CEST 03:00 h → CET 02:00 h)	
31.10.	06:40	☾ 8 <sup>th</sup> phase of descending moon starts	☾ 07°45' ♏ / 01°45' ♋
♀		(End 01.11. at 04:40)	

All times until **28.10.** are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2018/2019«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.



OH LORD AGNI!  
WE PRAY THAT WE MAY BE LEAD  
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),  
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.  
LEAD US, GUIDE US AND ENSURE THAT  
ALL OUR KARMA IS BURNT ON THE WAY  
AND THAT WE TEND TO BE THE LIGHTED BEINGS  
IN THE ETERNAL KINGDOM OF LIGHT  
TO SERVE IN JOY!

ISA VASYA